



Shalom05|22

The Journal of the Reading Jewish Community published by the Jewish Federation of Reading/Berks

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How your contributions are helping in Ukraine

By Laurie Waxler

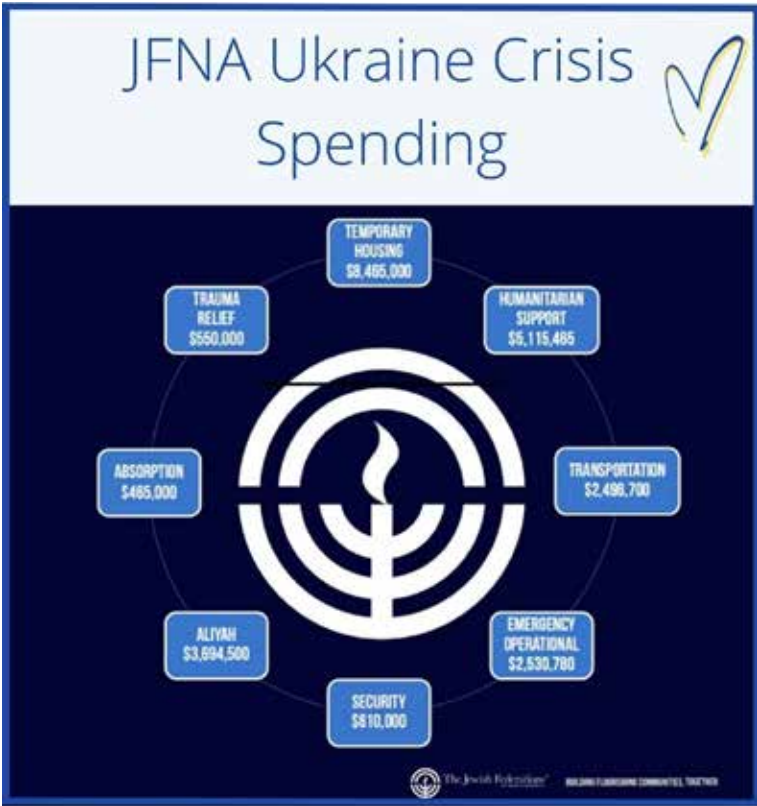
Jewish Federations across North America have collectively raised \$50 million for Ukrainian relief efforts since the fighting began. Thanks to our many local donors, we have raised over \$29,000 in relief efforts. With the addition of the \$25,000 match from our Federation, our community sent over \$54,000 to Jewish Federation of North America (JFNA) to distribute through their partners in and around Ukraine. According to a recent JFNA update, millions of Ukrainians, including tens of thousands of Jews, have fled the country, and millions of others are internally displaced. Please read on to learn how the funds are being used.

Prior to releasing funds, JFNA formulated guidelines to allocate the funding and are currently vetting and reviewing all requests to be sure the amounts requested are reasonable and justified. In times of increased volatility, they offer increased flexibility so critical needs can be addressed. They are also offering full transparency on what is spent and what can be re-allocated.

To date, JFNA has allocated \$23 million to groups like the Jewish Agency for Israel (\$13 million) to provide Ukrainian Jews

with food, supplies, transport and shelter to facilitate their safe passage by land out of Ukraine. They also enable rapid approval for Aliyah for those who choose to move to Israel. The American Joint Distribution Committee (JDC) has been allocated almost \$6.8 million. It is supporting 21,000 elderly Jews and other members of the community by providing food, medicines, and social support. They also arrange safe transport and are located at several border crossings to welcome Jewish refugees.

World ORT (\$150,000) is supporting the staff, students and families of its six Ukrainian schools who have remained in Ukraine. Chabad (\$600,000) is working to provide food, medicines and safe shelter to Ukrainian Jews who are sheltering in place. They are also facilitating safe passage to those who choose to leave. Hebrew Immigrant Aid Society (HIAS) (\$300,000) is working through its partner organization in Ukraine, Right to Protect, focusing on serving the most vulnerable refugees, especially women, girls, the elderly and families. The Israel Trauma Coalition (ITC) (\$400,000) is using its extensive global experience to train Jewish and non-Jewish personnel in



Ukraine and the surrounding countries on how to assist those affected by the conflict, many of whom are suffering from severe psychological trauma.

There are other partners like Shma Yisrael, United Hatzalah, Nefesh B'Nefesh that are receiving funds through the JFNA Crisis Fund to help the refugees with medical care, transportation,

housing, day care and more. The need increases every day and we are proud of the work JFNA has done so far.

If you would like to make a contribution, you are welcome to donate online at readingjewishcommunity.org, or checks can be sent to the JFR office with "Ukraine" in the memo line.

Join us for antisemitism workshop with leading expert

By Amanda J. Hornberger

The community is invited to join us for a special workshop on antisemitism and what we can do to combat it with Dr. Rachel Fish. On Sunday, May 22, at 9:45 a.m., join us for brunch and an interactive workshop for parents of all ages and teens.

Workshop description: Jew hatred is not a phenomenon of the past, unfortunately, it persists today from across the political and ideological spectrums. Dr. Rachel Fish will share with us the ways in which antisemitism manifests today, both in real life and online, and how this particular form of hatred has entered mainstream discourse in politics, media and social justice conversations. Dr Fish will also share tools for how to navigate the complexity of this issue.

Prior to co-founding Boundless, Dr. Rachel Fish was the executive

director of the Foundation to Combat anti-Semitism. Rachel also served as senior advisor and resident scholar at the Paul E. Singer Foundation in New York City and executive director of the Schusterman Center for Israel Studies at Brandeis University. In her role at Brandeis, she trained the next generation of academics in the field of Israel Studies.

She completed her dissertation entitled, "Configurations of Bi-nationalism: The Transformation of Bi-nationalism and Palestine/Israel 1920's-Present," on the history of bi-nationalism and alternative visions for constructing the State of Israel

Rachel has served on the faculty at Brandeis University, Harvard University, UMass Amherst, has written articles for several publications in the mainstream press and academic journals, and co-edited the book



Dr. Rachel Fish

"Essential Israel: Essays for the 21st Century." She is a frequent speaker in various Jewish community forums and beyond.

The workshop is free and open to the public. Advanced registration is required at www.ReadingJewishCommunity.org by May 20.

Writing an ethical will

By Laurie Waxler
Development Director

Have you ever thought about writing an ethical will?

I recently attended an interesting seminar on Ethical Wills, presented by Dr. Erica Brown, director of the Mayberg Center for Jewish Education and Leadership and associate professor at George Washington University.

If you're like me and this is new to you, an ethical will is not a legal document. It is a legacy document given to your friends and loved ones. While you choose what you want to include, it is an opportunity to pass on personal life lessons or heartfelt wisdom — not just your assets. They are never negative or painful, but are more like a love letter from the heart to those closest to you.

Dr. Brown emphasized that ethical wills



usually answer three central questions: 1. Do those nearest to me know my burial wishes? 2. Do those I care about know what is important to me and what I've learned through experience? 3. Have I said everything I need to say to my family and friends? She said we always think people know how we feel about things, but questioned if that is really true.

Dr. Brown posed questions to the group like what are five important spiritual values or rules you live by? What is your life advice about work, or friendship, or marriage? What charity is most important to you and why? Do you have regrets? What are your wishes for the next generation? As you can see, some of these may be an easy answer, but others may take some time.

While we always think about wills for older generations, I believe anyone can write an ethical will. My husband's father died of cancer at age 37 when Andy was 11 and his sister was 7. Imagine the impact



an ethical will could have had in how they remember their father. I'm sure we can all think of one person in our lives we've lost whose stories and life lessons, written down, would have been a welcome gift. If there is interest, perhaps we could host our own seminar on writing ethical wills and learn together, how to document those important things we want to pass on to our children and/or our friends, in our own love letter from the heart. It may just turn out to be the best gift we can give.

In loving memory of Neal Jacobs

By Laurie Waxler

Past Jewish Federation President Neal Jacobs passed away on Saturday, April 16, in Reading Hospital.

Having grown up in a small town in Massachusetts with a strong Jewish upbringing, Neal was very active in our Jewish community. While he may have appeared quiet and unassuming, he never entered a room without a smile on his face. Good friend Robert Oppenheimer described him as "a really nice guy ... very generous to several local community organizations, and always willing to help someone in some way."

A successful businessman in the textile industry, Neal was proud of his time spent in the Marines and then in the Peace Corps. Following his retirement, he ventured into the tennis business with his two sons, Matt and



Cheers to you Neal, many thanks for all you've done.

Marc. In addition to his business acumen and his love of family, Neal enjoyed celebrating holidays, skiing, road trips and attending plays with friends.

Having served on the World Affairs Council Board for many years, President of

the Council, Dr. Solomon Lausch, recognized Neal's willingness to underwrite opportunities for students to attend World Affairs programs and lunches. He said Neal was always there to offer assistance.

Paging through some old *Shalom* editions from the 1980s, it was clear that Neal was always a willing participant during Super Sundays and has supported the Federation and the Annual Campaign for many years.

JFR Chairman Robert Caster met and worked with Neal on the Federation board. He shared his "admiration for Neal's extensive commitment and desire to help the Jewish Community be all that it could be."

We send our condolences to Neal's wife of 51 years, Judy, his sons Matt and Marc, and the rest of his extended family. His life was truly a blessing to our Jewish community, and he will be missed.

Development

- Annual Campaign
- Women's Philanthropy
- Maimonides Society
- Your Jewish Legacy
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Maimonides Society



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Milieu & Misperceptions:
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Lee Radosh, MD, FAAFP, FASAM
Tower Health Medical Group -
Addiction Medicine

Sunday, May 15

10:00 am - 11:30 am

Jewish Community Center
1100 Berkshire Blvd, Suite 125
Wyomissing, PA

Learn the latest about
addictions including
neurobiology, environmental
influences, and highly
effective treatments; shatter
misunderstanding to help our
patients, friends and family!

Open to all Jewish health care professionals
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breakfast & networking opportunities.

Register at readingjewishcommunity.org

Join us as we observe the ‘Yoms’ of May

By William D. Franklin
President

Our Israel Book Group recently read “The Lion’s Gate” by Steven Pressfield. (See book review)

It is a breathtaking book about the Six Day War that articulates why there is a Jewish State of Israel and why there needs to be one. And it was a timely preparation for the four ‘Yoms’ of the spring.

On April 27 we observed Yom HaShoah at the Highlands to commemorate the approximately 6 million Jews who perished in the Holocaust. Yom HaShoah also honors the Jewish resistance of that period. Many of the soldiers interviewed by Steven Pressfield were either survivors or children of survivors. They knew they



were fighting not only for themselves but for the lives of family, friends, and for Jews at risk around the world.

Yom HaZikaron, May 3, is Israel’s Memorial Day. It is the day we remember all the soldiers and others who lost their lives in the struggles to defend the State of Israel. On this day we mourn and remember our fallen soldiers and all the lives lost to terror. Reading the stories of young, brave Israelis and the lack of food, water and sleep that they endured as they put their lives at risk is inspiring. It is a mitzvah to stop for two minutes to remember and thank them.

We quickly move from sorrow to joy. On May 5 we celebrate Yom Ha’atzmaut, Israel’s Independence Day. This day commemorates Israel’s 1948 Declaration of Independence, and we will celebrate this great day with food, fun and friends!

Learn more about May events. See Page 14

“The Lion’s Gate” ends with the stories of the first soldiers to gain entrance to the Old City. Even the non-observant among them were moved to prayer at the Wall. As they actualized the 2,000-year-old dream of their and our ancestors they were overcome. May 29 is Yom Yerushalayim, the day when we commemorate their success and the 1967 liberation of Jerusalem.

Unfortunately, our wars continue. Almost daily we read of such actions as Amnesty International’s bigoted labeling of Israel as an apartheid state; Tufts University students calling for a strategic boycott against Israel, asking students to sign a pledge not to buy Israeli snacks and to refuse to join campus groups “that normalize or benefit” Israel. In addition,

it was just reported that antisemitic hate crimes in New York City were up a startling 92% in March 2022 compared to March 2021.

To better prepare our parents and children to deal with these issues, we are bringing Dr. Rachel Fish to Wyomissing on May 22. She will coach us on fighting Jew hatred and help us prepare the curriculum for a Fall series of educational programs to better equip our community to recognize and deal with the antisemitism they encounter. Dr. Fish is the co-founder of Boundless, a think-action tank partnering with community leaders to revitalize Israel education and take bold collective action to combat Jew hatred. She is co-editor, with Ilan Troen, of the book “Essential Israel: Essays for the Twenty-First Century.”

Come join us to celebrate our four Yoms and our passage from victimhood to freedom.

Israel Book Club: ‘The Lion’s Gate’ by Steven Pressfield

By Moisey Schneider
and Andi Franklin

“The Lion’s Gate” by Steven Pressfield is a compelling account of an outnumbered people armed with determination to prevent a promised annihilation. The author relates the true story of an entire country’s courage. Pressfield draws on hundreds of hours of interviews with soldiers and civilians to reconstruct the Six Day War.

The meat of this narrative is the testimony and memories of these soldiers. The author says: “I am a Jew, I wanted to tell the story of this Jewish War, fought by Jews for the preservation of the Jewish nation and the Jewish people.”

At that time in the Arab world, Cairo TV played endless footage of Arab mobs chanting “kill the Jews”. Egyptian President Nasser called upon 122 million Arabs to let loose their rage on our 2.5 million Jews. Radio Damascus’ number one song was “Cut Their Throats”.

Against Israel in the Sinai there were 130,000 troops, 900 tanks, and 1,100 guns. Jordan had 56,000 troops and 176 Patton tanks. Syria was planning to join in with 70,000 men, 550 tanks and 120 aircraft. The Soviets were sending shipment of arms to the Arabs, while Britain and the U.S. stalled deliveries of weapons that Israel had already paid for. France’s Charles De Gaulle cut off Israel entirely.

Israel would be forced to fight on three fronts with less than one-third the number of tanks and one-fifth the number of soldiers. But the Israeli government dithered, waiting for the green light from the U.S.

At that time in Israel, city parks and soccer fields were being consecrated as graveyards, while young Israelis aspired to be part of a serving elite. The best of the best were not motivated by money. Their aim was to serve their nation even if it meant sacrificing their lives. “The question was not how can Israel be preserved at any cost, but how could Israel be preserved into the future?”

It is important to appreciate how young these soldiers were. Eli Rikovitz, a 21-year-old lieutenant, was a platoon commander in the Armored Brigade. Later he would be awarded the medal of distinguished service for his actions during the

Six-Day War. Ori Orr, his company commander was 28.

Rikovitz said: “The guys in my platoon are so young they don’t have wives. When they write letters home they write to their mothers.”

The reason this book is so powerful is that it conveys not the facts of the war, but the emotions. Reading it one feels what these soldiers felt. It was a great pre-Seder model as we attempt to feel what the Exodus felt like. Here are a few stories of the men portrayed.

Lou Lenart was born in Hungary in 1921 and grew up in Pennsylvania. He said, “When I was growing up in Wilkes-Barre, the place was full of Polish Catholics. The kids used to pick on us, so I put together a Jewish gang and started pounding the hell out them.”

Lenart joined the Marines in 1940 because he wanted to kill as many Nazis as he could and became a fighter pilot. He led an Israeli air attack during the War of Independence that fended off an Egyptian raid on Tel Aviv and is known as “the U.S. pilot ‘who saved Tel Aviv.’”

Later he was a renowned fighter pilot in the Six Day War. When his friend was shot down, he and Rabin went to the village to retrieve the body. The villagers claimed that the body was burned up in the crash, but Lenart saw his friend’s watch on the village chief’s wrist. He wanted to shoot the village chief, but Rabin wouldn’t let him. Later in his life, he said that “not shooting that village chief was my only regret.”

Danny Matt, commander of the 80th Paratrooper Brigade was part of Gen. Ariel Sharon’s division and spoke of Sharon’s knowledge of the land. “Sharon and I go back to 1953. He is in my opinion the greatest commander the IDF has ever produced or ever will produce.” In many soldiers’ view Sharon was the best fighting officer in the IDF. He knew every meter of ground and made soldiers work till they also knew everything and could navigate without maps or compasses.

When Sharon was a major, Moshe Dayan was chief of staff. What they shared as military professionals and as men was an idea of the land. For them, the land is here, now, it is ours and always has been. Danny Matt believes the spirit of the IDF one sees today came from Sharon and no one else.

Dan Ziv, deputy commander of Battalion 71, had been under fire

enough times to be alert but not filled with fear. On the morning of June 7, the third day of the war, Battalion 71 was authorized to seize the collar of hills that surround the Old City — Mount Scopus, Augusta, Victoria, and the Mount of Olives and to hold those positions. Dayan had been saying, “No, no, no! I won’t let you take the Old City,” when Menachem Begin telephoned him in a state of extreme emotion informing him that the UN Security Council was at that hour preparing to declare a cease-fire. Dayan issued the order to enter the Old City. Suddenly a radio call came, “Proceed to the Lions Gate, go now! We have orders to enter the Old City.” Only twice in 3,000 years had Jerusalem been conquered from the North- once by King David, and now by Battalion 71 and the IDF.

The author writes that when historians set the events of the 20th century into perspective, the saga of the return of the Jewish people to their ancient homeland will overshadow monumental movements such as the rise and collapse of totalitarianism, communism and fascism. Why does such a tiny nation merit such significance? The Jewish people stand not for themselves alone, but

as an archetype within the greater world psyche. We are the model of the movement from slavery to freedom; we are the model from exile to home. What brings a nation out of exile? It is returning physically, emotionally, and spiritually to the place of its birth. Our nation was born in blood, and its right to stand in the ranks with other nations was purchased with the blood of many.

The Lion’s Gate ends with a quote from “After These Things” by Abba Kovner. “I have seen cities in moments of destiny, I have seen nations going off to war. I have seen them crowding the railway station, and I have seen them parading through the streets. But never, never have I seen a city rising to its duties in such silence, nor seen a nation go forth into fateful battle so hushed, grim, and committed. This is how they went in Nathania, and Kiriath Shmoneh, in Jerusalem, Tel Aviv, and Beersheba. And these were my people, my people whom I knew not.”

We will be discussing our next book, “Sledgehammer” by David Friedman, on Tuesday, May 17, at 7 p.m.

Shalom

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MOMentum group focuses on Jewish values

By Amanda J. Hornberger

MOMentum’s eight-day trip to Israel in July is focused on eight core Jewish values. During our April gathering we spent some time learning about each value and thinking how they applied to our lives or how we’d like to grow in that value.

MOMentum is a group of women on a yearlong journey of connecting to Jewish values, engaging with Israel, taking action and fostering unity, without uniformity.

Led by our education lead, Dr. Jennifer Koosed, our group discussed the following eight Jewish values:

- 1. Achdut & Areyvut — unity and mutual responsibility
- 2. Chesed & Tzedakah — generosity
- 3. Shalom Bayit — peace and wholeness in the home
- 4. Kevod Habryiut — human dignity
- 5. Azut De’kedusha — courage
- 6. Emunah — faithfulness & trust
- 7. Hakarat Hatov — gratitude
- 8. Limud & Hitlamud — learning & growth

Here’s a sampling of what our group had to say about these values in their lives:

Gratitude — “I forget to be grateful and acknowledge everything I’ve already



Dr Jennifer Koosed, educational lead for our MOMentum trip explains the eight Jewish values during the group’s April meeting

accomplished.” — *Margo*

Faithfulness & Trust — “My journey to G-d brought me to Judaism. If G-d is everything than I can do all these other values, if I’m living this.” — *Jillian*

Courage — “This trip is taking me out of my comfort zone, I’m a control freak and pack for everyone and I just get to pack my bags and go [on this trip]” — *Jenn*

Faithfulness — “Over my lifetime, being a woman, Black, Jewish it’s very difficult to be all of that at the same time and for people to appreciate that and value who you are and not question who you are. Depending how people treat you can affect your faithfulness and relationship with G-d. Working on trying to be me and block out all those that

don’t value who I am. — *Antoinette*

Faithfulness/trust — “G-d is the center of everything ... be OK with whatever happens.” — *Shelly*

Gratitude — “I need to work on gratitude. Especially for self. Calming your brain and acknowledge what you’ve accomplished.” — *Jennifer*

Human dignity — “The concept of righteousness and justice through my job and identity.” — *Erica*

Learning and growth — “The last couple years felt stagnant — treading water ... getting through the days with work and I haven’t done anything to stimulate my brain. So I’m looking forward to trip and year ahead and learning more especially with Judaism. I felt like

I haven’t done anything in the last few years to grow with that.” — *Lisa*

Peace and wholeness in the home — “This is the last year with [my daughter at home] and it’s a big transition to empty nesters but also think about what’s next and things I want to do.” — *Jodi*

Learning & growth — “I’m always looking for ways to learn more about Judaism and how it impacts my life and how I can use it to do good things in my life.” — *Tracy*

As you can see our group really connected with these values and the ways it already works in our lives. We are looking forward to continuing to grow and learn together as we embark on this journey. We hope you will follow along with us.

92nd St. Y Programs

Game Nights

Community Shabbat

Reading Jewish Film Series

Great Decisions

Interfaith Mitzvah Day

Yom Ha’atzmaut

PJ Library

PJ Our Way

Leo Camp Lecture

Tech Tuesday

Yom Hazikaron

Art Exhibits

Yom Hashoah

Annual Meeting and Picnic

Purim Carnival

Richard J. Yashek

Memorial Lecture

Kristallnacht Remembrance

Youth Events

Purim Masquerade Party

Bridge

Chevra

Mahjong

Trips to NYC/Philadelphia

Lakin Holocaust Library

& Resource Center

Shabbat B’yachad

Community Calendar



SAVE THE DATE!

JUNE 22, 2022

ANNUAL MEETING & PICNIC

Berks Nature Rookery Event Space
575 St. Bernadine St. Reading
Next to Alvernia University's campus

Join us for nature themed activities for ALL ages!

Plenty happening at the JCC



Karen Kabakoff enjoys the new art work by Perry Levine on display at the JCC in April.



Author David Biro spoke to a group at the JCC as part of the third season of Literatour Berks



In March Adi and Amanda attended the annual Shlichah conference hosted by the Jewish Agency for Israel. The gathering was to take learning from the past two years and prepare for our next Shlichot arriving this August.

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NOONTIME KNOWLEDGE:

The New Food Movement(s) **and Rethinking What We Eat**

**With Michelle Mart, Associate
Professor of History,
Penn State Berks**

Tuesday, May 17, at noon, JCC



In recent decades, many Americans have challenged how we produce food and what many of us choose to eat. Michelle Mart, Associate Professor of History, Penn State Berks, will describe some of these challenges and what lies behind them.

Noontime Knowledge, designed to educate on a variety of topics, will be held on the third Tuesday of each month at noon. Everyone is invited to attend at no cost to participants. Please make a reservation if you would like to attend by calling

RCOS pays tribute to volunteer Miriam Gavigan

By Laurie Waxler

Congratulations to Miriam "Mimi" Gavigan on receiving the Balis Award from Reform Congregation Oheb Shalom on Saturday, April 2. The award ceremony was originally scheduled for early May 2020, but due to the pandemic, it had to be rescheduled twice! With a large gathering at the synagogue to recognize Mimi and her contributions, it was clearly worth waiting for.

The Balis award was established in 2012 in honor of Ruth and Irvin Balis in recognition of their years of service and philanthropic work. Steve Cohn, RCOS president, kicked off the evening by sharing the history of the award and

a citation from Sen. Judy Schwank, commending Mimi on her years of service and dedication to the community. Some of Mimi's RCOS contributions include co-chairing Sisterhood, serving on the Board of Trustees, singing with the choir and organizing the Social Action Committee.

Ian Gavigan, Mimi's oldest son described his mother as someone who chose her words wisely and taught her children to "live your life by how you touch people while you're here." He shared with the audience his appreciation for how his mother focuses on building community and always puts others before herself. Good friend Marj Shearer talked about meeting

Mimi for the first time and described Mimi's talent for making everyone feel welcome and at ease. In talking about their friendship, she reflected that "some of the most treasured friends you have are the ones you meet later in life."

Mimi shared her thoughts that giving two to three hours a week gives the biggest benefit to the donor. She listed those benefits as a sense of purpose, increased feeling of happiness, and decreased stress. She feels strongly about the benefits of volunteerism and recommends it for everyone.

After listening to all the speakers and seeing Mimi's reaction to the evening, it was



Miriam "Mimi" Gavigan, with her husband, Thomas

obvious that volunteerism and philanthropic work live and breathe in Mimi Gavigan; it is truly her calling and we have all benefitted from her gifts of time and talent.



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Antisemitism *Talk*

Jew hatred is not a phenomena of the past, unfortunately, it persists today.



Sunday, May 22



09.45 – 11.00 AM



Live at the JCC

Speaker :

Dr. Rachel Fish

Co-Founder of
Boundless

Register by May 20:

www.ReadingJewishCommunity.org

Geared towards teens and
parents of all ages

DIVERSITY IN ISRAEL GADEER KAMAL MREEH

We are honored to host Gadeer Kamal-Mreeh, the Jewish Agency's first Druze emissary to the US, who made history as the first Druze woman to become a member of the Knesset.

Gadeer will talk about the Druze community in Israel, her personal story, diversity in Israel, what it means to be an Israeli Druze, and the Israeli-Arabs of Israel.



Monday, May 9th at 7:00 via Zoom

For more information and registration link, check JFR weekly email or website
For questions, email Adi@JFRReading.org



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Let’s talk about mental health

By Carole Robinson

Our country faces an unparalleled mental health crisis among people of all ages. Even pre-pandemic, the rates of depression and anxiety were rising. However, the physical isolation, disruptions in routine, and fear of the past two years, coupled with financial hardship and grief, have driven many Americans to the breaking point. Mental illness affects more than 50 million people in the United States. Mental Health Month was established in 1949 to raise awareness about mental health and available services. May is National Mental Health Awareness Month with the theme this year: Together for Mental Health.



What is mental illness? According to the National Alliance of Mental Illness (NAMI), mental illnesses are medical conditions that disrupt a person’s thinking, feeling, mood, ability to relate to others, and daily functioning. Mental illnesses often result in a diminished capacity for coping with the ordinary demands of life.”

In recognition of Mental Health Awareness Month, I thought this would be an appropriate time to debunk some common misconceptions surrounding mental health.

Myth: People with mental illnesses are “crazy.”

- Mental illnesses fall on a spectrum.
- Most people with mental illness are nonviolent and may be actively involved in their communities.

Myth: Mental health problems don’t affect me.

- Mental health problems affect everyone because they are more common

than people think.

- Mental illness can affect people of any age, race, religion, or income.
- In 2020, one in five American adults experienced a mental health issue.
- Suicide is a leading cause of death in the United States.

Myth: People with mental illness are unable to function in society.

- People with mental health problems can be productive members of society.
- They are not all homeless or locked away.
- Many hold jobs, have families, and can make it through the day with relative ease.

Myth: Mental health illnesses are signs of weakness.

- Factors contributing to mental health problems are family history of mental health illness, brain chemistry, illness or injury, and trauma
- People with depression can’t “snap out of it” any more than someone with diabetes can instantly recover.
- Mental health problems are not the result of personal weakness, lack of character, or poor upbringing.
- Many people need help to get better.

Myth: You can’t get better if you have a mental illness.

- Treatment can help people learn how to better manage their symptoms and get more control over their disorder.
- Therapy or medicines may help people improve or recover completely.
- Recovering from mental illness includes achieving a satisfying life.

The following quotes are lessons I’ve learned from friends, neighbors, and community members who suffer from mental illness:

“You can’t put a stethoscope on it. In other words, you can’t look at a person

and determine their mental health. Even a person who appears stable may not be.”

“We all have our struggles. You don’t know what anyone else is going through. What might not be a big deal to you could be an insurmountable ordeal to someone with mental illness.”

“Nobody tells me to put on my big girl panties when I’m having an asthma attack. They don’t tell me to get over it. Yet people tell me just to smile more when I’m deeply depressed. If I had pneumonia, nobody would call me a wimp for going to a doctor and taking medication. Think of depression as pneumonia of the brain.”

“Not only do we need to remember to be kind to others, we need to be kind to ourselves.”

Mental health is an important part of our overall health. We need to remove the stigma surrounding mental health. Together we can erase the shame and encourage those affected by mental illness to get the appropriate help to live fulfilling lives.

Former first lady Michelle Obama said it best: “Too often the stigma around mental health prevents people who need help from seeking it. But that simply doesn’t make any sense. Whether an illness affects your heart, or your arm, or your brain, it’s still an illness, and there shouldn’t be any distinction ... we should make it clear that getting help isn’t a sign of weakness — it’s a sign of strength — and we should ensure that people get the treatment they need.”

Mental Health Resources

- Greater Reading Mental Health Alliance: <https://grmha.org>. 610-775-3000
- NAMI Berks County: <https://namiberkspa.org>. 610-685-3000
- Service Access & Management (SAM) for Berks County: www.sam-inc.org/pa/contact-us/berks.html 610-236-0530
- Nationwide mental health and suicide crisis (as of July 2022) Dial 9-8-8

JFS TRANSPORTATION SYSTEM

The purpose of this program is to provide transportation to members of the Jewish community, age 60 and over or those with disabilities, who have no other way of getting around. It allows participants to retain their independence and keeps them from becoming homebound and isolated. This service can be used for medical appointments, synagogue attendance, shopping and other errands.

It is easy to participate in the taxi program. Purchase a book of 25 taxi tickets from the Jewish Federation at a cost of \$25. Each coupon is worth \$3. The phone number for Reading Metro Taxi is printed on the taxi ticket book. Call the taxi company and arrange your ride. At the end of the ride, sign your coupon(s) before giving them to the driver. Tipping is left to the discretion of the passenger. The coupon does not include the cost of tipping.

JFS MOVIE MONDAY

Join us for a movie of Jewish interest and popcorn on the 4th Monday of the month at 1 p.m. at the JCC. Call Brenda at 610-921-0624 to reserve your seat; walk-ins are welcome if seating is available.

“In Search of Israeli Cuisine”, Monday, May 23, at 1 p.m.

A portrait of the Israeli people told through food. Join James Beard Award-winning Chef Michael Solomonov on a delicious journey to meet Israel’s top chefs, home cooks, vintners, and cheese-makers drawn from the more than 100cultures that make up Israel today, and discover the rich and human story that emerges from their food. (94 min.)



JFS food pantries continue to have great impact



Clockwise from top left, JFS Food Pantry volunteers pack food and stay dry under our recently purchased canopy tent; Sari Incledon registers clients at the April 12 JFS SDA Food Pantry, which served a record 106 households. Food Pantry volunteer Sid Lempiner carries food to a waiting car at the April 6 Olivet Food Pantry, which served 195 households and distributed 9,150 pounds of food; Food Pantry volunteers pack food to be put in waiting cars.

15,000
LBS
OF FOOD

APRIL 2022 IMPACT OF THE
JEWISH FAMILY SERVICE

FOOD
Pantryes

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HOUSEHOLDS

↑20%
NEW
CLIENTS

> THANK YOU FOR
YOUR SUPPORT!

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Jewish Family Service supports our seniors



Carole Robinson, left, organizes a boxed lunch delivery for seniors on March 31. At right, after viewing Perry Levine's paintings (in the background) at Friendship Circle on April 7, Ellen Schwickrath creates her own art.

Friendship Circle May programs

Friendship Circle is held on the first and third Thursdays of each month at 1 p.m. at the JCC. An optional lunch is served, followed by an entertaining or educational program or holiday celebration.

Programs are free; optional lunch is \$7. Contact Carole at 610-921-0624 to make lunch reservations.



Thursday, May 5 - Yom Ha'Atzmaut Celebration

Celebrate Yom Ha'Atzmaut, Israel's Independence Day with Friendship Circle. Increase your knowledge about the country of Israel as we play the game "Israel, Now and Then."

Thursday, May 19 - Birds of a Feather

Join the Friendship Circle "flock" for an afternoon of avian fun – bird idioms, bird trivia game, and even bird bingo!

Special guests Vicky Sokoloff and Barishka, her 22-year-old umbrella cockatoo.



It's Simcha Supplement time

If you had or are having a bar/bat mitzvah or graduation (high school or higher) in your family this Jewish year, share the good news with the community. Please submit a few sentences about the person and their accomplishment, along with a photo.

Text and photos can be sent to
Marknem@aol.com or to the Federation office.

DEADLINE IS APRIL 30.

More winning Violins of Hope essays

As part of our Violins of Hope program, local students were invited to write essays on what they learned from the experience. For grades 6-8 students were asked, *How can you influence others to make better decisions in the future to promote unity in your school and community?* Our third-place winner was Elizabeth Diaz, a 10th-grader at Wilson High School.

Students in grades 9-12 focused on the Violins of Hope as a creative way to remember that in the face of genocide, we are responsible to remember Yitzhak Lamdan's reflection of "never again". Students were asked, *In what ways can you take action to ensure that "never again" becomes a reality in your school and community?* Our third place winner was Daphne Parke, an eighth-grader at Northeast Middle School in Reading. Honorable mention went to Jackson Golding, a fifth-grader at the Jewish Day School of the Lehigh Valley.

Essays are presented without editing.

By Elizabeth Diaz, 10th grade

In Yitzhak Lamdan's reflection 'Never again,' when we say "never," we mean not now, not in a hundred years, and certainly not in a thousand years, shall another genocide occur. When we say "again," we mean genocide has happened before, and it may happen again without precaution. May we see how the use of language shapes the perception? Would you be able to look the other way if they ceased to call it genocide? We who cast the future are the only ones capable of preventing such a fate. Such atrocities do not develop overnight; they develop over generations. Even if the ones hurt are long gone, they may leave the hatred through their children or grandchildren. If we are to ensure "Never again" is our reality, the reality we all want, may we attach to our souls the notion that bronze, yellow, black, or white, we all deserve to be treated as how we treat others. May we take to heart that Atheist, Catholic, Muslim, Jew, or any other religion, each perspective is only one of many, and others deserve respect as well. If we are to live out "Never



Daphne Parke at Northeast Middle School.

again," our gift to our schools, community, and future children and grandchildren shall be the love of a neighbor. Some may ask "what can I do? I am only one man, woman, or child." So to you, don't let your eyes flood with tears of pity and try to "fix" a language, religion, or a community not your own, and condemn those who try to do so. When we all pluck the strings of our hearts in unison, may we work so "Never again" shall another genocide occur.

By Daphne Parke, 8th grade

The ways I can influence others to make better decisions in the future to promote unity in my school and community could be to promote recycling. I could set up a recycling committee in my school that gives reward to students who bring in recyclable materials or record how many things they've recycled. By giving out rewards, it would motivate more people to recycle. This idea would unify my community and school because we would come together with a common goal to clean up our city.

For promoting school unity, I can try to reduce fights between students by getting them to communicate. Like, having the students meet together with an adult or mutual friend to talk out their problems and find a mutually agreed upon solution. I would also try



Elizabeth Diaz with Wilson High School principal Daniel Weber

to get sessions in school about how to avoid and solve conflict. This would bring students together and have easier agreements on problems in school.

The last thing I would also try to do is to diminish racism, xenophobia, antisemitism, homophobia, transphobia and ableism in my community. For example, xenophobes think all immigrants are dangerous and are criminals. But, that is not true. I would disprove them by showing them immigrants who have helped our community and bettered life in America. I could also promote and uplift people of color and LGBTQ members, especially since I'm in both communities. I can also try to make public spaces safer for neurodivergent people. By doing this, I would bring equality in my community and equal opportunities for minorities.

To sum up my essay, I would diminish negative ideas and opinions, promote recycling and reduce conflicts between students to better my school, community and peers.

By Jackson Golding, 5th grade

The Violins of Hope have inspired me to think about my Great Grandfather. Here are things about him. My Great Grandfather Walter Knie was a Holocaust survivor. He was born in 1908 and died in 2005. Despite his hard life, he lived 97 years! My family called him Opi. His parents were Hermann and Hida Jagendorf. He only had one child and her name was Jeanette Echenwald. She is my Grandma.

Opi was sent to two concentration camps, Dachau and Buchenwald. Because of the torture in the camps he was left blind. He also lost a lot of family members during the Holocaust. The youngest he lost was only three years old.

Even though I never met him, his life still leaves an impact on me. Seeing the Violins of Hope exhibit at school reminded me that the victims of the Holocaust are not just a number — they each, like my Grandpa, have a story. There was the family that didn't survive but the violin did because they gave it to his neighbor. Or the man who brought with him to the ghetto a winter coat, a pot and his violin because music was so important to him. There was a third violin that had a Jewish star on it for pride, yet was the same symbol the Jews had to wear on their clothes to identify themselves as Jews. Each one of these violins tells a story, a story like my Grandpa, and each one reminds us of the horror our people felt and the role we play as Jews to make sure we hear the stories, remember them, and live a life as proud Jews.

The speaker told us why the exhibit was called the Violins of Hope. Hope is such a powerful word - a word that reminds me I can make a difference and I will. What I can do to make unity in my school is I will serve as a big brother to help the younger students throughout the day (when they enter school, when they cry and when I see them by giving them high fives). I will use my role as a Student Council representative to build community, making sure all students have a voice. For example, during ADHD Awareness Month, I will coordinate a guest speaker so students with special needs are represented. Another thing I can do as Student Council is make a big deal about Kindness Week by encouraging students and teachers to do big and small acts to make our school family connect. Making sure all students are welcomed, no one is teased, and no one is judged by the way they look, sounds or act.

I will make good decisions as a student, as a son, and as a brother. I will use my voice to bring hope to others. I will learn the stories of the past so that I can make the world better in my school and in my community.

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Adi's Bat Mitzvah



Mazel Tov to Adi on her Bat Mitzvah. She is joined by Rabbi Brian Michelson and Rabbi Jack Paskoff, representing the two Pennsylvania communities she serves.

Help us support our hospitalized

By Carole Robinson
and Sari Incledon

For many years, Jewish Family Service has been able to get the names of all Jewish hospital patients, both affiliated with congregations and non-affiliated from Reading Hospital and St. Joseph's. This allowed us to visit as many patients and families as possible and provide social service and friendly supportive visits. Fortunately, we continue to receive daily emails from Reading Hospital of all Jewish patients, unless they request that their names not be shared.

Unfortunately, after the merger of Penn State Health and St. Joseph's Hospital,

this information is no longer available from them. Despite several conversations with St. Joseph executives, they claim HIPAA and security concerns prevent them from proactively sharing this information. In addition, because so many Jewish patients are unaffiliated, the information is not made available to our rabbis.

If you, family members or your friends are hospitalized at Penn State Health-St. Joseph's Hospital, please be aware of the need to contact us and/or your congregation to receive supportive services and a personal visit.

Please call 610-921-0624 if you have any questions.

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Sunday, June 5, 2022 · 5.00pm
Chabad of Berks - 2020 Hampden Blvd

READING OF THE 10 COMMANDMENTS
FOLLOWED BY A DAIRY BUFFET AND ICE CREAM PARTY

THIS EVENT IS GENEROUSLY SPONSORED BY DR. JERRY MARCUS

No charge. All are welcome
RSVP to office@chabadofberks.org by June 1st

Israeli field hospitals treating civilians in Ukraine

By Abigail Klein Leichman
Israel21c.org

For a moment, Yoel Har-Even was distracted. We were speaking via Zoom from Israel’s Shining Star field hospital in western Ukraine, and a siren began to wail outside. “Usually when we hear a siren, we need to run to the shelter in a school for about 15 minutes,” said Har-Even, who is in charge of the remarkable 66-bed hospital in Mostyska, inside Ukraine’s war-torn borders. The lateness of the hour, however, meant that the 70 Israeli volunteers manning the field hospital were already safe inside the building, so he stayed on the line. “Mostly they are attacking military and not civilian targets,” he said, adding that he hadn’t heard any explosions.

“The Russians asked us to mark the tents in a way that pilots flying overhead can see it is a medical facility,” explained Har-Even, who has served in Israel Defense Forces field hospitals in Rwanda and the Balkans. “But we cannot count on the Russians, so we brought some security from Israel. We have evacuation vehicles waiting outside the gate, ready to go with helmets and bulletproof gear.”

It is a necessary precaution. The World Health Organization reported 31 Russian attacks on healthcare facilities in Ukraine between February 24 and March 13.

Sheba Medical Center Director General Dr. Yitshak Kreiss with a Ukrainian mother and baby at Shining Star Israel Field Hospital. Photo by Naama Frank Azriel

The Shining Star field hospital, which is operated by Sheba Medical Center, Israel’s Health Ministry and Clalit HMO, treated hundreds in the first week it was open. Within the first five days, the hospital treated more than 730 locals and refugees from other parts of Ukraine and performed 16,000 lab tests. Their ailments and injuries are mainly unrelated to the war.

“The people are coming nonstop. The first day we had 40, the second day 160 and on Shabbat we saw 170 patients from 8 in the morning till 8 at night,” said Har-Even.

One patient is a girl who had surgery in Israel two years ago for a kidney problem and recently developed another medical complication. “When her family

heard the Israelis had a hospital here in Ukraine, they drove her 48 hours to see us because they trust the Israeli medical system. They are staying with us until she is better,” said Har-Even.

The hospital – which is equipped with over 100 tons of medical supplies flown in from Israel – is staffed by Jewish, Muslim and Christian personnel from Israeli hospitals, health maintenance organizations and Magen David Adom.

Despite the very obvious risks of coming to Ukraine, which has been under constant bombardment since Russia invaded on February 24, Har-Even – the director of Sheba Medical Center’s International Division – had no difficulty gathering volunteers for the Shining Star mission.

“Many of the team came from here or has family here, but even those who don’t were eager to participate,” he said. “We had to turn some away. The response was heartwarming.”

Dr. Adam Lee Goldstein, head of trauma surgery at Wolfson Medical Center in Holon, said he volunteered for the mission “to represent Israel and show we want to help and we care.”

The Washington native said the team is working closely with doctors at the local hospital. “We can use their operating rooms and we can learn from each other. We are giving trauma courses and basic life support courses — anything they want.”

The field hospital is capable of accommodating 150 patients simultaneously, and includes a triage area, an ER ward, men’s, women’s and children’s wards, labor and delivery facilities, imaging and telehealth technologies, mental health services, a lab, a pharmacy and an outpatient clinic. “The Ukrainians are overwhelmed to see what we have put up here,” said Prof. Elhanan Bar-On,

director of the Sheba’s Israel Center for Humanitarian Emergency and Disaster Medicine. “Our aims were high, and I think we achieved even higher. The lab we have here is unprecedented in the history of field hospitals in the world. It’s really an amazing place. This is a landmark in the history of Israeli aid overseas.”

The field hospital is intended to operate at least a month, but Bar-On – who arrived in Mostyska on March 7 to assess needs before the Israeli team arrived – will soon be heading to Haiti to treat burn victims. ‘I need to do it’

For many Israelis, the desire to help the Ukrainians is deeply personal because so many have their roots in Ukraine and Russia, but there is a larger and more bitter history at work here too. In 1943, most of Mostyska’s 4,000 pre-World War II Jewish residents were murdered by the Nazis and Ukrainian collaborators.

“When I told my mom I was going to lead this mission, her first reaction was, ‘I’m not letting you go.’ admitted Har-Even, a father of four. “I told her, ‘I’m going to be 51 in two weeks. You cannot stop me.’” “My mom was born not so far from where we are now on the main route from Lviv toward Krakow. My grandma was born here. Most of my family comes from this area in Ukraine,” explained Har-Even. She said, ‘I never stopped you from going on missions around the globe. You went to Africa, to India, to Nepal, to Kosovo. I’m asking you, please don’t go. If Grandma was alive, she would beg you not to go.

“I told her that I’m going there ... because of her and because of Grandma and because of what our family went through in the Holocaust,” Har-Even said, his voice breaking with emotion. “If I can change, even a little bit, the lives of the people — like nobody did for my parents and grandparents when they were here 75 years ago — I need to do it.

“These people [the Israeli volunteers] came in the name of the state of Israel and also as human beings and health providers who do not forget what happened here 77 years ago but understand that we have a different role in this world,” said Har-Even, who on arrival in Ukraine went with the Israeli delegation and the mayor of Mostyska to the Jewish cemetery to say kaddish, the mourners’ prayer. “The story is the spirit of the Jewish people and the spirit of Israel. The story is that only one country, as a country, extended a hand and sent more than 70 [healthcare workers] from across Israel’s hospitals, HMOs and MDA.”

For future missions, Har-Even said that the Shining Star field hospital will be renamed The Jewish People Field Hospital. “It will be a worldwide facility that can be sent anywhere by the Jewish people, coordinated by Sheba,” he said. “With very limited resources, we can do so much good for so many people. We can give them dignity, humanity and warmth.”

Parallel to the mission in Ukraine, Sheba Beyond continues to treat Ukrainian refugees in Moldova, using telemedicine innovations that allow Sheba physicians in Ramat Gan to diagnose and treat patients remotely. A team of paramedics, EMTs and physicians from Magen David Adom (MDA) and Tel Aviv Sourasky Medical Center have established a field clinic in Moldova for Ukrainian refugees, at the request of the Chisinau Jewish community. And Israeli voluntary first-response network United Hatzalah has flown more than 2,000 Ukrainian refugees to Israel aboard planes staffed by trained personnel to provide medical aid mid-flight.



RCOS at the Fightin Phils

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Sunday, June 12

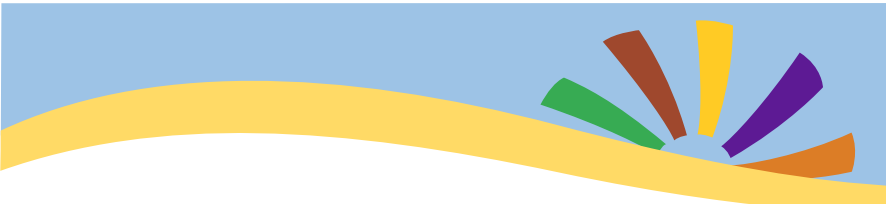
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\$12 Kauffman's Chicken BBQ Platter
\$23 Quarter Apple Cake & Chicken BBQ Combo Platter

Event Day Cash Only

Pre-Order Starts April 11th
www.ohebsholom.org



The community is invited to join us for these events

Yom Hazikaron Community Ceremony

Did you know? For Israelis, Yom HaZikaron is one of the most important days of the year as we recognize those who sacrificed their lives for Israel. We see it as our opportunity and responsibility to share the meaning of this day.

Please join us for the community Yom HaZikaron Memorial Ceremony on Tuesday, May 3 at 7:00 pm, to commemorate the bravery of the IDF soldiers and victims of terror.

Tuesday, May 3rd at 7:00 pm at Reading JCC
1100 Berkshire Blvd., Suite 125, Wyomissing, PA 19610



In-person and online options are available
Email Adi at AdiS@JFReading.org or check JFR weekly email/website for the zoom link



Jewish Federation
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ZIKARON EXHIBIT MEMORY EXHIBIT



Join us and get to know the fallen soldiers' stories and their unique songs through this visual and musical exhibit.

Throughout Israel's history, different songs have been written about specific soldiers using their own words or in their honor. Between 2001-2013 there was a special project on 'Galei Tzahal' station called "we will soon become a song", "עוד מעט נהפוך לשיר".

The opening reception is on Tuesday, May 3rd at 6 PM

The exhibit will be open between Monday-Friday, May 3-13 from 9:00am-4:30pm

On May 11 the exhibit will be open until 8pm

The Jewish Federation of Reading, 1100 Berkshire Blvd., Suite 125, Wyomissing, PA 19610

For questions, email AdiS@JFReading.org or call 610-921-0624

Credit for the exhibit: Netta Asner-Minster



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Jewish Federation
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Night of music to honor Jeri Kozloff

Reform Congregation Oheb Sholom
Jeraldine (Jeri) Kozloff was a beloved Oheb Sholom member whose life was an example of service.

Jeri served on our Board, helped to organize the Food Festival and was highly influential in our music program, participating in our choir and helping us to select several cantors. She was also a fine pianist. The Night of Music honors her memory, raising money for the Jeraldine Kozloff Music Fund, which sup-

ports Oheb Sholom's music programming.

On Saturday May 14, at 7 p.m., this year's Night of Music features the Maria Damore Trio performing Great American Songbook, Broadway and classical selections by cherished Jewish composers Irving Berlin, Jerome Kern, George Gershwin, Leonard Bernstein, Andre Previn and others

The trio includes Maria Damore (vocals), Marty Mellinger (piano), and

Tom Strohmman (saxophone, flute, and clarinet). We are blessed to have such fantastic musicians in Reading, and we hope that you will attend, either in-person or online. As at all events held at the Temple, masks are required.

To support the Night of Music and, in turn, the Jeraldine Kozloff Music Fund,



Jeri Kozloff



Maria Damore

we have several levels of giving, which will be recognized in the program. Minimum ticket price is \$18.

To purchase tickets, please visit www.oheb-sholom.org, where you will find a link for the

Night of Music on the homepage. You may also call Steve Cohn at 917-330-5850 for assistance with your order.

Community Seder at RCOS



People enjoyed the opportunity for a return to festival fellowship at the Oheb Sholom community Seder April 15.

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Pesach at CHS



The Chabad Hebrew School model Seder included rapping the 15 Seder steps and drinking the four cups through crazy straws.

Antisemitic hate crimes up 92% in New York

From online news sources

Antisemitic hate crimes in New York City were up a startling 92% in March 2022 compared to the same month in 2021, according to new data released by the New York City Police Department and reported by the *Jerusalem Post*.

A total of 23 hate crimes against Jews were reported in the city during the month, 11 more than were reported in March 2021. This follows an increasing trend in antisemitic incidents in New York in previous months.

In February 2022, there was a 400% increase in antisemitic incidents when compared to February 2021, with 56 reported this year compared to 11 last year. The data for January were similar, with January 2022 showing nearly 300% more antisemitic hate crimes compared to January 2021.

Overall, the NYPD data for March showed that antisemitic hate crimes were not the only ones to rise in March.

Islamophobic incidents doubled from one to two, hate crimes related to ethnicity tripled from one to three and hate crimes related to sexual orientation more than tripled from three to ten. By contrast, no hate crimes related to disabilities were reported at all in March, and the number of hate crimes against Asians and Hispanics actually went down – the former by almost half (32 to 17) and the latter altogether, from two to zero.

Taking in the aggregate total of reported incidents, however, there were more antisemitic incidents than any other type of hate crime during March, with only anti-Asian hate crimes coming close: 17 compared to 23.

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Shabbat Candle Lightings



Torah Portions

May 6th
7:46 p.m.

May 13th
7:53 p.m.

May 20th
8:00 p.m.

May 27th
8:06 pm

May 7/6 Iyyar
Kedoshim (Leviticus 19:1-20:27)

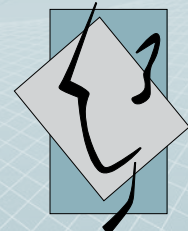
May 14/13 Iyyar
Emor (Leviticus 21:1-24:23)

May 21/20 Iyyar
Behar (Leviticus 25:1-26:2)

May 28/27 Iyyar
Bechukotai (Leviticus 26:3-27:34)

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Matthew R. Bonsall, AuD, FAAA

Jenna L. Galan, AuD, CCC-A



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May 14th at 10:00am*

Tot Shabbat

Join Rabbi Michelson for a musical, story-filled interactive hour for children through grade 2. Members & non-members welcome. No registration required. Future Final Tot Shabbat of the season: June 25th.

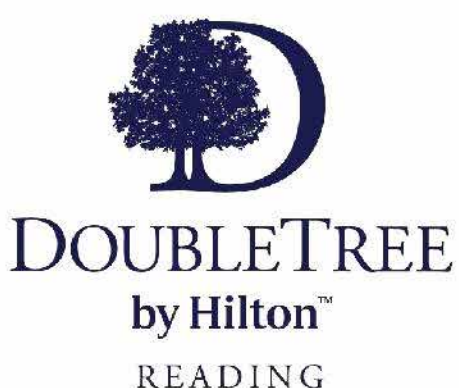
* Tot Shabbat will be outside, weather permitting.

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Marty and Norma Beckerman for Reform Congregation Oheb Shalom's Happy Hour at Squawk Cafe at B2 Bistro & Bar in West Reading on April 7.

Chabad of Berks

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Federation Honorial - Memorial Card Information

Please mail your payment with complete information to the Jewish Federation, PO Box 14925, Reading, PA 19612-4925 or bring to the Jewish Cultural Center, 1100 Berkshire Blvd, Suite 125, Wyomissing. You may set up a “savings account” for the purpose of sending cards. Please contact the Jewish Federation at 610-921-0624 for further information.

Contributions as of April 15

Federation Jewish Community Campaign

In honor of:
Adi Shalev’s Bat Mitzvah – Debbie and David Goldberg

Jewish Family Service

In honor of:
Birth of Jan and Jonathan Simon’s new granddaughter Helen Cora Brown
– Al and Betsy Katz, Corinne and Andy Wernick, Mimi and Tom Gavigan

In memory of:
Helen Cook (Jan Simon’s mother) – Corinne and Andy Wernick, Mimi and Tom Gavigan

Honorials and Memorials

Contributions may be made to the following Funds:

Federation Jewish Community Campaign

Jewish Family Service

Leo Camp Lecture Fund

JFS Food Bank

JFS Taxi Transportation Program

Holocaust Library & Resource Center

Doris Levin Fund

Sue B. Viener Memorial Fund for PJ Library

Harry & Rose Sack Fund

Evelyn Thompson Fund

Richard Hamburger (Judy Pollack’s brother) – Baruh S. Rodriguez and Margo Thomas
Marvin Bram (Scott Bram’s father) – Louise Zeidman

Evelyn Thompson Memorial Fund (Lakin Preschool)

In memory of:
Edmund “Bud” Wartels (Alex Platt’s Step-father) – Beth and Bob Caster

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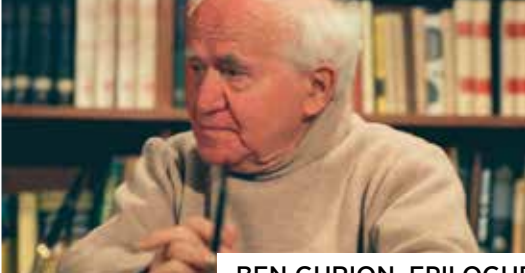
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