



Shalom10|22

The Journal of the Reading Jewish Community published by the Jewish Federation of Reading/Berks

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- Jewish Federations of North America

Working together to serve our community

**By Amanda Hornberger
Chief Operating Officer**

Did you know that Jewish Federation of Reading/Berks through our Jewish Family Service (JFS) run food pantry is a United Way agency partner? It’s true! Federation is a proud agency partner of the United Way of Berks County and we are thankful for their ongoing support.

United Way of Berks County supports more than 40 agency partners throughout Berks County. In September members of Emerging Leaders United (the young professional group with United Way) helped volunteer at one of our food pantries. The extra volunteers were greatly appreciated as we have been serving more than 360 families at our two JFS food pantries.

Helping Harvest helps provide JFS with produce and other food items so we are can provide healthy, well-rounded meal options for families experiencing hunger in our community. Unfortunately, the need is rising with inflation causing increased food prices, many families on the brink now need assistance to combat food insecurity.

Your gift to Jewish Federation of Reading/Berks ensures that these programs continue to help local families in need.

I want to highlight two other community partners that Federation is working with to bring you events this month.

In October, two authors will join us for an event with Literatour Berks, our partnership with the Exeter Community Library. Join us on Wednesday, Oct. 26, at 6 p.m. for Exeter Community Library’s book club and a conversation with Alyson Richman and Shaunna J. Edwards, authors of “The Thread Collectors”. For more details on that event see page 6.

Finally, thanks to the hard work of the Greater Reading Unity Coalition, of which



Volunteers participate in the United Way Day of Caring at the September Jewish Family Service SDA Food Pantry in Reading, one of two monthly JFS food distribution events in the city.

Federation is a proud founding member, the community is invited to a candidate forum for the 6th Congressional District on Sunday, Oct. 23, at 7 p.m. at the Miller Center at RACC. Federation along with the LGBT Center of Greater Reading, Centro Hispano, the Reading branch of the NAACP, and the Islamic Center will host a non-partisan voter information event with Democratic U.S. Rep. Chrissy

Houlahan and her Republican challenger, Guy Ciarrocchi. For more details on that event see page 3.

Federation does not work alone in our community. By partnering with other community organizations, we are stronger and more impactful. Your gift to Federation makes this work possible and helps ensure a better future for all who live in Berks County.



Local tweens and teens had a chance to meet Ziv Laskin, our new Shaliach from Israel, who will be providing educational and fun programming for all ages. At this event shortly after Ziv’s arrival in September, he taught the group how to make pomegranate juice. See page 22 to learn more about this new resource in our community.

Honor past donors by making your contribution today

Development

By Laurie Waxler
Development Director

On behalf of the Federation, you should have received a letter asking you to consider a gift to our Annual Campaign. As I mentioned in the letter, the end of our fiscal year will be here before you know it and we are asking for everyone's help to reach our goal of \$250,000.

Throughout the years, our Federation has been blessed with some very accomplished business owners who had great passion for our Federation and for the success of our Jewish community. Sadly, many have passed on or moved from the area, and our Federation is feeling the loss. They were true pioneers in so many ways, and we were fortunate to have known them and to have called them friend and neighbor.



In honor of these pioneers of the past who were truly at the forefront of organizing our Jewish community, today's Federation needs the support of our entire community to continue our mission of supporting those in need and being a presence here in Berks County. In more specific terms, we can no longer rest on the laurels of these generous donors and need to forge a new path with our own meaningful gifts to the Federation.

Personally, I see the Federation as

the umbrella of all things Jewish here in Berks County. Everyone is welcome, and whatever way you choose to be Jewish is up to you. What matters to us is that in some way you're Jewish and you're part of our community and we want to be here for you ... today, in 10 years and in 50 years! But we can't do it without you!

When you write your check to the Federation for your Annual Gift, I hope you consider something meaningful that makes you pause and know you've made a difference.



Dr. Neil Hoffman with Maimonides Society attendees Gordon and Carol Perlmutter

Maimonides Society hosts local doctor in enlightening program

By Laurie Waxler

Our Maimonides Society gathered on Sunday, Sept. 11 and was fortunate to hear a talk from Neil Hoffman, MD.

Dr. Hoffman is a forensic pathologist and shared many stories about cases he's seen and the impact they've had on his life. He said his time spent investigating crimes against humanity and genocide in the former Yugoslavia was truly life-changing.

It was obvious to the group that Neil is truly passionate about his work, and while his patients are no longer living, he provides the needed voice for them in their death.

We look forward to our next meeting in early December and are planning a philanthropic project in the spring around the Gift of Life program.

Our Maimonides Society is open to all Jewish health professionals in Berks County....if you'd like to join us and are not on our mailing list, please reach out to me at LaurieW@jfreading.org..



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today!



BOOK DISCUSSION EVENT WITH
**SHAUNNA J. EDWARDS &
ALYSON RICHMAN,**
AUTHORS OF "THE THREAD COLLECTORS"

**WEDNESDAY, OCTOBER 26
6:00 PM**

**EXETER COMMUNITY LIBRARY
4569 PRESTWICK DRIVE
READING, PA 19606**

**Call 610-406-9431 to RSVP
or visit www.berkslibraries.org/exeter**



Unity Coalition hosting candidate forum at RACC

By John Morgan
Greater Reading Unity Coalition

The Greater Reading Unity Coalition will be hosting a Candidate Forum at the Miller Center For the Arts at Reading Area Community College on Oct. 23. This will feature candidates in the 6th Congressional District, incumbent U.S.

Rep. Chrissy Houlahan and Republican challenger Guy Ciarrocchi.

The event will commence at 7 p.m., and doors open at 6. The format will enable each candidate to speak about their qualifications and why they are seeking the office. The members of the Unity Coalition will then ask each

candidate a question before opening the Q&A to the audience.

Parking can be found in the parking garages around the Miller Center for the Arts. The address is 4 N. Second St, Reading.

RACC does not allow firearms on campus, and only clear bags will be

permitted inside. One bag that is clear plastic, vinyl or PVC and which does not exceed 12" x 6" x 12" or a one gallon clear plastic freezer bag (Ziploc or similar).

We invite the public to attend this nonpartisan event and encourage participation in the democratic process. Election day is Tuesday, Nov. 8.

Community meets new Keshet Zion spiritual leader



Members of the community meet Cantor Ted Prosnitz, the new spiritual leader of Keshet Zion Synagogue at the JCC on Aug. 25.



Cantor Ted Prosnitz's wife, Karen, with Karen Kabakoff and Beth Caster. At right, Cantor Prosnitz with Federation Chair Sheila Bornstein.



JEWISH FAMILY SERVICE VEHICLE DONATION PROGRAM



Enjoy tax benefits when you donate your vehicle to JFS. Contact Carole at 610-921-0624 or CaroleR@JFReading.org or go to <https://careasy.org/nonprofit/JFS-Reading>.

Shalom

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Respond to God’s gifts by walking in His ways

By Cantor Ted Prosnitz
Keshet Zion Synagogue

To every thing there is a season, and a time to every purpose under the heaven (Ecclesiastes 3:1).

In the spring, there is a saying that March comes in like a lion, but goes out like a lamb. Our October begins with trepidation (Yom Kippur/The Day of Atonement) and proceeds to joyous celebration (Simchat Torah/Rejoicing in the Torah). Maybe the “Circle of Life” in “The Lion King” was inspired by our cycle of reading from the Torah. In October we



will read from the end of the Five Books of Moses, and immediately start reading, again, from the beginning. We will read of the death of Moses, and of Adam and Eve’s creation.

“Turn! Turn! Turn!” by the Byrds, based on Ecclesiastes, speaks of seasons changing. The month ends with Parsha Noah’s reassurance that “...seedtime and harvest, cold and heat, summer and winter...will not cease (Genesis 8:22).

With such reassurance, does it really matter what we do? Absolutely! While we petition individually, we use the first-person plural — as in Avinu Malkeinu/Our Father our King, and Al chet shechatanu/ for the sin we have sinned before You. What each of us does affects the entire

community. Al Capp understood the negative externalities one person can have on those around him when he drew the cartoon character Joe Btfsplk. A more serious cartoon once had a person ask a cleric, “How could God permit the Holocaust to happen?” “How could people?” was the response.

Ashreinu Mah Tov Chelkeinu/How fortunate are we, how good is our lot, is said thanking God for all His gifts. Our response to those gifts is to walk in His ways.

We are also beneficiaries of this great American democracy. Our response is to be involved citizens honoring the Declaration of Independence’s truth that all men are created equal. One way to

keep freedom’s light burning bright is to be active in the election process. Many jurisdictions are experiencing a shortage of poll workers. Our history has taught us the importance of protecting the safeguards and opportunities that are so hard to build up but so easy to tear down.

From day to day, you may have heard the expression, “work hard, play hard.” May I amend it by adding “pray hard.” Ki anu amecha/ for we are Your people, composed of individuals who strive for a more perfect union, to act justly, to love kindness, and work to make a better life for ourselves, our families, friends, and community.

May you be blessed with happiness and health in the new year.

This month offers an opportunity to celebrate Torah

By Rabbi Brian Michelson
Reform Congregation Oheb Sholom

There is a famous Talmudic story of a non-Jew who appears before two of the great rabbis of his time: Rabbi Shammai and Rabbi Hillel. It says, “There was another incident involving one gentile who came before Shammai and said to Shammai: Convert me on condition that you teach me the entire Torah while I am standing on one foot (al regel achat). Shammai pushed him away with the builder’s cubit in his hand. (This was a common measuring stick, and Shammai was a builder by trade.) The same gentile came before Hillel. He converted him



and said to him: That which is hateful to you do not do to another; that is the entire Torah, and the rest is its interpretation. Go study.” (Shabbat 31a)

There are many interesting interpretations of this story and what each rabbi does. I would like to offer you a new one that is tied to one of the holidays we will commemorate this month, Shemini Atzeret/Simchat Torah. I learned this from Rabbi Yisrael Marozin.

Pesach, Shavuot, and Sukkot are known as the three pilgrimage festivals (Shalosh regalim) because they required going up to Jerusalem, on foot, to celebrate the holiday. The traditional understanding of the Talmud’s story is that the non-Jew is asking to be taught everything he needs to know about Judaism while he stands on one foot (even for folk with

great balance it would not be too long). However, Rabbi Marozin argues that the non-Jew in question had studied a great deal about Judaism and was asking a very different question.

He knew about all the holidays and understood their celebrations with one exception. He did not understand this extra holiday that is added to the end of Sukkot, Shemini Atzeret. He argues that the phrase al regel Achat means, “teach me about this singular festival, Shemini Atzeret/Simchat Torah, and then I will be ready to convert.” Torah notes the celebration of this holiday, but unlike the others does not provide a clear understanding or reason for its celebration.

In the ancient world, Shemini Atzeret may have been the most important of

all the holidays, because it is when the prayers for rain in the land of Israel begin. It is when we change the phrase in the G’vurot prayer to reflect and bring on the rainy season.

Water was, and in many ways still is life. For us, it is the opportunity to celebrate the cycle of reading God’s most precious gift, the Torah. We complete it and restart it for another year.

Given Torah’s importance, it is worthy of a regel, a festival of its own that is truly celebrated, not as an afterthought, but rather as a special holiday in its own right.

Join us this year as we celebrate Torah and Shemini Atzeret/Simchat Torah wherever you may go.

COMMUNITY IMPACT SYMPOSIUM: *Sensory Challenges and Interventions in Dementia Care*

You are cordially invited to join The Highlands at Wyomissing® for our community impact symposium: *Sensory Challenges and Interventions in Dementia Care, Part 1: Hearing Loss and Music Therapy*. Carrie Nieman, MD, MPH, Associate Professor of Otolaryngology - Head and Neck Surgery, Johns Hopkins Medicine, will discuss the science behind hearing loss and dementia. Darina Petrovsky, PhD, RN, Rutgers University, will discuss and present music therapy in the cognitively impaired.

Cost is \$20. Registration is required.

To learn more and register, visit thehighlands.org/community-impact-symposium.

Thursday, October 27 | 9:00 to 11:00 a.m.
2000 Cambridge Avenue | 484-220-8237



Obituary

Ian Bachrach died Sept. 14. Husband of the late Lois (Stirman) Bachrach; Father of Brian (Suzanne) Bachrach and Amy (Anthony) Nazzaro. Grandfather of Grace and Madison. Ian was married to the love of his life and best friend for 50 years. He was

a friend to many, enjoying Friendship Circle and the West Lawn senior Citizens Club. His clever wit and sarcastic sense of humor always brought laughter and will be missed by friends and family. Always passionate about his loyalty to the Eagles and Phillies, he enjoyed their success up until his final moments.

Join the Greater Reading Unity Coalition
as they present the

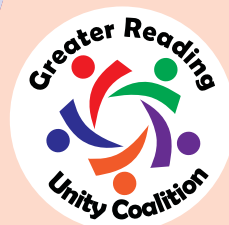
Reading Community Candidate Forum

Candidates for the Sixth Congressional district:

Hon. Chrissy Houlahan
and
Guy Ciarrocchi

Miller Center For the Arts
4 N 2nd St, Reading, PA 19601
Reading Area Community College

October 23, 2022 7:00 PM



**Firearms are not allowed on the
Reading Area Community College campus**

**ONLY CLEAR BAGS
will be allowed at this event**

Queen's respect for Judaism a reminder to us all

By Rabbi Yosef Lipsker
Chabad Center of Berks County

Having spent quite some time in England over the years it was obvious that the queen was always a central part of living there and a topic of discussion. Her face was on all currency and postage. Synagogues had a special prayer they would say for her each week, and much has been written about her warm relationship with the Anglo-Jewish community.

In 2001, the queen honored the head Chabad Rabbi in the UK, Rabbi N Sudak, with an OBE, Officer of the British Empire, awarding him a prestigious medal at Buckingham Palace, with all the pomp and ceremony.

Rabbi Sudak directed the Chabad Lubavitch institutions and activities across Great Britain. It was for those efforts and

accomplishments that the queen awarded him.

Many were invited to the palace that day. Amidst the crowd of people there was one man who "stuck out." Rabbi Sudak was the only one meeting the queen that day who was visibly Jewish in the sense that he wore his Jewish attire. He was also the only person at the event with whom the queen did not share a handshake.

The queen was well aware of these traditional Jewish practices and respected them. Not only did his commitment to Jewish tradition not hinder his standing, the queen recognized it's beauty and she publicly awarded him. Another rabbi reported a similar experience.

The queen understood, appreciated and respected this rabbi, along with his religious observances and requirements, even while she lived a very different life.

Sometimes we feel that to fit in we need to change who we are. Sometimes we may even feel self-conscious that we

may be seen as different, as "too Jewish."

The truth is, we each deserve to be proud of our heritage and our sacred traditions that have been part of the Jewish story for millennia. We definitely don't need to change to fit in. On the contrary, what we should be doing is learning more about who we are, what our heritage and traditions mean, and discover the most beautiful, meaningful and harmonious life the Torah teaches us.

We can learn more about the beauty of Shabbat, and what it means and why we have it. We can learn more about the special mitzvahs of mezuzah, kosher, tzedakah and Torah study. However much we know, there is always so much more to learn.

In 2022, when there is perhaps greater awareness and sensitivity than ever before, about respecting and appreciating the culture and traditions of others, when we applaud and admire minority groups who maintain their lifestyle, some of that

can also be afforded to Jews practicing Judaism.

As millions of people around the world are remembering the queen, I join and remember a woman who graciously respected the Jews in her country, and as someone who respected Jews who respect their Judaism.

So next time you're afraid of turning down a gig that coincides with Rosh Hashanah or Yom Kippur, or next time you are worried about standing proudly for what you believe, or you feel like judging someone for choosing a lifestyle different than your own let this be a gentle reminder.

As we have just celebrated Rosh Hashana, the queen's example should give us all reason to pause and reflect. To take our own individual, unique, role seriously. To acknowledge the privilege of being a partner in G-d's creation. To recognize how the others in our life should be viewed seriously and favorably.

Shana Tova!

October ☆ Tishri-Chesvan



Shabbat Candle Lightings



Torah Portions

October 1/6 Tishri
Vayelech (Deuteronomy 31:1-31:30)

October 8/13 Tishri
Ha'azinu (Deuteronomy 32:1-32:52)

October 15/20 Tishri
Chol Hamo'ed Sukkot (Exodus 33:12-34:26)

October 22/27 Tishri
B'reisheet (Genesis 1:1-6:8)

October 29/4 Chesvan
Noach (Genesis 6:9-11:32)

October 7
6:18 p.m.

October 14
6:07 p.m.

October 21
5:57 p.m.

October 28
5:48 p.m.

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Join us at **BRECKNOCK ORCHARD**
390 Orchard Road, Mohnton at 9:30
on Saturday, October 15th



Join Rabbi Michelson for this special event for children through grade 2 and their parents. Members & non-members welcome. No registration required. Future Tot Shabbat dates: 11/12, 12/17, 1/21, 2/11, 3/11, 4/15, 5/13, 6/17.

JEWISH HERITAGE NIGHT

76ERS GAME

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BUS TRIP TO PHILLY
DECEMBER 19, 2022



MORE DETAILS TO COME!

Join us for Boom Box Bingo

Thursday, October 20 • 1:30pm

Can you name that tune? This version of bingo presented by Times Gone By Entertainment has you match the tunes to the song titles to win some prizes.

Please RSVP to Christine at 610-624-1299 or email cmeyers@manoratms.com.



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2 authors start fourth season of Literatour Berks

By Amanda J. Hornberger
Chief Operating Officer

Jewish and Black American experiences during the Civil War are explored in the new novel “The Thread Collectors” by Shaunna Edwards and Alyson Richman. Both authors will join us on Wednesday, Oct. 26 at 6 p.m. at the Exeter Community Library.

Do wars and other armed conflicts feel different to people of diverse backgrounds and racial groups? Have the experiences of some been overlooked in the tragedies of the times, while those of others are vividly portrayed in literature and art? Can events in one part of history color the worldview of survivors and their descendants for generations?

These are some of the critical issues explored by Shaunna Edwards and Alyson Richman in “The Thread Collectors”, a sensitive new novel about a group of men and women, both Black and white, free and



enslaved, caught in the Civil War and forced to adapt to the deprivations and horrors of the bloody conflagration. They struggle to find their strength, sharpen their wits, and develop their talents.

The novel follows many diverse people who are unlikely to have met in peacetime. Enslaved and free people mix with Northerners and Southerners; civilians interact with military personnel; slave owners wrangle with abolitionists; white Jews forge bonds with Black

soldiers. The resulting relationships are sometimes explosive but always intense and provocative.

Though this is a work of fiction, many of the characters are inspired by the authors’ family histories. Edwards modeled the character of Stella, a multiracial enslaved person, after the life of her distant aunt. Richman’s ancestors include two Jewish brothers who fought on opposite sides of the war, just like Jacob and Samuel in the novel. The authors’ emphasis on these two groups of traditional outsiders — Jews and Blacks — fuels the story with a welcome degree of personal resonance.

Registration is available on our website: <https://readingjewishcommunity.org/> or by calling the Exeter Community Library at 610-406-9431. Exeter Community Library is located at 4569 Prestwick Dr. in Reading.

Get ready for Sukkot with Ziv!

By Amanda J. Hornberger
Chief Operating Officer

PJ Library readers through age 9 are invited to get ready for Sukkot with Ziv on Sunday, Oct. 2 from 4-5 p.m. at the

Wyomissing Hills Playground.

Ziv will teach us about the sukkah and we will play some fun Israeli outdoor games. Parents are encouraged to stay and a small snack will be provided.

RSVP is requested by Sept. 30 to Ziv at ziv@jfreading.org or text 610-750-0204.

We hope this event is just the start of a fun two-years together for our youngest community members and Ziv!

Concert at RCOS shares story of Anne Frank

By David McConnell
Artistic Director, Vox Philia

On Saturday, Oct. 15, Vox Philia will present the local premiere of English composer James Whitbourn’s “Annelies.” Setting a text by Melanie Challenger based on the diary of Anne Frank, this will be the work’s first complete performance in Berks County and takes place at Reform Congregation Oheb Sholom in Wyomissing.

Challenger decided on a work about Anne Frank when she was working on a music project with children from war-torn Bosnia. She approached Whittaker, and they worked intensely together for almost

three years.

Whittaker writes: “From the outset, we were clear that Anne’s remarkable observations would form the basis of this work. Squabbles within the Annex, teenage romantic encounters and the like were all put aside, and the diary distilled into this sequence of beautiful, spiritually charged texts.”

In a November 2021 concert, members of Vox Philia joined with singers from Immanuel UCC, Shillington and Grace Lutheran, Lancaster in performing selected movements from the work as part of the many offerings during Violins of Hope Reading.

Artistic Director David McConnell explains that “it was immediately clear that this is a substantial and deeply impactful work, and that we need to perform all of it.

“We must continually share and re-share Anne Frank’s story as a warning to never allow such a horrific tragedy happen again.”

The performance takes place on Saturday, Oct. 15, at 7:30 pm at Reform Congregation Oheb Sholom, 555 Warwick Drive in Wyomissing.

Admission is \$15/Adult & \$5/Students. Tickets are available at the door and online at www.ReadingJewishCommunity.org <https://buytickets.at/voxphilia/750079>.

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September 6, 2022 through May 31, 2023

PJ Library

Scan here to apply:

Federations begin next phase of Ukraine campaign

Jewish Federations of North America

Six months after Russia invaded Ukraine, Jewish Federations of North America announced the appointment of J. David Heller to chair the next phase of their emergency campaign for Ukraine aid.

To date, the campaign has raised more than \$73.5 million. Those funds have been directed to over 50 nongovernmental organizations providing humanitarian aid and relief to Ukrainian refugees in Ukraine and neighboring countries, as well as to new immigrants in Israel. In June, Jewish Federations estimated that their partner organizations' total needs for the Ukraine efforts will amount to \$99 million in 2022 alone.

"Jewish Federations' collective response to this crisis has been tremendous, as is demonstrated by the dozens of NGOs we have supported and the number of lives on the ground we have impacted," said President and CEO of Jewish Federations of North America Eric Fingerhut. "The scale of devastation is massive and though these needs will keep growing, our system will continue to respond to these needs, to alleviate pain and suffering and to provide essential care and support to Ukrainian refugees."

A total of \$61 million has already been distributed to Jewish Federations' core partners The Jewish Agency for Israel, American Jewish Joint Distribution Committee (JDC), and World ORT, as well as dozens of other organizations providing critical rescue and relief to Ukrainian refugees of all backgrounds. Funding has supported emergency operational costs, temporary housing and transportation costs, security, humanitarian support and trauma relief, and aliyah and absorption.

Some notable figures of impact of the emergency campaign over the past six months include:



J. David Heller, left, is leading the next phase of Jewish Federations of North America's emergency campaign for Ukraine aid. JFNA partner the Jewish Agency for Israel is among those on the ground making a difference in the war-torn country.

- 1,212 tons (just over 2.7 million pounds) of medical equipment, clothing, food and hygiene products have been distributed
- 239,851 people have been fed
- 80,817 people have been evacuated away from danger zones
- 399,902 calls for assistance have been received via special hotlines
- 32,325 new immigrants have arrived in Israel from Russia, Ukraine and Belarus

"For decades, Jewish Federations have responded to global crises, and I feel honored to lead the collective fundraising efforts across 146 Jewish Federations in the U.S. and Canada to address this emergency," said Heller. "The Jewish community has mobilized in tremendous ways to support Ukrainian refugees, and I pledge to work hard to ensure that these efforts can continue."

Heller will work to engage with



Federations across the system in order to meet the ongoing needs on the ground. He has served on the Board of the International Joint Distribution Committee, as Board President of the Jewish Education Center of Cleveland, President of the Board of the Ohio Jewish Communities and most recently, as Board Chair of The Jewish Federation of Cleveland.

"A humanitarian relief project of this scale requires experienced, dedicated, and visionary leadership," said Chair of the Board of Jewish Federations of North America Julie Platt. "J. David Heller's distinguished career as a lay leader effectively positions him for this important role, and I have no doubt that he will successfully lead the next phase of Jewish Federations' emergency campaign for Ukraine aid so that we can continue to provide vital aid where it is most needed."

In addition to providing humanitarian

aid for refugees, Jewish Federations successfully advocate for expanded refugee rights and resettlement in the United States and provide grants for support of displaced Ukrainians. Last month, Jewish Federations launched a \$1 million Ukrainian Resettlement Grant Initiative with matching funds from the Shapiro Foundation and the Combined Jewish Philanthropies, Boston's Jewish Federation. Jewish Federations have also placed 90 Russian-speaking Jews in volunteer placements to support Ukrainian refugees in Poland and Hungary.

Jewish Federations were uniquely positioned to respond quickly and effectively to the crisis due to long-term support of their partner agencies operating in Ukraine and neighboring countries, which has provided the infrastructure to support vulnerable Jewish communities and to respond to emergencies that arise.

22nd Annual Jewish Food Festival Drive Thru Sunday, November 6th - 11 am to 4 pm

Pre-ordering is strongly recommended at:
OhebSholom.org
Pre-order deadline is Wednesday, Nov. 2nd

- Apple Cake: Whole (\$35) • Half (\$20) • Quarter (\$10)**
- Brisket Platter (\$20)** • Brisket with Gravy, Large Knish, Honeyed Carrots
• Homemade Apple Sauce, Challah Roll
- Bucket of Brisket (\$20)** • One Quart of First-Quality Brisket Pieces, Carrots, Gravy
- Corned Beef Sandwich Platter (\$20)** • Corned Beef with Jewish Rye Bread, Cole Slaw
• Homemade Apple Sauce, Pickle Slice, Mustard
- Pastrami Sandwich Platter (\$20)** • Pastrami with Jewish Rye Bread, Cole Slaw
• Homemade Apple Sauce, Pickle Slice, Mustard
- Bagel Platter (\$18)** • Bagel & Nova Lox, Philadelphia Cream Cheese
• Homemade Hummus, Slice of Onion, Carrots
- Matzoh Ball Soup (\$12)** • One Quart of Jewish Chicken Soup with Homemade Matzoh Balls

Limited number of items available the day of the event for cash only. Contact for free pick up in the Temple parking lot.

Reform Congregation Oheb Sholom
555 Warwick Drive, Wyomissing
610.375.6034 • ohebsholom.org



JOIN US FOR OUR MONTHLY NOONTIME KNOWLEDGE

with local musician and personality

Dave Klein

Tuesday, October 25 at noon at the JCC



*A Musical Journey from Greenwich Village
to the World - How 60's Folk Music helped nurture
world views of Peace, Love & Harmony!*

RSVP by calling the JCC at 610-921-0624

Noontime Knowledge is a free program, held on the 3rd Tuesday of each month, provided by the Jewish Federation of Reading/Berks to educate our community on a variety of topics.

Cemetery cleanup



Special thanks to 6th-graders from the Reform Congregation Oheb Sholom religious school and other volunteers for cleaning the synagogue's Mount Sinai Cemetery in Shillington in preparation for the High Holidays.

‘No More Castanets for Carmelita’

(Ethel Engel lived with her sister and niece Carmen for about 3 years. This poem describes Carmen’s pain when she found out that “life wasn’t going to be smooth sailing.”

You were born loved;
There were no prejudices from your loved ones.
You were embraced by all!
Eyes bluer than blue,
Olive skin completed your beauty!
Loving life as only a child could feel.
New discoveries arose as you grew up,
Destroying innocence and depriving you
Of love as you once knew it.
Being of Jewish and Puerto Rican ethnicity
Was an explosion of reality to have to endure!
Bizet’s Carmen and castanets was your Mom’s dream,
Yet you knew otherwise,
You faced indifference!
I saw your despair and with it
The reality of prejudice and injustice.

—Ethel Engel

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what’s
your
biggest
question
on
G-d?

Please join Rabbi Yosef Lipsker for a remarkable new
six week course from the Rohr Jewish Learning Institute.
Six Sunday Mornings,
starting November 6, 2022 10:00 AM–11:00 AM
2320 Hampden Boulevard, Reading, PA 19604 Fee:
\$60 (textbook included)
For more information please call 610.334.3218 or e -mail
office@chabadofberks.org This program generously
sponsored by Dr. Jerome Marcus



Torah and Tea
for women

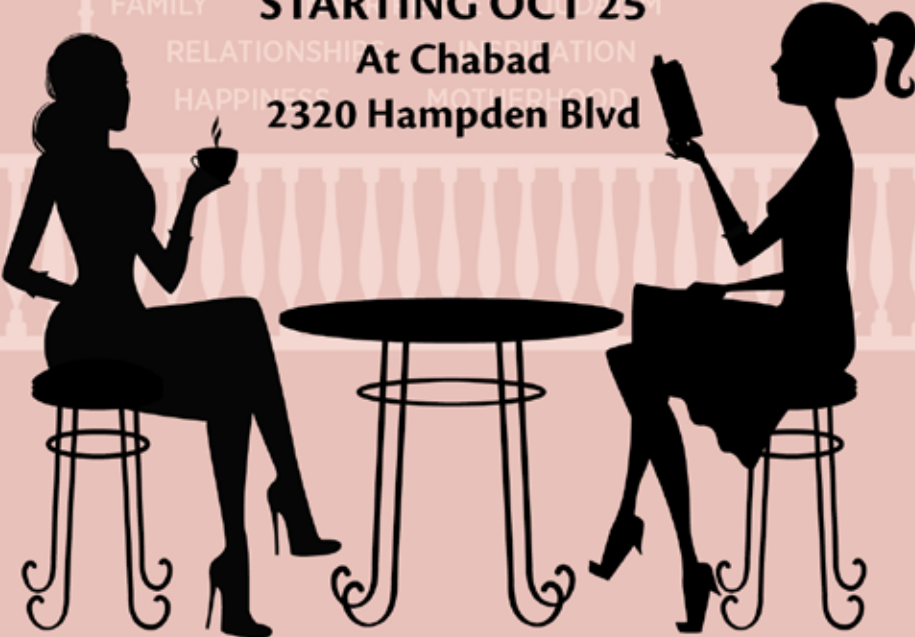
Judaism 101

TUESDAY EVENINGS @ 7:00PM

FAMILY STARTING OCT 25

At Chabad

2320 Hampden Blvd



NO CHARGE

Jerusalem beekeeping project crosses cultures

Israel21c.org

When architect and urban planner Tareq Nassar looks out over east Jerusalem, his focus is on the thousands of unused rooftops and how they could be transformed into green spaces that provide a perfect environment for cultivating bees.

This vision led him to cofound the Sinsila Center for Urban Sustainability with Jewish Israeli co-founder Liel Maghen, a social educator who works at think tank The Forum for Regional Thinking (FORTH).

Nassar and Maghen met five years ago when Maghen was working in Jerusalem and looking for projects that could bring Jewish and Arab communities together in sustainable partnerships. They began with small learning programs and progressed to form working groups across the city.

The first step to setting up the project came four years ago when they started looking for a location that would attract the community and demonstrate what could be achieved on rooftops and courtyards in their own homes.

The empty terraces of east Jerusalem’s public Central Library seemed the perfect option and were soon transformed into a community garden with apiaries. Next, classrooms were set up in the building to teach biodynamic beekeeping.

Named after the natural stone walls that prevent soil erosion on mountains where olive, grape, almond and seasonal plants are grown, Sinsila has trained 115 women who now each have at least two beehives up and running.

The Jerusalem Woman’s Beekeeping Cooperative remunerates them for their supply of honey. In return, the co-op does the harvesting, producing, marketing and selling of pure honey and honey-based cosmetics and candles.

Next year, 200 more women will begin the course. The target set for 2024 is 544 beekeepers with 1,000 hives.

Nassar and Maghen were the recipients of this year’s IIE Victor J. Goldberg Prize for Peace in the Middle

East, awarded annually to “recognize outstanding work being conducted jointly by two individuals, one Arab and one Israeli, working together to advance the cause of peace in the Middle East.”

“We believe it is more important than ever to share stories of grassroots success so that they may encourage and inspire others,” said Goldberg. “While there is no magic solution, one positive force is to encourage people to live and work together toward mutual goals, learning to live and work together toward mutual goals, learning to trust and depend on one another for the common good.”

Nassar, 38, says he prefers to discuss action and not ideals.

“When you look at the master plan of east Jerusalem the challenges seem unsurmountable. Here every 10,000 inhabitants have access to one piece of green space within 1 kilometer of their home. In west Jerusalem it’s 500 people per green space. My aim is taking small steps at a time through place making — which means finding neglected corners and actualizing them.”

While a student in Germany, Nassar first became aware of the growing popularity of rooftop beekeeping in cities. He felt sure that the idea could be used in Jerusalem as a tool of economic development and to bring communities together.

He connected with biodynamic beekeeping specialist Yossi Aud, who has conducted such courses for years.

Nassar and Maghen, a cross-cultural strategist, then partnered with Aud and Matan Israeli from Muslala to establish Sinsila.

Beekeeping is not a traditional occupation in Palestinian homes. But, Nassar points out, “rooftops were once an important part of family life, especially as a cool place to rest on hot summer nights.”

And with unemployment of women in east Jerusalem at around 80%, he felt confident that the idea of receiving an income for which they did not have to leave their homes, would be a big incentive.

At the start of the program in 2018,

Nassar made a colorful flyer and distributed it all over east Jerusalem. More than 100 women applied for the pilot project, out of which 15 were chosen.

“For two months each evening we would take hives to homes all over east Jerusalem. We could only fit three hives at a time in our car,” Nassar says.

“We saw many rooftops that didn’t even have a single chair or plant on them. Now we receive photographs of families enjoying being on the rooftop together and husbands helping wives too. We are not only changing rooftops, but giving the women economic

empowerment and improving family life.”

Sinsila has grown into a real community center with a coffee shop, language exchange program, guitar lessons and even a permaculture course.

“The work with Tareq has been a great inspiration,” says Maghen. “He is dedicated to his work and put all of his effort into this greater cause of supporting the community. Partnering with him taught me to put the needs of the local community and the voice of my Palestinian partner at the center of the work.

Reform Congregation
Oheb Sholom Invites You
to Attend Our

The Soul of Aging
Presented By Congregant
Jeff Sternlieb
Friday, October 21st



Growing older through our adult years is decidedly different than growing older from birth through adolescence. When we are younger, the changes are more obvious and public; as we age through adulthood, the changes are more subtle and private.

The Soul of Aging is designed to stimulate thinking, stir curiosity, and add meaning to our adult years. We will explore common themes we face throughout our adult years but do not often talk about in any public ways. Examples include issues of forgiveness, being alone with our thoughts and feelings, living purposeful lives, and finding meaning in what we do.

Jeffrey L. Sternlieb is a licensed psychologist who previously had his own private practice working with children, adolescents and families. More recently, he taught at the medical school and Family Medicine residency levels. He has been a member of the Temple for 27 years.

Shabbat Service at 7pm. Speaker/Oneg at 8pm.

SAVE THE DATE:

12.09.22 Rabbi Emeritus Jack Romberg will speak on his book: A Doorway to Heroism: A Decorated German-Jewish Soldier Who Became an American Hero

04.21.23 Professor Emeritus Jack Fischel of Millersville University will speak on 'How Conspiracy Theory Has Moved From the Shadow to the Mainstream'

Get Ready for Sukkot!

Join us to prepare for Sukkot by learning about the Sukkah with Ziv, our new Shaliach from Israel! We'll also enjoy some fall treats. Geared for ages 9 and under.

Sunday, October 2, 2022
4:00 - 5:00 PM
Wyomissing Hills Playground
53 Valley Rd. Wyomissing



RSVP to Ziv at zivl@jfreading.org or text 610-750-0204

Contemporary loss

By Carole Robinson

I was a young mother with four small children when my beloved mother, Doris Levin, died unexpectedly in September 1994. She had the gift of making her family, her friends, and her JFS clients feel special and loved. Not only did I rely on my Mom for babysitting and advice, she was my best friend, my confidante, and my mentor. I struggled with the overwhelming pain of loss and grief while managing the challenges of daily family life.



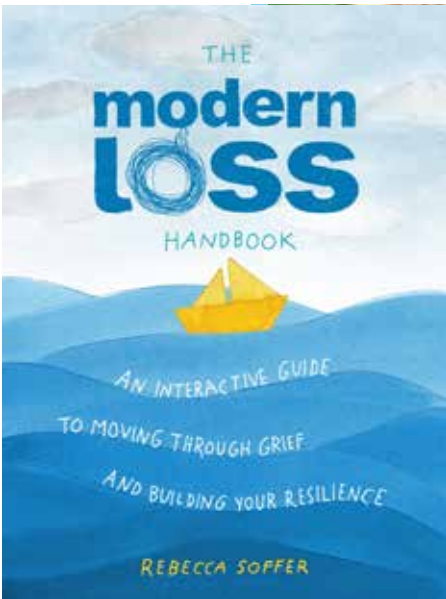
I'm sure that most of you have your own painful stories of losing a spouse, a parent, a brother or sister, or friend. My dear friend Suzanne, who lost her husband Rich to ASL, recently told me, "Everyone has to find their own way to grieve." Although each of our stories differ, we all share the loss of having less time with our loved ones. Whether you had imagined walking down the aisle with your father or introducing your mother to her newborn grandchild, the sting of losing that special person in your life can trigger grief in both small everyday situations and large joyous occasions.

Rebecca Soffer, author of "The Modern Loss Handbook: An Interactive Guide to Moving Through Grief And Building Your Resilience," offers a new approach to grief. Instead of suggesting "time heals all wounds," Soffer treats grief as a living thing and gives you the opportunity to engage your thoughts and feelings, using storytelling as an agent for change.

According to Soffer, "The goal of this handbook is to help you do three things: stay connected to the person who died (henceforth referred to as 'your person'), stay connected to the world around you, and, of course, stay connected to yourself." Her book allows the reader to incorporate grief into his/her life in a manner that is "practical, comforting, provoking, a bit fun, and finally, hopeful."

Soffer divides her book into the following sections and offers prompts to encourage reflections:

- What Was, What Might Have Been, And What May Be: All Memories, Thoughts, and Hopes Welcome
- Trigger Days: Enduring – and Redefining – Anniversaries, Hallmark



Holidays, and Milestones

- Help Is on the Way: How to Get It and Give It to Yourself
- The Mind/Body Grief Continuum: Go with the Flow
- Navigating (and Negotiating) Friendship and Social Dynamics: Possibilities and Pitfalls
- Returning to and Getting Through Work: When Bereavement Leave Runs Out (or Never Existed in the First Place)

Soffer — who does not believe in a "stage-based grief model" — sets the book up in a way that allows one to navigate the book in a way meaningful to each reader. She provides practical exercises to discover strength and hope in the face of loss and grief. While Soffer cautions that this book is not meant as a substitute for therapy, she hopes "this book helps you to remember that your relationship with your person isn't over just because they're dead, and your own life has enormous potential for richness."

Soffer concludes her compassionate and helpful resource with "Your Grief Manifesto," including these thoughts:

- I have the right to be treated with respect in my grief.
- It is not my job to make others feel comfortable about my loss.
- I will do my best to navigate survival mode so I can find my way back to thriving mode.
- I will not adhere to others' timelines and expectations about when I should be "over" my grief.
- I will commit to sharing my story in whichever way feels most comfortable to me.
- I will seek out help (however I choose to define that) when I need it.

Grief support group

Do you or someone you know have an interest in participating in a grief support group?

Please contact Carole at CaroleR@JFReading.org or call 610-921-0624.

- When I'm having a hard grief day, I will be compassionate with myself and do my best to do self-care.
- As long as I'm not hurting myself or anyone else, I'll do grief however I please, thank you very much.

Soffer's handbook offers a compelling change from traditional views on grief, and I wish that it had been around when my mother died to guide me through my own grief process.

While I cannot go back in time, I can share Soffer's insights with you in this quote from her first book, "Modern Loss: Candid Conversations About Grief":

"We are imperfect people mourning imperfect people imperfectly. But these imperfections make us no less deserving of empathy and loving expressions of grief."

I invite everyone who is grieving the loss of a loved one to attend the JFS Grief Support Program with author Rebecca Soffer on Tuesday, Nov. 29, at noon at the JCC. Copies of "The Modern Loss Handbook" will be available for purchase.

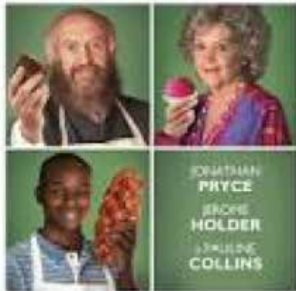
To learn more, contact me at CaroleR@JFReading.org or call 610-921-0624.

JFS MOVIE MONDAY

Join us for a movie of Jewish interest and popcorn on the 4th Monday of the month at 1 p.m. at the JCC. Call Brenda at 610-921-0624 to reserve your seat; walk-ins are welcome if seating is available.

“DOUGH: Definitely Not Kosher,”
Monday, Oct. 24, 1 p.m.

Jonathan Pryce and Pauline Collins star in this hilarious comedy. An old Jewish baker takes on a young Muslim apprentice to save his failing kosher bakery. When his apprentice's marijuana stash accidentally falls in the mixing dough, the challah starts flying off the shelves! "Dough" is a warmhearted story about overcoming prejudice and finding redemption in unexpected places. (94 min.)



Dough

Friendship Circle fun



Hallie Vaughan, center, at a JCC Friendship Circle program she presented on women inventors. With her, from left, are Louise Zeidman, Claire Bram, Hallie Vaughan, Mae Levy and Tootie Moyer.



Friendship Circle participants gather for a program on this summer's Momentum trip to Israel by women in the local Jewish community. Front row, from left, Mae Levy, Tootie Moyer and Mariette Jacobson. Middle row, from left, Berna Sherman, Louise Zeidman and Sylvia Wenger. Back row, Lila Shapiro and Robert Schneier.

Our volunteers working to feed community's hungry



Karen Kabakoff packs items at Jewish Family Service's Olivet Food Pantry.

The Jewish Family Service Olivet Food Pantry on Sept. 7 served 240 households. The JFS SDA Food Pantry on Sept. 13 served 137 households.

Thank you to our September pantry volunteers: Ellen and Paul Schwartz, Mary Neville, Jennie Reilly, Pete Jacobson, Yvonne Wittels, Annette Peppard, Oleg Umanov, Raymond Gehring, Cindy Balchunas, John Incledon, Sid Lempiner, Mike Schein, Margo Levin, Jeanine Levy, and Sam, Karen, and Myron Kabakoff.

Friendship Circle October programs

Friendship Circle is held on the first and third Thursdays of each month at 1 p.m. at the JCC. An optional lunch is served, followed by an entertaining or educational program or holiday celebration.

Programs are free; optional lunch is \$7. Contact Carole at 610-921-0624 to make lunch reservations.



Thursday, Oct. 6 - Meet Ziv Laskin, our new Shaliach

Come greet Ziv, our community representative of Israel for the next two years. Ziv will introduce himself and share his background.

Thursday, Oct. 20 - Let's play "The Holigame, a Celebration of Jewish Holidays"

Travel through a year of Jewish holidays and traditions as we have fun playing "The Holigame. Prizes for every participant!

JFS TRANSPORTATION SYSTEM

This program provides transportation to members of the Jewish community, age 60 and over or those with disabilities, who have no other way of getting around. It allows participants to retain their independence and keeps them from becoming homebound and isolated. It can be used for medical appointments, synagogue attendance, shopping and other errands.

It is easy to participate. Purchase a book of 25 taxi tickets from the Federation at a cost of \$25. Each coupon is worth \$3. The phone number for Reading Metro Taxi is printed on the ticket book. Call the company and arrange your ride. At the end of the ride, sign your coupon(s) before giving them to the driver. Tipping is left to the passenger's discretion. The coupon does not include the cost of tipping.

This program is subsidized by the Jewish Federation of Reading/Berks

Page 12 Best wishes for a Happy, Healthy & Peaceful New Year Gerber, Tomlinson & Kwas Families	SHALOM New Year blessings to all. Joel & Marsha Adelman May you have a sweet & prosperous New Year. Amanda & Jason Hornberger	October 2022 Best wishes for a Happy, Healthy & Peaceful New Year Michele, Ben, Leah & Adam Leisawitz
Best wishes for a Happy, Healthy & Peaceful New Year From the Sileski Family	New Year blessings to all. Bob & Beth Caster May you have a sweet & prosperous New Year. Ellen & Don Abramson	Best wishes for a Happy, Healthy & Peaceful New Year Andy & Corinne Wernick
Best wishes for a Happy, Healthy & Peaceful New Year Richard & Kathleen Roeberg	New Year blessings to all. Jake & Ellen Azrael May you have a sweet & prosperous New Year. Jackye & Jim Barrer	Best wishes for a Happy, Healthy & Peaceful New Year Sheila & Jeff Bornstein
Best wishes for a Happy, Healthy & Peaceful New Year Andy & Laurie Waxler	New Year blessings to all. Richard & Susan D'Angelo May you have a sweet & prosperous New Year. Barbara Bender	Best wishes for a Happy, Healthy & Peaceful New Year Shirley K. Boscov
Best wishes for a Happy, Healthy & Peaceful New Year Anneliese Bateman	New Year blessings to all. Russ & Jeri Diesinger May you have a sweet & prosperous New Year. Sue & Mel Blum	Best wishes for a Happy, Healthy & Peaceful New Year Dr. Harriet Comite, Alan Geltman & Family



Best wishes for a
Happy, Healthy &
Peaceful New Year

**Lee Berger, Amy White Berger
and Luke Berger**



New Year blessings to all.

**Jack & Teri
Lefkowitz**



Best wishes for a
Happy, Healthy &
Peaceful New Year

Fran & Larry Gross



Best wishes for a
Happy, Healthy &
Peaceful New Year

Esther & Sidney Bratt



New Year blessings to all.

**Bernie & Toby
Mendelsohn**



Best wishes for a
Happy, Healthy &
Peaceful New Year

Nancy J. Knoblauch



Best wishes for a
Happy, Healthy &
Peaceful New Year

Gaye & Glenn Corbin



New Year blessings to all.

**Doris & Elliott
Leisawitz**



Best wishes for a
Happy, Healthy &
Peaceful New Year

Rabbi Yosef & Chana Lipsker



Best wishes for a
Happy, Healthy &
Peaceful New Year

Cheryl & Eric Farber



New Year blessings to all.

George Weiss



Best wishes for a
Happy, Healthy &
Peaceful New Year

Meir & Haia Mazuz



Best wishes for a
Happy, Healthy &
Peaceful New Year

Kalmen & Margaret Feinberg



New Year blessings to all.

Norman Wilikofsky



Best wishes for a
Happy, Healthy &
Peaceful New Year

**Gordon & Carol
Perlmutter**



May you have a sweet
& prosperous New Year.

Phyllis Jacoby



Best wishes for a
Happy, Healthy &
Peaceful New Year

The Flamholz Family



May you have a sweet
& prosperous New Year.

Carrie & Stephen
Latman



May you have a sweet
& prosperous New Year.

Naomi & Alex Knoll



Best wishes for a
Happy, Healthy &
Peaceful New Year

Judy & Jim Schwank



Best wishes for a
Happy, Healthy &
Peaceful New Year

Lynn & Dick Gordon



May you have a sweet
& prosperous New Year.

Eileen Kope
and Family



May you have a sweet
& prosperous New Year.

Rochelle Mann



Best wishes for a
Happy, Healthy &
Peaceful New Year

Lila & Jannine Shapiro
and Family



Best wishes for a
Happy, Healthy &
Peaceful New Year

Marty & Karen Jacobson



May you have a sweet
& prosperous New Year.

Sandee & Neal Nevitt



May you have a sweet
& prosperous New Year.

Sue Wachs



Best wishes for a
Happy, Healthy &
Peaceful New Year

Rosalye L. Yashek
and Family



Best wishes for a
Happy, Healthy &
Peaceful New Year

Robin Costenbader-Jacobson
& Melvyn Jacobson



May you have a sweet
& prosperous New Year.

Louise Zeidman
and Family



May you have a sweet
& prosperous New Year.

Andi Watkins
& Jeff Sternlieb



Best wishes for a
Happy, Healthy &
Peaceful New Year

The Reyner Family



Best wishes for a
Happy, Healthy &
Peaceful New Year

Myron & Karen Kabakoff



Best wishes for a
Happy, Healthy &
Peaceful New Year

Jodi, Lee, Rachel & Danielle
Radosh



Best wishes for a
Happy, Healthy &
Peaceful New Year

Linda & Mickey Roeberg



Best wishes for a
Happy, Healthy &
Peaceful New Year

Barbara & Seth Rosenzweig



Best wishes for a
Happy, Healthy &
Peaceful New Year

Judith Kraines & Neil Hoffman



Best wishes for a
Happy, Healthy &
Peaceful New Year

Judith & Don Karabelnik



Best wishes for a
Happy, Healthy &
Peaceful New Year

The entire Rotenberg Family



Best wishes for a
Happy, Healthy &
Peaceful New Year

Alan & Susan Weisberg
and Family



Best wishes for a
Happy, Healthy &
Peaceful New Year

Fred & Julie Singer



Best wishes for a
Happy, Healthy &
Peaceful New Year

Carol & Bernie Gerber
Cindy, Rick and Zach Tomlinson
Julie, Rich, Alex and James Kwas



Best wishes for a
Happy, Healthy &
Peaceful New Year

Mark, Tracy,
Harry, Max and Sam Weiss



Best wishes for a
Happy, Healthy &
Peaceful New Year

Yvonne & Rob Oppenheimer

Challah in the Round

The round challah of Rosh Hashanah represents many things: wholeness, the round cycle of the year, and a full new year and its blessings.

Ingredients

To make two (egg-free!) round challah breads you'll need:

- 1½ Tablespoons yeast
- 2½ cups warm water
- 1 teaspoon, plus ½ cup sugar
- ½ cup vegetable oil
- 1 Tablespoon salt
- 8 cups flour
- 1 cup raisins (optional)

Directions

Dissolve the yeast in the water with 1 teaspoon of sugar. Whisk the mixture together, then add the oil, salt, and remaining sugar. Add the flour gradually, mixing well and then working it in with your hands. Take turns kneading as a family for about 10-15 minutes, until the dough is smooth and elastic. Work in the raisins (optional). Cover the bowl with a towel and leave it in the refrigerator overnight. The next morning, let the dough warm to room temperature, then punch it down and separate into two portions.



Image credit of pjllibrary.org/roshhashanah

Braid a Round Challah

Challah is usually shaped in a simple long braid, but you can turn any challah recipe into a Rosh Hashanah recipe by braiding it in the round.

- When you reach the braiding stage, shape the dough into six strands of equal length.
- Lay three strands horizontally on a floured surface, then weave the other three strands into them vertically. Lift the bottom strands as needed to weave the top strands in. The ends of the strands will stick out.
- Now braid the ends together on all four sides. Gently tuck the braided edges underneath the middle section. Repeat steps 1 through 3 to create your second loaf.
- Grease two round baking tins and transfer your loaves into them. Let the dough rise for another hour, then bake at 350 degrees for 20–25 minutes or until golden brown. If desired, glaze with a mixture of warm honey and a drop of water





Rosh Hashanah Candy Apple Pops



What you'll need:

- Apple slicer
- Lollipop sticks
- Apples
- Dips (melted chocolate, frosting, honey, caramel sauce)
- Toppings (Honey O's cereal, M&Ms, sprinkles, shredded coconut, cookie crumbles, chocolate chips)

Directions:

1. Slice an apple into six wedges – don't forget to cut out the core! Use an apple slicer if you've got one to make this part go faster.
2. Poke a lollipop stick into the base of an apple wedge. Now you've got the basis of your pop.
3. Dip the apple pop into one of your dips like chocolate, honey, or frosting.
4. Sprinkle the toppings on to the dipped apple.
5. Make a plate full with different dip / topping combinations and enjoy!





High Holidays 2022/5783

Services are again being held at:
Wyomissing Church of the Brethren
2200 State Hill Road
Wyomissing, PA 19610
In person and Zoom

Rosh Hashanah

Erev Rosh Hashanah
Sunday, September 25, 2022

- Evening Service 6:30 p.m

Rosh Hashanah Day 1
Monday, September 26, 2022

- Morning Service 9:00 a.m.
 - Kiddush to follow
- Tashlich 5:30 p.m.
 - at Reading Public Museum
 - Mincha to follow

Rosh Hashanah Day 2
Tuesday, September 27, 2022

- Morning Service 9:00 a.m.
 - Kiddush to follow

Kever Avot
Sunday, October 2, 2022

- Service 10:30AM
- at Keshet Zion Cemetery

Yom Kippur

Erev Yom Kippur
Tuesday, October 4, 2022

- Mincha 6:00 p.m.
- Kol Nidre 6:30 p.m.

Yom Kippur
Wednesday, October 5, 2022

- Morning Service 9:00 a.m.
- Yizkor 11:30 a.m.
- Mincha 5:15 p.m.
- Neilah 6:15 p.m.
- Shofar/Yom Kippur ends 7:20 p.m.
 - Maariv & Havdalah to follow





REFORM CONGREGATION **OHEB SHOLOM**

Schedule of High Holiday & Festival Services, 2022-5783
Outside services are weather permitting.

Selichot (Official start of the Holidays)
Date: Saturday, September 17, 2022
◆ Documentary: "Breaking Bread"
Followed by desserts and discussion.
Time: 8:00 pm
◆ Joint Selichot Service w/ Keshet Zion
Time: 10:00 pm

Erev Rosh Hashanah
Erev Rosh Hashanah Service
Date: Sunday, September 25, 2022
Time: 8:00 pm
◆ Oneg to follow service

Rosh Hashanah Day Services
Date: Monday, September 26, 2022
◆ RH Morning Service at 10:00 am
◆ RH Family Service at 4 pm
◆ RH Shofar Service at 5 pm (outside)
◆ Joint Tashlich Service with KZ at the Reading Public Museum at 5:30 pm (outside)

Shabbat Shuvah
Date: Friday, September 30, 2022
Time: 7:45pm

Annual Cemetery Service
Date: Sunday, October 2, 2022
Time: 1:00 pm at Mt. Sinai Cemetery

Yom Kippur
Kol Nidre Service
Date: Tuesday, October 4, 2022
Time: 8:00 pm

Yom Kippur Day Services
Date: Wednesday, October 5, 2022
◆ Morning Service at 10:00 am
◆ Family Service at 1:30 pm
◆ Afternoon Service at 3 pm
◆ Yizkor/Memorial Service at 4:30pm
◆ N'ilah Service at 5:15 pm

Sukkot
◆ Sukkah Decorating & Service
Date: Sunday, October 9, 2022
Decorating Time: 6:00 pm
Service Time: 7:00 pm (outside)

◆ Service & Dinner in the Sukkah
Date: Friday, October 14, 2022
Time: 6:00 pm

◆ Tot Shabbat on the Farm
Date: Saturday, October 15, 2022
Time: 10:00 am
Location: TBA

Shemini Atzeret – Simchat Torah
◆ Simchat Torah/Consecration Service
Date: Sunday, October 16, 2022
Time: 7:00 pm



555 WARWICK DRIVE, WYOMISSING, PA 19610
PHONE: 610.375.6034 FAX: 610.375.6036
E-MAIL: temple.office@ohesholom.org WEB SITE: www.ohesholom.org



HIGH HOLIDAY SERVICES

5783-2022

ROSH HASHANAH
Sunday, September 25

Mincha Service 6:30 PM
Light candles at 6:38 PM
Ma'ariv Service..... 7:00 PM

Monday, September 26

Shacharit Service 9:00 AM
Children's Program 10:30AM
Shofar Service 11:00 AM
Kiddush following Services at approx. 12:30 PM
Mincha Service 1:30 PM
Tashlich Service..... 2:00 PM
Ma'ariv Service..... 7:30 PM
Light candles after 7:34 PM

Tuesday, September 27

Shacharit Service 9:00 AM
Children's Program 10:30AM
Torah Reading 10:30 AM
Shofar Service 11:00 AM
Kiddush following Services at approx. 12:30 PM
Mincha Service 7:00 PM
Ma'ariv Service..... 7:30 PM
Yom Tov Ends 7:33 PM

YOM KIPPUR
Tuesday, October 4

Light candles at 6:23 PM
Kol Nidrei 7:00 PM
*Candles may be lit at the synagogue for your convenience.

Wednesday, October 5

Shacharit Service 9:00 AM
Children's Program 11:00 AM
Yizkor 11:30 AM
Mincha Service 5:15 PM
Neilah 6:15 PM
Yom Kippur Ends 7:19 PM
Break Fast at Synagogue

Services will be held at the
Chabad Center
2320 Hampden Boulevard
Reading, PA 19604

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Group issues call to action against antisemitism

American Jewish Committee

The American Jewish Committee is calling for increased efforts to combat antisemitism in America in response to a survey that shows 90% of Jewish respondents have noticed a resurgence in anti-Jewish hatred in the United States. The survey found 4 in 10 American Jews reported changing their behavior at least once out of fear of antisemitism.

The survey prompted the AJC to issue "A Call to Action Against Antisemitism: A Society-Wide Nonpartisan Guide for America."

The group is asking supporters to call on the White House to convene a summit specifically addressing antisemitism.

The FBI is expected to release its annual Hate Crime Statistics Report in November, said Holly Huffnagle, the AJC's U.S. director for combating antisemitism, and the organization will renew its calls for action at that time.

"Antisemitism is often the beginning of something maybe worse for our society," Huffnagle told *The Washington Times* after the call for action's release in September. "Usually, you're seeing a decline in democratic values in pluralism and these other things that affect all of us," she added, asserting antisemitism is "not just a Jewish

problem, but a societal one."

She said the action agenda's release was overdue.

"This probably should have been issued or released a year ago," Huffnagle told the *Times*. She added that there was "a holistic societal need for something like this, that really hits specific targeted audiences."

The action plan offers suggestions for the Biden administration, Congress, state and local governments, law enforcement, social media companies, the news media, corporations, partners and educational institutions.

Among the requests for the Biden administration were for the federal departments of state, education and justice to each sign on to the International Holocaust Remembrance Alliance's Working Definition of Antisemitism, which says it is "a certain perception of Jews" that may find expression "as hatred toward Jews" manifested in "rhetorical and physical" actions.

The AJC also wants a federal plan to address "the propagation of extremist ideologies in public institutions, such as prisons and law enforcement units," according to its call for action.

The group also asked the administration to support legislative



efforts to reform the Communications Decency Act's Section 230 to hold social media companies liable for content on their platforms.

"What we're seeing now, unfortunately, is state-by-state [efforts] almost trying to regulate the internet. We stand behind bipartisan legislation for Section 230 reforms, where social media company platforms would be liable if their algorithms are proven to promote dangerous content," Huffnagle said in her *Washington Times* interview.

In the AJC's call to action, news media organizations are urged to

"recognize the difference between criticism of Israel and antisemitism," saying, "a great deal of antisemitism is cloaked under the guise of criticism of Israel."

And educational institutions should make "clear and unwavering statements condemning antisemitism" when incidents occur at their schools as well as offer "a clear and transparent mechanism" for students to report incidents. The AJC made similar suggestions for corporations and businesses interested in combatting antisemitism.

JFS hospital and outpatient visits

By Carole Robinson
and Sari Incledon

Jewish Family Service social workers visit Jewish patients at local hospitals, senior communities, nursing homes and rehab centers. Our goal in

these visits is both to be friendly and supportive at a difficult time, and to provide social services that supplement and complement the case managers at these locations.

If you or a loved one is at a local

hospital or nursing home and would like a visit, please call us. If you or a loved one are treated at a hospital out of our area we are also available for follow-up visits upon discharge.

At times of ill health, stress or crisis,

families are often looking for information about home care, transportation services, senior communities, nursing homes and rehabs. This is what we're here for. Please call Jewish Family Service social workers for help at 610-921-0624.

10/21

Pink Challah Bake

Join us for a challah making experience with a twist
in honor of Breast Cancer Awareness Month

SUNDAY, OCTOBER 23 · 2.30PM
At Chabad - 2320 Hampden Blvd

*Hear from a breast cancer survivor
and a medical professional*

\$18
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Group aids Rosh Hashanah observance in Ukraine

Joint Distribution Committee

The American Jewish Joint Distribution Committee (JDC) worked to ensure that thousands of Ukrainian Jews, including internally displaced people and refugees in bordering countries, were able to celebrate Rosh Hashanah.

The global Jewish humanitarian organization, a partner of Jewish Federations of North America, organized hundreds of special holiday events and cultural offerings as well as distributing holiday aid packages of food and traditional holiday items like apples and honey to thousands of poor, elderly Jews.

This annual tradition across the former Soviet Union is made possible by JDC through its partners: the Jewish Federations, Claims Conference, and the International Fellowship of Christians and Jews.

“As we prepare to celebrate Rosh Hashanah, our extended Ukrainian Jewish family is at the heart of our prayers for a sweet and peaceful New Year, JDC CEO Ariel Zwang said in early September. “Through the aid packages we will deliver, and the hundreds of festive events we will hold, we are not just saving lives, but affirming life for the coming year and future generations,” said JDC CEO Ariel Zwang. “These blessings of care and community are central to our crisis response and guide our unflagging commitment to Ukrainian Jews and Jewish communities, in both good times and bad.”

As JDC leverages its long-standing and vast care network and partnerships with local Jewish communities in Ukraine, Poland, and Moldova, Ukrainian Jews were given access to hundreds of JDC-sponsored virtual and in-person events before and during Rosh Hashanah.

This network — including Hesed social service centers, Jewish Community Centers, and legions of local Jewish community volunteers — has also been central to JDC’s crisis response, which today supports more than 35,000 needy Jews in Ukraine and more than 4,000 Jewish refugees in Europe.

In the cities of Poltava, Kharkiv, Ternopil, and Kyiv, internally displaced Jewish families were treated to special Rosh Hashanah festivities, concerts, lectures, and excursions, along with members of the wider local communities. Odesa’s elderly Jews were granted the opportunity to tune into online concerts performed by local children, while in Mykolayiv, participants of Active Jewish Teens, JDC’s youth network powered in partnership with Genesis Philanthropy Group and BBYO, were invited to partake in a special “Torah Party.” Meanwhile, the community of Sumy, Ukraine scheduled a series of festive meals for its members of all ages.

Special holiday programming was also to be offered to those Ukrainian refugees who are celebrating Rosh Hashanah elsewhere in Europe, providing them a sense of joy, normalcy, and community during this especially turbulent time.

In Warsaw, in addition to a Rosh Hashanah dinner, refugees could attend a cooking class to make a traditional apple tart, and a ceramic class to make honey pots.

Meanwhile, Jewish refugees and community members in Kishinev, Moldova, had the opportunity to celebrate the holidays with culinary classes tailored for children, teens, and families, and special in-person and virtual lecture opportunities for elderly community members.

The majority of Ukraine’s vibrant



200,000-person Jewish community has remained in the country throughout the conflict with Russia, with many returning after fleeing to neighboring countries.

JDC, which has worked in Ukraine and across the former Soviet Union since the 1990’s, cares for tens of

JDC has leveraged this experience to deploy a full-scale emergency response effort to the current crisis that’s provided more than 600 tons of humanitarian aid and provided life-saving services to tens of thousands of people in Ukraine and refugees in border countries.

All Around the Town

Mazel tov to **Diane and Kurt Hollis** on the marriage of their daughter Rachel Eidson to Jared Glosser.

Mazel tov to **Dr. and Mrs. Benjamin Schlechter** on the birth of their granddaughter.

Mazel tov to **Anneliese Bateman** on the birth of her great grandson Giorgio

Amadeus to her granddaughter Casey and husband Dewey Nelson.

Mazel tov to **Anneliese Bateman** on the birth of her great grandson Jasek to her grandson Gary Atkins and his wife Amanda.

Send good news to Marknem@aol.com or call 610-921-0624.

Until next time: Shalom!

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Chabad's Annual

SUSHI
IN THE SUKKAH



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5.30PM
At Chabad
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FOR MORE INFO PLEASE
CONTACT CHANA AT 610-334-1577

This month's dates: Oct. 23 & 30

Israeli firm develops promising gum disease treatment

Israel21c.org

Israeli startup BioChange has developed a tissue regeneration technology called ReGum that has been shown effective in helping to heal gum disease (periodontitis) in dogs.

ReGum is now commercially available for veterinary use and reportedly is the only product of its kind. A formulation for humans is expected within a few years.

ReGum is a unique scaffold implant that triggers a mechanism of repair and regeneration by the patient's own cells at the injection site.

The scaffold is based on natural biomaterials designed for standard injection or minimally invasive surgical placement. Over time, the scaffold biologically degrades, leaving behind only autologous, regenerated, healthy tissue.

The product's success at regenerating gum and bone tissues in nine dogs with naturally occurring periodontitis was reported in the journal *Frontiers in Veterinary Science* in June by veterinarian Dr. Ana Nemec of the University of Ljubljana in Slovenia, Dr. Jerzy Pawel Gawor of Poland and Peter Strøm of Denmark.

In the study, ReGum was found to be effective and safe with no side effects. The authors noted that it "significantly improved" results from the standard treatment, which is open periodontal therapy.

"Therefore, the use of this implant can be recommended in addition to open periodontal therapy in dogs with advanced periodontitis, considering the careful selection of the patients and teeth that will truly benefit from the treatment. This implant is not only effective and safe but also easy to handle and with a long

shelf life," they concluded, calling for further studies to be done.

Ishay Attar, BioChange's founder and CEO, said, "Dr. Nemec's research began as an important exploration of our regenerative scaffold technology platform and eventually led to remarkable results specifically in periodontal tissue repair."

Periodontal diseases are mainly the result of chronic infections and inflammation of the gums that surround and support the teeth.

In its early stage, called gingivitis, the gums are swollen and red. The more progressive form, periodontitis, causes the gum to pull away from the teeth. The teeth may loosen and fall out, and there can also be bone loss. This degenerative gum disease may even be linked to cardiovascular disease.

Attar, a serial entrepreneur, founded BioChange in 2017 with the vision of restoring body functions and tissues lost with age and degeneration. In the company's first phase, it developed and brought to market a veterinary product addressing urinary incontinence.

Gum disease was a natural target for the platform technology because it's so common, affecting pets and 40 percent of adult humans.

Current treatments for advanced periodontitis in humans include surgery to reduce the "pocket" between gums and teeth; soft tissue grafts or bone grafts; guided tissue regeneration using a biocompatible fabric placed between the existing bone and the tooth; and tissue-stimulating protein gels applied to the diseased root.

The dog study was intended to evaluate the safety and efficacy of the BioChange scaffold technology for the treatment of periodontitis in dogs in a

clinical setting.

"For vets treating man's best friend, the implant is easy to use and handle, and the procedure hardly takes any longer than the standard periodontal debridement treatment alone," said Attar.

Several other products are in BioChange's pipeline, in development in cooperation with other companies and research institutes internationally, he added.

"The company is now selling products in the veterinary and research markets and is committed to beginning its first clinical study in aesthetic dermatology in 2023," he said.

Attar, a Technion graduate, previously founded four other medical technology companies including OutSense, which is developing a toilet sensor to transform colorectal cancer screening; and LifeBond, which was acquired in 2020.

Reform Congregation Oheb Sholom
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SUKKOT SERVICE & DINNER



FRI., OCT. 14TH
SERVICE AT 6PM

Join us for dinner in the parking lot for baked & fried chicken, side salads, fruit and dessert. In case of inclement weather, dinner will be held in the Social Hall. Dinner immediately following the service.

Yes! I want to attend the dinner after the Shabbat service.
\$5 Per Person. RSVP by Friday, 10/7 at OhebSholom.org or return this RSVP form with your check to the Temple office
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Attendees Name(s): _____

Phone: Email: _____

Number Attending _____ x \$5 = \$ _____



Pumpkin Babka Cooking Class

SUNDAY, NOVEMBER 13, 5.00PM

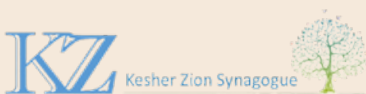
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HIAS Pennsylvania has been helping immigrants & refugees with social, legal, and citizenship needs since 1882.

Our Keshet Zion Social Action Committee is collecting donations of household goods to assist refugees settling in Philadelphia from the war in Ukraine, from Afghanistan, and from anywhere in the world where people come to the US in search of safety.

Examples of Accepted Items:

for the entire list, please email kzsecretary@entermail.net or visit www.keshetzion.org/hiasdonationdrive

- | | |
|--------------------------------------|------------------------|
| ✓ Shower curtains, liners, hooks | ✓ Sauce and stock pots |
| ✓ Twin/full sheets | ✓ Fry pans |
| ✓ Twin/full comforters | ✓ Cooking utensils |
| ✓ Blankets | ✓ Mixing bowls |
| ✓ Twin/full mattress pads – NEW ONLY | ✓ Dish sets |
| ✓ Pillows – NEW ONLY | ✓ Flatware |

Please drop off donations at:

Keshet Zion Synagogue
555 Warwick Drive
Wyomissing, PA 19610

Monday–Friday 10am–3pm

Sept 1–Oct 31, 2022

For after hours, call the synagogue at
610–374–1763 to make an appointment

Online registry also available!

For registry link:

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kzsecretary@entermail.net

or visit

www.keshetzion.org/hiasdonationdrive



The best things in Jerusalem are free

Israel21c.org

The best things in life are free, right? Well, that certainly holds true when it comes to Jerusalem. The city is packed with amazing sights and experiences that can be had without spending one little bit.

The Old City

This is worthy of an article or 10 of its own, but we'd just like to point out that all of its highlights can be enjoyed and revered for free. We're thinking sites such as the Western Wall, the Temple Mount, the Church of the Holy Sepulchre, as well as buzzing markets, craft workshops and street food.

Teddy Park

This is located just outside the Old City walls and offers a refreshing and lighthearted experience after the intensity of all the above's grand sites. At the heart of the park is a fabulous water fountain that every few hours spews tall jets of water from the ground, in the evening accompanied by a light-and-sound show. It's a rare meeting place for all segments of Jerusalem society.

The Knesset

Israel's parliament is one of Jerusalem's landmark buildings. You can enter for free and enjoy a guided tour in a wide range of languages. The building features gorgeous artwork, mosaics and tapestries. Dress appropriately, as guests over the age of 14 are required to forgo items such as crop tops and sweatpants.

Supreme Court of Israel

Not far from the Knesset is the Supreme Court of Israel, which offers fantastic free tours. Visitors get to hear all about the thoughtful and inspiring architecture of the building and take a peek at court cases going on. Individuals need not pre-book their English-language tour, but groups of 10 or more are

required to coordinate their visit.

Wohl Rose Garden

Located between the Knesset and the Supreme Court, the Wohl Rose Garden is an elegant park with hundreds of varieties of roses. The garden has for decades been a favorite among locals for a variety of occasions, ranging from birthday parties and picnics to demonstrations in front of the legislature. It makes for a very pleasant and quiet walk, and is the nicest way to get from the Knesset to the Supreme Court or vice versa.

Jerusalem Bird Observatory

Still in the vicinity of the above sites, the Jerusalem Bird Observatory is a wonderful urban wildlife spot where you can catch sight of local birds and, in season, migrating ones, and marvel at their beauty and diversity. The pros recommend getting there in the early morning for the best birdwatching, and we recommend bringing a sweater with you — early morning in Jerusalem is a chilly affair, even in summer!

Yad Vashem

This is a must-stop site. Its Holocaust History Museum and grounds offers a remarkable way to learn about the Shoah and its victims through various exhibitions, artifacts, video art, film and its famous Hall of Remembrance. Note that entrance to the museum must be reserved in advance and is permitted from the age of 10 and above (bar babies in strollers or carriers).

Mount Herzl

A cemetery might seem like an odd choice for a top stop to visit, but Mount Herzl is definitely an exception. The largest military cemetery in the country and the burial ground of the country's greatest statesmen, it provides an essential piece of history without which

Israel cannot be understood. It's also a beautifully kept and serene site, though best avoided in the midday summer sun.

Gazelle Valley

Another example of amazing urban wildlife can be found at Gazelle Valley toward the city's south. The park is home to a herd of mountain gazelles that serves as a breeding population meant to reintroduce the endangered species back into the wild. There are 500 species of plants, a lake, ponds, birds and even tortoises housed in their very own shelter. Entrance is restricted to daylight hours, and dogs aren't allowed inside.

Montefiore Windmill

The 19th century Montefiore Windmill symbolizes the beginning of modern-day Jerusalem, when its residents began moving outside of the ancient Old City walls. The restored windmill houses a permanent exhibition, and the large plaza boasts one of the best views in the entire city. Situated at the entryway to the beautiful Yemin Moshe neighborhood, this is a great place for an afternoon or early evening stroll.

Skate park

Located at the Liberty Bell Park just across the road from the above windmill, the skate park is a hub of activity for kids, teens and families. It caters to beginners and more advanced skaters, and has room to seat their admirers.

Ein Karem neighborhood

This neighborhood on the outskirts of the city is definitely one of its finest. It is picturesque, village-like and home to gorgeous homes, valleys, views and important Christian landmarks such as the Church of the Visitation — not to mention a famous chocolate and ice cream shop. Bear in mind that a walk across the neighborhood involves a lot of uphill and stairs, and that it's better to dress respect-

fully to enter religious sites. Avoid the area on Saturdays, when its open restaurants (a rarity in Jerusalem) mean that it's absolutely packed.

First Station

This complex, formerly the site of Jerusalem's old train service, has become one of the city's leading leisure areas and home to restaurants, craft kiosks and ice cream parlors. But on the free side of things, it hosts cultural events such as Kabbalat Shabbat ceremonies, yoga and Pilates lessons, shows and free movies on summer nights by students from Maaleh Film School. It's a great place to bring little ones with their bikes, as they can freely roam around without danger of making it to the road.

Train Track Park

This is unique and particularly visitor-friendly in that it hardly has any uphill — a rarity in the local hilly landscape. It runs along the old train tracks that used to connect Jerusalem to Jaffa and were laid in topography that minimized hard labor for the old-fashioned trains. But it's not only ease of walking that makes this park a great attraction — it encompasses numerous and varied neighborhoods and has historical plaques, little playgrounds and workout areas all along the way.

Sacher Park

For years, Sacher Park was somewhat of an eyesore — dirty, slightly dubious and not well-lit. But it is now one of the loveliest green spots in the city. The large (by Israeli standards) lawns and shady trees offer multiple picnic spots, while the winding paths are a popular running track. There's a café and kiosk, and the whole area is pleasantly lit in the evening. Public holidays make it pretty crowded and full of barbeque smoke, but midweek it's absolutely great.

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\$7 EACH CHALLA

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OCTOBER 30TH, 2022 @ 10:15AM

STONE HOUSE PARK

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WYOMISSING, PA 19610

TEAMS CONSIST OF 3-6 PEOPLE

REGISTRATION FEE: \$25.00/PER PERSON

FREE "KIDS RUN & TRICK OR TREAT DASH" (a 2nd loop around the pond with stops for Halloween treats!)

Costume Contest

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Grillin', salads, fruit, bagels, desserts and more

LET'S HELP SUPPORT OUR COMMUNITY BY JOINING IN ON THIS WONDERFUL CAUSE. HOPE TO SEE YOU ALL THERE!

To learn about Fitzzy's Run, visit <https://laurensfoundation.org/fitzys-run/>

To register, visit <https://www.pretzelcitysports.com/onlineform1.php?id=1194>

Please email kzsecretary@entermail.net for the current Keshet Zion team name!

For more information about KZ's participation, please contact Cindy Balchunas at crbalchunas@comcast.net or 610.334.0653

ALL MONIES RAISED GO TO LAUREN'S FOUNDATION.

About Lauren's Foundation

Lauren's Foundation is a 501(c)(3) non-profit that was created by the family of Lauren Fitzgerald, a life-long Berks County, PA resident who died in 2005 from complications related to a brain tumor that was diagnosed in 2004. The Foundation honors Lauren's memory by supporting local families through a variety of charitable funds that support high school seniors, families with seriously ill children, brain tumor research and organ donation awareness. A quote from American poet Maya Angelou, adopted by Lauren following her diagnosis, serves as the guiding principle for much of the Foundation's work.



Federation Honorial - Memorial Card Information

Please mail your payment with complete information to the Jewish Federation, PO Box 14925, Reading, PA 19612-4925 or bring to the Jewish Cultural Center, 1100 Berkshire Blvd, Suite 125, Wyomissing. You may set up a “**savings account**” for the purpose of sending cards. Please contact the Jewish Federation at 610-921-0624 for further information.

Contributions as of Sept. 19

Jewish Family Service

In memory of:

Meir Mazuz's mother — Louise Zeidman, Sari & John Incledon, Henry & Helene Singer

Rebecca Marion's husband, Mitchell — Corinne and Andy Wernick

Speedy recovery to:

Brenda Seidel — Angie & Ed Golden

Doris Levin Fund

In memory of:

Meir Mazuz's mother — Carole Robinson

Friendship Circle

In memory of:

Meir Mazuz's mother — Glenn & Gaye Corbin

Evelyn Thompson Preschool Fund

In memory of **Meir Mazuz's mother** — Beth & Bob Caster

In honor of **Eugene Shaefer's 75th birthday** — Beth & Bob Caster

In honor of **Irv and Arlene Erlich's grandson's bar mitzvah** — Beth & Bob Caster

Honorials and Memorials

Contributions may be made to the following Funds:

Federation Jewish Community Campaign

Jewish Family Service

Leo Camp Lecture Fund

JFS Food Bank

JFS Taxi Transportation Program

Holocaust Library & Resource Center

Doris Levin Fund

Sue B. Viener Memorial Fund for PJ Library

Harry & Rose Sack Fund

Evelyn Thompson Fund

Edwin and Alma '51 Lakin Holocaust Library and Resource Center

In memory of:

Helen Olga Comite, mother of Harriett Comite — Betty and Ken Sodomsky

Federation Jewish Community Campaign

In memory of:

Meir Mazuz's mother — Susan & Bill Weiser, Rob & Yvonne Oppenheimer, Margie & Alan Leisawitz

Peter Alexander — Judy Copeland

Ira Karlstein — Judy Copeland

In honor of:

Avital Segal, who made Aliyah, granddaughter of Betty and Ken Sodomsky and daughter of Dr. and Mrs. Barry Segal — Betty and Ken Sodomsky

Birth of granddaughter of Dr. and Mrs. Benjamin Schlechter — Betty and Ken Sodomsky

2022 Shalom Contributors

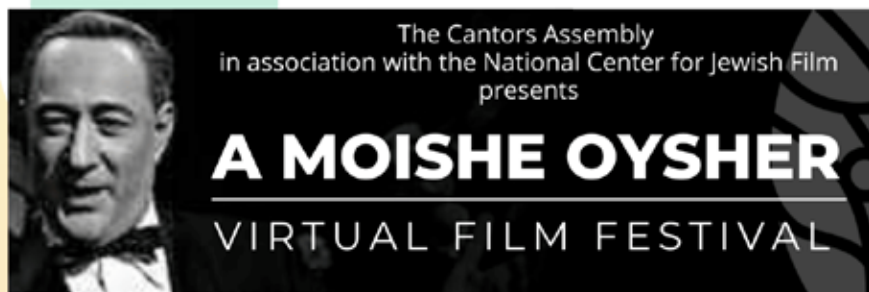
We wish to thank the following additional members of our community for their generous support of Shalom:

Jeff & Lynn Driben
Lee & Jodi Radosh

Kalmen & Margaret Feinberg
Reform Congregation Oheb Sholom

Robert & Yvonne Oppenheimer
Louise Zeidman

A FREE gift from the Cantors Assembly



Oct 2-3, 2022 OVERTURE TO GLORY

Sponsored by Hazzan Sam Weiss of Jewish Community Center of Paramus

Nov 6-7, 2022 THE SINGING BLACKSMITH

Sponsored by Yiddish Artists and Friends Actors Club

Dec 4-5, 2022 THE CANTOR'S SON

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Get to know Ziv!

**By Amanda Hornberger
Chief Operating Officer**

Our tweens and teens got a chance to meet our new Shaliach, Ziv Laskin, during his very first week in Reading. As part of their first event together Ziv taught them how to make pomegranate juice by hand! Check out the pictures of this fun activity!

During the meal they shared together, the tweens and teens had the chance to ask Ziv questions, and we've compiled the questions and answers here. Get to know about Ziv through the eyes of our youth!

What is your favorite thing to do in Jerusalem?
Eat hummus!

What do you have for street food in Israel?
Most popular are falafel, schwarma and hummus.

What is your favorite animal?
Dogs. But I don't have one.

What is your favorite board game?
I enjoy playing chess. Anyone interested in playing?

What is your favorite video game?
"Call of Duty" — the newest version

What is your favorite flavor of ice cream?
My favorite ice cream store in Israel is Golda. They have a special pretzel flavor which is my favorite.

Do you go to the Western Wall on Shabbat?

I don't live in Jerusalem so I don't go to the Western Wall on Shabbat. I typically only go during Selichot or when I'm in Jerusalem.

What is your favorite Jewish holiday?
Sukkot because I enjoy the sukkah. My whole family gathers together and all my cousins sleep together in the sukkah which I really love.

What is your favorite color?
Green

What is your favorite food?
Hummus. I also really enjoy kubbah, which is a meat-filled dough from Iraq that my mom makes every Friday.

What force were you in when you were in the IDF?
I spent one year in the Navy and two years in the Armored Corps tank unit.

Which was your favorite unit (see above)?
I like being in the water a lot so I enjoyed the Navy. But in the tank unit I was able to travel a lot and meet a lot of people so I preferred that.

Is it hot in Israel?
It's always 30 degrees Celsius. We have three-four months of "winter," but it's not the same as here.

When do you make pomegranate juice?
My family does it as a mitzvah for food for Rosh Hashanah. It takes about six hours to squeeze enough juice (about 20 liters) for the whole family. Every year it's a project that I do with my brother and dad.



Ziv Laskin leads local tweens and teens in making pomegranate juice for Rosh Hashana during a September event at the Wyomissing Hills Playground.



The Leader-Janeczek family

Family-owned, Family-involved

An editorial submission from G. Michael Leader, Chairman & CEO of Country Meadows Retirement Communities

Family-owned, family-involved. These four words characterize the Leader family's role in the senior living profession for more than 55 years. Country Meadows Retirement Communities was founded by my late parents, former Pennsylvania governor, George M. and Mary Jane Leader. And over 30 years later, it is still owned and managed by the second and third generations of our family. I like to say the profession is imbedded in our family genes.

So, you might say, "What's the big deal?" The deal is about quality and experience. My father used to say, "You pay a lot more attention to what's happening

and work harder when your name is attached to the business." And, I might add, because we love what we do.

We understand the critical success factors in senior living and know when something is missing. Unlike providers whose corporate leadership is headquartered in another state or even on the West Coast, our family lives and works in central Pennsylvania. We can drive to every campus easily and are at our campuses regularly throughout the month. With so many years of experience, along with regular exposure to what's happening through personal visits, we are better able to assess problems when they exist and start the process to fix them.

On behalf of my family, we hope we have the opportunity to serve your family.

Life gets better.®

Family is important to you.
And us.



Country Meadows is family owned and managed. We understand the value of taking care of families and have been serving seniors for over 30 years. We offer a full range of lifestyle options and fellowship on a vibrant campus. Our residents enjoy social hours, spiritual life programs, on-campus religious services and more each week and life every day.

Call today to learn more or to schedule a tour.

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