



SHALOM



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Water expert to be featured speaker at Albright College Leo Camp Lecture

By Amanda J. Hornberger

Water. A resource we all tend to take for granted. But for many in water scarce regions, water is a matter of life and death. Come learn about Israel's expertise in the field of water management from an expert in the field, Clive Lipchin, Ph.D., director of the Arava Institute's Center for Transboundary Water Management.

Dr. Lipchin will give the 37th annual Leo Camp Memorial Lecture at the Albright College Campus Center South Lounge on Thursday, Oct. 20, at 7:30 p.m.

He oversees research projects, workshops and conferences that focus on transboundary water and environmental problems facing Israel, Jordan and the Palestinian Authority.

Lipchin's expertise focuses on cross-border stream restoration and waste water management issues between Israel and the Palestinian Authority and on integrated food, energy and water systems for off-grid communities in Israel, Jordan and the Palestinian Authority and the developing world.

The lecture is titled "From Scarcity to Abundance — Israel's Experience with Water Management."



The Middle East is one of the world's most water scarce regions. It also has one of the world's fastest growing populations. This means water demand is fast outstripping water supply, and climate change impacts on water supplies is only going to make things worse.

Yet, despite this dire reality, Israel today has a water surplus and has successfully decoupled itself from the vagaries of diminishing freshwater supplies.

Those who attend the lecture will learn from Dr. Lipchin how Israel went from a water-scarce to a water-abundant country.

Specific government policies and economics that encourage the adoption of a water smart country and culture that encourages and supports innovation and conservation in water will also be discussed.

Finally, Dr. Lipchin will challenge the audience to consider whether this water technology can help create peace in the region.

Special thanks to the Camp family for sponsoring this annual lecture, in memory of Leo Camp, a beloved member of our community.

The lecture will begin at 7:30 p.m. on Thursday, Oct. 20 in the Campus Center South Lounge at Albright College.

If you have questions or need more information, please contact Amanda at amandah@jfreeding.org or call 610-921-0624.

Former Soviet youth succeeds thanks to Yemin Orde

Yemin Orde Youth Village graduate Sandro Golis, 26, grew up in the former Soviet Union.

He arrived in Israel in 2005 when he was 15 — alone and without family in Israel — as part of the "Naale" program, an Israeli government-sponsored program that encourages Jewish youth from abroad to study in Israel. Many of Yemin Orde's Russian-speaking youth arrived in Israel through the "Naale" program.

Sandro was immediately welcomed at Yemin Orde Youth Village, where he studied hard and participated in many recreational and extracurricular activities including swimming, learning to play the guitar and singing with the choir. The Village, through its educational methodology called, the Village Way, and its dedicated educators and professionals, provided Sandro with a supportive home environment, an excellent education and a safe haven where he could adjust to his new life in Israel.

After graduation in 2008, Sandro attended a one-year young men's



leadership program before serving in Israel's military. This gap year program offered him the opportunity to further strengthen his Israeli identity and academic skills as well as volunteer in his local community. Sandro served three years as a "lone soldier" in a combat unit of the Israel Defense Forces.

Sandro credits the emotional and academic support he received from the Village's staff and educators

for his successes as a young adult. "The supportive atmosphere at Yemin Orde helped me study and succeed while remaining in Israel, alone, without my family," Sandro said. "As a youth in Georgia, I studied at a Jewish school and had Zionist feelings about Israel. My mother supported me in the decision to come to Israel."

Sandro said the valuable life lessons he learned at Yemin Orde

are still a big part his life. "One of the most important things I learned at the Village is the ability to contribute to my surroundings wherever I may live. It is eight years since I graduated Yemin Orde and, during all those years, I still always find an organization near me and volunteer my free time. Tikkun Olam (social justice, charity) is a big part of me," Sandro said. "Yemin Orde taught me to be independent, to strive to reach my goals and to make good decisions. From the age of 15, I have lived alone in Israel. Yemin Orde showed me how to dream big things and have the strength to do all that I wish to achieve."

Sandro will soon complete his undergraduate degree in Computer Science from the prestigious Technion-Israel Institute of Technology. He works as a software engineering intern for an Israeli software development company. His family remains in Soviet Georgia.

Yemin Orde is supported by local dollars through the Jewish Federation of Reading's Israel Now campaign.



Insights, greetings and information for High Holidays

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2016 totals as of Sept. 16

Jewish Community Campaign \$373,453

*Includes transfers from Donor Advised Funds

From the President's Desk

Focusing on yesterday, today and tomorrow

By William D. Franklin
President

In the book recently read by our Israel book discussion group, "To Catch a Jew", Tuvia Tenebom cites a joke:

"A man was sitting outside a Tel Aviv café writing when a passer-by stopped by to ask him what he was writing about.

Writer: I am an author and I am writing a book about Israel.

Passer-by: This is a huge job. How long are you planning to stay in the country?

Writer: I landed yesterday and I'm flying back tomorrow.

Passer-by: You are going to write a book about a country after being in it for barely three days?

Writer: Yes

Passer-by: What is the title of the



book, if I may ask?

Writer: "Israel: Yesterday, Today and Tomorrow."

Like the history of Israel, our Federation can't be covered in three days, let alone three paragraphs.

As we approach our High Holidays, we reflect on our past, work on our present and plan and hope for our future. Last year (yesterday) we expanded our high school to include Better Together, an opportunity for our teens and seniors to learn together. We had more PJ Library events and participants, and added our Chevra. We started an Israel Book discussion group and restarted the Maimonides Society. JFR continued its support for the Lakin Preschool, Yemin Orde, Meir Panim and Jews in need here, in Israel and around the world. My thanks to our staff for their hard work and successes.

This year (today) we have three exciting and relevant speakers

coming. Dennis Ross will be here for our Leadership Dinner and a general community presentation. Dr. Clive Lipchin of Israel's Arava Institute is the Leo Camp lecturer, and Mark Weitzman of the Simon Wiesenthal Center will present at our Yashek lecture in March. We received a grant to expand Chevra activities and sponsor four bi-monthly Shabbat Dinners each hosted by young Jewish couples in our community. And our Chevra is planning a special Purim party. We are also in the initial stages of planning a 2017 mission to Israel. Our Reading Jewish Film Series has increased from five to eight films, three of which will include collaboration and discussion with our Hispanic, Afro-American and Muslim communities. We initiated a Marketing Committee to develop JFR's marketing plan and are organizing a Social Action committee to develop programs and materials to educate and advocate on issues important to the Reading Jewish

community, important to Israel and Jews around the world and develop programs to nurture local inter-faith relations. Volunteers are welcome!

For future years (tomorrow) we are organizing a Planning Committee to develop 1-3 year plans to insure growth and continuity of our Reading Jewish community. In addition, the Development Committee is working to increase our campaign over the next five years to eliminate our operating deficit and ensure that the funds resulting from past generous contributions are preserved for emergency situations and available for future generations.

We appreciate your support and welcome your ideas to provide new experiences which reinforce that it is wonderful to be a Jew and part of our Reading Jewish community.

Wishing you good health, happiness, peace and prosperity. Today and all through the year! L'shanah Tovah!

Struggling single mother finds solace in aid from Meir Panim

Rivka Aburus (pseudonym) credits Meir Panim with saving the lives of her family. A single mother with five children, one of whom has serious health issues, Aburus was unable to provide for even their basic needs.

"I credit Meir Panim for keeping us afloat," she said. "I don't want to imagine what would have happened

to us without their help."

Meir Panim, a charity working to combat poverty and hunger in Israel, runs food distribution networks and social service programs geared toward both children and adults. They work tirelessly to improve the day-to-day lives of struggling Israelis while providing education and training for

those who are able-bodied and still young enough to work. Meir Panim is supported by local dollars through the Jewish Federation of Reading's Israel Now program.

Aburus lives in the development town of Dimona, one of Meir Panim's most active locations. She explained that Meir Panim not only gives her food on a weekly basis to ensure that her family has enough to eat, but they also provide her children with clothing, shoes, winter coats, and new backpacks filled with school supplies at the end of each summer.

She pointed out that no one should underestimate the cost of these items. "Filling a school backpack is an impossibility with the money I have," she said. "Especially around the holidays, it is out of the question to supply my family with what is needed."

Aburus explained that she receives \$710 in child support each month. "Three months ago, I began a part-time job helping disabled people," she continued. "This brings in an additional \$410 a month. This is not nearly enough to maintain a family of six."

Aburus is part of Israel's shocking poverty statistics. The Israel National Insurance Institute recently publicized that 1.7 million Israelis, including two out of five children, live below the poverty line. "Meir Panim fills in the gaps in our daily lives," noted Aburus. "I bless them every day for their generosity to us and the many others that I know who rely on them for survival."

Aburus' brother has been



volunteering at Meir Panim's free restaurant-style soup kitchen for nearly as long as she has been receiving help. "My brother loves helping people, especially Meir Panim, who has helped my family so much," she said. "He goes regularly to clean their building, prepare and distribute food, and does anything that he can to help this great organization."

Meir Panim's services include the annual serving of 410,000 meals from their soup kitchens located throughout Israel; the delivery of 180,000 Meals-on-Wheels to the home-bound, disabled, and elderly; 100,000 hot and nourishing lunches through their Meals for Children program, and distribution of 5,300 prepaid food shopping cards before holidays.

"It would be impossible for me to continue without the help and care of Meir Panim," expressed Aburus. "I and my children are grateful every day for their incredible help."

Buying Antiques & Historical Collectibles

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Shabbat at Lakin Preschool

Lakin Presschool at Reform Congregation Oheb Sholom provides education with a Jewish emphasis.

Federation makes a difference, even when you can't see it

By Richard Nassau
Development Director



The Jewish Federation of Reading enriches lives. There are examples that are easy to recognize. Like when 200 of us gathered together

We don't experience the visible sigh of relief from a daughter when Jewish Family Service helps her navigate the health care system for her aging mother.

We're not in the room to see the smile on the preschooler's face when they open a PJ Library book and recognize the Chanukah candles that are just like theirs.

We aren't part of the class when two Jewish Community High School students discover they have more in common with each other than first thought, even if they do attend different schools.

We aren't nearby when a family rescued from anti-Semitism steps

onto Israeli soil for the first time.

A smile, a connection, a sigh, a step are amazing things. They are not isolated, uncommon experiences. They exist because of your support of Federation. They are experiences that happen every day in our community and around the world.

Since last Rosh Hashanah your donations have enriched hundreds of lives.

Our neediest have been fed thanks to your support of our Food Pantry.

Young people have had opportunities to make deeper connections with their heritage through experiences here and in

Israel.

Our elderly and disabled have received the care and transportation they need to thrive.

Widows have found the support they need to move forward.

None of this would have been possible without you. But there is always more to do.

As we begin a New Year, please consider giving generously to Federation's Community Campaign.

Your gift does make a difference. You enrich lives in ways that may not always be seen, but is always visible in a step or sigh or smile.

My warmest wishes for a happy and healthy New Year.

Argentinian comedy to be shown with Centro Hispano

By Amanda J. Hornberger

When planning a wedding, you are always told to prepare for something to go wrong on your big day. Something will go wrong (I'll tell you about my wedding band and the locked safe one day), but at the end of the day as long as you are married, that is all that matters. "My First Wedding," a comedy from Argentina, puts this advice to the test.

In "My First Wedding" ("Mi Primera Boda"), Jewish-born Adrián and Catholic-born Leonora have finally reached their wedding day. Instead of gracefully embracing matrimony, Adrián spends the hours

leading up to the ceremony trying to postpone it, not because he's got cold feet (or does he?), but because he's clumsily lost both his and his bride-to-be's sacred wedding rings. Disaster ensues in director Ariel Winograd's winning comedy about the politics of the proverbial "Big Day."

"My First Wedding" will be shown on Wednesday, Oct. 26, at 7 p.m. at FOX EAST, 4350 Perkiomen Avenue, Exeter Township (next to Boscov's East).

In honor of Hispanic Heritage Month and the film series' first Hispanic film, we are happy to announce a partnership with



Centro Hispano of Reading. A joint discussion, lead by a Hispanic priest and a rabbi will follow the

screening on Oct. 26.

The 2017 Reading Jewish Film Series is co-sponsored by the Rubin Educational Fund of the Jewish Federation of Reading and Fox Theatres. Admission is \$5 per film or \$30 for the series of eight films.

All films will be shown on Wednesday evenings at 7 p.m. at FOX EAST. Tickets can be purchased at the theater beginning at 6:30 p.m. the day of the screening, and series tickets can be bought at the JCC. Cash and checks are accepted.

Come out and enjoy this comedy and post-film discussion with our friends in the Hispanic community!

Federation joins community in mourning for Sue Viener

The Jewish Federation of Reading joins with our community in paying tribute to Sue Viener, who passed away in September at the age of 77. Sue was a leading supporter of the Federation, JCC and other local Jewish organizations. She spent more than 40 years on the JCC board and chaired all its committees. She was chairwoman of the

Federation women's campaign.

One of her greatest legacies for our community is the PJ Library program, which provides Jewish-themed books for local children at no charge. She and her husband, George, were instrumental in bringing PJ Library here through their leadership and generosity.

Sue was on the boards of Opportunity House, B'nai Brith House and Reform Congregation Oheb Sholom, where she led the Life of the Temple campaign.



Sue was living in Virginia at the time of her passing but was a longtime resident of Reading. She was a graduate of the University of Maryland and worked as a

nursery school teacher.

In addition to her husband, she is survived by her sons, Joseph and his wife Meryl Sanders of New York, and Adam and his wife Sara of Virginia. Other survivors include her six grandchildren and her sister Louise Brenner Nelson of Wilkes-Barre.

We extend our deepest condolences to her family at this difficult time and hope that they take comfort in knowing that each time a child opens a PJ Library book, her memory remains very much alive.

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We really want to hear from you

We are initiating a letters section with two purposes. One, to get your input on what we are doing well, or where you see unmet needs and opportunities and the need to do more.

We also want to support a "machloket", arguments or debates. An argument is defined as a reason or set of reasons given with the aim of reaching logical truths.

So please feel free to try to persuade our community by sending your letters, arguments and opinions to williamf@jfreeding.org or Haia - mazuzorchim@aol.com. Please limit your piece to 300 words.

We, the board of your Jewish Federation of Reading, promise to listen and act.

SHALOM

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Next deadline, Oct. 5

Shabbat B'yachad



The kids table, from left, Clair Farbiarz, Rose Leisawitz and Benjamin Farbiarz

In the new Shabbat B'yachad program, PJ Library/PJ Our Way families host other Jewish families for catered, kosher Shabbat dinners in their homes every other month. The goal of Shabbat B'yachad is to help create personal connections among families raising Jewish children beyond traditional programming at the JCC or synagogues.

Families are encouraged to join in our next dinner in November. To learn more, please contact Amanda Hornberger at amandah@jfreeding.org or 610-921-0624.



One of three Shabbat B'yachad (Shabbat Together) groups gathered for a Shabbat dinner at the home of Jessica and Jesse Leisawitz on Sept. 16.



The Leisawitz, Balhauser and Karchevsky children after Shabbat dinner.

Getting ready for Rosh Hashanah

A group of 18 kids and parents met for apple picking at Ontelaunee Orchard on Sept 18. Kids picked apples for Rosh Hasanah, selected a pumpkin, enjoyed cool apple cider and did a craft.



'Let There Be Water' next selection for our Israel book group

Our Israel Book group has chosen to read Seth Siegel's "Let There Be Water" as its next book. The U.S. government predicts that 40 of our 50 states — and 60 percent of Earth's land surface — will soon face alarming gaps between available water and the growing need for it. Even though more than half of Israel is made up of desert, the Jewish state has not only solved its water problems, it now supplies water to its Arab neighbors every day.

Learn how Israel developed fruits and vegetables that thrive on diluted brackish water and saltier water, reducing the need for fresh water. It also reduced the amount of fresh water it uses for agricultural purposes by 60 percent by changes in crops, irrigation techniques, and new technologies. Learn of the technologically advanced Israeli processes that make 85 percent of Israel's treated wastewater available for crops, while the United States' reuse of wastewater is only

10 percent. Learn how Israel's advanced water technologies may advance peace in the region.

"Let There Be Water" was also chosen because Dr. Clive Lipchin will be our Leo Camp Lecture speaker on Thursday, Oct. 20. His topic will be "From Scarcity to Abundance - Israel's Experience with Water Management" and he is a quoted source in the book for his focus on sewage and reclaimed water. Dr. Lipchin serves as

director of Israel's Arava Institute's Center for Transboundary Water Management.

Michael Bloomberg said, "Essential reading. I highly recommend it."

Please join us at Albright College on Oct. 20 at 7:30 p.m. to hear and at the JCC Wednesday, Nov. 20, at 7 p.m. to discuss how Israel serves as a model for the United States and countries everywhere by showing how to blunt the worst of the coming water calamities.

Special post-film discussion of 'Denial' to be held Oct. 23 at Fox East

By Amanda J. Hornberger

Jewish Federation of Reading is happy to announce a special post-film discussion following a 1 pm screening of the new film "Denial" on Sunday, Oct. 23, at FOX EAST. "Denial," starring Rachel Weisz as Deborah Lipstadt, focuses on the libel suit brought against the author and her

publisher by David Irving. Based on Lipstadt's book "History on Trial: My Day in Court with a Holocaust Denier," the film recounts Lipstadt's battle with Irving, who accused her of libel when she declared him a Holocaust denier in Great Britain. In the English legal system, in cases of libel, the burden of proof is on the accused, therefore

it was up to Lipstadt to prove the essential truth that the Holocaust occurred.

On the film's opening weekend, Sunday, Oct. 23, at 1 p.m., "Denial" will be shown at FOX EAST, 4350 Perkiomen Avenue, Exeter Township (next to Boscov's East). Following this screening, Jewish Federation of Reading will host a special post-film

discussion with a member of the Berks County Bar Association.

Tickets can be purchased at the box office for the Sunday matinee price of \$6.75 (for all seats) with no extra charge for the post-film discussion.

We welcome all members of the community to join us for this special event!

Researchers in Tel Aviv transform pond slime into engine for clean fuel

By Jodi Spiegel

Israeli researchers have transformed humble pond slime into an engine to drive a green energy revolution.

Dr. Iftach Yacoby and his team at Tel Aviv University genetically altered single-celled algae, which naturally emit hydrogen throughout the day, allowing the organism to increase its efficiency to five times its natural ability.

Hydrogen fuel cells are already being introduced into vehicles, and the new discovery could mean algae becomes a key player in the push for green energies.

In the groundbreaking research, the scientists disproved the theory that micro-algae only produce hydrogen for a few minutes at dawn, producing only a minimal amount of hydrogen. Yacoby's team discovered not only that this was not the case, and that algae continue to emit hydrogen throughout the day, but that through genetic engineering they could radically improve the pond life's work rate.

The discovery means that it will be possible to grow micro-algae with conventional farming methods so all the necessary energy can be produced on a larger scale.

"Hydrogen is an energy source with huge advantages," says Yacoby. "First, it has a tremendous energy content. The travel range of a hydrogen-powered car is more than 500 kilometers per five kilos of hydrogen, and an electric bicycle over 100 kilometers per 30 grams of the bicycle fuel. Secondly, hydrogen does not pollute at all."

Yacoby noted that it is not a dream of the future, as the revolution of hydrogen motors is already taking place.

In 2015, Toyota and Hyundai launched the production of Mirai (meaning "future" in Japanese) and Tucson cars powered by hydrogen gas. At the same time, electric bicycles are also being converted to run on hydrogen. Refueling stations using the gas are currently being built in Japan, Scandinavia, Germany and California, and scientists worldwide are looking for effective methods to produce hydrogen and create access to large volumes.

Yacoby said that in 1942, scientists had discovered that micro-algae — single-celled algae with a green color found in any pool of stagnant water — release hydrogen during photosynthesis. However, conventional wisdom until now held that very little hydrogen is emitted, so useful amounts of energy could not be provided.

"Hydrogen is produced by algae with the help of an enzyme called hydrogenase that breaks down in the presence of oxygen," explained Yacoby. At night, no oxygen is produced, and when the amount of oxygen decreases, the cell creates a large amount of hydrogenase. The assumption so far has been that for a few moments around sunrise,

with exposure to sunlight, the algae produce both hydrogen and oxygen. But very quickly, the oxygen accumulates and paralyzes the hydrogenase, and hydrogen production stops. We decided to test this assumption."

To their surprise, the researchers found that even in the daylight, when the photosynthesis process occurs, the algae

produce large amounts of oxygen and also emit a tiny amount of hydrogen. From this, they concluded that in the algae are areas with no oxygen that make it possible for hydrogenase to function. "Later we found in the algae three effective mechanisms that work tirelessly to remove the oxygen from the cell, allowing hydrogenase to produce

hydrogen continuously throughout the daylight hours," Yacoby said.

He predicted that his team's discoveries "are an important step in a new agricultural revolution that could change the future of humanity — the production of clean energy in sufficient quantities to meet man's every need."



**Please watch for the announcement of the date, time and location of [Back to BBYO Night](#) in your chapter/community!

Regional Kick-Off

September 11

Spirit of Philadelphia, Penn's Landing, PA

Open to ALL Jewish teens in grades 8-12

Come celebrate the official start to an incredible year of BBYO as we cruise the Delaware River! Take in the breathtaking views, meet new friends and dance the night away! Dinner will be served.

Regional Leadership Training Institute (RLTI)

September 16-18

Camp Kweebec, Schwenksville, PA

Open to ALL members

This convention focuses on the development of participants' leadership skills through interactive programming, skills workshops and teen-led training sessions.

Jewish Teens Changing the Game

October 9

Newtown Athletic Club, Newtown, PA

Open to ALL Jewish teens in grades 8-12

Join us for an afternoon of sports competitions, giveaways and fun! Bring your friends — this event is for BBYO members and non-members alike! Lunch will be served.

Tournies Convention

November 4-6

Harrisburg JCC, Harrisburg, PA

Home Housed

Open to ALL members

During this convention weekend, teens compete to show chapter spirit in many different activities ranging from water polo to debate — there is an event for everyone!

Marathon Madness

January 15

The Vault, King of Prussia, PA

Open to ALL Jewish teens in grades 8-12

Join us for a dance party bigger than our region has ever seen!

2016 – 2017 CALENDAR

International Convention (IC)

February 16-20

Dallas, TX

Open to ALL members

IC is an opportunity to become more familiar with BBYO on the international level, experience innovative Shabbat services, take part in community impact projects and connect with Jewish teens from all around the world.

In Training (IT) New Member Convention

March 3-5

JCC of the Lehigh Valley, Allentown, PA

Home Housed

Open to ALL NEW members

New members are invited to spend the weekend getting to know one another and learning more about BBYO.

WOW Weekend Convention

April 7-9

Hotel TBD

Open to ALL members

During WOW Weekend, teens experience "wow programming" in a variety of topics, such as community service, social action and brotherhood/sisterhood.

March of the Living (MOTL)

April 24-May 2

Poland and Israel

Open to ALL members

MOTL is a two weeks-long program focused on Holocaust education, remembrance and celebration of the Jewish peoplehood in Israel.

Spring Fling Convention

May 19-21

Camp Kweebec, Schwenksville, PA

Open to ALL members

As the culmination of the program year, this convention allows to teens to listen to State of the Region addresses from their regional presidents, hear and take part in Life Ceremonies given by outgoing seniors, and elect the Regional Board for the following calendar year.

Oz: Those who deny Israel's right to exist are anti-Semites

Famed Israeli author and Israel Prize laureate Amos Oz said that calling for the destruction of Israel is anti-Semitic and spoke out against the boycott movement.

Speaking to Kirsty Wark of BBC's Newsnight program, Oz said, "I can tell you exactly where I draw the line. If people call Israel nasty, I to some degree agree. If people call Israel the devil incarnate, I think they are obsessed — they are mad. But this is still legitimate.

"But if they carry on saying that therefore there should be no Israel, that's where anti-Zionism becomes anti-Semitism, because none of them ever said after Hitler that Germany should cease to exist, or after Stalin that there should be no Russia," he said.

"Saying that Israel should cease to exist, or should not have come

into being, this is crossing the line," he said.

When asked about his position regarding the boycott movement, Oz replied that he thinks the boycott is hurting the wrong people.

"The idea that all Israelis are villains is a childish idea. Israel is the most deeply divided, argumentative society. You'll never find two Israelis who agree with one another — it's hard to find even one who agrees with himself or herself," he said.

"Boycott is the wrong way because it hardens the Israeli resistance, and it deepens the Israeli paranoia that the whole world is against us, always has been against us, they don't even discriminate between one Israeli and the next, they boycott all of us and whatever they do they are going to hate us, so let's be bad guys for a change," he told the BBC host.

Oz said that while the boycott was very effective in the case of South Africa, it does not apply to Israel.

"You have to be very stupid to think the prescription — the medicine that worked very well against cholera — will also kill the plague," he said. "This is a kind of laziness — mental laziness. South Africa was bad. The Israeli occupation of Palestinian territories is bad, in a totally different way. You need a different prescription."

Oz was on the show to discuss his new book "Judas" and his role in history as a "traitor." The author said that the story of Judas had become the "Chernobyl of Western anti-Semitism for 2,000 years."

"More people paid with their bloods for this bloody story than for any other story ever told. Pogroms, inquisitions, persecutions and the Holocaust

because in the populist mind all of us [Jews] are Judas," he said.

Oz also called out the double standards and hypocrisy when it comes to Israel by many on the left.

"There are many, many people in this country [UK] and the whole of Europe who have a very soft spot for the third world, saying 'Well those people have suffered a lot, you have to understand it is only natural they are violent,' he said.

"When it comes to the Jews they often say: 'Well they have suffered so much. How can they be violent after such an experience?'" Oz said he believed no one should try to be "100 percent pro-Israel or 100 percent pro-Palestine" but said people should try to "grasp the complexity and the ambivalence of the clash between right and right and sometimes between wrong and wrong."

Why are there anti-Israel Jews?

By Michael Laitman

When the state of Israel was established, the overwhelming majority of Jews were overjoyed. They were filled with hope for a safer future after the atrocities of the Holocaust. The world perceived the Jews as a persecuted nation that deserved to live in peace in its own country. Much has changed since then. The world has become increasingly critical of Israel. This

criticism has become outright hostility, to the point that politicians and state officials openly question the judgment that led to the creation of Israel in the first place. Jews in Israel and around the world became increasingly critical of Israel and its policies. Today, many of them openly question the legitimacy of Israel's existence.

A great many Jewish people living in the Diaspora are anti-Israel. Sidney and Max

Blumenthal, Noam Chomsky, and even Bernie Sanders are prominent examples of Jews engaged in anti-Israel activities. But perhaps the archetype of Israel-hating is billionaire George Soros. He spends millions each year to support anti-Israel organizations.

Natan Sharansky, former chairman of the Jewish Agency, coined what is known as the Triple D Test, to distinguish criticism of Israel from anti-Semitism. The three Ds are Delegitimization of Israel, Demonization of Israel, and Double standards toward Israel. Were the actions of the prominent Jews just mentioned tested against the three Ds, they would be labeled as bitter anti-Semites. The only reason they are not classified as such is that they are, well, Jews. To understand where such loathing comes from, we need to look into our roots.

The Midrash (Beresheet Rabah) tells us that Abraham the Patriarch left his homeland and headed for Canaan after a confrontation with King Nimrod. He fled for his life and began to spread the notion that triggered his clash with his king: The ego cannot win; it must be covered with mercy and love. Abraham's group grew until it became a nation that pledged to be "as one man with one heart" and was charged to become "a light unto nations," disseminating the unity they had attained.

However, as Israel fell prey to baseless hatred, they lost the ability to cover their hate with love, the Temple was ruined, and the people were exiled. We also lost the ability to be "a light unto nations." In consequence, the nations lost the hope of learning how to unite above their egos. Since then, the ego has been king of the

world, and the nations regard Jews as the world's prime, if not sole, evildoers.

We think we are like everyone else. But "Every Jew, no matter how insignificant, is engaged in some decisive and immediate pursuit of a goal," declared Goethe. Indeed, the "memory" of our unique vocation lies deep within every person in the world, regardless of creed, even if unconsciously. This is what makes people so sensitive when it comes to the unofficial representative of the Jewish people—the State of Israel. This is also what makes people critical of Israel when they think its actions do not meet a moral code no other nation is required to uphold.

The double standard is something all people share. There is a global consensus that Israel is not just another country. But because we don't know what our responsibility is, Israel bashers of all stripes end up delegitimizing its existence.

The vocation of the Jewish people has not changed since its inception. We are still the ones who must unite "as one man with one heart," learn to love our neighbors as ourselves, and thereby become "a light unto nations."

We did not return to Israel for our own sake. We came here to do a task we owe the world. Only if we work on our cohesion and mutual responsibility, and build our society accordingly, the world will deem our presence here as legitimate and will stop demonizing us.

Every Jew, from Israel lovers to Israel bashers, must take part in reinstating the spirit of the Jewish people, the spirit of mercy and love. The world hates us because we hate each other. Let's simply stop.

Hadassah



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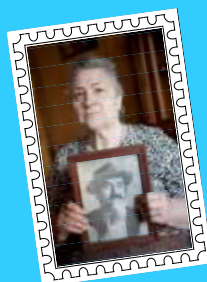
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Thursday, October 27, 2016
Jewish Cultural Center
Lunch 1:00. Program 1:45.

Lunch sponsored by the Jewish Federation of Reading. RSVP to 610-921-0624.



Good News Israel: Spotlight



Jewish and Bedouin women join hands for healthier eating

Israel21c.com

An unprecedented workshop led in Hebrew and Arabic brings together two populations eager to make wiser choices for feeding their families.

Too many fried and processed foods, too much sugar and fat – these dietary pitfalls are common to many people on a tight budget everywhere, including both Jews and Bedouin Muslims living in Israel's Negev desert.

Leket Israel, a national food bank and food recovery organization, had the innovative idea of offering a nutrition workshop for mothers from both populations, led in Hebrew and Arabic by a dietician from each culture.

"We do workshops on a regular basis all around Israel to give needy populations tools to help them improve nutrition and make healthier food choices on a low budget," says Leket Israel's in-house nutritionist, Smadar Hod Ovadia.

"This specific workshop is the first time we're doing a mixed Jewish and Bedouin group. I thought it would be a good idea not only to have a mixed audience but also the two dieticians, Dana Ivankovsky and Eman Alsane, delivering tips and ideas for grocery shopping and preparing nutritious food on a limited budget to make positive changes in their families' health."

The meeting took place on Aug. 7 at Beer Sova in Beersheva, the south's largest nonprofit food organization and

one of the partners to which Leket Israel provides rescued cooked food and rescued produce for its food baskets and soup kitchen.

Alsane, 27, lives in the Bedouin city of Rahat and is one of only two licensed Bedouin nutritionists in Israel. She interned with the Ministry of Health and now provides nutritional counseling in a Clalit health clinic in Rahat.

"Some of the traditional foods we consume daily in the Bedouin community are high in sugar and fat, leading to obesity, diabetes and a lot of chronic diseases," Alsane said. "I grew up with this kind of unhealthy food at home and in school. I see that we have a lot of work to do in teaching different techniques for cooking."

Though all participants are clients of Beer Sova and were invited based on their interest in the joint session, there was some social awkwardness at first, Alsane says.

"It's an uncommon situation, so for the first couple of minutes you saw the women of each group sitting away from the others. But at the end of the workshop they were cutting vegetables and cooking together, and we were all sharing opinions."

Under the supervision of Alsane and Ivankovsky, the women prepared a breakfast of dishes including fresh vegetables, cheese, tuna and eggs. They were encouraged to ask questions about

one another's cuisine.

"The idea is to bring the two groups together over the changes they can make and to learn from one another," says Ovadia. "The Bedouin have some good traditional eating habits using produce they grow, and the Jewish tradition has some good habits, so we empower them to continue the good ones and change those that need changing."

Ovadia says food is a connection point. "People relate to food and cooking regardless of their socioeconomic status. I sometimes open a session by asking what people ate for breakfast, and it kicks off a lively discussion."

Among the tips Alsane gave mothers in the workshop were to do less frying, to measure the amount of oil they use and to cook only with plant oils rather than margarine and butter.

"I also advised them to keep children away from fast food like pizza and burgers that are very bad for them, and to prepare healthy sandwiches for the children instead of the falafel or shawarma they get in school."

The nutritionists found that in both communities, especially among Bedouin girls and women, people tend to forget to drink enough water. "We suggest that they make drinking water more interesting by adding fruit slices or mint leaves," says Alsane.

Ovadia says a follow-up survey is conducted six months after all Leket nutrition workshops to see if the new habits have taken hold.

"We phone participants to evaluate the impact of the workshops. We have been surprised to find that about half the participants have managed to change their eating habits, for example adding more fruits and vegetables, consuming less sugary beverages, and eating breakfast," she says.

A Leket Israel spokeswoman said the organization "will continue to explore and find ways that it can lead other joint Jewish and Bedouin women nutrition workshops. As mothers, they all want to help better the lives of their children and provide them with nutritious food to lead a healthier lifestyle."

Israeli strides against Parkinson's

Israel21c.com

As many as 10 million people worldwide suffer the tremors, impaired balance and rigidity associated with Parkinson's disease, a disorder caused by the death of nerve cells in the brain's muscle-movement control areas. Israeli researchers are working hard to better understand, prevent and treat the brain disorder.

A pill for PD - Azilect, a popular drug to treat PD symptoms, was innovated by Technion-Israel Institute of Technology professors John Finberg and Moussa Youdim and commercialized by Israel's Teva Pharmaceuticals. The drug is prescribed for patients in 56 countries. Youdim is one of the Israeli formulators of a next-generation drug, Ladostigil, which is still in clinical trials for both PD and Alzheimer's patients.

InSightec's ExAblate Neuro - Time designated Israeli company InSightec's magnetic resonance-guided focused ultrasound as one of the 50 best inventions of 2011. Neurosurgeons and physicists are using InSightec's ExAblate Neuro experimentally to treat essential tremor, a common movement disorder, through MR-guided focused ultrasound. Parkinson's patients are being enrolled in a study this year, with the hope of devising a full treatment protocol to receive FDA approval.

Brainsway - A clinical trial to evaluate the safety and efficacy of Brainsway, a specialized deep TMS (transcranial magnetic stimulation) therapy, for PD patients concluded last November with promising preliminary results. In addition to positive studies completed in Israel and in Italy, another trial is still under way.

EIMinda - The Israeli company EIMinda could revolutionize the diagnosis and management of PD and other brain-related disorders with its

trademarked, non-invasive procedure for mapping network activation points in the brain. This 15- to 30-minute procedure would be a major advance. The company is applying for FDA clearance for clinical use.

Guided imagery - In 2010, neurologist Dr. Ilana Schlesinger did a successful experiment at Rambam Healthcare Campus in Haifa using guided imagery to tame the tremors of PD patients. It was, she said, the first time anyone ever succeeded in completely stopping tremors without medication.

NurOwn - Researchers at Jerusalem's Hadassah University Medical Center are studying the ability of enhanced autologous stem cells (taken from the patients' own bone marrow) to stop the progression of PD and other neurodegenerative diseases. The specially modified stem cells, called NurOwn, are produced by Petah Tikvah-based BrainStorm Cell Therapeutics.

Understanding cell death - The protein ARTS, central to the natural process of programmed cell death (apoptosis), is the subject of scrutiny by Dr. Sarit Larisch, head of the Cell Death and Cancer Research Laboratory at the University of Haifa. She leads breakthrough research into why the brain cells that produce the neurotransmitter dopamine become damaged in PD.

Green tea? - The main antioxidant in green tea could be a potent way to prevent PD and other neurodegenerative diseases, according to research done by Prof. Moussa Youdim and Dr. Silvia Mandel, co-director of the Parkinson Foundation Centers at the Technion. If taken in moderation, green tea may be part of both a prevention and anti-progression strategy.

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A fleshy heart

By Rabbi Matthew Abelson
Keshar Zion Synagogue

I was speaking with a colleague at a conference last month, and I asked him, "Do the people in your county say, 'It is what it is?'"



"Yes," he told me.

I continued, "Because I wasn't sure if this was a Berks County thing. Coming from New York, I sometimes am not sure if what I encounter in my new home is one of those local manners or not." Perhaps then, I thought, the assertion "It is what it is" is more a sign of the times we are living in than a local idiom.

I would ask, What does "It is what it is" mean? but that would betray my utter cluelessness. The saying

itself asserts the thoroughly secondary importance of questions. You don't ask why things are the way they are; you simply recognize that this is how things are. The importance of establishing why "It is what it is" is smaller than the importance of recognizing that "It is what it is." Moreover, asking why "It is what it is" only exposes that you can't see what's right in front of you.

What I arrived at by my inner philosophical musings is that what folks are gesturing toward through this saying is that they acknowledge reality. That can often be beneficial. Habits of self-deceit and self-delusion are pervasive, so recognizing what is real and what is not is as important as anything. What, however, is lost through the utterance of this saying? Perhaps what is lost is the very thing for whose absence the saying seeks to comfort us; in short: hope.

Before we get to hope, we have to talk about change. What most people have in mind when they speak of hope is the possibility of change. The sayings "It is what it is;" "the more things change the more they stay the same;" "things are the way they are" have the same underlying goal: to console us for the loss of our hope. We hoped that the world would be different than it is, but it has not become so, and we must reconcile ourselves to its not having changed by accommodating ourselves to reality.

Momentary reflection tells us, however, that the world has undergone enormous changes; that, in fact, the period we are living through — as we encounter internet, GPS, email, social media, and smartphones — has been one of almost unnerving change. These changes have been technological, someone might respond; perhaps human nature does not change.

After the Babylonians' destruction of the First Temple in the sixth century B.C.E., Ezekiel faced this difficulty. The Holy One said to him, "And I will give you a new heart... I will remove the heart of stone from your body and give you a heart of flesh" (36:26). Human nature may exist, but its existence does not imply that our nature is static. Perhaps the human heart has upward to grow. When we tell the human heart that it must obey reality — however reality is constituted at the present moment — we deny Ezekiel, and we deny our nature. Certainly we should acknowledge reality, but as 5777 covers us, we should direct our attention less toward being reconciled to the world as it is and more toward how we can render the world into what it ought to be. Let us have a new heart for ourselves in the New Year — a fleshy heart, not one of stone. Shana Tova.

A reading you may enjoy at your family's festive meal

By Rabbi Brian Michelson
Reform Congregation Oheb Sholom

During Rosh Hashanah pieces of apple that have been dipped with honey will be shared by guests at festival meals throughout the world. We enjoy the apples and honey hoping that the New Year will be as sweet as the apples and honey that we consume.



This year, instead of just another article on the coming holidays, I would like to share with you a reading for you

to bring to your own festival table this year. It can be done by an individual, in unison or responsively:

For centuries, Jews have celebrated Rosh Hashanah by eating apples and honey. We hope that this new year ahead may be especially sweet for ourselves, our loved ones and all the Jewish people around the world.

Seated at the festive table, we remember our precious heritage. We understand that the New Year is a sacred time for reflection, as we pray for guidance to meet the challenges that are ours.

As the year 5777 begins, extraordinary events are unfolding all around us.

May we be thankful for our religious freedom in this land and our ability and opportunity to extend help to others. May we celebrate faith without fanaticism and the true ability to dialogue and discuss even when we do not disagree. May we remember that each of us is made in the image of the Divine and strive to treat others with the dignity that this requires. May we reach beyond our own needs to make the world a better place for all.

Now, on this Rosh Hashanah, as we once again dip our apples into honey, we recite the age-old words of our tradition. May we pledge to ourselves that this year we will do even more to reach out to all people in distress, wherever they may be.

Kol Yis-ra-el ah-ray-vim zeh ba-zeh.
All Israel is responsible for one another.

This year, may all Jews know a new measure of sweetness. May each of us continue to grow in our commitment to our people and our faith.

Ye-he ra-tzon mil-fa-neh-cha, Ah-do-nay Eh-lo-hay-nu vay-lo-hay avo-tay-nu, she-the-chadesh ah-lay-nu sha-nah tovah u-meh-tu-kah.

May it be Your will, O Lord our God and God of our ancestors, to renew for us a good and sweet year.

May all this, and more, come true for you and yours during the coming year.

A love story

By Rabbi Yosef Lipsker
Chabad Center of Berks County

I breathe in the cool, crisp Brooklyn air as I stroll down the street. Crunchy brown leaves swirl around me. Children scamper onto waiting yellow school buses.



How I love the start of a fresh new school year, a clean slate, new beginnings. We are here in Brooklyn celebrating

the marriage of our daughter Shterna. She is on the verge of the ultimate new beginning; embarking on the journey of life.

As Shterna stands under the wedding canopy stretched beneath the stars, she, and her groom Tooli, will experience their very own Yom Kippur. A brand new start. As they stand under the Chuppah, as their two souls unite into one, they will experience the gift of true love.

The high holidays are the analogous marriage between G-d and the Jewish

people. Our marriage ceremony begins with the serious prelude to the joyous climax. Rosh Hashana and Yom Kippur, the High Holy Days, are comparable to this.

Followed by Sukkot, the holiday of festivity and joy, akin to joyous dancing at a wedding.

The most desperate human need is to feel loved. We yearn for it. We live for it. We fight for it. We search for it. We fall in love.

But to be loved also requires GIVING love to someone else. That is far more elusive, which inevitably results in a breakdown. Indeed, the key to successful relationships between spouses, parents and children, and between friends, is making the other feel special. To sense the other's discomfort and hurt, and to then heal and soothe. All relationships go through highs and lows. The high, however, can only be achieved by communication. Where there is communication there is hope. Where it is absent, it's all over.

Specialists and therapists are employed to try and rekindle shattered

relationships by improving and rebuilding broken lines of communication. In Jewish philosophy, our relationship with the Divine is analogous to the relationship between a husband and wife. Sometimes it is strong, other times it is nonexistent.

On Rosh Hashanah, time is set aside to reconnect and redevelop that relationship with our Divine partner. If Yom Kippur is about self-discovery and recalibration of our own values, Rosh Hashanah is about embracing our 'other' half — G-d. And, like any relationship, it requires communication. The prayers may be long, but the primary message is the same: To engage with G-d the way you interact with someone you love. To appreciate our Divine partner. To count our blessings by acknowledging Him. To reach out and allow Him into our lives. Remember, to be loved means thinking less of yourself and more of the other. To learn the art of communicating with the Divine. All we need is love. All He needs is love, too!

Wishing you a happy, healthy and peaceful year filled with blessings and love.

LOCAL CONGREGATIONS AND SERVICE TIMES

KESHER ZION SYNAGOGUE (610) 374-1763

Weekly services Saturdays: 9:30 a.m.; Tuesdays, 7:30 p.m.
Friday Evening Service – Please call for service information

REFORM CONGREGATION OHEB SHOLOM (610) 375-6034

Friday, Oct. 7: 6 p.m. Fridays, Oct. 14 and 21: 7:45 p.m.
Friday, Oct. 28: 7 p.m., with guest speaker at Oneg
Saturday, Oct. 22: "Pizza in the Hut" Sukkot Tot Shabbat, 5 p.m.

CHABAD CENTER OF BERKS COUNTY (610) 921-0881

Saturday mornings: 9:30 a.m.; Friday evenings: 6:30 p.m.

CONGREGATION SHOMREI HABRITH

October ☆ Elul 5776 - Tishri 5777



Shabbat Candle Lightings

October 7
6:17 p.m.

October 14
6:06 p.m.

October 21
5:56 p.m.

October 28
5:47 p.m.



Torah Portions

October 8/Tishrei 6
Vayelech (Deuteronomy 31:1 – 30)

October 15/Tishrei 13
Ha'azinu (Deuteronomy 32:1 – 52)

October 22/Tishrei 20
Chol HaMo'ed Sukkot (Exodus 33:12 – 34:26)

October 29/Tishrei 27
B'reisheet (Genesis 1:1 – 6:8)

RCOS Food Festival returns Nov. 6

Reform Congregation Oheb Sholom's 16th annual food festival will be held Nov. 6 from 10 a.m. to 4 p.m. at the synagogue, 555 Warwick Drive, Wyomissing.

All the old favorites will be back, including brisket and chicken platters, New York-style deli sandwiches, bagels and smoked fish, falafel and much more. Get there early for a spectacular selection of desserts, including our famous apple cake.

Other delicious treats include blintzes, kugel, knishes and the ever-popular matzo ball soup.

There is no admission fee. Tickets redeemable for breakfast and dinner platters are available for \$13 from RCOS members or from the synagogue office, 610-375-6034.

This year's festival features entertainment from the Exeter Community Band, which has been together since 2002. Most of its members come from Berks and neighboring counties.

The group's repertoire features music of the past 100 years. A few Klezmer and Israeli tunes may be added to the mix for the festival.



Best wishes for a Happy, Healthy & Peaceful New Year

Meir & Haia Mazuz and our children



New Year blessings to all. Joel & Marsha Adelman



May this be a year of peace, progress and prosperity for our community, Israel and the entire world.

Harriet Baskin



Best wishes for a Happy, Healthy & Peaceful New Year

Cynthia & George Balchunas and family



New Year blessings to all. Rochelle Mann in memory of Alan Mann



Best wishes for a Happy, Healthy & Peaceful New Year

Jerry Marcus



May you have a sweet & prosperous New Year.

Jackye & Jim Barrer



Best wishes for a Happy, Healthy & Peaceful New Year

Faust-Shucker Family



New Year blessings to all. Linda & Mickey Roeberg



May this be a year of peace, progress and prosperity for our community, Israel and the entire world.

Susan & Mel Blum



May you have a sweet & prosperous New Year.

Dave & Barb Bender



Best wishes for a Happy, Healthy & Peaceful New Year

Radene Gordon-Beck



New Year blessings to all. Fred and EileenKnoblauch Wagner and Preston Knoblauch



May this be a year of peace, progress and prosperity for our community, Israel and the entire world.

Randi, Walter and Alyssa Brandt



May you have a sweet & prosperous New Year.

Scott & Beth Cantor and Family



Best wishes for a Happy, Healthy & Peaceful New Year

Fran & Larry Gross and Family



New Year blessings to all. Robert & Beth Caster



May this be a year of peace, progress and prosperity for our community, Israel and the entire world.

Samuel & Sarah Flamholz and Family



May you have a sweet & prosperous New Year.

C. Harold Cohn, M.D.



Best wishes for a Happy, Healthy & Peaceful New Year

Myron & Karen Kabakoff



New Year blessings to all. Jeri & Russ Diesinger



May this be a year of peace, progress and prosperity for our community, Israel and the entire world.

Carol & Bernie Gerber
Cindy, Rick and Zach Tomlinson
Julie, Rich, Alex and James Kwas



May you have a sweet & prosperous New Year.

Susan & Richard D'Angelo



Best wishes for a Happy, Healthy & Peaceful New Year

Jack & Teri Lefkowitz



New Year blessings to all.
Albert Diamond and Family



May this be a year of peace, progress and prosperity for our community, Israel and the entire world.

Debbie Goodman, John Moyer and Family



Best wishes for a Happy, Healthy & Peaceful New Year

Kathleen & Richard Roeberg



New Year blessings to all.
Ethel Engel



Best wishes for a Happy, Healthy & Peaceful New Year

Dena & Vic Hammel



Best wishes for a Happy, Healthy & Peaceful New Year

Susan, Michael, Jake and Casey Fromm



New Year blessings to all.
Jane E. Goodman



May this be a year of peace, progress and prosperity for our community, Israel and the entire world.

Benjamin, Michele, Leah and Adam Leisawitz



Best wishes for a Happy, Healthy & Peaceful New Year

Glenn & Gaye Corbin



New Year blessings to all.
Ruth Isenberg



May this be a year of peace, progress and prosperity for our community, Israel and the entire world.

Doris & Elliott Leisawitz



Best wishes for a Happy, Healthy & Peaceful New Year

Marc & Marcia Filstein

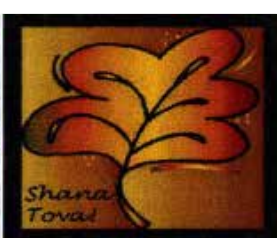


New Year blessings to all.
Phyllis Jacoby



May this be a year of peace, progress and prosperity for our community, Israel and the entire world.

Lisa & Alan Levine and Emily, Harris and Gabrielle



Best wishes for a Happy, Healthy & Peaceful New Year

Fred & Julie Singer



New Year blessings to all.
Margaret Levine



May this be a year of peace, progress and prosperity for our community, Israel and the entire world.

The Moyer Family



May you have a sweet & prosperous New Year.

Jodi, Lee, Rachel and Dani Radosh



May you have a sweet & prosperous New Year.
The Haas Family



May you have a sweet & prosperous New Year.
Judy Katz



May you have a sweet & prosperous New Year.
Naomi & Alex Knoll



May you have a sweet & prosperous New Year.
Eileen Kope



May you have a sweet & prosperous New Year.
Karen & Lee Meyers





Best wishes for a Happy, Healthy & Peaceful New Year

Nancy Knoblauch and Family



New Year blessings to all.
Fran Mendelsohn



May you have a sweet & prosperous New Year.
Lynn Salpeter



May this be a year of peace, progress and prosperity for our community, Israel and the entire world.

Richard & Elizabeth Nassau



Best wishes for a Happy, Healthy & Peaceful New Year

Bernie & Toby Mendelsohn, son Howard and daughter Brenna and Family



New Year blessings to all.
The Peppard and Fulcher Family



May you have a sweet & prosperous New Year.
Cindy & Tim Schuchart



Best wishes for a Happy, Healthy & Peaceful New Year

Janine, Bruce, Aaron, JoJo and Lena Ure



Best wishes for a Happy, Healthy & Peaceful New Year

Esta & Randy Neugroschel



New Year blessings to all.
The Reyner Family



May you have a sweet & prosperous New Year.
Sue & Herb Wachs



May this be a year of peace, progress and prosperity for our community, Israel and the entire world.

Carolyn Vella and John McGonagle



Best wishes for a Happy, Healthy & Peaceful New Year

Gordon & Carol Perlmutter



New Year blessings to all.
Larry & Alison Rotenberg and Family



May you have a sweet & prosperous New Year.
The Weiss Family



May this be a year of peace, progress and prosperity for our community, Israel and the entire world.

Rosalye Yashek and Family



Best wishes for a Happy, Healthy & Peaceful New Year

Barb, Seth, Dana and Michael Rosenzweig



New Year blessings to all.
Alan & Susan Weisberg and Family



May you have a sweet & prosperous New Year.
Marietta Weitz



May this be a year of peace, progress and prosperity for our community, Israel and the entire world.

Missy & Allen Zimmerman



Best wishes for a Happy, Healthy & Peaceful New Year

Jan, Jonathan, Sarah and Zach Simon



New Year blessings to all.
Sy Youngerman



May you have a sweet & prosperous New Year.
Andy & Corinne Wernick

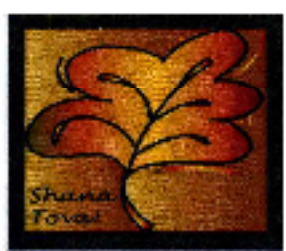


May this be a year of peace, progress and prosperity for our community, Israel and the entire world.

Robin Costenbader-Jacobson, Coach and Conflict Resolution Mediator
RC-J Consulting Associates, LLC


Meir and I and our family wish you the best beginning to the Jewish New Year. We look forward, with great optimism, to the beginning of the best time for Jewish life in Reading.

Haia Mazuz
Federation Chair



**Best wishes for a
Happy, Healthy &
Peaceful New Year.**


Manny & Yvonne Wittels



REFORM CONGREGATION OHEB SHOLOM

Schedule of High Holiday & Festival Services, 2016 (5777)

<p>Selichot (Official start of the Holidays) Date: Saturday, September 24, 2016 Time: 10:00 pm</p> <p>Rosh Hashanah Erev Rosh Hashanah Date: Sunday, October 2, 2016 Time: 8:00 pm, Oneg to follow</p> <p>Daytime Services Date: Monday, October 3, 2016 ◆ Morning Service at 10:00 am ◆ Family Service* at 4:00 pm ◆ Tashlich Service at 5:30 pm at Reading Public Museum</p> <p>Annual Cemetery Service Date: Sunday, October 9, 2016 Time: 1:00 pm at Mt. Sinai Cemetery</p> <p>Sukkot ◆ Sukkah Decorating Date: Sunday, October 16, 2016 Time: 6:00 pm</p> <p>◆ Erev Sukkot Service Date: Sunday, October 16, 2016 Time: 7:00 pm</p> <p>◆ Pizza in the Hut Tot Shabbat Sukkot Celebration Date: October 22, 2016 Time: 5:00 pm</p> <p><small>*Family service for children up to grade 2. Babysitting available for other services.</small></p>	<p>Yom Kippur Kol Nidre Service Date: Tuesday, October 11, 2016 Time: 8:00 pm</p> <p>Daytime Services Date: Wednesday, October 12, 2016 ◆ Morning Service at 9:30 am ◆ Family Service* at 1:30 pm ◆ Afternoon Service at 3:00 pm ◆ Yizkor/Memorial Service at 4:30 pm ◆ Closing Service at 5:00 pm</p> <p>Shemini Atzeret – Simchat Torah & Consecration ◆ Service and Consecration Date: Sunday, October 23, 2016 Time: 7:00 pm</p>
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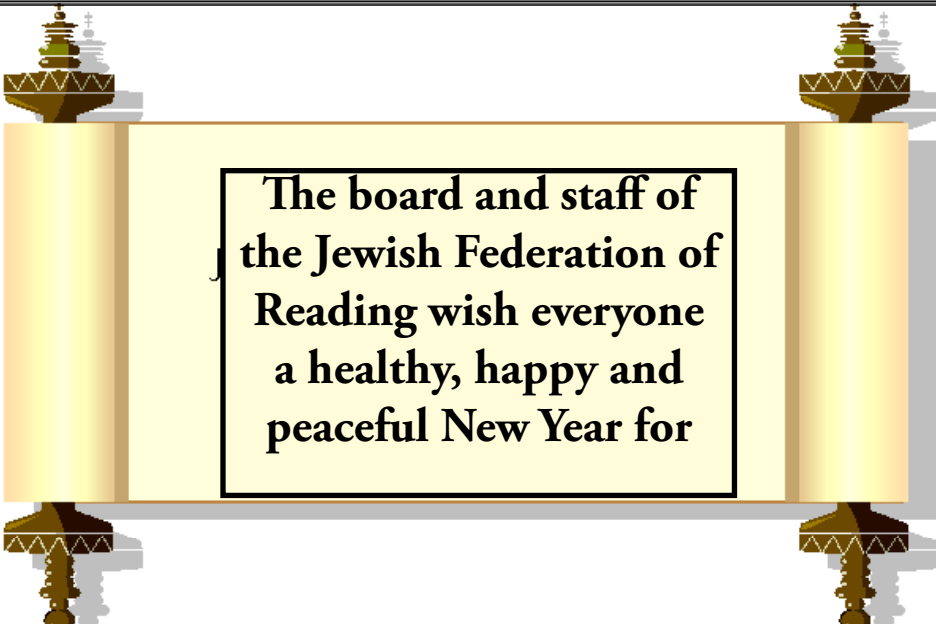


Reform Congregation Oheb Sholom
555 Warwick Drive, Wyomissing, PA 19610
610-375-6034 www.ohesholom.org



**May you have a
sweet & prosperous
New Year.**

**Rita & Norman
Wilikofsky**



**The board and staff of
the Jewish Federation of
Reading wish everyone
a healthy, happy and
peaceful New Year for**



**High Holidays
Tishrei 5777
with
Rabbi Matthew Abelson
at
Keshet Zion Synagogue**



**High Holiday Services
5777 - 2016**

<p>Selichot Saturday, September 24, 2016 Selichot Service 8:00 p.m.</p> <p>Erev Rosh Hashanah Sunday, October 2, 2016 Evening Service 6:15 p.m. Dinner 7:00 p.m.</p> <p>Rosh Hashanah Monday, October 3, 2016 Morning Service 9:00 a.m. Kiddush Luncheon following services in Sisterhood Hall Tashlich 5:30 p.m. at Reading Public Museum Mincha to follow</p> <p>Tuesday, October 4, 2016 Morning Service 9:00 a.m. Israeli Kiddush Luncheon to follow services</p> <p>Shabbat Shuvah Saturday, October 8, 2016 Morning Service 9:30 a.m.</p> <p>Kever Avot Sunday, October 9, 2016 (At the Keshet Zion Cemetery) Memorial Service 10:30 a.m.</p> <p>Erev Yom Kippur Tuesday, October 11, 2016 Mincha 6:00 p.m. Kol Nidre 6:15 p.m.</p>	<p>Yom Kippur Wednesday, October 12, 2016 Morning Service 9:00 a.m. Yizkor 10:30 a.m. Congregation Study with Rabbi Matthew Abelson 4:30 p.m. Mincha 5:30 p.m. Neilah 6:15 p.m. Maariv & Havdalah to follow Shofar 7:15 p.m. Communal Break the Fast to follow</p> <p>Sukkot Monday, October 17, 2016 Morning Service 9:30 a.m. Lunch and Learn in the Sukkah 12:00 noon</p> <p>Tuesday, October 18, 2016 Morning Service 9:30 a.m. Lunch and Learn in the Sukkah 12:00 noon</p> <p>Friday, October 21, 2016 Evening Service 6:15 p.m. Dinner in the Sukkah 7:00 p.m.</p> <p>Shemini Atzeret Monday, October 24, 2016 Morning Service 9:30 a.m. Yizkor Recited</p> <p>Simchat Torah Monday, October 24, 2016 Maariv and Hakafot 6:00 p.m.</p> <p>Tuesday, October 25, 2016 Morning Service 9:30 a.m. Kiddush following services</p>
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Chabad Lubavitch of Berks County invites the entire community
to join us for High Holiday Services.
No membership required.

Rosh Hashanah:
SUNDAY, OCTOBER 2

Mincha Service.....	6:15 PM
Light candles at.....	6:25 PM
Ma'ariv Service.....	7:00 PM

MONDAY, OCTOBER 3

Shacharit Service.....	9:00 AM
Shofar Service.....	11:00 AM
Light Kiddush following Services at approx 1PM	
Mincha Service.....	2:00 PM
Tashlich Service.....	2:15 PM
Ma'ariv Service.....	7:15 PM
Light candles after.....	7:22 PM

TUESDAY, OCTOBER 4

Shacharit Service.....	9:00 AM
Shofar Service.....	11:00 AM
Light Kiddush following Services at approx 1PM	
Mincha Service.....	6:30 PM
Ma'ariv Service.....	7:15 PM
Holiday ends.....	7:20 PM

Yom Kippur:
TUESDAY, OCTOBER 11

Mincha Service.....	3:00 PM
Light candles at*.....	6:11 PM
Kol Nidrei.....	6:15 PM

*Candles may be lit at the synagogue for your convenience.

WEDNESDAY, OCTOBER 12

Shacharit Service.....	9:00 AM
Yizkor.....	11:30 AM
Mincha Service.....	5:00 PM
Neilah.....	6:00 PM
Yom Kippur Ends.....	7:08 PM
Break Fast at Chabad	

Services will be held at the
CHABAD CENTER
2320 Hampden Boulevard
Reading, PA 19604

Suggested contribution for a seat is \$100.

Please call 610-334-3218, email ChabadofBerks@gmail.com,
or visit www.chabadofberks.org/highholiday to reserve a seat

Sweet treats and sounds of the shofar at JCHS

By Rabbi Barry Dov Lerner
Reading JCHS Director

Shira Simon is teaching a class on Jewish food that is as concerned with the history and significance of foods as they relate to Jewish history and practices. Shira has selected subject matter that can be prepared in our limited “kitchenette” and still provide for some “hands on” experiences.

Traditional rugelach are made in the form of a crescent by rolling a triangle of dough around a filling. Some suggest that “rolling up the dough” in a roughly round shape is appropriate to Rosh Hashanah on which we also use round loaves of challah.

The name is Yiddish, indicating an origin in Eastern Europe. The ach ending (ך) indicates plural, while the el (ל) can be a diminutive, as, for example, shtetlekh (רעטעטעש, villages) is the plural of shtetl (רעטעטש, village), the diminutive of shtot (רעטעטש, town). In this case, the root means something like “twist” so the translation would be “little twists,” a reference to the shape of this cookie. In this context, note that rog (גאר) means “corner” in Yiddish. In modern Hebrew, they are known as roglit (תילגור), a postbiblical Hebrew word meaning “trailing vines”, though the name rugelach (רלגור) is still commonly used by Hebrew speakers.

Rugelach can be made with sour cream or cream cheese doughs, but there are also pareve variants with no dairy ingredients that can be eaten with or after a meat meal and still be kosher. Cream cheese doughs are the most



Making rugelach at Reading Jewish Community High School

recent, probably American innovations, while yeast leavened and sour cream doughs are much older.

The different fillings can include raisins, walnuts, cinnamon, chocolate, marzipan, poppy seed, or fruit preserves which are rolled up inside.

Rabbi Dov brought in his collection of shofarot, many of which he has made himself from the horns of kosher animals and imported from around the world. In addition, he shared with the students his assortment of museum pieces, from a Yeminite kudu shofar — the very large twisted shofar — to the traditional ram’s horn with unique shapes and markings.

They learned about the source of the unicorn, most likely the sighting of a Middle Eastern variety of the oryx, an

antelope that when seen from the side and from a distance something like a horse with a single horn (although the ‘horn’ projects upwards and backward, not forward as in the classic unicorn). Conceivably, travelers in Arabia could have derived the tale of the unicorn from these animals. Also known in South Africa as the gemsbok and in Hebrew as the ‘ayal now extinct in the Middle East. They are being restocked with the South African variety and are protected in preserves.

Save the date for field trip

On Sunday, Dec. 11, we will be traveling to the National Museum of American Jewish History in Philadelphia. All JCHS students and Better Together participants are welcome to attend at



Trying out the shofar

no charge, if they make a reservation. NMAJH is producing for Better Together Teens and Seniors a special prototype of program they are developing for inter-generational experiencing of American Jewish history. In addition there will be opportunity for all students to have a tour of the Museum, including a tour for those who are “repeat” visitors. We are still planning trip elements and will share as soon as they are in place.

Calendar note

There will be no class Oct. 2, 9, 16 or 23 due to Jewish and national holidays. Class resumes Oct. 30 at 5:30 p.m. at the JCC.

Better Together from a senior’s point of view

The following was written by Dorie Karp, a member of the first Better Together class.

By Dorie Karp

I have been reading with great interest the articles in the *Shalom* by the teenagers participating in the better together program. I have yet to see one on what the seniors have thought of the program, their view of it and what they have come away with.

So as a senior who took part in this program I will give you a view from the other side.

Unfortunately I am not able to participate again due to conflicts, but here is what I came away with, and I hope that other seniors will write a note or two to share with all of you what of what they came away with.

1. There are some good teens out there who want to learn from an older generation. They were always respectful to the seniors in the program. They wanted to be there.

2. The teens wanted us to share with them what we have learned. In turn we learned from them. For example, when we braided challah together the girls taught me how to braid. Never having long enough hair to learn how to do it they taught me until I got the hang of it. The girls were amazingly very patient with me!! My braiding looked a little lopsided but it still looked braided. I haven’t laughed so hard with someone like that in a very long time.

3. As it turns out our thoughts are not so very different from each other on certain subjects. Torah discussions were always lively. When we watched a movie together we looked at the characters a little

differently, but our outcomes were the same. We admired the father for sending his child out into an unknown world on his own at such a young age. We both felt the fathers pang and admired him for showing his child that it was the child’s turn to live life and survive. My partner and I couldn’t imagine a parent having to do that.

4. I learned they like Jewish traditions such as the holidays we celebrate and want their Jewish traditions kept just as we Seniors.

5. During this presidential election year both groups are concerned for the future of our country. It’s a scary world out there, but neither teens nor seniors want to miss it. The teens hope to somehow make their world a better place and that seniors will be there to give them advice.

6. The teens made me feel older, wiser and young all at the same time. They kept me engaged therefore keeping me mentally stimulated and thinking about things in new ways.

7. Having taught Sunday school at Reform Congregation Oheb Sholom for many years, I had worked with many of them when they were quite young. I have watched them grow and enjoyed knowing that they have grown into responsible young adults. It was a nice way to be with them without being the teacher!

Better Together is a worthwhile program for the Jewish community.

I want to personally thank the teens for giving us their time. The time together getting to know each other was well spent. This program allows two opposite groups a chance to get to know



Better Together gets started for another year.

one another.

The teens now know that senior doesn’t mean inactive or old!! I hope we showed them not to be afraid of getting older.

The seniors showed the teens that we are still a vital part of the community. Age is just a number. It’s how you look at life with what

is going on in your life during that particular time.

If you are a senior and in good health I urge you join a young group like this if you can.

They will give you a whole new outlook on life.

Do it for yourself and them. You will be glad you did.

New report reveals virulent anti-Semitism at UN-accredited NGOs

The UN is enabling the spread of hatred, the encouragement of terrorism and the promotion of the elimination of the Jewish state, according to a new report, obtained by *The Algemeiner*, on the “use and abuse” of the international body by NGOs to “broadcast and support anti-Semitism.”

The report, released officially on Sept. 1, was prepared by the NGO Human Rights Voices and the Touro Institute on Human Rights and the Holocaust, based in New York.

The comprehensive document — titled “UN Non-Governmental Organizations: Inciting Hatred, Antisemitism and Violence From the World Stage” — provides a detailed list of numerous UN-accredited groups that openly express hatred for Jews and engage in virulent anti-Israel activity, including calls for and the justification of Palestinian violence.

Its authors — Anne Bayefsky, director of the Touro Institute on Human Rights and the Holocaust and president of HRV, and Sarah Willig, research fellow at HRV — present dozens of chilling examples of false and hostile claims made by UN-accredited NGOs. All of the examples in the 78-page report were publicly accessible online in 2016.

A few choice excerpts below illustrate the level of anti-Jewish and anti-Semitic sentiment published in journals and posted on websites and social media of UN-accredited NGOs and often distributed or made available by UN bodies and websites directly:

- “Zionism’s ‘final solution’ to Israel’s much-touted and racist ‘demographic threat’ allegedly posed by the very existence of the Palestinians has always been genocide, whether slow-motion or in bloodthirsty spurts of violence. Indeed, the very essence of Zionism requires ethnic cleansing and acts of genocide against the Palestinians...”

— From “The Palestinian Genocide by Israel,” Islamic Human Rights Commission, accredited with Special Consultative Status by the Economic and Social Council (ECOSOC) and accredited by the Committee on the Exercise of the Inalienable Rights of the Palestinian People (CEIRPP).

- “It feels sometimes like the occupation will never end, like the American public will never wake up, like the Israeli government, army, and lobby are all-powerful. This feeling is especially... in Washington, where defying the Israel lobby can still cost you a promotion or even your job — From “Farewell, Figleaf,” Americans For Middle East Understanding, accredited by CEIRPP.”

- “...[O]ur world is now faced with the emergence of a new type of Nazism ... Zionism, with its inhumane ethnic, racist principles, with its devilish schemes which generate chaos all over the world, with its dangerous plans to dominate,...with its beastly octopus which has almost a decisive role in directing the policies of the greatest countries in the world, cannot be viewed as a threat to this region alone, but to the whole world...” — From “Zionism & Racism,” International Organization for the Elimination of All Forms of Racial Discrimination (EAFORD), accredited with Special Consultative Status by ECOSOC.

- “The Association opposes Zionism because of its exclusionist, aggressive and racist nature. — From “A US/Israeli debacle in the Middle East,” Third World Network, accredited with Roster Status by ECOSOC and accredited by CEIRPP.

Bayefsky and Willig explained that the process of UN accreditation for

NGOs is generally done either through ECOSOC or the Department of Public Information and is conditional on a commitment to act in conformity with the UN Charter and its promise of equality and security for individuals and states alike. In the case of Israel-related matters, they wrote, “It can also be acquired through the CEIRPP,” similarly on condition that the “aims and purposes of the organization” seeking accreditation conform to “the spirit, purposes and principles of the Charter of the United Nations.”

What accreditation grants these NGOs, according to the report, is:

- The ability to secure meeting

space within UN buildings to sponsor speakers, mount exhibits and screen films, (within immediate proximity to the world’s press).

- The permission to speak at important UN meetings and have their words translated and broadcast globally via UN webcasts (archived for the public, researchers and students from elementary schools to college campuses.

- The permission to submit written statements to UN bodies that are assigned official UN symbol numbers, posted on UN websites and archived in searchable formats.

- Invitations to attend negotiating

sessions and decision-making forums (thereby gaining access to the world’s diplomatic corps).

- Increased traffic to their websites, with UN sites linking directly to a number of them.

Israeli Ambassador to the UN Danny Danon vowed to introduce a policy of “zero tolerance for the bias and lies” faced by the Jewish state at the international body. Some eight months later, he was elected to chair the UN’s prestigious Legal Committee, marking the first time in history that an Israeli representative headed a permanent committee since the country joined the world body in 1949.

2016 Shalom Contributors

We wish to thank the following members of our community for their generous support of Shalom:

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Joan Mellon

Marjorie “Tootie” Moyer

Michael and Eve Pardo

Dr. Philip and Leslie Pomerantz

Valerian and Svetlana Popov

Sylvia Wenger

All Around the Town

Mazel tov to **Mimi and Tom Gavigan** on the birth of their granddaughter Abigail Sophie, daughter of Dan and Megan Gavigan, born July 16 in San Francisco.

Mazel tov to **Ellen and Don Abramson** on the engagement of

their daughter Michele to Brian Schachter, son of Debra and David Schachter of Dresher.

We love good news about members of our community! Please share it by emailing Marknem@aol.com.

Until next time: Shalom!

**Pizza in the Hut:
Tot Shabbat Dinner
in the Sukkah!**

Tot Shabbat

is a musical, story-filled, interactive hour for children through grade 2. Bring your family & friends to celebrate with Rabbi Michelson and stay for a pint-sized oneg of juice, challah, fruit, and child-friendly treats.

Join us
next time!
Oct. 22nd
at 5:00 pm

Members and non-members are invited. No registration is required. Tot Shabbat services are held Saturday mornings at 10:00 am at Reform Congregation Oheb Shalom, 555 Warwick Drive, Wyomissing unless noted. Please call the Temple office with any questions, 610.375.6034.



Upcoming Dates:
November 19 • December 17 • January 21 • February 11
March 25 at 10:00 am - Intergenerational Tot Shabbat at The Highlands
April 22 & May 13



Gardening with Vicky

Surviving the winter

By Vicky Sokoloff

Sometimes we have plants that were not intended as houseplants, but now that we have them we learn that they cannot tolerate winter in Berks County. What are our choices? Sometimes the decision depends on how much we like the plant, how difficult it would be to replace in spring, and how much we have invested in the plant.

Bulbs such as gladiola and canna are easy to dig and overwinter. It's time consuming, but not difficult. Dig them carefully to preserve the roots. Separate as needed. Dry well. Then label, wrap in newspaper and store in a dark spot.

Some plants, such as lavender, are marginal. The English varieties are generally hardy to zone 5. The Spanish types will need either to be well protected or brought in. The size of a plant may also influence what you are able to do. I recently met a woman who sends her large tropicals to a local senior living center for the winter. They have a large sunny common room and people who appreciate them.

Other options are to bring in the plant as you would a houseplant, find a protected spot on an enclosed porch, or wrap with burlap and hope that it won't be a harsh winter.

You can take cuttings of annuals, such as impatiens, begonias, geraniums, and coleus. They root easily and make attractive houseplants. This is a good way to overwinter them for planting in the garden next year. You can dig and pot a few annuals to enjoy their flowers for many more weeks indoors.

If you take houseplants outside in summer, it's time to move them back inside. It's not as easy as just moving their pots from one place to another. Because conditions differ widely between the inside and outside, a gradual transition is best. There are a few precautions you need to take to prevent sending your plant into shock.

Sudden changes in temperature, light, and humidity can be traumatic to plants, resulting in yellowed leaves, dieback, wilting, and even death. The light and humidity changes from outside to inside are huge. When moving your houseplant, start by bringing it in at night. For the first few days, bring the container inside in the evening and move it back outside in the morning. Gradually, over two weeks, increase the amount of time the plant spends indoors until it is indoors full time. The same gradual change will be needed to take it out next spring.

You should bring your plants indoors before nighttime temperatures dip below 45 degrees. Most tropical plants will suffer damage at temperatures below 40 degrees, a few even below 50 degrees.

If they've been in bright light and you move them into much lower light, expect some leaves to fall off. However, new ones should form as the plants adapt to the lower light. If they've been outside in high light it's best to put them in similar light indoors, like a south window or under plant lights on a timer for 16 hours a day.

Inspect plants for insects and diseases and treat as appropriate before bringing plants inside. Soaking the pot in a tub of lukewarm water for about 15 minutes will force insects out of the soil. If snails, earthworms, or other insects burrowed in the soil, you might want to repot the plants, placing a piece of wire screening over the drainage hole to keep them out next year.

If necessary, repot plants into larger containers. Fall is not the best time to repot unless a plant is desperate for more space. If plants have gotten leggy during their outdoor stay, remove from the container and prune the top and roots in equal proportions. Scrub the pot, add fresh potting soil and replant. Most indoor plants slow their root and foliage growth over the winter. If you do repot, use a container only 1 inch larger in diameter.

Don't overwater! Let the soil surface get dry to the touch before watering again. Water succulents less often, when the soil is dry for several days. Don't water in cloudy or rainy weather, as plants won't get sufficient light to dry out. Plants will have to adapt to the different environment of shorter days and dry, heated air. If your home is very warm and dry, you may need to water more frequently; if cooler and dimmer inside, the plants will retain moisture longer. Only fertilize during periods of active growth.

Remember, this is general advice. For specific information about your own plants, check the internet. University sites are your best resource. Or call the county agricultural extension at 610 378-1327 and ask for the hort desk.

On Oct. 26 Joel Fry, curator of Bartram's Garden in Phila, will be the speaker at the Berks Hort Club meeting. The meeting starts at 6:30 pm in the auditorium of the Berks Ag Center. Newcomers are welcome. For details visit www.berkshortclub.org.

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By Sari Incledon, M.Ed.

I have followed Marjorie Ingall's articles for quite some time. From 2002-2009 she was the East Village Mamelah columnist in the *Forward* newspaper and is now a columnist for Tablet (I read it online), covering a wide array of topics, mostly family and related. I recommend both publications highly for their coverage of all things Jewish — news and politics, life and religion and arts and culture. She has also written for *Parents*, *Redbook*, *Self*, *Glamour*, *Real Simple* and other



magazines.

Back to Marjorie, her new book, "Mamelah Knows Best – What Jewish Mothers Do to Raise Successful, Creative, Empathic, Independent Children," has just been published, and is a delightful read.

In the first chapter Ingall debunks the old stereotype of the Jewish mother. You know, that she is ultra-controlling, guilt-inducing, a shrieking monstrosity. She argues that this stereotype is wrong. In fact Jewish parenting methods are actually in line with modern research on fostering children's creativity, kindness and intellect. According to the author, Jewish mothering is precisely why, even though Jews make up less than 1 percent of the world's population, they constitute more than 20 percent of Nobel

Prize winners, 26 percent of Kennedy Center Honorees and 37 percent of Academy Award winning directors. In the succeeding nine chapters, she offers historical background, personal anecdotes and strategies from Jewish texts to show readers of all faiths how to implement Jewish mothering practices in their own lives and raise more self-sufficient, ethical and accomplished kids.

I highly recommend this book to parents, grandparents and anyone with an interest in raising children, for its lighthearted yet still serious approach to parenting. While it incorporates Jewish values, the strategies offered will be of interest to parents of all backgrounds.

Retirement Planning Help
JFS has planned two programs

for people planning retirement in the near future and for anyone interested in learning more about Social Security and Medicare. Careful planning and learning about these two government entitlement programs can increase the chances that you will have the resources to sustain yourself during retirement years.

Please join us at the JCC:

Monday, Nov. 7, at 6 p.m.: Learn more about Social Security with Earl Schultz.

Monday, Nov. 14, at 6 p.m.: to learn more about Medicare with Phyllis Dessel

Both programs are free, but reservations are needed 610-921-0624 or email Sari at SariI@jfreading.org

Jewish Family Service Planning for Retirement Programs

If you are planning to retire in the near future, our two informational programs can help you make important decisions.

Maximizing Social Security Benefits

Monday, Nov. 7 at 6 p.m. at the JCC with Earl Schultz of Strategic Wealth Advisory, Birdsboro. Learn the following:

*Strategies to maximize your benefits

* How benefits are calculated and how to coordinate benefits with your spouse

*Common mistakes that may cost retirees thousands in lifetime benefits

*What the new law means for your social security decision

Program is free, minimum registration is required. Please RSVP by Oct. 28 Call 610-921-0624 or email Sari Incledon at SariI@jfReading.org

Basic Introduction to Medicare

Monday, Nov. 14 at 6 p.m. at the JCC with Phyllis Dessel-community volunteer, retired from Berks County Area Office of Aging

Learn about all the parts of Medicare:

Medicare Part A- hospital insurance

Medicare Part B- medical insurance

Medicare Part C- Medicare Advantage plans

Medicare Part D- prescription drug plans

Program is free, minimum registration is required. Please RSVP by Nov. 7 call 610-921-0624 or email Sari Incledon at SariI@jfReading.org.

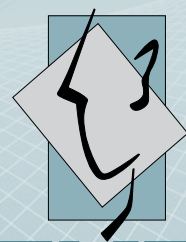
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If you know of any available positions please contact Sari Incledon at JFS- 610-921-0624 or SariI@jfReading.org.

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Federation Honorial - Memorial Card Information

Please mail your payment with complete information to the Jewish Federation, PO Box 14925, Reading, PA 19612-4925 or bring to the Jewish Cultural Center, 1100 Berkshire Blvd, Suite 125, Wyomissing. You may set up a "savings account" for the purpose of sending cards. Please contact the Jewish Federation at 610-921-0624 for further information.

Contributions as of Sept. 16

Holocaust Library & Resource Center

In memory of:
Sue Viener – Rosalye Yashek

JFS Food Pantry

In memory of:
Mrs. Jo Mattelson – Henry and Helene Singer

In honor of:
Michele Abramson's engagement – Sue Schlanger

Jewish Family Service

In honor of:
Al Inledon's 100th birthday – Louis Shucker and Sherry Faust
Bat Mitzvah of Sue and Herb Wachs' granddaughter – Debbie Goodman and John Moyer, Margie and Alan Leisawitz
Dr. and Mrs. Roy Gordon's 50th anniversary – Debbie Goodman and John Moyer

In memory of:
Barbara Sinkinson – Edith Mendelsohn
Sue Viener – Ruth Isenberg, Marcia and George Eligman, Edith Mendelsohn, Sylvia Wenger

Federation Jewish Community Campaign

In honor of:
Henry Singer's special birthday – Barbara M. Cohen
Michele Abramson and Brian Schachter's engagement – Debbie Goodman and John Moyer, Jackye and Jim Barrer
Bat Mitzvah of Sue and Herb Wachs' granddaughter – Henry and Helene Singer
Marriage of Ruth Isenberg's son Jimmy – Hilde Gernsheimer

Get well/speedy recovery:

Bernie Gerber – Burton and Fran Krieger
Yvonne Oppenheimer – Burton and Fran Krieger
Roseann Levin – Frank Wolf and Fran Bendheim

Honorials and Memorials

Contributions may be made to the following Funds:

Federation Jewish Community Campaign	\$10
Jewish Family Service	\$10
Leo Camp Lecture Fund	\$10
JFS Food Bank	\$25
JFS Taxi Transportation Program	\$25
Holocaust Library & Resource Center	\$18
Doris Levin Fund	\$10
PJ Library Fund	\$10
Harry & Rose Sack Fund	\$10
Evelyn Thompson Fund	\$10

In memory of:
Howie Bauman – Anzie and Edward Golden
Alan Mann – Fran Bendheim and Frank Wolf

PJ Library

In memory of:
Sue Viener – Michelle Wachs and Irwin Gross and Julia and Brian Gross, Sue and Herb Wachs, Cheryl and Eric Farber, Zena and Harvey Hafetz, Andy and Corinne Wernick, Jackye and Jim Barrer, George Weiss, Al and Betsy Katz, Barbara Nazimov, Debbie Goodman and John Moyer, Harriet Baskin, Sue Schlanger, Paula Daley, Barbara and Harry Drake, Jayne Cuminsky, Carol and Bob Weis, Larry and Alison Rotenberg, Marc and Marcia Filstein, Barbara and Victor Morrison, Elizabeth Gaul, Rhona and Lou Fromm, Janet and Bill Walker, Harriet Baskin, Sue and Mel Blum, Martin and Beverly Deutschman

Friendship Circle Fund

In honor of:
Michele Abramson's engagement – Glenn and Gaye Corbin

Get well/speedy recovery:

Sandy Miller – Gaye and Glenn Corbin

In memory of:

Joanne Rolland – Glenn and Gaye Corbin
Stanley Cieplinski – Glenn and Gaye Corbin
Sue Viener – Glenn and Gaye Corbin

Evelyn Thompson Nursery School Fund

In memory of:
Sue Viener – Beth and Bob Caster

Lakin Preschool

In honor of:
Edwin Lakin's special birthday – Rhoda Lazarus and family

Partnering across divides to promote social cohesion and strengthen Israel

Effective communication within diverse groups is a challenge in Israel. Of its 8.5 million citizens, around 80 percent are Jewish and 20 percent are Palestinian Arabs. In addition to small Druze and Christian Arab communities, Israel's Jewish citizens are themselves highly diverse. Around 20 percent of Israel's citizens are Russian-speaking, relatively recent immigrants. The majority of Israel's Jewish citizens originate from across the Arab world and Africa, and the rest are primarily of Eastern European extraction. Religious-secular, Jewish-Arab and other internal tensions are cause for concern.

In Israel there are, fortunately, a growing number of social, economic,

and educational initiatives that have made strengthening social cohesion their goal. The Good Deeds Day-Kulanana initiative is one of these. It addresses aspects of social cohesion relating to low levels of inter-group familiarity, trust, sense of common civic purpose and cooperation. Sustainable partnerships are nurtured between nonprofits that have never before cooperated and traditionally serve different communities. These are grounded on three principles: A common recognition of the value of the citizenship all Israelis share; respect for the diversity that characterizes Israeli society and; a shared appreciation that working together across divides is critical for Israel's long-term success.

By way of example, within the growing Kulanana nonprofit community: "Kemach" and "Tzofen" are partnering to identify shared barriers and opportunities to increase employment among Haredi and Arab citizens of Israel. The future of Israel is tied to the employment horizons of both these communities and their mutual relations.

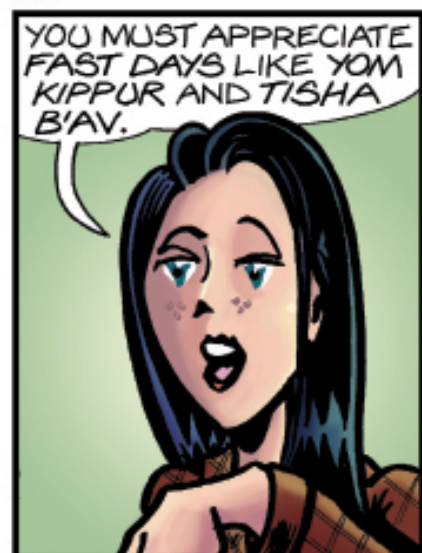
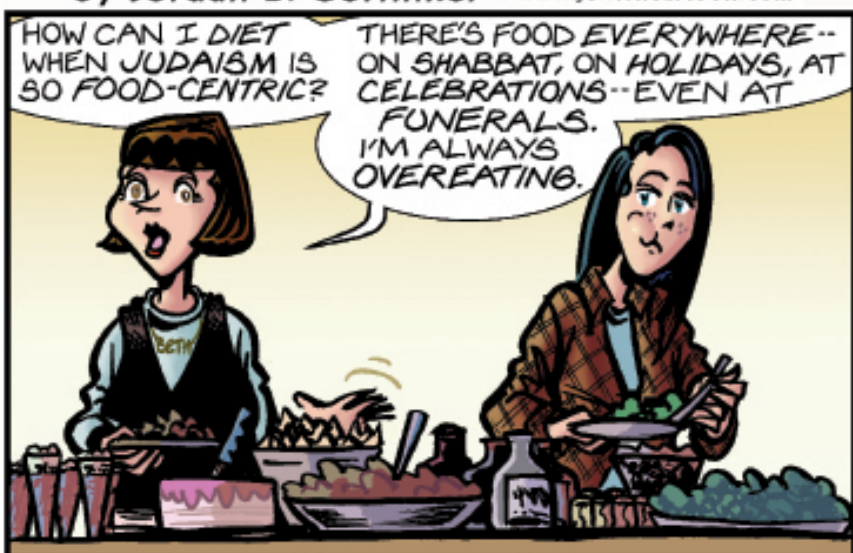
Meanwhile, "The Yaacov Herzog Center" and "Bina" are bringing together secular and religious Mechina students to learn about Judaism and build mutual recognition. Down in the Negev, "New Dawn" and "Community Stage in Kremim" are bringing together a group of Jewish and Bedouin leaders to devise and lead joint regional projects between

Rahat and Bnei Shimon Regional Council.

In Jerusalem "A Studio of Her Own" and "The Center for Independent living" – two neighborhood nonprofits with no previous connection – are helping Jerusalemites with disabilities and other under-served residents of the Katamon neighborhood to get to know each other through joint art classes and activities.

While there is a very long way to go, there must be teamwork among nonprofits, philanthropy and government, Israelis and international stakeholders in Israel's future, based on the conviction that civil society can play an historic role strengthening the fabric of Israeli society.

EVERYTHING'S RELATIVE
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