

The Voice of the Greater New Haven Jewish Community

SHALOM



**2022 JCC DAY
CAMPS SUMMER
FUN RECAP** Page 8-9

NEW HAVEN

FALL 2022 • ELUL/TISHREI 5783



The Meaning of the High Holy Days

*A Rabbis Roundtable
Discussion* pages 16-17

PLUS: Your **HIGH HOLY DAY** Guide
to events in Greater New Haven page 15



FROM THE DESK OF
JUDY ALPERIN
CHIEF EXECUTIVE OFFICER | jalperin@jewishnewhaven.org



The New Year Ushers in a Cycle of Renewal

With the cycle of the Jewish year beginning anew, we are also experiencing the cycle of renewal at the Jewish Federation. At our upcoming Annual Meeting we will celebrate the conclusion of Steve Fleischman's tenure as our president. Steve began his term during the height of the pandemic, which in itself is worthy of celebration. While Steve will count many significant accomplishments during his tenure, we are grateful to him for his leadership vision especially with regard to governance and his zeal to jump in with his whole heart. We were filled with pride when Steve and Amy Holtz represented our community so beautifully at the start of the Ukraine war, personally schlepping heavy bags of humanitarian supplies to Poland and sharing stories. Steve's leadership will not end with his presidency thankfully, as he will next helm the Jewish Federation's Annual Campaign with a special emphasis on PACE fundraising.

Our next president will be the second to hail from Cheshire in the past decade. Gerry Barker has been actively engaged in Jewish life as a leader at Temple Beth David and having served in leadership of the Federation, with several years of service chairing the planning and allocations process and serving on the committee and board of directors. Gerry's goal through allocations and in other spaces has always been one of maximum inclusion and fairness. He is wise and thoughtful and always interested in learning more about people, needs, and how he can help. My favorite thing about Gerry is that he may possibly be even more optimistic than me.

Gerry truly believes that if people only knew of the incredible things we do at the Jewish Federation then of course they would want to be involved. I could not agree more and I am looking forward to working closely with Gerry as we tell our story to more and more people in the years to come. Gerry's also a ton of fun to travel with and everyone will have an opportunity if they join on this March as we travel to Israel: Choose Your Own Adventure.

As the new year begins, growth and expansion will continue in several key areas aligned with our strategic plan. Our survey and report calls for investments in security, Jewish education, care for the vulnerable and to increase philanthropic support invested locally. We have made incredible strides in all of those areas and we will continue to build out programming and funding opportunities to enhance our local community and honor our commitments in Israel and around the world.

For almost seven years I have had the great joy, honor and privilege of leading this dynamic Jewish community. Along the way we've overcome unimaginable challenges and built new possibilities for a bright and strong future for the Greater New Haven Jewish community.

I will be wrapping up my tenure in late October to take a position as chief development officer of Hadassah, the Zionist Women's Organization of America. In addition to the opportunity to work in furtherance of Hadassah's important mission, I will be relocating to be much closer to my family, including my adorable two-year-old grandson, Dylan.

I have loved every moment working for you and if geography was not a concern, I would want to continue in this role forever. The strong staff team leading the Jewish Federation, Foundation and JCC and the dedicated and passionate lay leaders that work beside them are those who made this journey great fun and so successful. They will all continue to invest themselves leading forward.

Kol ha'kavod to Steve and b'hatzlacha to Gerry and to the Jewish Federation's interim CEO Amy Holtz. Our community could not be in better hands!

Wishing all a happy, healthy, joyous and prosperous New Year.

Judy

SHALOM NEW HAVEN

SHALOM NEW HAVEN is published six times per year and delivered free of charge to the Greater New Haven Jewish community by the Jewish Federation of Greater New Haven.

- COPY DEADLINES**
Copy deadlines for the upcoming Shalom New Haven issues are:
- October 1 for November/December issue
 - December 1 for January/February issue
 - Feb 1 for March/April issue
 - April 1 for May/June issue
 - June 1 for July/August issue
 - August 1 for September/October issue

SUBMISSIONS
To submit an article or photo, please email snh@jewishnewhaven.org. Please include your contact information when submitting.

Space is limited; submission does not guarantee publication. All articles are subject to approval by the editorial board.

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A NOTE FROM OUR FEDERATION PRESIDENT
GERALD BARKER



A New Year — A New President!

Warm greetings to all as I embark on this exciting adventure as the new president of the Jewish Federation of Greater New Haven. I am truly invigorated at the prospect of working closely with our wonderful professional staff, our many spectacular lay volunteers and our devoted religious leaders.

The fundamental question that surrounds all of us who are involved with Federation is a very simple one: Why do we care and why SHOULD we care?

WHY DO WE CARE?
I believe we care for a wide range of reasons, and each of us might share one or all of these:

We care because we have been raised to value tzedakah and we gain true pleasure out of giving and helping others;

We care because we cherish our amazing history and want to be a part of the Jewish collective;

We care because we feel a personal duty to share our many blessings;

We care because we don't want to take religious freedom for granted and want to ensure a viable future for our children;

We care because we believe it is our duty as Jews to help those in need.

WHY SHOULD WE CARE?
This is a much more difficult question to answer and it is my hope that, over the next two years, every Jewish person in the Greater New Haven community

develops their own response to this question. For me, it is quite simple, I feel pain when I see people suffering and I want to help those in need...and helping fellow Jews just feels right. And when I see the activity, the camaraderie, the excitement happening at our camps, in our JCC, at religious observances it makes me feel good — really good!

I am following in the footsteps of many superb past presidents. I am so fortunate to have as my immediate past president Dr. Steve Fleischman. When I think of Steve the following adjectives come to mind: indefatigable, brilliant, smiling, kind, empathetic, considerate, and caring. If I can perform my responsibilities as well as Steve that would be sufficient... but with everyone's assistance, we all hope to grow our Federation to new heights so we can take on more challenges and help more people throughout our community and throughout the world.

Warm wishes for a healthy and happy New Year for each of you and your families, and for our entire world.

Shana Tova,

Gerald Barker

Gerald Barker,
President
Jewish Federation of Greater New Haven

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Save the date

KEVER AVOT WE REMEMBER...

Sunday, October 2 | 2-3 PM
jewishnewhaven.org/events

In our Jewish tradition, it is customary to visit the graves of loved ones between Rosh Hashana and Yom Kippur. Since it is impossible to visit the graves for those lost in the Holocaust, the Jewish Federation of Greater New Haven's Holocaust Memory Committee brings the community together at the New Haven Holocaust Memorial on Whalley Avenue for meaningful service. Please join us.

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SUNDAY, SEPT. 18

jccnh.org/bagel-run

Jennifer Bayer steps up at The Towers

Jennifer Bayer has been named associate vice president of strategic initiatives at The Towers at Tower Lane, it was announced recently by the organization's President/CEO Gustave Keach-Longo.



Prior to being promoted to her new post, Jennifer worked at The Towers supporting a variety successful initiatives that helped propel The Towers forward, including strategic planning, the re-branding of The Towers at Tower Lane, and the expansion of The Towers Fund Development.

She successfully built new relationships with partners and funders that have enabled The Towers to expand the organization's delivery of high-quality support services. The Towers' Meal Sustainability Through Co-generation Project and the preparation of the

Ground Floor Renovation are just two of the projects that Jennifer has accelerated with her strategic thinking and skills.

Jennifer has also been instrumental in the development of The Towers' new Community Garden, and she will be a key leader in the redevelopment of The Towers' campus.

"One of the privileges of being a seasoned leader within a given field is having the chance to meet younger talented individuals and to watch them grow," said Keach-Longo is announcing her appointment. "Jen is the perfect person to help lead our strategic planning and initiatives as we start exploring the redevelopment of our campus. She is a joy to work alongside every day and I look forward to working together as we prepare The Towers for our future generations."

We wish you a
Happy and Healthy
New Year.



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Jewish Federation



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JCC

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Dr. Norman Ravski



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PRESIDENT'S AWARD**
Endre (Andy) Sarkany

ROBERT M. PITE YOUTH AWARD
Winners to be highlighted in our next issue!

Sixth Elm City Kallah Scholar-In-Residence Program

OCT. 28-30, FEATURING RACHEL KORAZIM

Elm City Kallah is a collaboration of Westville Synagogue, Beth El-Keser Israel, and Congregation B'nai Jacob, coming together for the sixth time to create an exceptional collaborative educational experience. All of the events throughout the weekend (except for the subsidized Friday night dinner) are free and open to the general community, and members of each congregation are invited and encouraged to attend events at one another's synagogues.



This year's Scholar will be Dr. Rachel Korazim. A native Israeli, Dr. Korazim is a Jewish education consultant specializing in curriculum development for Israel and Holocaust education. She has a Ph.D. in Jewish education from Haifa University, and has vast experience in Jewish education in Israel, the United States, Canada, Latin America and Europe; she is also a founder of a special program for soldiers from disadvantaged backgrounds.

Dr. Korazim will speak at the Westville Synagogue Friday night, Oct. 28th, following Shabbat services and a catered dinner (reserve at westvilleshul.org). Her topic Friday night will be Biblical Motifs in Modern Israel Poetry.

On Shabbat day, Dr. Korazim will be at Congregation BEKI, where following a Kiddush luncheon, she will speak on The Mizrahi (Sephardic) Voice in Israeli Literature.

Sunday morning she will speak a final time at Congregation B'nai Jacob, preceded by a light breakfast. Her topic on Sunday will be Three Israeli Songs that Made an Impact.

Additional information will follow as the event approaches. Contact Rabbi Rona Shapiro (RGShapiro430@gmail.com) or Barbara Zalesch (BarbZal918@aol.com).



L'Shana Torah U'Metukah!

BBYO is the largest pluralistic Jewish Teen movement connecting more Jewish teens to more Jewish experiences. You will get the chance to meet and make new friends, enhance your leadership skills, support your community, and take part in one-of-a-kind experiences. BBYO typically meets at the JCC on Thursday evenings. For meeting dates starting in the Fall, email Josh Cohen, Senior Regional Director at JCOhen@bbyo.org, to get on the chapter mailing lists.



For more information about BBYO Connecticut Valley Region, email Josh Cohen at: JCOhen@bbyo.org

JCARR Kids Enjoy a Summer of Fun!

By Barbara Klein,
JCARR co-leader of education

Summer! A magical word that conjures up wonderful childhood memories for so many of us. Likewise, for the children of families that JCARR (Jewish Community Alliance for Refugee Resettlement) has sponsored, summer has a magical allure—but making the magic come alive can be fraught with challenges.

As newcomers to the greater New Haven community, JCARR families aren't always aware of what resources are available to them. Where are there local beaches and free swimming pools? Where can my children play outside safely? they wonder. The world is a confusing place for our new families, especially for those who can't speak or read English. That's when JCARR steps in with help and support.

Over the past seven years, JCARR has sponsored seven refugee and asylum-seeking families from the Democratic Republic of Congo, Syria, Iraq, Angola, and Afghanistan, guiding them through a myriad of hurdles as they make a new life in the New Haven community, so that they can ultimately live independent, self-sufficient lives here in the U.S.

This summer, JCARR worked closely with our two most recently arrived families, each with different



Children of JCAAR refugee families learned how to play tennis this summer.

needs, to help them find summer programs that suited the unique needs of their children.

The first family came from Afghanistan and consisted of a mother and her three children, together with her teenage nephew. The oldest child knew some English; Mom and the children knew none. While the older children were in school during the year, Mom



Children of JCARR learning to swim.

and baby attended English as a Second Language (ESL) and family literacy classes given by Integrated Refugee and Immigrant Services (IRIS). This summer, IRIS expanded this program to offer ESL and recre-



Children of JCARR refugee families honed their literacy skills this summer.



Children of JCARR refugee families enjoyed a summer of fun at a program sponsored by LEAP.

ational opportunities for school-age children, allowing Mom to continue learning English, continuity for the baby, and additional support for the all the children to further their English skills and participate in enrichment activities such as music, art, outdoor play and more. JCARR volunteers taught the family how to take the bus every morning from their home to Wilbur Cross High School, where the IRIS Summer Learning Program was held.

The second newly arrived JCARR family — parents and their three young daughters — came from Angola at the start of the pandemic. The family now includes a son, who was born this past April. The parents have acquired some English proficiency, and the children are now very proficient English speakers. The children spent this summer at their neighborhood LEAP summer program, improving their literacy and social skills by engaging in conversation and reading books, and participating in a variety of recreational activities, such as arts and crafts, dance, sports, field trips to water park, science explorations, and more.

Two of the family's daughters attended free dance classes offered by the New Haven Ballet School. In July, the girls wielded tennis rackets at the Summer Tennis in the Park program at East Shore Park, run by the New Hytes Tennis Organization. Getting to activities was sometimes a problem, but JCARR "friends" provided transportation.

Two other JCARR families with children have been in the New Haven area for several years now and are fully integrated into the New Haven community. Their children had full and fun summer experiences, without any JCARR assistance. For us in JCARR, we call that a success story!



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Sponsored by the Greater New Haven Board of Rabbis
Classes begin 7 PM, Tuesday, October 11, 2022
(Most meetings via zoom)
Contact eelai@tegnh.org for more information

This program has been made possible through a generous grant from the Jewish Federation of Greater New Haven.

IN-PERSON & VIA ZOOM

AUTHOR SERIES

BECKERMAN JEWISH CULTURAL ARTS SERIES

The Convention of Wives
Author Debra Green
Thursday, Nov. 3
7:30 PM
In-person & via zoom

Visit jcnh.org/beckermanauthor for full details

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A Summer of Fun at the JCC DAY CAMPS!

Summer 2022 is over...and it's safe to say it was one for the record books, at least in terms of the sweltering, sizzling heat. Still, the record-breaking temps didn't keep the kids at the JCC Day Camps from enjoying a summer of fun. Thanks to our dedicated staff and our supportive parents, 350 campers had a blast participating in a host of activities — such as music, nature, arts & crafts, low ropes, drama, dance, archery, sports and, of course, swimming in our beautiful outdoor pool — and special event days like: Carnival Day, Israel Day and Maccabiah, to name but a few.

HERE'S A QUICK LOOK AT WHAT JCC DAY CAMPS FUN LOOKS LIKE!



Find the M&M's



Artistic Creations



Camp Donut Race



Teamwork



Slip & Slide



Balloon Animals



Foam Party

"I made so many new friends at camp, they're kind of like my family now. And I learned a lot too, like how to not be afraid to try new things. I can't wait to come back next summer!"
—A 10-year-old camper at the JCC Day Camps



Splish Splash

A Fund for Our Community's Children

Robert and Rena Grodd established the Rena & Robert Grodd Fund for Preschool Education at the Jewish Foundation

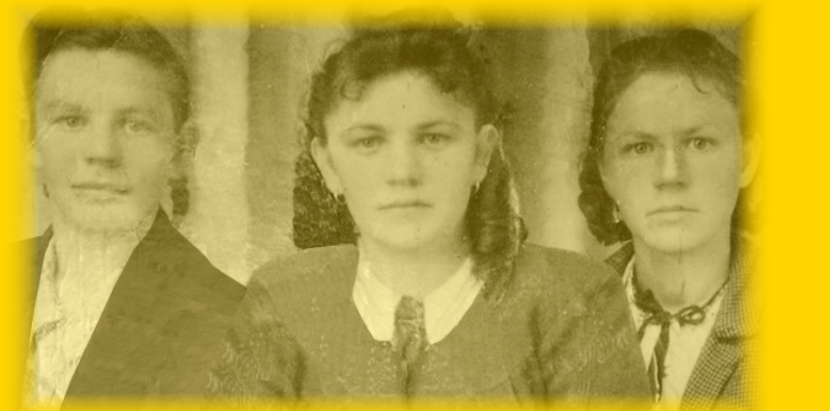


"L'dor v'dor...from generation to generation, each of us has the responsibility to pass traditions on and keep them alive. We have had the great fortune to be a part of the New Haven Jewish community for many years. It is our desire that any Jewish parent who wishes to instill Jewish pride and a love of Israel in their children at a young age should have the financial means to do so. Therefore, we made the decision to set up a charitable fund dedicated to helping offset the cost of a Jewish pre-school and/or camp program."

—Robert and Rena Grodd

To find out how you can create a legacy for what is important to you, contact the Jewish Foundation of Greater New Haven, Lisa Stanger, Executive Director, lstanger@jewishnewhaven.org, or visit newhavenjewishfoundation.org.

“Mother knew what the punishment would be for hiding Jews, but she couldn’t refuse them... She just wanted to save lives.”



Kateryna Sikorska

Kateryna’s Daughters (left to right): Krystyna, Iryna, and Maria Sikorska.

**SUNDAY,
NOVEMBER 13
9-11 A.M.**

This year’s commemoration will honor the conscience and courage of the more than 2,600 heroes who rescued Jews from the Holocaust in Ukraine. We will focus primarily on the story of Kateryna Sikorska, a young widow who was put to death by the Nazi regime for her life-saving acts, and her three young daughters who assisted her and survived.

Prior to the program, we encourage you to watch a documentary film about Kateryna, entitled “She Paid the Ultimate Price.” The film was produced and directed by Kateryna’s granddaughter, Canadian filmmaker Iryna Korpan, and is available to watch on YouTube.

PROGRAM’S EVENTS:

Hear from Kateryna’s granddaughter Iryna, who is working to raise funds to restore the historic synagogue in her grandmother’s home town, Pidhaitsi, Ukraine.

Young Adult Author, Marsha F. Skrypuch, will speak about her youth novel “Don’t Tell the Nazis,” inspired by Kateryna’s story.

United States Senator Richard Blumenthal will present a U.S. Senate Certificate of Special Recognition to Iryna, which she will receive on behalf of her grandmother.

**All are Welcome In-person
and Via Zoom**

**Please join us for our 16th Annual
Kristallnacht Commemoration**

“Kateryna and Her Daughters”

REGISTER AT

jewishnewhaven.org/kristallnacht



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OF GREATER NEW HAVEN**

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We thank Or Shalom Men’s Club for their ongoing support of this annual program.

AT THE JCC

Living Well, Living Long, Living Healthy!

By Susan Donovan
Director of Group and Virtual Exercise, JCC of Greater New Haven

Move often, eat mindfully, manage stress, and stay socially connected—a recipe that can lead to a longer and healthier life! Of course, that’s often easier said than done for most, as it requires a commitment to some level of change and change can be hard. But we’re here to help

Rooted in the understanding that health is not just about fitness, JCC’s LIVE WELL 360 is a bundle of private services and supportive treatment modalities to guide and assist you in achieving positive change and overall wellness. Live Well 360 operates under the guidance and direction of educated, experienced coaches and practitioners, motivated to assist and address aspects of emotional, mental, social, and physical fitness health, including:

- **MOVE WELL:** strength, cardio/respiratory, flexibility for safe and effective exercise
- **FUNCTION WELL:** core strength and stability training
- **FEEL WELL:** corrective exercise, postural alignment therapies
- **RECOVER WELL:** therapeutic or relaxation massage
- **EAT WELL:** menu planning, behavioral change, fat loss, or detoxing

Wellness is about making choices. Simple choices that support sustainable change. As we live through these pandemic times with health much more of a priority, isn’t it time to start making choices toward a healthy and fulfilling life?

For more information, contact Susan Donovan at (203) 387-2424 x265 or susand@jccnh.org.



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Wellness is an active process of becoming aware of and making choices toward a healthy and fulfilling life. More than being free from illness, wellness is a dynamic process of change and growth. Beyond the physical body, we will also address aspects of health including emotional, mental, social, and even spiritual fitness.

Our JCC team of knowledgeable, experienced, and certified fitness pros are on the cutting edge of current health initiatives and ready to guide you on your journey to better health and fitness.

The program begins with a private wellness consultation to determine your needs, preferences, schedule, and any physical limitations. A plan of action is then created based on your choices to include sessions in the areas of Personal Training, Health Coaching, Corrective Exercise Therapies, Nutrition & Eating Behavior Counseling, Stress Management, and Orthopedic Massage Therapies.

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For more information: susand@jccnh.org



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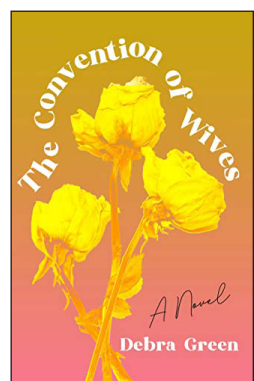
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BECKERMAN CULTURAL ARTS SERIES Debra Green to kick off "Author" series

The Jewish Community Center of Greater New Haven will kick off its popular 2022-2023 Beckerman Cultural Arts Series on Thursday, November 3, 7:30-8:30 p.m., with a "Book Talk Author Program" featuring author Debra Green. A first-time novelist, Green will discuss her new book *The Convention of Wives* — a sweeping saga about the ever-evolving messiness of friendship and marriage, and the wonder of survival.

when not busy being 'wives,' I outlined the book that day, started writing, then began taking a writing class. The book may prompt discussion about issues that strike home for women such as friendship, the complications of long-term marriages, and living within the values and expectations imposed by the era into which we are born.



YOU WERE NOT A NOVELIST WHEN YOU SET OUT TO WRITE THIS BOOK. SO HOW DID YOU DO IT?
I have always written, for work and for pleasure. I completed a screenplay 30 years ago but was in the throes of motherhood and didn't do anything with it. Since then, I've written numerous essays which sit in a file on my computer. I've started a few novels then stopped. But, somehow, perhaps it was the timing of not working and children out of the house, early in the process of writing *The Convention of Wives* I signed up for a writing class for first time novelists at The Writers Circle in Summit, New Jersey. This class and my teacher, [author] Michelle Cameron, kept me on task and taught me skills I did not have.

I have since joined two other groups of writing compatriots, Shut Up and Write Westfield and the Columbia Fiction Foundry. My classmates and the members of these two writing groups have provided a workshop for my novels along with a sense of community. They have been direct, generous, and kind with their comments. I have learned

as much, if not more, about my own writing by reviewing and giving feedback about their work. I highly recommend writing classes and workshopping for all beginning authors.

YOUR STORY INVOLVES JEWISH GENETIC DISEASES. IS THERE A PERSONAL OR PROFESSIONAL CONNECTION HERE?

As a health care administrator for many years, I always had an interest in genetic diseases. I wanted to provide a plot twist in the novel that required a Jewish genetic disease. During my research, I became aware of the amazing strides the Jewish population had made combating Tay-Sachs and about Gaucher and the treatments that were refined during the 1970's. It was all fascinating to me. I did a 23andMe medical panel on myself out of curiosity and am not a carrier of either. But a few years ago, my daughter, who had recently married and was screened, called to tell me that she was a Gaucher carrier. It was a surprising and impactful piece of information—information that I then shared with my husband and his family.

This program will also have a genetic counselor from JScreen to shed light on Jewish genetic diseases and answer any questions.

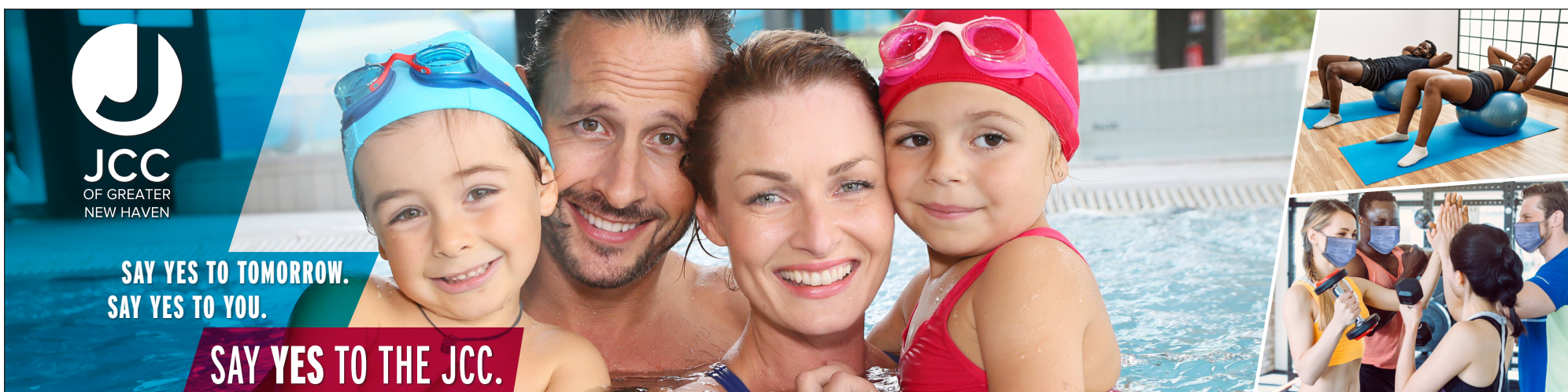
Join Debra at JCC's Beckerman Cultural Arts Series on Thursday, Nov. 3, 7:30-8:30 p.m. The talk is both in person and on Zoom. Tickets are \$5 per event; FREE for series ticket holders. For more info, visit jccnh.org.

A graduate of Rutgers University and Columbia University's Mailman School of Public Health, Debra lives in Scotch Plains, New Jersey where she is a member of the JCC of Central New Jersey and Congregation Beth Israel. Debra's Connecticut claim to fame is her aunt, New Haven resident Dr. Joyce Saltman, who runs popular humor groups and writing groups, and much more throughout the New Haven area.

The following is an excerpt of a recent interview with Debra Green in which she discusses her recently published book and her newfound career as a novelist.

WHERE DID THE IDEA FOR THE BOOK COME FROM?

While sitting by the pool relaxing, attending a medical convention with my husband in San Diego years ago, I noticed many women like me, 'convention wives', propped up on lounge chairs reading their novels. ... I wondered who they were, what they did with their time



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Join us for a Groundbreaking Day at The Towers!

Sunday, September 18, 2022

(Rain Date: Monday, September 19)

1:00 pm

Community Garden Groundbreaking and Ground Floor Kick-Off Ceremony

2:00 - 5:00 pm

Community Family CARNIVAL

Please join us as we celebrate the transformation of our campus and honor all of the partners and donors who are taking The Towers from strength to strength for generations to come.

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 City of New Haven Alder, Carmen Rodriguez

Remarks • Refreshments • Fun!

Please RSVP to Nicole Merritt at nicole@towerlane.org or (203) 772-1816, ext. 180



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A Guide to High Holy Days Services in Greater New Haven

CONGREGATION MISHKAN ISRAEL 785 Ridge Road, Hamden | (203) 288-3877 cmihamden.org

Selichot
 Sept. 17, 7 p.m. Selichot service
 A joint URJ service with Temple Emanuel, held at Mishkan Israel

Rosh Hashanah
 Sept. 25, 5 p.m., Erev Rosh Hashanah contemporary service

Sept. 25, 8 p.m., Erev Rosh Hashanah traditional service

Sept. 26, 9:15 a.m., First Day Rosh Hashanah, Young Family Service

Sept. 26, 10 a.m., Shacharit

Sept. 26, 10:30 a.m. Youth Program/Service

Sept. 26, 2 p.m., Family Service

Sept. 27, 10:30 a.m., Second Day Rosh Hashanah service

Sept. 27, 12:30 p.m., Tashlich & picnic at bridge behind Eli Whitney Museum

Yom Kippur
 Oct. 4, 8 p.m., Kol Nidre Service

Oct. 5, 9:15 a.m., Young Family Service

Oct. 5, 10 a.m., Morning Service

Oct. 5, 10:30 a.m., Tough Program/Service

Oct. 5, 1 p.m., Reflection Service

Oct. 5, 2 p.m., Family Service

Oct. 5, 3:30 p.m., Mincha

Oct. 5, 5:15 p.m., Yizkor

Oct. 5, 6 p.m., Ne'ilah & Havdalah

Sukkot
 Oct. 10, 10:30 a.m., Sukkot services

Simchat Torah
 Oct. 16, 6 p.m., Simchat Torah services

Oct. 17, 10:30 a.m. Simchat Torah with Yizkor services

CONGREGATION BETH E-KESER ISRAEL 85 Harrison Street, New Haven (203) 389-2111 (203) 389-2108 x114 | beki.org

Selichot
 Sept. 17, 7:30 p.m., Film

Sept. 17, 9:15 p.m., Dessert reception

Sept. 17, 9:30 p.m., Service

Rosh Hashanah
 Sept. 25, 5 p.m., Erev Rosh Hashanah 'Apples & Honey' Young Family Service

Sept. 25, 6 p.m., Erev Rosh Hashanah service

Sept. 26, 9 a.m. First Day Rosh Hashanah services; children's services, 10:45 a.m. and 12 p.m.

Sept. 26, 5 p.m. Tashlich at Whitney Covered Museum Bridge

Sept. 26, 5 p.m. Tashlich at Edgewood Bridge (followed by Mincha/Maariv)

Sept. 27, 9 a.m. Second Day Rosh Hashanah Day service, with children's services 10:45 a.m. and 12 p.m.

Sept. 27, 5:45 p.m. Mincha

Shabbat Shuvah
 Sept. 30, 6 p.m. Kabbalat Shabbat

Oct. 1, 9:15 a.m. Shabbat Shuvah service, followed by children's services at 10:45 a.m.

Cemetery Services
 Oct. 2, 10 a.m. Warner Street cemetery

Oct. 2, 11 a.m. Farwell Street cemetery

Yom Kippur
 Oct. 4, 5:45 p.m. Erev Yom Kippur service (Kol Nidre)

Oct. 5, 9 a.m. Yom Kippur service; with children's services at 10:45 a.m. & 12 p.m.; study sessions 2:30 & 3:15 p.m.

Oct. 5, 5 p.m. Mincha, followed by Ne'ilah

Sukkot
 Oct. 9, 5:45 Erev Sukkot Mincha/Maariv

Oct. 10, 9:15 a.m., First Day Sukkot services, followed by Sukkah Hop

Oct. 10, 5:45 p.m. Sukkah Hop Mincha & Maariv

Oct. 11, 9:15 a.m. Second Day Sukkot Service

Oct. 11, 5:45 p.m. Mincha/Maariv

Oct. 16, 9:15 a.m. Hoshanah Rabbah Shacharit

Simchat Torah
 Oct. 16, 5:45 p.m. Mincha & Erev Shmini Atzeret

Oct. 17, 9:15 a.m. Shmini Atzeret services, including Yizkor

CONGREGATION B'NAI JACOB 75 Rimmon Road, Woodbridge (203) 389-2111 (203) 389-2108 x114 | bnaijacob.org

Selichot
 Sept. 17, 7:30 p.m., Film

Sept. 17, 9:15 p.m., Dessert reception

Sept. 17, 9:30 p.m., Service

Rosh Hashanah
 Sept. 25, 5 p.m., Erev Rosh Hashanah 'Apples & Honey' Young Family Service

Sept. 25, 6 p.m., Erev Rosh Hashanah service

Sept. 26, 8:30 a.m., First Day Rosh Hashanah Service; with children programs, 10:30 a.m.-12 noon

Sept. 26, 12 noon, Outdoor Shofar service

Sept. 26, 5 p.m. Tashlich, followed by Ere RH2 service

Sept. 27, 9 a.m., Second Day Rosh Hashanah service

Cemetery Service
 Oct. 2, 12:30 p.m., B'nai Jacob Memorial Park, Wintergreen Ave. (in case of rain, service at B'nai Jacob)

Yom Kippur
 Oct. 4, 6 p.m., Kol Nidre and Maariv

Oct. 5, 9 a.m., Yom Kippur Service, with children's programs at 10:30 a.m.

Oct. 5, 4:45 p.m., Mincha

Oct. 5, 6:15 p.m., Ne'ilah Under the Stars

Oct. 5, 7:08, Final Shofar blast

Sukkot
 Oct. 9, 6 p.m., Erev Sukkot service

Oct. 10, 9:30 a.m., Shachrit (morning service)

Oct. 10, 6 p.m. Maariv (evening service) (Zoom only)

Oct. 11, 9:30 a.m., Shachrit

Simchat Torah/Shemini Atzeret
 Oct. 16, 6 p.m., Maariv (Zoom only)

Oct. 17, 9:30 a.m., Shemini Atzeret/Simchat Torah service

Oct. 17, 6 p.m., Simchat Torah Family Service

Oct. 18, 9:30 a.m., Shacharit

TEMPLE BETH SHOLOM 1809 Whitney Ave., Hamden (203) 288-7748

Services are in-person and virtual services.

CHABAD OF THE SHORELINE 800 Village Walk #327, Guilford (203) 533-7495 chabad@snet.net JewishShoreline.org

Selichot
 Sept. 17, 7:30 p.m., Film

Sept. 17, 9:15 p.m., Dessert reception

Sept. 17, 9:30 p.m., Service

Rosh Hashanah
 Sept. 25, 9 a.m., Erev Rosh Hashanah morning services

Sept. 25, 6:30 p.m., Mincha & Evening Services followed by holiday dinner

Sept. 26, 9:30 a.m., First Day of Rosh Hashanah services, with children's program at 11 a.m.

Sept. 26, 11:30 a.m., Shofar sounding

Sept. 26, 5:30 p.m., Mincha & Tashlich service

Sept. 26, 7:30 p.m., Maariv followed by holiday dinner

Sept. 27, 9:30 a.m., Shacharit, with children's program 11 a.m.

Sept. 27, 11:30 a.m., Shofar sounding

Sept. 27, 1:30 p.m., Kiddush lunch

Yom Kippur
 Oct. 4, 6:15 p.m., Kol Nidrei services

Oct. 5, 9:30 a.m., Shacharit, followed by children's program at 11 a.m.

Oct. 5, 12:15 p.m., Yizkor Memorial service

Oct. 5, 4:45 p.m., Mincha & Neilah services

Oct. 5, 7:07 p.m., Fast end, followed by Break-Fast Meal (RSVP)

Sukkot
 Oct. 9, 6 p.m., Erev Sukkot service

Oct. 10, 9:30 a.m., Shachrit (morning service)

Oct. 10, 6 p.m. Maariv (evening service) (Zoom only)

Oct. 11, 9:30 a.m., Shachrit

Simchat Torah/Shemini Atzeret
 Oct. 16, 6 p.m., Maariv (Zoom only)

Oct. 17, 9:30 a.m., Shemini Atzeret/Simchat Torah service

Oct. 17, 6 p.m., Simchat Torah Family Service

Oct. 18, 9:30 a.m., Shacharit

CONGREGATION OR SHALOM 205 Old Grass Hill Road, Orange | (203) 799-2341 cmihamden.org

Sukkot
 To purchase a Sukkah or a Lulav/Etrog set, call (203) 533-7495 or email chabad@snet.net

Reservations required; all welcome.

Rosh Hashanah
 Sept. 25, 9 a.m., Erev Rosh Hashanah morning services

Sept. 25, 6:30 p.m., Mincha & Evening Services followed by holiday dinner

Sept. 26, 9:30 a.m., First Day of Rosh Hashanah services, with children's program at 11 a.m.

Sept. 26, 11:30 a.m., Shofar sounding

Sept. 26, 5:30 p.m., Mincha & Tashlich service

Sept. 26, 7:30 p.m., Maariv followed by holiday dinner

Sept. 27, 9:30 a.m., Shacharit, with children's program 11 a.m.

Sept. 27, 11:30 a.m., Shofar sounding

Sept. 27, 1:30 p.m., Kiddush lunch

Yom Kippur
 Oct. 4, 6:15 p.m., Kol Nidrei services

Oct. 5, 9:30 a.m., Shacharit, followed by children's program at 11 a.m.

Oct. 5, 12:15 p.m., Yizkor Memorial service

Oct. 5, 4:45 p.m., Mincha & Neilah services

Oct. 5, 7:07 p.m., Fast end, followed by Break-Fast Meal (RSVP)

Sukkot
 Oct. 9, 6 p.m., Erev Sukkot service

Oct. 10, 9:30 a.m., Shachrit (morning service)

Oct. 10, 6 p.m. Maariv (evening service) (Zoom only)

Oct. 11, 9:30 a.m., Shachrit

Simchat Torah/Shemini Atzeret
 Oct. 16, 6 p.m., Maariv (Zoom only)

Oct. 17, 9:30 a.m., Shemini Atzeret/Simchat Torah service

Oct. 17, 6 p.m., Simchat Torah Family Service

Oct. 18, 9:30 a.m., Shacharit

Oct. 18, 10 a.m., Shacharit followed by Kiddish and Hakafot

CONGREGATION OR SHALOM 205 Old Grass Hill Road, Orange | (203) 799-2341 cmihamden.org

No tickets are needed for Erev Rosh Hashanah, Alternative Services held at High Plains Community Center (525 Orange Center Road, Orange @ the Gazebo-Rain or Shine) or Kol Nidre. Tickets needed for all other services. Bring your own chair to HPCC)

Rosh Hashanah
 Sept. 25, 7:30 p.m., Erev Rosh Hashanah evening service

Sept. 26, 8:30 a.m., First Day Rosh Hashanah, Shacharit

Sept. 26, 9 a.m., Torah service

Sept. 26, 10 a.m., Rabbi Wainhaus' sermon

Sept. 26, 10:30 a.m., Shofar sounding in synagogue and at High Plains Gazebo

Sept. 26, 11 a.m., Outdoor Alternative Service at High Plains Gazebo

Sept. 26, 12 noon, Tashlich, meet at Wright's Pond

Sept. 26, 6:30 p.m., Mincha/Maariv service in sanctuary

Sept. 27, 8:30 a.m., Second Day of Rosh Hashanah, Shacharit/Service

Sept. 27, 9 a.m., Torah Service

Sept. 27, 10 a.m., Sermon by Rabbi James

Sept. 27, 10:30 a.m., Service at Synagogue ends

Sept. 27, 11 a.m., Service at High Plains

Sept. 27, 6:30 p.m., Mincha/Maariv service in Sanctuary

Yom Kippur
 Oct. 4, 6 p.m., "Operation Isaiah" collection of non-perishable food for the needy

Oct. 4, 6:16 p.m., Kol Nidre service

Oct. 5, 8:30 a.m. Shacharit

Oct. 5, 9:15 a.m. Torah Service

Oct. 5, 9:30 a.m. Rabbi meets children for retelling of the Story of Jonah (location TBD)

Oct. 5, 10 a.m. Sermon by Rabbi Wainhaus

Oct. 5, 10:30 a.m. Yizkor service

Oct. 5, 4 p.m., Community Yizkor service

Oct. 5, 5 p.m. Mincha service followed by Neilah service

Oct. 5, 7:15 p.m., Shofar Sounding, ending Yom Kippur (in lieu of a break fast there will be a grab and go snack and drink.)

For other area synagogues' High Holy Days schedules and more listings as they come in, visit us at jewishnewhaven.org

THE HIGH HOLY DAY season begins during the Hebrew month of Elul, when the shofar is sounded every weekday morning in order to instill a sense of awe in the Jewish people and call upon us to repent.

This year, Rosh Hashanah falls at sundown, Sept 25, and ends at sunset, Tuesday, September 27; and the fast day of Yom Kippur begins at sundown on Tuesday, October 4, and ends with the blowing of the shofar on Wednesday, October 5.

The two holy days, and period known as Asseret Y'mei Teshuvah — the 10 days of repentance — that separates them, is a blend of joy and solemnity, feasting and fasting, prayer and inspiration make up the spiritually charged head of the Jewish year.

What does it all mean? What does repentance entail? Recently, we gathered together three of our New Haven area rabbis to share with us their thoughts and insights on the High Holy Day season with us.

SHALOM NEW HAVEN (SNH): We're here speaking with Rabbi Rona Shapiro of Congregation B'nai Jacob in Woodbridge, Rabbi Brian Immerman of Congregation Mishkan Israel in Hamden, and Rabbi Josh Pernick who serves as the Jewish Community Relations Council (JCRC) director and rabbi in residence for the Jewish Federation of Greater New Haven.

Rabbis, thank you all so much for joining us today. So tell us — what do you have planned for High Holy Day services this year? Will you be introducing anything new to the mix?

RABBI RONA SHAPIRO: Well, we're going to be back in the sanctuary this year. And some of the changes that we made over COVID are staying with us.

But I also personally think that the holidays are the worst time to do anything differently. Because the people who come just for the holidays are the least connected to the synagogue and they want what is familiar to them. You know, if you go to your grandmother's house and you want her chicken soup and her brownies, you really don't want her to tell you "I just came up with a caramel flan that I'd like to try on you." And that's kind of what the high holidays are. No caramel flan. You want her chicken soup and her brownies.

RABBI BRIAN IMMERMEN: Amen, Rabbi, because we're all going to be back together. Every rabbi has got anxiety that nobody will show up to High Holiday services and we all had to live with that anxiety during Covid. So, being back together is what I'm most excited about.

In terms of the service, we we are offering caramel flan along with our usual vanilla. So, for our second year in a row, we're offering an alternative Rosh Hashanah service

with the Afro Semitic Experience. David Chevron, the group's leader, is one of our congregants. The cantor and I are still participating and giving two sermons. Because it's on a Sunday, we moved services to five and we're really going to work to get families to come. It will be a super family friendly service with lots of music, a blend of new contemporary music from new artists with some ancient melodies.

RABBI JOSH PERNICK: This is a little different for me. But I'll say that on the Federation side of things, a lot about what we're trying to do is to amplify what everybody else is doing in the community, and trying to use that role with Federation almost like a microphone to get the word out.

I think this is a perfect example of how we're trying to hear about and then advertise things that are going on across our community. We're starting actually a Facebook group that's intended to sort of spawn collaborations. Maybe not for the holidays —because, as Rabbi Shapiro mentioned, people often already have what they want for that — but hopefully using the next couple months and thinking through where there are areas where we can do programming together. We really want to use the High Holidays as kind of a jumping off point for the rest of the year, pushing how great it is to be a Jew in New Haven. Just recognizing all of these incredible opportunities that are going on across our community.

SNH: When we talk about Rosh Hashanah and Yom Kippur we talk a lot about introspection about repentance. That's a tough subject for kids to wrap their heads around. So what do you do to get kids engaged in that central theme High Holy Days? Are kids capable of introspection and repentance?

RABBI RONA SHAPIRO: At our shul we have a service called "Apples and Honey" at 5 p.m. on Rosh Hashanah, that the cantor and I do before the main service at 6 p.m., and also there are children's services ongoing throughout every morning of the holiday.

But I think that it's very important that, starting at a young age, children learn that everybody makes mistakes, everybody has to apologize when they make mistakes, and forgiveness is granted. I have witnessed too often parents telling their children they have to say "I'm sorry," and the kid saying "I'm sorry" reluctantly. That's not helpful. But learning that making mistakes, asking forgiveness, understanding that none of us is perfect, that we all figuring out how we can do better and making a plan for that — that's something kids can understand. Thanks to PJ library, and other books as well, there's a pretty rich body of children's literature on that now, and I usually read from those stories to the kids.

RABBI BRIAN IMMERMEN: I agree with a lot of what Rabbi Shapiro is saying. A lot of kids know that there are things that we're supposed to do and things that we're not supposed to do. I think one of the themes of the High Holy Holidays is unconditional love, that God loves us unconditionally. The bulletin article I just finished writing is all about the fact that teshuvah (repentance), is not a burden, it's a the gift. We look at fasting and having to repent and take stock of what we did as a burden. But it's not. It's a gift. It's a gift to acknowledge that we aren't perfect. Especially in today's age, little kids and teenagers are on social media more and more and it looks like people are living these perfect lives and

RABBI RONA SHAPIRO



are infallible. I think it's a gift to be able to say nobody is perfect.

My bulletin message asks: How is this still a thing? And I'm not talking about COVID — I'm talking about

teshuvah. How are we doing this again every year? It's because we're not perfect.

Because of the gift of teshuvah we're able to return to be the people who we want to be. I think this is something that even little kids can understand. What do you really want to do? Do you want to be somebody who hits or who doesn't hit? You know introspection - kheshbon hanefesh — is really talking about what has happened and what we want to happen.

RABBI RONA SHAPIRO: I just want to add that ever since I had kids who are old enough to get it, I also apologize to them. I mean throughout the year and on the high holidays. I haven't been a perfect parent. I make mistakes. I let them know that.

RABBI JOSH PERNICK: Coming from a background of being a preschool teacher, I remember teaching a model lesson to first graders in Atlanta about teshuvah. And I talked to kids about fairness, about what happens when you feel bad about something you did or you're upset about what someone else did. Kids have very strong feelings about these things, and they remember these things very deeply. These are things that kids are already thinking about because kids are like miniature versions

RABBI BRIAN IMMERMEN



RABBI JOSH PERNICK



The Meaning of the High Holy Days: A Rabbis Roundtable Discussion

of adults. They are having the same curiosities, the same questions and the same sense of justice and injustice.

So, I think we can help kids understand, in an age appropriate way, that these things are okay, that sometimes we're not perfect; that we don't expect you to be perfect, we expect you to grow from this experience and, hopefully, continue to grow so that every year there's a little bit more growth from previous experiences. And the next year you do it better than you did before.

We talk a lot about Jewish guilt, but I think teshuva is not about making people feel guilty about what they've done. It's about empowering people to choose the path they want. There are some beautiful conversations to be had about who you want to be. It's about being intentional about looking forward. That's what I love about the themes of the High Holidays. It's about what are we going to do in this next year.

SNH: Which brings me to the next question. You know, on January 1 we wish one another a 'happy' new year. But on Rosh Hashanah, the Jewish New Year, we wish each other a "shana tovah" — a 'good' year. What do we mean by a good year? It sounds very hopeful — in today's world, what gives you hope for the year ahead?

RABBI RONA SHAPIRO: I'm gonna say two things. The first is not direct answer to your question, but when I think about what lessons do we learn coming out of the pandemic and as we go into this year, it's that time is

short. We don't know what's going to happen. We don't know how many years we have here. So, live your best life. Whatever it is you wanted to do, do it. Whatever you think needs to be done in the world, don't wait. That is the deep message of the High Holy days. Don't wait to be the person you aspire to be. Don't wait to tell the people you love that you love them. Don't wait to spend time doing the things that are important to you.

I have thought a lot about hope this year and last year, and I think that hope is a stance. It's to say, "Yes, I'm not blind. I see the challenges facing the Jewish people, the U.S. and the world right now. And those challenges are real. At the same time, I see the gift of life, the amaz- ingness of human beings, the ingenuity of things we've accomplished throughout history. And I know that it's a blessing to be alive." And so I hold those things together. I have hope because it's the stance I want to take. And I also think that hope isn't about sitting around waiting for good things to happen. Hope means moving to make those things happen. It has to be a muscular kind of hope.

RABBI BRIAN IMMERMEN: Lord Rabbi Jonathan Sacks, of blessed memory gave his definition of hope. He said optimism is the belief that things will get better. Hope is choosing to do what we can to make things better because there's been a lot in the last few months that I think are giving people despair.

There is hope in coming together as a community on the High Holy Days and simply being in community, even if that means people are connecting online for those who don't feel comfortable being a person. I think being in community and hearing these melodies, ancient and new, that are familiar to us. Familiar spaces that can give people hope. The Jewish people have been through a lot over the last 2000 years, and yet here we are and we're coming together in our respective, wonderful congregations. One of the things we really agree upon is that there's going to be sweetness in the new year and hopefully we will experience that sweetness and share that sweetness with others.

RABBI RONA SHAPIRO: Amen, amen.

RABBI JOSH PERNICK: I'm thinking back to March 2020 and the sense I had that we just need to keep our congregants inspired until like May or June and we would be okay...then we extended it, on and on and on. And so, I think this ties into what Rabbis Immerman and Shapiro were saying: that hope is a stance or the determination to make things better...to give people hope that normalcy will be returning soon. Over the last few years, we've come to a place of feeling like we don't know what normalcy will ever look like. We're constantly adjusting. And hope is making the best of these new experiences and finding the new opportunities that present themselves as experiences.

As Rabbi Immerman touched on, I'm talking about new opportunities to connect with people virtually. That has allowed a whole group of people who felt excluded because they were homebound or unable to come to a synagogue in person able to join. We're taking advantage of the new things that present themselves.

So, I think hope is really about finding opportunities in each day to be thankful for and going through the process of making the best of them. We start every day with "Birchot Ha'shachar" —the morning blessings—a recognition of the privileges we have. You know — Blessed oh God

who clothes the naked; Blessed oh God who feeds the hungry. And we think, "Oh, wow, look at all these things that I have. I don't have to worry about clothes on my back. How am I going to make the world a place where everyone has access to these privileges that I have." So we can focus on how we provide hope for those who don't have those same opportunities and privileges.

SNH: Any final High Holy Day thoughts to share with the community?

RABBI RONA SHAPIRO: You asked what a good year is, and I think we have to take the long view. I think that a lot of difficult situations are not going to turn around magically this year. But if people together, in numbers large and small, can take steps in the right direction, that would be a good year. And if we can be blessed with peace and health, that will be a great year.

RABBI BRIAN IMMERMEN: We need a little bit of 'hakarot hatov,' recognizing the good that people need to do. In the newer Reform Machzor, in one of the alternative readings for the 15th Ashamnu is a hakarat hatov. We do the tradition Ashamnu and then we do the hakarat hatov, the recognizing of the good and hopeful reasons to embrace optimism. I think that part of Cheshbon Hanefesh [accounting of the soul] is also saying "Here's what I did in the last year that was great. And I want to do more of that." It's not only saying here's what I don't want to do, but here's what I want to do. And I think when we talk about finding a sense of kedushah, of holiness, in our lives and in our world, we don't just want to avoid the things that we're not doing. We want to intentionally fill it with the things that are good, whether that's social action, social justice, reading a good book, calling a family member, coming to synagogue, etc.

SNH: Do you think we're a little bit too pessimistic about the future?

RABBI BRIAN IMMERMEN: Look, we have many people in our community who have come to me deeply affected by what's been happening in the world. The war in Ukraine, the erosion of personal rights and autonomy for women, Jews who are very afraid that Christian coaches will force their kids to go and pray with them if they want to get a starting position. I think it's important to balance that. There are a lot of reasons to despair and there are reasons for hope as well.

RABBI JOSH PERNICK: Ultimately, the high holy days are about taking taking an honest accounting. Not just beating yourself up about all the bad things that you did, but recognizing that you've done a lot of good things as well. Positive psychology is a wonderful thing that often focuses on the notion that "I did do this good thing, and it helps inspire me to do that good thing more often." So, introspection shouldn't just be thinking about the bad; most of us have more good than bad that we've done and we want to dig into that as well.

RABBI RONA SHAPIRO: Picking up on those themes for a moment. That is Rabbi Nathan's theory of change. I find that as a parent, as a teacher, as an employer, you've got a lot more traction, if you can say, "You do this really well, do more of it. Let's give you more space." I try to work on the things that are; to focus on the good things and expand those, as opposed to try to fix those things that are really built in character traits.



HIGH HOLY DAYS RECIPES

Fall into the flavors of Rosh Hashanah and Yom Kippur

By Ethal G. Hofman

(JNS) Rosh Hashanah falls late on the calendar this year. And like all other years, you can be that there will be those last-minute guests and added recipes that cause a flurry of activity in Jewish households right down to the wire. This year, the holiday starts after sundown on Sept. 25, a Sunday—a gift for those cooks and hosts who have just a few more preparations to make before they welcome the new Jewish year, 5783.

Since summer seems long-gone and families are knee-deep in activities already, make it a little easier on yourself. Make the freezer your friend. With the time ahead of the holiday, whip up a few dishes, slip them into the freezer and forget about them until that Sunday morning. Besides the ubiquitous brisket and chicken, soups and casseroles galore may be cooked, cooled, sealed and frozen. Just don't forget to label each one, adding key codes such as pareve, meat or dairy.

It's no big deal to cut up salads the night before (remember, the clocks start to go back, and there will be time after Shabbat for thawing and finalizing the menu). Chunks of tomato, cucumber and shredded basil stay just fine overnight. Toss with a little olive oil, some lemon or lime, and salt and fresh pepper just before serving. Cream soups, however, do not freeze well. Those are best prepared fresh or make the night before and refrigerate. For thawed soups, the seasonings may need to be adjusted as flavors are reduced by the cold.

All the dishes here may be served at Rosh Hashanah or for break the fast after Yom Kippur.

Ophra's Mushroom Soup

(Dairy, Vegetarian, Gluten-Free) | Serves 6
Longtime home cook Ophra Kimberg generously shared this recipe with me.



COOK'S TIPS:

- *Cauliflower is the soup thickener.
- *Chopped onions are available fresh or frozen.
- *Buy canned mushrooms, pieces and stems.
- *Cauliflower should be soft before adding to onions and mushrooms.
- *When doubling the recipe, freeze in two batches.
- *For a pareve dish, substitute olive oil for butter.
- *For a dairy dish, top with a spoonful of sour cream or plain yogurt.

INGREDIENTS:

- 1 cup cauliflower florets
- 3 tablespoons butter
- ½ cup diced onions
- 1 can (14 oz.), plus 1 (7 oz.) can mushrooms, stems and pieces, drained
- 2 teaspoons bottled chopped garlic
- ¼ teaspoon dried thyme
- 2 teaspoons pareve bouillon powder
- 3 cups vegetarian broth
- white pepper and salt to taste

DIRECTIONS: Place cauliflower in a microwave-safe dish with 1 to 2 tablespoons water. Cover loosely with plastic wrap. Microwave 4 minutes or until very soft. Drain. Set aside. In a medium saucepan, melt butter over medium heat. Add the cauliflower, onions, mushrooms, garlic, thyme and bouillon powder. Cook over medium heat until onion is transparent. Simmer for 10 minutes, stirring often. Cool slightly before transferring to food processor.

Add the broth and process until slightly grainy (longer if a smoother mixture is preferred). Season to taste with white pepper and salt.

Cool before pouring into a container. Cover tightly, label and freeze.

Ginger-Spiked Fruit Soup

(Pareve, Vegetarian) | Serves 6
Super-easy: Just place all ingredients, except the ginger, in blender and whirl. Serve chilled.



PHOTO BY ETHAL G. HOFMAN

COOK'S TIPS:

- *Use fresh squeezed lemon juice, not bottled.
- *Ginger root, not powdered ginger, should be used.
- *May substitute apple juice for orange juice.
- *For a dairy soup, stir ½ cup sour cream or plain yogurt into thawed soup.
- *If too thick, add a little more orange juice.

INGREDIENTS:

- 1 (15 oz.) can pitted cherries, drained
- 1 cup whole cranberry sauce
- 5 tablespoons fresh lemon juice (from 2 large lemons)
- 1 cup orange juice
- ½ cup water
- 1 slice (½-inch thick) challah or white bread, crumbled
- 2-3 tablespoons coarsely grated ginger root to taste

DIRECTIONS: Place all ingredients, except ginger root in blender jar or food processor. Whirl until smooth. Stir in grated ginger root to taste. Pour into freezer container, cover tightly, label and freeze.

(MORE RECIPES continued on page 25)

IN OUR SYNAGOGUES

Orange houses of worship join together

On Saturday, October 29, eight houses of worship in Orange will host "Tour De Faith," a unique program that gives residents an opportunity to experience the town's religious diversity and learn from clergy about different faiths. The October 29 program will feature "tours" of two houses of worship — Congregation Or Shalom (12 noon- p.m.) and St. Barbara Greek Orthodox Church (1:15 - 2:15 p.m.). Plans are underway to visit additional houses of worship in the spring.

"Tour de Faith" is a program of Congregations of Orange Collaborative — a new collaboration of eight Houses of Worship in Orange that was launched in June 2021. Its mission — "Together Helping Others" — is to create opportunities for congregations to work together on community service projects that improve the quality of life for all and to foster an appreciation for the town's religious diversity. In the spirit of repairing the world, the group encourages participating congregations to engage in social action projects.

Since it was launched in 2021, Congregations of Orange Collaborative has hosted two successful social action projects: An Orange Food2Kids no touch pop-the-trunk food collection held in December 2021; and



St. Barbara Greek Orthodox Church, Orange CT

a campaign held this past winter to raise funds for the Orange Fuel Bank which resulted in a 50% increase in donations.

The eight participating houses of worship include: Church of the Good Shepard, Congregation Or Shalom, Holy Infant Roman Catholic Church, Orange Congregational Church, St. Barbara Greek Orthodox Church, St. Joseph of Arimathea ANC Church,



Congregation Or Shalom, Orange, CT

Temple Emanuel, and Zion Evangelical Lutheran Church.

All are invited, but registration is required. To register for Congregation Or Shalom, call (203)799-2341; to register for St. Barbara, call (203) 795-1347.

To learn more about the Congregations of Orange Collaborative and/or join the effort to make Orange a better community for all, contact nancykline@gmail.com.

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Each class will focus on a stand-alone topic. Member fee \$50; Community fee \$60

jccnh.org/ARTtours

Susan Dardik has 30 years of experience in the arts as a designer, artist and art tour guide. *NOTE: No class on Nov. 2, 2022.

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IN OUR SYNAGOGUES Redesigning BEKI's Sanctuary

Congregation Beth El – Keser Israel in Westville is working with architect Michael Goldblum of Building Studio Architects to redesign the BEKI sanctuary. Built in 1959 for a congregation with a rabbi and cantor, a choir, and a formal, hierarchical style of services, it is no longer suited to the congregation, Carole Bass, sanctuary redesign co-chair, explained.

"Our plan is to update BEKI's sanctuary to reflect our 21st-century values: warmth, inclusiveness, spiritual intimacy, and true egalitarianism," Bass said. The space should also support active participation in volunteer-led services and participatory singing, co-chair John Weiser added.

The redesign will improve heating, cooling, energy efficiency, ventilation, and acoustics. In addition, congregants requested more natural light.

The plans, which reflect priorities expressed in a congregational survey, also address accessibility and inclusivity. The design includes flexible seating and a lower bimah with ramps on each side. In its search for the right chairs, the redesign committee plans to offer sample chairs for BEKI members to evaluate.

The questions BEKI's Rabbi Eric Woodward posed to the congregation were, "What would it look like if our spiritual space were designed to express our values? At BEKI, there is no front or back, but rather bonds of equality and love. At BEKI, we value all the



A preliminary sketch for BEKI's sanctuary redesign.

to be Inclusive

voices in our diverse congregation. What would it be like to pray in a space that reflected our religious priorities?"

One of the congregational Zoom meetings arranged by the redesign committee, which was led by developmental behavioral pediatrician Carol Weitzman, an expert on autism, focused on accommodating the needs of neurodiverse children and adults in the sanctuary. BEKI members from the Chapel Haven Schleifer Center—which provides lifelong individualized services for people with developmental and social disabilities—and BEKI parents of children on the autism spectrum were among the participants in the discussion.

"For this important redesign of our sanctuary, we expect to raise \$1 to \$1.25 million, mostly from donations from members," Murray Akresh, co-chair of the fundraising campaign, explained.

Conceptual design sketches were presented to the congregation in late March. "Overall response to the design was very positive. People loved the new windows, the brightness, and the accessibility," Bass said. Members provided detailed and valuable feedback to the redesign committee, she noted. Currently, the committee is examining cost estimates from construction firms.

An art subcommittee has developed a short list of potential artists for new and repurposed decorative elements, such as ark doors and/or curtain, ner tamid (eternal light), and decoration surrounding the ark.

Find out more about BEKI's redesign project at beki.org.

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Making Magic!

Kayla Bisbee Talks About Helping PJ Library Parents Make Connections

PJ Library doesn't happen on its own. It takes a village and, in our community, that village is made up of several talented professionals, like



Kayla Bisbee. Kayla is the Jewish Federation of Greater New Haven's PJ Library program professional, tasked with connecting PJ Library parents to each other. Here, Kayla talks about how she helps make the PJ Library magic happen.

If you had told me that I would be Jewish, married, and raising a daughter in the Jewish community of New Haven, Connecticut, by my 30s, I would have thought you had lost your mind. And yet, here I am, and I could not be happier.

I grew up as a Southern Baptist kid in Texas. When I met my husband at a Christian college, we quickly wed and planned to devote our lives to Bible translation and church planting in Papua New Guinea. As he studied Greek and we both studied Hebrew, we started to ask a lot of hard questions. I still remember sitting in a bamboo hut in the rain forest as we discussed what it meant to no longer believe in what we were doing and what it would look like if we abandoned a belief system that we held on to so tightly. Ultimately, we left our mission organization and determined that further education would be the next step. My husband was accepted into a university in Dallas.

One day, a visiting Orthodox rabbi was available for Q&A at the university. My husband mentioned he was Jewish by birth but was not raised in the religion. They began regularly meeting over Skype, and through these meetings my husband discovered he had many relatives in the Orthodox community, primarily in New Jersey and Israel. We also got connected with the local Orthodox community. I'll never forget sitting at the rabbi's table for Shabbat, watching him bless his children and experiencing the warmth and love. I immediately felt at home with Judaism.

Fast-forward through many Shabbats and many questions asked. My husband was accepted to a master's program in religious studies at Yale University, and we were off to Connecticut. Our rabbi from Dallas helped us get connected, and once I had my sponsoring rabbi, I began the process of an Orthodox conversion to Judaism. After spending a month in Israel, we finally had our Jewish wedding on the week of our 10th anniversary.

That same month, I began working for the Jewish Federation of Greater New Haven. It wasn't long before we welcomed our daughter, Naomi Hadassah. PJ Library immediately became a wealth of information and connection for me in my new journey of raising a Jewish daughter.

I soon transitioned into the role of family outreach coordinator and officially became a PJ Library program professional. Nothing could offer more job satisfaction than having the platform to connect with other families with diverse stories and backgrounds. I have enjoyed playing matchmaker for new parents looking for connection in their community.

More than anything, I am grateful for the gift of Jewish children's books from PJ Library and the gift of inclusivity and welcoming, low-barrier Jewish education that always has a bit of surprise and delight along the way.

This story appeared in the July 2022 issue of PROOF, a PJ Library magazine.

PJ Library Pros Model Engagement Strategies at Camp Laurelwood



This August, community partners from across Greater New Haven, including lay leaders and professionals from synagogues, day schools, overnight camps and more, came together for a model family program professional development day at Camp Laurelwood. The program was led by Jewish Federation of Greater New Haven's Family Outreach Coordinator Kayla Bisbee and representatives from PJ Library and the Harold Grinspoon Foundation.



Visit PJ Library online



How to Be a Storybook Hero

Did you know that you can sign up other families for PJ Library? Give someone the gift of Jewish children's books mailed monthly to their home. It costs nothing for you or their family. All you need is the child's name and mailing address and their parent's email. Filling out one quick sign-up page can create a lifetime of Jewish value.

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Sunday, October 2, 10 am
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Sukkot Family Picnic
Wednesday, October 12, 4 pm
Camp Laurelwood, Madison

PJ & Friends Ride the Essex Steam Train
Sunday, October 23, 2 pm
Essex Steam Train, Essex

Havdalah under the Stars
Saturday, November 12, 7 pm
Westville, New Haven



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Questions? Email Kayla at kbisbee@jewishnewhaven.org



The Wise Person is One Who Sees the Outcome

By **Yelena Gerovich** *New American Acculturation Program Coordinator*

It happened half a century ago in Reykjavik, Iceland. Bobby Fischer was only 29 years old when, in the midst of the Cold War, he defeated the reigning champion Boris Spassky in the World Chess Championship. Held on September 1, 1972, what became known as the "Match of the Century" ended 24 years of Soviet dominance in the intense, rarefied realm of big league chess. Fischer became the first American to win the competition since its inception in 1866.

Fischer missed the competition's opening ceremony on July 1, after demanding more money, as well as a cut of television and film rights. After a two-day delay – and a doubling of British millionaire Jim Slater's purse – Fischer finally showed up. A call from Henry Kissinger, President Nixon's National Security Advisor at the time, may have also helped persuade him to participate. "America wants you to go over there to beat the Russians," Kissinger reportedly told Fischer.

An eccentric genius, in his later years Fischer became known for his controversial public remarks. His paranoia, rage, and hubris transformed him into an enemy of the state; sabotaged his brilliant career; and turned a confident, charismatic figure into a dithering recluse. Sadly, they also made us forget that when Bobby Fischer played chess, it was riveting theater, even for those who didn't play the game.

Bobby Fisher was granted Icelandic citizenship in 2005, following legal troubles with the United States. He died in Iceland – the country where he had won his crown – at age 64, the same number of squares on a chessboard.

Bobby Fischer's mother was a Jew. Professor Arpad Elo, inventor of the scientific rating system employed by FIDE (the International Chess Federation), analyzed some 476 major tournament players from the 19th century onward, and found that of the 51 highest ranked players, approximately one-half were Jewish.

Jewish chess grandmaster and Webster University chess coach Susan Polgar sees a direct connection between Judaism and success at chess because the game requires mental acuity, memory and reasoning skills. "It's because learning and thinking and questioning are very Jewish qualities," says Polar. "When the pogroms and the Holocaust were happening, Jewish families told their kids, whatever is in your head, that's the only thing you can take with you. Sadly, Jews throughout history have ben forced to leave their homes empty-handed. What they could rely on was their knowledge."

Judaism has always tried to teach people how to think for themselves, how to evaluate all the things that are possible to foresee. The wise person is the one who sees the outcome. The ability to see all the possible variations and outcomes is especially important for chess players.

One of the biggest mistakes we all make is to allow our past to govern and determine our future. The defining quality of our free will – the thing that defines us as human beings – is that it is free and unencumbered. And perhaps more than anything else, it is free of the past. While this is a relevant consciousness for one to have the entire year, Rosh Hashanah is the time which is most ideal for its implementation.

At the beginning of the new year, we must take the time to think, not about what we have already done, but about what we want to do; not about where we have already been but, instead, where we really want to go with our lives. This gives us the ability not only to repair the damage caused by our past mistakes, it also allows us to live a year that is truly new, not only in name but also in reality.

Happy holidays!

The New American Acculturation Program connects with and educates members of our community, helping them learn more about American and Jewish history and traditions. For more information, including program sponsorship, contact Yelena Gerovich at (203) 387-2424 x321 or ygerovich@jewishnewhaven.org



WELCOME TO AMERICA

Мудрый человек -ЭТО ТОТ КТО ПРЕДВИДИТ РЕЗУЛЬТАТ

Это произошло полвека назад в Рейкьявике, Исландия. Бобби Фишеру было всего 29 лет, когда в разгар холодной войны он победил действующего чемпиона мира Бориса Спасского. Состоявшийся 1 сентября 1972 года так называемый «Матч века» положил конец 24-летнему господству Советского Союза в напряженной сфере шахмат высшей лиги. Фишер стал первым американцем, выигравшим соревнование с момента его основания в 1866 году.

Фишер пропустил церемонию открытия матча 1 июля, потребовал больше денег, а также часть доходов от трансляций на телевидении и кино. После двухдневной задержки и удвоения выплаты денег от британского миллионера Джима Слейтера — наконец появился Фишер. Звонок от Генри Киссинджера, советника президента Никсона по национальной безопасности в то время, возможно, также помог убедить его принять участие. «Америка хочет, чтобы вы поехали туда, чтобы победить русских», — предположительно сказал Киссинджер Фишеру.

Эксцентричный гений, в последние годы своей жизни Фишер стал известен своими противоречивыми публичными высказываниями. Его паранойя, агрессивность и высокомерие превратили его во врага государства; прервали его блестящую карьеру и превратили уверенную, харизматичную фигуру в странного отшельника. К сожалению, все это заставило нас забыть, что когда Бобби Фишер играл в шахматы, это был захватывающий театр, даже для тех, кто не играл в эту игру.

Бобби Фишер получил исландское гражданство в 2005 году после юридических проблем с Соединенными Штатами. Он умер в Исландии — стране, где он завоевал свою корону — в возрасте 64 лет, ровно столько же клеток расположены на шахматной доске.

Мать Бобби Фишера была еврейкой. Профессор Арпад Эло, изобретатель научной рейтинговой системы, используемой ФИДЕ (Международной шахматной федерацией), проанализировал около 476 крупных турнирных игроков, начиная с 19 века, и обнаружил, что из 51 игрока с самым высоким рейтингом примерно половина были евреями.

Еврейский гроссмейстер и тренер по шахматам в Университете Вебстера Сюзан Полгар видит прямую связь между иудаизмом и успехом в шахматах, потому что игра требует остроты ума, памяти и навыков рассуждения. «Это потому, что учиться, думать и задавать вопросы — очень еврейские качества, — говорит Полгар. — Когда происходили погромы и Холокост, еврейские семьи говорили своим детям: знания в вашей голове-это единственное, что вы можете взять с собой. К сожалению, евреи на протяжении всей истории были вынуждены покидать свои дома с пустыми руками. На что они могли положиться, так это на свои знания».

Иудаизм всегда пытался научить людей думать самостоятельно, оценивать настоящее и прогнозировать будущее. Мудр тот, кто предвидит результат. Умение видеть все возможные варианты и результаты особенно важно для шахматистов.

Одна из самых больших ошибок, которую мы все совершаем, заключается в том, что мы позволяем нашему прошлому управлять и определять наше будущее. Наша свобода воли — вещь, которая определяет нас как людей — не должна подавляться грузом прошлого. Рош ха-Шана — это лучшее время для реализации наших планов, осуществления наших надежд и мечтаний.

В начале нового года мы должны подумать не о том, что мы уже сделали, а о том, что мы хотим сделать; не о том, где мы уже были, а о том, куда мы действительно хотим пойти в своей жизни. Это дает нам возможность не только исправить ущерб, причиненный нашими прошлыми ошибками, но и позволит нам прожить действительно интересный новый год, не только на словах, но и на самом деле.

Хороших вам праздников!

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(203)387-2424 x321 или по электронной почте ygerovich@jewishnewhaven.org.

Recipes Continued from page 18

Easy Vegetable Lasagna for a Crowd (Dairy) | Serves 24



PHOTO CREDIT: PIXABAY.

COOK'S TIPS:

- *Don't be intimidated by the long ingredient list or directions. Ingredients are all ready to use.
- *May divide ingredients into two containers each that serves 10 to 12.
- *Full-fat ricotta, sour cream and milk may be used, if desired.
- *Dry thawed chopped spinach by rolling tightly in clean tea towel.
- *Reheat, thawed, at 325 degrees, for 40 minutes, or until hot and bubbly.

INGREDIENTS:

- 1 (16 oz.) package skim-milk ricotta cheese
- 1 (16 oz.) package low-fat sour cream
- ½ cup skim milk
- 1¼ teaspoons freshly ground pepper
- 1 (16 oz.) jar meatless spaghetti sauce
- 1 (10.5 oz.) "no cook" lasagna noodles
- 1 (12 oz.) jar roasted sliced red peppers, drained
- 1 (12 oz.) jar marinated artichoke hearts, drained and quartered
- 1½ cups frozen chopped spinach, thawed and squeezed dry
- 2 teaspoons garlic powder
- ⅓ cup grated Parmesan cheese
- ¾ cup water

DIRECTIONS: Preheat oven to 375 degrees.. Spray a 13×9-inch lasagna pan with nonstick vegetable spray.. In a bowl, mix the ricotta cheese, sour cream, skim milk and pepper. Set aside.

Spread half the spaghetti sauce over the bottom of prepared pan. Cover with 3 lasagna noodles and top with about ⅓ cheese mixture. Cover with roasted pepper and half the artichokes. Repeat with 3 lasagna noodles and half the remaining cheese mixture.

Cover with remaining artichokes and the spinach. Top with remaining cheese mixture. Sprinkle with garlic powder and Parmesan cheese. Pour ¾ cup water into one corner of pan, tilting to distribute water to other corners. Cover tightly to seal with heavy-duty foil.

Bake in preheated oven for 1 hour. Uncover and bake 15 minutes longer.

Cool completely before sealing with foil. Label and freeze.

Rich Banana Dessert Kugel (Dairy) | Serves 8-10

COOK'S TIPS:

- *Leave butter and cream cheese at room temperature for several hours to soften.
- *May use overripe bananas.

INGREDIENTS:

- About half an 8-oz. package of fine egg noodles, cooked and drained
- 2 bananas, thinly sliced
- 1 stick (4 oz.) unsalted butter, softened
- 4 oz. cream cheese, softened
- ½ cup sugar
- 3 large eggs
- 1 cup sour cream
- 1 teaspoon vanilla extract
- 1 to 2 teaspoons cinnamon-sugar

DIRECTIONS: Preheat oven to 350 degrees. Spray a 9-inch square baking dish with nonstick vegetable spray. Spread cooked noodles over bottom of baking dish. Spread bananas over to cover. Set aside.

In a large bowl, whip the butter, cream cheese and sugar until pale and fluffy, about 1 to 2 min. Beat in eggs, sour cream and vanilla. Pour over bananas. Sprinkle with cinnamon-sugar. Bake in preheated oven 50 minutes or until almost firm to touch in center.

Cool completely before sealing with aluminum foil, labeling and popping into freezer.

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HOLIDAY GREETINGS



Wishing you a happy, healthy and peaceful Rosh Hashanah. May this season be one of joy and contentment.



U.S. Senator Chris Murphy

PAID FOR BY FRIENDS OF CHRIS MURPHY


Best Wishes for a Happy, Healthy & Peaceful New Year



Senator Richard Blumenthal

THIS AD PAID FOR BY RICHARD BLUMENTHAL

HOLIDAY GREETINGS



Shanah Tovah!
Wishing you a happy and healthy new year.

-Woodbridge First Selectman Beth Heller

Paid for by the Woodbridge Democratic Town Committee. Jeffrey Kennedy, Treasurer



The very best wishes for a happy, healthy and joyful New Year.

Orange First Selectman James Zeoli

Paid for by James M. Zeoli



WISHING YOU AND YOUR FAMILY A HAPPY AND HEALTHY NEW YEAR!

L'SHANAH TOVAH

Congresswoman Rosa DeLauro Third District of Connecticut

Paid for by Friends of Rosa DeLauro, Patrick Chermak Treasurer



Best wishes for a happy and healthy, New Year!

Representative Pat Dillon

Paid for by Committee of Patricia Dillon, Christine Bartlett-Josie treas, Anne Weaver Lozon deputy. Approved by Patricia Dillon.



The Jewish Federation Association of Connecticut (JFACT) wishes you and your family a New Year filled with health and happiness, laughter and love, justice and empathy, good times and good deeds, prosperity and peace.


L'shana tova u'metuka!

**Michael Bloom, Executive Director
Lindy Lee Gold, President**

Happy New Year



Jewish Federation **Jewish Foundation** **JCC**



L'Shanah Tova
Wishing you and your families Health, Joy, and Peace

~ Mary

Rep. Mary Welander

Paid for by personal funds



The Consulate General of Israel to New England Wishes You a Happy, Healthy & Sweet New Year!

שנה טובה, בריאה ומתוקה

Consulate General of Israel to New England

הקונסוליה הכללית של ישראל לנו אינגלנד

THE WORLD AT A GLANCE

Germany ‘regrets’ boycott of Munich Olympics anniversary by victims’ families

(JNS) Germany expressed regret on Friday, Oct. 12, that families of Israeli athletes killed at the 1972 Summer Olympics in Munich plan to boycott a ceremony to mark the 50th anniversary of the massacre.

“Of course, we very much regret the decision by the relatives to cancel their attendance at the event,” said German government spokesman Steffen Hebestreit, according to AP. “The government hopes that a way will be found so the relatives can decide to attend the memorial event on Sept. 5 after all.” The families announced on Aug. 11 that they wouldn’t be attending the memorial ceremony, citing a disagreement with the German government regarding the amount of compensation they should receive. The relatives called the amount Germany has offered “an insult,” according to the report. Germany paid out compensation to victims’ families in 1972 and 2012 amounting to about €5 million, and German media have reported that while the government is prepared to double that amount, the relatives are seeking “considerably more,” according to AP. While the amount of compensation involved during the current negotiations has not been released, Israel’s Channel 13 reported it is €200,000 per family. Ilana Romano, the mother of weightlifter Yosef Romano, who was murdered

in the attack, told Channel 13 that the German offer was “degrading, unacceptable and rejected outright,” and below international standards.

Compensation is the last sticking point in negotiations between Germany and victims’ families surrounding the 50th-anniversary ceremony, reported Channel 13. On two other matters, Germany has agreed to the families’ demands: to apologize for its mishandling of the attack, something which it has so far not done, and to open sealed archives containing confidential information related to the attack.

U of Melbourne student union passes BDS measure

(JNS) Jewish groups in Australia are speaking out after the University of Melbourne student union approved an anti-Israel, pro-BDS measure on Monday, Aug. 8. The anti-Israel resolution stated the students opposed the “use of Zionism to justify the illegal occupation of Palestine as racist and colonial” and called for the support for Palestinians to “engage in self-defense against their occupiers.” The measure passed by a vote of 13-3, with one abstention.

The Australasian Union of Jewish Students, which represents Jewish groups at universities in Australia and New Zealand, issued a statement saying they are “disappointed” by the passing of a BDS measure, saying it “will

lead to the targeting and harassment of Jewish students who want to embrace their identity at the University of Melbourne. ...We should feel safe to be proud Jews and Zionists on campus, however, without nuanced conversations, respect and a desire to understand and learn, Jewish students feel unwelcome and isolated.”

Several Jewish and pro-Israel groups, including the Australia/Israel & Jewish Affairs Council, Executive Council of Australian Jewry, Zionist Federation of Australia, Jewish Community Council of Victoria and Zionism Victoria, signed a joint letter blasting the passage of the BDS measure. “It is disingenuous to suggest that this motion is simply about criticism of the Israeli government or support for the Palestinians,” the agencies said in a release. “It effectively advocates the eradication of Israel as a state and thus denies the basic right of national self-determination of the Jewish people. The motion is imbued with racism, and its language drips with venomous hatred.” The release went on to say that “when student representatives falsely deny the Jewish connection to Israel, they deny to Jewish students the right to their own identity. When they promote hatred of Israel so unrelentingly, they are telling Jewish students and faculty that they don’t belong on campus unless they willingly forego their own identity. Only one country is singled out. Only one ethnicity is vilified. ...This has real-world implications. Jewish students are facing increasing intimidation, including death threats, and a planned stabbing.”

3 Israeli schools place top 100 on ranking of global universities

(JNS) Israeli universities took a significant leap forward on this year’s Shanghai Academic Ranking of World Universities. The Hebrew University of Jerusalem was Israel’s top-ranked school at 77th on the list, up from 90th place in 2021. The Weizmann Institute of Science in Rehovot and the Technion-Israel Institute of Technology in Haifa came in tied in the 83rd position, after placing 92nd and 94th, respectively, the previous year.

Tel Aviv University was ranked in the 151-200 bracket, Bar-Ilan University in the 301-400 slot, and the University of Haifa in the 501-600 range.

Harvard University topped the list, followed by Stanford University, the Massachusetts Institute of Technology, the University of Cambridge and the University of California, Berkeley.

Rushdie’s attacker had contact with Iran’s Revolutionary Guards

(Israel Hayom) Hadi Matar, who attempted to murder writer Salman Rushdie last week, is believed to have had direct contact with Iran’s Islamic Revolutionary Guard Corps via social media, Vice World News reported on Sunday, Aug. 7. A Mideast intelligence source told the outlet that it was “clear” that at some point before the attack,

Matar—who was born in the United States to Lebanese parents—had been in contact with “people either directly involved with or adjacent to the” IRGC’s elite Quds Force. In an interview with Daily Mail, Matar’s mother said that her son had become radicalized following a month-long trip to Lebanon in 2018. Silvana Fardos expected her son to return “motivated,” but instead he became “a moody introvert” and refused to socialize with family and friends. Matar, 24, appeared in court on Saturday, pleading not guilty to charges of attempted murder and assault. He attacked Rushdie, who has long been targeted by the Iranian regime over a book he authored that offers a critical view of Islam, in western New York on Friday, stabbing him three times in the neck and four times in the stomach. Following hours of surgery, the Indian-born writer was on a ventilator and unable to speak, according to his agent, Andrew Wylie, but a day later had regained the ability to breathe on his own. The novelist was likely to lose an eye and had nerve damage in his arm and wounds to his liver, Wylie said in an email.

The attack comes more than 30 years after Iran’s late leader Ayatollah Ruhollah Khomeini called for his death in response to Rushdie’s book *The Satanic Verses*, causing Rushdie to require round-the-clock security at various points in his life.

British archaeologist honored for excavation work at Treblinka

(JNS) A British archaeologist was awarded an honorary medal on Aug. 4 by the Treblinka Museum for her work investigating Nazi crimes that took place at the concentration camp in Poland.

Caroline Sturdy Colls, a professor of conflict archaeology and genocide investigation with a specialization in Holocaust studies at Staffordshire University in England, was presented with the award by the director of the Treblinka Museum Edward Kopówka.

The ceremony was also attended by 94-year-old Holocaust survivor Ike Alterman, whose mother and sister were murdered in the camp. It is the second medal ever awarded by the Treblinka Museum.

The professor’s findings formed the basis for the museum’s permanent exhibition titled, “Finding Treblinka.” During a 2013 excavation led by Sturdy Colls, more than

300 items were found, including ceramic tiles that were used to line gas chambers at the concentration camp. Sturdy Colls also earned the European Archaeological Heritage Prize in 2016. She has authored five books and other related chapters, and numerous papers on archaeology and the Holocaust. “I remain committed to uncovering the evidence that the Nazis tried to hide at the camps and to trying to uncover the stories of the people they tried to erase,” she said, according to the BBC.

As many as 800,000 people were killed at the Treblinka concentration camp between 1942 and 1943, according to the Treblinka Museum.

“To save one life is to save the world entire.”
— *The Talmud*



This High Holiday season, as we seek spiritual and physical renewal for ourselves and our loved ones, let us also remember those in Israel who nurture and renew life every day.

Whether it’s treating civilians wounded in terror attacks or responding to any number of at-home medical emergencies, no organization in Israel saves more lives than Magen David Adom.

No gift will help Israel more this coming year.

Support Magen David Adom by donating today at afmda.org/support or call 866.632.2763.

Shanah tovah.



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HANDBAG BINGO
Wednesday, November 2, 2022 - 7 pm
Event Co-Chairs: Betsy Flaherty & Emily Sandberg

Shalom FUN!

By Chava Light

It was Rosh Hashana, but instead of sitting down to pray, little Sara and her brother Gideon walked around synagogue together saying, "Shalom!" to everyone, nonstop.

Finally, the rabbi came over to them and asked, "Sara, Gideon, why aren't you both sitting with your parents and praying with us all, like you do every week? Why aren't you doing what you're supposed to be doing?"

"But, rabbi!" they said. "We thought it was a _____!"

NSHHAAHSR

PEPAL

OMPYURIPK

PARY

UPIOMYKRP

ERBCEAELT

Unscramble the words.
(Hint: They all have to do with the upcoming Jewish Holidays.)

Then you will find out the answer to the riddle!



HELP DEVORAH THE BEE FIND HER WAY TO THE APPLES & HONEY!

ARE YOU BUILDING A SUKKAH THIS YEAR? Have your adult send a building photo of you to SNH@jewishnewhaven.org!

High Holidays

ROSH HASHANA

Rosh Hashanah is the Jewish New Year. To show our wish for a sweet new year, Rosh Hashanah meals often include round challah bread with sweet raisins and apples dipped in honey.

YOM KIPPUR

Yom Kippur is the holiest day of the year. We try and make amends and ask forgiveness for anything we may have done wrong. It is tradition to fast (if you're an adult), wear white, and not wear leather or gold.

SUKKOT

On Sukkot we build a temporary hut called a sukkah. We eat in it, drink in it, and some people even sleep in it! It reminds us of the Jews in the desert, the huts they lived in, and how G-d protected them.

SIMCHAT TORAH

On Simchat Torah we celebrate finishing reading the Torah for the year with lots of singing and dancing, and then we start again!

TRIBUTES & REMEMBRANCES

To purchase a tribute card: jccnh.org, jewishnewhaven.org, newhavenjewishfoundation.org
*Tributes listed are up to August 8, 2022

JEWISH FEDERATION

In memory of Robert Goldberg, father of Amy Holtz
*Marilyn & Gerald Fishbone
Lisa Stanger & Greg Colodner
Lauren & David Hass
Lisa Sandora
Marina Milgram
Milton & Joan Wallack
Jeffrey & Betsy Hoos
David & Carol Robbins
Eric Grubman & Stephanie Green
Green & Sklarz Foundation Trust*

In memory of Robert Goldberg, father of Amy Holtz to Women's Philanthropy
Emily & Ken Sandberg and family

In memory of Robert Goldberg, father of Amy Holtz to Women's Philanthropy/Dignity Grows
Nancy Cohen

In celebration of the milestone birthday of Della Greenberg to Women's Philanthropy/Dignity Grows
Nancy Cohen

In memory of Esther Bogen to the Ukraine Relief Fund
Lynda Rosenfeld & Richard Weiss

In memory of Claire-Bette Newman
*Michelle Kelly
Judy Cooper
Carol & Elliot Livstone*

In memory of Martha Winters to Women's Philanthropy/Dignity Grows
Nancy Cohen

In memory of Harry Greenwald, father of Linda Caplan, to Women's Philanthropy/Dignity Grows
*Judy Alperin
Robyn & Jeffrey Teplitzky*

In honor of the birth of Dana Juliette Ravski, granddaughter of Norman & Karyn Ravski
*Judy Alperin
Stacey & David Trachten*

In honor of Jeffrey Hoos' special birthday
*Norman & Karyn Ravski
Robert & Martha Cohen*

JCC

In memory of Irv Calechman
Kenneth & Phyllis Friedman

In memory of Robert Felice, father of Bob Felice
*Robyn & Jeffrey Teplitzky
Allan & Ellen Greenberg
Lisa Stanger & Greg Colodner*

In memory of Daniel Hoffnung
Allan & Ellen Greenberg

In honor of Suzie Alderman in celebration of her birthday
Colby & David Sirowich

In honor of Steve Miller
Irwin & Deborah Kabakoff

In honor of Barry Vine's birthday to the Send-a-Kid to Camp Scholarship Fund
*Rivkie, Avinoam & Yoni Paley
Jerome & Rivka Paley*

JCARR

In honor of Sheldon Natkin's 75th birthday
Tina & Dick Brogadir

In honor of the Bat Mitzvah of Kate Ezra
Lise Dondy

In honor of Sheldon & Geraldine Natkin's anniversary
Susan & Leonard Skope

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In memory of your grandmother
Lisa Stanger & Gregory Colodner

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MATTHEW GRANT OLINS TZEDAKAH FUND
In honor of Matthew
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In memory of Robert Goldberg
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build a vibrant
community

unite as a Jewish
community

strengthen Jewish life



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