JCC OF GREATER NEW HAVEN

FALL 2026 (UPDATED)
MARCIA & STANLEY F. REITER SWIMMING POOL SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-7:00am 5-Lap/1-Water Walking	5:30-7:00am 5-Lap/1-Water Walking	5:30-7:00am 5-Lap/1-Water Walking	5:30-7:00am 5-Lap/1-Water Walking	5:30-7:00am 5-Lap/1-Water Walking	7:00-9:00am 5-Lap/1-Water Walking	7:00-9:30am 5-Lap/1-Water Walking
7:00am -9:00am 3-lap/1-Water Walking/2 Circle Swim	7:00-9:00am 3-Lap/1-Water Walking/2-Circle Swim	7:00-9:00am 3-Lap/1-Water Walking/2 Circle Swim	7:00-9:00am 3-Lap/1 Water Walking/2 Circle Swim	7:00-9:00am 2 Circle Swim/2 Lap 1-Swim Lessons*	9:00-11:00am 4-Lap/ 2-Swim Lessons*	9:30-10:30am 2 Circle Swim/4-Swim Lessons*
9:15-10:00am 4-Water Aerobics/2-Lap	9:15-10:00am 4-Water Aerobics/2-Lap	9:15-10:00am 4-Water Aerobics/2-Lap	9:15-10:00am 4 Water Aerobics/2-Lap	9:15-10:00am 4-Water Aerobics/2-Lap*	11:00-12:30pm 2-Lap/2-Family Swim/ 2-Swim Lessons*	10:00-1:00am *Group Lessons* Only Pool Closed
10:00-12:15pm 4-Lap 2-Beverly Levy Swim*		10:15-11:00pm 3-Deep Water Aerobics/3-Lap	10:00-12:15pm 5-Lap/1-Water Walking	10:00-2:00pm 5-Lap/1-Water Walking	12:30-3:45pm 2-Lap/2-Family Swim/ 2-Birthday Parties*	1:00-3:30pm 2 Family Swim/2 Circle/2 Lessons
12:15-3:30pm 5-Lap/1-Water Walking	10:00am-11:15am 5-Lap/1-Water Walking	11:00-2:00pm 5-Lap/1-Water Walking	12:15-4:00pm 5-Lap/1-Water Walking	2:00-5:15pm 4-Lap/2-Family Swim		3:30-3:45pm 1-Circle Swim/ 2-Family/ 3-Lessons/Team
3:30-5:30pm 3-Lap/1-Family Swim/ 2-Swim Lessons*	11:15-11:45pm 1-Lesson/5-Lap/Water Walking	2:00-2:45pm 2-JCC Care*/4-Lap	4:00-5:30pm 2-Lap/4-Group Lessons*			
5:30-6:30pm *Swim Team*	11:45am-4:00pm 5-Lap/1-Water Walking	2:45-4:00pm 5-Lap/1-Water Walking	5:30-7:15pm *Swim Team*			
6:30-7:30pm Adult Lessons/Swim Team*	4:00-5:30pm 2-Circle/4-Group Lessons*	4:00-6:30pm 3-Lap/3-Swim Lessons*	7:15-7:30pm 2-Lap/4-Swim Team*			
7:30-8:45pm 1-Chapel Haven/5-Lap	5:30-7:30pm *Swim Team*	6:30-7:30pm *Masters Swim*	7:30-8:45pm 5-Lap/1-Water Walking			
	7:30-8:45pm 5-Lap/1-Water Walking	7:30-8:00pm 5-Lap/1-Water Walking				
		8:00-8:45pm Women's Only				

Lightning/Thunder:
Pool must close until
20 minutes after last clap of thunder

If Water Aerobics has more than 40 participants,
5 lanes will be utilized

If Deep-Water Aerobics has more than 15 participants,
4 lanes will be utilized

Pool Schedule Subject to change
Flip schedule over for holiday hours and pool rules
Email: Haleyd@jccnh.org with any questions

Private lessons may utilize the pool at any time. Friday 9:15am Water Aerobics starts November 6th.

JCC
OF GREATER NEW HAVEN

MARCIA AND STANLEY F. REITER SWIMMING POOL RULES

ABSOLUTELY NO

- Running on pool deck
- Diving
- Water Walking/ Family swim during group swim lessons
- Hanging or sitting on lane lines or railings
- Street clothes in pool
- Glass or gum in the pool room

CIRCLE SWIMMING

- **Circle Swimming will be required in at least one lane during busy hours**

LAP LANE ETIQUETTE

- Lap lanes are for lap swimmers only
- When entering a lane that is occupied, please be courteous and announce to the other swimmer that you are entering the lane with them.
- For 3 or more swimmers in a lane you will have to circle swim, down on the right side of the lane, and back on the left
- If you are asked to move lanes for a swim lesson, please be courteous and find another lane to swim in.

PARENTS PLEASE READ THE JCC RULES FOR YOUR CHILD/CHILDREN'S SAFETY

- **Any child 9 years of age or younger must be accompanied in the water at all times by a parent/guardian 18 years of age or older.**
- One to two ratio for adults with non-independent swimmers.
- Shoulder length hair or longer must be tied back with a hair tie.
- Children who are not potty trained must wear a swim diaper and bathing suit.

The lifeguard on duty will ensure safety and enforce the pool rules. If the pool rules are not being followed the lifeguard has the authority to ask the person/people to leave the pool area.