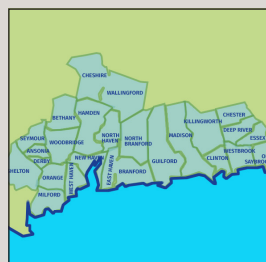




Looking to the NEW YEAR with Hope & Anticipation



FOLLOWING THE STRATEGIC ROADMAP

Jewish Federation delivers: security, community collaboration, Jewish education, and advocacy. **PAGE 18**



VOLUNTEERING AT THE TOWERS

It started with Hamantaschen and grew to a meaningful and long-term relationship. **PAGE 8**



NEW HAVEN'S DOWNTOWN EVENING SOUP KITCHEN

Downtown Evening Soup Kitchen's new "drop-in center" will expand services for New Haven homeless population. **PAGE 18**

As We Start Anew A MESSAGE FOR THE NEW YEAR

Theodore Herzl once said, “A person’s every act begins with a dream and ends with one.”

Here in Greater New Haven, we have been the beneficiaries of many people’s dreams. Those who came to these shores hundreds of years ago searching for opportunity and religious freedom began the process of building a community with the hope that it would sustain itself as future generations rose up to take the mantle of responsibility.

It was the dreamers who created Mishkan Israel and B’nai Jacob in 1840 and 1885, congregations that still proudly serve the New Haven community. It was dreamers that conceived of a Jewish Community Center in 1913. Those who came before us built the institutions we enjoy today. As their caretakers, it is now our responsibility to ensure that our Jewish community’s future is secured. We are dreaming of a bright and beautiful Jewish future.

It’s no secret that Jewish life requires financial investment, as well as involvement, to sustain it. There are many ways to support the institutions that are so vital to our community. While each needs annual operating

support, it is just as crucial to consider saving for rainy days.

At our Jewish Foundation, we have many ways to help secure the future. We believe that everyone, regardless of their financial ability, can leave a legacy of supporting the Jewish community or



a specific Jewish institution in perpetuity. If you include the Jewish community on your tzedakah list every year of your life, there is nothing to prevent the community from receiving that love forever through a Perpetual Annual Campaign Endowment or PACE Fund.

As we begin the year anew, recognizing the great uncertainty that is before us and thankful that we have navigated the challenges of the past year and a half, let’s think about the future. How will we work together to continue to build today to ensure the promise of tomorrow for our children and our children’s children?

The Jewish Federation and Jewish Foundation of Greater New Haven are your philanthropic partner. We can help you realize your goals and objectives while furthering our mission to strengthen Jewish life in Greater New Haven and around the world.

May the year ahead be filled with much good health and may we all continue to go from strength to strength.

Judy



SHALOM NEW HAVEN

SHALOM NEW HAVEN is published six times per year and delivered free of charge to the Greater New Haven Jewish community by the Jewish Federation of Greater New Haven.

COPY DEADLINES

Copy deadlines for the upcoming Shalom New Haven issues are:

- Sept. 24 for November/December issue
- Nov. 25 for January/February issue
- Jan. 25 for March/April issue
- March 25 for May/June issue
- May 25 for July/August issue
- July 23 for September/October issue

SUBMISSIONS

To submit an article or photo, please email snh@jewishnewhaven.org. Please include your contact information when submitting.

Space is limited; submission does not guarantee publication. All articles are subject to approval by the editorial board.

SHALOM NEW HAVEN STAFF

Nurit Kohl
Director of Marketing & Communications

Wendy Bowes
Senior Graphic Designer

George Hauer
Advertising Sales Manager

EDITORIAL BOARD

Chesky Holtzberg: Chair
Chava Light
Mark Oppenheimer
Cindy Papish Gerber

LEADERSHIP

Dr. Steven Fleischman
President

Judith Alperin
Chief Executive Officer

Scott Cohen
JCC Executive Director

Lisa Stanger, Esq.
Foundation Executive Director



Pathways to Jewish Experiences with PJ Library and Camp Laurelwood

New Haven-area families raising Jewish children will now have more opportunities to participate in Jewish life, thanks to a grant recently awarded by PJ Library®, the flagship program of the Harold Grinspoon Foundation that provides free books to families raising Jewish children all over the world.

The Jewish Federation of Greater New Haven received \$15,000 to launch PJ Library Presents: Pathways to Jewish Experiences, which, together with Camp Laurelwood, will offer monthly programs with opportunities for families to “do Jewish” together, culminating with a family weekend retreat at Camp Laurelwood, June 10-12, 2022.

Tracy Newman, Director of Community Engagement for PJ Library, says, “These grants reflect incredible creativity and flexibility in how our implementing partners are approaching our work during this unprecedented time. All funded grants showcase PJ Library’s best practices on engaging families in Jewish life while adapting to the current realities of virtual and social-distancing modalities.”

“The Jewish Federation of Greater New Haven is honored to receive this grant and thrilled to be part of the global PJ Library community reaching more than 667,000 children and their families across 32 countries” said CEO, Judy Alperin.



The 13 winning grant proposals were chosen through a competitive process open to organizations implementing PJ Library across the United States and Canada.

A SURVEY OF 800 PARTICIPANTS IN PREVIOUS GRANT-FUNDED PROJECTS SHOWED:

- 85% of families connected socially during the programs
- 64% of families followed up with the social connections afterward
- 76% of families sought out or attended other Jewish programs
- 99% would recommend the programs to friends

“PJ Library’s impact goes well beyond the more than 251,000 books we send out each month across the United States and Canada,” said Debbi Cooper, Director of Engagement for PJ Library. “We have worked closely with our local partners for over a decade to help advance Jewish family engagement, and we are grateful to be able to add financial support to help ensure the success of great initiatives.”

WE ARE GRATEFUL TO OUR PJ LIBRARY ALLIANCE PARTNERS WHO HAVE JOINED THE HAROLD GRINSPOON FOUNDATION IN FUNDING THESE ENGAGEMENT GRANTS:

William Davidson Foundation; The Marcus Foundation, Inc.; The Azreili Foundation; Genesis Philanthropy Group; Jim Joseph Foundation; The Micah Foundation; Sam Berman Charitable Foundation; Carl & Joann Bianco; The Crown Family; Marilyn Einstein & Steven Sim Charitable Fund; Dr. Steven Grinspoon; Klaff Family Foundation; One8 Foundation; Howard & Geraldine Polinger Family Foundation; Stephen and Bebe Saks Family Foundation; Sherrie R. Savett Family Foundation; Mike & Sofia Segal Family Foundation; Susser Family Trust; Walter, Arnee, Sarah, & Aaron Winshall; Zucker Family Foundation and three anonymous partners.

Save the date

KEVER AVOT WE REMEMBER...

Sunday, September 12 | 2-3 PM
jewishnewhaven.org/events

In our Jewish tradition, it is customary to visit the graves of loved ones between Rosh Hashana and Yom Kippur. Since it is impossible to visit the graves for those lost in the holocaust, the Jewish Federation of Greater New Haven's Holocaust Memory Committee brings the community together at the New Haven Holocaust Memorial on Whalley Avenue for meaningful service. Please join us.

Jewish Federation OF GREATER NEW HAVEN

Visit the Kosher Department at ShopRite of Hamden

Please enjoy our expanded varieties of Kosher products, including weekly deliveries from AgriStar meats, Flaums, and Beigel’s bakery!

SUPERCoupon

Present This Coupon at the Time of Purchase to Receive Discount. Not Valid on Grocery Delivery.

\$4.00 OFF

Your Purchase of \$20 or More of Fresh Kosher Beef or Chicken from Our Meat Department

With this coupon and additional purchase of \$30.00 or more (excluding fuel and items prohibited by law). Limit one per family. Void if reproduced, sold or transferred. Cash value 1/100 cent. Good at any ShopRite® store. © 2021 Wakefern Food Corp. Effective Sun., Sept. 5 thru Sat., Oct. 2, 2021.

SUPERCoupon

Present This Coupon at the Time of Purchase to Receive Discount. Not Valid on Grocery Delivery.

\$1.00 OFF

Any Fresh Beigels Challah

With this coupon and additional purchase of \$30.00 or more (excluding fuel and items prohibited by law). Limit one per family. Void if reproduced, sold or transferred. Cash value 1/100 cent. Good at any ShopRite® store. © 2021 Wakefern Food Corp. Effective Sun., Sept. 5 thru Sat., Oct. 2, 2021.

SUPERCoupon

Present This Coupon at the Time of Purchase to Receive Discount. Not Valid on Grocery Delivery.

99¢

Gunters Honey Bear 12-oz.

With this coupon and additional purchase of \$30.00 or more (excluding fuel and items prohibited by law). Limit one per family. Void if reproduced, sold or transferred. Cash value 1/100 cent. Good at any ShopRite® store. © 2021 Wakefern Food Corp. Effective Sun., Sept. 5 thru Sat., Oct. 2, 2021.

ShopRite of Hamden • 2100 Dixwell Ave. Hamden, CT 06514 • 203.230.5000

September is National Hunger Action Month

High Holiday Food Drive Donation Guidelines

National Hunger Action Month is a time to raise awareness to hunger in our community and this year it occurs during the High Holidays! Currently, more than 250 households depend on the Jewish Family Service Food Pantry for supplemental food each month, including emergency/crisis requests. The Pantry distributes more than 6,000 pounds of non-perishable foods monthly. As we prepare for the High Holiday and synagogue food drives please follow the below guidelines regarding food donations.

All food donations should be newly purchased. Please avoid donating glass containers that can break in transport or during processing. Our average household size is 2-3 members and many of our clients are over the age of 65 so keep this in mind when choosing the serving size and physical weight of items. Gift cards are also accepted as they allow us to shop for items that the Pantry may need or has run low on at any given time. Here's a list of the most requested food items:

■ Canned vegetables (especially Low Salt/Sodium or No Salt/Sodium added) such as green peas, corn,



green beans, spinach or collards, carrots, olives, mushrooms, beets, canned potatoes, asparagus, artichokes, sauerkraut, yams
 ■ Canned Fruits or fruit cups (especially those in water or light syrup/no sugar added) such as applesauce, mandarin oranges, pineapple (all types), pears, mixed fruit, peaches.

- Canned beans or dry beans (chickpeas, black beans, split pea – yellow and green, lentils, white beans, kidney or red beans, pink beans, black-eyed peas, pigeon peas, cannellini beans).
- Boxed Pasta (angel hair, fettuccini, shells, bowties, rigatoni, orzo, pastina, ditalini, penne, ziti, bagged egg noodles)
- Pasta sauce in cans or plastic jars
- Juice boxes for kids
- Boxed oatmeal
- Cereal
- Fish (white tuna in water); tuna fish in pouches; Sardines
- Microwavable rice (in cups or envelopes)
- Canned meals such as chili, chicken, stew
- Canned Pasta such as Chef Boy-ar-dee
- Soups (canned and microwavable containers)
- Broth (chicken, vegetable, beef, organic)

For health and safety reasons we cannot accept any expired items, items past their best by and sell-by date; expired items; open containers; homemade items; or any items without a label. All donations must be checked ahead of time. All synagogue donation drop-offs must be pre-scheduled.

For more information, please contact shagan@jfsnh.org

L'shana Tova!

I hope you all have a wonderful holiday season and that this year brings good health and happiness to all of you. As I sit to write this column we are struggling with the increase in COVID cases and the concern about the Delta variant. We are witnessing a return to indoor masking and have just changed the policy at the JCC to require masks again. I am hopeful that when this arrives in your home we have turned the corner again and things begin looking up.



I can't tell you how interesting this year has been. Despite the issues surrounding the pandemic, I was inspired throughout the year by how our community came together to help those in need. We helped our families with our all day at the J program so we could support at home learning for families who couldn't stay home with their children, we rapidly created a COVID Maimonides Fund to support emergency needs, helping our community at the Towers, supporting programs at JFS and assisting community members in need through grants to synagogues and agencies. We had dozens of volunteers help distribute millions of masks throughout the state. Every week I heard of stories of great things our community was doing, whether it was here at the JCC, at our partner agencies and synagogues or just wonderful stories of individuals going out of their way to help others in need. That is what community is all about and what makes me proud to be a part of ours. In addition to all of these activities, we managed to move forward with a new strategic planning process and develop a roadmap for the future.



As we begin this new year, we will be focused on continuing to open our community and get everyone back together in a safe manner. At the same time, I think it is time that we ensure that our future is bright. As we closed the Annual Campaign we realized that we have over 900 donors who have given for more than 20 years. That is an incredible commitment to our community. We need everyone to realize the importance of a strong Jewish community here and the importance of supporting Jews around the world and in Israel. Your gift to the Annual Campaign does that. In addition, we will be renewing our efforts to build our savings for the future. My hope is that every donor consider opening a PACE fund this year. The Perpetual Annual Campaign Endowment (PACE) is a wonderful way to start planning to ensure that long into the future you will continue to support our Jewish Community.

Wishing you all a Happy and Healthy New Year!

Steve

Dr. Steven Fleischman, President, Jewish Federation of Greater New Haven



Jewish Federation OF GREATER NEW HAVEN

Stop by These Big Y Locations:
 830 Boston Post Rd., Guilford
 22 Spencer Plain Rd., Old Saybrook
 772 North Main St., West Hartford

For All of Your Shabbat & Holiday Needs!

Visit bigy.com

HIGH-TECH FAMILY, COSMETIC and IMPLANT DENTISTRY

BRUSH & FLOSS DENTAL CENTER

Jeffrey Hoos, DMD, FAGD
 Johna Zitnay, DMD
 Gemma Kwolek, DDS
 Julia Latham, DDS

OUR SERVICES
 At Brush & Floss Dental Center, our experienced, knowledgeable doctors and friendly staff are here to make you feel great about your oral health and appearance. Our motto is "love your smile"

FEATURING

- Dental implant placement using X-Nav
- Invisalign and orthodontic treatment
- Sleep apnea treatment with a small dental appliance — no need for a cumbersome CPAP machine!

Brush & Floss Dental Center
 4949 Main Street, Stratford

Mon.-Thurs.: 8 a.m. - 8 p.m.
Friday: 8:30 a.m. - 5 p.m.
Saturday: 8:30 a.m. - 4 p.m.

203.378-9500
BetterSmile.com

BEVERLY LEVY
 Early Learning Center
 JCC OF GREATER NEW HAVEN

Play-Based Curriculum
 Building Relationships,
 Encouraging Curiosity &
 Developing Capability. All
 Faiths Welcome!

BEVERLY LEVY
EARLY LEARNING CENTER
NOW ENROLLING
Infant • Toddler • Preschool

With advanced safety measures to ensure a safe and healthy learning environment.

Visit www.jccnh.org/beverly or email Sandy Horvath at sandyh@jccnh.org

Jewish Federation's Annual Campaign Is at it Again



by Howard Reiter & Jody Ellant, Annual Campaign Co-Chairs

There is an old joke, that there is nothing more reliable than the Jewish Federation's Annual Campaign. In fact, many borscht belt comedians have been heard telling variations of a quip about some Jewish people who are marooned on a desert Island. One worries to the other that they will be

lost forever and the other comments, "Don't worry I haven't made my pledge to the Federation yet this year, they'll find us!"

In addition to being a somewhat humorous punchline, the Jewish Federation Annual Campaign is the singular most import philanthropic engine continuing to power our Jewish Community. This year's Campaign slogan is "**HERE FOR GOOD**".

We are proud to be **HERE** to lead this historic enterprise for the second year. With the incredibly overwhelming generosity of our Jewish Community during the 2021 campaign, we have done **GOOD** by raising more than \$2.4 million, under the most challenging of circumstances. We were moved by the donors who stepped up to ensure that, even in the midst of a global pandemic, the Jewish Federation would continue to be able to provide essential support to its Community Agencies and programs, as well as to its national and global partners.

With our team of incredibly devoted volunteers and tireless professional leaders, we continue to be **HERE** working hard to provide many opportunities to connect you, a valued member of the New Haven Jewish Community, to the **GOOD** work of the Jewish Federation. In continuing to chair the Campaign, it is our goal to raise enough funds to meet the needs of our constituent agencies and to be impactful on our Community.

In this pandemic era, programs may be in person or they may be virtual, but

they still bring together our Community. We may write, we may call or we may zoom together, but regardless of how we connect, we are forever grateful to you for your support of our Community and hope that this year, 5782, you will continue to be **HERE** and do **GOOD** by joining us in helping others.

As we begin the 2022 Campaign, while buoyed by the heartening results of last year, we acknowledge that there is still much pandemic induced economic and social uncertainty. Yet, we know for certain, that our Community will continue to need our support—your support—more than ever.

If you are not currently involved, there is always room for more on the "Island". If you would like to become more involved with the Jewish Federation's activities within our Community, please reach out to Amy Holtz, Chief Development Officer, aholtz@jewishnewhaven.org to find out the multitude of ways in which you can be **HERE FOR GOOD**, and make a difference.

L'shana Tova!—with wishes for a happy, healthy, safe and restorative year.

Newest Wexner Fellowship Cohort Begins Leadership Journey



Greater New Haven representatives: top row left-to-right: Abe Vail, Vlad Katsovich, Gerry Garcia. Bottom row, left to right: Betsy Schulman, Elyse Krantz, Julie Katz, Dena Schulman-Green, and Judy Alperin. Not pictured: Sami Merit.

Jewish Federation Launches New Leadership Development Program

jHaven, the under-45 division of the Jewish Federation of Greater New Haven, is launching a six-month leadership development program for emerging professionals in the community, set to begin this winter and running through late spring 2022.

The program is designed to help ensure the future vitality of the Jewish community by providing an educational platform in which the participants will learn, share, and grow their ability to act as leaders. The program will consist of eight weeknight sessions, followed by a two-night, Shabbaton-style retreat, accompanied by a graduation ceremony.

Sessions will address such topics as: "how to listen like a leader;" "how to create meaningful change as part of a team;" and "how to be an effective board member." Lecture-based learning will be done over an included kosher meal and will be bookended by hands-on, experiential practice and one-on-one/small group discussions.

"Leadership development is the cornerstone on which we build the future of our community, and I couldn't be more excited to breathe new life into our Jewish Federation's efforts in that arena," said Program & Development Associate Derek Holodak, who designed and will oversee the new initiative. "Having just completed two years in the



Jewish Federations of North America's Next Gen Jewish Federation Fellowship, learning and collaborating with peers from across North America, it is a 'dream come true' to have the opportunity to bring back to my community all that I learned about effective leadership and team/community building from the Center for Creative Leadership and M2: The Institute for Experiential Jewish Education."

Nominations are currently being solicited from local Jewish agencies and synagogues, with a general application process opening to the community after the High Holidays. The cost to participate—including meals, materials and graduation gifts—will be underwritten for each selected leader. However, each graduate of the program will commit to: serving at least one year on a Federation committee; serving in some capacity with a local agency or synagogue of their choice; making an

impactful pledge to Annual Campaign, which will be solicited upon completion of the program; and participating financially in a simulated allocations process during the capstone retreat.

To learn more or to get involved, contact Program & Development Associate Derek Holodak at dholodak@jewishnewhaven.org or (203) 387-2424 x217.

Rosh Hashana @ **Kosher World**

- Full Kosher Grocery
- Amazing Deals
- Simanim

Your One-Stop Rosh Hashana Shop

701 COOKE STREET, WATERBURY, CT 06710 • 203-757-4992
WWW.WATERBURYKOSHERWORLD.COM @WATERBURYKOSHERWORLD

Say YES to the JCC

Join the JCC with no commitment. The time is now.

Save BIG with \$0 enrollment and no long-term contract

• Health Screenings and Temperature Checks	• Pickleball & Racquetball Courts	• JCC Day Camps
• Socially Distanced Fitness Center	• Spin Classes	• Beverly Levy Early Learning Center
• Six Lane Indoor Swimming Pool	• Virtual Group Exercise Classes Free to Members	• Birthday Parties
• Basketball Courts	• Swim and Sports Lessons	• Silver Sneakers™
• Locker Rooms are NOW Open	• Spa Services Available	

Take advantage of all the J has to offer. Contact membership today at membership@jccnh.org or call (203) 387-2424 x248

Thank You, Volunteers

The Towers at Tower Lane wants to take this opportunity to thank all the wonderful volunteers who stepped up and gave of their time during the pandemic. They held socially-distanced groups, wrote letters, purchased crafts and puzzles, made friendly phone calls, grocery shopped, helped residents with technical challenges and sewed masks for residents and staff. You were essential to our success!



We are happy to announce our programming is back in full force with safety protocols in place! Our schedule is full and volunteers are needed.

Volunteers change lives! It can be seen every day here at The Towers. A kind word, a small gesture or a smile has the power to lift someone's spirits. For current volunteers who are ready to return or those of you who are looking for a new volunteer opportunity, we have many options to choose from:

- Convenience Store Greeter - 2 hour shifts
- Book Club Leader - once a month
- Arts and Crafts Guest Leader - teach one class
- Meet one on one with a resident, weekly or every other week
- Office work, as needed
- Carnival Worker, August 22, 2 hour shifts

The Towers has been blessed to have amazing volunteers who take the idea of Tikkun Olam (repairing the world) to heart. You are invited to be part of our Towers family.

For more information, contact Sarah Moskowitz, Volunteer Coordinator, (203) 772-1816, x410, sarah@towerlane.org

Why I Volunteer at The Towers

by Linda Cedarbaum

It all started with hamantaschen. My husband and I moved to Connecticut 9 years ago. I'd been baking Hamantaschen for the local Jewish elder residences in my community since my children were small, first in New York and then in California. When I got to New Haven, I wondered if that kind of a donation would be welcome at The Towers. My question opened the door to a relationship with The Towers unlike any I ever had with all the other Jewish senior facilities I'd ever known.

The Towers said yes to Hamantaschen and to so many other ideas I've had as well. I discovered that this was not just any senior residence or just a place to live. The Towers is, in fact, a real neighborhood. I love that it is full of character. From the administration to the residents there is an eagerness to be involved in the world, and involve the world in The Towers. I've joined committees, attended events and I eventually joined the Board of Directors. When my mother needed to move to a senior living community there was no question about it, this was the right neighborhood for her. She relocated from across the country to come to The Towers.

Personally, the best part of my volunteering is knowing that I am giving others the opportunity to get involved. One of the most gratifying activities I have had the privilege of initiating with The Towers is the Horticulture Floral Design Program, which we launched over 6 years ago. The best part for me is seeing how the program enables other volunteers from the outer community (as well as some volunteers who reside at The Towers) to engage with residents and share pure joy. Every time we have this program, I am reminded that volunteering is truly a mutual exchange. Whatever one puts into it, one gets so much more out of it for themselves.

Truthfully, I am a little embarrassed when I am thanked for doing anything for The Towers because I have gotten much more than I could give. The Towers, for me, is not simply a focus of tzedakah. The Towers is an anchor for my sense of the greater New Haven Jewish community. A community is measured in part by how it welcomes volunteers into its midst and offers purpose to everyone's life who it touches.

The Towers has given me a sense of pride, of community, of hope, of belonging, of purpose, of opportunity to fulfill and actualize values, and of gratitude for being part of this meaningful enterprise which we volunteers build and sustain.

At the end of the day, volunteering at The Towers, in a program, event, project, activity, task force or committee, is what makes this house into a home. Being a volunteer here is what makes this place into the core of our greater community. It's been a sweet experience for me, tasty as hamantaschen, and just as special.



Bagel Run Marks 10th Anniversary

by Abby Epstein
Shalom New Haven Staff Writer

Community, family and fitness. It's what makes the Bagel Run more than just a race. This year, the Bagel Run's 10th anniversary, is bound to be special. "It takes everything that is special about the JCC and brings it all together on one day," said Jessica Scott, who serves as the race director. "The whole spirit of the day is about the community."

The COVID-19 pandemic forced cancellation of last year's race. With this being the first race back and the 10th anniversary, it is going to be bigger than ever. There will be a DJ, a bagel breakfast and kids are encouraged to wear a costume while competing in the kids run.

"We're trying to do more of a block party atmosphere, kind of like 'welcome back' and 'we all survived quarantine'," said Scott. The event has gained more traction with each and every race, attracting athletes from all over Connecticut. While the first Bagel Run had about 70 participants, recent years have had as many as 400. "We get so many people from outside the JCC community coming to our run that it gives us nice exposure," said Bob Felice, fitness committee volunteer chair and former JCC president.

The race takes place at the JCC campus in Woodbridge. The children run one lap around the facility while adults participate in a 5K that wraps around the neighborhood and finishes at the JCC. The course is designed so that new athletes can feel just as successful upon completion of the race as a veteran athlete. The medals awarded to those who finish are mini bagels that are left to dry and spray painted. "People seem to enjoy it, it just gives it a little different twist," said Felice. "Everyone who finishes gets one." Awards will be handed out for the top three males and females in each age group. Prizes will be given for 'best costume' and 'best stroller design.'

"It's just a fun day," said Felice. "I'm proud of the fact that it's lasted 10 years and keeps growing."

The Bagel Run is on Sunday, Sept. 19. Registration can be completed on jccnh.org/bagel-run.

Join Jewish Federation of Greater New Haven's Family Outreach Coordinator
Kayla Bisbee

SUNDAY, SEPT. 19
8-11 AM

JCC OF GREATER NEW HAVEN
360 AMITY ROAD
WOODBIDGE

PJ Goes to the Bagel Run for SUKKOT

Enjoy two special Sukkot PJ Library stories along the 2 mile Family Fit Walk at the 10th Annual Murray Lender 5K Bagel Run. Stop by the PJ Library table to make decorations for your sukkah and be sure to visit the Little Free PJ Library to swap an old favorite for a "new to you" book.

Visit us at jewishnewhaven.org/pj-library



Come Here to Live a Joyful Life



THE TOWERS
AT TOWER LANE

18 Tower Lane • New Haven, CT 06519
www.towerlane.org

The Towers is the smart choice for seniors who want to leave a legacy.

- No buy-in or up-front fees
- One bedroom apartments for approximately \$2,000 less than most market rate apartments
- High quality services at a fraction of the rate

• You can focus on what matters to you and leave a legacy for those you love

Live Your Best Life at The Towers

To learn more and to schedule a tour, contact Rebecca Olshansky at 203-772-1816 or rebecca@towerlane.org



1th Anniversary

Murray Lender

5K BAGEL RUN

FREE KIDS RACE • 2 MILE FAMILY FIT WALK
USATF Certified Course.

The JCC is a nonprofit organization that provides a warm, friendly environment for people of all faiths and backgrounds with a mission to facilitate total wellness through programs that stimulate mind, body and spirit. Your participation supports this effort.

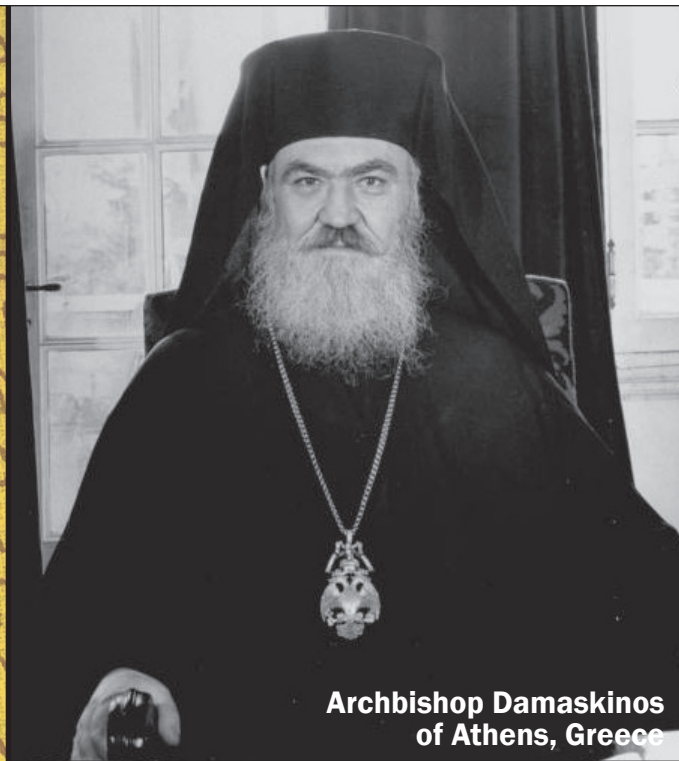


Sunday, September 19, 2021

JCC of Greater New Haven
360 Amity Road
Woodbridge, CT 06525

8:45: Kids Fun Run
9:30: Race & Walk Start
10:30: Bagel Reception & Awards

For more information
Contact Jessica Scott
203-387-2424 x266
jessicas@jccnh.org



Archbishop Damaskinos of Athens, Greece

“I have spoken to God, and my conscience tells me what we must do. The Church will issue false baptismal certificates to any Jew who asks for one. And you, as Chief of Police, will supply them with false identification cards.”

Archbishop Damaskinos of Athens, Greece

Please join us for our 15th Annual Community-Wide Kristallnacht Commemoration. This year, we will honor the heroism of Archbishop Damaskinos of Greece, who openly defied the Nazi regime by ordering the churches under his authority to distribute baptismal certificates to Jews, thus saving thousands from certain death. For his courageous, life-saving deeds, Archbishop Damaskinos was named “Righteous Among the Nations” by Israel’s Yad Vashem Holocaust Remembrance Center.

PROGRAM HIGHLIGHTS:

- U.S. Senate Commendation presented by Senator Richard Blumenthal to the Archbishop’s family
- Comments by relatives of survivors saved by Archbishop Damaskinos
- Comments by His Eminence Archbishop Elpidophoros of America
- Comments by Dr. Marlene Yahalom of the American Society for Yad Vashem

All are Welcome

jewishnewhaven.org/RSVP



15TH ANNUAL Kristallnacht COMMEMORATION

Sunday, November 14, 2021
9-11 a.m.

IN-PERSON & ON ZOOM

Congregation Or Shalom
205 Old Grassy Hill Road, Orange CT
(203) 799-2341
info@orshalomct.org
orshalomct.org

Ezra Celebrates Its Community Leaders

by Julie Katz



Ezra 8th grade parent volunteers get ready for graduation.

Ezra Academy feels and acts like a family unit. At once warm and inviting, full of energy and activity, and all working toward the same goal: Ensuring that our children grow up to become educated and contributing members of society. Our values, which include deep participation, are modeled for our students by faculty and staff, of course, but also by the commitment and dedication of our lay committees.

Ezra volunteers lend their expertise and develop new skills as they lead fundraising and outreach efforts, help ensure that our finances are sound, advise our Head of School on matters ranging from COVID safety to teacher development, and much, much more.

Leslie Zackin, who spearheaded Ezra’s fundraising and development efforts for many years, trained the next generation of Ezra’s fundraising committee: Debbie Chirnomas, Lauren Hass, Judy Kleinstein, Jeff Levick, and Joanna Romberg. Rachel Gerber and her outreach team put in countless hours reaching out to families and sharing their experiences. A giant thank you to Hadas Ben Esti, Brittany Branson, Debbie Chirnomas, Lauren Hass, Judy Kleinstein, Nicole Korda, Mira Lebowitz, Rachel Light, Marisol Moycik and Dan Prober. Our dedicated team of finance committee members: David Dobin, Ran Assaf, Jonathan Rohner—help ensure that our books are healthy. Scott Ranani and Eli Lebowitz share their knowledge of education and child development as key members of the head of school support and evaluation committee. And Jen Ruth heroically ran the PTO for the second year in a row.

This summer we also welcome our new board chair: Cyd Oppenheimer. Under Cyd’s organized leadership, we aim to regain a bit of normalcy. This summer, we hosted our annual golf tournament at the New Haven Country Club and a series of events to introduce our board and Ezra families to our new head of school, Tani Cohen-Fraade. We’re always happy to include new volunteers—adults and young alums—to our Ezra family.

Library
Jewish Federation of Greater New Haven
Join Jewish Federation of Greater New Haven’s Family Outreach Coordinator **Kayla Bisbee**

PJ Goes to the Farm for Rosh Hashanah

Co-sponsored by **BEKI** (Beth El-Keser Israel)

SUNDAY, SEPT. 5
10-11:30 AM
SILVERMAN’S FARM
EASTON, CT

Get ready for Rosh Hashanah with a trip to the apple orchard! Apple picking, local honey, music and activities the whole family will enjoy. Register by Wednesday, September 1 and plan to join us at Silverman’s Farm in Easton. Come for the event and stay to visit the animal farm. We are pleased to have Annie Norman-Schiff, Youth and Family Programming Director of Congregation Beth El-Keser Israel (BEKI) as our very special guest.

Visit us at jewishnewhaven.org/pj-library

THE JFS STAFF AND BOARD WISH OUR WONDERFUL COMMUNITY A

Shana Tova,

A HAPPY AND HEALTHY NEW YEAR TO ALL

JFS JEWISH FAMILY SERVICE OF GREATER NEW HAVEN

Please visit www.jfsnh.org

THANK YOU to Our Loyal JCC Day Camps Families!

This year, normalcy began to set back into life at JCC Day Camps and we couldn't be happier with the outcome. We cannot express what it means to us to operate at full capacity. Unburdened with some of the restrictions of last summer, this year, we were able to bring the joy of summer camp to so many children. Thank you for filling our campgrounds with love, laughter and friendship. We have learned a lot in the last two years and believe with conviction that we can now offer a more well-rounded experience to our campers as a result. We look forward to what we will continue to learn and share with you all next summer.



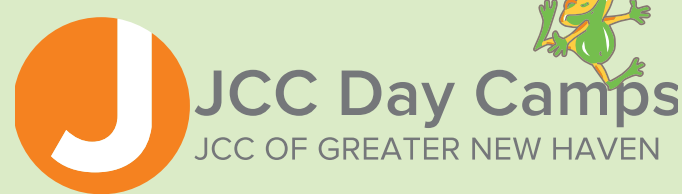
Thank you for another great summer! Age-appropriate activities and values that are so important for kids to learn—this camp has everything.



It gives me such a good feeling that I know my son is doing well when I'm at work, and knowing that he is having a blast.

...we can't wait to be back next year!

You have taken every precaution to ensure our kids are well taken care of and staying safe during COVID. Thank you for making me feel at ease leaving my child with you and knowing as always she will have a great time and be safe!



Honorable Menschen

New Haven native, Dr. Jeffrey Levinson has been promoted to be the General Studies Principal at Mesivta Yesodei HaTorah (MYH) in Naugatuck, CT. MYH, in its own words, is "a yeshiva for the motivated bochur [student] who desires to learn and grow as a ben Torah and aspires to reach great heights." Dr. Levinson brings to the Ultra-Orthodox high school 23 years of experience in teaching and administrative roles in both secular and religious programs. He is honored for this opportunity to lead MYH's general studies program and develop it into a comprehensive and rigorous educational program.



JCARR Driving Teacher Opens Door to U.S. Rite of Passage



by Clifford Wolff

For many refugees getting a driver's license is a rite of passage in becoming American. While most of us who grew up here learned from our parents or at school, for the adult JCARR refugees, we volunteers teach them to drive.

First comes the "knowledge test," which is required for getting a learner's permit. The DMV offers the test in several languages, but some translations aren't reliable. One example from the Arabic version: it uses the word for right, meaning "correct," when they mean right vs. left. My wife True, an experienced ESL teacher, helps people through this phase.

With a permit, it's time to take the wheel. Some JCARR adults are already experienced drivers, but need to learn the rules of the road here. In some countries, rules are lax compared to the U.S.' Driving has its own language. Consider words like "yield" and "right-of-way." Non-verbal communication among drivers can differ from refugees' countries of origin and must be learned.

Of the many refugees I have helped prepare for the road test, some were experienced but others were brand new. It's scary to drive for the first time with a new driver, but they catch on quickly, and soon drive with confidence. The road test at the DMV is the big event. English-language communication with the DMV officer is critical. Many DMV staff are patient and understanding and some take a harder line. Some refugees don't pass on the first try, but typically take this small setback in stride.

When a student passes their test, it is a major milestone in becoming integrated in American society. From the time they took the first steps to leave their home country, refugees have given up a lot of control over their own lives, but getting a driver's license is important in recapturing it. The look of joy on the face of a newly minted driver says it all.

FIN AND SCALE
kosher sushi and bar

203 - 553 - 7905
www.finandscalect.com
920 Whalley Avenue, New Haven

WISHING YOU A SWEET & HEALTHY NEW YEAR!

L'Shana Torah U'Metukah!

BBYO is a leading pluralistic Jewish teen movement aspiring to involve more Jewish teens in more meaningful Jewish experiences. BBYO welcomes Jewish teens of all backgrounds, denominational affiliation, gender, race, sexual orientation, or socioeconomic status, including those with a range of intellectual, emotional, and physical abilities.

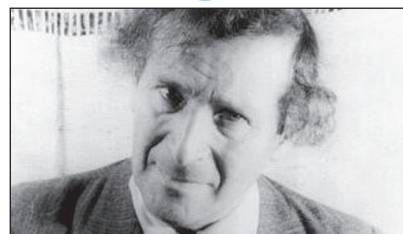
For more information about BBYO Connecticut Valley Region, email Josh Cohen at: JCohen@bbyo.org

SHALOM NEW HAVEN CLUE GAME

The answer to our previous clue:

"A Jewish artist of great renown — His Peace, a piece that needs no explanations, is gloriously presented at the United Nations."

Marc Chagall



Mazal tov to those who responded correctly:
Ellen Suesserman, Mitch Goldblatt, Deborah Farber, Jay Sokolow, Susan Sachar, and Lindy Lee Gold

Marc Chagall was born in Liozna on July 6, 1887, which was a part of the Russian Empire. He was a Russian-French artist of Belarusian Jewish origin. He had been respected as the world's pre-eminent Jewish artist for decades.

He started painting to cherish and publicly express his Jewish roots. Much of his painting career took place in Paris. He started working on illustrations of the Old Testament and used the assignment as an excuse to visit Israel, where he felt inspired and connected to his roots. Chagall stated that "In the East I found the Bible and part of my own being."

He was asked to paint the ceiling of the Paris Opera which became one of his most known pieces. Other pieces of his work included Jerusalem windows for the synagogue of Hebrew University's Hadassah Medical Center in Jerusalem. The stained-glass windows represented the twelve tribes of Israel. These windows are considered to be his greatest work in stained glass.

He also created the Peace Window that was presented to the United Nations as a memorial to Dag Hammarskjöld, the second Secretary-General of the UN. Chagall's inspiration for the Peace Window came from Isaiah IX, 1-6. The window is currently located in the Visitors Lobby of the United Nations Building.



Shalom New Haven Clue Game
Our clue game revolves around famous Jewish people, places and things. Consulting with friends and family or looking up on Google is perfectly 'kosher'! If you can find the answer to the clue, email your response to SNH@jewishnewhaven.org by Sept. 30, 2021. All correct responders will be published in the next edition of Shalom New Haven. Let the game begin!

THIS ISSUES CLUE:
She graduated from the University of Wisconsin and went on to be a country's Prime Minister.

Her famous quote was "So what took so long?"

Elm City Kallah News

Elm City Kallah is a collaboration of Westville Synagogue, Beth El-Keser Israel, and Congregation B'nai Jacob, coming together for the fifth time to create an exceptional collaborative educational experience. All of the events throughout the weekend (except for the subsidized Friday night dinner) are free and open to the general community, and members of each congregation are invited and encouraged to attend events at one another's synagogues. Originally planned for spring 2020, this event has been re-scheduled three times due to COVID.



This year's Scholar will be Rabbi Ethan Tucker. Rabbi Tucker, the son of Hadassah Leiberman and Senator Joe Lieberman, grew up in New Haven, attending the Westville Synagogue and Ezra Academy. Rabbi Tucker was ordained by the Chief Rabbinate of

Israel and earned a doctorate in Talmud and Rabbinics from the Jewish Theological Seminary and a B.A. from Harvard College. A Wexner Graduate Fellow, he was a co-founder of Kehilat Hadar and a winner of the first Grinspoon Foundation Social Entrepreneur Fellowship.

Rabbi Tucker will speak at the Westville Synagogue Friday night,

Oct. 29th, following a catered dinner (reserve at westvilleshul.org).

On Shabbat day, Tucker will be at Congregation BEKI, where he will speak following a kiddush luncheon, and Sunday morning he will speak a final time at Congregation B'nai Jacob, preceded by a light breakfast.

Additional information will follow as the event approaches.



fine foods
for Rosh Hashanah

Great Selection of Exotic Fruits, Challahs and Desserts!

Nuts, Honey and Dried Fruit Deli Salads and Hot Entrees

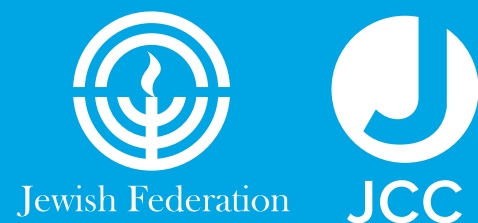
Kitchen and Bakery are Pas Yisrael and Cholov Yisrael

Edge of the Woods wishes all our Patrons a Healthy, Happy New Year!

379 Whalley Avenue, New Haven (plenty of off street parking)



203-787-1055 • www.eotwm.com



Thank You to Our CORPORATE SPONSORS

ALL AMERICAN WASTE
www.aawllc.com
19 Wheeler Street, New Haven, CT
(800) 998-2985

STAR TIRES & WHEELS
• TIRES
• WHEELS
• AUTO REPAIR
TWO LOCATIONS:
40 Boston Post Rd. West Haven 203-933-2886
888 Wethersfield Ave. Hartford 860-296-9799
startires.com

SOUND OBSTETRICS & GYNECOLOGY
AN AFFILIATED PRACTICE OF
Yale Medicine

Teplitzky & Company
Certified Public Accountants
1 Bradley Road, Building 600 Woodbridge, CT 06525
(203) 387-0852
teplitzky.com

BARKER SPECIALTY
800.227.5377 | barkerspecialty.com
EXPAND YOUR BRAND

GREEN & SKLARZ LLC
GS-LAWFIRM.COM
(203) 285-8545

To learn how to become a Corporate Sponsor, email Lindsey Barger at: lbarger@jewishnewhaven.org

MARCUM ACCOUNTANTS & ADVISORS
Marcum LLP
555 Long Wharf Drive
New Haven, CT
(203) 781-9788
marcumllp.com

Jewish Teen Education (JTE) Plans Exciting New Year of Learning

by Samatha Fleischman

Join us this fall as Jewish Teen Education (JTE) returns revamped, revitalized and in person! JTE is a teen led and organized educational program for high school students in the greater New Haven community. Our goal at JTE is to provide students with the opportunity to continue their Jewish education past preparation for their bar/bat mitzvah. All classes are designed by our teen board and conducted by teachers chosen by these same teens. Classes take on various forms but are designed to create a space that is open and welcoming to all, regardless of religious background, and fosters lively and inclusive discussions. We strive to create programming that fits what our high school students are looking for and are excited to learn about.

After running community service projects last year, we will once again be hosting classes at the JCC for the 2021-2022 school year. However, classes will look a little different to keep that community service piece in play! Students will get to choose a class for the first hour of our programming with options ranging from Jewish representation in media to discussions of Israel to the ever-popular cooking classes. In the second half of our Tuesday nights, we will all come together to work on and learn about a specific social justice focused topic. For our first quarter we will be focusing on sustainability and environmental justice! Come join us every Tuesday night from 7-9pm beginning October 5 to take awesome classes and meet some really great people!

Register now at www.jewishnewhaven.org/jte.

my parents signed me up for JTE, and all i got was this T-shirt....

- and a group of new friends
- and cool classes to pick from
- and new SKILLS
- and a place to explore my jewish values
- and a safe place to hang out
- and a place I can be ME
- and an chance to travel to ISRAEL with my new friends
- and...a chance to show the WORLD that teens CAN MAKE A DIFFERENCE!



Classes start soon. Find out more today at

jewishnewhaven.org/jte



Jewish Teen Education BY TEENS. FOR TEENS



A MESSAGE FROM THE CONSUL GENERAL

Counting Our Blessings As We Enter 5782

by Ambassador Meron Reuben
Israel Consul General to New England

Summer was exceptionally wet this year in New England. As an Israeli, I enjoyed the rain and soaked up the magnificent

greenery that it left behind. September is now upon us with Rosh Hashana, Yom Kippur, and other fall festivals coming early this year.

While this summer has shown numerous challenges for the state of Israel, from political conflict to Ben & Jerry's boycott, there are many positive developments to celebrate as the year draws to a close.

A year ago we were living under the cloud of a global pandemic that constricted every aspect of our lives and caused the death of millions across the globe. Israel has been a leader in vaccinating its population and we are now in a drive to give booster shots to the population over 60.

Limiting travel to Israel has been a necessary means of controlling the spread of the virus. We know how frustrating this has been for so many of you, but it is my sincere hope that travel to Israel will soon get back to normal even though the spike in the highly contagious Delta variant of the virus makes this difficult to predict.

The Abraham Accords continue to spread a message of hope and mutual understanding in our region. It was a thrill this summer to welcome "Sharaka," a new NGO comprised of young Israeli and UAE social leaders of all religions committed to peace and normalization through forging warm people-to-people connections.

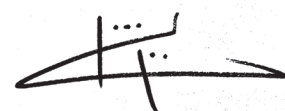
The "2020 Olympics" in Tokyo offered another reason to rejoice. Israel sent its largest delegation ever, some 90 Olympians. Israeli Olympian Artem Dolgopyat made us all proud by winning a gold medal in gymnastics for the men's floor exercise. Avishag Samberg received a bronze medal in taekwondo.

But the most important thing of all for us was that for the first time, after ignoring the fact for 49 years, the Olympic committee publicly memorialized the Israeli athletes who were victims of terror in the Munich Olympics of 1972. May their memories be blessed.

All in all, we have a lot to be grateful for as we leave 5781 and go into 5782. I have had a very challenging yet exciting 9 months in New England and hope to meet many more members of the Jewish community in person (and not on zoom) this coming year.

May the new year bless us all with peace and good health.

Shana Tova U'metuka a good and sweet New Year to everyone.



Meron Reuben
Israel Consul General to New England

"To save one life is to save the world entire." – The Talmud



This High Holiday season, as we seek spiritual and physical renewal for ourselves and our loved ones, let us also remember those in Israel who nurture and renew life every day. Whether it's treating civilians wounded in terror and rocket attacks or vaccinating them against Covid-19, no organization in Israel saves more lives than Magen David Adom.

Magen David Adom is not government-funded. Its 27,000 volunteer EMTs and paramedics and 4,000 full-time professionals rely on support from people like you for the vehicles, supplies, and equipment they need to perform their lifesaving work.

No gift will help Israel more this coming year. Support Magen David Adom by donating today at afmda.org/rosh or call 866.632.2763. *Shanah tovah.*



Saving lives. It's in our blood.
afmda.org

Author Series at the JCC

The JCC of Greater New Haven will launch its 2021-2022 author series with Laura Arnold Leiberman's *The Art of the Jewish Family*.

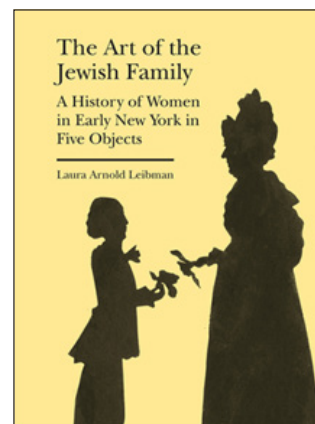
When you light candles using the candle sticks your bubbe brought from eastern Europe do you feel the familial and the Jewish connection? How about when you use the kiddush cup that was presented to your father at his bar mitzvah?

In *The Art of the Jewish Family*, Laura Arnold Leibman examines five objects owned by a diverse group of Jewish women who all lived in New York in the years between 1750 and 1850: a letter from impoverished Hannah Louzada seeking assistance; a set of silver cups owned by Reyna Levy Moses; an ivory miniature owned by Sarah Brandon Moses, who was born enslaved and became one of the wealthiest Jewish women in New

York; a book created by Sarah Ann Hays Mordecai; and a family silhouette owned by Rebbetzin Jane Symons Isaacs. These objects offer intimate and tangible views into the lives of Jewish American women from a range of statuses, beliefs, and lifestyles—both rich and poor, Sephardi and Ashkenazi, slaves and slaveowners.

Join us on Thursday, September 23 at 8:30 p.m. for this exciting author event, the very first in our series.

On October 5, 2021, join us as New Haven's own, multi-talented author Mark Oppenheimer speaks about his book *Squirrel Hill*. This will be a hybrid event, on-line and in person.



Thank You To Our Generous Sponsors



Gayle & David Slossberg



jewishnewhaven.org/shalom-baby



PRESENTS THE **BECKERMAN JEWISH CULTURAL ARTS SERIES**

FAMILY SECRETS | DISABILITY | PRELUDE TO THE HOLIDAYS

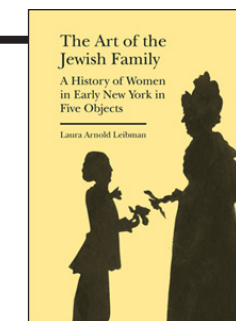
JEWISH COMMUNITY TRADITIONS

ELIJAH EFFECT | CULTURAL CONFLICT | WOMEN BREAKING BARRIERS

PERSPECTIVE/BIO/PERSONAL STORIES

SEPTEMBER/OCTOBER AUTHORS & FILMS

PRELUDE TO THE HOLIDAYS



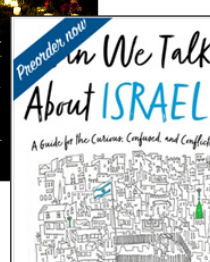
AUTHOR:
The Art of the Jewish Family
Laura Arnold Leibman
Thursday, September 23
7:30 PM

JEWISH COMMUNITY TRADITIONS



AUTHORS:
Squirrel Hill
Mark Oppenheimer
Tuesday, October 5 | 7 PM

Can We Talk About Israel?
Daniel Sokatch
Monday, October 25 | 7 PM



FILMS:
Welcome to Kutschers
October 11-17

Nora's Will
October 18-24

Matchmaker
October 25 - 31



Visit us and make your reservations at jccnh.org/beckermanCA

“It’s All About the Community”

by MiriYam Judd
Shalom New Haven Interim Editor

Downtown Evening Soup Kitchen (DESK) has sat nestled in the basement of the Center Church Parish House on Temple St. since the early-2000s, serving as a primary source of hot meals for those experiencing homelessness and adapting to the shifting needs necessitated by the COVID-19 pandemic and a growing rate of food insecurity.

But the location isn’t ideal – the only entrance to the dining room is a small, tight staircase tucked away from the street.



It’s an easy place to miss. And only having one floor DESK severely limits the services it’s able to provide.

Steve Werlin, who has served as DESK’s executive director for five years, recently oversaw the organization’s purchase of 266 State St. in New Haven. The three-story building will allow for a broader array of offered ser-

vices, including showers, computers and medical offices.

Raised in a Jewish home outside of Boston, Werlin grew up attending a Conservative Jewish synagogue, going to



Hebrew school every week and spending summers at a Jewish day camp. He eventually pursued a graduate degree in religion, with a focus on ancient religion and early Judaism.

“My Jewish upbringing was definitely not inconsequential,” he said.

Werlin and his family moved to New Haven in 2011, where he began volunteering at various local organizations such as DESK, FISH (Food In Service to the Homebound) and the Columbus House, where he soon started working part-time.

The community aspect of Judaism is exactly what drew him and his family to their synagogue, Beth El-Keser Israel (BEKI) and to enrolling his kids in the JCC day camp.

“It’s 100% okay to just show up for what you can, even if that’s just kid-dish at the end,” he explained. “And that’s important to me.”

Werlin currently chairs BEKI’s Tikun Olam committee. The committee’s goal, he explained, is to provide a resource and outlet for the BEKI community to access the community outside the walls of the synagogue.

“We wanted it to be a resource for members at BEKI who say ‘Hey, I want to volunteer, but I don’t know where to start.’ Which is kind of how I started,” he said. “When I first moved to New Haven, I was in touch with members at the synagogue before I even moved here, and that’s how I ended up volunteering at DESK.”

Werlin believes this is a role every synagogue should be playing within its own community and in relation to its broader community.

“The Jewish community, I would say, is overrepresented among our supporters in a positive way,” Werlin said. “There’s a strong tradition of tikun olam within Judaism. Members of the community are **(Continued on page 34)**

Following the Strategic Roadmap

The Jewish Federation’s strategic planning process kicked off in the spring of 2020. The process did not end with the report of recommendations. It is a continuing effort of focus leading to action and implementation. Periodically, results will be shared in the pages of Shalom New Haven.

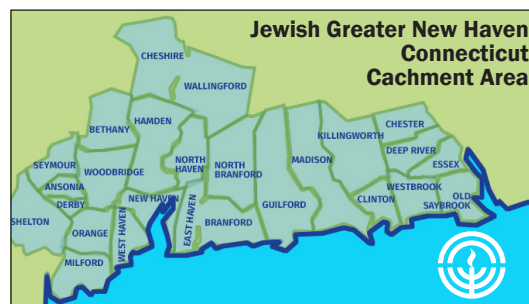
By addressing key priority areas like security, community collaboration, Jewish education, and advocacy, the Federation seeks to unite the community and inspire each person to act to strengthen Jewish life in Greater New Haven and around the world.

Jewish communal security is in the headlines every day. As anti-Semitism continues to increase, the need to secure and protect Jewish communal institutions and individuals has never been greater. The Jewish Federation serves as a hub of information, training, workshops and funding support. In the community survey conducted as part of the strategic planning process, security ranked as a high priority.

As a result, the Federation will implement a Regional Security Advisor program in partnership with Secure Community Network and in collaboration with the Jewish communities of Greenwich, Stamford and Western CT. The program will touch every aspect of the Jewish community—agencies, schools, synagogues, Hillels, kosher establishments and cemeteries, providing vulnerability assessments, recommendations, training for organizations and law enforcement, grant assistance and crisis response.

From Jewish day schools, celebrating Shabbat with friends, learning about Jewish values or traveling to Israel for the first time, the Federation seeks to enable as many Jewish experiences as possible through its support of local partners, grants and direct program provision. This is more important now than ever. Recent Pew Research Center data found that Jewish connections are dwindling. To ensure the future of the Jewish community, new pathways to connection are paramount. Our community values high-quality Jewish education at every stage of life, and immersive Jewish experiences inspire life-long engagement.

We are proud that several of our younger community members recently participated in the Jewish Changemakers Fellowship, a 3-week leadership development program for young adults offered by the Jewish Federations of North America. The upcoming Pathways to Jewish Experiences program, a collaboration between the PJ Library and Camp Laurelwood which will launch in 2022, will build a cohort of young families “doing Jewish” together. Jewish Teen Education (JTE) is launching again this fall with new teen leadership. Ezra Academy will launch the Engage program as part of a collaboration with the Jewish Federation’s PJ Library program. Each of these unique programs coincides with Jewish



Federation’s ongoing investment in Jewish day schools, Jewish camps, Hillels, the Beverly Levy Early Learning Center, as well as programs like Birthright, Masa and Onward Israel, all which send young Jews to Israel.

Every charitable dollar is precious and must be maximized for impact in our community. As recommended by the strategic plan, the Federation has restructured its allocations process with the goal of increasing funds that will be deployed to address key community priorities. This effort will gradually shift over time to enable an easier adjustment for funding beneficiaries. We will continue to

support our local organizations and the community’s highest priorities.

As an important voice of the collective Jewish community, the Jewish Federation directly and through our state and national partners, stands up and speaks out to advocate for Jewish principles, values and critical needs. We are there to represent the community as we address issues like hate crime, boycotts and discrimination. Whether it is the Jewish community in the cross-hairs of attack or other faith communities are threatened, we are there.

Following the strategic roadmap will help us to create and sustain a strong and vibrant future for our Jewish community.

Jewish Federation OF GREATER NEW HAVEN



Yamim Nora'im: The Order of Operations

by Rabbi Danny Moss

At this time of year, someone always asks, “Why does Rosh Hashana come before Yom Kippur?” Shouldn’t self-examination and repentance set the stage for the new year, rather than the other way around? Here is one explanation.

At Rosh Hashana we envision the world as we wish it to be. “hayom harat olam,” we read in the prayer book: “today the world is [literally] pregnant” with potential. Everything is possible.

And yet, ten days later, we confront the world as it is: beautiful, but broken; in need of repair. The same is true of our relationships and ourselves. We live briefly but quite intensely in the gap between the ideal and the real, and we know there is work to do. Then, just after ne’ilah, we get to work. Some drive the first nails into the sukkah that night to symbolize that their rebuilding begins immediately.

Rabbi Irwin Kula teaches us to ask: what do we “hire” the Jewish holidays to do? In 5782, these Days of Awe are like a mirror that reflects the jarring fits and starts of our pandemic-challenged world. We gaze into that mirror and discern the gap between the world we wish for and the one we’ve got. A post-Covid world is visible, yet distant. The sadness we feel at delayed arrivals should stir us to build toward that world. Reflecting on the year gone by helps us appreciate the magnitude of this struggle, and also the progress we have made so far.

Each year we spiral around the Jewish calendar and find ourselves somewhere different, but perhaps not as different as we had hoped. Yet—and Judaism is unambiguous about this—change is always possible. We’ve all heard ‘two steps forward, one step back.’ If we focus exclusively on the one step, it looks like we’re only going backwards. But it isn’t so.

True, we must notice the gap. But only to inspire us to get to work.

Shana Tova U'metuka—may it be a sweet new year for you and your family.
Rabbi Danny Moss, Temple Beth Tikvah

Your official guide to the Greater New Haven area **HIGH HOLIDAY OBSERVANCES**



YOUR OFFICIAL 2021 GUIDE: Greater New Haven Area High Holiday Services

Congregation Mishkan Israel

785 Ridge Road, Hamden | (203) 288-3877
www.cmihamden.org

Selichot

Aug. 28, 7 p.m. Program and Community Service with guest speaker, Rev. Steven Cousins

Rosh Hashana

Sept. 6, 6 p.m., Traditional Service

Sept. 6, 8 p.m., Contemporary Service

Sept. 7, 10 a.m., Traditional Service

Sept. 7, 1 p.m., Family Service with Tashlich — outdoors with reservation

Sept. 8, 10 a.m., Traditional Service

Sept. 8, 12:30 p.m., Tashlich at the bridge behind Whitney Center

Shabbat Shuva

Sept. 10, 6 p.m., Shabbat Shuva Service

Yom Kippur

Sept. 15, 8 p.m., Kol Nidre

Sept. 16, 10 a.m., Morning Service

Sept. 16, 12:30 p.m., Reflection Service

Sept. 16, 2 p.m., Study Session

Sept. 16, 2 p.m., Family Service — open to the community

Sept. 16, 3:30 p.m., Afternoon Service

Sept. 16, 5:15 p.m., Yizkor Service

Sept. 16, 6 p.m., Ne'ila & Havdalah

Cemetery Services

Sept. 12, 10:30 a.m., Memorial Service at CMI Cemetery, 701 Whalley Avenue, New Haven

Sukkot

Sept. 21, 10:30 a.m., Sukkot Morning Service

Simchat Torah

Sept. 26, 6 p.m., Simchat Torah Services

Sept. 28, 10:30 a.m., Simchat Torah Service with Yizkor

For other area synagogues' High Holiday schedules and more listings as they come in, visit us at

jewishnewhaven.org

Cong. Beth El-Keser Israel

85 Harrison St, New Haven | (203) 389-2108
www.beki.org

Selichot

Aug. 28, 9 p.m., Selichot service

Sept. 5, 8 p.m., Alternative Selichot "Reflecting on a Hard Year" with Rabbi Eric Woodward, Including Meditation, Spiritual Writing, and Chant

Rosh Hashana

Sept. 6, 6 p.m., Erev Rosh Hashana Service

Sept. 7, 9 a.m., First Day Rosh Hashana Services, Including Children's Chavura, K-2 Kehillah, and Junior Congregation

Sept. 7, 5 p.m., Tashlich at Edgewood Bridge, Whitney Museum Covered Bridge, and West Rock Playground

Sept. 7, 6 p.m., Mincha & Ma'ariv

Sept. 8, 9 a.m., Second Day Rosh Hashana Services Including Children's Chavura, k-2 Kehillah, and Junior Congregation

Sept. 8, 5:45 p.m., Mincha

Shabbat

Sept. 10, 6 p.m., Kabbalat Shabbat

Sept. 11 9:15 a.m., Shabbat Shuva Services

Yom Kippur

Sept. 15, 6:30 p.m., Mincha

Sept. 15, 6:45 p.m., Kol Nidre

Sept. 16, 9 a.m., Yom Kippur Services, Including Children's Chavura, k-2 Kehillah, and Junior Congregations

Sept. 16, 4:30 p.m., Mincha, Followed by Ne'ila

Cemetery Services

Sept. 12, 10:30 a.m., Beth El Memorial Park, Warner St.

Sept. 12, 11:30 a.m., Keser Israel Memorial Park, Farwell St. West Haven

Sukkot

Sept. 20, 6 p.m., Erev Sukkot Mincha & Ma'ariv

Sept. 21, 9 a.m., First Day Sukkot Services, Followed by Sukkah Hop

Sept. 21, 6 p.m., Sukkah Hop Mincha & Ma'ariv

Sept. 22, 9 a.m., Second Day Sukkot Services

Sept. 22, 5:45 p.m., Mincha & Ma'ariv

Sept. 27 9 a.m., Hoshana Raba Shacharit

Simchat Torah

Sept. 27, 6 p.m., Mincha & Erev Shmini Atzeret

Sept. 28, 9 a.m., Shmini Atzeret Services, Including Yizkor

Sept. 28, 6 p.m., Mincha

Sept. 28, 6:30 p.m., Erev Simchat Torah Services, Featuring Processions, Dancing and Singing

Sept. 29, 9 a.m., Simchat Torah Services

Sept. 29, 5:45 p.m., Mincha

Temple Beth David

3 Main St. Cheshire | (203) 272-0037
www.tbdcheshire.org

All Temple Beth David services will be available via Zoom at zoom.tbdcheshire.org or in-person (subject to change given the fluid nature of the pandemic).

Rosh Hashana

Sept. 6, 7 p.m., Erev Rosh Hashana

Sept. 7, 8:30 a.m., First Shacharit

Sept. 7, 11 a.m., Second Shacharit

Sept. 7, 1:15 p.m., Tashlich at Mixville Park

Sept. 8, 10 a.m., Shacharit

Yom Kippur

Sept. 15, 7 p.m., Kol Nidre

Sept. 16, 8:30 a.m., First Shacharit

Sept. 16, 11 a.m., Second Shacharit

Sept. 16, 1:30 p.m., Family Service

Sept. 16, 3:30 p.m., Mincha

Sept. 16, 4:30 p.m., Yizkor

Sept. 16, 5:30 p.m., Ne'ila

Sept. 16, 6 p.m., Blowing of the Shofar

Temple Emanuel

150 Derby Ave, Orange | (203) 397-3000
tegnh.org

Selichot

Aug. 28, 7 p.m., Joint URJ Selichot Service

Rosh Hashana

Sept. 6, 3 p.m., Rosh Hashana Family Celebration

Sept. 6, 8 p.m., Erev Rosh Hashana

Sept. 7, 10 a.m., Rosh Hashana first day with Tashlich Following the Service

Sept. 8, 10 a.m., Rosh Hashana Second Day

Yom Kippur

Sept.15, 8 p.m., Kol Nidre Service

Sept.16, 10 a.m., Yom Kippur Morning Service

Sept.16, 1 p.m., Yom Kippur Family Service

Sept. 16, 1 p.m., Yom Kippur Study Session w/Bennett Graff

Sept. 16, 4:30 p.m., Yom Kippur Mincha

Sept. 16, 6 p.m., Yizkor, Ne'ila and Havdalah

Sukkot

Sept. 20, 6:30 p.m., Erev Sukkot Service

Temple Beth Shalom

1809 Whitney Ave, Hamden | (203) 288-7748
tbshamden.com

All services will be live streamed online. For more information, please visit www.tbshamden.com or call the Temple Beth Shalom office at 203-288-7748.

Rosh Hashana

Sept. 6, 8:15 p.m., 1st Night Rosh Hashana

Sept. 7, 9 a.m., 1st Day Rosh Hashana

Congregation B'nai Jacob

75 Rimmon Rd, Woodbridge | (203) 389-2111
bnaijacob.org

Selichot

Aug. 28, 8:30 p.m., Film

Aug. 28, 9:45 p.m., Dessert reception

Aug. 28, 10 p.m., Service

Rosh Hashana

Sept. 6, 5 p.m., Family Service

Sept. 6, 6 p.m., Service

Sept. 7, 8:30 a.m., Service

Sept. 7, 10:30 a.m. - 12 p.m., Children Services

Sept. 7, 12 p.m., Shofar Service

Sept. 7, 5 p.m., Tashlich followed by Erev Rosh Hashana Service

Sept. 8, 9 a.m., Shacharit Service

Sept. 8, 9 a.m., Electives, Choose Your Own

Yom Kippur

Sept. 15, 6:30 p.m., Kol Nidre and Ma'ariv

Sept. 16, 9 a.m., Yom Kippur Service

Sept. 16, 10:30 a.m.-12 p.m., Children Services

Sept. 16, 5:45 p.m., Mincha

Sept. 16, 7:15 p.m., Ne'ila Under the Stars

Sept. 16, 7:49 p.m., Final Shofar

Sukkot

Sept. 20, 6 p.m., Erev Sukkot Service

Sept. 21, 9:30 a.m., Sukkot Service

Sept. 21, 6 p.m., Sukkot Service

Sept. 22, 9:30 a.m., Sukkot Service

Shmini Atzeret

Sept. 27, 6 p.m., Shmini Atzeret Service

Sept. 28, 9:30 a.m., Shmini Atzeret Service

Sept. 28, 11 a.m., Yizkor Service

Simchat Torah

Sept. 28, 6 p.m., Mincha Minyan

Sept. 28, 6 p.m., Simchat Torah Family Service

Sept. 29, 9:30 a.m., Simchat Torah Service

Cemetery Services

Sept. 12, 1 p.m., B'nai Jacob Memorial Park, Wintergreen Avenue. In the event of rain, service will be held at B'nai Jacob

Hazkarat Banim

Sept. 13, 7 p.m., Hazkarat Banim, in Memory of Children

Rosh Hashana (continued)

Sept. 8, 9 a.m., 2nd Day Rosh Hashana

Sept. 8, 6:45 p.m., 2nd Night Rosh Hashana

Yom Kippur

Sept. 15, 6 p.m., Kol Nidre

Sept. 16, 9 a.m., Yom Kippur Morning Thursday

Sept. 16, 4:30 p.m., Yom Kippur Mincha/Yizkor/Ne'ila

Chabad of the Shoreline

800 Village Walk #327, Guilford } | (203) 645-4635
Chabad.org

Rosh Hashana

Sept. 6, 7 p.m., Afternoon & Evening Services

Sept. 6, 8:30 p.m., Community Dinner (RSVP)

Sept. 7, 9:30 a.m., Morning Services

Sept. 7, 11:30 a.m., Shofar Sounding

Sept. 7, 1:30 p.m., Kiddush Lunch (RSVP)

Sept. 7, 6 p.m., Afternoon & Tashlich Service

Sept. 7, 8 p.m., Evening Service, Followed by Holiday Dinner (RSVP)

Sept. 8, 9:30 a.m., Morning Services

Sept. 8, 11:30 a.m., Shofar Sounding

Sept. 8, 1:30 p.m., Kiddush Lunch (RSVP)

Yom Kippur

Sept. 15, 3 p.m., Say Blessings

Sept. 15, 6 p.m., Say Blessings

Sept. 15, 6:30 p.m., Kol Nidre Services

Sept. 15, 6:42 p.m., Light Candles

Sept. 15, 6:42 p.m., Fast Begins

Sept. 16, 9:30 a.m., Morning Service

Sept. 16, 11 a.m., Children's Program

Sept. 16, 12:15 p.m., Yizkor Memorial Service

Sept. 16, 5:15 p.m., Afternoon & Ne'ila Services, Followed by Evening Service

Sept. 16 7:39 p.m., Fast Ends, Followed by Break-Fast Meal (RSVP)

Sukkot

To purchase a Sukkah or a Lulav/Etrog set, please call (203) 533-7495.

Sept. 20, 6:30 p.m., Afternoon & Evening Service followed by Holiday Dinner in the Sukkah (RSVP)

Sept. 21, 9:30 a.m., Morning Services

Sept. 21, 12 p.m., Kiddush Lunch in the Sukkah 12 p.m. (RSVP)

Sept. 21, 6:30 p.m., Afternoon & Evening Service followed by Holiday Dinner in the Sukkah (RSVP)

Sept. 22, 9:30 a.m., Morning Services

Sept. 22, 12 p.m., Kiddush Lunch in the Sukkah

Sept. 24, Afternoon & Evening Service, Followed by Holiday Dinner in the Sukkah (RSVP)

Sept. 25, 9:30 a.m., Morning Services

Sept. 25, 12 p.m., Kiddush Lunch in the Sukkah (RSVP)

Simchat Torah

Sept. 27, 6:30 p.m., Afternoon & Evening Service & Hakafot, Followed by Holiday Dinner in the Sukkah (RSVP)

Sept. 28, 9:30 a.m., Morning Services

Sept. 28, 11:30 a.m., Yizkor Memorial Service

Sept. 28, 12 p.m., Kiddush Lunch in the Sukkah

Sept. 28, 6:45 p.m., Evening Services, Followed by Simchat Torah Celebration & Hakafot with Buffet Dinner (RSVP)

Sept. 29, 10 a.m., Morning Services, Followed by Kiddush & Hakafot

Chabad of Shelton

7 Rosedale Cir, Shelton | (203) 364-4149
jewishshelton.com

Rosh Hashana

Sept. 6, 6:30 p.m., Rosh Hashana Eve

Sept. 6, 7:00 p.m., Community Holiday Dinner

Sept. 8, 10 a.m., Morning Services

Sept. 8, 11 a.m., Children's Program

Sept. 8, 11:30 a.m., Shofar Sounding

Yom Kippur

Sept. 15, 7 p.m., Kol Nidre Services

Sept. 16 10 a.m. Morning Services

Sept. 16, 11 a.m., Children's Program

Sept. 16, 12 p.m., Yizkor Memorial Service

Sept. 16, 5:30 p.m., Mincha / Ne'ila Closing

Services Followed by Buffet Break-Fast

Yom Kippur Location: Courtyard by Marriott Shelton
780 Bridgeport Ave. Shelton, Ct 06484

RSVP FOR SERVICES AND DINNER Call:

(203) 364-4149 | E-mail: Office@JewishShelton.com

www.JewishShelton.com/hh

Westville Synagogue

74 W Prospect St, New Haven | (203) 389-9513
westvilleshul.org

Rosh Hashana

Sept. 6, 6: 55 p.m., Mincha

Sept. 6, 6: 57 p.m., Candles

Sept. 7, 8 a.m., Shacharit

Sept. 7, 6:55 p.m., Mincha

Sept. 7, 7:55 p.m., Candles

Sept. 8, 8 a.m., Shacharit</



A Very Sweet Tradition

by Maya Zanger-Nadis
Shalom New Haven Interim Editor

The ritual items used on the High Holidays—shofar, machzor, or perhaps a kitel—are all simple, uniform items with little room for personalization. But there are small ways to enhance our aesthetic experience of Tishrei. Westville’s Dr. Steven Wilf, in particular, uses a striking cobalt blue glass honey dish with silver detailing by Jerusalem artist Avi Luvaton to accomplish hiddur mitzvah, beautifying the mitzvah of celebrating Rosh Hashana. Yet the dish is not as impressive as the honey it contains.

Jews worldwide celebrate Rosh Hashana in some capacity. However, most do not dip apples in honey made by bees at the National Paris Opera. Dr. Wilf, noted honey connoisseur, is the exception. His globally-sourced honey collection is maintained through his own travels, though he admits to occasionally “cheating” and buying honey from somewhere he has never been—e.g., Tasmanian honey in Australia. For over 25 years, he has thoughtfully curated a selection to bring to the family’s Rosh Hashana celebrations. And the breadth of the tradition has grown over time; everyone has carved out their own niche. The Wilfs’ daughter-in-law, Marisa, always brings new fruits; Dr. Wilf’s sister-in-law brings gefilte fish and there are sweet ginger cakes—a tradition from the Netherlands—made by Steven’s wife, Dr. Epstein-Wilf. Their children and children-in-law are also involved: Sara always bakes a challah while her husband, Lawrence, is in charge of cheese as he has a personal relationship with The Cheese Guy. Noam (son-in-law) took over the important task of bringing herring from Murray’s on the Upper West Side when Dr. Epstein-Wilf’s mother passed away.



When I asked Dr. Wilf why he chose this honey dish in particular, he replied simply, “it’s beautiful.” It is true that a beautiful honey dish may make a Rosh Hashana table unique, but the honey itself is the source of rich tradition.

The relative scarcity of High Holiday ritual items leads us to find small, meaningful opportunities for hiddur mitzvah. And the explicit focus on spirituality lets us know that the intent behind the beauty, the honey in the dish, is what the holidays are truly about.

Looking in the Mirror

Rabbi Eric Woodward
Beth El-Keser Israel (BEKI)

We’re told by Rabbi Pinkhas of Koretz that every day, we should look ourselves in the mirror and ask: Heyhan ani Be’Olam? Where am I in my own world?

The past year-and-a-half of pandemic has brought all of us trauma, stress, and fear. But we also have grown and changed, and experienced love and joy.

Who are you as you enter into 5782? What has your world been? How have you changed and grown? Asking these questions is the beginning of the Teshuva—the soul growth-work—that we have to do during the High Holidays. Where are you in your world?

Local Rabbis ‘High Holidays’ Blessings



“According to ancient tradition, Yom Kippur commemorates the day God forgave our people after the sin of worshipping the Golden Calf. For even after Moses, out of great disappointment, shattered the Tablets containing the Ten Commandments, G-d replaced them with a second set. Indeed, when was it that we received that second set? Tradition tells us it was Yom Kippur. This then, to my mind, is Yom Kippur’s essential message: Even those who have shattered our trust deserve a second chance. And additionally: Those who feel that their trust in G-d has been shattered, ought to give G-d a second chance as well.”

Rabbi Alvin Wainhaus, Congregation Or Shalom



“In passing his leadership on to Joshua, Moses charged the younger man to ‘be strong and courageous.’ Even in troubled times, strength and courage have marked the ways of the Jewish people ever since. With God’s help, these traits will continue to mark our way.”

Rabbi Bruce Alpert, Beth Israel Synagogue



“May this coming New Year 5782 bring with it renewed hope for our people and for humanity. May we all be blessed with health, joy, and happiness, and inscribed (and sealed) in the Book of Lives-well-lived! Shana Tovah U’metukah!”

Rabbi Michael Farbman, Temple Emanuel



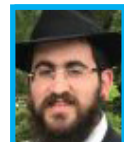
“God hears the sound of the shofar’ - During times of distress we pray from the depth of our hearts and like the sound of the wordless, inarticulate shofar, we trust that God hears us. May HaShem hear our cries and grant us a year of health, safety, and prosperity.”

Rabbi Fred Hyman, Westville Synagogue



“May the New Year bring a clarity of vision to better see that which unites us all and bring about a renewed sense of purpose in making this world a dwelling place for G-d.”

Rabbi Levi Schectman, Chabad of Wesleyan



“Rosh Hashana is when everything in the world is reborn, symbolic of the message of a second chance. G-d never gives up on you, because a person is never too low, too distant, hopeless. We all have the opportunity to start over, try again, and paint a new image for the year ahead.”

Rabbi Schneur Brook, Chabad of Shelton & Monroe



“May this New Year bring you and those dear to your hearts Companion and Friendship; Healthand time; support... and Love. B’Shalom, with Peace and Gratitude.”

Rabbi Reena Judd, The Peter C. Herold House for Jewish Life at Quinnipiac University

FITNESS & WELLNESS AT THE J

The Lowdown on Current Diet Trends (To Name a Few)

by Susan Donovan & Debra Boynton
Lifestyle & Weight Management Consultant | JCC of Greater New Haven & RDT & Weight Loss Specialist

Low carb, high fat, calorie counting, meal timing... navigating the trends can be confusing. The key is finding the right plan that suits your lifestyle, most everything will work if you stick to it! Here are the pros and cons of some popular diets in a nutshell.

KETO (KETOSIS) DIET

The general concept behind this diet is to restrict carbohydrates and increase fat intake with moderate protein to achieve ketosis in order to induce the metabolic breakdown of fat in your body. Ketosis is the metabolic state in which your body uses calories from fat, instead of carbs, to create the energy needed to carry out its normal functions. Eggs,

Cheese, Seafood, Lean meats, Nuts, Seeds, and Oils are mainstays.

—Keto Pros

- Quick weight loss/control blood sugar
- Suppresses appetite due to higher protein/fat
- Effective in stabilizing blood sugar
- Has been successful with treating patient with epilepsy and cancer

—Keto Cons

- Can cause severe nutritional imbalances in vitamins, minerals, and fiber
- Risk of increased cholesterol, and constipation
- Requires medical supervision, if too rigid
- Can be difficult to sustain

PALEO DIET

Sometimes referred to as “the caveman diet,” eating foods that were available to early humans before



agriculture was invented. Foods include those that could be hunted and gathered, including meats, eggs, fruits, vegetables, nuts, and seeds

- eliminating grains, legumes, processed sugar and most sources of dairy, gluten-free and dairy free.

(Continued on page 39)

For more information on Weddings and Events, please contact the sales office.

94 WEST WHARF ROAD | MADISON, CT | 203.868.0943
MADISONBEACHHOTELWEDDINGS.COM

Save a spot for your ad in our special GIVING ISSUE Dec. 2021

Contact snh@jewishnewhaven.org

The Voice of the Greater New Haven Jewish Community

NEW HAVEN WINTER 2021 • NISLEV/TEVET 5782

HOLIDAY GREETINGS




Wishing you a happy, healthy and peaceful Rosh Hashanah. May this season be one of joy and contentment.



U.S. Senator Chris Murphy

PAID FOR BY FRIENDS OF CHRIS MURPHY

Best Wishes for a Happy, Healthy & Peaceful New Year



Senator Richard Blumenthal

THIS AD PAID FOR BY RICHARD BLUMENTHAL



WISHING YOU AND YOUR FAMILY A HAPPY AND HEALTHY NEW YEAR!

L'SHANAH TOVAH

Congresswoman Rosa DeLauro Third District of Connecticut

Paid for by Friends of Rosa DeLauro, Patrick Charnoff, Treasurer



Happy New Year!

Representative Pat Dillon



L'Shana Tova

Wishing you and your families Health, Joy, and Peace

~ Mary

Rep. Mary Welander




The Consulate General of Israel to New England Wishes You a Happy, Healthy & Sweet New Year!

שנה טובה, בריאה ומתוקה

Consulate General of Israel to New England

הקונסוליה הכללית של ישראל לנו אינגלנד

HOLIDAY GREETINGS



L'shanah Tovah!

Wishing you a happy and healthy new year.

-Woodbridge First Selectman Beth Heller

Paid for by the Woodbridge Democratic Town Committee. Jeffrey Kennedy, Treasurer



The very best wishes for a happy, healthy and joyful New Year.

Orange First Selectman James Zeoli

Paid for by James M. Zeoli



The Jewish Federation Association of Connecticut (JFACT) wishes you and your family a New Year filled with health and happiness, laughter and love, justice and empathy, good times and good deeds, prosperity and peace.

L'shana tova u'metuka!

**Michael Bloom, Executive Director
Lindy Lee Gold, President**

Happy New Year



Jewish Federation **Jewish Foundation** **JCC**

Former Jewish Home Assets Benefit Local Jewish Elderly

by Maya Zanger-Nadis
Shalom New Haven Interim Editor

When the Jewish Home for the Aged was sold to a Chicago firm in 2011, the Jewish Home Building Fund Corporation, which was a separate entity, continued to hold the former Jewish Home's assets, including, many of the Jewish Home's treasures which were moved into storage. In addition to archival materials, the storage items included art, Torahs, and yahrtzeit plaques. In December 2019, the Jewish Home Building Fund transferred their funds and all of the contents of the storage units to the Jewish Foundation of Greater New Haven. The articles below provide an update on how the assets are now being used to benefit the Jewish community of Greater New Haven.

GRANTS FOR THE ELDERLY

The Jewish Home Building Fund Corporation's cash assets were transferred to the Jewish Foundation to establish permanent, designated endowment funds to benefit the Jewish elderly. The Jewish Foundation established a grants process for the annual distributions from these endowment funds. These annual grants support programs and organizations that benefit the Jewish elderly residing in greater New Haven. Now in its



second year, this initiative will award a total of \$150,000, in 2021, to Jewish Family Service of Greater New Haven (JFS) and The Towers at Tower Lane (In 2020, a total of \$130,000 was awarded).

With this grant, JFS will help community members care for their aging parents by rolling out its **Care Navigator program**. JFS CEO Amy Rashba, LCSW, told Shalom New Haven that the new program will hire "two Aging Resource Specialists and a Community Social and Wellness coordinator who will address more pressing needs, not just for the elderly, but their loved ones as well, particularly after the devastation of the pandemic." These specialists will be able to educate and guide families through the complicated decisions that come with aging.

Cindy Leffell, The Towers Board Chair, shared that they are "proud to be tackling one of the major ongoing problems faced by New Haven's seniors — food insecurity." The grant money will be used toward the **Meal Sustainability Project**, helping feed those in need, thus upholding the Jewish value of **כבוד הבריות**, honoring human dignity. As stated in the Towers' grant application, "typically, organizations try to solve the problem of food insecurity each year through volunteer programs, drives, or through private donations. We are actually going to come close to solving the problem for the long-term." Specifically, the project aims to expand the existing meal plan, for those in-need, from six to fourteen meals a week, expand the hours and availability of food, and make The Towers at Tower Lane more energy efficient overall.

The COVID-19 pandemic has forced many older adults into isolation and added further complications to an already complicated stage of life. In light of this, the Care Navigator program and the Meal Sustainability Project should provide some much-needed assistance to Greater New Haven's Jewish elderly.

JEWISH HOME ARCHIVAL MATERIALS-JEWISH HISTORICAL SOCIETY DIGITAL ARCHIVE

New Haven's Jewish Home for the Aged, which was located on Davenport Avenue, may be gone, but a partnership between the Jewish Foundation of Greater New Haven and the Jewish Historical Society of Greater New Haven (JHS) will assure that it and its effect on the city's Jewish life and history will live on.

The Jewish Home's paper records, gifted from the Jewish Foundation to the JHS, are of significant historical value and will help to fill out the already extensive collection of Jewish Home documents.

The JHS will use the grant to hire an archivist to work at least 20 hours per week over a two-year period. Beyond supervising the cataloging of the Jewish Home material, the first goal will be to create an online database that encompasses both previous materials and the new accessions. The archivist will oversee the digitization of Jewish Home records, photographs and artworks and create a database from the Jewish Home's large number of Yizkor plaques.

Ideally, the archivist and the JHS staff will create a digital display of the Jewish Home materials and also will work with Brian Real of the Southern Connecticut State University (SCSU) library science department to determine if it is possible to integrate the JHS archival materials into the SCSU library's digital catalogue. The Jewish Home's collection will be the first to receive this treatment and will serve as a model for other JHS collections.

FORMER JEWISH HOME FOR THE AGED TORAH SCROLLS

Eight Torah scrolls which belonged to the Jewish Home for the Aged in New Haven and had been in storage since the Jewish Home closed in 2011, have recently found new homes. Some of the recipients include Temple Emanuel, the Jewish Israeli Center, The Towers at Tower Lane and Camp Laurelwood.

Rabbi Farbman of Temple Emanuel explained that his community is "very excited to hear that [it] can become a long-term guardian of such a scroll" and that they "look forward, following some minor restoration, to 'welcoming' this scroll into [their] ark!" At the Jewish Israeli Center, Rabbi Raskin stated, "it's an honor to make use and extend the life of a Torah that belonged to a community that doesn't exist anymore, and to make it accessible to people on a weekly basis."

The Greater New Haven community is in a uniquely fortunate position, being able to distribute so many fully-functional Torah scrolls after over a decade in storage. "It is so meaningful that this Torah, used by our community's elders and senior population will once again bring Judaism, learning and joy to The Towers community," explained The Towers at Tower Lane's President, Gustave Keach-Longo, "It is so fitting that this Torah will continue its legacy in the primary home for Jewish seniors and services in Greater New Haven. Our community will cherish this gift for years and years to come."

Attention Jewish Educators

Applications for the Jewish Foundation Professional Development Grants for Jewish Educators are due September 17, 2021.

Thanks to the Judith A. Kaye Fund for Teachers in Jewish Education and the Community Education Funds, the Jewish Foundation is thrilled to offer professional development grants for Jewish educators. These grants will help ensure that classroom educators in local Jewish schools have the opportunity to attend workshops and conferences in order to develop their teaching skills, and will help local Jewish organizations to provide educational opportunities to instructors and the community. Learn more and apply at jewishnewhaven.org/grants



This season, Camp Laurelwood has been able to welcome a Torah scroll to their camp. The scroll, had been in storage since the Jewish Home closed in 2011. "We created a ritual where our cornerstone fellows (third year counselors who were all campers at Laurelwood) help us unroll the scroll. We asked our campers to get into two lines and then sit down, and we unrolled the scroll on top of them, so their legs were supporting the scroll. We stretched across an entire basketball court at our Chuppah. We asked the campers and counselors to look for things in the scroll that were noticeable—crowns on the letters, breaks in the writing, letters of different sizes. It gave us a chance to talk about the journey of our ancestors was full of differences, and how those differences make the scroll special, just as our differences make our Camp community whole and special. We also talked about how the journey of our ancestors supports the community we are today, just as we are supporting the scroll with our bodies. We made a sheheheyanu, read from it, and sang some Torah songs led by one of our new counselors, Jessica. It was such a special moment, and would not have been possible without the help and support of the Jewish Foundation of Greater New Haven," states Rabbi James Green, Camp Laurelwood Executive Director.

The Women of Vision Society Announced 2021 Grants

The Jewish Foundation's Women of Vision Society has been helping women and girls in the Greater New Haven area and Israel for over 20 years. This endowment, created by 100 founding members in our community, has tackled issues from domestic violence and health to acculturation and spirituality. The endowment has more than doubled its membership and giving since its creation. Since its inception, Women of Vision has disbursed over \$220,000 to help seed and sustain critical programming and services for women and girls. Mazal tov to the 2021 grant recipients:



- Jewish Federation of Greater New Haven**—Dignity Grows
 - Yashar LaChayal**—Female Hareidi Lone Soldier Project
 - Eschcolot B'Emek U'Behar**—Living Space
 - The Towers**—Dignified Dining: Dining Scarves Initiative
- See full descriptions of these programs at newhavenjewishfoundation.org



Synagogue School Scholarships



The Jewish Foundation of Greater New Haven offers needs-based scholarships for synagogue schools. Deadline is September 23, 2021.

For more information or to apply today, go to scholarships.jewishnewhaven.org/form/religious




Stock Market got you up this year?

It's not too late to open a Donor Advised fund with the Jewish Foundation

How it works:

- 1** Establish a special charitable fund in your name with the Jewish Foundation
- 2** Contribute cash or appreciated securities
- 3** Foundation sells the assets and credits your fund with the sale proceeds
- 4** You receive a tax receipt for charitable deduction purposes no capital gains taxes are payable.
- 5** The proceeds are invested and continue to work for you, tax free
- 6** Request distribution to qualified charities — at your convenience

QUESTIONS? Call us, we're here to help! (203) 387-2424, x382
lstanger@jewishnewhaven.org | newhavenjewishfoundation.org

What do you want to do Jewishly & how can we help?

PJ Library How to Make Round Challah

On Rosh Hashana a symbol of making ourselves and the world more whole is eating a round challah.

INGREDIENTS
To make two (egg-free!) round challah breads you'll need:

- 1½ Tablespoons yeast
- 2½ cups warm water
- 1 teaspoon, plus ½ cup sugar
- ½ cup vegetable oil
- 1 Tablespoon salt
- 8 cups flour
- 1 cup raisins (optional)

DIRECTIONS
Dissolve the yeast in the water with 1 teaspoon of sugar. Whisk the mixture together, then add the oil, salt, and remaining sugar. Add the flour gradually, mixing well and then working it in with your hands. Take turns kneading as a family for about 10-15 minutes, until the dough is smooth and elastic. Work in the raisins (optional). Cover the bowl with a towel and leave it in the refrigerator overnight. The next morning, let the dough warm to room temperature, then punch it down and separate into two portions.



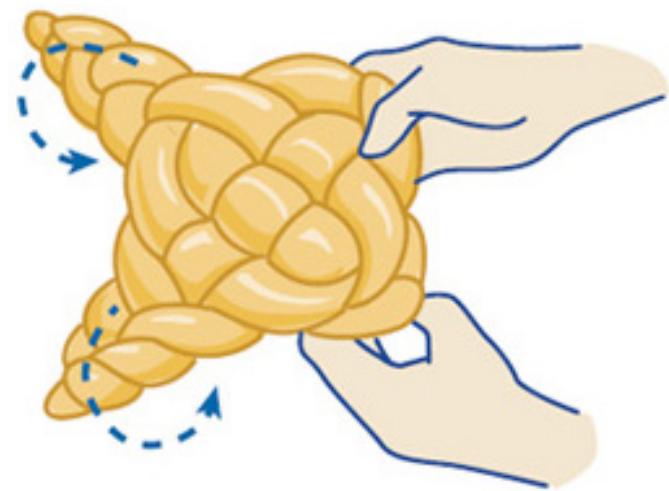
HOW TO BRAID A ROUND CHALLAH
Challah is usually shaped in a simple long braid, but you can turn any challah recipe into a Rosh Hashana recipe by braiding it in the round.

When you reach the braiding stage, shape the dough into six strands of equal length. Lay three strands horizontally on a floured surface, then weave the other three strands into them vertically. Lift the bottom strands as needed to weave the top strands in. The ends of the strands will stick out.

Now braid the ends together on all four sides. Gently tuck the braided edges underneath the middle section. Repeat steps 1 through 3 to create your second loaf.

Grease two round baking tins and transfer your loaves into them. Let the dough rise for another hour, then bake at 350 degrees for 20-25 minutes or until golden brown. If desired, glaze with a mixture of warm honey and a drop of water

To watch the video, go to pjlibrary.org/high-holidays-at-home/rosh-hashanah/challah



UPCOMING AREA EVENTS

Sunday, September 5 | 10-11:30 AM – PJ Goes to the Farm for Rosh Hashana. Silverman's Farm, Easton, CT
Sunday, September 19 | 8-11 AM – PJ Goes to the Bagel Run for Sukkot. JCC Jewish Community Building, 360 Amity Road, Woodbridge, CT
Thursday, September 23 | 5-6:30 PM – PJ Library Sukkot Picnic at Camp Laurelwood, Madison, CT
 Check jewishnewhaven.org/pj-library for the latest PJ Library events and information.

Crown Market is Coming to the JCC

The Crown Market, the first kosher market in Connecticut, celebrated its 80th anniversary last year. Sam Smith, Sam Sowalsky and Meyer Goldfield established the market on Albany Avenue between Magnolia Street and Irving Street in Hartford in 1940.

Over the years, the kosher market adapted to changes and overcame difficult: It survived demographic shifts that pushed the store to a new location (West Hartford) in 1967, it rebuilt after a fire in 1970, it stayed open despite financial constraints that nearly shut it down in 2014, and it adapted to life during the pandemic in 2020.

When their loyal customers heard about the imminent shutdown back in 2014, they took quick action and two weeks later, a group of Jewish community investors breathed new life into the business. In February of that year, the Connecticut Jewish Ledger quoted a customer's description of what the Crown Market meant for her, "It was a social event—it was almost like going to a kiddush or meeting in Keney Park after shul on the High Holidays," she recalls. "You'd never know whom you'd see, but it was always friendly faces, familiar faces. It was like family. It was a ritual to go there for Pesach, for Rosh Hashana... You didn't have a High Holiday if you didn't go to the Crown"

In recent years, The Crown Market has been working to sustain business by extending more services to more markets. One new and exciting venture from the Crown is Royal



PHOTO BY ELISA WAGNER/CT JEWISH LEDGER
 The new Royal Catering and Events team (left to right) Meredith Abel-Berei, Mike Hansen (catering manager), and Andrea Gussak.

Catering and Events, a full-service catering department with a start-to-finish event-management that can handle events of any size. Royal Catering is a dream-come-true for Connecticut Kosher Catering market; a vision made possible by the hiring of Executive Chef Andrea Gussak in 2018, and Catering Director Meredith Abel-Berei earlier this year. Andrea is the daughter of Margery Gussak, who owned and operated her Manchester-based kosher catering company for 35 years. Abel-Berei owned and operated Abel Caterers, continuing her father's legacy of 45 years. The Crown Market had the vision to higher these two trusted experts as soon as they became available and establish a "dream team" to serve Connecticut kosher catering needs.

In Greater New Haven, The Crown will operate Café 360 at the JCC. Soon to follow will be the opportunity to order extended Crown menu items for pickup at Cafe 360. Jewish Federation CEO Judy Alperin said, "We are thrilled to welcome The Crown Market back to New Haven and to partner with local Jewish community leader, Meredith Abel to provide the high-quality products and services our community expects from Café 360. As more and more opens up in our Center, we know that Café 360 will become the hub of bustling activity it was before the pandemic closed its doors and we can't wait to welcome everyone back." The Greater New Haven Jewish community benefitted from the Crown Market at its Whalley Avenue location from 1985 to 2004 and looks forward to welcoming them back.



Jewish Federation OF GREATER NEW HAVEN | Women's Philanthropy

SAVE THE DATE

Fall Opening Event

Wednesday, October 13, 2021 | 7:30 PM
 JCC Vine Family Auditorium and via Zoom



Co-Author Joanne Goldblum presents: Broke in America: Seeing, Understanding, and Ending U.S. Poverty. Goldblum lays out a vision of an America where no one is poor. That vision is getting closer to reality — even more quickly than the authors had dared to dream.

Joanne is also the CEO and founder of the National Diaper Bank Network, encompassing more than 200 member organizations that provide diapers and other basic needs to families across America.



WELCOME ADDRESS: Carolyn Gitlin, Chair of JFNA National Women's Philanthropy and Chair of the Board of the Jewish Federation of Greater Hartford.

Watch for details at jewishnewhaven.org/events



MARCH OF THE LIVING NEW HAVEN DELEGATION

The March of the Living is a two-week international experience bringing Jewish teens from around the world together each spring to bear witness in Poland and celebrate the Jewish Homeland in the State of Israel. Organized by BBYO Passport.

FOR MORE INFORMATION CONTACT: 
 Judy Alperin: jalperin@jewishnewhaven.org
 Evan Wyner: evan.wyner@gmail.com
bbyopassport.org/trips/march-of-the-living



 **Book your SPECIAL Event Now!**



Renovated Auditorium & Conference Room

- | | |
|------------------------------|------------------|
| Weddings | Family Reunions |
| Bar Mitzvah/Bat Mitzvahs | Corporate Events |
| Baby Showers | • Meetings |
| Bachelorette/Bachelor Partys | • Holiday Partys |
| Spa Events | Birthday Partys |

Contact Sandy at sandyh@jccnh.org or call (203) 387-2424 x251 to book your event or discuss your ideas.



NEW! Café 360 is Powered by THE CROWN MARKET at the JCC in New Haven!

More details to follow... see you soon!
JCC of Greater New Haven 360 Amity Rd, Woodbridge
 Just off of the Merritt Parkway, Exit 59

jccnh.org  **JCC OF GREATER NEW HAVEN** (203) 387-2424 x360

Honoring Menachem Begin and Dr. Martin Luther King Jr.

(February 16, 2021/JNS)

Thirty years ago, we—a Jewish Democratic alderman and a Baptist pastor in New Haven, Conn.—became friends. What brought us together?

First, we recognized that we shared common beliefs and values. Second, we both felt that in collaborating, we could send a positive message to our communities. Finally, we enjoyed each other's company, which included sushi lunches during which we discussed family, religion and politics.

Three decades later, we are proud to say that we are still friends. Today, we have joined forces to make a documentary about a great late Israeli leader: former Israeli Prime Minister Menachem Begin. We have also come together to warn against the peril of rising anti-Semitism and racism.

Begin, Israel's sixth prime minister, and Dr. Martin Luther King Jr. shared the fundamental belief that we all are created in God's image.

Begin's base of political support in Israel consisted of Jews of color and Jews who were poor and marginalized. Like Dr. King, Begin's values were rooted in Hebrew scripture.

Our documentary, "UPHEAVAL: The Journey of Menachem Begin," will show that in his first week of office, Begin issued two essential humanitarian directives. The first was to



give the Mossad approval to begin rescuing and bringing Ethiopian Jews to Israel.

The second was to direct the Israeli Navy to rescue the Vietnamese "boat people," whose plight was ignored by Europe and many countries around the world. Begin knew that Jews were left behind by most nations during the Holocaust, and he was not going to stand by as others faced a similar fate. And he not only ordered the rescue of the boat people but granted them Israeli citizenship, as well.

Like Dr. King, Begin sought to treat people with respect and to recognize their inalienable right to live in dignity.

The legacies of Begin and Dr. King are ever more important today as American Jews face emboldened forms of anti-Semitism. Anti-Semitic statements by sitting Democratic congresswomen and some inciteful comments by the past president reveal that Jew-hatred has once again become acceptable in certain parts of American culture.

The media and major political parties have for too long turned a blind eye to casual anti-Semitism. In addition, the spate of anti-Semitic murders—in Poway, Calif.; Pittsburgh, Pa.; Jersey City, N.J.; and Monsey, N.Y.—show that Jews are unsafe even in their own homes, houses of worship and kosher establishments. One Jew recently stated: "We feel like sitting ducks."

The evil legacy of the looting of European Jewish property by the Nazis continues, with the complicity of European countries and institutions. While some progress has been made, there are still too many instances of even American institutions turning a blind eye or making arbitrary excuses to prevent relatives of the deceased from recovering valuable property that was stolen from them in the Holocaust. The most recent example is the display in New York City's Metropolitan Museum of Art of a famous painting named "Tarquin and Lucretia," a piece wrongfully appropriated during the Nazi era that was, in fact, owned by Jewish art-dealer Siegfried Aram.

In addition, anti-Semitic harassment on college campuses is at an all-time high, with pro-Israel and Jewish programs consistently disrupted, while faculty and administrators look the other way.

Virulent racist and anti-Semitic postings on social media have not diminished, and the arbitrary review process by site owners is deplorable.

On Facebook and Twitter, for example, professors and students at leading American universities incite hatred towards Israel and the Jews. Notably, a professor at the University of California, Merced recently posted a meme describing the "Zionist brain" with a "world domination lobe."

The aforementioned instances of anti-Semitism are sadly accompanied by a widespread increase in racism in the United States and beyond. The hateful imagery and rhetoric on display during the Capitol riot on Jan. 6 should alarm all good citizens. In particular, the individual proudly wearing a "Camp Auschwitz" T-shirt, and others donning the Confederate flag and other "white power" symbols, indicate the clear and present danger of white supremacist ideologies.

Begin and Dr. King would condemn these acts on the basis of their mutual recognition of the dignity of man and woman, and the sanctity of democratic institutions.

(Continued on page 35)

Help from the Hebrew Burial and Free Loan Association

Caring for the needy among our fellow Jews has always been a hallmark of the Jewish community. The Hebrew Burial & Free Loan of New Haven (HBFLANH) seeks to help needy Jews receive interest-free loans and also to provide free burial plots to Jews who couldn't otherwise afford the dignity of a burial. Originally stemming from two organizations dating back over 100 years ago, the two groups merged to become HBFLANH and continues to fulfill its missions. Free burial organizations and free loan organizations are staples in established Jewish communities, but HBFLANH is the only organization to combine the two missions under one banner.

The goal, as always, has been to provide a helping hand in times of need. HBFLANH makes small interest-free 'microloans', ranging from a few hundred to a few thousand dollars, often to individuals who would not be able to get loans through other means. The notion of interest-free lending originates from the Torah's principle of not charging interest to fellow Jews, and means that the exact amount of money given in the loan is the exact amount repaid.

The loans could be for a variety of reasons—"It could be someone with a utility bill who is looking at a shutoff, someone might need repairs to their home, or it might be for educational loans," said Paul Terman, Board member and Cemetery Chair—"it varies and you never know the things someone will need money for". There are no specific criteria to obtain a loan, all they are looking for is the ability to be able to pay the loan back, usually over the course of 1-2 years. The organization will look at each case individually to find the best option or solution. Especially now when people's lives have been overturned by COVID, they have a COVID emergency loan program, aimed at making sure people can pay for things like food, medicine, and gas. The COVID program doesn't require co-signers and has more flexible repayment.

HBFLANH also maintains two cemeteries in East Haven, with its main cemetery providing free burial plots for indigent Jews who otherwise would have (Continued on page 33)

www.HBFLA.org
(203) 772-8488

Serving the Jewish community since 1899



HEBREW BURIAL & FREE LOAN ASSOCIATION OF NEW HAVEN, INC.



A helping hand in times of need.

PARTNER WITH US

We are only able to help those in need because of the people who support us. We invite you to join our organization as a member or donor. Please see our website.

SAVE THE DATE!

PRESENTED BY:

Jewish Federation
OF GREATER NEW HAVEN

Jewish Community Relations Council

and the First Calvary Baptist Church of New Haven

A FILM SCREENING AND TALKBACK

DEC. 12, 2021

Watch for upcoming details at jewishnewhaven.org/events

2021

Fall Program Guide

Highlights

check out new offerings at the JCC

FITNESS:

PAIN & THE BRAIN: A series of workshops to understand and treat the neuromuscular connection of pain.

LIFE STYLE BOOTCAMP: Clean it up! Clean it out! 8-week program to help you shed unwanted pounds and learn strategies to boost your health and immune system as well de-stress.

CHILDREN & YOUTH:

SWIM LESSONS: your child deserves to have the safest and most fun swimming experience possible. Whether your kiddo is a beginner or advanced swimmer, they will learn water safety and skill development through guided play and instruction.

MATILDA THE MUSICAL REHEARSAL: Students will learn a 7-10 minute Matilda the Musical dance production that includes acting, performing, lip syncing, and of course dancing! Dance Recital 6/12/2022.

Makerspace INTRO TO ROBOTICS: Learn how to think like an engineer while building and programming robots!

ADULT ENRICHMENT:

JCC PHOTOGRAPHY CLUB: Whether you are a photography novice or have years of experience, join a group of shutterbugs looking to meet around the state to take beautiful photos. Compete in our monthly photo contests and experience the camaraderie of your fellow hobbyists!

ROYAL ICING COOKIE CLASS: Cookies and icing will be ready and waiting for you to come and get creative. Bring a friend and some wine to enjoy as you learn royal icing techniques.

For more detailed descriptions of programs or to register:

jccnh.org/programguide



ANU—Hebrew for “We”

by Yelena Gerovich
New American Acculturation Program Coordinator

Everyone desires to know who they are and where they came from. The newly expanded and reimagined museum — formerly known as Beit Hatfutsot and newly branded as ANU, Hebrew for “We”—is the world’s only museum dedicated to celebrating and exploring the experiences, accomplishments and spirit of the Jewish people from biblical times to today.

The museum’s mission is to present and display the ongoing 4,000 year-old story of the Jewish people – past, present and future. It represents all parts of the Jewish people and highlights the creative works and cultural riches of various communities in different periods of history. This story is about all of us, and each and every one of us is part of it.

The New American Acculturation Program offered a virtual tour of ANU with a Russian-speaking guide in June. We asked our community to email pictures and stories to the museum. We invite everyone to join the amazing journey that tells the story of the Jewish people through the generations and up to the present time. Please visit their website: www.anumuseum.org.il

There are many traditions associated with Rosh Hashana, Sukkot and Simchat Torah, including spending time with family and friends. For more than 25 years, the New American Acculturation Program of the Jewish Federation of Greater New Haven has been the center for welcoming those refugees from the former Soviet Union, who want to discover their roots and their connection to Judaism. Including interfaith couples and for all those who are willing to learn more and find a home in the Jewish community. Our educational programs explore Jewish history, tradition, ideas, and culture.

Our Jewish community comes together to celebrate, learn, and explore. Our virtual programs for the last year and a half have extended all around the world, linking together communities who share a common belief in open doors and open hearts. No matter where you come from and where you are going, always remember that you are important to us and we are strong together. ANU - We. Shana Tova!

For more information about the New American Acculturation Program, including sponsorships of specific program, please contact Yelena Gerovich at 203 387-2424 x321, or email ygerovich@jewishnewhaven.org.

ANU—на иврите «Мы»

У каждого человека есть желание узнать кто он и откуда. Недавно в Тель-Авиве открылся расширенный и обновленный музей (ранее известный как Музей Диаспоры Бейт ха-Тфуцот) переименованный в АНУ что

на иврите означает «мы». АНУ – Музей еврейского народа с интерактивными дисплеями, фильмами и экспонатами, единственный в мире музей, охватывающий весь спектр еврейской культуры, истории и цивилизации.

Миссия музея - это не показ застывших экспонатов, это 4000 летняя история еврейского народа - прошлое, настоящее и будущее, это интереснейшая информация об истории еврейского народа от периода Танаха до наших дней, о великой религии, культуре и всех аспектах жизни еврейского народа всех континентов. Эта история обо всех нас, и каждый из нас является ее частью.

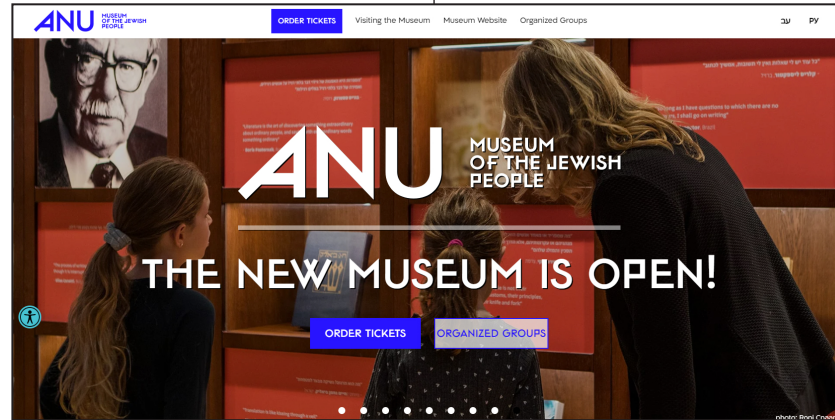
Наша образовательная программа предложила виртуальный тур по АНУ с русскоговорящим гидом в июне. Мы попросили всех желающих отправить электронные письма с фотографиями и семейными историями в музей. База данных музея может помочь вам найти родственников, проследить родословную. Посетите музей по адресу: www.anumuseum.org.il

Существует множество традиций, связанных с празднованием еврейских праздников Рош а-Шана, Суккот и Симхат Тора, в том числе проводить время с семьей и друзьями.

Более 25 лет образовательные программы Еврейской федерации Большого Нью-Хейвена являются центром для переселенцев из бывшего Советского Союза, для тех, кто хочет узнать больше о своих корнях, иудаизме, для межконфессиональных пар, для всех тех, кто хочет больше узнать об истории и традициях, найти свое место в еврейской общине.

Мы собираемся вместе, чтобы праздновать, обсуждать и познавать. Наши виртуальные программы за последние полтора года расширили все возможные границы по всему миру, объединили людей с общими интересами, верящих в открытые двери и открытые сердца. Независимо от того, откуда вы и куда бы вы ни стремились, всегда помните, что вы важны для нас и мы сильны вместе. АНУ - Мы. Шана Това! С Новым годом.

Для получения дополнительной информации о New American Acculturation Program, с вопросами и предложениями звоните Елене Герович по телефону (203) 387-2424 x321 | или ygerovich@jewishnewhaven.org.



Welcome to America

Welcoming Allan Greenburg to the Field One Last Time

by Charles Rosenay!!!

Now that the softball season has come to an end, we look back on a pleasant Sunday morning, before a single pitch was even thrown.

In mid-April, the JCC of Greater New Haven started pretty much as it had for so many years. Allan Greenberg gathered all the players, both veterans, and first-timers, to welcome everyone, and detail the ground rules and the proper code of conduct. It wasn't very different from any number of previous season openers, except that Allan was doing his on-field ritual not as the current commissioner or league manager, but as an ambassador, passing the (Mickey?) mantle along to Nicolle DeMorrow Vigneron.

There wasn't the realization that Greenberg would no longer be at games overseeing the proceedings and game-play, nor were there any emotional speeches. After all, remember what coach Tom Hanks taught us in the film "A League of Their Own," that there's no crying in baseball. Covid made sure that there would be no hugs, either. What there was, though, was a bagel breakfast catered by Katz's Deli (who sponsor one of the teams in the league), and an "Appreciation Award" in the form of a custom plaque presented to Allan by a long-time player "For your (Allan Greenberg's) Outstanding Performance Dedication and Exceptional Commitment as Commissioner of the JCC of Greater New Haven Sunday Morning Softball League."

Also inscribed was the following, "He and His Annual Start of Season Rules Meetings, Opening Day On-Field Meetings, Pre-Game Balls and Injury Ice Deliveries, Spectatorship, and Conflict Resolution Skills Have Been the Steady Force Behind the League for Decades." It was dated April 18, 2021.

Some of the new players never knew Allan, or his dedication and integrity. Most of the players probably didn't even didn't realize that this was Allan's last time on the field in an official capacity. The opening ceremonies, presentation of the personalized plaque, and congratulatory remarks were over very quickly, as players were eager to get their opening season games underway. For Allan Greenberg, it may have ended a bit too quickly.



Burial Loans

CONTINUED FROM PG. 31

no place to be buried in accordance with traditional Jewish law. Often the individuals buried have outlived their family, friends, and financial resources. They make sure that any Jewish person, regardless of who they were in life, is buried with the respect required by Jewish law. They will also make sure graves are appropriately marked with memorial stones when the family cannot afford one. So far, HBFLANH has provided plots for over 700 members of the Jewish community. In 2020, in part due to COVID, they provided more plots than in any of the past 30 years.

The cemetery program also takes its messages of charity and respect to outside of the Jewish community, actively participating in cleanup events to help maintain the cemetery, working through the Yale Day of Service, but missed the last two due to COVID. "It's really great having volunteers come together for the clean-ups—Jews, non-Jews, younger, older," said Terman, "we show that everyone deserves respect and shouldn't be simply forgotten."

Thank you to our Pool Wall Donors

MAKE A
SPLASH!

SUPPORT AQUATICS
AT THE JCC



There is time to get a plaque dedicated in your name, too!

Be a part of this special group at jewishnewhaven.org/splash

- Pat Sunderman
- Mindy and Stan Brownstein and Family
- Kenneth and Linda Cohen
- Lucy Noelle Franczak 2020
- Merton Smith MD and Judith Silverstein, MD
- Michael and Linda Zeller
- Lucile Burgo-Black
- Alice Labrum
- Caron and Norman Alderman
- Jay Alpert Architects, AIA
- Jay & Sharon Alpert
- The Sirowich Family

TEMPLE BETH SHOLOM
Hamden, CT

YES, WE'RE OPEN

Temple Beth Sholom, located in Hamden, is a welcoming egalitarian conservative synagogue with an active community that provides programs for all generations.

In-Person/Zoom Services: Hebrew School | Sisterhood Minyan, Shabbat & High Holidays | Adult Education | Men's Club | Social Action

Save the Date
We are excited to celebrate our 75th Anniversary on November 5, 6, and 7, 2021!

1809 WHITNEY AVENUE, HAMDEN, CT 06517 | 203.288.7748 | TBSHAMDEN.COM

Want your kids to LOVE Hebrew school?

Looking for a warm and welcoming community that will enrich your child's life and your life? Temple Emanuel is the place for your family! **our kids LOVE Hebrew school!**

Registration for pre-K through 7th grade now open!
Religious School begins September 19, 2021

Join our High Holy Day Family Celebrations!

For more information: www.TEGNH.org
or call Olga Markus ☎ 203-397-3000 ext. 3

We offer free first year Temple Emanuel membership for new unaffiliated families in the Greater New Haven area



Women's Philanthropy Why I Give

In this series, Shalom New Haven will feature women in our community who make a gift in their own name to the Jewish Federation of Greater New Haven Annual Campaign. The Lion of Judah is a distinction given to a woman who makes a gift at the level of \$5,000 or more. A Pomegranate designates a gift at the level of \$1,800-\$4,999 and a Sabra designates a gift of \$365-\$1,799.



Here is Stacey Trachten about why she "lions"

We live in an uncertain world and caring for those in need along with building a strong and vibrant community is so very important. The Jewish Federation is dedicated to the continuity, connectivity, and thriving future of the Jewish people and that is why I give. It connects Jewish people here in New Haven, Israel around the world.

As a Lion of Judah, I am proud to wear my pin as a symbol of today's Jewish Woman's strength, caring, and ability to make a financial commitment to the Federation Annual Campaign. Additionally, I have endowed my Lion in perpetuity for the future of our Jewish community.

Stacey Trachten serves on the National Women's Philanthropy board of Jewish Federation of North America. She received the Kipnis-Wilson/Friedland Award for demonstrating the highest ideals of leadership and involvement in the Jewish community. Trachten is also the recipient of the Harry Lender Young Leadership Award and the Ezra Academy Community Service Award. She has been a proud Lion of Judah since 1998 and an endowed lion since 2008.

CONGREGATION BETH EL-KESER ISRAEL A Busy Fall for Kids & Teens

by Annie Norman-Schiff

Kids, teens, and their families are looking forward to a busy fall at BEKI. This season brings a mix of old and new, as the community returns to favorite traditions that weren't possible last year, while finding new ways to connect, serve the world, and have fun.

After a year of adapting to services outdoors, BEKI has restored its three separate children's services every Shabbat morning. By 10:45 am, Children's Havura (birth through age 5) is singing songs; K-2 Kehillah (kindergarten through second grade) is learning new melodies for prayers; and Junior Congregation (third through sixth grade) is acting out a play about the Torah portion. Parent volunteers lead each service, but new rabbi Eric Woodward is a familiar face, dropping by each service with a smile and a word of Torah.

BEKI children will have many outdoor gatherings this fall, including the return of a beloved tradition, the Sukkah Hop, a kid-friendly jaunt from sukkah to sukkah across the Westville neighborhood on the first day of Sukkot. BEKI will also partner with PJ Library for a visit to Silverman's Farm in Easton, with apple picking, shofar blowing, and a taste of local honey.

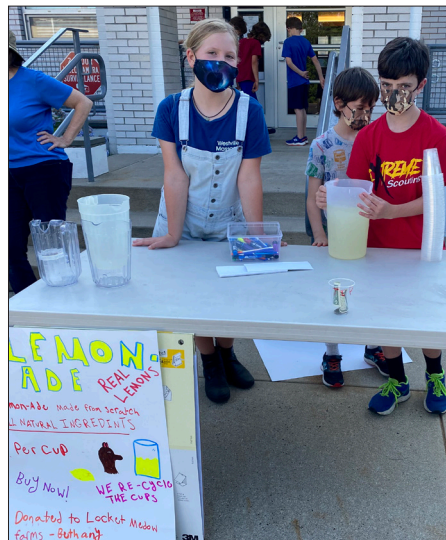
The BEKI Kadima youth group, fourth through eighth graders, will go hiking, pick apples, and host their second annual Reverse Tashlich event. Unlike a regular Tashlich service, during which bread crumbs are thrown into a river, at Kadima's Reverse Tashlich, everyone takes things out, working to heal the local environment by cleaning litter from the West River.

THE TEENS IN BEKI USY WILL BE LED BY THEIR NEWLY ELECTED BOARD:

- President** Helen Gerber
 - Executive Vice President** Aviva Wyner
 - Religion and Education Vice President** Miles Katz
 - Social Action and Tikkun Olam Vice President** Daniel Manning
 - Israel Affairs Vice President** Miranda Hurwitz
 - Membership and Kadima Vice President** Hannah Herbst
 - Communications Vice President** Sarah Rastelli
- This fall will mark a return to favorite BEKI USY traditions, like the annual Thanksgiving Pie

Fundraiser for hunger-related causes. Last year, unable to gather in the BEKI kitchen, the teens got creative and sold Pie Baking Kits, with canned Kosher pie filling and a recipe booklet. This year they are excited to get back in the kitchen, preparing frozen, bake-at-home Kosher Pareve pies to sell to the community.

For more information about programs for children, teens, and families at BEKI, contact Youth and Family Programming Director Annie Norman-Schiff at anormanschiff@beki.org.



Aviva Robbins, Mick Lebowitz, and Itamar Lebowitz ran the BEKI Kadima summer lemonade stand, raising money for Lockett's Meadow Farm, an animal rescue sanctuary in Bethany.

"It's All About Community" CONTINUED FROM PG. 18

really interested in what we're doing here—meeting basic needs while also taking the next step by connecting people to resources so they can move beyond homelessness."

Werlin believes that while the values that guide his work aren't specifically Jewish, rather, human values, there is an intrinsic connection between the two. "There's a big overlap between the two," he said. "Empathy is what guides this type of work. That's not necessarily a Jewish value, but it's a value that many Jews relate to and want to see as part of their lives."

At the end of the day, it all comes back to community for Werlin.

"It's what drew me to my synagogue and to finding a way to bridge the Jewish part of my life and my interest in social action and community work. I think a lot of this starts at the community level. We need to focus on Jewish values like community, like empathy, so that people are drawn to the type of work we're doing here and feel like they're making that connection."

While the drop-in center is now open daily from 1:30 to 4:30, major renovations are planned to realize its full potential. DESK will continue to serve evening meals Sunday-Thursday at 5 p.m. at 311 Temple St. To make a donation or to learn about volunteer opportunities, please visit deskct.org.

Honoring Begin and King

CONTINUED FROM PG. 9

Dr. Martin Luther King Jr. at the civil-rights march in Washington, D.C., on Aug. 28, 1963. Credit: National Archives and Records Administration, College Park, Md. Dr. King was quoted many times asserting that Israel has a right to live in peace and security, and affirming the moral necessity of the Jewish state. He recognized and expressed gratitude to the many Jews who marched alongside him, took the "Freedom Rides" and funded his efforts. Last but not least, he underscored that the Jews were enslaved in Egypt and were set free by the hand of God.

Today, as the black community continues to face racism, it is crucial that American Jews stand alongside them in their struggle. The shameful murder of George Floyd and the killings of countless other innocent people remind us that there is significant work to be done in America.

One of Dr. King's close friends was the great Rabbi Abraham Joshua Heschel, who encouraged Jewish Americans to stand up for the rights of their black brothers and sisters. Dr. King and his family were due to attend a Passover Seder at his house in April 1968, but the late civil-rights leader was senselessly and tragically murdered a few weeks prior.

Menachem Begin and Dr. Martin Luther King Jr. were moral leaders. They suffered the assaults of detractors who painted false narratives about who they were and what they stood for. Yet they were persistent and eloquent, and they fought for the dignity and freedom of all people. More than ever, America needs strong leaders and cross-communal friendships to stand up to the rising tide of hatred that it faces.

Rob Schwartz, a former New Haven, Connecticut alderman, the founder of the Hidden Light Institute and recipient in 1993 of the Dr. Martin Luther King Jr. Service Award, is the executive producer of the film "UPHEAVAL."

Reverend Dr. Boise Kimber is a member of the board of the Hidden Light Institute First Calvary Baptist Church in New Haven, Connecticut, and president of the Connecticut State Missionary Baptist Convention.

AFTER SCHOOL

grades K-6

A program for afterschool.

Includes choice of a JCC enrichment class everyday!

# Days	Member
5	\$580
4	\$465
3	\$350

Must have membership for 3 or more days. 5% discount for siblings

For more information contact Alison Lurie: alisonl@jccnh.org

JCC OF GREATER NEW HAVEN
360 Amity Road, Woodbridge
(203) 387-2424 | www.jccnh.org

JOIN US ON CAMPUS!

Chapel Haven Schleifer Center Open House
Saturday, September 11, 2021 • 10:00am-12:00pm



Email admission@chapelhaven.org to register!



Empowering adults with developmental and social disabilities to live independent and self-directed lives.
1040 Whalley Avenue, New Haven, CT 06515 • 203.397.1714 x148

We wish you a
Happy and Healthy
New Year.



ESSEX SAVINGS BANK
Service & Trust Since 1851

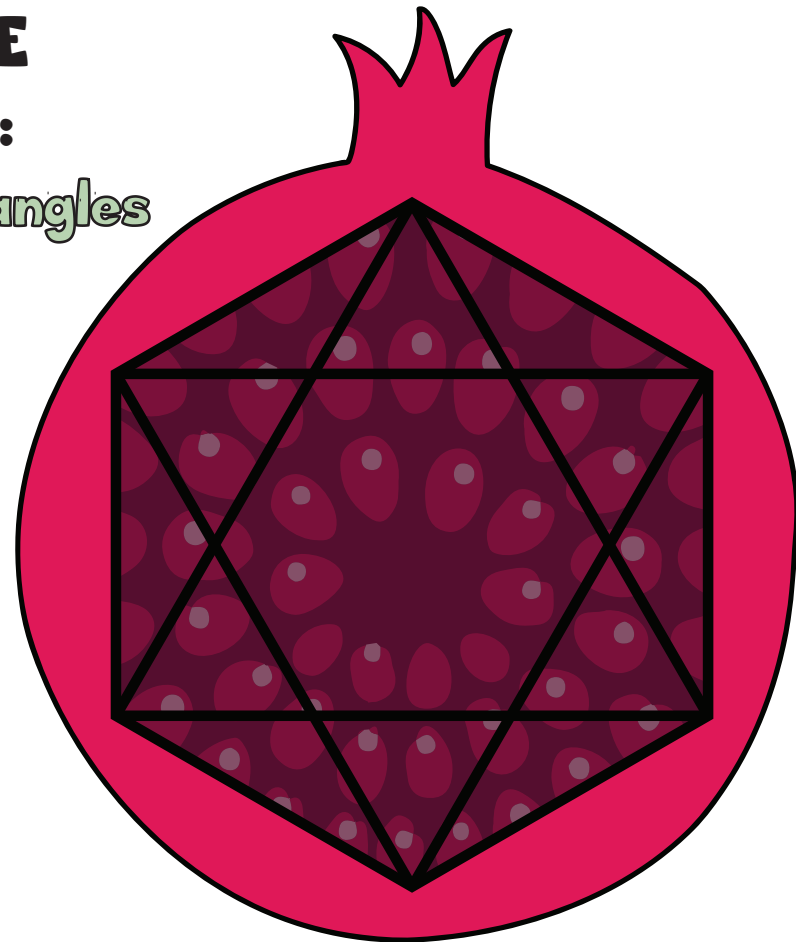
Shalom **FUN!**

By Chava Light

POMEGRANATE BRAINTEASER:

How Many Triangles Are There?

Jewish tradition teaches that the pomegranate has 613 seeds, each representing one of the 613 mitzvot (commandments) of the Torah. Therefore, eating a traditional pomegranate on Rosh Hashana symbolizes we are all full of good deeds!



Tishrei

The Jewish month of Tishrei is known for **HOLIDAYS!**

ROSH HASHANA

This is the Jewish New Year! We blow the shofar, pray together, make peace with anyone we have wronged, and eat apples and honey. We do our best to set the stage for a sweet new year!

YOM KIPPUR

This is most important day of the Jewish year. We fast, pray, listen to the shofar, and say sorry for anything we have done wrong. On this day, our fates are sealed for the upcoming year.

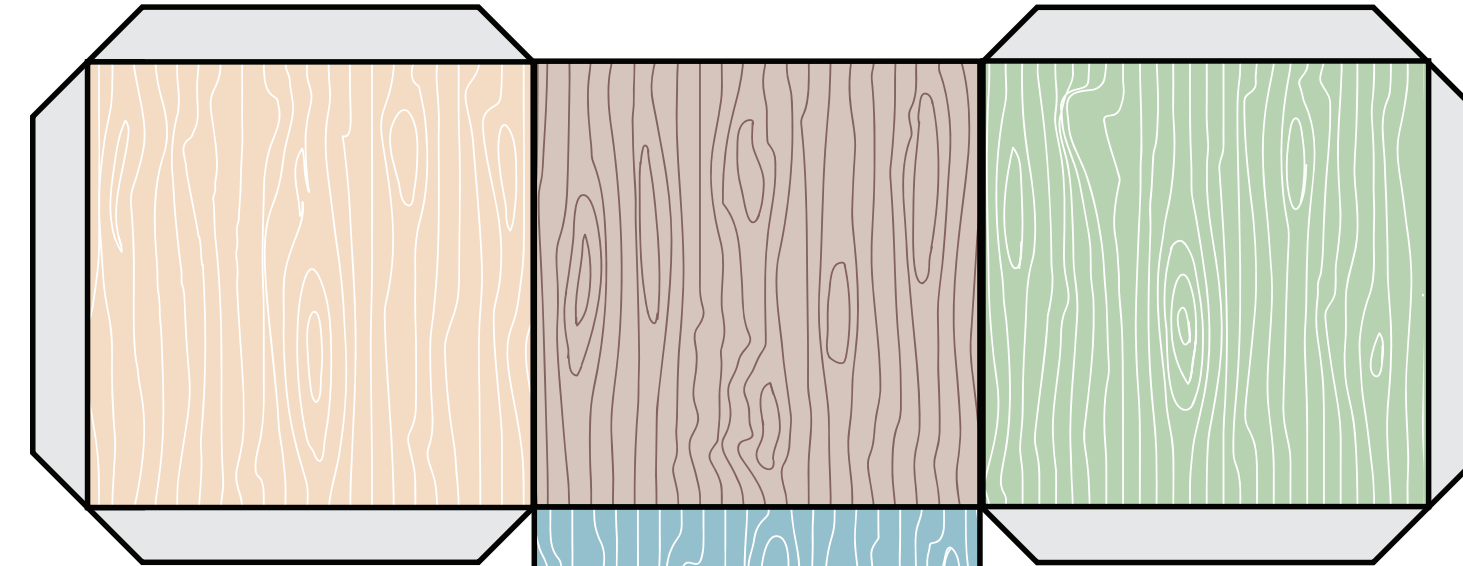
SUKKOT

We build a sukkah, to remember how G-d protected the Jews when they left Egypt. We also bring the Lulav, Etrog, Haddasim, and Aravot together to symbolize all Jews coming together as one.

SIMCHAT TORAH

This holiday marks the conclusion of the Torah for the year and celebrates starting the Torah all over again. We rejoice with singing and dancing with the Torah as a community.

CREATE YOUR OWN SUKKAH!



WE CAN'T WAIT TO SEE WHAT YOU MAKE!

Directions:

1. Cut out the shape.
2. Fold along the lines.
3. Tuck and glue the grey tabs inside your new sukkah cube.
4. Decorate the sukkah with doors, windows, and decorations, and glue on some schach (twigs, leaves, and grass) for the roof!

Did You Know

1. Sukkah walls can be made out of any material.
2. Schach (the sukkah covering) is made out of something that used to grow but is no longer attached to its source. (So you can use detached branches, but not branches that are still attached to a tree).

COMMUNITY KIDS



Freida and Aliyah F. at the Shoreline Jewish Festival!



Rina F. shopping at Costco!



Talya S. at Silvermans Farm!

BE IN OUR COMMUNITY KIDS SECTION!

Have your adult send a photo of you to SNH@jewishnewhaven.org!

We would especially love seeing your sukkah project!

ADVERTISE HERE
to support engagement with children and young families in our Jewish Community!

Contact:
Lindsey Barger
at lbarger@jewishnewhaven.org
or call (203) 387-2424 x276

Tributes & Remembrances

JEWISH FEDERATION

In memory of Ellen Miller, mother of Dr. Cindy Miller

Judy Alperin
Amy & Mark Holtz

In honor of the Bar Mitzvah of Jaden Lender, grandson of Marvin & Helaine Lender

Carol & David Robbins

In honor of the birth of Chai Barker, grandson of Gerry & Debbi Barker

Amy & Mark Holtz
Judy Alperin

In celebration of Mike & Gale Silverberg's anniversary

Carol & Mike Rosen
Judy & Hank Silverman

In memory of Lillian Silverman, mother of Ina Silverman

Judy Alperin

JCC

In memory of Jane Lichtman

The Skope Family

In memory of Beverly Weinberg

The Skope Family

In memory of Fred Gross
The Teplitzky Family

In honor of the 50th wedding anniversary of Jan & Steve Miller

Carol & Joel Evans

JCARR

In honor of Sheldon Natkin

Bill MacDonald

In honor Jon Lev's 50th birthday

Sheldon & Geraldine Natkin

In honor of Nadine Bloch's 60th birthday

Civianne & Eric Bloch

In honor of Nancy Kline

Harry Rosenberg & family
Joel & Leslie Wasserman

JEWISH FOUNDATION

BECKERMAN FAMILY SUPPORTING FOUNDATION INC. ENDOWMENT FOR THE BENEFIT OF HAMDEN HALL COUNTRY DAY SCHOOL

In memory of Robert Massey Sr.
David & Ruthann Beckerman

To purchase a tribute card:
jccnh.org, jewishnewhaven.org, newhavenjewishfoundation.org
*Tributes listed are up to July 18, 2021.

BECKERMAN FAMILY SUPPORTING FOUNDATION, INC. JEWISH COMMUNITY CENTER ENDOWMENT FUND

In memory of Stephen Friedler & Mr. Lee Franzman

David & Ruthann Beckerman

In memory of Jane Lichtman

Barbara & Donald Levine

BECKERMAN FAMILY FOUNDATION CAMPING EXPERIENCE ENDOWMENT FUND FOR THE BENEFIT OF CAMP LAURELWOOD, JCC DAY CAMP & FRESH AIR FUND

In memory of Helga Schweizer

David & Ruthann Beckerman

JULIE KOVAR FUND

In memory of Julie Kovar

Pam & Jeff Bryer

In honor of Stewart Kaufer

Rabbi Shelley Kovar Becker & Martin H. Becker

THE HENRY & MARION BIXON FUND

In memory of Henry Bixon

Harvey Bixon

LEONARD MARGOLIS ATHLETIC ENDOWMENT FUND

In memory of Fred Gross

Stephen & Ronda Margolis

THE "B" FOUNDATION

Now accepting grant applications from Internal Revenue Service qualified 501 (C) (3) organizations which seek assistance consistent with the goals of the "B" Foundation to **help feed, care, or educate society.** The grants will range from \$1,000 to \$10,000 and will be awarded by the end of the calendar year. Please submit your written request by

November 15, 2021 to:
The "B" Foundation
P.O. Box 3709, Woodbridge, CT 06525

Liverpool PRODUCTIONS

CALL CHARLES!!! 203.795.4737
DJ/Music/Entertainment for any Occasion
Proud to be Entertaining the Community Since 1978!

FITNESS & WELLNESS AT THE J

- Paleo Pros**
- Weight loss
 - Suppresses appetite due to higher protein/fat
 - Anti-inflammatory benefit
 - Increased benefit of more iron by eating more red meat

- Paleo Cons**
- Difficult for vegetarians to follow
 - Can cause nutritional imbalances
 - Higher protein choices can be expensive
 - Can be difficult to sustain

INTERMITTENT FASTING
As the name implies, you set up a schedule of fasting periods throughout the day, choosing a specific time for eating and fast in the remaining period. The fasting window can be as little as 12 hours long or even up to 24 hours, depending on the plan. The claim is that through metabolic switching, your body breaks down stored fat for energy and optimizes the release of fat-burning hormones in your body.

- Fasting Pros**
- Easy to follow, no calorie counting or food group limitations
 - Promotes weight loss
 - May help with glucose control

- Fasting Cons**
- Side effects on fasting days
 - May cause severe hunger and reduce physical activity
 - Concerns for those on medications
 - Does not encourage nutritious eating and might promote overeating.
 - May not be advisable long-term



The Lowdown on Diets

CONTINUED FROM PG. 23

MEDITERRANEAN DIET
The eating pattern has long been considered the gold standard for nutrition, disease prevention, wellness, and longevity. The meals are rich in vegetables, fruits, fish, nuts, legumes, and olive oil. It severely limits processed foods and sugar, as well as red meat.

- Mediterranean Pros**
- Balanced, flavorful, and environmentally friendly
 - Promotes heart health, and diabetes prevention
 - Weight loss
 - Reduces inflammation

- Mediterranean Cons**
- Can be costly
 - Additional guidance may be necessary for certain conditions or food allergy's

Behavioral support and increased activity in any plan has been proven to enhance weight loss. Eat less, move more, and seek out the support to make simple lifestyle adjustments—a happier and healthier you is the benefit!

Need more guidance? Contact susand@jccnh.org

Porsche • Volvo • Mercedes • BMW

the Woodbridge AUTO BODY SHOP inc.

- American and Foreign Specialists -

Free Estimate • Frame Machine • Professional Insurance Help
Loaner Car Available • Interstate Car Carrier Service

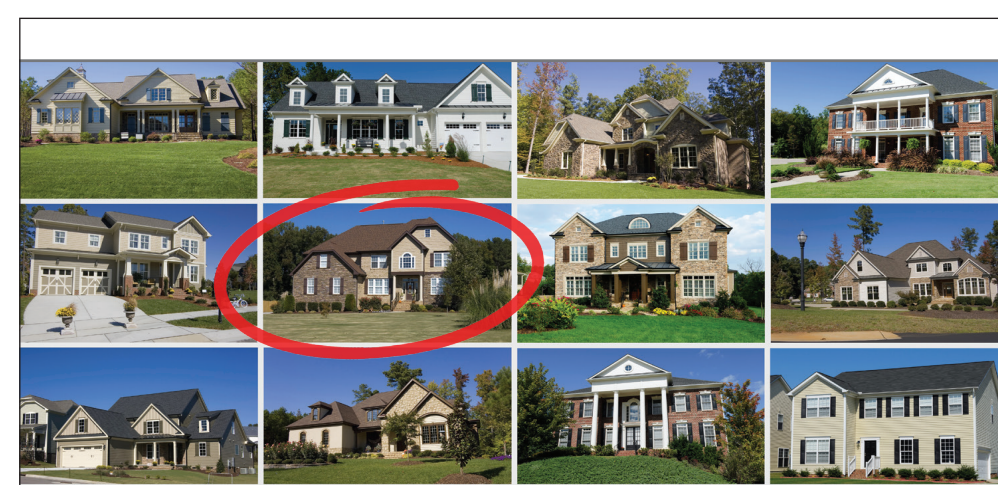
203.397.2909 36 LUCY STREET, WOODBRIDGE, CONNECTICUT 06525

Visiting Angels
LIVING ASSISTANCE SERVICES

America's Choice in Home Care
Specializing in Live-In and 24 Hour Care!
Flexible Hour Care Available

Meal Preparation Light Housekeeping Hygiene Assistance
Errands & Shopping Respite Care for Families Personal Care

203.298.9700
www.visitingangels.com/woodbridge



Found a House?
Apply Online or In Person.
essexsavings.com

ESSEX SAVINGS BANK
Service & Trust Since 1851

Essex, 35 Plains Road, 860-767-2573 • Essex, 9 Main Street, 860-767-8238
Chester, 203 Middlesex Avenue, 860-526-0000 • Madison, 99 Durham Road, 203-318-8611
Old Lyme, 101 Halls Road, 860-434-1646 • Old Saybrook, 155 Main Street, 860-388-3543
Toll-Free: 877-377-3922 • www.essexsavings.com

Member FDIC Equal Housing Lender

Jewish Federation OF GREATER NEW HAVEN | Women's Philanthropy

PLEASE JOIN US IN PERSON OR VIRTUALLY

For a Special Lion of Judah & Pomegranate Gathering

SAVE THE DATE
Wednesday, October 13 | 5pm
Norman Hurwitz Terrace Room at the JCC

GUEST SPEAKER:
Carolyn Gitlin, Chair of JFNA National Women's Philanthropy and Chair of the Board of the Jewish Federation of Greater Hartford

Open to all Women donors who make a minimum gift of \$1800 to the 2022 Federation Annual Campaign
jewishnewhaven.org/lionpom

Or, contact Amy Holtz | Chief Development Officer
(203) 387-2424 x254 | aholtz@jewishnewhaven.org

NON-PROFIT
STANDARD MAIL
U.S. POSTAGE
PAID
Permit No. 2134
New Haven, CT

Here for GOOD



At times of crisis and at times of calm, a strong Jewish Federation bridges gaps, sustains our Jewish community, and makes a difference in people's lives. For more than 100 years, the Jewish Federation has been taking care of our community, Israel, and Jews around the world. With your support and the support of over 2,000 generous donors in our community, we will continue to meet the vast and growing needs of all who are counting on us. We were built for this moment and we are here for good.

Please Give Generously
jewishnewhaven.org/give



Jewish Federation
OF GREATER NEW HAVEN

Come to Our 2021 Annual Meeting

SEPTEMBER 13 | 7 PM



Zoom in to our live event, broadcast directly from the Vine Family Auditorium

jewishnewhaven.org/events

WE WERE BUILT FOR THIS