Jewish Federation OF MADISON

Madison

JEWISH NEWS

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Gan HaYeled Open House

By Marla Becker
Director, Gan HaYeled

What a wonderful way to spend a Sunday morning! Nine new visiting families, as well as current Gan families, Gan HaYeled committee members, Federation staff, Federation board members, and most importantly, children, filled our school with extra joy. Perhaps it is best to have the children recapture this special event:

Solly, Age 5, exclaims, "I liked going down the halls without a grown-up!"

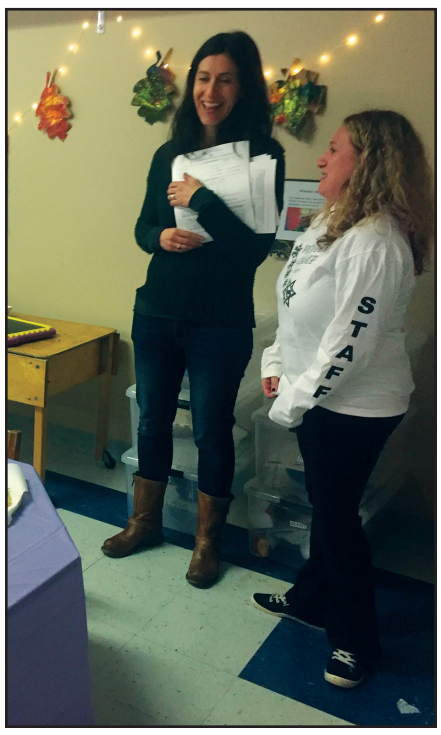
Philip, Age 4, explains, "I liked ice-skating on the top of the loft."

Ziv, Age 4, happily states, "I liked eating the pancakes!"

Gan haYeled currently has a rolling enrollment process. If you are curious about our program and were not able to attend our Gan Open House, please don't hesitate to contact us. We sure love visitors! gan@jewishmadison.org or (608) 442-4075.







Partnership2Gether Annual Steering Committee

By Shlomit Erev

We are happy to announce the next Partnership2Gether (P2G) annual steering committee meeting. Madison's partners in P2G are Sovev Kinneret, Milwaukee and St. Paul. This year our annual steering committee meeting will take place in Israel. During our meeting, representatives from all four communities come together to discuss the different partnership project opportunities for the upcoming year. We'll explore and decide which initiatives will be carried out. Stay tuned to hear about Madison P2G future projects! The P2G committee welcomes new members, so if you want to be able to affect next year's projects, please contact Shlomit at israel@jewishmadison.org

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PARTNERSHIP 2GETHER SOVEV KINNERET MILWAUKEE ST. PAUL MADISON

Tzedakah Campaign

By Rabbi Paula J. Winnig
Executive Director

The Jewish Federation of Madison is pleased to report that the 2017 Tzedakah Campaign raised $967,203. Thanks to the many generous gifts contributed and the hard work of our dedicated volunteers, the essential programs and agencies in our community supported by the campaign with continue to thrive. While falling shy of our goal, the funds raised will allow the Jewish Federation of Madison to largely maintain its commitments locally, in Israel and in over 70 nations.

We couldn't have done it without you. We especially would like to thank:

• **Campaign Committee**: Campaign Chair Alicia Schiff and co-vice chairs, Lee Lazar and Jeremy Tunis and their committee, Randy Blumenstein, Alaina Goldstone and Dan Weiss, led the effort to run our annual campaign.

• **Solicitors:** Harold Blotner, David Bookstaff, Jon Eckhardt, Zach Galin, Fred Gants, Alaina Goldstone, Paul Grossberg, Michael Heifetz, Ann Imig, Dan Kaplan, Lynn Kaplan, Sasha Kerlow, Amy Krauthamer-Maloney, Stefanie Kushner, Mark Laufman, Steve Lipton, Deborah Minkoff, Elaine Minkoff, Joel Minkoff Dan Mitchell, Lester Pines, Rob Roquitte, Beth Schreiber, Judy Schreiber, Diane Seder, Aaron Seligman, Marc Shovers, Joe Shumow, Jesse Sondel, James Stein, Ben Weismer, James Youngerman, Nan Youngerman and Faye Zemel who made hundreds of phone calls, reaching out to our community

• **Donors:** To all of you, who continue to help us harness the power of our people to build our community.

Together we are stronger!

Throughout the campaign we learned of so many heart warming stories. We heard of donors who began their relationship with the Federation when their children attended Gan HaYeled and now have grandchildren ready to attend. We also heard stories of how Camp Shalom has served families for two generations and its positive impact on the city of Madison.

We also found people had questions about how our overseas dollars are used and how they affect Jews in Israel and around the world. In response, look for an upcoming monthly feature, "Your Federation Dollars at Work," that will answer these questions. We invite you to keep asking questions and, if so inclined, to get involved in our committees and programs so you can know even more.

While our Tzedakah campaign for this year is over, the need for us to stay connected is ongoing. We thank you for your support and confidence in all we do.

Todah Rabah. Thank you!

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Website sponsorship offers you the opportunity to promote your business among our community's 6,000 members. In addition to a good business opportunity, you'll be supporting vital services that serve both the Jewish and general community.

The Jewish Federation of Madison website serves as the central information source for the entire Jewish community. More than 2,000 individuals visit jewishmadison.org each month. Members of other Jewish communities who are planning to move to Madison also depend on the Federation website for information about where to live, work, and shop.

As a Federation website business sponsor, you'll receive the following recognition in appreciation of your support:

■ Your business name and logo will be prominently displayed on the Jewish Federation website homepage. Your business logo will also link to your website.

■ Your business will be featured in an individual recognition announcement in every issue of *the Madison Jewish News,* which has a monthly circulation of 2,600 households and 6,000 individuals. The announcement will be given preferred placement and run in full color in the first few pages of the newspaper. The announcement will also include a photo of your choice, which you can change as often as you choose.

■ You'll be invited as our guest to the Federation Annual Dinner, our November event attended by our community's leaders. You'll also receive complimentary passes for the 5,500 square-foot Goodman Aquatic Center pool.

Extra benefits for Platinum and Gold sponsors

At the platinum level, your business will receive exclusive sponsorship rights for the entire website within your business category. Therefore, your organization will be the only website sponsor within your area of business.

At the platinum and gold levels, your business will receive larger logo displays on the website homepage and larger newspaper recognition announcements.



For information about becoming a website sponsor, contact the Jewish Federation of Madison, 278-1808 or info@jewishmadison.org

Jewish Federation OF MADISON

Wisconsin Legislature and U.S. Congress Focusing on Caregiving Issues

By Michael Blumenfeld, Executive Director of the Wisconsin Jewish Conference, with contributions from Erin Fabrizius
Wisconsin Jewish Conference is a beneficiary organization of the Jewish Federation of Madison

The Wisconsin State Legislature is focusing on dementia and caregiving issues in its final months of the 2017-18 session.

The U.S. Senate passed the RAISE Family Caregiver Act in January and it is expected to be signed into law by the President in the next few weeks. Wisconsin Senator Tammy Baldwin (D) and Wisconsin Congressman Glenn Grothman (R) are co-sponsors of the legislation, which creates a national Family Caregiving Advisory Council charged with developing strategies and recommendations on how best to support family caregivers.

Legislation is quickly making its way through both the State Assembly and State Senate. The legislation would take the following steps to support caregivers and individuals suffering from Dementia and other serious illnesses:

Family Caregiver Tax Credit: Assembly Bill 631/Senate Bill 528 creates a non-refundable $1,000 family caregiver tax credit for expenses related to caregiving. Individuals who care for a family member could be partially reimbursed for things like home modifications; purchasing or leasing equipment; and buying goods, services, or support to assist them in caring for their family member. This could include hiring a home care aide or personal care attendant, adult day care, transportation, legal or financial services, or assistive care technology.

Dementia Awareness Grants: Assembly Bill 632/Senate Bill 527 requires the Department of Health Services to award up to $500,000 in grants to increase awareness of Alzheimer's disease and dementia in rural and underserved urban areas.

Palliative Care Council: Assembly Bill 633/Senate Bill 548 creates a statewide Palliative Care Council. The Council would be charged with establishing a statewide information and education program to ensure that comprehensive and accurate information about palliative care is available to the public, health care providers, and health care facilities.

New Year, New Beginnings

By Tiz Goff
Community Outreach Coordinator

There is a lot in store for the Jewish community in 2018! SPF (Singles, Professionals, and Adults with Families) in their 20s, 30s, and 40s meets monthly this year. This group kicked off with a Sky Zone jumping session in January, and have an Escape Room experience planned for February. In March, SPF will go to Geeks Mania and in April we'll enjoy some crafting at Revel.

JAM (Jewish Adults of Madison) is geared to people with more "me time". JAM has been busy since December. Tal and Shlomit created an incredible slideshow in which they shared their families' history, with a question and answer period afterward. In January, the group watched *The Women's Balcony* and enjoyed a lively discussion afterward.

Yad B'Yad (Hand in Hand), a playgroup for children 0-2 years of age, hasn't been meeting, thanks in part to the great playgroups run by the individual synagogues. We are excited to announce that we will be taking a free Stroller Strides class on January 29 and February 2.

Finally, our Mitzvah Makers group will be starting in the near future. I have been hearing from people of all ages: "I want to volunteer" or "I want to give back." The wrapping gifts event at Barnes & Noble was a success; volunteers enjoyed the work, and Federation received some much-needed donations. So, let's create more volunteer events for all ages! I will need your help. Please share your volunteering ideas for our Jewish community. I can be reached at outreach@jewishmadison.org

From Your Executive Director

Dear Friends:

There is a Talmudic saying: לארשי לכש הזב הז סיברע *Kol Yisrael Aravim Zeh bazeh*, All of Israel is responsible for each other. This sentiment "all of Israel is responsible for each other" guides all that we do as a Jewish federation. We care for each other as a community and we work together to best use our community resources to help the most people in the most efficient ways possible. It is through the Jewish Federation of Madison Annual Tzedakah Campaign that we collect the funds necessary to see that children are educated, seniors are cared for, Jews around the world are assisted and that the people who live in Israel are given a chance to build meaningful lives.

In Madison, through our annual Tzedakah Campaign we proudly support local programs like Jewish Social Services (JSS), that assist people from all lands trying to build new lives here in America, just as our ancestors did. JSS also provides support to seniors through its lunch programs and lecture series. Furthermore, their social workers offer kind and friendly care to people encountering difficulties in their lives. Our Federation dollars support our amazing Camp Shalom on our spectacular Goodman Campus so that all children, from all over Madison, can enjoy a safe, fun program over their summer vacation. Our Federation also provides scholarship assistance to families for pre-school education, high schoolers who want to travel to Israel and Midrasha graduates who continue their Jewish education in college. We support our campus partners, Hillel and Chabad because we believe that college students need support in building and nurturing their Jewish identities during this important phase of their emotional and intellectual development. We support the Wisconsin Jewish Conference which advocates for Jewish issues in our state government. Our Tzedakah Campaign supports the presence of two Shlichim, two bright, vibrant, Israeli emissaries in our community who help us understand the importance of Israel to us. Through our Partnership2Gether program with the Sovev Kinneret region, we connect directly with people and make life-long friendships. And we support Israel and programs that provide aid to people in seventy countries nationwide because if we don't, who will?

None of this would be possible without you, our donors. We do all this together. We do all this because we feel responsible for the world at large, as well as for our own people. We are proud of the organizations we support and our local staff and volunteers who work so hard to make this all possible.

In the coming months this newspaper will highlight some of the ways you may not know that your campaign dollars assist our local community and programs throughout the world. We want you to know that your dollars truly make a difference to people and to the world. We want you to know that every dollar you gave to past campaigns and that every dollar you will give to future campaigns truly matters.

Thank you, thank you, thank you!! Thank you for your contributions and your support. Together may we continue to care for each other, support each other and work together to bring peace to our people and to the world.

B'yedidut, In friendship,
Rabbi Paula Jayne Winnig
Executive Director

SPF Save the Dates!

February 18: Escape Room

March 22: Geeks Mania

April 15: Revel

Watch for details or email at outreach@jewishmadison.org









Saying *Hineni* in the New Year

By Eva Bernstein
UW-Hillel is a beneficiary organization of the Jewish Federation of Madison

Ed. Note: On Yom Kippur 2017, UW senior Eva Bernstein delivered the following d'var Torah at Hillel services. Though certain events are dated, her message remains relevant as we enter 2018. UW Hillel wishes you and your family a happy, healthy and peaceful New Year.

In February of 2015, I sat in on a small Hillel event in the room just next door. It might have been a meeting or a Hebrew club, to be honest, I don't remember. At the end of the meeting, someone announced that he planned to walk over to the Red Gym to attend a vigil the Muslim Student Association and Multicultural Center were hosting to honor the victims of the shooting at Chapel Hill. Earlier that week, three students who had attended the University of North Carolina were shot to death over a parking space. The victims were a newlywed couple and the bride's younger sister. They were Muslim. The announcer invited us to join them at the vigil, and I remember thinking, "I don't have much homework, seems like a nice thing to do, sure…"

A handful of us walked over, up the stairs, and entered into an evening that was far more emotional than I was expecting. Throughout the event, students and those leading the vigil shared their grief and their own experiences with religious-based discrimination on this campus. What caught me off guard, however, was that, over and over again, these students and the imam leading the vigil thanked the group from Hillel for being there, thanked us for supporting them, for showing up. I couldn't stop thinking, "Why are they thanking us? Why are they thanking me? I haven't done anything!"

Presence can be a powerful thing. During the High Holy Days, our key biblical players are Abraham on Rosh Hashanah, and Jonah on Yom Kippur. Both their stories include God asking of them to do quite challenging tasks. Their responses to God are both pivotal to their stories. When God asks Abraham, he replies "Hineni, Here I am." When God asks Jonah, he runs away.

I believe that the Rabbis chose these stories to bookend the High Holidays, what we call the Days of Awe, as they are representative of an essential aspect of who we are and who we want to be. Our daily lives are filled with requests and invitations to engage with challenging issues. Abraham and Jonah provide us with two models of how we can respond, and their respective stories demonstrate the consequences of those responses, for ourselves and our community.

Unfortunately, I can't say that events like that of the shooting at Chapel Hill are things of the past. The world, and, specifically, our country feel bleak right now. Acts of hatred and discrimination have become a frightening norm.

As I'm sure many of you are aware, just before Rosh Hashanah last week ,a memorial near the historical Gates of Heaven synagogue in Madison was spray-painted with swastikas. This anti-Semitic incident was an upsetting reminder of the hate that is alive in our very own neighborhood. Early Wednesday morning, before I had even seen the headline for myself, a non-Jewish friend I had met doing interfaith work on campus texted me. The text read something along the lines of "I'm so frustrated by this, and today of all days." In reality, her text could have said anything; it was the feeling of support across communities that made me so grateful. Upon reflection, I understand why those at the vigil thanked us for coming — presence can be a powerful thing.

I can almost guarantee that last week's incident won't be the last. In the coming year, we will come face-to-face with the challenging issues of today's society. However, as individuals and as a community we have agency in how we choose to respond. When the community calls out to us, will we distance ourselves out of fear or inconvenience? Or will we say "Hineni, here I am?"

Your Federation Dollars At Work

"Ten…nine…eight…" Bat El's heart is pounding. "Seven…six…" She looks out the window to see her family standing proudly with the spectators below. "Five…four... three…" The rockets fire. "Two… one…"

The alarm goes off. Bat El pulls the covers over her head. Then, remembering that she has SPACE later that day, she throws them off and jumps out of bed. Smiling.

Fourteen-year-old Bat El knows that to fulfill her dream of becoming an astronaut she must first graduate high school. And in order to do that she needs some extra support. She got it from SPACE.

A project of Federation partner the Ethiopian National Project, SPACE is an afterschool program that provides Ethiopian-Israeli kids the support they need to overcome obstacles and thrive in school.

A daughter of immigrants, when Bat El, entered SPACE last year, she struggled with English, math and other subjects. Just 12 months later her test scores have shot up from 60s to 90s. She sees each subject as different sets of problems she gets to solve. And she loves it. No surprise, her favorite subjects are math and science.

Bat El already has a plan for getting into the highest math level. From there, she'll be positioned to enter an elite IDF air force unit, and from there…even the sky is not a limit.





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Upcoming Jewish Federation OF MADISON EVENTS

Matzah Balls Play Basketball

January 30, February 6, 13, 20, 27, March 6, 13, 20, 27

Coming off their second championship win, the Matzah Balls hope to continue their streak with another round of games.
The Jewish Federation of Madison's very own coed sports team, the Matzah Balls invites you to attend to watch them play and cheer them on from the bleachers! You could even join in the teach *ruach* (spirt) by wearing our mascot costume! Contact Tiz Goff at outreach@jewishmadison.org



Tu B'Shevat Painting Night

February 1, 7:00 pm - 8:00 pm
Jewish Federation of Madison
6434 Enterprise Lane, Madison, WI 53719

Young professionals - come celebrate Tu B'Shevat and the vegetation of Israel in a nature painting night!
We'll supply the canvas, paint, brushes, reference photos, and Tu B'Shevat snacks. You just need to be there - no special talent required! FREE. Limited spots available. Register by January 27.
Contact Shlomit Ezer with questions at israel@jewishmadison.org.

Ivrit Kallah - Adult Hebrew Lessons

February 5, 12, 26. Class runs until May 14, 2018
6:00 pm - 8:00 pm
6434 Enterprise Lane, Madison, WI 53719

Learn Hebrew in a class setting with a native speaker - our Shlicha, Shlomit.
- 6:00 pm - 7:00 pm: Beginner Level (introduction to letters, vowels, and vocabulary)
- 7:00 pm - 8:00 pm: Advanced Lever (continuation of vocabulary and sentences)

Cost: Only $18 for the year (to cover materials.) Try the first class for free! Contact Shlomit Ezer with any questions at (608) 442-4072 or email at israel@jewishmadison.org.

Parents' Time Out

February 11, 9:00 am - 12:00 pm
Gan HaYeled Preschool
6434 Enterprise Lane, Madison, WI

Cost: $18 per child. Ages: 6 months - 8 years old
Gan HaYeled director, Marla Becker, and teenagers from the Madison Jewish community can't wait to spend the morning with your children! We staff the event based on enrollment, always making sure we have a 2:1 ratio. What is extra special about this event is that our teenagers are volunteering their time to get involved in the Madison Jewish community. Hope to see you there!
For more information, please contact Marla Becker at mbecker@jewishmadison.org



SPF Goes to Escape This

February 18, 2:30 pm - 4:00 pm
Escape This
120 E Wilson St. #2, Madison, WI 53703

Contact Tiz Goff at outreach@jewishmadison.org
Cost: $30.00
SPF (Singles, Professionals, and (Adults with) Families in their 20s, 30s, and 40s) will try to solve the clues in the specially-themed room at Escape This! We are going to be in the *Sherlocked Room* (max 12 people.) If we have more than 12 people, we will also have the *In Check Room* (max 8 people.)
Contact Tiz Goff for more information.

Community Purim Carnival

February 25, 9:00 am - 12:00 pm
Temple Beth El
2702 Arbor Drive, Madison

Come join the Celebration!
- 9:00 am: The fun begins!
- 9:30 am: Purim Schpiel
- 10:00 am - 12:00 pm: Carnival Games

Admission: $7.00 for ages 2 to 12. Free for others.
Snacks and Hamantaschen available for purchase.
Volunteers always needed. Help us make this carnival a huge success by signing up to volunteer at http://bit.ly/purim_volunteer

Jewish Education

Midrasha: Round Two

By Kimberly Rosenthal
Interim Director, Midrasha

Students wrapped-up the first semester with a Hanukkah party and donation drive for Jewish Social Services. Thank you to all the families that donated the three tubs full of household items for the new refugee families settling in Madison!

In the new semester Midrasha will have guest lecturers, new curriculum including mock trails, and more holiday celebrations.

Welcome new students to Midrasha; we look forward to learning with you!



Students in the Israeli Youth Movements and Jewish Social Justice class asked families for donations to support refugee families in Madison.



Midrasha celebrated the second night of Hanukkah with a gallery walk, sufganiyot, and lighting Hanukkiyot.

Exploring through Play or Playing through Exploration?

By Marla Becker
Director, Gan HaYeled

"Frictional" Ice Skating

Who knew Gan HaYeled Preschool had a hidden ice rink, complete with an ice-skating rental center? We rented various ice skates: sandpaper, plastic, construction paper and wax paper. Sandpaper skates were very rough and didn't move so well, whereas the plastic and construction paper made skating a little easier. With the wax paper skates, we were sliding all over the place! Based on all our observations, we concluded the wax paper moves easier because it is smoother than the rough sandpaper.

Gan HaYeled Kindness March

Sometimes people are not kind and may not want to do things with people who wear glasses or people who eat food they don't like! Martin Luther King Jr. wanted people to treat each other kindly and fairly. He encouraged people to spread the word about being kind and fair. He didn't want people to push or hurt one another when explaining how to be kind, but do it peacefully, such as in a march. We made our own posters explaining how we can be kind. With "We Shall Overcome" playing in the background, we marched around the entire building, spreading the word of kindness.

Screech Owl Researchers

We already knew some information about screech owls and realized we wanted to learn more. We asked if we could research on the computer, and sure enough we found songs and videos about screech owls. We had even more questions, so we drew pictures of our questions and went upstairs where we met "naturalists" Jim and Paul (from Jewish Social Services). They had a lot of information on screech owls, discussed our questions, and showed us an owl house they will place in the woods, right across the parking lot. They are making a home for a screech owl and we can't wait! After our "conference", we drew pictures of something new we learned and shared the information with our fellow researchers.

I Hypothesize that when you have a Jar, Olive Oil, a Wick and a Flame...

The Jewish people found a little bit of oil and it lasted eight days and eight nights. We observed pictures from our past experiment when we placed celery in food coloring. Then, we watched a segment on Shalom Sesame about how olive oil is made. Hmmmm...what was going to happen if we placed olive oil in a jar and lit the wick that was soaking in the olive oil? We illustrated our hypothesis (good guess) and carried out the experiment!

Challah Place

It takes a lot of effort to run a restaurant, especially during the grand opening of Challah Place! We wrote down the names of everyone upstairs in the Jewish Federation and Jewish Social Services, made a sign advertising Challah Place, took orders from upstairs, placed a check next to each person's name on the list once they ordered, made 14 challahs and delivered them within an hour and a half! We napped beautifully that afternoon.



I hypothesize that when you have a jar, olive oil, a wick, and a flame...



Kindness March



Challah Place



Screech Owl Researchers

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The Highs and Lows of Sholem Aleichem Conference and Spring Events

By Chad S.A. Gibbs
M/W Center for Jewish Studies

Our recent conference "The Highs and Lows of Sholem Aleichem: Yiddish Literature and the Pursuit of Popular Writing" was the flagship event of fall semester programing at the Mosse/Weinstein Center for Jewish Studies. Bringing together scholars and authors from across the US, the conference included presentations that explored Sholem Aleichem's humor, his fiction, and his role in the creation of contemporary Jewish American folk culture.

Indeed, Sholem Aleichem — the man whose work would inspire Fiddler on the Roof — remains one of the most beloved Yiddish writers to this day. Some one hundred years after his death, his work still captures the public imagination. In her keynote address, Alisa Solomon, journalist and author of Wonder of Wonders: A Cultural History of Fiddler on the Roof, examined how the Tevye stories that first transformed into Fiddler have become part and parcel of Jewish American folklore. In his own keynote talk "No, he isn't Kafka", Adam Ehrlich Sachs, author of Inherited Disorders: Stories, Parables, & Problems, addressed the anxieties some feel toward Sholem Aleichem's reputation as a humorist.

In addition to Solomon and Sachs, professors of anthropology, literature, and Jewish Studies grappled with a variety of challenges, from how to assess the legacy of Sholem Aleichem's work to where his writing should fit in the Jewish American literary canon. They posed such questions as: Did Sholem Aleichem write for the masses? Was he highbrow, middlebrow, or lowbrow? And, what is at stake in making these distinctions?

Like Sholem Aleichem's own readership, the audience in attendance at the conference was large and varied. And, like Sholem Aleichem's own work, news of the conference also reached the Yiddish publishing world in New York. We wish to thank all those who helped make this gathering possible.

Looking forward to the spring semester, our Center has several special lectures scheduled, our May pre-commencement celebration and awards ceremony, and the 2018 Greenfield Summer Institute on the theme "Jews and Entertainment," from July 8 –12.

University of Florida Professor Nina Caputo will deliver the Tobias Lecture on February 26, in the Pyle Center at 4:00 pm, entitled "Graphic Differences: Interpreting Medieval Theological Debate through Comics," and Professor Olga Litvak of Clark University will visit UW-Madison to deliver the Schrag Lecture April 1, in Union South at 4:00 pm, on the theme "'Dearest Father': Jewish Nationalism and the German Idea of Vocation." We will also host a talk on Jewish language manuscripts by Professor Aaron Rubin of Penn State on March 19.

Our Center will support three talks by the Halls Visiting Lecturer, Harriet Murav. On March 7 at 12:00 pm Professor Murav will deliver a brown bag lunch lecture on "Witnessing the Holocaust and the Afterlife of Language." On March 8 we will co-sponsor Murav's CREECA lecture in 206 Ingraham Hall at 4:00 pm entitled, "Archive of Violence: Neighbors, Strangers, and Creatures in Itsik Kipnis's Mothers and Days." Murav's last talk is on March 16 at 3:00 pm in Union South with the topic "Modernism in the Shtetl: David Bergelson's Descent" and a reception to follow. Finally, we will co-sponsor Geoffrey Levin's talk, "The Palestinianization of American Jewish Anti-Zionism, 1942 –1977" on April 2 in 206 Ingraham Hall at 12:00 pm.

As always, all of these events are free and open to the public. You can keep track of our news and updates by contacting us, visiting our website at jewishstudies.wisc.edu, or following our Facebook page @UWJewishStudies.

We hope to see many of you this spring and summer!

Sidrans Plan Party With a Purpose

Ben and Judy Sidran met here in college in the 1960s and their love for the time, the place and each other have never waned. As they marked the 50th anniversary of so many momentous events in their own lives and the lives of the university and the country, they felt the time was right for a reunion of folks who remember Madison's unique place in the zeitgeist of the'60s. That simple idea is now a multi-day event, The Madison Reunion and Conference on Madison in the '60s on June 14-16, 2018, a 50th anniversary cultural Woodstock, with panel discussions, performances, art, films and fun on the UW campus and around town. Participants will revisit a time when Madison was the cradle of the counterculture. It's a party with a purpose to examine where the, now gray, baby-boomers are, how we got here and what we left behind.

The Madison Reunion, open to all, features free events, music on the Union Terrace, trolley rides around town, tie-dying in city parks, exhibits of art and artifacts of all kinds memorializing a pivotal decade in our history.

The Conference on Madison in the '60s, by registration only, presents three days of discussions, panels, tours, tastes, and talent in and around the UW Memorial Union featuring notable UW students and faculty on such diverse topics as the legacies of historians George Mosse and Harvey Goldberg, freedom riding, feminism, psychopharmacology and Madison as a breeding ground for popular comedy.

Ticketed performances at the Memorial Union Shannon Hall feature the Motown sound of The Temptations and the Reunion Blues with musicians Boz Scaggs, Ben Sidran and Tracy Nelson.

For more information and to register for the conference, visit madisonreunion.com or email info@madisonreunion.com.





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Congregation News

Temple Beth El • Congregation Shaarei Shamayim • Beth Israel Center

Beth Israel Center

Come see what our lively, traditional, egalitarian community is all about. Beth Israel Center programs and services are open to all; visitors are especially welcome. Please introduce yourself. Some events require registration. Please call (608) 256-7763 or email office@bethisraelcenter.org with any questions. We love to talk about upcoming events, education for children and adults, membership and more. Visit our website, www.bethisraelcenter.org, or our Facebook page for more information. Here are some upcoming calendar highlights:

Ramah Havdalah

Saturday, February 3, 6:30 pm

Come experience a Camp Ramah-style Havdalah with Noa Rose, a member of the Ramah Service Corps. The Ramah Service Corps spreads the joy and ruach of Camp Ramah to communities around the world, bringing some of the summer magic to life. This program is open to current, former, and prospective Camp Ramah families. Please contact Beth Copelovitch (education@bethisraelcenter.org) for more information.

Schmooze with Rabbi Barth

Wednesday, February 7
2:30 pm-3:30 pm
Colectivo on The Square
Tuesday, February 20
11:00 am-12:00 pm
Zuzu Cafe

Enjoy coffee or your beverage/nosh of choice with Interim Rabbi Sami Barth. This is an open invitation to a table at local coffee bars. Talk about Life, the Meaning of Life, Beth Israel Center, Israel…whatever is on your mind.

Shabbat Morning Torah Study

Saturdays, February 10 & 24
9:00 am-9:45 am

Rabbi Sami Barth and others will lead about 45 minutes of parsha discussion beginning at 9:00 am on the 2nd and 4th Shabbat of each month. No background or Hebrew language skills needed. Meet in the Rabbi's office.

Meditation Mini-Retreat

Saturday, February 10
1:30 pm-4:30 pm

The Merchav Ha'Lev Madison Center for Jewish Meditation offers a Shabbat afternoon retreat on the theme of "Seeing and Doing." Participants will focus on connecting with ("seeing") our Divine nature through meditation and using that practice to change our relationship to our experience, to the people in our lives, and to all creatures everywhere ("doing"). The program is free and accessible to all, from beginners to experienced practitioners. Come to Beth Israel Center for an afternoon of meditation, chanting, text study and discussion. Questions?
Email merchavlev@gmail.com.

Rosh Hodesh Adar

Thursday & Friday
February 15 & 16, 7:00 am

Celebrate the new month with Hallel, bagels and Beth Israel Center's morning minyan. All are welcome!

Advanced Text Seudah Shlishit

Saturday, February 17
4:30 pm - 6:30 pm
Arboretum Cohousing, 1137 Erin St.

Enjoy seudah shlishit (the third Shabbat meal) featuring spicy vegetarian cholent at Arbco, Rabbi Barth's home for the year. All are welcome who are comfortable reading and understanding non-vowelled rabbinic texts.

Movie Night with MOUSY and Kadima

Saturday, February 17

Two youth groups, one movie, infinite fun! All 6th, 7th, and 8th grade Kadimaniks are invited to join the MOUSY high schoolers for a fun film fest, a late night of mixing and mingling, and hanging out while noshing on salty and sweet snacks. Bring one food item for donation. Contact Deborah Hoffman@bethisraelcenter.org for more information.

Z'mirot/Songs of Shabbat

Saturday, February 24, 12:30 pm

Sing new songs and recall old ones with Rabbi Sami Barth during and after Shabbat Kiddush lunch. All are welcome, whether or not you can sing. We'll begin singing when we've finished eating.

Purim Celebrations

Wednesday, February 28, 5:45 pm

Enjoy a casual meal and a festive shpiel before hearing the whole Megilla at Beth Israel Center. Come in costume and bring a box of pasta (small shapes work best) to use as a gragger and then donate to a local food pantry. Reservations are required for dinner, but not for the Megillah reading. Call the office or check our website for details. On Thursday morning, March 1, come hear the Megilla again during morning minyan beginning at 7:00 am.

Subversive Prayer

Sundays, 9:00 am

Rabbi Sami Barth leads an ongoing series of journeys into the arena of prayer, poetry, music and worship, looking at challenges, paradoxes, and occasionally a pathway forward. YouTube allows us to visit experiences all over the world, including Jerusalem, Spain, New York, Burning Man, and elsewhere. Following Sunday morning minyan with light breakfast, each session stands alone. Come when you can. All are welcome. Call the office, email rabbi@bethisraelcenter.org, or check our website calendar to confirm meeting dates.

Conversational Yiddish

Mondays, 7:00 pm

Join Yiddish enthusiast and talented teacher Sylvia Grunes at Yiddish class on Monday nights, 7:00 pm – 8:30 pm. Sylvia builds a love for the Yiddish language and culture through her long-running classes. Come learn from a master - all levels welcome and encouraged to attend.

Talmud Class

Wednesday mornings, 9:15 am

Join Rabbi Sami Barth for Talmud study on most Wednesday mornings. No experience or Hebrew/Aramaic language skills required. Check the calendar on the BIC website (www.bethisraelcenter.org) or contact the office to confirm class dates.

Shabbat Services

Every Friday at 5:45 pm
Every Saturday at 9:30 am

Looking for warm, inspiring, and egalitarian traditional Shabbat services? We welcome Shabbat every Friday around 5:00 pm as people begin to gather and toast the week that was. Lively, song-filled services begin at 5:45 pm.

Our Shabbat morning worship begins with Birchot HaShachar and continues through P'sukei d'zimra, Shacharit, Torah service and Musaf. We join together for a communal kiddush lunch after services every week. Each week during the school year we offer age-appropriate tefilla (prayer) for all children, babies through age 12, at 10:30 am. Younger children should bring their grown-ups along. Visitors are always welcome!

To receive schedule updates and other information, subscribe to our e-newsletter or "Like" us on Facebook. For the e-news, subscribe on our website or email office@bethisraelcenter.org and ask to be added.

Anat Hoffman, coming to Madison via Skype
February 7, 2018, 11:30 am at Kesher Café
Brought to you by the Kesher Israel Commitee of Temple Beth El

Anat Hoffman, the bold leader of Israel's Women of the Wall, and executive director of the Israel Religious Action Center (IRAC) will speak via Skype to the whole Madison Jewish Community of Wednesday, February 7, 2018, at 11:30 am, in the Temple Beth El social hall. The topic she will cover is:

"What Don't We Talk About When We Focus on Israel's Security"

Anat will point out that focusing on the conflict with Israel's neighbors distracts people from exploring some of the conflicts that rock Israeli society from within. Women's rights, religious pluralism, racism against minorities and struggles for freedom of conscience are some.

When not speaking, Anat and the Women of the Wall, along with IRAC, fight for the democratic and Jewish state Israel was meant to be. Fighting is done by non-violent demonstrations, and in the courts. Of the many dramatic struggles won, the right of reform rabbis to receive governmental pay equal to orthodox rabbis is one, and the construction of non-orthodox synagogues stands out as another.

Anat will talk about many struggles; those won and those pending. She will speak directly for 20 minutes. The remainder of the hour will be devoted to questions and answers. To give propler attention to each question, we ask that people send their questions prior to February 7, to Rachel Sauer, Administrative Assistant for Lifelong Learning at (608) 238-3123 or school@tbemadison.org. These questions will be forwarded to Anat in advance of the Skype session.

Congregation Shaarei Shamayim

Shaarei Shamayim, Madison's Inclusive Jewish Community, welcomes new and prospective members, as well as visitors, to participate in our services, discussions, classes, and celebrations. For more information or to learn about events, please visit our website at www.shamayim.org, email us at office@shamayim.org, or call us at (608) 257-2944.

Tu B'shevat Seder

Friday, February 2, 6:00 pm

Please call the office for location.

We welcome Cantorial Soloist, Michele Rozansky, to lead a mindfulness Tu B'shevat seder. We will gather at 6:00 pm for the seder, followed by a potluck dinner.

Exploring Judaism: Open Discussion About All Your Jewish Questions

Wednesdays, February 7, March 7, April 11, 4:30 pm

Please call the office for location.

Curious about Judaism? Join Rabbi Laurie for a monthly gathering where we discuss different aspects of Judaism. This group is for people who want to deepen their knowledge of Jewish practice, who have questions regarding Jewish identity, who are considering becoming Jewish, or who are looking for an opportunity to ask questions in a relaxed environment. We structure each session around participant questions and interests. If you would like to learn more or receive updates, and to RSVP, please contact the office.

Shabbat Morning Services

Saturdays, February 10, 24

First Unitarian Society

900 University Bay Drive

On February 10, we will have a musical intergenerational Shabbat service for kids and adults of all ages from 9:30 am – 11:00 am followed by a bagel lunch. This is a great opportunity to check out our children's education program and meet our families. On February 24 we welcome Cantorial Soloist, Michele Rozansky, to lead a musical Shabbat morning service. Torah study will be held at 9:30 am followed by services at 10:30 am and Kiddush at 12:30 pm

Networked News, Racial Divides: How Power & Privilege Shape Public Discourse in Progressive Communities

Sunday, February 18

9:50 am-11:30 am

RISE (formerly the Center for Families), 2120 Fordem Avenue

Against conventional wisdom, pervasive black-white disparities pair with vitriolic public conversation in politically progressive communities throughout America, *Networked News, Racial Divides* examines obstacles to public dialogues about racial inequality and opportunities for better discourse in mid-sized, liberal cities — especially in Madison, WI — the major focus of the work. Media expert Sue Robinson will read excerpts from this book and explore how privilege shapes discourse and how identity politics can interfere with deliberation. Key to this talk will be a discussion with participants about ways in which we can move forward in building trust in our diverse communities. Professor Robinson holds the Helen Franklin Firstbrook Professor of Journalism endowed research chair at the School of Journalism & Mass Communication at the University of Wisconsin-Madison.



Sue Robinson

Dance - Cheer - Jeer - and Make Merry: Purim for All Ages

Wednesday, February 28

First Unitarian Society

900 University Bay Drive

(Landmark Auditorium)

Put on your dancing shoes and get ready to jeer at Haman and cheer for Queen Esther! Free pizza dinner at 5:30 pm followed by festivities. We'll have an adult-oriented creative retelling of the story with plenty of singing and children's activities. We will read small parts of the megillah in Hebrew but most of the evening will be in English.

Make a secure online tribute donation at JewishMadison.org

Making a tribute donation to the Jewish Federation of Madison is a thoughtful way to honor someone or celebrate a special occasion while helping those in need here and around the world.

Your tribute donation will help support more than 20 essential local agencies and programs that serve both the Jewish community and the community-at-large, as well as humanitarian programs in Israel and 70 other countries worldwide.

We'll mail a notification card to the person you're paying tribute to or the family of the person you're remembering. When you donate online you can also send a personalized E-card to your recipient. Make your gift online today.

Temple Beth El

Temple Beth El is a place where warmth, connections, spiritual life, and dynamic programs all come together. We are proud to be the voice of Reform Judaism in Madison, and we build upon a rich legacy of social responsibility and tikkun olam. We welcome you to become a part of our story.

To learn more about our events and programs or to register or RSVP, visit tbemadison.org

We hope you can join us for these upcoming events:

Kesher Café

Wednesday, February 7

11:30 am-1:30 pm

Kesher Café offers speakers on Israeli topics. BYO lunch is encouraged.

This month will feature a Skype call with Anat Hoffman, Israeli activist and Executive Director of the Israel Religious Action Center. She is the director and founding member of Nashot HaKotel, Women of the Wall. Anat and her group spend much time and energy in legal battles attempting to ensure an egalitarian prayer space for Jews of all denominations and genders.

Liesl M. Blockstein Memorial Lecture and Brunch

Sunday, February 11

9:45 am-11:45 am

Dr. Maha Mohamed's presentation, Women in leadership: past, present and future, will reflect on the current diversified background of humanity and past common geographic existence.

The Leisl Blockstein annual lecture is a joint program of Temple Beth El and Jewish Social Services. Liesl M. Blockstein was a beloved member of the Beth El community and deeply involved in Jewish Social Services. Her husband, William L. Blockstein, also of blessed memory, established this lecture and scholarship fund to celebrate the achievements of Wisconsin women in politics, public service, religion, arts, literature, and music, as well as in other areas of endeavor. Beneficiaries of this fund also include Wisconsin residents (women) who are admitted to an accredited course of study at the Hebrew Union College – Jewish Institute of Religion in the rabbinate, the cantorate, Jewish education, and Jewish communal service.

There is no charge for this event, however, we ask that you register no later than Wednesday, February 7, 2018.

PJ Library Tots and Tunes

Sunday, February 11, March 4

10:30 am-11:30 am

This program is for 0–5 year olds and open to the entire Madison Jewish community. Cantor Sharon Brown-Levy will host Jewish families with young children by engaging them in playful, musical, educational moments. Rabbi Biatch and our director of lifelong learning, Nicole A. Jahr, RJE, will take turns reading a PJ Library book. Melissah Foreman, our 4K teacher will plan a meaningful craft project. Our new 4K class with their caregivers will join Tots and Tunes every month. Connect with other Jewish families in Madison as well as TBE clergy and staff and become familiar with Temple Beth El. Caregivers and their children can expect to sing, move, learn, play, create, bond, pray, and grow with our Tots and Tunes programming. Feel free to drop in for any or all sessions.

Men's Club Book Group

Monday, February 12

7:30 pm-9:00 pm

We will be discussing Moonglow: A Novel by Michael Chabon.

Beginning Hebrew

Tuesdays, 3:00 pm-4:00 pm

Please contact Director of Life-long Learning, Nicole Jahr, RJE, at learn@tbemadison.org or (608) 238-3123 for more information.

Advanced Hebrew

Tuesdays, 6:30 pm-7:30 pm

Please contact Director of Life-long Learning, Nicole Jahr, RJE, at learn@tbemadison.org or (608) 238-3123 for more information.

"Traditions of Repentance in Christianity and Judaism" A Multi-Faith Class over Six Sessions With members of Temple Beth El and Westminster Presbyterian Church

Thursdays, February 15-March 22

7:00 pm-8:30 pm

Join us for a six-week exploration and comparison of Jewish and Christian perspectives on repentance. Pastor Scott Anderson and members of Westminster Presbyterian Church will join Rabbi Jonathan and TBE members in the spirit of interfaith camaraderie and learning, as we try to understand how each religious tradition views the important subject of reconciliation and repentance. This will be followed by two religious experiences of our traditions: a Maundy Thursday service on Thursday March 29 at Westminster, and a community Passover Seder at Temple Beth El on March 31.

No fee required for class sessions or Maundy Thursday experience, and the Passover Seder charge will be set in the near future. Please RSVP for the six-session class with Rachel Sauer at school@tbemadison.org or (608) 238-3123.

Madison Jews Next Door Meet & Greet Dinner

Thursday, February 15

7:00 pm-9:00 pm

Hungry and ready to mingle? Come meet, greet, and eat your way through a tasty family style meal with fellow 20- and 30- somethings in the Madison Jewish Community. Dinner will be $20 or less per person; please bring cash with you (small bills are appreciated). Bring a friend and join us! RSVP to Gwen Jacobsohn at program@tbemadison.org. so we have enough seats around the table(s).

Singles Creating Community Coffee

Friday, February 16, 9:00 am

Tru Coffee, 6250 Nesbitt Rd. Fitchburg (down the street from Quivey's Grove)

Enjoy the company of the group. Everyone pays for their own coffee. Our next meeting will be March 16.

Cancer Support Group

Sunday, February 18

2:00 pm-3:30 pm

Support group for those whose lives have been touched by cancer. All are welcome.

Singles Creating Community Dinner

Tuesday, February 20, 6:30 pm

Swagat, 707 N. High Point Rd., Madison

Join the group for some great company. Everyone pays their own way.

Community Wide Purim Carnival

Sunday, February 25

9:30 am-1:00 pm

See the full-page ad in this issue for details!

Erev Purim

Wednesday, February 28

6:00 pm Dinner, 6:30 pm Schpiel

This year's Purim Schpiel, "Schmaltz", will be a hilarious tribute to the iconic musical, GREASE on its 40th anniversary.

Camp Shalom Winter Session 2017!



Days begin with a ruach filled rally

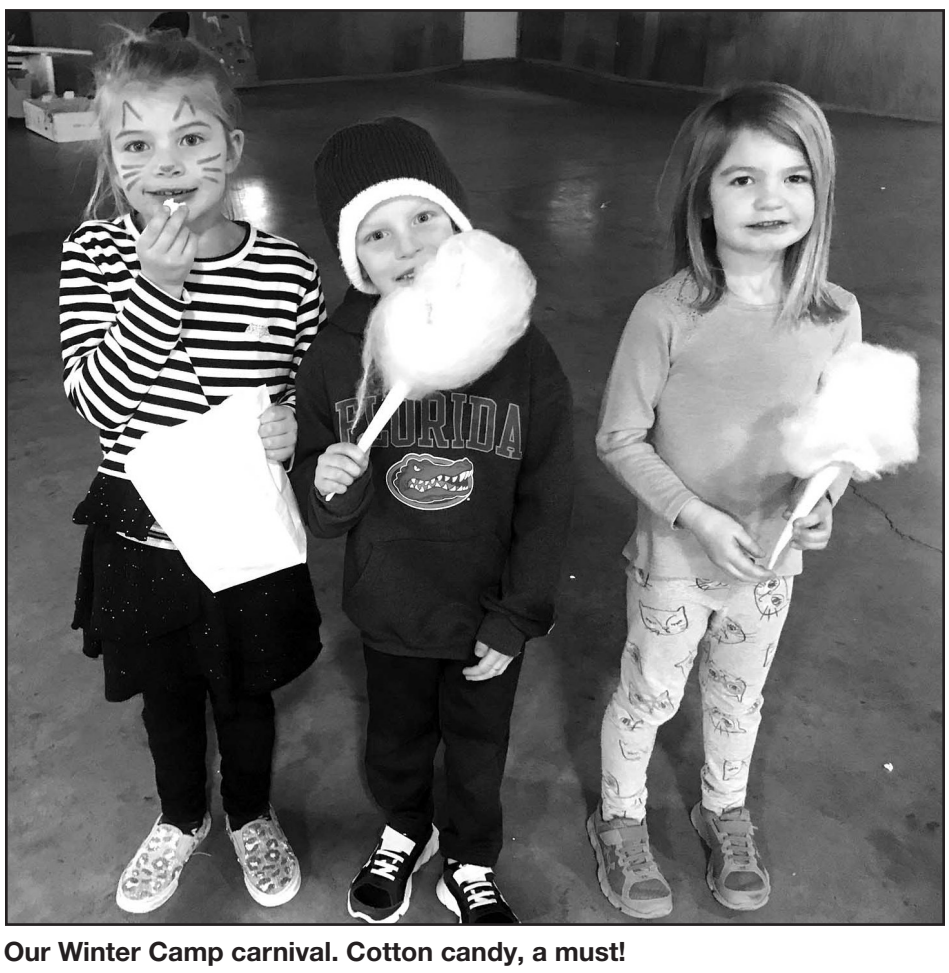


Intense game of Connect Four

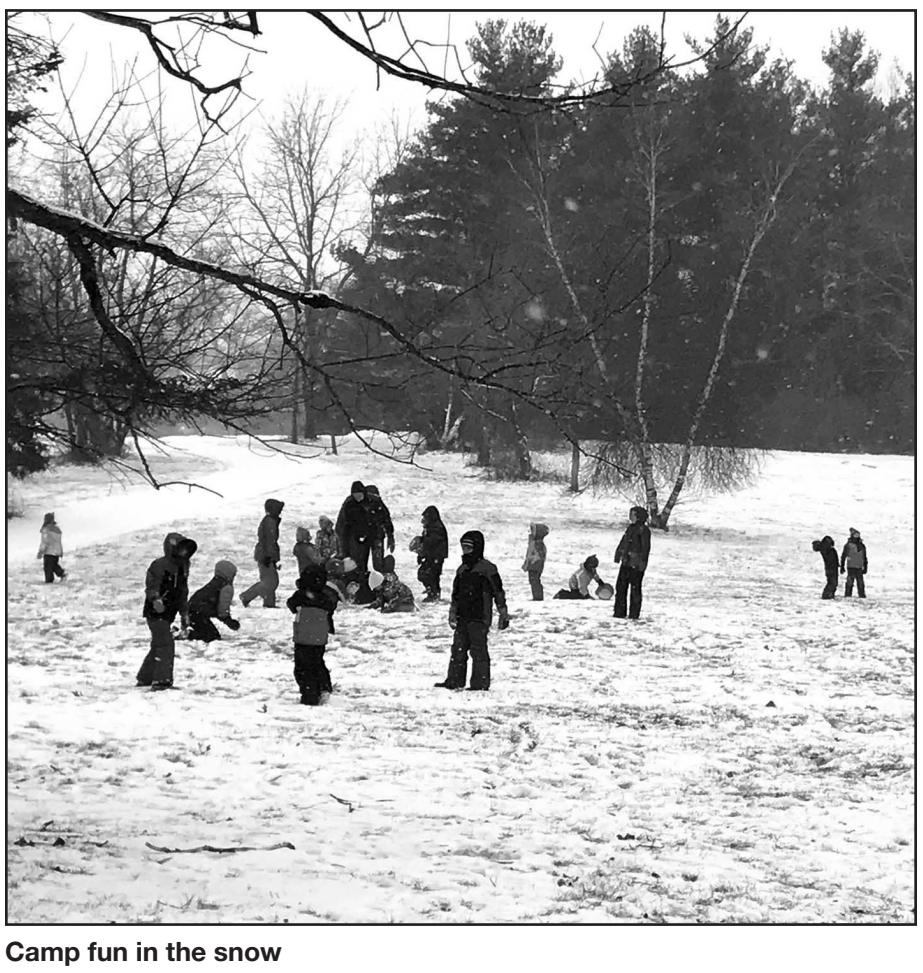


Tattoo artist at work





Our Winter Camp carnival. Cotton candy, a must!



Camp fun in the snow

More Camp Shalom Winter Fun



Staff members loved reuniting with their summer campers



Campers loved the games and crafts



"Minute to Win it!" game



Campers loved the games and crafts



Cotton candy, yum!



Photo booth

Jewish Federation of Madison recognizes and thar



Nevi'im (Prophet) Society $50,000+

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Joel and Deborah Minkoff

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Florence Lederman
Daniel and Kathy Levin
Gary and Judy Ries
Arlene Rotter
David Silverberg and Elizabeth Huebel
Jesse and Emilie Sondel and family
James and Melissa Sosman
Julie Swedarsky
Mitchell and Suzanne Wolf

Shofar (Ram's Horn) Society $1,000 to $2,499

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Magen David (Shield of David) Society $500 to $999

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Lawrence and Sharon Barish
Todd Barnett
Linda and Howard Bellman
Robert Blank and Susan Coppersmith
Brian and Judi Bookstaff
Karla Bukstein
Sue and Charles Center
Roseanne Clark and Jeff Davis
Ronald and Cherie Diamond
Shelly Dutch and Chuck Callender
Howard and Pam Erlanger
Barbara and Dan Esser
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Jewish Federation OF MADISON

Madison Jewish Educators' Council Offers Four Workshops for the Madison Jewish Community

The Madison Jewish Educators' Council (MJEC), is comprised of the education directors of Temple Beth El, Beth Israel Center, and Congregation Shaarei Shamayim, along with the directors of Gan Hayeled and Midrasha.

This program is also generously sponsored by the Jewish Federation of Madison.

Madison Jewish Educators' Council is launching a series of workshops designed for Jewish educators in Madison, as well as the larger Jewish community.

These workshops focus on helping teachers and community leaders build creativity with their students and community members. They will teach participants how to use drumming, storytelling, improvisation, and Hebrew Through Movement to foster connection, learning, and imagination.

"Using Drumming in Your Community with Elmore Lawson" will be held February 1, 2018. The other three will be held later in the spring.

These workshops are free of charge and are generously supported by the Jewish Federation of Madison.

Using Drumming in Your Community with Elmore Lawson
Thursday, February 1
7:00 pm – 9:00 pm
Beth Israel Center, 1406 Mound Street

This experiential workshop is an opportunity to learn how to incorporate drumming into the classroom as a means to building community and connection among students, creating prayerful experiences, and creating positive energy in the classroom. Participants will learn how to participate in a drum circle by using rhythms, chants, call and response, and solo phrases. They will then explore how to work as a group and listen to each other to create music. This workshop is valuable for teachers who work with children and teenagers of all ages, madrichim, and members of the Jewish community who want to use these skills and experiences in their communities. Drums will be provided.

Elmore Lawson was born and raised in the Philippines on a small island called Batang. He moved to the United States with his family and stumbled upon a drum circle when he lived in Chicago. He experienced the power of community in the drum circle and was immediately transformed from that day on. Elmore moved to Madison twelve years ago and started a community drum circle. He sees drumming as a means to breaking down barriers between people and create connection among them. He facilitates drum circles throughout Wisconsin; at schools, libraries and community centers.

To RSVP please email office@shamayim.org.



Elmore Lawson drumming

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Find us at
www.facebook.com/jewishmadison

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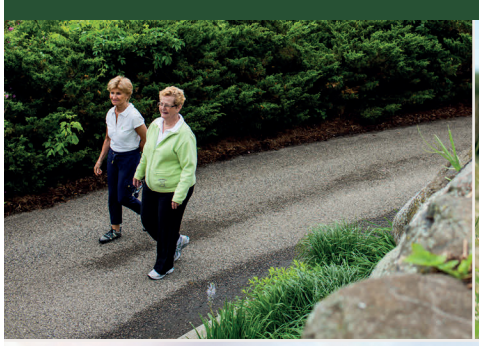




Our upcoming Prairie Ridge expansion reinforces our commitment to providing best-in-class senior living in Madison. We're creating more independent living opportunities with 73 new apartment homes. We're adding spacious one-bedroom suites to our assisted living program. And we're offering more opportunities to learn and thrive with new dining, learning, fitness and recreation options.

We're growing with the same dedication to our community that has been Oakwood's standard for 70 years.

Committed to being a welcoming space for all.
Please join us.

COMING 2019

For reservations or more information, call (608) 230-4580 or visit us at **www.oakwoodvillage.net/expansion**

5565 Tancho Drive | Madison, WI 53718 | (608) 230-4000

Camp Corner



Winter Camp Shalom was a Hit!

By Ellen Weismer
Camp Shalom Director

What do you do when there is no school and it is too cold to go outside? The Jewish Federation of Madison's Winter Camp Shalom was the perfect answer to this question! This year, 65 campers joined in the fun at the Irwin A. and Robert D. Goodman Jewish Community Campus. The program was the perfect mix of the Camp Shalom spirit plus new experiences that could only happen during the winter —like playing in the snow! Campers participated in a winter carnival that included inflatables, games, cotton candy and popcorn. There was a healthy dose of competition when the campers created scooter-bobsleds that the staff raced in, as well as a session of "Minute-to-Win-it" games that challenged the campers in their groups. Shlomit and Tal, our Israeli Shlichim, led daily programming and Jewish Federation of Madison Executive Director Rabbi Paula Winnig joined the campers for the Shabbat celebration and slide-show that was the culmination of the program.

CALLING ALL COUNSELORS IN TRAINING!

Did you just finish ninth grade? Come have a rewarding summer as a Camp Shalom Counselor In Training. Earn volunteer hours, spend your days outdoors, participate in a summer experience that will give you a lifetime of memories. Apply online at www. jewishmadison. org/camp-shalom



Off-season Camp programming is a great way for our current campers to stay in touch, for us to stay connected to our staff, and for new campers to get a taste of Camp Shalom even if they have not attended during the summer months. We have heard your requests and are excited to announce, for the first time ever...

CAMP SHALOM SPRING BREAK CAMP 2018!

Save the Dates:

Tuesday, March 27
Wednesday, March 28
Thursday, March 29

Spring Break camp will be held at Irwin A. and Robert D. Goodman Jewish Community Campus from 8:30 am - 3:30 pm.
Buses will be available.
Registration will be open online from February 15 - March 1 at www.jewishmadison.org

Camp Shalom Calendar 2018

SAVE THE DATE: REGISTRATION SUMMER 2018

Registration for Returning Campers and Alumni:
Tuesday, March 6, 2018

Registration Opens to ALL Campers:
Wednesday, March 7, 2018

Camp Shalom New Camper Information Session:
Sunday, June 10, 2018

Camp Shalom Staff Orientation:
June 18 - June 22, 2018

Session 1:
June 25 - July 13, 2018 (no camp July 4)

Session 2:
July 17 - August 3, 2018

Session 3 (Camp Shalom Only):
August 7 - August 17, 2018

Special Summer Dates to be Aware of:

- Visitor's Lunches for Camp Shalom: Fridays, June 29, July 20, and August 10, 2018 at 11:45 am for current campers' families
- Camp Shalom late night/overnight: Wednesdays, July 11, August 1, and August 15, 2018
- Camp Shalom NOBO 6th - 8th grade overnights: Wednesdays, July 11 and August 1, 2018
- Camp Shalom NOBO 9th grade camping trip: Monday, July 9 - July 12, 2018 and Monday, July 30 - August 2

A Day to Honor Dr.Martin Luther King's Work

By Beth Copelovith
Education Director, Beth Israel Center

The time is always right to do what is right ~MLK

For three years, students, led by educators from the Madison Christian Community, First Congregational United Church of Christ (UCC) and Beth Israel Center have joined together as faith communities in a youth service day to honor Reverend Dr. Martin Luther King.

Following Dr. King's adage, this youth program centers on a timely theme that has meaning and possibility to our students. In 2016, an election year, we focused on voting rights and "Get out the Vote" actions, complete with a visit from Madison's City Clerk Maribeth Witzel-Behr, and an election using and her ballots and tabulators. In 2017 we learned how to "Take a Stand." This year our centering phrase was "We Shall Not Be Moved." The story and resolve of Audrey Faye Hendricks, a nine-year-old civil-rights activist who was jailed for her participation in the 1963 Birmingham Children's March, taught our youth how to identify an important cause, how far they are willing to go in support of that cause, and productive ways to protest for their cause. Hendricks's story, and our program highlighted the advantages of having a community to support you in your efforts.

Life's most persistent and urgent question is, 'What are you doing for others?' ~MLK
Everybody can be great … because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and verb agree to serve. You only need a heart full of grace. A soul generated by love. ~MLK

In addition to expert-led workshops using art, music and drama, our oldest students enacted the Reverend King's thoughts about 'doing right' by learning about the homeless crisis in Madison and working together to create skeins of *plarn*; plastic yarn made from recycled plastic bags, to crochet easy-to-clean, portable, waterproof sleeping mats for the less fortunate in our community. This task was accomplished in the Healing House, a fledgling project which will provide medical respite for homeless families. Ezra Matthews-Needelman, a sixth-grade participant from Beth Israel Center said "...this was a really fun activity that people should like and do. It's an easy way to learn to help people, and fun too." "It's an easy way to help people who are in need. It was my favorite part of the day! It saved the environment and helped people," said fourth grader Dafna Copelovitch. Each mat made will not only keep a person sleeping outside warmer and drier, but will also save at least 500 plastic bags from a landfill.

People fail to get along because they fear each other; they fear each other because they don't know each other; they don't know each other because they have not communicated with each other ~MLK

The day began with a short interfaith worship service led by the planning communities' clergy and professional leaders, followed by icebreakers and cooperative games for each group. We ended with a dramatic presentation written by Jeff Rabe of First Congregational UCC and performed by all of the students who participated in the day. The presentation brought to life the Birmingham Children's March through rhyming, singing and acting, complete with protest signs and an expressive repetition of the famous protest song "We Shall Not Be Moved," Lily Matthews-Needelman, an eigth grader, summarized her experience exactly as the planners hoped: "It's a good way to educate us about why this day is meaningful. It helps us understand about events in history and how they've affected our life today for better or for worse."











Hadassah's Walking Adventures

Madison Hadassah is bringing community together and encouraging physical fitness through walking and healthy cooking adventures.

Behind the Scenes at Overture
Madison Hadassah Walking Adventure
with Lucyina Shenker

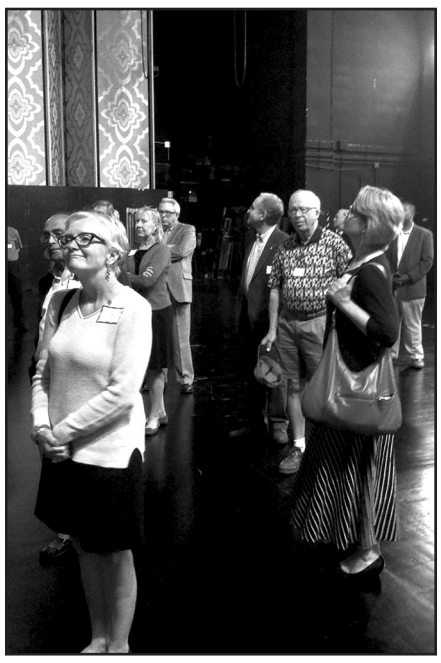
Sunday, February 25, 2018
11:00 am - 12:30 pm
Meet at the visitor's information across from the box offices
Free, Handicap accessible
Non-members welcome

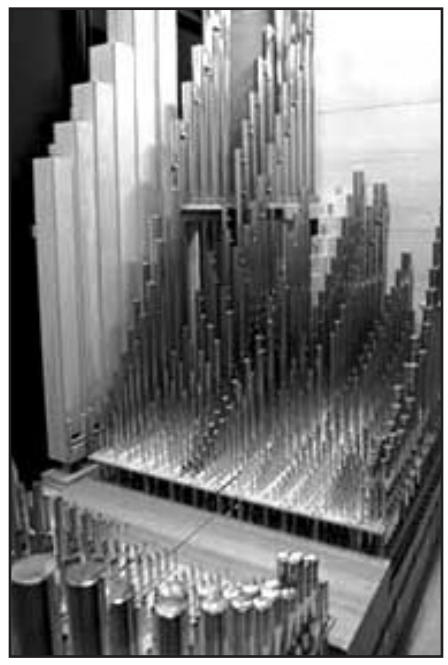
Please let us know if you're coming, so we know how many to expect

Go behind the scenes of one of Madison's most stunning architectural achievements and get an inside look at some of the nation's most stunning theaters.

Afterwards, have a coffee or a meal together at a coffee shop or a restaurant with other attendees.

Email:MadisonHadassah@gmail.com
Call: (608) 770-6521
Facebook: https://www.facebook.com/HadassahMadison





Explore backstage at the Overture theaters.

Why So Many of Us Support Hadassah

By Madison Hadassah Board Members

There is a shining light in Israel, the Middle East, and the world. In good times and bad, Hadassah is a beacon of peace, cooperation and innovation.

Every year, Hadassah's world-class hospitals in Israel provide unparalleled state-of-the-art healthcare to one million patients from Israel and around the world – often giving hope where there was none. These hospitals serve as a bridge to peace where Jewish, Arab and Christian nurses and doctors work together … and where patients are treated without regard for ethnicity and ability to pay.

The Jewish Federation of Madison expresses its appreciation to these individuals who recently made a tribute donation to honor someone or celebrate a special occasion

In honor of Dina Weinbach
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Bettine and Daniel Lipman

In honor of Theo Asher Williams, grandson of Deena and Peter Williams
Deena and Peter Williams

In honor of Kevin Kranzusch and Lynne Bosworth
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In memory of Manning Bookstaff
Jan Loeb and Marc Shovers
Todd Barnett

In memory of Jeff Davis, MD
Karen and Harry Roth

Simchas & Condolences

Mazel tov on the birth of

Mira Gabrielle, daughter of Joshua and Sarina Asher, granddauther of Livia Asher

Sophie, daughter of Samantha Katch and Jason Geneman, granddaughter of Carol and Harry Katch, niece of Ally, Brenna and Mackenzie

Eden Rose Seligman, daughter of Noah and Katie Seligman and granddaughter of David Seligman and Betsy Abramson, sister of Asher, great granddaughter of Corine Cohn, niece of Aaron Seligman and Jami Crespo and cousin to Mara

Condolences to the families of

Manning Bookstaff, husband of Doris Bookstaff (z"l), father of Barbara (Stephen) Weinstein, Brian (Judith) Bookstaff, Sari Bookstaff-Kear and David Bookstaff; grandfather of Samantha and Dana Weinstein; Cassondra (Kyle) Ruge, Chelsi, Chandra Logan, and Janison Bookstaff; Ethan, Isabella and Levi Kear; Isaac and Sydney Bookstaff and great-grandfather of Milo Ruge

Ira Weinberg, father of Nancy (Aaron) Brower; grandfather of Jacob and Nathaniel Brower

Lois Cohen, mother of Jill Cohen Kolb (William Kolb) and Sherry Cohen; grandmother of Abby and Leah Kolb

Bruce Lundquist, father of Laurie (Alan) Schwarzstein, grandfather of Dan, Annie, and Emily Schwartzstein

Carolyn Kaplan, sister of Larry Kohn (Laurie Buchalter), wife of Randy Liban, aunt of Shoshana and Rebecca Kohn, great aunt of Asher, Aviyah, and Hillel

Roger Anderson, grandfather of Mark (Tanya) Anderson, great-grandfather of Lily and Samuel Anderson

Tova Rue (nee Magness), daughter of Ron and Susie Magness, wife of Trygve Rue, sister of David (Laura) Magness

Sam Jacobs, father of Harvey (Susan) Jacobs, and Bernie (Suzanne) Jacobs

Ann Kaner-Roth, cousin of Rachel Leader

Jeff Davis, husband of Roseanne Clark, father of Eli and Ethan Clark-Davis

Ronald Hoffmaster, father of Cheri (Gary) Keen

Jose Lezama, husband of Diane Lezama, brother-in-law of Ilene (Marc) Laufman, and uncle of Scott Laufman

David Cubacub, son of Mindy Wiseman (z"l) and Dan Cubacub, step-son of Jennifer (Dan) Cubacub, and step-son of Mark (Mindy Weisman z"l), brother of Josh, and grandson of Alene and Corazon

Bennett Nathanson, father of Gil Nathanson (Mary Saecker), grandfather of Pearl and Emma Nathanson

Jewish Social Services

JSS is a Beneficiary of the Jewish Federation of Madison

www.jssmadison.org

Falls Death Rates for Older Adults in Wisconsin Second Highest in US: Jewish Social Services Offering Falls Prevention Workshop

Falls continue to be the single greatest cause of accidental death for older adults, but Wisconsin's death rate for adults aged 65 or older is more than double the national average according to the Centers for Disease Control and Prevention (CDC). "No other single cause of accidental death even comes close to falls for older adults," says Betsy Abramson, JSS board member and executive director of the Wisconsin Institute for Healthy Aging (WIHA) — a clearinghouse for evidence-based healthy aging programs in Wisconsin. "Many factors play a role in the likelihood an older adult will fall, and falls in turn can have a big impact on aspects of daily life and long-term independence."

WIHA's Stepping On program is an intervention that can have a significant positive impact in falls prevention. The seven-week program has been shown to reduce falls by as much as fifty percent. We are very fortunate that the Stepping On workshop will again be offered in Madison by Jewish Social Services and hosted by Temple Beth El. Beginning on Thursday, March 16th at 1:00 pm, the seven-week workshop will be held at Temple Beth El (2702 Arbor Drive). To register for the workshop, please contact Caren Minkoff at (608) 442-4081, or caren@jssmadison.org.

Stepping On will help participants identify why they fall and different ways to prevent falls, including strength and balance exercises, home safety check suggestions and a medication review. Participants will view a display of falls prevention products. The workshop is both for people who have fallen and for people who fear falling. Participants will leave with more strength, achieve better balance, and experience a feeling of confidence and independence as a result of performing various exercises and sharing personal falls experiences as a group. As Ginny Graff, a Fitchburg resident who took the class a few years ago said, "It was very helpful. It helped my balance and the people who were running it were wonderful."

Liesel Blockstein Memorial Lecture — Sunday, February 11, 9:45 am - 11:45 am

The annual Liesel Blockstein Memorial Lecture, co-sponsored by Jewish Social Services and Temple Beth El, will be held on Sunday, February 11. The event honors the memory of a woman who was a well-known force for good in both the Jewish community and the wider community, and features as speaker a woman who embodies Liesel's commitment to social justice and Jewish life. We are pleased to announce that this year's lecture features Dr. Maha Mohamed. Dr. Mohamed earned her medical degree from the University of Khartoum School of Medicine, Sudan. Dr. Mohamed is board certified in internal medicine and nephrology. Currently Dr. Mohamed is an assistant professor of Medicine at University of Wisconsin School of Medicine and Public Health and she is the director of the Transplant Nephrology Fellowship Program.

For more information, or to register for the event, visit https://www.tbemadison.org/event/Blockstein



Jewish Social Services Brings Shabbat to Our Seniors

Our monthly Shabbat gatherings, with wine donated by Frank Liquor, includes candle lighting, challah, singing, and discussion.

Attic Angel Place in the Garden Room, 2:30 pm

8301 Old Sauk Road

A program of Jewish Social Services and Attic Angel Place. Music by Les Goldsmith and with the assistance of Angel Volunteers

March 9

Capitol Lakes in the Grand Hall, 3:00 pm

333 West Main Street

A program of Jewish Social Services and Capitol Lakes Retirement Community. Led by Rabbi Andrea Steinberger with assistance from UW students through the Hillel Foundation.

February 2, March 2

Oakwood West in Oak's Community Room, 3:30 pm

6225 Mineral Point Road

A program of Jewish Social Services and Oakwood Village University Woods, with the assistance of JSS volunteers and music by Paul Grossberg

February 9, March 2

ATTENTION REHAB PATIENTS: If you are going to be in one of these locations during your rehabilitation, you are welcome to attend.

Happy February Birthdays!

Al Frank
Freda Blair
Louise Goldstein
Milt Rosenberg
Ruth Calden

In Memoriam:

Galina Babich passed away on December 27, after a prolonged fight. She passed peacefully in the presence of her husband, Genrikh, and daughter, Helen. Galina was born on April 20, 1930 in Moscow, Russia. At age 11, she evacuated with her mother to Bashkiria in order to avoid the Nazi invasion. Following the war, she returned to Moscow to study. She graduated from medical school with an MD, PhD.

She met Genrikh on a hiking trip in the Caucasus Mountains and they were married in 1952. Together they had one child, Helen. Galina served for over 35 years as an eye surgeon and researcher on developing contact lens technology in Russia. In 1994, Galina and Genrikh emigrated to the U.S. to join their family in Madison. Galina's generosity, good humor and intelligence will be sorely missed. Galina and Genrikh attended and participated in many activities, with a passion for learning and sharing with others. Genrikh served on the advisory committee of the West Madison Senior Center for many years, and he continues to serve on the Senior Advisory Committee at Jewish Social Services.

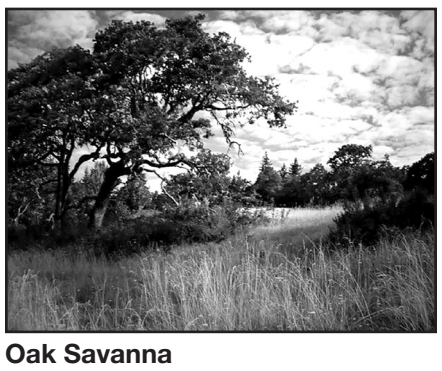
Lechayim Lights

A Senior Adult Program of Jewish Social Services
A Beneficiary of the Jewish Federation of Madison

About our Programs

Monday, February 5

Paul Borowsky's presentation is entitled "Madison and Dane County area before European Settlement." Most of us have never seen an oak savanna. That was the dominant landscape before European settlement. There were also large areas of marsh surrounding various parts of our lakes, which functioned as natural flood control. We also occupied the furthest eastern extent of the tallgrass prairies that were recorded by surveyors and pollen residue studies in fingerlike projections throughout the landscape of this area. These prairies and their dominant grasses and flowering plants evolved over thousands of years in a regime of regular wildfires and fires set by Native Americans. Reconstruction of the flora and fauna over hundreds and thousands of years always involves a bit of guesswork and conjecture — but always an interesting and evolving topic to explore.



Oak Savanna

Monday, February 12

Sylvia Marek's presentation, "All About Owls" will introduce the 12 species of owls that can be seen in the state of Wisconsin. We will learn about the life histories, habitats, and food ways of these fascinating animals. Sylvia will focus in on the three species of owls that live and nest in our area, which we can see and hear frequently. These owls include the Great Horned, Barred, and Screech owls.

Sylvia came to Madison as a student at the UW-Madison. Soon after she finished her studies, Sylvia became involved in ecological restoration and education activities. On Sunday afternoons, you may find Sylvia leading a public tour through the Arboretum. She began working at the UW-Arboretum in 1977, and began leading school and public tours there in 1979. You may also find Sylvia doing a tour, a talk or class at the Lakeshore Nature Preserve on the UW Campus, Holy Wisdom Monastery, the Madison School Forest, Wild Birds Unlimited, or the Madison Conservation Parks — especially Owen Park. Sylvia is an avid birdwatcher, and she has traveled the world to find and observe birds in a variety of habitats. While owls are a passion of hers and have become an area of expertise, Sylvia has also become experienced in the lifeways and conservation efforts in re-establishing a population of North American bluebirds. She has been maintaining and recording the nesting and fledging of bluebirds from the trail of "houses" built for the cavity-nesting bluebirds in the Arboretum since 1988.



Great Horned Owl

(Continued on page 16)

Join us for great food, friends, fun, and interesting programs at Lechayim Lunchtime Plus at Beth Israel Center, 1406 Mound Street. Contact Jewish Social Services at (608) 442-4081 or email office@jssmadison.org ***no later than 2:00pm the preceding Wednesday.*** **A vegetarian or strictly kosher option is available with a reservation.** If you are over age 60, a minimum donation of $4.00 is suggested, but please only pay what is comfortable for you. The cost of the meal is $10.23 for those under age 60.

If you cannot attend the meal, please join us for the free program at 1:00 pm.

MANY THANKS TO UW HILLEL ADAMAH CATERING FOR PROVIDING OUR DELICIOUS KOSHER MEALS!

February Lechayim Calendar

Monday, February 5

11:30 am-12:00 pm	Yoga from a chair with Betsy Haimson
11:30 am-12:30 pm	Complimentary blood pressure check with nurse, Lori Edelstein
12:00 pm-1:00 pm	Baked Alaskan cod, herbed rice, roasted corn, fruit, dessert (Vegetarian option: stuffed sweet potato w/ chimichurri sauce)
1:00 pm-2:00 pm	Paul Borowsky presentation, "Madison and Dane County area before European Settlement."

Monday, February 12

11:30 am-12:00 pm	Yoga from a chair with Betsy Haimson
12:00 pm-1:00 pm	Brisket, mashed potato, roasted veggies, fruit, dessert (Vegetarian option: baked setian)
1:00 pm-2:00 pm	Sylvia Marek presentation: "All About Owls"

Monday, February 19

11:30 am-12:00 pm	Yoga from a chair with Betsy Haimson
12:00 pm-1:00 pm	Pasta carbonara, mixed green salad with Balsamic dressing, fruit, dessert (Vegetarian option: Pasta with pesto and vegetables)
1:00 pm-2:00 pm	Ellen Meyer presentation, "What's so Jewish About this Art?"

Monday, February 26

11:30 am-12:00 pm	Yoga from a chair with Betsy Haimson
12:00 pm-1:00 pm	Roasted chicken, rolls, wild rice, vegetable medley, fruit, dessert
1:00 pm-2:00 pm	Ellen Meyer presentation, "What's so Jewish About this Art?"

Next Month's Dates: March 5, 12, 19, 26

If you would like further information about the meal, programs, transportation, or to check on any cancellations, contact **Paul Borowsky at (608) 442-4083, paul@jssmadison.org.**

Календарь Лехаим ЛанчТайм Плюс на Февраль

Изменения, обновления и новую информацию о программах Еврейской Социальной Службы вы можете найти на нашем веб-сайте www.jssmadison.org.

Все желающие присоединяются к нам для вкусной еды, встречи с друзьями и интересных программ. Лехаим ЛанчТайм **Плюс проводится в Центре Beth Israel Center, 1406 Mound Street.** Заказать место вы можете в Еврейской Социальной Службе по телефону (608) 442-4081 или по адресу office@jssmadison.org до **14:00 часов среды предшествующей очередной встрече. Вегетарианское или строго кошерное меню готовится по предварительному заказу.** Стоимость ланча составляет $10.23; минимальное пожертвование для людей старше 60 лет $4.00, если возможно.

Если вы не можете присутствовать на обеде, пожалуйста, присоединяйтесь к нам для бесплатной программы в 13:00 часов.

ЛЕХАИМ БЛАГОДАРИТ UW ГИЛЕЛЬ ADAMAH КАТЕРИНГ ЗА ВКУСНЫЕ И КОШЕРНЫЕ БЛЮДА!

Понедельник, 5 февраля
11:30-12:00: Йога на стуле с Бетси Хаймсон
11:30 -12:30: Бесплатная проверка артериального давления медсестрой Лорой Эдельштейн
12:00-13:00: Запеченная аляскинская треска, рис с травами, жареная кукуруза, фрукты, десерт (вегетарианский вариант: фаршированный сладкий картофель с соусом из чимичури)
13:00-14:00 вечера: Презентация Павла Боровского «Мадисон и Дайн округ перед европейским заселением».

Понедельник, 12 февраля
11:30-12:00: Йога на стуле с Бетси Хаймсон
12:00-14:00: Грудинка, картофельное пюре, жареные овощи, фрукты, десерт (вегетарианский вариант: запеченный сейтан)
13:00-14:00: Презентация Сильвии Марек: «Все о совах»

Понедельник, 19 февраля
11:30-12:00: Йога на стуле с Бетси Хаймсон
12:00-13:00: Макароны с соусом Карбанара, зеленый салат под бальзамическим соусом, фрукты, десерт (вегетарианский вариант: паста с песто соусом и овощами)
13:00-14:00: Презентация Лауры Тиш, «Яблоки Манчки»: наш семейный бизнес »

Понедельник, 26 февраля
11:30-12:00: Йога на стуле с Бетси Хаймсон
12:00-13:00: Жареный цыпленок, булочка, дикий рис, овощное рагу, фрукты, десерт
13:00- 14:00: Презентация Эллен Майер: «Что еврейского об этом искусстве?»

Даты следующего марта: 5, 12, 19, 26

Programs

Continued from page 15

Monday, February 19

Laura Tisch's presentation is entitled, "Munchkey Apples: Our Family Business." I am sure you have heard of, and hopefully eaten Gala, Honeycrisp, McIntosh, or Golden Delicious apples. Those are all grown at Munchkey's orchards. But, we will also learn about Zestars!, Blondees, Crimson Crisps, and some others that may not be as familiar to most of us. We will also learn about some of the best practices for healthy orchards and apples. Munchkey orchards uses Integrated Pest Management (IPM) to grow their apples. IPM minimizes crop losses and reduces environmental disruption. IPM involves trapping for insects that are pests in apple trees. Their weather station helps them monitor these pests life cycles and any transmission of diseases. The Munchkey orchard family are members of the Wisconsin Apple Growers Association and the International Fruit Tree Association. Every year they attend state and national conferences to share and learn best apple growing practices.

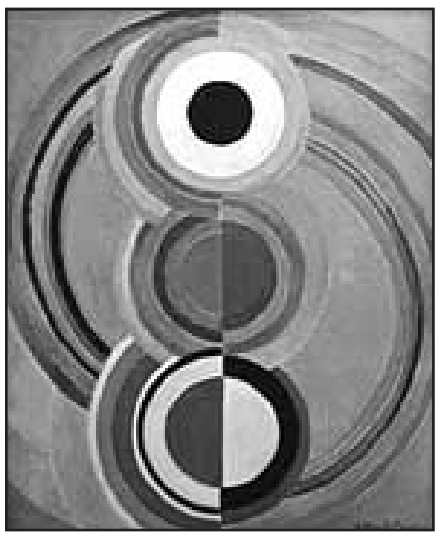


Munchkey Apples

Monday, February 26

Artist and art historian Ellen Meyer's presentation is entitled, "What's so Jewish about this Art?" She will speak about Jewish artists inspiring each other, even when their work seems to have nothing to do about Judaism. We'll look at the work of Anton Pevsner, Chaim Soutine, Marc Chagall, Mark Rothko, Sonia Delaunay, Simeon and Rebecca Solomon, Lee Krasner among others. There will also be a special exhibition by members of the Madison Jewish Artists' Lab.

Ellen Meyer is a working artist and art historian. Originally from Philadelphia, she attended the Pennsylvania Academy of Fine Arts and has a BFA from Tyler School of Art. In 1989 she received her MA in Art History from the University of Wisconsin. She then taught at Edgewood College for fifteen years, retiring in 2006. Her work is in collections all over the country and she is a member of the Midwest Jewish Artists' Lab. She continues to paint in acrylics and mixed media and is having a one-woman show at Mother Fool's coffee house in March. She is the wife of Lechayim participant, Charlie Meyer.











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Drivers Needed: Help people remain independent! Provide rides to clients for appointments and other destinations on an as-needed and as-available basis. Requires copies of proof of insurance and driver's license plus a driver's record check, done at our expense.

Designated Shopper: Take a friendly older woman to do errands once or twice a month in the west Madison area or help an elderly homebound man remain in independent living by delivering groceries and other items.

Back-up Volunteer Photographer: At JSS events, take photos which may be used for promotional materials and social media.

Bikur Cholim/Friendly Visitor: Opportunities to make brief drop-in visits with several elderly women in memory care - Verona, Middleton and southwest Madison. We are also seeking a friendly visitor for an elderly newcomer in Sun Prairie. These visits can be made at your convenience.

Computer/Odd Job Help: Support elderly and others by doing small jobs – changing light bulbs, fixing loose hinges, etc. Help them learn to use a computer and complete basic computer tasks, and use electronic devices such as television and remote controls.

Volunteer at holiday, social events, and Oakwood Shabbats: Help the residents of Oakwood Village welcome Shabbat one Friday per month from 3:30 pm to 4:30 pm. Seat guests, pour wine and juice, and distribute challah, interact with the residents of Oakwood Village and their families.

Double your Volunteering Mitzvah: Check with your human resources department to see whether your company has a policy of matching employees' community volunteer hours with a monetary donation to the agency for whom the employee volunteers. What a great way to enhance the benefits of your volunteer work!









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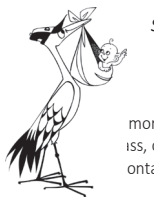
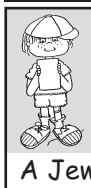


Shalom Baby is designed to help Madison families celebrate the arrival of their Jewish newborns and welcome them to the Madison Jewish Community.

more information on joining a playgroup or ıss, or receiving a Shalom Baby gift basket, ontact Tiz Goff at 773-620-4404 or email outreach@jewishmadison.org

Preschool



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Contact Tiz at outreach@jewishmadison.org or call 773-620-4404 for more info.

For information on directory advertising, please contact Tiz Goff, 773-620-4404 or email outreach@jewishmadison.org

Israel and the World

Thoughts About the Winter

By Shlomit Ezer and Tal Sheffer

In Israel, winter time means rain. It means greenery, that is why Tu b'Shevat (the 15th of the month of Shevat, always during the winter) is the holiday of trees and growth: because that is when the plants receive enough water and begin a new cycle of life. At this time of the year, trees bear fruit and beautiful flower fields suddenly appear. Cars are finally clean, as the dust is washed away in the rain. Winter means stormy seas — all of which are pretty much the opposite of here. It is so cold that the waters freeze and don't splash, and it almost can't rain. So cold that all the plants die, the trees are naked, and the fields are dry and yellow. The most confusing part is how dirty the cars are due to all that salt powder that is everywhere. It almost looks like summer in Israel, except for the fact that it is freezing. And there is snow that lasts for weeks. And the frozen lakes. Okay, there are some differences; it is different and wonderful to experience.

We mentioned Tu b'Shevat. It is interesting celebrating the trees' Rosh HaShana (beginning of the year) in such different climate conditions. But Tu B'Shevat became more than just the beginning of the new year for trees. This day now holds values of both environmentalism and Zionism: In schools we plant trees and raise awareness for protecting the environment. We eat fruit and Shiv'at HaMinim, the seven species that are listed in the bible as the agriculture products of Israel. We read Jewish texts as part of the Tu b'Shevat Seder. As the Zionist idea grew, and especially as the state of Israel was built, this holiday expressed a connection to a land after many, many years during which the Jewish people did not have their own land. It is not a coincidence that Tu b'Shevat is also considered the birthday of the Knesset, Israeli parliament: on Tu b'Shevat of the year 1949 the first version of the Knesset assembled for the first time, as this day became associated with planting the seeds and building the state. When we plant a tree, we know we might not be here to enjoy its fruit but still we do it for the generations that follow. In the same way, we must have future generations in our minds when we work to plant seeds of a better future. And specifically, from the Zionist perspective of this holiday, working to ensure that Israel exists as a safe, pluralistic and peaceful homeland for the entire Jewish world.

Go to the Source: Websites about Israel

For questions on how to support Israel and information about what is happening, please contact our Israeli Shlichim: Shlomit, Jewish Federation of Madison Shliach at Israel@JewishMadison.org and Tal, UW Hillel Israel Fellow at IsraelFellow@UWHillel.org

To learn more about what is happening in Israel you can view these websites:
http://www.JewishMadison.org
http://www.timesofisrael.com
http://www.ynetnews.com
http://www.haaretz.com
http://www.jpost.com
http://www.iba.org.il/world



Shlomit and Tal made a Photobooth with a drawing of the Israeli winter for the Winter Camp Shalom

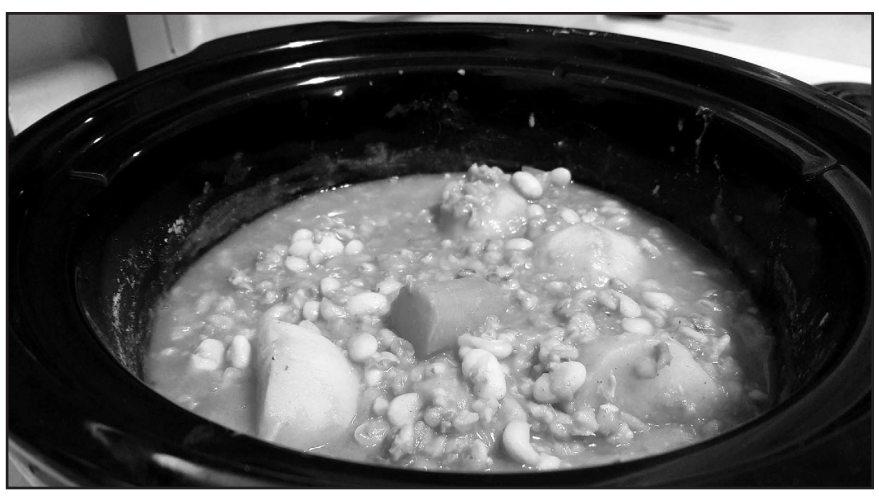
Cholent

As we said, February is also cold in Israel. At least where we lived, in Jerusalem. At least cold from our perspective, which has now changed: but the temperature could sometimes even reach around 32°F, which is when we would wear about four layers and make cholent or chamin: cholent if you are Ashkenazi, chamin if you are Mizrahi. Frankly, that's the main difference between the two. There are many small variations and probably dozens of similar recipes. As the years pass from the big Aliyot — from the time when our grandparents' generation came to Israel — the communities that came from different countries mix. Just like all the ingredients of this recipe: they sit together for a long time to create a synergy, make the overall pot better while trying not to lose their own flavor and identity. And to this day, Shlomit's mom calls it Cholent, Shlomit's dad calls it chamin and Shlomit uses a different name each time.

Here is a recipe for those cold winter days. It takes a while, but the result is worth it. This recipe is curtesy of Shlomit's mom, with some Ashkenazi cuisine characteristics, so we guess it is cholent. The original recipe has meat, we prefer to replace it with celery root and carrots for a vegetarian option. Lose the eggs as well for a great vegan meal.

Cholent (for four people)

Ingredients
1 lb dried white beans
5 large potatoes
1 large or 2 medium onions
1/2 lb pearl barley (optional, but recommended)
5-7 prunes
1.5 lb beef cut such as thin rib (optional - can be replaced with 2-3 carrots and a celery root)
4 eggs
3 tbsp honey or molasses
Salt, pepper, and paprika to taste



Cholent (made right after typing this recipe, because we had to!)

Preparation (begin the night before):
Soak the white beans overnight (use a large bowl and plenty of water.) In the morning, boil the eggs for 2-3 minutes. Don't peel. Peel the potatoes and cut them in half. If you use meat, cut it to large cubes. Otherwise, cut the carrots and celery root to large cubes.
Choose a heavy pot that can be used in the oven (no plastic parts!) Add the following in this order to create layers: honey/molasses, half of the soaked beans, potatoes, onion, meat/root vegetables, prunes, eggs (unpeeled) and pearl barley, and the second half of the beans. Add salt, pepper, and paprika, and cover with an inch of water (add water to cover an inch above the surface.) Cover and cook on the stove until boiling. Once it boils, remove from stove and place it into an oven at 300 °F. (Low heat.) Leave in the oven for a day, or at least 6-7 hours. Every hour or so check to see that it has not gone too dry. If it is dry, add a bit of water. Once it is fully cooked there should not be excess liquid, but it should not be too dry either.
The classic timeline: soak the beans on Thursday night, begin cooking on Friday morning, eat it for Shabbat dinner or leave it in the oven (turned off) overnight, and eat on Saturday. Enjoy! ובאיתב

Connecting with Israel

The Jerusalem Trail

When it comes to winter, there are two types of people: those who prefer to stay at home with a cup of hot cocoa, coffee or tea, and those who prefer to go outside and hike. Well, you are in luck! It doesn't matter whether you'd rather stay at home or go outside, because today you will get to explore Jerusalem in the winter without having to leave the coziness of your home.

As we've written before, one of the best ways to explore Israel is through The Israel National Trail, but did you know that the trail has a hiking path that extends into Jerusalem? It is an extension, not part of the trail, but very much worth a visit. It is called The Jerusalem Trail (Shvil Yerushalaim). Opened to the public in 2006, its length is approximately 42 km (26mi) and is almost a complete circuit. The trail is marked with a gold line between two blue lines and takes an average of two days to complete, which means you can experience a lot of highlights of Jerusalem in a short amount of time.

The trail combines a great variety of places: cultural and historical sites, nature and national parks around Jerusalem, museums, the Knesset, the City of David, Mahane Yehuda Market, Sataf, and the Hebrew University of Jerusalem. There is also a section of trail that goes through eastern Jerusalem. Today we would like to tell you about Mahane Yehuda Market (Shuk Mahane Yehuda, or just The Shuk — but not to be confused with the Shuk in the old city).

The Shuk (Mahane Yehuda) in Jerusalem is a partially open-air and partially covered marketplace. It was established in the late 19th century and experienced a lot of changes during time, and in 2000, it went through some serious renovations. The Shuk holds a special place in our hearts not only because we used to go there a lot when we lived in Jerusalem, but also because we had our first date there. Who knew hummus can be romantic.

The greatest thing about The Shuk, other than of course its special atmosphere, is that you can find anything to eat there, from hummus and shawarma, to pasta, Belgian waffles and even gourmet food. The Shuk also sells the best rugalach in the entire universe (really!). You can buy it in Marzipan bakery, located in Agripas Street. Rumor has it that you can buy those rugalach in Chicago, but we were unable to confirm that. Other than food, The Shuk has more than 250 vendors who sell almost anything a market should have, such as fresh produce, cheese, meat, fish, spices, textile and more.

What makes The Shuk a special place is that at night, when the vendors leave, and the stands are closed, it transforms into a place with bars, food, live music and more. It is definitely one of the best night life experiences in Jerusalem. Even the metal shutters and doors of the shops became an after-hours attraction, after being spray painted in 2015 by street artist Solomon Souza.

Just remember that although it is not as cold as winter in Madison, the winter in Jerusalem can be chilly, so if you decide to hike the Jerusalem Trail or visit The Shuk make sure you take some warm clothes with you. Also, if you are debating whether to take your snow boots or not, debate no more! Regular boots or hiking shoes will be more than enough. Enjoy!



Jerusalem Trail sign



The Shuk by night (photo from TripAdvisor)



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Contact us through email or Facebook and let us know which you would be interested in, and if you would like to host such an event.
Shlomit: israel@jewishmadison.org
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