



POOL RULES

NO Breath holding, running, diving, squirt guns, gum, horseplay, glass (including goggles), alcohol, smoking, vaping, monofins, inflatables, or hanging on lane lines

All children under 4 years of age, AND any child who has been potty trained for less than one full year, must be **double covered** in the pool at all times: the first layer must be a disposable swim diaper OR a reusable swim diaper, and the second layer must be a Happy Nappy snug-fitting reusable swim cover. A bathing suit may be worn over the Happy nappy cover if you choose. **If the double coverage policy is ignored and a pool closure occurs, you will be fined \$500 for the incurred costs as a result of a pool closure.**

Children under 14 years of age will not be allowed at the pool without adult supervision.

A 25-yard, lifeguard-administered swim test is mandatory for all children younger than 12 who would like to swim in the deep end of the main pool independently. No exceptions. Once passed, each child will be given a wristband to be kept visible at all times to be allowed in the deep end. **This swim test must be done every day the child is in the pool. If a wristband is lost or removed on the day it was given, the swim test must be retaken.**

Proper swim attire is required; no cut off shorts or basketball shorts allowed. Family-friendly swim trunks and bathing suits only. No thongs or string bikinis permitted.

Adults must watch their child(ren) at all times. An adult must always be present when their child is in the pool.

Any child who cannot stand or swim on their own without the support of a life jacket must always be within arm's reach of an adult.

Only United States Coast Guard approved & certified life jackets are allowed in the pool.

Children over 8 years of age are not permitted in the small pool.

Children must change clothes in a locker room, not on the pool deck.

Swim diapers must be disposed of in the locker rooms.

Kickboards and noodles are for swim lessons, Aqua fitness, or lap swimmers only. (Members are allowed to bring their own.) No standing or sitting on kickboards.

Swim lesson students are only allowed in the pool when their instructor is in the pool. If the instructor has not arrived, students must wait on the pool deck.

Persons with open wounds, sores, infectious conditions (colds, flu, fever) will not be allowed in the pool.

Foul or abusive language will not be tolerated.

Unwanted touching of another adult or child is strictly prohibited. Respect personal space.

Lanes are designated for lap swimming only. Do not cut through or go over the lane lines. Lanes must be shared; If more than 2 people are using the lane, a circle pattern must be adopted.

Safety breaks will be called at the top of the hour during recreational/open swim. Safety breaks will be 10 minutes in length. ALL swimmers must exit the pool, use the restroom, reapply sunscreen, and hydrate.

No balloons, confetti, streamers, candles, or other decorations that may litter the pool deck or obstruct seating without prior arrangement through the AJCC Rentals Department.

Cabanas, tables and chairs are available to all members first-come, first-served and may not be reserved without prior arrangement through the AJCC Rentals Department.

Lifeguards always have final discretion regarding all pool activity.

These Terms of Use and other AJCC policies may be updated by the AJCC from time to time. Policy changes are posted to the AJCC's website and sent via email. It is the responsibility of each individual to provide a working email address and notify the AJCC if it changes or otherwise check the AJCC's website for policy updates. Violations of any of these rules may result in termination of membership. Jewish Long Beach, through its leadership and Board of Directors, reserves the right to remove from the premises any individual acting in an inappropriate manner and further reserves the right to take additional disciplinary actions, including but not limited to, cancellation of membership, or involvement of local law enforcement. Please note: these premises are under 24-hour recorded video surveillance.

APPROVED COAST GUARD SEALS

Life Jackets



Floitation Devices

