

# Chronicle

THE VOICE OF THE JEWISH COMMUNITY  
PUBLISHED SINCE 1947 BY JEWISH LONG BEACH

**The Evolution  
of the Chronicle**  
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Around the J



[jewishlongbeach.org](http://jewishlongbeach.org) | 562.426.7601

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# The Continuing Evolution of the Chronicle



Zachary Benjamin  
CEO  
Jewish Long Beach

As we approach the secular New Year, many of us turn once again to introspection and thoughts of renewal, self-improvement, and evolution. In this spirit, I am pleased to announce that the Chronicle will soon undergo its own reinvention, repositioning itself to serve the evolving needs and challenges facing our Jewish community.

Beginning with the upcoming January/February issue, the Chronicle will now be published six times per year. Each issue will be packed with two months' worth of high-impact, mission-driven content designed to address issues of critical importance and areas of imminent community need. The publication will engage readers on the priorities that will guide Jewish Long Beach's strategic grant-making processes and ancillary activities. It will provide thoughtful discussion of our community's participation in efforts to repair our Jewish and broader worlds, to support Jewish education at all stages of life, to advance our community's strong relationship with Israel, to serve Jewish seniors, to secure our Jewish institutions, fight the rising tide of anti-Semitism, and to welcome young families and new leadership into the Jewish communal fold, among numerous others.



While the Chronicle will remain a source of information on community programs and life cycle events, you will also notice more issue-driven news items, op-eds, and content designed to ignite community conversation on the challenges and opportunities that we face in these intriguing times for the Jewish people. We hope to stir earnest discussion, draw attention to community priorities, and stimulate intellectual engagement of key issues impacting Jewish life.

The tradition and history of Jewish-American journalism are rich. From the great Yiddish language publications of the late 18<sup>th</sup> and early 19<sup>th</sup> centuries, including the Jewish Daily Forward, to today's Tablet, to outstanding local and regional publications such as Denver's

Intermountain Jewish News, Los Angeles's Jewish Journal, Memphis's Hebrew Watchman, and so many more, our publications have led Jewish thought and learning on issues of tremendous historical gravity. Since 1947, the Chronicle too has contributed admirably to the body of Jewish journalism, serving as Long Beach and West Orange County's voice on items of deep Jewish and social significance.



Jewish Long Beach is committed to ensuring that the Chronicle remains a source of agency, information, engagement, and action for all of us. We are excited about this new era for our publication, which will continue to inform challenging, invigorating interaction and catalyze progress toward the mission we share with all institutions working to the advance the Jewish welfare and serve as lights unto the broad communities we serve, from generation to generation.



Do you have questions? Comments? We would like to hear from you. As the voice of the community, the Chronicle welcomes well-written, timely letters to the editor, articles and opinion pieces.

Please send your Pulitzer-worthy material to [chronicle@jewishlongbeach.org](mailto:chronicle@jewishlongbeach.org). We cannot guarantee if or when they will be published. Submissions may be edited as needed.

Photo by Jeffrey Lamont Brown ©JFNA 2019

The Jewish Community  
**Chronicle**

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by Jewish Long Beach

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Long Beach Area Chamber  
of Commerce Member

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**Shabbat**

Candlelighting

December 6 4:25 pm

December 13 4:26 pm

December 20 4:29 pm

December 27 4:33 pm

Cover Image:  
Silver dreidels  
Photo by James Ransom  
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## Jewish Long Beach Premiere Night Rousing Success!

By Danny Levy, director of Development

What a great World Premiere we had for the new Jewish Long Beach.

Almost two hundred community members joined in celebration, refreshments, swag bags and laughter. We were thrilled to roll out Jewish Long Beach, kick off the AJCC Long Beach Jewish Film Festival and launch the 2020 Jewish Long Beach Annual Fund.

In fact, we raised \$50,000 to advance Jewish life in Long Beach, West Orange County, and beyond.

Thank you to our sponsor for the evening Solar Wholesale Group.

We premiered a video introducing the new Jewish Long Beach. You can visit our website [jewishlongbeach.org/premier](http://jewishlongbeach.org/premier) to view it. There you will also find many photos from the event.

If you'd like to make your gift to the Annual Fund please call (562) 426-7601 ext. 1007 or 1008.



Photo credit Jessie Butler

Top, left: Jewish Long Beach refreshments. Top, right: Jewish Long Beach red carpet entrance.

Middle, left: David Alpern, Jewish Long Beach Men's Philanthropy; Jeffrey Blutinger, director Jewish Studies Program, CSULB. Right: Jenny Needham, CCEJ; Daryl and Sandy Phillips.

Bottom, left: Joyce Greenspan; Richard Marcus, Jewish Long Beach VP Planning & Grants; Felice Adler-Shohet, Hillel Board president, ChayaLeah Sufrin, Hillel executive director. Right: Al Rudis, AJCC Jewish Film Festival Committee, Avi Liberman, producer "Land of Milk and Funny."



## Year End Gift Planning – Convenient Ways to Give to Multiple Charities

Sharon Kenigsberg, director of Endowments & Community Development

Year-end is often the most opportune time to consider financial and tax planning strategies. As the laws change each year, it is important to check with your advisors to review your investment portfolio and consider tax, financial and charitable giving strategies before December 31. There are many ways to use current and deferred assets to help the causes you care deeply about. Giving a gift through Jewish Long Beach allows you to designate gifts for multiple charitable organizations. A few strategies appear below.

### Consider Year End Gifts of Appreciated Stocks and Securities

Gifting appreciated stock directly to Jewish Long Beach - rather than selling the assets and donating the after-tax cash proceeds - can significantly increase the amount of funds that you have available for charitable giving while providing you with a larger tax benefit.\*

Charitable contributions of long-term appreciated securities (those held for more than one year); including stocks, bonds, and mutual fund shares, remain one of the most tax-efficient ways to benefit a charity. You are entitled to a tax deduction for the full fair market value of such gifts, up to 30% of your adjusted gross income in the current tax year, and you pay no capital gains tax on any appreciation. In effect, this tax savings goes directly to Jewish Long Beach in the form of a larger contribution and your lower tax bill leaves you

with additional assets that could fund other charitable gifts! Gifts of stock can be transferred directly into our brokerage account.

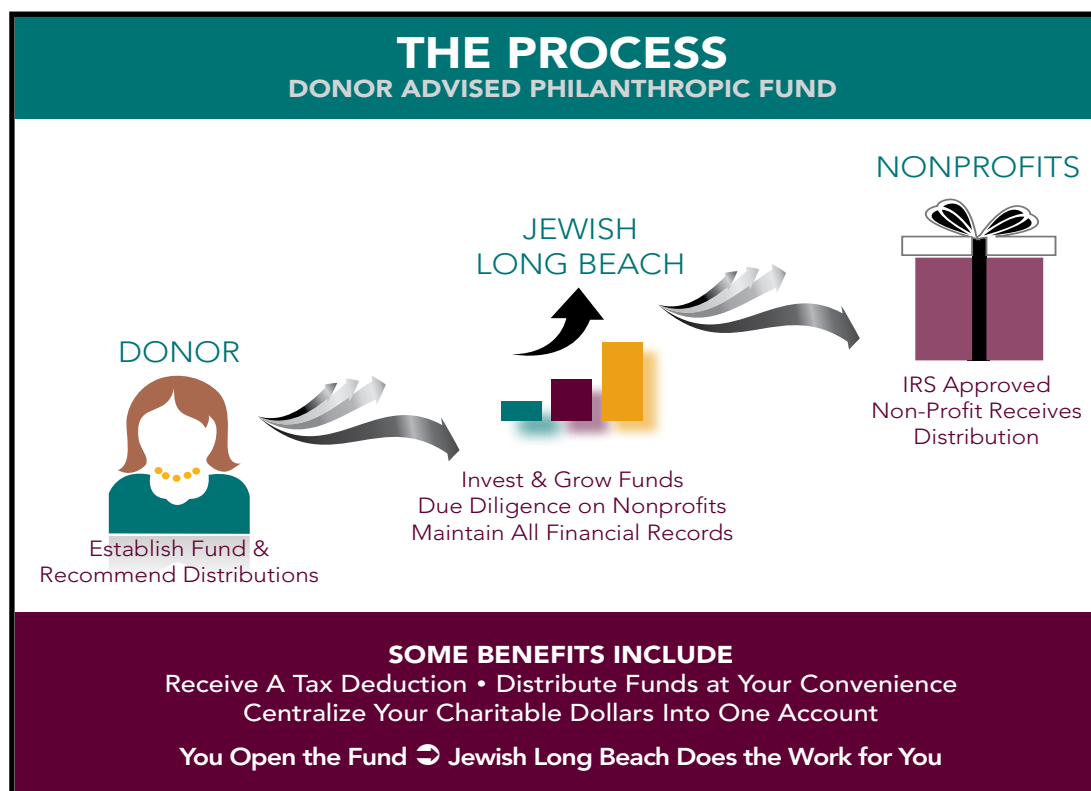
multiple checks to several non-profit organizations over the course of a year, then a DAPF allows you to centralize your charitable

charity and save on taxes\* and help your community at the same time?

The IRA Charitable Rollover was made a permanent

Personalized Donor Services, the Jewish Long Beach professional staff is available to answer questions and work with you and your professional advisors to help you meet your charitable goals. For questions or to schedule an appointment please call (562) 426-7601 ext. 1007 or 1008.

*\*Please note: The information provided in this article is general and educational in nature. It should not be construed as legal or tax advice. Jewish Long Beach recommends that each donor consult their own legal or financial professional regarding their unique tax situation.*



### Open a Donor Advised Philanthropic Fund (DAPF)

Do you give to multiple charities over the course of a year? Would you be interested in having one convenient way to give to all your charities?

If so, then a Donor Advised Philanthropic Fund may be for you. By opening a Donor Advised Philanthropic Fund (DAPF) at Jewish Long Beach before December 31, you will still be able to receive a charitable tax-deduction this year. A DAPF allows you the flexibility of opening the fund in one year and then using this fund to recommend distributions to any IRS approved non-profit organization when it is convenient for you. If you write

dollars into one account.

Your personal DAPF is established by making a minimum contribution of \$2,000.00 in cash or securities to Jewish Long Beach. Additional contributions of any amount can be made at any time and are also tax deductible. Many donors choose to fund their DAPF with long-term appreciated securities.

### Use your IRA Distribution to Benefit Others

If you are 70½ or over and have an IRA (Individual Retirement Account) you are required to make a distribution from your IRA and are taxed on that money. Did you know that you can make that distribution to

part of the tax code several years ago. In past years, many individuals over age 70½ have utilized the IRA charitable rollover to transfer funds from their retirement accounts directly to public charities in a tax-efficient manner. The IRA charitable rollover permits direct rollovers from IRA accounts of up to \$100,000 to qualified public charities. The distributions are not included in the donor's income but will count toward the required annual minimum distribution. Remember however, that qualified IRA rollover contributions cannot be made to donor advised funds, supporting organizations, or private foundations.

Through our free

**As my ancestors  
planted for me  
before I was  
born, so too do  
I plant for those  
who will come  
after me.**

Talmud Taanait 23A





BARBARA AND RAY ALPERT  
JEWISH COMMUNITY CENTER  
OF LONG BEACH



AT THE ALPERT JEWISH COMMUNITY CENTER  
ON THE WEINBERG JEWISH LONG BEACH CAMPUS

**Friday | Dec. 20**

**Kosher dinner, shabbat services, and live concert**  
kids musical tot shabbat | contemporary service | traditional service  
**5:30pm Registration | 6:00pm Services | 7:00pm Kosher Dinner**



**\$10 Adults | FREE for 17 years & under**

Purchase tickets at [alpertjcc.org](http://alpertjcc.org)



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 PHONE: 562.426.7601



### Message from the Executive Director

Chanukah, which begins the night of December 22, is a holiday full of miracles. There is the miracle of the Maccabees, a small group of Jewish fighters who gained a military victory over the Greek-Syrian army. There is also the more well-known miracle of having enough oil for only one day, yet it burned for eight days. Rabbi David Hartman offers another perspective on the miracle of the oil. The miracle, according to Rabbi Hartman, wasn't that the oil lasted an additional seven days, but rather that those ancestors lit the first wick at all, without being certain that the light would last long enough to complete the rededication of the Temple. The miracle was that they took the chance, a risk, a leap of faith. They took the first step even though they were not sure they had enough resources to succeed.

One could say that the real miracle of Chanukah is that of human courage that empowers people to take risks; the courage to be different. It is that courage, that even in the darkest times, creates our own light. In our celebration of Chanukah today, we can look at the Maccabees as role models for all of us to never doubt that a small group of people can change the world.

Every day, the entire staff of the J work together to make a difference in our members lives; to have an impact on our entire community; and to continue to change the world, one person, and one miracle at a time. We hope all of you will have your own miracles during Chanukah and throughout the year. *Ani ve'ata neshaneh et ha'olam* - you and I can change the world.

I hope that you will make the J part of your Chanukah celebrations. Information regarding all of our Chanukah events, including the Community Chanukah Celebration, can be found here in the Chronicle and on the calendar at [www.alpertjcc.org](http://www.alpertjcc.org).

We are also asking for your help on December 17 with our Chanukah Outreach program, bringing our very own miracles to senior adults who are homebound, living in nursing homes, or board and care facilities. Volunteers will be packing at 9:30am and delivering packages around 11:30am. To help with this mitzvah, please call Dr. Susan Mathieu at (562) 426-7601 x1721.

Please be sure to visit the Alpert JCC this month to see what makes the J so special, and why, no matter what time of year, I have faith that we will always be Your Center For Life!

### L'Shalom

*Jeffrey Rips*  
 AJCC Executive Director

## JEWISH LIFE & CULTURE

Dana Schneider-Chanzit, [dschneider@alpertjcc.org](mailto:dschneider@alpertjcc.org) • (562) 426-7601 x1067

### Family Film Program

**Sunday | December 8 | 12:30pm**

**Kosher Lunch: 12:30-1:30pm** (Kids Crafts)

\$10 per family in advance | \$15 at door

**Two Film Choices: 1:30pm**

"Avalon" (PG) Ages 12+

"Jonah, A Veggie Tales Movie" (G) All ages

\$5 per person in Advance | \$10 at door

This program was made possible by a grant from the Jewish Long Beach.

### Introductory Mah Jongg Workshop

**Thursday | December 5 | 6-9pm**

Looking for a fun way to unplug and connect with friends? Then join us for this beginner's workshop that will introduce you to this great Jewish-American tradition. Participants will leave this session with a better understanding about this rummy-like game and more options to keep learning and playing. Light refreshments and all supplies provided during the session. Limited space available!

For more information contact

Dana Schneider-Chanzit

\$25 Member | \$36 Non Member

### CSULB Lecture Series at the AJCC

**"The 2020 Election Campaign: What Can We Expect?"**

**Tuesday | December 10 | 7:30pm**

Join Dr. Oren Gross as he discusses BDS on Campus and in professional associations.

FREE to the community

**Mark Thompson Book Signing "Sinatra's Tailor"**

**Tuesday | December 17 | 7pm**

Sinatra's Tailor is the remarkable story of Umberto Autore, orphaned as a young boy in Italy during WWII and raised by "nuns and Nazis". He eventually immigrated to America where he became the tailor of first, Frank Sinatra and then Steven Spielberg.

Mark Thompson, a Long Beach community native, will speak about his newly published book as well as provide time for Q&A.

[Books will be available for purchase at the event.](#)

Free Event | Open to the Community

## Chanukah Events at the Alpert JCC



### Chanukah Outreach

**Tuesday | December 17**

**9:30am Pack | 11:30am Delivery**

Please volunteer to help package and deliver holiday treats to community members who are homebound and in skilled nursing facilities.

To volunteer contact Dr. Susan Mathieu at [smathieu@alpertjcc.org](mailto:smathieu@alpertjcc.org) or (562) 426-7601 x 1721.

### Senior Adult Chanukah Lunch

**Wednesday | December 18 | 12pm**

Our famous Chanukah Luncheon includes latkes, lasagna and sufganiyot, plus great entertainment. For more information contact Dr. Susan Mathieu [smathieu@alpertjcc.org](mailto:smathieu@alpertjcc.org) or (562) 426-7601 x 1721.

### Community Chanukah Celebration

**Friday | December 20 | 5:30pm**

Kosher Dinner, Shabbat Services, and Live Concert with Saul Kaye, Jewish Blues  
 \$10 Adults | FREE for 17 years and under | Purchase tickets at [alpertjcc.org](http://alpertjcc.org)

### Chanukah Nosh in the Promenade!

**Monday | December 23 | 10am: Doughnuts**

**Tuesday | December 24 | 12pm: Latkes**

**Friday | December 27 | All Day: Gelt**



### 2019 Chanukah Candle Lighting

**3:30pm | In the AJCC Promenade**

Please share the beauty of the Festival of Lights with us at the AJCC. Special guests will light the candles and we'll sing songs, play games, and tell stories all about the Jewish Festival of Chanukah.

- **Monday | December 23:** Rabbi Cantor from Temple Beth Shalom
- **Tuesday | December 24:** Rabbi Perelmutter From Shul By the Shore
- **Thursday | December 26:** Cantor Hass From Temple Israel
- **Friday | December 27:** TBA

FREE to the entire community

## SENIOR ADULTS

Dr. Susan Mathieu, [smathieu@alpertjcc.org](mailto:smathieu@alpertjcc.org) • (562) 426-7601 x1721

### "Eight Nights" Antaeus Theater Company, Glendale

**Sunday | December 15 | 12:30pm**

Meet at the AJCC at 12:30 board bus

This World Premiere follows the poignant journey of a German Jewish refugee and her family in this heartfelt, lyrical portrait of a woman haunted by the past but resiliently moving toward the future. For more information contact Susan Mathieu

\$35 includes transportation

### Sr. Lunch - Health, Genetics and Cancer

**Wednesday | December 11 | 12pm**

Featuring Dr. Fabio Cappuccini, from Long Beach Memorial.

Lunch includes a fall seasonal soup and sandwich, fresh cole slaw and carrot cake.

For additional information contact Dr. Susan Mathieu

### Sr. Adult New Years Party

**Wednesday | January 1 | 1-3pm**

Music, great food, champagne and prizes. Cost is \$10

For additional information contact Dr. Susan Mathieu

### No Happiness & Humor Group Meeting in December

## Come in to the Alpert JCC and pick up your copy of "PROGRAMS"

Filled with everything that's happening at the J for the month. Copies available at the Membership Courtesy Desk!

# RABBINIC REFLECTIONS

## The True Miracle of Chanukah

By Rabbi David Cantor



Chanukah is on the horizon, and Greater Long Beach knows about it. During the first week in November I saw a display of gift bags at Michaels emblazed with slogans such as “keep calm and dreidel on” and “eight nights eight lights.” There were also cookie cutters and window stickers. If the Jews have ever had any success in letting the larger world know what we are celebrating, the miracle of the oil would certainly seem to qualify.

But is it really the miracle of the oil that we are celebrating? We all know the story of the mighty Maccabees who came to rededicate the Temple only to find a single cruse of sacramental lamp oil – enough for one day – and it lasted the full eight days needed for more to be procured. But from where do we know it? The Books of Maccabees didn’t make it into our Bible – it’s in the

Christian one – and they don’t say anything about oil.

The text from 2 Maccabees 2:12 notes that when the Temple was originally dedicated, “The feast celebrated by Solomon went on for eight days.” In describing the celebration that started on the 25th of Kislev, 2 Maccabees 10:6 recounts that “The joyful celebration lasted for eight days, like the feast of Tabernacles [Sukkot], and they recalled how, only a short time before, they had kept that feast while living like wild animals on the mountains and caves.” It would seem for the author of Second Maccabees, writing some forty years after the events described, the miracle of the oil as the reason for celebrating eight days seems not to be a going concern. Indeed, the earliest mention of that miracle is in the Talmud, written some 600 years later.

Jewish Law commands us to “advertise the miracle” (parsumei nisa). If we are skeptical of the historic actuality of the miracle of

oil, I would like to suggest that perhaps there is another miracle to be highlighted. There is a classic joke. A rabbi of the era of the Crusades is lamenting the eventual destruction of the Jewish people, so God grants him a vision. He is shown the interior of Michaels in Long Beach, California, and sees the Chanukah merchandise displayed. The rabbi is overjoyed. “If this is how the non-Jewish world recognizes the Jewish festival of Chanukah, which is only a minor observance, imagine what a big deal they must make of something truly significant, such as Shavu’ot!” The joke is that Chanukah is widely known to the non-Jewish world, while the other Jewish holy days are more of a mystery, and some of them (such as Shavu’ot) are almost completely unknown. But the punchline misses the miracle of the story – the Jews have survived and thrived!

This is the miracle of Chanukah that I celebrate: we have survived. And we are not afraid to advertise

it to the world. We light our Chanukah menorahs near our windows where they can be seen by passersby, as if we are shouting “Look here! Here is a home where Jews dwell, unafraid to let the world know that we don’t need to hide!”

This year, as you prepare



to celebrate Chanukah, consider the latkes, sufganiot, chocolate gelt, candles, oil and the menorahs – then take a moment to bask in the light of the miracle. We are still here, and every day our presence grows brighter!

*Rabbi David Cantor is the Rabbi of Temple Beth Shalom in Long Beach, CA.*

## Synagogue Directory

**Beit HaLev (I)**  
P.O. Box 2279  
Seal Beach, CA 90740  
Contact: Rabbi Galit Levy-Slater  
Phone: 562-493-2680  
Email: duets@icloud.com  
Website: www.galityomtov.com

**Beth David (R)**  
6100 Hefley St.  
Westminster, CA 92683  
Contact: Rabbi Nancy Myers  
Phone: 714-892-6623  
Email: btdavid@templebethdavid.org  
Website: www.templebethdavid.org

**Chabad of Los Alamitos & Cypress (O)**  
12340 Seal Beach Blvd. Suite B-219  
Seal Beach, CA 90740  
Contact: Rabbi Shmuel Marcus  
Phone: 714-828-1851  
Email: smarcus@jewishcypress.com  
Website: www.chabadlosal.com

**Chabad of West Orange County/ Congregation Adat Israel (O)**  
5052 Warner Ave.  
Huntington Beach, CA 92649  
Contact: Rabbi Aron David Berkowitz  
Phone: 714-846-2285  
Email: info@chabadhb.com  
Website: www.chabadhb.com

**Congregation Lubavitch (O)**  
3981 Atlantic Ave.  
Long Beach, CA 90807  
Contact: Rabbi Yitzchok Newman  
Phone: 562-596-1681  
Email: yitzyg@aol.com

**Congregation Shir Chadash (I)**  
6440 Del Amo Blvd.  
Lakewood, CA 90713  
Contact: Rabbi Mariana Gindlin  
Phone: 562-429-0715  
Email: csclakewood@dslextreme.com  
Website: www.CongregationShirChadash.org

**Congregation Shalom of Leisure World, Seal Beach (C)**  
Mail to:  
PO Box 2901  
Seal Beach, CA 90740  
Meet at:  
Clubhouse 3, Room 9  
1421 Northwood Road  
Seal Beach, CA 90740  
Fridays 7:00 PM, and Saturdays 9:30 AM  
Contact: President Carol A. Stern Levine  
Phone: Direct - 562-505-3622  
Phone: Membership - 562-430-7040  
Email: congsholomlwsb@gmail.com

**P'nei Or (I)**  
3955 N. Studebaker Road  
Long Beach, CA 90808  
Email: info@pnaior.org  
Website: www.pnaior.org

**Shul By The Shore (O)**  
3801 E. Willow Street  
Long Beach, California 90815  
Contact: Rabbi Abba Perelmuter  
Phone: 562-621-9828  
Email: rabbi@shulbytheshore.org  
Website: www.shulbytheshore.org

**Surf City Synagogue (C)**  
Services held at the HB Central Library  
7111 Talbert Ave.  
Huntington Beach  
Phone: 714-596-2220  
E-Mail: info@surfcitysynagogue.org

**Temple Beth Ohr (R)**  
15721 E. Rosecrans Ave.  
La Mirada, CA 90638  
Contact: Rabbi Mark Goldfarb  
Phone: 714-521-6765  
Email: office@tbolm.org  
Website: www.tbolm.org

**Temple Beth Shalom (C)**  
3635 Elm Avenue  
Long Beach, CA 90807  
Contact: Rabbi David Cantor  
Phone: 562-426-6413  
Fax: 562-426-7824  
Email: office@tbslb.org  
Website: www.tbslb.org

**Temple Israel (R)**  
269 Loma Ave.  
Long Beach, CA 90803  
Contact: Interim Rabbi James Simon  
Phone: 562-434-0996  
Email: info@tilb.org  
Website: www.tilb.org

**Temple Ner Tamid of Downey (I)**  
10629 Lakewood Boulevard  
Downey, CA 90241  
Contact: Rabbi Daniel Mehlman  
Phone: 562-861-9276  
Email: info@downeytemplenertamid.org  
Website: www.downeytemplenertamid.org

(C)=Conservative (I)=Independent  
(O)=Orthodox (R)=Reform

# Happy Chanukah

## Sufganiyot, Jelly Donuts

### Ingredients:

- Vegetable oil
- 1 pkg of prepared pizza dough
- ¼ cup sugar
- 1 tablespoon cinnamon

### Optional toppings:

- Melted chocolate chips
- Peanut Butter
- Powdered sugar
- Cocoa
- Jelly

### Preparation:

In a large saute pan (or electric skillet), add enough oil so that it is about one inch deep. Heat over medium high heat (between 375 and 400 degrees).

Roll out pizza dough until it is about ½-1 inch thick. Cut rounds of dough using a one inch cookie or biscuit cutter. If you've got a kid helper on hand, pass off the cookie cutters and put them to work, just make sure a grownup does the next step.

Carefully place each dough round in the oil, and cook about 1 minute per side.

Remove the rounds from the oil, and place them on a plate lined with paper towel.

Now it's time for your toppings! Combine the sugar and cinnamon in a bowl, and while the rounds are still warm, roll them in the mixture to coat. You can try some of the alternate toppings we listed above here too!

Serve immediately.

from  
*Jewish Long Beach*  
Board and Staff

Quick & Easy Recipe  
from: PJ Library



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## The Celebrating Chanukah as a Community

The Hebrew Academy is planning a grand celebration for Academy families and community members on Monday, December 23rd marking the first day of Chanukah. Children will be treated to exciting rides, games and refreshments to mark the holiday. The activities will culminate in the lighting of the famous 18-foot menorah by community leaders and supporters.

Chanukah is where the rubber hits the road at the Academy. After students are taught the history of Chanukah and its origins by the cadre of expert teachers at the school, the traditions of lighting the menorah and preparing of the holiday

treats of latkes and doughnuts are especially inspirational. Through the project based learning program at the school classes create innovative projects by using the tools of the school's xSTREAM lab and stretching their ingenuity.

Chanukah becomes alive and meaningful through the full experience and the students remember the holiday for a lifetime.

The Hebrew Academy invites community members



Photo © Arnold Zigman

and their children to celebrate together for a memorable experience on the school's 11 acre Alevy campus. Please RSVP by

emailing [Nelli@hacds.org](mailto:Nelli@hacds.org). We are confident that you will enjoy the experience. Happy Chanukah to all!

Call Now  
714-898-0051  
[HACDS.org](http://HACDS.org)

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xSTREAM Lab  
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 Tech Lab Math Lab



## HILLEL AT CSULB

FOR MORE INFORMATION:

WEB: [beachhillel.org](http://beachhillel.org)  
 EMAIL: [info@beachhillel.org](mailto:info@beachhillel.org)  
 PHONE: 562.426.7601 ext 1424



Top, left: Making pickles with Rabbi Shmuly was the highlight of a packed week!

Right: Students learned the secrets of writing a Torah, thanks to Rabbi Sender and his Torah workshop.

Below, right: Rabbi Abba Perelmuter was on campus to answer tough questions facing young Jews.

Below: Beach Hillel students proudly display their multiple identities.



Bottom left: Hillel Band rocking it out at the Jewish Festival.





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PHONE: 562.427.7916

## Mass Violence: Prepare for the Worst, Always Hope for the Best



Kathryn Miles  
Executive Director

Jewish Family &  
Children's Services

In a recent poll on the topic of stress by National Public Radio, 71% of adults identified mass violence as their primary concern. Sadly, it is a well-founded concern.

Every other week, the JFCS management team comes together for a meeting to discuss current projects and share programmatic updates. Last August, we somberly gathered in the wake of the mass shootings in Gilroy, El Paso and Dayton. We started with a check-in as everyone at the table was feeling the impact of these events, struggling to wrap our

heads around these senseless acts of violence and loss of life we are experiencing with increasing frequency.

The conversation broadened to include questions of how we can support our clients who may be impacted by hearing the devastation on the news, and how we can support the members of our team who may be struggling while being in the role of supporting their clients. With thwarted mass violence attempts at Bluff Park and the Long Beach Airport Marriott Hotel, we acknowledged the fact that the potential for a heinous act of violence was present in our community, and that the situation was unlikely to change anytime soon.

What, we wondered, are other local mental health organizations doing to support their clients and their teams? How are they preparing to assist the community if something occurs close to home? Would they find it beneficial to come together as a group and discuss these issues? We decided to find out. The clinical team moved to action, brainstorming a list of organizations with which to connect, dividing up the calls among team members.

There were common themes in the responses received. Organizations were not yet hearing much from their clients, but they were hearing concerns from their staff. Overwhelmingly, there was

interest in coming together for a roundtable discussion. Professionals in our field were craving this connection.

On Thursday, October 10, JFCS convened the Mental Health Roundtable with 17 people in attendance, representing 12 organizations. The conversation was facilitated by Jamie Watson, JFCS' manager of Older Adult and Social Services. The agenda focused on positive mental health strategies in the "here and now" and allowed time for brainstorming on how best to identify needs and concerns our community may face.

According to participants, the conversation was quite beneficial. One word used by multiple people to describe

the morning was "cathartic." The group overwhelmingly agreed to come together for future meetings, potentially addressing staff training, emergency preparedness, and community mobilization. The group even discussed the possibility of holding a conference for area residents to provide information, education, and healing.

At JFCS, our vision is of a community healed, one person, one family at a time. I am so proud of our team for taking a leadership role in helping our fellow mental health providers work collectively to move a step closer to our vision becoming a reality.

### THE 2020 ELECTION CAMPAIGN: WHAT CAN WE EXPECT?

The CSULB Jewish Studies Program is proud to bring back to the AJCC, on the Weinberg Jewish Long Beach Campus, Dr. Raphael Sonenshein on Tuesday evening, December 10, at 7:30 pm, where he will provide his inimitable insights into the coming national election campaign.

As many of you know, Dr. Sonenshein has an almost unique ability to calmly and cogently discuss the hottest issues in American political life in a way that not only provides clear insights, but also a fair amount of humor. In recent years, he has introduced himself not as a political scientist, but political therapist, to help us cope with the news and political debates. He remains one of our most popular speakers.

Dr. Sonenshein is a professor of political science



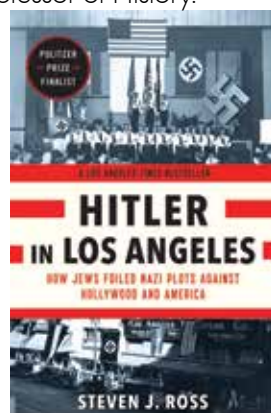
and the newly appointed Executive Director of the Edmund G. "Pat" Brown Institute of Public Affairs at CSULA. An expert in Los Angeles politics, and the author of two books on the subject, his views are regularly quoted by the LA Times, the NY Times, the OC Register, and Reuters. He also writes a column on local and national politics for the Jewish Journal.

All Jewish Studies talks are free and open to the public; no need to reserve a space. For more information on this talk or fall 2019 events, please contact Dr. Jeffrey Bluting, [Jeffrey.Bluting@csulb.edu](mailto:Jeffrey.Bluting@csulb.edu).

### NATIONAL COUNCIL OF JEWISH WOMEN (NCJW)

On Sunday, December 15, 2019, join us for a Chanukah Potluck at Diane Merrick's residence for members and potential members. Call Diane at 657.235.2511 about what you are providing for potluck.

NCJW and Hadassah jointly present The Shirley Stein Book Review Program at The Grand on Tuesday, January 14, 2020 at 10:30am - *Hitler in Los Angeles: How Jews Foiled Nazi Plots Against Hollywood and America* by Dr. Steven F. Ross, USC Professor of History.



This book tells the little known story of the rise of Nazism in Los Angeles, and the Jewish leaders and spies they recruited who stopped it.

RSVP by January 7, send check for \$40.00 (includes salmon luncheon) to NCJW at 3801 E. Willow St. Long Beach 90815. Or pay online at [www.ncjwlongbeach.org/shirleysteinbookreview](http://www.ncjwlongbeach.org/shirleysteinbookreview).

### SHARON CARMEL HADASSAH

You are invited to a festive (pareve/dairy) Potluck Dinner (no meat), on Monday, December 9, from 11 to 3.

To participate in a fun gift exchange, please bring a new, wrapped gift or gift card (valued at \$15) marked with your name. As in the past, we will be collecting non-perishable food items for our Food Bank. This event is free and everyone is welcome. AJCC, on the Weinberg Jewish Long Beach Campus, 3801 E.

Willow Street, Long Beach, CA 90815, Contact Shirley Ross, 562.498.7965, [shirleyrosscpa@verizon.net](mailto:shirleyrosscpa@verizon.net).

### CCEJ 29TH ANNUAL BREAKFAST: UNDER ONE SKY

On Thursday, February 6, 2020, the California Conference for Equality and Justice (CCEJ) will hold its annual Interfaith Intercultural Breakfast featuring speakers and entertainment representing multiple faiths, races, ethnicities, genders, sexual orientations and other identities. This year's guest speakers are Taina Vargas-Edmond and Richie Reseda, who will share personal stories about the impact of incarceration on their lives and our communities.

Tickets start at \$50/person, tables/\$500. Register online at [www.cacej.org/breakfast](http://www.cacej.org/breakfast), call 562-435-8184 or email Katherine McIlquham, director of Special Events at [kmcilquham@cacej.org](mailto:kmcilquham@cacej.org).

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&



### Izzy Ezagui

Izzy Ezagui is the world's only one-armed Special Forces sharpshooter, returning to the battlefield for the IDF after losing an arm in combat.

Thursday,  
December 12, 2019  
7:00 PM - 9:30 PM

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*No covert required to attend*

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Thursday, February 6, 2020

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Send a special note to honor, memorialize, or congratulate family & friends for all occasions.



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**IN MEMORY OF**

- Florence Shuster  
 Beloved Sister & Sister-in-law to Myron Wollin & Cynthia Gordon  
 From Jewish Long Beach Board, Leadership & Staff

- Marlene Karp  
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- Lois Falk  
 Beloved Sister to Phyllis Wolfe  
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- Dean Marinos  
 Beloved Father to Sofia Riley & family  
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**MAZEL TOV TO**

- Gayle Nachlis  
 On the birth of her granddaughter Rosalind Edith Lu  
 From Jewish Long Beach Board, Leadership & Staff

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 For your kindness at Temple Israel High Holy Day services  
 From Linda Haley & Marvin Zamost

- Sandy & Geoff Carr  
 Congratulations on your new nest  
 From Binnie & Jack Berro

- Sandy Carr  
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 From Shirley Ross and Binnie & Jack Berro

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*We Mourn the Loss of*



**Bruce Dahl**

**Lois Falk**

**Marlene Karp**

**Dean Marinos**

**Diana Williams Page**

**Elaine Rehman**

**Florence Shuster**

If you know of someone who has recently passed and would like them to be recognized in our publication, email [chronicle@jewishlongbeach.org](mailto:chronicle@jewishlongbeach.org)

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**Rabbi Shmuly Yanklowitz**

Pilger Scholar-in-Residence

**Friday, January 31 following Got Shabbat**

**Actualizing our Unique Potential:** An Inspiring Spiritual Approach to Jewish Responsibility and Human Actualization in a Complex World

**Saturday, February 1 at 8:45am Torah Study**

**Sacred Attunement and Parashat Bo:** How to See The Invisible Right Before Our Eyes

**Saturday Lunch and Learn, following Shabbat Morning Services**

**Mussar, Middot, & Social Change:** Transforming Our Inner World to Transform Our Outer World

**Cost: \$15/lunch (Please RSVP to the Temple Office)**

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*Underwritten through the generosity of Temple Israel Foundation's Pilger Fund*



**Rabbi Yanklowitz** is a sought-after educator, social justice activist, and motivational speaker as well as the author of seventeen books on Jewish spirituality, social justice, and ethics. He has twice been named one of America's Top Rabbis by *Newsweek*.



### LET'S GET PHYSICAL & SPIRITUAL: AN EXPLORATION OF JOURNEYS IN THE TORAH

**Thursdays at 7:00 pm  
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Join us as we explore the physical journeys of Abraham, Jacob and Moses.



### MOVIE & HAVDALLAH

**Saturday, December 7  
at 7:00 pm**

Join us for screening of *BlacKkKlansman* followed by discussion and Havdallah.



### CHRISTIANITY 101 FOR JEWS

**Tuesdays at 7:00 pm  
December 10 & 17**

Want to learn more about Christianity? We will try to confirm or debunk our conceptions or misconceptions and see if we can identify core Christian beliefs.



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