



# GET INVOLVED. GET EMPOWERED. GET TRAINED.

## SCN Training Catalog Synopsis

### **BeAware: An Introduction to Situational Awareness**

BeAware is designed as a 60-90-minute program, offered virtually or in person, to teach the principles of situational awareness in your everyday life. Topics include defining situational awareness and its importance, understanding awareness levels, making good decisions, and identifying suspicious circumstances. This course is designed for every member of the community.

### **CATT: Countering Active Threat Training**

CATT is designed as a 60-90-minute program, offered virtually or in person, to teach the principles of responding during an active shooter (or active threat) event. This course follows the national standard curriculum: RUN, HIDE, FIGHT with additional focus on how we can better prepare to persevere in an active threat environment. This course is designed for every member of the community.

### **STOP THE BLEED® Training**

STOP THE BLEED® Training is a Nationally Recognized, standardized course created and sponsored through STOPTHEBLEED.ORG. This interactive and engaging 90–120-minute course stresses the importance of understanding why bleeding is the #1 preventable death after an injury, how to save a life through identifying life-threatening bleeding, recognizing different types of injuries, and learning how to control bleeding when someone is injured through the application of wound packing and tourniquet application. Hands-on exercises are a required component of this course and designed for every member of the community.

### **Navigating Conflict: The Power of De-escalation**

“Navigating Conflict: The Power of De-escalation” is a 60-75-minute foundational overview of de-escalation techniques. The goal of this course is to provide basic understanding and introduction to the skills and techniques to defuse or reduce tension, hostility, and/or conflict in situations. The course covers the following topics: the definition of de-escalation, common escalation triggers, the de-escalation process, communication skills, and handling aggression.

### **College Campus Safety Initiative Training**

The College Campus Safety Initiative Training is a 45-90-minute training course designed specifically for college-aged Jewish students. The objectives of the training are to:

1. Enhance student situational awareness
2. Enable and empower Jewish students to avoid or navigate potentially volatile situations
3. Learn foundational de-escalation principles
4. Respond to an Active Threat
5. Stop the Bleed

The course is focused on scenario-based discussions and “talk-throughs”, as well as hands-on activities. This course has been designed and will be most effective when conducted in-person but can be modified and delivered virtually if necessary.

### **Camp Training**

SCN’s Camp Training is a 3-part training series, each course intended for a specific audience: Camp



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Counselors, Camp Staff, and Camp Leadership. Each course is intended to be 45 minutes with additional time dedicated to questions and walk-through exercises. Camp Training brings key components of SCN's larger program offerings, including situational awareness, countering active threat, and Stop the Bleed together with other topics such as identifying risks and vulnerabilities, identifying suspicious people and vehicles, planning for emergencies, and leading and communicating in crisis. Camp Leadership Training focuses more on preparing your staff to respond during emergencies.

## **Traveler Safety (Domestic)**

"Traveler Safety (Domestic)" is designed as a 60- to 90-minute course to provide best-practice guidance on how to enhance your safety and security while traveling in the United States. The course content is divided into sections: before travel and during travel.

## **Traveler Safety (International)**

"Traveler Safety (International)" is designed as a 60- to 90-minute course to provide best-practice guidance on how to enhance your safety and security while traveling internationally. The course content is divided into sections: before travel and during travel.

## **Guardian: Identify. Protect. Respond.**

"Guardian: Identify. Protect. Respond." is a 60-90-minute program offered virtually or in person to teach the life skills necessary to become a Guardian. Guardians are active participants in the safety and security of their families and communities. Guardian builds off SCN's BeAware and focuses on mindset and concrete skills that include identifying suspicious people, vehicles, and packages, principles critical to protecting themselves, their families, and community institutions, as well as principles surrounding how to respond during emergencies. A small segment on de-escalation skills is also Included.

## **Personal Security Awareness**

Personal Security Awareness is a 60-minute program available both virtually and in person. This course is designed to equip participants with the essential principles of enhancing personal safety and security in their daily lives. It is intended for those at increased risk due to their role, status, or influence in the Jewish community. When heightened risk is present due to perceived status within the community, proactive measures become crucial. Participants will learn how awareness, planning, and training play pivotal roles in reducing and mitigating personal risk. These skills are applicable across various situations, from everyday safety concerns to serious emergencies. Personal Security Awareness empowers individuals to take control of their own security in public, in transit, at work, at home, and online.

## **Emergency Operations Plan: An Introduction**

This 45 to 60-minute introductory course explores the importance of an Emergency Operations Plan (EOP) as a crucial tool for ensuring your organization's readiness to manage unexpected events with confidence and coordination. You will learn the core elements of an effective EOP, how to develop a plan tailored to your organization's specific needs, and the value of regularly reviewing and testing your plan to maintain its effectiveness in an ever-evolving environment.





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## **The Power of Hello**

The Power of Hello is a 60- to 120-minute training program based on the U.S. Cybersecurity and Infrastructure Security Agency's (CISA) Power of Hello initiative. The course is designed to equip individuals with the skills to observe, assess, and report suspicious behavior effectively. It emphasizes the OHNO methodology—Observe, Hello, Navigate the Risk, and Obtain Help—through practical instruction and tabletop scenarios that build situational awareness and threat assessment capabilities. Instructional materials include official CISA resources such as handouts, placemats, and other collateral, all publicly available through the CISA website.

## **Digital Safety Fundamentals**

Digital Safety Fundamentals is a 60- to 90-minute course designed to equip individuals and communities, regardless of their technological background, with clear, accessible knowledge and practical skills to navigate the digital world safely. It teaches the everyday habits and protections that keep your devices, personal data, and online activity safe from harm.

