

# Curriculum Progress Checklist

## Gimel

### Gross Motor Skills:

Ability to:

- Walk up and down stairs using alternating feet
- Skip
- Ride and control tricycle
- Catches ball with hands
- Jump over objects
- Balance
- Somersaults

### Fine Motor Skills:

Ability to:

- Can button and unbutton, zip and unzip
- Cut on line with scissors
- Copy most letters
- Starts to color within lines
- Writes first name
- Trace simple objects (dot to dot)
- Completes 10+ piece puzzle
- Complete directions on play dough mats

### Social/Emotional Skills:

Ability to:

#### **Self Help Skills**

- Starts to hang coats and backpacks up
- Put on coat
- Washes hands independently
- Clears plate from table
- Uses the restroom independently
- Pours from small pitcher
- Pushes chair up to table
- Wipes nose with tissue and throw it away
- Coughs in elbow
- Take shoes and socks off
- Sit in group time for 15 minutes
- Can use knife to spread
- Properly uses eating utensils

#### **Social Skills**

- Uses manners constantly (ie, please, thank you, mam, sir)
- Listens to adults
- Plays with other children consistently

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- Knows names of children in class
- Takes turns
- Begins conflict resolution
- Properly sits and listens in group time
- Ability to transition
- Becomes aware of other's feelings
- Begins to focus pretend play

### Language:

#### Ability to:

- Explain front cover, back cover, spine of book, author, and illustrator
- Recognizes name in print
- Recognize picture labels
- Dictate multiple sentences to teachers
- Knows names of most non common body parts
- Knows names of familiar people outside of class
- Says multiple sentences with 8 to 10 words
- Follows 3+ step instructions
- Repeats words from others conversation including inflection
- Learns individual letters in alphabet – Capital letters
- Verbalizes and identifies things in a book
- Completes rhymes and words in familiar books
- Name familiar objects in a book – Environmental Print
- Answers more complex “why”, “who”, and “where” questions
- Can understand comparative relationships – before/after, bigger/smaller, more/less, under/over, next to/behind – abstract
- Start learning beginning sight words
- Can recognize basic colors (red, blue, green, yellow, ect.)
- Begins to learn the alphabet in sign language

### Math:

#### Ability to:

- Sort objects by size and attributes (color, shape, type)
- Build towers of 15+ blocks
- Count to 50 by 1s and 5s
- Compares using big, bigger tall, taller
- Completes 10+ pieces of puzzles
- Connects 6+ cubes in a train
- Count 7 to 10 objects
- Knows age by showing and saying
- Count to five in a different language

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### Music

Ability to:

- Listen to music
- Begins to move to the rhythm in songs
- Starts to understand pitch and tone
- Begins to explore to make own music
- Begins to sing own songs

### Writing

Ability to:

- Learns to hold crayon correctly
- Proper uses helping hand
- Determines dominant writing hand
- Makes circle and square
- Copies lines down and across
- Copies triangle and crescent (moon shape)
- Writes own name
- Draw a picture of a person with at least 4 parts

### Keeping Kids Safe - DHS Required Curriculum – Requires Parental Written Consent

Unit One: Self Esteem

- Session One – I am Unique
- Session Two – I am Special
- Session Three – I am Important
- Session Four – I am Fantastic
- Session Five – I am Loved

Unit 2: Family and Friends

- Session One – All Kinds of Families
- Session Two – Families Love and Care for Each Other
- Session Three – Friends are Special
- Session Four – Friends Care About Each Other
- Session Five – Trusting Family and Friends

Unit 3: Feelings

- Session One – Sad/Glad/Mad/Glad
- Session Two – Surprised and Excited
- Session Three – Scared
- Session Four - Growing Up
- Session Five – Standing Up for Myself

Unit 4: Problem Solving

- Session One – Listening
- Session Two – Co-operation
- Session Three – Choices
- Session Four – Choices
- Session Five – Asking for Help

Unit 5: Personal Safety (general)

- Session One – My Body Belongs to Me

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- Session Two – Every Part Has a Name
- Session Three – Taking Care of Me
- Session Four – Private Body Parts

### Unit 6: Safety Around Me

- Session One – Street Safety
- Session Two – Riding Toy Safety
- Session Three – Fire Safety
- Session Four – Water Safety
- Session Five – Care Safety
- Session Six - Strangers