

**"THE HIT AFTER THE HOLIDAYS!"**  
 1st Annual  
 JFedDC  
 Wiffle Ball Tournament 2018

- DATE: Sunday, October 7th (Columbus Day Weekend)
- START TIME: 12:00/12:30 (after Sunday School)
- WHERE: Congregation Schomre Israel Side Lawn  
 18 Park Ave, Poughkeepsie, NY

Concession stand will include kosher hamburgers, hot dogs, snacks & drinks

ENTRANCE FEE: \$50.00 per team  
 T-SHIRTS: \$8.00/shirt  
 Start your own team OR Come join an existing one!  
 5 Teams already registered!

Bringing together the community and culturally uniting everyone for a fun filled day of food, friends, & wiffleball.  
 Children and Adults of every age WELCOME!  
 No running necessary. There will be something for everyone!

To Register: contact Mark Klein  
 Office: (845) 896-4803  
 Cell: (914) 204-1190

**2018 JEWISH FILM FESTIVAL**

**PLEASE NOTE:**  
 6:30 - SCHMOOZE  
 7:15 - MOVIE

The Jewish Federation of Dutchess County  
 Celebrating 70 Years of Israel

**Thursday, Oct 11, 7:00-9:00pm**  
**CUPCAKES**



**CUPCAKES:** What would you do if a video on your cell phone became an official entry into a global singing competition?... Six friends (the beauty queen, gov't aid, baker, blogger, singer-song writer, & teacher) leave their daily stress behind to represent Israel and SING THEIR HEARTS OUT!

**Thursday, Oct 18, 7:00-9:00pm**  
**SHELTER**



**SHELTER:** Mossad agent Naomi is assigned to protect Mona, a Lebanese informant, who was pulled from her country and is hiding in a safe house while she recovers from plastic surgery. Naomi soon learns that Mona is close to a top Hezbollah leader, who she betrayed and is dead-set on exacting revenge. In this high-stakes game of deception, fate may be out of their control.

Location: FDR Presidential Library & Museum, Henry A Wallace Visitor & Education Center, 4079 Albany Post Road, Hyde Park, NY      \*\*Each showing includes social time and a special thematic light snack.

Admission is free. But a Jewish education is not. Donations in advance or after the screening benefit: The Howard Lynne Scholarship Fund PO Box 2525, Poughkeepsie, NY 12603

**Save the Date!**

**Latke and Vodka-Dec 6**  
 Meyer's Olde Dutch  
 Beacon, NY

**Ladies' Night Out-Nov 6**  
 Place-TBD

**All are welcome!**

We are very excited and grateful for a new grant awarded to the JFedDC from The Bernard and Shirley Handel Foundation Donor Advised Fund (at the Community Foundations of the Hudson Valley)

This Fund will be helping support  
 Learn and Lunch Bunch and the Medical Loan Closet.

**Did you know that the JFedC has a Medical Loan Closet?**

For more information see page 8

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**42<sup>nd</sup> Annual William and Sadie Efron Lecture in Jewish Studies at Marist College**  
 Tuesday, October 16, 2018, 7PM Nelly Goletti Theatre, Murray Student Center  
 Speaker: **Dr. Lisa Leff**

**The Archive Thief: The Man Who Salvaged French Jewish History in the Wake of the Holocaust**  
 Lecture is free and open to the public with refreshments to follow

This lecture focuses on the story of Zosa Szajkowski, a Polish-born Jewish historian who took tens of thousands of Jewish documents from Europe in the 1940s and 50s and moved them, illicitly, to New York, and eventually sold them to Jewish research libraries in the United States and Israel. Was this a heroic act of salvage or simply theft? Through this question, we will examine larger issues about Jewish nationalism, the aftermath of the Holocaust, and more generally speaking, the historical project of archiving.

Lisa Leff is currently Acting Dean of Academic Affairs and Senior Vice Provost at American University, where she is also Professor of History. In December, she will begin a new position as Director of the Mandel Center for Advanced Holocaust Studies at the United States Holocaust Memorial Museum. Prof. Leff received her B.A. from Oberlin College and completed her M.A./Ph.D in History at the University of Chicago. Her scholarship, which focuses on France and the French colonies, encompasses histories of antisemitism, the Jewish diaspora, archives, restitution and aid organizations. Her recent book *The Archive Thief: The Man Who Salvaged French Jewish History in the Wake of the Holocaust*, was a finalist for a 2015 National Jewish Book Award and winner of the 2016 Sami Rohr Prize for Jewish Literature.



Dr. Lisa Leff

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The Voice

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# LEARN & LUNCH BUNCH

The Jewish Federation of Dutchess County presents weekly cultural, social and educational programs.

WEDNESDAY PROGRAMS and MENUS

October

- October 3** **Lifestyle changes for longevity** with Nimesh Bhargava. Nimesh will teach us all about changes in our lifestyle for a healthy long life. Menu: veggie burgers, fries, coffee/tea, dessert.
- October 10** **Introduction to a matter of balance: How to identify and reduce your risk of falling:** with Anne Lancellotti  
Menu: Salad Fiesta: potato salad, cole slaw, quinoa tabouli salad, coffee/tea, dessert.
- October 17** **Understanding your Medicare options** with Deborah Deluca. Deborah will explain all you need to know before the deadline comes. Menu: bagels, schmear, coffee/tea, dessert.
- October 24** **How to deal with stress during illness** with Janice Green RN from JANCARE Private Health Services will provide ways to mitigate stress when dealing with illness and pain. (Sponsor of the Month) Menu: shashuka (omelette), hash browns, pita coffee/tea, dessert
- October 31** **Annual Costume Party**, winner gets a prize!!! Menu: Spooky Lunch : toxic waste punch, worms and eyeballs (spaghetti and meatballs), terrifying desserts, coffee/tea.

**REGISTRATION STRONGLY REQUESTED BY MONDAY EACH WEEK FOR FOOD AND ACTIVITY PLANNING PURPOSES**  
 RSVP to the Jewish Federation office (845) 471-9811.  
 Learn & Lunch Bunch activities are open to the public.

THE CHEVRA KADISHA:

Everything you wished to know but were afraid to ask.

By: Sandra Mamis

Death and taxes: the two are inescapable, it is said. We don't mind talking endlessly about taxes. But conversations about death and dying are relatively taboo. Dwelling on it is discouraged. Though it is an inevitability, clearly discussion of this topic can be emotionally laden and, considered by many, best avoided.

However in Judaism, inherent in our liturgy and our rituals, speaking or thinking about and planning for the end of life can be both spiritual and comforting. For instance, one of the "Rabbinic Ten Commandments" found in the *Mishna* is to "visit the sick" and though not specifically commanded, supporting the bereaved during the periods of mourning- of shiva, sheloshim and beyond- is considered a valued tradition. We are actually commanded to "seeing to the needs of the deceased". This is another of the rabbinic mitzvot spoken during our daily recitation of the *eilu devarim*, as Rabbi Berkowitz, formerly of Vassar Temple, reminds us.

How are those needs met? And why would we be commanded to do so? Rituals surrounding death have two purposes: to show respect for the dead and provide comfort for the living. Embedded in Jewish belief is the notion that the physical body is the vessel with which the soul partners or is housed until separating at death. As a result, treating the physical remains respectfully shows honor to the individual who has died. As Rabbi Langer of Congregation Schomre Israel notes, references in Torah to burial rituals, "...can be found in Genesis 47:29, when Jacob summons his son Joseph to his bedside and requests: 'You shall perform with me kindness and truth (*Chesed V'Emes*), please do not bury me in Egypt.'

The sanctity of caring for the deceased, which is manifested by the holiness and importance to which we ascribe it, perhaps finds no greater support  
 (Continued on page 5)

WHERE

118 South Grand Ave  
 Poughkeepsie, NY  
 (Temple Beth-El)

SCHEDULE

11:00 –11:30am  
**Coffee & Nosh**  
 11:30 –12:30pm  
**Program**  
 12:30pm —Lunch

\$6.00—Lunch and program  
 \$4.00—Program, coffee, nosh

Learn & Lunch Bunch is partially funded by the Ann & Abe Effron Fund and Bernard and Shirley Handel Foundation Donor Advised Fund of the Community Foundations of the Hudson Valley

\*A Special THANKS to this month's Learn & Lunch Bunch Sponsor:

JANCARE Private Health Services



As the New Year has just begun, we urge you to help those hard hit by 2018 hurricanes

When disaster first strikes, immediate aid is needed to help communities get back on their feet.

Help these hurricane victims today.  
[www.jewishfederations.org/hurricane-relief-fund-2018](http://www.jewishfederations.org/hurricane-relief-fund-2018)



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## Mazel Tov Memories

Send us information about what you are celebrating: Birthdays, Engagements, Weddings, Anniversaries. We at the JFedDC want to celebrate with you and share the Nachas. Send your information to [thevoice@jewishdutchess.org](mailto:thevoice@jewishdutchess.org)



Lucy and Rabbi Eliezer Langer are proud to announce the engagement of their granddaughter Racheli Schulman of Ramat Bet Shemesh Israel to Chezkie Botwinick of Ramat Bet Shemesh Israel

### Rabbi Renn S. Altman to be Installed at Vassar Temple

Vassar Temple invites the community to join in celebrating the installation of our incoming rabbi, Rabbi Renn S. Altman, D.D., during the 7:30pm Shabbat Service on Friday, October 19, 2018.

The service will be beautifully enhanced with the music of Cantorial Intern Ilana Goldman and organist Joseph Bertolozzi. Special guest speaker will be Rabbi Jerome K. Davidson, Rabbi Emeritus of Temple Beth-El of Great Neck, and National Coordinator of Leadership Initiatives, Hebrew Union College—Jewish Institute of Religion.

Following the service, a dessert reception in honor of Rabbi Altman will be hosted by the Board of Trustees and Rabbi Search Committee, and sponsored by Vassar Temple Sisterhood.

Now the 30<sup>th</sup> rabbi to lead this historic Hudson Valley congregation, Rabbi Altman will also personally direct Vassar Temple's religious school and Hebrew school. Previously having served congregations in Houston and on Long Island, Rabbi Altman has also acted as UAHC Director for Programs for the Unaffiliated, and most recently as Associate Dean and Director of the Rabbinical Program at Hebrew Union College-Jewish Institute of Religion in NYC.

Please join us to welcome Rabbi Altman to our community on this festive occasion!

## Adult Education

### Educational Opportunities Abound at Schomre Israel

**Know Your Book with Rabbi Langer** Tuesday, October 9, Where is Noah's Ark; October 16, The Four Rivers; October 23, Under the Knife; October 30, Love and Hate—The Two Spoilers; November 6, Israel's Election; 10:30am. Class and discussion

**Classes with Rabbi Langer** Thursday, October 4, Stealing a Kidney; October 11, Ebola & The Zika Virus; October 18, Seducing The Enemy; October 25, Killing a Neutralized Terrorist; November 1, Solutions to Kosher Meat Prices; November 8, GMO—A Kosher Challenge; 7:00pm.

Classes are free. All are welcome. View website, [www.schomreisrael.org](http://www.schomreisrael.org) for a full complement of recordings of previous classes of the following topics: books of the Bible, controversial issues in Israel, new perspectives on the holidays, Jewish biographies, crash course on Jewish history and more. For information on cancellations and class schedules visit [www.schomreisrael.org](http://www.schomreisrael.org) or call (845) 454-2890.

### Weekly Adult Study Groups at Vassar Temple

**The Talmud: Modern Ideas from an Ancient Text**, Tuesday, October 9, 20, 12:00pm. Taught by Senior Scholar, Rabbi Paul Golomb. All are welcome to come, learn and join in the lively discussions at both classes--no previous training required! No charge to attend. Questions? [pjgolomb@verizon.net](mailto:pjgolomb@verizon.net)

**Torah Study** every Saturday, 9:00am, with Rabbi Renn Altman. Examine passages from the week's Torah portion or haftarah.

All welcome. No charge to attend. No previous training required. For more information or if you have questions email [rabbi@vassartemple.org](mailto:rabbi@vassartemple.org) (845) 454-2570.

### Higher and Higher: Come Grow with Temple Beth-El

**A Modern Jewish Discussion Group.** The purpose of this program is to bring friends together in an informal setting (outside Temple Beth-El) to discuss topics involving Jewish ideas and lifestyles. Here is a chance for you to invite Rabbi Victor into your home to discuss any one of a number of topics. To discuss details email Merri Sedgewick at [moonoggie7@optonline.net](mailto:moonoggie7@optonline.net).

**People of the Book with Rabbi Daniel Victor**, Every Thursday, 12:30pm, at The Crafted Kup, Raymond Avenue. Jews often refer to themselves the people of the book. Although the "Book" originally referred solely to the Tanach, Jews expanded the phrase to encompass post-biblical literature. The Mishnah, which is comprised of six tractates of study is the most basic book of the post-biblical literature (The Oral Torah) and considered the key to the rest. This ongoing class is studying Mishnah Sukkah (from the tractate of Shabbat and Holidays). There is no charge for the class and everyone is welcome.

### Adult Discovery Course, Jewish History, Spiritually and Practice

Adult discovery course for both non-Jews journeying towards conversion and Jews looking to strengthen their basic Jewish foundations. Class meetings will be determined at that time based on participating student's availability. The cost for attending the class is determined individually based on one's journey and can be determined through conversations with Rabbi Daniel Victor. Please call the synagogue at (845) 454-0570 to speak with Rabbi Daniel Victor if you are interested in attending. We look forward to engaging in this meaningful experience with you.

**From Shtetl to Show Tunes, The History of Jewish Music** Sunday, October 7, 14, 21, 28, 7:00pm-8:30pm. Join Suzanne Turrisi, for part 1 in October, which includes how the Jews influenced contemporary American music up through the 1940's. Nosh and schmoozing included. \$18 donation per person requested, for 1 or all classes. Open to all, but reservations strongly advised. Contact [programs@tbeny.org](mailto:programs@tbeny.org) or (845) 454-0570

**Learn to Read Hebrew** with Morah Naomi Kamlot, Sunday, beginning October 21, 9:30am-11:00am. Whether you are learning to read Hebrew for the first time or just need a refresher, this class is for you! If interested in taking this class, there is no fee. However, in lieu, we do ask that you make a \$36 donation to support TBE.

All welcome. Details at the Temple Beth-El [www.tbeny.org](http://www.tbeny.org) or (845) 454-0570 or email [info@tbeny.org](mailto:info@tbeny.org).

### Chabad Center Classes

**Torah Class: Discover the World of Prayer:** Wednesdays, 11:00am at the Borenstein home, 36 Pleasant Ridge Drive, led by Hindy Borenstein. Indulge your mind with thought-provoking insights from the weekly Torah portion and other contemporary issues, and indulge your body with a light and healthy lunch.

Please visit our website [www.chabadmidhudsonvalley.com](http://www.chabadmidhudsonvalley.com)

### Congregation Shir Chadash

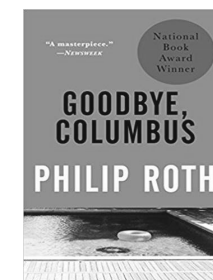
**Saturday Torah Study** Saturday, October 6, 20, 9:15am. An informal discussion about the Torah portion of the week with Rabbi Daniel Polish while enjoying a light breakfast. Everyone has a chance to participate. No expertise or knowledge of Hebrew is needed. Just an inquisitive mind, a curiosity about our tradition and a willingness to share your thoughts. All welcome to attend. Bi monthly, check the website calendar for dates.

For more information call (845) 232-1029, email [info@shir-chadash.org](mailto:info@shir-chadash.org) or [www.shir-chadash.org](http://www.shir-chadash.org).

### Rosh Chodesh Reading Group presented by Congregation Shir Chadash

Those interested in reading are invited to the 'Rosh Chodesh reading group' -- a potluck brunch and discussion held every month. This month the group will meet on Sunday, October 2, 10:30am-12:30pm. The selection will be the novella, *Goodbye, Columbus* by celebrated author, Phillip Roth, who died May 22, 2018. The 1959 novella is the first book published by Roth and won the National Book Award. You've probably read the book and seen the movie, and 1959 is a long time ago. It couldn't possibly be relevant today. Or is it? Join in to give your take--all are welcome!

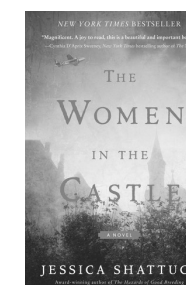
Participants meet monthly to discuss memoirs, fiction, poetry and drama in a variety of works that offer Jewish themes and a variety of perspectives of interest. Have a topic suggestion, please let us know! Please RSVP for location to Sandy Lash at 845-232-1029, via email: [info@shir-chadash.org](mailto:info@shir-chadash.org).



### Vassar Temple Sisterhood Book Club to Discuss *The Women in the Castle*

We will discuss *The Women in the Castle*, an Amazon Best Book of April 2017 by Jessica Shattuck, set at the end of World War II, in a crumbling Bavarian castle that once played host to all of German high society. Three widows' lives and fates become intertwined amid the ashes of Nazi Germany's defeat in a dramatic yet nuanced portrait of war and its repercussions. Eventually, all three women must come to terms with the choices that have defined their lives before, during, and after the war—each with their own unique share of challenges. Written with devastating emotional power, Jessica Shattuck's evocative novel offers a fresh perspective on one of the most tumultuous periods in history, exploring what it means to survive, love, and, ultimately, to forgive in the wake of unimaginable hardship. *The Women in the Castle* is available through the local library system, and in paperback.

The meeting will take place on Thursday, October 18 at 2:00pm in the Community Room of Collegeview Tower, 141 Fulton Avenue, Poughkeepsie. Elaine Lipschutz will lead the discussion to which everyone is invited. To RSVP or get more info, please contact Linda Babas at (845) 473-7931 or [linda.babas.41@gmail.com](mailto:linda.babas.41@gmail.com). Your book suggestions for future meetings are always welcome.



# Debbie's Voice



The storms this summer have been crazy. In August, we had several nights in a row with horrible thunderstorms. On one such night, my house was hit by lightning. This is the first time this house has been hit by lightning but the fifth time I've been in a building that's been hit. No, that's not a typo. And yes, if you choose not to stand close to me the next time it storms, I won't be offended.

Don't even get me started on those ridiculous statistics that tell you your chances of winning the lottery are greater than your chance of being hit by lightning.

The house I grew up in was at the top of a hill, and it was hit by lightning twice before my parents had lightning rods installed. The third time, the lightning struck the cable line going into the house and fried everything that way. The fourth time, our post-college apartment building was hit and the fifth (and dare I hope last time!) was my house in Dutchess County.

The last time was the most challenging and that's saying something since I've already seen lightning literally go down my hallway, light up my dining room white as the light bulbs all exploded and set a lawn on fire. That's nothing compared to explaining to your children that there's no phone, internet, WiFi or tv! It was basically like watching someone go through detox. There was whining, begging and twitching. But then something truly amazing happened. My boys realized they really could live without technology.

We were without all technology for three weeks. We had family game night more often. We played outside more. We read more. I did notice my kids were enthusiastic to go and spend time with any family members, I'd like to think it was because they'd rediscovered the joy of human interaction and not the free WiFi...

What have I learned from this latest lightning strike besides the fourth time is not the charm? 1. Insurance is a wonderful thing. 2. Houses are filled with so much stuff, and it's truly amazing what you can really live without. 3. Air conditioning is not one of them.

## Upcoming DCIC events:

**October 14** -Annual CROP Walk at 10:00am. Registrations until 2:00pm. For more info: [office@dutchesscountyinterfaith.org](mailto:office@dutchesscountyinterfaith.org) or your local synagogue. Register at Temple Beth El, 118 Grand Ave.

**October 24**- DCIC Gala and presentation of first Rabbi Erwin Zimet Humanitarian Award, 6:00pm-10:00pm, Grand Hotel and Conference Center.

**November 4**- Annual DCIC Interfaith Music Festival, 3:00pm, Freedom Plains Presbyterian Church, Route 55

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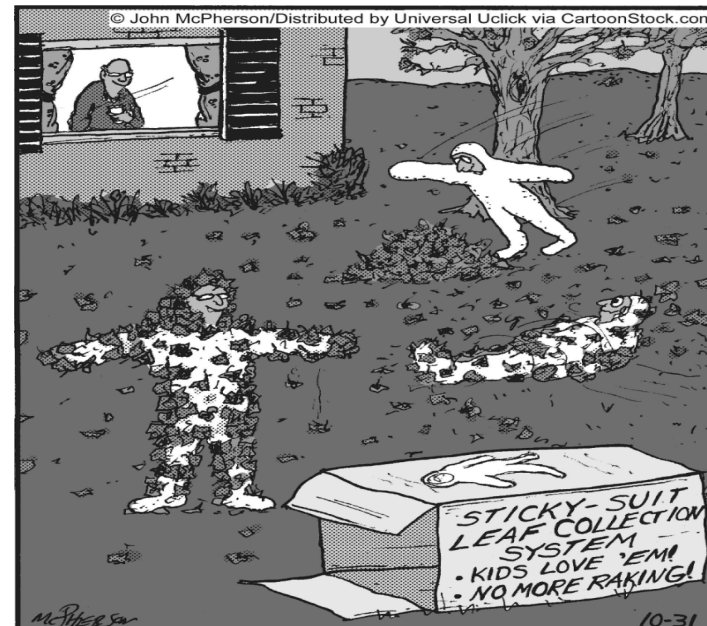
The Voice welcomes letters to the editor. Letters must not exceed 300 words and must be dated and signed with current address and daytime telephone number. The Voice reserves the right to edit letters.

Email submissions to [theVoice@JewishDutchess.org](mailto:theVoice@JewishDutchess.org)

## VOICE DEADLINES

Note deadlines below. Email [TheVoice@JewishDutchess.org](mailto:TheVoice@JewishDutchess.org) if you have questions.

ISSUE	DEADLINE
November	October 1
December	November 1
January	December 1



## Young Jewish Professionals in Dutchess

### This month meet: Dr. Lawrence Koutcher

*Reporter's Note: Feel free to contact me with any youngish and Jewish professionals you'd like to read about---*

*Written by Amanda Hudes, founder of Smiling Through Chaos Event Planning*

What does it feel like to win "40 Under 40," an award given by the Dutchess County Chamber of Commerce to 40 people under the age of 40 who have contributed to Dutchess County? Most of us wouldn't know, but Dr. Lawrence Koutcher does.



Dr. Koutcher

Dr. Lawrence Koutcher spends most of his days interacting with adult cancer patients, working hard to ensure each is given the proper care and counseling. He works as a Radiation Oncologist as part of Northeast Oncology Associates in the Poughkeepsie site at MidHudson Regional Hospital. Although he does continue to do research and publish in peer review literature, he really enjoys the technical aspect of head, neck, and breast cancer, and counseling patients with prostate cancer about the best options for them personally, surgery or radiation and the side effects of each.

Dr. Koutcher attended Columbia University for his Undergraduate Degree, continuing on to Cornell for Medical School. He began his Radiation Oncology Residency at Memorial Sloan Kettering in 2006, becoming Chief Resident in his final year in 2010. Upon graduating, he came to the Hudson Valley in 2010 to join the strong group of well-trained physicians. He moved to Bergen County, NJ around the same time to be near family. His dedication to his work and devotion to his patients is seen daily, making the drive each day. The practice also has offices in Pennsylvania, Westchester and New Jersey. They take quality control very seriously, with all of the 7 doctors reviewing every patient's case. All doctors in the practice have also been trained at prestigious institutions.

When speaking about his work, he says, "I'm a very hard worker and I will always go to the nth degree for my patients."

With all of the long hours, he is very thankful for a supportive wife who enables him to spend so much time at work. With 5 children, all girls ages 1-12, he is busy once he returns home too! They live in an Orthodox Jewish area since it's important for their family that the children grow up in the same way they did. He would love to see Kosher restaurants and schools in the Hudson Valley, but he realizes that that there may not be the demand for it in this area. His statement captures it beautifully, "I would always love to see the growth of Jewish life."

Dr. Koutcher's favorite Jewish holiday has always been Sukkot. He enjoys sitting in the sukkah. "It feels very real and poignant." He enjoys saying the prayers, seeing the decorations and enjoying with the children. On a weekly basis, Shabbas is family time for spiritual and religious reflection. Working in a position where he is "on call," he takes call on Sundays unless absolutely necessary. He explains that a doctor can work on Shabbat to save a life, but it gets a bit complicated since his line of work is in fact saving lives! As a doctor and science-based person, religion and science can be at odds, and that can be an interesting challenge to reconcile.



YJP is written by Amanda Hudes

Being Jewish is the "central tenet of my existence. It's who I am."



## Rabbi's Blog

### The Mitzvah of Voting By Rabbi Daniel Polish

We live in turbulent times. That is not a partisan statement, even a political one. It is an honest assessment of the state of American life these days. We are a polarized nation. People on every point of the ideological spectrum feel their values under siege. People talk about feeling daily anxiety and general distress. Speaking personally I can tell you that when I was out of the country this summer -- and away from the daily news -- I was surprised to discover how much better I felt physically and emotionally. America is a challenging place these days. The question is how are we to respond.



Rabbi Daniel Polish

As a Jew, I am reminded that for thousands of years when our ancestors felt themselves to be (and in fact, were) under assault, they were helpless to do anything about their situation. They had to take whatever was dealt them. Blessedly our situation is so different from theirs. We are the fortunate and rare community of Jews that gets to play a role in our social and political life. There is nothing to stop us from speaking our minds and participating in the political process.

Some people feel overwhelmed by all the challenges facing America today. In trying times it is possible for us to lose hope, get worn down, give up. People can become cynical or apathetic. And they just withdraw from civic life. Those people embody the warning of the English thinker Edmund Burke: "the only thing necessary for the triumph of evil is for good men [and women] to do nothing".

Our freedom and the rights we enjoy were won by people who devoted themselves to public service, or by heroic people who fought, literally suffered and, tragically, too often died to create and preserve our way of life. Is it too much to expect of each of us to participate in the electoral process: to inform ourselves about the positions of the candidates, to support and work for candidates who speak for our values, and, of course, to vote.

As election day draws closer, I am reminded that for us it should be regarded as a Mitzvah to take advantage of this great gift. Indeed perhaps there should be a special bracha/blessing for us to recite as we pull the lever. It might say something like, "Blessed are You Eternal our G-d, Ruler of the universe who has given us the power to choose our rulers here on earth". We should feel commanded to vote our values, to translate our aspirations and our deepest commitments into the laws that govern our nation. Religious values are meaningless unless they are applied in our lives. And if we feel those values to be under threat, then we should select men and women to govern us who we feel would defend them.

Confronted with the voting booth, we should, each of us, regard ourselves as holding the future of the republic in our hands. If we saw the opportunity to vote in those terms, we could imagine ourselves being addressed by Father Abraham. No not that Father Abraham. We could hear ourselves as being personally addressed by the sixteenth president of the United States who, in his address to Congress in 1862 said, "Fellow citizens, we cannot escape history. We will be remembered in spite of ourselves. No personal significance, or insignificance, can spare one or another of us. The fiery trial through which we pass, will light us down, in honor or dishonor, to the latest generation. We -- even we here -- hold the power, and bear the responsibility. We shall nobly save, or meanly lose, the last best hope of earth."

Those words ring out for us as we make our way through this October to the November date that will define what America will be in the years ahead.

*(Continued from page 2)*

than in our knowledge that God himself, assumed responsibility for the burial of Moses [Deuteronomy 34:1-6]. In the words of Rabbi Victor, Temple Beth El, "Judaism understands the ceremony of *Tahara* to be an expression of God's ultimate compassion for every human being, each of which having been created in the Divine image. While the physical tasks of *tahara* involve caring for the actual body, the ceremony is directed to preserving the enduring essence of the Jewish soul."

Rabbi Polish of Shir Chadash offers, "It tends the body with greatest respect and helps the family prepare itself for that final leave taking." And Rabbi Altman of Vassar Temple says, "The ritual of *Tahara* is a loving, spiritual and most touching element of the Jewish traditions surrounding burial." *Tahara* involves respectfully and solemnly tending to the physical remains, which includes washing the body, dressing it in a shroud and laying it in a coffin while offering prayers.

In ancient times this process typically fell to the community at large. However the 16th century saw societal changes, including the loss by many Jews of a close knit group of relatives and friends to assist with burial needs, leading to the emergence of the first *Chevra Kadisha*, an established burial society with committed members, dedicated to carrying on this holy work. The Men's *Chevra* sees to this mitzvah for men: the Women's *Chevra*, for women. In some communities individuals are summoned by the *Chevra Kadisha* to sit with the body as shomrim or guardians. Locally, this is typically arranged by the family itself or the synagogue rather than by the *Chevra*.

Today, the *Chevra Kadisha* requires only that its members be Jewish, without regard to any specific denomination, and able to perform the required tasks. Once a family requests a *tahara*, funeral directors who are familiar with the work of the *Chevra*, are responsible for contacting the *chevra* to perform the *tahara*. One serves out of a personal commitment to carrying forth our Jewish traditions: a belief in the value of the end of life ritual to the deceased and their family. Again, Rabbi Victor, "Those who serve on the *Chevra Kadisha* act as agents of God and *Am Yisrael* in helping the soul find its place within the eternal nation of Israel."

All of our clergy are resources for those who would like to learn more about this. Questions may be directed to the *Chevras* directly. Also, if you think you might be interested to serve on the Men's or Women's *Chevra*, you may express your interests in an email to [ChevraKadishapok@gmail.com](mailto:ChevraKadishapok@gmail.com).

## Inside the Jewish Studio

By Debbie Silbergleit

This questionnaire originated in the French series, *Bouillon de Culture*, better known as the closing questions asked by James Lipton on the celebrity interview TV show, *Inside the Actor's Studio*. The questions are re-adapted for this column.

Each month, I ask a MOT\* these questions and feature their answers.

This month, I decided after a year of asking others, I would answer these questions myself. It's harder that I thought it was! And, in full disclosure, my house was recently hit by lightning and between dealing with the insurance, contractors, electricians, Optimum, etc., I really forgot to ask anyone else.

1. **What is your favorite word?**  
*Awesomesauce*

2. **What is your least favorite word?**  
*Moist*

3. **What turns you on creatively, spiritually or emotionally?**  
*Genuine people*

4. **What turns you off?**  
*Hypocrisy*

5. **What is your favorite curse word?**  
*It's like asking someone to pick their favorite child—you can't because they're all awesome!*

6. **What sound or noise do you love?**  
*Uncontrollable laughter*

7. **What sound or noise do you hate?**  
*Metal utensils scrapping a metal pot.*

8. **What profession other than your own would you like to attempt?**  
*I would have loved to be an advocate for people with special needs.*

9. **What profession other than your own would you not like to attempt?**  
*Teacher—without a doubt the hardest and most unappreciated job out there.*

10. **If Heaven exists, what would you like to hear God say when you arrive at the Pearly Gates?**  
*Surprise!*

\* Member of the Tribe

### Save the Date - Vassar Temple Annual Gala – November 4, 2018

Vassar Temple of Poughkeepsie will hold its Annual Gala. It will be held at the Poughkeepsie Tennis Club on the evening of Sunday, November 4. The Gala will honor members of the congregation who have served the Poughkeepsie/Mid-Hudson region through their commitment to Vassar Temple social action projects and committees. These projects and committees include the Refugee Resettlement Project, Dutchess Outreach Lunch Box, Morse School support projects, the Dutchess County Interfaith Crop Walk for Hunger, the Get Out the Vote effort, Dutchess County Mitzvah Day, Hudson River Housing homeless shelter support, the CanJam project, and participation in Habitat for Humanity.

The Gala program will include a silent auction featuring art work, collectibles, jewelry, and certificates for a variety of services as well as for dining experiences at many fine area restaurants. The evening will feature kosher style hors d'oeuvres with sparkling wine, a sit down dinner with wine, a DJ for guests' listening and dancing pleasure, and of course the recognition of our Temple Honorees.

Final details about the Gala, including a list of those being honored, the cost to attend, and how to make reservations, are available on the Vassar Temple website ([vassartemple.org](http://vassartemple.org)) or by calling the Temple office at (845) 454-2570. Invitations to the Gala will be mailed out to Vassar Temple members by October 1. In the meantime, put this great annual event on your calendar for November 4, 2018!

# Family Page

Tishrei-Cheshvan

## Congregation Shir Chadash Open Religious School Registration

Congregation Shir Chadash continues open Religious School registration on Saturday, October 6, 20, 9:00am-10:30am. This year the focus of our program will be: G-d and Prayer, Jewish History, and the concepts of Tzedakah, G'milut Chasadim, & Tikun Olam intertwined throughout the program. Children of non-members and newcomers of all ages can try classes for a month for FREE with no obligation. Tots classes (Kindergarten - 2nd grade) are open to non-members at no charge for one year, but a donation to cover supplies is requested. Classes begin at 9:00 a.m., but come early, 8:45am and enjoy breakfast on us! Tots classes through b'nai mitzvah classes are offered. Learn through texts, crafts, music, special programs, field trips, and more, all while having fun and making new friends.

The goal is to enrich the children's learning of Jewish values, history, holidays and traditions. For more info, call (845) 232-1029 or email: [info@shir-chadash.org](mailto:info@shir-chadash.org)



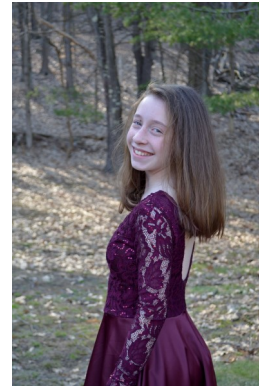
## B'nai Mitzvah

**Sadie Claire Krueger, Shir Chadash on October 6, 2018.**  
**Daughter of Heidi & Kyle Krueger. Sister to Madison.**

Sadie is an eight grader at Millbrook Middle School

She is an active member of her Schools Jr. Interact Club, plays travel soccer and plays the guitar. She enjoys running, drawing and spending time with family.

For her Mitzvah project Sadie volunteered at Cardinal Hayes Day School. She worked with two students ages 8-9 who both have severe disabilities. Sadie wanted to spend time with them to bring them happiness and to have activities they didn't usually receive. She learned many valuable life lessons during her time helping the children.



Sadie is looking forward to sharing her special day with family and friends.

**Zachary Forrest Wogalter, Shir Chadash on October 20, 2018.**  
**Son of Stacie & David Wogalter.**

Zachary loves the great outdoors and animals. He has a special fondness for birds and decided to make three bird houses with his Uncle Jim Tolman for his mitzvah project using recycled wood from their old barn in Maine.

He donated one to Bartlett Woods, a senior community, in Rockland, Maine in honor of Avis "Nan" Tolman, Uncle Jim's mother, who lives there. Avis appreciated Zach's visiting her and his gift to the Woods for the entire Community to enjoy.

Zachary also donated a bird house to his school, Dutchess Day School, so that the younger children could learn about and enjoy the birds who choose to nest in his house next spring. The Dean of DDS, Mr. Heard was delighted with this gift to the school.



The third house will be placed in Zachary's yard in NY for the birds to enjoy and for him to remember the good memories making and giving the bird houses.

## RELIGIOUS SCHOOL

### CHABAD MID-HUDSON VALLEY

Sunday, 10:00am-12:15pm, ages 5-12 years  
63 Vassar Rd, Poughkeepsie

For information contact Hindy Borenstein, Director (845) 463-5801  
[chabadmidsouthvalley@prodigy.net](mailto:chabadmidsouthvalley@prodigy.net)

### JUDAIC SCHOOL OF THE ARTS

Sunday, 10:00am-12:00pm

For information [www.mypardess.org/JSA](http://www.mypardess.org/JSA)

### RHINEBECK JEWISH CENTER

Monday, 4:00-5:30pm  
Tiny Tots Division (ages 1-5)  
Intermediate Division (ages 6-10)  
Bar and Bat Mitzvah (ages 11-13)

For information, contact Rebbitzin Tzvie Hecht, Director (845) 876-7666 or [tzviehecht@gmail.com](mailto:tzviehecht@gmail.com)

### SHIR CHADASH

Member families' children from Kindergarten to 2<sup>nd</sup> grades are welcome to attend at no charge for a full year. New enrollments always welcome.

Classes meet two Saturdays a month at 9:00am. See website for dates and special new member rate.

For information, contact Sue Marcoe (845) 723-4045, [info@shir-chadash.org](mailto:info@shir-chadash.org) or [www.shir-chadash.org](http://www.shir-chadash.org)

### TEMPLE BETH-EL

At Temple Beth-El, education is something truly celebrated! From kindergarten through the last year of high school, Temple Beth-El instills a love of Judaism and a lifelong hunger for Jewish learning.

Tuesday,  
Ivrit (Hebrew) School  
4:30-6:30pm, grades 3-7

Wednesday,  
Gesher Youth Program 6:30-8:30pm,  
grades 8-12

Saturday, B'Nai Mitzvah Class  
9:30am-12:30pm, grade 7

Sunday, Judaic Studies  
9:30am-12:30pm, grades PreK-6

For information, contact (845) 454-0570  
or [education@tbeny.org](mailto:education@tbeny.org)

### VASSAR TEMPLE

Vassar Temple provides a program of Jewish education within the Reform Movement's guidelines, which deepens a student's Jewish experience and knowledge in an accepting and stimulating learning environment. Our philosophy of Jewish learning is based on the quotation from Pirke Avot, "The world depends on three things: on Torah, on worship and on deeds of loving kindness." Temple membership not required.

Sunday Religious School  
Sundays, (No Class October 7)  
9:00am-12:00pm, grades K-7

Hebrew Language School  
Wednesdays,  
4:30pm-6:30pm, grades 4-7

Gesher Program  
Wednesdays,  
6:30pm-8:30pm, grades 8-12

Innovative individualized Hebrew language instruction and bar/bat mitzvah preparation. New enrollments always welcome.

For info contact Rabbi Renni Altman, Director (845) 454-2570 or [rsdirector@vassartemple.org](mailto:rsdirector@vassartemple.org)



### PJ OurWay Walk at Innisfree Gardens

**Monday, October 8th at 11:00am. (No school for the holiday!)**

Innisfree Gardens, 362 Tyrell Rd, Millbrook, NY 12545

There is an admission fee for the Gardens

PJ OurWay and PJ kids ages 7 to 12 and their families join us for a PJ OurWay Design Team meeting, snack, and exploration of Innis Free Garden. Look for the bright blue table cloth for our meeting spot.

(The garden paths are not paved and are not ideal for strollers or wheelchairs))

Email us at [pjlibrary@jewishdutchess.org](mailto:pjlibrary@jewishdutchess.org) to RSVP or with questions

### PJ and PJ OurWay Parent Book Clubs

Beginning in Mid-October we will schedule Book Clubs based on the Parent Choice books that arrived in August. For details follow us on Facebook at PJ Library Mid-Hudson Valley.



The Harding Club





**Creating Dog Tug Toys to donate to your local shelter, a great project for older kids**

Taken from: [www.imagineourlife.com/2011/12/13/no-sew-dog-toy/](http://www.imagineourlife.com/2011/12/13/no-sew-dog-toy/)

You'll need some fleece in up to 3 colors for each tug toy

Fold the fleece in half, selvage to selvage so you are cutting strips along the direction the fabric stretches (the selvage will be on the end of your strips, not on the length). Cut strips 3" - 4" wide. You need three for each toy.

Lay the strips lengthwise side-by-side.

Braid the middle 10" or so of the strips. When you fold this in half, it will become the loop handle.

Fold the strips in half and line up the matching colors. If you are using all one color, just split the strips from each side into 3 groups of 2.

Start braiding tightly to the end.

Tie the whole tug toy in a knot above the loose ends.

Trim the ends to make them even, and you are done!



**Tiny Temple Fun for Tots**

This is the time of year that grown ups read in the Torah about Noah's Ark, and the perfect time to celebrate our animal friends at Tiny Temple. Parents, grandparents, families and children ages infant to 5 are warmly invited to join in as we learn through fun activities, story and song. Everything takes place in a relaxed and friendly setting, and a healthy snack will be served.

Tiny Temple is open to all regardless of temple affiliation, is always free of charge, and is sponsored by the Sisterhood.

**DETAILS**  
Sunday, October 14, 10:30am-11:30am, Vassar Temple. To assist in our planning, please RSVP to Emma Arnoff and Jas Russo at [tinytemple@vassartemple.org](mailto:tinytemple@vassartemple.org). They will also be happy to answer any questions you may have about this wonderful, free program, and to put you on the Tiny Temple e-mail list. For more info visit [vassartemple.org](http://vassartemple.org) or call the Temple office at (845) 454-2570.

**Jewish Early Childhood Programs at Temple Beth-EI**

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**Register Today!** Contact Rabbi Miriam Hyman at: [education@tbeny.org](mailto:education@tbeny.org) or (845) 454-0570



JEWISH BEDTIME STORIES and SONGS



Melinda Kim Emily Bekah

What does PJ Library Mid-Hudson Valley offer besides books for kids ages 6 months to 8 years and wonderful local family programming?

**PJ OurWay for kids age 9-11**

PJ Our Way is the next chapter of PJ Library® for kids ages 9-11. Kids throughout the United States are eligible to enroll in the program from the day they turn 8.5 through the day before their 12<sup>th</sup> birthday. The Harold Grinspoon Foundation (HGF), with the generous support of PJ Alliance Partners, provides PJ Our Way subscriptions at no cost to families or partner communities.

PJ Our Way launched nationally in the U.S. in September 2016 after two years as a pilot program. For full details about the PJ Our Way program, visit [pjourway.org/FAQs](http://pjourway.org/FAQs).

PJ Our Way is designed to meet the developmental needs of 9-11 year-olds by offering book choice and creative outlets. Even if they have been PJ Library subscribers, parents and kids will need to enroll in PJ Our Way at our website [pjourway.org](http://pjourway.org). Enrollment must be completed by a parent or guardian. The website is interactive, offering kids the opportunity to contribute.

From the 1<sup>st</sup>-10<sup>th</sup> of every month, subscribers can visit the website [pjourway.org](http://pjourway.org) to choose one book from a selection of four high-quality chapter books and graphic novels with Jewish themes. Books are then mailed to kids' homes, and generally arrive about 4-6 weeks after they were selected. Subscribers can also post comments and reviews about the books onto the website.

Because of the support of The JFedDC, Jewish Federation of Ulster County, the Harding Club, and other local funders, PJ Library Mid-Hudson Valley became a partner community for PJ OurWay which means we provide local programming for kids ages 8-12 and their families. We have committed to a minimum of four specific PJ OurWay events each year as well as adding PJ OurWay programming to regular PJ Library events. To meet the needs of local families we set PJ OurWay programs on School Holidays such as Columbus Day, Veterans Day, Martin Luther King Jr. Day, giving families something engaging to do on those days with no school. Our third annual Leadership Lollapalooza is set on Martin Luther King Jr Day and is a 2 ½ hour long leadership workshop for kids age 7-12 and gives the older kids an opportunity to mentor younger kids in team building activities. The next outing is on Columbus Day, October 8<sup>th</sup>, and will be at Innis Free Garden in Millbrook. We also have a local Design Team comprised of kid leaders who help us program and really get a handle on what local kids want to do. In the past we have gone rock climbing at The Vault, gone roller skating, and have had two swim parties.

**Parent Education and Socialization**

We have four different neighborhoods providing Parent only activities, Mid Dutchess, Southern Dutchess, Ulster, and our Grandparents Circle. Parents' Nights Out, Becoming a Soulful Parent Group Series, and Book Clubs, occur regularly. Did you receive a parent choice book this fall? We will be scheduling Book Clubs around at least two different titles this fall.

Please stay informed by following us on Facebook at PJ Library Mid-Hudson Valley. We would be happy to answer question, just contact us at [pjlibrary@jewishdutchess.org](mailto:pjlibrary@jewishdutchess.org).

Do you have an idea for a PJ Library or PJ OurWay program? Let us know! We love to collaborate!

We hope to see you soon!  
Your PJ Library Team  
Melinda Margulies, Kimberly Ritz, Emily Soltanoff, and Bekah Starr

Have questions? Need help finding resources? Contact us.  
[pjlibrary@jewishdutchess.org](mailto:pjlibrary@jewishdutchess.org)

**Not a part of PJ Library yet?**

Receive a FREE children's book each month and become part of the PJ Library family.

**Register online at [www.PJLibrary.org](http://www.PJLibrary.org)**

Monthly e-newsletters. Special program invitations! Call (845) 471-9811 or email [PJLibrary@JewishDutchess.org](mailto:PJLibrary@JewishDutchess.org)



*PJ Library is made possible through gifts from the Jewish Federations of Dutchess and Ulster Counties, The Harding Club, and the generous support of PJ Library donors.*

*To make a donation online, go to [www.JewishDutchess.org](http://www.JewishDutchess.org)*

*Thank you!*



PJ Library Pool Party

# Your Federation Presents

Tishrei-Cheshvan

## JFedDC Community Programs...

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*"I can't thank you enough for the items I have borrowed (and without a time limit). Please accept my heartfelt thanks."*

*"I don't know what I would have done if you weren't here."*

#### Thank Heavens It's Heshvan

By Rabbi Miriam Hyman, Education Director and Cantor Devorah Gartner, Youth & B'nai Mitzvah Director

As always, we breathe a sigh of relief when the dancing Torahs are put away after Simchat Torah. The mornings are crisp, and the leaves are providing their annual technicolor display. Tishrei, with all its drama and celebration, can be a teeny bit tiring.

As we reflect on everything we accomplished, it seems amazing. We welcomed 5779, as well as all our students, parents and teachers, old and new. We held events and programs for everyone from the smallest tots to the busy seniors on the Youth Group Board. We davened and dined in every possible location from Waryas Park to our own sukkah.

Now in Heshvan, we look forward to classes and programs settling into their permanent spaces and times for the year ahead. New textbooks are being opened and old favorites are being revisited. But we are not content to sit quietly and bask in the autumn sun. We are busy as bees getting ready for all the fun to come.

The Youth Group is heading out to Camp Gorham in the Adirondacks in mid-October for Fall Kallah weekend. Planning is underway for our Explore Jewish Camping weekend in early November, in addition to our annual Chanukah Barnes & Noble Book Fair in December. We are looking forward to our first Bat Mitzvah of 5779. Mazel tov to Michaela Jacobs and her entire family.

If you thought Tishrei was fun, you won't want to miss what's coming next. Stay tuned. It's Heshvan and we're just getting started.

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## Our Executive Director



The things we do for our kids....Growing up, our family used to build a sukkah every year and then have a large open house. My mother was very creative and used to say something about how decorating a sukkah was our version of decorating a Christmas tree but even better. As I said, she was a very creative Jewish mother. I never quite agreed, but did enjoy our friends visiting and then at the end of the party, eating the remaining fruit out of the sangria.

Now that I have my own kids, and I am trying to be a good "creative" Jewish mother, one who believes in keeping family traditions going (as well as creating new ones) we had our own Sukkah Open House this year using my father's construction plan from the 70's (with modifications from changes in deck size in the 80's). So as a family, we built our sukkah with wood and string (only) and a roof of corn stalks, just like we did in the 70's.

It was a wonderful event filled with mixed emotions: melancholy that my mother was no longer with us, blessed that we were surrounded by wonderful family and friends, and hope that I am creating positive and unique Jewish memories for my boys that they too will want to continue as they get older and eventually start their own families and traditions.

For those who want to know...yes, I still enjoyed eating the sangria fruit at the end of the party. Some traditions will never change.

With Kind Words,  
Karen Hochhauser

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#### Holiday Desserts

Apple Horns—9.99  
Pies 12.99  
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Sugar Free Apple Pie ~ 12.99  
Fruited Cheese Cake 13.99 / Carrot Cake 13.99  
Coconut Custard 14.99 / Pecan Pie 14.99  
Fresh Fruit Tart 16.99  
Pumpkin Cheese Cake 16.99

#### Pastries

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<p>16 oz. • Wide, Medium or Extra Wide • Where Available <b>Mrs. Miller's Egg Noodles</b> <b>2/\$5</b></p>	<p>13 oz. Select Varieties <b>Wolff's Kasha</b> <b>1<sup>99</sup></b></p>
<p>16 oz. Onion or Cheese <b>Golden Gourmet Potato Pierogies</b> <b>2/\$7</b></p>	<p>14.1 oz. Where Available <b>Osem Chicken Consomme</b> <b>4<sup>99</sup></b></p>
<p>14.1 oz. Canister <b>Osem Mini Mandel</b> <b>2<sup>99</sup></b></p>	<p>12 oz. or Vita Sliced Smoked Salmon 3 oz. <b>Vita Party or Lunch Herring</b> <b>4<sup>99</sup></b></p>
<p>7 oz. [KAI] <b>Empire Kosher Sliced Turkey, Turkey Salami or Turkey Pastrami</b> <b>3<sup>99</sup></b></p>	<p>[KAI] Empire Kosher 8 Piece Cut-Up Chicken \$3.49/lb. <b>Empire Kosher Fresh Chicken Breasts</b> <b>6<sup>79</sup></b> lb.</p>
<p>[KAI] 32 oz. • Frozen <b>Empire Kosher Chicken Nuggets</b> <b>9<sup>99</sup></b></p>	<p>[KAI] 16 oz. • Meal Mart Beef For Stew \$9.99 or <b>Meal Mart Ground Beef</b> <b>6<sup>99</sup></b></p>
<p>8 oz. <b>Acme Smoked Salmon</b> <b>11<sup>99</sup></b></p>	<p>6 oz. • Frozen <b>Pier 33 Salmon Portions</b> <b>2/\$8</b></p>

We carry Renfell's Fine Kosher Baked Goods & Breads – delivered fresh from Montreal.  
Exclusively at the Poughkeepsie Store  
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Prices effective Sunday, September 23 thru Saturday, November 10, 2018.

**New Paths Morning Worship**

Join us at New Paths Sabbath morning service in the informal, intimate setting of Vassar Temple's East Chapel. The moving liturgy of the *New Paths* prayer book includes both traditional and contemporary writings, mostly in English. Participants may also bring supplemental materials to share.

Each New Paths service, whether lay-led or rabbi-led, provides a unique and thoughtful Shabbat morning experience. A brief mini Kiddush follows.

**DETAILS**

Saturday, October 6, 20, 10:00am. For info, contact: Marian Schwartz: mschwa9882@aol.com or call the Temple office (845) 454-2570.

**Simchat Torah Family Service**

Congregation Shir Chadash will hold a family Simchat Torah service. One of the most special and awe inspiring services, when we get to see the entire Torah unwound throughout the sanctuary. In order to make this happen, everyone participating works together by holding up a section of the Torah, old and young alike. You will learn the reasons why certain sections look the way they do and a highlight of the evening is always when Rabbi Polish reads and translates the section you may be holding! Come and participate in the cycle of finishing & re-starting the reading of the Torah. Service led by Rabbi Daniel F. Polish & Cantor Gail Hirschenfang.

**Please note:** the family friendly earlier time! Community Oneg to follow. All are welcome.

**DETAILS**

Friday, October 5, 6:30pm. For more info, please call (845) 232-1029 or email: info@shir-chadash.org.

**Endangered Species Spotlight**

Shabbat Noah, the sabbath when we read from the Torah about Noah's ark, will be observed this year at Vassar Temple, with a presentation by special guest Pola Bari at 8:15pm, following the Shabbat evening service. Jewish ethics teach that we have a moral responsibility to provide for the welfare of animals, and Shabbat Noah provides the perfect opportunity to highlight the important role animals play on our planet. Ms Bari will give a compelling presentation on the plight of endangered species and the implications for us all. She will share with us a holistic approach to conservation as the key to the future of any species...humans included.

Ms Bari is a local artist who draws her inspiration from felines, especially big cats, and is the founder of the Cheetah Conservation Fund NY Chapter and a trustee on the Cheetah Conservation Fund located in Namibia, Africa. Holistic conservation considers the people, the habitat, the communities, the history, the economy and education, while also taking into account the role of modern zoos in conservation, and how these initiatives impact on the survival of the species. Following the presentation, plenty of time will be allotted for your questions and discussion. Plan to join us for any of the events of the evening.

**DETAILS**

Friday, October 12, 7:30pm service, 8:15pm presentation with an oneg following, at Vassar Temple.

**JEWISH WAR VETERANS POST 625**

Private Herman Siegel Post 625 of the Jewish War Veterans of the United States holds regular monthly meetings.

All persons of the Jewish faith who have served in the armed forces and others of the Jewish faith are cordially invited to attend and participate. At 9:00am an informal coffee and cake "schmooze."

Congregation Schomre Israel is strictly kosher, so no outside food may be brought in. We look forward to seeing you there.

**DETAILS**

Sunday: October 7, at 9:30am. 18 Park Ave. Questions? Contact Rob Rubin, Presiding Officer qbee5@optonline.net

**Hadassah Card, Game & Dessert Party**

**DETAILS:**

October, 4, 1:00-4:00pm, \$18 must be received by Sept. 25, For more info or to sign up contact Barbara Cohen (845) 454-1259

**Vassar Fall Rummage Sale**

Start cleaning those closets of gently used items and packing your bric-a-brac; the Vassar Temple Sisterhood Fall Rummage Sale is coming very soon!

Rummage items may be brought to the temple starting Sunday, Oct. 21. Thereafter, items may be brought to the temple weekdays 10:00am-2:00pm, and two evenings will be available for drop-off: Wednesday, October 24 and Thursday, October 25 from 6:00-8:00pm.

No rummage will be accepted after Friday, October 26. Tax receipts are given for donations of goods. We cannot accept textbooks, old TV's, old computers, or heavily damaged goods. For large items, please contact us before you bring them!

All rummage must be brought to the social hall. Please place your items on the left side of the room and keep the area in front of the stage clear, as well as the rest of the building! When the building is closed, please do not leave items outside.

The sale is Sunday October 28 from 9:30am to 12:30pm; the bag sale starts at 2:00pm and ends at 5:00pm. Volunteers are needed to set up for the sale the week before, as well as to help on the day of the event.

For questions, for further info, or to volunteer, you may contact rummage@vassartemple.org, or call the office (845) 454-2570.

**Scholar in Residence Shabbat at Schomre Israel**

Congregation Schomre Israel is pleased to announce that Dr. Luchins, OU national vice president, will be the featured scholar at the synagogue on October 26 and 27, Parashat Vayera. This program has been coordinated by the Orthodox Union Department of Synagogue and Community Services. All are invited to join us for all of the program or parts of the program.



Dr. Luchins

Here is the schedule of events:

**Friday, October 26**

5:30 PM Mincha, Kabbalat Shabbat and Friday night dinner with presentation by Dr. Luchins "Is the Party Over? America Jewish Political Power Faces New Realities"

**Saturday, October 27**

9:00 AM Shacharit, Drasha by Dr. Luchins  
12:00 PM Kiddush luncheon with presentation by Dr. Luchins "Elections 2018: What is Good for the Jews?"

1:30 PM Mincha and Menuchat Shabbat  
7:15 PM Maariv and Havdalah presentation by Dr. Luchins "Israel Today, Moving the Embassy: the Backstory"

Reservations are required for the meals. Lectures and services are open to the public. Friday evening dinner is \$15 per person. Kiddush luncheon is complimentary. Reservation deadline is October 15. RSVP (845) 454-2890 or schomre1@aol.com

**The Leah (Ladies Eating At Hadassah)**

**LEAH** is an opportunity for ladies to enjoy a lunch out with friends, new and old. The **LEAHs** get together for lunch at a local restaurant and make a voluntary donation of \$3 to Hadassah. We are hoping to have a **LEAH** luncheon every other month (excluding February), weather permitting.



The past two **LEAH** luncheons have been well attended. If you would like to join us for an enjoyable experience of good food and friendly companionship, we'd love to have you. Whether a Hadassah member or not, you are welcome to attend. At the **LEAH's** last luncheon a donation of \$63 was made to Hadassah.

We're looking forward to seeing you!

**DETAILS**

Friday, October 12, 12:30pm, Seasons, 1545 Route 52, Fishkill. RSVP by October 4, to Grete (845) 297-0775 Grete15@optonline.net or Judy (845) 462-6310. Please let us know if you:

- would like a ride
- are able to give a ride
- have a Sept. or Oct. birthday
- would like to be added to the **LEAH** notification list

# Local

## Sunday

**Bagels, Lox, Torah (Tefillin too!)** 9:00am led by Rabbi Yacov Borenstein. Morning minyan will follow Torah discussion on the coming week's Torah portion, upcoming holiday or topic of Jewish interest.  
**Temple Beth-El serves at Lunchbox** Volunteers always needed to keep this program running. Please call (845) 454-0570 if you can help.

## Monday

**Congregation Schomre Israel Chair Yoga** with Toni Farkas, 11:30am. \$5 per session, all welcome. and Rabbi Miriam Hyman. All are welcome. For more info contact (845) 454-0570 or info@theny.org.  
**Vassar Temple** October 1, 10:00am, Yizkor.  
**Temple Beth-El Board Meeting** October 15, 7:30pm. Temple Beth-El Board Of Trustees meeting.  
**Temple Beth-El Shmini Atzeret Service** with Yizkor October 1, 9:30am. Kiddush follows.  
**Temple Beth-El Simchat Torah** October 1, 6:00pm. Fun celebration and service, with dancing, singing, and fun activities.

## Tuesday

**Temple Beth-El Simchat Torah** October, 2, 9:30am. Celebration and service, lunch follows. All welcome.

## Wednesday

**Learn & Lunch Bunch** every Wednesday, 11:00am-1:30pm. 118 So. Grand Ave, Poughkeepsie. Please RSVP each week by Monday so we can prepare appropriate amount of food. For information, menu and program schedule, see page 2 of *The Voice* or contact (845) 471-9811.

## Friday

**Congregation Shir Chadash Kabbalat Shabbat Service** resumes October 5, 12, 19, 26, 7:30pm, evening service with Rabbi Daniel Polish and Cantor Gail Hirschenfang. Followed by community Oneg. All welcome.  
**Congregation Shir Chadash Family Simchat Torah Service** October 5, 6:30pm, One of the most special and awe inspiring services, when we get to see the entire Torah unwound throughout the sanctuary.  
**Vassar Temple Shabbat** October 5, 19, 26 7:30pm. October 19 will be the installation of Rabbi Renni S. Altman.  
**Vassar Temple Shabbat Noach** October 12, 7:30pm, with guest speaker.  
**Temple Beth-El Evening Service** each week, 8:00pm, Conservative, egalitarian Shabbat Service. All welcome.

## Saturday

**Congregation Shir Chadash Sharing Shabbat and Religious School Programs** October 6, 20, 9:00-10:30am. Come early at 8:45am and have breakfast on us! It is not too early to register for religious school for the Fall. New parents are encouraged to have their children try a class for a month with no obligation. Children learn about Jewish culture, holidays and history while having fun and making friends. All are welcome.  
**Congregation Shir Chadash Tot Program** October 6, 20, 9:00-10:30am. Children ages 3-5, accompanied by an adult, learn through doing crafts, food and games. The class is open to all families and free of charge  
**Congregation Shir Chadash Morning Torah Service** October 6, 20, 10:45-11:30am. Led by Rabbi Daniel F. Polish & Cantor Gail Hirschenfang. Bagels, coffee, etc. prior to service. All welcome!  
**Vassar Temple New Paths Shabbat Morning Worship** October 6, 20, 10:00am.  
**Temple Beth-Shabbat Morning Service** every week, 9:30am, Lively, inclusive, Conservative, egalitarian Shabbat.

# Out of Area

**Congregation Emanuel of the Hudson Valley Events**  
 23 Albany Ave, Kingston NY 12401 (845) 338-4271 www.templemanuelkingston.org.

All Services held in our Chapel are available to live stream. Visit our website: www.cehv.org and click on the live stream link on the homepage. You can also view archived services and classes.

**Kabbalat Shabbat evening service** First Friday evening, 6:00pm, with a symbolic Oneg following. All other Friday's 7:30pm with an Oneg following.

**Musical Kabbalat Shabbat** is the second Friday of the month.

**Shabbat Service with Zemer Choir Participation** is the fourth Friday of the month.

**Tot Shabbat** A select Saturday each month September—June, 9:00am, A wonderful way to introduce your tot to Shabbat through interactive music with Rabbi Romer and her guitar.

**Religious School** Saturday, 9:30am—12:30pm, September—May. Contact our Religious School Director Samara Genee for more info (845) 338-4271 x 110

**Saturday Morning Service** September through June, 10:00am, Join us for uplifting morning communal prayer, meditation and Torah study.

**Ongoing Adult Education with the Rabbi** Call (845) 338-4271(x101) for class dates/time: Hebrew Trope, Torah Study, Introduction to Judaism, Beginner and Intermediate Conversational Modern Hebrew, Meditation and Parashat Shuvah, Kabbalah and Private Conversion Tutorials.

**Rhinebeck Meditation & Torah Study** Tuesday's September through June, 8:45am; 9:15am weekly Torah study, Led by Rabbi Yael Romer.

**Confirmation Class with Rabbi Romer** Meeting first Wednesday, Shabbat Dinner the second Friday, Community service TBD monthly on third Saturday afternoon or Sunday morning. Religious School registration required.

**Lunch with Rabbi Romer and Guests** 1st Tuesday of the month beginning November 6 12:00pm, hot lunch with discussion following.

**Tot Shabbat** Celebrated monthly of select Saturdays at 10:00am. Connect your child to Judaism & your Temple community. Beginning Saturday, October 20.

# Calendar

## October

### REGULAR SCHEDULE OF SERVICES

**Beacon Hebrew Alliance (Conservative)**  
 331 Veplanck Avenue, Beacon (845) 831-2012  
 Rabbi Brent Spodek; Cantor Ellen Gersh; Education Director, Ashley Baker  
 Website: [www.beaconhebrewalliance.org](http://www.beaconhebrewalliance.org)  
 Email: [411@beaconhebrewalliance.org](mailto:411@beaconhebrewalliance.org)  
 Services: Fridays, 7:30pm and alternating Saturdays at 9:30am. Visit website for information about services, religious school, and community events

**Chabad of Mid-Hudson Valley**  
 63 Vassar Road, Poughkeepsie (845) 463-5801  
 Rabbi Yacov Borenstein  
 Website: [www.chabadmidhudsonvalley.com](http://www.chabadmidhudsonvalley.com)  
 Email: [ChabadMidhudsonVly@prodjay.net](mailto:ChabadMidhudsonVly@prodjay.net)  
 Services: Fridays, call for time and Saturdays at 10:00am

**Congregation Beth David (Reform)**  
 East Main Street, Amenia (845) 373-8264  
 Rabbi Jon Haddon  
 Website: [www.CongBethDavid.org](http://www.CongBethDavid.org)  
 Email: [JonRab33@gmail.com](mailto:JonRab33@gmail.com)  
 Services: usually Saturdays, 10:00am twice monthly except January and February; call for schedules

**Congregation Schomre Israel (Orthodox)**  
 18 Park Avenue, Poughkeepsie (845) 454-2890  
 Rabbi Eliezer Langer  
 Website: [www.schomreisrael.org](http://www.schomreisrael.org)  
 Email: [SchomreI@aol.com](mailto:SchomreI@aol.com)  
 Services: Monday-Thursday, 7:00am, Sunday, 8:00am, Saturday, 9:00am Sunday-Thursday 7:00pm  
 Shabbat Services vary depending on sundown

**Congregation Shir Chadash (Reform)**  
 Interim: Freedom Plains Presbyterian Church, Lagrange (845) 232-1029  
 Rabbi Daniel Polish, Cantor Gail Hirschenfang  
 Website: [www.shir-chadash.org](http://www.shir-chadash.org)  
 Email: [info@shir-chadash.org](mailto:info@shir-chadash.org)  
 Services: Friday, 7:30pm; bimonthly Saturday children's religious school, 9:00am, Torah study, 9:15

**Pardess Center for Jewish Life**  
 (845) 440-7592  
 Rabbi Zalman Sandhaus  
 Website: [www.MvPardess.org](http://www.MvPardess.org)  
 Email: [info@MyPardess.org](mailto:info@MyPardess.org)

**The Rhinebeck Jewish Center**  
 102 Montgomery Street, Rhinebeck (845) 876-7666  
 Rabbi Hanoch Hecht and Rebbitzin Tzivie Hecht  
 Website: [www.RhinebeckJewishCenter.com](http://www.RhinebeckJewishCenter.com)  
 Email: [RSVP@RhinebeckJewishCenter.com](mailto:RSVP@RhinebeckJewishCenter.com)  
 Friday services call for time; Saturday services, 9:30am

**Temple Beth El (Conservative)**  
 118 So Grand Avenue, Poughkeepsie (845) 454-0570  
 Rabbi Daniel Victor, Rosh Tefilah Rabbi Miriam Hyman  
 Email: [info@theny.org](mailto:info@theny.org)  
 Website: [www.theny.org](http://www.theny.org)  
 Services: Friday, 8:00pm, Saturday Shabbat service at 9:30am, weekdays, 7:30am daily

**Vassar College Bayit**  
 51 Collegeview Avenue, Poughkeepsie (845) 451-3920  
 Liz Aeschlimann, Rose and Irving Rachlin Director of Jewish Student Life at Vassar College  
 Email: [eaeschlimann@vassar.edu](mailto:eaeschlimann@vassar.edu)  
 Services: Friday, 6:00pm service, 7:00pm dinner when school is in session

**Vassar Temple (Reform)**  
 140 Hooker Avenue, Poughkeepsie (845) 454-2570  
 Rabbi Renni Altman Website: [www.vassartemple.org](http://www.vassartemple.org)  
 Email: [Office@VassarTemple.org](mailto:Office@VassarTemple.org) or [rabi@vassartemple.org](mailto:rabi@vassartemple.org)  
 Services: Friday, 7:30pm unless otherwise noted, Torah study Saturday, 9:00am. New Paths 1<sup>st</sup> and 3<sup>rd</sup> Saturday every month, 10:00am unless otherwise noted

### October Candle Lighting

October 5 .....6:12pm  
 October 12 .....6:01pm  
 October 19.....5:50pm  
 October 26 .....5:40pm

Want to share your thoughts about *The Voice*? Got an idea you'd like to see in print? We're listening. Email us at [TheVoice@JewishDutchess.org](mailto:TheVoice@JewishDutchess.org)

**Save the Date:  
JFedDC Annual Meeting December 13**



Jewish Heritage Night at Dutchess Stadium

(Bottom L) Stacy Gamberg, of Congregation Schomre Israel, holds the Israeli flag while Rabbi Daniel Victor, of Temple Beth-El, sings Hatikvah.



The Yiddish Theatre Trip to see Fiddler on the Roof was huge success and everyone had a great time.



JFedDC Ladies Night Out



Temple Beth-El Religious School Meet and Greet at Peachwave.



JFedDC NextGen Schmooze and Booze billiards get together.

**May Street Sign Dedicated to Local Jewish War Veteran**

A sign honoring Pvt. Herman Siegel was dedicated on the corner of Forbus and May Streets in the City of Poughkeepsie, signifying the culmination of several years of planning between Jewish War Veterans Post #625 and the City of Poughkeepsie. Pvt. Siegel was the first Jewish serviceman from Poughkeepsie killed in World War II, and Jewish War Veterans Post #625 is named in his memory. It is an extremely apt location for the sign since Herman lived most of his life in a house that still stands on May Street.

Herman Siegel was born May 4, 1925, at Vassar Hospital, the only child of Esther and Harry Siegel. He attended local schools and graduated Poughkeepsie High in June, 1943. An excellent student in both math and science, he was involved in the music festival, orchestra, band, and track, and was very popular among his fellow classmates. In fact, the comment under his senior photo in the year book was, "Six foot tall and not too shy, who cannot help but like this guy." Herman had planned to attend Clarkson College, but he was drafted into the military right after graduation.

On August 7, 1943, Herman was inducted into the Army and sent for training first to Camp Upton, L.I., then to Fort Riley, Kansas and finally to Fort Meade, Maryland. He was then assigned to the 141<sup>st</sup> Armed Signal Battalion that supported the First Armored Division in North Africa, and was sent to participate in the Anzio Campaign. Herman was killed on the Anzio Beachhead in Italy on May 18, 1944; he was just 19 years old. Private Siegel was first interred in the military cemetery in Nettuno, Italy, and reinterred in the Hebrew Benevolent Cemetery in the City of Poughkeepsie in 1947. After his death, his parents established the Herman Siegel Memorial Prize for Excellence in 12<sup>th</sup> Year Math at Poughkeepsie High.

The ceremony to dedicate the sign was attended by many local veterans, as well as ordinary citizens and a host of dignitaries. Among those there to honor Pvt. Siegel were Poughkeepsie's Mayor Rob Rolison, Director of County Veterans Services Marc Coriello, a group of administrators from the Poughkeepsie School District including Supt. Kathleen Farrell and H.S. Principal Ronald Jackson, and a representative of State Senator Sue Serino who presented the Post a proclamation from the NYS Senate. All of the speakers expressed the hope that Pvt. Siegel would prove an inspiration to today's youth who attend Poughkeepsie High School right across the street from the sign that is dedicated to his memory. Rabbi Eliezer Langer of Congregation Shomre Israel gave the invocation and benediction, and a Scout from John Jay High School closed the ceremony with taps. To express gratitude to the City for the sign, the members of Pvt. Herman Siegel Post #625 Jewish War Veterans of the USA have pledged to clean May Street of litter monthly.



Rabbi Langer delivers the invocation



Post members assemble for the ceremony



Mayor Rob Rolison addresses the crowd



A contingent from Poughkeepsie School District joined.



Dr. Irving Baum & Ron Markowitz receive the NYS Senate Proclamation.



The ceremony closed with Taps