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of Dutchess County

BARDAVON



Security During the High Holiday Season

Submitted by: Patrick Regan, CSI Senior Regional Security Director – Greater HV

As we approach the 2026 high holiday season, we have seen a disproportionate increase in hate crimes in the Jewish community. We have also seen tacit approval of antisemitic sentiment under the guise of anti-Israel, or anti-Zionist belief.

A misrepresentation of what Zionism is, and a belief that Jewish people have no right to self-determination, transcends any view on Israeli (or US) politics and current conflict. While much of the rhetoric can be offensive, from a security perspective it is important that we look beyond the surface of offensive material and comments in order to bolster our security posture in our individual institutions, and as a community.

In most cases, public figures expressing antisemitic positions – such as politicians, celebrities, or others with a following - are less likely to be an immediate threat than those inspired by those positions and their sentiment, particularly those positions that seem to advocate violence, or create a moral equivalence between the horrific events of October 7, and anything else.

In recent weeks, we have had several incidents throughout the Greater Hudson Valley that could be perceived as minor. These incidents ranged from harassment, interruption of religious services, to shouting antisemitic and anti-Israel comments outside of synagogues, and inexplicably taking pictures of synagogues and Jewish residences.

In each case, the police responded, and the offenders that did not leave the scene were identified. While the intent of each individual was likely to harass or annoy, the actions are also consistent with pre-event surveillance, and we should be concerned that this represents a cultural shift that in parts of the country, has led to violence or vandalism, and will certainly contribute toward other incidents in the coming weeks.

Any instance that appears to target a Jewish person or institution for any reason should not be taken lightly or dismissed. It is through seemingly irrelevant encounters – both in person and virtual – that that information is continually developed by CSI, law enforcement, and our partners in Jewish communal security that has led to identification and arrests of individuals, and the interruption of subjects who were on their pathway to violence.

Continued Page 13

We officially welcome our new community partner.



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REQUESTED ITEMS

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- Cheddar Fish
- Crackers
- Granola bars
- Jelly – for PB&J sandwiches

Also welcome: other non-perishable pantry items.

DROP-OFF SITES

Jewish Federation of Dutchess County

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M/W/Th 10am–4pm
and at our events

See the event calendar at
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For more info: 845-471-9811 | Events@JewishDutchess.org



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NOMINATE A
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HELP US RECOGNIZE THOSE STANDING UP AGAINST
ANTISEMITISM AND ANTIZIONISM
IN DUTCHESS COUNTY.



We are now accepting nominations
for the 2026 Maccabee Awards!

The Maccabee Award honors individuals
who are making an exemplary and bold
effort to fight antisemitism and
antizionism in Dutchess County.

Help us recognize the people in our community
who stand up, speak out, and lead with courage.

NOMINATIONS DUE
SEPTEMBER 14

SUBMIT NOMINATIONS TO:
events@JewishDutchess.org

RECIPIENTS WILL BE HONORED AT OUR ANNUAL MEETING

NOVEMBER 30, 2026

MONDAY | 6:30 PM

Boardman Road Branch Library, Poughkeepsie

JewishDutchess.org/Events | 845-471-9811

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JOIN OUR FEDERATION FAMILY
Sign up to receive our **complimentary weekly email & monthly newspaper, The Voice** - filled with community news, upcoming events, and inspiring stories that bring Dutchess County's Jewish community together.

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It's free!

What is Jewish Family Services (JFS)?

- Creating a senior social network through Learn & Lunch Bunch bi-monthly gatherings.
- Connecting and celebrating our seniors with holiday gift packages.
- Helping those in need through Mitzvah Day and Mitzvah Now initiatives.
- Scholarships for Jewish education, Jewish summer camps, and youth trips to Israel.
- Medical Loan Referral closet—providing medical equipment (free of charge) and referrals to other local medical loan closets.
- Assisting during a personal or family crisis.
- Weekly bereavement group.

LEARN & LUNCH BUNCH

Jewish Family Services (JFS) presents cultural, social, and educational programs.

Location
Temple Beth-El
118 S Grand Ave
Poughkeepsie NY

SCHEDULE
Schmooze 11:00 –11:30 am
Program 11:30 –12:30 pm

Suggested Donation \$8; no one will be turned away for lack of funds.

Please do not bring outside food into the temple.

WEDNESDAY PROGRAMS Join us!

September 9 - Off for the Holidays. Shana Tova!

September 23 - Your Mind is Not Always Telling You the Truth: presented by life coach Marie Vega-Byrne. Marie will be blending storytelling, humor, and interactive exercises to help the audience move from reacting to responding with clarity and confidence. Marie believes that even one intentional minute can change the direction of a day—and sometimes the direction of a life.
Menu: lasagna, GF lasagna, garlic bread, salad, ice cream bars and cookies

*Gluten free options available upon request in advance
*Menu is subject to change

TO REGISTER, call the office at (845) 471-9811 or online at: www.JewishDutchess.org/events

****Advanced registration needed for food planning purposes****

Learn & Lunch Bunch is partially funded by the Ann & Abe Effron Fund and Bernard and Shirley Handel Foundation Donor Advised Fund of the Community Foundations of the Hudson Valley and an anonymous Charitable Trust thanks to the guidance of Adam Belok, Board Member and Financial Consultant.

CONNECT WITH US!
Follow us for the latest events, photos, and community updates!
FB: /JFedDC IG: @JewishDutchess
Find out where we'll be next - visit JewishDutchess.org/Events

We apologize for inadvertently missing these sponsors in our Federation Celebration Gala recognition in last month's *Voice*. We regret this error and appreciate your understanding.

Tzedakah (\$500)

- Dutchess Community College Foundation
- Vassar Temple

Shalom (\$250)

- Farmers & Chefs
- Deanie Gordon

L' Chaim (\$118)

- Phyllis Bressman
- Adrienne London

We apologize for any spelling errors or omissions.

Office for the Aging

submitted by Brian Jones, Outreach Coordinator, Dutchess County Office for the Aging

“Bungalow Leg”

If you've never heard of "bungalow leg" before, join the club. This strangely named condition refers to the gradual weakening of leg and lower body muscles in people who live in homes without stairs, and who don't get to climb stairs in other places.

Eventually, an older adult who doesn't work the necessary muscles for climbing stairs may find themselves unable to climb stairs they once took for granted. They may even trip over low curbs.

Our Leg Muscles Love Stairs

A 2018 Duke University Department of Medicine study found that stair-climbing came with many benefits:

- There is a significantly lower risk of mortality when climbing more than 55 flights per week.
- Active stair climbers are more fit and have a higher aerobic capacity.
- Even two flights of stairs climbed per day can lead to six pounds of weight loss over one year.
- There is a strong association between stair climbing and bone density in post-menopausal women.
- Climbing stairs can improve the amount of "good cholesterol" in the blood.
- Stair climbing increases leg power and may be an important priority in reducing the risk of injury from falls.

Climbing the stairs also involves the glutes, hamstrings, calves, as well as ankles that ensure feet land properly on each step. If you can climb stairs, you should. It's one of the healthiest activities there is at any age - and it's free.

Stairs Aren't For Everybody

Single-story living may still be preferable for older adults with significant mobility and/or balance challenges, conditions that affect the muscular or skeletal system, cardiovascular system, or neurological system.

I'm In a Single-Story Home - Now What?

Besides finding stairs and hills to climb in your day-to-day activities, physiotherapists and trainers offer practical, free alternatives that can be done at home to reduce the likelihood of bungalow leg.

While you make your morning coffee or tea, march in place while lifting your knees as high as they can safely go. Use the kitchen counter for support if you need it.

When you get out of a chair, stand up and sit down three times to work your quads. Stronger quads are an underrated key to independence. We need our quads in good working order to be able to safely sit on and get up from a toilet. Being unable to do so without help raises serious questions about one's continued independence.

Prepared by the Dutchess County Office for the Aging, 114 Delafield St., Poughkeepsie, New York 12601, phone (845) 486-2555, email: ofa@dutchessny.gov website: www.dutchessny.gov/aging Social media: www.facebook.com/DutchessCountyOFA

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The Harding Club

A Meal with Friends

Friendships are often nurtured by shared meals. In literature, oral traditions, religious texts, and historical accounts, lasting friendships are often forged over dinner, lunch or celebrations accompanying meals. In fact, the Talmud says, "Great is eating, for it ... brings close those who are far."

The Harding Club is a Jewish Men's Social Club located in the Poughkeepsie area. At the Harding Club, we follow this ancient wisdom. Meetings take place once or twice each month, over lunch or dinner, at a local eatery. Our shared meals are meant to foster conversation, laughter, deep connections and friendships.

The Club was founded over 100 years ago, during the Harding Administration, and is one of the nation's oldest Jewish men's clubs outside a major metropolitan area. We believe the longevity, and vitality of our organization, reflect the Club's continuing success in nurturing lasting friendships among Jewish men.

Each meeting mixes a meal, a welcoming attitude toward new members, socializing and camaraderie; with speakers who address timely topics across the spectrum of life, including business, the arts, recreation, health, money management, politics and history. In late September, the Club will also enjoy a Hudson River evening cruise and dinner.

As the New Year begins, we invite you to break bread with us. If you would like to join our table of friends, we are excited to welcome you!

To learn more, contact one of the Club Officers below:
Irvin Miller, president, irvinmmiller@gmail.com
Jim Thrasher, vice president, jdt845@gmail.com
Dave Lowitz, secretary, dlowitz@aol.com





Wishing You and Yours a Happy Rosh Hashanah

Sue Serino
Dutchess County Executive

L'Shanah Tovah



NYS Senator
Michelle Hinchey

L'Shanah Tovah



Lisa Paoloni,
Dutchess County Legislator,
District 13

L'Shanah Tovah



Dutchess County Legislator
Mike Polasek

L'Shanah Tovah



A. Gregg Pulver
Assistant County Executive

Best Wishes For a Happy & Healthy New Year!



Anthony Parisi, Dutchess County District Attorney

Best Wishes For a Happy & Healthy New Year!



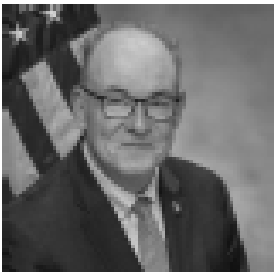
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Happy Rosh Hashanah
from
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May the sounds of the Shofar welcome in a new year of health and happiness!

Assemblymember Anil Beephan



May the sounds of the Shofar welcome in a new year of health and happiness!

Legislator - Lew Darrow

L'Shanah Tovah



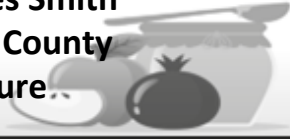
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L'Shanah Tovah



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Emma Arnoff

L'Shanah Tovah



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Chair of the County Legislature

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Page 3: Wm. G. Miller & Sons Funeral Home, Inc., David Feinstein Berkshire Hathaway Home Services, B Riley Wealth, Optique Elegance, Michael Torsone Memorial Funeral Home, Red Cap Cleaners, and PAZ.

Page 16: Hudson Valley Hospice, and Hudson Valley Palliative Care

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VOICE DEADLINES	ISSUE	DEADLINE
Note deadlines listed. Email: TheVoice@JewishDutchess.org if you have questions.	October	September 1
	November	October 1
	December	November 1
	January	December 1

Rabbi’s Blog by Rabbi Shlomo Krasner
A Beautiful Nation

We, the Jewish people, are a beautiful people—a beautiful nation.

Over the past few weeks, I have been spending a great deal of time with relatives who were in the hospital. There is a peculiar mixture of anxiety, exhaustion, boredom, and cabin fever that accompanies long days spent waiting in a hospital. Yet amid those difficult hours, I was reminded once again of something extraordinary about the Jewish people.

Jewish communities are infused with remarkable kindness, with countless individuals quietly dedicating themselves to easing the burdens of others.

We spent time in several hospitals, and each one had a **Bikur Cholim** (assisting the ill) room stocked with kosher meat and dairy meals, a boatload of snacks, couches, Jewish books and magazines, and phone chargers. This generosity involves not only those who help cover the costs, along with restaurants that provide discounted food, but also an army of volunteers who continually restock the shelves and refrigerators. Every Friday, young men and women arrive at each patient’s room with Shabbos packages to ensure that the beauty and sanctity of Shabbos can be felt—even within the walls of a hospital.

This is only a small glimpse of the kindness provided through Bikur Cholim. Its services also include patient advocacy, medical referrals, transportation, assistance in obtaining hard-to-secure specialist appointments, home and hospital visitation, medical equipment, respite services, overnight caregivers for new mothers, Tehillim groups, educational guidance, and countless other forms of assistance. In conjunction with other organizations, Bikur Cholim also provides free housing near hospitals for those coming for Shabbos or traveling from out of town or abroad. The facility in Baltimore was set up like an upscale hotel, filled with comforts, Shabbos foods, and even a freezer full of ice cream (perhaps too much ice cream).

Now multiply this kindness by the thousands of chesed organizations throughout the United States alone. Hatzalla, with more than 50 American chapters, is made up of volunteer EMTs from all walks of life who will drop what they are doing at a moment’s notice, 24/7, when they receive a call that someone is in medical distress. Chaverim, also with more than 50 American chapters, likewise has an army of dispatchers and volunteer mechanics who will change a flat tire, jump-start a car, and provide other roadside assistance—often arriving within minutes.

The list goes on: **Shomrim** and **Shmira** provide volunteer community patrols to help ensure public safety; A **Time** and **Bonei Olam** assist couples facing infertility; **Refuah Helpline** offers medical referrals, advice, and patient advocacy; **Professional Career Services** assists with employment and career development; **Penimi** works to develop the self-awareness and inner strength needed to remain true to one’s deepest convictions; **Relief Resources** provides emotional-health referrals, education, and support; **Chayim Medical Resource** assists families facing medical crises; **Chayim Aruchim** provides referrals and assistance with elder care; **Entrepreneurial Partner Initiative** supports business development; **Samchainu** offers strength and support to widows; **Sister to Sister** provides support for divorced women; **Chasdei Lev** helps provide financial support for educators; **Misaskim** assists families after the passing of a loved one; **Chai Lifeline** supports children and families impacted by illness and crisis, with more than 6,000 volunteers; **Tomchei Shabbos** discreetly provides basic kosher food needs, with more than 7,000,000 pounds of food distributed annually in Lakewood alone; and **CSB Care** assists the visually impaired. And this is only a sampling. In fact, I once came across a 54-page pamphlet listing chesed organizations in New York alone.

I was told that my article can only be 7,000 words, so I will have to cut the list short and refrain from sharing personal stories. And all of this is in addition to the kindness and charity extended by so many of our brothers and sisters on an individual level, as well as the organizations that sustain communal life through Torah study, Torah education, kosher services, eruvim, mikvaos, cemeteries, synagogues, and every other aspect of Jewish communal life.

The past year has been a strange one—not in a pleasant sense, but in a deeply unsettling way—on the international stage, in the political arena, and in the perceptions and misconceptions surrounding American Jewry.

Reflecting on the beauty of our people leaves me with one overwhelming thought: I may not know how politicians will protect the Jewish people. I may not even know how we can secure our future. But I do know this: the collective kindness of the Jewish heart has preserved us for generations, continues to uphold us today, and will sustain us and enable us to thrive throughout eternity.

Kindness and acts of kindness define who we are as a people. They give us an anchor and a sense of destiny; they are part of our lifeline. Political movements rise and fall. Ideals and ideologies shift with the sands of time. Cultures change with the winds of history. But when kindness becomes part of a nation’s very character—when it is absorbed with one’s mother’s milk and lived as a lifelong commitment—it creates something enduring. It creates a people whose identity cannot be erased by the changing fashions of society.

Kindness accomplishes something even deeper. When we care for one another, we draw closer to one another. No matter where we fall on the political spectrum—whether in America or in Israel—acts of kindness strengthen the bonds of brotherhood. They remind us that, despite our disagreements, we are still family.

(There is an urban legend about a Jewish driver who stopped in the mountains to help another man wearing a kippah change a flat tire. Afterward, the man with the flat tire mentioned that he was not Jewish but kept a kippah in his glove compartment because he knew that Jews always stop to help.)

Hashem has told us how deeply He loves kindness and how greatly He cherishes His children when they immerse themselves in acts of kindness. Hashem delights in a nation whose defining characteristic is chesed. When we treat one another with compassion, generosity, and kindness, we do more than improve society—we bring pride to our Father in Heaven, and He showers His kindness upon us.

May Hashem look upon the kindness of His sons and daughters and write us all in the Book of Life.



Rabbi Shlomo Krasner

Meet Your Neighbor by Karen Hochhauser

Each month, we ask a Member of the Tribe* (MOT) the following questions and feature their answers for a fun and insightful way to meet your neighbors. This month, we are excited to introduce **Dr. Stephanie Phekoo**, who took time to connect with Karen to have a great conversation.



Dr. Stephanie Phekoo

- 1. **What is your favorite/least favorite word?**
Favorite: “Resilient” because it takes grit. It takes a little bit of everything to see it through.
Least Favorite: “As per” – It sounds incredibly passive aggressive.
- 2. **What inspires you?** Anything in nature inspires all three.
- 3. **What is your favorite song?**
“I wanna be the one” by Stevie B.
- 4. **What profession other than your own would you like to attempt?** Anything you can create, build, or do with your hands.
- 5. **What profession other than your own would you not like to attempt?** Anything where you are stuck behind a computer and not talking to people.
- 6. **What do you most like and dislike about yourself?**
Like: I am pretty patient. I don’t take anything too seriously.
Dislike: Not having enough time. I always have a lot of things I want to do so always feeling behind.
- 7. **What is your favorite Jewish food/dessert?** Jewish apple cake and challah.
- 8. **What is one interesting thing that people don’t know about you?**
For my job I have to be an outgoing person, but I am actually extremely shy and an introvert.
- 9. **If you could choose a superpower, what would it be?** To speak and understand any language.
- 10. **What is your greatest achievement/something you are most proud of?** Getting my doctorate while I had a child and family.
- 11. **Do you have a “bucket list” and, if so, what is on it?** Learning how to do more DIY things in my house.
- 12. **What is your earliest Jewish memory?** Walking to synagogue on High Holy Days with my family and celebrating Rosh Hashana dinner with family.
- 13. **What is your favorite Jewish memory?** All the holidays we had at my parents’ house. My mother did a lot of hosting. It got me into cooking and bringing family together.
- 14. **If there were one thing you would hope others do in the interest of our future, what would that be?** Teach and learn about others.
- 15. **In what ways, does or can JFedDC impact our Jewish community?**
Bringing in people of different backgrounds to build togetherness and understanding of others.
- 16. **If Heaven exists, what would you like to hear God say when you arrive at the Pearly Gates?** Hi! There are a few people who can’t wait to see you.
- 17. **What is one question you wish we asked and what is the answer?**
Q: What is your favorite quote?
A: “Everybody is a genius. But if you judge a fish by its ability to climb a tree, it will live its whole life believing that it is stupid.”

*Member of the Tribe

L' Shanah Tovah
Have a sweet year!

Happy New Year!
Mark, Susan, Alana, Adam
and Julia Cooper

L' Shanah Tovah
Have a sweet year!

Happy New Year!
Paula & Azzy Reckess

L' Shanah Tovah
Have a sweet year!

Happy New Year!
Donna & Felipe Pistiner and
Family

L' Shanah Tovah
Have a sweet year!

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Have a Sweet New Year!



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Have a Sweet New Year!



Rabbi Renni Altman

Have a Sweet New Year!



Paul W. Annetts

Have a Sweet New Year!



Nancy & Adam Belok

L' Shanah Tovah
Have a sweet year!



Happy New Year!
Brenda J. Baker and Family

L' Shanah Tovah
Have a sweet year!



Happy New Year!
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Have a Sweet New Year!



Herman Chertock and Family

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Judy & Alan Fox

L' Shanah Tovah
Have a sweet year!



Happy New Year!
Judy Elkin & Gene Fleishman

L' Shanah Tovah
Have a sweet year!



Happy New Year!
The Handel Family

Have a Sweet New Year!



Ellen, Barry, & The Rosenberg Family

Have a Sweet New Year!



Linda Skolnik

Have a Sweet New Year!



Rabbi Ellen & Judge Jonah Triebwasser

Have a Sweet New Year!



Dr. & Mrs. Michael Muffs

Have a Sweet New Year!



The Pesacovs

Have a Sweet New Year!



Helen Bernstein and Family

L' Shanah Tovah

Gail & Sam Simon



Have a Sweet New Year!



Adrienne London and Robbie Roeshman

Best Wishes For a Happy & Healthy New Year!



Wendy & Stuart Waxman

Best Wishes For a Happy & Healthy New Year!



Honorable Carl & Ronnie Wolfson and Family

L' Shanah Tovah
Have a sweet year!



Happy New Year!
Sandra Mamis

Have a Sweet New Year!



Renee-Caryn Chase & Family



2026 High Holiday Service Schedule

To see full holiday schedules please go to jewishdutchess.org/high-holiday-schedules

Chabad of Mid-Hudson Valley
For information, to RSVP call Chabad at (845) 463-5801 or email: chabadmidhudsonvly@prodigy.net

Rosh Hashanah
Friday, September 11

- 6:30pm Evening Service
- 7:30pm Community Dinner - Kindly RSVP suggested donation \$36 adult, \$15 child

Sarurday, September 12— Sunday, September 13

- 10:00am Morning Service, 11:30am Interactive Children’s Program
- 12:00pm Shofar Blowing (only Sunday, September 13)
- Large Kiddush following Services
- 6:00pm Mincha
- 6:30pm Tashlich Service (only Sunday, September 13)

YOM KIPPUR
Erev Yom Kippur Sunday, September 20

- 6:30pm Kol Nidre

Yom Kippur Monday, September 21

- 10:00am Morning Service, 11:30am Interactive Children’s Service
- 12:00pm Yizkor Memorial Service
- 5:30pm Mincha, 6:30pm Neilah (Closing Prayer)
- 7:36pm Final Shofar Blast
- Followed by a delicious break-fast

Rhinebeck Jewish Center
RSVPs appreciated: RSVP@rhinebeckjewishcenter.com

Rosh Hashanah
Erev Rosh Hashanah—Friday, September 11

- 6:45pm Evening Service
- 7:15pm Community Holiday Dinner

Rosh Hashanah —Saturday, September 12

- 10:00am Morning Service, 11:00am Children’s Program

Rosh Hashanah Sunday, September 13

- 9:30am Morning Services
- 11:00am Children’s Program, 11:15am Shofar Blowing
- 6:00pm Tashlich at American Legion Park, Rhinebeck

YOM KIPPUR
Erev Yom Kippur Sunday, September 20

- 7:00pm Evening Service

Yom Kippur Monday, September 21

- 10:00am Morning Services, 11:00am Children’s Program
- 12:00pm Yizkor Memorial Service
- 5:00pm Mincha/Neila Closing
- 7:36pm Yom Kippur Ends, Break-Fast

Congregation Schomre Israel

Selichos
Saturday, September 5, 9:45pm Video Presentation TBD; 11:00pm Selichos
Sunday, September 6, 8:30am Shacharit with Selichos
Rosh Hashanah
September 7-10

- 8:00am Shacharit with Selichos

Rosh Hashanah Eve—Shabbat Eve—Friday, September 11

- Memorial Service at Schomre Israel Cemetery -Rabbi Krasner available for graveside prayers. RSVP only
- 6:30pm Mincha/Maariv, 6:53 Candlelighting (earliest 5:53pm) followed by Community Seder meal

Rosh Hashanah First Day—Saturday, September 12

- 8:30am SHARP—Shacharit
- 10:45am Torah Reading; 11:15am Sermon; Community meal after davening
- 6:30pm Mincha/Maariv; 7:53pm after Candlelighting
- 8:30pm Community Seder

Rosh Hashanah Second Day Sunday, September 13

- 8:30am SHARP—Shacharit
- 10:30am Torah Reading; 11:00am Sermon; 11:15 Shofar
- Community meal after davening
- 5:00pm Tashlich, 5:30pm Meaningful Abridged Service
- 6:10pm SHARP - Second Shofar; 6:30pm Mincha/Maariv; 7:30pm Havdallah

Fast of Gedaliah—Monday, September 14

- 5:22am Fast starts for 12603 zip code, 8:00am Shacharit and Selichos
- 6:00pm SHARP Mincha/Maariv; 7:49pm Fast ends for 12603 zip code

Friday, September 18

- 6:40pm Mincha/Maariv

Shabbat Shuvah, Shabbat, September 19

- 9:00am Shacharit; 7:30pm Shabbat Ends

YOM KIPPUR
Erev Yom Kippur Sunday, September 20

- 8:00am Shacharit with Selichos, Festive Meal at home with family & friends
- 6:00pm SHARP Mincha, 6:37pm Candlelighting (earliest 5:40pm)
- 6:30pm SHARP Kol Nidre/Maariv (drinks will be available before Kol Nidre)
- 6:54pm Fast starts for 12603 zip code

Yom Kippur Monday, September 21

- 9:00am SHARP Shacharit; 10:45am Torah Reading
- 11:30am Sermon, 11:50am Yizkor (time is approx.)
- 4:45pm Mincha/Neilah/Maariz.
- 7:37pm Blowing of Shofar/Fast Ends for 12603

Temple Beth-El
We ask that all guests register in advance for planning and security reason. Find more details on our High Holiday offerings at tbeny.org/pray/high-holidays-2026/.

Selichot Service - September 5, 8:00pm
Shofar over the Hudson - September 6, 12:00pm East entrance of Walkway over the Hudson
Memorial Service - September 6, 3:00pm at TBE Cemetery
Rosh Hashanah
Rosh Hashanah Eve - Friday, September 11

- 8:00pm Evening service

Rosh Hashanah - Saturday, September 12

- 8:45am Shacharit (morning) service begins
- 9:45am Torah Service, Family Service, Shalom Tots program
- 11:00am Teen program, sermon followed by Musaf

Rosh Hashanah Day 2 - Sunday, September 13

- 8:45am Shacharit (morning) service begins, 9:45am Torah Service
- 10:45am Shofar Service followed by sermon
- 11:15am Musaf service, 12:45pm Community Taschlich follows services

YOM KIPPUR
Kol Nidrei - Sunday, September 20

- Service at 6:00pm

Yom Kippur Day - Monday, September 21

- 8:30am Shacharit (morning service) begins
- 9:45am Torah Service, Family Service, Shalom Tots program
- 11:00am Teen program, Presidents address
- 11:15am Memorial prayers (Yizkor + Remembrance of Martyrs)
- 12:00pm Musaf
- Afternoon Break
- 3:45pm Movement and Meditation with Nancy Judson
- 5:00pm Mincha, 6:15pm Ne’ilah, 7:16pm Havdalah and Shofar Blowing

Vassar Temple
All indoor services will be presented in a hybrid fashion, and security will be present. Zoom links will be provided to members and guests via email in advance. Visit www.vassartemple.org for the complete service schedule.

Selichot Saturday, September 5

- 7:00 pm – Dessert & Havdalah, 7:30 pm – Selichot Service in the Sanctuary

Rosh Hashanah
Erev Rosh Hashanah—Friday, September 11

- 7:00pm Service

Rosh Hashanah —Saturday, September 12

- 10:00am Morning Service
- 2:30pm Family Service in Temple
- 4:00pm Tashlich at Sunset Lake (Rain date 9/13)

Rosh Hashanah Sunday, September 13

- 10:00am Morning Service

Memorial Service Sunday, September 13

- 2:00pm at Vassar Temple Cemetery

YOM KIPPUR
Kol Nidrei Sunday, September 20

- 7:00pm Kol Nidre Service

Yom Kippur Monday, September 21

- 10:00am Morning Service
- 1:00pm Family Service, 2:00pm Study Session
- 3:00pm Meditation in the Sanctuary, 4:00pm Afternoon Service
- 5:30pm Yizkor (Memorial) Service
- 6:00pm Neilah (Concluding) Service, followed by Havdalah & ritual break-the-fast.
- Complete break-the-fast meal for those pre-registered followung Havdalah.

Congregation Beth David

Rosh Hashanah
Erev Rosh Hashanah - Friday, September 11

- 7:30pm

Rosh Hashanah - Saturday, September 12

- 10:00am Service

YOM KIPPUR
Kol Nidrei - Sunday, September 20

- 7:30pm Service

Yom Kippur - Monday, September 21

- 10:00am Yom Kippur Morning
- 5:00pm Yom Kippur Memorial

Pardess Center for Jewish Life
Further details and RSVP can be found at www.MyPardess.org/highholidays. Playroom open for kids during services

Rosh Hashanah
Rosh Hashanah Eve - Friday, September 11 Candle lighting 6:53pm
Rosh Hashanah - Shabbos, September 12

- 9:30am Morning Service, 11:00am Torah reading
- 11:40am Shofar sounding and Musaf Kiddush lunch following services
- Candle lighting after 7:51pm (from a pre existing flame)

Rosh Hashanah - Sunday, September 13

- 9:30am Morning Service & Torah reading, 11:00am Torah Reading
- 11:00am-12:30pm Kids program, 11:40am Shofar sounding and Musaf Kiddush lunch followng services, Holiday Ends at 7:49pm

YOM KIPPUR
Kol Nidrei - Sunday, September 20

- Light Candles / Fast Begins: 6:38pm, 6:45pm Kol Nidrei

Yom Kippur - Monday, September 21

- 10:00am Morning Services
- 11:00am-12:30pm Kids Program, including lunch 11:30am Torah reading
- 12:15 Yizkor Memorial and Musaf
- 5:35pm Minchah, 6:05 pm Neilah Closing Service
- 7:35 pm Shofar & Break Fast

Beacon Hebrew Alliance
Registration Required for all!

Rosh Hashanah
Erev Rosh Hashana - Friday, September 11

- 6:00pm Sanctuary Service

Rosh Hashana Day 1- Saturday, September 12

- 9:00am Sanctuary Service, 9:30am - Family Service

Rosh Hashana Day 2- Sunday, September 13

- 9:00am Sanctuary Service

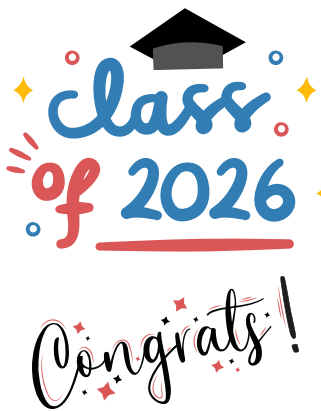
YOM KIPPUR
Kol Nidrei - Sunday, September 20

- 6:30pm Sanctuary Service

Yom Kippur - Monday, September 21

- 9:00am Sanctuary Service, 9:30am Family Service
- 5:00pm Mincha and Neila Sanctuary Service and Family Service

Beacon Chabad
For complete schedule please visit:www.Chabadbeacon.com/RoshHashana



Isabel (Gershuny) Bregenzler
University of Miami



Brian Breslow
Union College



Julia Cooper
Binghamton University



Kayla (Gray) Crecco
Mercy University



Brady Doherty
FDR HS



Lucas Fox
Salem HS



Aiden (Hudes) Winters
Scotch Plains HS



Amanda Jacobs
UCONN



Amelia (Sorgen) Kaye
Haldane HS



Joshua Irving Kopstein
Tufts University



Amanda Moore
University of Pennsylvania



Eve Parsons
Spokenkill HS



Margo and Benjamin Perlman
Pascack Valley HS



Scott Ross Pistiner
University of Massachusetts



Livia Ritz
Arlington HS



Alex Rubin
University of Rhode Island



RELIGIOUS SCHOOL BEACON HEBREW ALLIANCE

MASA Program

Sunday mornings, grades K-7
Wednesday afternoon "LASS" Class
(Leading a Shabbat Services for grades 5-7)
311 Verplanck Ave, Beacon
Contact celia@beaconhebrewalliance.org

Led by Education Director, Celia Baczkowski—Masa is filled with joyful Jewish experiences, including song, dance, art, food, and more!

CHABAD MID-HUDSON VALLEY

Sunday, 10:00 am-12:15 pm, ages 5-12 years
63 Vassar Rd, Poughkeepsie

For information contact Hindy Borenstein, Director
(845) 463-5801
chabadmidhudsonvl@prodigy.net

CONGREGATION SHIR CHADASH

A Progressive Jewish program teaching children, adults, and entire families, based on the tenets of Reform Judaism. We welcome all families in an experiential setting.

Please call (845) 232-1029 or email info@shirchadash.org for more information and details.
yp@shir-chadash.org

PARDESS HEBREW SCHOOL

Sunday, 10:00 am-12:00 pm

For information
www.mypardess.org/hebrewschool

RHINEBECK JEWISH CENTER

Monday, 4:00-5:30 pm
Tiny Tots Division (ages 1-5)
Intermediate Division (ages 6-10)
Bar and Bat Mitzvah (ages 11-13)

For information,
contact Rebbitzin Tzivie Hecht, Director
(845) 876-7666 or tziviehecht@gmail.com

KULANU SCHOOL at TEMPLE BETH-EL

The Kulanu school welcomes all students who wish to learn Hebrew and deepen their knowledge of Jewish Tradition. We believe that Jewish learning should be an organic part of our students' experience. Our students explore religious and spiritual concepts through Hebrew texts. They also celebrate Shabbat and holidays together while extending their connection to Jewish culture through art, cooking, music, and movement.

Our educational programs are designed to grow with your child, from Shalom Tots (ages 2–Pre-K) through B'nai Mitzvah preparation. Families can enjoy a mix of weekend classes, monthly Shabbat Tables, online learning, and individualized tutoring, creating meaningful opportunities to connect with Jewish traditions, values, and community throughout the year.

Shalom Tots (Ages 2–Pre-K) meets once a month and is a fun and welcoming introduction to Jewish life for our youngest learners and their families.

Gan (Kindergarten–Grade 2) meets weekly and builds a foundation of Jewish learning through engaging classes, celebrations, and community experiences.

Grades 3–B'nai Mitzvah is a comprehensive program that combines classroom learning, online instruction, and personalized preparation.

Explore our website at www.tbny.org/learn and for more information contact Karen Jacobs at educationassist@tbny.org

VASSAR TEMPLE

Vassar Temple provides a program of education within the guidelines of the Reform Movement, which deepens a students Jewish experience and knowledge within an accepting, stimulating, and creative learning environment. Our philosophy of Jewish learning is based on the quotation from Pirke Avot, "The world depends on three things: on Torah, on worship, and on deeds of loving kindness."

The Seth A Erlebacher Religious School for grades K-7 meets Sunday mornings under the administration of our Religious School Director. Hebrew language instruction for grades 4-7 and bar/bat mitzvah preparation are offered Wednesday afternoons for grades 4-7 under the direction of Rabbi Jeff Stombaugh.

Teens may work as madrichim (teachers aides) in the Sunday School. New enrollments are welcome throughout the year.

For more information, rsdirector@vassartemple.org
(845) 454-2570

Jewish Federation
of Dutchess County

CONGREGATION
SCHOMRE
ISRAEL

"Hit After The Holidays"
JFedDC's 7th Annual Wiffle Ball Tournament
Sunday | October 25, 2026 | 12:30pm

Bringing together the community for a fun-filled day of kosher food, friends, and wiffle ball! Kids & adults of all ages are welcome - No running involved.
PJ Library craft corner for the kids!
Come cheer for your favorite team

CONGREGATION SCHOMRE ISRAEL
18 PARK AVENUE | POUGHKEEPSIE

Kosher hamburgers, hot dogs, chips, and drinks will be available for purchase!

Enter to Win Fun Raffles! Take home a prize!

Past teams include:
Congregation Schomre Israel
Congregation Shir Chadash
Temple Beth-El
Vassar Temple & the
Jewish Defenders of the HV

For more information: JewishDutchess.org/Events
845-471-9811 | events@JewishDutchess.org

KULANU
ALL OF US

RELIGIOUS & HEBREW SCHOOL
AT TEMPLE BETH-EL

WORKING IN PARTNERSHIP WITH FAMILIES TO ENHANCE AND STRENGTHEN THE JEWISH IDENTITY OF EACH STUDENT.

REGISTRATION NOW OPEN

SCAN HERE

SCHEDULE

AGES 2-PREK
MEET ONE A MONTH

GRADES K-2
MEET ONCE A WEEK

GRADES 3-B'NAI MITZVAH
MEET TWO TIMES PLUS 1/2 HOUR OF ONLINE TUTORING PER WEEK

CHECK OUT OUR WEBSITE
TBENY.ORG/LEARN/RELIGIOUS-SCHOOL/
FOR MORE INFORMATION

OR CONTACT NANCY JUDSON AT
EDUCATIONNJ118@GMAIL.COM
845-454-0570

118 S. GRAND AVE.
POUGHKEEPSIE

ראש השנה

Rosh Hashanah

“Sweet New Year Apple”

Source: Original craft/Source unknown

Materials:

- Red construction paper
- Green construction paper
- Brown paper
- Yellow paper
- Scissors
- Glue
- Markers

Directions:

1. Cut out a large red apple.
2. Add a brown stem and green leaf.
3. Cut out a small yellow honey pot and glue it beside the apple
4. On the apple write: “My Sweet New Year Promise”

Inside the apple you can write:

This year I will...
Examples:
Be a better friend.
Help my family.
Listen carefully.
Share with others.
Pray more.
Be kind.
Help someone who is lonely.
Tell the truth.
Include everyone.
Be respectful.
Say thank you.



On the honey pot write:

5. Shanah Tovah!

Closing Prayer

You can end together by saying:
May this year be filled with kindness.
May we learn new things.
May we help others.
May our families be healthy and happy.
May we all have a sweet New Year.
Shanah Tovah!

PJ Library, a flagship program of the Harold Grinspoon Foundation (HGF), was launched with a humble beginning in 2005 in Western Massachusetts, sending children’s books about Jewish holidays, culture, and values. Today, PJ Library has grown into an international ally recognized \$40M global cultural literacy venture that partners with philanthropists and Jewish communities around the world to provide families raising Jewish children ages 0-12 with the gift of free, high-quality, children’s books and other resources that foster a deeper connection with Jewish life (www.hgf.org). Thank you!

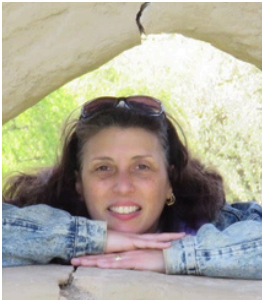


Library®
Bring Jewish stories home

Tamatha



Suzanne



Splish Splash It’s A PJ Bash

by Tamatha Williams, PJ Library Director

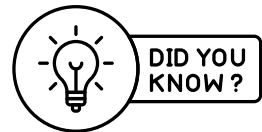
An aspect that I appreciate most about being the director of PJ Library is working in a role where I can both facilitate and participate in PJ events while watching PJ family friendships develop and flourish. Last month, a PJ family opened their home and generously hosted a PJ pool party. I typically would be in the pool with my little one but because her swimming skills have become much stronger, I was able to watch from the pool deck, giving me a bird’s eye view of all of the socialization that was naturally occurring around me.

The chatting flowed from camp and daycare experiences to upcoming travel and of course the anticipation of the new school year. While several of us are in different stages with our children, from babies to elementary school, the common thread was our shared Jewish values. These underlying values seamlessly and almost magically connected us. Whether families had known each other for a significant period of time or were meeting for the first time, the magnetism towards one another was apparent. Both adults and children alike bonded in a way that reinforces the strength and unity of PJ Library programming.

As Harold Grinspoon, founder of PJ Library, turned 97 this July, it is undeniable that his philanthropic venture far exceeded his original vision of distributing books to Jewish children in Massachusetts. I am so fortunate to be a part of PJ, witnessing firsthand how organically friendships are created through exceptional programming that reinforces and prolongs Jewish values and tradition. As a worldwide symbol of Jewish culture and identity, Grinspoon’s PJ Library has become everyone’s Jewish library



Mazel Tov to our very own Tamatha Williams on the engagement of her daughter, Avery Williams, to Riley Williams! Wishing Avery and Riley a lifetime of love, happiness, and many wonderful memories together. ❤️



Dolly Parton’s generosity and commitment to inspiring children through books helped inspire Jewish philanthropist Harold Grinspoon to create PJ Library, bringing the joy of Jewish books and stories to children and families around the world. May her memory continue to inspire generations of children to discover the joy of reading, learning, and giving.

DATE CHANGE!
YOU’RE INVITED:
FRIDAY 9/18 5:00-7:00PM
A NIGHT AT THE MUSEUM



Celebrate back to school with a Starry Night at the Mid-Hudson Discovery Museum! Invite your friends and neighbors and spend an evening with PJ Library exploring the wonders of the night sky:

- Create glowing fireflies in a jar
- Discover the stories and science behind the constellations
- Draw your own Starry Night inspired masterpiece
- PJ Library story time
- Balloon art by Darryl Bielski
- Pizza party, music and more

Enjoy this rare opportunity to explore the museum after hours!

Admission is free. The first 4 PJ Library families* to register and attend the event on Fri, September 18th will receive a 1 year family membership to the MHDM! Scan the QR code to register today.

This program is funded by an anonymous Charitable Trust created to support PJ Library thanks to the guidance of Adam Belok, Board Member and Financial Consultant.

*Applicable for Families with Children Ages 0-9



Rosh Hashanah

by Suzanne Turrisi, PJ Library Assistant Director

What do you do when you start something new? How do you feel on the first day of school? Rosh Hashanah means “Head of the Year.” It is the Jewish New Year. It is a time to thank G-d for the past year and ask for blessings for a happy, healthy, sweet new year. We also think about how we can become even kinder and make better choices.

Symbols of Rosh Hashanah

Apple and Honey

- We dip apples in honey to wish for a sweet year.

Shofar

- A ram’s horn that reminds us to wake up our hearts and think about our choices.

Round Challah

- Round like a circle because the year keeps going around with new beginnings.

Pomegranate

- Filled with many seeds, reminding us to fill our lives with many good deeds.

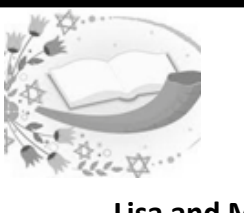
- What is one kind thing you want to do this year?
- What are you hoping for?
- How can you help make someone else’s year sweeter?

Happy New Year!



May the sounds of the Shofar welcome in a new year of health and happiness!

Marianne & Bob Abrams and Family



May the sounds of the Shofar welcome in a new year of health and happiness!

**Lisa and Monica Allt,
In memory of Dolores Allt**



May the sounds of the Shofar welcome in a new year of health and happiness!

Jill & Ira Auerbach



May the sounds of the Shofar welcome in a new year of health and happiness!

The Bressman Family



May the sounds of the Shofar welcome in a new year of health and happiness!

Carole (z"l) & Stu Chimkin & Family



May the sounds of the Shofar welcome in a new year of health and happiness!

Barbara & Bernie Cohen



May the sounds of the Shofar welcome in a new year of health and happiness!

The Dworkin Family



May the sounds of the Shofar welcome in a new year of health and happiness!

Amy, Steve, Lindsay, & Hannah Effron



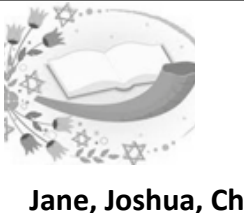
May the sounds of the Shofar welcome in a new year of health and happiness!

Karen & Bruce Elias



May the sounds of the Shofar welcome in a new year of health and happiness!

Debbie & Tom Erichson



May the sounds of the Shofar welcome in a new year of health and happiness!

**Jane, Joshua, Chase, Nicole, Judith,
David, & Jonathan Friedland**



May the sounds of the Shofar welcome in a new year of health and happiness!

The Gershuny Family



May the sounds of the Shofar welcome in a new year of health and happiness!

Sandy & Jerry Goldberg



May the sounds of the Shofar welcome in a new year of health and happiness!

Gwen Greene



May the sounds of the Shofar welcome in a new year of health and happiness!

Ann & Jeffrey Gross



May the sounds of the Shofar welcome in a new year of health and happiness!

**Deanie Gordon and the Levine, Israel,
and Gordon Families**



May the sounds of the Shofar welcome in a new year of health and happiness!

Betsy Kopstein



May the sounds of the Shofar welcome in a new year of health and happiness!

Sue & Rich Levine, Happy Holiday



May the sounds of the Shofar welcome in a new year of health and happiness!

**The Korfmans - Martin, Eleanor,
Elise, Rachel & Deena**



May the sounds of the Shofar welcome in a new year of health and happiness!

Candy & Lou Lewis



May the sounds of the Shofar welcome in a new year of health and happiness!

Sharon & Howard Lynne



May the sounds of the Shofar welcome in a new year of health and happiness!

Miriam & Frank Rubin



May the sounds of the Shofar welcome in a new year of health and happiness!

Barbara Scheer and Family



May the sounds of the Shofar welcome in a new year of health and happiness!

Roni & Charles Stein



May the sounds of the Shofar welcome in a new year of health and happiness!

**The Slate Family: Eileen, Jerry, Jacob,
Alanna, Daniel, Emma, & Abby**



May the sounds of the Shofar welcome in a new year of health and happiness!

Ellen (z"l) & Victor Stern and Family

L' Shanah Tovah

**Doris & Bob
Haas**



L' Shanah Tovah

**Nancy & Sandy
Bernstein**



L' Shanah Tovah

**Judith & Michael
Elkin**



L' Shanah Tovah

**Karen & Jack
Fein**



**Have a Sweet
New Year!**



James Robinowitz



Carol Gray



**Nancy and Bruce
Judson**

New Year Greetings!

L' Shanah Tovah

Grete & Marty
Finkelstein



L' Shanah Tovah

Love, Fritz &
Jack Goodman



L' Shanah Tovah

The Hankin
Family



Emily Moran

L' Shanah Tovah

The Hentel
Family



L' Shanah Tovah

Elyse & Neil (z"l)
Mansfield



L' Shanah Tovah

Les Muldorf &
Helene Winston



Have a Sweet
New Year!



Lewittes and
Eigen Families

L' Shanah Tovah

Mary & Jonah
Ritter



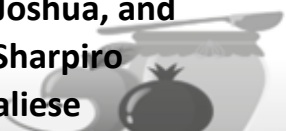
L' Shanah Tovah

Marcy
Schwartz



L' Shanah Tovah

Rose, Brion, Joshua, and
Amanda Sharpiro
& Annaliese



Have a Sweet
New Year!



Dana & Ira
Effron

L' Shanah Tovah

Cindy & Maurice
Shnaider



L' Shanah Tovah

The Sims
Family



L' Shanah Tovah

Evelyn Weiss
and Family



L' Shanah Tovah

Suzanne & Len
Turetzky



L' Shanah Tovah

Debbie &
Arnold Most



May the sounds
of the Shofar
welcome in a
new year of
health
and happiness!

Barbara Scheer and Family



The Pallone
Family

L' Shanah Tovah

Jane Silver Timm
and Family



L' Shanah Tovah

Sheri & David
Raften



L' Shanah Tovah

Bernardo & Sharon
Steinvurzel and
Family



The Quackenbush
Family

Best
Wishes
For a
Happy &
Healthy
New Year!



Miriam Gold
and Family

Best
Wishes
For a
Happy &
Healthy
New Year!



Miriam & Eric
Goldstone

Best
Wishes
For a
Happy &
Healthy
New Year!



Stephanie
Wasser



Ashleigh Paige

Best
Wishes
For a
Happy &
Healthy
New Year!



Nina & Russell
Rothman

Best
Wishes
For a
Happy &
Healthy
New Year!



Bob
Ulrich

L' Shanah Tovah
Have a sweet year!

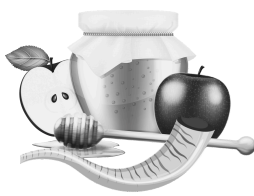


Happy New Year!

Rebecca & Bert Cohen



Barbara & Irwin
Lifshey



The Federation Board’s Voice



Russell Rothman

My grandkids just got back from summer camp and came upstate to visit with Nina and me (and go to the DC County Fair of course). They enthusiastically told me of their last week at camp, filled with the challenges and absolute fun of Color War. The camp is divided into two teams and undergo challenges through sports, races, singing and dancing and whatever other competitive things they can imagine. When it ends and a winner is picked, there are some cheers and tears, especially among the younger campers. But at days end, kids go back to their cabin or dining hall and all divisions are gone and everyone are friends again.

Ah, if only the real world were like that. Events in our community last month displayed the same divide that plagues Jewish communities across the country. After your Federation issued a rebuke of a social media post from an elected official regarding the tone and innuendo, as well as the absence of confirming Israel’s right to exist as a Jewish state and standing with the Jewish people, the letters, emails, and phone calls stormed the internet and phone lines. The points of view ran the gamut, from thank you’s to virtual hate (“I know where you work.”). Sadly, it brings up a corrosive subject that currently divides the Jewish community, both the liberal left and conservative right and everyone in between.

Questions arise: Can one support the State of Israel without supporting the current government? Can one criticize Israel’s policies and/or its government without being labeled an antisemite? For some young liberal Jews, the State of Israel has become a source of complexity and the alarming rise in antisemitism a source of deep angst. I know for me, being a left-of-center Jew who supports the State of Israel’s right to exist as a Jewish state (vs the government), the dilemma is like a Gordian knot, and I don’t know what the right answer is, if one right answer exists. Clearly, we can deliberately avoid political arguments with our friends and family, as many of us have become adept at over the past 10 years. But the threats to our community are real regardless of how we support the State of Israel. Many parents are instructing their college-bound children to cover their Stars of David, mezuzot, and other religious signs, hiding their Jewish identity to be safe. Houses of Worship have been targets of hate groups for decades. About 15 years ago, my former synagogue in New Jersey was the target of a Molotov cocktail attack that was thwarted by sheer luck. The FBI was able to track down the two perpetrators, who had previously attacked at least two other synagogues, arrested them, and they were convicted and remain in prison today. Our synagogues in Dutchess County remain vigilant, some with police protection and most participating in safety drills, hardening of points of entry, and enhanced security.

Clearly, there is an opportunity for greater dialogue within our Jewish community. The strong reactions to the elected official’s social media post will hopefully provide an opportunity for us to engage in thoughtful conversation, share our differing perspectives, and, most importantly, listen to and respect one another even when we do not agree.

For those who may be wrestling with these complex issues—who wish to continue being a Zionist and supporting Israel’s right to exist as a Jewish state while also having concerns about the policies or actions of the current Israeli government—I offer one possible path forward: support the Jewish institutions and organizations you trust, whose values and approach reflect your own (JFedDC of course). There are also many Israeli institutions whose work you may be proud of such as the Technion, Tel Aviv University, Hebrew University (home of the world’s first outdoor natural history museum), Hadassah Hospital, SPNI (my second favorite), MDA, places where efforts are being made to cure cancer and Alzheimer’s, provide clean water for all, solve food shortages, save endanger species, where contributions benefit the world.

The answer to antisemitism may be to keep trying to live as Jews wherever we are. We seem to be predetermined to be guilty as a people, over the past 2,000 years. Our power, however, is in embracing our light, our heritage, in loving more than the world may hate us. By understanding ourselves better, we can outshine the hatred. We must never let ourselves be defined by our enemies.

Wishing everyone a sweet and healthy new year.

The ROMEOs
(Retired Older Men Eating Out)

*Best wishes for a peaceful and healthy
New Year 5787*
And in memory of all departed members.

Peter Albenda	Ed Goetzl	Ralph Schwartz
Richard Berman	Jerry Goldberg	Dave Shron
Herman Chertock	Eli Gorin	Jerry Sigalow
Stu Chimkin	Spencer Gorin	Eli Sloves
Herb Dym	Martin Hochhauser	Bernardo Steinvurzel
Mike Elkin	Lou Newman	Victor Stern
Marty Finkelstein	Frank Rubin	Glenn Tanzman
Gene Fleishman	Stan Schmidt	Bob Ulrich
	Michael Schwartz	John Weisman

Our Executive Director



What have you done for me lately?

Is anyone else wondering where did the summer go? I had such grand plans regarding all the fun and outdoor things I was going to do. Now, I question whether I even scratched anything off the list. This is not to say summer was all work and no play, but I definitely did not get my fix of spending time in the water, whether at a pool or, even better, at the beach.

With the approaching High Holy Days, the time for introspection is not just about the summer, but the past

year as well. What did each of us plan, hope, and expect since last Rosh Hashanah? Did we achieve any and/or all our goals? I often joke that if people like making New Year’s resolutions, they have at least four opportunities to revise, revisit, and renew them. If one chooses to start on December 31/January 1st, there is then an opportunity for reflection and modifications on Chinese New Year (typically in February), then again for the Thai New Year (in April) and the last opportunity to finish out and start the New Year with Rosh Hashanah. Honestly, resolutions can be irrelevant. We should instead resolve to make the world a better place each and every day. How we go about that can be very personal, but I can attest that at the Jewish Federation, this is what inspires us and drives us. A lot of what we do though is not visible in the public eye per se. This leads me to the question, “What have you done for me lately?” We know that there are some who question what does the Federation do for me? Honestly, while it is a little deflating when we hear that, we should instead be encouraged to do a better job at communicating what we do. So, as Yom Kippur is approaching, we ask for your forgiveness for not doing a better job regarding sharing all that we work on and the associated outcomes.

Our mission is “To perpetuate, protect, and enhance Jewish communal life and well-being locally, in Israel, and worldwide while supporting our greater local community.” Our values are Tzedakah (charity), Tikkun Olam (repairing the world), and Gemilut Chassadim (acts of loving kindness). Our key objective is the physical and emotional safety, security, and sustainability of the Jewish people.

We accomplish this in many ways. One key way is by paying for services and a security consultant through CSI. Our consultant, Pat Regan, Senior Regional Security Director, has been utilized by many congregations in Dutchess County. He has conducted training, done evaluations, and worked with us to support other faith partners. JFedDC also secured a Tepper grant through JFNA for security guards at programs and services for children to ensure young families felt safe attending Jewish programs and services. Through this grant, \$50,000 was raised and utilized in Dutchess County.

Our focus on building relationships to fight antisemitism includes relationship building and collaboration with law enforcement, elected officials, educational organizations, and other faith and non-faith nonprofits. We know that we are stronger together - both within the Jewish community and with non-Jewish allies. We have multi-generational programming, young family engagement, support for seniors and those in need, our Mitzvah Day and Mitzvah Now initiatives throughout the year, community Jewish holiday celebrations, and so much more. We know we cannot do it all, but with your understanding and support, we can keep doing more. So this Yom Kippur, please forgive us for:

- Having too many – or too few – events
- Sending too many emails
- Making mistakes in The Voice
- Accidentally leaving out or misspelling names or donations
- Honoring our volunteers too little
- Not always hearing you or returning calls/emails more timely
- And of course, undoubtedly forgetting something from this list

We look forward to starting a New Year with you and working with you to be even better than last year. Wishing that you and your family are written and sealed in the Book of Life.

Karen Hochhauser, Executive Director

A Happy and Sweet New Year!

from

Vassar Temple Sisterhood

Visit our Judaica Shoppe for all your holiday & gift needs!

140 Hooker Ave., Poughkeepsie, NY 12601 * www.vassar temple.org - (845) 454-2570

Happy New Year To All

From

The Harding Club

Join us and enjoy good fellowship, great meals, and excellent speakers.
We meet twice a month!
Visit our Website at: <http://harding.jigsy.com>

Holiday Greetings From

Pvt. Herman Siegel Post 625
Jewish War Veterans of the USA

L'Shanah Tovah

Sisterhood
Schomre Israel

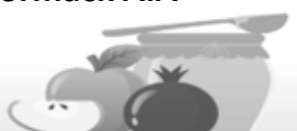
*May the sounds
of the Shofar
welcome in a
new year of
health
and happiness!*

Congregation Schomre Israel

We apoligize in advance for any misspellings in the Rosh Hashanah Greetings.

L' Shanah Tovah

Michael McCormack AIA



L' Shanah Tovah

Major Abstract Corp.



Best Wishes For a Happy & Healthy New Year!



The Family & Staff at Michael Torsone Memorial Funeral Home, Inc.

L' Shanah Tovah

Have a sweet year!



Happy New Year!

Gil & Cantor, P.C. - Attorneys at Law

L' Shanah Tovah

Have a sweet year!



Happy New Year!

Sugar & Spice Café and Spice Catering

L' Shanah Tovah

Have a sweet year!



Happy New Year!

The Matchbox Cafe, Rhinebeck

Best Wishes For a Happy & Healthy New Year!



Avalon Assisted Living and Wellness Center in Wappingers Falls

L' Shanah Tovah

Have a sweet year!



Happy New Year!

Wm. Miller & Son Funeral Home, Inc.

L' Shanah Tovah

Have a sweet year!



Happy New Year!

Lynne Versaci

L' Shanah Tovah

Have a sweet year!



Happy New Year!

Beacon Hebrew Alliance

Continued from front page.

Throughout the Federation, many wonderful events surrounding the High Holy Days are planned. All of our institutions have been making improvements each year in terms of screening, security procedures, and general event security. In addition to your plans and procedures involving registration, attendance, and screening, consider the following:

- Develop registration and screening processes that can occur outside the main entrance, or in an area where further access to the facility is not possible without being registered.
- Develop a “what to do” plan if encountering a problem both outside the facility or inside during services; who will call police? Who will respond to assist until police get there? Have you discussed internally exactly how you might approach an unknown guest and how to subtly signal other volunteers that you may need assistance?
- Be alert to probing – both online and in person: questions about occupancy or security, or anything that seems “off”. Try to obtain as much information about a caller or visitor as possible, including a photo if possible.
- Be alert for signs of pre-event surveillance: suspicious persons or vehicles. Use caution when approaching individuals. Approaching vehicles is generally not recommended.
- Take a moment at the onset of services and events to briefly review exit/evacuation routes.
- Be alert to vulnerabilities at outdoor events and transition areas (access, egress routes, parking lots, other gathering spaces). A quick scan of outdoor areas, as well as any effort to mitigate direct vehicular access to groups of people can make a significant impact in identifying potential threats and making a group to seem like a less attractive target to a would-be attacker.
- Report any suspicious circumstance, person, or event to law enforcement, and notify CSI. CSI’s nationwide intelligence network and collaboration with other Jewish communal security groups as well as law enforcement and intelligence entities amplifies the ability to identify a concerning trend, group, or individual.
- Hire law enforcement or security personnel should amplify an individual institution’s security plan – not replace or supplant it. Communicate with your security or law enforcement professional to assure they are aware of, and/or are in a position to support your plan.

Wishing everyone a safe and happy High Holiday season. As always, please contact CSI with any security related concerns about incidents, events, planning, or physical security improvements.

COMMUNITY SECURITY INITIATIVE

POWERED BY JTA

IN PARTNERSHIP WITH

United Jewish Federation

UJA

United Jewish Federation

United Jewish Federation

L' Shanah Tovah

Sandra & John Blair



May the sounds of the Shofar welcome in a new year of health and happiness!

Richard Berman & Annette Rodrigues



L' Shanah Tovah

Hilary & Lewis Wrobel



L' Shanah Tovah

Anne Burger



May the sounds of the Shofar welcome in a new year of health and happiness!

The Cutler Family



Have a Sweet New Year!



Shanta A. Persaud Saeteros

Have a Sweet New Year!



The Three Arts Bookshop

Be on the lookout for your campaign letter in the mail!

Together, we can strengthen our community, support one another, and make a lasting difference.

Your generosity makes it possible.

Congregation Schomre Israel
(Orthodox)
18 Park Ave, Poughkeepsie
(845) 454-2890
Rabbi Shlomo Krasner
Website: www.schomreisrael.org
Email: rabbishlomok@gmail.com

Weekly Services:
Shacharis 7:00 am (weekdays)
Shacharis 8:30 am (Sunday & holidays)
Maariv: 6:40 pm (winter weekdays)
Friday Kabbalat Shabbat: around candle lighting times.

Adult Education:
Monday
Chair Yoga with Suzanne Turrisi 10:00 am (no class September 7, 14 and 21)
Tuesday
Ethics of the Fathers through the Prism of the Maharal of Prague and Rabbi Samson Rephael Hirsch continuing with the third chapter at 10:30 am on September 1, 8, 15 and 22 and 6:00 pm on October 13
Hebrew through the High Holiday Prayers 6:00 pm - September 1, 8, 15 and 22
Thursday
Chair Yoga with Suzanne Turrisi - 10:00 am
Why be Jewish Q&A 7:00pm September 3
Have you ever had Jewish questions about Jewish belief but thought that they were too rash to ask - now is your moment to come, ask, and discuss.
High Holiday Q&A 7:00 pm September 17
Don't be shy, there are no wrong questions (generic questions will be accepted as well).
The Jewish Guide to Being Human 7:00 pm October 15, 22 and 29
Anger, jealousy, gratitude, happiness, ambition, forgiveness, loneliness, friendship, aging, anxiety, resilience, and purpose through a philosophical and practical view of the Mitzvos between man and his friend.

Other Events:
Saturday
Parsha Discussions 8:30am beginning September 5
Community BarBQ, Monday, Septembe 7 5:30pm followed by a pre-Rosh Hashana address with Rabbi Kaplan (see flyer below)
Holiday meals open to the community: Rosh Hashana - Friday, September 11 8:00pm; Saturday, September 12 1:30pm and 8:30pm; Sunday, September 13 1:30pm (all four after davening).
Sukkot eve - Chinese in the Sukkah ~ 7:00pm
Simchat Torah BarBQ after Hakafot 1:30pm

Contact
rabbishlomok@gmail.com
for current information
or visit the website
www.schomreisrael.org

Schomre Israel

Summer BarBQ

Monday, Labor Day

September 7, 5:30pm

18 Park Avenue

followed by a pre-Rosh Hashana Address by Rabbi Dovid Kaplan

Cost: Free for those who RSVP (RabbiShlomok@gmail.com) by September 1 / \$10 for those who do not

Share your moments - tag us in your photos!

Follow us for the latest events, photos, and community updates!

FB: /JFedDC

IG: @JewishDutchess

Find out where we'll be next - visit JewishDutchess.org/Events

Congregation Shir Chadash
(Reform)
Interim: Freedom Plains
Presbyterian Church, Lagrange
(845) 232-1029
Rabbi Glenn Jacob
Website: www.shir-chadash.org
Email: info@shir-chadash.org

Weekly Services:
Fridays: 7:30 pm In-Person & Zoom
Saturday: 9:15 am In-person, Bi-monthly Torah Study with Rabbi Jacob, all welcome to attend.

Adult Education:
Saturday
Torah Study 9:15 am. An informal discussion about the Torah portion of the week with Shir Chadash's new spiritual leader, Rabbi Jacob. Everyone has a chance to participate. Bring an inquisitive mind, a curiosity about our tradition, and a willingness to share your thoughts. For info: (845) 232-1029, email: info@shir-chadash.org

Other Events:
Sunday
Rosh Chodesh Reading Group
Those interested in reading are invited (now done virtually) to our interesting and provocative discussions. Dates & times TBD. Participants meet to discuss memoirs, fiction, poetry, and drama in a variety of works that offer Jewish themes and a variety of perspectives of interest. Have a topic or suggestion? Please let us know! For more info, please call (845) 232-1029, via email: info@shir-chadash.org

Contact:
info@shir-chadash.org
for current information
or visit the website
www.shir-chadash.org

Jewish Federation of Dutchess County

CONNECT WITH US!

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FB: /JFedDC

IG: @JewishDutchess

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Share your moments - tag us in your photos!

Temple Beth-El
(Conservative)
118 S Grand Ave, Poughkeepsie
(845) 454-0570
Rabbi Michael Fessler
Rosh Tefilah Rabbi Miriam Hyman
Website: www.tbeny.org
Email: info@tbeny.org

Weekly Services:
Friday & Saturday Shabbat Services are both in-person and Zoom.
Monday— Friday Minyan 8:00 am.
Monday & Thursday in person & Zoom, Tuesday, Wednesday, & Friday only on Zoom
Call the Temple Beth-El office for the current schedule.

Adult Education:
For information about ongoing Adult Education at Temple Beth-El, please contact the synagogue office : (845)454-0570.

Other Events:
Sunday
Temple Beth-El Serves at Lunchbox 2nd Sunday. Volunteers are needed to help serve a meal at Lunchbox at Dutchess Outreach. You can also help by making a donation to help cover the cost. Contact Nancy Judson & volunteer (845) 216-7563
Monday
Start Your Mondays with Tai Chi! 10:30 AM. Contact the Temple for details. (845) 454-0570
Wednesday
Mitzvah Knitters will be taking a short break for the High Holidays and will resume in October. Please contact the Temple office at 845-454-0570 for more information. No knitting experience necessary - we will get you started!
Friday
Shabbat Table September 25 (the first night of Sukkot). We look forward to gathering together for Shabbat Tables. Shabbat Tables are welcoming Friday night Shabbat Dinners with music, stories, Torah Study, dessert, and Kaddish. RSVP is required and a nominal fee applies. Contact Joel at adminasst@tbeny.org for more information.
Saturday
Book Club will be taking a short break for the High Holidays and will resume in October. Please contact the Temple office at 845-454-0570 for more information.

Contact:
info@tbeny.org
for current information
or visit the website
www.tbeny.org

Vassar Temple
(Reform)
140 Hooker Ave, Poughkeepsie
(845) 454-2570
Rabbi Jeff Stombaugh
Rabbi Emeritus Renni Altman
Website: www.vassar temple.org
Email: Office@VassarTemple.org or rabbi@vassar temple.org

Weekly Services:
All services are hybrid. For Zoom link contact office@vassar temple.org.

Friday:
Shabbat Evening Service, 7:00 pm
Saturday:
New Paths Shabbat Morning Worship
September 5, 10, 26 10:15 am

Adult Education:
All are welcome to our lively discussions-- no former training necessary-- no cost to attend.
Monday
Talmud Study with Senior Scholar Rabbi Paul Golomb on Zoom will resume in the fall; for info contact pjgolomb@verizon.net.
Saturday
Torah Study with Rabbi Jeff Stombaugh 9:00am, every Saturday morning at 9am this month except 9/12, hybrid.
Contact office@vassar temple.org for schedule, Zoom link and to be put on the Torah Study email list.

Other Events:
Saturday
New Paths Service September 5, 10, 26 10:15 am hybrid. The moving liturgy includes both traditional and contemporary writing, mostly in English and participants may contribute supplemental materials to share. "We take the time to let the service get through us, rather than getting through services." Each New Paths service provides a unique and thoughtful, spiritually - oriented Shabbat morning experience, including music, with Rabbi Jeff in an intimate, informal worship setting. A brief kiddush follows. Contact (845) 454-2570 or office@vassar temple.org to be put on the New Paths email list, if you need the Zoom link, or to borrow our special prayer book.
Wednesday
VTS Book Club October 15, 2:00 pm. *Theo of Golden* by Allen Levi

One spring morning, a stranger named Theo arrives in the small Southern city of Golden. He doesn't explain much about where he came from or why he's there—but when he visits the local coffeehouse, where pencil portraits of the people of Golden hang on the walls, he begins purchasing them, one at a time, and giving each portrait to the person depicted. In exchange, he asks only for the person's story. And so portrait by portrait, person by person, secrets are revealed, regrets are shared, and ordinary lives are profoundly altered.

A story of giving and receiving, of seeing and being seen, *Theo of Golden* is an unforgettable novel about the power of generosity, the importance of connection, and the quiet miracles that happen when we choose kindness and wonder.
Discussion of this NY Times bestseller will be in-person at the Collegeview Tower meeting room, 141 Fulton Ave, Poughkeepsie. All are welcome. For questions contact: bookclub@vassar temple.org.

Contact:
office@vassar temple.org
for current information or
visit the website
www.vassar temple.org

Monday, Nov 30

ANNUAL MEETING

6:30pm, Boardman Road Library

Save THE Date

Remember to nominate a Maccabee (see cover for details).

Jewish Federation of Dutchess County

Jewish Book Council

Announcing Our 2026–2027 Jewish Author Series

In partnership with the Jewish Book Council

We're proud to bring Jewish authors, stories and conversation to the Hudson Valley through a new season of engaging programs.

Featuring author talks, Q&As, and meet & greets

The series begins October 29

FOR FULL CALENDAR AND REGISTRATION, VISIT: JewishDutchess.org/Events

Questions, interested in getting your book club involved or becoming a sponsor? 845-471-9811 | events@JewishDutchess.org

Simchat Torah Celebration: Klezmer & Honoring Howard Susser

Join us the evening of Fri. Oct. 2 for Vassar Temple's celebration of Simchat Torah. The evening will open with a dinner at 5:45pm, followed by the presentation of the Arnold Award to Howard Susser and the erev Simchat Torah/Shabbat service including "the unrolling of the scroll" at 7pm, and will conclude in the social hall with a klezmer performance by the world-renowned music group "Living Shtetl" under the direction of Alex Parke(come dance with the Torah!). For the dinner: to RSVP, get menu info, and let us know of any special dietary needs, please contact our office 845-454-2570. Contributions to help underwrite the dinner and music are appreciated; to do this by credit card, just call the office. Howard Susser is the 2026 recipient of the Arnold Award, in recognition to his contributions to the religious life of the Temple. He actively attends weekly services and Torah study sessions; his insight is impressive and he contributes greatly to the class discussions. In his capacity as the Temple's Civic Engagement Chairman he gets us all "praying with our feet," actively applying the lessons from Torah to issues we encounter in daily modern life. He leads us in extensive post card campaigns with the goal of encouraging voter participation in those localities around the country where voter suppression routinely occurs. He has also planned local voter registration drives at community events, and sent reminders to congregants to exercise their own right to vote! His committee brought local political leaders to town meetings at the Temple where they could educate us about their roles and get in touch with the concerns of the local Jewish community. Howard's innate passion for social justice and his marvelous "people skills" were further honed through training in civil discourse and community organizing from both RAC-NY and Join for Justice. Howard has served as a social justice leader in the past with our CROP Walk team, and was a cast member in our most recent Purim Spiel. Come on Simchat Torah and honor Howard for all he has done through his leadership at Vassar Temple as well as for his immeasurable contributions to democracy in our community and our nation.

Pardess Center for Jewish Life

(845) 440-7592
Rabbi Zalman Sandhaus
Website: www.MyPardess.org
Email: info@MyPardess.org

Contact:
info@MyPardess.org
for current information
or visit the website
www.MyPardess.org

The Rhinebeck Jewish Center

102 Montgomery Street, Rhinebeck
(845) 876-7666
Rabbi Hanoch Hecht
Rebbitzin Tzivie Hecht
Website:
www.RhinebeckJewishCenter.com
Email:
RSVP@RhinebeckJewishCenter.com
Weekly Services:
Fridays: Call for time.
Saturdays: 9:30 am

Contact:
RSVP@RhinebeckJewishCenter.com
for current information
or visit the website
www.RhinebeckJewishCenter.com

Chabad of Mid-Hudson Valley

63 Vassar Rd, Poughkeepsie
(845) 463-5801
Rabbi Yacov Borenstein
Website:
www.chabadmidhudsonvalley.com
Email:
ChabadMidhudsonvly@prodigy.net

Weekly Services:
Fridays: Call for times.
Saturdays: 10:00 am Chabad Hebrew School

Adult Education:
Wednesday
Torah Class: Discover the World of Prayer 11:00 am, 36 Pleasant Ridge Drive. Class led by Hindy Borenstein. Indulge your body with thought provoking insights from the weekly Torah portion and other contemporary issues and indulge your body with a light and healthy lunch.

Special Events
Sunday
Bagels, Lox, Torah (Tefillin too!) 9:00 am led by Rabbi Yacov Borenstein. Morning minyan will follow Torah discussion on the coming week's Torah portion, upcoming holiday, or topic of Jewish interest.

Contact :
ChabadMidhudsonvly@prodigy.net
for current information
or visit the website
www.chabadmidhudsonvalley.com



The Jewish War Veterans of the United States, Post 625

Pvt. Herman Siegel Post 625, Jewish War Veterans of the US, meets monthly at Congregation Schomre Israel, Poughkeepsie. We are the only active post between Westchester and Albany! Upcoming meeting dates are Sundays, 9/6 and 10/11, (9:00 am schmooze, 9:30 am meeting). The location is strictly kosher and tasty refreshments are provided. All are welcome to attend and/or join, both veterans and anyone else who would like to support our cause. We provide community service and support local veterans' facilities. We advocate against antisemitism and for the rights and benefits of all American military members and veterans. For more info, contact Commander Ralph Schwartz at (845) 849-0025 or email Rschwa9881@aol.com.

Beacon Hebrew Alliance

(Conservative)
331 Verplanck Ave, Beacon
(845) 831-2012
Rabbi Justin David
Rabbi Emeritus Brent Spodek;
Email:
411@beaconhebrewalliance.org

Weekly Services:
Friday Shabbat, 5:30pm Mini Minyan with Luke Wygodny & 6:00pm Potluck Shabbat Dinner and Kabbalat Shabbat
Check our Community Calendar for services times, generally every Friday & one Saturday per month:
www.beaconhebrewalliance.org/calendar

Contact:
for current information
or visit the website
www.beaconhebrewalliance.org

Congregation Beth David

(Reform)
East Main St, Amenia
(845) 373-8264
Rabbi Jon Haddon
Website: www.CongBethDavid.org
Email: JonRab33@gmail.com

Weekly Services:
Saturdays 10:30 am.
Contact:
jonrab33@gmail.com
for current information
or visit the website
www.CongBethDavid.org

Vassar College Bayit

51 Collegeview Ave, Poughkeepsie
(845) 728-4792
Rabbi Bryan Mann
Rachlin Director of Jewish Student Life at Vassar College
Email: bryanmann@vassar.edu

Weekly Services:
Fridays: 6:00 pm
7:00 pm dinner when school is in session

Contact :
for current information
bryanmann@vassar.edu

Chabad Beacon

Rabbi Shaya Itkin
Phone: (845) 288-0170
Email: rabbichabadbeacon.com

Contact:
rabbichabadbeacon.com
for current information
or visit the website
chabadbeacon.com

Congregation Emanuel of the HudsonValley

243 Albany Ave, Kingston
(845) 338-4271 ext 101 Rabbi's Study:
(845) 338-4384 ext 102

Rabbi Jack Sherratt:
rabbijack@hvc.rr.com
Weekly Services:
Friday
Kabbalat Shabbat Service 6:00 pm,
Saturday
Morning Minyan 10:00 am
Education:
Mediation & Torah Study 8:45 am via Zoom
Hebrew Trope 12:00 pm, via Zoom,
Dates TBD.
Hebrew, Shebrew! 4:00 pm, via Zoom.
Talk Back with Rabbi Jack 8:45 am, via Zoom,

Contact: info@cehv.org
for all events and current info
or visit the website www.CEHV.org

Bard College

Rabbi Joshua Boettiger
Jewish Chaplain, Visiting Assistant
Professor of the Humanities
Phone: (802) 733-6342
Email: jboettiger@bard.edu

Contact:
jboettiger@bard.edu
for current information



May the sounds of the Shofar welcome in a new year of health and happiness!

The Breslow & Glassman Families



May the sounds of the Shofar welcome in a new year of health and happiness!

Rabbis Miriam Hyman & Michael Fessler and Family



May the sounds of the Shofar welcome in a new year of health and happiness!

Mark Klein, Rip Vanwinkle Fly Fishing

L' Shanah Tovah

Joe Kisch, Betsy Effron & Jean Friedman



L' Shanah Tovah

Len Grosman & Family



L' Shanah Tovah

David Cohen, Susan G. Hecht, Philip & Eva





May the sounds of the Shofar welcome in a new year of health and happiness!

Roz & Stan Cooper

Woodstock Jewish Congregation

241682 Glasco Tpke, Woodstock
(845) 679-2218
Admin: admin@wjcsul.org

Weekly Services:
Friday
Kabbalat Shabbat Service 6:00 pm,
Kid Friendly Intergenerational Shabbat First Fridays 6:00 pm
Saturday
Shabbat Service 10:00 am

The 1st Friday Shabbat—The students of our Family School co-lead Kabbalat Shabbat with Cantor Raechel in a warm and fun mix of upbeat, traditional melodies, learnings from class, and sometimes their own original melodies. All children are invited to come up on the bimah, play shakers, and share their own ideas. The services culminate with the Priestly Blessing, a blessing over all the children in the space. The service lasts about 40 minutes and is followed by a full community potluck where members of all ages come together to eat, chat, and play games. This is a sweet intergenerational community experience.

Contact: admin@wjcsul.org for all events and current info or visit the website www.wjcsul.org

Best Wishes For a Happy & Healthy New Year!



Hochhauser, Marks Family- Martin, Karen, Samuel, Alexander, and Benjamin

L' Shanah Tovah
Have a sweet year!



Happy New Year!

Marian & Ralph Schwartz

Best Wishes For a Happy & Healthy New Year!



Team Silbergleit (Debbie, Jason, Zach, Colby)

EXPERIENCE THE HIGH HOLIDAYS WITH THE TEMPLE BETH-EL COMMUNITY

No matter where you are on your Jewish journey, we invite you to step into the new year with a renewed mind, body, and spirit.
Our doors and our hearts are open to all.

Please register in advance for planning and security purposes. Service details and registration can be found at www.tbey.org.
Your donations, in any amount, help sustain our year-round programs and strengthen Jewish life throughout the Hudson Valley.

UPCOMING EVENT SHOFAR OVER THE HUDSON

Join us on the Walkway for a joyful community gathering to hear a shofar chorus resound over the Hudson River.
Experience the sound of celebration and renewal!
You are invited to bring a shofar and join the chorus.
Open to the Community!

Sunday, September 6 at noon
Pavilions at the Poughkeepsie end of the Walkway Over the Hudson



KULANU LEARNING COMMUNITY MEANINGFUL JEWISH EDUCATION FOR TODAY'S BUSY FAMILIES

With flexible scheduling, exceptional teachers, and age-appropriate learning, our program invites families to discover meaning, purpose and joy through engaging Jewish experiences.

Ages 2 - Pre-K: Monthly in-person experiences

Grades K-2: Weekly in-person classes

Grades 3 - B'nai Mitzvah:
Weekly online learning, flexible tutoring, and in-person Sunday gatherings

118 South Grand Avenue
Poughkeepsie, NY 12603
845-454-0570 | www.tbey.org



TRIP UPDATE

JFedDC Adventure to Israel

Our October 2026 trip has been postponed.
We look forward to announcing new **Spring 2027** dates and an updated itinerary soon.

Stay tuned for more information
JewishDutchess.org/Events

Vassar Temple

Where you belong

New Year Wishes From Vassar Temple
A warm and inclusive Reform Congregation
Outstanding Religious School and Hebrew School
Join us for High Holy Day Services

Contact us for Service reservations and membership inquiries
No charge to attend High Holy Day services - Donations appreciated
See service schedule on our web site

Rabbi Jeffrey Stombaugh, Cantor Elizabeth Goldmann

140 Hooker Ave, Poughkeepsie, NY 12601
845-454-2570 office@vassartemple.org
www.vassartemple.org

May you be written and sealed in the Book of Life.
Shanah Tovah from the Jewish Federation of Dutchess County!

Hudson Valley Medical Health Choices

Life challenges? We can help!

Our new office is open and accepting patients!
1 Webster Avenue, Suite 402B in Poughkeepsie.
To schedule an appointment or to learn more, visit
hvpalliativecare.org or call **845.240.7557.**

Shana Tova!

As the new year begins, cherish time shared with loved ones in everyday moments and holiday traditions, big and small.

Hudson Valley Hospice

Contact Hudson Valley Hospice: hv Hospice.org • (845) 240-7555