



**“HIT AFTER THE HOLIDAYS!”
Annual JFedDC
Wiffle Ball
Tournament 2022**

- **Date:** Sunday, October 16
- **Start Time:** 12:15/12:30 (after Sunday School)
- **Where:** Temple Beth-El
118 S Grand Ave, Poughkeepsie, NY

Food & Drinks will be available

ENTRANCE FEE: \$54 per team
Start your own team OR come join an existing one!

Bringing together the community and culturally uniting everyone for a fun filled day of food, friends, & wiffleball.
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or call the JFedDC office (845) 471-9811

Past teams include: The Harding Club (1st Year Champions), Congregation Schomre Israel, Temple Beth-El, Vassar Temple, and ULSO

The Radical Anti-Israel Movement on Campus

taken from Antisemitism on Campus | ADL

The anti-Israel movement on U.S. campuses today unfairly targets Israel and its supporters, and often isolates and ostracizes Jewish students because, for many, a connection to the Jewish state is a component of their Jewish identity.

These Jewish students are urgently seeking support and tools to effectively respond, and ADL is committed to helping them. We empower Jewish college students and allies, both among the student body and college administrations, to speak out against hate and educate the broader campus community to create an inclusive climate without antisemitism and other forms of hate.

The campus anti-Israel movement frequently denigrates Zionism as inherently racist and disparages pro-Israel students, at times invoking antisemitic tropes. One of the most common strategies of anti-Israel activists is to allege that any expression of support for or affiliation with Israel is racist, implicating many Jewish students in the alleged misdeeds of the Israeli government. Some of the most strident activists attack Israel’s right to exist and demand that students who feel connected to Israel be excluded from campus life. The Boycott, Divestment and Sanctions (BDS) movement, which spreads blatant disinformation about Israel, continues to be a cornerstone of anti-Israel campus activity.

ADL’s Campus Work

We have developed resources and strategies to help students and administrators navigate challenging situations they might face on campus.

- We create resources to prepare students, as well as the campus professionals who work with them, to identify and respond to antisemitic activity.
- We provide students with tools to have substantive and compelling conversations about the complexities of Israel with campus opinion

(Continued on page 2)



Openings remaining.

Deadline Extended

Price Break if 3 – 4 more people register!

The Hudson Valley Israel Trip
October 23-November 1

A unique trip with something for everyone, even those who have been to Israel – history, nature, interfaith

For information or to register, go to,
www.JewishDutchess.org/events/Israel-trip-2022
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Are you in an interfaith relationship?

We are currently designing interfaith programming and are interested in your input and feedback.

Contact JFedDC at (845) 471-9811 or
[email:programs@jewishdutchess.org](mailto:programs@jewishdutchess.org) for more information and to share topics of interest.

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**Happy
Rosh Hashanah
from
The JFedDC
Board and Staff**

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The Voice

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LEARN & LUNCH BUNCH

The Jewish Federation of Dutchess County presents weekly cultural, social, and educational programs.

WEDNESDAY PROGRAMS Join us!

MEETING LOCATION

We will be meeting at 11:30 am at Temple Beth-El, 118 S Grand Ave, Poughkeepsie
 Please do not bring outside food into the temple.

September

September 14 **“Amethyst Rose Boutique, the Story of a Jewelry Artist.”** Come hear Robyn McGuinness tell her story about her art and artistry!
Menu: Shakshuka (Israeli omelet), pita, dessert and coffee

September 28 **Off for Rosh Hashanah**

TO REGISTER, call the office at (845) 471-9811 or online at: www.JewishDutchess.org/events



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(The Radical Anti-Israel Movement on Campus Continued from page 1)

- leaders, members of student groups that may be potential allies, and the general campus population.
- We offer resources tailored for the needs of campus administrators and concerned family members and caretakers.
- We partner with Hillel International to assess the climate for Jewish students on campuses across the U.S.
- We are collaborating with Hillel International and the Secure Community Network, the official safety and security organization of the Jewish community in North America, to create a single reporting mechanism to track antisemitic incidents and to ensure that students receive the support they need.
- We work directly with local colleges and universities through our regional offices, responding to anti-Israel activism and developing programs to foster respect and inclusiveness.

We offer pro bono legal support to protect Jewish students from unlawful acts targeting them.

Like discussions about any country, criticism of Israel and opposition to its government and policies has a place in campus discourse. But when demonizing rhetoric is utilized, classic antisemitic tropes are espoused and Jewish students are harassed, that's antisemitism. Being silent in the face of antisemitism enables it to flourish, creating an environment of fear and intimidation that affects Jewish students and the broader campus community.

For more information visit:

<https://www.adl.org/resources/reports/the-anti-israel-movement-on-us-campuses-2020-2021>

THE FORMATION OF AARP, THE FIRST HEALTH PLAN FOR SENIORS AND ITS ORIGINS IN DUTCHESS COUNTY Part 2 By Bernard Handel CPA, JD (Ret.)

(continued from *The Voice* August Edition at www.jewishdutchess.org/community/the-voice)

We acquired the rights to the mailing lists of *Modern Maturity*, a magazine for seniors which furnished lists of prospective members. Local affiliates of the new organization enrolled members throughout the country and a national solicitation for a similar health plan as our prior successful models commenced.

The AARP proposal met overwhelming acceptance nationally. Over the years, it became one of the most successful health care programs in the country, converting to becoming a supplemental addition to Medicare benefits after 1968 when that national Federal program became effective. The AARP plans became the largest supplemental program to cover the coinsurance and deductibles of Medicare.

Over the years, AARP has remained one of the largest public organizations in the country and a strong advocate for improved conditions for seniors with many programs offering all types of benefit plans, a free tax preparation service, pension and retirement counseling, and other services.

One final word about the gentleman from Poughkeepsie, Robert R. DeCormier. He was a fine and visionary person who helped to create many concepts which we take for granted today, such as prescription drugs through the mail which started at a pharmacy in Red Oaks Mill and overcame court case obstacles from pharmacies and drug companies; overnight and weekly use of state teachers college dorms for retiree summer stays, group travel, minimum pensions; and many other innovations.

AARP, group retiree, and senior health insurance were created in Dutchess County and represent major beneficial improvements in elder life and living standards. Most seniors have benefited from the ideas and achievements that originated here.

Thank you for the opportunity to address you today and tell the story of the origin of AARP and how a small local Dutchess County professional firm developed a concept which changed America.

New Location
 Temple Beth-El
 118 S Grand Ave

SCHEDULE
 11:00 –11:30am
Schmooze
 11:30 –12:30pm
Program

Learn & Lunch Bunch is partially funded by the Ann & Abe Effron Fund and Bernard and Shirley Handel Foundation Donor Advised Fund of the Community Foundations of the Hudson Valley



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May the sounds of the Shofar welcome in a new year of health and happiness

Marc Molinaro



May the sounds of the Shofar welcome in a new year of health and happiness

Legislator Ben Geller

Have a sweet year!




Happy New Year!
Robin Lois




May the sounds of the Shofar welcome in a new year of health and happiness

Giancarlo Llaverias,
Dutchess County Legislator, District 1

L' Shanah Tovah

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The Harding Club



The Harding Club wishes everyone in our dear community an upcoming year of health, joy, accomplishment, wealth, and peace. I write this on the day of the stabbing of Salman Rushdie. This terrible event brings to mind something that the Harding Club has long worked hard to achieve, namely the peaceful coexistence of people of all races, religions, and nationalities. Our club, now on the brink of celebrating 100 years of existence, prides itself on its generous programs, its philanthropy, and its good deeds within not only the local Jewish community but throughout the greater Dutchess community as well. We also enjoy being in the company of like-minded friends at our meetings.

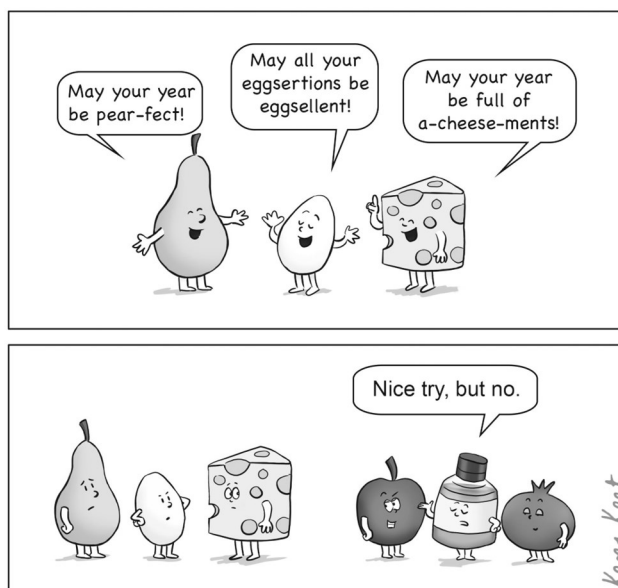
You can be a part of the club. It is time for those of you who are not members to think about joining our club so that you too can enjoy the camaraderie of friendships and the pride of civic and personal accomplishment.

An exciting lineup of events and speakers is planned for 2022-2023. The club is considering the resumption of in-person meetings at a local restaurant where members can socialize, enjoy a fine dinner, and hear a speaker. That kind of program has been the standard meeting agenda for many years, only broken up by COVID. We all are hoping for a resumption of "normalcy."

The past year was the 99th year of Harding Club's existence. It was a very successful year. Numerous meetings with entertaining and informative speakers were held via Zoom. Philanthropic contributions to a wide range of worthy local organizations were made. Generous support was given to the Jewish Federation of the Hudson Valley and to PJ Library. Commitments to continue such important activities were overwhelmingly made.

This fall, you are cordially invited to join this group of men who are living up to the club's motto: "Since 1923, a social club for men interested in camaraderie, community, philanthropy, good food, and Jewish culture."

We do look forward to hearing from you.
 Website: <http://Harding.jigsy.com/> or Email: hardingclub1923@gmail.com
 Alan Fox, Harding Club Immediate Past President
 Mike Elkin, Harding Club President



On behalf of the apple, honey, and pomegranate, the Jewish Federation wishes you a Happy and Healthy New Year!

New Rabbi Joins Shir Chadash Family

By Irwin M. Goldberg, President, Congregation Shir Chadash

Congregation Shir Chadash is proud to announce Rabbi Glenn Jacob as the congregation's new spiritual leader.



A rabbi since 1989, Jacob was ordained at Hebrew Union College, Cincinnati and has served in small and large congregations across the eastern seaboard. He comes to Shir Chadash from Adelphi University where he was the Hillel Rabbi. He is also the executive director of New York Interfaith Power and Light (NYIPL), a lobbying group focused on climate change.

Jacob's path to the rabbinate began at 17 when, after attending high school in Israel, his rabbi casually asked him if he ever thought about becoming a rabbi. Three years later, Jacob's father, William, passed away. At 20-years-old, Jacob observed all the people who came to visit and all the condolence cards that were sent. His father was an attorney in Orlando, Florida and was well-known, having done much pro-bono work for families on the other side of the interstate from where Jacob grew up.

"He would bring home apple pies, etc. That's how they were paying him," Jacob recalled. "I didn't want to be an attorney, but I wanted to live like my father lived so I became a rabbi." Teaching others is what Jacob loves most about being a rabbi. "Being a teacher of all and working with students to see the light bulb go off. They learn one more thing and that changes everything for them."

After seven years of focusing on climate change with NYIPL, Jacob realized he was missing something in his Jewish and spiritual life. "In Christianity they call the need to preach and teach a calling, a term I had often dismissed, but now I believe it. I have all of this experience and knowledge that I want to share and use," he said, adding that he is continuing his work with NYIPL because it is an "existential threat to humanity."

So, he applied to Shir Chadash. "Every time I met with Shir Chadash, from the interview until now, I met congregants who are genuinely curious about being Jewish and seeking something that illuminates Jewish life," he said.

Jacob will lead services on Friday evenings beginning Sept. 9 as well as Torah study twice per month. In the interim, he is getting to know congregants and the community. "Personal relationships within the congregation are an important part of the personality and programming philosophy of Shir Chadash," he said.

Welcome Rabbi Fessler to Temple Beth-El



Temple Beth-El is proud to announce the hiring of our new Rabbi, Michael Fessler, beginning in late spring. Rabbi Michael is a native of both small-town Wisconsin and suburban Maryland. Graduating from the Reconstructionist Rabbinical College in 2001, he previously studied biology at Brown University and worked at an early electronic publishing start-up in Providence, RI. After graduating rabbinical school, he participated in the Melton Senior Educators Program at Hebrew University, focusing on Jewish adult education. He served for twelve years as rabbi and co-rabbi of Congregation B'nai Tikvah-Beth Israel in Sewell, NJ alongside his wife, Rabbi Miriam Hyman. Combining his technical skills with his rabbinical background, he worked as Associate Director of Online Content for Reconstructing Judaism for six years.

Now firmly embedded in the Hudson Valley, he will once again be working alongside Rabbi Miriam, who serves as Education Director and Prayer Leader at Temple Beth-El. They are the proud parents of three daughters, Ariella, Adora, and Tamar. We hope everyone will warmly welcome him to our Dutchess County community.



May the sounds of the Shofar welcome in a new year of health and happiness

Karin & Jack Fein

We apologize in advance for any missing spellings in the Rosh Hashanah greetings.

Be sure to look for our advertisers in this month's *The Voice*:

- Page 3: Berkshire Hathaway: David Fienstein, The Avalon, National Gilman & Ciocia, Optique Elegance, Red Cap Cleaners, and Michael Torsonne Memorial Funeral Home
- Page 5: Berkshire Hathaway Home Services Hudson Valley Properties
- Page 11: Price Chopper
- Page 12: Hudson Valley Hospice

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VOICE DEADLINES

	ISSUE	DEADLINE
Note deadlines listed.	October	September 1
Email: TheVoice@JewishDutchess.org	November	October 1
if you have questions.	December	November 1

Dear Shoshana,



I had an argument with a friend, should I call to say I'm sorry now?

Dear Apologizer

Now is actually the best time to make amends. We are required to ask for forgiveness at this time of year. Bury the hatchet, make amends, have a clean slate. That's what new beginnings and resolutions are all about!

Shoshana

Rabbi's Blog by Rabbi Renni Altman, D.D.

"Days are like scrolls; write on them what you wish remembered." This teaching of the medieval Jewish philosopher, Bahya Ibn Pakuda, is still good guidance as we approach the Jewish New Year. Even as the New Year celebrates another year for our world, it also marks a new beginning for each of us. Rosh Hashanah is an opportunity for us to start anew, to write the scrolls of our lives.



Rabbi Renni Altman

At this season, we speak metaphorically about the Book of Life. "On Rosh Hashanah it is written, on Yom Kippur it is sealed." This is the time of year when our destiny hangs in the balance. We are judged by our deeds - what we did well and where we fell short. One of the beautiful aspects of Judaism is the belief that we have the ability to change, that we can impact what is sealed in our Book of Life. This is what the shofar calls out to us to do.


Included in the Reform movement's *mahzor* is the following reflection about that power to change written by Rabbi Laura Geller: "Your Book of Life doesn't begin today, on Rosh HaShanah. It began when you were born. Some of the chapters were written by other people: your parents, siblings, and teachers. Parts of your book were crafted out of experiences you had because of other people's decisions: where you lived, what schools you went to, what your homes were like. But the message of Rosh HaShanah, the anniversary of the creation of the world, is that everything can be made new again, that much of your book is written every day by the choices you make. The book is not written and sealed; you get to edit it, decide what parts you want to leave behind. *Shanah tovah* means both a good year, and a good change. Today you can change the rest of your life. It is never too late."

At the start of the New Year, Jews worldwide pause, reflect on our lives and commit to trying our utmost to make changes, to break bad habits, to repair relationships and to be our best selves in the year ahead. Our year begins anew with the opportunity for a "do over", a clean slate (or scroll) on which we can write our lives.

Wherever you are for the new year, I hope that you will be with loved ones. I hope that you will usher in the new year in sacred community, finding uplift in meaningful worship and holiday observances. If you are not part of a synagogue, I urge you to seek one out - we would all be happy to welcome you. Congregations that were able to use technology to meet via zoom or livestream for the past two years are now back in person with hybrid options.


L'shanah Tovah tikateivu - May 5783 be a good year, a healthy and peaceful year, and a year of positive change, for you and for our world.

Have a Sweet New Year!



Helen Bernstein and Family

Have a Sweet New Year!



Richard Berman

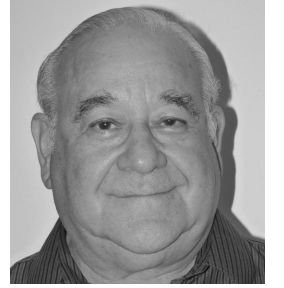
Gail D'Alessio to Be Honored on Selichot at Vassar Temple

Join us Saturday, September 17, at 7:45pm in the social hall of Vassar Temple for our Selichot Program. The evening opens with a dessert reception to honor Gail D'Alessio, who will be presented the Arnold Award in recognition of her contributions to the religious life of the congregation, as well as for her contributions to the local Jewish community. In her role as a Ritual Committee member, Gail has developed programming for Festival, High Holy Day, and special Shabbat services; she especially enjoys helping plan the annual Community Shabbaton. As a Sunday school teacher, Gail challenged and delighted our children with fun, creative learning experiences and helped develop intergenerational Shabbat programs that united the entire congregation. As a leader of the Adult Education Committee, Gail has facilitated bringing us many interesting speakers and courses of study. Gail is a song leader and soloist for Shabbat services and a regular participant in the Torah study group. Her consistent willingness to give of herself, her hard work, enthusiasm, and dedication to Jewish tradition inspire us all. Following the program at 9:00pm we will move to the sanctuary for the moving Selichot Service to help us prepare for the High Holy Days, led by Rabbi Renni Altman and Cantor Elizabeth Goldmann. All are warmly welcome to attend!



Meet Your Neighbor By Karen Hochhauser

Each month, we ask a Member of the Tribe (MOT) the following questions. This month, Frank Rubin who took time from researching new methods for solving linear congruences.



Frank Rubin

1. **What is your favorite word?**
Floccinaucinihilipilification
2. **What is your least favorite word?**
Auschwitz
3. **What inspires you creatively, spiritually, or emotionally?**
The potential for discovering new things
4. **What is your favorite song?**
"This Land Is Your Land"
5. **What profession other than your own would you like to attempt?**
Fire Jumping
6. **What profession other than your own would you not like to attempt?**
Lace Making - because everyone who does it goes blind
7. **What do you most like and dislike about yourself?**
Like: *My sense of play.*
Dislike: *I'll give you an answer later...Oh yes, procrastination.*
8. **What is your favorite Jewish food/dessert?**
Baklava
9. **What is one interesting thing that people don't know about you?**
I was a champion broad jumper and got many trophies. I was also a nationally ranked swimmer.
10. **If you could choose a superpower, what would it be?**
The power to et other people to agree with me.
11. **What is your greatest achievement/something you are most proud of?**
"Secret Key Cryptography", my newly published book. To purchase the book go to: www.manning.com/books/secret-key-cryptography.
12. **Do you have a "bucket list" and, if so, what is on it?**
The next thing on my bucket list is to see the fjords in Norway
13. **What is your earliest Jewish memory?**
Passover at my Grandfather's house.
14. **What is your most favorite Jewish Memory?**
Celebrating Simchat Torah in the sukkah at my Grandfather's.
15. **If there was one thing you would hope others do in the interest of our future, what would that be?**
Stop burning fossil fuels.
16. **In what ways, does or can JFedDC impact our Jewish community?**
Keeping Jewish institutions running.
17. **If Heaven exists, what would you like to hear God say when you arrive at the Pearly Gates?**
WOW! Here comes the oldest man who ever lived.
18. **What is one question you wish we asked and what is the answer?**
Q: *What are you doing next?*
A: *I'm writing papers based on things I discovered while writing my book.*

Civic Engagement - Fighting Voter Suppression (Vassar Temple)

The Civic Engagement Committee at Vassar Temple has teamed with the Religious Action Center of Reform Judaism and the Center for Common Ground to fight against voter suppression one voter at a time. We are sending postcards to people of color in states where voter suppression is a big problem. These non-partisan cards encourage voting by reminding people of its importance and by providing information that makes it easier for the recipient to know when and where to vote.

We have already sent about 4000 postcards just for the primaries alone this year. The November election is coming soon. If you would like to join in this effort.

We supply everything you need to do this. You only need to write the postcards and buy the stamps. Contact Howard Susser or Margery Groten at civicengagement@vassartemple.org, please contact us.




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Rosh Hashanah Greetings




May the sounds of the Shofar welcome in a new year of health and happiness

The Friedlands



May the sounds of the Shofar welcome in a new year of health and happiness

Miriam Gold and Family



May the sounds of the Shofar welcome in a new year of health and happiness

Sandy & Jerry Goldberg



May the sounds of the Shofar welcome in a new year of health and happiness

The Dworkin Family



May the sounds of the Shofar welcome in a new year of health and happiness

Amy, Steve, Lindsay, & Hannah Effron



May the sounds of the Shofar welcome in a new year of health and happiness

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May the sounds of the Shofar welcome in a new year of health and happiness

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May the sounds of the Shofar welcome in a new year of health and happiness

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May the sounds of the Shofar welcome in a new year of health and happiness

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May the sounds of the Shofar welcome in a new year of health and happiness


Ellen & Victor Stern and Family



May the sounds of the Shofar welcome in a new year of health and happiness

Sharon, Cynthia, & Harold Warren

Have a Sweet New Year!



Elyse & Neil Mansfield

Have a Sweet New Year!




Jane Silver Timm and Family

Have a Sweet New Year!



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Have a Sweet New Year!



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L' Shanah Tovah

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Joshua Shapiro

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L' Shanah Tovah

Sharon &
Dr. Bernardo
Steinvurzel and
Family

L' Shanah Tovah

The Hentel
Family

L' Shanah Tovah

Suzanne
Horn

L' Shanah Tovah

Barbara & Harvey
Katz and Family

L' Shanah Tovah

Grete & Marty
Finkelstein

L' Shanah Tovah

Love, Jack &
Fritzy Goodman

L' Shanah Tovah

Deanie Gordon
and the Israel,
Levine, & Gordon
Families

L' Shanah Tovah

Nancy & Sandy
Bernstein

L' Shanah Tovah

Marina & Tye
Elias

L' Shanah Tovah

Judith & Michael
Elkin

L' Shanah Tovah

Bob
Ulrich

L' Shanah Tovah

David Cohen,
Susan G. Hecht,
Philip, & Eva

L' Shanah Tovah

Marianne &
Bob Abrams
and Family

May the sounds
of the Shofar
welcome in a new
year of health
and happiness

Marian & Ralph Schwartz

May the sounds
of the Shofar
welcome in a new
year of health
and happiness

Team Silbergleit

May the sounds
of the Shofar
welcome in a new
year of health
and happiness

Gail & Dr. Samuel Simon

May the sounds
of the Shofar
welcome in a new
year of health
and happiness

Pam & Sol Resnikoff

May the sounds
of the Shofar
welcome in a new
year of health
and happiness

Miriam & Frank Rubin

May the sounds
of the Shofar
welcome in a new
year of health
and happiness

Barbara & Hamilton (z"l) Scheer & family

May the sounds
of the Shofar
welcome in a new
year of health
and happiness

Betsy Kopstein-Stuts and George Stuts (z"l)

May the sounds
of the Shofar
welcome in a new
year of health
and happiness

The Quackenbush Family

May the sounds
of the Shofar
welcome in a new
year of health
and happiness

Paula & Azzy Reckess

May the sounds
of the Shofar
welcome in a new
year of health
and happiness

Doris & Bob Haas

May the sounds
of the Shofar
welcome in a new
year of health
and happiness

Rabbis Miriam Hyman & Michael Fessler
and Family

May the sounds
of the Shofar
welcome in a new
year of health
and happiness

Jane & Steven Idell

May the sounds
of the Shofar
welcome in a new
year of health
and happiness

Miriam & Eric Goldstone

May the sounds
of the Shofar
welcome in a new
year of health
and happiness

Roberta & Len Grosman

May the sounds
of the Shofar
welcome in a new
year of health
and happiness

Ann & Jeffrey Gross

2022 Reflections—What does the new year bring for your family?

By Kimberly Ritz, PJ Library Program Director

As we all prepare for the High Holidays, please know that your PJ Library Team is also working hard discussing and designing PJ Library programs for the upcoming year. We would love to have your input in regard to what types of gatherings you are looking forward to attending!

Would you like to meet your PJ Library neighbors for an informal park meet up, join our “Shalom Strollers” walking group for new moms in your neighborhood, or attend a PJ Library parents only in-person or virtual PJ Library Mom’s night in? These are all just suggestions based on feedback we have gotten from local PJL families and trends that we have been following as we notice that many new Jewish families continue to move to the area all across Dutchess County. We would love to help connect you!

Please reach out to pjlibrary@jewishdutchess.org with questions, comments, suggestions or just to say hello! Our Team, Kim Ritz, Tamatha Williams and Suzanne Turrisi are here to meet for a coffee, have a quick call, or Zoom chat with you! PJ Library’s Mid-Hudson Valley Community of 300+ families is here for you! Take advantage of all it has to offer in the coming year!

Also please note that the Harold Grinspoon Foundation will also be offering **Get Together Stipends of \$100 per family** for two or more PJ Library Families to get together to share a Jewish Moment together (i.e. have Shabbat dinner together, or have a Rosh HaShana meal, go apple picking together for Rosh HaShana, etc). Please reach out to pjlibrary@jewishdutchess.org for more details.

Lastly, if you're thinking about organizations you would like to give back to this coming year I would love to include you in our “Giving Circles” initiative for Grandparents, PJL Alumni, and PJ Library families from 2015-2020. Please reach out to pjlibrary@jewishdutchess.org for more information.

Wishing everyone a very sweet, connected, and healthy new year!



Come join us for some exciting fall festivities!

Sunday September 18th
DuBois Farms
209 Perkinsville Road Highland
11:30 am



TEN APPLES UP ON TOP

Religious School at Vassar Temple

The Seth A. Erlebacher Religious School of Vassar Temple will begin its year on Sunday, September 11. We offer classes for children in grades K – 7 on Sunday mornings. Grades 3 – 7 meet from 9am – 12pm, a combined class of K-2 students meets from 10am-12pm. Our religious school program uses the ShalomLearning curriculum, which is structured around seven core Jewish values (such as repentance, being in the image of God, responsibility), weaving in biblical stories, rabbinic teachings, and contemporary lessons that illustrate these values. The curriculum integrates electronic resources such as videos and PowerPoint that engage our 21st century learners. The Hebrew curriculum focuses on the *siddur* as children learn to read and understand key prayers in our worship service. Beginning in 4th grade students attend an additional Hebrew class on Wednesday afternoons. (Those students unable to attend work with tutors using our curriculum.) Hands-on social action projects throughout the year help our students apply the lessons that they learn. Their education is enriched with learning traditional and contemporary Jewish songs with our music teacher. Each day ends with community tefillah (worship) led by Rabbi Altman, complete with a story or “ask the rabbi.” Parents are always invited to join us for tefillah and special family programs during the year.

Our dedicated teaching staff is made up of members of the congregation and local college students. Post b’nei mitzvah students serve as madrichim (teaching assistants) and are great role models for the students. Rabbi Altman serves as the Director of our Religious School. For more information, please call (845) 454-2570 or email rabbi@vassartemple.org.

RELIGIOUS SCHOOL

CHABAD MID-HUDSON VALLEY

Sunday, 10:00am-12:15pm, ages 5-12 years
63 Vassar Rd, Poughkeepsie

For information contact Hindy Borenstein, Director
(845) 463-5801

chabadmidhudsonvly@prodigy.net

JUDAIC SCHOOL OF THE ARTS

Sunday, 10:00am-12:00pm

For information www.mypardess.org/JSA

RHINEBECK JEWISH CENTER

Monday, 4:00-5:30pm

Tiny Tots Division (ages 1-5)
Intermediate Division (ages 6-10)
Bar and Bat Mitzvah (ages 11-13)

For information, contact Rebbitzin Tzivie Hecht, Director
(845) 876-7666 or [tizviehecht@gmail.com](mailto:tziviehecht@gmail.com)

CONGREGATION SHIR CHADASH

Kulanu: All of Us - A joint religious school program with Shir Chadash and Temple Beth-El. Our collaborative school models the true meaning of *Klal Yisrael* (Jewish peoplehood) by increasing the sense of Jewish community and partnership for our students and families. It allows students to get to know their Jewish peers and to receive a broader Jewish education. Students explore Jewish tradition, history, and culture through art, music, movement, and text. For grades pre-K through Bar/Bat Mitzvah.

Classes meet Sundays, 10:00am at Temple Beth-El.

For more info contact:
Rabbi Glenn Jacob: rabbigmj@gmail.com or
Rochelle Bellach: rrbellach@hotmail.com

TEMPLE BETH-EL

The Temple Beth-El Education programs for kids Pre-K through High School provide an engaging learning environment. Students explore Jewish tradition, history, and culture through art, music, movement, and text.

Classes have resumed in person, with a hybrid option.

Please contact Rabbi Miriam Hyman for the current school schedule at (845) 454-0570 or education@tbeny.org

VASSAR TEMPLE

Vassar Temple provides a program of Jewish education within the Reform Movement’s guidelines, which deepens a student’s Jewish experience and knowledge in an accepting and stimulating learning environment. Our philosophy of Jewish learning is based on the quotation from Pirke Avot, “The world depends on three things: on Torah, on worship and on deeds of loving kindness.”

The Seth A. Erlebacher Religious School for grades K-7 meets Sunday mornings. The Hebrew School, which meets Wednesday afternoons, offers innovative individualized Hebrew language instruction and bar/bat mitzvah preparation for those in grades 4-7. We also have a special religious education program for grades 8-up. Teens may prepare for Confirmation during 10th grade and may work as madrichim (teacher aides) in the Sunday school.

New enrollments are welcome throughout the year. The religious school and Hebrew School at Vassar Temple are directed by our Rabbi Renni S Altman, D.D. For more information, please contact her at rsdirector@vassartemple.org (845) 454-2570.

JOB OPENING

Kulanu Youth Group Advisor
Temple Beth-El/Congregation Shir Chadash Youth Group
To apply, contact Cantor Devorah Gartner
(845) 399-7192 or cantordevorah@gmail.com

PJ Library is a program of the Harold Grinspoon Foundation and made possible through gifts from the Jewish Federations of Dutchess, The Harding Club, and the generous support of PJ Library donors. To make a donation online go to:

www.JewishDutchess.org

Thank you!

תשובה
Teshuvah
Repentance

Here is a worksheet from Pinterest on self reflection. Use it to help yourself and your family to see areas of your life where you can become the best version of yourself this year!

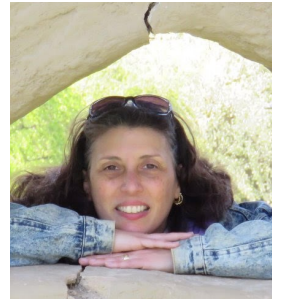
Kim



Tamatha



Suzanne



Teshuvah—Repentance

By Suzanne Turrisi, Assistant PJ Library Director

Teshuvah is the central theme of the time between Rosh Hashanah and Yom Kippur, known collectively as the "Ten Days of Teshuvah." Typically, teshuvah is translated from the Hebrew as **repentance**, but it literally means "return", as if turning back to something you've strayed or looked away from. Almost like the hokey-pokey: you get to turn yourself around!! How will you "return?" What will you return to? Will you return to yourself, to others, to G-d? At this holy time of year, we hope to start fresh. We have the opportunity to pray, think, reflect, forgive, confess, and to change. It's the chance for : control, alt, delete (so to speak!) Use this new beginning to return to where you need to be, or to whom you wish to become!



A Sensory Success by Tamatha Williams, Parent Connector

Exploring the Hudson Valley can mean discovering hiking trails, taking in a scenic view from the Walkway, dining at riverfront restaurants, or even uncovering a scent-sational sensory experience at a quaint little studio tucked away in Fishkill, NY. While August typically prompts a trip to one of the smiling sunflower fields nearby, the extreme heat necessitated a change of plans. I decided on a much needed air-conditioned, indoor adventure, a trip to *Come to Your Scentses Succulent Diffuser Bar*.

As the diffuser filled the air with a warm, calming scent befitting the tranquil aesthetic of the studio, I silently panicked when I walked in with my three year old daughter. I saw so many reachable, breakable, delicate succulents, terracotta pots and hand-made crafts. I thought to myself that there was no way I'm making it out of here without paying for several toddler-crushed items!

While waiting for families to arrive, my panic lifted as I noticed my daughter's interest in the studio surroundings. To my suprise, rather than grabbing at things, she was investigating the curious succulent plants and spying the tools and desert-toned placed on the work tables.

Shortly after, the families arrived. I felt some panic return as the room filled with inquisitive toddlers, but they too did not grab at the delicate succulents. They explored with curiosity and then calmly sat down at their work station, listening, learning, and planting their very own, unique succulents. The last step in planting was to choose essential oils that would be naturally diffused through the plants.

Our visit concluded with the children busily "sweeping" the soil-covered floor with their imaginary broom-hands. Our adventure was not only a sensory success but a **scent-story** success as well!



HEY, COUNT ME IN @ PJ LIBRARY

LET'S MEET
New to the community or looking to make connections with other families? We can help!

GRANDPARENTS
Interested in joining a grandparents' circle? We can help!

PARENTS
Would you like to join a play group in your neighborhood? Would you like to meet other PJ parents?

Email:
Pjlibrary@jewishdutchess.org and let us answer any questions or help you get connected!

Connect with PJ Library On Our Social Media Platforms

Follow to learn all about our upcoming 2022 events

PJ Library & PJ OUR WAY

Where to find us:

- Facebook @ PJ Library Mid Hudson Valley
- Instagram @ pj_library_mid_hudson
- Email us at pjlibrary@jewishdutchess.org to sign up for the bi-monthly E-newsletter for PJ Library & PJ Our Way

A Happy and Sweet New Year!
 from
Vassar Temple Sisterhood

Visit our Judaica Shoppe for all your holiday & gift needs!
 140 Hooker Ave., Poughkeepsie, NY 12601 • www.vassartemple.org • 845-454-2570



The ROMEOs
(Retired Older Men Eating Out)

Best wishes for a peaceful and healthy New Year 5783

Peter Albenda	Alan Fox	Michael Schwartz
Richard Berman	Jerry Goldberg	Ralph Schwartz
Herman Chertock	Eli Gorin	Dave Shron
Stu Chimkin	Spencer Gorin	Eli Sloves
Herb Dym	Martin Hochhauser	Bernardo Steinvurzel
Mike Elkin	Bob Morrison	Victor Stern
Marty Finkelstein	Lou Newman	Bob Ulrich
	Frank Rubin	

And in memory of all departed members



**Happy New Year To All
 From
 The Harding Club**

Join us and enjoy good fellowship, great meals, and excellent speakers.
 We meet twice a month!
 Visit our Website at: <http://harding.jigsy.com>

L' Shanah Tovah

PVT. Herman Siegel Post #625 Jewish War Veterans.





May the sounds of the Shofar welcome in a new year of health and happiness

Sisterhood Schomre Israel

L' Shanah Tovah

Congregation Schomre Israel



Happy Rosh Hashanah to you & your family.



Best Wishes For a Happy & Healthy New Year!



Hochhauser, Marks Family—
 Martin, Karen, Samuel, Alexander & Benjamin

THIS YEAR in Jerusalem!

Israel Trip October 23 - November 1



Best Wishes From, Stephanie & Steven Wasser

Wishing you a Happy New Year! Judge Cecelia Morris

L' Shanah Tovah

Gwen Greene



Have a Sweet New Year!



Anita Lester and Family

L' Shanah Tovah Have a sweet year!




Happy New Year!
 Rebecca & Bert Cohen

L' Shanah Tovah Have a sweet year!




Happy New Year!
 Marilyn & Michael Schwartz

L' Shanah Tovah Have a sweet year!




Happy New Year!
 Sandra Mamis

Have a Sweet New Year!



Judy & Alan Fox

L' Shanah Tovah Have a sweet year!



Happy New Year!
 Frieda & Ed Gershuny

L' Shanah Tovah Have a sweet year!



Happy New Year!
 Sandra & John Blair

L' Shanah Tovah Have a sweet year!



Happy New Year!
 Brenda Baker and Family

Have a Sweet New Year!



The Gorin Family

Best Wishes
For a Happy & Healthy New Year!



Wendy & Stuart Waxman

Best Wishes
For a Happy & Healthy New Year!



Nina & Russell Rothman

Best Wishes
For a Happy & Healthy New Year!



Mary & Jonah Ritter

L' Shanah Tovah

The Hankin Family



L' Shanah Tovah

Ronnie & Carl Wolfson and Family



L' Shanah Tovah

Evelyn & Oscar (z"l) Weiss



L' Shanah Tovah

Debbie & Arnold Most





Have a Sweet New Year!



The Arnoff Family

Have a Sweet New Year!



Adrienne London and Dr. Robert Roeshman, D.O.



Emily Donati



VanDodick Family



Sue & Don Turrisi



Linda Skolnik



Beth & Alan Haber

Wishing You A Sweet New Year

 <p>3⁹⁹ with AdvantEdge Card KeDEM Concord Grape Juice 64 oz. Select Varieties</p>	 <p>3⁹⁹ lb. Empire Kosher Frozen Whole Turkey 12-24 Lbs.</p>
 <p>6⁹⁹ with AdvantEdge Card PICS Cold Smoked Atlantic Salmon 4 oz. All Varieties</p>	 <p>4⁹⁹ Plain Round Challah Bread or Raisin Round Challah Bread 24 oz. \$5.99</p>
 <p>3 Lb. Bag 3⁹⁹ with AdvantEdge Card Market 32 New York Grown Red Apples U.S. #1•2 1/4" Minimum</p>	 <p>14⁹⁹ lb. Meal Mart 1st Cut Brisket Kosher</p>
 <p>3⁷⁹ with AdvantEdge Card PICS Honey Bear 12 oz.</p>	 <p>13⁹⁹ with AdvantEdge Card Meal Mart Stuffed Cabbage 39 oz.</p>
 <p>2/\$3 with AdvantEdge Card Streit's Egg Noodles 12 oz. •Select Varieties or Bows 8 oz.</p>	 <p>3⁹⁹ with AdvantEdge Card Golden Blintzes 6 Pack 13 oz. •Select Varieties</p>
 <p>4/\$5 with AdvantEdge Card Streit's Matzo Ball or Soup Mix 4.5 oz.</p>	 <p>2/\$4 with AdvantEdge Card Lipton Kosher Recipe Secrets Onion Dip or Soup Mix 1.9 oz. or Lipton Soup Secrets Matzo Ball & Soup Mix 4.3-4.5 oz. •Select Varieties •Where Available</p>
 <p>2¹⁹ with AdvantEdge Card PICS Apple Sauce 23-24 oz. •All Varieties</p>	 <p>2⁹⁹ with AdvantEdge Card Breakstone's Whipped Butter 8 oz.</p>
 <p>3⁹⁹ with AdvantEdge Card Gefen Cake 15.89 oz. •Honey, Marble or Apple</p>	 <p>2/\$5 with AdvantEdge Card Manischewitz Broth 17 oz. •All Varieties or Osem Toasted Couscous 8.8 oz.</p>
 <p>2/\$7 with AdvantEdge Card Golden Pancakes 10.6 oz. •Select Varieties</p>	 <p>3⁴⁹ with AdvantEdge Card Gefen Whole Roasted Chestnuts 5.2 oz. •Shelled</p>
 <p>1⁹⁹ with AdvantEdge Card Farmers Horseradish 8.5 oz. •White</p>	 <p>2/\$5 with AdvantEdge Card Streit's Apple & Honey Fruit Slices 6 oz.</p>
 <p>5⁹⁹ with AdvantEdge Card Osem Chicken Style Consomme 14.1 oz. or Osem Tri-Color Pearl Couscous 21.16 oz.</p>	 <p>5/\$3 with AdvantEdge Card Kedem Tea Biscuits 4.2 oz. •Select Varieties</p>
 <p>3⁴⁹ with AdvantEdge Card Wolff's Kasha 13 oz. •Select Varieties</p>	 <p>2⁹⁹ with AdvantEdge Card Bosco Chocolate Syrup 22 oz.</p>
 <p>4⁹⁹ with AdvantEdge Card Vita Herring In Sour Cream 12 oz. or In Wine Sauce</p>	 <p>5⁹⁹ with AdvantEdge Card Menora Shabbos Candles 72 Ct.</p>
 <p>5⁹⁹ with AdvantEdge Card Yehuda Gefilte Fish 24 oz. •Select Varieties</p>	 <p>5/\$3 with AdvantEdge Card Menora Memorial Candle</p>

2/\$7 with AdvantEdge Card
SAVE \$1 WITH 2/\$6 eCoupons
Final Price WHEN YOU BUY 2
LIMIT ONE COUPON PER OFFER PER CUSTOMER



Kedem Sparkling Juice
25.4 oz. Select Varieties



Offers effective Sunday, August 28 thru Saturday, October 8, 2022 in all Price Chopper, Market 32 and Market Bistro stores located in CT, MA, NH, NY, PA & VT. Not all items are available in all stores.

The Federation Board's Voice



Jonah Ritter

Want To Change Your World? By Jonah Ritter

If you were writing this article to the Jewish Community, what would you say? What message is important to you or do you feel needs to be heard in our community?

Would you praise someone? Or would you write about improving something? Perhaps you would like to educate us on a subject of importance and some relevant urgency. If you could change hearts and minds in our community in some meaningful way, what would it be?

I am writing on behalf of the Jewish Federation of Dutchess County to offer you an opportunity to change the world by starting locally. That is what the Jewish Federation does, it is our mission. Here is where YOU come in!

JFedDC relies on the contributions of time and resources from volunteers and donors. We are directed by a board of trustees who determine the focus and direction of the organization's energy. There is a place at our table.

There is an old expression, "Put up or shut up." It always struck me as kind of a dare. But you can see it in another way. If you do not "put up" yourself, you silence yourself. In effect, you acquiesce to the world we have. You give away your shot.

The Jewish New Year is just around the corner. While you are thinking about being written in the Book of Life, please also give a thought to authoring the future of the Jewish Federation and the mitzvot that we do for our community.

Do you have something you would like to say? Then come say it! *Baruch Hashem*

We hope that you are reading all of the articles that we publish in *The Voice*, including those articles that are written by members of our Board. Our talented and hardworking Board members individually hold some strong views, not all of which represent views held by the Federation.

The Federation is an inclusive organization, as you know. Where we are all one hundred percent in agreement is with JFedDC's mission: ***"To perpetuate, protect, and enhance Jewish communal life and well-being locally, in Israel, and worldwide while supporting our greater local community."***

Our Executive Director



Learning From the Ocean

Every August/September, I loved watching one particular commercial from the Staples company. The song "The Most Wonderful Time of The Year" would be playing, which automatically conjures images of snow, winter, and the holiday season. However, in this commercial, there was a father smiling and pushing a shopping cart around gathering school supplies while his two kids stood there with crossed arms and grimaces. Every year this commercial made me chuckle. Granted there are children in this world who love returning to school but there are also others who are relatively anxious.

Change is challenging for most of us, particularly when there is the unknown. That being said, I am frequently heard quoting (at least in my household) that the only thing constant in life is change. The real question is how we deal with it.

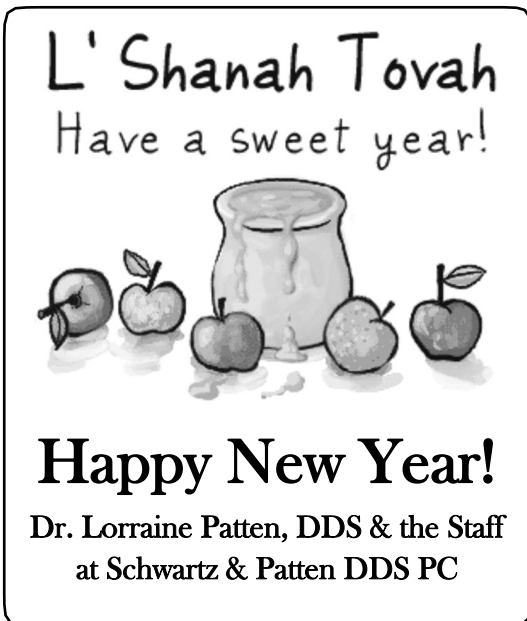
When recently dropping off my son at college, I imparted the following words of wisdom to him about change and challenges...throughout your life, both will be there, just like oncoming waves in the ocean. Sometimes you may not see them coming towards you, but when you do, how do you respond? Do you jump over the wave? Do you duck under it? Do you dive into the wave or ride it? On the occasion when a wave knocks you down, get up and keep going before the next wave comes!

Concerningly, some of those unpredictable waves, such as the rise of antisemitism on college campuses, seem to be increasing in frequency throughout the country. Doing a brief Google search illustrates how alarming this situation is. Will our kids experience some antisemitism? Will they know how to handle it? Have we done enough to prepare them to protect themselves? These are my waves of concerns for each and every young adult currently growing up in today's environment.

With a new school year beginning and Rosh Hashanah around the corner, we each have the opportunity to go into the ocean with new approaches and opportunities to make changes and find ways to be the best we can. Don't forget...we need your support, both financially and with volunteering, to be the best we can be for the community. Whether it is working on supporting our youth to address antisemitism, our seniors with care packages, those in need through Mitzvah Now initiatives, helping design interfaith programming, or all the above... Come jump into the ocean with us!

On behalf of JFedDC, I want to wish everyone a year of health, wealth, and happiness.

Karen Hochhauser, JFedDC Executive Director



Temple Beth-El
118 S Grand Ave, Poughkeepsie

For more information, contact the TBE Office at (845) 454-0570

Sunday, September 25, Erev Rosh Hashanah

8:00pm Evening Service

Monday September 26, Rosh Hashanah Day #1

8:45am Shacharit Morning service
 9:45am Torah Service, Sermon, Shofar Blowing & Family Service (Hybrid)
 11:00am Youth Programming and Babysitting (TBA)
 11:15am Musaf Service

Tuesday September 27 Rosh Hashana Day #2

8:45am Shacharit Morning service
 9:45am Torah Service, Sermon, Shofar Blowing
 11:15am Musaf Service

Tuesday, October 4, Kol Nidrei

6:00pm Kol Nidrei

Wednesday, October 5, Yom Kippur

8:30am Shacharit Morning service
 9:45am Torah Service, Sermon, Shofar Blowing & Family Service (Hybrid)
 11:00am Youth Programming and Babysitting (TBA)
 11:15am Musaf Service
 1:15pm Afternoon Break Begins
 4:00pm Yizkor/Martyrology (Memorial Service)
 5:15pm Mincha w/Torah Service
 6:15pm Ne'ilah (closing)
 7:13pm Havdalah & Shofar blowing

Chabad of Mid Hudson Valley
50 Red Oaks Mill Rd, Poughkeepsie

All services will be held at the new Chabad Lubavitch Center
 63 Vassar Rd, Poughkeepsie NY

Sunday, September 25

6:30pm Evening Service
 7:30pm Community Dinner, RSVP: Suggested donations \$25 children \$12

Monday September 26 and Tuesday, September 27

10:00am Morning service
 11:30am Interactive Children's Program
 12:00pm Shofar Blowing Large Kiddish following Services
 5:30 pm Tashlich Service (9/26 at Best Western Inn at The Falls)

Tuesday, October 4

6:15pm Kol Nidrei

Wednesday October 5

10:00am Service
 11:30am Interactive Children's Service
 12:00pm Yizkor Memorial Service
 5:150pm Mincha & Neilah (Closing Prayer)
 7:12pm Final Shofar Blast Large break-fast following services

VASSAR TEMPLE HIGH HOLIDAY SERVICE SCHEDULE

For further information, to make a reservation, and for updates, contact
office@vassartemple.org or (845) 454-2570. Shanah Tovah!

Saturday, September 17 Selichot

7:45pm Program followed by 9:00pm Service.

Sunday, September 25, Erev Rosh Hashana

8:00pm Service

Monday, September 26, Rosh Hashana Day #1

10:30am Morning service
 3:00pm Family service (outdoor site, weather permitting)
 4:00 pm Tashlich (outdoor site)

Tuesday, September 27, Rosh Hashana Day #2

10:30am Morning service

Sunday, October 2 Memorial Service

2:00pm at Vassar Temple Cemetery on Lagrange Avenue

Tuesday, October 4 Kol Nidre

8:00pm Service

Wednesday, October 5 Yom Kippur

10:30am Morning Service
 1:00pm Adult Study Session
 1:00pm Family Service (outside Temple, weather permitting)
 4:00pm Afternoon Service
 5:30pm Yizkor Service
 6:15pm Ne'ilah (Concluding) Service

Pardess Center for Jewish Life
171 Blue Hill Rd, Hopewell Junction, NY 12533

For schedule please visit:
www.MyPardess.org/HighHolidays

Congregation Beth David
3344 Rt 343, Amenia, NY 12501

Visit www.congbethdavid.org for more information

Sunday, September 25 Erev Rosh Hashana

TBA

Monday, September 26 Rosh Hashana Day #1

TBA

Tuesday, October 4 Kol Nidre

TBA

Wednesday, October 5 Yom Kippur

TBA

Congregation Shir Chadash
High Holy Days: Days of Awe

Schedule of Services 2022/5783

Led by: Rabbi Glenn Jacob

Sunday, September 25, Erev Rosh Hashana

8:00pm Service

Monday, September 26, Rosh Hashana Day #1

10:00am Morning service
 2:00pm Family Celebration Service

Tuesday, October 4 Kol Nidre

8:00pm Service with Cello

Wednesday, October 5 Yom Kippur

10:30am Morning Service
 2:00pm Family Service
 3:00pm Study
 4:00pm Afternoon Service
 5:00pm Yizkor/Memorial Service
 5:30pm Ne'ilah/Concluding Service

Services are live and open to all. Registration required at info@shir-chadash.org. Streaming also available—streaming info and link will be sent at a later date to those who RSVP. Donations gratefully appreciated. For more information, call (845) 232-1029.

Congregation Schomre Israel
High Holiday Schedule of Services:

Sunday, September 25

8:00am pre-Rosh HaShanah Selichot
 12:00pm Memorial Service at Schomre Israel Cemetery

Rabbi Krasner will be available to say prayers with you at the graveside of your loved ones with you.

6:20pm Mincha/Maariv
 6:29pm Candle lighting (earliest 5:33 pm)

Monday, September 26 Rosh HaShanah, First Day

8:30am SHARP Shacharit
 10:45am Torah Reading
 11:30am Sermon
 *11:45am Shofar
 5:05pm SHARP Second Shofar (outdoors only)
 5:30pm Tashlich
 6:00pm Mincha/Maariv
 7:28pm or after Candle lighting

Tuesday, September 27 Rosh HaShanah, Second Day

8:30am SHARP Shacharit
 10:30am Torah Reading
 11:15am Sermon
 *11:30am Shofar
 5:30pm SHARP Second Shofar (outdoors)
 6:00pm Mincha/Maariv
 7:27pm or after Havdallah/Yom Tov Ends

* time is approximate. Please arrive early to ensure you hear the Shofar.

Wednesday, September 28 Fast of Gedaliah

5:37am Fast Starts
 7:30am Shacharit with Selichot
 6:00pm Mincha/Maariv
 7:25pm Fast Ends

Thursday, September 29

7:30am Shacharit with Selichot

Friday, September 30 Shabbat Shuvah

7:00am Shacharit with Selichot
 6:20pm Mincha/Maariv
 6:22pm Candle lighting

Saturday, October 1 Shabbat Shuvah

9:00am Shacharit
 7:18pm Shabbat Ends

Sunday, October 2

8:30am Shacharit with Selichot

Monday, October 3

7:30am Shacharit with Selichot

Tuesday, October 4 Erev Yom Kippur

7:00am - Shacharit with Selichot Festive Meal
 5:50pm - Mincha
 6:13pm - Candle lighting (earliest 5:20 pm)
 6:10pm SHARP - Kol Nidre/Maariv (Live and Zoom)
 6:30pm - Fast Starts

Wednesday, October 5 Yom Kippur

9:00am SHARP - Shacharit
 10:45am - Torah Reading
 11:30am - Sermon
 11:50am - Yizkor
 4:15pm - Mincha/Neilah/Maariv
 7:13pm - Blowing of Shofar/Fast Ends

Congregation Emmanuel of the Hudson Valley
High Holiday Schedule of Services:

Sunday, September 25, Erev Rosh Hashana

7:30pm Service

Monday, September 26, Rosh Hashana Day #1

9:30am Morning service
 10:00am Tot Shabbat and Youth Service
 12:30pm Apples & Honey
 4:00pm Tashlich in Kingston Rotary Point Park

Tuesday, September 27, Rosh Hashana Day #2

10:00am Poet Walk followed by service at 11:30am

Tuesday, October 4 Kol Nidre

7:00pm Service followed by Erev Yom Kippur Service

Wednesday, October 5 Yom Kippur

9:30am Morning Service
 10:00am Tot Shabbat & Youth Service
 12:30pm Ask the clergy
 2:00pm Meditation
 3:30pm Minchah
 4:30pm Yizkor
 5:30pm Ne'ilah/Havdalah

Please visit www.jewishdutchess.org for a full listing of all High Holiday Schedules

Congregation Schomre Israel

(Orthodox)
18 Park Ave, Poughkeepsie
(845) 454-2890
Rabbi Shlomo Krasner
Website: www.schomreisrael.org
Email: rabbishlomok@gmail.com

Weekly Services:

Shacharis 7:00am (weekdays)
Shacharis 8:30am (Sunday & holidays)
Maariv: 6:40pm (winter weekdays)
Friday Kabbalat Shabbat: around candle lighting times

Adult Education:

Sunday

Talmud Studies with Rabbi Krasner
9:20am, in person, studying topics in the Talmud of mezuzah, tefillin, and sefer torah

Tuesday

The Collected Writings of Maimonides
10:30am, hybrid. Maimonides is often considered one of the greatest Jewish philosophers and teachers. What makes Maimonides and his teachings so respected and cherished throughout the ages? Join us as we discuss and study his philosophy and classic works.

Thursday

Contemporary Halachic Questions
7:00pm, resumes November 3.

Other Events:

Thursday

Hands on Judaism—Mitzvah Workshop with Rabbi Krasner Sept. 8, 6:00pm. This mitzvah workshop with Rabbi Krasner you will create your own shofar using power tools. Please RSVP ASAP. The cost of materials for a ram's horn is \$15 and between \$30-\$50 for an exotic shofar.

Yiddish Club September 8, 10:00am. This month we will focus on learning Yiddish with children's classics. Join us for an enjoyable time speaking and listening to Yiddish..

Saturday

Selichot Services September 17, 10:30pm. The services introduce the high holiday season. At 10:30pm the congregation will screen a West Point interview with Cantor Stamler A"H entitled in *Every Aspect of Life You Can Find a Positive Point*. Following the video, refreshments will be served. Rabbi Krasner will conduct services and lead the chanting of Selichot prayers introducing the solemn period of introspection and renewal at midnight. For info call (845) 454-2890

Flower Centerpieces for the Holidays

We will be ordering centerpieces from Hudson Valley Gardens and Florist for Rosh HaShanah 5783 for all members and non-members in the community who wish to have a beautiful floral centerpiece for the holiday. The cost per centerpiece is \$25. Prepaid order will be accepted through Sept. 14, 2022. Pick up will be at the synagogue on Sunday, Sept. 25 from 9:00am-10:00am. See the order form on the synagogue website or call or email the synagogue to order.

Contact:

rabbishlomok@gmail.com
for current information
or visit the website
www.schomreisrael.org

Mazel Tov Memories

Send us information about what you are celebrating: birthdays, engagements, weddings, anniversaries, and simchas.

We at the JFedDC want to celebrate with you and share the nachas.

Send your information to:
thevoice@jewishdutchess.org

Congregation Shir Chadash

(Reform)
Interim: Freedom Plains
Presbyterian Church, Lagrange
(845) 232-1029
Rabbi Glenn Jacobs
Website: www.shir-chadash.org
Email: info@shir-chadash.org

Weekly Services:

Fridays: 7:30pm In Person & Zoom
Saturday: 9:15am In-person Bi-monthly children's religious school
10:30am In-Person Shabbot Service
All welcome to attend.

Adult Education:

Saturday

Torah Study 9:15am. An informal discussion about the Torah portion of the week with Shir Chadash's new spiritual leader, Rabbi Jacob. Everyone has a chance to participate. Just an inquisitive mind, a curiosity about our tradition and a willingness to share your thoughts.
For dates and info call (845) 232-1029, email: info@shir-chadash.org or visit www.shir-chadash.org.

Other Events:

Sunday

Rosh Chodesh Reading Group
Those interested in reading are invited, (now done virtually)-- interesting and provocative discussions. Dates & times TBD. Participants meet to discuss memoirs, fiction, poetry, and drama in a variety of works that offer Jewish themes and a variety of perspectives of interest. Have a topic suggestion, please let us know! For more information, please contact Sandy Lash at (845) 232-1029, via email: info@shir-chadash.org

Contact :

info@shir-chadash.org
for current information
or visit the website
www.shir-chadash.org

Temple Beth El

(Conservative)
118 S Grand Ave, Poughkeepsie
(845) 454-0570
Rabbi Michael Fessler
Rosh Tefilah Rabbi Miriam Hyman
Website: www.tbeny.org
Email: info@tbeny.org

All services are egalitarian & inclusive. Join us!

Weekly Services:

Friday & Saturday Shabbat Services alternate between in-person and Zoom. Call the Temple Beth-El office for the current schedule.

Adult Education:

For information about ongoing Adult Education at Temple Beth-El, please contact the synagogue office : (845) 454-0570.

Other Events:

Sunday

Temple Beth-El Serves at Lunchbox 2nd Sunday, volunteers are needed to help serve a meal at Lunchbox at Dutchess Outreach. You can also help by making a donation to help cover the cost. Contact Nancy Judson to get involved at (845) 216-7563.

Friday

Calling All Bibliophiles TBE is proud to announce that our book club lives on. The 2022 dates are: September 20—*My 15 Grandmothers* by Genie Milgrom, and November 15—*The Last Kings of Shanghai* by Jonathan Kaufman. All meetings are from 1:00-2:00 INSIDE TBE; all Covid precautions at the time of each meeting will be followed. Please note that there is no Zoom option.

Please register for each meeting no later than 9:00 AM the Friday preceding each meeting. That way I know which room at TBE will be needed to maintain Covid protocols. If you have any questions, please contact Merri Sedgwick at: moondoggie7@optonline.net

Contact:

info@tbeny.org
for current information
or visit the website
www.tbeny.org

Vassar Temple

(Reform)
140 Hooker Ave, Poughkeepsie
(845) 454-2570
Rabbi Renni S. Altman D.D.
Website: www.vassartemple.org
Email: Office@VassarTemple.org or rabbi@vassartemple.org

Weekly Services:

Friday

Shabbat Evening Service
Hybrid, every Friday, 7:30pm.

Saturday

New Paths Shabbat Morning Worship
September 10, 10:15am, hybrid.
Shabbat Morning Service
TBA, 10:00am.

Adult Education:

Monday

The Talmud: Modern Ideas from an Ancient Text: Alternate Monday's 12:00pm. Taught by Senior Scholar Rabbi Paul Golomb on Zoom, with occasional in-person sessions possible. All welcome! For further info and to be placed on the class email list, contact pjgolomb@verizon.net.

Saturday

Torah Study (No class September 3), 9:00am, Examine passages from the week's Torah portion or haftarah. For further info and to be placed on the class email list, contact office@vassartemple.org.

Contact :

office@vassartemple.org
for current information
or visit the website
www.vassartemple.org

VASSAR TEMPLE HIGH HOLIDAY SERVICES (See page 13 for schedule)

The community is warmly welcome at all services, both in person and on Zoom. Due to current considerations, reservations are required for non-members. Please review the health and safety requirements for in person attendance listed at www.vassartemple.org. No charge to attend, donations greatly appreciated to help defray our expenses.

Professional security present. Please bring non-perishable foods for our Yom Kippur Food Drive. To RSVP or for updates email office@vassartemple.org or call (845) 454-2570

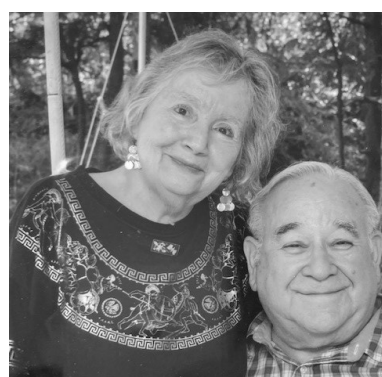
Temple Beth-El to Sound Shofar Over the Hudson

Temple Beth-El's annual *Shofar Over the Hudson* is scheduled for Sunday, October 2. This year's events will begin at 11:30AM and will be held in Waryas Park in Poughkeepsie. All members of the community are invited to attend.

Most Jews typically experience the sounding of the Shofar within the four walls of a synagogue. Combining the sound of the Shofar with the beauty of the Hudson Valley provides for a unique spiritual experience.

Shofar Over the Hudson is open to the public. There is no charge to attend. Please join us and bring your friends and your Shofar, for what has become a meaningful event. Everyone is encouraged to bring folding chairs.

The scheduling of *Shofar Over the Hudson* is tentative, based on the current health situation. Contact the Temple Beth-El office at (845) 454-0570 or visit the synagogue web site to verify the status of this event.



Congratulations to Miriam & Frank's 60th Anniversary!



Congratulations to Kai Harrison Schneider, grandson of Susan (z'l) and Martin Hochhauser, son of Judith and Robert Schneider, nephew of Karen Hochhauser who became a Bar Mitzvah.



Mazel Tov, Micah Schneider, brother of Kai on winning the Oregon State Baseball Championship in the 8-10 year old division.

Pardess Center for Jewish Life

(845) 440-7592
 Rabbi Zalman Sandhaus
 Website: www.MyPardess.org
 Email: info@MyPardess.org

Contact:
info@MyPardess.org
for current information
or visit the website
www.MyPardess.org

The Rhinebeck Jewish Center

102 Montgomery Street, Rhinebeck
 (845) 876-7666
 Rabbi Hanoch Hecht
 Rebbitzin Tzivie Hecht
 Website:
www.RhinebeckJewishCenter.com
 Email:
RSVP@RhinebeckJewishCenter.com

Weekly Services:

Fridays: Call for time.
 Saturdays: 9:30am

Contact:
RSVP@RhinebeckJewishCenter.com
for current information
or visit the website
www.RhinebeckJewishCenter.com

Chabad of Mid-Hudson Valley

63 Vassar Rd, Poughkeepsie
 (845) 463-5801
 Rabbi Yacov Borenstein
 Website:
www.chabadmidhudsonvalley.com
 Email:
ChabadMidhudsonvly@prodigy.net

Weekly Services:

Fridays: Call for times.
 Saturdays: 10:00am
 Sunday 10:00am Chabad Hebrew School

Adult Education:

Wednesday

Torah Class: Discover the World of Prayer 11:00am, 36 Pleasant Ridge Drive. Class led by Hindy Borenstein. Indulge your body with thought-provoking insights from the weekly Torah portion and other contemporary issues, and indulge your body with a light and healthy lunch.

Special Events:

Sunday

Bagels, Lox, Torah (Tefillin too!) 9:00am led by Rabbi Yacov Borenstein. Morning minyan will follow Torah discussion on the coming week's Torah portion, upcoming holiday, or topic of Jewish interest.

Grand Opening The Sanderson & Osofsky Chabad Center & Ribbon Cutting September 18, 4:00pm call (845) 463-5801 to RSVP.

Contact :
ChabadMidhudsonvly@prodigy.net
for current information
or visit the website
www.chabadmidhudsonvalley.com

Beacon Hebrew Alliance

(Conservative)
 331 Verplanck Ave, Beacon
 (845) 831-2012
 Rabbi Brent Spodek;
 Cantor Ellen Gersh
 Education Director, Rishe Groner
 Website:
www.beaconhebrewalliance.org
 Email:
411@beaconhebrewalliance.org

Weekly Services:

Fridays, 7:30pm
 Saturdays: 9:30am alternating weeks

Contact:
411@beaconhebrewalliance.org
for current information
or visit the website
www.beaconhebrewalliance.org

Congregation Beth David

(Reform)
 East Main St, Amenia
 (845) 373-8264
 Rabbi Jon Haddon
 Website: www.CongBethDavid.org
 Email: JonRab33@gmail.com

Weekly Services:

Saturdays 10:30am
 September 3, 17, October 15, 29
 November 12, 19, December 17, 24

Contact:
jonrab33@gmail.com
for current information
or visit the website
www.CongBethDavid.org

Vassar College Bayit

51 Collegeview Ave, Poughkeepsie
 (845) 728-4792
 Rabbi Bryan Mann
 Rachlin Director of Jewish Student Life at Vassar College
 Email: bryanmann@vassar.edu

Weekly Services:

Fridays: 6:00pm
 7:00pm dinner when school is in session

Contact :
bryanmann@vassar.edu
for current information

Bard College

Rabbi Joshua Boettiger
 Jewish Chaplain, Visiting Assistant Professor of the Humanities
 Phone: (802) 733-6342
 Email: jboettiger@bard.edu

Contact:
jboettiger@bard.edu
for current information

Congregation Emanuel of the Hudson Valley

243 Albany Ave, Kingston
 (845) 338-4271 ext 101
 Rabbi's Study: (845) 338-4384 ext 102
 Rabbi Yael Romer: RabbiYael@cehv.org

Weekly Services:

Tot Shabbat September 17, 9:00am, & September 26, 10:00am

Friday

Kabbalat Shabbat Service September 2, 9, 16, 23, 30, October 7, 14, 21, 28, November 4, 11, 18, 25, December 2, 9, 16, 23, 30, 6:00pm.

Musical Shabbat September 9, 7:30pm

Saturday

Morning Minyan September 10, 17, 24, October 1, 8, 15, 22, 29, November 5, 12, 19, 26, December 3, 10, 17, 14, 31, 10:00am.

Education:

Rhinebeck Mediation & Torah Study Tuesday, September 6, 13, 20, 8:45am

Hebrew Trope Wednesday, September 7, 14, 12:30pm

Conversational Hebrew Wednesday, September 7, 14, 4:00pm

Coffee Chai with the Rabbi (via Zoom) September 1, 8, 8:45am.

Beginner-Introduction to Judaism Conversation Class September 1, 8 7:30pm.

Zimet Jewish Learning Adventure Sunday, 9:30am, beginning September 18

Other Events:

Tuesday

Monthly Brotherhood Meeting September 13, October 11, November 8, December 5, 6:30pm

Friday

Elul Blowing of the Shofar September 2, 5:55pm, before service at 6:00pm.

Saturday

Selichot: Restorative Justice as a Path to Forgiveness September 17, 7:00pm.

Sunday

Benefit Concert for Ukraine September 11, 3:00pm Sale, 4:00pm Concert, tickets \$20

Israel Trip—now forming for June 25, 2023. For info contact our office.

Contact: info@cehv.org
for all events and current information
or visit the website www.CEHV.org

September

Candle Lighting Schedule

September 2	7:09pm
September 9	6:57pm
September 16	6:45pm
September 23	6:33pm
September 25	6:29pm
September 26	7:27pm
September 30	6:21pm



Program on Judaica Art Sunday Sept. 18 (Vassar Temple)

Gifted artist and Judaica historian Frann Addison will visit Poughkeepsie to do a presentation in the Vassar Temple Social Hall Sunday, September 18, 3:00pm. All are warmly invited to attend! Frann will illustrate and discuss the history, purpose and meaning of Judaica, the Jewish ceremonial objects that we use on holidays, for celebrations, and in the home. She will also bring some of her one-of-a-kind pieces to display. Frann combines her artistic vision, exquisite metal-working skills, beautiful calligraphy, and the addition of found objects and antique elements resulting in the most unique ritual objects. She explains her drive to create in this way: "I take great pleasure in knowing that my Judaica will be lovingly used by individuals or families as they perform ancient rituals linking past and present." Frann has been the recipient of many awards for her work, which has been featured in 10 books, the New York Times, and the Boston Globe. Her Etrog Box is in the permanent collection of the Museum of American Jewish History in Philadelphia, and her mezuzahs are in the permanent collection of the Mizel Museum in Denver and the Oregon Jewish Museum in Portland. Some of her pieces will be available for sale at our local event, which is sponsored by the Vassar Temple Adult Education Committee.



★ Jewish Trivia ★

Q: Why did Jack Benny write his autobiography in the 1960's then buy the rights back from his publisher and hide the book?

A: His daughter Joan says she found the manuscript after her mother died in 1983...The story that she heard was that Jack's wife (Sadye Marks) "Mary Livingstone" objected because Jack included so many stories of his old girlfriends in it! Joan published it.



The Jewish War Veterans of the United States, Post 625

All persons of the Jewish faith who have served in any branch of the U.S. Military (active, Reserves, or National Guard) or any person who wishes to support veterans are invited to attend Post meetings.

We will be in person at Schomre Israel. The next meeting will be September 11, at 9:30am (9:00am schmooze). The Post will supply nosh stuff and coffee, and refreshments will be strictly kosher. Masks are optional.

If you wish for more information, please contact Post Commander Schwartz at (845) 849-0025 or Rschwa9881@aol.com

Warm New Year Greetings from Vassar Temple



An inclusive Reform congregation engaged in worship, learning, & the pursuit of justice
 Outstanding Religious School
 and Hebrew School

Join us on the High Holy Days

No ticket charge ~ Donation appreciated
 Both in-person and Zoom services
 Call or e-mail for reservations
 Service information is on our web site
 - *New Member Specials* -
membership@vassartemple.org

140 Hooker Ave., Poughkeepsie
 845-454-2570

office@vassartemple.org
www.vassartemple.org



Hudson Valley
Hospice

Shana Tova Um'tukah

As a new year begins, take a moment to celebrate the moments that truly matter, no matter how big or how small, holiday or any day.

Contact Hudson Valley Hospice: hvospice.org • (845) 240-7555



Shir Chadash's new spiritual leader, Rabbi Glenn Jacob and Marilyn, his wife, at Shir Chadash's Pizza Party.

Congregation Shir Chadash

presents



HIGH HOLY DAYS

EXPLORING WHAT JEWISH IDENTITY MEANS NOW

ROSH HASHANAH

Sunday, Sept. 25, 2022
 Erev Rosh Hashana services: 8 p.m.

Monday, Sept. 26, 2022
 Rosh Hashana Service: 10 a.m.
 Family Service: 2 p.m.

Returning to Live Services with Music
 - Streaming Available as an Option -
 Streaming info will be sent to those who RSVP at a later date.

At the Shir Chadash Location
Freedom Plains
United Presbyterian Church
 Rt. 55 & Stringham Road
LaGrangeville, NY
 Ample Parking!



Rabbi Glenn Jacob
 Offering Adult and Family Services
 with teachings throughout and time for self-reflection.

YOM KIPPUR

Tuesday, Oct. 4, 2022
 Kol Nidre: 8 p.m.

Wednesday, Oct. 5, 2022
 Yom Kippur morning service: 10 a.m.
 Family service: 2 p.m.
 Study: 3 p.m.
 Afternoon service: 4 p.m.
 Yizkor: 5 p.m.
 N'ilah/concluding service: 5:30 p.m.

Services Open to All
 Registration required at
info@shir-chadash.org

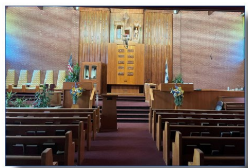
Donations gratefully appreciated
 For more information, please call:
845-232-1029



TEMPLE BETH-EL EXTENDS GREETINGS

TO YOU AND YOUR FAMILY. WISHING YOU A SHANAH TOVA!

We welcome you to experience High Holidays with our congregational family

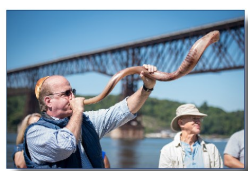


Award-Winning Hebrew School and Programming

Guest Speakers

Daily Minyanim (M-F)

Diverse Adult Education Classes



SHOFAH OVER THE HUDSON

Sunday, October 2nd @11:30AM

Victor C. Waryas Park, Children's Museum Pavilion



Enjoy a safe, meaningful, and inspirational religious experience with us



Meet our new rabbi:

Rabbi Michael Fessler



FOR HOLIDAY PARTICIPATION INFORMATION:
 (845) 454-0570



118 S. GRAND AVE., POUGHKEEPSIE, NY
 WWW.TBENY.ORG

Affiliated with the United Synagogue of Conservative Judaism



ONCE IN A LIFETIME SALE

AT CLINTON VINEYARDS
 450 SCHULTZVILLE RD.

LABOR DAY- SEPTEMBER 3RD-4TH

NOON- 5PM

ART, ANTIQUES, VINTAGE BASKETS,
 MEMORABILIA & OTHER TREASURES

TASTING ROOM OPEN ALL WEEKEND