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3RD ANNUAL (VIRTUAL) FEDERATION CELEBRATION



SEPTEMBER 30, 2020

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HONORING:

BERT & REBBECA COHEN, Next Gen

ROBERT JONAH RITTER, Federation Rising Star

MARY KAY VRBA, Righteous Dutchess

LILLI ZIMET, Enduring Commitment to Jewish Continuity

RSVP BY THURSDAY, SEPTEMBER 16TH

ZOOM INFORMATION WILL BE PROVIDED UPON RSVP

Questions or to Purchase Tickets or Sponsorships:

Call 845-471-9811 or visit

www.JewishDutchess.org/Events

Our

Honorees: NextGen:
Bert and Rebecca Cohen



Federation Rising
Star:
Robert Jonah Ritter



Enduring
Commitment to
Jewish Continuity
Lilli Zimet

Righteous
Dutchess:
Mary Kay Vrba



Mitzvah Now—Morse School Project

Whether Virtual or In Person, students still need school supplies. Help JFedDC, PJLibrary & Jewish Social Action Coalition support the Morse School children.



See page 10 for more information



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 Jewish Federation of Dutchess County
 P.O. Box 2525
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*Happy New Year
 from the JFedDC
 and JFS
 Staff & Board*



We thank you for your continued support. This holiday season, please consider starting the New Year with a donation to help us to continue and expand our programing and services to the community. L'Shanah Tovah.

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2020 Federation Officers

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Jewish Federation of Dutchess County
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JFedDC Executive Director
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The Voice
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Please send your check to:
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Jewish Federation of Dutchess County (JFedDC)



LEARN & LUNCH BUNCH

The Jewish Federation of Dutchess County presents weekly cultural, social, and educational programs.

WEDNESDAY PROGRAMS and MENUS

September

- September 9** **Photographer—Steven Steele Cawman** Steven will share his story and photographs of Africa. His work was recently exhibited at Boardman Road Library.
- September 23** **Hosted and narrated by Frank Marquette, the owner of Hudson Valley Radio Theatre.** Come and listen to Hudson Valley Radio Theatre cafes production of Sorry Wrong Number. A radio production of the movie! Come and have a listen , great cast and sound effects!

TO REGISTER, call the office at (845) 471-9811 or online at: www.JewishDutchess.org/events

REGISTRATION STRONGLY REQUESTED BY MONDAY EACH WEEK FOR FOOD AND ACTIVITY PLANNING PURPOSES
 RSVP to the Jewish Federation office (845) 471-9811.
 Learn & Lunch Bunch activities are open to the public.



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WHERE

118 South Grand Ave
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 (Temple Beth-El)

SCHEDULE

11:00 –11:30am
Coffee & Nosh
 11:30 –12:30pm
Program
 12:30pm —Lunch

\$6.00—Lunch and program
 \$4.00—Program, coffee, nosh

Learn & Lunch Bunch is partially funded by the Ann & Abe Effron Fund and Bernard and Shirley Handel Foundation Donor Advised Fund of the Community Foundations of the Hudson Valley



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Mazel Tov Memories

Send us information about what you are celebrating: birthdays, engagements, weddings, anniversaries, and simchas. We at the JFedDC want to celebrate with you and share the nachas. Send your information to thevoice@jewishdutchess.org



Congratulations Sandra and John Blair on the birth of their granddaughter, Robin Archer Blair

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Adult Education - Please check organization's website for current status

Educational Opportunities Abound at Congregation Schomre Israel
(Please check the synagogue's website for updated classes and Zoom addresses)

Is This the End of Days? The Book of Daniel Tuesdays, 10:30am, A personal journey of dedication, yearning, and vision.

Timeless Thought on the Parsha Thursdays at 7:00PM. Where we will study and discuss a topic from the Parsha.

Talmud Class with Rabbi Krasner Sunday Morning after Shacharis- Starting with the 4th Chapter of Brachos. Classes are free. All are welcome. View website at www.schomreisrael.org for recordings of previous classes.

For information on cancellations and class schedules, visit www.schomreisrael.org or call (845) 454-2890.

Weekly Adult Study Groups at Vassar Temple (Please check website for updated information)

The Talmud: Modern Ideas from an Ancient Text Select Thursdays from 12:00-1:30pm. Taught by Senior Scholar . For further information and to obtain the study sheets, contact pgolomb@verizon.net.

Torah Study Saturdays (no class September 19), 9:00am. Examines passages from the week's torah portion or haftorah, will be led by the Temple's Rabbi Renni S. Altman, D.D. New attendees should contact rabi@vassartemple.org for the study sheet.

All are welcome to come and join in all the classes - no previous training required! No charge to attend. All classes will be conducted on Zoom as long as necessary for public health reasons. Watch the weekly temple emails or contact the temple for updated information at (845) 454-2570 or office@vassartemple.org

Higher and Higher: Come Grow with Temple Beth-El (Please check website for updated information)

Rabbi Daniel Victor is holding classes and social gatherings via Zoom. If you would like to join, email rabi@tbeny.org for the Zoom links and passwords.

Monday:	11:00 AM	General Community Schmooze
Monday:	9:00 PM	35—55ish Community Schmooze
Wednesday	1:00 PM	General Community Schmooze
Thursday:	9:30 AM	Virtual Adult Education with Rabbi Victor

All welcome. Details at Temple Beth-El www.tbeny.org, or call (845) 454-0570, or email info@tbeny.org.

Chabad Center Classes (Please check website for updated information)

Torah Class: Discover the World of Prayer: Wednesdays, 11:00am at the Borenstein home, 36 Pleasant Ridge Drive, led by Hindy Borenstein. Indulge your mind with thought-provoking insights from the weekly Torah portion and other contemporary issues, and indulge your body with a light and healthy lunch.

Please visit our website www.chabadmidhudsonvalley.com.

Congregation Shir Chadash (Please check website for updated information)

Virtual Torah Study: Saturday, September 12, 26, 9:15am. An informal discussion about the Torah portion of the week with Rabbi Polish from the comfort of your own home. Everyone has a chance to participate. No expertise or knowledge of Hebrew is needed. Just an inquisitive mind, a curiosity about our tradition and a willingness to share your thoughts. All welcome to attend. For Zoom meeting id: <https://www.facebook.com/pg/shirchadashhs/posts/> or www.shir-chadash.org. Call (845) 232-1029 or email info@shirchadash.org for more details.

Polly Lewis Honored at Vassar Temple



The Vassar Temple Board presented the 2020 Founders' Service Award to Polly Lewis in recognition of her extensive exemplary contributions to Vassar Temple. Polly is truly a "behind the scenes" unsung hero. For many years she's helped organize some of the biggest events that bring in people from both within and outside of our temple family. For instance, everyone at our annual community-wide Passover Seder has enjoyed a lovely Seder and a delicious traditional meal in large part because of Polly's efforts. She has also been chairing the annual Break the Fast Dinner when Yom Kippur ends – another tradition that brings together so many people, at the close of our High Holiday services. In an entirely different area of Temple life, Polly has developed and carried out successful fundraisers, including the Passover wine and Fall mum sales, and is currently Fundraising Chairperson for the Temple Sisterhood. She has served on the Temple Board, and made the arrangements for an AED (automatic defibrillator) to be installed at the temple, which she continues to insure is maintained in good order. Polly even found time to redecorate all the Temple bulletin boards. For everything she quietly does to make Vassar Temple a better place, we are pleased to honor Polly Lewis with the Founders' Service Award.

Rosh Chodesh Reading Group by Congregation Shir Chadash

Those interested in reading are invited to the Rosh Chodesh reading group (now done **virtually**) - interesting and provocative discussions, dates & times TBD. Participants meet to discuss memoirs, fiction, poetry, and drama in a variety of works that offer Jewish themes and a variety of perspectives of interest. Have a topic suggestion? Please let us know!

DETAILS

For more info, contact Sandy Lash: (845) 232-1029 or email: info@shir-chadash.org.

A special holiday thank you to all of our members, business partners, congregations, and organizations for their support of the JFedDC!



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High Holiday Schedules

**For October Holiday Schedule, visit
www.jewishdutchess.org

Congregation Shir Chadash
High Holy Days: Days
Schedule of Services 2020/5781
Led by: Rabbi Daniel F. Polish & Guest: Cantor Sarah Sager

Saturday, September 12 Selichot Service

Rosh Hashanah
Friday, September 18 *Rosh Hashanah Eve*
Saturday, September 19 *Rosh Hashanah Day*

Yom Kippur
Sunday, September 27 *Kol Nidre*
Monday, September 28 *Yom Kippur*

Two nationally-recognized Jewish leaders, Rabbi Daniel Polish and guest Cantor Sarah Sager will be together for virtual High Holy Days services at Shir Chadash. All welcome to attend.

Donations gratefully appreciated.
For access to the services or information
email info@shir-chadash.org or call (845) 232-1029

Congregation Emanuel of the Hudson Valley
243 Albany Ave, Kingston

Erev Rosh Hashanah
Friday, September 18 7:30PM Rabbi's Sermon: "If Not Now, Then When" streamed

Rosh Hashanah
Saturday, September 19 10:00 Rabbi's Sermon "Gratitude" streamed
1:00PM Zoom dialogue with Rabbi Yael
1:00PM Zoom Teen Talk with Moreh Mark Grunblatt
4:00PM Tashlich Service at Kingston Point Park. For more info: <https://tinyurl.com/yxn82v4c>

Rosh Hashanah Day 2
Sunday, September 20 10:00AM Walking Meditation at Poet's Walk Park, 776 River Road, Red Hook

Friday, September 25 7:30PM Shabbat Shuvah—livestreamed
Sunday, September 27 10:00AM Sukkah Building

Yom Kippur
Sunday, September 27 6:45PM Kol Nidre—livestreamed
7:00PM Rabbi's Sermon "Does the Soul Survive?"

Monday, September 28 10:00AM Rabbi's Sermon "The Role of Synagogue in the Time of Covid 19"
10:30AM Children's Activities via Zoom
1:00PM Zoom dialogue with Rabbi Yael
1:00PM Zoom Teen Talk with Morah Cara Levine
2:00PM Zoom guided meditation with Melanie Hall
3:30PM Afternoon Service—livestreamed
4:30PM Yizkor Memorial Service—livestreamed
5:30PM Neilah Service—livestreamed

For info on all events call (845) 338-4271 or email CEHVwebmaster@gmail.com

Congregation Schomre Israel
High Holiday Services 2020/5781

Rosh HaShanah Eve
Friday, September 18 6:20PM Mincha/Maariv
6:40PM Candle Lighting

Rosh Hashanah
Sunday, September 19 8:30AM Shacharit
10:00AM Torah Reading & 10:45AM Sermon
6:15PM Mincha/Maariv
After 7:39PM Candle Lighting & Havdallah

Monday, September 20 8:30AM Shacharit
10:00AM Torah Reading & 10:30AM Sermon
10:35AM Shofar
5:30PM Outdoor Shofar blowing & Service
5:45PM Tashlich
6:15PM Mincha/Maariv
After 7:38PM Havdallah/Yom Tov Ends

Fast of Gedaliah
Monday, September 21 5:30am Fast Starts
7:00am Shacharit with Selichot
6:20pm Mincha/Maariv
7:36pm Fast Ends

Tuesday-Friday Sept 22-25 7:00am Shacharit and Selichot

Saturday, September 26 9:00am Shacharit
6:00pm Mincha/Seudat Shlisheet
7:27pm Shabbat Ends

Sunday, September 27 9:00am Sharp Shacharit and Selichot
6:00pm Mincha
6:24pm Candle Lighting
7:20pm Kol Nidre/Maariv

Yom Kippur
Monday, September 28 9:00am Shacharit
10:15am Torah Reading
11:00am Sermon
11:15am Yizkor
4:45pm Mincha
5:45pm Heilah
7:24pm Maariv/Blowing of Shofar/Fast Ends

All Rosh HaShanah and Yom Kippur Services REQUIRE pre-registration.
We require strict adherence to all guidelines.
Please see our website, www.schomreisreal.org, for Schomre's COVID policies and the registration form before attending.

Congregation Beth David of Amenia
3344 East Main Street, Rabbi Jon Haddon
All services via Zoom

Erev Rosh Hashanah
Friday, September 18 8:00pm

Rosh Hashanah
Saturday, September 19 10:00AM
12:30 PM Tashlich (Wassaic), for those who wish to attend come masked, etc

Sunday September 27 7:00PM Kol Nidre

Yom Kippur
Monday, September 28 10:00AM Morning Service
3:00PM Afternoon Service
4:30PM Memorial Service
5:30PM Neilah Concluding Service

Temple Beth-El High Holidays
"Resiliency in a Troubled World" 2020/5781
All offerings will be virtual an open to all—go to: tbeny.org for details

SELICHOT
Saturday, September 12 8:00PM "Real Stories: Risk vs. Purpose" 9:00PM Liturgy

ROSH HASHANAH
Friday, September 18 8:00PM Evening Ma'ariv Service
8:45AM Morning Shacharit Service
Saturday, September 19 9:45AM Torah Service
10:00AM Tot Program
10:45AM Sermon
11:00PM Musaf
12:15PM Tashlich (tossing of sins)
3:00PM Family Service, Pre Teen & Teen Programs
7:30PM Maariv (Evening)

Rosh Hashanah Day 2:
Sunday, September 20 8:45AM Shacharit (Morning)
9:45AM Torah Service & Shofar
10:45AM Sermon, Musaf, Shofar
9:00AM, 10:00AM, 11:00AM Zoom, or in person by reservation
Cemetery Service Memorial & Tribute

Sunday, September 27

YOM KIPPUR:
Sunday, September 27 6:20PM Kol Nidre Service
8:30AM Shacharit
10:00AM Sermon & Torah Service
10:15AM Tot Program
10:45AM President's Address
11:00AM Musaf
3:00PM Family Service & Pre Teen & Teen Programs
4:00PM Yizkor
4:30PM Mincha Torah Service
5:45PM Ne'elah
6:45PM Maariv, Havdalah, Shema, Shofar

Vassar Temple HHD Schedule 5781/2020
Our Rabbi Renni S. Altman and Cantor Elizabeth Goldmann will officiate at all listed services and events, and you are warmly invited to worship with us! Most of the programming will be available virtually, and will be specially adapted to that format. As noted a few will be held outdoors. There is no fee involved but please register in advance at office@vassartemple.org or via our website to receive the links for the virtual services. To obtain the most up to date information check our website www.vassartemple.org.

Selichot
Saturday, September 12 8:00PM Selichot program and service (on Zoom)

Rosh Hashanah
Friday, September 18 6:00 PM Welcoming the New Year Together—a "Tisch style" gathering on Zoom around our own tables.
Saturday, September 19 10:30AM Morning Service—streams from the sanctuary
3:30PM Family Experience at Kaal Rock Park (in case of inclement weather, on Zoom)
4:00PM Tashlich at Kaal Rock Park (in case of inclement weather, will be held September 20, 12:30pm)
Sunday, September 2 10:30AM 2nd Day Rosh Hashanah Service (on Zoom)

Yom Kippur
Sunday, September 27 8:00PM Kol Nidrei Service—streamed from the sanctuary
Monday, September 28 10:30AM Morning Service—streamed from the sanctuary
1:00PM Family Experience in front of the Temple (in case of inclement weather, on Zoom)
1:00PM Study Session with Senior Scholar Rabbi Paul Golomb (on Zoom)
2:00PM Meditation in the sanctuary—sanctuary open with meditation music, 10 minute sittings, limited capacity. *Advance registration required. Masks required.* Please follow posted directions for entrance and egress.
4:00PM Afternoon worship experience/program streamed from the sanctuary
5:30PM Yizkor (Memorial) Service—streamed from the sanctuary
6:45PM Ne'ilah (Concluding) Service & Havdalah—streamed from the sanctuary.

Chabad Lubavitch Center 2020/5781
63 Vassar Rd, Poughkeepsie
(845) 463-3801
*All service will be held in a large tent on the grounds
Masks will be required and social distancing will be strictly followed.*

Rosh Hashanah
Friday, Sept. 18 6:30PM Evening Service
7:30PM Dinner (with social distancing) RSVP:
Suggested donation \$18, children \$10

























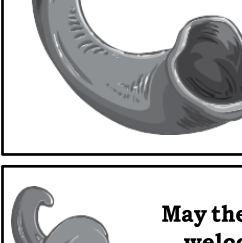




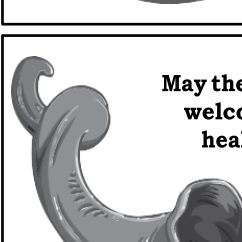





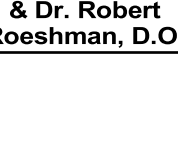
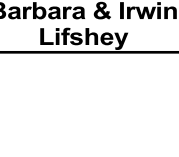
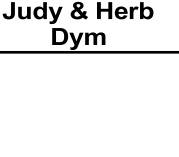


Saturday, Sept. 19 10:00AM Morning Service
11:00AM Interactive Children's Program
Large Kiddush following Services

Sunday, Sept. 20 10:00AM Morning Service
11:00AM Interactive Children's Program
12:00PM Shofar Blowing
5:30PM Tashlich Service

Yom Kippur
Sunday, Sept. 27 6:15PM Kol Nidrei
Monday, Sept. 28 10:00AM Morning Service
11:30AM Interactive Children's Service
12:00PM Yizkor Memorial Service
5:15PM Mincha & Neilah (Closing Prayer)
7:23PM Final Shofar Blowing, followed by a delicious break fast buffet

For info, to RSVP or to sponsor a Kiddush
call (845) 463-3801 or email chabadmidhudsonvly@prodigy.net

Personal Holiday Greetings

<p>Happy Rosh Hashanah</p>  <p>Betty & Hyman Kaplan</p>	<p>Happy Rosh Hashanah</p>  <p>The Slate Family: Eileen, Jerry, Jacob, Alanna, Daniel and Emma</p>	<p>Happy Rosh Hashanah</p>  <p>Lauren & Michael Muffs</p>	 <p>May the sounds of the Shofar welcome in a new year of health and happiness</p> <p>Judy Elkin & Gene Fleishman and Family</p>	 <p>May the sounds of the Shofar welcome in a new year of health and happiness</p> <p>Ellen & Victor Stern and Family</p>
<p>Happy Rosh Hashanah</p>  <p>Jane, Jonathan, & Steven Dworkin</p>	<p>Happy Rosh Hashanah</p>  <p>Judy & Alan Fox</p>	<p>Happy Rosh Hashanah</p>  <p>Ann & Jeffrey Gross</p>	 <p>May the sounds of the Shofar welcome in a new year of health and happiness</p> <p>Sandy & Jerry Goldberg</p>	 <p>May the sounds of the Shofar welcome in a new year of health and happiness</p> <p>Rose, Brion, & Joshua Shapiro</p>
<p>Happy Rosh Hashanah</p>  <p>Rabbi Ellen & Judge Jonah Triebwasser</p>	<p>Happy Rosh Hashanah</p>  <p>Linda Skolnik</p>	<p>Happy Rosh Hashanah</p>  <p>Rabbi Miriam Hyman Rabbi Michael Fessler And Family</p>	 <p>May the sounds of the Shofar welcome in a new year of health and happiness</p> <p>Amy, Steve, Lindsay & Hannah Efron</p>	 <p>May the sounds of the Shofar welcome in a new year of health and happiness</p> <p>Brenda Ritz and Family</p>
<p>Happy Rosh Hashanah</p>  <p>The Gorin Family</p>	<p>Happy Rosh Hashanah</p>  <p>Muriel & Matt (z"l) Lampell</p>	<p>Happy Rosh Hashanah</p>  <p>Linda & Eric Perfecto and Family</p>	 <p>May the sounds of the Shofar welcome in a new year of health and happiness</p> <p>Team Silbergleit</p>	 <p>May the sounds of the Shofar welcome in a new year of health and happiness</p> <p>Sharon & Howard Lynne</p>
<p>Happy Rosh Hashanah</p>  <p>The Breslow/Glassman Families</p>	<p>Happy Rosh Hashanah</p>  <p>Elanor & Marty Korfman</p>	<p>Happy Rosh Hashanah</p>  <p>Bob Ulrich</p>	 <p>May the sounds of the Shofar welcome in a new year of health and happiness</p> <p>Marian & Ralph Schwartz</p>	 <p>May the sounds of the Shofar welcome in a new year of health and happiness</p> <p>Roberta & Len Grosman</p>
<p>Happy Rosh Hashanah</p>  <p>Beth & Les Richardson</p>	<p>Happy Rosh Hashanah</p>  <p>Phyllis & David Miller</p>	<p>Happy Rosh Hashanah</p>  <p>Debbie & Arnold Most</p>	 <p>May the sounds of the Shofar welcome in a new year of health and happiness</p> <p>Miriam & Frank Rubin</p>	 <p>May the sounds of the Shofar welcome in a new year of health and happiness</p> <p>Grete & Marty Finkelstein</p>
<p>Happy Rosh Hashanah</p>  <p>Adrienne London & Dr. Robert Roeshman, D.O.</p>	<p>Happy Rosh Hashanah</p>  <p>Barbara & Irwin Lifshay</p>	<p>Happy Rosh Hashanah</p>  <p>Judy & Herb Dym</p>	<p>L'Shanah Tovah</p>  <p>Barbara & Harvey Katz and Family</p>	 <p>May the sounds of the Shofar welcome in a new year of health and happiness</p> <p>Jill & Ira Auerbach</p>
<p>Happy Rosh Hashanah</p>  <p>Adrienne London & Dr. Robert Roeshman, D.O.</p>	<p>Happy Rosh Hashanah</p>  <p>Barbara & Irwin Lifshay</p>	<p>Happy Rosh Hashanah</p>  <p>Judy & Herb Dym</p>	<p>L'Shanah Tovah</p>  <p>The Reckess Family</p>	 <p>May the sounds of the Shofar welcome in a new year of health and happiness</p> <p>Evelyn & Oscar Weiss</p>

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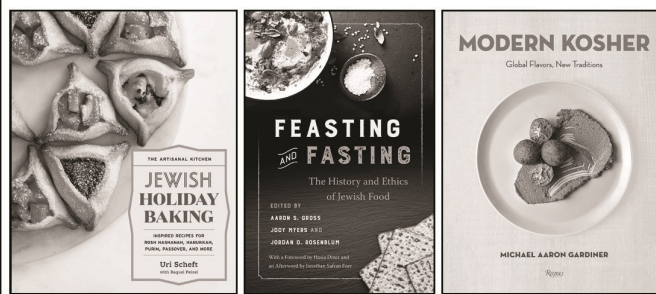
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In June of this year IBM introduced a new program to replace the previous Community Grants Program. Under this new program current employees and retirees can 'earn' money for qualified organization. We have been able to have the Jewish Federation of Dutchess County become one of those qualified organization.

The way the program works eligible people must sign up for it by going to this website: <https://ibmgrants.mybluemix.net/> and follow the appropriate path for either an employee or retiree. You will then go through the registration process and obtain the capability of utilizing the site for identifying the organization and the hours that you have volunteered. As you make entries it will keep track of the total hours you have 'worked'. IBM will deposit money in the account at the rate of \$ 10/hour once you reach 10 hours (i.e. \$ 100).

This will continue and the money will be added every 5 hours until you reach 40 hours at which time they will add an extra \$ 100 to make the total in the account \$500 which is the maximum for the year and which must be distributed prior to yearend. You can choose to have the money distributed each time you reach a new level, the choice is yours.

So if you are eligible and you are already volunteering or considering to become a volunteer here is an opportunity to have IBM help us financially. You should note that the same site is used for IBM's Matching Grant program. If you have any questions give us a call.

Disclaimer: Please note that the articles and advertisements submitted are the viewpoints of the authors and do not necessarily represent the position of JFedDC.

VOICE DEADLINES	ISSUE	DEADLINE
Note deadlines listed.	October	September 1
TheVoice@JewishDutchess.org	November	October 1
if you have questions.	December	November 1



Dear Shoshana,
What is the best way to do teshuvah?

Dear Repenting,

It's that time of year for self reflection. What did I do right, where did I go wrong?? Think happily on the good things you've done, and keep up the good work! Then think again on those areas that need improvement. Call up someone you had a falling out with and ask them to forgive you. Volunteer. Donate more. Don't forget to be kind to yourself in forgiveness as well. A new beginning is almost like control, alt, delete! Start all over again! Shana Tovah

Rabbi's Blog *by Rabbi Renni S. Altman, DD*

The Jewish people will soon welcome the new year 5781. We begin with joy on Rosh Hashanah as we celebrate renewal and immediately turn to personal introspection for the ten days of repentance culminating in Yom Kippur. Although historically our people has observed these holy days in the most dire of circumstances, this new year, for us, will be like none other. Synagogues are planning for virtual worship experiences or in-person worship masked and at safe distances, while families strive to find ways to be together.



Rabbi Renni S. Altman

We begin each year with a process of internal reflection through which we review our actions and consider where we have done well and where we have fallen short of our best. It is a time to rethink our priorities, make amends for hurts we have caused and commit ourselves to strive to be better. Each year we have the opportunity to make changes and start over through *teshuvah*, repentance, literally "return" – returning to the right path, returning to our best selves, returning to the Holy One and to being all that the Divine calls upon us to be.

Jewish tradition calls upon us to begin preparing for these Days of Awe a full month in advance, at the start of *Elul*. We had a much earlier wake-up call this year. It came upon us suddenly. Through the ravages of the Coronavirus, the challenges of quarantine, and the awareness of our interconnectedness in protecting health and safety, we have developed a renewed sense of priorities. We no longer take for granted that which we did *before*. We have been compelled to take stock of our lives as we have been forced into new modes of functioning. Thus we consider new questions at this new year: What do we want to retain once this is over? How will we choose to be different in the "new normal?"

One of the most powerful and challenging prayers of the *Yamim Noraim* is the *Unetanatokef* with its focus on our destinies being determined for the coming year: "who shall live and who shall die..." The words and melody haunt us. How can we possibly hear this prayer this year and not think of those who have perished due to Coronavirus? How can we not think of the lives forever changed due to this pandemic? Of our world turned upside-down? How do we move forward from this? The key line of the prayer gives us guidance: "*Tefillah*, (prayer), *teshuvah* (repentance) and *tzedakah* (acts of justice) help us transcend the harshness of the decree." Our actions will not necessarily impact our destiny - terrible things will happen in life that are out of our control – but actions such as these can help us move forward from those tragedies, strive to make something meaningful out of them and regain a sense of purpose. May we as individuals and as a nation find ways to move forward in the coming year towards wholeness and healing.

L'shanah tovah tikateivu - May you be inscribed (and sealed) for blessing in the coming year.

Inside the Jewish Studio

This questionnaire originated in the French series, *Bouillon de Culture*, better known as the closing questions asked by James Lipton on the celebrity interview TV show, *Inside the Actor's Studio*. The questions are re-adapted for this column.

Each month, we ask a MOT* these questions and feature the answers. This month, our special guest is Alyssa Kogon who found time to answer our questions.



Alyssa Kogon

- 1. What is your favorite/least favorite word?**
Favorite: "The" – because it is one of the most used words and it doesn't sound like it is spelled.
Least Favorite: NO – because I think you should be open to everything
- 2. What inspires you creatively, spiritually, or emotionally?**
I think my cultural Judaism inspires me in all of those ways, and even though I wasn't raised religiously, being Jewish is almost always at the forefront of everything I do.
- 3. What sound or noise do you love/dislike?**
Love: I love the sound of a soda can opening.
Dislike: People chewing in the movie theatre
- 4. What profession other than your own would you like to attempt?**
Special Education Teacher – because I didn't realize during my schooling that that was actually the best fit for me.
- 5. What is your greatest achievement?**
Being a good mother
- 6. What do you most like and dislike about yourself?**
Like: I most like my sense of humor.
Dislike: I most dislike my lack of emotion.
- 7. What is one interesting thing that people don't know about you?**
I won class gossip in high school.
- 8. If you could choose a superpower, what would it be?**
Invisibility because I can listen in on conversations and hear what people are saying about me.
- 9. Do you have a "bucket list" and, if so, what is on it?**
I don't have a bucket list, but I'd like to take trips to Europe every year.
- 10. What is your most favorite Jewish Memory?**
My son and daughter's bar/bat mitzvah because I was never given the opportunity to have one or attend Hebrew School.
- 11. What is your earlier Jewish Memory?**
I was 3 years old at a Passover seder and they were letting Elijah in. I was terrified and ran away and hid.
- 12. In what ways does or can JFedDC impact our Jewish Community?**
I think that because our community is so diverse, that JFedDC can help bring all the different people together under one roof.
- 13. If Heaven exists, what would you like to hear God say when you arrive at the Pearly Gates?**
Dahlink, you look mahvelous!


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A Virtual Scavenger Hunt to Open the School Year at Shir Chadash

To open the school year, 2020-2021, Congregation Shir Chadash's Religious School will be having their 2nd "Welcome Back" scavenger hunt on Saturday, September 12. Shir Chadash is also proud to announce that Cantor Gail Hirschenfang will be teaching the upper grades this Fall.

Last year when we said that our school was re-imagined, intergenerational and totally different, we didn't know we'd have to change it in another way—to **Virtual Learning**. So, our scavenger hunt this year will be **Virtual!** Instead of moving to different stations, families will be working together at home to find or create objects needed to answer various questions about Jewish life. Thus we can say once more that this is not the religious school you, your parents or grandparents attended!

Come join us on Saturday, September 12! Watch for more details coming soon. Want to get in on the fun, but your child is not registered? New students can try out our school for one month **FREE**. Children will learn about Jewish culture, holidays, history, and Israel while having fun and making friends. To receive the link, ask questions or have concerns, contact Sue Marcoe: sfmarcoe@gmail.com or (845) 723-4045.

VASSAR TEMPLE

Vassar Temple provides a program of Jewish education for children and teens within the Reform Movement's guidelines, designed to deepen the student's Jewish experience and knowledge in a warm, accepting and creative learning environment. Our philosophy of Jewish learning is based on the quotation from Pirke Avot, "The world depends on three things: on Torah, on worship and deeds of loving kindness." The Seth A. Erlebacher Religious School for grades K-7 is held Sunday mornings. A values-based Judaica curriculum introduces children to Jewish holidays and tradition, Hebrew language, Bible stories and history of the Jewish people through hands-on activities. The learning is enriched with music, storytelling, crafts and age-appropriate *tefillah* (worship) with the rabbi. Middle and High school *madrichim* (teaching assistants) assist the teachers and with the director's guidance create programs for families throughout the year.

Additional Hebrew instruction is offered Wednesday afternoons, beginning in 4th grade as students prepare to become b'nai mitzvah. Students develop prayer reading skills and learn basic vocabulary. Through a program of individualized Hebrew language instruction, coupled with group learning, students are able to proceed at their own pace.

Teens in grades 8-12 participate in our Post-B'nai Mitzvah program, a weekly class with Rabbi Altman in which student explore Jewish teachings related to contemporary issues. A service of Confirmation takes place during 10th grade. New enrollments are always welcome. The Seth A Erlebacher Religious School and Hebrew Program at Vassar Temple are directed by Rabbi Renni S. Altman, D.D. For info, email rsdirector@vassartemple.org (845) 454-2570.

Chabad Hebrew School Sunday

Looking for a Hebrew School that your child actually loves coming to? Look no further! Chabad Hebrew School has what you are looking for but never knew existed! Beginning Sunday, September 13, 10:00AM-12:15PM. Yet to be determined if classes will be held outside with social distancing.

Chabad Hebrew School offers a revolutionary approach to Jewish learning, with a loving approach that makes the richness of our heritage and Jewish life accessible to the contemporary Jewish child, no matter what their affiliation or religious observance. To find out more about Chabad's innovative Hebrew School programming, our pre-school class, new pre-Bar-Bat Mitzvah class or to receive our packet or register your child, please contact Hindy Borenstein, Director at (845) 463-5801 or e-mail chabadmidhudsonvly@prodigy.net.

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Saturday, B'Nai Mitzvah Class
9:30am-12:30pm, grade 7

Sunday, Judaic Studies
9:30am-12:30pm, grades PreK-6

For information, contact (845) 454-0570
or education@tbeny.org

VASSAR TEMPLE

Vassar Temple provides a program of Jewish education within the Reform Movement's guidelines, which deepens a student's Jewish experience and knowledge in an accepting and stimulating learning environment. Our philosophy of Jewish learning is based on the quotation from Pirke Avot, "The world depends on three things: on Torah, on worship and on deeds of loving kindness." Temple membership not required.

Sunday Religious School
Sundays, 9:00am - 12:00pm, grades K-7

Hebrew Language School
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- And as a side note, I've found that when using colored paper, white paint always looks the best. You know, fresh, clean, interesting. Experiment if you like, but I think you'll see what I mean unless you really hit on some great color combo, which is possible but may take lots of experimenting.

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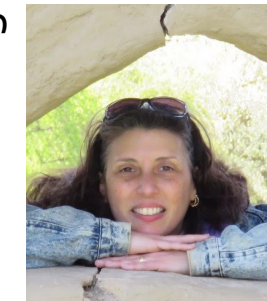


Family of the Month

Kim



Susanne



Pronounced: tuh-SHOO-vah, "Teshuva" literally means "return", referring to the "return to G-d", but is often translated as "repentance." It is one of the most significant themes and spiritual components of the High Holidays (www.myjewishlearning.com).

For the purposes of this article I would like to focus on the element of "returning" in regard to teshuva. The High Holiday season is normally filled with the excitement of bringing in a New Year with our families and returning to all of our beautiful customs such as round challahs, dipping apples in honey, and reacquainting with old friends at synagogue.

We also return to the somber ritual of being introspective about our own lives and our relationships with G-d, and others, through attending services at synagogue and hearing the blowing of the Shofar. Hearing the Shofar blasts helps awaken our deeper selves that we normally tend not to think about during the year because we are so busy. For me personally, and possibly for many others, these last four plus months have been one enduring Shofar Blast of a wake up call. On almost a daily basis we must return to evaluating what is truly important in our lives and for our families including basic needs of safety, health, and financial well-being to survive.

Being in closed quarters for an extended period of time has also been very trying on our relationships and our ability to be patient, grateful, and consistent with the maintenance of our values as a parent, spouse, employee and overall Jew. At some point things will return to a quasi normal. How will we return to that normal? Will we go back to filling our days with rushing around to exhaustion, or will we continue the behavior of returning to daily introspection of what is truly important in our lives and to do what is needed to keep the common good safe in order to guide our days and decisions?

On a more practical and immediate level, how can we honor the High Holidays this year at home and celebrate them with our children while incorporating the uniqueness of the profound shift in our daily perspective? How about connecting with our families through beautiful Rosh HaShana cards using resourced materials we have at home. Let's turn our excessive collection of packing material from online shopping into a mitzvah project!

Please check out all of our PJ Library September 2020 Events on our Facebook page: "PJ Library Mid-Hudson Valley" and in our bi-monthly PJ Library and PJ OurWay E-News and Mid-Month Update emails!

Want to sign up your children or grandchildren for PJ Library of PJ OurWay chapter books? Please fill out a quick form to start receiving engaging, Jewish FREE books in your mailbox every month!

Sign up for PJ library (ages 0-8 years old): www.pjlibrary.org
Sign up for PJ OurWay (ages 9-12 years old): www.pjourway.org

Got Questions? New to the community or looking to make connections with other families? Interested in a Grandparent's Circle? Want to start a Parent's night In or a monthly Playgroup? We can help!
Email: pjlibrary@jewishdutchess.org.

Join our PJ Library Mom's What's app Group or our Mid-Hudson Valley PJ Library Families FB Group via email at pjlibrary@jewishdutchess.org

Please welcome Suzanne Turrisi

Suzanne is the the new Assistant Director of PJ Library Mid Hudson Valley. We are so excited to have Suzanne join our PJ Library Mid Hudson Valley team! She is a seasoned Jewish Education Professional, and a beloved Temple Beth-El teacher to many PJ Library families in our community. Suzanne has been a dedicated employee of the Jewish Federation for five years and leads the Jewish Family Services "Learn and Lunch Bunch" program for Seniors in the Community.



We are looking for a **PJ Library Parent** (with children 0-3 years) to help us launch an exciting immersive experience "**Generation Gratitude: Families Cultivating Gratitude Together**" with our community partners Mindful Yoga by Liz and The Sensory Space! If you are interested in **working 5 hours from home from Sept-March 2021** and are familiar with social media platforms, please contact pjlibrary@jewishdutchess.org today!

The Federation Board's Voice



Betsy Kopstein

Dear Friends:

The High Holidays will soon be here. Throughout this time our Jewish community will collectively engage in prayer, introspection and ultimately repentance, culminating in the holiest day of the year in Judaism: Yom Kippur. Each day during these holidays, with the blowing of the shofar, we embark on a renewed spiritual journey to grow closer to HaShem, and to rediscover a sense of purpose in our faith. How will it be this year amidst the Covid 19 virus? Will we be able to feel the same spiritual connectiveness we have known in past years? Will we be able to once again experience the profound importance of these days?

I believe that this year it can be truly meaningful, whether it be via Zoom for services or via Zoom with our family and close friends, or via a combination of these connections. I realize that it will take a concerted effort on our part to make this time special. I think that we all can start by appreciating our many blessings, and by striving to share some of our material things with those among us who are less fortunate. For instance, one can purchase extra food items and donate them to food banks; one can generously support those charities that are essential to the community during this time. With kindness, compassion, love and devotion to our traditional ideals, we can form more sincere and lasting bonds with people of all faiths to help spread peace and prosperity in the United States and perhaps even abroad. The Jewish Federation of Dutchess County has done this during challenging times in the past, and we will continue to do so, reaching out to those in need by being there for our greater community.

George joins me in wishing you L'Shanah Tovah. May it be a good year, a sweet year, a year filled with peace, health and happiness.

Betsy

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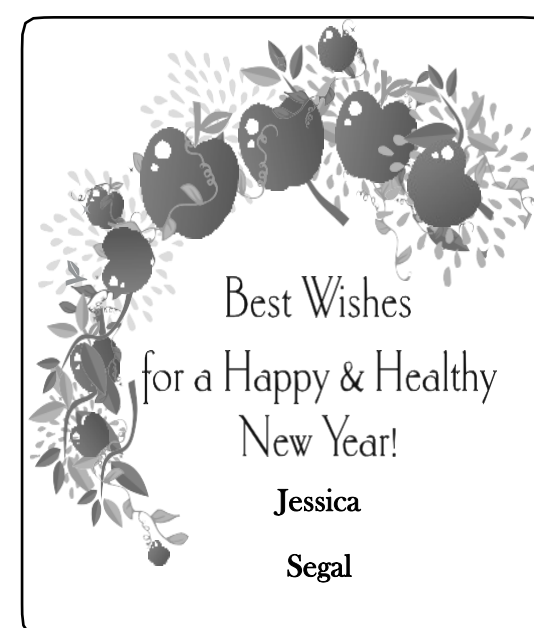
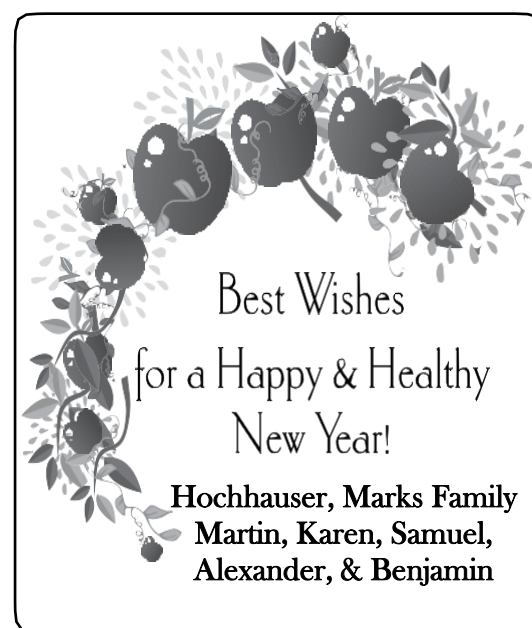
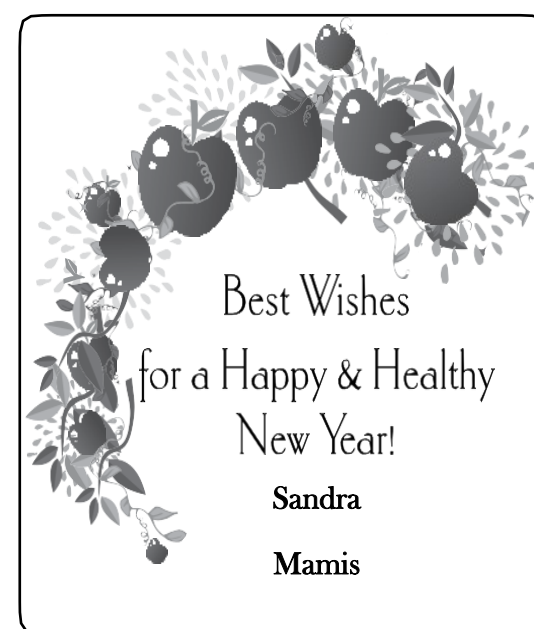
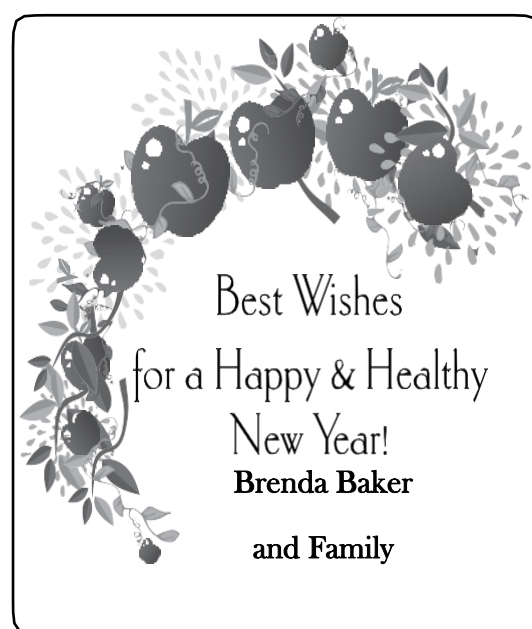
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Mike Elkin	Bob Morrison	Bernardo Steinwurzler
Marty Finkelstein	Lou Newman	Victor Stern

And in memory of all departed members


New Jewish Community Preschool

We are very excited to announce the launch of the new Jewish Community Preschool (JCP)! There has been great interest and enthusiasm for bringing a Jewish preschool back to Dutchess County and we are happy to share that programming will be starting this fall. Due to safety concerns over the Covid-19 pandemic, we will be offering fun and educational VIRTUAL programs throughout the year for preschool age children, their parents, families and caregivers. We intend to come to you. **These programs will be free of charge and open to the community.** All you need to do is sign up to get the link.

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Our mission is to provide high-quality, nurturing, play-based experiential learning emphasizing Jewish culture, traditions and values. We welcome all children regardless of religious affiliation.



Contact us at:
jewishcommunitypreschool@gmail.com to join us or if you have any questions and visit our website at JCPHV.ORG.

Lastly, as our program grows, we will need more teachers. Please email us if you are interested. The JCP will be open to all children, regardless of race or religion with a playful curriculum that is imbued with Jewish values.

The Jewish Community Preschool is an independent entity. It is not affiliated with any denomination or congregation. The JCP will be launched at classrooms at Vassar Temple in Poughkeepsie. Look for us on Facebook! For more information, please contact us at: jewishcommunitypreschool@gmail.com





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<p><i>L' Shanah Tovah</i></p> <p><i>The Elias' Marina & Tye</i></p>	<p><i>L' Shanah Tovah</i></p> <p><i>Karin & Jack Fein</i></p>	<p><i>L' Shanah Tovah</i></p> <p><i>The Hankin Family</i></p>	
<p><i>L' Shanah Tovah</i></p> <p><i>Amy & Richard Schwed</i></p>	<p><i>L' Shanah Tovah</i></p> <p><i>Doris & Bob Haas</i></p>	<p><i>L' Shanah Tovah</i></p> <p><i>Miriam, Eric, Callie, & Liza Goldstone</i></p>	
<p><i>L' Shanah Tovah</i></p> <p><i>Jane & Steven Idell</i></p>	<p><i>L' Shanah Tovah</i></p> <p><i>Molly & Dan Katz</i></p>	<div style="border: 1px solid black; padding: 10px; text-align: center;"> <p>EXPERIENCED. ETHICAL. FAIR.</p> <p>VOTE</p> <p>FIND HER ON THE DEMOCRATIC - GREEN - SAM & WORKING FAMILIES LINES</p> <p>JESSICA SEGAL FOR DUTCHESS COUNTY COURT JUDGE</p> <p>NOVEMBER 3, 2020</p> <p><small>Paid for by Jessica Segal for County Court.</small></p> </div>	
<p><i>L' Shanah Tovah</i></p> <p><i>Roni & Charles Stein</i></p>	<p><i>L' Shanah Tovah</i></p> <p><i>The Anoff Family</i></p>		
<p><i>L' Shanah Tovah</i></p> <p><i>Gail & Samuel Simon</i></p>	<p><i>L' Shanah Tovah</i></p> <p><i>The Hentel Family</i></p>		

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Anticipating the New Year

Sisterhood of Schomre Israel will be offering for sale beautiful flower arrangements to enhance your celebration of the High Holidays.

DETAILS

Cost will be \$25. Details available on the synagogue website: www.schomreisrael.org

Kids' Programming

Schomre Israel and PJ Library are offering monthly Jewish Educational Events with hands on learning experiences. Parents/grandparents bring your children to these events.

September 13, 2:00pm Shofar contest* and Honey Tasting—come explore the sweetness of the New Year, with its rich traditions, celebrations and Mitzvos.

*one shofar per family

Schomre to Host NCSY Bike Ride

Once again Schomre Israel will be the gathering point for NCSY (National Conference of Synagogue Youth) members and friends from all over who will be participating in the Hudson Valley Ride. After morning service and breakfast at the synagogue, ride participants will set out on bikes riding various lengths from 15 to 100 miles. All participants need to pre-register and get sponsorship for their ride. Monies raised will improve programs of NCSY. Following the bike ride there will be a post-ride gala BBQ.

New Paths Morning Worship

Join us at New Paths sabbath morning services on September 12, at 10:15am. The service will be held on Zoom and the readings will be displayed on the screen. Always different, the moving liturgy includes both traditional and contemporary writings, mostly in English, and participants may bring supplemental materials to share. We take the time to let the service get through us, rather than getting through the service. Each New Paths service, whether lay led or rabbi led, provides a unique and thoughtful shabbat morning experiences.

A brief mini-kiddush follows (BYO wine/grape juice). For more info, contact Vassar Temple at office@vassartemple.org or (845) 45-2570 or Marian Schwartz: mschwa9882@aol.com.


Return of Yiddish Club

We have reestablished a Yiddish club! If you want to speak a bisele, to chap a nosh, to schmooze; then this club is for you. The Yiddish club will be a nostalgic trip to the times and culture of our bubbies and zeydies, mixed with Yiddish music, Yiddish comedy, Yiddish learning, Yiddish Hanae as well as a look at how Yiddish is faring in contemporary times. As with all events and programs spearheaded by Schomre Israel, this is intended to be open to all in the community. You don't need to be fluent in the language.

DETAILS

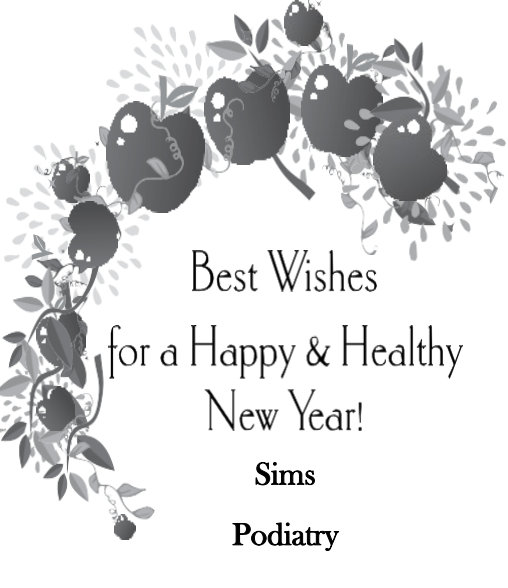
4th Thursday of the month, 10:00am, Schomre Israel. Let us know you are interested in joining; contact us at schomre1@aol.com or (845) 454-2890.

*L'Shanah
Tovah*
From Your Friends at
Marianne's Floral
Garden

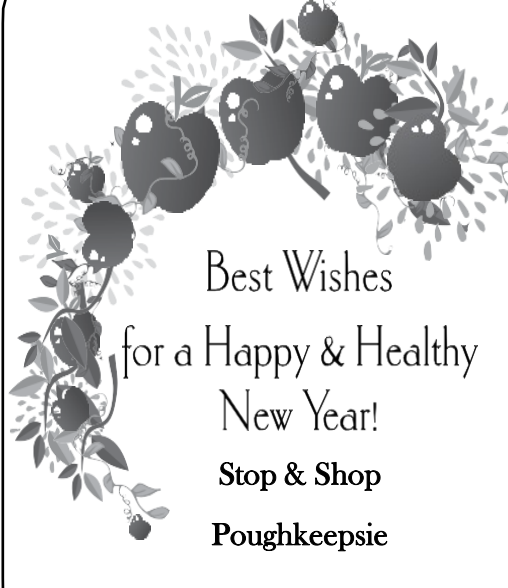


**ENVISIONING A
FUTURE: 2020**
3RD ANNUAL (VIRTUAL) FEDERATION CELEBRATION

Get your tickets now!
See page 1 for more information



Best Wishes
for a Happy & Healthy
New Year!
Sims
Podiatry



Best Wishes
for a Happy & Healthy
New Year!
Stop & Shop
Poughkeepsie

**HUDSON VALLEY
RENEGADES** A STAPLE IN THE
HUDSON VALLEY
SINCE 1994

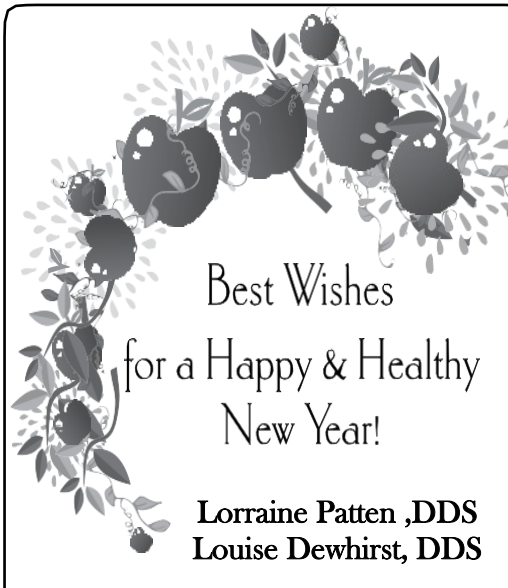
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AT DUTCHESS STADIUM IN 2021

BUY ONE, GET ONE 2021 TICKET OFFER
PURCHASE UP TO FOUR TICKETS FOR ANY 2021
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HVRENEGADES.COM

**Happy
New Year!**



Sugar & Spice Café
and Spice Catering



Best Wishes
for a Happy & Healthy
New Year!
Lorraine Patten ,DDS
Louise Dewhirst, DDS

**Happy
New Year!**




East Fishkill Eye Associates
Debbie Roodner OD,
Vicki Chenarides OD

Happy
Rosh Hashanah




Debra M. Salon
33 Collegeview Ave
Poughkeepsie NY
(845) 471-0158

Happy
Rosh Hashanah

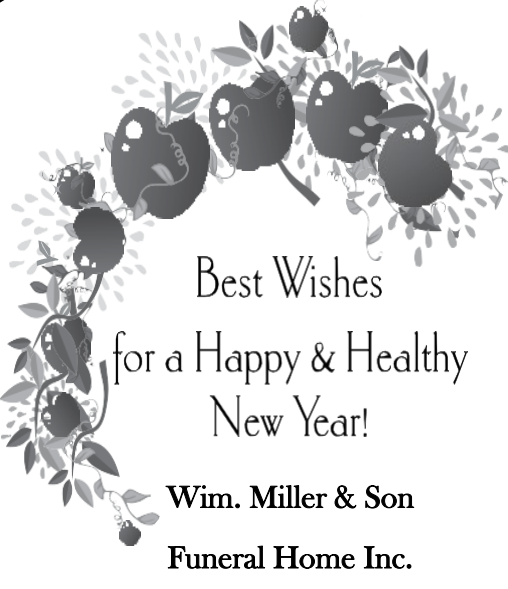


The Three
Arts Bookshop

Happy
Rosh Hashanah



Brown
Chiropractic



Best Wishes
for a Happy & Healthy
New Year!
Wim. Miller & Son
Funeral Home Inc.

**Happy
New Year!**



Avalon Assisted Living and
Wellness Center
in Wappingers Falls



Best Wishes
for a Happy & Healthy
New Year!
The Family and Staff at
M. Torsone Mem.
Funeral Home

Local

Sunday

Bagels, Lox, Torah (Tefillin too!) 9:00am led by Rabbi Yacov Borenstein. Morning minyan will follow Torah discussion on the coming week's Torah portion, upcoming holiday, or topic of Jewish interest.

Temple Beth-El Serves at Lunchbox Call Nancy Judson (845) 216-7563 to help in this mitzvah. Contact Temple Beth-El at info@tbeny.org for current information.

Congregation Schomre Israel 4K (Kvetching, Kvelling, Kibbutzin, Koffee) Last Saturday of the month, 10:00am. A different topic is presented each month.

Monday

Congregation Schomre Israel Chair Yoga with Toni Farkas 11:30am. \$5 per session. All welcome.

Temple Beth-El Board Meeting 7:30pm. Temple Beth-El Board of Trustees meeting. Contact Temple Beth-El at info@tbeny.org for current information.

Wednesday

Learn & Lunch Bunch Wednesdays, 11:00am-1:30pm. 118 So. Grand Ave, Poughkeepsie. Please RSVP each week by Monday so that we can prepare appropriate amounts of food. For information, menu, and program schedule; see page 2 of *The Voice* or contact (845) 471-9811.

Thursday

Return of the Yiddish Club See page 14 for more information.

Friday

Congregation Shir Chadash Virtual Kabbalat Shabbat Service September 11, 25, 7:30pm. Virtual Evening Service with Rabbi Daniel F. Polish & Cantor Gail Hirschenfang. You are welcome to read a prayer of your choice or write one and read it at the service, if you wish. For Zoom meeting id: <https://www.facebook.com/pg/shirchadashhv/posts/> or www.shir-chadash.org. All welcome to attend.

Congregation Shir Chadash Virtual Family Sukkot Service October 2, 7:30pm. Virtual family service and evening service with Rabbi Daniel F. Polish & Cantor Gail Hirschenfang. Find out what Sukkot is all about and how it related to today's times. You are welcome to read a prayer of your choice or write one and read it at the service, if you wish. For Zoom meeting id: <https://www.facebook.com/pg/shirchadashhv/posts/> or www.shir-chadash.org. All welcome to attend.

Congregation Schomre Israel Kabbalat Shabbat Service July, 7:00pm. A student singer will lead the Kabbalat Shabbat and Lecha Dodi. For info contact (443) 388-0033.

Vassar Temple Shabbat Evening Service September 4, 11, 25, 7:30pm. www.vassartemple.org for link. When the public health situation has resolved, we will resume holding services in the Temple.

Temple Beth-El Evening Service each week, 8:00pm, Conservative, egalitarian service. All welcome. Contact Temple Beth-El at info@tbeny.org for current information.

Saturday

Congregation Shir Chadash Virtual Religious School Programs September 12, 26, 9:30-10:15am. Shir Chadash would like you and your family to experience our virtual religious school for FREE for 1 month. Children learn about Jewish culture, holidays, Israel and history while having fun and making friends. Classes Preschool—Grade 3 9:30-10:15 and Grades 4-7 10:30-11:15. For Zoom meeting id: <https://www.facebook.com/pg/shirchadashhv/posts/> or www.shir-chadash.org. All welcome to attend.

Congregation Shir Chadash Virtual Tot Program September 12, 26, 9:30-10:15am. Children ages 3-5, accompanied by an adult, learn through doing crafts, food, and games. The class is open to all families and free of charge. For Zoom meeting id: <https://www.facebook.com/pg/shirchadashhv/posts/> or www.shir-chadash.org. All welcome to attend.

Congregation Shir Chadash Virtual Torah Study September 12, 26, 9:15-10:30am. While enjoying a light breakfast from the comfort of your own home, engage in an informal discussion about the Troah portion of the week with Rabbi Polish; everyone has a chance to participate. No expertise or knowledge of Hebrew is needed— just an inquisitive mind, a curiosity about our tradition, and a willingness to share your thoughts. For Zoom meeting id: <https://www.facebook.com/pg/shirchadashhv/posts/> or www.shir-chadash.org, (845) 232-1029. All welcome to attend.

Congregation Shir Chadash Morning Torah Service Recessed until the Fall 10:45-11:30am.

Congregation Schomre Israel Night at the Movies October 17, 8:00PM. We will be screening *David Meyer*, 2013 Winner of the Moondance Film Festival for Best Picture. Please bring your own snacks to be enjoyed in your vehicle while watching the movie.

Vassar Temple New Paths Shabbat Morning Worship September 12, 10:15am.

Vassar Temple Havdalah & Program September 12, 8pm.

Vassar Temple Shabbat Morning Service September 12, 9:30am. www.vassartemple.org for link. When the public health situation has resolved, we will resume holding services in the Temple.

Temple Beth-El Shabbat Morning Service Every week, 9:30am. Lively, inclusive, Conservative, egalitarian Shabbat. Contact Temple Beth-El at info@tbeny.org for current information.

Out of Area

Congregation Emanuel of the Hudson Valley Events

243 Albany Ave, Kingston, NY 12401 (845) 338-4271 www.templemanuelkingston.org.

All services held in our chapel are available to live stream. Visit our website: www.cehv.org and click on the live stream link on the homepage. You can also view archived services and classes.

Congregation Emanuel of the Hudson Valley continues to follow CDC recommendations in regard to COVID-19 precautions to ensure the health and safety of our community. At the time of submission, all events are being held online. Please visit www.cehv.org or call (845) 338-4271 x 101 for updates and changes to location for events.

All services are held virtually via Live Stream: www.cehv.org/livestream/

Early Family Kabbalat Shabbat Friday, September 4, 6:00pm. Elul blowing of the Shofar 5:55pm

Kabbalat Shabbat Friday, September 11, 7:30pm. Elul blowing of the Shofar 7:25pm.

Tot Shabbat Saturday, September 26, 9:00am. Introduce your to to Shabbat through music with Rabbi Yael Romer and her guitar.

Religious School 2020/2021 Registration is open. Saturdays beginning September 12, 9:30am – 12:30pm. Now offering Pre-K class from 9:30am to 11:00 am. Call Samara Genee (845) 338-4271 x110 for more info.

Morning Service Saturday, September 12, 19, 26, 10:00am., Communal prayer, meditation and Torah study.

All following classes and special events are held via Zoom. Please call the (845) -3.38-4271 x101 or email: templemanuelaa@hvc.rr.com or CEHVwebmaster@gmail.com for class links and passwords.

Chai with Rabbi Yael Every Monday, 9:00am and Thursday, 5:00pm. Rabbi Yael leads special 18-minute sessions via Zoom

Rhinebeck Meditation & Torah Study Tuesday, 8:45am, followed at 9:15am by Torah Study Led by Rabbi Yael Romer. Designed to prepare participants to receive the day's blessings and explore Jewish traditions with a progressive, egalitarian approach.

Ongoing Adult Education with the Rabbi :

Hebrew Trope Wednesday, 12:30pm.

Conversational Hebrew (Beginner and Intermediate) Wednesdays 4:00pm.

Meditation and Parashat Shuvah, Kabbalah, Private Conversion Tutorials, Adult B'nai Mitzvah by arrangement, and other special programming available at CEHV. Please contact our office to sign up.

Calendar

September

REGULAR SCHEDULE OF SERVICES

Beacon Hebrew Alliance (Conservative)

331 Verplanck Avenue, Beacon (845) 831-2012
Rabbi Brent Spodek; Cantor Ellen Gersh; Education Director, Ashley Baker

Website: www.beaconhebrewalliance.org

Email: 411@beaconhebrewalliance.org

Services: Fridays, 7:30pm and alternating Saturdays at 9:30am. Visit website for information about services, religious school, and community events

Chabad of Mid-Hudson Valley

63 Vassar Road, Poughkeepsie (845) 463-5801
Rabbi Yacov Borenstein

Website: www.chabadmidhudsonvalley.com

Email: ChabadMidhudsonVlv@prodigy.net

Services: Fridays, call for time and Saturdays at 10:00am

Congregation Beth David (Reform)

East Main Street, Amenia (845) 373-8264

Rabbi Jon Haddon

Website: www.CongBethDavid.org

Email: JonRab33@gmail.com

Services: usually Saturdays, 10:00am twice monthly except January and February; call for schedules

Congregation Schomre Israel (Orthodox)

18 Park Avenue, Poughkeepsie (845) 454-2890

Rabbi Shlomo Krasner

Website: www.schomreisrael.org

Email: rabbishlomok@gmail.com

Services: Monday-Thursday, 7:00am, Sunday, 8:00am, Saturday, 9:00am Sunday-Thursday 7:00pm
Shabbat Services vary depending on sundown

Congregation Shir Chadash (Reform)

Interim: Freedom Plains Presbyterian Church, Lagrange (845) 232-1029

Rabbi Daniel Polish, Cantor Gail Hirschenfang Website:

www.shir-chadash.org

Email: info@shir-chadash.org

Services: Friday, 7:30pm; bimonthly Saturday children's religious school, 9:00am, Torah study, 9:15

Pardess Center for Jewish Life

(845) 440-7592

Rabbi Zalman Sandhaus

Website: www.MyPardess.org

Email: info@MyPardess.org

The Rhinebeck Jewish Center

102 Montgomery Street, Rhinebeck (845) 876-7666

Rabbi Hanoch Hecht and Rebbitzin Tzivie Hecht Website:

www.RhinebeckJewishCenter.com

Email: RSVP@RhinebeckJewishCenter.com

Friday services call for time; Saturday services, 9:30am

Temple Beth El (Conservative)

118 So Grand Avenue, Poughkeepsie (845) 454-0570

Rabbi Daniel Victor, Rosh Tefilah Rabbi Miriam Hyman

Email: info@tbeny.org

Website: www.tbeny.org

Services: Friday, 8:00pm, Saturday Shabbat service at 9:30am, weekdays, 7:30am daily

Vassar College Bayit

51 Collegeview Avenue, Poughkeepsie (845) 451-3920

Liz Aeschlimann, Rose and Irving Rachlin Director of Jewish Student Life at Vassar College

Email: eaeschlimann@vassar.edu

Services: Friday, 6:00pm service, 7:00pm dinner when school is in session

Vassar Temple (Reform)

140 Hooker Avenue, Poughkeepsie (845) 454-2570

Rabbi Renni Altman Website: www.vassartemple.org

Email: Office@VassarTemple.org or

rabbiv@vassartemple.org

Services: Friday, 7:30pm unless otherwise noted, Torah study Saturday, 9:00am. New Paths 1st and 3rd Saturday every month, 10:00am unless otherwise noted.

September Candle Lighting

September 4 7:05pm

September 11 6:53pm

September 18 6:41pm

September 19 7:38pm

September 20 7:36pm

September 25 6:29pm

September 27 6:25pm

Want to share your thoughts about *The Voice*? Have an idea you'd like to see in print?

We're listening.

Email us at

TheVoice@JewishDutchess.org

Warm New Year Greetings from
Vassar Temple 

An inclusive Reform congregation engaged in worship, learning, & the pursuit of justice
 Outstanding Religious School and Hebrew School,
 Open to members and non-members
 - *New Member Specials* -

Join us on the High Holy Days
 All Welcome - No Fee
 Most Services Available "Virtually"
 Family and Tot Events
 Complete information on our website
www.vassartemple.org

140 Hooker Ave., Poughkeepsie
 845-454-2570
office@vassartemple.org

**A Modern Orthodox Congregation
 Where Generations Come Together**

**Congregation
 Schomre Israel**

invites your family to join our family for
ROSH HASHANAH
 &
YOM KIPPUR
 Vibrant and Inspiring Prayer Services

Continuing education
 Weekly Shabbat Kiddush
 Yom Tov dinners • Active Sisterhood
ANNUAL DUES ARE \$500

For non-members, High Holiday Fee is \$100 per person.
 18 Park Avenue, Poughkeepsie, NY - 845.454.2890
 Website: www.schomreisrael.org
 E-mail: schomre1@aol.com

Congregation Shir Chadash
 presents
HIGH HOLY DAYS
 for Our New Virtual Reality

If you're looking for something different and unique for the times we are in, but want to experience the High Holidays with others, Shir Chadash may be what you're looking for.

We're bringing two nationally-recognized Jewish leaders together for an interactive, virtual **Rosh Hashanah (Sept. 18 & 19) and Yom Kippur Services (Sept. 27 & 28).**


RABBI DANIEL POLISH

Shir Chadash's Rabbi Daniel Polish has had a long brilliant career after earning his Ph.D. in the History of Religion from Harvard University. A highly celebrated author, teacher and spiritual leader, he has been involved in lifelong global interfaith dialogue at the highest levels on behalf of the Jewish community.

GUEST CANTOR SARAH SAGER

Guest cantor Sarah Sager received the American Conference of Cantors President Award in 2015 and serves on the Hebrew Union College - Jewish Institute of Religion, Board of Governors and the Joint Commission on Worship, Music and Religious Living of the Union of Reform Judaism.

**Services Open to All • Registration required @info@shir-chadash.org
 Donations gratefully appreciated • For more information call 845-232-1029**


 Gratitude




PJ Library and JFedDC are excited to launch **"Generation Gratitude: Families Developing Gratitude Together"** with our Community Partners **Mindful Yoga by Liz and The Sensory Space**


Generations Gratitude is designed to be an immersive experience for PJ Library families (with children ages 0-5) to intentionally develop ways to cultivate gratitude as a family and a cohort.

Virtual Seminar (Oct—Dec) will include a monthly:

- Yoga Session (30 min)
- Mindfulness Movement Exercises (30 min)
- Bi-Monthly Evening (30 min) Parent Education Class and Intro to Jewish Rituals of Modeh Ani and Shema


If interested please register at pjlibrary@jewishdutchess.org by 9/30/20




Best Wishes
 for a Happy & Healthy
 New Year!
 Marc
 Molinaro


**L'shanah
 Torah**


 Assemblymember Didi Barrett

May the sounds of the Shofar
 welcome in a new year of
 health and happiness


 Senator Sue
 Serino

Happy
 Rosh Hashanah



Rebecca Edwards
 Dutchess County
 Legislature,
 District 6