

JFedDC's Annual Campaign is launching.

**We are excited to have been selected for JFNA's Human Service Relief Matching Fund.**



New campaign donations and increased giving qualify for a 50% match.


**In Dutchess County, these funds help support:**

- Jewish Education Scholarships
  - Learn & Lunch Bunch
  - Senior Shabbat Care Packages
    - Medical Loan Closet
- Jewish Summer Camp Scholarships (new)

All gifts received by December 31<sup>st</sup> qualify.

*We would like to say a huge thank you to Betsy Kopstein-Stuts on serving as JFedDC Board President.*

*Also, we would like to warmly welcome Steven Wasser as our new JFedDC Board President.*



*Dancing in Jaffa*  
 Wednesday,  
 October 28, 7:00pm  
**MOVIE NIGHT**  
 See page 12 for more information

Be sure to order your Chanukah Greetings. All greetings are due November 8.

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 (845) 471-9811  
**JFedDC Executive Director**  
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**The Voice**

Editor: Karen Hochhauser  
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# LEARN & LUNCH BUNCH

The Jewish Federation of Dutchess County presents weekly cultural, social, and educational programs.

**WEDNESDAY PROGRAMS and MENUS**

**October**

**October 14** Care at Home...can Medicaid help?? with Andrea Gellen, esq. She will be educating us all about helping ourselves and Medicaid.

**October 28** Annual Harvest Fest! Spooky stories and sound effects! Learn about the history of fall holidays! Wear costumes! Prizes given (eventually) to best costume!

**TO REGISTER, call the office at (845) 471-9811 or online at: [www.JewishDutchess.org/events](http://www.JewishDutchess.org/events)**

**REGISTRATION STRONGLY REQUESTED BY MONDAY EACH WEEK FOR FOOD AND ACTIVITY PLANNING PURPOSES**  
 RSVP to the Jewish Federation office (845) 471-9811. Learn & Lunch Bunch activities are open to the public.

**Farewell Amira Keren!**

We will miss you and all the wonderful meals you prepared for us at Learn and Lunch Bunch!



**WHERE**

118 South Grand Ave  
 Poughkeepsie, NY  
 (Temple Beth-El)

**SCHEDULE**

11:00 –11:30am  
**Coffee & Nosh**  
 11:30 –12:30pm  
**Program**  
 12:30pm —Lunch

\$6.00—Lunch and program  
 \$4.00—Program, coffee, nosh

Learn & Lunch Bunch is partially funded by the Ann & Abe Effron Fund and Bernard and Shirley Handel Foundation Donor Advised Fund of the Community Foundations of the Hudson Valley



The JFedDC Annual Campaign is going to be starting soon. Help us continue to help the community.



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## Mazel Tov Memories

Send us information about what you are celebrating: birthdays, engagements, weddings, anniversaries, and simchas. We at the JFedDC want to celebrate with you and share the nachas. Send your information to [thevoice@jewishdutchess.org](mailto:thevoice@jewishdutchess.org)



Congratulations, John and Sandra Blair on the birth of their grandson, Ethan Simon Blair.

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- Hudson Valley Renegades

### Adult Education - Please check organization's website for current status

**Educational Opportunities Abound at Congregation Schomre Israel**  
(Please check the synagogue's website for updated classes and Zoom addresses)

**Is This the End of Days? The Book of Daniel** Tuesdays, 10:30am, A personal journey of dedication, yearning, and vision.

**Timeless Thought on the Parsha** Thursdays at 7:00PM. Where we will study and discuss a topic from the Parsha.

**Talmud Studies with Rabbi Krasner** Sunday Morning after Shacharis- Starting in the 4th Chapter of Brachos. Classes are free. All are welcome. View website at [www.schomreisrael.org](http://www.schomreisrael.org) for recordings of previous classes.

For information on cancellations and class schedules, visit [www.schomreisrael.org](http://www.schomreisrael.org) or call (845) 454-2890.

#### Weekly Adult Study Groups at Vassar Temple (Please check website for updated information)

**The Talmud: Modern Ideas from an Ancient Text** Select Thursdays from 12:00-1:30pm. Taught by Senior Scholar Rabbi Paul Golomb. For further information and to obtain the study sheets, contact [pjgolomb@verizon.net](mailto:pjgolomb@verizon.net).

**Torah Study** Saturdays, 9:00-10:00am. Examines passages from the week's torah portion or haftorah, will be led by the Temple's Rabbi Renni S. Altman, D.D. New attendees should contact [rabi@vassartemple.org](mailto:rabi@vassartemple.org) for the study sheet.

All are welcome to come and join in all the classes - no previous training required! No charge to attend. *All classes will be conducted on Zoom as long as necessary for public health reasons. Watch the weekly temple emails or contact the temple for updated information at (845) 454-2570 or [office@vassartemple.org](mailto:office@vassartemple.org)*

#### Higher and Higher: Come Grow with Temple Beth-El (Please check website for updated information)

Rabbi Daniel Victor is holding classes and social gatherings via Zoom. If you would like to join, email: [rabi@tbeny.org](mailto:rabi@tbeny.org) for the Zoom links and passwords.

- |                          |   |
|--------------------------|---|
| <b>Monday: 11:00 AM</b>  | General Community Schmooze                |
| <b>Monday: 9:00 PM</b>   | 35—55ish Community Schmooze               |
| <b>Wednesday 1:00 PM</b> | General Community Schmooze                |
| <b>Thursday: 9:30 AM</b> | Virtual Adult Education with Rabbi Victor |

All welcome. Details at Temple Beth-El [www.tbeny.org](http://www.tbeny.org), or call (845) 454-0570, or email [info@tbeny.org](mailto:info@tbeny.org).

#### Chabad Center Classes (Please check website for updated information)

**Torah Class: Discover the World of Prayer:** Wednesdays, 11:00am at the Borenstein home, 36 Pleasant Ridge Drive, led by Hindy Borenstein. Indulge your mind with thought-provoking insights from the weekly Torah portion and other contemporary issues, and indulge your body with a light and healthy lunch.

Please visit our website [www.chabadmidhudsonvalley.com](http://www.chabadmidhudsonvalley.com).

#### Congregation Shir Chadash (Please check website for updated information)

Congregation Shir Chadash is planning on having interesting and thought-provoking virtual talks on the second and fourth Wednesday of every month at 7:30pm. Each talk will be approximately one hour. Some talks will be lectures, others open to questions and discussion. A sample of the upcoming topics are:

- October 14**—Covid-19 "Affects & Challenges" - Presented by Dr. Richard Bordowitz.
- October 28**—The 2020 Election—Presented by John Wallach.

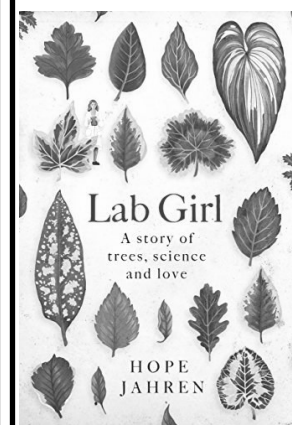
**Virtual Torah Study:** Saturday, October 3, 17, 31, 9:00AM. An informal discussion about the Torah portion of the week with Rabbi Polish from the comfort of your own home. Everyone has a chance to participate. No expertise of knowledge of Hebrew is needed. Just an inquisitive mind, a curiosity about our tradition and a willingness to share your thoughts. All welcome to attend.

For Zoom meeting id: <https://www.facebook.com/pg/shirchadashhv/posts/>

All talks are FREE of charge and open to the public. With more exciting and engaging talks to come, check out our website [www.shir-chadash.org](http://www.shir-chadash.org) or call (845) 232-1029 or email [info@shir-chadash.org](mailto:info@shir-chadash.org) for additional talks or more details and for links to the Zoom meetings.

#### Vassar Temple's Sisterhood Book Club

We will discuss *Lab Girl* by geo-biologist Hope Jahren, this fall's Big Read selection. *Lab Girl* is a book about work, love, and the mountains that can be moved when these things come together. Hope Jahren has spent her life studying trees, flowers, seeds, and soil, finding sanctuary in science and learning to perform lab work with both heart and hands. She extends the wonders of science to each of us, inviting us to join her in both observing and protecting our environment. The book is available in paperback through Amazon or multiple copies are available through the library.



**DETAILS**  
Thursday, October 15, probably via Zoom. If you are interested in attending or leading the discussion, please contact us at (845) 473-7931, or email: [linda.babas41@gmail.com](mailto:linda.babas41@gmail.com)  
Your book suggestions for future meetings are always appreciated.

#### Rosh Chodesh Reading Group by Congregation Shir Chadash

Those interested in reading are invited to the Rosh Chodesh reading group (now done **virtually**) - interesting and provocative discussions, dates & times TBD. Participants meet to discuss memoirs, fiction, poetry, and drama in a variety of works that offer Jewish themes and a variety of perspectives of interest. Have a topic suggestion? Please let us know!

**DETAILS**  
For more info, contact Sandy Lash: (845) 232-1029 or email: [info@shir-chadash.org](mailto:info@shir-chadash.org).



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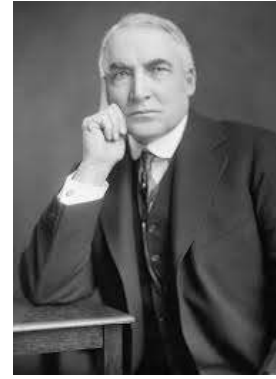
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# The Harding Club

Everyone at the Harding Club wishes the entire Voice community a very happy, healthy, and prosperous New Year.



For the uninitiated, the Harding Club, in Poughkeepsie since 1923, is a Jewish social club for men interested in Camaraderie, Community, Philanthropy, Good Food, and Jewish Culture. The club meets two times most months at a local restaurant for dinner and an interesting speaker. **There are opportunities for you to become a member.** For more information, check out our website at <http://harding.jigsy.com>, look for us on Facebook, or send us an email at [harding1923@gmail.com](mailto:harding1923@gmail.com). We would love to hear from you and to begin the process of having you join our club.

The rest of this article outlines some of our activities in the hopes that it resonates with you and motivates you to investigate us more deeply.

Worldwide, this has been a very unusual year. Nevertheless, Harding Club has been able to continue its philanthropic work throughout the pandemic and has been able to continue having meetings, not at our favorite restaurant, but through the magic of ZOOM.

So, what have we been doing? What are our plans for 2020-2021?

This past year we have helped to deliver food to needy kids and families at the Morse School in the City of Poughkeepsie. We have made financial donations to various organizations such as PJ Library, Miles of Hope, the Jewish Federation, Gift of Life International, and Dutchess Responds/Community Foundations of the Hudson Valley.

Upcoming, many of the above will be continued, and a new assortment will be added, including the Federation's Mitzvah Now initiative.

Our social calendar will be full, and it will recognize the need to be COVID safe. We will start out with ZOOM meetings, and will get back to restaurant dinners ASAP. Here is a list of the speakers that have been scheduled for the fall:

- Sally Cross, Dutchess Responds/Community Foundations of HV: 9/23/20
- Sam Simon, History and Future of Dairy Farming in the Hudson Valley: 10/7/20
- Brian Jones, Internet Security: 10/21/20
- Al Newman, Lou Newman's cousin: Really Stupid Goals, Bike Adventures, and Riding on Every Continent: 11/4/20

We are looking forward to hearing from possible new members. [harding1923@gmail.com](mailto:harding1923@gmail.com)

Alan Fox, Harding Club president



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**Disclaimer:** Please note that the articles and advertisements submitted are the viewpoints of the authors and do not necessarily represent the position of JFedDC.

VOICE DEADLINES	ISSUE	DEADLINE
Note deadlines listed.	November	October 1
<a href="mailto:TheVoice@JewishDutchess.org">TheVoice@JewishDutchess.org</a>	December	November 1
if you have questions.	January	December 1



## Kosher On The Farm By Alyssa Kogon

While most people think of a Jewish synagogue as a building where people go to worship, Pardess Chabad Farms located in beautiful Hopewell Junction, breaks with that assumption. Led by Rabbi Zalman Sandhaus, 34, the 20 acre grange is only a year old. With virtually no agricultural experience, Rabbi Zalman became an unexpected farmer when he went from a typical brick and mortar Chabad Center in Fishkill, to the unique center for Jewish life complete with fruit trees and alpacas. Pardess actually means "orchard" in Hebrew and the Rabbi and his wife Goldy, have embraced the switch to farm living with grace and gusto.



"Almost everything in Judaism is rooted in farming. The farm is the platform for a hands on experience of Jewish education in a more authentic way," explains the Rabbi. This year's agricultural experience included a day camp for kids that allowed them to explore the joys of growing food and caring for animals. Rabbi Zalman and his wife, together with their children, are committed to the enhancement of the spiritual, physical and material welfare of Jewish residents, locally, as well as tourists, guests and visitors.



While Pardess does sponsor typical programming including Torah classes and Teen Club, they also offer a very special shopping opportunity every Sunday from noon to 5:00pm. With a mission to ensure that those that want Kosher food can obtain it, Rabbi Zalman holds a



(Continued on page 9)



## Dear Trick or Treater,

Halloween is a very commercial American holiday. There is nothing wrong with participating in non-Jewish secular activities. You go to a birthday party when it's not your birthday, don't you? As long as the kids understand that it's not part of their heritage as a Jew but part of their culture as an American, you should be fine. Don't eat too much candy! This year being a pandemic though, be smart and make your own personal decision as to how you want to proceed.

## Rabbi's Blog *by Rabbi Daniel Polish*

Jewish practice is not static. It doesn't stand still. It never has. Our Pesach Haggadah was collected over hundreds of years. Scholars tell us that the Practice of Bar Mitzvah is less than five hundred years old. For sure the practice of Bat Mitzvah is less than one hundred. Yom HaShoah and Yom HaAtzma'ut became established observances in the lifetimes of many of us.



Rabbi Daniel Polish

We have always added chagim to our calendar and deeds to our docket. So, as we enter this consequential month of October, I would like to propose a new Mitzvah/ a new sacred obligation, incumbent upon every one of us.

First a bit of history. In August of 1790, George Washington, newly elected president of the recently established United States wrote a letter to the "Hebrew congregation in New Port Rhode Island". In it he said:

The Citizens of the United States of America have a right to applaud themselves for having given to mankind examples of an enlarged and liberal policy: a policy worthy of imitation. All possess alike liberty of conscience and immunities of citizenship. It is now no more that toleration is spoken of, as if it was by the indulgence of one class of people, that another enjoyed the exercise of their inherent natural rights. For happily the Government of the United States, which gives to bigotry no sanction, to persecution no assistance, requires only that they who live under its protection should demean themselves as good citizens, in giving it on all occasions their effectual support.

What he meant was that Jews were not guests in this new land. They had the same rights as every other citizen. And the same obligations: they are to "demean themselves good citizens", giving it their "effectual support", which means do your part.

As you read this we will have only recently finished with Yom Kippur – our Yom Hadin/"Day of Judgement". And we will be about a month away from another important day. Every four years America imposes a kind of Day of Judgement on itself. What direction do we want our country to go? What kind of country do we want to be? The tiller of our nations ship of state is placed in each of our hands. This is a remarkable Exercise, awesome in its implications. Washington's letter reminds us of just how privileged we are. We American Jews represent something new in the long history of our people. How many generations before us had the privilege of citizenship? The right to have a say in their leaders? The opportunity to cast a ballot? And so, responding to the charge given by George Washington to that earlier generation of American Jews, I would like to propose a new Mitzvah/a new sacred obligation.

Every one of us should feel ourselves obligated to participate in the upcoming election process. Because of the Corona Virus many of us will not be voting in person. But you still have time to get an absentee or mail-in ballot. Get a ballot as soon as you can. And cast your vote! Mail it in or hand deliver it as early as possible. Or, if you are planning on voting in person, make sure to plan your day on November 3 around getting to your polling place. And not only that. Study the issues and talk about them with others. You have an obligation to work on behalf of the candidates you support: contribute funds to their campaign. Raise money too. Talk to your friends, relatives and neighbors. Tell them to participate. And feel free to try to convince them whom to vote for.

George Washington himself told us it is our right. Our history tells us it is our privilege. And this fraught and urgent moment calls us to consider it a mitzvah/a sacred obligation. Perhaps we should say a blessing of thanksgiving as we cast the vote that hundreds of generations before us could never have imagined. What a remarkable privilege. The future of the nation is entrusted to our hands. How can we not respond with gratitude? How can we not be eager in to fulfill this mitzvah, this remarkable new sacred obligation?

## Inside the Jewish Studio *By Karen Hochhauser*

This questionnaire originated in the French series, *Bouillon de Culture*, better known as the closing questions asked by James Lipton on the celebrity interview TV show, *Inside the Actor's Studio*. The questions are re-adapted for this column.

Each month, we ask a MOT\* these questions and feature the answers. This month, our special guest is Betsy Kopstein-Stuts who found time to answer our questions.



Betsy Kopstein-Stuts

- 1. What is your favorite/least favorite word?**  
*Favorite: Thank you. Least Favorite: Won't*
- 2. What inspires you creatively, spiritually, or emotionally?**  
*Working with a talented person, like Karen*
- 3. What sound or noise do you love/dislike?**  
*Love: Kissing/Smacking of the lips  
Dislike: A sharp grinding noise*
- 4. What is your favorite song?**  
*Barbra Streisand's "Can't Help Lovin' That Man"*
- 5. What profession other than your own would you like to attempt?**  
*CEO of a company*
- 6. What profession would you not like to attempt?**  
*Being a doctor*
- 7. What is your greatest achievement?**  
*Raising two boys that are wonderful*
- 8. What do you most like and dislike about yourself?**  
*Like: the fact that I enjoy being with people  
Dislike: my ability to procrastinate*
- 9. What is one interesting thing that people don't know about you?**  
*That I was very unpopular in High School*
- 10. If you could choose a superpower, what would it be?**  
*To create a Democratic supreme court judge to replace RBG.*
- 11. Do you have a "bucket list" and, if so, what is on it?**  
*To live in another country and be a peace corps representative.*
- 12. If there was one thing you would hope others do in the interest of our future, what would that be?**  
*Being more aware of how to save the climate.*
- 13. What is your most favorite Jewish Memory?**  
*Walking to temple with my Dad on Yom Kippur and spending the entire day with him.*
- 14. What is your earlier Jewish Memory?**  
*Going to temple and being greeted by Alex Grishman who would call me princess and give me flowers.*
- 15. In what ways does or can JFedDC impact our Jewish Community?**  
*Right now it is vital to be part of the greater community. JFed's outreach to other organizations and creating more partnerships has made an impact. It will be great to see this continue.*
- 16. If Heaven exists, what would you like to hear God say when you arrive at the Pearly Gates?**  
*You've left your mark on humanity.*

\*member of the Tribe

**This year the Jewish Federation of North America's General Assembly 2020 will be entirely online and accessible to all!**  
We want you to join us at [www.GeneralAssembly.org](http://www.GeneralAssembly.org)

**October 25, 7:00pm** "Federation Together" will tell the story of Federations working together to address the challenges brought on by the COVID.

**October 26, 1:30pm** "Jewish Together" will showcase the depth and breadth of Jewish communal life and share stories of how we responded, reimagined, and shined together.

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stories  
songs  
life

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## Jewish Community Preschool is back & Virtual!

Jewish Community Preschool is excited to start offering FREE virtual classes to young Jewish Families! Music, crafts, storytelling and more with our local teachers and Clergy! Please join us for our upcoming virtual events:

Wed., October 7, 10:00AM—Celebrate Sukkot with Lisa Roth  
 Fri., October 23, 10:00AM—Celebrate Shabbat with Rabbi Altman  
 Wed., November 4, 10:00AM—Learn about the Shema and it's bedtime ritual with Lisa Roth  
 Fri., November 20, 10:00AM—Celebrate Shabbat with Rabbi Krasner  
 Wed., December 9, 10:00AM—Celebrate Chanukah with Lisa Roth  
 Fri., December 18, 10:00AM—Celebrate Shabbat with Rabbi Polish

Please contact us at [jewishcommunitypreschool@gmail.com](mailto:jewishcommunitypreschool@gmail.com) to receive a link to the zoom sessions. Follow us on Facebook: <https://www.facebook.com/Jewish-Community-Pre-School-of-the-Hudson-Valley-107813280822325> Check out our Web page: <http://jcphv.org>



## A Virtual Scavenger Hunt Opened the School Year At Shir Chadash

To open the school year, 2020-2021, Congregation Shir Chadash's Religious School had their 2nd "Welcome Back" scavenger hunt. Shir Chadash is also proud to announce that Cantor Gail Hirschenfang will be teaching the upper grades this Fall and Rochelle Bellach will continue teaching the younger grades.

The scavenger hunt this year was **Virtual!** Instead of moving to different stations, families worked together at home to find or create objects needed to answer various questions about Jewish life. A great time was had by all! Thus we can say once more that this is not the religious school you, your parents or grandparents attended.

Want to get in on the fun, but your child is not registered? New students can try out our school for one month **FREE**. Children will learn about Jewish culture, holidays, history and Israel while having fun and making friends. To receive the link, ask questions or have concerns, contact Sue Marcoe: [sfmarcoe@gmail.com](mailto:sfmarcoe@gmail.com) or (845) 723-4045.



Mitzvah Day may have been canceled this year, but the Birthday Bag project was "reinvented" to bring craft kits, toys and games to 75 children from the Boys and Girls Club of Poughkeepsie, enabling them to have a fun, productive and constructive summer while other activities were on hold due the pandemic. You can see their glowing smiles through the masks! Thanks to all who donated and to Jasmine Russo for making this happen!

## Generation Gratitude: "Families Developing Gratitude Together"

### October Virtual Schedule:

**Session 1-Living Gratitude in Your Body-**  
 Introduce Breathing Stick with Emma Arnoff and Kim Ritz  
 Date: 10/18, 10-10:30am

**Parent Session 1-"Seeing" Gratitude and Feeling it in our Bodies:** Introduce Modeh Ani and Meditation with Liz Torres and Kim Ritz  
 Date: 10/29, 8:00-8:30pm

To Register and receive your Family Gratitude Kit: Call/Text to 845-475-2704 or email at [pjlibrary@jewishdutchess.org](mailto:pjlibrary@jewishdutchess.org)



## RELIGIOUS SCHOOL

### CHABAD MID-HUDSON VALLEY

Sunday, 10:00am-12:15pm, ages 5-12 years  
 63 Vassar Rd, Poughkeepsie

For information contact Hindy Borenstein, Director (845) 463-5801  
[chabadmidhudsonvly@prodigy.net](mailto:chabadmidhudsonvly@prodigy.net)

### JUDAIC SCHOOL OF THE ARTS

Sunday, 10:00am-12:00pm

For information [www.mypardess.org/JSA](http://www.mypardess.org/JSA)

### RHINEBECK JEWISH CENTER

Monday, 4:00-5:30pm  
 Tiny Tots Division (ages 1-5)  
 Intermediate Division (ages 6-10)  
 Bar and Bat Mitzvah (ages 11-13)

For information, contact Rebbitzin Tzivie Hecht, Director (845) 876-7666 or [tizviehecht@gmail.com](mailto:tziviehecht@gmail.com)

### CONGREGATION SHIR CHADASH

The programs focus on G-d & Prayer, Jewish History, and the concepts of Tzedakah, G'milut Chasadim and Tikun Olum. No charge for pre-school children. Open registration. Tots classes through b'nai mitzvah classes are offered. Classes meet 2 Saturdays a month at 9:00am.

For information, contact (845) 723-4045, [info@shir-chadash.org](mailto:info@shir-chadash.org) or [www.shir-chadash.org](http://www.shir-chadash.org)

### TEMPLE BETH-EL

At Temple Beth-El, education is something truly celebrated! From kindergarten through the last year of high school, Temple Beth-El instills a love of Judaism and a lifelong hunger for Jewish learning.

Tuesday,  
 Ivrit (Hebrew) School  
 4:30-6:30pm, grades 3-7

Wednesday,  
 Gesher Youth Program  
 6:30-8:30pm, grades 8-12

Saturday, B'Nai Mitzvah Class  
 9:30am-12:30pm, grade 7

Sunday, Judaic Studies  
 9:30am-12:30pm, grades PreK-6

For information, contact (845) 454-0570 or [education@tbeny.org](mailto:education@tbeny.org)

### VASSAR TEMPLE

Vassar Temple provides a program of Jewish education within the Reform Movement's guidelines, which deepens a student's Jewish experience and knowledge in an accepting and stimulating learning environment. Our philosophy of Jewish learning is based on the quotation from Pirke Avot, "The world depends on three things: on Torah, on worship and on deeds of loving kindness." Temple membership not required.

Sunday Religious School  
 Sundays, 9:00am - 12:00pm, grades K-7

Hebrew Language School  
 Wednesdays, 4:30pm - 6:30pm, grades 4-7

Gesher Program  
 Wednesdays, 6:30pm - 8:30pm, grades 8-12

Innovative individualized Hebrew language instruction and bar/bat mitzvah preparation.

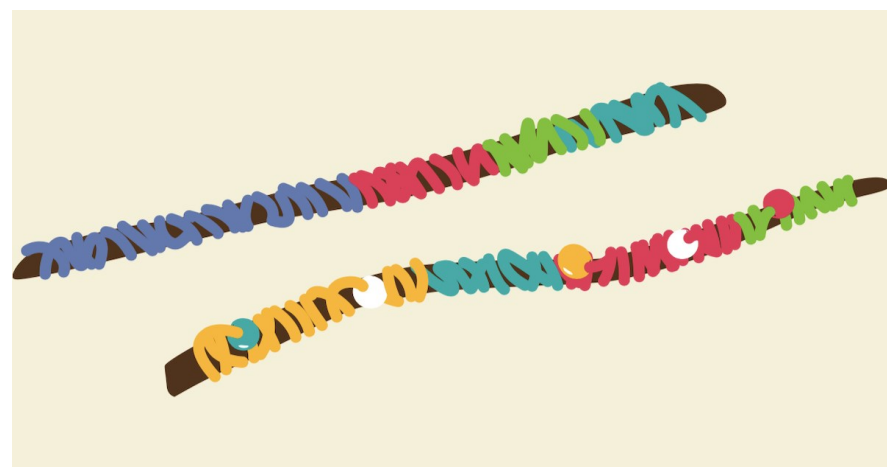
For info contact Rabbi Renni Altman, Director (845) 454-2570 or [rsdirector@vassartemple.org](mailto:rsdirector@vassartemple.org)

**This holiday season is a great time to do a Mitzvah. Consider paying it forward for another family. Make a donation of \$40 to PJ Library at: [www.jewishdutchess.org/programs/pj-library](http://www.jewishdutchess.org/programs/pj-library)**

הכרת הטוב  
Hakarat Hatov  
return

Looking to get started right away on bringing mindful gratitude into your home? Check out this great idea courtesy of PJ Library:

Gratitude Sticks:



<https://pjllibrary.org/beyond-books/pjblog/october-2018/easy-kid-craft-colorful-gratitude-sticks>

PJ LIBRARY FAMILY OF THE MONTH:

**Family Name:**  
Bruck

**How many kids are in your family and what are their ages?**  
1 Child—age 10

**Where are you from? Where do you currently live?**  
Hopewell Junction

**How long have you been receiving PJ Library books?**  
Since 2018

**What is your family's favorite PJ Library book?**  
*A Mountain of Blintzes*

**How did you hear about PJ Library?**  
Through a friend

**Why is PJ Library important in your home?**  
We believe quiet reading time is important and we love that the reading time can include books on discussing good values and important relationship issues that come up. We think the PJ books are sweet and have great stories in them for children.

**How has PJ Library influenced your family's Jewish living and decisions?**  
There is a greater awareness of Jewish customs, traditions and values. When our son attends Sunday School he can make the connections between reading at home and the things being taught in school.

**Is PJ Library helpful to you as a parent? How?**  
As parents, we place a high importance on instilling a strong foundation for our child. His mental, physical, and spiritual health are important to us. As he gets older and decides what values he wants to incorporate in his life, we would hope they are part of the value system he is currently learning through PJ.



Family of the Month



Kim



Suzanne

There is a Hebrew phrase, *hakarat hatov*, which extends beyond simple gratitude to "recognizing the good" all around us ([www.gratitudedays.com](http://www.gratitudedays.com)). *Hakarat hatov* is something kids often practice pretty naturally when they are little. For babies, everything is new and everything is amazing! As kids grow older, it is hard to keep that sense of wonder. Modeling gratitude daily by practicing *hakarat hatov* helps children (and us grown-ups) remember to be thankful for the big and small things in our life especially during these very challenging days! Understanding that everything really is amazing helps all of us stay grounded, thankful, and healthy!

I am very excited to bring in the New Year with gratitude with you thanks to a grant recently awarded by PJ Library®, the flagship program of the Harold Grinspoon Foundation that provides free books to families raising Jewish children all over the world. The Jewish Federation of Dutchess County received \$10,000 to launch **Project: Generation Gratitude**, which is designed to be an immersive experience for PJ Library families (with children ages 0 to 5) to develop intentional ways to cultivate gratitude as a family and a cohort. Through yoga, mindfulness exercises, and parent education; our Generation Gratitude mentors will share proven techniques and Jewish rituals to empower families to cultivate gratitude in their homes, including the Modeh Ani and the Shema prayer.

I am teaming up with *Mindful Yoga with Liz* and *The Sensory Space* to offer creative, virtual activities with local experts to keep your children engaged and parents connected for two, 30 minute sessions a month.

I have been a PJ Parent myself since 2014, and I am grateful that my family has grown with the PJ Library Mid-Hudson Valley community that began in 2010 and now has 369 PJ Library Families and 114 PJ Our Way families. It is my honor to welcome this next generation of families to our PJ Library Community, and I am excited to focus on gratitude to connect us together.

Please register for **Generation Gratitude** seminar by 10/1 to reserve your spot in the class and receive your Family Gratitude Kit by emailing [pjllibrary@jewishdutchess.org](mailto:pjllibrary@jewishdutchess.org) or calling (845) 475-2704. First class starts 10/18 at 10:00am.

Please check out all of our **PJ Library October 2020 Events** on our Facebook page: "PJ Library Mid-Hudson Valley" and in our bi-monthly PJ Library and PJ OurWay E-News and Mid-Month Update emails!

Want to sign up your children or grandchildren for PJ Library of PJ OurWay chapter books? Please fill out a quick form to start receiving engaging, Jewish FREE books in your mailbox every month!

Sign up for PJ library (ages 0-8 years old): [www.pjllibrary.org](http://www.pjllibrary.org)  
Sign up for PJ OurWay (ages 9-12 years old): [www.pjourway.org](http://www.pjourway.org)

Got Questions? New to the community or looking to make connections with other families? Interested in a Grandparent's Circle? Want to start a Parent's night In or a monthly Playgroup? We can help!  
Email: [pjllibrary@jewishdutchess.org](mailto:pjllibrary@jewishdutchess.org).

Join our PJ Library Mom's What's app Group or our Mid-Hudson Valley PJ Library Families FB Group via email at [pjllibrary@jewishdutchess.org](mailto:pjllibrary@jewishdutchess.org)

**Kids' Programming**

Schomre Israel and PJ Library are offering monthly Jewish Educational Events with hands on learning experiences. Parents/grandparents bring your children to these events.

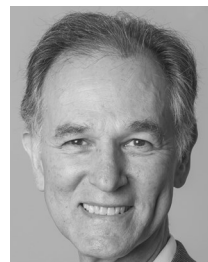
Sukkah Decorations—It is that time of year where we live in our outdoor "home away from home". The sukkah is a remembrance of Hashem's love and protection, and is customarily decorated with beautiful artwork. Join us as we expand our talent and create our own unique art decorations.

DETAILS: October 10, 4:00pm



We are looking for a **PJ Library Parent** (with children 0-3 years) to help us launch an exciting immersive experience "**Generation Gratitude: Families Cultivating Gratitude Together**" with our community partners Mindful Yoga by Liz and The Sensory Space! If you are interested in **working 5 hours from home from Sept-March 2021** and are familiar with social media platforms, please contact [pjllibrary@jewishdutchess.org](mailto:pjllibrary@jewishdutchess.org) today!

## The Federation Board's Voice



Steven Wasser

As the new President of Federation I thank our outgoing President, Betsy Kopstein-Stuts for gracing me with a strong board and outstanding staff.

Recently I seem preoccupied with the subject of family. The dvar torah I prepared for the September board meeting was focused on the Akedah, the sacrifice of Isaac by Abraham. And my introduction for the virtual Federation gala addressed how Federation stretches the idea of community into family.

We've all been hunkered down for the last six months. We're zoomed out, wondering when we'll have a vaccine, and trying to figure out if dining indoors will be safe once it's too cold to eat outside. Some of us have had family living with us for months; others haven't seen their family for months.

My wife and I have fortunately seen our daughters every few weeks, for which we are grateful. The story of Abraham and Isaac, however, is not a happy one. As Abraham walks with Isaac toward Mt. Moriah, the Torah says, **twice**. "So the two of them walked on together." This emphasis on togetherness is in stark contrast to what we read when Abraham returns from Mt. Moriah. "Abraham then returned with his servants, and they departed together for Beer-sheba; and Abraham stayed in Beer-sheba."

**Where is Isaac?** Rabbi Samson Raphael Hirsch, a nineteenth century rabbi, opined that Isaac became alienated from Abraham due to the Akedah, a view that I share. In my view Abraham's apparent willingness to sacrifice Isaac is a betrayal of Isaac's trust. This alienates Isaac from his father. Abraham tries to make amends. He sends his servant to find a wife for Isaac, who turns out to be Rebecca, a virtuous woman who Isaac accepts. Abraham leaves all that he owns to Isaac, but these steps are insufficient to earn back Isaac's trust. Indeed, there is no personal interaction between them at all – this is our precursor to a remote, virtual relationship. The next mention of Isaac in the context of Abraham is at the latter's burial, alongside his brother, Ishmael. How sad.

Trust among family members is the glue that binds members together. Federation creates trust by bringing people together in one big family, and we create trust by providing important services to our community.

- When Federation makes medical equipment available free of charge to Jews and non-Jews in our community, we are family.
- When Federation delivers food to people who need help during this pandemic, we are family.
- When Federation partners with the FDR Library to bring a concert to the community on International Holocaust Remembrance day, we are family.
- And when Federation provides Jewish themed books and programming to children, their parents, and their grandchildren in the community through PJ Library, we are family.

The New Year has begun. I wish you, our family/our community a Lashanah Tova.

### A Magical Yasher Koach

You meet the most interesting people at Temple. That's where I met Dr. Joel Zaritsky. Joel says he is "a magician who does dentistry on the side." Others know him as Batman and wonder who is behind his mask. I know him as a kind hearted man who is passionate about bringing joy and healing to others.

Congratulations are in order to Joel for a recent accomplishment of which he is particularly proud. In July, Joel became the National President of the Society of American Magicians (S.A.M.) – the largest and oldest magician non-profit organization in America. Joel follows many distinguished past presidents including Ehrich Weiss who was President in 1903. You know Enrich by the name Harry Houdini.

Joel proves we are never too old or too young to believe in something magical. Whether he is in character as a magician or as his childhood superhero Batman or as a dentist, Joel is always healing people. His wife Nadine is always by his side in character as either his magic assistant, Batgirl to his Batman, or his dental assistant in his thriving dental practice in LaGrange.

Joel's love of magic started during his pre-teen years when he met a young magician named Jeff McBride, who was performing at the Orange County Fair in Middletown. Jeff directed him to a local magic shop run by "Magic Ian" Sutz where Joel witnessed his very first magic act. That was the start of magic and performing in Joel's life.

Joel has performed at numerous birthday parties and community events, including at the Jewish Federation's Mitzvah Day and at Vassar Temple.

Joel and Nadine moved to the Poughkeepsie area from Middletown. They raised two children, Marissa and Aaron. Nadine has been active in the Sisterhood at Vassar Temple and has contributed her time to the Jewish community for decades.

The world of magic is a second family for Joel. His role as S.A.M. President is the realization of his dream to advance, elevate, and preserve magic as a performing art. Joel's wife and children have joyfully embraced his passion for magic and supported his journey.

Interestingly, many magicians, including the greats, have been Jewish. Harry Houdini was the son of a Hungarian rabbi. There was the 19th-century French sleight-of-hand artist Alexander Herrmann and the 20th-century Polish-American illusionist Max Malini (Max Katz Breit) who performed for four different Presidents in the White House. More recently there is David Blaine, the illusionist who has Primo Levi's prison number tattooed on his forearm. Or Uri Geller, the Israeli mentalist who, breaking with tradition, claims that his powers are real. Or Raymond Joseph Teller, who has performed on Broadway with Penn Jillette as the duo Penn and Teller. And who could forget the great David Copperfield; Copperfield was born David Seth Kotkin in 1956. Tablet Magazine has a good article on Jewish magicians. <https://www.tabletmag.com/amp/sections/news/articles/from-houdini-to-copperfield-a-century-of-jewish-magicians>.

The connection between Jews and magic interests has a long history, some say going back to Moses. Here is a good article in New York Jewish Week - <https://jewishweek.timesofisrael.com/jewish-magic/>

Dr. Joel Zaritsky is carrying on TRADITION as a magician. Our community is blessed to have this one of kind human being. Yasher koach Joel! It is an extraordinary accomplishment becoming President of S.A.M. Mazel Tov!!

## Our Executive Director



Rosh Hashanah is a time for reflection. It is a time to connect with our past, present, and future.

This holiday season, I must admit, has been uniquely emotionally challenging for me. With one child off at college (and thankfully still there in good health), my mother no longer with us, the inability to bring family and friends together for a holiday meal, plus the inability to come together physically at synagogue to be reunited with friends has taken its toll on me....

Realizing how hard this has been, I was thinking about others, especially our senior population, and could not even contemplate what they might be feeling and experiencing during this High Holy Day season. As this pandemic started shutting down "normal life" back in February/March, JFedDC and Jewish Family Services kicked off our **Mitzvah Now** project, trying to help those who were being impacted and providing an opportunity for those who wanted to help volunteer. One of our **Mitzvah Now** projects created Shabbat Care packages to those in nursing home and rehabilitation centers. It was well received and appreciated...but unfortunately, we had to put that on hold as institutions were no longer accepting outside packages.

With the holidays upon us and with sheer hope, we reached out to the institutions to see whether they were again accepting outside packages. We were thrilled and overwhelmed to receive the answer of yes! A small team quickly put together **60 Rosh Hashana Care Packages for members of our community in 9 different locations!** We also were able to meet one group outside to share some songs, prayers, and shofar blowing. This connection and creating community is something that we at JFedDC and Jewish Family Services take to heart. Going forward, as we plan to continue doing similar things on a regular basis, we want to invite you to join us. If you are interested, call us, email us, or sign up on our website: [www.jewishdutchess.org/mitzvah-now](http://www.jewishdutchess.org/mitzvah-now)

So with the arrival of the New Year, on behalf of the JFedDC, Jewish Family Services, PJ Library Mid Hudson Valley, **Mitzvah Now**, Learn & Lunch Bunch & more; we wish you a happy, HEALTHY, and sweet New Year!

Shana Tova, Karen Hochhauser



Batgirl and Batman, who are sometimes seen at the same time as Nadine and Joel. Batman Joel with his daughter Marissa as Robin.

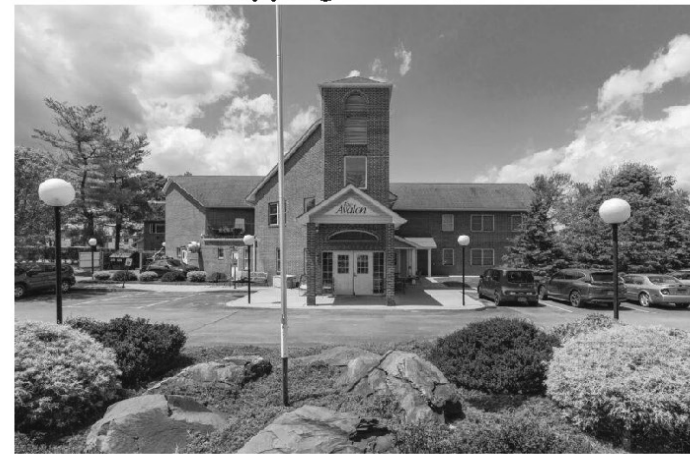


Joel in All Batman outfits with grand boys Joel Stuts, Aaron with his wife Nadine (Copperfield's Adam West (Hannu) and Ben West (Robin)). Joel Zaritsky with his wife Nadine and grandsons.

# the Avalon

Assisted Living & Wellness Center

Wappingers Falls, NY



*The next step in a life worth living.*

A safe alternative to nursing home placement, serving those who need assistance with daily living.

Locally owned and operated, accepting Medicaid and private funds, the Avalon offers 24/7 services from certified staff. Call us today to see how we can help.

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Fax: 845-463-2159

1629 Route 376  
Wappingers Falls, NY 12590

[WWW.AVALONALP.COM](http://WWW.AVALONALP.COM)

Last month we highlighted many business in our community. Each business had a special coupon so be sure to grab last month's paper (or call the office (845) 471-9811 if you need a copy) and take advantage of all the money saving offers from:

**Poughkeepsie Businesses**

- Acorn Stairlifts
- Avon
- Barber Haus
- B-Stitched Designs
- Body Be Well Pilates
- Challah Pixie
- Crafted Kup
- Crew Restaurant & Bar
- Debra M Salon
- EID Photography
- Family Smiles of the Hudson Valley
- Farmers & Chefs Restaurant
- Gellen Law PLLC
- Gilman & Ciocia
- Greystone Programs
- Hudson Valley Animal Rescue and Sanctuary
- JGS
- Just in Time Productions
- La Cabanita
- Lewis & Greer
- Meowpress Design
- Mike Arteaga's
- Miller & Sons Funeral Home
- Newman's Nosh Deli
- Nexamp Solar Panels
- Noshi's Coney Island
- Oblong Books and Music
- Paula's Public House

- Present Artifacts
- Raymour Flannigan Outlet
- Red Cap Cleaners
- Rose & Kiernan
- Rudy's Bagels
- Shadows on the Hudson
- Silver Star Agency
- Sugar & Spice
- The Avalon
- The Music Box
- The Pastry Garden
- The Tomato Café
- The UPS Store
- Willow Dance Center

**South Businesses**

- Hudson Beach Glass
- Hudson Valley Renegades
- Meyer's Olde Dutch

**North Businesses**

- Beekman Delamater Inn
- Clinton Vineyards
- Farmer's Collective NY
- Haldora
- Hyde Park Brewing Co.
- Minuteman Press
- Rhinebeck Department Store
- Sharp Images Photographic
- Village Pizza & Restaurant

To view complete listing of Holiday schedule please visit <http://jewishdutchess.org>

**Congregation Shir Chadash  
Interim Home @ Freedom Plains United Presbyterian Church  
Rt 55 & Stringham Rd, LaGrangeville, NY**

Friday, October 2,	7:30PM	Family Sukkot Service
Friday, October 9,	7:30PM	Family Simchat Torah Service

**Congregation Schomre Israel  
18 Park Ave, Poughkeepsie**

Friday, October 2,	6:15PM	Mincha/Maariv
	6:16PM	Candle lighting
Saturday, October 3	9:00AM	Shacharit
	6:30PM	Mincha/Maariv
	After 7:15PM	Candle lighting
Sunday, October 4	9:00AM	Shacharit
	6:00PM	Mincha/Maariv
	6:30PM	Havdallah
	7:14PM	Yom Tov ends
Mon-Thurs, October 5-8	7:00AM	Shacharit
Friday, October 9	7:00AM	Shacharit
	5:00PM	Mincha/Maariv
	6:04PM	Candle lighting
Saturday, October 10	9:00AM	Shacharit
	10:30AM	Yizkor
	7:40PM	Maariv/Hakafot
	After 7:04PM	Candle lighting
Sunday, October 22	9:00AM	Shacharit
	10:00AM	Hakafot
	5:50PM	Mincha/Maariv
	7:02PM	Yom Tov ends

**Temple Beth-El High Holidays  
"Resiliency in a Troubled World" 2020/5781**

All offerings will be virtual an open to all—go to: [tbeny.org](http://tbeny.org) for details

**SUKKOT**

Friday, October 2	8:00PM	Friday Night/Sukkot Maariv
Saturday October 3	10:00AM	Shabbat/Sukkot Day I Shacharit
Sunday October 7	9:30AM	Sukkot Day II Shacharit

**SHEMINI ATZERET & SIMCHAT TORAH**

Friday, October 9	8:00PM	Shabbat/Shemini Atzeret Maariv/Yizkor
Saturday, October 10	10:00AM	Shabbat/Shemini Atzeret Maariv/Yizkor
	6:30PM	Simchat Torah Maariv and Torah Celebration
Sunday, October 11	10:00AM	Simchat Torah Shacharit

**Vassar Temple  
140 Hooker Ave, Poughkeepsie**

We will be featuring special programming during four of its weekly Friday evening services during October. Everyone can join in with the Zoom link available from [office@vassartemple.org](mailto:office@vassartemple.org) or (845) 454-2570.

Friday, October 2,	6:00PM	Shabbat/Sukkot—Family friendly blessings for the Sabbath and Sukkot
Friday, October 9	6:00PM	Shabbat/Simchat Torah Service—Family friendly festivities, worship, learning and song.
Friday, October 23	7:30PM	Shabbat Noach Service—Family friendly celebration of our beloved pets
Friday, October 30	7:30PM	Confirmation/Shabbat Service—Four teenage Confirmants will lead the service and discuss the meaning of Judaism in their lives.

**Congregation Emanuel of the Hudson Valley  
243 Albany Ave, Kingston**

Friday, October 2,	6:00PM	Sukkot Festival—livestreamed
Saturday, October 3	10:00AM	Morning Minyan—livestreamed
Friday, October 9	7:00PM	Yizkor Service—livestreamed
	7:30PM	Kabbalat Shabbat—livestreamed
Saturday, October 10	10:00AM	Hakafot Services

(Kosher on the Farm continued from page 4)

Kosher market at the farm that features what he calls "Kosher comfort food". Pickles, challah bread, lox, white fish, herring and other nostalgic delicacies can be had until they run out. He plans on adding meat and poultry items soon as well as more stock for the upcoming Jewish holidays. The prices are remarkably fair for these hard to find items and the idea behind the market is to engage more of the community. In fact, 13% of the US consumer population regularly buys Kosher food and in Dutchess County it is difficult to obtain.



Rabbi Zalman has high hopes for the future of his farm that include agri-tourism and more Jewish educational opportunities. He says that being a farmer has made him realize "everything is created with a purpose. Even spiders and goats have a mission that keeps them busy. We can learn from them to be doing our mission of making the world a better place."



If you would like to learn more about the farm you may visit their Facebook page or go to: [https://www.mypardess.org/templates/articlecco\\_cdo/aid/3182496/jewish/Mission.htm](https://www.mypardess.org/templates/articlecco_cdo/aid/3182496/jewish/Mission.htm).

The farm is located at 171 Blue Hill Rd Hopewell Junction, NY 12533.

**CHECK organizers' WEBSITES for UPDATED STATUS & INFORMATION!!**

**Virtual Concert by: Nefesh Mountain**

Through a partnership with other small URJ congregations, Vassar Temple is excited to be able to present to you *Nefesh Mountain* in concert. The musical ensemble *Nefesh Mountain* is where American music intersects with Jewish culture and tradition. Husband and wife Eric Lindberg and Doni Zasloff are the heart of this eclectic offering, and share their love for all American music from Blue Grass to jazz, interwoven with elements from their Jewish heritage. Complete with adept string virtuosity, they play and sing songs of the heart, creating music with a sense of diversity, oneness, and purpose for our world today.

**DETAILS**  
Friday, October 9, 8:00PM. For more info on how to access the virtual concert, contact the temple at [office@vassartemple.org](mailto:office@vassartemple.org) or call (845) 454-2570.



PJ Library Office gets a makeover

**New Paths Morning Worship**

The moving liturgy of the New Paths prayer book includes both traditional and contemporary writings, mostly in English and participants may bring supplemental materials to share. We take the time to let the service get through us, rather than getting through the service. Each New Paths service, whether lay led or rabbi led, provides a unique and thoughtful shabbat morning experience. A brief mini-kiddush follows (BYO wine or grape juice).

**DETAILS**  
October 3, 17, 10:15am, via Zoom. For info, contact Vassar Temple: [office@vassartemple.org](mailto:office@vassartemple.org) or (845) 454-2570 or Marian Schwartz: [mchw9882@aol.com](mailto:mchw9882@aol.com) or Rabbi Altman: [rabi@vassartemple.org](mailto:rabi@vassartemple.org)

**Return of Yiddish Club**

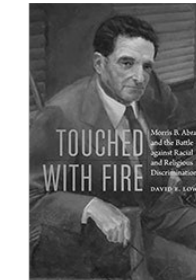
We have reestablished a Yiddish club! If you want to speak a bisele, to chap a nosh, to schmooze; then this club is for you. The Yiddish club will be a nostalgic trip to the times and culture of our bubbies and zeydies, mixed with Yiddish music, Yiddish comedy, Yiddish learning, Yiddish Hanae as well as a look at how Yiddish is faring in contemporary times. As with all events and programs spearheaded by Schomre Israel, this is intended to be open to all in the community. You don't need to be fluent in the language.

**DETAILS**  
4th Thursday each month, 10:00am, Schomre Israel. Interested contact us at (845) 454-2890 or email: [schomre1@aol.com](mailto:schomre1@aol.com).

**44th Annual William & Sadie Effron Lecture in Jewish Studies at Marist College**

Speaker: David E. Lowe, author of the recent book: *Touched with Fire: Morris B. Abram and the Battle against Racial and Religious Discrimination*, which won the prestigious National Jewish Book Award for Biography in 2019

**DETAILS:**  
Virtual Event  
Tues, October 27  
6:00pm



Registration required. For info email Dr. Joshua Kotzin at: [Joshua.kotzin@marist.edu](mailto:Joshua.kotzin@marist.edu) <http://mari.st/effronlecture>

**Bob Abrams Receives Arnold Award**

Robert Abrams has been selected 2020 recipient of Vassar Temple's prestigious Arnold Award. This honor, named for Rabbi Emeritus Stephen A. Arnold, recognizes outstanding contributors to the religious and spiritual life at the Temple, including the areas of learning, worship and community service. As a member of the Ritual Committee Bob has organized the special services and celebrations for Sukkot and Simchat Torah for many years. He is Music Committee Chairman and is responsible for the musical enhancements to the Temple's worship services year round. In this capacity he has also coordinated the cantorial program, organized concerts, and developed music-related fundraisers for the Temple. Bob has led singing during virtual Shabbat services, bringing the sound of Shabbat to us in our homes as we sheltered in place. During his years as Men's Club President he worked on Lunch Box, Sukkah construction & take-down, Men's Club Shabbat service, and Purim Dinner, as well as on projects to maintain and beautify our temple home. Over the years, Bob has served in many leadership positions on Temple committees and on the Board, including Temple President. In all of these capacities he has always warded off conflict and brought people together, exemplifying grace and promoting shalom bayit in whatever capacity he is serving the congregation.



**2020 Holiday Greetings**

It's almost that time of the year when The Voice invites you to wish your friends and neighbors a Happy Holiday.

This year we will once again be offering a 3-pack of Holiday Greetings which includes: Passover, Rosh Hashanah, and Chanukah.

Please look at the designs and choose an individual greeting or the 3-pack. If you choose the 3-pack, please choose the same size ad for all holidays.

The cost: Small ad: \$30 each or 3 for \$80  
Medium ad: \$40 each or 3 for \$110  
Large ad: \$70 each or 3 for \$190

Sm Ads—2" by 1.4"  
Md Ads—1.5" by 2.9"  
Lg Ads—3.2" by 2.7"  
Approximate sizes

Please fill out the form and mail it back to us with your payments to:

THE VOICE, PO Box 2525, Poughkeepsie, NY 12603  
Or complete online: [www.jewishdutchess.org](http://www.jewishdutchess.org)  
**DEADLINE** for Chanukah Greeting due November 8

**2020 Holiday Greetings**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Holiday	Small	Medium	Large
Passover (circle one)	A B	C D	E F
Rosh Hashanah (circle one)	A B	C D	E F
Chanukah (circle one)	A B	C D	E F

Your name(s) on the Greeting: \_\_\_\_\_

Checks should be made out to:  
**Jewish Federation of Dutchess County**

Passover Greetings		Rosh Hashanah Greetings		Chanukah Greetings	
<b>Small—A</b> Peace to you this Passover! Your Name	<b>Medium—C</b> Happy Passover Your Name	<b>Small—A</b> Happy Rosh Hashanah Your Name	<b>Medium—C</b> May the sounds of the Shofar welcome in a New Year of health and happiness Your Name	<b>Small—A</b> Peace to all! Your Name	<b>Medium—C</b> Wishing you peace in this season of miracles! Your Name
<b>Small—B</b> Happy Passover Your Name	<b>Medium—D</b> May you be blessed with peace, prosperity, and joy this Passover Your Name	<b>Small—B</b> Have a Sweet New Year! Your Name	<b>Medium—D</b> L'Shanah Tovah Your Name	<b>Small—B</b> Hanukkah Blessings Your Name	<b>Medium—D</b> HAPPY Hanukkah! Your Name
<b>Large—E</b> Passover Blessings Your Name	<b>Large—F</b> Chag Pesach Sameach Your Name	<b>Large—E</b> Best Wishes for a Happy & Healthy New Year! Your Name	<b>Large—F</b> Happy New Year! Your Name	<b>Large—E</b> From Our Family to Yours, Happy Hanukkah! Your Name	<b>Large—F</b> May your Hanukkah shine bright with happiness! Your Name

# Local

## Sunday

**Bagels, Lox, Torah (Tefillin too!)** 9:00am led by Rabbi Yacov Borenstein. Morning minyan will follow Torah discussion on the coming week's Torah portion, upcoming holiday, or topic of Jewish interest.

**Temple Beth-El Serves at Lunchbox** Call Nancy Judson (845) 216-7563 to help in this mitzvah. Contact Temple Beth-El at [info@tbeny.org](mailto:info@tbeny.org) for current information.

**Congregation Schomre Israel 4K (Kvetching, Kvelling, Kibbutzin, Koffee)** Last Sunday of the month, 10:00am. A different topic is presented each month.

## Monday

**Congregation Schomre Israel Chair Yoga** with Toni Farkas 11:30am. \$5 per session. All welcome.

**Temple Beth-El Board Meeting** 7:30pm. Temple Beth-El Board of Trustees meeting. Contact Temple Beth-El at [info@tbeny.org](mailto:info@tbeny.org) for current information.

## Wednesday

**Learn & Lunch Bunch** Wednesdays, 11:00am-1:30pm. 118 So. Grand Ave, Poughkeepsie. Please RSVP each week by Monday so that we can prepare appropriate amounts of food. For information, menu, and program schedule; see page 2 of *The Voice* or contact (845) 471-9811.

## Thursday

**Return of the Yiddish Club** See page 10 for more information.

## Friday

**Congregation Shir Chadash Virtual Kabbalat Shabbat Service** October 16, 23, 30, 7:30pm. Virtual Evening Service with Rabbi Daniel F. Polish & Cantor Gail Hirschenfang. You are welcome to read a prayer of your choice or write one and read it at the service, if you wish. For Zoom meeting id: <https://www.facebook.com/pg/shirchadashhv/posts/> or [www.shir-chadash.org](http://www.shir-chadash.org). All welcome to attend.

**Congregation Shir Chadash Virtual Family Sukkot Service** October 2, 7:30pm. Virtual family service and evening service with Rabbi Daniel F. Polish & Cantor Gail Hirschenfang. Find out what Sukkot is all about and how it related to today's times. You are welcome to read a prayer of your choice or write one and read it at the service, if you wish. For Zoom meeting id: <https://www.facebook.com/pg/shirchadashhv/posts/> or [www.shir-chadash.org](http://www.shir-chadash.org). All welcome to attend.

**Congregation Shir Chadash Virtual Family Simchat Torah Service** October 9, 7:30PM Service with Rabbi Daniel Polish & Cantor Gail For Zoom meeting id: <https://www.facebook.com/pg/shirchadashhv/posts/> or [www.shir-chadash.org](http://www.shir-chadash.org). All welcome to attend. il Hirschenfang. Come and participate in the cycle of finishing & re-starting the reading of the Torah.

**Vassar Temple Shabbat Evening Service** October, 2, 9, 6:00pm and October 16, 23, 30, 7:30pm. All service are on Zoom go to [www.vassartemple.org](http://www.vassartemple.org) for link.

**Temple Beth-El Evening Service** each week, 8:00pm, Conservative, egalitarian service. All welcome. Contact Temple Beth-El at [info@tbeny.org](mailto:info@tbeny.org) for current information.

## Saturday

**Congregation Shir Chadash Virtual Religious School Programs** October 17, 31, 9:30-10:15am. Shir Chadash would like you and your family to experience our virtual religious school for FREE for 1 month. Children learn about Jewish culture, holidays, Israel and history while having fun and making friends. Classes Preschool—Grade 3 9:30-10:15 and Grades 4-7 10:30-11:15. For Zoom meeting id: <https://www.facebook.com/pg/shirchadashhv/posts/> or [www.shir-chadash.org](http://www.shir-chadash.org). All welcome to attend.

**Congregation Shir Chadash Virtual Tot Program** October 17, 31, 9:30-10:15am. Children ages 3-5, accompanied by an adult, learn through doing crafts, food, and games. The class is open to all families and free of charge. For Zoom meeting id: <https://www.facebook.com/pg/shirchadashhv/posts/> or [www.shir-chadash.org](http://www.shir-chadash.org). All welcome to attend.

**Congregation Shir Chadash Virtual Torah Study** October 17, 31, 9:15-10:30am. While enjoying a light breakfast from the comfort of your own home, engage in an informal discussion about the Torah portion of the week with Rabbi Polish; everyone has a chance to participate. No expertise or knowledge of Hebrew is needed— just an inquisitive mind, a curiosity about our tradition, and a willingness to share your thoughts. For Zoom meeting id: <https://www.facebook.com/pg/shirchadashhv/posts/> or [www.shir-chadash.org](http://www.shir-chadash.org), (845) 232-1029. All welcome to attend.

**Congregation Shir Chadash Morning Torah Service** Recessed until the Fall 10:45-11:30am.

**Congregation Schomre Israel Night at the Movies** October 17, 8:00PM. We will be screening *David Meyer*, 2013 Winner of the Moondance Film Festival for Best Picture. Please bring your own snacks to be enjoyed in your vehicle while watching the movie.

**Vassar Temple New Paths Shabbat Morning Worship** October 3, 17, 10:15am. Service via Zoom.

**Vassar Temple Yizkor** October 10, 10:30am.

**Temple Beth-El Shabbat Morning Service** Every week, 9:30am. Lively, inclusive, Conservative, egalitarian Shabbat. Contact Temple Beth-El at [info@tbeny.org](mailto:info@tbeny.org) for current information.

# Out of Area

## Congregation Emanuel of the Hudson Valley Events

243 Albany Ave, Kingston, NY 12401 (845) 338-4271 [www.templemanuelkingston.org](http://www.templemanuelkingston.org).

All services held in our chapel are available to live stream. Visit our website: [www.cehv.org](http://www.cehv.org) and click on the live stream link on the homepage. You can also view archived services and classes.

Congregation Emanuel of the Hudson Valley follows CDC recommendations in regard to COVID-19 precautions to ensure the health and safety of our community. At the time of submission, all events are being held online. Please visit [www.cehv.org](http://www.cehv.org) or call (845) 338-4271 x 101 for updates and changes to location for events.

**All services are held virtually via Live Stream: [www.cehv.org/livestream/](http://www.cehv.org/livestream/)**

**Early Family Kabbalat Shabbat** Friday, October 2, 6:00pm.

**Kabbalat Shabbat** Friday, October 9, 16, 23, 30, 7:30pm. October 9, preceded by 7:00pm by Yizkor.

**Tot Shabbat** Saturday, October 17, 9:00am. Introduce your tot to Shabbat through music with Rabbi Yael Romer and her guitar.

**Religious School 2020/2021** Registration is open. Saturdays beginning September 12, 9:30am – 12:30pm. Now offering Pre-K class from 9:30am to 11:00 am. Call Samara Genee (845) 338-4271 x110 for more info.

**Morning Minyan** Saturday, October 3 (Sukkot), 10 (Simchat Torah) 17 (preceded at 9:00am by Tot Shabbat), 24, 31, 10:00am. Communal prayer, meditation and Torah study.

**Monthly Brotherhood Meeting** Tuesday, October 13. New members are welcome to join.

**Monthly Sisterhood Meeting** New members are welcome to join. Contact the office to get on the email list (845) 338-4271.

**All following classes and special events are held via Zoom.** Please call the (845) -3.38-4271 x101 or email: [templemanuelaa@hvc.rr.com](mailto:templemanuelaa@hvc.rr.com) or [CEHVwebmaster@gmail.com](mailto:CEHVwebmaster@gmail.com) for class links and passwords.

**Chai with Rabbi Yael** Every Monday, October 5, 12, 19, 9:00am and Thursday, October 1, 8, 15, 22, 5:00pm. Rabbi Yael leads special 18-minute sessions via Zoom

**Rhinebeck Meditation & Torah Study** Tuesday, October 6, 13, 20, 8:45am, followed at 9:15am by Torah Study Led by Rabbi Yael Romer, join your fellow seekers to receive the day's blessings and explore Jewish traditions with a progressive, egalitarian approach.

**Ongoing Adult Education with the Rabbi :**

**Hebrew Trope** Wednesday, October 7, 14, 21,12:30pm.

**Conversational Hebrew (Beginner and Intermediate)** Wednesday, October 7, 14,21, 4:00pm.

Meditation and Parashat Shuvah, Kabbalah, Private Conversion Tutorials, Adult B'nai Mitzvah by arrangement, and other special programming available at CEHV. Please contact our office to sign up.

# Calendar

## October

### REGULAR SCHEDULE OF SERVICES

<b>Beacon Hebrew Alliance (Conservative)</b>	
331 Verplanck Avenue, Beacon (845) 831-2012 Rabbi Brent Spodek; Cantor Ellen Gersh; Education Director, Ashley Baker Website: <a href="http://www.beaconhebrewalliance.org">www.beaconhebrewalliance.org</a> Email: <a href="mailto:411@beaconhebrewalliance.org">411@beaconhebrewalliance.org</a> Services: Fridays, 7:30pm and alternating Saturdays at 9:30am. Visit website for information about services, religious school, and community events	
<b>Chabad of Mid-Hudson Valley</b>	
63 Vassar Road, Poughkeepsie (845) 463-5801 Rabbi Yacov Borenstein Website: <a href="http://www.chabadmidhudsonvalley.com">www.chabadmidhudsonvalley.com</a> Email: <a href="mailto:ChabadMidHudsonVlv@prodigy.net">ChabadMidHudsonVlv@prodigy.net</a> Services: Fridays, call for time and Saturdays at 10:00am	
<b>Congregation Beth David (Reform)</b>	
East Main Street, Amenia (845) 373-8264 Rabbi Jon Haddon Website: <a href="http://www.CongBethDavid.org">www.CongBethDavid.org</a> Email: <a href="mailto:JonRab33@gmail.com">JonRab33@gmail.com</a> Services: usually Saturdays, 10:00am twice monthly except January and February; call for schedules	
<b>Congregation Schomre Israel (Orthodox)</b>	
18 Park Avenue, Poughkeepsie (845) 454-2890 Rabbi Shlomo Krasner Website: <a href="http://www.schomreisrael.org">www.schomreisrael.org</a> Email: <a href="mailto:rabbishlomok@gmail.com">rabbishlomok@gmail.com</a> Services: Monday-Thursday, 7:00am, Sunday, 8:00am, Saturday, 9:00am Sunday-Thursday 7:00pm Shabbat Services vary depending on sundown	
<b>Congregation Shir Chadash (Reform)</b>	
Interim: Freedom Plains Presbyterian Church, Lagrange (845) 232-1029 Rabbi Daniel Polish, Cantor Gail Hirschenfang Website: <a href="http://www.shir-chadash.org">www.shir-chadash.org</a> Email: <a href="mailto:info@shir-chadash.org">info@shir-chadash.org</a> Services: Friday, 7:30pm; bimonthly Saturday children's religious school, 9:00am, Torah study, 9:15	
<b>Pardess Center for Jewish Life</b>	
(845) 440-7592 Rabbi Zalman Sandhaus Website: <a href="http://www.MyPardess.org">www.MyPardess.org</a> Email: <a href="mailto:info@MyPardess.org">info@MyPardess.org</a>	
<b>The Rhinebeck Jewish Center</b>	
102 Montgomery Street, Rhinebeck (845) 876-7666 Rabbi Hanoach Hecht and Rebbitzin Tzivie Hecht Website: <a href="http://www.RhinebeckJewishCenter.com">www.RhinebeckJewishCenter.com</a> Email: <a href="mailto:RSVP@RhinebeckJewishCenter.com">RSVP@RhinebeckJewishCenter.com</a> Friday services call for time; Saturday services, 9:30am	
<b>Temple Beth El (Conservative)</b>	
118 So Grand Avenue, Poughkeepsie (845) 454-0570 Rabbi Daniel Victor, Rosh Tefilah Rabbi Miriam Hyman Email: <a href="mailto:info@tbeny.org">info@tbeny.org</a> Website: <a href="http://www.tbeny.org">www.tbeny.org</a> Services: Friday, 8:00pm, Saturday Shabbat service at 9:30am, weekdays, 7:30am daily	
<b>Vassar College Bayit</b>	
51 Collegeview Avenue, Poughkeepsie (845) 451-3920 Liz Aeschlimann, Rose and Irving Rachlin Director of Jewish Student Life at Vassar College Email: <a href="mailto:eaeschlimann@vassar.edu">eaeschlimann@vassar.edu</a> Services: Friday, 6:00pm service, 7:00pm dinner when school is in session	
<b>Vassar Temple (Reform)</b>	
140 Hooker Avenue, Poughkeepsie (845) 454-2570 Rabbi Renni Altman Website: <a href="http://www.vassartemple.org">www.vassartemple.org</a> Email: <a href="mailto:Office@VassarTemple.org">Office@VassarTemple.org</a> or <a href="mailto:rabi@vassartemple.org">rabi@vassartemple.org</a> Services: Friday, 7:30pm unless otherwise noted, Torah study Saturday, 9:00am, New Paths 1 <sup>st</sup> and 3 <sup>rd</sup> Saturday every month, 10:00am unless otherwise noted.	
<b>October Candle Lighting</b>	
<b>October 2</b> .....	<b>6:17pm</b>
<b>October 3</b> .....	<b>after 7:14pm</b>
<b>October 9</b> .....	<b>6:05pm</b>
<b>October 10</b> .....	<b>after 7:03pm</b>
<b>October 16</b> .....	<b>5:54pm</b>
<b>October 23</b> .....	<b>5:43pm</b>
<b>October 30</b> .....	<b>5:34pm</b>

Want to share your thoughts about *The Voice*? Have an idea you'd like to see in print? We're listening. Email us at [TheVoice@JewishDutchess.org](mailto:TheVoice@JewishDutchess.org)

A Special Thank You for all the help with the Federation Mitzvah Now Project with PJ Library, the Jewish Social Action Coalition, JFedDC, Congregation Schomre Israel, Congregation Shir Chadash, Temple Beth El, Vassar Temple, and the Harding Club!



Dear Mid-Hudson Valley Jewish Community,

I want to give a big Kol ha Kavod to everyone who participated in the **Mitzvah Now: Back to School Drive** for the Morse Elementary School of Poughkeepsie. Together with your generous support donating funds, shopping, decorating 200 bags, and assembling 1000s of supplies; we were able to deliver over **600 bags** filled with essential school supplies (costing approximately \$5,400) for the Morse School students. The Assistant Principal of the Morse School, Nicole Penn, thanked us deeply yesterday when we dropped off all the supplies.

This drive was the first **Mitzvah Now** collaboration bringing together the Jewish Social Action Coalition, the Jewish Federation of Dutchess County, and PJ Library to work together to benefit our community. Mitzvah Now was a virtual system developed under the leadership of Karen Hochhauser, Executive Director at the Jewish Federation, to match volunteers with those who need help in our community during the pandemic. By Mitzvah Now and PJ Library forming a strategic partnership with the Jewish Social Action Coalition Members spearheaded by Sandy Lash and Marian Schwartz—Congregation Schomre Israel, Congregation Shir Chadash, Temple Beth-El, Vassar Temple and the Harding Club—we organized **74 volunteers** from our community to help shop, assemble, and deliver hundreds of bags!

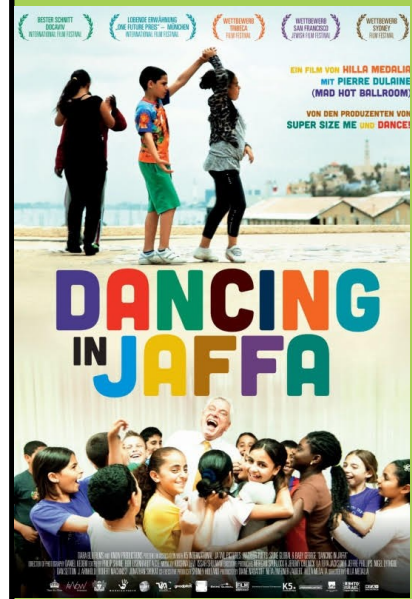
A special thank you to the Harding Club that raised \$700 in funds alone, and to Barry Rothfeld and Eliot Hudes, Harding Club members, who worked closely with the United Way to donate several additional boxes of pencils, crayons, etc. to help stock the school classrooms. Thank you as well to Temple Beth-El and Vassar Temple who raised an additional \$400 to allocate for shopping and assembling additional supplies for the next drive once school begins and additional needs are assessed.

Together we safely and generously supported our community as a community! Wishing everyone a Shanah Tovah U'Metukah!!

With Blessings, The Mitzvah Now: Back to School Morse Elementary School Drive Team



**Virtual Movie Night In**



**Wednesday,**  
**October 28**  
**7:00PM**

Special Appearance & Talk by **Pierre Dulaine**

Renowned ballroom dancer Pierre Dulaine takes his program, **Dancing Classrooms** back to his city of birth, Jaffa, to teach Jewish and Palestinian Israelis to dance and compete together.



**Register at:**  
[www.jewishdutchess.org/events](http://www.jewishdutchess.org/events)



**Let's Bring in the New Year Together with Gratitude!**

PJ Library Mid-Hudson Valley is excited to launch:

**Generation Gratitude: "Families Developing Gratitude Together"**

with our Community Partners **Mindful Yoga with Liz** and **The Sensory Space**

Generation Gratitude is designed to be an immersive experience for PJ Library families (with children ages 0 to 5) to intentionally develop ways to cultivate gratitude as a family, and a cohort. If you are interested please register at [pjlibrary@jewishdutchess.org](mailto:pjlibrary@jewishdutchess.org) or text/call 845-475-2704 by 10/1/20

Virtual Seminar will be offered Oct-Dec 2020 and includes:

- Family Yoga with Mindful Yoga with Liz
- Mindfulness and Movement Techniques with The Sensory Space
- Story Time, Craft and Parent Education
- Post-Bedtime Classes with PJ Library MHV and Partners

This program made possible through a grant from PJ Library, a program of the Harold Grinspoon Foundation.

