

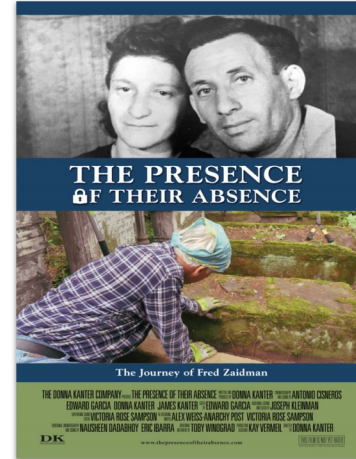
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THE PRESENCE OF THEIR ABSENCE

A Screening and Discussion with Filmmaker Donna Kanter

Presented by The Bard College Jewish Studies Program, The Bard College Institute of Advanced Theology, The Rhinebeck Reformed Church, and The Jewish Federation of Dutchess County

TUESDAY, NOVEMBER 5
 6:00 PM (RECEPTION)
 6:30 PM (SCREENING)



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THE PRESENCE OF THEIR ABSENCE is the amazing story of a Los Angeles man seeking his roots in the ashes of the Holocaust. We follow Fred Zaidman, the son of Holocaust survivors, on a journey to trace his inherited trauma. Armed with determination and scant clues from his late parents, he ventures into the unknown. With helpers in Poland, Israel, and Germany, and an unlikely source – a Baptist minister in Atlanta who guides him through a cemetery in Poland – Fred finds his roots in the ashes of the Shoah, unshackles his pain, and through the puzzle of his ancestral past reconstructs his future.

For more information, please contact Bruce Chilton at chilton@bard.edu, Luis Peres at dominiperes@gmail.com, or Karen Hochhauser at director@jewishdutchess.org.





“THE HIT AFTER THE HOLIDAYS!”
2nd Annual JFedDC
Wiffle Ball Tournament 2019 & BBQ

- **Date:** Sunday, October 27
- **Start Time:** 12:00/12:30 (after Sunday School)
- **Where:** Congregation Schomre Israel Side Lawn
 18 Park Ave, Poughkeepsie, NY

Concession stand will include kosher hamburgers,
 hot dogs, snacks, & drinks.

ENTRANCE FEE: \$50 per team
 T-Shirts: \$8/shirt
 Start your own team OR come join an existing one!

Bringing together the community and culturally uniting everyone
 for a fun filled day of food, friends, & wiffleball.
 Children and Adults of every age WELCOME!
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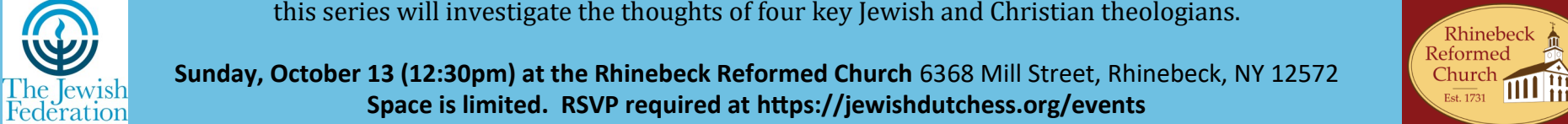
To Register: Contact Mark Klein
 office (845) 896-4803 or cell (914) 204-1190



Lunch & Learn North

“The Rise of Hate— the Jewish and Christian Response” with Dr. Bruce Chilton of Bard College Part 2 of 4
 Last month we looked at Buber; during part 2 we will be looking at Dietrich Bonhoeffer.
 Framing an understanding of this terrible paradox and offering the prospect of genuine progress,
 this series will investigate the thoughts of four key Jewish and Christian theologians.

Sunday, October 13 (12:30pm) at the Rhinebeck Reformed Church 6368 Mill Street, Rhinebeck, NY 12572
 Space is limited. RSVP required at <https://jewishdutchess.org/events>



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Judaism and Veganism: No Coincidence by Jeffrey Spitz Cohan and Jonah Ritter

Israel is the first and only nation to be called the “Vegan Nation” due to the dietary practices of so many in its population. What does this lifestyle have to offer?

Technological innovation, the overwhelming urge to innovate, and a diet rich in vegetables, fruits, nuts, beans, seeds and spices are defining features of Israel's vegan movement and its inexorable rise in Israel. But, one could say that vegan is the “DNA” of Israelis. Where does this “DNA” come from?

Veganism and vegetarian diets make sense historically in the Israeli diet because eating from the land has always been significant. In Israel people do not say “farm to table” – it is just how they live.

In the very first conversation with Adam and Eve in the Torah (Genesis 1:29), God tells them that plant-based foods are theirs to eat. The kosher laws in Leviticus obviously permit killing animals for food but place a variety of highly restrictive limits and conditions on eating meat. For example, pigs and shellfish are off-limits, meat may not be served with dairy products, and even some parts of a cow are not kosher. By contrast, all fruits, vegetables, grains, nuts, and legumes are permitted.

Judaism is the first religion to establish rules for the “humane” treatment of animals. For instance, in Exodus 23:5, we are told to help a donkey who is struggling to bear his load, even if the donkey belongs to our sworn enemy. We are forbidden in Deuteronomy 22:10 to yoke an ox and ass to the same plow, for neither one would be able to proceed at its natural speed. This conveys exquisite sensitivity about respecting the nature of animals. Animals are even to be given a day of rest on the Sabbath as per Exodus 20:9. Collectively, the many verses in the Torah dealing with our treatment of animals are referred to as tza'ar baalei chayim, the prohibition against causing an animal to suffer. Veganism ideals are an expression of the concern for the comfort and well-being of animals we find in the Torah. For those who are highly concerned with the moral treatment of animals, a vegan lifestyle provides a diet that suits their values.



Keeping kosher is a natural fit with a vegetarian or vegan lifestyle. We
 (Continued on page 8)

Learn & Lunch Bunch	2
Adult Education Classes	3
Views	4-5
Family & Kids Corner	6-7
Federation Presents	8
Community Outlook/Calendar	10-11
Special Events	12



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 (845) 471-9811 P
JFDC Executive Director
 Karen Hochhauser
 Director@JewishDutchess.org

The Voice
 Editor: Karen Hochhauser
 Layout: Tamra Bienemann
 MAL: Alyssa Kogon
 Reporters: Debbie Silbergleit

Subscriptions, address changes, etc.
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LEARN & LUNCH BUNCH

The Jewish Federation of Dutchess County presents weekly cultural, social, and educational programs.

WEDNESDAY PROGRAMS and MENUS

October

October 2 Closed for Rosh Hashanah

October 9 Closed for Rosh Hashanah

October 16 **Name That Tune Part 1: Come hear, name, and compete!**
 All tunes will be from your favorite oldie television shows. Prizes given!
 Menu: bagel, schmear, coffee/tea, dessert.

October 23 **Joins us for a Pound Rock-out Workout with Linda Molina.**
 We will learn cool pound workout moves as Linda instructs!
 Menu: shashuka (omelette), hash browns, pita, coffee/tea, dessert.

October 30 **Annual harvest/costume party and contest with Amy Wilson.** She will be teaching us about healing wisdoms and judging our annual costume contest! Costumes requested!
 Menu: eyeballs & worms, toxic waste punch, spooky dessert.

REGISTRATION STRONGLY REQUESTED BY MONDAY EACH WEEK FOR FOOD AND ACTIVITY PLANNING PURPOSES
 RSVP to the Jewish Federation office (845) 471-9811.
 Learn & Lunch Bunch activities are open to the public.

WHERE
 118 South Grand Ave
 Poughkeepsie, NY
 (Temple Beth-El)

SCHEDULE

11:00 –11:30am
Coffee & Nosh
 11:30 –12:30pm
Program
 12:30pm —Lunch

\$6.00—Lunch and program
 \$4.00—Program, coffee, nosh

Learn & Lunch Bunch is partially funded by the Ann & Abe Effron Fund and the Bernard & Shirley Handel Foundation Donor Advised Fund of the Community Foundations of the Hudson Valley



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Mazel Tov Memories

Send us information about what you are celebrating: birthdays, engagements, weddings, anniversaries, and simchas. We at the JFedDC want to celebrate with you and share the nachas. Send your information to thevoice@jewishdutchess.org



Mazel Tov to Scott and Lisa Sweeney on the birth of their son Samuel.

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Adult Education

Educational Opportunities Abound at Congregation Schomre Israel

Know Your Book with Rabbi Krasner Tuesdays, 10:30am.

Classes with Rabbi Krasner Thursday, 7:00pm.

Classes are free. All are welcome. View website at www.schomreIsrael.org for recordings of previous classes. For information on cancellations and class schedules, visit www.schomreIsrael.org or call (845) 454-2890.

Weekly Adult Study Groups at Vassar Temple

The Talmud: Modern Ideas from an Ancient Text Thursday, October 24, 12:00-1:30pm taught by Senior Scholar Rabbi Paul Golomb. Questions about the Talmud class? Contact Rabbi Golomb at pjgolomb@verizon.net.

Torah Study Saturdays, 9:00am with Rabbi Reni Altman, DD. Examine passages from the week's Torah portion or haftorah.

Learner's Service Saturday, October 12, 10:15-11:45am. Learn more about our service. Teaching and discussion while going through an actual service, including reading of the Torah with Rabbi Altman.

All are invited. Come learn and join in the lively discussions at both classes. No charge to attend. No previous training required. For more info or if you have questions, contact rabbi@vassartemple.org or (845) 454-2570.

Higher and Higher: Come Grow with Temple Beth-El

Metaphors for the High Holiday Experience with Rabbi Daniel Victor Thursday, September 5, 9:30am at The Crafted Kup. Three pre-high holiday conversations, and then transition into the year's topic on October 24, "What is Conservative Judaism, anyway?" You can purchase a coffee and meet with us in the back room at 44 Raymond Ave, Poughkeepsie.

Adult Discovery Course Wednesday, 8:00pm. Temple Beth-El continues this class which for many will conclude with a formal commitment by the student to embrace Jewish life. Classes are on specific Wednesdays and run approximately every two weeks through September. For more info, contact Rabbi Daniel Victor rebvictor@tbeny.org or call (845) 454-0571.

All welcome. Details at Temple Beth-El www.tbeny.org, or call (845) 454-0570, or email info@tbeny.org.

Chabad Center Classes

Torah Class: Discover the World of Prayer: Wednesdays, 11:00am at the Borenstein home, 36 Pleasant Ridge Drive, led by Hindy Borenstein. Indulge your mind with thought-provoking insights from the weekly Torah portion and other contemporary issues, and indulge your body with a light and healthy lunch.

Please visit our website www.chabadmidhudsonvalley.com.

Congregation Shir Chadash

Torah Study: Saturday, October 5, 19, 9:15am. Join us for an informal discussion about the Torah portion of the week with Rabbi Polish while enjoying a light breakfast. Everyone has a chance to participate. No Hebrew expertise or knowledge is needed - just an inquisitive mind, a curiosity about our tradition, and a willingness to share your thoughts. All are welcomed to attend.

For more information call (845) 232-1029, email info@shir-chadash.org, or website www.shir-chadash.org.

Vassar Temple's Sisterhood Book Club to Discuss *The Tattooist of Auschwitz*

We will discuss *The Tattooist of Auschwitz* based on the real-life experience of Holocaust survivor Ludwig (Lale) Sokolov. The author Heather Morris' novel has been described by critics as "a testimonial to the human spirit and the power of love to bloom in even the darkest places."

In 1942, Lale is rounded up with other Slovakian Jews and sent to Auschwitz. When his captors learn that he speaks several languages, he is put to work as a Tattooist tasked with permanently marking his fellow prisoners. One of these prisoners is a young woman named Gita - and in spite of their plight, they fall in love. Lale's position as the tattooist gives him privileges but does not shield him from the brutality of the camp. Time and again he risks his life to help his fellow prisoners. Despite the passing years and the ever present threat of death, Lale and Gita never stop believing in a future together.

DETAILS

Thursday, October 17, 2:00pm, Community Room of Collegeview Tower, 141 Fulton Avenue. The book is available in paperback at the local library. Muriel Lampell will lead the discussion. Everyone is welcome. To RSVP or for more info, contact Linda Babas—linda.babas.41@gmail.com. Book suggestions for future meetings are greatly appreciated.

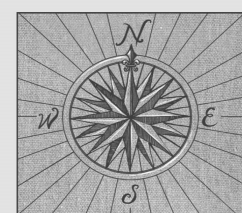


Rosh Chodesh Reading Group

Those interested in reading are invited to the Rosh Chodesh Reading Group—a potluck brunch and discussion.

Participants meet to discuss memoirs, fiction, poetry, and drama in a variety of works that offer Jewish themes and a variety of perspectives of interest. Have a suggestion, please let us know!

Date and location TBD. For info contact Sandy Lash at (845) 232-1029, infor@shir-chadash.org, or www.shir-chadash.org



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Office of the Aging

2019 SENIOR SEMINAR SCHEDULE

The Dutchess County Office for the Aging's annual "Senior Seminars" day takes place Thursday, November 7th at New Hackensack Reformed Church at 1580 Route 376, Wappingers Falls. Space and parking limitations require that you register in advance for any seminar you would like to attend, but at this point there are still plenty of seats available.

Here is the schedule for this year's seminars:

9:30am - HOME ORGANIZING FOR SENIORS - Local professional organizer Colleen Ashe will offer tips on how to ease the decluttering process.

TAI CHI and A MATTER OF BALANCE - Find out about two great Office for the Aging programs, both of which can provide help in preventing falls.

FRIENDS OF SENIORS - Learn more about one of the county's most active volunteer groups. Friends of Seniors has been providing basic support services to older adults for over 15 years.

10:30am - ASK THE COUNTY EXECUTIVE - A chance to get your questions about county government answered directly by County Executive Marcus J. Molinaro.

SOCIAL SECURITY - Maximize what Social Security can do for you and your loved ones with Social Security Administration Public Affairs Specialist Vincent Scocozza.

PROBLEM GAMBLING - Compulsive gambling can manifest itself later in life. Learn about senior gambling issues with Amanda Quintana of the Mid Hudson Gambling Problem Resource Center.

11:30am - CENTRAL HUDSON AND YOU - Whether you are looking to save energy year round or are looking for assistance in keeping up with utility bills, find out more from Central Hudson Consumer Outreach Specialist Danielle Whiteley.

MEDICARE AND YOUR OPTIONS - Tailor your Medicare services to meet your specific needs. Find out how with OFA Services Specialist Maggie Kwet.

SAVE YOURSELF FROM SCAMS - Easy scam prevention tips from Office for the Aging Outreach Coordinator Brian Jones.

Light refreshments will be available. Sign up for one seminar in one, two, or all three time slots. To reserve your space, call (845) 486-2555. All speakers' schedules are subject to change.

Golden Living is prepared by the Dutchess County Office for the Aging, 114 Delafield St., Poughkeepsie, New York 12601, telephone: (845) 486-2555, email: ofa@dutchessny.gov website: www.dutchessny.gov/aging

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HUDSON VALLEY PHILHARMONIC

MOON LANDING

SATURDAY, OCTOBER 26 - 8PM AT THE BARDAVON

The HVP's 60th season celebrates the 50th anniversary of the moon landing with Mozart's "Jupiter," Prokofiev's violin concerto with an HVP String Competition winner and Ravel's suite from *Daphnis et Chloé* with projected images from outer space.

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Made possible through the generous support of Rhinebeck Bank, the Dr. Edwin Ulrich Charitable Trust, the Vassar Brothers Institute, the Norman & Jeannie Greene Fund of the Poughkeepsie Public Library District, the Bruderhof and WMHT.

Articles and Letters to the Editor Policy

The Voice welcomes articles and letters to the editor. Letters must not exceed 300 words and must be dated and signed with current address and daytime telephone number. *The Voice* reserves the right to edit letters. Email submissions to theVoice@JewishDutchess.org

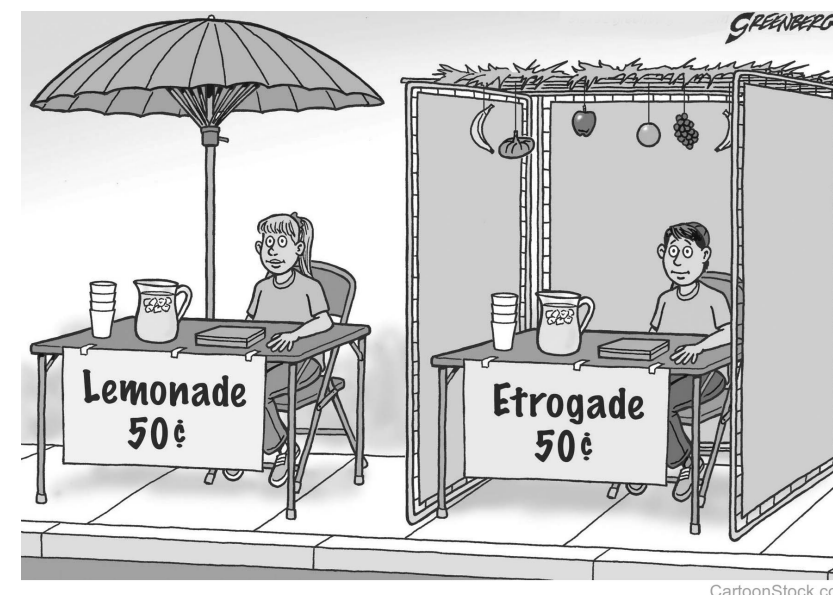
Disclaimer:

Please note that the articles submitted are the viewpoints of the authors and do not necessarily represent the position of JFedDC.

VOICE DEADLINES

Note deadlines listed. Email TheVoice@JewishDutchess.org if you have questions.

ISSUE	DEADLINE
November	October 1
December	November 1
January	December 1



HARDING CLUB IS IN ITS 96TH YEAR

The Harding Club is a Jewish social club for men interested in camaraderie, community philanthropy, good food, and Jewish culture. The club has been around since 1923 and still is going strong.

The club meets twice per month at a local restaurant, where good food and interesting speakers are always in great supply. The club is a major sponsor of the PJ Library, it helps with the distribution of much needed food to the needy children of Poughkeepsie's Morse School, and, among other things, supports projects of the Jewish Federation.

This year, on October 27, we will be defending our hard-won, one-year-old Federation Wiffle Ball Championship. We hope to see many fans out there cheering us on to another victory.

Here is a quick look at some upcoming programs:

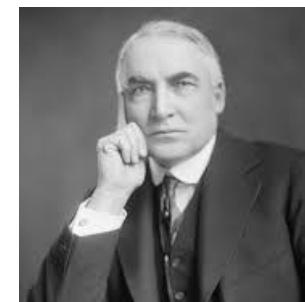
- **October 16:** Ron Rosen will speak about his work on the Appalachian Trail
- **October 30:** Robert Goff will discuss Medical Debt
- **November 6:** Members of the local Astronomical Society will make a presentation on the Night Sky. This program will be open to Harding Club members and their wives or significant others.

Look for the next issue of *The Voice* for more programs. There is room for new members. If you are interested in becoming a member, please send an email to this address: hardingclub1923@gmail.com. Your first two trial meetings entitle you to a meal at our expense.

We meet alternate Wednesdays at 6:15, usually at Joe Willys Restaurant in Wappingers.

It would be great to hear from many of you!!!

Alan Fox, president; Mike Elkin, vice president; Lou Newman, secretary; Bernie Cohen, treasurer; Martin Hochhauser, sergeant-at-arms



Dear Secret Keeper,

Yup! Secret is out!. The Learn & Lunch Bunch meets every Wednesday morning at Temple Beth-El at 11:30am. Join us for fun, friends, and great food! Come on down; bring friends! You'll be glad you did!!

Rabbi's Blog

JFedDC and Congregation Schomre Israel Welcomes New Rabbi

Schomre Israel extends a warm welcome to Rabbi Shlomo Krasner who came to our community in September. He brings energy, enthusiasm, and dedication to his new position. He took some time from settling in to his new home in Poughkeepsie to write about his background and vision.



Rabbi Shlomo Krasner

"I was blessed to have been able to study in Yeshivas Ner Yisroel of Baltimore, and I hope to be able to stand upon the shoulders of the giants who taught there. In Ner Yisroel I was imbued by my rabbis and teachers with a love for the Jewish People and a thirst to take responsibility in reaching out and assisting my Jewish brothers and sisters.

I grew up in Baltimore, but have in recent years lived in both Eugene, Oregon and Santa Fe, New Mexico. I was an Interim Rabbi in both of these cities, where I learned the ropes in a more practical way. I was able to both teach and learn from people who came from widely diverse backgrounds. I taught a wide range of classes, from Jewish Poetry to Hebrew, from Parshah to Talmud. Many of my most enjoyable memories include events such as hosting a Rosh Hashana evening gathering and meal, organizing Peach sederim, welcoming the SEED boys (Rabbis in Training) to come and study with the community, a Community Shabbat weekend, and the Community Eclipse Viewing.

I moved here to Poughkeepsie taking many of my experiences with me. I am hoping to be able to once again reach out to many of the members of Schomre Israel, as well as be welcoming to the larger Dutchess Jewish family. To rephrase, I am hoping to be able to work with the Schomre Israel board to ensure that Schomre Israel will be a center that can be considered home to the larger community. I likewise will be continuing Rabbi Langer's Tuesday and Thursday classes, as well as starting a Hebrew and hands-on Mitzvah Workshop which, as the above mentioned classes, will also be open to the larger Jewish community. And of course I am looking forward to be there for many joyous Schomre events, including their renown Shaloch Manos/hamantaschen basket preparation. I am hoping to study and learn with many of the Schomre members, but am hoping to avail myself to anyone who wants to study the Torah and understand how to better build their relationship with Hashem."

Rabbi Krasner also received a Master of Computer Science degree from Johns Hopkins University and has worked as a senior programmer analyst for the State of Maryland Department of Commerce.

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As the New Year is upon us, may you be inscribed and sealed in the Book of Life.

You have probably had occasion to appreciate the legacy of the people, many of whom you never met, who cared enough about the future to ensure that the organizations dear to your heart are here for you today.

Now it's your turn to do the same thing for those who follow in your footsteps. Together, let's begin that important conversation on how you can leave a legacy at the JFedDC.

Inside the Jewish Studio

By Karen Hochhauser

This questionnaire originated in the French series, *Bouillon de Culture*, better known as the closing questions asked by James Lipton on the celebrity interview TV show, *Inside the Actor's Studio*. The questions are re-adapted for this column.

Each month, we ask a MOT* these questions and feature the answers.

This month, our special guest is **Andrea Hagan**, who found time to take a break from working with Arlington High School's Marching Band, National Class Champion 3 years in a row, to join us in answering our questions...

1. **What is your favorite word?**
Thank you. I like when people say 'Thank You'.
2. **What is your least favorite word?**
Stupid
3. **What turns you on creatively, spiritually, or emotionally?**
People who are really dedicated to what they are doing.
4. **What turns you off?**
Laziness
5. **What is your favorite curse word?**
I don't have a favorite curse word.
6. **What sound or noise do you love?**
As we are in marching band season... the sound of the band on the field.
7. **What sound or noise do you hate?**
People whining
8. **What profession other than your own would you like to attempt?**
I am content with where I am in my life.
9. **What profession other than your own would you not like to attempt?**
A window washer
10. **What are you really good at & really bad at?**
Good: Volunteering
Bad: Procrastinating. I am bad at getting things done early. Always on time, but not early.
11. **What is one interesting thing that people don't know about you?**
I used to be an amateur competitive ballroom and Latin dancer.
12. **If you could choose a superpower, what would it be?**
To clean my house just by thinking about it.
13. **If Heaven exists, what would you like to hear God say when you arrive at the Pearly Gates?**
You did good. We've been waiting for you.



Andrea Hagan

* Member of the Tribe

The Leah's Luncheon

Hello Ladies,

Now that Fall has arrived, we are planning our next LEAH's luncheon. We hope that you will be able to join us on Tuesday, November 12th at 12 P.M. at Double O Grill 1536 Route 9, Wappingers Falls.

As in the past, we will be ordering off the menu, and separate checks will be provided. You can view their menu at <https://www.doubleogrill.com/menus/>. At the luncheon we will continue to collect a voluntary, minimum donation of \$3 for Hadassah.

RSVP by November 5—Grete (845) 297-0775, grete15@optonline.net or Judy (845) 462-6310, judydym@gmail.com.

1. Do you need a ride?
2. Can you give a ride?
3. Please let us know if you have a September or October birthday that you would like announced.

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Falling into the High Holy Days

By Rabbi Miriam Hyman, Education Director & Cantor Devorah Gartner, Youth & B'nai Mitzvah Director

The days are getting shorter (really!) and the evenings are cooling down. Summer lingers, but autumn is in the air. We can't believe how much everyone has grown!

Shanah Tovah to our **Club Katan** students. We have so many exciting opportunities for our youngest students:

- **Friday Tot Shabbat with Rabbi Miriam Hyman** For children ages 0-5, caregivers, and siblings. 1st Fri. 6:30-7:00pm followed by a Shabbat snack. Nov. 1, Dec. 6, Jan. 31, March 6, April 3, May 1, June 5.
- **My Grown-up & Me with Morah Karen Jacobs:** For children ages 0-5 and their caregivers. 2nd Thur. 10:30-11:30am. Nov. 14, Dec. 12, Jan. 9, Feb. 13, March 12, May 14, June 11.
- **Shalom Tots Story Time with Jane Kriegler** For children ages 0-5 and their families. 4th Sat. 11:15am-12:00pm [Kiddush lunch follows]. Oct. 28, Nov. 23, Dec. 21, Feb. 15, March 28, April 25, May 23, June 20.
- **Shalom Tots with Morah Goldy Safirstein** For children ages 0-4 [caregivers welcome]. Weekends during Religious School. Free play & social time drop-in 9:30-11:00am. Snack & story at 10:45am. Crafts, music & movement until 12:15pm.

Our **Gan** (K-2) meets on Sundays, September through December and mid-March through May and on Saturdays, January through mid-March. Morah Karen Jacobs with our music and Hebrew specialists create a dynamic, interactive learning environment in which students explore Jewish Holidays, Shabbat, and the Hebrew alphabet.

L'shanah tovah umetukah to all our combined **Ivrit Program** students from Congregation Shir Chadash and Temple Beth-El. We think you will love our new Israel-themed learning groups as we build on our students' mad skills in modern and prayer book Hebrew. Our **Religious School** students are having a blast checking out our experiential program in Life Cycles throughout the year.

Join us again on **Yom Kippur** morning for more **Tot Activities, Family Services, and Teen Programming**. We close out the fall holiday season with our **Gesher Hebrew High School** and our family programs for **Sukkot** in addition to joyous dancing on **Simchat Torah**. May you be inscribed for a wonderful year!

For info, contact Rabbi Miriam Hyman: education@TBENY.org or (845) 454-0570.



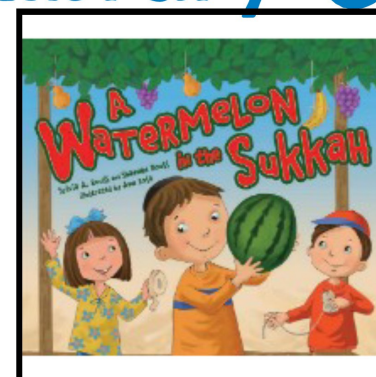
We are excited to welcome all new babies, parents, and grandparents to a special "Welcome Baby" event. Details forthcoming or email PJLibrary@JewishDutchess.org for more details.

PJ Library Get-Together's

New Round Runds Through April!



- PJ Library and PJ OurWay enrolled families-get together with two or more families who are raising Jewish children
- Send us three pictures
- Get up to \$100 back in a no fee debit card
- For details and to apply, go to <https://pjlibrary.org/gettogether>



A StoryWalk of "A Watermelon In The Sukkah"

Sunday, October 20th at 10:30 AM

With our Community Partner -Vassar Temple's Tiny Temple Join us as we read the pages of the book as we walk, stopping at stations along the way for some fun! We will end up in the Sukkah to explore the themes of the holiday, share a snack, and shake the Lulav!

Best for Kids aged 2-7. Free and Open to the community.

RSVP at pjlibrary@jewishdutchess.org



The Harding Club

RELIGIOUS SCHOOL

CHABAD MID-HUDSON VALLEY

Sunday, 10:00am-12:15pm, ages 5-12 years
63 Vassar Rd, Poughkeepsie

For information contact Hindy Borenstein, Director (845) 463-5801

chabadmidsouthvalley@prodigy.net

JUDAIC SCHOOL OF THE ARTS

Sunday, 10:00am-12:00pm

For information www.mypardess.org/JSA

RHINEBECK JEWISH CENTER

Monday, 4:00-5:30pm

Tiny Tots Division (ages 1-5)

Intermediate Division (ages 6-10)

Bar and Bat Mitzvah (ages 11-13)

For information, contact Rebbitzin Tzvie Hecht,

Director (845) 876-7666 or tzviehecht@gmail.com

CONGREGATION SHIR CHADASH

The programs focus on G-d & Prayer, Jewish History, and the concepts of Tzedakah, G'milut Chasadim and Tikun Olum. No charge for pre-school children. Open registration. Tots classes through b'nai mitzvah classes are offered. Classes meet two Saturdays a month, at 9:00am.

For information, contact (845) 723-4045,

info@shir-chadash.org or www.shir-chadash.org

TEMPLE BETH-EL

At Temple Beth-El, education is something truly celebrated! From kindergarten through the last year of high school, Temple Beth-El instills a love of Judaism and a lifelong hunger for Jewish learning.

Tuesday,
Ivrit (Hebrew) School
4:30-6:30pm, grades 3-7

Wednesday,
Gesher Youth Program
6:30-8:30pm, grades 8-12

Saturday, B'Nai Mitzvah Class
9:30am-12:30pm, grade 7

Sunday, Judaic Studies
9:30am-12:30pm, grades PreK-6

For information, contact (845) 454-0570
or education@tbeny.org

VASSAR TEMPLE

Vassar Temple provides a program of Jewish education within the Reform Movement's guidelines, which deepens a student's Jewish experience and knowledge in an accepting and stimulating learning environment. Our philosophy of Jewish learning is based on the quotation from Pirke Avot, "The world depends on three things: on Torah, on worship and on deeds of loving kindness." Temple membership not required.

Sunday Religious School
Sundays, 9:00am-12:00pm, grades K-7

Hebrew Language School
Wednesdays, 4:30pm-6:30pm, grades 4-7

Gesher Program
Wednesdays, 6:30pm-8:30pm,
grades 8-12

Innovative individualized Hebrew language instruction and bar/bat mitzvah preparation.

For info contact Rabbi Renni Altman, Director (845) 454-2570 or rsdirector@vassartemple.org

שמחה
simcha
celebration

Want to help your kids build a sukkah for their toys? Try one of these easy versions.

A sukkah is a temporary structure with three walls (or four with a very large door) and a roof "you can see the stars through". Create this one for a decoration or to play with.

Collect fourteen toilet paper tubes or paper towel tubes. (If they are not already brown, paint them brown.) Assemble three "walls" by stapling or taping the tops of the tubes together, two composed of five tubes and one of four. Tape the walls together to make a three-sided structure. To make the sechach, or top of the sukkah, attach thin card board strips across the top making sure to leave space between them and decorate with green tissue or leaf cutouts. (From: <https://www.chabad.org/kids>)

To build a sukkah your kids can play in, you can just use a big cardboard box like a refrigerator box. Cut a large opening in one side for the door and cut wide slats in the top to make the "sky" visible. Give the kids some paint brushes and tempera paint, and let them decorate the sides. The cardboard Sukkah can be lots of fun. Don't forget to make a paper lulav and etrog to go with it!



Enjoying
Boker Tov Yoga
at
Vassar Temple's
Tiny Temple

Tiny Temple and PJ Library Celebrate Sukkot

Children ages 0-6 and their families: Come celebrate the harvest festival of Sukkot with Tiny Temple and PJ Library. Join us for holiday stories, fun activities, and learning plus, weather permitting, we'll snack in the outdoor sukkah. Tiny Temple is always free and open to the whole community and is sponsored by the Vassar Temple Sisterhood.

DETAILS

Sunday, October 20, 10:30-11:30am, Vassar Temple. For info or to RSVP, contact Emma or Jas at tinytemple@vassartemple.org

Jewish Early Childhood Programs at Temple Beth-El

Experience Joyful Judaism with: Age appropriate classes ● Arts ● Cooking ● Crafts Dance ● Drama ● Hebrew Readiness ● Holidays Music ● Shabbat ● Stories ● Yoga

Family Programming: Community Friday Evening Dinners ● Monthly Tot Shabbat ● Holidays ● Celebrations

Register Today!

Contact Rabbi Miriam Hyman at: education@tbeny.org or (845) 454-0570



Melinda



Kim



Bekah



SO MANY FALL HOLIDAYS! What is their significance?

"This year Sukkot begins in the evening of Sunday, October 13 and ends in the evening on Sunday, October 20.

After the High Holidays of Rosh Hashanah and Yom Kippur wrap, Jewish families around the world prepare for three more holidays: Sukkot, Shemini Atzeret, and Simchat Torah. While these three days are lesser known holidays in the Jewish calendar, they are wonderfully kid-friendly times full of opportunities for hands-on learning, bonding with family and friends, and having some incredible fun outdoors while connecting to or starting your own unique family traditions.

Sukkot, the fall holiday of thanksgiving, starts five days after Yom Kippur and lasts for a week. The most popular tradition of Sukkot is building, decorating, and spending time (even sleeping!) inside the hut called a *sukkah*.

On Sukkot, families welcome guests into their sukkah, or visit friends in theirs, enjoy delicious seasonal foods, and feel thankful for what they have. You can learn how to build and decorate a sukkah plus find stories and activities at www.pjlibrary.org/sukkot. **Join PJ Library Mid-Hudson Valley at Vassar Temple's Tiny Temple** on Sunday, October 20th at 10:30 for our Story Walk of "The Watermelon In The Sukkah". We will begin at the door of the synagogue and walk around the outdoor area, pausing for some fun along the way, and then end up in the Sukkah to explore the themes of Sukkot together. Come shake a lulav with us! (Vassar Temple, 140 Hooker Avenue, Poughkeepsie, NY 12601)

"Simchat Torah (meaning "Celebration of the Torah") is a one-day holiday that marks the completion of the annual cycle of the Torah reading. The final portion of Deuteronomy is read and then a new Torah reading cycle is immediately started with the Book of Genesis. Many synagogues unroll the Torah scroll completely so everyone can see the whole Torah, from start to finish. Simchat Torah begins in the evening, and involves raucous dancing, often mixed with lots of drinking, and singing with Torah scrolls. Children are paraded around on their parents' shoulders, and wave homemade Israeli flags. The idea here is to focus on how central the Torah is to Jewish life and the joy that the Torah can bring to the Jewish community." **Join PJ Library Mid-Hudson Valley as we celebrate Simchat Torah with Temple Beth El at 5:30pm on Monday, October 21st.** (Temple Beth El, 118 South Grand Ave, Poughkeepsie, NY 12603)

Shemini Atzeret

In Israel and in some liberal communities outside Israel, Simchat Torah is celebrated together with another holiday-called *Shemini Atzeret* (meaning, "the eighth day of gathering")-on the day that immediately follows *Sukkot*. In more traditional diaspora communities, *Sukkot* is followed by one day of *Shemini Atzeret*, which is then followed by Simchat Torah." <https://www.kveller.com/article/simchat-torah/>

Looking for ways to make the fall holidays fun and meaningful? Check out the holiday hubs at www.pjlibrary.com

Your PJ Library Mid-Hudson Valley Team,

Melinda Margulies, Kimberly Ritz, and Bekah Starr

Not a part of PJ Library yet?

Receive a FREE children's book each month and ...become part of the PJ Library family.

Register online at www.PJLibrary.org

Monthly e-newsletters. Special program invitations!
Contact: (845) 471-9811 or PJLibrary@JewishDutchess.org

PJ Library is a program of the Harold Grinspoon Foundation and made possible through gifts from the Jewish Federations of Dutchess and Ulster Counties, The Harding Club, and the generous support of PJ Library donors. To make a donation online, go to www.JewishDutchess.org

Thank you!

JFedDC Community Programs...



Dear Friends,

By the time you receive this edition of *The Voice*, we will have experienced our New Year. This time of year is one of personal reflection on the past. For me it is also a look towards the future. How will I try to be a better individual: listen more than talk, reach out to those whom I meant to call and have not called, organize my papers, etc. I'm sure you can understand.

Betsy Kopstein

What do I hope for the future of our Federation in particular? First and foremost, I hope for its continued expansion. Our campaign to raise money for our expanded programs has not reached its goal for the last several years in spite of our best efforts. We can and must do better. We would like to reach more of our fellow Jews who live in remote areas of our county, but to do so, we need more staff, which can't be done without your support.

Our P J Library program has been very successful, doubling the number of engaged children and families. This program continues to grow, but can only do so with your support.

We have received requests to expand our program to other parts of our county, which is exactly what we have done in the northern part with some very successful programs. We plan to continue and to do more. Once again, we will need money for this. As you can see, the theme is **support**. So please make your 2019 campaign donation and if possible, add an additional amount. Thank you.

I do wish to express my heart felt appreciation to the many committed volunteers who have tirelessly contributed to the successes we have enjoyed to date. And I sincerely wish to thank the amazing staff of the Federation and all our board members for everything thing that they do.

Wishing you a very Happy and Healthy New Year. Betsy Kopstein-Stuts

(Continued from page 1) Judaism and Veganism: No Coincidence

have no need for separate plates, utensils, or dishwashers to keep meat and dairy apart from each other. Bonus: As it turns out, a vegan or vegetarian diet is good for our own health by helping to stem-off heart disease, diabetes, obesity, and cancer. Veganism continues to grow in popularity; a whole host of vegan substitutes for meat and dairy products are widely available, even at regular supermarkets. Many of them are much lower in fat and completely free of cholesterol.

A vegan or vegetarian diet enables Jews to combine spiritual practices, social attitudes, and good healthy eating. You don't need to become a vegan overnight. Start with one meal a day and take it from there. Alternatively, try a vegetarian diet first; then move toward abstaining from all animal products. We all have an opportunity to bring Jewish and ethical values into our daily lives by eating in a way that aligns with the ideals and of the Torah.

Mitzvah Day Moments: Lunch Box & Healthy Snack Projects Unite

The **Dutchess Outreach Lunch Box Project**, led by Gil Seligman and supported by approximately fifteen volunteers, successfully served over one hundred meals to hungry men, women, and children in the Poughkeepsie area on Mitzvah Day 2019. Donations from Aldi and ShopRite supermarkets helped to make this project possible. Dessert was provided by the **Healthy Snack Project** captained by Beth Richardson. Children volunteers (from local religious school 3rd-7th graders) served banana chocolate chip bars which they had previously made under careful adult supervision of Temple Beth-El's Beth Richardson and Amira Keren in Congregation Schomre Israel's kosher kitchen. They are looking forward to doing the project again in 2020 and to making this a Mitzvah Day tradition.

The Lunch Box, which is part of Dutchess Outreach and is open weekdays for lunch and dinner, is located at 29 North Hamilton Street in Poughkeepsie. If you wish to volunteer or to support the program, go to www.dutchessoutreach.org.

Vassar Temple Welcomes Cantor Elizabeth Goldmann

Vassar Temple is excited to welcome Cantor Elizabeth Goldmann to lead music at our services in the coming year. Cantor Goldmann will provide music during the High Holy Days and holiday celebrations, as well as at Friday evening and Saturday morning services about twice a month.



Cantor Goldmann was born and raised in Closter, NJ. In 1991 she earned her Master of Sacred Music at Hebrew Union College and became ordained as a cantor. She served at Temple Beth Torah in Upper Nyack, New York where she founded the Regional Rockland/Bergen Junior Choir Festival and served on the faculty of the URJ's Crane Lake Camp. She lives in Nanuet, NY with her husband, Michael, a local veterinarian, her daughter, her son, two sweet cats, and eight charming chickens.

A Fond Farewell to Rabbi Langer and Lucy Langer

Members and friends of Congregation Schomre Israel gathered on Sunday, August 18 for a luncheon to bid adieu to Rabbi Langer and Lucy. After a five year stay in Poughkeepsie, the Rabbi and his wife are retiring and leaving our community to make their home in Israel. During their time in Poughkeepsie both the Rabbi and Lucy have enhanced Jewish life in our community. Rabbi Langer provided strong spiritual leadership to his synagogue community and the wider community. He was an interesting teacher who led a variety of classes. In addition to relevant and thought-provoking sermons on Shabbat morning, he provided d'vrai Torah whenever he could— during weekday services, before synagogue board meetings. He always seemed to have a relevant story, teaching, or anecdote for any situation. Rabbi Langer gave strong support to the projects of the Jewish Social Action Coalition. He was instrumental in ensuring that the JFedDC Celebration Gala be a kosher event. The Rabbi's kindness and genuine interest in and concern for people was evident in his interactions with everyone. Lucy played an important role in the educational life of the community. She taught at the educational program held at Temple Beth-El and was involved in other educational initiatives of the community. She served on the community nursery school committee whose goal is to establish a community nursery school. Her warm, welcoming smile will be missed.



We wish the Rabbi and Lucy much happiness and enjoyment in this chapter of their lives.

We wish the Rabbi and Lucy much happiness and enjoyment in this chapter of their lives.

Our Executive Director



Shana Tova U'Metuka! May you all be inscribed and sealed in the book of life.

What powerful words. What emotional words. This time of year is extremely meaningful. I realize and appreciate the fragility of life. How quickly time goes by and how in the blink of an eye, we can lose someone with or without warning. There have been many Yom Kippurs where my heart and soul were praying to have yet another year with my family, my father, my kids, and previously, my mother.

We all get so busy with life – work, cleaning, cooking, sports practices, etc. that it is so easy to take for granted that we will have another day together with our loved ones. That appreciation seems to be heightened, sadly, often when there is a temporary or permanent tragedy. My mother (z"l) taught me so many life lessons and the value of my Jewish roots and community, which drives me every day to excel and make our community stronger and more united. In today's trying times, with the alarmingly increasing rate of anti-Semitism, we need to be vigilant and together we are stronger.

At JFedDC, we are a very small organization trying to do big things. We are working tirelessly to build community. To culturally connect the Jews of Dutchess County. To help the greater community in which we live. We can do a lot, but we cannot do it without your support. So I appeal to you to help us do all we can for you. Every bit of support counts.

Lastly, with Yom Kippur approaching please forgive us for all we have and have not done.

Shana Tova!

Karen Hochhauser

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NEXT YEAR IN JERUSALEM!

Come along with the Jewish Federation of Dutchess County, friends old and new, on an amazing journey to the Promised Land - Israel.



JFedDC is organizing a very special trip to Israel for the Fall of 2020. If you are interested, let us know so we can keep you in the loop.

Call (845)471-9811 or email admin@jewishdutchess.org

Congratulations Harding Club on your 95th(+) Anniversary!



On September 20, in the Dutchess County Executive's Office, four Proclamations were signed and presented to representatives of the Harding Club. The event was celebrating the 95th Anniversary of The Harding Club.

Pictured standing (l-r): Alan Fox, President; Lynne Versaci representing N.Y. State Senator Sue Serino; Lou Newman, Secretary; and Martin Hochhauser, Sergeant-at-Arms. Seated (l-r): Mayor Rob Rolison, City of Poughkeepsie Mayor; Marc Molinaro, Dutchess County Executive; and Greg Pulver, Dutchess County Legislator.

The Kosher Store

<p>2⁹⁹ with AdvantEdge Card Welch's Manischewitz or Kedem Grape Juice 64 oz. Select Varieties</p>	<p>3⁹⁹ 24 oz. Challah Bread Large Raisin \$4.99</p>
<p>5⁹⁹ with AdvantEdge Card PICS Smoked Salmon 4 oz.</p>	<p>2⁹⁹ lb. Empire Kosher Frozen Whole Turkey Kosher 12-24 Lb. Avg. Wgt.</p>
<p>2⁹⁹ with AdvantEdge Card New York State Red Apples U.S. #1</p>	<p>12⁹⁹ lb. Meal Mart 1st Cut Brisket Kosher</p>
<p>2⁹⁹ with AdvantEdge Card PICS Honey Bear 12 oz.</p>	<p>11⁹⁹ with AdvantEdge Card Meal Mart Stuffed Cabbage 39 oz. or Meat Balls in Marinara Sauce 33 oz.</p>
<p>2/\$5 with AdvantEdge Card Osem Cake 8.8 oz. Honey or Marble</p>	<p>2/\$6 with AdvantEdge Card Golden Blintzes 6 Pack 13 oz. All Varieties or Gourmet Pancakes Select Varieties 10.6 oz.</p>
<p>2/\$3 with AdvantEdge Card Manischewitz Matzo Ball & Soup Mix 4.5-5 oz. Select Varieties Where Available</p>	<p>2/\$3 with AdvantEdge Card Farmers Horseradish 8.5 oz. Red or White</p>
<p>1⁹⁹ with AdvantEdge Card Gold's Borscht Soup 24 oz. Original or Low Calorie</p>	<p>2⁹⁹ with AdvantEdge Card Breakstone's Whipped Butter 8 oz. Tub Salted or Unsalted</p>
<p>2/\$1 with AdvantEdge Card Rokeach Yahrzeit Candle</p>	<p>2/\$4 with AdvantEdge Card Osem Toasted Couscous 8.8 oz. or Season Roasted & Shelled Whole Chestnuts 5.3 oz. or Roasted & Peeled 5.2 oz.</p>
<p>2/\$6 AdvantEdge Card -1⁰⁰ Coupon Savings 2/\$5 Kedem Sparkling Juice 25.4 oz. Select Varieties</p>	<p>5/\$5 with AdvantEdge Card Manischewitz Egg Noodles 12 oz. Select Varieties or Bow Ties 7 oz. Where Available</p>

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Prices effective Sunday, September 1 thru Saturday, October 12, 2019 in our Market 32, Price Chopper and Market Bistro stores.

New Paths Morning Worship

Join us in the informal, intimate setting of Vassar Temple's East Chapel. The moving liturgy of the *New Paths* prayer book includes both traditional and contemporary writings, mostly in English. You may bring supplemental materials to share. We take the time to let the service get through to us, rather than us get through the service.

Each service, whether lay-led or rabbi-led, provides a unique and thoughtful experience. A brief mini Kiddush follows.

DETAILS

Saturday, October 5, 19, 10:00am. For info, contact: Marian Schwartz: mschwa9882@aol.com, Rabbi Altman: rabbi@vassartemple.org, or call the Temple office at (845) 454-2570.

Temple Beth-El to Sound Shofar Over the Hudson

All members of the community are invited to attend Temple Beth-El's annual *Shofar Over the Hudson* event Sunday, October 6 at 11:30am outside the Children's Museum pavilion at the north end of Waryas Park. Children's activities will begin at 10:30am in the pavilion.

The event will include music and dancing. Everyone is encouraged to bring a kosher dairy lunch to enjoy following the conclusion of the program. Temple Beth-El will provide honey cake muffins made by Blanche Bergman. Bring lawn chairs or folding chairs.

Also, the annual bicycle ride to *Shofar Over the Hudson* departs the Dutchess Rail Trail entrance behind Gold's Gym on Titusville Road at 10:00am.

Most Jews experience the sounding of the shofar within the walls of a synagogue. Combining the sound of the shofar and the beauty of the Hudson Valley is a unique spiritual experience.

Shofar Over the Hudson is open to the public. There is no charge to attend. Please join us; bring your friends and shofar—for this meaningful annual event. For info, call (845)454-0570 or Steven Koch at (845) 489-6500 saksteve@optonline.net.



JEWISH WAR VETERANS POST 625

Private Herman Siegel Post 625 of the Jewish War Veterans of the United States will be holding monthly Post meetings at Congregation Schomre Israel.

All persons of the Jewish faith are cordially invited to attend and participate. At each meeting we host and informal coffee and cake schmooze at 9:00am. Because the congregation is strictly kosher no food or drink may be brought into the facility. Follow our Post on Facebook. We have your six.

DETAILS

Sunday: October 6, November 3, December 1 at 9:30am. 18 Park Ave, Poughkeepsie. Questions? Contact Rob Rubin, Presiding Officer: qbee5@optonline.net

Mah Jongg Mondays

Beth David in Amenia hosts Mah Jongg from 1:00pm-4:00pm, \$10 contribution. Snacks provided as well as sets and tables.

Simchat Torah Family Service

One of the most special services is when we get to see the entire Torah unwound throughout the sanctuary. In order to make this happen, everyone participating, old and young alike, works together by holding a section of the Torah. We learn the reasons why certain sections look the way they do, but a highlight of the evening is always when Rabbi Polish reads and translates the section you may be holding.

Come participate in the cycle of finishing and restarting the reading of the Torah. Service led by Rabbi Daniel F. Polish and Cantor Gail Hirschenfang. Community Oneg to follow. All are welcome.

DETAILS

Saturday, October 25, 7:30pm. For more info (845) 232-1029 or email: info@shir-chadash.org

If you are interested in joining a women's Chevre to meet and socialize with others in Beacon, please call the JFedDC office at (845) 471-9811 and let us know.

Adult Ed Discussion Brunch

Vassar Temple invites everyone to attend a free discussion and brunch. We will be discussing Resnick Lectures on Jewish American Life that are being held at SUNY New Paltz on select Wednesday evenings in the fall. The complete schedule of lectures is on our website: www.vassartemple.org.

We particularly encourage you to attend the October 16 lecture, Emma Lazarus and the Future of the American Jewish Community, to be given by Annie Polland of the American Jewish Historical Society.

DETAILS

Sunday: October 27, 12:30pm, Vassar Temple. For more info, and to RSVP contact Dan Scherrer:

Sukkot Family Service

The holiday will be explained and the meaning of the etrog and lulav will be discussed. Everyone will have an opportunity to shake the etrog and wave the lulav! Join in for a fun and festive evening. Services led by Rabbi Daniel F. Polish and Cantor Gail Hirschenfang followed by community oneg. All are welcome.

DETAILS

Saturday, October 18 7:30pm. For more info (845) 232-1029 or email: info@shir-chadash.org

Visit www.jewishdutchess.org to see all the upcoming High Holy Days Schedules:

Beacon Hebrew Alliance, Chabad Mid-Hudson Valley, Congregation Beth David, Congregation Emanuel of the Hudson Valley, Congregation Schomre Israel, Congregation Shir Chadash, Pardess Center for Jewish Life, Rhinebeck Jewish Center, Temple Beth-El, & Vassar Temple

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DANIEL POLISH**
with Choral Music

ROSH HASHANAH
Sun., Sept. 29th, 8 pm: Evening Service
Mon., Sept. 30th, 10 am: Morning Service
3 pm: Family Celebration Service *

YOM KIPPUR
Tue., Oct. 8th, 8 pm: Kol Nidre Service with cello
Wed., Oct. 9th, 10 am: Yom Kippur Morning Service;
12:30 pm: Panel Discussion;
2 pm: Family Service *
3 pm: Memorial/Concluding Service *

* Free Admission to our afternoon services,
including Rosh Hashanah & Yom Kippur Family Services
and Yom Kippur Memorial / Concluding Service

COMMUNITY BREAK FAST
Following Yom Kippur Concluding Service
Child Care available on Yom Kippur afternoon

845-232-1029 • Shir-Chadash.org

At the Shir Chadash Location
FREEDOM PLAINS UNITED PRESBYTERIAN CHURCH
RT. 55 & STRINGHAM RD • LAGRANGEVILLE, NY
Ample Parking!

Congregation Shir Chadash

Local

Sunday

Bagels, Lox, Torah (Tefillin too!) 9:00am led by Rabbi Yacov Borenstein. Morning minyan will follow Torah discussion on the coming week's Torah portion, upcoming holiday, or topic of Jewish interest.

Temple Beth-El Serves at Lunchbox Call Nancy Judson (845) 216-7563 to help in this mitzvah.

Vassar Temple Memorial Service October 6, 1:00pm. at cemetery.

Vassar Temple Sukkot Service October 13, 6:00pm, 7:00pm Pizza Dinner. Picture a Sukkot Service in the beautifully decorated sanctuary.

Vassar Temple Simchat Torah Service/Blessing of New Students October 20, 7:00pm, Dinner 6:00pm. Come sing, dance, eat, and rejoice in the Torah. Please contact vtritchair@gmail.com for menu info or to RSVP.

Monday

Congregation Schomre Israel Chair Yoga with Toni Farkas 11:30am. \$5 per session. All welcome.

Temple Beth-El Board Meeting 7:30pm. Temple Beth-El Board of Trustees meeting.

Vassar Temple Shimchat Torah/Shmini Azeret/Yizkor October 21, 10:00am.

Tuesday

Vassar Temple Kol Nidre October 8, 7:30pm.

Wednesday

Learn & Lunch Bunch Wednesdays, 11:00am-1:30pm. 118 So. Grand Ave, Poughkeepsie. Please RSVP each week by Monday so that we can prepare appropriate amounts of food. For information, menu, and program schedule; see page 2 of *The Voice* or contact (845) 471-9811.

Vassar Temple Yom Kippur October 9, see website for service schedule.

Thursday

Friday

Congregation Shir Chadash Kabbalat Shabbat Service October 4, 11, 18, 7:30pm. Evening service with Rabbi Daniel F. Polish and Cantor Gail Hirschenfang followed by community Oneg. All are welcome.

Vassar Temple Shabbat October 4, 11, 25; 7:30pm. October 18, 6:00pm Shabbat Happy Hour, 7:30pm Respect & Compassion Shabbat.

Temple Beth-El Evening Service each week, 8:00pm, Conservative, egalitarian service. All welcome.

Saturday

Congregation Shir Chadash Sharing Shabbat and Religious School Programs October 5, 19, 9:00am. This re-imagined, intergenerational school is totally new & different. We would like you and your family to experience it. Registration for religious school starts today. New parents are encouraged to have their children try a class for a month with no obligation. Children learn about Jewish culture, holidays, and history while having fun and making friends. Come early (8:45am) and have breakfast on us! All welcome.

Congregation Shir Chadash Tot Program October 5, 19. 9:00-10:30am. Children ages 3-5, accompanied by an adult, learn through crafts, food, and games. The class is open to all families and free of charge.

Congregation Shir Chadash Morning Torah Service October 5, 19, 9:15-10:30am. Led by Rabbi Daniel F. Polish & Cantor Gail Hirschenfang. Bagels, coffee, etc. prior to service. All welcome!

Vassar Temple New Paths Shabbat Morning Worship October 5, 19, 10:00am.

Vassar Temple Learners Service October 12, 10:15am.

Temple Beth-El Shabbat Morning Service every week, 9:30am. Lively, inclusive, Conservative, egalitarian Shabbat.

Out of Area

Congregation Emanuel of the Hudson Valley Events

23 Albany Ave, Kingston, NY 12401 (845) 338-4271 www.templeemanuelkingston.org.

All services held in our chapel are available to live stream. Visit our website: www.cehv.org and click on the live stream link on the homepage. You can also view archived services and classes.

Kabbalat Shabbat Evening Service Friday, October 4, 6:00pm with a symbolic oneg following. October 11 at 7:30pm with an oneg following, October 18, 6:30pm (Yizkor at 6pm)

Musical Kabbalat Shabbat is the second Friday of the month.

Shabbat Service with Zemer Choir Participation Friday, October 25, 7:30pm.

Tot Shabbat October 19 9:00am. A wonderful way to introduce your tot to Shabbat through interactive music with Rabbi Romer and her guitar.

Religious School Saturdays, 9:30am -12:30pm. (No classes October 12) Call Samara Genee (845) 338-4271 x110 for more information.

Saturday Morning Service 10:00am September— June, for an uplifting morning communal prayer, meditation, and Torah study.

Ongoing Adult Education with the Rabbi Hebrew Trope (October, 2, 16, 23, Wednesdays 12:30pm) Torah Study, Intro to Judaism (October 16, Wednesdays 6:00pm) Beginner-Intermediate conversational Modern Hebrew (No class October 9, Wednesdays 4pm) Othered: The (De)Construction of Jewish Identity (October 3, 17, 14, Thursday, 7:00pm) No classes October 9.

Adult Education Thursday, September 12, 19, October 17, 24, 7:00pm-8:30pm. Led by CEHV member Ben Schulman.

Lunch with Rabbi Romer & Guests First Tuesday of the month at 12:00pm. Join Rabbi Romer for a hot luncheon with discussion following.

Rhinebeck Meditation & Torah Study Meets Tuesday, 8:45am followed by 9:15am (No class October 1, 8) Torah Study led by Rabbi Yael Romer.

Confirmation Class with Rabbi Romer Meeting first Wednesday, community service TBD monthly on either the second or fourth Thursday. Religious School registration required.

Rosh Chodesh 3rd Tuesday of the month, October—June, 6:45pm - refreshments, 7:00pm - Rosh Chodesh Group Meeting. Our Rosh Chodesh group is a women's gathering exploring our female voices in Jewish Traditions.

2nd Day Rosh Hashanah Tuesday, October 1, 10:00am-11:00am meeting at Poet's Walk Park parking lot, 776 River Road, Red Hook. Guided meditation and hike.

Erev Yom Kippur Tuesday, October 8, 7:00pm-10:00pm.

Yom Kippur Wednesday, October 9, 9:30am including 10:00am children's services, 1:00pm guided meditation, 2:00pm dialogue with Rabbi Yael Romer, 3:30pm afternoon service, 4:30pm Yizkor service, and 5:30pm Neilah service.

Calendar

October

REGULAR SCHEDULE OF SERVICES

Beacon Hebrew Alliance (Conservative)

331 Verplanck Avenue, Beacon (845) 831-2012
Rabbi Brent Spodek; Cantor Ellen Gersh; Education Director, Ashley Baker

Website: www.beaconhebrewalliance.org

Email: 411@beaconhebrewalliance.org

Services: Fridays, 7:30pm and alternating Saturdays at 9:30am. Visit website for information about services, religious school, and community events

Chabad of Mid-Hudson Valley

63 Vassar Road, Poughkeepsie (845) 463-5801

Rabbi Yacov Borenstein

Website: www.chabadmidhudsonvalley.com

Email: ChabadMidhudsonVlv@prodigy.net

Services: Fridays, call for time and Saturdays at 10:00am

Congregation Beth David (Reform)

East Main Street, Amenia (845) 373-8264

Rabbi Jon Haddon

Website: www.CongBethDavid.org

Email: JonRab33@gmail.com

Services: usually Saturdays, 10:00am twice monthly except January and February; call for schedules

Congregation Schomre Israel (Orthodox)

18 Park Avenue, Poughkeepsie (845) 454-2890

Rabbi Eliezer Langer

Website: www.schomreIsrael.org

Email: SchomreI@aol.com

Services: Monday-Thursday, 7:00am, Sunday, 8:00am,

Saturday, 9:00am Sunday-Thursday 7:00pm

Shabbat Services vary depending on sundown

Congregation Shir Chadash (Reform)

Interim: Freedom Plains Presbyterian Church, Lagrange

(845) 232-1029

Rabbi Daniel Polish, Cantor Gail Hirschenfang Website:

www.shir-chadash.org

Email: info@shir-chadash.org

Services: Friday, 7:30pm; bimonthly Saturday children's religious school, 9:00am, Torah study, 9:15

Pardess Center for Jewish Life

(845) 440-7592

Rabbi Zalman Sandhaus

Website: www.MyPardess.org

Email: info@MyPardess.org

The Rhinebeck Jewish Center

102 Montgomery Street, Rhinebeck (845) 876-7666

Rabbi Hanoch Hecht and Rebbitzin Tzivie Hecht Website:

www.RhinebeckJewishCenter.com

Email: RSVP@RhinebeckJewishCenter.com

Friday services call for time; Saturday services, 9:30am

Temple Beth El (Conservative)

118 So Grand Avenue, Poughkeepsie (845) 454-0570

Rabbi Daniel Victor, Rosh Tefilah Rabbi Miriam Hyman

Email: info@tbeny.org

Website: www.tbeny.org

Services: Friday, 8:00pm, Saturday Shabbat service at

9:30am, weekdays, 7:30am daily

Vassar College Bayit

51 Collegeview Avenue, Poughkeepsie (845) 451-3920

Liz Aeschlimann, Rose and Irving Rachlin Director of

Jewish Student Life at Vassar College

Email: eaeschlimann@vassar.edu

Services: Friday, 6:00pm service, 7:00pm dinner when school is in session

Vassar Temple (Reform)

140 Hooker Avenue, Poughkeepsie (845) 454-2570

Rabbi Renni Altman Website: www.vassartemple.org

Email: Office@VassarTemple.org or

rabbi@vassartemple.org

Services: Friday, 7:30pm unless otherwise noted, Torah study Saturday, 9:00am, New Paths 1st and 3rd Saturday

every month, 10:00am unless otherwise noted.

October Candle Lighting

October 46:15pm

October 11.....6:03pm

October 18.....5:52pm

October 25.....5:42pm

Want to share your thoughts about *The Voice*? Have an idea you'd like to see in print?

We're listening.

Email us at

TheVoice@JewishDutchess.org

2019 Holiday Greetings

It's almost that time of the year when The Voice invites you to wish your friends and neighbors a Happy Holiday.

This year we will once again be offering a 3-pack of Holiday Greetings which includes: Passover, Rosh Hashanah, and Chanukah.

Please look at the designs and choose an individual greeting or the 3-pack. If you choose the 3-pack, please choose the same size ad for all holidays.

The cost: Small ad: \$25 each or 3 for \$60
 Medium ad: \$36 each or 3 for \$90
 Large ad: \$64 each or 3 for \$170

Please fill out the form and mail it back to us with your payments to:
 THE VOICE, PO Box 2525, Poughkeepsie, NY 12603
 Or complete online: www.jewishdutchess.org
DEADLINE for Chanukah Greetings is November 8

2019 Holiday Greetings

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Holiday	Small	Medium	Large
Passover (circle one)	A B	C D	E F
Rosh Hashanah (circle one)	A B	C D	E F
Chanukah (circle one)	A B	C D	E F

Your name(s) on the Greeting: _____

Checks should be made out to:
Jewish Federation of Dutchess County

Passover Greetings		Rosh Hashanah Greetings		Chanukah Greetings	
Small—A Peace to you this Passover! Your Name	Medium—C Happy Passover Your Name 	Small—A Happy Rosh Hashanah Your Name	Medium—C May the sounds of the Shofar welcome a new year of health and happiness Your Name 	Small—A Peace to all! Your Name	Medium—C Wishing you peace in this season of miracles! Your Name
Small—B HAPPY PASSOVER Your Name	Medium—D May you be blessed with peace, prosperity, and joy this Passover Your Name 	Small—B Have a Sweet New Year! Your Name 	Medium—D L'Shanah Tovah Your Name 	Small—B Hanukkah Blessings Your Name 	Medium—D HAPPY Hanukkah! Your Name
Large—E Passover Blessings Your Name 	Large—F Chag Pesach Sameach Your Name 	Large—E Best Wishes for a Happy & Healthy New Year! Your Name 	Large—F Happy New Year! Your Name 	Large—E From Our Family to Yours, Happy Hanukkah! Your Name 	Large—F May your Hanukkah shine bright with happiness! Your Name



Time for memories
laughter
stories
songs
life

Hudson Valley Hospice

Contact Hudson Valley Hospice at 845-485-2273 | hvhospice.org

Jewish Jubilation at the Renegades Stadium