

**Jewish Family Services**

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In collaboration with Jewish Federation of Dutchess County, PJ Library, Congregation Schomre Israel, Congregation Shir Chadash, Temple Beth-El, Vassar Temple, Beacon Hebrew Alliance, Jewish War Veterans & The Harding Club.

**5.4.2025**  
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- 01 Children's Home of Poughkeepsie**  
Location: 10 Children's Way, Poughkeepsie  
Caring for flower beds, trail clearing, small repairs/painting of raised planters. **Appropriate for all ages!**
- 02 A. Historical Pershing Cemetery clean-up**  
Location: 37 Pershing Ave, Poughkeepsie  
**B. Temple Beth-El Cemetery Flag Planting**  
Location: 1239 US-44, Poughkeepsie  
**Bring your favorite work gloves, rakes, etc.**
- 03 Lunch Box Activities**  
**A. Baking cookies for The Lunch Box at Temple Beth-El** (118 S. Grand Ave, Poughkeepsie)  
**B. Cooking/M meal Prep at The Lunch Box** (Dutchess Outreach, 29 North Hamilton, Poughkeepsie)  
**Donate your time today!**
- 04 Crafting Corner & PJ Library Station**  
Location: Congregation Schomre Israel  
Making blankets to distribute to cancer patients (ages 6 & up), crafting cards, and other engaging activities!  
**Fun for families & appropriate for all!**
- 05 Cereal Counts Collection & Hygiene Products**  
Location: Congregation Schomre Israel  
Donate new boxes of cereal & new hygiene products for distribution to those in need. **Donate today!**
- 06 Kindness & Companionship**  
Location: Lutheran Care Center, 965 Dutchess Tpke, Poughkeepsie  
Make a new friend while having fun sharing a game of Bingo & crafting with seniors.  
**Fun for families & appropriate for all!**
- 07 Gift of Life Donor Program**  
Location: Congregation Schomre Israel  
Provide a swab sample to check for possible donor match. **Donate today!**

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\*Send Gala Program print-ready ad by May 30, 2025. \*\*The Voice ads will appear in 1 newspaper issue. All Sponsorships include thank you acknowledgments at the event and in The Voice and JID.

Our Mission: To perpetuate, protect, and enhance Jewish communal life and well-being locally, in Israel, and worldwide while supporting the greater local community.

Part 3, May 18, 2025, see page 9 for more information!

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# LEARN & LUNCH BUNCH

The Jewish Federation of Dutchess County presents cultural, social, and educational programs.

## WEDNESDAY PROGRAMS Join us!

### MEETING LOCATION

We will be meeting at 11:30 am at Temple Beth-El, 118 S Grand Ave, Poughkeepsie Please do not bring outside food into the temple.

**Location**  
Temple Beth-El  
118 S Grand Ave  
Poughkeepsie NY

### SCHEDULE

11:00 –11:30am  
Schmooze  
11:30 –12:30pm  
Program

Suggested Donation \$6; no one will be turned away for lack of funds.



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#### The Voice

Editor: Karen Hochhauser  
Layout: Tamra Bienemann  
MAL: Alyssa Kogon

Subscriptions, address changes, etc.

TheVoice@JewishDutchess.org

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#### May

May 14

**What Causes Aging and What Can Be Done To Slow It Down by Reversing the Biological, Nutritional, and Chemical Processes that Cause Aging?** Presented by Arieh Neuwirth

**Menu:** Chinese veggies and noodles, GF veggies and noodles, salad, fruit, and ice cream

May 28

**Walkway Over the Hudson** presented by Lou Newman, Ambassador to the Walkway

**Menu:** Bagels, cream cheese, lox, tuna, salad, and cookies

\*Gluten free options available upon request in advance

\* Menu is subject to change

**TO REGISTER, call the office at (845) 471-9811**

**or online at: [www.JewishDutchess.org/events](http://www.JewishDutchess.org/events)**

**\*\*Advanced registration needed for food planning purposes\*\***



Learn & Lunch Bunch is partially funded by the Ann & Abe Effron Fund and Bernard and Shirley Handel Foundation Donor Advised Fund of the Community Foundations of the Hudson Valley



## Office for the Aging submitted by Todd N. Tancredi, Director, Dutchess County Office for the Aging

### Golden Living . . . News for Older Adults, Their Families, and Caregivers

Most older adults prefer to "age in place" - to live out the rest of their days in their own homes, for as long as it's safe to do so. Part of our role at the Office for the Aging is to help older adults make that preference a reality.

#### Advocating For Yourself

Aging in place works well when it's the result of older people adapting their homes to anticipate needs that arise as they age; but there's a second type of aging in place that's less appealing. This second type happens when the older resident sees no practical alternative to their current housing situation because of financial constraints or because housing and infrastructure policy doesn't allow it - yet.

#### Time To Ask Yourself: Where Will You Be In 2, 5, 10 Years Or More?

Maybe your current home meets your needs now, but what about in 2030 or 2040? Think about whether you'll have the skills and budget to make the upgrades you'll need over the years or whether you need to look for a newer residence where improvements have already been made. OFA won't make up your mind for you, but we can help you get to a place where, whatever you decide, you'll know that you had the best available information.

#### A Few Quick, Free, and/or Low-Cost Steps You Can Take

- If you need to replace a doorknob, consider a lever-style knob that'll be easier to operate for arthritic hands. Under the same principle, replace cabinet knobs with pull bars.
- Get to know your neighbors. You can keep an eye out for each other in the event of trouble.
- Open up floor space with safe movement in mind. Keep only the furniture you need.
- If your home has a den on the first floor, it may make more sense as a bedroom, especially if the current bedroom is on the second floor.
- Remove area rugs when possible, especially if the rugs slide when stepped on.
- If you're investing in grab bars, go for the kind that are bolted securely to a wall, rather than a suction-cup-style bar that can pop loose at the worst possible time.
- A raised toilet seat makes it easier to transfer on and off the toilet.

Golden Living is prepared by the Dutchess County Office for the Aging, 114 Delafield St., Poughkeepsie, New York 12601, telephone 845-486-2555, email: [ofa@dutchessny.gov](mailto:ofa@dutchessny.gov) website: [www.dutchessny.gov/aging](http://www.dutchessny.gov/aging) Social media: [www.facebook.com/DutchessCountyOFA](https://www.facebook.com/DutchessCountyOFA)

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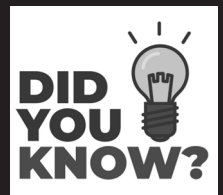


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**June Events**

June 19  
JFedDC Gala

**July Events**

July 9  
Jewish Heritage Night with the  
Hudson Valley Renegades



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## The Harding Club

The Harding Club hopes that everyone enjoyed a happy and fulfilling Passover holiday.

This month's brain teaser: What is the common thread between these two things: crypto currency and physical fitness? The answer is found toward the end of this article, so read on....

Spring is here, and for the Harding Club it means that plans are being finalized for warm weather outdoor activities.

Upcoming events include a picnic at a new venue (Baird Park) and an outing to a professional baseball game at a place we have visited before (Heritage Financial Park, home of the Renegades). The club has also recently enjoyed get-togethers at our usual hangouts, Longobardis in Wappingers (a great place for club luncheons) and Joe Willys Restaurant, also in Wappingers, (a great place for spouses and SOs to join the men for dinner). At our meetings the main focus is on socialization, the enjoyment of being together with friends, and hearing an interesting speaker.

As you know, the Club has been in existence since 1923. Originally, it met the social and athletic needs of young Jewish men in the area. But over time the club has added a vital philanthropic aspect to its agenda. We give substantial amounts of financial support to local agencies, whether Jewish oriented or not, and we use our strong backs to deliver food to needy Poughkeepsie residents through the Food Bank and the Sojourner Truth School (formerly Morse School) in the inner city.

New members are welcome.

Ah, yes And the answer to this month's Brain Teaser: The thread uniting crypto currency and physical fitness is that both topics were subjects of recent speakers at Harding Club meetings. You can tell that we are a well-rounded bunch of men with varied interests and areas of expertise.

If you are interested in membership, please contact one of us:

President Gene Fleishman: [gene.fleishman@gmail.com](mailto:gene.fleishman@gmail.com)

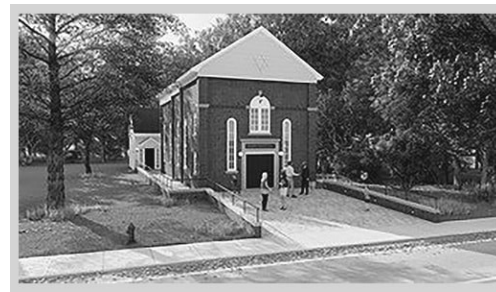
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## Kosher in Amenia Pt. 2 by Carol Ascher

Driving east down the long winding hill of Route 44, with its distant pastoral views, one passes an expansive hardware store before reaching a stop light marking the intersection of Route 22, the center of Amenia. A restaurant, a bank, a new upscale furnishings shop, and a gas station line all four corners.



Continuing east toward Connecticut, the road again drops steeply for a block. When it flattens out, the Dollar Store, with its busy parking lot and outside displays of sale items, is likely to draw one's attention, making it easy to miss the modest brick building of Congregation Beth David that ends Amenia's commercial area. The narrow synagogue was built during the depression years by Russian Jews. Having scraped out a living as dairy farmers in the high stony Ellsworth hills, east of Sharon, they were industriously running kosher hotels and boarding houses for Orthodox Jews, for whom Amenia was a train ride from New York City.

Freda Osofsky was four years old when she made the trip from Belorussia with her mother and little sister Annie at the turn of the century. By 1915, when she was the first Jewish child to graduate eighth grade in a one-room school in Ellsworth, it was clear that Jews were no more welcome in the high school serving Sharon than were their parents in the village's homes and businesses. Accepted by Amenia High School, five miles east in New York, which already served African American and Irish students, Freda boarded with Homer and Ada Carl, a black couple whom Nathan and Rebecca Osofsky knew from Ellsworth. Three years later, with Freda's sister Annie also doing well in Amenia High School, the Osofskys sold their farm in Ellsworth and bought a house in Amenia large enough to turn into a small hotel.

Although services were initially held in the Osofsky's hotel, with Nathan officiating, by 1929, most of the Russian Jews had come down from Ellsworth, and their boarding houses and small hotels were doing sufficiently well to contribute to building a synagogue. The Fankuchen family next door gave half their land, and a number of local Jews gave of their profits to making the building possible. A colorful Yiddish commemoration plaque lists their names on the wall of the community room in Congregation Beth David. Sam Gorkofsky, who was in his nineties in 2016, when I spent time with him, proudly remembered standing next to his father as a four-year-old when the cornerstone for Beth David was laid.

Russian Jews have done well as farmers when they could buy the richer land in the milder temperatures of the lower elevations. Rick Osofsky, a grandson of Nathan Osofsky, built Ronnybrook dairy farm, with his brother, which fills the refrigerators of local stores with a range of dairy products. Loans from the Jewish philanthropist, Baron de Hirsch, and his Agricultural and Industrial Aid Society had enabled the immigrants to buy their first farms when banks still refused to give Jews mortgages. Sam Gorkofsky still had his farm on the Sharon-Amenia Road, just outside Sharon, although he was no longer farming when I began to reconstruct the story of Russian Jewish immigrants in Sharon and Amenia almost a decade ago. Although he rarely attended services, Sam regularly drove past the synagogue, saddened when money seemed too scarce for repairs and rejoicing when he saw workers on the steep roof and the building looked refreshed.

Over the near century of its existence, Beth David has transitioned from Orthodox to Conservative and finally to Reform. Congregants from former eras remember the rabbi taking the train from New York and sleeping in the alcove above the kitchen so as not to travel on Shabbat. For the past sixteen years, Rabbi Jon Hadden has drawn on his deep love of Judaism to lead our congregation with expansive warmth and humor. These days, services at Congregation Beth David draw a lively mixture of permanent residents and weekenders from communities along the New York-Connecticut border, and as far as southern Massachusetts. With the membership having grown from around sixty to one hundred, the balcony built for women during synagogue's Orthodox years is often filled with overflow congregants. As Beth David flourishes, congregants are reaching out to support the food pantries and other activities of several local churches. Recently, an interfaith workshop led by the Jewish Federation of Dutchess County drew members of both the synagogue and churches, strengthening our ties and deepening our mutual understanding.

## MEMORIAL DAY CEREMONY

Sunday May 25, 11:00AM

Schomre Hadath Cemetery

67 Lagrange Ave., Poughkeepsie 12603

**Presented by Jewish War Veterans Post 625**

Poughkeepsie H.S. JROTC Color Guard

Seating & water will be available

All are welcome!

**HONOR OUR  
FALLEN VETERANS**



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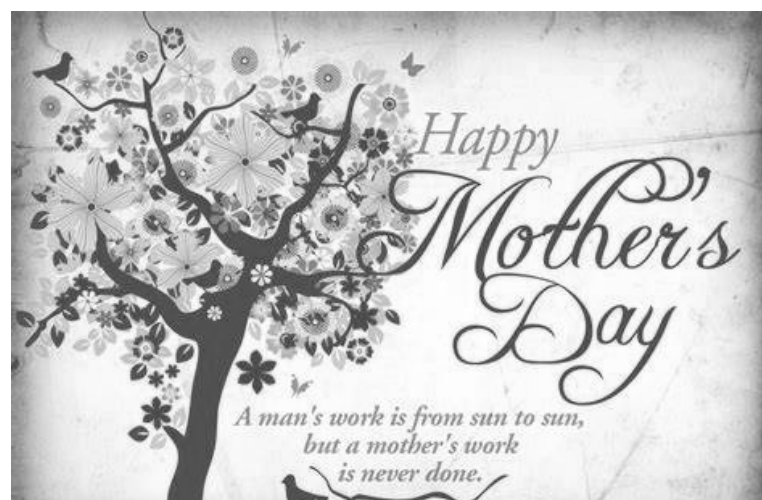
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<a href="mailto:TheVoice@JewishDutchess.org">TheVoice@JewishDutchess.org</a>	September	August 1
if you have questions.	October	September 1



## Rabbi's Blog *by Rabbi Renni Altman*

From the second night of Pesach, Jews begin to count the days in a period of time called *Sefirat HaOmer* (counting of the *Omer*). The practice dates back to a commandment in Leviticus to make a daily elevation offering of an *omer* (measure) of barley for each of the 49 days between Pesach, the barley harvest, and the harvest of new grain, wheat.

Following the destruction of the Temple, this period took on a different meaning in remembrance of the 24,000 students of Rabbi Akiba who died during this time. Tradition attributes their death to a plague; or, they may have died in an unsuccessful revolt against the Romans. No matter, succeeding generations turned *Sefirat HaOmer* into a time of semi-mourning to honor the memory of those students. More contemporary interpretations regard this time of counting as a watchful period, given anxiety about the success of the harvest.

When the destruction of the Second Temple brought an end to sacrifice as a means of drawing near to God, holiday observances, with their focus on offerings from the harvest, had to be transformed and given new layers of meaning. Passover was already observed in the Torah as the celebration of the redemption from Egypt in addition to being the barley harvest. Shavuot, which isn't even named in the Torah, was only observed in biblical times as the wheat harvest. It was the rabbinic sages in the Talmud who connected Shavuot with the giving of Torah. In the chronology of Torah stories that makes sense; Sinai was the next major event following the exodus from Egypt. They named it Shavuot, which translates as "weeks" as the holiday was based on counting seven weeks from Pesach. The connection between Pesach and Shavuot is much deeper than chronology, however. It was not for freedom's sake alone that God redeemed the ancient Israelites; it was so that as a free people they could enter into the covenant with God who called upon them to become "a kingdom of priests and a holy nation." Shavuot celebrates the affirmation of that covenant. Thus, *Sefirat Haomer* takes on deeper resonance as we count the days between recalling the redemption from slavery and re-enacting that moment of revelation; it is a time of personal and spiritual preparation, of reviewing and renewing one's commitment to Torah, the values it teaches and the obligations it calls upon us to fulfill.

It is not an easy task to which we recommit ourselves every year on Shavuot. Judaism is not a faith that allows us to escape from the challenges of daily life; rather, we are called upon to immerse ourselves in striving to repair our world, to bring us toward that Sinaitic vision of a just society, and to heed the cry of the prophet Amos: "Let justice roll down like waters and righteousness like a mighty stream." In these most trying times, both here and in Israel, Torah continues to be our guide.

On a personal level, I am in my own period of counting, as I look ahead toward my retirement in late June. After 37 years in the rabbinate, the last seven of which have been as Rabbi of Vassar Temple, I am ready to move on to the next chapter of my life. It has been my honor and privilege to serve my congregation and to be part of the Jewish community of Dutchess County. My husband and I are remaining in our home, and I look forward to my on-going relationship with Vassar Temple as Emerita and continuing to be part of this wonderful Jewish community. You can look for me and my dog, Sasha, on the hiking trails of the Hudson Valley!



Rabbi Renni Altman

## B'not Mitzvah

### B'not Mitzvah at Vassar Temple

We are proud and excited that on Saturday, June 7th at 10:00 AM, we will be celebrating the B'not Mitzvah of Madelyn D'Angelo, Susan Fink, Maxine Finkelstein, Kimberly Harris, and Fern Lox at Vassar Temple, 140 Hooker Ave, Poughkeepsie, N.Y. 12601

Rabbi Renni Altman and Cantor Elizabeth Goldmann of the congregation will be leading the service. The B'not Mitzvah will take part in reading from the Torah and Haftorah and sharing a D'var Torah.

Madelyn, Susan and Maxine came together during Covid for an introduction to adult Hebrew reading class by our wonderful teacher Marcia Tanzman. The class had a lot of people to start. We three stayed and enjoyed four years of learning.

Rabbi Renni Altman felt the natural next step after four years was to culminate our learning by celebrating becoming B'not Mitzvah.

Kimberly Harris shared that, after just converting in Tevet, the opportunity to have a B'not Mitzvah is a privilege that allows her to grow her Jewish life in the presence of community. Being able to join in learning with everyone is a blessing.

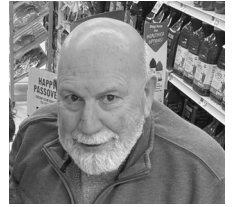
Fern Lox recalled her family's synagogue, where she attended Hebrew school, did not Bat Mitzvah girls. When she retired this was one of her top priorities. She has waited 50 years to become Bat Mitzvah.

"Mazel Tov" to All

## Meet Your Neighbor *by Karen Hochhauser*

Each month, we ask a Member of the Tribe\* (MOT) the following questions and feature their answers for a fun and insightful way to meet your neighbors. This month, we are excited to introduce Howard Nisgor who took time away from eating lunch to answer our questions.

- 1. What is your favorite/least favorite word?**  
**Favorite:** *There are so many, I cannot choose just one.*  
**Least Favorite:** *Can't.*
- 2. What inspires you creatively, spiritually, or emotionally?** *Colors.*
- 3. What is your favorite song?**  
*"Party Lights."*
- 4. What profession other than you own would you like to attempt?** *Chef.*
- 5. What profession other than your own would you not like to attempt?** *Manual Labor.*
- 6. What do you most like and dislike about yourself?**  
**Like:** *Creativity.*  
**Dislike:** *Indecision.*
- 7. What is your favorite Jewish food/dessert?**  
*Koogele.*
- 8. What is one interesting thing that people don't know about you?**  
*I'm in the Pinstripes Hall of Fame (decorative lines on cars (hot rods)). It has been more than a hobby to me since the age of 13.*
- 9. If you could choose a superpower, what would it be?**  
*Cure Cancer.*
- 10. What is your greatest achievement/something you are most proud of?** *My family.*
- 11. Do you have a "bucket list" and, if so, what is on it?**  
*I'd like to tour Italy. Last year, we crossed one off the list by going to Greece.*
- 12. If there were one thing you would hope others do in the interest of our future, what would that be?**  
*Learn to be more tolerant of each other.*
- 13. What is your earliest Jewish memory?**  
*Family seders in Brooklyn.*
- 14. What is your most favorite Jewish memory?**  
*Wearing my Grandfather's yarmulka at the Western Wall.*
- 15. In what ways, does or can JFedDC impact our Jewish community?**  
*Keep going with the great work they're doing.*
- 16. If Heaven exists, what would you like to hear God say when you arrive at the Pearly Gates?**  
*"Come in!"*



Howard Nisgor

\*Member of the Tribe



**Jewish Federation**  
of Dutchess County

**Community Security Initiative**

In Dutchess County we take our security seriously. To help support our CSI security and consultant, please donate at: [www.jewishdutchess.org/donate](http://www.jewishdutchess.org/donate)



**MITZVAH DAY**  
DOING GOOD TOGETHER

**Sunday, May 4**  
**See Page 1**  
**for more information**

**BERKSHIRE HATHAWAY HOMESERVICES** | **HUDSON VALLEY PROPERTIES**

**HELLO, NEIGHBOR.**

RESIDENTIAL HOMES  
 LUXURY COLLECTION & COUNTRY ESTATES  
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**Mensch** by Suzanne Turrisi, PJ Library Assistant Director

According to Oxford Languages, “The word mensch comes from the Yiddish word meaning person and is considered a high compliment, signifying someone who is kind, decent, honorable and trustworthy.” Character, dignity and a practice of doing what is morally just, is what makes a mensch.

A question arises when people don’t exemplify these admirable characteristics. Do decent people sometimes hurt others or commit wrongdoing? Yes, of course. Everyone makes mistakes. People are known to lie, cheat or speak hurtfully to one another. People also practice silence, like the person who hits your parked car in a parking lot and chooses to drive away rather than leaving a note. The “sin of omission” is where we fail to perform a positive action that we are obligated to do, one that prevents us from doing what G-d expects. We put ourselves first and justify our actions by telling ourselves “it’s okay”.

While we may not always behave like a mensch, it is important to recognize our behavior and acknowledge our mistakes. We do this by taking accountability, telling someone that we did something wrong and by learning from our mistakes to avoid hurting someone again in the future.

## Shabbat Y'Ladim (Children's Shabbat)

All young children from tots to first grade are invited to join Rabbi Altman to celebrate both the Sabbath and the birthday of Israel, on **Saturday May 17, 10:30am**, at Vassar Temple. Our stuffed bear friends *Kachol v'Lavan* will be there to take part in the singing, stories, and a brief, child friendly service. Tell your friends and neighbors--this event is free and open to the whole community. Healthy snacks will be served. Vassar Temple is a welcoming, inclusive Reform congregation. For more information and to RSVP contact [office@vassartemple.org](mailto:office@vassartemple.org) or call the Temple (845) 454-2570.

**GAN IZZY JEWISH DAY CAMP AT THE FARM**

2025 DATES: JUNE 30 - JULY 11  
SIGN UP FOR 1 OR 2 WEEKS

AGES 6-12  
NEW FOR 2025: MINI GAN FOR AGES 4-5

FARM ANIMALS, SWIMMING, TRIPS, SPORTS, JEWISH EXPERIENCES, ART, AGRICULTURAL EDUCATION, AND MORE!

For more information, visit [mypardess.org/camp](http://mypardess.org/camp)

LOCATED AT PARDESS CHABAD FARM  
171 BLUE HILL RD, HOPEWELL JUNCTION  
845-440-7592



## RELIGIOUS SCHOOL

### BEACON HEBREW ALLIANCE

Friday afternoons, ages 9-13 years  
Sunday mornings, ages 5-13 years  
311 Verplanck Ave, Beacon  
Contact [celia@beaconhebrewalliance.org](mailto:celia@beaconhebrewalliance.org)

Led by Education Director, Celia Bacowski—Masa is filled with joyful Jewish experiences, including song, dance, art, food, field trips, and more!

### CHABAD MID-HUDSON VALLEY

Sunday, 10:00am-12:15pm, ages 5-12 years  
63 Vassar Rd, Poughkeepsie

For information contact Hindy Borenstein, Director (845) 463-5801  
[chabadmidthudsonvl@prodigy.net](mailto:chabadmidthudsonvl@prodigy.net)

### PARADESS HEBREW SCHOOL

Sunday, 10:00am-12:00pm

For information  
[www.mypardess.org/hebrewschool](http://www.mypardess.org/hebrewschool)

### RHINEBECK JEWISH CENTER

Monday, 4:00-5:30pm  
Tiny Tots Division (ages 1-5)  
Intermediate Division (ages 6-10)  
Bar and Bat Mitzvah (ages 11-13)

For information, contact Rebbitzin Tzivie Hecht, Director (845) 876-7666 or [tziviehecht@gmail.com](mailto:tziviehecht@gmail.com)

### CONGREGATION SHIR CHADASH and TEMPLE BETH-EL

Kulanu: All of Us A School of Jewish Learning A joint religious school program with Shir Chadash and Temple Beth-El

Our collaborative school models the true meaning of Klal Yisrael (Jewish peoplehood) by increasing the sense of Jewish community and partnership for our students and families. It allows students to get to know their Jewish peers and to receive a broader Jewish education. Students explore Jewish tradition, history, and culture through art, music, movement, and text. For grades Pre-K through Bar/Bat Mitzvah.

Classes meet:  
Pre-K through grade 6, 10:00am-12:30pm on Sundays, January –Mid March we meet on Saturdays and explore Shabbat.  
Grades 3-7 also meet Tuesdays 4:45-6:15pm.  
B’Nai Mitzvah class (grad 7 meets Saturday mornings.

For more info contact:  
Rabbi Miriam Hyman, Education Director Temple Beth-El at [education@tbeny.org](mailto:education@tbeny.org)  
Rabbi Glenn Jacob, Congregation Shir Chadash at [rabbigmj@gmail.com](mailto:rabbigmj@gmail.com)

### VASSAR TEMPLE

Vassar Temple provides a program of education within the guidelines of the Reform Movement, which deepens a students Jewish experience and knowledge within an accepting, stimulating, and creative learning environment. Our philosophy of Jewish learning is based on the quotation from Pirke Avot, “The world depends on three things: on Torah, on worship, and on deeds of loving kindness.”

The Seth A Erlebacher Religious School for grades K-7 meets Sunday mornings under the administration of Rabbi Shoshana Hantman, our Religious School Director. The Hebrew language instruction and afternoons, offers Hebrew language instruction and bar/bat mitzvah preparation for grades 4-7. Teens may work as madrichim (teachers aides) in the Sunday School. New enrollments are welcome throughout the year.

For more information,  
[rsdirector@vassartemple.org](mailto:rsdirector@vassartemple.org) (845) 454-2570

## NEW YOUTH SCHOLARSHIPS

FOR JEWISH SUMMER CAMPS AND TRIPS TO ISRAEL\*



APPLICATION DEADLINE IS MAY 31ST

FOR MORE INFO, VISIT:

[www.Jewishdutchess.org/youth-scholarship](http://www.Jewishdutchess.org/youth-scholarship)

\*FOR DUTCHESS COUNTY RESIDENTS UP TO 18 YEARS OLD



Jewish Federation of Dutchess County



PJ Library, a flagship program of the Harold Grinspoon Foundation (HGF), was launched with a humble beginning in 2005 in Western Massachusetts, sending children's books about Jewish holidays, culture, and values. Today, PJ Library has grown into an internationally recognized \$40M global cultural literacy venture that partners with philanthropists and Jewish communities around the world to provide families raising Jewish children ages 0-12 with the gift of free, high-quality, children's books and other resources that foster a deeper connection with Jewish life ([www.hgf.org](http://www.hgf.org)).

Thank you!

מענטש

**Mensch**  
**A good person**

Here is a list of how to be a mensch:

1. Do the "right thing".
2. Show kindness.
3. Ask for forgiveness.
4. Help.
5. Set a good example.
6. Don't follow the crowd; make your own decisions.
7. Don't leave anyone behind.
8. Reach out to someone who is hurt.



**PJ Library**  
Bring Jewish stories home

Tamatha



Suzanne

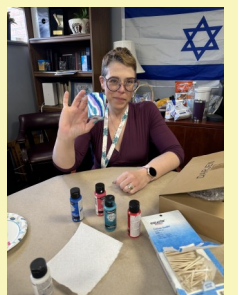
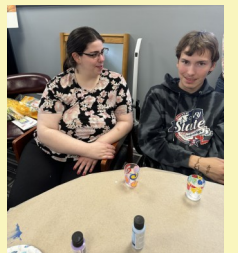


**A Lesson for All** by Tamatha Williams, PJ Library Director

When an atrocity occurs, it is imperative that we remember in order to ensure that it is never repeated. Cantor Devorah reached out to me and explained that she would be completing 80 hand-painted glass votives with a variety of adults and children. She further explained that the votive candles would be lit on Yom Hashoah, the commemoration of the Holocaust, an immeasurable atrocity. The 80 votives would represent 80 years that have passed since millions of lives were lost unjustly and unnecessarily.

At her request, I sought permission to have our ARC School to Work students assist with this endeavor. Cantor Devorah and her daughter Bethany arrived with the votives and special glass paint. The students listened attentively as Cantor Devorah explained the initiative. They were given insight into the history of suffering and loss of a multitude of human beings and then the students thoughtfully and lovingly began to craft their individualized votives. Some were intricate with lines and swirls of colors. Others, like mine, contained a written sentiment with a simple heart. On mine I wrote, "May the past never be forgotten and the future be filled with ♥."

While the past can not be changed, educating, honoring and remembering can help safeguard a future filled with light and love.



Tri-County Jewish Federation of Dutchess, Orange, & Ulster Counties  
INVITE YOU TO

**JEWISH HERITAGE NIGHT**  
WITH THE HUDSON VALLEY RENEGADES

WED | JULY 9TH 6:35 PM GAME

SAVE THE DATE  
AT HERITAGE FINANCIAL PARK | WAPPINGERS FALLS

TO GET YOUR CAMP, CONGREGATION, OR ORGANIZATION INVOLVED, PLEASE REACH OUT TO  
845-471-9811 | PROGRAMS@JEWISHDUTCHESS.ORG | JEWISHDUTCHESS.ORG/EVENTS

PJ Library

**PICNIC**  
*In The Park*

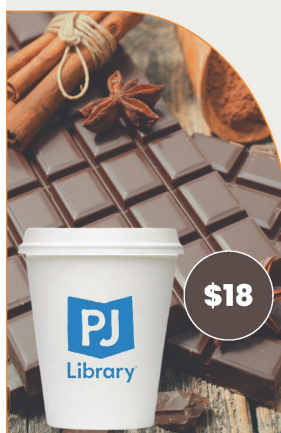
Join us for a picture-perfect day filled with sunshine, laughter and a PJ story time, craft and picnic in the park.

SUNDAY, 17 MAY 2025  
10 AM AT  
TRIBUTE GARDENS  
21 Josephs Drive Millbrook

RSVP [programs@jewishdutchess.org](mailto:programs@jewishdutchess.org)

*Skip a Coffee*

Join Our Coffee Mitzvah Club  
And Help To Support PJ Library



Petite Coffee Donor:  
Make a monthly donation of \$18



Tall Coffee Donor:  
Make a monthly donation of \$36



Grande Coffee Donor:  
Make a monthly donation of \$54

<https://www.jewishdutchess.org/programs/pj-library>

## The Federation Board's Voice



Russell Rothman

As I write this on this year's Earth Day, I am disturbed by the upheaval the current political crisis has left our natural world. Removing safeguards to our water and air, encouraging development on protected Federal lands and parks, discouraging development of clean fuels and vehicles and encouraging development of coal and oil all sounds like reasons to be pulling out what hair I have left. As the planet gets hotter, water becomes a critical commodity. When soil dries up and crops can't grow, people have the option to starve or move and migrate somewhere presumably better.

Places blessed with water or the technology to create more will find their countries the envious destination for millions and millions of wanderers and migrants who otherwise would likely stay in their native lands. This is not a liberal or conservative, democratic or republican problem: it is a human problem and there is no wall high enough or a river wide enough or a sea deep enough to stop or prevent it. We have seen mass migrations happening all over the world, in the Middle East, South and Central America, Asia, Africa, and Europe. Migrants moving by land and sea, legally and illegally, whether due to political climate or difficult ecological climate, their movements are a reality.

So, what can we do, here in the Hudson Valley where, so far at least, we live in a so-called Goldilocks Zone, a place with good clean water and air, no tsunamis, earthquakes, big fires, and the soil is good for growing crops. As Jews practicing Tikkun Olam or healing the world, we can actually do a number of things. The first obvious thing is to give aid to those less fortunate. Donate food, clothing, toiletries to local food banks which many of us already do. Most of our local religious organizations participate in these practices already, as well as the Harding Club, Dutchess County's venerable 100+ year old Jewish men's organization.

Next, we can practice conservation in our own homes and apartments by minimizing water waste, shutting off lights in empty rooms, unplugging unused chargers, planting trees and flowers to provide food and safety for birds and bees and other useful insects. You can also donate to reputable conservation groups that are actually doing useful work. You can contact your representatives in government to urge them to promote conservation issues and practices. Restoring foreign aid to countries suffering the most helps them survive in their own land. Cuts to USAID has impaired responses to natural disasters such as recent earthquakes, fires, and floods across the globe. Some worthwhile aid projects not only provided medical assistance and food but also solar power to remote villages that allowed for lighting in homes so children could read and study after dark. Solar energy also provided power to pumps providing drinking water and for irrigation. The Peace Corps also supplied teachers in remote areas where none existed. I can't emphasize enough how important a real education is in these trouble spots around the globe. However, Dwight Eisenhower, who traveled the world as a military leader and US president (as well as a Columbia University president) once observed that "the true purpose of education is to prepare young men and women for effective citizenship in a free form of government".

I recall hearing an inspirational quote a few years ago: a river cuts through rock not because of its power but because of its persistence. Perseverance and a sustained effort can overcome strong obstacles just as a journey of a thousand miles begins with a simple step. For those who haven't left the starting gate, let's take that first step together on Mitzvah Day this May 4th.

## Our Executive Director



TIMBER...

In the past, many wise sages used to ponder the thought-provoking question, "If a tree falls in the woods, but nobody is there to hear it, did it actually make a sound?" Today, the question would be positioned to read, "If an event happened but it wasn't posted on social media, did it actually even occur? Both examples make us chuckle.

However, the question does remain, how is everyone made aware of what is happening locally? What is your Federation doing for you? With the continuing rise of antisemitism, does someone "have our back?"

While we hope that you receive our weekly email, full of content regarding upcoming events, articles, Israel updates and more, we realize that even with that source of information, so much is happening behind the scenes that you may not be aware.

Did you know that we at the Jewish Federation of Dutchess County (JFedDC) are engaged with and part of:

- Dutchess County Threat Assessment Group and attend Behavioral Threat Assessment Management Trainings.
- The NY State Division of Human Rights' Hate & Bias Prevention Unit for the Mid-Hudson Valley and participate regionally and state-wide.
- Law enforcement throughout the County. We maintain contact and ongoing communication with the NY State Counter Terrorism Division, Troop K's Hate Crimes division, the Sheriff's department, and local Police Departments throughout the County, which is one of the reasons we will be honoring them at the upcoming Gala on June 19.
- Community Security Initiative and regularly interact with our Security Consultant for Dutchess County....and more.

While some of these relationships are based on the investment of the time and effort from me and our JFedDC team, others, such as the Dutchess County Security Consultant, do cost actual financial investment. We were fortunate enough to receive a Live-Secure grant which covered 100% of the costs last year. This year our responsibility will be 50% and soon 100%. If you have the interest and capability, we ask that you help us help the community stay secure by contributing to the cost of our security consultant, Pat Regan. Pat serves the whole community, has already met with several synagogues, has done some trainings, and was helpful in assisting secure security funding locally for a synagogue. We still stand by our "If you see something, say something" and let us know whether you have experienced any incidents of antisemitism, but now we have a special resource "in our pocket" to help us even more.

So please forgive us if we have not shared all that is happening behind the scenes. It is a lot, and we are doing what we can to help ensure that our home in Dutchess County is as safe as possible.

May we all be blessed with a peaceful year.  
Karen Hochhauser, Executive Director.

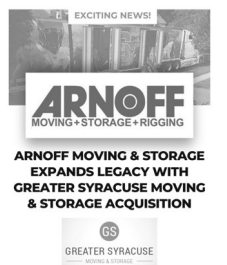
## JEW IN THE NEWS.

Highlights, updates, and happenings of our Jewish business members of the community.

### Congratulations Arnoff Moving+ Storage + Rigging

"Arnoff Moving & Storage, a family-owned company since 1924, has expanded its footprint in Upstate New York with the acquisition of Greater Syracuse Moving & Storage. This strategic move strengthens Arnoff's presence in Central New York and brings its full range of services—including residential and commercial moving, climate-controlled storage, specialty logistics, and global transportation solutions—to a new market. The Syracuse team will remain in place, ensuring continuity and customer care. With growing demand in high-tech industries, especially semiconductors, Arnoff is poised to support region's evolving needs while continuing its legacy of community involvement and exceptional service."

If you would like to get in touch with Arnoff, please find them at their website [www.arnoff.com](http://www.arnoff.com) or call them at (800) 633-6683.



### Congratulations to Dr. Irvin Miller and the Math & Physics Exploration submitted by Irvin Miller

#### Wappingers Students Smash Long Multiplication Records

Have you ever had trouble multiplying 3 digits by 3 digits? Well, at least four students, with more to come, have multiplied 92 digits by 92 digits getting 191 digits in the answer and breaking world records. Dr. Irvin Miller, director of the Math & Physics Exploration (501 (c)3 ), has developed techniques that are several levels beyond what is taught in school but build upon what the students were taught. Lets look at some comparisons:

Digits	Dutchess County				Digits	Florida	Australia	India
	Owen	Darius	Giovanni	Kian		Sana Hiremath	Pepe King	Granth Thakkar
12x12	1:24	1:02*	1:09	1:09	10x10	10		
24x24	4:51	3:23	2:44*	3:23	20x20		5:29	2 min
48x48	13:18	9:12	8:04*	7:18	40x40		35:22	
96x96	34+	24:40	17:25*	12:03				

\*records The others made an error or two.

As you can see (prorated) the Wappingers Falls students toppled all of the records. Their target was on the 35:22 for the Australian record holder as of last year. Giovanni easily broke all of his records. Pepe King did the 40x40 mentally using the crisscross technique. He would have failed by New York standards because he could not show his work. Giovanni did the 96x96 twice as fast as the Australian did the 40x40. With the techniques that Giovanni and his classmates used, they did the 96x96 in half the time of the 40x40. King handled 1600 digits, while Giovanni handled 1200. He also used four sheets of paper pasted together. In the future Giovanni will have some competition from 5th graders who are now learning to multiply 18x18 digits. These students may have better computational skills than their parents. Hopefully the New York Department of Education will take note of their accomplishments.





**Connecting our Community through Food**

Send us your favorite Kosher recipe so we can share it.  
Please email to: [TheVoice@jewishdutchess.org](mailto:TheVoice@jewishdutchess.org).

**Passover Iraqi Aruk** by *Ruhama Shitrit*

**Ingredients:**

- 4 crumbled matzahs
- 1/2 cup of water
- 1/3 cup of olive oil
- 3 eggs
- 1 zucchini, shredded
- Handful of chopped parsley
- 3 small boiled potatoes, shredded
- 1 1/2 teaspoons of salt
- 1/2 teaspoon of ground black pepper
- 1 teaspoon of garlic powder
- Avocado oil spray



**Method:**

1. In a mixing bowl add the crumbled matzahs, water, olive oil, and eggs. Mix it all together.
2. Add the shredded zucchini, red onion, parsley, and shredded potatoes. Mix it all until combined.
3. Place a parchment paper on a baking pan and spray Avocado oil on top.
4. Using a greased ice cream scoop, scoop from the mixture and place it on the baking pan. You should get around 15 large Aruk patties.
5. Bake in a preheated oven on 420F/220C for 25 minutes.
6. Transfer the oven to convection broil on 450F and broil for 5-7 minutes until it gets a nice golden brown color.
7. Before serving, spray avocado oil.

**CHALLAH IF YOU HEAR ME!**

**L'chaim! JEWISH COOKING & CULTURE SERIES**

**Sunday, May 18, 2:30 pm**

The Challah Pixie will explore the art of breadmaking, and you'll be able to bring some dough home and bake your very own challah!

**Registration required.**

**Registration opens April 28!**

*Presented in partnership with:*



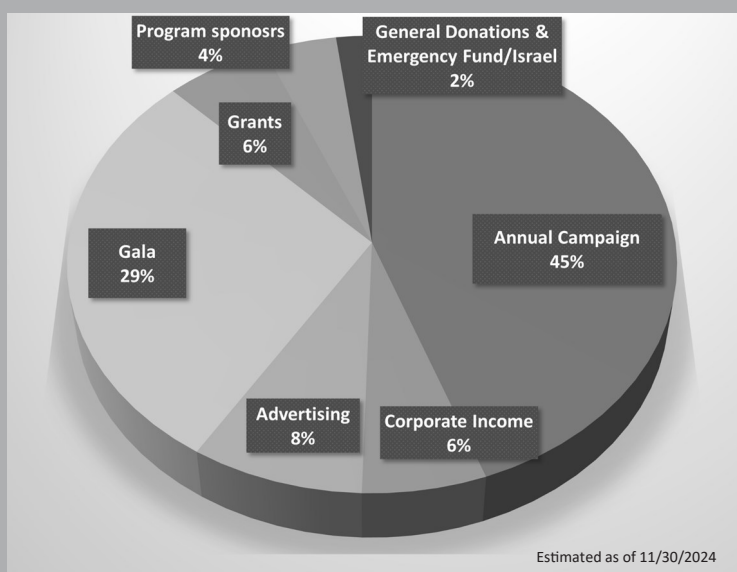
**Adriance Memorial Library**  
93 Market Street  
Poughkeepsie, NY 12601  
(845) 485-3445



**May is Jewish American Heritage Month...**

- Jewish American Heritage Month (JAHM) was established in May 2006 by a Presidential proclamation, in recognition and celebration of Jewish American society.
- During JAHM, we are reminded that discrimination against Jewish people—or any group—undermines the core principles of justice, inclusion, and liberty for all, which are fundamental to the American identity, making antisemitism inherently anti-American.
- JAHM provides an opportunity to celebrate diversity within the Jewish American community and reflect on the contributions of Jewish Americans to society as a whole.
- JAHM promotes education and awareness about the Jewish American community, fostering greater understanding and appreciation among people of all backgrounds.
- JAHM encourages community engagement through events, discussions, and activities that bring people together to celebrate shared values of inclusivity, tolerance, and respect.
- JAHM provides an opportunity for outreach and collaboration – both in celebration of Jewish communities and in the fight against antisemitism and other forms of hate.

**Where does the money come from?**



We welcome your comments on the activities and impact of the JFedDC. Do you have ideas about how to enrich our Jewish community? Do you want to get involved? Contact us at (845) 471-9811 or email us at: [director@JewishDutchess.org](mailto:director@JewishDutchess.org) to share.

**JFedDC**

- ◆ Creating community including social and educational programming
- ◆ Combating antisemitism
- ◆ Implementing Interfaith/NextGen programming
- ◆ Building and expanding collaborations
- ◆ Subsidizing tuition for young Hebrew learners
- ◆ Ensuring 5 year strategic plan continuity
- ◆ *NEW*—Jewish Summer Camps and Israel Trip Scholarships for youth

**PJ Library**

- ◆ Connecting young Jewish families to Jewish life locally
- ◆ Bringing children's books into Jewish homes
- ◆ Engaging multi-generational Jewish families with each other

**Jewish Family Services**

- ◆ Creating a senior social network through *Learn & Lunch Bunch* bi-monthly gatherings
- ◆ Assisting during a personal or family crisis
- ◆ Connecting and celebrating our seniors with holiday gift packages.
- ◆ Helping those in need through Mitzvah Day and *Mitzvah Now* initiatives

**KNOW GREATER VALUE®**

Proud to Support  
**Jewish Federation of Dutchess County**



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[pkfod.com](http://pkfod.com)

## Congregation Schomre Israel

(Orthodox)  
18 Park Ave, Poughkeepsie  
(845) 454-2890  
Rabbi Shlomo Krasner  
Website: [www.schomreisrael.org](http://www.schomreisrael.org)  
Email: [rabbishlomok@gmail.com](mailto:rabbishlomok@gmail.com)

### Weekly Services:

Shacharis 7:00am (weekdays)  
Shacharis 8:30am (Sunday & holidays)  
Maariv: 6:40pm (winter weekdays)  
Friday Kabbalat Shabbat: around candle lighting times.

### Adult Education:

#### Wednesday

**Responsibilities of the Heart** 11:00am. Using a classic rabbinic work, we will discuss and study how to bring security and serenity into our lives.  
**Hebrew Class** 6:00pm. We will continue to learn more Hebrew.

#### Thursday

**Open discussion with Rabbi Krasner** 6:00pm, May 1, 8, 15, 22. Bring your questions and concerns to Rabbi Krasner to discuss.

**Mitzvot during the Time of Modernity** 7:00pm, May 1, 8, 15, 22. A close examination of various mitzvot to deepen our understanding of them.

### Other Events:

#### Wednesday

**Rosh Chodesh Breakfast** May 28 after morning service to mark the beginning of the month of Sivan.

#### Thursday

**Yiddish Club** May 1, 11:00am. Join us to hear, speak, and learn some Yiddish and to understand Yiddish culture. Let's keep Yiddish alive!

**Hands of Judaism for the Foodie** May 29, 6:00pm. We will expand our knowledge of Challah. Challah is the special mitzvah to separate a small piece of dough when baking to give to Hashem. Join us to learn the significance - the whos and the whats of this special mitzvah. Come and find out some more.

### Contact

[rabbishlomok@gmail.com](mailto:rabbishlomok@gmail.com)  
for current information  
or visit the website  
[www.schomreisrael.org](http://www.schomreisrael.org)

## Congregation Shir Chadash

(Reform)  
Interim: Freedom Plains  
Presbyterian Church, Lagrange  
(845) 232-1029  
Rabbi Glenn Jacob  
Website: [www.shir-chadash.org](http://www.shir-chadash.org)  
Email: [info@shir-chadash.org](mailto:info@shir-chadash.org)

### Weekly Services:

Fridays: 7:30pm In-Person & Zoom  
Saturday: 9:15am In-person,  
Bi-monthly Torah Study with  
Rabbi Jacob, all welcome to attend.

### Adult Education:

#### Saturday

**Torah Study** 9:15am. An informal discussion about the Torah portion of the week with Shir Chadash's new spiritual leader, Rabbi Jacob. Everyone has a chance to participate. Bring an inquisitive mind, a curiosity about our tradition, and a willingness to share your thoughts.

For info: (845) 232-1029, email: [info@shir-chadash.org](mailto:info@shir-chadash.org) or visit [www.shir-chadash.org](http://www.shir-chadash.org).

### Other Events:

#### Sunday

##### Rosh Chodesh Reading Group

Those interested in reading are invited (now done virtually) to our interesting and provocative discussions. Dates & times TBD. Participants meet to discuss memoirs, fiction, poetry, and drama in a variety of works that offer Jewish themes and a variety of perspectives of interest. Have a topic or suggestion? Please let us know! For more info, contact Sandy Lash at (845) 232-1029, via email: [info@shir-chadash.org](mailto:info@shir-chadash.org)

### Contact :

[info@shir-chadash.org](mailto:info@shir-chadash.org)  
for current information  
or visit the website  
[www.shir-chadash.org](http://www.shir-chadash.org)

## Temple Beth-El

(Conservative)  
118 S Grand Ave, Poughkeepsie  
(845) 454-0570  
Rabbi Michael Fessler  
Rosh Tefilah Rabbi Miriam Hyman  
Website: [www.tbeny.org](http://www.tbeny.org)  
Email: [info@tbeny.org](mailto:info@tbeny.org)

### Weekly Services:

Friday & Saturday Shabbat Services are both in-person and Zoom.  
Monday— Friday Minyan 8:00 am.  
Monday & Thursday in person & Zoom,  
Tuesday, Wednesday, & Friday only on Zoom  
Call the Temple Beth-El office for the current schedule.

### Adult Education:

For information about ongoing Adult Education at Temple Beth-El, please contact the synagogue office : (845) 454-0570.

### Other Events:

#### Sunday

**Temple Beth-El Serves at Lunchbox** 2nd Sunday. Volunteers are needed to help serve a meal at Lunchbox at Dutchess Outreach. You can also help by making a donation to help cover the cost. Contact Nancy Judson & volunteer (845) 216-7563

#### Tuesday

**Book Club** 2:00pm in the Social hall at TBE. June 10 (*Cain v Abel: A Jewish Courtroom Drama*). If inclement weather, we meet via Zoom.

### Contact:

[info@tbeny.org](mailto:info@tbeny.org)  
for current information  
or visit the website  
[www.tbeny.org](http://www.tbeny.org)

## Vassar Temple

(Reform)  
140 Hooker Ave, Poughkeepsie  
(845) 454-2570  
Rabbi Renni S. Altman D.D.  
Website: [www.vassartemple.org](http://www.vassartemple.org)  
Email: [Office@VassarTemple.org](mailto:Office@VassarTemple.org) or [rabbi@vassartemple.org](mailto:rabbi@vassartemple.org)

### Weekly Services:

Most services are hybrid (both in person and on Zoom). Contact [office@vassartemple.org](mailto:office@vassartemple.org) for Zoom link

#### Friday

**Shabbat Evening Service** 7:30pm, May 2-Shabbat Service Honoring 50th Anniversary of Ordination of Sr. Scholar Rabbi Paul Golomb, May 9—Sisterhood conducts Shabbat Service, May 16, 23, 30-Shabbat Evening Servis.

#### Saturday

**New Paths Shabbat Morning Worship** May 17 & 31, 10:15am.  
**Shabbat Morning—Torah Service** 10:00am, May 3 & 10.

### Adult Education:

#### Tuesday

**Talmud Study with Senior Scholar Rabbi Paul Golomb** generally meets on Zoom from noon to 1:30pm two Tuesdays per month. To be placed on the Talmud Study email list and receive the dates and study sheets, contact [pjgolomb@verizon.net](mailto:pjgolomb@verizon.net).

#### Saturday

**Torah Study with Rabbi Renni Altman DD**, 9:00am, no class May 3 & 10. (Hybrid). Come join our lively discussions!

Contact us at [office@vassartemple.org](mailto:office@vassartemple.org) or (845) 454-2570 to be placed on the Torah Study email list.

### Other Events:

#### Thursday

### Contact :

[office@vassartemple.org](mailto:office@vassartemple.org)  
for current information  
or visit the website  
[www.vassartemple.org](http://www.vassartemple.org)

### Service to Honor Rabbi Golomb

This year will mark the 50<sup>th</sup> anniversary of Rabbi Paul Golomb's rabbinic ordination. That is an incredible milestone: half a century of service to the Jewish people, of which half has been with Vassar Temple, first as rabbi and then as "Senior Scholar." Thanks to the generosity of many congregants, a Convention Sponsorship was provided in Rabbi Golomb's honor at the March convention of the Central Conference of American Rabbis (CCAR) where Rabbi Golomb and his classmates were honored for reaching this most significant milestone. Please join us on Friday, May 2, at Vassar Temple's Shabbat evening service when we will honor Rabbi Golomb and recognize this milestone here. While there will be some tributes shared by individuals during the service, Rabbi Altman will also collect short personal stories/memories that she may include within the service. If you would like to include something, email Rabbi Altman at: [Rabbi@vassartemple.org](mailto:Rabbi@vassartemple.org). This service may also be attended on Zoom; for the link, contact: [office@vassartemple.org](mailto:office@vassartemple.org).





## JEWISH HERITAGE NIGHT

### WEDNESDAY JULY 9

GAME TIME @ 6:35pm | GATES OPEN @ 5:30pm

SUPPORT THE JEWISH FEDERATION OF **DUTCHESS, ORANGE, & ULSTER COUNTIES!**

Kosher Food Options Available

SCAN THE QR CODE OR CLICK THE LINK FOR TICKETS [GOFEVO.COM/EVENT/JEWISHHERITAGE535](https://gofevo.com/event/jewishheritage535)

Jewish Federation of Dutchess County

845.471.9811  
[Info@JewishDutchess.org](mailto:Info@JewishDutchess.org)

Join Federation's own Suzanne Turrisi and her partner Shannon Butler for history and laughs. This adult podcast teaches you things you didn't know about dead people you thought you knew. Adult subject matter and language! Listener discretion is advised

All My Favorite People Are Dead

History podcast

Overview

History has given us some interesting characters and we feel the need to share their real-life stories in our own unique way.

### TIKKUN LEIL SHAVUOT: Preparing Together for Shavuot

"Torah in Turbulent Times: Exploring Jewish Teachings that Give us Guidance, Strength and Inspiration"

Rabbis Michael Fessler & Miriam Hyman (Temple Beth-El), Glenn Jacob (Congregation Shir Chadash), and Renni Altman (Vassar Temple) will teach and share traditional and contemporary texts on different aspects of this topic.

Location: Temple Beth-El  
Sunday, June 1, 2025

7:30 Coffee and Cheesecake. followed by study and concluding with Ma'ariv. This event will be presented hybrid—link available from the synagogues.

## Pardess Center for Jewish Life

(845) 440-7592  
 Rabbi Zalman Sandhaus  
 Website: [www.MyPardess.org](http://www.MyPardess.org)  
 Email: [info@MyPardess.org](mailto:info@MyPardess.org)

**Contact:**  
**[info@MyPardess.org](mailto:info@MyPardess.org)**  
**for current information**  
**or visit the website**  
**[www.MyPardess.org](http://www.MyPardess.org)**

## The Rhinebeck Jewish Center

102 Montgomery Street, Rhinebeck  
 (845) 876-7666  
 Rabbi Hanoch Hecht  
 Rebbitzin Tzivie Hecht  
 Website:  
[www.RhinebeckJewishCenter.com](http://www.RhinebeckJewishCenter.com)  
 Email:  
[RSVP@RhinebeckJewishCenter.com](mailto:RSVP@RhinebeckJewishCenter.com)

### Weekly Services:

Fridays: Call for time.  
 Saturdays: 9:30am

### Contact:

**[RSVP@RhinebeckJewishCenter.com](mailto:RSVP@RhinebeckJewishCenter.com)**  
**for current information**  
**or visit the website**  
**[www.RhinebeckJewishCenter.com](http://www.RhinebeckJewishCenter.com)**

## Chabad of Mid-Hudson Valley

63 Vassar Rd, Poughkeepsie  
 (845) 463-5801  
 Rabbi Yacov Borenstein  
 Website:  
[www.chabadmidhudsonvalley.com](http://www.chabadmidhudsonvalley.com)  
 Email:  
[ChabadMidhudsonvly@prodigy.net](mailto:ChabadMidhudsonvly@prodigy.net)

### Weekly Services:

Fridays: Call for times.  
 Saturdays: 10:00am Chabad Hebrew School

### Adult Education:

#### Wednesday

**Torah Class: Discover the World of Prayer** 11:00am, 36 Pleasant Ridge Drive. Class led by Hindy Borenstein. Indulge your body with thought provoking insights from the weekly Torah portion and other contemporary issues, and indulge your body with a light and healthy lunch.

### Special Events:

#### Sunday

**Bagels, Lox, Torah (Tefillin too!)** 9:00am led by Rabbi Yacov Borenstein. Morning minyan will follow Torah discussion on the coming week's Torah portion, upcoming holiday, or topic of Jewish interest.

### Contact :

**[ChabadMidhudsonvly@prodigy.net](mailto:ChabadMidhudsonvly@prodigy.net)**  
**for current information**  
**or visit the website**  
**[www.chabadmidhudsonvalley.com](http://www.chabadmidhudsonvalley.com)**

## Beacon Hebrew Alliance

(Conservative)  
 331 Verplanck Ave, Beacon  
 (845) 831-2012  
 Rabbi Justin David  
 Rabbi Emeritus Brent Spodek;  
 Email:  
[411@beaconhebrewalliance.org](mailto:411@beaconhebrewalliance.org)

### Weekly Services:

Friday Shabbat, 5:30pm Mini Minyan with Luke Wygodny & 6:00pm Potluck Shabbat Dinner and Kabbalat Shabbat

**Check our Community Calendar for services times, generally every Friday & one Saturday per month:**  
[www.beaconhebrewalliance.org/calendar](http://www.beaconhebrewalliance.org/calendar)

### Contact:

**for current information**  
**or visit the website**  
**[www.beaconhebrewalliance.org](http://www.beaconhebrewalliance.org)**

## Congregation Beth David

(Reform)  
 East Main St, Amenia  
 (845) 373-8264  
 Rabbi Jon Haddon  
 Website: [www.CongBethDavid.org](http://www.CongBethDavid.org)  
 Email: [JonRab33@gmail.com](mailto:JonRab33@gmail.com)

### Weekly Services:

Saturdays 10:30am.

### Contact:

**[jonrab33@gmail.com](mailto:jonrab33@gmail.com)**  
**for current information**  
**or visit the website**  
**[www.CongBethDavid.org](http://www.CongBethDavid.org)**

## Vassar College Bayit

51 Collegeview Ave, Poughkeepsie  
 (845) 728-4792  
 Rabbi Bryan Mann  
 Rachlin Director of Jewish Student Life at Vassar College  
 Email: [bryanmann@vassar.edu](mailto:bryanmann@vassar.edu)

### Weekly Services:

Fridays: 6:00pm  
 7:00pm dinner when school is in session

### Contact :

**[bryanmann@vassar.edu](mailto:bryanmann@vassar.edu)**  
**for current information**

## Bard College

Rabbi Joshua Boettiger  
 Jewish Chaplain, Visiting Assistant Professor of the Humanities  
 Phone: (802) 733-6342  
 Email: [jboettiger@bard.edu](mailto:jboettiger@bard.edu)

### Contact:

**[jboettiger@bard.edu](mailto:jboettiger@bard.edu)**  
**for current information**

## Congregation Emanuel of the Hudson Valley

243 Albany Ave, Kingston  
 (845) 338-4271 ext 101  
 Rabbi's Study: (845) 338-4384 ext 102  
 Rabbi Jack Sherratt:  
[rabbijack@hvc.rr.com](mailto:rabbijack@hvc.rr.com)

### Weekly Services:

#### Friday

Kabbalat Shabbat Service 6:00pm,  
 May 2, 9, 16, 23, 30.

Tot Shabbat May 9, 9:15am.

#### Saturday

Morning Minyan 10:00am, May 3, 10, 17, 24, 31.

#### Education:

Zimet Jewish Learning Adventure 9:30am,  
 May 4, 18 (last day).

Mediation & Torah Study 8:45am via Zoom, May 16, 13, 20, 27.

Hebrew Trope 12:00pm, via Zoom,  
 Dates TBD.

Hebrew, Shebrew! 4:00pm, via Zoom,  
 May 7, 14, 21, 28.

Talk Back with Rabbi Jack 8:45am, via Zoom, May 1 & 8.

**Contact: [info@cehv.org](mailto:info@cehv.org)**  
**for all events and current info**  
**or visit the website [www.CEHV.org](http://www.CEHV.org)**

## Woodstock Jewish Congregation

241682 Glasco Tpk, Woodstock  
 (845) 679-2218  
 Admin: [admin@wjcsul.org](mailto:admin@wjcsul.org)

### Weekly Services:

#### Friday

Kabbalat Shabbat Service 6:00pm,  
 Kid Friendly Intergenerational Shabbat  
 First Fridays 6:00pm

#### Saturday

Shabbat Service 10:00am

**The 1st Friday Shabbat**—The students of our Family School co-lead Kabbalat Shabbat with Cantor Raechel in a warm and fun mix of upbeat, traditional melodies, learnings from class, and sometimes their own original melodies. All children are invited to come up on the bimah, play shakers, and share their own ideas. The services culminate with the Priestly Blessing, a blessing over all the children in the space. The service lasts about 40 minutes and is followed by a full community potluck, where members of all ages come together to eat, chat, and play games. This is a sweet intergenerational community experience.

**Contact: [admin@wjcsul.org](mailto:admin@wjcsul.org)**  
**for all events and current info**  
**or visit the website**  
**[www.wjcsul.org](http://www.wjcsul.org)**



## May

### Candle Lighting Schedule

May 2	7:37pm
May 9	7:45pm
May 16	7:52pm
May 23	7:58pm
May 30	8:04pm

In honor of Jewish American Heritage Month we are highlighting a few influential Jewish Americans.

## Justice Elena Kagan



**Hometown**  
 New York, New York  
**Politics, Higher Education**

### Contributions to American Society

- Justice Elena Kagan, a Jewish woman and Associate Supreme Court Justice, was appointed in 2010 as the eighth Jewish and fourth female Justice.
- She is renowned for her sharp legal mind and consensus-building approach.



## Eric Kandel



**Hometown**  
 Brooklyn, New York  
**Healthcare**

### Contributions to American Society

- Dr. Eric Kandel was a Jewish-American neuroscientist and Holocaust survivor who revolutionized our understanding of memory and learning.
- He received a Nobel Prize for his groundbreaking research into how the brain stores information.



## Amar'e Stoudemire



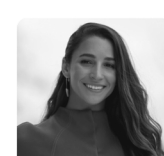
**Hometown**  
 Lake Wales, Florida  
**Sports: Basketball**

### Contributions to American Society

- Amar'e Stoudemire is a former NBA star and six-time All-Star who publicly explored his Jewish identity and converted to Judaism in 2020. He has been an advocate for Jewish learning, observance, and Israel, while also speaking out against antisemitism and promoting unity between Black and Jewish communities, integrating his faith into his post-basketball career.
- Stoudemire was named the 2003 NBA Rookie of the Year.



## Aly Raisman



**Hometown**  
 Needham, Massachusetts  
**Sports: Gymnastics**

### Contributions to American Society

Aly Raisman, a two-time Olympic gymnast and six-time medalist, proudly embraced her Jewish heritage by performing her gold medal-winning floor routine to "Hava Nagila" and advocating for Holocaust remembrance and survivors.



## The Jewish War Veterans of the United States, Post 625

Pvt. Herman Siegel Post 625, Jewish War Veterans of the US, meets monthly at Congregation Schomre Israel, Poughkeepsie. We are the only active post between Westchester and Albany! Upcoming meeting dates are Sundays May 4 and June 8. (9:00am schmooze, 9:30am meeting). The location is strictly kosher and tasty refreshments are provided. All are welcome to attend and/or join, both veterans and anyone else who would like to support our cause. We provide community service and support local veterans' facilities. We advocate against antisemitism and for the rights and benefits of all American military members and veterans. For more info, contact Senior Vice Commander Ralph Schwartz at (845) 849-0025.



# Springtime Jazzical Musicale

May 31st at 7pm

**Pianist Tom McCoy**, a classical and jazz pianist, has extensive theater experience and is known within musical circles for versatility as a soloist, accompanist, composer, arranger and conductor. Tom has backed up such musical luminaries as James Taylor, Ray Charles and Judy Collins. He is also the accompanist for Shir Chadash.

**Christine Clemmons-McCune** is a singer and actress who while attaining a BA in Music at the University of the Arts in Philadelphia, PA, she gained the honor of being selected as a Marion Anderson Historical Society Protégé, a National Merit Scholar, and the Vocalist of the Year (2000). In 2003, she received a Master of Music in Opera Performance from The Juilliard School.

**John J. Cimino, Jr.**, in addition to his numerous prestigious consultant endeavors, is also a performing artist/composer and winner of more than 20 national and international awards as an operatic and concert artist, performing to acclaim throughout Europe and the USA including productions of LA BOHEME, opposite tenor Luciano Pavarotti, LUISA MILLER (International Verdi Festival in Italy, opposite tenor Carlo Bergonzi), and MADAMA BUTTERFLY opposite soprano Anna Moffo).



**Congregation Shir Chadash**

At the Shir Chadash Location  
**Freedom Plains**  
**United Presbyterian Church**  
 1168-11 State Rt. 55  
 LaGrangeville, NY 12540  
 Ample Parking!

Advance tickets online:  
 \$30 per person or \$50/couple.  
 PayPal & Major Credit Cards  
 accepted at [www.shir-chadash.org](http://www.shir-chadash.org)  
 Tickets at the door, if available:  
 \$40 per person or \$70/couple.  
 Students/Children: \$20 online;  
 at door \$25

Light refreshments  
 will be served.  
 For more info, call  
**845-232-1029**  
 or email  
[info@shir-chadash.org](mailto:info@shir-chadash.org).



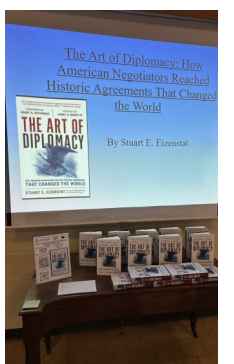
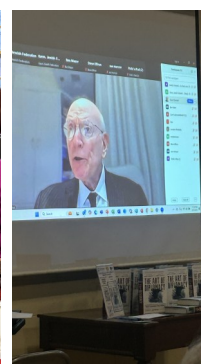
Fourteen members of Congregation Shir Chadash and Temple Beth-El met at the Dutchess Diner for the first get together of the newly formed group Plate Mates. It was a great evening of food, friendship, and conversation



Ellen Zelig, the latest recruit for Vassar Temple's Challah Brigade, all trained by master baker Sandra Mamis



Post—Purim and Punch Party at Meyer's Olde Dutch in Poughkeepsie



U.S. Ambassador Stuart Eizenstat, author of *The Art of Diplomacy*.  
 In collaboration with the Rhinebeck Reformed Church and the Jewish Book Council.

Hudson Valley Medical Health **Choices**  
**Life challenges?**  
**We can help!**

Our new office is open and accepting patients!  
**1 Webster Avenue, Suite 402B in Poughkeepsie.**  
 To schedule an appointment or to learn more, visit  
[hvpalliativecare.org](http://hvpalliativecare.org) or call **845.240.7557**.



*Hope*  
**comes in many forms**

For some, it means feeling seen, heard and supported, every step of the way.

Hudson Valley **Hospice**

Contact Hudson Valley Hospice: [hvospice.org](http://hvospice.org) • (845) 240-7555