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Ukrainian Jewish Community Today

An excerpt from the Jewish Federation of North America.

By February 2022, more than 100,000 Russian troops had massed along the border with Ukraine as the world watched and prepared for a possible Russian invasion of the country. On February 12, 2022, the State of Israel advised all Israeli citizens to leave the country immediately, just a day after US President Joe Biden said "American citizens should leave now," and on February 13, The Jewish Agency began to evacuate many of its shlichim. While world leaders attempted to defuse the crisis, some in the Jewish world were preparing for a range of scenarios that could mitigate the impact on 200,000+ members of Ukraine's Jewish community.

Today, some 200,000 Jews remain in Ukraine, although some estimate the number to be as high as 300,000. The country also boasts close to 300 Jewish organizations in some 100 towns and cities. The Jewish population is mainly concentrated in Kiev (110,000), Odessa and Dnepro (60,000 each) and Kharkov (50,000). Smaller numbers of Jews also live in many other towns. Western Ukraine, once a global center of Jewish life, has only a remnant of its former Jewish population, with Lvov and Chernovtsy each with around 6,000 Jews. The majority of Jews in modern Ukraine are native Russian and Ukrainian speakers, and only some of the elderly citizens speak Yiddish as their mother tongue. (In 1926, 76.1% considered Yiddish to be their native language).

Since the fall of Communism, a renaissance of Jewish life has taken place for those Jews who remained in Ukraine, and Jewish communities in many cities and towns have been reconstituted. The main Kiev synagogue located in Podol was returned to the Jewish community in 1945, and for 50 years it was the only operational synagogue in Ukraine. Today, synagogues and other religious and cultural institutions function in every place with a significant Jewish population. Kiev's Beith Yaakov Shul (also known as the Galitskaya Synagogue) is a typical example of Ukrainian Jewish revival. Built in 1909 and used for more than 50 years as a factory cafeteria, the synagogue was returned to the community by the government in 2001 and

(Continued on page 8)

We would like to invite you to purchase Holiday Greetings and continue to support *The Voice* and The Jewish Federation of Dutchess County. As printing costs just increased 18% in the past year, now more than ever; **we need your support** to allow us to continue offering *The Voice* free of charge to the community. **Passover greeting are due by March 8, see page 9 for details.**

Upcoming Events in March

Community Purim Carnival
See page 7

Coffee & Chat North
See page 11

Movie Night In
See page 12

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JEWISH COMMUNITY SHABBATON
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with **REB SIMCHA RAPHAEL**
March 25-26, 2022

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FRIDAY, MARCH 25, 2022 - SERVICES & STUDY AT 7:30 PM
Exploring Jewish Views of the Afterlife: Contemporary Perspectives

While many assume Judaism does not have a belief in an afterlife, there are in fact extensive Jewish teachings on life after death. Through study, storytelling, and discussion; we enter the worlds of Kabbalah and Hasidism and discover what the Jewish mystics taught about the soul's journey. We also discover the practical connection between afterlife teachings and our contemporary Jewish death rituals.

SATURDAY, MARCH 26, 2022 - SERVICES & STUDY AT 10:00 AM
Jacob's Legacy: End-of-Life Wisdom for Our Times

In the spirit of Torah study, at the end of the Book of Genesis, we investigate deathbed narratives which provide profound wisdom for dealing with end-of-life issues in our times. From Jacob and Joseph, we learn ways of dealing with the reality of death and mourning in this challenging pandemic.

REB SIMCHA RAPHAEL, PH.D. is Founding Director of the DA'AT Institute for Death Awareness, Advocacy and Training. He has served as Adjunct Professor in Religion at LaSalle University and Temple University and is Faculty of the Art of Dying Institute of the New York Open Center. Ordained by Rabbi Zalman Schachter-Shalomi, Reb Simcha Raphael is a Fellow of the Rabbis Without Borders Network and author of numerous publications including the groundbreaking *Jewish Views of the Afterlife* and co-editor of *Jewish End-of-Life Care in a Virtual Age: Our Traditions Reimagined*. His website is www.daatinstitute.net.

These programs are supported and funded by Congregation Shir Chadash, Temple Beth-El, Vassar Temple, and the Jewish Federation of Dutchess County.

Register at: <https://www.jewishdutchess.org/events>



Jewish Federation of Dutchess County
P.O. Box 2525
Poughkeepsie, NY 12603
CHANGE SERVICE REQUESTED

Learn & Lunch Bunch	2
Family & PJ Corner	6-7
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Special Events	12

LEARN & LUNCH BUNCH

Location
 Congregation Schomre Israel
 18 Park Ave
 Poughkeepsie NY

SCHEDULE

11:00 –11:30am
Schmooze
 11:30 –12:30pm
Program

The Jewish Federation of Dutchess County presents weekly cultural, social, and educational programs.

WEDNESDAY PROGRAMS Join us!

NEW MEETING LOCATION

We will be meeting at 11:30 am at
Congregation Schomre Israel, 18 Park Ave, Poughkeepsie
 We will have coffee and dessert.
Please do not bring outside food into the temple.

Learn & Lunch Bunch is partially funded by the Ann & Abe Effron Fund and Bernard and Shirley Handel Foundation Donor Advised Fund of the Community Foundations of the Hudson Valley



The Pines sharing at Learn & Lunch Bunch



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The Voice

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Layout: Tamra Bienemann
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Subscriptions, address changes, etc.
 TheVoice@JewishDutchess.org

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Please send your check to:
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March

- March 9 **Movie Time: Jews and Baseball**
 Players, managers, sports writers, and fans discuss the contributions of Jewish ball players and their impact on American Jews. Please be aware, the movie runs an hour and a half.
- March 23 **Celebrating 50 years of Women in the Rabbinate**
 with Rabbi Altman.

TO REGISTER, call the office at (845) 471-9811 or online at: www.JewishDutchess.org/events



Anti-Semitism is never acceptable.
 If you have experienced any incidents of Anti-Semitism, please call the JFedDC Office
(845) 474-9811

Rotary Park Project *submitted by Adam Belok*

About four years ago, Past Rotary president Bernard Handel pointed out to the members of the Poughkeepsie Arlington Rotary Club that the local public parks were frequently the main vacation land for many of the citizens in this area who used them for the majority of their recreational opportunities. Many citizens with limited transportation or budgets depended on the local Town and City parks.

Bernard insisted that since amenities are sparse in most local parks due to budgetary constraints, it would be worthwhile for our club to help raise money from local individuals and businesses to refurbish and enhance local parks as other Rotary Clubs in our region have done over the years.

Our Club Board then arranged a meeting with newly elected Mayor Rob Rolison and his team who included a DOT representative and Poughkeepsie Police Commissioner's representatives. Together, we formed a plan for discussion and implementation with the incoming Parks Commissioner.

Soon, Spratt Park was chosen for our fundraising efforts to which we supplied two barbecue stands, four sizable all-weather picnic tables, and a large appealing garbage bin for visitors' use between the ball fields.

Contributions from local individuals and business were key as was a generous donation from the Bernard and Shirley Handel Foundation Donor Advised Fund of the Community Foundations of the Hudson Valley. An anonymous donor enabled Jewish Federation of Dutchess County to be represented as a major sponsor of the project along with significant contributions by Vincent Miller of Miller & Son Funeral Home, and personal contributions by John O'Shea longtime CEO of Marshall & Sterling, Darcy McCourt, current Rotary Club President, and Sue Doyle of the regional auction services business. A Grand Opening is planned this Spring 2022 with food and music to be announced.



Good Nutrition Can Defeat the Winter Blues

By: Todd N. Tancredi, Director Dutchess County Office for the Aging

As the glow of the holidays fades, feeling a bit blue may seem normal enough – but there is reason to be concerned if the feeling continues for more than a couple of weeks. It may be Seasonal Affective Disorder (SAD). Even pets can suffer from SAD, according to researchers from the University of British Columbia.

While a call to a healthcare provider may be in order, there is a good chance a senior could be prescribed good nutrition rather than an antidepressant, especially if the senior is already taking several other prescribed medications.

This month's issue of the OFA *Nutrition News* contains a trove of useful information on nutrition's role in preventing depression, including the foods that can help and those that can not. There is also an easy recipe for Portuguese *caldo verde*, a hearty green soup containing potatoes, collards or kale, and chicken or beans. You can find each *Nutrition News* at dutchessny.gov/OFANutrition.

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Do You Know any seniors who are living on their own? We would like to include them as part of our *Mitzvah Now Care Package* initiative. To be included and/or help connect us with our senior community, email us at info@jewishdutchess.org

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SAVE THE DATES:

**Spring into the Arts
May 29-30**

**Federation Celebration
June 9**

**Check email for more
details on these events**



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The Harding Club



It is March, and Poughkeepsie is warming up! Harding Club members who have fled south will be coming back to the north, if they already have not done so. With the return of members and warmer weather and with the encouraging decline in COVID numbers, the Harding Club Board of Governors decided (after the writing of this article) whether or not to resume in-person meetings. Stay tuned for an update in our next column.

Since March 2020, the club has been having very successful and stimulating meetings via Zoom. A wide variety of topics have been covered by speakers who have not been constrained by the limits of time. Readers of this monthly report can attest to the success of our on-line meetings. At the same time the club has continued to deliver food items to the Morse School and to the Grace Smith Home for battered women. Our new initiative, Catching Kids Caring, has awarded Gift Certificates to Barnes and Noble to kids who have performed acts of kindness to their fellow students. Also, we continue to give generous financial support the Jewish Federation of Dutchess County as well as to the PJ Library.

We hope to return soon to our “normal” program of dinner and socialization at a local restaurant followed by an interesting speaker.

Here is a list of some recent and upcoming speakers and topics that Harding Club members have enjoyed:

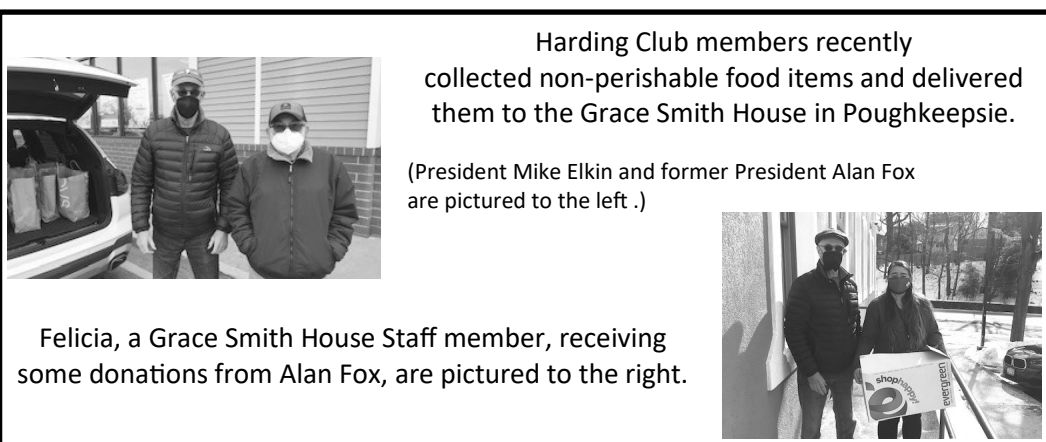
- A performance by the Hudson Valley Bluegrass Association
- A talk by Clinton Historian Craig Marshall, about his experiences during the Vietnam War aiding civilians as a Seabee
- A talk on the perspective of a Third Generation Holocaust Survivor by David Reckess. 3GNY is a non-profit organization composed of the Jewish grandchildren of Holocaust survivors.
- A talk by Leathem Mehaffey on The History of Dogs
- A talk by local developer Jacob Reckess on his plans for the Raymond Avenue area

The diversity of our meetings is truly breathtaking. The club is not only a social club, but, as you can see, it also is very active in the community. Below is information for you to use as you investigate membership opportunities. Check us out. We look forward to telling you more about our club.

The Harding Club: “Since 1923, a social club for men interested in camaraderie, community, philanthropy, good food, and Jewish culture.”

Website: <http://Harding.jigsy.com/> Email: hardingclub1923@gmail.com

Alan Fox Harding Club Immediate Past President
Mike Elkin, Harding Club President



Harding Club members recently collected non-perishable food items and delivered them to the Grace Smith House in Poughkeepsie.

(President Mike Elkin and former President Alan Fox are pictured to the left.)

Felicia, a Grace Smith House Staff member, receiving some donations from Alan Fox, are pictured to the right.

Volunteers Needed

We need volunteers to help distribute the *Mitzvah Now* Purim Care Packages. If interested, email info@jewishdutchess.org

Be sure to look for our advertisers in this month's *The Voice*:

Page 3: The Landing, Principal Financial Services, The Avalon, David Feinstein Berkshire Hathaway Home Services, National Gilman & Cioia, Optique Elegance, Miller & Son Funeral Home, Michael Torson Memorial Funeral Home, and Lewis & Greer

Page 5: Berkshire Hathaway Home Services Hudson Valley Properties

Page 12: Hudson Valley Hospice

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VOICE DEADLINES	ISSUE	DEADLINE
Note deadlines listed. Email: TheVoice@JewishDutchess.org if you have questions.	April	March 1
	May	April 1
	June/July	May 1



Purim Events

Congregation Schomre Israel

Wednesday, March 16:
Ta'anit Esther (Fast of Esther) Fast Begins: 5:53am, Ends 7:46pm.
Purim Mincha 6:30pm.
Purim Maariv and Megillah Reading 7:20pm.
Purim Outdoor Megillah Reading 8:30pm.

Thursday, March 17:
Purim Morning Service and Megillah Reading 7:30am.
Purim Outdoor Megillah Reading 4:30pm.
Sisterhood Purim Dinner 5:00pm, RSVP required.

Congregation Shir Chadash

Friday, March 18:
Purim Service & Celebration 7:30pm Virtual (as of press time). Join us for an interesting and enlightening retelling of the story of Esther—complete with music, singing, and traditional stamping out of Hamen’s name! So bring your groggers, noise makers, and plenty of Hamantaschen to participate and enjoy the evening. Contact the office for more information.

Temple Beth-El

Wednesday, March 16:
The Muppets Take Shushan 7:00pm, in—person. Temple Beth—El requires full vaccination including booster to attend in-person. Please notify the office in advance of your vaccination status at info@tbeny.org. For livestreamed at: <https://tbeny.org/live-stream/>

Vassar Temple

Wednesday, March 16:
A Star Wars Purim 7:00pm (Hybrid). Come dressed as a Star Wars character or in any favorite costume whether you are coming in person or participating on Zoom! There will be prizes for all who come in costume and hamantaschen treats. Don't forget to have a box of pasta handy to shake like a grogger and drown out the name of the villain Haman when it is read. Following the holiday, we will deliver all boxes of pasta to a local food pantry. When you come to drop off your pasta at the temple, or on any day in March, you are also invited to bring in other much needed food and hygiene items requested by Dutchess Outreach for our Purim Pasta “Plus” Drive. So join us for an entertaining evening on this joyous holiday! Call or email the office for health policy and Zoom link. May the Force Be With You! Info about food and hygiene product drive, socialaction@vassartemple.org.



Dear Holiday Questioner,

Um.....NO! Purim isn't a Jewish Halloween (and Hanukkah isn't a Jewish Christmas.) Yes, there are a few similarities. Costumes, sweets, but that's about it. Purim commemorates the almost destruction of a people! It's about survival and being saved from a threatened massacre. Just because there are costumes involved, doesn't mean they are anywhere based on the same ideas. They are worlds apart! For example: Halloween involves going door to door and getting treats, Purim involves giving them!

Shoshana

Rabbi's Blog *by Rabbi Brent Spodek*

The first, last, and only time I tried to impress a girl by singing was when I was 13 years old.

I had gone to the closing dance of my summer program with Franchesca, even though I really had a crush on Stacey. However, when the DJ queued up *Stairway to Heaven* for the final dance and Stacey came to ask me to dance with her, I did; even though, I knew it wasn't the right thing to do to Franchesca. She left the dance in tears, which is how I wound up outside her bunk a few hours later singing Cher's anthem of regret, "If I could turn back time, If I could find a way...I'd take back those words that hurt you and you'd stay."

My ploy did not work, which is probably for the best. What I wanted in that moment was not merely forgiveness, but absolution – I wanted my transgression to have never happened, to have it wiped from existence. I wanted to start again, to return to the *status quo ante*, the way it was before I did that **thing**. Not only did that not happen for me in middle school, but – and I hate to be the bearer of bad news on this – that almost never happens.

When we experience hurt and betrayal, it does not simply vanish. And more, the admonition simply to "forgive and forget" can feel like a negation of our experiences. Often, we have *excruciatingly* good reasons to be angry – we have been betrayed or lied to, we have endured abuse or cruelty, people we love have been hurt or even killed. At least sometimes, forgiveness is not an **act** – it is a **process**, a way of being in relationship.

Judaism provides many ways to think about forgiveness, but one of the most potent is called **noseh avon**. *Noseh* means to take something upon oneself, to lift up or to load something, to bear it. This can be actual physical cargo, but it can also be spiritual or metaphorical, such as a person who "bears his sin" or "carries a tale."

One of the tales we carry is the legend of the Golden Calf. A short refresher on the story: After getting liberated from Egypt, the Holy One gave us a bunch of commandments, chief of which is "Don't worship other gods." Moses went up to Mt Sinai to talk to the Divine and was gone a long time. While he was gone, we freaked out and... you guessed it, built a Golden Calf so we could worship it as a god.

This was a major chapter in the yet unwritten history of "Ways Jews have Screwed up Relationships". This was not simply dancing with the wrong girl at the camp dance; this was a misstep that led one partner (God) to say they were ready to end the entire relationship with the other partner (the Jewish people).

Fortunately, Moses functioned as an in-house therapist and said, "Look, God, I get it - these people make a very big sin - this is no laughing matter that they made a golden idol. That said, it would really be fantastic if you could deal with this, just carry (*tissah*) the weight of what they did, and if you can't, then erase me from the book you have written - just take me out of the story."

Moses is inviting God to recognize that his partner – in this case, us, the people Israel – has done a grievous wrong, and **yet he asks the Holy One to stay in the relationship anyway**. There will be consequences and punishment, but Moses puts himself on the line, essentially saying – these people messed up very, very badly, but if you want perfect, you might as well get rid of me too because I've messed and even though I try to get better, I'm sure I'll mess up in the future as well. **God, you're dealing with people here, so either you've got imperfect or you've got nothing.**

This is not a minor thing to say, particularly since the Holy One does not exactly have a great track record on this point. You might remember the stories of Noah's Ark or of Sodom and Gomorah – times when the Holy One was betrayed by humanity and, in response, wiped out entire populations in order to start again.

That is of course, what **we** do all the time– there is a sin, a transgression, and we cut the offender out of our lives entirely, never speaking to them again. Sometimes, that is *exactly* the right thing to do. There are people so toxic that we are better off without them in our lives at all.

This time though, the voice of reconciliation prevails. Although there are punishments and consequences, we and the Holy One stay in our long journey together, trying to figure each other out.

So *noseh avon* is not exactly forgiveness, at least not as we think of it in English. Nothing gets wiped away – in fact, in this instance, we read the story of us, the Israelites, betraying our partner, the Holy One, year after year. Far from forgetting it, we have embedded it and integrated it into our understanding of ourselves.

Forgiveness in the manner of *noseh avon* involves the forgiver saying to the wrongdoer: **I am willing to bear this burden with you**. From now on, it will be shared by both of us, and we will struggle with it *together*. The forgiver embraces the wrongdoer, but the burdensome weight of what occurred does not disappear. It is not forgotten. Instead, it becomes their joint legacy.

Instead of forgiving and forgetting, *noseh avon* calls on us to forgive and **remember** - *together*, for the sake of the relationship.

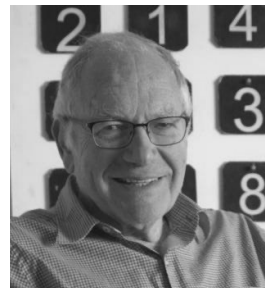


Rabbi Spodek

Meet Your Neighbor *By Karen Hochhauser*

Each month, we ask a Member of the Tribe (MOT) the following questions and feature their answers for a fun and insightful way to meet your neighbors. This month, Irv Miller took time from his Imaginative Multi-Media & Math and Physics Exploratorium "*Math Physics Explore*" to speak with us.

- 1. What is your favorite/least favorite word?**
Favorite: *Leona*
Least Favorite: *Donald*
- 2. What inspires you creatively, spiritually, or emotionally?**
Math.
- 3. What is your favorite song?**
"I'm Looing Over A Four Leaf Clover". It is the only song I ever learned the words for.
- 4. What profession other than your own would you like to attempt?**
I'm doing that now. Teaching.
- 5. What profession would you not like to attempt?**
Coal mining
- 6. What is your favorite Jewish food/dessert?**
Emily Moran's Mandelbrot.
- 7. What do you most like and dislike about yourself?**
Like: *Giving to other people.*
Dislike: *My willingness to take chances.*
- 8. If you could choose a superpower, what would it be?**
Mental Super Powers. I go to Gold's Gym so I get my physical super strength there.
- 9. What is your greatest achievement/something you are most proud of?**
My article in the Harvard Business Review. Published in 1969. It is still referenced today.
- 10. Do you have a "bucket list" and, if so, what is on it?**
No. I do not have one but Leona does and I am using her bucket list.
- 11. If there were one thing you would hope others do in the interest of our future, what would that be?**
That Putin would resign (at least that is the politically correct version)
- 12. What is one interesting thing that people don't know about you?**
I ran 23 marathons.
- 13. What is your earliest Jewish memory?**
Probably somewhere around the 4th grade. We were off for the Jewish holidays.
- 14. What is your most favorite Jewish memory?**
My wedding and my daughter's wedding.
- 15. In what ways does or can JFedDC impact our Jewish Community?**
Helping the community as Jews.
- 16. What is your most and least favorite part of being Jewish?**
Most: *The respect that people have for our intelligence.*
Least: *Fear of discrimination.*
- 17. If Heaven exists, what would you like to hear God say when you arrive at the Pearly Gates?**
Instead of whether heaven exists, what is heaven? (The ultimate Jewishness—answer a question with a question.)



Irv Miller

The Arlington High School (AHS) Spring Equity Conference 2022 will take place on **Wednesday, March 23, 2022 from 6:45 – 8:30 PM.**

This year's theme is titled "A World of Connection". The event is a collaborative effort created and led by AHS students in grades 9-12 from clubs and organizations across our school.

For information on workshop descriptions and to register please scan the QR Code to the right or see: <https://tinyurl.com/mw4xjbw2>



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Relocation & Referral Services
Condominiums & Townhomes
Foreclosures & Short Sales
Short- & Long-Term Rentals

Steven Domber, President
**Berkshire Hathaway HomeServices
Hudson Valley Properties**
1100 Route 55, Suite 301
LaGrangeville, NY 12540
sdomber@bhshudsonvalley.com
845.905.8748

Good to know.™
bhshudsonvalley.com

(Continued on page 8)

Volunteer at Morse School!

If you have even just a few hours a month to give, you can change the life of a child. The children at Morse Elementary School, Poughkeepsie, are excited to learn, but they need extra help. Opportunities abound for volunteers to read to classes in the library, as well as to do 1:1 or small group tutoring in the classroom. Subject areas of most urgent need are math and reading. You can select the grade level(s) you want to work with, and in many cases the days and hours. There are also openings for volunteers to help children check out books in the library (training provided). However you choose to help, you will make a difference. For more information about tutoring, contact Christopher Baltus, himself a math tutor, at schoolvolunteer@vassartemple.org. For information about volunteering in the library or reading to children, contact Roberta at tracyajrs@aol.com or Muriel at socialaction@tbeny.org. Library volunteers must commit to 40 minutes to 2 hours, once a week or every other week. ~~ The Jewish Social Action Coalition

Meet Chloe Mengden, Vassar Temple Youth Group Advisor



We have been thrilled to welcome Chloe Mengden as our Youth Group Advisor at Vassar Temple. Chloe is from northern New Jersey and currently attends Vassar College studying psychology and math. She worked at her home temple as a Madricha for kindergarten classes and as a camp counselor for preschool for 5 years before coming here, where she teaches Kitah Gimmel in Vassar Temple's religious school. Outside of work and school, she plays the flute and is slowly teaching herself to crochet. Chloe says, "I've really loved working as youth group advisor so far and doing our two community service events in the fall. After we've all been strictly online for so long, I'm excited to plan more bonding events to get everyone back together and revive the sense of community in the temple teens".

Generation Gratitude: "Do You Want to Build a Snowman Adventure" in Millbrook:

January was frigid, but when it comes to playing in the snow, lots of layers, kind friends, and some warm hot cocoa is all we needed to get outside to play! Growing up at the ski hill as a child, I can not remember a day outside that felt too cold. When I reflect upon those days, I recall the bright glow of the freshly fallen powdery white snow, the warmth of the sun warming my cool face and the radiant rays reflecting on my ski goggles.

My hope for our Generation Gratitude families as I planned our January *Do You Want to Build a Snowman* outing was to create similar happy memories of a snow-filled adventure. We put on lots of extra layers that day: gloves, puffy snow pants, cozy warm boots and covered our ears with our hats pulled as low as they could go. The children dragged their sled to the highest point on the hill and with a great swoosh they sailed speedily, the brisk air reddening their smiling faces. Over and over they climbed back up the steep, fluffy hill so that they could continue to experience soaring through the air!

We meandered through a storybook walk, spying familiar animals like the turtle and the frog. The children came upon a pirate ship and rang the golden bell warning others of imaginative pirates abound. As we talked about crafting a snowman at the conclusion of our brisk, adrenaline-filled expedition, we were filled with gratitude not only for our strong, healthy bodies but for the uplifting effects of the topography and wintery climate that surrounds us.

By Tamatha Williams, PJJ Parent Connector



RELIGIOUS SCHOOL

CHABAD MID-HUDSON VALLEY

Sunday, 10:00am-12:15pm, ages 5-12 years
63 Vassar Rd, Poughkeepsie

For information contact Hindy Borenstein, Director
(845) 463-5801

chabadmidhudsonvly@prodigy.net

JUDAIC SCHOOL OF THE ARTS

Sunday, 10:00am-12:00pm

For information www.mypardess.org/JSA

RHINEBECK JEWISH CENTER

Monday, 4:00-5:30pm
Tiny Tots Division (ages 1-5)
Intermediate Division (ages 6-10)
Bar and Bat Mitzvah (ages 11-13)

For information, contact Rebbitzin Tzivie Hecht, Director
(845) 876-7666 or [tiziviehecht@gmail.com](mailto:tziviehecht@gmail.com)

CONGREGATION SHIR CHADASH

We engage in a Sharing Shabbat Program. As our tradition instructs us, Shabbat is a day for prayer, rest, and study. We have an intergenerational program of learning. Our adults can study Torah with our Rabbi while our children learn about Jewish holidays, values, customs, history, and our relationship to God—all at appropriate grade levels. Our students learn the ethical teachings of Reform Judaism and its commitment to social justice. Our learning is experiential and highly participatory. We utilize crafts, stories, award-winning textbooks, technology, and music to teach. We have trips and events outside the classroom that enhance our learning. Mostly, we aim to imbue our students with a love of Judaism!

Bi-monthly Saturdays, 9:15am followed by Torah Service, 10:30am For info contact Cantor Gail Hirschenfang: polishfang@optonline.net

TEMPLE BETH-EL

The Temple Beth-El Education programs for kids Pre-K through High School provide an engaging learning environment. Students explore Jewish tradition, history, and culture through art, music, movement, and text.

Classes have resumed in person, with a hybrid option. Please contact Rabbi Miriam Hyman for the current school schedule at (845) 454-0570 or education@tbeny.org

VASSAR TEMPLE

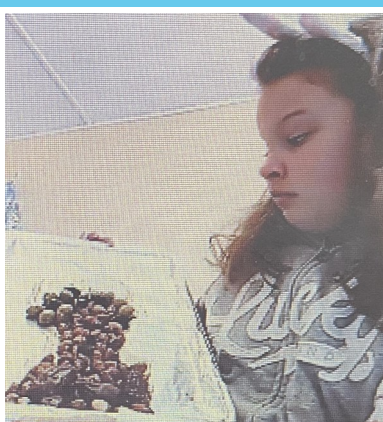
Vassar Temple provides a program of Jewish education within the Reform Movement's guidelines, which deepens a student's Jewish experience and knowledge in an accepting and stimulating learning environment. Our philosophy of Jewish learning is based on the quotation from Pirke Avot, "The world depends on three things: on Torah, on worship and on deeds of loving kindness."

The Seth A. Erlebacher Religious School for grades K-7 meets Sunday mornings. The Hebrew School, which meets Wednesday afternoons, offers innovative individualized Hebrew language instruction and bar/bat mitzvah preparation for those in grades 4-7. We also have a special religious education program for grades 8-up. Teens may prepare for Confirmation during 10th grade and may work as madrachim (teacher aides) in the Sunday school.

New enrollments are welcome throughout the year. The religious school and Hebrew School at Vassar Temple are directed by our Rabbi Renni S Altman, D.D. For more information, please contact her at rsdirector@vassartemple.org (845) 454-2570.



Adventure with us as we share moments of gratitude together!
Monthly meetups:
February-April 2022
Rsvp pjlibrary@jewishdutchess.org



Congregation Shir Chadash's students are shown here with their homework assignment for Tu B' Shevat--to design edible trees made up of items we eat on Tu B' Shevat.

Katie used raisins, dates, and green & black olives.

Shawn used almonds for the bark held together with almond butter. His tree's leaves were designed with green grapes and pomegranate seeds. Both students' trees were very creative and original!

PJ Library is a program of the Harold Grinspoon Foundation and made possible through gifts from the Jewish Federations of Dutchess, The Harding Club, and the generous support of PJ Library donors. To make a donation online go to: www.JewishDutchess.org

Thank you!

פּוּרִים
Purim
lots

Here's an easy Purim costume: A Gefilte Fish- from PJ Library based on the PJ book "5 Little Gefiltes" by Dave Horowitz:

The reason we love this costume? It's the perfect, "Oh no! I forgot I had to make a costume; what the heck do I do?" creation. You'll need ten minutes and \$2 to create the entire thing.

Supplies Needed

- A brown or yellow pillow case
- Black marker or fabric paint
- Black hat

We got our pillow case and our hat at a dollar store, bringing the total cost of this costume to \$2. To create it, all you have to do is draw a face on the front, then cut holes for your child's head as well as arm holes. We also opted to round out the corners of our pillow case using scissors and hot glue. If you're feeling fancy, you could also stuff the bottom of the costume and either pin or tape it shut.



Kim



Tamatha



Suzanne



Purim means **lots**-What does lots mean? Lots can mean: **describing a method to make a decision or selection by choosing something.** To cast or draw lots- random outcome? Chosen by fate? The die was cast to kill the Jews and, at the eleventh hour, they were saved. Why did Haman pick his "day of destruction" through a lottery anyway?

Purim is a celebration of the very fact that the world is not actually run by random change. Calling the holiday Purim, reminds the Jewish people that even when events appear to be random, like a lottery, G-d is still the ultimate controller of fate!

Were you late by accident, or were you not meant to be there at that time? Coincidence or divine intervention? I'll let you decide!

By Suzanne Turrisi, Assistant PJ Library Director



A fun time bowling with our PJ Library Friends!

Gratitude

If you haven't joined us for a Generation Gratitude outing yet, you are missing out on a lot of laughs, bloopers, and real moments of gratitude! As I pulled up to meet our Generation Gratitude families, excited to see everyone and to take my own toddler bowling for the first time, I spied a packed parking lot. Feeling optimistic, I went inside to confirm our lane availability for 1:00 pm. Well, the friendly individual that I had spoken to early on in the week did not seem to know about the tournament plus private party plus league all happening at 1:00 pm!

I definitely was starting to panic a bit, but fortunately the flashing neon lights of the entrance arcade and the siren-sounding games seemed to be calling my name. Well, perhaps not my name but certainly my toddler's name as she dragged me closer with curiosity. After more minutes than I would like to disclose riding simulated motorcycles, playing a claw game where thankfully a prize is guaranteed each time, and jumping in and out of every seated game of who knows what; we finally had a lane available and were all set to go bowling!

As for my own toddler, she found climbing the couches from one lane to another more thrilling than the bowling itself. Fortunately, many of the other children loved the actual sport of bowling. As the children took their turns, we enthusiastically cheered them on. In between turns, we enjoyed story time reading *All of Me! A Book of Thanks* by Molly Bang. We focused on gratitude for our bodies and the amazing things our hands and feet can do like bowling and climbing from lane to lane!

When the children tired during the final frames, parents took over as bowlers. Moms and dads bowled strikes and spares, turning with smiles toward their audience. The children watched with awe knowing that one day they too would bowl like their super bowl-er parents!

I did not think that I would ever be grateful for a bright, blinking, flashy over-stimulating arcade, but when the best of plans go awry, gratitude can be felt from even the most unexpected places.

I hope you will join us on our next adventures. Although I can not promise they will be without glitches, I can say that being together with our Generation Gratitude families will make the time together extraordinary.

By Tamatha Williams, PJJ Parent Connector

**Sunday
March 13
10:30am-12:00pm**

Kindly RSVP:
pjlibrary@jewishdutchess.org

Community Outdoor Purim Carnival

Congregation Schomre Israel Parking Lot
Enter at 18 Park Avenue, Poughkeepsie

- Walk Through Purim Carnival Games & Prizes
- To Go Purim Crafts & Activities
- Popcorn Booth
- Mask Painting
- Tzedakah "Bean Haman" Booth
Please bring soft boxes of beans/rice/pasta to throw at Haman!
All collections will be donated to a food pantry.
- Costume Contest Photo Booth
- To Go Coffee & Hot Chocolate Station with Purim Treats
- Socially Distanced Fire Pits
- Live **Magc Show** by Zaritsky Family
Magic at 11:00-11:30am

Come in Costume!
Wear a mask!
And wear a mask!

Please check out all of our PJ Library March 2022 Events on our Facebook Page: "PJ Library Mid-Hudson Valley" and in our bi-monthly PJ Library and PJ OurWay E-News and Mid-Month Update emails! Got Questions? New to the community or looking to make connections with other families? Interested in a Grandparent's Circle? Want to start a Parent's Night In or a monthly playgroup? We can help! Email: pjlibrary@jewishdutchess.org Join our PJ Library Mom's What's app Group or our Mid-Hudson Valley PJ Library Families FB Group via Email: pjlibrary@jewishdutchess.org

The Federation Board's Voice



Vicki Greenberg

We survived! That has been my mantra for let's just say a lot of springs, celebrating the fact that once again we have survived yet another winter. This spring, however, is unique. We have survived more than just another winter. Much more. We have in fact survived a two year pandemic. That means that you and I and the daffodils have a lot to celebrate this time around.

Of course, surviving isn't really enough. And nobody knows that better than the Jewish Federation of Dutchess County (JFedDC). There is so much more to do. Those of us who are familiar with JFedDC's mission statement know that in addition to supporting the State of Israel and world-wide Jewry, JFedDC's focus is on the health and well-being of our local community. That's a tall order. And it requires many hands and many dollars. So, as we dig into our awakening gardens, let's also dig into our hearts and wallets to enable JFedDC to continue to provide our community with the programs and projects that are keeping all of us healthy, informed and connected.

Here's a fun and easy way to do just that: How about supporting the artists and crafts people who are contributing to JFedDC's "Spring Into Arts and Crafts" on Memorial Day Weekend, Sunday, May 29 and Monday, May 30? See you there!



Come on Board!

Jewish Federation of Dutchess County is seeking new board members. Members of interfaith couples welcomed!

Interested? For more information contact
admin@jewishdutchess.org
 (845) 471-9811

(Ukrainian Jewish Community Today Continued from page 1)

renovated in 2004. Today it is a fully functional, thriving house of Jewish prayer.

Across the country, religious leadership is provided by a number of mainly foreign-born rabbis, many from the Chabad movement, whose roots also lie in Ukraine. Chabad Rabbis Yaakov Dov Bleich of Kiev and Shmuel Kaminezki of Dnepro are today considered to be among the most influential foreigners in the country. Reform Rabbi Duchovny has also become very prominent in Kiev. The Reform movement's World Union of Progressive Judaism operates in over 20 Ukrainian cities. The Masorti (Conservative) movement runs a Sunday School and youth group in Kiev as well as operations in other cities.

FEDERATION PARTNERS IN UKRAINE

With the fall of the Soviet Union, Jews and Jewish organizations from outside Ukraine were able once again to reestablish formal connections and presence in the country and Jewish Federation partners the Jewish Agency, JDC, ORT and others today have significant local operations supporting a range of communal needs and programming.

For more information on these organizations and to help support our brethren go to:
<https://jewishfederations.org/crisis-in-ukraine2022>



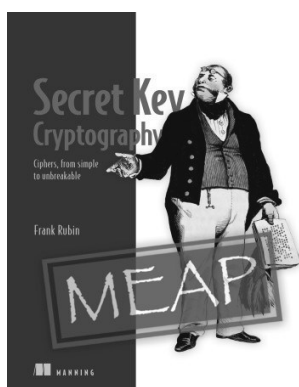
Full article on website: www.jewishdutchess.org/community/the-voice

Jews in the News: Highlights updates and happenings of our Jewish business members of the community.

Recently released: *Secret Key Cryptography* by Frank Rubin

For as long as there has been writing, there has been the need to keep messages secret. Cryptography has been used to protect secrets by military commanders, kings, spies, industry, and finance. Every ATM transaction and every computer file stored in the cloud is protected by cryptography.

This book will teach you, in simple language, how to construct ciphers and how to break ciphers. It contains 140 different types of ciphers, of which 30 are rated Unbreakable. More than that, it will give you a toolbox of techniques that you can use to construct your own ciphers, and it will explain how you can measure how strong your cipher is. You can find much more about the book at <https://www.manning.com/books/secret-key-cryptography>. You can use the discount code **au35rub** to get 35% off anything on the Manning website ... forever.



Our Executive Director



I have failed. As shocking as it may seem, yes, I have failed, and I am the first to admit it. Last year, I mentioned that this is a "Shmita" year, one in which the fields lay fallow and, in practical terms for us non-farmers, we should evaluate where we can say "no" in our schedules and programming. This is where I have failed. I have failed to say "no". There is so much for us to do and so much need in the community and world, it is hard to say "no".

When the Poughkeepsie Public Library works with you to plan offerings throughout 2022, why would one even want to consider saying no. When working with the Dutchess County African American Clergy Association and the All For One Organization, all working together to strengthen relationships between our groups, how could one say no. When an opportunity to do some cool programming with the Culinary Institute comes your way, how can one say anything but, "of course!" When there are opportunities to work with the Dutchess County Commission on Human Rights, law enforcement officials, and schools districts; "no" just does not seem to be in the vocabulary.

When a special group of volunteers offers to help launch a premier *Spring Into Arts and Crafts* Exhibition, "no" is not an option... All this within the first two months of the year. Saying "yes" can be exhausting but does not need to be. We need your help. We are a volunteer run organization which works best when people are willing to offer their assistance. This is your call to action, our cry for help. We need you! Whether to help deliver Mitzvah Now holiday care packages, help run an event, find something that is meaningful to you to fund, we need you! Please help my failure of saying "no" be a success for the whole community by you saying "yes" and rising to the occasion to help.

Call me! Email me! Send smoke signals! Whatever works best for you. Just say "yes to the dress" or, in this case, the request to help *Create Community*.

Asking for your help, Karen Hochhauser

(Rabbi's Blog Continued from page 5)

Sometimes, what needs to be remembered is something that someone *did* - betraying the trust of a partner with a Golden Calf, or an affair. Sometimes, though, what needs to be remembered is part of someone's history. For instance, many adult children of divorce are very sensitive to anything that feels like rejection. Being the adult child of divorce is obviously not a sin to be forgiven, but to be in a healthy relationship with someone who has that as part of their background will likely require some sensitivity to that story. It is something that both partners might need to carry together.

It is real and dangerous to ask whether our relationships can provide the space for that sort of self-examination and reflection. Could the pain we carry - either because of things we have done or because of things that have been done to us - be addressed directly, frankly, honestly? Sometimes the answer is "no"; sometimes our relationships can not handle that level of tension. Sometimes the people involved are not capable of that level of self-reflection. But not always, and hopefully, not in the relationships that matter to us.

There is no human relationship that does not involve screw ups - husbands and wives screw up, as do teachers and students, parents and children, friends, colleagues and neighbors. We cannot be in healthy relationships if we cannot forgive and be forgiven, and more often than not, that involves not wiping our mistakes away, but carrying them together with those we love.

We've Worked in Ukraine for Decades

For generations, Federations have and continue to be the foremost partners to Jews around the world.

Through the **Jewish Agency for Israel**, we bring Shlichim to Ukraine, run Sunday programs, bring Ukrainian youth to Israel for immersive programs, and support their aliyah.

Through our partners at the **JDC**, we support Hesed centers across 1000 locations, supporting the most vulnerable people of Ukraine. We run JCCs and Jewish youth programs to help younger generations reimagine Jewish life where it once was all but decimated.

And through **World ORT**, we've played an important role in the renewal of Jewish life through Jewish day schools, vocational training, and more.

JEWISH FOOD

Connecting our Community through food

Send us your favorite Kosher recipe so we can share it.

Please email to: TheVoice@jewishdutchess.org.

How To Make Hamantaschen, Six Ways by *Samantha Ferraro*
from <https://www.myjewishlearning.com/the-nasher/how-to-make-savory-hamantaschen-six-ways/>

While we all like to think of hamantaschen as a sweet treat, here are a few savory ideas. Have fun and happy hamantasch-ing, friends!

Ingredients

Dough:

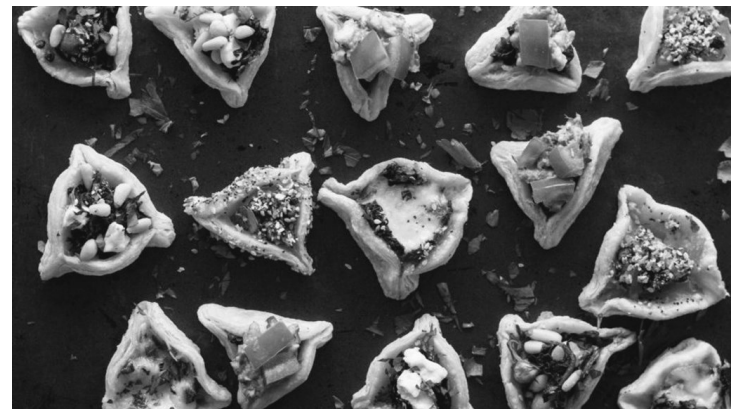
- 1 1/4 cup flour
- Pinch of salt
- 8 Tbsp (1 stick) cold butter, cut into pieces
- 1/4 cup Greek yogurt
- 2 tsp fresh lemon juice
- 1/4 cup cold water

Fillings:

- **Everything "Bagel":** smoked salmon cut into small pieces, cream cheese, capers and everything bagel spice.
- **Boreka:** frozen and defrosted spinach (chopped finely), crumbled feta cheese and pine nuts.
- **Pizza:** marinara sauce, cubed mozzarella cheese and fresh or dried oregano.
- **Mediterranean:** chickpeas, harissa, spinach and lemon zest.
- **French:** caramelized onions and mushrooms, herbs de province and goat cheese.
- **Mexican Taco:** fill with refried beans. After baking, add guacamole and chopped tomatoes or salsa. Add fresh parsley for garnish.

Directions:

1. Once dough is ready, cut dough in half and roll dough to about 9 inches in diameter or about 1/4 inch thickness.
2. Using a 2 or 3 inch round cookie cutter, cut dough into circles. Any leftover dough can be rolled out again to cut out more.
3. Fill hamantaschen with your favorite fillings, but don't overfill—each hamantaschen should have no more than 1/2 teaspoon of filling.
4. Once filled, pinch 3 corners around the filling to seal.
5. Lay on baking sheet and bake at 400 degrees for about 15-17 minutes or until dough is lightly golden brown.
6. Once done, remove from oven and top with cold toppings, such as guacamole, salsa, tomatoes and fresh parsley



Monthly Kosher Food Delivery From Evergreen—First Tuesday of the Month

Congregation Schomre Israel has organized a monthly Evergreen delivery program. All orders should be placed no later than midday Monday prior to the scheduled delivery day. (Passover orders should be placed by April 4, for delivery on April 5.) Deliveries are scheduled to arrive via Evergreen truck at the synagogue early afternoon on the **first Tuesday of each month**. If interested, call the synagogue at (845) 454-2890 or email Rabbi Shlomo Krasner at rabbishlomok@gmail.com



Hurry before it is too late. Passover Greetings are due by March 8, and they will be in the April edition of *The Voice*

2022 Holiday Greetings

It's almost that time of the year when The Voice invites you to wish your friends and neighbors a Happy Holiday.

This year we will once again be offering a 3-pack of Holiday Greetings which includes: Passover, Rosh Hashanah, and Chanukah.

Please look at the designs and choose an individual greeting or the 3-pack. If you choose the 3-pack, please choose the same size ad for all holidays.

The cost: Small ad: \$30 each or 3 for \$80
Medium ad: \$40 each or 3 for \$110
Large ad: \$70 each or 3 for \$190

Sm Ads—2" by 1.4"
Md Ads—1.5" by 2.9"
Lg Ads—3.2" by 2.7"
Approximate sizes

Please fill out the form and mail it back to us with your payments to:
THE VOICE, PO Box 2525, Poughkeepsie, NY 12603
Or complete online: www.jewishdutchess.org
DEADLINE for Passover Greeting is March 8


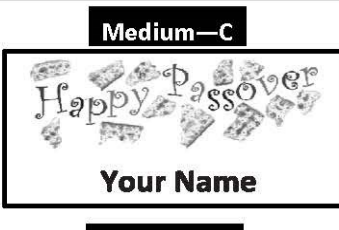

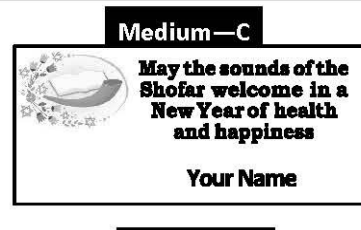











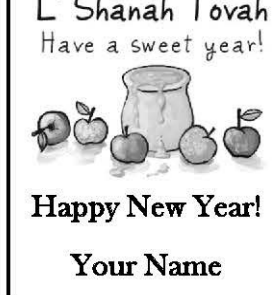


2022 Holiday Greetings

Name: _____
Address: _____
City: _____ State: _____ Zip: _____

Holiday	Small	Medium	Large
Passover (circle one)	A B	C D	E F
Rosh Hashanah (circle one)	A B	C D	E F
Chanukah (circle one)	A B	C D	E F

Your name(s) on the Greeting: _____

Checks should be made out to:
Jewish Federation of Dutchess County

Passover Greetings		Rosh Hashanah Greetings		Chanukah Greetings	
<p>Small—A</p> <p>Peace to you this Passover!</p>  <p>Your Name</p>	<p>Medium—C</p> <p>Happy Passover</p>  <p>Your Name</p>	<p>Small—A</p>  <p>Your Name</p>	<p>Medium—C</p> <p>May the sounds of the Shofar welcome in a New Year of health and happiness</p>  <p>Your Name</p>	<p>Small—A</p> <p>Peace to all!</p>  <p>Your Name</p>	<p>Medium—C</p> <p>Wishing you peace in this season of miracles!</p>  <p>Your Name</p>
<p>Small—B</p> <p>HAPPY PASSOVER!</p>  <p>Your Name</p>	<p>Medium—D</p> <p>May you be blessed with peace, prosperity, and joy this Passover</p>  <p>Your Name</p>	<p>Small—B</p> <p>Have a Sweet New Year!</p>  <p>Your Name</p>	<p>Medium—D</p> <p>L' Shanah Tovah</p>  <p>Your Name</p>	<p>Small—B</p> <p>Hanukkah Blessings</p>  <p>Your Name</p>	<p>Medium—D</p> <p>Happy Hanukkah</p>  <p>Your Name</p>
<p>Large—E</p> <p>Passover Blessings</p>  <p>Your Name</p>	<p>Large—F</p> <p>CHAG PESACH S'MECH!</p>  <p>Your Name</p>	<p>Large—E</p> <p>Best Wishes For a Happy & Healthy New Year!</p>  <p>Your Name</p>	<p>Large—F</p> <p>L' Shanah Tovah Have a sweet year!</p>  <p>Happy New Year!</p> <p>Your Name</p>	<p>Large—E</p> <p>Happy Hanukkah!</p>  <p>From Our Family to Yours,</p> <p>Your Name</p>	<p>Large—F</p> <p>May your Hanukkah shine bright with happiness!</p>  <p>Happy Hanukkah</p> <p>Your Name</p>

Congregation Schomre Israel

(Orthodox)
18 Park Ave, Poughkeepsie
(845) 454-2890
Rabbi Shlomo Krasner
Website: www.schomreisrael.org
Email: rabbishlomok@gmail.com

Weekly Services:

Shacharis 7:00am (weekdays)
Shacharis 8:30am (Sunday & holidays)
Maariv: 6:40pm (winter weekdays)
Friday Kabbalat Shabbat: around candle lighting times

Adult Education:

Sunday
Talmud Studies with Rabbi Krasner
Sunday morning after service, - topics in the Talmud of Rosh HaShanah.

Tuesday

The Book of Daniel 10:30am. This class is nearing completion. Look for a new class after Passover.

Thursday

Pesach without the Pain: A Practical Guide to the Laws and Practices of Passover 7:00pm. Class is based on the work of Rabbi Samson Raphael Hirsch.

Other Events:

Sunday

Hands-on-Judaism March 6, 10:00am. Clothes of Righteousness. One of our special mitzvot is to ensure that there is no Shatnez woven mix of wool and linen, in our clothes. Join us as we demonstrate hands-on how labs check for shatnez, and discuss the history and practicality of this mitzva.

April 3, 10:00am—How to Kasher a Kitchen. Learn and understand what it takes to kasher a kitchen. We will be demonstrating with Schomre's kitchen and koshering it for Pesach.

4K Club March 27, 10:00am or 5:00pm. Club meetings have different topics presented each month.

Wednesday

Ta'anit Esther (Fast of Esther) March 16. Fast Begins: 5:53am, Ends 7:46pm.

Purim Mincha March 16, 6:30pm.

Purim Maariv and Megillah Reading March 16, 7:20pm.

Purim Outdoor Megillah Reading March 16, 8:30pm.

Thursday

Rosh Chodesh Breakfast March 3 following morning services. Rosh Chodesh Adar Bet.

Hands-on-Judaism March 3, & 31, 6:00pm See description on Sunday.

Dinner of Gratitude for Chevra Kadisha March 10, includes a special video presentation.

Yiddish Club March 31 10:00am. A chance to share and enjoy the Yiddish language and culture and to learn more. Open to the community.

Purim Morning Service and Megillah Reading March 17, 7:30am.

Purim Outdoor Megillah Reading March 17, 4:30pm.

Sisterhood Purim Dinner March 17, 5:00pm, RSVP required.

Friday

Rosh Chodesh Breakfast March 4 following morning services. Second day of Rosh Chodesh Adar Bet.

Saturday

Movie Night March 12, 8:00pm, *The Yankels*, join us for a film and popcorn.

Contact:

rabbishlomok@gmail.com
for current information
or visit the website
www.schomreisrael.org

Passover is approaching quickly
Holiday Greetings
are due March 8
See Page 9
to order your greeting.

Congregation Shir Chadash

(Reform)
Interim: Freedom Plains
Presbyterian Church, Lagrange
(845) 232-1029
Rabbi Daniel Polish
Cantor Gail Hirschenfang
Website: www.shir-chadash.org
Email: info@shir-chadash.org

Weekly Services:

(In person/Zoom)

Fridays: 7:30pm Virtual Service Only
Saturday:

9:15am Virtual (as of press time)
Bi-monthly children's religious school
10:30am Virtual (as of press time) short service following religious school.
All welcome to attend.

Adult Education:

Saturday

Torah Study March 5, 19, 9:15am. An informal discussion about the Torah portion of the week with Rabbi Polish. Available via Zoom. Contact the office for more info or Zoom Id.

Other Events:

Friday

Purim Service & Celebration March 18, 7:30pm Virtual (as of press time). Join us for an interesting and enlightening retelling of the story of Esther. Complete with music, singing, and traditional stamping out of Hamen's name! So bring your groggers, noise makers, and plenty of Hamantaschen to participate and enjoy the evening. Contact the office for information.

Sunday

Rosh Chodesh Reading Group

March 27, 11:00am via Zoom. Calling all readers. This month we will be discussing *People Love Dead Jews* by Dara Horn. For info, contact Sandy Lash: (845) 232-1029 or email: sjlash@optonline.com or Robbie Schiff (845) 876-2626 or email veghedda@gmail.com



Contact :

info@shir-chadash.org
for current information
or visit the website
www.shir-chadash.org



Temple Beth El

(Conservative)
118 S Grand Ave, Poughkeepsie
(845) 454-0570
Rabbi Michael Fessler
Rosh Tefilah Rabbi Miriam Hyman
Website: www.tbeny.org
Email: info@tbeny.org

All services are egalitarian & inclusive. Join us!

Weekly Services:

Friday & Saturday Shabbat Services alternate between in-person and Zoom. Call the Temple Beth-El office for the current schedule.

Adult Education:

For information about ongoing Adult Education at Temple Beth-El, please contact the synagogue office : (845) 454-0570.

Other Events:

Sunday

Temple Beth-El Serves at Lunchbox 2nd Sunday, volunteers are needed to help serve a meal at Lunchbox at Dutchess Outreach. You can also help by making a donation to help cover the cost. Contact Nancy Judson to get involved at (845) 216-7563.

Wednesday

The Muppets Take Shushan March 16, 7:00pm, in—person. Temple Beth—El requires full vaccination including booster to attend in-person. Please notify the office in advance of your vaccination status at info@tbeny.org. For livestreamed at: <https://tbeny.org/live-stream/>

Contact:

info@tbeny.org
for current information
or visit the website
www.tbeny.org

Mazel Tov Memories

Send us information about what you are celebrating: birthdays, engagements, weddings, anniversaries, and simchas.

We at the JFedDC want to celebrate with you and share the nachas.

Send your information to:
thevoice@jewishdutchess.org



Congratulations Ken & Bonnie Levinson on your daughter Lindsay's marriage to Joe!

Vassar Temple

(Reform)
140 Hooker Ave, Poughkeepsie
(845) 454-2570
Rabbi Renni S. Altman D.D.
Website: www.vassartemple.org
Email: Office@VassarTemple.org or rabbi@vassartemple.org

Weekly Services:

Friday

Shabbat Evening Service (hybrid) March 4, 6:00pm, March 11, 18, 25 7:30pm.

Saturday

New Paths Shabbat Morning Worship March 12, 10:15am (via Zoom).

Adult Education:

Wednesday

Scouts, Trailblazers, Pathfinders, Explorers: A History of Women Rabbis every other week March 23-May 4, 7:30pm, via Zoom. This course is being given in commemoration and celebration of 50 years of women in the rabbinate. We recommend that you be in possession of the book *The Sacred Calling, Four Decades of Women in the Rabbinate*. Please contact office@vassartemple.org for Zoom link.

Thursday

The Talmud: Modern Ideas from an Ancient Text March 3, 17, 31, 12:00pm, via Zoom. Taught by Senior Scholar Rabbi Paul Golomb. For info and sheets: pjgolomb@verizon.net.

Saturday

Torah Study 9:00am, via Zoom, (No class 3/26) Examine passages from the week's Torah portion or haftorah. Led by Rabbi Renni S Altman, D.D. New attendees should contact: rabbi@vassartemple.org to be placed on the class email and for study sheets.

Other Events:

Wednesday

A Star Wars Purim 7:00pm (Hybrid). Come dressed as a Star Wars character or in any favorite costume whether you are coming in person or participating on Zoom! There will be prizes for all who come in costume and hamantaschen treats. Don't forget to have a box of pasta handy to shake like a grogger and drown out the name of the villain Haman when it is read. Following the holiday, we will deliver all boxes of pasta to a local food pantry. When you come to drop off your pasta at the temple, or on any day in March, you are also invited to bring in other much needed food and hygiene items requested by Dutchess Outreach for our Purim Pasta "Plus" Drive. So join us for an entertaining evening on this joyous holiday! Call or email the office for health policy and Zoom link. May the Force Be With You! Info about food and hygiene product drive, socialaction@vassartemple.org.

KEDEM PASSOVER WINE SALE

Wide selection of Kosher for Passover wines! Contact office@vassartemple.org for order form. Orders by March 25. Pick up at Vassar Temple, 140 Hooker Ave., Poughkeepsie, April 4 -14 during office hours or by arrangement.

Save the Date

Fannie and Doris Berlin Lecture
FIRST AMERICAN FEMALE RABBI: Rabbi Sally Pries and
Sunday, May 15, 4:00 pm

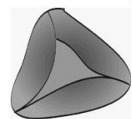
Contact :

office@vassartemple.org
for current information
or visit the website
www.vassartemple.org

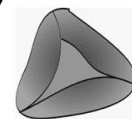
Sisterhood Schomre Israel

39th Annual

Hamentaschen Sale



Raspberry · Apricot · Prune
Poppyseed · Chocolate



\$16/dozen—\$10 half dozen

\$24 Shalach Monet Basket + \$16.00 postage

Hamentaschen available for purchase and pick-up
on Sunday, March 6th from 11:00am-1:00pm

Congregation Schomre Israel

18 Park Ave, Poughkeepsie

www.schomreisrael.org · (845) 454-2890

Pardess Center for Jewish Life

(845) 440-7592
 Rabbi Zalman Sandhaus
 Website: www.MyPardess.org
 Email: info@MyPardess.org

Contact:
info@MyPardess.org
for current information
or visit the website
www.MyPardess.org

The Rhinebeck Jewish Center

102 Montgomery Street, Rhinebeck
 (845) 876-7666
 Rabbi Hanoch Hecht
 Rebbitzin Tzivie Hecht
 Website:
www.RhinebeckJewishCenter.com
 Email:
RSVP@RhinebeckJewishCenter.com

Weekly Services:

Fridays: Call for time.
 Saturdays: 9:30am

Contact:
RSVP@RhinebeckJewishCenter.com
for current information
or visit the website
www.RhinebeckJewishCenter.com

Chabad of Mid-Hudson Valley

63 Vassar Rd, Poughkeepsie
 (845) 463-5801
 Rabbi Yacov Borenstein
 Website:
www.chabadmidhudsonvalley.com
 Email:
ChabadMidhudsonvly@prodigy.net

Weekly Services:

Fridays: Call for times.
 Saturdays: 10:00am

Adult Education:

Wednesday

Torah Class: Discover the World of Prayer 11:00am, 36 Pleasant Ridge Drive. Class led by Hindy Borenstein. Indulge your body with thought-provoking insights from the weekly Torah portion and other contemporary issues, and indulge your body with a light and healthy lunch.

Special Events:

Sunday

Bagels, Lox, Torah (Tefillin too!) 9:00am led by Rabbi Yacov Borenstein. Morning minyan will follow Torah discussion on the coming week's Torah portion, upcoming holiday, or topic of Jewish interest.

Contact :
ChabadMidhudsonvly@prodigy.net
for current information
or visit the website
www.chabadmidhudsonvalley.com

Beacon Hebrew Alliance

(Conservative)
 331 Verplanck Ave, Beacon
 (845) 831-2012
 Rabbi Brent Spodek;
 Cantor Ellen Gersh
 Education Director, Rishe Groner
 Website:
www.beaconhebrewalliance.org
 Email:
411@beaconhebrewalliance.org

Weekly Services:

Fridays, 7:30pm
 Saturdays: 9:30am alternating weeks

Contact:
411@beaconhebrewalliance.org
for current information
or visit the website
www.beaconhebrewalliance.org

Congregation Beth David

(Reform)
 East Main St, Amenia
 (845) 373-8264
 Rabbi Jon Haddon
 Website: www.CongBethDavid.org
 Email: JonRab33@gmail.com

Weekly Services:

Saturdays 10:00am (twice monthly)
 Call for schedules.

Contact:
jonrab33@gmail.com
for current information
or visit the website
www.CongBethDavid.org

Vassar College Bayit

51 Collegeview Ave, Poughkeepsie
 (845) 728-4792
 Rabbi Bryan Mann
 Rachlin Director of Jewish Student Life at Vassar College
 Email: bryanmann@vassar.edu

Weekly Services:

Fridays: 6:00pm
 7:00pm dinner when school is in session

Contact :
bryanmann@vassar.edu
for current information

Bard College

Rabbi Joshua Boettiger
 Jewish Chaplain, Visiting Assistant Professor of the Humanities
 Phone: (802) 733-6342
 Email: jboettiger@bard.edu

Contact:
jboettiger@bard.edu
for current information

Congregation Emanuel of the Hudson Valley

243 Albany Ave, Kingston
 (845) 338-4271 ext 101
 Rabbi's Study: (845) 338-4384 ext 102
 Rabbi Yael Romer: RabbiYael@cehv.org

Weekly Services:

Friday

Family Kabbalat Shabbat March 4, April 1, 6:00pm.
Kabbalat Shabbat Service March 3, 11, 25, 7:30pm.
Tot Shabbat May 6, June 3, and July 1, 5:30pm

Saturday

Morning Minyan March 5, 12, 19, 26, 10:00am.
Tot Shabbat March 19, and April 9, 9:00am

Education:

Rhinebeck Mediation & Torah Study Tuesday, March 8, 15, 8:45am
Religious School Sunday, March 6, 13, 27, April 3, 10, 12:30pm
Hebrew Trope Wednesday, March 2, 9, 16, 30, April 6, 13, 12:30pm
Conversational Hebrew Wednesday, March 2, 9, 16, 30, April 6, 13, 4:00pm

Other Events:

Sunday

Women's Seder April 3, 4:45pm

Tuesday

Monthly Brotherhood Meeting 2nd Tuesday of the month, 6:30pm
Zemer Rehearsal March 15, 5:00pm.

Wednesday

Mishloah Manot Secret Gift Exchange and Social Action Donation Program end March 16

Thursday

Coffee Chai with the Rabbi 1st & 3rd Thursday of the month, 8:45am
Monthly Sisterhood Meeting 2nd Thursday of the month, 7:00pm

Friday

Purim Megilah Reading, Shpiel & Services March 19, 7:00pm

Saturday

Purim Masquerade Ball March 19, 7:00pm
Passover 2nd Night Seder April 16, 4:45pm

Contact: info@cehv.org
for all events and current information
or visit the website www.CEHV.org

March

Candle Lighting Schedule

March 4	5:31pm
March 11	5:40pm
March 18	6:47pm
March 25	6:55pm



★ Jewish Trivia ★

Q: What film played in a N.Y.C. neighborhood theatre in the early 1950s and whose marquee read: Starring Bernard Schwartz and Rosetta Jacobs?

A: "The Prince Who was a Thief" starred Tony Curtis and Piper Laurie. Both were local Jews, born on the lower Eastside of NY, and well known in that neighborhood by their real names.

Coffee & Chat North

(formerly Lunch & Learn North)

The Modern Politics of Herod the Great with Dr. Bruce Chilton of Bard College, IAT

Sunday, March 6, 1:00pm

The Herodian Acquittal of Roman charges against Christians: How Herod's great-grandson Agrippa took a different path.

Sunday, April 3, 1:00pm

The Jewish Empress in Waiting: The little known story of Herod's great-granddaughter Berenike, who rose so far in the hierarchy of Rome that many people in the Empire saw her as the power behind the throne.



Rhinebeck Reformed Church
 6368 Mill Street, Rhinebeck, NY 12572
Online & Limited in-person Space
RSVP required at
www.jewishdutchess.org/events



The Jewish War Veterans of the United States, Post 625

All persons of the Jewish faith who have served in any branch of the U.S. Military (active, Reserves, or National Guard) or any person who wishes to support veterans are invited to attend Post meetings. Due to the pandemic, all of our meetings are on ZOOM. Meetings can also be reached by telephone but with audio only. Next meetings will be March 13, at 9:30am (schmooze at 9:00am). If you wish for more information, please contact Post Commander Schwartz at (845) 849-0025 or Rschwa9881@aol.com



Jewish War Veterans Post 625 participated in the birthday celebration for FDR held in Hyde Park. Chief of Staff Martin Hochhauser carried out the Jewish tradition of placing a rock atop FDR's headstone. Mr. Hochhauser is also pictured with Past Commander Ralph Schwartz, who presented a wreath, and keynote speaker Brigadier General Shane Reeves, Academic Dean, USMA, West Point.

Rabbi Krasner's Yiddish club is in full bloom! The class, which meets the last Thursday of the month at 10:00am, is growing. Participants get the opportunity to listen to Yiddish music, reminisce, share Yiddish stories, and brush up on the language! It's always a good time when we nosh, and learn while sharing in the language and culture that is all things manaloshen!!



Do you live in Dutchess County?

We would love to connect with you.

Contact JFedDC at:
(845) 471-9811
www.jewishdutchess.org

For programming and updates scan the code.





The Pines sharing about updates regarding Nursing and Rehabilitation Centers processes and procedures during Learn & Lunch Bunch

The mensch club had another fabulous program in February! In addition to learning all about how to be a mensch (a person of honor and integrity), we learn about sportsmanship while playing laser tag! We learned about teams and a team's responsibility, about not being a sore winner/loser, and support for all participants! Parents engaged over a game of pool, and a wonderful experience was had by the families! The next mensch club program will be in late spring; details to follow.



Congregation Schomre Israel had a Tu'B Shevat celebration! There were olives, fruit, cheese, and wine tasting followed by delicious desserts! There was schmoozing and question and answers from Rabbi Krasner. Plus fun candle making! A great holiday celebration was had by all!



Bingo via Zoom with Suzanne Turrisi on **March 27, 7pm**. Join us for Yiddish Bingo. We'll play 3 games, kibbitz with one another and not to worry, you won't be playing for *bupkes*. Pre-registration required by Friday March 25, at 9:00AM. The bingo cards will be emailed to you, one card per person. Limited space sign up early at:

<https://jewishdutchess.org/events/community-calendar>

THIS YEAR in Jerusalem!



The Hudson Valley Israel Trip
October 23-November 1

A unique trip with something for everyone, even those who have been to Israel – history, nature, interfaith historical sites, and more.

For information or to register, go to,
www.JewishDutchess.org/events/Israel-trip-2022
(845) 471-9811

Here Comes the Sun
4TH ANNUAL JEWISH FEDERATION CELEBRATION



The Jewish Federation of Dutchess County

Save the Date:
June 9

more information coming soon.

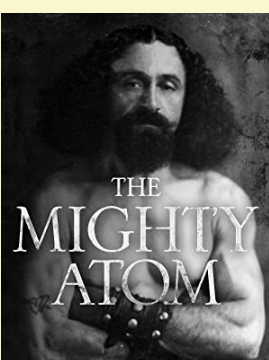
Leaving a Legacy

We are very appreciative of the two legacy gifts that we have received in recent months. What will your legacy be?

Please consider giving to the Jewish Federation of Dutchess County or Jewish Family Services. Through your giving, let your legacy empower the generations to come.

Call the JFedDC Office for information and to learn about the tax benefits of legacy contributions. (845) 471-9811

Movie Night In:
Thursday, March 31 at 7:00PM
The Mighty Atom



The Mighty Atom is the incredible true story of Joseph Greenstein, who at 5'4" became the world's strongest man. Stopping an airplane from taking off with his hair, bending steel with his hands, biting through nails; he achieved impossible feats of strength and may have been the inspiration for Superman. An amazing tale of human potential, The Mighty Atom will have audiences cheering.

Steven Greenstein, Joseph's grandson, will be joining us for a discussion following the movie.

Register for virtual event at:
www.jewishdutchess.org/events



Hudson Valley Hospice

...make today matter!

Choosing hospice is choosing to focus on loved ones and sharing and making memories. We can help make the most of the moments that truly matter.

Contact Hudson Valley Hospice: hvospice.org • (845) 240-7555