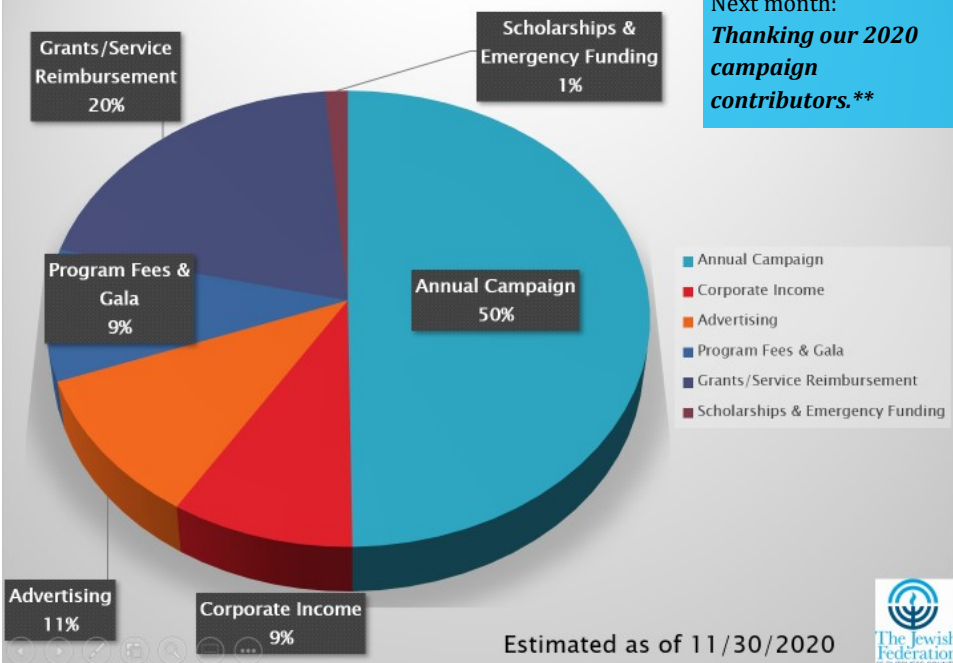


Where Federation Dollars Come From - 2020?

Where do Federation dollars come from?



Next month:
Thanking our 2020 campaign contributors.**



Happy Passover from the Board and Staff at JFedDC and Jewish Family Services

We welcome your comments on the activities and impact of the JFedDC. Do you have ideas about how to enrich our Jewish community? Do you want to get involved? Contact us at (845) 471-9811 or email us at director@JewishDutchess.org to share.

****We would like to thank everyone who has donated to the 2020 annual campaign. We look forward to listing your name in a future edition of *The Voice*. If you prefer to be listed as *anonymous* or not at all, please notify us by March 15, 2021 via email at admin@jewishdutchess.org.**

Mitzvah Now March "Pack a Purse" Project:



Help us collect purses and pack them with toiletries for the Grace Smith House. (Collecting until March 24, see page 14 for details)

SAVE THE DATE
Wednesday, April 7, 6:30pm
Virtual Community Yom HaShoah Commemoration
with area clergy
Crossroads: Keeping Holocaust Memory Alive through Education
Guest Speakers: Jeffrey Urbin, Education Specialist and Abigail Gondek, Archivist/Scholar both from the FDR Presidential Library

Elie Wiesel's Lessons for Today with Dr. Ariel Burger
 Author of *Witness: Lessons from Elie Wiesel's Classroom*
Final Presentation Sunday March 7, 7:30 PM
 See page 3 for more details

1st Ever
Interactive Movie Night In
March 25, 7:00pm
 (See page 16 for more info)



Lunch & Learn North has relaunched (virtually) with the Rhinebeck Reformed Church

We are very excited to relaunch our Lunch & Learn North program this spring, with presenter, Dr. Bruce Chilton, Director of the Institute of Advanced Theology, of Bard College. During a time of unique cultural and political challenge in the United States, we will investigate the unique contributions of women within the traditions of Judaism and Christianity to a humane, peaceful future. Week by week, women from both traditions will be paired in a comparative analysis:

- March 21, 1pm: The Medieval Period**
Hildegard of Bingen and Inés Esteban
- April 18, 1pm: The Early Modern Period**
Francesa Sarah of Safed and Theresa of Avila
- May 16, 1pm: The Twentieth Century**
Eleanor Roosevelt and Trude Weiss-Rosmarin.



To register visit: www.JewishDutchess.org/events

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Jewish Federation of Dutchess County

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Jewish Federation of Dutchess County (JFedDC)



LEARN & LUNCH BUNCH

The Jewish Federation of Dutchess County presents weekly cultural, social, and educational programs.

WEDNESDAY PROGRAMS

March

March 10 Pre-Passover discussion—Getting Ready for the Upcoming Holiday!

with Rabbi Renni Altman of Vassar Temple

March 24 Shannon Butler, Poughkeepsie Library:

Vail Photography Studios—a visual journey into the late 19th century. Using the Vail photography collection, we will take a look at some interesting people who lived in this area over a century ago!!

TO REGISTER, call the office at (845) 471-9811 or online at: www.JewishDutchess.org/events

WHERE

118 South Grand Ave
 Poughkeepsie, NY
 (Temple Beth-El)

SCHEDULE

11:00 –11:30am
 Coffee & Nosh
 11:30 –12:30pm
 Program
 12:30pm —Lunch

\$6.00—Lunch and program
 \$4.00—Program, coffee, nosh

Learn & Lunch Bunch is partially funded by the Ann & Abe Effron Fund and Bernard and Shirley Handel Foundation Donor Advised Fund of the Community Foundations of the Hudson Valley



REGISTRATION STRONGLY REQUESTED BY MONDAY EACH WEEK FOR FOOD AND ACTIVITY PLANNING PURPOSES
RSVP to the Jewish Federation office (845) 471-9811.
 Learn & Lunch Bunch activities are open to the public.



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Mazel Tov Memories

Send us information about what you are celebrating: birthdays, engagements, weddings, anniversaries, and simchas. We at the JFedDC want to celebrate with you and share the nachas. Send your information to thevoice@jewishdutchess.org



Congratulations, Dylan Elam and Breanna Peck on the birth of Rowan Scott Elam on Dec 7. Also to Rowan's great-grandparents, Herb and Susan Elam and grandparents Matthew Elam and Kathleen Rowe.

A special thank you to our 2021 Community Partners

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Adult Education - Please check organization's website for current status

Educational Opportunities Abound at Congregation Schomre Israel

(Please check the synagogue's website www.schomreisrael.org for updated classes and Zoom addresses)

Is This the End of Days? The Book of Daniel Tuesdays, 10:30am. A personal journey of dedication, yearning, and vision.

Timeless Thought on the Parsha Thursdays at 7:00PM. During March the Parsha class will be replaced with classes to help prepare for Passover. March 4 -Haggadah; March 11 -Kasher for Passover 101; March 18—Make Your Seder Meaningful. All classes with Rabbi Krasner via Zoom.

Talmud Studies with Rabbi Krasner Sunday Morning after Shacharis- Working our way through the 4th Chapter of Brachos.

Classes are free. All are welcome. View website at www.schomreisrael.org for recordings of previous classes. For information on cancellations and class schedules, visit www.schomreisrael.org or call (845) 454-2890.

Weekly Adult Study Groups at Vassar Temple (Please check website for updated information)

The Talmud: Modern Ideas from an Ancient Text Select Thursdays from 12:00-1:30pm. Taught by Senior Scholar Rabbi Paul Golomb. For further information and to obtain the study sheets, contact pjgolomb@verizon.net.

Torah Study Saturdays, (except March 13 due to Shabbaton) 9:00-10:00am. Examines passages from the week's Torah portion or Haftarah and will be led by the Temple's Rabbi Renni S. Altman, D.D. New attendees should contact rabbi@vassartemple.org to be put on the Torah Study email list.

All are welcome to come and join in all the classes - no previous training required! No charge to attend. All classes will be conducted on Zoom as long as necessary for public health reasons. Watch the weekly temple emails or contact the temple for updated information at (845) 454-2570 or office@vassartemple.org

Higher and Higher: Come Grow with Temple Beth-El (Please check website for updated information)

Rabbi Daniel Victor is holding classes and social gatherings via Zoom. If you would like to join, email: rabbi@tbeny.org for the Zoom links and passwords.

Monday:	11:00 AM	General Community Schmooze
Monday:	9:00 PM	35—55ish Community Schmooze
Wednesday	1:00 PM	General Community Schmooze
Thursday:	9:30 AM	Virtual Adult Education with Rabbi Victor

All welcome. Details at Temple Beth-El www.tbeny.org, or call (845) 454-0570, or email info@tbeny.org.

Chabad Center Classes (Please check website for updated information)

Torah Class: Discover the World of Prayer: Wednesdays, 11:00am at the Borenstein home, 36 Pleasant Ridge Drive, led by Hindy Borenstein. Indulge your mind with thought-provoking insights from the weekly Torah portion and other contemporary issues, and indulge your body with a light and healthy lunch.

Please visit our website www.chabadmidhudsonvalley.com.

Congregation Shir Chadash (Please check website for updated information)

Congregation Shir Chadash is planning on having interesting and thought-provoking virtual talks on the second and fourth Wednesday of every month at 7:30pm. Each talk will be approximately one hour. Some talks will be lectures; others, open to questions and discussion.

Virtual Torah Study: Saturday, March 6, 20, 9:15AM. An informal discussion about the Torah portion of the week with Rabbi Polish from the comfort of your own home. Everyone has a chance to participate. No expertise of knowledge of Hebrew is needed. Just an inquisitive mind, a curiosity about our tradition, and a willingness to share your thoughts. All welcome to attend.

For Zoom meeting id: <https://www.facebook.com/pg/shirchadashhv/posts/>

All talks are FREE of charge and open to the public. With more exciting and engaging talks to come, check out our website www.shir-chadash.org, or call (845) 232-1029, or email info@shir-chadash.org for additional talks or more details and for links to the Zoom meetings.

Rosh Chodesh Reading Group by Congregation Shir Chadash

Those interested in reading are invited to the Rosh Chodesh reading group (now done **virtually**) - interesting and provocative discussions, dates & times TBD. Participants meet to discuss memoirs, fiction, poetry, and drama in a variety of works that offer Jewish themes and a variety of perspectives of interest. Have a topic suggestion? Please let us know!

DETAILS: For more info, contact Sandy Lash: (845) 232-1029 or email: info@shir-chadash.org.

Elie Wiesel's Lessons for Today

with
Dr. Ariel Burger

Author of *Witness: Lessons from Elie Wiesel's Classroom*

Final Presentation Sunday March 7, 7:30 PM

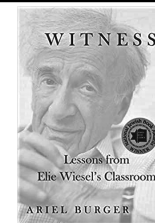
Elie Wiesel: What messages would he have for us today?

What would Wiesel say about the challenges we are facing today, such as living through a pandemic, America's current confrontation with racial injustice, and the polarization that plagues our nation?

Hosted by Congregation Shir Chadash, Temple Beth-El, and Vassar Temple

The community is warmly invited to attend. Contact any of the sponsoring congregations for the Zoom link.

Copies of Dr. Burger's book *Witness: Lessons from Elie Wiesel's Classroom* may be purchased through Temple Beth-El (845) 454-0570 or Rabbi@tbeny.org. This community program is generously supported with funding from the Irving & Gloria Schlossberg Family Fund of the Community Foundations of the Hudson Valley, the Harding Club, Jewish Federation of Dutchess County, and generous private donors.



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Personal Holiday Greetings

**Happy
Passover**
Betsy Kopstein-
Stuts and
George Stuts



**Happy
Passover**
Miriam & Frank
Rubin



May you
be blessed
with
peace,
prosperity,
and joy
this
Passover



Team
Silbergleit

**We
apologize in
advance for
any
misplaced or
accidental
misspelled
names in the
Holiday
Greetings**

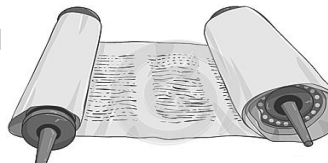
**Happy
Passover**
Linda & Eric
Perfecto and
Family



**Happy
Passover**
Nancy & Sandy
Bernstein



May you
be blessed
with
peace,
prosperity,
and joy
this
Passover



The Quackenbush
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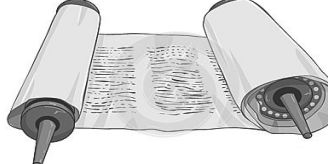
**Happy
Passover**
Jane & Steven
Idell



**Happy
Passover**
Evelyn & Oscar
Weiss



May you
be blessed
with
peace,
prosperity,
and joy
this
Passover



Sharon & Howard
Lynne

Peace to you
this Passover!



Betty & Hyman (z'l)
Kaplan

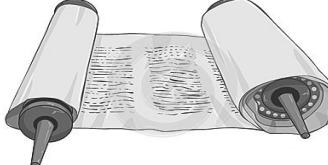
**Happy
Passover**
The
Hentel
Family



**Happy
Passover**
Ken
Roman



May you
be blessed
with
peace,
prosperity,
and joy
this
Passover



Shalom from
Sandra & John Blair

Peace to you
this Passover!



Rabbi Miriam Hyman,
Rabbi Michael Fessler
and Family

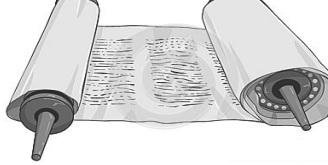
**Happy
Passover**
The
Hankin
Family



**Happy
Passover**
Rose, Brion, &
Joshua
Shapiro



May you
be blessed
with
peace,
prosperity,
and joy
this
Passover



Roberta & Len
Grosman

Peace to you
this Passover!



Suzanne & Don
Turrisi


**Happy
Passover**
Deanie Gordan
and the Israel,
Levine &
Gordon Families



**Happy
Passover**
Roni & Charles
Stein



May you
be blessed
with
peace,
prosperity,
and joy
this
Passover



Ann & Jeffrey
Gross

Peace to you
this Passover!



The
Friedland's

**Happy
Passover**
Barbara &
Bernie Cohen



**Happy
Passover**
Harold, Sharon
and Cynthia
Warren



May you
be blessed
with
peace,
prosperity,
and joy
this
Passover



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Peace to you
this Passover!



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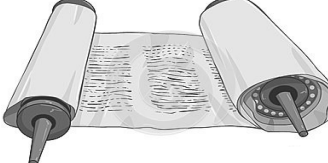
**Happy
Passover**
The
Bressman
Family



**Happy
Passover**
Judy Elkin &
Gene
Fleishman
and Family



May you
be blessed
with
peace,
prosperity,
and joy
this
Passover



Karin & Jack
Fein

**Happy
Passover**
Amy, Steve,
Lindsay &
Hannah
Effron



**Happy
Passover**
Miriam &
Burt (z'l) Gold
and Family



May you
be blessed
with
peace,
prosperity,
and joy
this
Passover



Jill & Ira
Auerbach

Peace to you
this Passover!

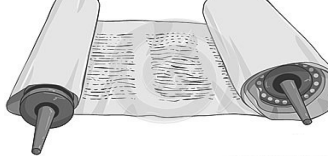


Sharon & Hal
Warren

**Happy
Passover**
Rebecca &
Bert Cohen

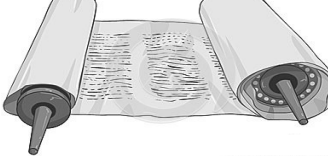


May you
be blessed
with
peace,
prosperity,
and joy
this
Passover



The Reckess
Family

May you
be blessed
with
peace,
prosperity,
and joy
this
Passover



Ellen & Victor Stern
and Family

Personal Holiday Greetings

Peace to you
this Passover!



Anita Lester
and Family

Peace to you
this Passover!



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Skolnik

HAPPY
PASSOVER

Beth & Les
Richardson

HAPPY
PASSOVER

James
Robinowitz

Passover Blessings



Nina & Russell
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Peace to you
this Passover!



Elyse & Neil
Mansfield

Peace to you
this Passover!



Elanor & Marty
Korfman


HAPPY
PASSOVER

Blanche & Lou
Bergman

HAPPY
PASSOVER

Lauren & Michael
Muffs

Passover Blessings



Hochhauser, Marks Family
Martin, Karen, Samuel,
Alexander & Benjamin

Peace to you
this Passover!



Barbara (z"l) &
Lou Newman
and Family

Peace to you
this Passover!



Sandy & Lee
Corwin

HAPPY
PASSOVER

Phyllis & David
Miller

HAPPY
PASSOVER

Rabbi Ellen &
Judge Jonah
Triebwasser

Passover Blessings



Frieda & Ed
Gershuny

Peace to you
this Passover!



Bob
Ulrich

Peace to you
this Passover!



Ellen, Barry, &
Matt Rosenberg

HAPPY
PASSOVER

Barbara & Irwin
Lifshey

HAPPY
PASSOVER

Leona & Irvin
Miller

Peace to you
this Passover!



Pam & Sol
Resnikoff

Peace to you
this Passover!



Judy & Alan
Fox

HAPPY
PASSOVER

Candy & Lou
Lewis

HAPPY
PASSOVER

Adrienne London &
Dr. Robert
Roeshman, D.O.

Passover Blessings



Stephanie & Steven
Wasser

Peace to you
this Passover!



Muriel
Lampell

Peace to you
this Passover!



The Slate Family
Eileen, Jerry,
Jacob, Alanna,
Daniel & Emma

HAPPY
PASSOVER

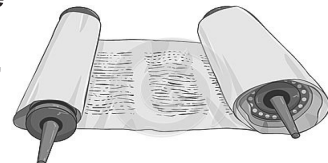
The Gorin
Family

HAPPY
PASSOVER

Helen Bernstein
and Family



May you be
blessed
with peace,
prosperity,
and joy
this
Passover

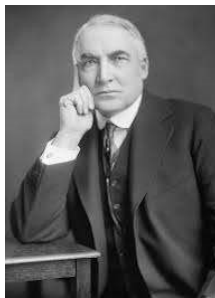


Doris & Bob
Haas

The Harding Club

How does a Jewish men's club get named after one of the worst presidents in American History?

Warren G. Harding, our 29th president, served from March 4, 1921 until his death on August 2, 1923. It was during his presidency, earlier in 1923, that Poughkeepsie's Harding Club was formed. Excluded from local sports leagues due to antisemitism, the young founders did not want to reveal their faith openly, so they named the new club for the sitting president. Harding Club members and the club itself have flourished in this community for nearly 100 years, providing a social outlet for dozens of brethren. Additionally, the club has recently become very involved in notable philanthropic causes as well as being supportive of worthy local organizations, both secular and Jewish-oriented.



The club meets two times per month. This year has been a ZOOM year, and outstanding speakers have entertained and informed our members through these pandemic-dominated months. Normally, the club meets for dinner at a local restaurant, enjoys camaraderie, a good meal, and a speaker. We look forward to a resumption of "live" meetings once it is safe.

Recent and future meetings include these speakers:

- County Legislator Rebecca Edwards
- Bardavon Executive Director Chris Silva
- Members Rich Levine and Art Menkin speaking about Jews in sports
- Dr. Neil Ratner, "The Rock Doc"
- Susan Hecht talking on the Town of Poughkeepsie's Environmental Action Plan
- Kim Ritz, PJ Library Director, updating us on the latest PJ Library news
- County Executive Marcus Molinaro, updating us on the County's COVID response

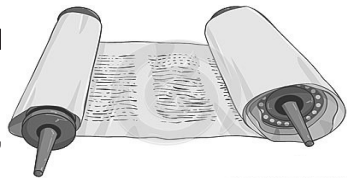
We would love to hear from you. Membership opportunities are open.

Check out our website: <http://harding.jigsy.com/> or

email: hardingclub1923@gmail.com

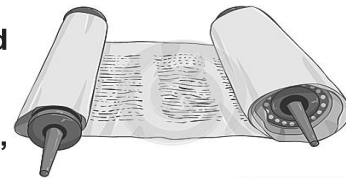
Alan Fox, Harding Club president

May you be blessed with peace, prosperity, and joy this Passover



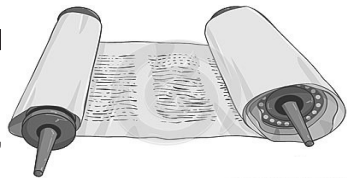
Barbara & Harvey Katz and Family

May you be blessed with peace, prosperity, and joy this Passover



Barbara and Len Hyman

May you be blessed with peace, prosperity, and joy this Passover



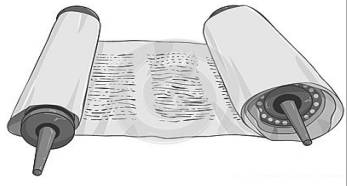
Love, Fritz & Jack Goodman

May you be blessed with peace, prosperity, and joy this Passover



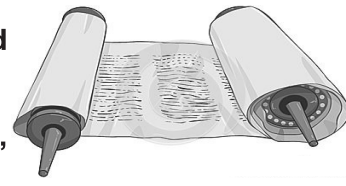
Barbara & Hamilton (z'l) Scheer & Family

May you be blessed with peace, prosperity, and joy this Passover



Debbie & Arnold Most

May you be blessed with peace, prosperity, and joy this Passover



Gail & Samuel Simon

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Page 2: Torson's Funeral Home, Wm. G. Miller & Sons Funeral Home, The Rug Garden and Optique Elegance

Page 3: National Gilman & Giocia

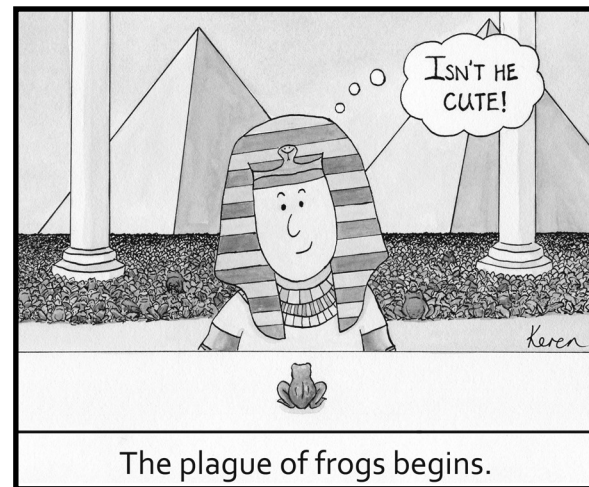
Page 7: Principal Financial Services, Berkshire Hathaway

Page 9: The Avalon

Page 16: Hudson Valley Hospice

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VOICE DEADLINES	ISSUE	DEADLINE
Note deadlines listed.	April	March 1
Email: TheVoice@JewishDutchess.org	May	April 1
if you have questions.	June/July	May 1



NexGen Professional

If you are looking to wager some money on a sure bet, Samuel Marks would be a good choice. At 19 years old, the precocious young adult has the life experience of many twice his age. Born in Hong Kong to globe trotting parents, Sam spent his Wonder Years growing up in Asia. At the age of 3, Sam and his family made their way to Thailand. His mother worked in relocation, consulting, and human services and his father in wine and spirits.



Samuel Marks

Attending an International Baccalaureate program, Sam excelled in academics. Although there wasn't a large Jewish community in Thailand, the family did attend a Chabad for services and followed a Kosher diet. Nevertheless, Sam always felt "a strong Jewish identity" growing up in an international setting.

At age 13, Sam found himself living in Poughkeepsie, helping support his ailing grandmother. He confides that "the contrast between attending a school with class size of 40 students to a middle school of over 300 was shocking." Starting from scratch, the repatriated young man continued winning not only strong grades but also awards for excellence. He kept up with his Jewish education and eventually even taught Hebrew at Temple Beth-El.

Now a college freshman at selective SUNY Binghamton during a raging pandemic, Sam is making the most of an unusual situation. Currently, he is interning with the Jewish Federation of Dutchess County working hard on funneling multiple data sets for the non-profit into one database. "I enjoy seeing the fruits of my labor being used in an effective way," he states.

Aside from running five kilometers daily, rain or shine, and enjoying Hillel events, the Political Science major has had an interesting time adjusting to campus life during a pandemic. Most classes are online. It is challenging to feel involved when working through the "tiny box" of a Zoom screen. And while some teachers have adjusted their teaching style, others have made the classwork even more difficult. At the end of four years, Marks will graduate with both a Bachelor's and Master's degree. He has maintained a 4.0 GPA for his first semester.

Sam's ultimate goal is to become President after a stint in Congress. This young man is looking forward to pursuing a law degree after college. Never one to steer away from hard work, Sam is always looking for meaningful employment. If you would be interested in hiring him he has experience with everything from working for a moving company to dabbling in IT. You may contact him at his email at samuelsejosefmarks@yahoo.com.



Dear Vegetarian,

Why not use a "pascal yam?" You can cut a piece of a roasted yam and use that. How about a picture of a lamb? You can also use a roasted beet as a substitute. Beets are mentioned in the Talmud. If you are vegan and don't want to have an egg or any animal parts, roasted sunflower seeds are a good substitute. They share the same representation. It's about symbolism and keeping the faith.

Rabbi's Blog *by Rabbi Jon Haddon*

If there is any value that has persisted within the Jewish People for the past 2000 years, it is "Tikvah," hope. The sense that the future can always be more perfect than the present is both comforting and motivational. As Rabbi Jonathan Sacks has said, "To be a Jew is to be an agent of hope in a world serially threatened by despair." It is no accident that the national anthem of our beloved State of Israel is entitled, "Hatikva"...the hope.



Rabbi Jon Haddon

As we approach Israel at 75, in just two years from now, it is appropriate to consider the country's national anthem, "Hatikvah," a famous piece of music that, surprisingly, was not officially adopted as the country's anthem until 2004. There are other surprises connected to this piece. Most notably, the music is not original, and the words were penned, more than 130 years before they became the anthem, by a troubled poet who died in utter poverty in New York City in 1909.

The melody of "Hatikvah" comes from no one source. Samuel Cohen (1870-1940), a Zionist who emigrated to Palestine in 1888, had read Naftali Herz Imber's poem, "Tikvatu," and was inspired to set the words to music. He did not compose an original melody, however, noting, as translated by the music scholar Edwin Seroussi, "In my home country [in northwest Rumania today], we used to sing in the choir a Rumanian folk song, with similar music.

Indeed, the melody of "Hatikvah" was inspired by Eastern European folk music. Its pattern is familiar to singers and scholars, and finds its way into many European songs and instrumental music. In sum, it is an old melody that originated somewhere in Europe and made its way to Palestine. That is the dynamic and destiny of many other melodies: they travel. The music for America's anthem, "The Star-Spangled Banner," for example, has its origins in a British drinking song.

Although we can't source the melody, we certainly know who wrote the words. In Zloczow, Galicia, in 1856, Naftali Imber was born into a Hasidic family. In his 20s, he found his way out of the *shtetl*, venturing first to the Austro-Hungarian Empire and in 1882 to Palestine. He became a well-regarded poet who, in 1886, published a collection of poems called *Barkai* (Morning Star). Among those poems was a nine-verse opus entitled "Tikvatu," two verses of which found their way into Cohen's setting. Slightly altered, they are the verses we sing to this day.

Imber was a complicated, flawed individual who nevertheless encapsulated the dream of a Jewish homeland in an unforgettable poem. Although he claimed that he, and not Theodor Herzl, was the real father of Zionism, Imber eventually spent some years in the United States, fighting alcoholism and accusations of heresy, and was married for a year to a Protestant self-proclaimed doctor.

What is indisputable about "Hatikvah," however, is its power as an anthem – its stateliness, tempo, the sure confidence of the setting (a perfect marriage of words and music), and the melody's incredible shift from a minor key to a major key. The past, the 16 measures depicting our history, is in minor. On the words "Od lo avda tikvateinu" (Our hope is not yet lost) it leaps to the major key – a leap of faith that says: we dreamt this dream and we are going to, somehow, make it come true!

HIAS Refugee Shabbat Service

Please join us in observing HIAS Refugee Shabbat during a Friday evening service co-sponsored by Vassar Temple, Temple Beth El, and Congregation Shir Chadash. Hosted on Zoom by Vassar Temple, clergy of all the congregations will participate. Special guest speaker will be Miriam Feffer, HIAS Vice President for Development.



Miriam Feffer

All three congregations wanted to hold a joint Friday night service in lieu of the Community Shabbaton that had to be canceled last year due to the pandemic, and Vassar Temple suggested we choose this special Shabbat on which to do so.

HIAS (Hebrew Immigrant Aid Society) formed in 1881 to assist Jewish immigrants who were coming to the USA to escape antisemitism. Today HIAS continues to act within our Jewish tradition of welcoming the stranger and protecting the refugee, expanding its mission to aid those of all religions and in many lands throughout the world, as well as here at home.

DETAILS: Friday, March 5, 7:30pm. Contact office@vassartemple.org or any sponsoring Temple for Zoom link.



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Inside the Jewish Studio *By Karen Hochhauser*

This questionnaire originated in the French series, *Bouillon de Culture*, better known as the closing questions asked by James Lipton on the celebrity interview TV show, *Inside the Actor's Studio*. The questions are re-adapted for this column.

Each month, we ask a MOT* these questions and feature the answers. This month, our special guest is Susan Petendree who took time from working at Temple Beth-El to answer our questions.



Susan Petendree

1. **What is your favorite/least favorite word?**
Favorite: Love;
Least Favorite: Hate
2. **What inspires you creatively, spiritually, or emotionally?**
Creatively: I am inspired by my children.
Spiritually: Being physically in the synagogue during services.
Emotionally: Seeing my grandson grow up.
3. **What is your favorite song?**
A Time For Us by West Side Story. It was my wedding song.
4. **What profession other than your own would you like to attempt?**
If I was a lot younger, I would go to law school.
5. **What profession would you not like to attempt?**
The medical field.
6. **What is your favorite food/dessert?**
Food/Dessert—Crème Brule. Dark chocolate Crème Brule is really my favorite.
7. **What do you most like and dislike about yourself?**
Like: That I am a people person. I enjoy being around people..
Dislike: That sometimes I am too quick to judge.
8. **What is one interesting thing that people don't know about you?**
I have had a very eclectic professional career. From being a school teacher to doing tax returns then managing a baseball card and collectables business where I got to meet many of the players for autograph sessions. I then started working at Temple Beth-El in 1997 as assistant to Educational Director Miriam Rubin. After she retired, I continued to work in the office and when Rabbi Victor came to TBE, I became his executive assistant.
9. **If you could choose a superpower, what would it be?**
I'd like to wrinkle my nose like Samantha in the TV show "Bewitched" and be able to get things done without moving.
10. **What is your greatest achievement/something you are most proud of?**
I honestly believe my greatest achievement is my 3 boys and to see how they've evolved into wonderful young men.
11. **Do you have a "bucket list" and, if so, what is on it?**
To be able to travel a lot more.
12. **If there was one thing you would hope others do in the interest of our future, what would that be?**
More tolerance and acceptance of others. I think we've lost the ability to communicate and listen to each other.
13. **What is your most favorite Jewish Memory?**
Holiday dinners with the family and friends over the years.
14. **What is your earlier Jewish Memory?**
Lighting Hannukah candles when I was about 4 years old.
15. **In what ways does or can JFedDC impact our Jewish Community?**
By being able to help people in need and find resources for those in need. Offering programs and information to the community. Partnering with other religious organizations.
16. **If Heaven exists, what would you like to hear God say when you arrive at the Pearly Gates?**
That I lived a good life and then I want him to take me to be with my late husband Richie.

*member of the Tribe



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Good to know.™
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Shir Chadash Religious School Students Continue Their Study of Jewish Values

Congregation Shir Chadash's students are learning about Jewish values: our Aleph Class through the study of Torah stories; and our Bet Class through the study of Jewish heroes, Jewish American history, and the Jewish Holidays. The Aleph Class, taught by Rochelle Bellach, meets 9:30-10:15a.m. followed by a short Shabbat Service where they are joined by the Bet Class. The Bet Class, taught by Cantor Gail Hirschenfang, continues from 10:45-11:45 a.m. Classes are all virtual at this time.

Want to get in on the fun, but your child is not registered? New students can try out our school for one month FREE. Children will learn about Jewish culture, holidays, history, and Israel while having fun and making friends. To receive the link, ask questions or have concerns, contact Sue Marcoe: sfmarcoe@gmail.com or (845) 723-4045.

Vassar Temple's Seth A. Erlebacher Religious School

We continue to meet and learn virtually. As our students prepare for the spring holiday of Passover, they will complete their unit on the value of *Hakarat HaTov*, recognizing the good, and turn towards learning about the value *Koach HaDibur*, the power of speech. Families will join together for a pre-Passover program on Sunday, March 21, singing Passover songs and exploring different aspects and foods of the Passover Seder. As the weather warms up, we look forward to having some sessions outdoors where we can physically be together!

Tiny Temple & PJ Library Celebrate Passover

Tiny Temple and PJ Library are joining for fun and learning to celebrate Passover on Sunday March 21 from 9:30-10:00am at Vassar Temple. The program is especially designed for children age 0-6 and their families, and Rabbi Altman is planning on holding it outdoors, weather permitting. Please contact office@vassartemple.org for further updated information and to RSVP.

Bar Mitzvah

**Matthew Glasser, Shir Chadash March 6, 2021,
Son of Larry and Elizabeth Glasser**

Matthew is a smart and creative 7th grader. For his Bar Mitzvah service project he is collecting donations for Perfect Pets Rescue, an organization that rescues and fosters cats and dogs and helps them find permanent homes. Matthew's family adopted two cats from this organization, and Matthew wants other pets to find good homes. His project is still ongoing but he is excited by the generosity of his friends, family, and the community at large.

Matthew loves playing with the two cats that inspired this project, playing video games, hanging out with his brother, and reading. In school he is the treasurer of the Drama Club and a member of the Art Club. He has previously been a member of the yearbook club and the stage crew for the school play.



Wishing all of our families a very Happy and Healthy Passover!



PJ Library Coffee and Conversation

Would you like to get together for a virtual coffee or evening tea with other PJ Library parents in your neighborhood with similar aged children?

Informal and fun and a way to connect with gratitude as we lean on one another while we are still safe at home.

Please RSVP pjlibrary@jewishdutchess.org to receive full details



PJ Library

Generation Gratitude Winter Session

Yoga - Sensory Play - Safely Socialize
Sundays | Weekdays

Bi-monthly meet-up for PJ Library Families (with kids 0-5yrs) to connect, share, and move mindfully as we explore gratitude together! Starts January 10th

To register: pjlibrary@jewishdutchess.org / 475-2704
More Info: www.mindfullyogawithliz.com

RELIGIOUS SCHOOL

CHABAD MID-HUDSON VALLEY

Sunday, 10:00am-12:15pm, ages 5-12 years
63 Vassar Rd, Poughkeepsie

For information contact Hindy Borenstein, Director (845) 463-5801

chabadmidsouthvalley@prodigy.net

JUDAIC SCHOOL OF THE ARTS

Sunday, 10:00am-12:00pm

For information www.mypardess.org/JSA

RHINEBECK JEWISH CENTER

Monday, 4:00-5:30pm
Tiny Tots Division (ages 1-5)
Intermediate Division (ages 6-10)
Bar and Bat Mitzvah (ages 11-13)

For information, contact Rebbitzin Tzivia Hecht, Director (845) 876-7666 or tziviehecht@gmail.com

CONGREGATION SHIR CHADASH

The programs focus on G-d & Prayer, Jewish History, and the concepts of Tzedakah, G'milut Chasadim and Tikun Olum. No charge for pre-school children. Open registration. Tots classes through b'nai mitzvah classes are offered. Classes meet 2 Saturdays a month at 9:00am.

For information, contact (845) 723-4045, info@shir-chadash.org or www.shir-chadash.org

TEMPLE BETH-EL

At Temple Beth-El, education is something truly celebrated! From kindergarten through the last year of high school, Temple Beth-El instills a love of Judaism and a lifelong hunger for Jewish learning.

Tuesday,
Ivrit (Hebrew) School
4:30-6:30pm, grades 3-7

Wednesday,
Gesher Youth Program
6:30-8:30pm, grades 8-12

Saturday, B'Nai Mitzvah Class
9:30am-12:30pm, grade 7

Sunday, Judaic Studies
9:30am-12:30pm, grades PreK-6

For information, contact (845) 454-0570 or education@tbeny.org

VASSAR TEMPLE

Vassar Temple provides a program of Jewish education within the Reform Movement's guidelines, which deepens a student's Jewish experience and knowledge in an accepting and stimulating learning environment. Our philosophy of Jewish learning is based on the quotation from Pirke Avot, "The world depends on three things: on Torah, on worship and on deeds of loving kindness." Temple membership not required.

Sunday Religious School
Sundays, 9:00am - 12:00pm, grades K-7

Hebrew Language School
Wednesdays, 4:30pm - 6:30pm, grades 4-7

Gesher Program
Wednesdays, 6:30pm - 8:30pm, grades 8-12

Innovative individualized Hebrew language instruction and bar/bat mitzvah preparation.

For info contact Rabbi Renni Altman, Director (845) 454-2570 or rsdirector@vassartemple.org

PJ Library Mom's Night Out Fireside

Come join other PJJ and PJ Our Way Parents for some much needed parent only time as we discuss gratitude with a Jewish lens.

Rescheduled due to inclement weather. Contact pjlibrary@jewishdutchess.org to RSVP and get event info.

סדר
Seder
order

Create an Afikomen Bag for Passover

Supplies:

- Decorative duct tape or washi tape
- Stickers (optional)
- Markers
- Zippered plastic bag



Directions:

1. Use strips of decorative duct tape to cover the outside of the plastic bag.
2. Write "Afikomen" in marker, then enhance with a few stickers (if desired).
3. Now your afikomen bag is ready for some matzah and for a game of hide and see **Printable Paper Passover Scene**

Find more Passover crafts and activities on the [PJ Library Passover hub](#)

PJ LIBRARY FAMILY OF THE MONTH:

Family Name:
The Arnoff Family

How many kids are in your family and what are their ages?
Twin 5 year olds

How long have you been receiving PJ Library books?
5 years

What is your family's favorite PJ Library book?

We love all our PJ books, but our favorite is *The World Needs Beautiful Things* by Rabbi Leah Berkowitz. She was Miles and Henry's first rabbi and an important part of their early Jewish life. We are looking forward to reading her new book.

How did you hear about PJ Library?
We heard about PJ Library through Vassar Temple.

Why is PJ Library important in your home?
PJ Library helps us incorporate Judaism and Jewish values into our daily life and reminds us to make time for this.

How has PJ Library influenced your family's Jewish living and decisions?
We have used PJ resources in our weekly Shabbat Dinners and have celebrated holidays we may not have.

Is PJ Library helpful to you as a parent? How?
Yes, PJ Library has helped us to connect with other Jewish families in the community.

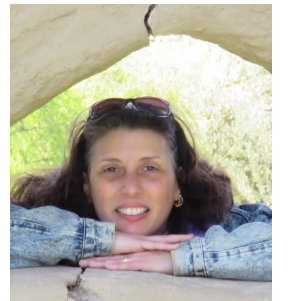


Family of the Month

Kim



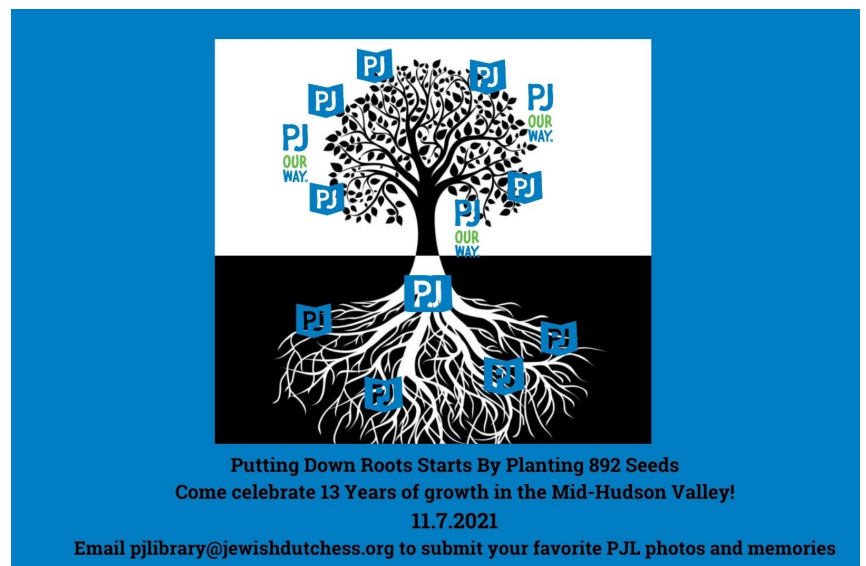
Suzanne



The word "order" (seder) means the arrangement or disposition of people or things in relation to each other according to a particular sequence, pattern, or method. Everything is done in a certain order.

"On Passover, it is not enough merely to remember the Exodus of the Israelites from slavery in Egypt; we must also teach our children about it. Children are active participants in the seder (the ritual meal) from start to finish. The night opens with the Four Questions — and reciting them is a child's special job. Families have different fun ways of involving the kids throughout the seder, from rewarding questions about the Exodus with treats to acting out the Passover story. The seder can not end without finding the afikomen, a special piece of matzah that is hidden during the meal. This is also often the domain of the little ones who race to find the hidden matzah. So, call kids to the table! This night is about them!"

Celebrating 13 years
in the Mid-Hudson Valley



Please check out all of our **PJ Library March 2021 Events** on our Facebook Page: "PJ Library Mid-Hudson Valley" and in our bi-monthly PJ Library and PJ OurWay E-News and Mid-Month Update emails!

Want to sign up your children or grandchildren for PJ Library or PJ OurWay chapter books? Please fill out a quick form to start receiving engaging, Jewish FREE books in your mailbox every month!

Sign up for PJ Library (ages 0-8 years old): www.pjlibrary.org
Sign up of PJ OurWay (ages 9-12 years old): www.pjourway.org

Got Questions? New to the community or looking to make connections with other families? Interested in a Grandparent's Circle? Want to start a Parent's Night In or a monthly playgroup? We can help!

Email: pjlibrary@jewishdutchess.org

Join our PJ Library Mom's What's app Group or our Mid-Hudson Valley PJ Library Families FB Group via email at pjlibrary@jewishdutchess.org.

Jewish Community Preschool Teacher and Aide Wanted

Teacher/Director for new Jewish Community Preschool in Poughkeepsie, NY starting fall 2021. Part time. Candidate should be nurturing, creative, energetic, and enthusiastic. Applicant must be able to organize, promote, conduct, and oversee the nursery school program. Will be responsible for coordinating and directing activities according to nursery school policies, strategies, and procedures. Ensure compliance with all regulations. A minimum of an Associate's Degree in Early Childhood Education along with experience in a child care program. Familiarity with best practices in early childhood education and understanding of Jewish traditions, values and practices required. The Director will be joining with an enthusiastic group of community lay and professional leaders to work on building this new and exciting organization.

Teacher Assistant for new Jewish Community Preschool in Poughkeepsie, NY starting fall 2021. Three days per week 8:30am until noon. Must be able to assist the teacher in all aspects of the Nursery Program including establishing and maintaining a stimulating, clean, safe, and healthy learning environment. Must have some knowledge of early childhood development or be willing to learn upon hire; experience in a child care program preferred. Must be at least 18 years old and a minimum of a High School Diploma or equivalent.

Please email resume attention Lisa and Karen to: jewishcommunitypreschool@gmail.com.



PJ Library is a program of the Harold Grinspoon Foundation and made possible through gifts from the Jewish Federations of Dutchess, The Harding Club, and the generous support of PJ Library donors. To make a donation online, go to www.JewishDutchess.org Thank you!

ANNOUNCING! the new
Jewish Community Preschool
of the Hudson Valley

Our mission is to provide high-quality, nurturing, play-based experiential learning emphasizing Jewish culture, traditions and values. We welcome all children regardless of religious affiliation.

The Jewish Community Preschool is an independent entity. It is not affiliated with any denomination or congregation.

The JCP will be launched at classrooms at Vassar Temple in Poughkeepsie.

Look for us on Facebook!
For more information, please contact us at: jewishcommunitypreschool@gmail.com

The Federation Board's Voice



Doing Our Part by Jonah Ritter, Vice President

The Jewish Federation of Dutchess County (JFedDC) is not a religious organization. However, we celebrate, honor, and imbue Jewish traditions in all that we do. One of our primary objectives is to “create community”. We do so around deeds of charity and kindness. The Federation’s programming brings awareness to Jewish culture and important issues and challenges facing our Jewish community.

Jonah Ritter

As Purim has just passed and Passover is soon upon us, we recall that the Jewish holidays have much to teach us. The lessons about survival and tolerance relating to both Purim and Passover have remained timely for thousands of years. Jewish holidays provide us all opportunities to come together as a community and with our families and friends. The holidays also compel us to go into our community to perform mitzvot: acts of healing, charity and kindness.

On Purim, the book of Esther directs people to give “matanot l’evyonim” (donating charity to the poor). On Passover there is a custom to collect “maot chittim” (money for wheat), which is distributed to poor people to supply them with wheat for Matzo and money for the Passover Seder. At the Jewish Federation, we have our Emergency Grant program to help Jews in need.

Tolerance is another lesson from Purim and Passover. Unanimity is impossible; people will always have many different opinions. However, we can disagree, without being disagreeable. A real community must have the flexibility to encompass different types of people with different views. JFedDC serves the Jewish community at large, regardless of affiliation and level of religious practice. We want to “culturally connect” the Jews of Dutchess County. Together we are stronger. Together we can achieve more.

These are some of the Jewish Federation programs which bring us together and serve our community:

- ◆ Medical Loan Closet
- ◆ Mitzvah Now projects
- ◆ Learn & Lunch Bunch
- ◆ PJ Library for younger families and grandparents
- ◆ Emergency Fund for Jewish Families
- ◆ Plus a multitude of social and educational events

There are many ways for someone to become active with JFedDC. All of them will connect one to the greater Jewish family in Dutchess County. In the process, you will be performing a component of Judaism in passing our traditions to future generations (L'dor Vador) to keep them alive.

In these times of Covid, one can feel personally disconnected. But even without that Jews can easily feel disconnected from their culture and the Jewish community. For Covid you can get a vaccine. For your Jewish identity you can contact the Jewish Federation of Dutchess County – with no waiting! Call us (845) 471-9811 at or email us director@JewishDutchess.org Please visit us online at www.JewishDutchess.org and please “Like” and “Share” us on Facebook.

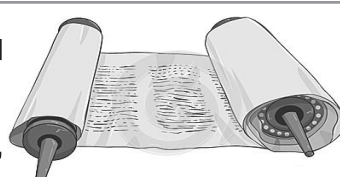
If you do not already receive our weekly email newsletter containing news & events in the Jewish Community, including Jewish organizations in our area, please be sure to subscribe by sending us request via email at admin@jewishdutchess.org.

Happy Passover

Brenda Ritz and Family



May you be blessed with peace, prosperity, and joy this Passover



The Elias's Marina & Tye

Happy Passover

The Arnoff Family



Happy Passover

Delores “Dee” Jaeger Allt and daughter Lisa Allt



Our Executive Director



I don't know about the rest of you, but this pandemic has changed my complete sense of time. Each day seems very long, yet each week seems very short.

How strange is it that one year ago, we had no idea what was happening or going to happen.

We started proactively canceling events to ensure the safety of the community. Now we are a year later and while we do not yet have all the answers, there is a light somewhere edging on the horizon. One year ago, our Community Purim Carnival had to be cancelled. This year, we creatively found a way to safely come together for a Community Drive-Thru Purim Carnival – a silver lining.

I am personally finding it hard to believe that we have to start thinking about Passover and cleaning and cooking and more cleaning. I will confess that Passover is not per se one of my more favorite holidays... maybe because growing up there was so much preparation and cleaning to do. All the Passover dishes had to be moved up from the basement and regular pots and pans got moved downstairs. At a time when people did not focus on “counting steps”, I can attest that we definitely got a good workout while turning over the house.

I laugh today when people (ok maybe just my kids) complain about the lack of food options during the week. Did they grow up when soda was black cherry or cream syrup put in seltzer? Today there is good tasting ketchup, boxed cakes with icing, chips, pasta, and a thousand other options. Does anyone else find that during this week, their house is full of more junk food than during the rest of the year?

When we lived overseas, my mother (of blessed memory) not only sent us Schomre Israel's hamantaschen every year, but also a box of Passover items we couldn't find overseas. Whether we were in China or Hong Kong or Thailand, the key essentials of Passover: marshmallows, coffee cake mix, ketchup – all the essentials – found their way to Asia. The silver lining.

When I start preparing my house, over the years I tried making it a little “fun” for the children. I would ask them who would be willing to help by eating all the regular ice cream in the freezer. I wanted to try and find ways to make the work fun. At least they were interested as long as the ice cream lasted.

When finally, the seder arrives and we sit down together, whether physically in one room or spiritually together, we get to share the story of our Exodus. No doubt certain traditions exist in each family and how each retells the story. One of my favorite parts is about Miriam. After the Israelites crossed the sea and the Egyptians were unsuccessful, Miriam took out her timbrel and began to celebrate with the other women. My mother every year would read the commentary about “How did the women happen to have timbrels in their luggage?” They knew that G-d would perform miracles and they wanted the wherewithal to celebrate. I try to take this lesson to heart. Even in our darkest of moments, we need to know and believe that there will be opportunities to celebrate, to use our timbrels... whether that is a Drive-Thru Purim Carnival or knowing that we now have ways to try and protect our loved ones, just have faith that there will be opportunities to celebrate.

Chag Purim Sameach!
Karen Hochhauser

Apple Cake III—From *The Complete Passover Cookbook* by Frances AvRutick

To make this apple cake more festive, fold in one cup of chopped walnuts and 1/2 cup of raisins when you fold in the cubed apples. When the cake is cooked completely spoon a lemon glaze over the cake.

~Serves 10~

Ingredients:

- 4 to 5 apples, preferably Granny Smith
- 5 tablespoons cake meal
- 2 teaspoons cinnamon
- 4 eggs
- 2 cups sugar
- 1 cup oil
- 1/4 c up water, lemon juice, orange juice or a combination
- 2 cups cake meal
- 1 cup potato starch
- 3 teaspoons baking powder
- 1/4 to 1/2 teaspoons salt
- Grease and potato starch the pan



Directions:

1. Peel, core, and dice the apples into 1 inch cubes. Set aside in a medium size bowl.
2. Combine the 5 tablespoons of cake meal with the cinnamon; sprinkle the mixture over the apples.
3. Toss the apples to coat them. Set aside.
4. In a large mixing bowl, beat the eggs and sugar until light; add the oil; continue beating for an additional 10 minutes.
5. Add the water, juice, or combination liquid mix.
6. Into a separate bowl, sift the cake meal with the potato starch, baking powder, and salt.
7. Add the sifted dry ingredients to the beaten egg mixture. Beat at low speed until blended. Fold in the diced apples.
8. Grease and dust with potato starch a 9 inch tube pan or Bundt pan.
9. Pour the batter into the pan and bake in a preheated 350°F oven for 1 hour and 15 minutes or until a cake tester inserted comes out clean.
10. Set the pan on a wire rack to cool for 10 minutes.
11. Remove the cake from pan and continue to cool completely.

the Avalon

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Here's to Your Health

**Jewish Family Services
(JFS) Initiative:
To Your Health**

**Jewish
Family
Service**

BE YOUR OWN ADVOCATE! Part 1

By Sandra Mamis, physician assistant, committed to patient advocacy for over 40 years.

Disclaimer: These recommendations are made with the best interest of individuals in mind but are not intended to replace the advice of your medical provider.

A visit to your doctor's office or a planned hospital stay can be anxiety-provoking on its own. Concerns often arise regarding any diagnoses that might be identified, what treatment options are available, and whether the treatments will be painful or expensive. With all that, patients should not have to worry about an avoidable medical mistake costing them their life or further injury.

Yet, it is clear; mistakes happen. The good news is patients can often take simple actions to avoid these. Read below to find ways to reduce your risk of falling victim to a poor medical outcome.

COMMUNICATION

Communicate with your provider! Failure of communication is a common cause of errors. Some steps you can take include:

Bring a friend or family member to a visit, especially if serious matters are likely to be discussed. A second set of ears can avoid common mistakes during an emotional time. If needed, don't hesitate to ask providers to repeat themselves or clarify anything you don't understand.

Ask for written records. Powers of recollection fade, but written records can serve as a backup and can be easily shared with other providers involved in your care.

When hospitalized, ask that your providers gather at the same time. Such 'real time' conferencing has been shown to result in more comprehensive thinking about your diagnosis and treatment options. Be prepared with questions and have family present if possible to be witness to the discussion.

Ask for copies of all lab results, diagnostic and/or radiology tests and bring them to all appointments. Don't assume providers have obtained copies on your behalf. These records are yours and maintaining a personal file on the most important ones ensures you will have easy access to the information when needed.

Confirm that your family has been informed of your wishes with respect to your care, including all medical decisions.

SAFETY

As the old saying goes: "An ounce of prevention is a worth a pound of cure." Small steps can reduce the risk of 3 types of common causes of illness or injury both in the hospital setting and at home.

Infections can cause major problems, especially those acquired during the hospital stay, called nosocomial. Such infections can be tough to avoid and can be particularly dangerous in the immune-compromised. Reduce the risk of such infection by following these simple steps:

Wash your own hands frequently. And, if staff entering your room have not appropriately washed their hands, politely request that they do so.

Ask for sanitizer in the hospital or, better yet, bring some from home. Sanitize all surfaces in your room while there including the telephone, beds, and side tables, frequently overlooked on daily room cleansing by busy hospital staff.

Confirm that all antibiotic prescriptions are absolutely necessary, as too much medication can be as problematic as too little. However, finish all medications thoughtfully prescribed to prevent antibiotic resistant bacteria from evolving.

Don't hesitate to ask if any indwelling catheters - blood, urinary or others - can safely be removed as these are a common source of nosocomial infections.

Medication errors can occur anywhere, but these simple tips could potentially save your life.

Always know what medications you take by name, if possible, and why they have been prescribed. If necessary, write down strength and the dosing schedule and have this on hand at all visits, particularly with new providers.

When picking up a new prescription at the pharmacy, check to see it is the same drug your provider intended you to have. Electronic medical record utilization has actually increased the risk of errors in transmission of prescriptions.

Don't hesitate to remind providers of any known allergies and to confirm that any new prescriptions will not conflict with current prescriptions or those allergies. If you are hospitalized and have a known history of serious allergic reactions to a drug, confirm with the medical staff that medicines being injected are not contraindicated. There are systems in place to avoid such error, but they are definitely not infallible.

Ask about potential serious side effects of any prescribed medication and ways to mitigate these or manage them should they occur.

Don't hesitate to ask for a review of your current medication list with your providers. Be prepared to ask if any medications can be reduced or discontinued or if there are any cheaper alternatives available. It is ill advised to stop or reduce medications on your own.

To be continued in the April edition of *The Voice*, for further discussion on Risk Reduction and Planning.

Passover Mandel Bread (From Caryn Solomon)

Ingredients:

- 3 eggs
- ¾ cup sugar
- ¾ cup oil
- Dash salt
- 1 ½ c cake meal
- ¼ cup potato starch
- ½ cup chocolate chips

Directions:

1. Preheat oven to 350.
2. Spray with cooking spray or grease well a cookie sheet.
3. Beat eggs, add oil and mix well. Blend dry ingredients including chocolate into the egg and oil mixture, let stand 20 minutes.
4. Put cookie mixture onto greased cookie sheet and shape into a log like form.
5. Bake for 45 minutes.
6. While still warm slice into ½" thick slices. For greater crispiness, lay the slices on the cookie sheet and put back in the oven and "toast" for 5 - 10 minutes.



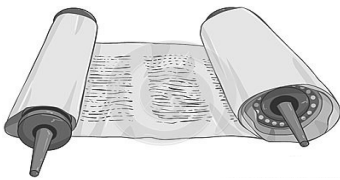
HAPPY PASSOVER

Peace to you
this Passover!



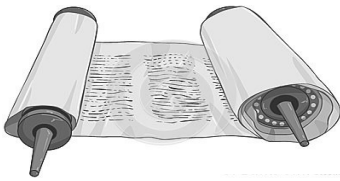
Rabbi Jonathan Kliger
and
Woodstock Jewish
Congregation

May you
be blessed
with
peace,
prosperity,
and joy
this
Passover



Sisterhood
Schomre Israel

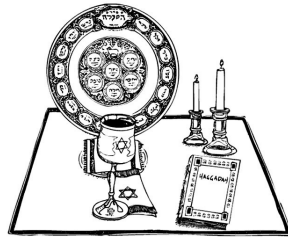
May you
be blessed
with
peace,
prosperity,
and joy
this
Passover



Congregation
Schomre Israel

**Happy
Passover**

Private Herman
Siegel
JWV Post 625
Poughkeepsie



**Happy Passover To All
From
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Join us and enjoy good fellowship, great meals, and excellent speakers.
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Visit our Website at: <http://harding.jigsy.com>



Sisterhood of Vassar Temple

**As you celebrate Passover ... May you be blessed
with peace and happiness! Happy Passover!**



Judaica Shop

Seder plates, Matzoh holders and covers, Miriam cups, and plague gifts

Mon. Tues. Thurs. Fri. 10am to 2pm

Or contact Judaica@vassartemple.org or 845.454.2570 for a shopping appointment



The ROMEOS

(Retired Older Men Eating Out)



Best wishes for a ziesen Pesach!

Peter Albenda
Shelly Baskin
Richard Berman
Herman Chertock
Stu Chimkin
Herb Dym
Mike Elkin
Marty Finkelstein
Alan Fox
Jerry Goldberg
Eli Gorin
Martin Hochhauser

Jeff Lash
Gary Mayer
Bob Morrison
Lou Newman
Paul Rashba
Frank Rubin
Michael Schwartz
Ralph Schwartz
Dave Shron
Eli Sloves
Bernardo Steinvurzel
Victor Stern

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of peace
& freedom



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Susan Canning, Director of Operations and Programs ✦
✦ Cantor Devorah Gartner, Youth Advisor ✦ Donna Gordon, President ✦

Passover Blessings



Sandy & Jerry
Goldberg

Passover Blessings



Sandra
Mamis

Chag Pesach Sameach



Mary & Jonah
Ritter

**HAPPY
PASSOVER**

Jane, Jonathan &
Steven Dworkin

Passover Blessings



Miriam, Eric, Callie &
Liza Goldstone

Passover Blessings



Brenda
Baker

Chag Pesach Sameach




Marian & Ralph
Schwartz

**HAPPY
PASSOVER**

Judy & Herb
Dym

**HAPPY
PASSOVER**

Adrienne London &
Dr. Robert
Roeshman, D.O.




Debra M. Salon
33 Collegeview Ave
Poughkeepsie NY
(845) 471-0158


Peace to you
this Passover!



Mark Pastreich
Eagle-Riverview
Group, Inc.




The Three Arts
Bookshop




Brown
Chiropractic

Chag Pesach Sameach



Lorraine Patten, DDS
Michael Schwartz, DDS

Passover Blessings



The Family and Staff at
M. Torsonne Memorial
Funeral Home

Passover Blessings



Wm. Miller & Son
Funeral Home, Inc.


Passover Blessings



Sugar & Spice Café
and Spice Catering

Business
Holiday
Greetings

Passover Blessings



Avalon Assisted Living
and Wellness Center
in Wappingers Falls

Happy
Passover

From Your
Friends at
Marianne's
Floral Garden




Passover Blessings



Stop & Shop
Poughkeepsie, NY

Passover Blessings



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Associates
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Pleasant Valley | Highland
845.471.2243 | SimsPodiatry.com

Schomre Israel PASSOVER TIMETABLE - 5781/2021

- Fast of the First Born,
Thursday, March 25th:** Shacharit - 7:30 AM Live
Siyum for First Born - 8:30 AM Live & Zoom
Search for chametz after nightfall
- Friday, March 26th, 8:30 AM - 10:00 AM** Bring your chametz to bonfire
Erev Pesach,
- Saturday, March 27th:** Shacharit – 8:45 AM SHARP followed by
Kiddush and a small meal with challah
Finish eating chametz - before 10:31 AM
Eat and flush all unsold chametz, before
11:45AM
Torah and Musaf - 10:30 AM
Candlelighting – 7:59 PM or after
Mincha/Maariv – 7:00 PM
First Seder and its prep should not start before
7:59 PM
- First Day of Pesach,
Sunday, March 28th:** Shacharit – 9:00 AM
Mincha/Maariv – 7:00 PM
Candlelighting and preparing for the second
seder after 8:00 PM Second Seder
- Second Day of Pesach,
Monday, March 29th:** Shacharit – 9:00 AM
Mincha/Maariv – 7:00 PM
Candlelighting - 8:00 PM
- Chol HaMoed Pesach,
Tuesday, March 30th - Thursday, April 1st:** Shacharit – 7:30 AM
Mincha/Maariv – 7:00 PM
- Chol HaMoed Sixth Day of Pesach, Friday, April 2nd**
Shacharit -7:30 AM
Mincha/Maariv – 7:00 PM
Candlelighting – 7:04 PM
- Seventh Day of Pesach,
Saturday, April 3rd:** Shacharit – 9:00 AM
Mincha/Maariv – 7:00 PM
Candlelighting – 8:06 PM or after
- Eighth Day of Pesach,
Sunday, April 4th:** Shacharit – 9:00 AM
Yizkor – 10:40 AM
Mincha/Maariv – 7:00 PM
Pesach ends – 8:08 PM You can eat chametz
Wait till after 9:30 PM to eat chametz that was
sold over Pesach

Shopping for Passover Items - The Easy Way

Schomre Israel Synagogue is very excited to let everyone know that in preparation for Pesach, Evergreen Market of Monsey, NY will be making a local Pesach delivery on Monday, March 15. It will i"yh* be delivering orders to anyone whose address is in the following zip codes-12601, 12603, 12604, and to those who live farther from the synagogue, it will deliver your order to 18 Park Avenue for you to pick up at the synagogue. If you are within the listed zip codes and are requesting delivery at your home, please enter your address when you order. The refrigerated truck will then deliver your order directly to your house. We will email you on the exact time of the delivery as the date gets closer. Please also email Rabbi Krasner (RabbiShlomoK@gmail.com) that you have put in an order so that if there are any significant changes in the process, he can let you know. This is a great opportunity for which the community is invited to take advantage.

This is how it will work

Go to www.shopevergreenkosher.com and create an account (the site is pretty intuitive). Make an order for March 15 and select "Poughkeepsie" as the delivery location. There will be a shopping surcharge (~ \$4) and a delivery fee (~ \$10). If an item you order is not available and you want them to substitute something similar, but you want them to ask, please select "Send SMS" in the "Allow Substitutions" options, and they will reach out to you via a text. Please let your friends know about this wonderful service designed to make your preparations for Passover less stressful. *i"yh-stand for the Hebrew words **im yirtzah** Hashem which mean **G-d willing**

Year-Round Kosher Shopping-the Easy Way

Good news is that we will continue using Evergreen during the regular calendar year for ease of shopping, approximately every two weeks. Consult Rabbi Krasner for the dates or any questions at (443) 388-0033 or email at RabbiShlomoK@gmail.com.

CHECK organizers' WEBSITES for UPDATED STATUS & INFORMATION!!

New Member Talks Series

Congregation Shir Chadash is offering interesting and thought-provoking virtual talks presented by some of our new members who would like to share their knowledge and skills to help others. The talks will take place on the second and fourth Wednesday of every month at 7:30pm. Each talk will be about one hour. Some talks will be lectures; others, open to questions and discussion.

All talks are FREE of charge and open to the public. To attend or for more details, contact Roberta Tracy at (845) 232-1029 or email info@shir-chadash.org. More exciting and engaging talks to come; check out our website www.shir-chadash.org.

Flower Centerpieces for the Holidays

Sisterhood of Schomre Israel will be ordering centerpieces from Hudson Valley Gardens and Florist for Passover for all members and non-members in the community who wish to have a beautiful floral centerpiece for the Passover Seder.

DETAILS
Cost: \$25 per centerpiece. Prepaid orders should be made no later than March 17. Please contact the synagogue office at (845) 454-2890 or email your order to schomre1@aol.com. Please mail with your check (payable to Schomre Israel Sisterhood) to the shul at 18 Park Ave, Poughkeepsie, NY 12603
Pick up will be at the shul on Friday, March 26, 9:00am-10:00am.

Celebrate Passover with Shir Chadash

Congregation Shir Chadash will be Zooming a 2nd Nite Seder. Since many of us still can not be with loved ones in person, Congregation Shir Chadash is giving the community a way to share the holiday, virtually, with friends and family. It will be a traditional Seder with some modifications and opportunities for everyone who would like, to participate. The Seder will be led by Rabbi Dan Polish and Cantor Gail Hirschenfang. All are welcome.

DETAILS
Sunday, March 28, 6:00pm. For info or for Zoom meeting id, please call: (845) 232-1029, email: info@shir-chadash.org or our website: www.shir-chadash.org. (Please confirm prior to event, info subject to change.)

Mitzvah Now March "Pack a Purse" Project: Help us by donating a purse (new or gently used) and items listed below to pack a purse for the Grace Smith House

Personal hygiene products: soap, deodorant, toothpaste, shampoo/conditioner, nail clippers, tweezers, wash clothes, towels, sponges, Q-Tips, cotton balls, razors, dish soap, laundry detergent,

Other Items: socks, underwear, slippers, blankets, pajamas.

For infants/Toddlers: diapers, baby wipes, lotion, bath wash, diaper cream, sippy cup, baby spoon, pacifier, etc...

Please drop off donations at JFedDC, 17 Collegeview Ave, Poughkeepsie by March 24.

New Paths Morning Worship

Always different, the moving liturgy includes both traditional and contemporary writings, mostly in English. Participants may bring supplemental materials to share. We take time to let the service get through us, rather than getting through the service. Each New Paths service, whether lay led or rabbi led, provides a unique and thoughtful shabbat morning experience. A brief mini-kiddush follows (BYO wine or grape juice).

DETAILS
March 6, 20, 10:15am, via Zoom. For info, contact Vassar Temple: office@vassartemple.org or (845) 454-2570 or Marian Schwartz: mschwa9882@aol.com or Rabbi Altman: rabbi@vassartemple.org

Saturday Night at the Movies

Schomre Israel will be showing the documentary film *Jews and Baseball: An American Love Story*. This award winning film narrated by Dustin Hoffman, celebrates the contributions of Jewish major leaguers and the special meaning that baseball has had in the lives of American Jews. Join us in our parking lot where our upgraded sound system enables you to hear the movie from the comfort of your car.

DETAILS
March 13, 8:00pm, Schomre Israel. \$5 suggested donation.

Matzoh Ball Diaries

A Recipe for Laughter and Tears in Popular Theater Piece - Jewish stories about food reveal secrets about love, nourishment, and the power that food has to heal. In *The Matzo Ball Diaries*, professional and lay writers reveal funny, poignant, and pivotal moments when food has the power to heal or destroy. One young woman in Iran learns what plucking chickens has in common with hair removal of a new bride. A fat boy decides to give up certain Jewish foods in order to lose weight, but will he lose his Judaism along with the weight loss? Another man begins a food franchise only to realize the impact he made on Americans. A heartbroken woman learns how to say goodbye to her mate when making a tomato omelet for him for the last time.

DETAILS
Sunday, March 21, 2:00pm. Virtual performance. For tickets call (845) 338-4271.

Erev Passover Bonfire

Schomre Israel invites you to bring the chametz that you searched for and removed from your home on Thursday evening (as well as any other chametz you need to get rid of) to our bonfire in the parking lot. Bring all the chametz that you are not selling. PLEASE ensure that there is no plastic. At our fire pit you can throw the chametz into the flames. This is so much easier and more dramatic than trying to start a small fire on your own or just disposing of the chametz in a more routine fashion.

DETAILS
March 26, between 8:30am and 10:00am, Schomre Israel.

ENGAGING DIFFERENCES: A JOURNEY TOWARD UNDERSTANDING

All are invited to join with the interfaith community of Dutchess County for an evening of prayer and reflection as we seek to open avenues for dialogue and understanding across differences.

Kenneth S. Stern, Director of the Bard Center for the Study of Hate, will speak, followed by an opportunity for discussion. The Dutchess County Interfaith Council will be incorporating this theme of "Engaging Differences" into its programming throughout the year. Rabbi Renni S. Altman and Susan Karnes Hecht, Vassar Temple representative on the DCIC board, are on the planning committee for this event.

DETAILS
5:30 p.m. annual DCIC meeting
6:00 p.m. program. For Zoom link: office@vassartemple.org

Children's Pre-Passover Program

Tikvas Devorah Chana welcomes all school age children (5-16) together with their parents and grandparents for a Mock Pesach Seder—an opportunity to take a deeper look at our heritage and develop a greater vision for our future, in a fun and wholesome fashion.

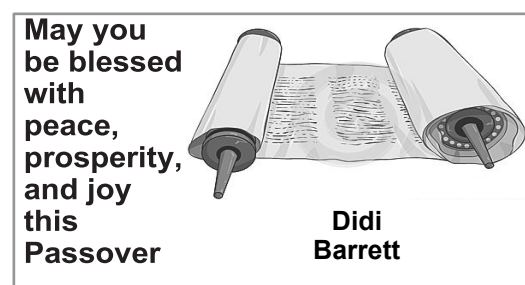
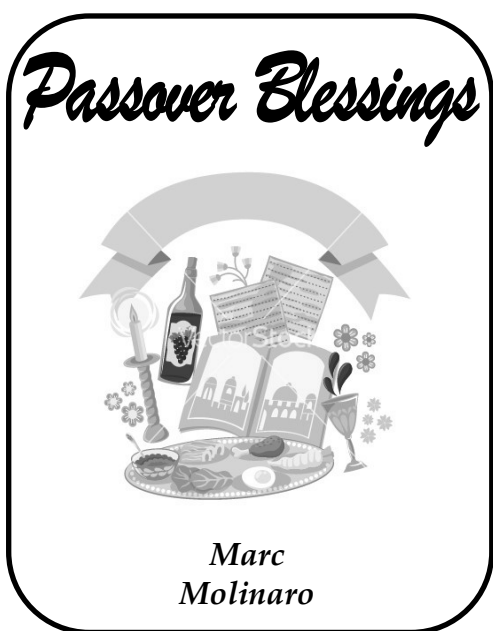
Schomre Israel presents interactive programs for children and their grandparents through Tikvas Devorah Chana. A preview of what's ahead in April Tikvas Devorah Chana will provide a program on welcoming the Shabbat Queen

DETAILS
Sunday, March 14, 11:30am Please RSVP early to RabbiShlomoK@gmail.com, www.schomreisrael.org.

Shabbaton Featuring Panel Discussion

Vassar Temple will be holding a Shabbat morning service on Zoom. The service will be led by Rabbi Renni Altman, assisted by members of the congregation. Following the service there will be a presentation and discussion on "The Covid Pandemic: Lessons from the Past and Ethical Challenges for Today." Panelists will include Dr. Anil K. Vaidian, Commissioner of the Department of Behavioral and Community Health: speaking on understanding herd immunity, Dr. Miriam Cohen, Evalyn Clark Professor of History Vassar College: speaking on lessons from the 1918 pandemic that can guide us today, and Rabbi Altman: speaking about Jewish teachings on ethical challenges of the pandemic. Be sure to join us for an inspiring and informative morning! Due to this special programming, there will be no Torah Study that day. Please contact

DETAILS
Saturday, March 13, 10:00am, Contact office@vassartemple.org for Zoom link.



Local

Sunday

Bagels, Lox, Torah (Tefillin too!) 9:00am led by Rabbi Yacov Borenstein. Morning minyan will follow Torah discussion on the coming week's Torah portion, upcoming holiday, or topic of Jewish interest.

Temple Beth-El Serves at Lunchbox Call Nancy Judson (845) 216-7563 to help in this mitzvah. Contact Temple Beth-El at info@tbeny.org for current information.

Congregation Schomre Israel 4K (Kvetching, Kvelling, Kibbutzin, Koffee) March 21, 5:00pm Speaker and topic to be announced.

Congregation Schomre Israel Rosh Chodesh Nisan Breakfast To Go March 14 after Shacharit/morning service. There will be a "pesach" packaged light breakfast for you to enjoy.

Vassar Temple Tiny Temple Passover Program March 21, 9:30am.

Monday

Congregation Schomre Israel Chair Yoga with Toni Farkas 11:00am. \$5 per session. Also a class on Thursdays. Chair Yoga is a gentle form of yoga that provides participants with a way to exercise and experience the benefits of yoga. No equipment is necessary. Social distancing is practiced, and face masks are required at all times.

Temple Beth-El Board Meeting 7:30pm. Temple Beth-El Board of Trustees meeting. Contact Temple Beth-El at info@tbeny.org for current information.

Wednesday

Learn & Lunch Bunch Wednesdays, 11:00am-1:30pm. 118 So. Grand Ave, Poughkeepsie. Please RSVP each week by Monday so that we can prepare appropriate amounts of food. For information, menu, and program schedule; see page 2 of *The Voice* or contact (845) 471-9811.

Thursday

Congregation Schomre Israel Chair Yoga with Toni Farkas 11:00am. \$5 per session. This newly scheduled class will give participants a chance to practice chair yoga twice a week! Come on Mondays and/or Thursdays. Open to all.

Friday

Congregation Schomre Israel Rosh Chodesh Adar Breakfast March 6, 9:00am. Join us for Shabbat Across America with a special guest cantor.

Congregation Schomre Israel Drive In Cinema March 13, 8:00pm. Join us for our state of the art "Drive In Cinema" featuring the film *Jews and Baseball: An American Love Story*.

Congregation Shir Chadash Virtual Kabbalat Shabbat Service March 5, 12, 19, 26, 7:30pm. Virtual Evening Service with Rabbi Daniel F. Polish & Cantor Gail Hirschenfang. You are welcome to read a prayer of your choice or write one and read it at the service, if you wish. For Zoom meeting id: <https://www.facebook.com/pg/shirchadashhv/posts/> or www.shir-chadash.org. All welcome to attend.

Vassar Temple Community Shabbat Service March 5, 7:30pm. HIAS Refuge Shabbat

Vassar Temple Shabbat Evening Service March 12, 26, 7:30pm, March 19, 6:00pm, Simchat Shabbat Family Service. All service are on Zoom go to www.vassartemple.org for link.

Temple Beth-El Evening Service each week, 8:00pm, Conservative, egalitarian service. All welcome. Contact Temple Beth-El at info@tbeny.org for current information.

Saturday

Congregation Schomre Israel Movie Night Drive-In Style March 13, 7:30 pm. Featuring *Spaceballs*, a cult classic and one of Mel Brooks most popular films. Upgraded sound system enables you to hear the movie from the comfort of your car. \$5 suggested donation.

Congregation Shir Chadash Virtual Sharing Shabbat -Religious School Programs March 6, 20, See page 8 for more information. For Zoom meeting id, please email: info@shir-chadash.org.

Congregation Shir Chadash Virtual Tot Program March 6, 20, 9:30-10:15am. Children ages 3-5, accompanied by an adult, learn through doing; crafts, food and games. The class is open to all families and free of charge. For Zoom meeting id email info@shir-chadash.org

Vassar Temple Saturday Morning Service & Discussion March 13, 10:00am.

Vassar Temple New Paths Shabbat Morning Worship March 6, 20, 10:15am. Service via Zoom.

Temple Beth-El Shabbat Morning Service Every week, 9:30am. Lively, inclusive, Conservative, egalitarian Shabbat. Contact Temple Beth-El at info@tbeny.org for current information.

Out of Area

Congregation Emanuel of the Hudson Valley Events

243 Albany Ave, Kingston, NY 12401 (845) 338-4271 www.templemanuelkingston.org.

All services held in our chapel are available to live stream. Visit our website: www.cehv.org and click on the live stream link on the homepage. You can also view archived services and classes.

Congregation Emanuel of the Hudson Valley follows CDC recommendations in regard to COVID-19 precautions to ensure the health and safety of our community. At the time of submission, all events are being held online. Please visit www.cehv.org or call (845) 338-4271 x 101 for updates and changes to location for events.

All services are held virtually via Live Stream: www.cehv.org/livestream/

Family Kabbalat Shabbat March 5, 6:00pm.

Kabbalat Shabbat Services Friday, March 12, 19, 26, 7:30pm.

Tot Shabbat Saturday, March 20, 9:00am, before morning minyan. Introduce your tot to Shabbat through music with Rabbi Yael Romer and her guitar.

Morning Minyan Saturday, March 6, 13, 20, 10:00am. Communal prayer, meditation, and Torah study.

Religious School CEHV's board made the difficult decision to put our prestigious Religious School on hiatus due to the extraordinary circumstances of this academic year. To maintain connection and learning opportunities for our students, Rabbi Romer is teaching two new Hebrew classes for students, Beginning Hebrew and Intermediate/Advanced Hebrew, both via zoom. Our community hopes to offer some safe out-of-doors educational activities for our children and young families in the spring. We look forward to renewing our full year-round, innovative Religious School programming for ages pre-K through Grade 10 next fall.

Virtual Hebrew courses for our Religious School Students for the 2020/2021 school year. Beginning Hebrew Tuesday, March 2, 9, 16, 4:00pm-5:00pm.

Intermediate/Advanced Hebrew Thursday, March 4, 11, 18, 4:00pm-5:00pm.

Hebrew Trope Wednesday, March 3, 10, 17, 31, 12:30pm. New comers welcome, learn or improve Torah chanting skills!

Conversational Hebrew (Beginner and Intermediate) Wednesday, March 3, 10, 17, 31, 4:00pm. This dedicated and entertaining group meets to learn and practice the fundamentals of conversational Hebrew. Hebrew, new comers are always welcome!

Monthly Brotherhood Meeting Tuesday, March 9, 6:30pm. New members are welcome and encouraged. Brotherhood hosts annual and special events throughout the year.

Monthly Sisterhood Meeting Wednesday, March 11, 7:00pm. New members are welcome and encouraged. Sisterhood hosts monthly activities and special events throughout the year.

Matzoh Ball Dairies Sunday, March 21, 2:00pm. Save the date for a virtual theatre performance. More details on the website.

1st Night of Passover host a virtual seder. CEHV members and families will be opening their virtual seder tables to include members of the community looking to join a seder.

2nd Night of Passover—Join Rabbi Yael on the meditative afternoon walk along the downtown Kingston Rail Trail. Time to be announced.

Calendar

March

REGULAR SCHEDULE OF SERVICES

Beacon Hebrew Alliance (Conservative)

331 Verplanck Avenue, Beacon (845) 831-2012
Rabbi Brent Spodek; Cantor Ellen Gersh; Education Director, Ashley Baker

Website: www.beaconhebrewalliance.org

Email: 411@beaconhebrewalliance.org

Services: Fridays, 7:30pm and alternating Saturdays at 9:30am. Visit website for information about services, religious school, and community events

Chabad of Mid-Hudson Valley

63 Vassar Road, Poughkeepsie (845) 463-5801

Rabbi Yacov Borenstein

Website: www.chabadmidhudsonvalley.com

Email: ChabadMidhudsonVly@prodigy.net

Services: Fridays, call for time and Saturdays at 10:00am

Congregation Beth David (Reform)

East Main Street, Amenia (845) 373-8264

Rabbi Jon Haddon

Website: www.CongBethDavid.org

Email: JonRab33@gmail.com

Services: usually Saturdays, 10:00am twice monthly except January and February; call for schedules

Congregation Schomre Israel (Orthodox)

18 Park Avenue, Poughkeepsie (845) 454-2890

Rabbi Shlomo Krasner

Website: www.schomreisrael.org

Email: rabbishlomok@gmail.com

Services: Shacharis (weekdays): 7:30am, Shacharis (Sunday & holidays): 8:30am, Maariv (winter weekdays): via Zoom 6:40pm, Friday Kabbalat Shabbat: around candle lighting time, Shabbat Shacharis: 9:00am

Congregation Shir Chadash (Reform)

Interim: Freedom Plains Presbyterian Church, Lagrange

(845) 232-1029

Rabbi Daniel Polish, Cantor Gail Hirschenfang Website:

www.shir-chadash.org

Email: info@shir-chadash.org

Services: Friday, 7:30pm; bimonthly Saturday children's religious school, 9:00am, Torah study, 9:15

Pardess Center for Jewish Life

(845) 440-7592

Rabbi Zalman Sandhaus

Website: www.MyPardess.org

Email: info@MyPardess.org

The Rhinebeck Jewish Center

102 Montgomery Street, Rhinebeck (845) 876-7666

Rabbi Hanoch Hecht and Rebbitzin Tzivie Hecht Website:

www.RhinebeckJewishCenter.com

Email: RSVP@RhinebeckJewishCenter.com

Friday services call for time; Saturday services, 9:30am

Temple Beth El (Conservative)

118 So Grand Avenue, Poughkeepsie (845) 454-0570

Rabbi Daniel Victor, Rosh Tefilah Rabbi Miriam Hyman

Email: info@tbeny.org

Website: www.tbeny.org

Services: Friday, 8:00pm, Saturday Shabbat service at 9:30am, weekdays, 7:30am daily

Vassar College Bayit

51 Collegeview Avenue, Poughkeepsie (845) 451-3920

Liz Aeschlimann, Rose and Irving Rachlin Director of

Jewish Student Life at Vassar College

Email: eaeschlimann@vassar.edu

Services: Friday, 6:00pm service, 7:00pm dinner when school is in session

Vassar Temple (Reform)

140 Hooker Avenue, Poughkeepsie (845) 454-2570

Rabbi Renni Altman Website: www.vassartemple.org

Email: Office@VassarTemple.org or

rabbiv@vassartemple.org

Services: Friday, 7:30pm unless otherwise noted, Torah study Saturday, 9:00am. New Paths 1st and 3rd Saturday every month, 10:00am unless otherwise noted.

March Candle Lighting

March 5 5:33pm

March 12 5:41pm

March 19 6:49pm

March 26 6:57pm

Want to share your thoughts about *The Voice*? Have an idea you'd like to see in print?

We're listening.

Email us at

TheVoice@JewishDutchess.org



Celebrating Tu B'Shevat with PJ Library and PJ Our Way



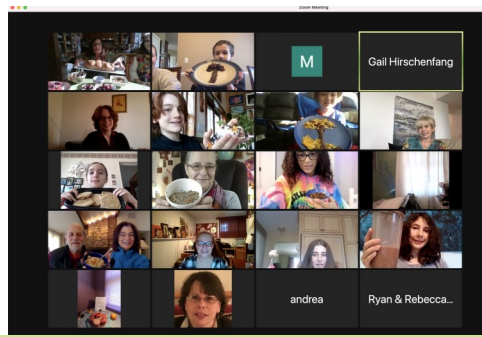
Community candle lighting for Hanukkah at Schomre' parking lot



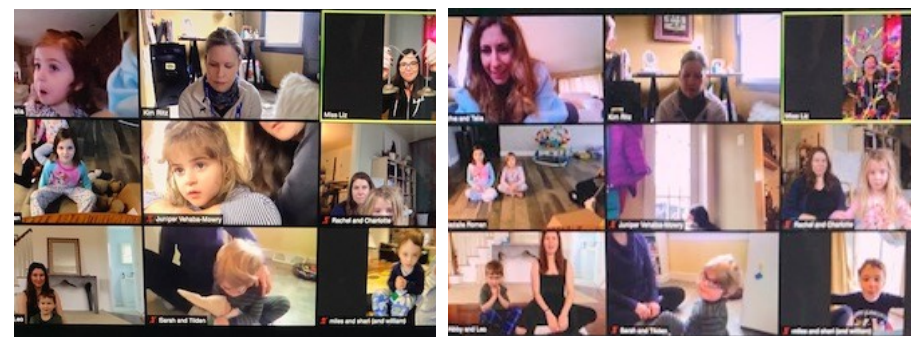
Len Grosman inspects Schomre Israel's socially distanced Tu B'Shevat treats.



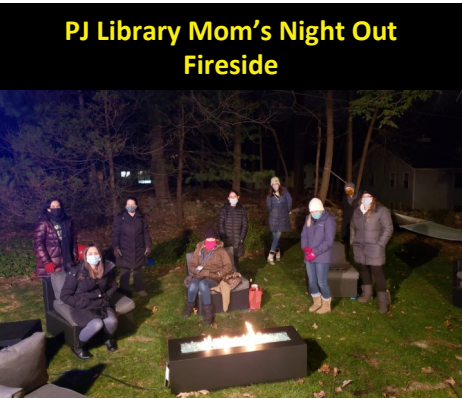
Sue Marcoe led a class on Challah Baking as part of Congregation Shir Chadash's "Member Talks". It was a delicious event!



Tu B'Shevat was celebrated at Congregation Shir Chadash by making different edible creations out of the 7 species of ancient Israel.



1st Winter Generation Gratitude Family Class



PJ Library Mom's Night Out Fireside



PJ Library Birthday Card tree for Tu B'shevat



Vassar Temple

Wishes you a Happy Passover

May your home be filled with peace and joy!

Rabbi Renni S. Altman, DD • Cantor Elizabeth Goldmann
Susan Karnes Hecht, President

140 Hooker Ave, Poughkeepsie, NY 12601 845-454-2570
www.vassartemple.org

1st EVER - *Interactive Movie Night In:*
Thursday, March 25 at 7:00PM




The New Face of Israeli Cuisine

The New Face of Israeli Cuisine is an interactive event, made up of scenes not included in Roger's acclaimed documentary *In Search of Israeli Cuisine*, a portrait of the Israeli people told through food, conflict and all, starring chef Michael Solomonov.

Special Guest: Roger Sherman

Join us as Roger, shows specific scenes and discusses them with us LIVE, with Q & A from start to finish.

Register at: www.jewishdutchess.org/events



At Hudson Valley Hospice,
we believe there is always hope!

Choosing hospice care is choosing hope, it is choosing to live life to the fullest. With the support of our team of physicians, nurses, social workers, therapists and volunteers, we bring hope to every day.

Contact Hudson Valley Hospice
845-485-2273 • hvhospice.org