

Special Community Event

Panel Discussion: The real story behind the Secret Exodus of Ethiopians to Israel
Sunday, June 6, at 2:00pm

Panel Discussion Guests:



Raffi Berg,
 Author of *Red Sea Spies: The True Story of Mossad's Fake Diving Resort*



Dani Limor,
 The real Israeli "Red Sea Diving Resort" agent



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Karen Hochhauser Exec. Director, Jewish Federation Dutchess Cty.

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DUTCHESS COUNTY AFRICAN AMERICAN CLERGY ASSOCIATION

Register at: www.jewishdutchess.org/events

We are pleased to share that The Three Arts Bookstore: (3 Collegeview Ave, Poughkeepsie, NY (845) 471-3640) is offering a special 15% discount to purchase *Red Sea Spies: The True Story of Mossad's Fake Diving Resort*.

Movie Night In:

In collaboration with the Boardman Road Library

Thursday June 24, at 7:00PM
Above and Beyond

With special Guest Speaker Abby Rubenfeld. She is the daughter of Milton Rubenfeld, a US flight officer who volunteered as one of the original *Machalniks* who fought for Israel in the 1948 Israeli War of Independence.

Abby Rubenfeld



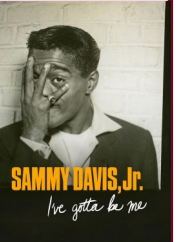
In 1948, a group of World War II pilots volunteered to fight for Israel in the War of Independence. As members of *Machal*, 'volunteers from abroad', this ragtag band of brothers not only turned the tide of the war, preventing the possible annihilation of Israel at the very moment of its birth; they also laid the groundwork for the Israeli Air Force. *Above and Beyond* is their story.

Thursday July 29, at 7:00PM

Sammy Davis Jr: I've Gotta Be Me

With special Guest Speaker TBA.

A star-studded roster of interviewees (including Jerry Lewis, Whoopi Goldberg, and Billy Crystal) pay tribute to the legendary, multi-talented song-and-dance man.



Register at: www.jewishdutchess.org/events

In collaboration with:



Thursday, October 7
Federation Celebration Gala
Here Comes the Sun



Our Honorees are:

Steven & Debbie Domber, Betsy Kopstein-Stuts, Pastor Luis Perez, Todd & Janette Ritter, and The Harding Club

Donations gladly accepted for our auction.
 Please contact JFedDC for more information.

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Shalom Dutchess

A community fair to showcase Jewish artists, craft people, and business owners.

Tentative date August 22 or August 29

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 Email: Admin@jewishdutchess.org or
 call (845) 471-9811



Do you live in Dutchess County?

We would love to connect with you.

Contact JFedDC at:
 (845) 471-9811
www.jewishdutchess.org

For programming and updates scan below



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JFedDC Executive Director
 Karen Hochhauser
 Director@JewishDutchess.org

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Editor: Karen Hochhauser
Layout: Tamra Bienemann
MAL: Alyssa Kogon

Subscriptions, address changes, etc.
 TheVoice@JewishDutchess.org

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LEARN & LUNCH BUNCH

The Jewish Federation of Dutchess County presents weekly cultural, social, and educational programs.

WEDNESDAY PROGRAMS Join us OUTSIDE

We will be meeting masked and socially distanced. Please bring a kosher dairy lunch, a folding chair, and proof of vaccination.

We will be meeting at Creekside Park, 29 Victory Ln, Poughkeepsie, just off Rt. 44 past Adams @11:30am

In collaboration with the Town of Poughkeepsie Recreation

June

June 9 Welcome Back to Learn and Lunch Bunch
 Come sing the Shehecheyanu as we transition in to being together live!! Join us in the re-entry of seeing each other!

June 23 The Sexual in the Sacred with Hindy Borenstei
 A Chassidic woman speaks out on the Jewish view of sexuality.

July

July 14 Stories to Make You Smile with Muriel Horowitz
 Come listen to stories by Muriel, who indeed, always makes us smile though her storytelling!

July 28 Lunacy—A Time All Our Own with Cantor Devorah Gartner. The history of the Jewish lunar cycle, leap months, where holidays fall, why Rosh Hashanah can be in October one year and on Labor Day the next.

TO REGISTER, call the office at (845) 471-9811 or online at: www.JewishDutchess.org/events

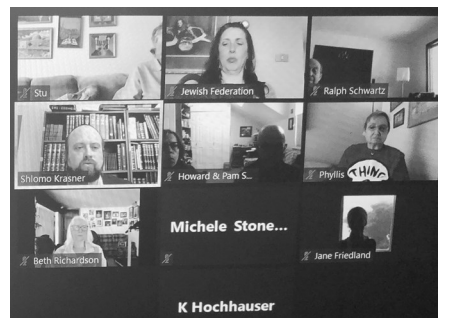
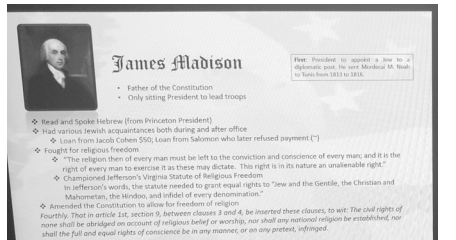
Summer Location

Creekside Park
 29 Victory Ln
 Poughkeepsie NY

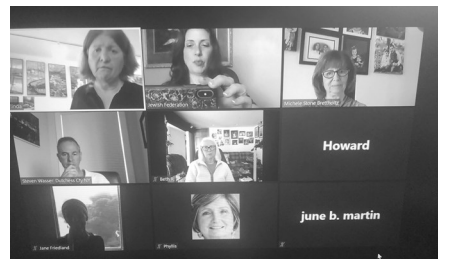
SCHEDULE

11:00 –11:30am
Schmooze
 11:30 –12:30pm
Program

Learn & Lunch Bunch is partially funded by the Ann & Abe Effron Fund and Bernard and Shirley Handel Foundation Donor Advised Fund of the Community Foundations of the Hudson Valley



Learn & Lunch Bunch with Rabbi Krasner



Learn & Lunch Bunch with artist, Linda Lynton



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Mazel Tov Memories

Send us information about what you are celebrating: birthdays, engagements, weddings, anniversaries, and simchas. We at the JFedDC want to celebrate with you and share the nachas. Send your information to thevoice@jewishdutchess.org

We are excited to be collaborating with:

Poughkeepsie Public Library District for our upcoming **Movie Nights In**



and the Town of Poughkeepsie Recreation for our summer **Learn and Lunch Bunch**



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Adult Education - Please check organization's website for current status

Educational Opportunities Abound at Congregation Schomre Israel

(Please check the synagogue's website www.schomreisrael.org for updated classes and Zoom addresses)

Hebrew through the Vision of the Siddur Mondays, 6:00pm. We will learn to read and understand various prayers. Time will also be spent on some aspects of conversational Hebrew. Class will be outdoors—in person. If weather is bad, there will be no class.

Is This the End of Days? The Book of Daniel Part II Tuesdays, 10:30am. We will be learning Ch 9 in June and Ch. 10-12 in July. This book presents a personal journey of dedication, yearning, and vision. Hybrid class given over Zoom and, weather permitting, also outside, in person.

Timeless Thought on the Parsha Thursdays at 7:00PM. We will study and discuss a topic from the Parsha. Hybrid class given over Zoom and, weather permitting, also outside, in person.

Talmud Studies with Rabbi Krasner Sunday Morning after Shacharis- starting with the 5th Chapter of Brachos. This study session is live, not on Zoom.

Classes are free. All are welcome. View website at www.schomreisrael.org for recordings of previous classes. For information on cancellations and class schedules, visit www.schomreisrael.org or call (845) 454-2890.

Weekly Adult Study Groups at Vassar Temple (Please check website for updated information)

The Talmud: Modern Ideas from an Ancient Text Every other Thursday from 12:00-1:30pm. Taught by Senior Scholar Rabbi Paul Golomb. For further information and to obtain the study sheets, contact pgolomb@verizon.net.

Torah Study Saturday, June 5 & 12 (please contact the Temple for July dates), 9:00-10:00am. Examines passages from the week's Torah portion or Haftorah and will be led by the Temple's Rabbi Renni S. Altman, D.D. Call to verify if there is class May 29. New attendees should contact rabi@vassartemple.org to be put on the Torah Study email list.

All are welcome to come and join in all the classes - no previous training required! No charge to attend. All classes will be conducted on Zoom as long as necessary for public health reasons. Watch the weekly temple emails or contact the temple for updated information at (845) 454-2570 or office@vassartemple.org.

Higher and Higher: Come Grow with Temple Beth-El (Please check website for updated information)

Rabbi Daniel Victor is holding classes and social gatherings via Zoom. If you would like to join, email: rabi@tbeny.org for the Zoom links and passwords.

- | | | |
|------------------|-----------------|---|
| Monday: | 11:00 AM | General Community Schmooze |
| Monday: | 9:00 PM | 35—55ish Community Schmooze |
| Wednesday | 1:00 PM | General Community Schmooze |
| Thursday: | 9:30 AM | Virtual Adult Education with Rabbi Victor |

All welcome. Details at Temple Beth-El www.tbeny.org, or call (845) 454-0570, or email info@tbeny.org.

Chabad Center Classes (Please check website for updated information)

Torah Class: Discover the World of Prayer: Wednesdays, 11:00am at the Borenstein home, 36 Pleasant Ridge Drive, led by Hindy Borenstein. Indulge your mind with thought-provoking insights from the weekly Torah portion and other contemporary issues, and indulge your body with a light and healthy lunch.

Please visit our website www.chabadmidhudsonvalley.com.

Congregation Shir Chadash (Please check website for updated information)

Congregation Shir Chadash is planning on having interesting and thought-provoking virtual talks on the second and fourth Wednesday of every month at 7:30pm. Each talk will be approximately one hour. Some talks will be lectures; others, open to questions and discussion.

Virtual Torah Study: Recessed until the Fall. An informal discussion about the Torah portion of the week with Rabbi Polish from the comfort of your own home. Everyone has a chance to participate. No expertise or knowledge of Hebrew is needed. Just an inquisitive mind, a curiosity about our tradition, and a willingness to share your thoughts. All welcome to attend.

For Zoom meeting id: <https://www.facebook.com/pg/shirchadashhv/posts/>

All talks are FREE of charge and open to the public. With more exciting and engaging talks to come, check out our website www.shir-chadash.org, or call (845) 232-1029, or email info@shir-chadash.org for additional talks or more details and for links to the Zoom meetings.

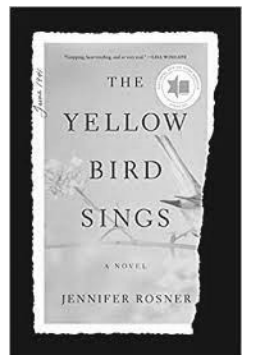
Author to Be at Zoom Discussion of *The Yellow Bird Sings*

Vassar Temple's Sisterhood Book Club will discuss *The Yellow Bird Sings* by Jennifer Rosner, and as an added treat, the author will be joining us to lead our Zoom discussion, sharing with us what inspired her to write this book, how she conducted research, themes, decisions she made during the writing process, and of course there will be ample opportunity for us to comment, discuss, and ask questions.

This book has been described by critics as a gripping and heart-rending tale of an unbreakable bond between mother and child. In Poland, as Nazi soldiers round up Jews, Roza and her five year old daughter, Shira, flee, seeking shelter in a neighbor's barn. Shira, a musical prodigy, struggles to stay silent. To soothe her daughter and keep her still, Rosa tells her a story about a girl in an enchanted garden. Although forbidden from making a sound, the yellow bird sings. He sings whatever the girl composes in her head. In this make-believe world, Roza can shield Shira from the horrors that surround them. But the day comes, when their haven is no longer safe, and Roza must make an impossible choice: whether to keep Shira by her side, or give her the chance to survive, apart.

Inspired by the true stories of Jewish children hidden during World War II, Jennifer Rosner's breathtaking novel is a testament to the triumph of hope, even in the darkest of time. *The Yellow Bird Sings* is available in paperback through Amazon, with copies available in the local library system.

DETAILS: Wednesday, June 16, at 2:00pm, via Zoom. To RSVP or get info, please contact Linda Babas at bookclub@vassartemple.org.



Rosh Chodesh Reading Group by Congregation Shir Chadash

Those interested in reading are invited to the Rosh Chodesh reading group (now done virtually) - interesting and provocative discussions, **dates & times TBD**. Participants meet to discuss memoirs, fiction, poetry, and drama in a variety of works that offer Jewish themes and a variety of perspectives of interest. Have a topic suggestion? Please let us know!

DETAILS: For more info, contact Sandy Lash: (845) 232-1029 or email: info@shir-chadash.org.



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The Harding Club

Is it worth a sore or injured back to feed the hungry? That is a serious question that Harding Club members have recently been discussing as they worked to distribute hundreds of pounds of food from the Food Bank. Aging but “in good shape” club members are so committed to the task that some have actually risked bodily injury to make sure that needed foodstuffs arrive at the Morse School in the City of Poughkeepsie. Sanity is prevailing, however, and steps are being taken not only to complete the mission but to keep the old guys healthy, too.



Warm weather is here, and the Harding Club continues to meet remotely, ensuring the safety of its members. Recent meetings featured a talk by Laurent Rejto of Hudson Valley Films. He discussed the burgeoning business of making films in our valley. Also, Eric Goldstone, a financial strategist, spoke on Investing in Speculative Markets. Soon Adam Roach, Veterans Service Director, will speak on issues regarding military veterans.

June 9 marks the installation of a new Board of Governors and slate of officers for the club. A two year term of office will begin at that time.

Harding Club is a major financial supporter of PJ Library and the Jewish Federation of Dutchess County. We will continue our commitment to these worthy organizations and the work that they do. Our relationship is so good, in fact, that the Federation has decided to honor us at its Gala in October. We couldn't be more proud.

Harding Club is a men's social and philanthropic organization that has been in Poughkeepsie since 1923. Almost 100 years young, the club continues to provide not only social connections for its members but also positive contributions to various worthy organizations in the greater Poughkeepsie community.

Be on the lookout for more information about the Harding Club upcoming in the fall. New members are always welcome. Check out our website at: <http://harding.jigsy.com> or send us an email at hardingclub1923@gmail.com.

Alan Fox
Harding Club president



Jewish War Veterans Post 625 at the dedication of the section of Route 9 in Wappingers Falls as “Veterans Memorial Highway.”

Pictured on right is: Bob Morrison and Martin Hochhauser

Pictured on the left is: Ted Kaczynski, Rabbi Krasner, and Sam Berkowitz

Be sure to look for our advertisers in this month's *The Voice*:

Page 2: Torsoné's Funeral Home, Home, The Rug Garden, and Optique Elegance

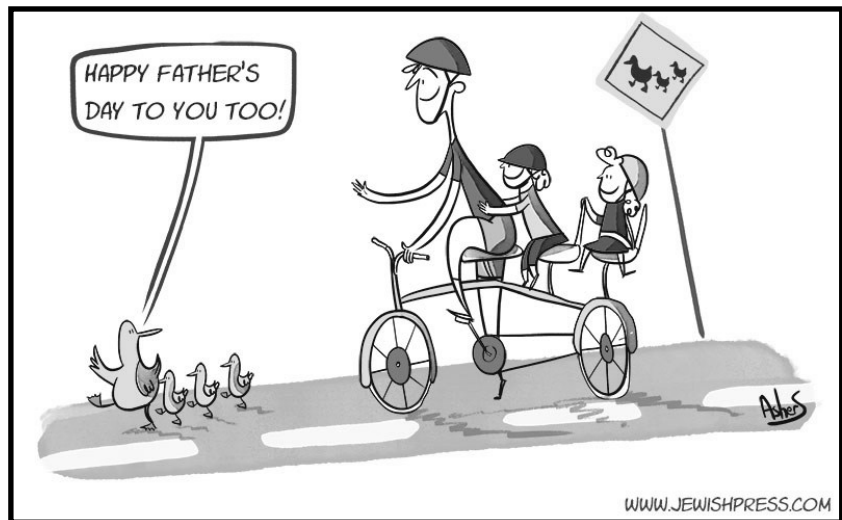
Page 3: National Gilman & Giocia

Page 5: Principal Financial Services, Berkshire Hathaway

Page 12: Hudson Valley Hospice

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Note deadlines listed.	August	July 1
Email:	September	August 1
TheVoice@JewishDutchess.org	October	September 1
if you have questions.		



NexGen Spotlight

Doing The Right Thing by Alyssa Kogon



Elijah Bender

Elijah Bender is an old soul. Despite having only 24 years under his belt, the baby-faced entrepreneur rattles off family history like he grew up during the height of the Borscht Belt. A newly minted attorney with a degree from the prestigious Cardozo School of Law, Bender is especially proud of his Jewish background and the community service he performs everyday.

Born in Manhattan, Bender grew up attending Public School 41 in Greenwich Village. He proudly shares how his working class family scraped together money from a bar and grill business they owned in Washington D.C. to send to his great uncle who was investing in Greenwich Village properties. The uncle worked as a broker for none other than Harry Helmsley, the famed real estate mogul. Later, the family relocated to The Village to help with the family's own realty business. Bender with his parents continued to run the company, thanks to his great uncle's foresight.

Not many people with less than a quarter century of life experience can take the reins of an iconic restaurant/bar and run it as a stewardship to the community. Bender has done just that. As the owner of Foster's Coach House, the young entrepreneur has kept tradition alive in one of Rhinebeck's last original businesses. He details how his personal hero, his World War II veteran grandfather, tended bar at his local American Legion Post. Now a barkeep himself, Bender is carrying on a five generation family legacy in the hospitality trade.

As truly an old soul, Bender details how he loves to chat with the “old timers” in town. “My friend base runs from 16 to 97. There is knowledge to be gained from everyone, and I care about people of any age the same way.” His passion for the past, includes sharing stories from his family's long and interesting history with such luminaries as Nathan Birnbaum (you know him as comedian George Burns), ventriloquist/voiceover actor Paul Winchell, and even fellow Rhinebeckian photographer to the stars Annie Leibovitz. All were friends of the family from their early days from Coney Island to Maryland before they became famous.

You would think law school with a pending Bar Exam would be enough to keep anyone busy. Aside from additionally running a popular restaurant and joining his father in their commercial real estate endeavors, Bender makes time to service his community. He was a volunteer fireman in the local fire department serving
(Continued on page 5)



Dear Celebrating,

Haven't you ever heard of “Honor your parents.”? To “Not honor your parents, is to not honor G-d.” What can be more Jewish than to honor your father on Father's Day, or any day of the year for that matter. Respect, especially for our parents, is one of the holiest things you can do!!!

Rabbi's Blog *by Rabbi Renni Altman*

As spring turns to summer, I am reminded how much I appreciate living in the Northeast and experiencing the fullness of the four seasons. This is, perhaps, my favorite time of year as it is warm enough to enjoy being outside without layers, the humidity has not yet set in, and daylight hours reach their peak. The academic calendar draws to a close as students, teachers and parents look forward to the relaxing time of summer. The Jewish calendar, too, is in a lull, and synagogue life is at a slower pace. For many, vacation eagerly awaits.



Rabbi Renni S. Altman

This summer holds special appeal as we eagerly anticipate resuming many elements of our pre-COVID lives. With the ability to be outside and with so many vaccinated, we can be together again IN PERSON, we can hug our loved ones, and we can continue with many important events that have been put on hold.

Even as we take such positive steps forward, we are learning that the anticipated herd immunity that would give us freedom may well remain elusive as there are still significant numbers of people who are not vaccinated. While some may have legitimate medical reasons, others are afraid or distrustful, or may believe that they are immune or that COVID isn't so bad. Ease of access has become less of an issue as federal and state governments have opened up more vaccination sites, many with walk-in appointments, Uber and Lyft are providing free rides and a variety of incentives are being offered at events such as baseball games. With nearly 600,000 deaths from COVID in the US and close to 3.5 million worldwide, it is hard to deny the damage and lasting pain that this virus can cause.

Even if you, dear reader, have been vaccinated, you can help by encouraging others to do the same. We will not be able to move on from this disease unless more people get vaccinated. As Wendy King, associate professor of epidemiology in the University of Pittsburgh Graduate School of Public Health, noted "Vaccine hesitancy is emerging as a key barrier to ending the COVID-19 pandemic."

Getting vaccinated against disease is a true "mitzvah," a step towards fulfilling one of the most important obligations that we have in Judaism – *pikuah nefesh*, saving a life. Getting vaccinated is not only about protecting our own lives; it is about protecting others, those with whom we live and associate with closely and those with whom we may come into contact even for a short time. Not doing so puts others at risk. The great 12th century rabbinic scholar Maimonides taught in his *Mishneh Torah* that "one who can save another person's life, but fails to do so, has transgressed a negative commandment, as it says, 'Do not stand idly by while your neighbor bleeds.' (Leviticus 19:16)"

Some may not take the vaccine in the belief that the illness and our fate are in "God's hands." Maimonides, who was also a physician, argued otherwise, teaching that it is precisely our obligation to use the resources that the Divine has created and the intelligence with which we have been blessed to ward off disease.

Judaism teaches us that each life is sacred; each of us is uniquely created in the Divine image. The Talmud reminds us that in saving a life, we save an entire world. Even as we emerge from our "COVID cocoons," let us act with caution and concern for others, that we may yet bring this pandemic to an end.

(Doing the Right Thing continued from page 4)

as secretary and driving the ambulance for four years. A member of the Rhinebeck Lion's Club, Sons of the American Legion, Neighbor's Gun Club and an advisory board member for the Hudson River Valley Institute: his next act of kindness is running a Community Blood Drive on June 19th at Foster's under the tent. Last go round, he collected fifty pints and Bender plans to beat that record. "I would give six pints myself, if I was allowed to," he states. During the pandemic Foster's donated bushels of produce to Rhinebeck's Church of the Messiah's food pantry as well.

While all work and no play sounds a lot like Bender, don't be fooled. Even this nose to the grindstone guy enjoys some time off. Boating, snowmobiling, shooting, and attending sporting events are squeezed in too. Bender also enjoys antiquing and puttering around with his working 1929 Model A Snow Plow, a legacy from Vern Sipperley, an old friend that passed away. As for the future, Bender doesn't know exactly what the future holds for him. He does foresee staying in Rhinebeck and maintaining his community service there and moving forward in his family's business. To quote Bender "I always try to do the right thing."



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Meet Your Neighbor *By Karen Hochhauser*

Each month, we ask a Member of the Tribe (MOT) these questions and feature their answers for a fun and insightful way to meet your neighbors. This month, our special guest is Micah Sperling who took time from coaching his son's soccer team and designing the latest IBM mainframe.



Micah Sperling

1. **What is your favorite/least favorite word?**
Favorite: Supposably—spelled the new way
Least Favorite: I don't really have one. Every word is fun in its own way.
2. **What inspires you creatively, spiritually, or emotionally?**
I like seeing others succeed.
3. **What is your favorite song?**
Battery by Metallica
4. **What profession other than your own would you like to attempt?**
Science Teacher
5. **What profession would you not like to attempt?**
I'm always up for trying new things. There's nothing that I would reflexively be opposed to.
6. **What is your favorite food/dessert?**
Food/Dessert— Any kind of egg as long as it's either runny or cooked on a low heat.
7. **What do you most like and dislike about yourself?**
Like: That I can be a role model to others.
Dislike: My unconscious biases.
8. **What is one interesting thing that people don't know about you?**
I'm really into rock climbing.
9. **If you could choose a superpower, what would it be?**
Freezing time.
10. **What is your greatest achievement/something you are most proud of?**
Marrying my wife.
11. **Do you have a "bucket list" and, if so, what is on it?**
Not explicitly. One day I'd like to visit more national parks in the country and others.
12. **If there were one thing you would hope others do in the interest of our future, what would that be?**
Put themselves in other people's shoes.
13. **What is your most favorite Jewish Memory?**
I went to camp on a kibbutz when I was in high school.
14. **What is your earliest Jewish Memory?**
Getting tipsy off of wine at Passover when I was 9 years old.
15. **In what ways does or can JFedDC impact our Jewish Community?**
Providing programs so that kids understand what it means to be part of a community.
16. **What is one question you wished we asked and what is the answer?**
Q: How does being Jewish influence your concept of your role in this world?
A: Focus on both your local community and being mindful of humankind.
16. **If Heaven exists, what would you like to hear God say when you arrive at the Pearly Gates?**
Your friends and family are here too.

**member of the Tribe*

Rosh Hashanah Greetings are due August 8.
Check our newly designed greetings on page 10



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- Short- & Long-Term Rentals

Steven Domber, President
Berkshire Hathaway HomeServices
Hudson Valley Properties
1100 Route 55, Suite 301
LaGrangeville, NY 12540
sdomber@bhshudsonvalley.com
845.905.8748

Good to know.™
bhshudsonvalley.com

Tikvas Devorah Chana: June event-Growing a Mitzvah Green Thumb

A little background: Tikvas Devorah Chana at Schomre Israel in conjunction with PJ Library is proud to continue to offer to the Jewish Community of Poughkeepsie Jewish educational events. Each event is a hands-on learning experience, focusing both on the rich heritage of the holidays and mitzvot, as well as encouraging the artistic flair and talents amongst our children. We hope each event will be a fun and wholesome learning experience. We are encouraging parents and grandparents to come with their children.

Most of the events will be set up in a way that can be joined either by zoom or in person, depending on how the year continues. We need to be as flexible as possible.

All events are free and open to the public. Each art project will be age appropriate. However, as there are often materials that will need to be supplied, we are requesting that everyone register at least 5 days before each event by calling the synagogue at (845) 454-2890 or by emailing Rabbi Krasner at rabbishlomok@gmail.com

Upcoming program : Sunday, June 13, 11:00am at Schomre Israel--Did you ever want to grow a mitzvah green thumb? Inviting all children and children at heart to come to Schomre Israel and plant flowers, herbs, and greenery. Through our actions we will learn to enjoy beauty, to stop and smell the roses, and we will beautify a house of prayer in the process. Social distancing and face masks are required at all times.

Congregation Shir Chadash Teacher Recognition Service

Congregation Shir Chadash will honor their volunteer religious school teachers on Friday, June 4th at 7:30pm. These teachers have had to familiarize themselves with new technology and present lessons in a whole new way as did lay teachers everywhere. Shir Chadash will be thanking teachers for all their hard work and innovations during these challenging times.

If you are thinking of having your child join a religious school in September, please join us at this special service and meet our dedicated teachers. For questions or more info about our school, please contact Sue Marcoe at sfmarcoe@gmail.com or (845) 723-4045.

The Zoom Where It Happened *By Rabbi Miriam Hyman, Ed. Dir. & Cantor Devorah Gartner, Youth & B'nai Mitzvah Dir.*

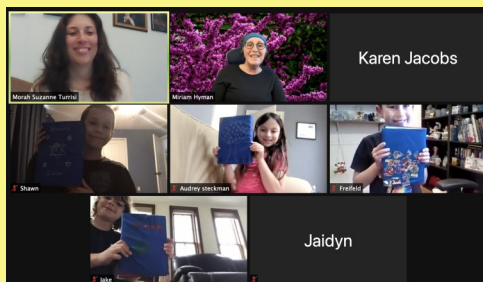
We have come round again to spring in the beautiful Hudson Valley. We have run fully remote Temple Beth-El Education Programs—Early Childhood, Sunday School & Joint Temple Beth-El/Congregation Shir Chadash Ivrit for grades 3-6, B'nai Mitzvah Classes, and the Geshher Teen Program for more than a year without ever setting foot in a classroom.

When we reflect on what we have accomplished educationally, it is simply astounding. Our creative, flexible (and now very tech-savvy) faculty has fully realized the vision we created last spring. We wanted to keep everyone safe but not sacrifice our academic excellence or our commitment to experiential learning.

In many ways, we have done what we always do. We worked, studied, and celebrated. Our youngest students have learned about holidays and Shabbat and been introduced to the alef-bet. Our 3rd and 4th graders have learned to read Hebrew, as well as begun to study Torah. Our 5th and 6th graders have explored Israel and learned the prayers for the Torah Service. Our B'nai Mitzvah Class has become a group of service leaders and Torah readers. And our teens have done social action, socialized, studied a variety of topics, and decompressed at Geshher.

The pandemic has created unexpected opportunities to learn and innovate. All of us have found new depths of patience with the challenges of technology and with each other. We have discovered new ways to utilize ordinary household items as learning tools. And, we are now experts at packaging information into small, easily digestible, video-friendly bytes. Some of the changes to our programs will be incorporated into next year's curriculum. Students, parents, and teachers all agree that weekly, remote individual lessons have been a great success. We are very proud of all that our students and families have accomplished this year.

We were all in the Zoom where it happened.



RELIGIOUS SCHOOL

CHABAD MID-HUDSON VALLEY

Sunday, 10:00am-12:15pm, ages 5-12 years
63 Vassar Rd, Poughkeepsie

For information contact Hindy Borenstein, Director
(845) 463-5801

chabadmidsouthvalley@prodigy.net

JUDAIC SCHOOL OF THE ARTS

Sunday, 10:00am-12:00pm

For information www.mypardess.org/JSA

RHINEBECK JEWISH CENTER

Monday, 4:00-5:30pm
Tiny Tots Division (ages 1-5)
Intermediate Division (ages 6-10)
Bar and Bat Mitzvah (ages 11-13)

For information, contact Rebbitzin Tzivia Hecht,
Director (845) 876-7666 or tziviehecht@gmail.com

CONGREGATION SHIR CHADASH

The programs focus on G-d & Prayer, Jewish History, and the concepts of Tzedakah, G'milut Chasadim and Tikun Olum. No charge for pre-school children. Open registration. Tots classes through b'nai mitzvah classes are offered. Classes meet 2 Saturdays a month at 9:00am.

For information, contact (845) 723-4045,
info@shir-chadash.org or www.shir-chadash.org

TEMPLE BETH-EL

At Temple Beth-El, education is something truly celebrated! From kindergarten through the last year of high school, Temple Beth-El instills a love of Judaism and a lifelong hunger for Jewish learning.

Tuesday,
Ivrit (Hebrew) School
4:30-6:30pm, grades 3-7

Wednesday,
Geshher Youth Program
6:30-8:30pm, grades 8-12

Saturday, B'Nai Mitzvah Class
9:30am-12:30pm, grade 7

Sunday, Judaic Studies
9:30am-12:30pm, grades PreK-6

For information, contact (845) 454-0570
or education@tbeny.org

VASSAR TEMPLE

Vassar Temple provides a program of Jewish education within the Reform Movement's guidelines, which deepens a student's Jewish experience and knowledge in an accepting and stimulating learning environment. Our philosophy of Jewish learning is based on the quotation from Pirke Avot, "The world depends on three things: on Torah, on worship and on deeds of loving kindness." Temple membership not required.

Sunday Religious School
Sundays, 9:00am - 12:00pm, grades K-7

Hebrew Language School
Wednesdays, 4:30pm - 6:30pm, grades 4-7

Geshher Program
Wednesdays, 6:30pm - 8:30pm, grades 8-12

Innovative individualized Hebrew language instruction and bar/bat mitzvah preparation.

For info contact Rabbi Renni Altman, Director
(845) 454-2570 or rsdirector@vassartemple.org

SUMMER FUN WITH PJ LIBRARY MID-HUDSON VALLEY!

TUESDAYS 10:00AM

POPSICLES IN THE PARK 7.13 & 7.20

BOOKS BY THE BEACH 8.17

PJ LIBRARY | **STORIES CRAFTS** | **WATER FUN**

Families with kids ages 0-8! Grandparents welcome too!

POPS IN THE PARK: BOWDIN PARK - 7.13
PETE & TOSHI SEEGER RIVERFRONT PARK- BEACON - 7.20
BOOKS BY THE BEACH, TACONIC STATE PARK - 8.13

EVERYONE IS INVITED!

PJ LIBRARY GENERATION GRATITUDE PICNIC

A Celebration of Gratitude with PJ Library Families, The Sensory Space, & Mindful Yoga with Liz

JUNE 13, 2021
FREEDOM PARK, PLEASANT VALLEY
10:00-11:30AM

Light Brunch, Family Yoga, and PJL Gratitude Circle
RSVP by 6/9: pjlibrary@jewishdutchess.org

ANNOUNCING! the new **Jewish Community Preschool of the Hudson Valley**

Our mission is to provide high-quality, nurturing, play-based experiential learning emphasizing Jewish culture, traditions and values. We welcome all children regardless of religious affiliation.

The Jewish Community Preschool is an independent entity. It is not affiliated with any denomination or congregation. The JCP will be launched at classrooms at Vassar Temple in Poughkeepsie.

Look for us on Facebook!
For more information, please contact us at: [jewishcommunitypreschool@gmail.com](mailto: jewishcommunitypreschool@gmail.com)

משפחה
Mispacha
family

Kim



Suzanne



Here is an easy and fun craft from Pinterest:

You only need colored construction paper, a pencil, tape, and a scissor. First pick out different colored paper for each person. Trace their hands. Cut them out. Cut and color a tree. Attach hands onto tree. There is room on the trunk for a photo!



By Suzanne Turrisi, Assistant Director, PJ Library Mid-Hudson Valley

According to Webster, family is: "all the descendants of a common ancestor. A group of one or more parents and their children living together as a unit." The deeper meaning of "family" can be having someone love you unconditionally, in spite of your shortcomings, or a group who chooses to be together and have a powerful bond.

"Mishpachia" means family in Hebrew. In Jewish families, parents and children are responsible for each other as a way of honoring G-d. Torah tells us to teach our children well, and it also tells us to honor our parents. The earliest education a child gets is from home, which is essentially the most important influence in a child's life.

Each culture has its own way of expressing love of family. For example, Ohana means family in Hawaiian. As many of my Disney/Moana fans already know it also means "nobody gets left behind". Different ways of saying the exact same thing. The overall, true family definition is the sense of loyalty, selflessness, love, and genuine care and concern for the others. A synagogue is a family. So is a community. Treating each other with love, as a family, is a great way to spread joy!

PJ Library Mid-Hudson Valley is offering many ways to be joyful OUTDOORS this summer as a family. Kids ages 0-8 along with their parents, grandparents, and caregiver are all welcome to join. We are kicking off our PJJL Summer Series with a Gratitude Picnic on Sunday, 6/13 at Freedom Park. All of the families who participated in the Generation Gratitude Program this year are invited, as well as those who may be interested in our upcoming fall program "Generation Gratitude-Gratitude in the Neighborhood" in various PJJL neighborhoods across the Mid-Hudson Valley.

Make sure to keep a few Tuesday mornings open this summer from 10-11:30 am for our "PJJLMHV Summer Pop-Up Events". Check out our PJJLMHV Popsicle in the Park Meet Ups at Bowdoin Park in Wappingers Falls (7/13) and the Pete & Toshi Seeger Riverfront Park in Beacon (7/20) to enjoy a cold treat with a PJJL story, craft, and water fun!

We will also be heading up to Taconic State Park in Copake Falls to meet up with our PJJL Families in Northern Dutchess County and Columbia County on Tuesday, August 13th for "PJJLMHV Books by the Beach"

Stay tuned for program updates, including rain dates for potential inclement weather, by checking our PJ Library monthly emails and Facebook page: PJ Library Mid-Hudson Valley. Stay connected with other families this summer via our Parent Coffee and Conversation Virtual Meet Ups too, and come visit us at Arlington Farmer's Market on Thursday afternoons from 2:00-4:00pm in June, July, and August! May this summer bring us all some much needed relaxation and connection!



Over the last 6 months our pilot program "Generation Gratitude" with *The Sensory Space and Mindful Yoga with Liz* has brought family yoga, sensory play, and gratitude focused story walks to over 20 PJ Library families, across 2 counties!

Stay tuned for "Generation Gratitude: Gratitude in the Neighborhood" meet-ups starting in Rhinebeck, Beacon, & Poughkeepsie in the Fall! Sign up to receive updates at: pjlibrary@jewishdutchess.org.

Please check out all of our PJ Library June/July 2021 Events on our Facebook Page: "PJ Library Mid-Hudson Valley" and in our bi-monthly PJ Library and PJ OurWay E-News and Mid-Month Update emails!

Want to sign up your children or grandchildren for PJ Library or PJ OurWay chapter books? Please fill out a quick form to start receiving engaging, Jewish FREE books in your mailbox every month!

Sign up for PJ Library (ages 0-8 years old): www.pjlibrary.org
Sign up of PJ OurWay (ages 9-12 years old): www.pjourway.org

Got Questions? New to the community or looking to make connections with other families?
Interested in a Grandparent's Circle? Want to start a Parent's Night In or a monthly playgroup?

We can help! Email: pjlibrary@jewishdutchess.org
Join our PJ Library Mom's What's app Group or our Mid-Hudson Valley PJ Library Families FB Group
via Email: pjlibrary@jewishdutchess.org

PJ LIBRARY FAMILY OF THE MONTH:

Family Name:
The Hecht-Cohen Family

How many kids are in your family and what are their ages?
2 kids: 10 year old Phillip & 6 year old Eva.

How long have you been receiving PJ Library books?
Nine years.

What is your family's favorite PJ Library book?
3 Favs!!! *One Good Deed*; *Oy Vey Life in a Shoe*; *Bagels from Benny*

How did you hear about PJ Library?
From our synagogue before we moved to Dutchess County.

Why is PJ Library important in your home?
PJ Library gives us an inroad to a Jewish Community in our new neighborhood—Dutchess County! Plus, the books are great to read with the children.

How has PJ Library influenced your family's Jewish living and decisions?
PJ Library gives us manageable and accessible tools for adding Jewish values and practices to our home.

Is PJ Library helpful to you as a parent? How?
We are glad to see that as our children's reading levels grow, there are always PJ Library or PJ Our Way books providing engaging Jewish themed books. We would not have found books like these on our own. The books help us reinforce Jewish values that we teach at home. And we learn from the books, too!



PJ Library is a program of the Harold Grinspoon Foundation and made possible through gifts from the Jewish Federations of Dutchess, The Harding Club, and the generous support of PJ Library donors.

To make a donation online, go to www.JewishDutchess.org

Thank you!

Save the Date

11.7.21

PJ LIBRARY
MID-HUDSON VALLEY'S
BOOK MITZVAH
COMMUNITY CELEBRATION!

RSVP: pjlibrary@jewishdutchess.org

The Federation Board's Voice



Donate AND Invest By Dr. Jack Fein

Dr. Jack Fein

I have a vivid recollection of the day in 1948 that the State of Israel was created. Within a few months, my class in Hebrew School was tasked with collecting money for the Jewish National Fund. We were dispatched in teams of three to the New York City subways. One of us would give an impassioned speech, to the bemused commuters, on the subway trains. It described the urgent need to support the beleaguered settlements in Israel. The other two members of our team would walk through the subway car aggressively presenting the little blue JNF collection box to the passengers. We were convinced that our work was vital to Israel's fledgling economy and survival

Fast forward several decades and Israel's economy has now seen incredible development. This evolution is impressive by any standard. Both fiscal and monetary planning have been successful, but the most remarkable story among economists is the growth of venture capital and private equity investments in Israel. For those involved in Israeli startups and growth ventures, the last few years have seen impressive asset growth.

Progress was never predictable, however, and at times it seemed unlikely. After statehood, Israel was overwhelmed with the absorption of Jewish refugees from Europe and the Arab world. The kibbutz movement usually provided a subsistence lifestyle but discouraged individual creativity. Between 1949 and 1959 austerity was a way of life and foreign currency reserves were scarce. German reparations comprised 87% of Israel's revenues in 1956. Israel Bonds only raised \$52 million in 1951, and American Jewish donations in the 1960's only amounted to \$56-\$100 million a year. The mainstay of foreign investments was the economic aid received from the United States. The major beneficiaries of those investments were basic infrastructure and agricultural projects.

After the 1973 Yom Kippur War inflation soared and defense expenditures rose. Following the bank stock crisis of 1983, inflation reached an annual rate close to 450%. However, the successful economic stabilization plan of 1985 developed by Michael Bruno and the subsequent introduction of market-oriented structural reforms reinvigorated the economy and paved the way for its rapid growth in the 1990s. This in fact, served as a model for other countries facing similar economic crises.

Israel has little in the way of natural resources and historically has built its economy on knowledge-based industries. As the high tech community relied on these products, the world demand for Israeli advanced technologies, software, electronics, and other sophisticated equipment increased. This has also sparked interest in funding the early stage development of these businesses. Tech entrepreneurship and venture capital have now flourished well beyond the country's relative size.

In the last 20 years private as well as public investment in Israel has grown exponentially. This is also related to a government initiative in 1993 named the Yozma ("Initiative") program; which offered attractive tax incentives to foreign venture-capital investments in Israel and offered to match any investment with funds from the government. As a result, Israel's annual venture-capital outlays between 1991 and 2000 rose nearly 60-fold, from \$58 million to \$3.3 billion. By 1999, Israel ranked second only to the United States in invested private-equity capital as a share of GDP.

Israel's venture capital (VC) industry now has about 75 active venture capital funds, which include 14 international VC funds with Israeli offices. Additionally, there are some 220 international VC funds that do not have branches in Israel but actively invest in Israeli start ups. The number of first investments by VC funds (when a VC fund adds a company for the first time to its investment portfolio) in Israeli technology firms has steadily increased in the last few years. Numbers rose from 439 in 2014 to 579 in 2018 and to 470 in 2019—soaring to a seven-year high of 620 in 2020, as the coronavirus pandemic pushed businesses and households online and gave the technology sector a boost.

Most funds require substantial investments, but in the last few years more modest individual outlays are welcome. Some Angel VC investments can be entered into with as little as a few thousand dollars. There are now many opportunities for more stakeholders to participate in Israel's economic growth and development. For those who were raised with the little blue JNF collection boxes and now see the opportunities for direct investment, Israel is an ever more exciting and interesting story.

Jews in the News:

Highlights, updates and happenings of our Jewish business members of the community.

Next Generation Award

Thank you to Dutchess County Regional Chamber of Commerce for honoring Craig, Nicolas, and Daniel Arnoff with the Next Generation Award.

The Chamber has always played a critical role in the local business community but the way they stepped up during the pandemic will be remembered for years to come as we get back to normal. It has been our pleasure to be a part of the chamber and support it throughout the years.

It felt great to get out to an in person event for the first time in over a year. Thank you to everyone in our family, our community and our team at Arnoff Moving & Storage and Arnoff Global Logistics for making this award possible! And congrats to all the other honorees!



Our Executive Director



Sixty Seconds

Have you ever had a nightmare so vivid and terrifying you could not tell whether it was real or not? You woke with such heart racing fear you were certain everything was real? The other night I had one. I couldn't exactly figure out what was happening. I recall feeling the bed shaking, lights flashing, and people screaming. I tried to move and shout for help or at least to try but I felt paralyzed. The words wouldn't leave my mouth no matter how hard I tried screaming for help. I felt like my voice was paralyzed in my throat. I couldn't understand what was happening.

If I lived on the west coast, I might have thought we were experiencing a bad earthquake. If I lived in Israel, it might have been a warning siren reminding me that I had one minute, literally 60 seconds, to get to the bomb shelter. To drop everything and run to a bomb shelter. SIXTY SECONDS!! Whether I was in a deep sleep, cooking dinner for the family, in the middle of a shower...Sixty Seconds! And imagine if you had small children? Or elder grandparents? Sixty Seconds to run to a bomb shelter or be closed out and pray that the incoming bomb doesn't hit your location.

Or friend's son and his fiancé live in Israel and this is the story he shared. The trauma and fear even hearing this story was palpable. He didn't make it to the bomb shelter the last time because he stopped to help an elder neighbor who just couldn't run that fast. She now takes anxiety pills every day to try to manage. The couple moved their dog to her parents' home, which was safer, because it took too long to get the collar on when that siren went off. Sixty Seconds.

He then shared an interesting perspective about the cease fire. He stated, "Maybe in other countries the word cease fire is a word of joy, but over here it just means 'until next time'. It's about the fact that we have to put up with this again and again every few years. That's why it's called "cease fire" and not "peace". They cease fire until they've built up more ammunition and support from other terrorist organizations to bomb us again." It was a very somber and sobering thought.

As you read this, understand this is not a political commentary. Please do not send hate mail or letters. Israel is not perfect. And we all should keep in mind that the Israeli Arab and Israeli Muslim citizens share the same fear and terror as the Israeli Jew when their country is being attacked. War is always horrible and unfair to the innocent bystanders.

I write this to share a perspective - we are blessed in this country that this is not our experience. We do not have to live in fear or terror that a potential bomb may be launched at our house at any time of the day or night. America isn't perfect as well and there are several issues we face, including the rise of anti-Semitism, which has seen disturbingly high incident rates globally, especially since the crises in the Middle East started. (People globally and nationally screaming "Kill the Jews", regardless of one's nationality.) But we are blessed that the heart pounding terrifying nightmare is just that - a nightmare and not our reality in this country.

So as I waited for my pulse to slow down and took a few slow deep breaths to calm myself, I counted my blessings. that it was only a nightmare—then prayed for peace in the Middle East and for the innocent people who face this nightmare every day.

Though we have mentioned this before, if you experience any sort of anti-Semitism, please let us know. If it is an emergency, contact law officials first and foremost. It is important that we document what is happening and understand the reality in our own backyard.

Wishing us all safety and health,
Karen Hochhauser
Executive Director, JFedDC

**Come join us for our own "Jerusalem" dance.
No idea what we mean?**

**Video Tutorial and Practice Times
Coming soon**

**Check it out on:
www.jewishdutchess.org/events**



Check out our new column:
Connecting our Community through food

Send us your favorite Kosher recipe so we can share it with others.

Please email to:
TheVoice@jewishdutchess.org.

Stuffed Cabbage submitted by Steven Wasser

My maternal grandmother was from a small town in Romania that is called Craciunesti today. During her childhood Craciunesti was part of the Austro-Hungarian Empire. Grandma Margaret (born Mechlye Luger) would regularly whip up stuffed cabbage, yeast cookies, blintzes, and other goodies. Raisins would sneak into many of her dishes, including stuffed cabbage. Grandma Margaret did not use written recipes. The closest I have found is the Sweet-and-Sour Stuffed Cabbage recipe of Ada Baum Lipsitz in Joan Nathan's cookbook, *The Jewish Holiday Kitchen*.

Ingredients for the Cabbage Rolls:

- 1 large cabbage
- 2 lb ground beef
- ½ tsp salt
- ½ tsp pepper
- ½ tsp garlic powder
- ¼ cup ketchup
- 3 eggs
- ½ cup uncooked rice
- 1 medium onion, grated

Ingredients for Sauce:

- One 28 oz can tomatoes
- One 16 oz can tomato sauce
- Salt and pepper to taste
- 2 large onions, sliced
- ½ tsp garlic powder
- ½ cup ketchup
- Juice of 1 large lemon
- 1/3 cup brown sugar
- ½ cup raisins

1. Clear off your counter or some other large, flat surface. You're going to need it for the cabbage leaves.
2. Nathan's recipe says to freeze the cabbage for 2 days and defrost it the night before you cook. I tried it this way once and prefer to boil the cabbage. As the leaves soften just enough I use a colander to scoop out the cabbage. I peel off the leaves that are soft enough to use for the cabbage rolls (be careful – it's hot!). When I hit leaves that are still too tough, I put the cabbage back in the pot to boil some more.
3. Combine the ground beef, salt, pepper, garlic powder, ketchup, eggs, rice, and grated onion (I find hand grating or chopping onion with a knife preferable to a food processor). Try to keep the mixture loose - adding water to the meat mixture keeps it a little softer. Set aside. I suggest you use latex gloves to mix.
4. In a sauce pan combine all the sauce ingredients. Bring to a boil and let simmer until the cabbage rolls are ready to be cooked.
5. Preheat the oven to 300F.
6. Place 1 spoonful of meat mixture on each leaf. Adjust the quantity of the meat mixture for the size of the leaf. To create the roll, tuck in the sides of the leaf over the meat, then roll up and place in your cooking dish. (No toothpicks are necessary.) I usually make large batches of stuffed cabbage and use the largest metal tray or casserole dish I have.
7. Pour the sauce over the cabbage rolls. If there is not enough sauce to cover add water or more tomato sauce. Bake, covered for 4 hours. (Nathan says to uncover for an additional hour, but I find this is unnecessary and dries out the cabbage.)
8. Check the cabbage rolls periodically to make sure there is enough sauce.

Enjoy! Your stuffed cabbage will also freeze nicely.

Jews in the News:

Highlights updates and happenings of our Jewish business members of the community.

Foster's Coach House Tavern and Elijah Bender are trying to surpass last year's goal of 50 pints of donated blood. Join them June 21st to achieve their goal. Please come out and support the blood drive.



BLOOD DRIVE

Foster's Coach House Tavern

Monday 6/21/21
1:30pm – 7:30pm

6411 Montgomery St., Rhinebeck NY

Under the tent! Join us for life-saving fun and giveaways!

Sign up nybc.org, call 1-800-933-2566 or scan QR below

Please remember to eat, drink, and bring your donor ID card or ID with name and photo.

Medical Questions? Call 1-800-688-0900



DONORS PRESENTING:

- Must wear a mask or face covering
- Will have their temperature taken
- Must be 14 days symptom free if recovered from COVID-19
- May NOT donate if they have a positive diagnostic test or experienced symptoms of COVID-19 in the last 14 days
- May NOT donate if they are currently on self-quarantine restrictions

Please be aware that we do NOT test for COVID-19. You should contact your health care provider if you want to be tested.



#nybloodcenter
nybc.org

1.800.933.BLOOD

New York Blood Center



Pardess Center for Jewish Life

Kosher Market Open

Open every Friday
10:00am – 4:00pm

Located at 171 Blue Hill Rd
Hopewell Junction

www.mypardess.org

Kosher Market
FOODS YOU CAN'T FIND ANYWHERE ELSE IN DUTCHESS COUNTY

Question, comments or items requests please email:
info@MyPardess.org



Final Call for Mitzvah Now Cereal Counts

Drop off cereal and shelf stable milk by June 6th for distribution on June 13th

the
Avalon

Assisted Living & Wellness Center

Wappingers Falls, NY

The next step in a life worth living.

A safe alternative to nursing home placement, serving those who need assistance with daily living.

Locally owned and operated, accepting Medicaid and private funds, the Avalon offers 24/7 services from certified staff. Call us today to see how we can help.

Telephone: 845-463-0500
Fax: 845-463-2159

1629 Route 376
Wappingers Falls, NY 12590

WWW.AVALONALP.COM

CHECK organizers' WEBSITES for UPDATED STATUS & INFORMATION!!

Tisha B'Av Services at Schomre Israel

Tisha B'Av, the saddest day of the Jewish calendar, begins Saturday evening, July 17 and continues on Sunday, July 18. On this fast day Jews gather together and mourn the many tragic events that have happened on this date. The Book of Lamentations is read and various Kinot, elegiac poems, are recited.

The schedule for Tisha B'Av:

Tisha B'Av

Saturday, July 17:
Fast begins: 8:26pm
Maariv at 9:40pm and Megillat Eichah and Kinot

Sunday, July 18:

Shacharit: 8:30am/during davening a dozen Kinot will be chosen for discussion of their historical and mourning context Videos/Video speakers throughout the day. Mincha: 7:50 PM (please note: we wear tallit and tefillin) Special video presentation, 6:00pm Fast ends: 9:09pm.

Learn & Lunch Bunch will be gathering in person outside this Summer. Please see page 2 for the schedule and how to register.

Hands on Judaism Mitzvah Workshop Returns to Schomre Israel

Rabbi Krasner will be leading the workshops-Live and in person. This series is a discussion and 'hands-on' class about various mitzvot. All are welcome to attend.

DETAILS

Thursday, June 3, 7:00pm & Sunday June 6, 10:00am - Returning to the Source of Purity - The Mitzvah of Mikvah
Thursday, July 1, 7:00pm & Sunday, July 11, 10:00am - Royal Clothing - The Mitzvah of Tzitzis (\$10 charge for this class to make a pair of Tzitzis)

New Member Talks Series

Congregation Shir Chadash is offering interesting and thought-provoking virtual talks presented by some of our new members who would like to share their knowledge and skills to help others. The talks will take place on the second and fourth Wednesday of every month at 7:30pm. Each talk will be about one hour. Some talks will be lectures; others, open to questions and discussion.

All talks are FREE of charge and open to the public. To attend or for more details, contact Roberta Tracy at (845) 232-1029 or email info@shir-chadash.org. More exciting and engaging talks to come; check out our website www.shir-chadash.org.

New Paths Morning Worship

Always different, the moving liturgy includes both traditional and contemporary writings, mostly in English. Participants may bring supplemental materials to share. We take time to let the service get through us, rather than getting through the service. Each New Paths service, whether lay led or rabbi led, provides a unique and thoughtful shabbat morning experience. A brief mini-kiddush follows (BYO wine or grape juice).

DETAILS

June 5, 19, 10:15am via Zoom. For info and July dates, contact Vassar Temple: office@vassartemple.org or (845) 454-2570 or Marian Schwartz: mschwa9882@aol.com or Rabbi Altman: rabbi@vassartemple.org

Prior to the unrest in the Middle East, incidents of anti-Semitism were on the rise at disturbingly high rates. With what has been occurring and the more than 4,000 rockets that have been fired upon Israel from Hamas and Islamic Jihad, we have seen unprecedented acts of anti-Semitism worldwide.

In the U.K., a slew of attacks like the assault of a rabbi in North London and a convoy of cars driving through the city with passengers yelling "F*** the Jews, rape their daughters" prompted Prime Minister Boris Johnson to pledge support for the Jewish community amid what he described as an "unprecedented" rise in anti-Semitism. (Forbes)

Within the U.S., the ADL said it has received nearly 200 reports of possible anti-Semitic incidents, up from 131 the week before the conflict began. In Los Angeles, a group of Jewish customers at a restaurant were attacked while the aggressors were asking 'who's Jewish' and screaming 'dirty Jew'. In New York City a man was attacked in Times Square in the middle of the day, just for wearing a yarmulke.

We implore you, if you or your children experience any incidents of anti-Semitism, we want to know. Reach out and report what happened to:

- Jewish Federation of Dutchess County—Director@JewishDutchess.org
- Dutchess County Commission on Human Rights—dchumanrights@dutchessny.gov
- Anti-defamation League (ADL) - www.adl.org/reportincident

Please remember that if there is a true emergency, the first point of contact should always be law enforcement.

Going forward, we will be sharing some resources to help address and combat social media attacks, particularly for our youth.

NEW YEAR—NEW GREETINGS...Get Yours Today!

It's almost that time of the year when The Voice invites you to wish your friends and neighbors a Happy Holiday.

This year we will once again be offering a 3-pack of Holiday Greetings which includes: Passover, Rosh Hashanah, and Chanukah.

Please look at the designs and choose an individual greeting or the 3-pack. If you choose the 3-pack, please choose the same size ad for all holidays.

The cost: Small ad: \$30 each or 3 for \$80
Medium ad: \$40 each or 3 for \$110
Large ad: \$70 each or 3 for \$190

Sm Ads—2" by 1.4"
Md Ads—1.5" by 2.9"
Lg Ads—3.2" by 2.7"
Approximate sizes

Please fill out the form and mail it back to us with your payments to:
THE VOICE, PO Box 2525, Poughkeepsie, NY 12603
Or complete online: www.jewishdutchess.org
DEADLINE for Rosh Hashanah Greeting is August 8

2021 Holiday Greetings

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Holiday	Small	Medium	Large
Passover (circle one)	A B	C D	E F
Rosh Hashanah (circle one)	A B	C D	E F
Chanukah (circle one)	A B	C D	E F

Your name(s) on the Greeting: _____

Checks should be made out to:
Jewish Federation of Dutchess County

Passover Greetings		Rosh Hashanah Greetings		Chanukah Greetings	
Small—A Peace to you this Passover! Your Name	Medium—C Happy Passover Your Name	Small—A Your Name	Medium—C May the sounds of the Shofar welcome in a New Year of health and happiness Your Name	Small—A Peace to all! Your Name	Medium—C Wishing you peace in this season of miracles! Your Name
Small—B HAPPY PASSOVER! Your Name	Medium—D May you be blessed with peace, prosperity, and joy this Passover Your Name	Small—B Have a Sweet New Year! Your Name	Medium—D L'Shanah Tovah Your Name	Small—B Hanukkah Blessings Your Name	Medium—D Happy Hanukkah Your Name
Large—E Passover Blessings Your Name	Large—F CHAG PESACH Your Name	Large—E Best Wishes For a Happy & Healthy New Year! Your Name	Large—F L'Shanah Tovah Have a sweet year! Happy New Year! Your Name	Large—E Happy Hanukkah! From Our Family to Yours, Your Name	Large—F May your Hanukkah shine bright with happiness! Your Name

Local

Sunday

Bagels, Lox, Torah (Tefillin too!) 9:00am led by Rabbi Yacov Borenstein. Morning minyan will follow Torah discussion on the coming week's Torah portion, upcoming holiday, or topic of Jewish interest.
Congregation Schomre Israel 4K Club June 13, July 25, 5:00pm live and on Zoom, Speakers TBD. 4K stands for kvetching, kibitzing, kvelling and koffee.
Congregation Schomre Israel Tisha B'Av July 18, see article on page 10 for full schedule.
Congregation Schomre Israel Hands on Judaism Mitzvah Workshop June 6 and July 11, 10:00am. See page 10 for more information
Temple Beth-El Serves at Lu.nchbox Call Nancy Judson (845) 216-7563 to help in this mitzvah. Contact Temple Beth-El at info@tbeny.org for current information.

Monday

Temple Beth-El Board Meeting 7:30pm. Temple Beth-El Board of Trustees meeting. Contact Temple Beth-El at info@tbeny.org for current information.

Wednesday

Congregation Schomre Israel Yiddish Club 11:00am, June 23 & July 21. Class will be live and in person. A chance to share and enjoy the Yiddish language and culture you know (and don't know) and to learn more. Open to the entire community.
Congregation Schomre Israel Hands on Judaism Mitzvah Workshop June 3 and July 1, 7:00pm. See page 10 for more information.
Learn & Lunch Bunch Wednesdays, 11:00am-1:30pm. 118 So. Grand Ave, Poughkeepsie. Please RSVP each week by Monday so that we can prepare appropriate amounts of food. For information, menu, and program schedule; see page 2 of *The Voice* or contact (845) 471-9811.

Friday

Congregation Shir Chadash Virtual Kabbalat Shabbat Service June 4, 11, 18, 25, 7:30pm. Virtual Service with Rabbi Daniel F. Polish & Cantor Gail Hirschenfang. You are welcome to read a prayer of your choice or write one and read it at the service, if you wish. For Zoom meeting id: email info@shirchadash.org. All welcome to attend.
Congregation Schomre Israel Rosh Chodesh Tammuz Breakfast June 11 (second day of Rosh Chodesh) following morning services. Once again a packaged light breakfast for you to enjoy.
Vassar Temple Shabbat Evening Services June 25 and July 2, 9, 16, 23, 30, 7:30pm; Installation of Officers, June 11, 7:30pm; Simchat Shabbat June 4, 18, 6:00pm, (Outdoors, bring a chair). Contact us for health & safety information. To attend in person RSVP & bring proof of vaccination. All services are on Zoom go to www.vassartemple.org for link.
Temple Beth-El Evening Service each week, 8:00pm, Conservative, egalitarian service. All welcome. Contact Temple Beth-El at info@tbeny.org for current information.

Saturday

Congregation Shir Chadash Virtual Sharing Shabbat -Religious School Programs Recessed until the Fall.
Congregation Shir Chadash Virtual Tot Program Recessed until the Fall.
Congregation Schomre Israel July 17, Tisha B'Av begins this evening. See page 10
Vassar Temple New Paths Shabbat Morning Worship June 5, 19, 10:15am. Service via Zoom.
Temple Beth-El Shabbat Morning Service Every week, 9:30am. Lively, inclusive, Conservative, egalitarian Shabbat. Contact Temple Beth-El at info@tbeny.org for current information.

Out of Area

Congregation Emanuel of the Hudson Valley Events
 243 Albany Ave, Kingston, NY 12401 (845) 338-4271 ext. 101, templemanuel@hvc.rr.com, www.CEHV.org
 Rabbi's Study: (845) 338-4384 ext 102, rabbiromer@hvc.rr.com

Congregation Emanuel of the Hudson Valley continues to follow CDC recommendations in regard to COVID-19 precautions to ensure the health and safety of our community. At the time of this submission, most events are currently being held online. For any events we are able to hold in person and outdoors, all participants are required to wear a mask and maintain social distance of no less than 10ft between households. For more information on the following list of events or to learn more about Meditation, Parashat Shuvah, Kabbalah, or for Private Conversion Tutorials, or Adult B'nai Mitzvah by arrangement; please call our main office at (845) 338-4271 x 101, and as conditions change and events are subject to change, please contact us, or check our website—cehv.org for updates to and possible changes to location for events. **Unless otherwise noted, all services are held virtually via LiveStream** on our website at www.cehv.org/livestream/

Early Family Kabbalat Shabbat Friday, June 4, & July 2, 6:00pm Please contact our office for directions.
Kabbalat Shabbat Services Friday, June 11, 18, and 25, July 9, 16, 23, and 30, 7:30pm (via LiveStream).
Tot Shabbat (outdoors) Friday, June 4, & July 2 5:30pm. Followed by Early Family Kabbalat Shabbat Service at 6pm. Please contact our office for directions to location.
Morning Minyan Saturday, June 5, 12, 19 and 26 (No morning minyan in July or August) 10:00am. (via LiveStream) Communal prayer, meditation, and Torah study.
Chai with Rabbi Yael! Thursday, June 3, 10, and 17 (No sessions in July or August) 5:00pm. Join together and say "chai." Rabbi Romer leads a special 18-minute sessions. We warmly welcome you, via Zoom!
Rhinebeck Meditation & Torah Study Tuesday, June 1, 8, 15, 22, and 29 and July 6, 13, and 20, 8:45am., followed at 9:15am with Torah study Led by Rabbi Romer, join your fellow seekers to receive the day's blessings and explore Jewish traditions with progressive, egalitarian approach.
Leonard & Barbara Zimet Religious School We are so pleased to announce CEHV is in the process of hiring a new Religious School Director, and look forward to renewing our full year-round, innovative Programming for ages Pre-K through Grade 10 this fall. Registration is open for 2021-2022 school year.
Adult Education with the Rabbi—ongoing weekly classes via Zoom and private tutoring and adult b'nai mitzvahs available.
Hebrew Trope Wednesday, June 2, 9, 16, 23, and 30, July 7, 14, and 21, 12:30pm. New comers welcome! learn or improve Torah chanting skills! **Conversational Hebrew (Beginner and Intermediate)** Wednesday, June 2, 9, 16, 23, and 30, July 7, 14, and 21, 4:00pm. This dedicated and entertaining group meets to learn and practice the fundamentals of conversational Hebrew. Hebrew, new comers are always welcome! Conversational modern Hebrew presented through the textbook curriculum created by professors of Hebrew at Brandeis University.
Monthly Brotherhood Meeting Tuesday, June 8 and July 13, 6:30pm, via Zoom. Brotherhood hosts annual and special events throughout the year, new members are welcome and encouraged. to join
Monthly Sisterhood Meeting Usually held on the 2nd Thursday of the month at 7:00pm via Zoom. Sisterhood hosts monthly activities and special events throughout the year, new members are welcome and encouraged to join us..
Tisha B'av Saturday, July 17, 7:00pm, outdoors in Cornell Park, Kingston, NY
Torah Now: Thursday, June 3, 10, 7:00pm Reading the World into Torah and Torah into the World Description. Guest Teacher and Board Member Mary Warrenner presents ancient stories that happen everyday. This limited series will take place over 4 classes. During these classes, we will examine biblical narratives and contemporary sources to discuss issues that are as old as they are new. June 3—Purpose meaning—Feeling Jacob and Esau struggle in her womb, Rebekah asks, "Why do I exist?": Finding purpose in an overstimulation world; June 10—Pursuing peace—Kohelet—"Herding the wind": Mortality, immortality, and wisdom.

Calendar

June/July

REGULAR SCHEDULE OF SERVICES

Beacon Hebrew Alliance (Conservative)
 331 Verplanck Avenue, Beacon (845) 831-2012
 Rabbi Brent Spodek; Cantor Ellen Gersh; Education Director, Ashley Baker
 Website: www.beaconhebrewalliance.org
 Email: 411@beaconhebrewalliance.org
 Services: Fridays, 7:30pm and alternating Saturdays at 9:30am. Visit website for information about services, religious school, and community events

Chabad of Mid-Hudson Valley
 63 Vassar Road, Poughkeepsie (845) 463-5801
 Rabbi Yacov Borenstein
 Website: www.chabadmidhudsonvalley.com
 Email: ChabadMidhudsonVly@prodigy.net
 Services: Fridays, call for time and Saturdays at 10:00am

Congregation Beth David (Reform)
 East Main Street, Amenia (845) 373-8264
 Rabbi Jon Haddon
 Website: www.CongBethDavid.org
 Email: JonRab33@gmail.com
 Services: usually Saturdays, 10:00am twice monthly except January and February; call for schedules

Congregation Schomre Israel (Orthodox)
 18 Park Avenue, Poughkeepsie (845) 454-2890
 Rabbi Shlomo Krasner
 Website: www.schomreisrael.org
 Email: rabbishlomok@gmail.com
 Services: Shacharis (weekdays): 7:30am, Shacharis (Sunday & holidays): 8:30am, Maariv (winter weekdays): via Zoom 6:40pm, Friday Kabbalat Shabbat: around candle lighting time, Shabbat Shacharis: 9:00am

Congregation Shir Chadash (Reform)
 Interim: Freedom Plains Presbyterian Church, Lagrange (845) 232-1029
 Rabbi Daniel Polish, Cantor Gail Hirschenfang Website: www.shir-chadash.org
 Email: info@shir-chadash.org
 Services: Friday, 7:30pm; bimonthly Saturday children's religious school, 9:00am, Torah study, 9:15

Pardess Center for Jewish Life
 (845) 440-7592
 Rabbi Zalman Sandhaus
 Website: www.MyPardess.org
 Email: info@MyPardess.org

The Rhinebeck Jewish Center
 102 Montgomery Street, Rhinebeck (845) 876-7666
 Rabbi Hanoch Hecht and Rebbitzin Tzivie Hecht Website: www.RhinebeckJewishCenter.com
 Email: RSVP@RhinebeckJewishCenter.com
 Friday services call for time; Saturday services, 9:30am

Temple Beth El (Conservative)
 118 So Grand Avenue, Poughkeepsie (845) 454-0570
 Rabbi Daniel Victor, Rosh Tefilah Rabbi Miriam Hyman
 Email: info@tbeny.org
 Website: www.tbeny.org
 Services: Friday, 8:00pm, Saturday Shabbat service at 9:30am, weekdays, 7:30am daily

Vassar College Bayit
 51 Collegeview Avenue, Poughkeepsie (845) 451-3920
 Liz Aeschlimann, Rose and Irving Rachlin Director of Jewish Student Life at Vassar College
 Email: eaeschlimann@vassar.edu
 Services: Friday, 6:00pm service, 7:00pm dinner when school is in session

Vassar Temple (Reform)
 140 Hooker Avenue, Poughkeepsie (845) 454-2570
 Rabbi Renni Altman Website: www.vassartemple.org
 Email: Office@VassarTemple.org or rabbiv@vassartemple.org
 Services: Friday, 7:30pm unless otherwise noted, Torah study Saturday, 9:00am. New Paths 1st and 3rd Saturday every month, 10:00am unless otherwise noted.

June/July Candle Lighting

June 4	8:08pm
June 11	8:12pm
June 18	8:15pm
June 25	8:16pm
July 2	8:16pm
July 9	8:13pm
July 16	8:10pm
July 23	8:04pm
July 30	7:57pm

Want to share your thoughts about *The Voice*? Have an idea you'd like to see in print?

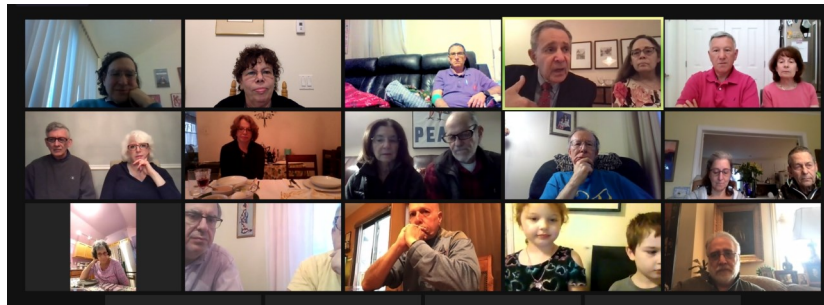
We're listening.

Email us at

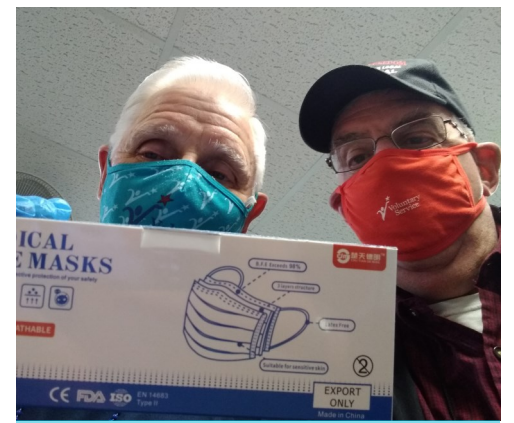
TheVoice@JewishDutchess.org



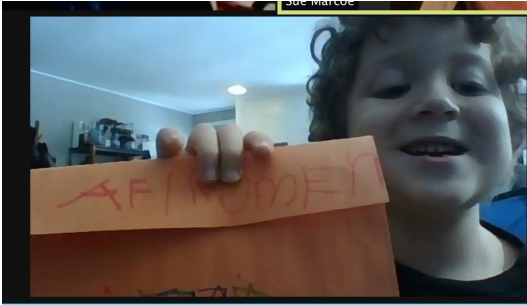
Shir Chadash's siblings about to ask the Four Questions at the 2nd Night Seder



Shir Chadash at their virtual 2nd Night Seder led by Rabbi Daniel Polish and Cantor Gail Hirschenfang



The final installment of 1700 donated face masks was delivered to the V.A. Campus at Castle Point by Rob Rubin (R), Presiding Officer of Jewish War Veterans Post 625. The masks were distributed to veterans who utilize the V/A/ food pantry.



Shir Chadash's youngest child showing off the Afikomen cover he made in religious school class.



A weekend "take out" meal of homemade chili and home baked cornbread, contributed by members of Vassar Temple, has been served monthly at Lunch Box under pandemic guidelines.



Planning meeting with Rev. Bottoms, Bishop Gause and Karen Hochhauser



Harding Club Morse School Food Delivery Team. (Howie Friedman, Ellen Stern, Victor Stern, Gene Fleishman, & Eliot Hudes)



Sandy Bernstein, on behalf of the Harding Club, making a donation to Learn & Lunch Bunch



Tiny Temple enjoying Passover Bingo at Vassar Temple..

Graduating High School or College???



We would like to recognize all High School and College graduates in the August edition of The Voice.

By July 1, please submit a picture, graduate's name and from which school to TheVoice@JewishDutchess.org



Vassar Temple

Where You Belong

A warm and inclusive Reform congregation.

A community engaged in worship, learning and the pursuit of justice.

Joyful Shabbat, festival and High Holy Day services.

Outstanding Religious School and Hebrew School open to the community



Ask about our new member specials! Contact us at membership@vassartemple.org

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Visit us on Facebook

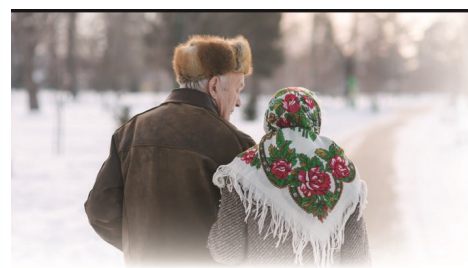


Save the Date:

Federation Celebration Gala
Thursday, October 7

Next Year in Jerusalem
October 2022

For programming and updates scan below



Hudson Valley Hospice
is... hope

At Hudson Valley Hospice, we believe there is always hope!

Choosing hospice care is choosing hope, it is choosing to live life to the fullest. With the support of our team of physicians, nurses, social workers, therapists and volunteers, we bring hope to every day.

Contact Hudson Valley Hospice
845-485-2273 • hvospice.org