

MITZVAH NOW: HANUKKAH IN AUGUST!



MORSE SCHOOL CLOTHING EQUITY DRIVE

Help Morse School Kids start the new school year right!

August 1 - 31, 2022

Join our community in raising funds so we can provide sweatpants, socks, underwear and, of course, school supplies for kids 6-11 who need our help. We'll shop for you and maximize every shekel!

\$18 outfits 1
Morse School student.

All donation amounts
welcome!

Send Morse School donations to:

The Jewish Federation of Dutchess County
P.O. Box 2525
Poughkeepsie, NY 12603

(Please write "Morse Mitzvah Project" in the memo)

For questions: **Tamatha Williams**
programs@jewishdutchess.org



THE MORSE SCHOOL CLOTHING EQUITY DRIVE is a joint Tzedakah project of:
Jewish Federation of Dutchess County; PJ Library; and the Jewish Social Action
Coalition members: Congregation Schomre Israel; Congregation Shir Chadash;
Temple Beth El; Vassar Temple; and the Harding Club.



Thank You

Here Comes The Sun Gala Sponsors

Here Comes the Sun(\$2500)

Shirley & Bernard Handel
Betsy Kopstein-Stuts
Veith Electric
Stephanie & Steven Wasser

Walking On Sunshine (\$1250)

Lisa & Michael Arnoff
Sandra & John Blair
Key Bank
SSI Aeration, Inc.

Let The Sun Shine In (\$750)

DNL MNE Media
Hudson Valley Credit Union

Good Day Sunshine (\$500)

Beacon Hebrew Alliance
Arthur Gellert
Mims Gold
Miriam & Eric Goldstone
Kirk Imperati
Sandra Mamis
PAZ, Jacob Reckess
David Reckess
Paula & Azzy Reckess
Nina & Russell Rothman
Rhinebeck Bank

Temple Beth-El
Vassar Temple

I Can See Clearly Now (\$250)

Acorn Stairlift, Matin Hochhauser
Lauri Novick & Geoffrey Dann
Karin & Dr. Jack Fein
Shari Frolove
Frieda & Ed Gershuny
Jewish War Veterans Post #625
Mutual Of America
Warren Replansky PC
Marilyn & Michael Schwartz
Ulster Savings Bank

Pocket Full Of Sunshine (\$118)

Barbara & Bernard Cohen
Roz & Stan Cooper
Jane Dworkin
Allison & Brett Fliegler
Judy & Alan Fox
Deanie Gordon
Barbara Lemberger
Rhinebeck Department Store
Rhinebeck Jewish Center
Rita & Dr. Lewis Sims
Betty Tuller
Wendy & Stuart Waxman

What a great night at the Federation Gala!

To see all the Gala photos, go to
www.jewishdutchess.org/gallery

A special thank you to EID Photography for all our
wonderful pictures.



Welcome
Susan G. Hecht
to the
JFedDC Board



Learn & Lunch Bunch	2
Family & PJ Corner	6-7
Federation Presents	8-9
Synagogue Schedules	10-11
Special Events	12



2021 Federation Officers
President Steven Wasser
Vice President Ira Auerbach
Second Vice President Jonah Ritter
Secretary Sandra Mamis
Treasurer Dr. Michael Smith
Assistant Treasurer Dr. Jack Fein
Immediate Past President Betsy Kopstein-Stuts

Federation Board Susan G. Hecht
Brenda Baker Mark Klein
Adam Belok Alyssa Kogon
Rebecca Cohen Azzy Reckess
Stan Cooper Russell Rothman
Elissa Davidson

Advisory Board : Michael Arnoff
Eric Goldstone
Vicki Greenberg

Honorary Board : Burton Gold (z"l)

Jewish Federation of Dutchess County
(845) 471-9811
JFedDC Executive Director
Karen Hochhauser
Director@JewishDutchess.org

The Voice
Editor: Karen Hochhauser
Layout: Tamra Bienemann
MAL: Alyssa Kogon

Subscriptions, address changes, etc.
TheVoice@JewishDutchess.org
Advertising/Sales
For advertising information email:
Advertising@JewishDutchess.org.
The Voice and the Jewish Federation assume no responsibility for the *kashruth* or reliability of any products or services advertised.

The Voice is published by the Jewish Federation of Dutchess County. Your donation of \$36 or more helps defray the cost of this community paper.

Please send your check to:
The Voice
PO Box 2525
Poughkeepsie, NY 12603

HELP PLANET EARTH

A growing number of smart readers read *The Voice* electronically saving trees, paper, and trips to the recycling bin. Plus they get *The Voice* a week before anyone else does. And, you know what can happen in seven days...

Let us know that you'd like to save a tree, and we'll add you to the email list. Email:

TheVoice@JewishDutchess.org.

Yours truly—Mother Nature

Please like and follow our Instagram and Facebook

LEARN & LUNCH BUNCH

The Jewish Federation of Dutchess County presents weekly cultural, social, and educational programs.

WEDNESDAY PROGRAMS Join us! MEETING LOCATION

We will be meeting at 11:30 am at
Temple Beth-El, 118 S Grand Ave, Poughkeepsie
Please do not bring outside food into the temple.

August

August 10 **Schools and Seminaries of Old Poughkeepsie**—with historian, Shannon Butler
Shannon will be teaching us all about schools and seminaries from Poughkeepsie’s past!
Menu: pasta primavera, fruit salad, and coffee

August 24 **Off for the Summer**

**TO REGISTER, call the office at (845) 471-9811
or online at: www.JewishDutchess.org/events**

Golden Living . . . News for Seniors, Their Families and Caregivers
By: Todd N. Tancredi, Director, Dutchess County Office for the Aging

REMODELING FOR AGING-IN-PLACE
When older adults are asked where they would like to live out the rest of their lives, the most common answer we see is that they would prefer to stay in their own homes. It could either be the home they have known all their adult lives or a smaller home tailored to their evolving needs as older adults. If their five kids are grown-and-flown, maybe their two-story, six-bedroom house is a bit much and they would like to downsize. Or maybe it is still the right house if the right updates were to be made. We have noticed three related trends relating to aging-in-place: families making space in their homes for older relatives, grown children returning home after college to live with parents and/or grandparents, and single parents sharing their home with their own parents.

Even for the healthiest older adults, aging will take a toll on physical abilities. Issues with vision and mobility tend to be the areas of greatest concern, so it follows that most remodeling projects should take those issues into account first.

AGING-IN-PLACE ON A SHOESTRING
Your list of things to improve is long, but money is short. Even for those with ready money, finding a reputable contractor with the time to take on your work can be a lengthy process. Finding the available materials can be chancy given supply-chain issues. What to do in the meantime?

If you are comfortable as a do-it-yourselfer, start with the simple things that are within your skillset and budget. If a doorknob is sticking, maybe this is the time to replace it with a lever-style door handle. Comfort-height toilet seats can improve a bathroom’s safety and ease of use.

AND KEEP IN MIND...Rebuilding Together Dutchess County (www.rebuildingtogetherdutchess.org; (845) 454-7310) offers qualifying older adults a Rebuilding Day program for large-scale home repairs necessary to maintain a safe and healthy living environment. The program’s application window opened on June 1st and runs through August 31st. Applications received during this time are considered for service in 2023.

Golden Living is prepared by the Dutchess County Office for the Aging, 114 Delafield St., Poughkeepsie, New York 12601, telephone (845) 486-2555, email: ofa@dutchessny.gov website: www.dutchessny.gov/aging

THE FORMATION OF AARP, THE FIRST HEALTH PLAN FOR SENIORS AND ITS ORIGINS IN DUTCHESS COUNTY
By Bernard Handel CPA, JD (Ret.)

This article is based on a talk that Bernard Handel gave in May 2022 to the Lunch and Learn program of the Jewish Federation. The topic was so interesting that we wanted to share with those who could not attend. Bernard described how his partner, Leonard Davis, and Handel originated and help found AARP which has done a great deal of good for all senior citizens and helped accomplish significant changes in America. The following article is from Bernard Handel.

Leonard Davis and I were young CPA's at a large accounting firm in NY City. He came to Poughkeepsie in 1948 and started a small CPA firm. I joined him as a partner in 1952. We were both in our twenties. We were fortunate in being designated as administrators of a new concept created by the Congress during the Korean War - a health insurance plan and trust for union workers when the union had negotiated the maximum salary allowed under wage controls. This law also permitted people who worked for many different employers each year to become eligible for benefits, pensions and vacations for the first time. As a result, we found ourselves handling the administration and initial insurance for workers like musicians, construction workers, longshoremen, restaurant and hotel workers, and others in multi employer industries. The beginning of benefits for gig workers.

In 1953, Davis was contacted at the Hooker Avenue Fire House on primary Day by Robert R. DeCormier, a retired teacher from the Poughkeepsie School District who was president of a fledgling organization, the NY State Retired Teachers Association with about 800 members. He cited our success in providing real group health insurance for unusual workers and he wanted us to develop a plan for his members. He stressed that retired educators usually lost their health insurance when they retired and at age 65. Remember this was 1953, many years before the commencement of Medicare, enacted in 1965 and implemented in late 1960's, about fifteen years later.

New Location
Temple Beth-El
118 S Grand Ave

SCHEDULE
11:00 –11:30am
Schmooze
11:30 –12:30pm
Program

Learn & Lunch Bunch is partially funded by the Ann & Abe Effron Fund and Bernard and Shirley Handel Foundation Donor Advised Fund of the Community Foundations of the Hudson Valley



Order your Holiday Greetings
See Page 4 for information



(Continued on page 9)

A special thank you
to our 2022
Community
Partners
Pillar Sponsors



The Louis Berger Foundation

Platinum Sponsors

- PKF
- Marshall & Sterling
- NFP
- Wm. G. Miller & Son Funeral Home, Inc
- Bernard & Shirley Handel Foundation
- Mid Hudson Construction Management

Gold Sponsors

- Arnoff Moving & Storage
- M&T Bank

Silver Sponsors

- Acorn Stairlifts:
Call Martin Hochhauser first
(914) 456-4050 *Discounts Available*
- Hudson Valley Renegades
- Riverside Bank A Division of
Salisbury Bank and Trust



Are your investments
tax managed and “ESG”?

- Management is
Environmentally Conscious
- Socially Responsible
- Moral Corporate Governance

Securities offered through National Securities Corp.
Member FINRA/SIPC

Adam Belok

Financial Planner

(845) 748-0404 (Direct)
(914) 474-6300 (Cell)

11 Raymond Ave, Poughkeepsie, NY 12603
abelok@yournational.com



OPTIQUE
ELEGANCE

Prescription Guild Opticians
Fashion Eyewear
Precision Optics

76 Fulton Avenue
Poughkeepsie, NY 12603
(845) 485-4080
(845) 485-4175 Fax

Brion S. Shapiro H.F.O.A.A.

OptiqueElegance.com



Wm. G. Miller & Son
Funeral Home, Inc.

Vincent J. Miller

Funeral Director

Complete, Dignified &
Caring Funeral Service

Pre-need counseling available in
the comfort of your home or at
our funeral home.

Beacon Hebrew Alliance, Temple Beth-El,
Congregation Beth David,
Congregation Schomre Israel,
Vassar Temple, Chabad

371 Hooker Avenue, Poughkeepsie

845-485-0241

www.wmgmillerfuneralhome.com



Michael
TORSONE

Memorial Funeral Home, Inc.

Family Owned & Operated
Est. 1928

Serving Jewish families with the
utmost care and concern throughout
the entire Hudson Valley

218 Mill Street
Poughkeepsie, NY
845-452-7700

38 Main Street
Highland, NY
845-691-2281

www.TorsonMemorial.com

the
Avalon

Assisted Living & Wellness Center

Wappingers Falls, NY



The next step in a life worth living.

A safe alternative to nursing home placement, serving
those who need assistance with daily living.

Locally owned and operated, accepting Medicaid and
private funds, the Avalon offers 24/7 services from
certified staff. Call us today to see how we can help.

Telephone: 845-463-0500
Fax: 845-463-2159

1629 Route 376
Wappingers Falls, NY 12590

WWW.AVALONALP.COM



Mike Pesacov

Financial Advisor
Sr. Financial Representative
3 Neptune Rd
Poughkeepsie, NY 12601
(845) 462-1123



©2017 Insurance products issued by Principal National Life Insurance Co.
(except in NY), Principal Life Insurance Co. 800/247-1737, member SIPC.
Principal National, Principal Life, and Principal Securities, Inc. are members
of Principal Financial Group®, Des Moines, IA 50392. AD3294

Hyde Park
229-5833

Red Oaks Mill
462-6669

RED CAP CLEANERS

A HUDSON VALLEY TRADITION FOR NEARLY HALF A CENTURY

Because Quality and Service Always Matters

722 Main Street
Poughkeepsie, NY 12603
471-1360

College Center
485-6443

www.redcapcleaners.com

Are you in an interfaith relationship?

We are currently designing interfaith programming
and are interested in your input and feedback.

Contact JFedDC (call: 845-471-9811 or
email:programs@jewishdutchess.org) for more
information and to share topics of interest.

LEWIS &
GREER
ATTORNEYS AT LAW

CORPORATE,
COMMERCIAL &
BUSINESS LAW;
CONSTRUCTION LAW;
MUNICIPAL LAW;
REAL PROPERTY
TAX LAW

LOU LEWIS
J. SCOTT GREER
DYLAN C. HARRIS

~

PHIL GIAMPORTONE
ANDREW LESSIG

(845) 454-1200
510 Haight Avenue
Poughkeepsie, NY 12603

See our website at
www.lewisgreer.com

www.jewishdutchess.org | 3

The Harding Club

Summer is no time for excessive relaxation, and Harding Club members are living proof that relaxation can be excessive.

Nevertheless, this summer has been a time of honor and happenings for the club. Additionally, with the New Year and the fall season approaching, it is time for those of you who are not members to think about joining our club so that you, too, can enjoy the camaraderie of friendships and the pride of civic and personal accomplishment. More on that later.

First things first, at the Federation’s wonderful Gala, the Harding Club was honored for its contributions to the community. It was a moment of great pride, and it renewed our commitment to helping needy members of the greater Dutchess community.

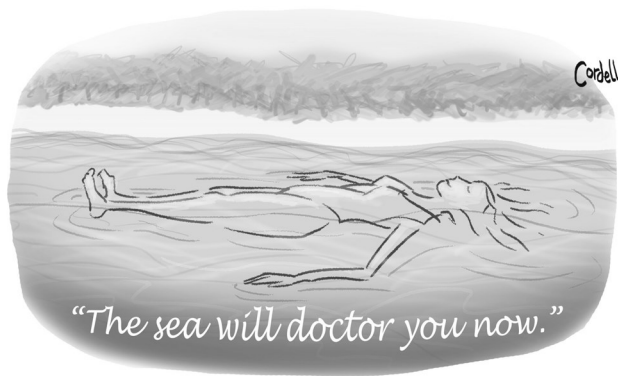
But the Harding Club not only is a club that is committed to philanthropy, but it also is a social club. Accordingly, Summer 2022 was highlighted by a picnic at Bowdoin Park on and an outing to see the Renegades play the Brooklyn Cyclones. These events were the club’s first in-person events in over two years.

An exciting lineup of events and speakers is planned for 2022-2023. The hope is to resume in-person meetings at a local restaurant where members can socialize, enjoy a fine dinner, and hear a speaker. For nearly 100 years the Harding Club has been an active part of Poughkeepsie’s Jewish community.

The past year was the 99th year of Harding Club’s existence. It was a very successful year. Numerous meetings with entertaining and informative speakers were held via Zoom. Philanthropic contributions to a wide range of worthy local organizations were made. Generous support was given to the Jewish Federation of the Hudson Valley and to PJ Library. Commitments to continue such important activities were overwhelmingly made.

This fall, you are cordially invited to join this group of men who are living up to the club’s mantra: “Since 1923, a social club for men interested in camaraderie, community, philanthropy, good food, and Jewish culture.”

We do look forward to hearing from you.
Website: <http://Harding.jigsy.com/> Email: hardingclub1923@gmail.com
Alan Fox, Harding Club Immediate Past President
Mike Elkin, Harding Club President



NexGen Spotlight

Thank You Zillow By Alyssa Kogon

It is always interesting to hear the stories of those who have packed up their lives and moved to Poughkeepsie. Emily Donati, 36, may have one of the most interesting tales to tell. Born in Princeton, New Jersey, Emily did a lot more than the usual Hebrew School/Bat Mitzvah track. She grew up heavily involved in the Habonim Dror Youth Movement. This is a Zionist-Socialist Youth Movement that was formed in 1982 to educate and bring Jewish culture to its members, both within Israeli society and in the Jewish Diaspora. Donati is a third generation (maternal side) member of the society that merged two previously existing ones to form the current structure. Starting at the ripe old age of nine, she attended a sleep away camp that espoused this tradition. Donati describes herself as “less religious but with super cultural ties to Judaism and Israel.”



Emily Donati

As Donati grew up, she has had many unique experiences. She has visited Israel several times, including a Birthright trip. As an intern, Emily lived in Israel and ended up staying for a year and a half. One of the highlights was a bike ride from Jerusalem to Eilat with a stop in the Golan Heights. Interestingly, Emily, her mother and her grandmother all spent time on the same Kibbutz in Israel.

During her time studying Art History at Bryn Mawr College, the co-ed started taking courses in American Sign Language at another university. After her time in Israel, Donati realized how much she missed the deaf community and sign language and went on to get her National Certification from a local community college. She is a practicing sign language interpreter.

Zillow was the catharsis for Donati’s move to the Queen City only a short time ago. After looking to branch out of her home state, she saw many interesting real estate opportunities in Poughkeepsie. She took a chance on an apartment in the historic district and she and her cat Dandy are so happy they did. Now, she spends Shabbat strolling the Walkway Over The Hudson as a new tradition.

As an independent contractor, no two days are exactly alike for Emily. While she has been asked to interpret at concerts, it is more typical to find Donati in places of higher academic learning interpreting for either professors or students. She has additionally worked in the medical field.

Donati explains how lucky she was to meet JFedDC’s Executive Director Karen Hochhauser at a local event. As an active young person, Donati is looking forward to joining in on future occasions with the Jewish community of her new hometown. Emily is looking to pivot professionally and use her talents outside of interpreting. If you are interested in connecting with Emily contact JFedDC at (845) 471-9811.



Dear Head Coverer,

Such a good and interesting question! If you are covering your head, it is likely out of modesty and respect of the mitzvah of knowing before whom you stand. That is in itself enough of purity and holiness so you do not need to cover your head, unless you choose to. It is your personal choice and preference. Shoshana

Order your Rosh Hashanah Greetings now! All greeting are due by August 8

2022 Holiday Greetings

It's almost that time of the year when The Voice invites you to wish your friends and neighbors a Happy Holiday.

This year we will once again be offering a 3-pack of Holiday Greetings which includes: Passover, Rosh Hashanah, and Chanukah.

Please look at the designs and choose an individual greeting or the 3-pack. If you choose the 3-pack, please choose the same size ad for all holidays.

The cost: Small ad: \$30 each or 3 for \$80
Medium ad: \$40 each or 3 for \$110
Large ad: \$70 each or 3 for \$190

Sm Ads—2" by 1.4"
Md Ads—1.5" by 2.9"
Lg Ads—3.2" by 2.7"
Approximate sizes

Please fill out the form and mail it back to us with your payments to:
THE VOICE, PO Box 2525, Poughkeepsie, NY 12603
Or complete online: www.jewishdutchess.org
DEADLINE for Rosh Hashanah Greeting is August 8

2022 Holiday Greetings

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Holiday	Small	Medium	Large
Passover (circle one)	A B	C D	E F
Rosh Hashanah (circle one)	A B	C D	E F
Chanukah (circle one)	A B	C D	E F

Your name(s) on the Greeting: _____

Checks should be made out to:
Jewish Federation of Dutchess County

Passover Greetings

Small—A
Peace to you this Passover!
Your Name

Medium—C
Happy Passover!
Your Name

Small—B
HAPPY PASSOVER!
Your Name

Medium—D
May you be blessed with peace, prosperity, and joy this Passover!
Your Name

Large—E
Passover Blessings
Your Name

Large—F
CHAG PESACHIM SHANAH
Your Name

Rosh Hashanah Greetings

Small—A
Your Name

Medium—C
May the sounds of the Shofar welcome in a New Year of health and happiness!
Your Name

Small—B
Have a Sweet New Year!
Your Name

Medium—D
L'Shanah Tovah
Your Name

Large—E
Best Wishes For a Happy & Healthy New Year!
Your Name

Large—F
L'Shanah Tovah Have a sweet year!
Happy New Year!
Your Name

Chanukah Greetings

Small—A
Peace to all
Your Name

Medium—C
Wishing you peace in this season of miracles!
Your Name

Small—B
Hanukkah Blessings
Your Name

Medium—D
Happy Hanukkah
Your Name

Large—E
HAPPY HANUKKAH
From Our Family to Yours,
Your Name

Large—F
May your Hanukkah shine bright with happiness!
Happy Hanukkah
Your Name

Be sure to look for our advertisers in this month’s *The Voice*:

- Page 3: Principal Financial Services, The Avalon, National, Gilman & Ciocia, Optique Elegance, Miller & Son Funeral Home, Red Cap Cleaners, Lewis & Greer, and Michael Torsone Memorial Funeral Home
- Page 5: Berkshire Hathaway Home Services Hudson Valley Properties
- Page 12: Hudson Valley Hospice

Disclaimer: Please note that the articles and advertisements submitted are the viewpoints of the authors and do not necessarily represent the position of JFedDC.

VOICE DEADLINES

	ISSUE	DEADLINE
Note deadlines listed.	September	August 1
Email: TheVoice@JewishDutchess.org	October	September 1
if you have questions.	November	October 1

Rabbi’s Blog by Rabbi Zalman Sandhaus

Soul Vision

A father once commissioned an expensive suit for his beloved son. The little boy proudly wore the handsome suit as soon as he received it. After several hours, he joined his friends playing in the mud, and by day’s end the suit was soiled and torn beyond repair.

The father’s devotion to his son was such that he immediately ordered an even more expensive suit by the tailor and lovingly presented it to his son. Chastened by the previous experience, the boy was extra careful with his clothing and managed to keep the suit intact for a little bit longer than the first one. But a child is a child, and sometime later the suit was reduced to rags.

The loving father requested that the tailor prepare a third suit of far superior quality but did not allow his son to wear it. Instead, once in a while he would show it to his son, to motivate him to train himself to be worthy of wearing such a special garment.

This parable is told by Chassidic Master, Rabbi Levi Yitzchak of Berdichev, to better understand the meaning behind Shabbat Chazon – the Shabbat preceding Tisha B’av. It is called Shabbat Chazon (Vision) because the Haftarah we read during Shabbat services opens with the phrase “Chazon Yashayahu – the vision of Isaiah”. The prophet foretells the defeat of the Jewish kingdom, the conquest of Jerusalem, the destruction of the Holy Temple, and the complete dispersion of the Jews throughout the world. As the anniversary of this devastation is observed the following week on the 9th of Av, (this year Sunday, August 7) it is an appropriate preview to this sad event.

However, Rabbi Levi Yitzchak puts an uplifting and positive spin to the Shabbat of “doom and gloom.” He explained that we are like that child whose suit was mistreated. We merited to have a Holy Temple in our midst: an edifice that served as a gateway to Heaven and a place of G-dly revelation. Alas, we got carried away with idol worship and became unworthy of containing such divinity. The second time around we lost our moral vision and descended into utter civil war, causing the greatest national tragedies in our history.

This time around, the Third Holy Temple is waiting behind the scenes until we achieve greater spiritual maturity. Each year, on Shabbat Chazon every soul has a vision. G-d shows our soul the Third Holy Temple so that we are motivated to do more. While we do not actively feel it, it touches our subconscious and inspires us to strengthen our commitment to Torah study and Mitzvah observance with the awareness that the redemption of the entire world depends on every good deed.

While the vision of Isaiah reads as a message of despair, Chassidic teachings provide us the inner meaning of this vision. Exile is not G-d’s revenge for our failure to perform as expected. It serves as the catalyst for the ultimate redemption. The message of Shabbat Chazon is one of joyful hope. We are not serving out a sentence. We are preparing for the greatest realities of all time with the arrival of Moshiach. As Isaiah concludes, “Zion shall be redeemed through justice and her penitent through righteousness.” May it happen right now!



Rabbi Zalman Sandhaus

Meet Your Neighbor By Karen Hochhauser

Each month, we ask a Member of the Tribe (MOT) the following questions. This month, Lucia Swartz took time from being the Challah Pixie, baking challah and her special delicacies (including babka and rugelach), to speak with us.



Lucia Swartz

- 1. **What is your favorite word?**
Yes
- 2. **What is your least favorite word?**
This is the way we have always done it.
- 3. **What inspires you creatively, spiritually, or emotionally?**
Making people happy
- 4. **What is your favorite song?**
It depends on my mood and what I’m doing. Right now, it is “The Fixer” by Pearl Jam
- 5. **What profession other than your own would you like to attempt?**
C’mon! I’ve already done that—being a professional baker.
- 6. **What profession other than your own would you not like to attempt?**
High wire trapeze artist.
- 7. **What do you most like and dislike about yourself?**
Like: *That I’m a hard worker.*
Dislike: *That I’m a hard worker.*
- 8. **What is your favorite Jewish food/dessert?**
Challah Bread
- 9. **What is one interesting thing that people don’t know about you?**
I used to work at Macy’s Herald Square.
- 10. **If you could choose a superpower, what would it be?**
To heal the world because the world is very messy right now.
- 11. **What is your greatest achievement/something you are most proud of?**
Starting a business from scratch.
- 12. **Do you have a “bucket list” and, if so, what is on it?**
No bucket list
- 13. **What is your earliest Jewish memory?**
When I was dating my husband, I went to my first Passover seder. I found it very emotional.
- 14. **What is your most favorite Jewish Memory?**
Holding the torah for the first time.
- 15. **If there was one thing you would hope others do in the interest of our future, what would that be?**
Be kind.
- 16. **In what ways, does or can JFedDC impact our Jewish community?**
It allows a touchstone for people who are not affiliated with a congregation to know what is going on in the community.
- 17. **If Heaven exists, what would you like to hear God say when you arrive at the Pearly Gates?**
Welcome!
- 18. **What is one question you wish we asked and what is the answer?**
Q: *What is your favorite color?*
A: *Purple*

Welcome Tamatha By Alyssa Kogon

Tamatha Williams is the Jewish Federation of Dutchess County’s newest face. While she does hold the title of Program Engagement Coordinator, there is so much more to Tamatha and what she does. Having originally become involved with the JFedDC through its ever popular PJ Library program with her three year old daughter Talia, Tamatha will now be a valuable resource to the Jewish community at large with this new role.

Growing up in a small town in Sullivan County, she shares that her home was culturally Jewish. The family spent much of its together time enjoying sports, especially skiing. Marist College soon beckoned, and she received both her undergraduate and Master’s degree from the school. While she does have a toddler, she also has two older children. Her 22 year old son, Noah, just graduated from Skidmore College and is off to pursue his own Master’s Degree at the University of Maine. Daughter Avery is a recent high school graduate heading to Roger Williams University.

As a stay at home mom with her older children, Tamatha worked intermittently. Now that Talia is off to her very own pre-school, the Lagrange resident is ready to take on the new challenge of working for the JFedDC in a part time capacity. During the pandemic, she found herself looking for programming for her young daughter and a sense of community when social isolation was part of daily life. She joined in the virtual Generation Gratitude and volunteered to be the parent connector for the group, at which she excelled. She loved sharing Jewish values and making friends through the group.

After meeting Executive Director Karen Hochhauser, Tamatha was offered the new position. While some of what she does is similar to her original volunteer role, she will also be in charge of event coordinating for the entire JFedDC organization. She is additionally looking forward to putting together some interfaith programming as many families in the area are of mixed religions.

Describing herself as artistic, the new hire especially enjoys photography and writing for social media. Tamatha is most excited to be working on the administrative side of the JFedDC. She has already had tremendous success with a recent art auction that she worked on. The JFedDC is very excited to have Tamatha as part of its team.





BERKSHIRE

HATHAWAY

HomeServices

Hudson Valley

Properties



Hello, neighbor.

Residential Homes

Luxury Collection & Estates

Farms & Equestrian Properties

New Construction & Land Sales

Commercial & Investment Properties

Relocation & Referral Services

Condominiums & Townhomes

Foreclosures & Short Sales

Short- & Long-Term Rentals

Steven Domber, President

Berkshire Hathaway HomeServices

Hudson Valley Properties

1100 Route 55, Suite 301

LaGrangeville, NY 12540

sdomber@bhhshudsonvalley.com

845.905.8748

Good to know.™

bhhshudsonvalley.com

Kulanu: All of Us

TEMPLE BETH-EL & CONGREGATION SHIR CHADASH ANNOUNCE JOINT RELIGIOUS SCHOOL

Temple Beth-El and Congregation Shir Chadash are pleased to announce that we will be combining our religious school programs beginning in September 2022. Our older students have already participated in Ivrit (Hebrew) classes together. Expanding our collaboration to include religious school will provide a number of benefits not only for our students but for our teachers and the Jewish community.

Our collaborative school will model the true meaning of *Klal Yisrael* (Jewish peoplehood) by increasing the sense of Jewish community and partnership for our students and families.

It will allow students to get to know their Jewish peers and to receive a broader Jewish education with exposure to both Reform and Conservative Judaism. Students will learn about key differences between our different streams of Judaism — and even more importantly, they will see how much we have in common. Our school will combine two dynamic programs led by dedicated educators, allowing us to offer a rich and meaningful introduction to Judaism.

Our joint religious school for grades pre-K through grade 6 will meet weekly throughout the year. The day we meet will vary, allowing students to experience various elements of Jewish life.

Ivrit (Hebrew) classes will continue to take place on Tuesday afternoons. In addition, each Hebrew student will receive a weekly on-line tutoring session with his or her teacher. We learned during the pandemic that one-on-one instruction gives teachers the opportunity to work with each child at their own pace and level and provides vital reinforcement of the weekly lesson.

School tuition will be the same for students from both congregations. B’nai Mitzvah training will continue to be provided separately by each congregation and fees may differ. **If you are not yet members of a congregation, we welcome you to try our school.** Don’t let worries about tuition costs prevent you from giving your child a Jewish education. Scholarships are available! For more information contact Rabbi Miriam Hyman (education@tbeny.org). Stay tuned for how to register.

Bat Mitzvah

Sophie Gillman, Vassar Temple, June 4, 2022

Sophie is a 7th Grader at Lagrange Middle School. She is an avid downhill skier, and when she’s not on the slopes, you can find her in the dance studio where she dances Ballet, Pointe, Contemporary, Irish Step, and Tap.

Sophie’s Mitzvah Project was to raise money for the Celiac Disease Foundation, a not-for-profit organization that is near and dear to her heart. Sophie and two of her friends skied laps at Gore Mountain this winter, and friends and family pledged money. She and her friends skied a total of 53.7 miles for a total of \$1,416.48 in donations. Sophie and her friends had a great day, and thanks to their wearing Celiac Disease Foundation shirts over their ski jackets, people approached them, asked questions, and learned a little bit about living with Celiac Disease.



Amalia Parsons, Temple Beth-El, August 13, 2022
Daughter of Simona Cohen and William Parsons

Amalia is currently a 7th grader at Todd Middle School and really enjoys soccer, cello, and drama club. Amalia is working on a project to promote religious harmony among different religions.

Amalia is a hard-working student. She has prepared for her bat mitzvah with the energy and enthusiasm she brings to all aspects of her life. In addition to her religious and academic studies. Amalia enjoys spending time with her three sisters and her friends, playing soccer with TOPSC Firehawks, and participating in drama club and orchestra at school. Thank you to all her teachers at Temple Beth-El and to the community for the sustained support and encouragement throughout her bat mitzvah preparation.



Ethan Zivica, Temple Beth-El, August 20, 2022
Son of Dana and Chris Zivica

Ethan is a 7th grader at Union Vale Middle School. He loves soccer and spends much of his free time watching or playing the sport. He is a hardworking, happy, and thoughtful person who loves to joke and make people around him laugh.



PJ Family Volunteer Opportunities with Dutchess Outreach:

This fall we would love for our PJ Our Way kiddos (ages 10-12yrs) and their families to get involved with helping to support our community through programs at Dutchess Outreach. Tzedakah, charitable giving, typically seen as a moral obligation can be the giving of our resources including monetarily and of our time.

Please look over the opportunities below and email me at pjlibrary@jewishdutchess.org if interested in joining our PJ Our Way Volunteer Committee. Please note that PJ Our Way kids could only participate during legal holidays when school is closed.

However, in addition we would like to pick a slot for PJ Library/PJ Our Way parents to commit monthly during the week to one of the programs below. Please email me if interested at pjlibrary@jewishdutchess.org.

Monthly Volunteer Opportunities:

Children Clothes Closet*

2-3 youth (10 years old or older, preferred) w/adult supervision
Monday - Friday; choose a two slot between 9 AM - 4 PM
*Can accommodate youth volunteers on days when there is no school or half day.



Food Pantry*

2-3 youth (10 years old or older, preferred) w/adult supervision
Monday - Friday; choose a two slot between 9 AM - 4 PM
*Can accommodate youth volunteers on days when there is no school or half day.

Lunch Box

Volunteers must be 16 years old or older (16-17 years old, must have adult supervision)
One day per month (ie: 3rd Thursdays of the month); 4 volunteers needed from 4 PM- 6 PM entire shift
You may provide the meal as well as volunteers.

Host a Collection Drive:

You all can also host a collection drive to benefit Dutchess Outreach: <https://dutchessoutreach.org/how-you-can-help/donate-items/>

Please email me if you are interested in organizing a collection drive of food, or requested personal items.
Email: pjlibrary@jewishdutchess.org

RELIGIOUS SCHOOL

CHABAD MID-HUDSON VALLEY

Sunday, 10:00am-12:15pm, ages 5-12 years
63 Vassar Rd, Poughkeepsie

For information contact Hindy Borenstein, Director
(845) 463-5801

chabadmidhudsonvly@prodigy.net

JUDAIC SCHOOL OF THE ARTS

Sunday, 10:00am-12:00pm

For information www.mypardess.org/JSA

RHINEBECK JEWISH CENTER

Monday, 4:00-5:30pm
Tiny Tots Division (ages 1-5)
Intermediate Division (ages 6-10)
Bar and Bat Mitzvah (ages 11-13)

For information, contact Rebbitzin Tzivie Hecht, Director
(845) 876-7666 or tziviehecht@gmail.com

CONGREGATION SHIR CHADASH

We engage in a Sharing Shabbat Program. As our tradition instructs us, Shabbat is a day for prayer, rest, and study. We have an intergenerational program of learning. Our adults can study Torah with our Rabbi while our children learn about Jewish holidays, values, customs, history, and our relationship to God-all at appropriate grade levels. Our students learn the ethical teachings of Reform Judaism and its commitment to social justice. Our learning is experiential and highly participatory. We utilize crafts, stories, award-winning textbooks, technology, and music to teach. We have trips and events outside the classroom that enhance our learning. Mostly, we aim to imbue our students with a love of Judaism!

Bi-monthly Saturdays, 9:15am followed by Torah Service, 10:30am For info contact Cantor Gail Hirschenfang: polishfang@optonline.net

TEMPLE BETH-EL

The Temple Beth-El Education programs for kids Pre-K through High School provide an engaging learning environment. Students explore Jewish tradition, history, and culture through art, music, movement, and text .

Classes have resumed in person, with a hybrid option. Please contact Rabbi Miriam Hyman for the current school schedule at (845) 454-0570 or education@tbeny.org

VASSAR TEMPLE

Vassar Temple provides a program of Jewish education within the Reform Movement’s guidelines, which deepens a student’s Jewish experience and knowledge in an accepting and stimulating learning environment. Our philosophy of Jewish learning is based on the quotation from Pirke Avot, “The world depends on three things: on Torah, on worship and on deeds of loving kindness.”

The Seth A. Erlebacher Religious School for grades K-7 meets Sunday mornings. The Hebrew School, which meets Wednesday afternoons, offers innovative individualized Hebrew language instruction and bar/ bat mitzvah preparation for those in grades 4-7. We also have a special religious education program for grades 8-up. Teens may prepare for Confirmation during 10th grade and may work as madrachim (teacher aides) in the Sunday school.

New enrollments are welcome throughout the year. The religious school and Hebrew School at Vassar Temple are directed by our Rabbi Renni S Altman, D.D. For more information, please contact her at rsdirector@vassartemple.org (845) 454-2570.

*PJ Library is a program of the Harold Grinspoon Foundation and made possible through gifts from the Jewish Federations of Dutchess, The Harding Club, and the generous support of PJ Library donors. To make a donation online go to: www.JewishDutchess.org
Thank you!*

שלום
Peace
Shalom

Peace Craft taken from Pinterest

Materials:

- Paint
- Paper

Directions:

1. Dip the child's hands into washable paint.
2. Place handprint images on a sheet of paper, with thumbs facing inward together. **They appear to be a dove, the symbol of peace.**
3. Draw an olive branch and facial features.
4. Make a collage using different background colors and shapes.
5. Write a sentence about what peace means to you on each "dove"!



PJ Our Way Havdalah Hike

By Suzanne Turrisi, PJ Our Way Program Director

Our PJ Our Way Mensch Club went on a havdalah hike at Vanderbilt Mansion on June 26th. We did a scavenger hunt, looking for and finding many objects. We learned all about havdalah and the prayers that we say. We had a great afternoon!

Interested in signing up your 8-12 year old to join in adventures like a Havdalah hike with our PJ Our Way Mensch Club and meeting other local tweens? Please email: pjlibrary@jewishdutchess.org to register or ask any questions.

Sign up for free - Jewish chapter books of all genres for your tween (ages 9-12 years) at www.pjow.org today!



The Jewish Community Preschool of the Hudson Valley received donation from the Harding Club this spring.
Pictured left to right John Weisman, Karen Jacobs, Lisa Arnoff

HEY, COUNT ME IN @ PJ LIBRARY

LET'S MEET

New to the community or looking to make connections with other families? We can help!

GRANDPARENTS

Interested in joining a grandparents' circle? We can help!

PARENTS

Would you like to join a play group in your neighborhood? Would you like to meet other PJ parents?

Email: pjlibrary@jewishdutchess.org and let us answer any questions or help you get connected!

Connect with PJ Library On Our Social Media Platforms

Follow to learn all about our upcoming 2022 events

Where to find us:

- Facebook • PJ Library Mid Hudson Valley
- Instagram • [pj_library_mid_hudson](https://www.instagram.com/pj_library_mid_hudson)
- Email us at pjlibrary@jewishdutchess.org to sign up for the bi-monthly E-newsletter for PJ Library & PJ Our Way

Kim

Tamatha

Suzanne

Peace

By Suzanne Turrisi, Assistant PJ Library Director

What is peace? Peace can be described as: Freedom from disturbance; tranquility. What are the two types of peace? Generally, peace is classified into two types: Internal peace and external peace. External peace is freedom from warfare. Who is a peaceful person? Someone who is calm or non-violent. Internal peace is defined as the state of physical and spiritual calm despite many stressors. Finding your peace of mind means attaining happiness, contentment, and bliss no matter how difficult things get in your life. Easier said than done!

Why is internal peace important?

Inner peace is important not only while things move smoothly but especially in times of trouble, difficulties, or danger. Then, it counts most. A state of inner peace **eliminates anxieties, fears, and worries**. It also removes negative thoughts, stress, lack of satisfaction, and unhappiness.

The word “shalom” appears **over 200 times** in the **Bible**, a strong indicator of its importance. How to lead a peaceful life: Spend time in nature, practice gratitude, practice mindfulness, get organized, don’t go to every fight you’re invited to, and practice tolerance.

Why is it important to live a peaceful life?

Inner peace **calms our mind and allows us to see our path much clearer, helping us focus and keep track of our goals**. Having clear goals is like having a compass; you know where you want to go, you aim for it and commit to the road, trusting that all obstacles are worthy challenges rather than intimidating threats.

Generation Gratitude: Through Another Lens

by Tamatha Williams, Parent Connector

As the Generation Gratitude Parent Connector, I have been fortunate to meet so many amazing families. When it was time to plan our end of the year celebration, I was thrilled when one such family offered to host a pool party celebration at their home! June proved to be busy for many families, and the weather was less cooperative than we had hoped. Nonetheless, after a change of date, our celebration was a go. While we had planned for an end of the year party with our Generation Gratitude families, many of those families were unable to attend. Our host family asked if other friends, new to Generation Gratitude, could join us. Not wanting Generation Gratitude ever to be exclusionary, I enthusiastically said, yes!

New friends swam, laughed, and enjoyed lots of snacks and delicious cake together. In between swim times, each child created a special canvas using painter’s tape to write their names. Prior to painting, the children were asked to each say something they felt gratitude for. Responses included: “I feel gratitude for swimming”, “I feel gratitude for cake”, and “I am grateful for my friends”. Parents wrote out their children’s responses on the back of each canvas. The children painted over the tape, and once dry, carefully removed the tape to reveal their names. Each canvas was unique, personalized, and a special take away from the day.

While the party was lots of fun, as I was gathering my things to leave, I apologized to the host family that the turnout was not as expected. The host’s response was that the gathering provided a lens in which others could view the Jewish value of gratitude. Also captured in this panoramic view were shared values including friendship and generosity, remarkable human traits that expand beyond any single group of people. It was such a meaningful response exposing the universality of gratitude.



Don’t forget to order your Holiday Greetings.

For info, see Page 4 or visit:

www.jewishdutchess.org/community/the-voice

The Federation Board’s Voice



Betsy Kopstein-Stuts

Dear Friends:

To say that we are living in extraordinary times right now would be quite an understatement. On the home-front and on the world stage, the challenges are unprecedented.

The recent decision by the SCOTUS (Supreme Court) affects all of us, but it particularly and most dangerously affects women. Our Jewish tradition teaches that life begins at the birth of the child. It further teaches that the life and health, both physical and mental, of the mother are of paramount importance. Specifically, if the mother’s life is endangered, then that life must be protected. Laws that contradict these views are contrary to our religious beliefs. In addition, this new ruling unfairly penalizes women who have limited financial and physical resources. The JFedDC stands with everyone in our community to insure that our collective rights and freedoms are protected.

Looking at the world at large we see an extraordinary heat wave that has impacted the lives of people across the globe. Glaciers in Greenland and Iceland are melting; fires are breaking out across Europe – and here at home in the United States. We are contributing to the destruction of our atmosphere, polluting it with chemicals that are dangerous to every life form, not just us. We can see our once enormous lakes drying up before our very eyes. I for one am personally concerned. Water is the source of life, and that source is becoming scarce. So the question is: what can you and I as individuals do? Well, for one thing, we can immediately start by not wasting water in our daily lives. In a restaurant, only ask for or accept water if you know that you are going to drink it. Little things do add up. On a broader scale, you can investigate what is being done to desalinize water. You need look no further than the State of Israel, which is a leader in this endeavor. Take advantage of the trip to Israel planned by our Federation and see for yourself, first hand, the many ways that Israel is protecting the environment and our natural resources.

While we cannot solve these enormous problems, neither can we refrain from doing our part in addressing them.

As always, the Jewish Federation of Dutchess County appreciates your support.

Best Regards,
Betsy

Leaving a Legacy

What will your legacy be?

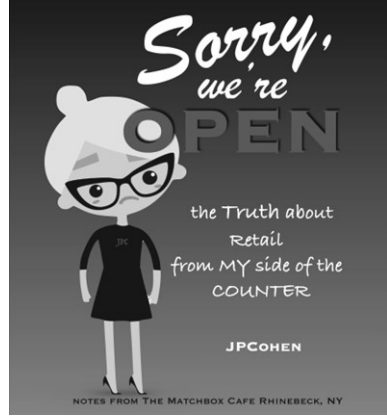
Please consider giving to the Jewish Federation of Dutchess County or Jewish Family Services. Through your giving, let your legacy empower the generations to come.

Call the JFedDC Office for information and to learn about the tax benefits of legacy contributions. (845) 471-9811

We hope that you are reading all of the articles that we publish in *The Voice*, including those articles that are written by members of our Board. Our talented and hardworking Board members individually hold some strong views, not all of which represent views held by the Federation.

The Federation is an inclusive organization, as you know. Where we are all one hundred percent in agreement is with JFedDC’s mission: ***“To perpetuate, protect, and enhance Jewish communal life and well-being locally, in Israel, and worldwide while supporting our greater local community.”***

Jews in the News:
Highlights updates and happenings of our Jewish business members of the community.



Congratulation to Joann Cohen on her book. Joann has written and performed comic essays for many years and now has complied them in a book.

Joann and Sam Cohen are the owners of The Matchbox Café in Rhinebeck (6242 Rt. 9, Rhinebeck, NY). Stay tuned for more information about a special upcoming event at The Matchbox Café and stop by in the meantime to get your own copy of the book.

Fishkill, NY-based law firm Feldman, Kleidman, Coffey & Sappe LLP (FKC&S) recently donated \$4,500 to Abilities First, a Hudson Valley nonprofit dedicated to providing people who face developmental challenges and their families support to attain independence, self-determination, integration and acceptance by others through education, exploration and experience.



Our Executive Director



Happy Summer Everyone!

I hope you have been taking advantage of the lazy, hazy, crazy days of summer, which have been amazingly excessively hot. Trying to do gardening and weeding in these sweltering temperatures has not been fun. Actually, my gardens in general this year are confusing me, and it seems that I am not the only one.

Every year for the past 6 years, since my mother’s passing, I start in May with buying hanging impatiens, in her honor and memory. Then comes June and I buy large amounts of proper soil to prepare for my porch vegetable garden, which I dutifully plant, water, care for and watch in amazement as everything grows and produces fruit and vegetables.

I should have said every year but this year. Something definitely feels off. I didn’t buy my Mother’s Day plants but cannot explain why (unless we were so busy with our May events and preparing for the June Gala that I forgot to prioritize myself, which is sadly the norm). My vegetable garden by now should have made my back porch feel like a glorious jungle and haven from the world. My tomato plants should have already been 5 feet tall. However, it appears, they never got the memo. Every year, I anticipate walking between the lush rows of my plants and feeling a sense of accomplishment, gratitude, appreciation and calm. I cannot quite tell what went wrong this year, but none of those things have happened.

Apparently, I am not the only one feeling it. One friend commented that she cannot recall a summer like this with so much heat, such little rain, and wind that is drying. One horticulturist and I had a long conversation and she shared that she too was surprised by this season. For example, the marigolds delivered to their store were not good quality and never flowered. One of her clients had lots of zucchini flowers, but no vegetables, which he figured was due to the lack of bees. His solution as to use a toothbrush to try to pollinate the buds. Ahhh the bees. What a precious resource that I feel we all take for granted. Ask my Aunt about the importance and process of ensuring that bees colonize and pollinate, for the good and sake of all of us.

So as summer is fortunately not yet over, I decided to purchase some additional flowers to add color to my porch as well as to attract bees. I hope everyone takes a moment to think about what we take for granted (food, water, housing) and then take one or two initial steps to improve the world around us. As September and a New Year are right around the corner, consider in what way(s) you could help others through efforts of the Federation and come join us. We welcome new Mitzvah Now initiatives and know there are many who are in greater need than ourselves.

Wishing you a bountiful harvest of produce, health, and happiness.
Karen

Glen and Marcia Tanzman Honored

The 2022 Vassar Temple Founders Service Award was presented to Marcia and Glenn Tanzman (right) by last year’s recipients Gil and Arlene Seligman (left). This award recognizes the Tanzman’s for their contributions to Temple life of which the following are just a few examples. Glenn continues to serve as President of the Temple’s Men’s Club, which is responsible for a myriad of service projects to both the Temple and the general community as well as for social events throughout the year for members and families to enjoy. Marcia, who serves as Sisterhood President with all that entails, has also done special projects ranging from digitally updating Temple files to instructing congregants in CPR, actively serving on the Ritual and High Holy Day Committees, and teaching Hebrew classes for both children and adults of the Temple. As you can see, congregational life at Vassar Temple is so much richer, in such a variety of ways, due to the contributions of Glen and Marcia Tanzman.



JEWISH FOOD

Connecting our Community through food
Send us your favorite Kosher recipe so we can share it.
Please email to: TheVoice@jewishdutchess.org.

Cherry and Cream Cheese Kolaches

Taken from www.foodandwine.com/recipes/cherry-and-cream-cheese-kolaches

This recipe was suggested from my friend, Oona Rokyta, who is Czech. This is one of her favorite “Grab-to-Go” to the summer months. She suggested that one could sub out cherries for stone fruits that are currently in season

Ingredients:

Dough

3 cups all-purpose flour, plus more for dusting
1/3 cup granulated sugar
1 (1/4 ounce) envelope active dry yeast
1 cup whole milk, warmed to between 100°F and 115°F
1/2 cup unsalted butter (4 ounces), melted
3 large egg yolks
1 teaspoon kosher salt

Cherry Filling

1 pound sweet cherries (about 3 1/2 cups), pitted and coarsely chopped
1/2 cup granulated sugar
1/4 cup water
1/8 teaspoon kosher salt
1 tablespoon fresh lemon juice

Cream Cheese Filling

8 ounces cream cheese, at room temperature
2 tablespoons powdered sugar
1 large egg yolk
1 teaspoon lemon zest

Streusel Topping

2 tablespoons all-purpose flour
2 tablespoons granulated sugar
1 tablespoon unsalted butter, melted
1/8 teaspoon kosher salt

Egg Wash

1 large egg yolk
1 tablespoon whole milk

Directions:

1. Make the dough: Whisk 1 cup flour, granulated sugar, and yeast in a large bowl. Add warm milk, and whisk to combine. Set aside until small bubbles begin to appear on the surface, about 5 minutes.
2. Whisk together melted butter, egg yolks, and salt in a separate bowl. Stir butter mixture into yeast mixture using a rubber spatula or wooden spoon. Stir in remaining 2 cups of flour, 1 cup at a time. After the second cup is added and it becomes too difficult to stir, tip the shaggy dough out onto a lightly floured countertop, and begin kneading by hand until smooth and springy, 3 to 4 minutes. The dough should be very tacky and a little greasy, but not sticky. If it does stick to the surface, dust with more flour, using as little as possible.
3. Transfer dough to a large bowl and cover with plastic wrap. Place bowl in a warm spot until doubled in size, 1 hour to 1 hour and 30 minutes.
4. Make the cherry filling: Combine cherries, granulated sugar, 1/4 cup water, and salt in a 2-quart saucepan. Bring to a boil over medium-high, stirring to dissolve sugar. Reduce heat to medium-low to maintain a steady simmer, and cook, stirring occasionally, until liquid is reduced to a thick, syrupy consistency, about 25 minutes. Remove from heat, and let cool to room temperature. Stir in lemon juice.
5. Make the cream cheese filling: Beat cream cheese, powdered sugar, egg yolk, and lemon zest in a large bowl with an electric mixer until smooth, about 1 minute.
6. Make the streusel topping: Stir together flour, sugar, butter, and salt in a small bowl until crumbly. Set aside to let butter solidify. Before using stir again to create fine crumbs
7. Punch down the risen dough and divide it into 12 equal pieces (about 2 1/3 ounces each). Roll dough pieces against work surface with cupped hands to make smooth balls. Transfer dough balls to a parchment paper-lined baking sheet, and let rise, covered with a damp towel, until doubled in size, 30-45 minutes
8. Make the kolaches: Preheat oven to 375°F. Use your fingertips to form 2-inch wide wells in the center of each dough ball. Whisk egg yolk and milk in a small bowl. Brush outer edges and sides of dough with egg wash. Spread 1 tablespoon cream cheese filling in each well. Make a smaller well in the center of the cream cheese, and top each with a dollop of cherry filling. Sprinkle with streusel topping. Bake in preheated oven until edges are light golden brown, about 20 minutes.



camels, water buffalo, hyrax, and countless other species. You can quickly imagine that you are also on an African safari. Yes, there will be plenty of archeological sites to see, plenty of history. I always get chills when I stand in the Valley of Elah, where King Saul’s army was challenged by the Philistines. Maybe that rock I picked up was used by someone centuries ago in a sling.

Listen, it’s not too late to sign up. If you want to extend your stay and visit Petra in Jordan and pretend to be Indiana Jones, no one will laugh, and all the arrangements can be made for you in advance. Make sure to come prepared for fun and adventure, make new friends, and explore amazing foods. You might need to add a few extra notches to your belt.

If you are interested in joining us, please contact the office and reserve your spot. If you have any questions, we have posted most answers on the JFedDC website but if you need more information, please don’t hesitate to ask. See you soon....



Monthly Kosher Food Delivery From Evergreen— First Tuesday of the Month

Congregation Schomre Israel has organized a monthly Evergreen delivery program. All orders should be placed no later than midday Monday prior to the scheduled delivery day.

Evergreenkosher.com offers an amazing variety of items for Passover. You can order online and pick up your items at Schomre Israel. Deliveries are scheduled to arrive via Evergreen truck at the synagogue early afternoon on the **first Tuesday of each month**.

If interested, call the synagogue at (845) 454-2890 or email Rabbi Shlomo Krasner at rabbishlomok@gmail.com

(The Formation of AARP Continued from page 2)

We were able to convince an insurer to consider a group plan for retirees and surprisingly to overcome the objections of the New York State Insurance Department in allowing the solicitation of NY retired Teachers with a true group insurance plan with a generous preexisting provision and limited benefits appropriate to health costs in1953.

We contacted all members twice and amazingly were able to enroll about 400, enough to barely meet the minimum requirements of the pessimistic State. The insurer was concerned that all unhealthy members would enroll and those in good health would not. But we found that there was a normal distribution of health status similar to the general population. Retired teachers' statistics and enrollee data generally indicated that teachers had longer life expectancies, had lived heathier life styles, were generally non smokers or drinkers and less likely to be overweight.

We were flooded by requests from retirees and groups which wanted similar plans. The National Retired Teachers Association headquartered in Ojai California contacted us and we agreed to open an office in Washington DC to solicit their thousands of members throughout the country for a similar plan to the NY model. Dr. Ethel Percy Andrus the strong president of that organization had considerable national political connections and their organization had branches in virtually all states.

Again we had to overcome the objections of health insurers and many state insurance departments. The political and social appeal of retired teachers to politicians and the public were significant aids in gaining legislative support in the country. Most people recall their public school teachers with respect and affection. That helped to surmount political objections and gain support from government.

The National Teachers solicitation throughout 50 states' local organizations succeeded in meeting the minimum standards in Washington DC and their plan became effective. It was considered a great political achievement and many Congressmen, state officials and health organizations saluted the commencement of the first national program of its type. It was also the first plan of health benefits for seniors which covered preexisting conditions.

After the start of the National Teachers plan, Davis and Handel considered the methods of advancing programs for other groups. We talked to numerous other senior citizen groups but none were anxious to undertake the responsibility.

Finally our company met at Howard Johnson's restaurant on South Road in Poughkeepsie, later to be known as Ground Round and Coyote Grill, to discuss further implementation. It became obvious that we had to create a national new organization, with a nucleus of many thousands already covered by the National Teachers plans. We proposed to create this nationwide concept led originally by retired teachers and their associates in other pensioned occupations. We ran into another obstacle in naming this embryo group since the trade mark and FTC regulations had used up all attractive trade names. So I proposed the name "American Association of Retired Persons" which was acceptable to the trade mark people. Over the years, it was changed to its initials, AARP, a better title.

We contacted the officers and directors of the National Retired Teachers led by Dr. Andrus, who had been a strong advocate and supporter for these plans. With her aid and the support of retirees and local state organizations throughout the country, we were able to create a functioning new AARP.

To be continued in the September edition of *The Voice...*

This Year in Israel by Russell Rothman

As I hope you are well aware of, JFedDC is sponsoring a trip to Israel beginning October 23 and it will be a trip unlike any other you may have been on, an event of biblical proportions! We begin in Tel Aviv with a hot air balloon ride, to provide you a view of Israel that you have never seen before. And sand.....you don’t see a lot of sand in Dutchess County but you will see plenty of sand, whether on the gorgeous beaches on the Mediterranean or the desert sand walked upon by Samson, David, and Solomon. How about wildlife? (Wild life....well, you’ll just have to come and see for yourself). We will be in Israel in the middle of one of the largest bird migrations in the world. Over a billion birds will pass through Israel during the fall migration from Europe and Asia back to Africa. Hundreds of different species of birds. But although birds are the big draw, let’s not forget the wolves, foxes, jackals, hyenas, caracals, wild cats, gazelles,



Congregation Schomre Israel

(Orthodox)
18 Park Ave, Poughkeepsie
(845) 454-2890
Rabbi Shlomo Krasner
Website: www.schomreisrael.org
Email: rabbishlomok@gmail.com

Weekly Services:
Shacharis 7:00am (weekdays)
Shacharis 8:30am (Sunday & holidays)
Maariv: 6:40pm (winter weekdays)
Friday Kabbalat Shabbat: around candle lighting times

Adult Education:
Sunday
Talmud Studies with Rabbi Krasner
9:20am, in person, studying topics in the Talmud of mezuzah, tefillin, and sefer torah
Tuesday
The Collected Writings of Maimonides
10:30am, will resume September 6.
Thursday
Contemporary Halachic Questions
7:00pm, resumes November 3.

Other Events:
Sunday
4K Club August 28, 10:00am.
Thursday
Hands on Judaism—Mitzvah Workshop with Rabbi Krasner September 8, 6:00pm. Create your own shofar. Please RSVP by August 30, \$15 for ram’s horn and between \$30-\$50 for an exotic shofar.
Chair Yoga August 11, 10:00am. Instructed by Suzanne Turrisi.
Yiddish Club August 25, 10:00am. Join us for an enjoyable time speaking and listening to ‘mama lushen’.

Tisha B’Av Information
Saturday August 6
The Fast begins 8:07pm
Evening Service at 9:30pm, the Book of Lamentations and various Kinot recited
Sunday August 7
Morning service 8:30am, discussion of the historical and mourning context of various Kinot
Rebuilding the Bas Hamikdash (for youth) 5:30pm
Tisha B’Av video (for adults) 6:30pm
Mincha Service with tallis and tefillin 7:30pm
Fast ends at 8:49pm

In the future...
Schomre Israel Sisterhood will be selling flower centerpieces for Rosh HaShanah 5783, Watch for details in next month’s issue of *The Voice*.
Contact:
rabbishlomok@gmail.com
for current information
or visit the website
www.schomreisrael.org

Congregation Shir Chadash

(Reform)
Interim: Freedom Plains
Presbyterian Church, Lagrange
(845) 232-1029
Rabbi Daniel Polish
Cantor Gail Hirschenfang
Website: www.shir-chadash.org
Email: info@shir-chadash.org

Weekly Services:
Fridays: 7:30pm will resume in Sept.
Saturday: 9:15am In-person Bi-monthly children’s religious school
10:30am In-Person Shabbot Service
All welcome to attend.

Adult Education:
Saturday
Torah Study 9:15am. An informal discussion about the Torah portion of the week with Rabbi Polish.
Available via Zoom. Contact the office for more info or Zoom Id.

Other Events:
Sunday
Rosh Chodesh Reading Group
Those interested in reading are invited, (virtual as of press time)-- interesting and provocative discussions. Dates & times TBD. Participants meet to discuss memoirs, fiction, poetry, and drama in a variety of works that offer Jewish themes and a variety of perspectives of interest. Have a topic suggestion, please let us know! For more information, please contact Sandy Lash at (845) 232-1029, via email: info@shir-chadash.org

Contact :
info@shir-chadash.org
for current information
or visit the website
www.shir-chadash.org



At the Dutchess County Memorial Day Ceremony, Martin Hochhauser, Chief of Staff of JWV Post 625, places a stone on the War Memorial monument, in the Jewish tradition.

Temple Beth El

(Conservative)
118 S Grand Ave, Poughkeepsie
(845) 454-0570
Rabbi Michael Fessler
Rosh Tefilah Rabbi Miriam Hyman
Website: www.tbeny.org
Email: info@tbeny.org

All services are egalitarian & inclusive. Join us!

Weekly Services:
Friday & Saturday Shabbat Services alternate between in-person and Zoom.
Call the Temple Beth-El office for the current schedule.

Adult Education:
For information about ongoing Adult Education at Temple Beth-El, please contact the synagogue office :
(845) 454-0570.

Other Events:
Sunday
Temple Beth-El Serves at Lunchbox 2nd Sunday, volunteers are needed to help serve a meal at Lunchbox at Dutchess Outreach. You can also help by making a donation to help cover the cost. Contact Nancy Judson to get involved at (845) 216-7563.

Friday
Calling All Bibliophiles TBE is proud to announce that our book club lives on. The 2022 dates are: September 20—*My 15 Grandmothers* by Genie Milgrom, and November 15—*The Last Kings of Shanghai* by Jonathan Kaufman. All meetings are from 1:00-2:00 INSIDE TBE; all Covid precautions at the time of each meeting will be followed. Please note that there is no Zoom option.

Please register for each meeting no later than 9:00 AM the Friday preceding each meeting. That way I know which room at TBE will be needed to maintain Covid protocols. If you have any questions, please contact Merri Sedgwick at: moondoggie7@optonline.net

Contact:
info@tbeny.org
for current information
or visit the website
www.tbeny.org

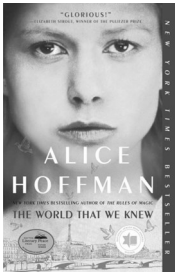
Vassar Temple

(Reform)
140 Hooker Ave, Poughkeepsie
(845) 454-2570
Rabbi Renni S. Altman D.D.
Website: www.vassartemple.org
Email: Office@VassarTemple.org or rabbi@vassartemple.org

Weekly Services:
Friday
Shabbat Evening Service
August 5, 12, 19, 26, 7:30pm.
Saturday
New Paths Shabbat Morning Worship
August TBA 10:15am
Shabbat Morning Service
TBA, 10:00am.

Adult Education:
Wednesday
Sisterhood Book Group August 17, 2:00pm. We will be discussing *The World That We Knew* by Alice Hoffman. The story opens on the brink of World War II, with the Nazis tightening their grip on Berlin. Hanni Kohn know she must send her twelve year old daughter away to save her from the Nazi regime. A mother’s courage and love offer her daughter a chance of survival, and ultimately, during humanity’s darkest hour, three young women must also act with courage and love to survive.

The novel is readily available through the local public libraries. At present the discussion, to which all are welcome, is planned to be held on Zoom and will be led by Connie Lahey. For questions, to RSVP, or to suggest future book selections, please contact Linda Babas at bookclub@vassartemple.org.



Saturday
Torah Study 9:00am, Examine passages from the week’s Torah portion or haftorah. Led by Rabbi Renni S Altman, D.D. Class is currently planned to be hybrid & follows any current Temple health and safety protocols as described on our website. Contact vassartemple.org to be placed on the class email list.

Contact :
office@vassartemple.org
for current information
or visit the website
www.vassartemple.org



Going away lunch for Rabbi Polish, Cantor Hirschenfang, and Susan Canning

Mazel Tov Memories

Send us information about what you are celebrating: birthdays, engagements, weddings, anniversaries, and simchas.

We at the JFedDC want to celebrate with you and share the nachas.

Send your information to: thevoice@jewishdutchess.org



Congratulations Colin Cronk, grandson of Grete & Marty Finkelstein and son of Sheri & Steve Cronk on becoming a bar mitzvah



Congratulations, Merrill Wasser and Matthew Cook, on your recent wedding nuptials.

Pardess Center for Jewish Life

(845) 440-7592
Rabbi Zalman Sandhaus
Website: www.MyPardess.org
Email: info@MyPardess.org

Contact:
info@MyPardess.org
for current information
or visit the website
www.MyPardess.org

The Rhinebeck Jewish Center

102 Montgomery Street, Rhinebeck
(845) 876-7666
Rabbi Hanoch Hecht
Rebbitzin Tzivie Hecht
Website:
www.RhinebeckJewishCenter.com
Email:
RSVP@RhinebeckJewishCenter.com

Weekly Services:
Fridays: Call for time.
Saturdays: 9:30am

Contact:
RSVP@RhinebeckJewishCenter.com
for current information
or visit the website
www.RhinebeckJewishCenter.com

Chabad of Mid-Hudson Valley

63 Vassar Rd, Poughkeepsie
(845) 463-5801
Rabbi Yacov Borenstein
Website:
www.chabadmidhudsonvalley.com
Email:
ChabadMidhudsonvly@prodigy.net

Weekly Services:
Fridays: Call for times.
Saturdays: 10:00am

Adult Education:
Wednesday
Torah Class: Discover the World of Prayer 11:00am, 36 Pleasant Ridge Drive. Class led by Hindy Borenstein. Indulge your body with thought-provoking insights from the weekly Torah portion and other contemporary issues, and indulge your body with a light and healthy lunch.

Special Events:
Sunday
Bagels, Lox, Torah (Tefillin too!) 9:00am led by Rabbi Yacov Borenstein. Morning minyan will follow Torah discussion on the coming week’s Torah portion, upcoming holiday, or topic of Jewish interest.

Contact :
ChabadMidhudsonvly@prodigy.net
for current information
or visit the website
www.chabadmidhudsonvalley.com

Beacon Hebrew Alliance
(Conservative)
331 Verplanck Ave, Beacon
(845) 831-2012
Rabbi Brent Spodek;
Cantor Ellen Gersh
Education Director, Rishe Groner
Website:
www.beaconhebrewalliance.org
Email:
411@beaconhebrewalliance.org

Weekly Services:
Fridays, 7:30pm
Saturdays: 9:30am alternating weeks

Contact:
411@beaconhebrewalliance.org
for current information
or visit the website
www.beaconhebrewalliance.org

Congregation Beth David
(Reform)
East Main St, Amenia
(845) 373-8264
Rabbi Jon Haddon
Website: www.CongBethDavid.org
Email: JonRab33@gmail.com

Weekly Services:
Saturdays 10:00am (twice monthly)
Call for schedules.

Contact:
jonrab33@gmail.com
for current information
or visit the website
www.CongBethDavid.org

Vassar College Bayit

51 Collegeview Ave, Poughkeepsie
(845) 728-4792
Rabbi Bryan Mann
Rachlin Director of Jewish Student Life at Vassar College
Email: bryanmann@vassar.edu

Weekly Services:
Fridays: 6:00pm
7:00pm dinner when school is in session

Contact :
bryanmann@vassar.edu
for current information

Bard College

Rabbi Joshua Boettiger
Jewish Chaplain, Visiting Assistant Professor of the Humanities
Phone: (802) 733-6342
Email: jboettiger@bard.edu

Contact:
jboettiger@bard.edu
for current information

Congregation Emanuel of the Hudson Valley
243 Albany Ave, Kingston
(845) 338-4271 ext 101
Rabbi’s Study: (845) 338-4384 ext 102
Rabbi Yael Romer: RabbiYael@cehv.org

Weekly Services:
Friday
Family Kabbalat Shabbat August 5, 12, September 2, 9, 6:00pm.
Kabbalat Shabbat Service August 19, 26, September 16, 23, 30, 7:30pm.
Musical Shabbat August 12, September 9, 7:30pm
Tot Shabbat August 5, 5:30pm
Saturday
Morning Minyan No Services in August resumes September 17, 10:00am.

Education:
Rhinebeck Mediation & Torah Study Tuesday, August 2, 9, 16, 30, September 6, 13, 8:45am
Hebrew Trope Wednesday, August 3, 10, 17, 31, September 7, 14, 12:30pm
Conversational Hebrew Wednesday, August 3, 10, 17, 31, September 7, 14, 4:00pm
Registration open for Zimet Jewish Learning Adventure (aka Religious School) **2022-2023.** We are hiring teachers for the new year, and motivated teens may also serve as paid aides/assistants in the classroom or in other roles. Contact us for more information. The Jewish Learning Adventure begins Sunday, September 18.

Other Events:
Tuesday
Monthly Brotherhood Meeting 2nd Tuesday of the month, 6:30pm
Thursday
Coffee Chai with the Rabbi August 4, 18, September 1, 15, 8:45am

Israel Trip—now forming for June 25, 2023. For info contact our office.
Seeking Jewish learning adventurers (aka teachers)! Come teach and learn with us at Congregation Emanuel of the Hudson Valley’s Leonard and Barbara Zimet Jewish Learning Adventure (aka Religious School) program. Email rsd@cehv.org for more details, full application details here: https://docs.google.com/document/d/1-YXhO7TOFjnRNCfkj1T5x32W_zmbIFNKBwki2_S_OqU/edit?usp=sharing_

Contact: info@cehv.org
for all events and current information
or visit the website www.CEHV.org

August	
Candle Lighting Schedule	
August 5	7:50pm
August 12	7:41pm
August 19	7:31pm
August 26	7:20pm



A Special Thank you to

THE ART EFFECT

for providing the easels during
the Zimet Art Auction.

Jewish Trivia

Q: What film played a NYC neighborhood theatre in the early 1950’s whose marquee read: Starring Bernard Schwartz and Rosetta Jacobs?

A: “”The Prince Who Was a Thief” starred Tony Curtis and Piper Laurie. Both were local Jews, born on the lower Eastside of NY, and well known in that neighborhood by their real names.

Order your Rosh Hashanah Holiday Greetings
Visit
www.jewishdutchess.org/community/the-voice

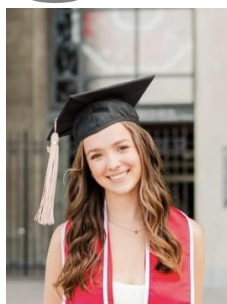


The Jewish War Veterans of the United States, Post 625
All persons of the Jewish faith who have served in any branch of the U.S. Military (active, Reserves, or National Guard) or any person who wishes to support veterans are invited to attend Post meetings. We will be in person at Schomre Israel. The next meetings will be August 14, at 9:30am (9:00am schmooze). The Post will supply nosh stuff and coffee, and refreshments will be strictly kosher. Masks are optional. If you wish for more information, please contact Post Commander Schwartz at (845) 849-0025 or Rschwa9881@aol.com

Congratulation Class of 2022



Isabel Bregenzer
Lab HS



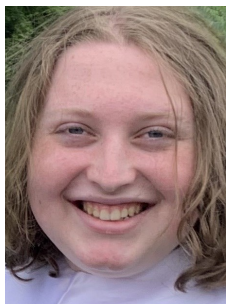
Hailey Carroll
Ohio State Univ.



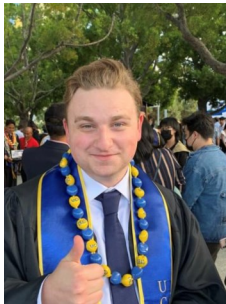
Alyza Crook
Ridgefield HS



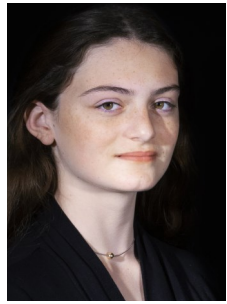
Hannah Effron
Arlington HS



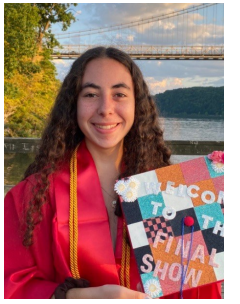
Adora Hyman-Fessler
Spackenkill HS



Matt Grosman
UC-Irvine



Hannah Gendron
Oakwood Friends



Isabelle Hartman
Roy Ketchum HS



Haley Kaflowitz
FDR HS



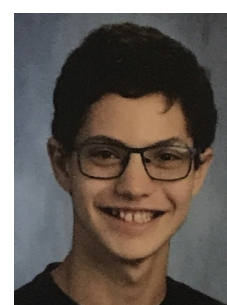
Daniela Koplin
Horace Mann HS



Amanda Moore
Spackenkill HS



Iris Raz
SUNY Dutchess



Jonathan Raz
Spackenkill HS



Natalie Sabrsula
Arlington HS



Zach Silbergleit
Arlington HS



Avery Williams
Arlington HS



Noah Williams
Skidmore Univ.



Flexible Feasts unite Vassar Temple members for food, fun, and friendship over the summer.



The return of Vassar Temple's annual Picnic Shabbat!



Panel discussion addressing anti-semitism after "Parade" at the Center for Performing Art at Rhinebeck

LAST CALL

Reserve
your spot



Payment
due Aug.

The Hudson Valley Israel Trip

October 23-November 1

A unique trip with something for everyone, even those who have been to Israel – history, nature, interfaith historical sites, and more.

For information or to register, go to,
www.JewishDutchess.org/events/Israel-trip-2022
(845) 471-9811

Vassar Temple

Where You Belong

Mingle, Learn and Worship

Join a welcoming
congregational family

Participate in projects
that improve our world



Delight in spiritual and
intellectual growth

Experience our innovative
Religious School

Be inspired at High Holy Day, Festival and Shabbat Services

Membership information: membership@vassartemple.org

140 Hooker Ave. Poughkeepsie, NY 12601
845-454-2570 ♦ vassartemple.org



Hudson Valley
Hospice

...make today matter!

Choosing hospice is choosing to focus on loved ones and sharing and making memories. We can help make the most of the moments that truly matter.

Contact Hudson Valley Hospice: hv hospice.org • (845) 240-7555