

Community Yom HaShoah Program

Monday, April 17 at 6:30pm
James and Betty Hall Theatre
at Dutchess Community College

An Observance in Honor of the 80th Anniversary of the Warsaw Ghetto Uprising

The Women of the Warsaw Ghetto
Elizabeth R. Hyman, Historian & Archivist

Registration is suggested.
Masks are encouraged, but not required.
RSVP to www.jewishdutchess.org/events

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The event will be in person and live streamed. Visit: www.jewishdutchess.org/events for details and directions.

Antisemitic Attitudes in America: Conspiracy Theories, Holocaust Education and Other Predictors of Antisemitic Belief

Published: 03.17.2023 from <https://www.adl.org/resources/report/antisemitic-attitudes-america-conspiracy-theories-holocaust-education-and-other>

Introduction

In late 2022, NORC and ADL surveyed a nationally representative sample of over 4,000 Americans to better understand attitudes toward Jews and Israel. The survey included several batteries of questions, including: sections probing general attitudes toward Jews and Israel; questions designed to understand respondents' level of agreement with both historic and contemporary anti-Jewish and anti-Israel tropes; questions measuring literacy and familiarity with Jews and Israel; several comparative prejudice experiments; and general conspiracy theory belief questions.

(Continued on page 13)

Israel's 75th Birthday Bash

6TH ANNUAL JEWISH FEDERATION CELEBRATION

WEDNESDAY, JUNE 7, 2023
COCKTAIL HOUR STARTING AT 5:30 P.M.

THE GRANDVIEW
(176 RINALDI BLVD., POUGHKEEPSIE, NY 12601)

GUEST SPEAKER
Avi Jorisch

Avi is a seasoned entrepreneur and the author of five books who will share insights from his most recent book:
Thou Shalt Innovate: How Israeli Ingenuity Repairs the World

HONORING:

- Burt (z'l) and Mims Gold**
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- Dr. Werner Steger**
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- Alisha Albinder Camac**
Next Generation Award
- Steven Wasser (z'l)**
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Join us May 7, 2023 for Mitzvah Day
See page 12 for more information or visit www.jewishdutchess.org

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“Ancient Secrets to Modern Flourishing”

Sunday, April 16th at 1 P.M.

Rhinebeck Reformed Church
6368 Mill St.
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Tamar Szabó Gendler is Dean of the Faculty of Arts and Sciences (FAS), Vincent J. Scully Professor of Philosophy, and Professor of Psychology and Cognitive Science at Yale University.

Gendler ties the work of ancient Greek and Roman thinkers to contemporary research on the mind to show how belief, imagination, persuasion, and judgement work.

She was the first woman to chair Yale's philosophy department in its 200+ year history.

Free and Open to All
Registration Required:
www.jewishdutchess.org/events

Yom Hashoa Commemoration
“The City Without Jews” (1924),
a silent film with live original music composed and performed by klezmer violinist Alicia Svigals and silent film pianist Donald Sosin

April 18th 2:00 PM

FDR Presidential Library
Henry A. Wallace Center
4079 Albany Post Road Hyde Park
This is a free event. Registration required at www.jewishdutchess.org/events

THIS EVENT IS MADE POSSIBLE BY THE BERNARD AND SHIRLEY HANDEL FOUNDATION FUND OF CFHV & THE SUNRISE FOUNDATION FOR EDUCATION AND THE ARTS.

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LEARN & LUNCH BUNCH

The Jewish Federation of Dutchess County presents weekly cultural, social, and educational programs.

Location
Temple Beth-El
118 S Grand Ave
Poughkeepsie NY

SCHEDULE

11:00 –11:30am
Schmooze
11:30 –12:30pm
Program

WEDNESDAY PROGRAMS Join us!

MEETING LOCATION

We will be meeting at 11:30 am at
Temple Beth-El, 118 S Grand Ave, Poughkeepsie
Please do not bring outside food into the temple.

Suggested Donation \$6, no one will be turned away for lack of funds.



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April

April 12 **Passover Holiday**
April 26 **The Faces of Post-Acute Comprehensive Care:** with Samantha Cerbone from The Pines.
Menu: bagels, schmear, lox, and dessert

*Gluten free options available upon request in advance

TO REGISTER, call the office at (845) 471-9811 or online at: www.JewishDutchess.org/events



Learn & Lunch Bunch is partially funded by the Ann & Abe Effron Fund and Bernard and Shirley Handel Foundation Donor Advised Fund of the Community Foundations of the Hudson Valley



Office for the Aging

Late Winter/Early Spring Blues Fighters Submitted by Brian Jones, Dutchess County Office for the Aging

Although the sun is staying up longer this time of year, by about three minutes a day, many older adults have just about had enough of winter by now. The "late winter blues" can compound the effects of seasonal depression. Feelings of isolation, disconnect, anxiety, and stagnation can also impact levels of depression. While we look for spring outside as well as on the calendar, here are some tips on how to boost your mental health, with help from Poughkeepsie-based Family Services (29 N. Hamilton St., familyservicesny.org):

- **Seek Sunlight.** In Dutchess County, winter means fewer hours of natural sunlight, one of the root causes of seasonal depression. Some scientists theorize that the lack of sunlight produces unstable and disruptive amounts of both melatonin, the hormone that helps us sleep; and serotonin, a neurotransmitter that affects mood. If you are not able to get out into the sun, investigate purchasing a light therapy lamp.
- **Get Some Exercise, Indoors and Out, Even If It Is Cold.** The benefits of exercise for the health of our bodies are well-known, but recent studies also show exercise increases our sense of well-being and focus, likely from a boost in serotonin. Exercise is good for overall health, including mental health.
- **Set Your Sights on Something "Spring-y"** - While we might not be able to go on vacation to someplace warmer, there are other things you've no doubt been wanting to do. Having something to look forward to is a sure blues buster. Try a new hobby; Office for the Aging Friendship Centers throughout the county are great places to start up new hobbies or renew older ones, with locations in Beacon, East Fishkill, Millerton, Pawling, Pleasant Valley (Tri-Town), Poughkeepsie, Red Hook, and South Amenia.

Contact the Office for the Aging to find out more, and visit www.dutchessny.gov/ofanutrition for a look at this month's Friendship Center menus and activity calendars.

Friendly Calls Orientation on April 13 at 4pm and 5pm. If you are interested in volunteering to check in and chat with older adults in Dutchess County at risk of loneliness or social isolation, once a week, for eight weeks. Register by calling (845) 486-2555 or ofa@dutchessny.gov.

Your Money Submitted by Adam Belok

Updated Tax Ideas for Seniors

Under current laws, individuals who are 70.5 years old or older may use a Qualified Charitable Donation (QCD) to donate up to \$100,000 to qualified charities directly from an IRA or IRA Rollover account to satisfy Required Minimum IRA Distributions (RMD's). Section 307 of the IRS Code indicates that the annual IRA QCD limit will be indexed for inflation, effective for tax years after 2023. The bill did not indicate any change to the current QCD age and QCD's continue to be ineligible for donations to private donor advised fund sponsors, private foundations or supporting organizations.

The age for RMD's from an IRA is increased to 73 with newly issued tables due to longer life experiences nationally and is effective January 1, 2023 and will be extended again to 75 Starting January 1, 2023 IRA owners turning age 72 in 2023 would not be required to take RMD's in 2023.



GRIEF SUPPORT GROUP FORMING

The Jewish Federation is forming a grief support group for those whose spouses or partners have died in the past three years.

If you are interested in joining call Pam at (845) 471-9811. Space is limited.

The group will be led by Judy Elkin LMSW, a social worker for over twenty- five years, with a practice devoted to grief and loss at the Northeast Counseling Center in Poughkeepsie. She is graduate of Yeshiva University's Wurzweiler School of Social Work with an undergraduate degree from Vassar College.

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The Harding Club



How many things in your life are 100 years old? Anyone or anything that old deserves recognition and celebration. So, let's roll out the jazz bands and frolicking flappers and celebrate the 100th anniversary of Poughkeepsie's Harding Club. Charleston? Jitterbug? Nah! Our members are too old to move their bodies in that way. (And, besides, no current HC member is, or ever was, a flapper!) Instead, let's just have a Special Gala. And, it is coming in June. Read further for the much-anticipated announcement of our special guest for the Gala.

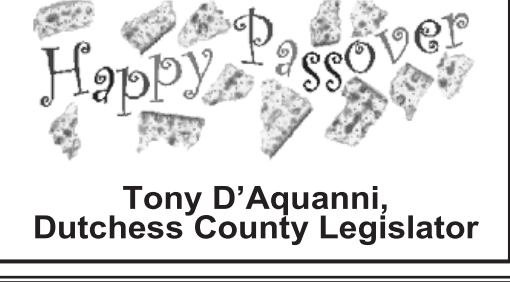
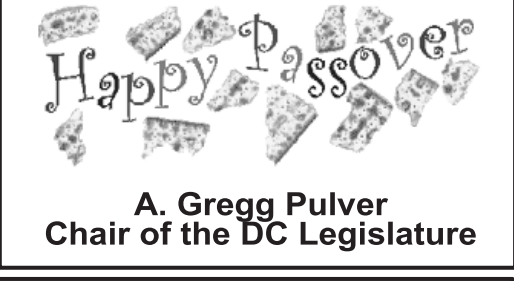
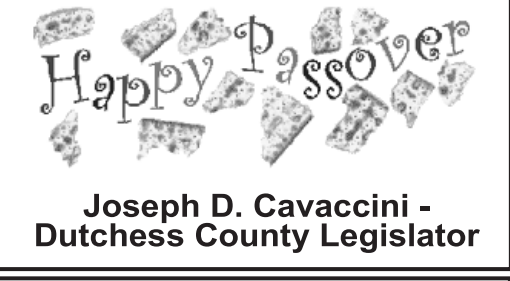
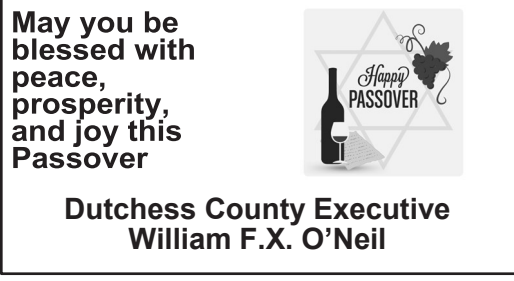
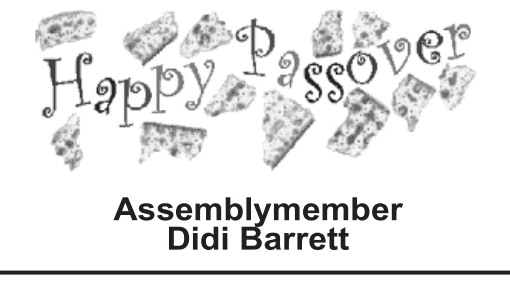
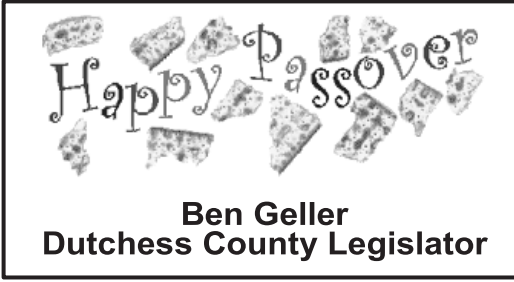
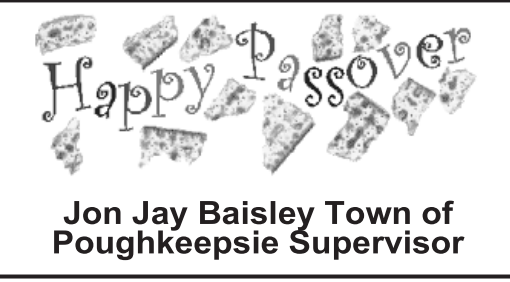
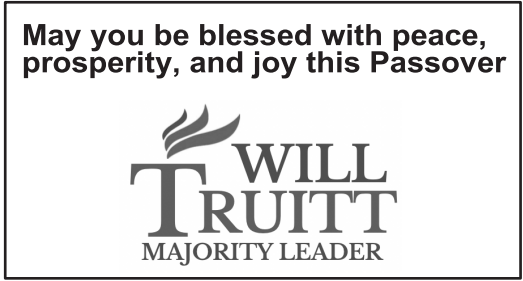
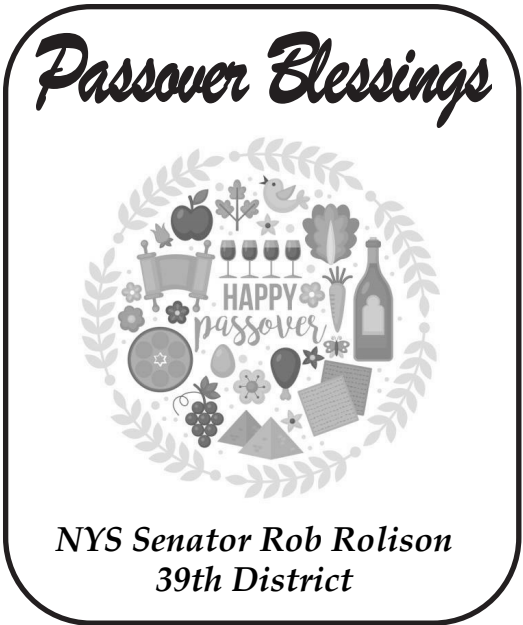
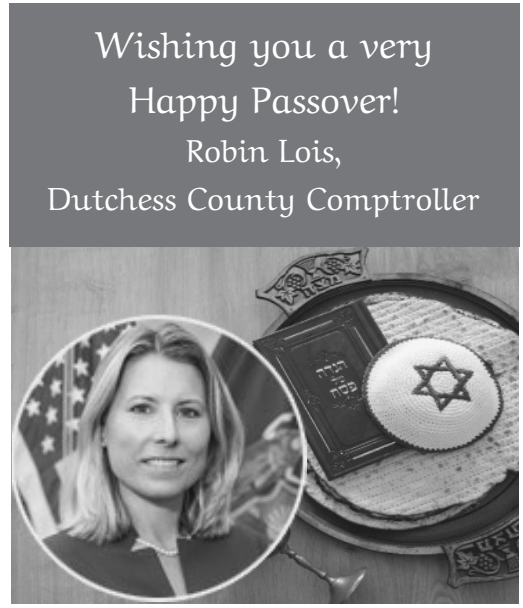
Meantime, the club continues its mission to serve as a social outlet for its many members, meeting twice monthly at a restaurant for dinner, socialization, and an interesting speaker. Here is a sampling of the wide ranging speakers that have recently spoken to the club or are upcoming:

- Chris Silva, Bardavon Director
- Glenn Tanzman, HC member and Vietnam Vet, sharing his combat experiences
- Interim Poughkeepsie Mayor Marc Nelson
- Rick Soedler from the East Fishkill Historical Society
- Steve Domber speaking on local Real Estate trends
- Andrew Schmidt speaking on Guglielmo Marconi
- Kim Ritz, our connection to the PJ Library
- Eric Goldstone, Financial Advisor, speaking on the State of the Bubble
- Appearing at the Gala in June will be Sherry Hall, the Historic Site Manager for the Warren G. Harding Historic Site

If you are interested in broadening your social and intellectual horizons and having an opportunity to do good deeds within our community, consider reaching out to us. We would love to expand our membership base. You are cordially invited to join this group of men who are living up to the club's motto: "Since 1923, a social club for men interested in camaraderie, community, philanthropy, good food, and Jewish culture."

Alan Fox, Harding Club Immediate Past President, alfox21@yahoo.com
 Mike Elkin, Harding Club President

Website: <http://Harding.jigsy.com/> Email: hardingclub1923@gmail.com



Be sure to look for our advertisers in this month's *The Voice*:

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Page 5: Berkshire Hathaway Home Services Hudson Valley Properties

Page 16: Hudson Valley Hospice

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VOICE DEADLINES	ISSUE	DEADLINE
Note deadlines listed.	May	April 1
Email: TheVoice@JewishDutchess.org	June/July	May 1
if you have questions.	August	July 1
	September	August 1



Dear Memory Maker,

Why wait until you're gone to help? Tzedakah is always a good idea! You can donate now! You can always leave the Jewish organization in your community in your will. It's never too early or too late. Even JFedDC has options, call the office if you are interested.

Shoshana

Rabbi's Blog *by Rabbi Joshua Boettiger*

Haggadah means “telling,” and there is understandably a steady focus we put on language and its capacity to transform during the lead-up to Pesach. Yet I find myself thinking a lot about silence this year as we prepare for this season of our liberation.



Rabbi Boettiger

There are different types of silences. When I was in college, I had a “Silence is the Voice of Complicity” bumper sticker on my car. A few years later I ripped off the lower half so it just said, “Silence is the Voice.” Of course neither option really captures it entirely. In the Tanakh, there are many types of silences, ranging from the silence of Aaron’s grief after his sons are killed to Psalm 65: “Silence is praise to You, O God.” The rabbinic tradition has a ton to say about silence, as well, and it is worth asking – for a people so smitten by words, why does there seem to be such a curiosity about silence?

The Midrash says when God gave the Torah on Mount Sinai the entire world became silent. In this spirit we might understand words as only being clarion relative to the silence they rise out of. If the silence has a true depth and feel to it, we will be able to hear the words that follow; otherwise, the words will not reach our ears, and if they do, they will likely sound like mere noise.

If the Jewish people are truly a people of the word, then we must also be a people who commit to understanding, practicing, and conditioning silence. Silence and language seem to go together, to be mutually dependent. As we see in our larger societal context, if there is not a silence for our words to arise from, then there is only cacophony, words upon words, and a climate of out-shouting one another prevails. The world we live in is a place where words themselves are debased, devalued, and utterly forgettable.

So, I imagine we need to cultivate a relationship to silence for our communal tellings to rise from on Erev Pesach and beyond. How might we think about this?

Ivan Illich, in an essay called, “The Eloquence of Silence,” writes that there are three types of silence. The first is the silence of pure listening to the other; it is a silence of humility, of a deep interest which reflects a desire to hear and understand. In some ways this is the core anti-Pharaonic message of Pesach – to re-humanize the other.

Illich’s second kind of silence is the silence that precedes words, the silence that is a preparation for speech – where we consider what ought to be said and how. We do not rush to speak. This makes me think of Aviva Zornberg’s teaching that at our Seders, we are largely silent until the matza unlocks the throat in order to allow a speech that surprises even the speaker, a speech from a wiser, more unconscious place.

The third type of silence Illich names – “the silence of love beyond words” – is, God willing, where we are left once we say “L’shanah haba’ah b’yerushalayim” and our Seders end. We look around the table and beyond the table and experience such a silence. May it be so.

Meet Your Neighbor *By Karen Hochhauser*

Each month, we ask a Member of the Tribe* (MOT) the following questions and feature their answers for a fun and insightful way to meet your neighbors. This month, we are excited to introduce Lisa Arnoff, who took time from deciding which Haggadah to use at their seder, to answer our questions



Lisa Arnoff

- 1. What is your favorite/least favorite word?**
Favorite: *Great*
Least Favorite: *Hate*
- 2. What inspires you creatively, spiritually, or emotionally?**
The earth, the outdoors, and connecting with nature.
- 3. What is your favorite song?**
“Lovely Day” by Bill Withers.
- 4. What profession other than your own would you like to attempt?**
Work at an ice cream shop, a pizza restaurant, or a bakery (or all of the above)!
- 5. What profession would you not like to attempt?**
Massage therapist. They are incredibly important and I respect the profession immensely but I know I couldn’t do it.
- 6. What is your favorite Jewish food/dessert?**
Hummus
- 7. What do you most like and dislike about yourself?**
Like: *I am pretty easy going.*
Dislike: *I have a hard time saying “No”.*
- 8. What is one interesting thing that people don’t know about you?**
That I have a small farm.
- 9. If you could choose a superpower, what would it be?**
The ability to be in two places at once.
- 10. What is your greatest achievement/something you are most proud of?**
I am super proud of all my kids.
- 11. Do you have a “bucket list” and, if so, what is on it?**
I hate the term “bucket list” but I would like to do more travel.
- 12. If there were one thing you would hope others do in the interest of our future, what would that be?**
Travel to Israel.
- 13. What is your earliest Jewish memory?**
Going to the seder at my Uncle Jack and Aunt Lee’s house in Queens. There was always tons of singing.
- 14. What is your most favorite Jewish memory?**
The first time we saw the Wall in Jerusalem.
- 15. In what ways does or can JFedDC impact our Jewish Community?**
In our community, the Jewish Federation can/could/should be like our Jewish Community Center. Be a place and a resource for bringing all members of our local Jewish community together.
- 16. If Heaven exists, what would you like to hear God say when you arrive at the Pearly Gates?**
No calorie ice cream.

*Member of the Tribe



Do you know someone graduating from High School or College?

If so, email their name, a picture, and from which school they are graduating from?


Email: TheVoice@jewishdutchess.org

Peace to you this Passover!



Elyse & Neil Mansfield

Happy Passover

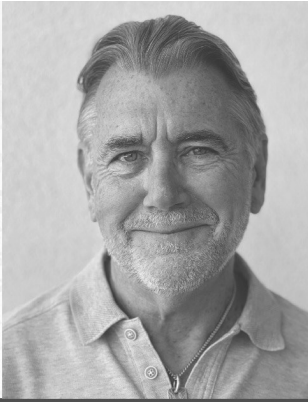


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LECTURE BY:
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 NORTHWESTERN UNIVERSITY



Professor Emeritus of History and Holocaust Studies at Northwestern University and award-winning author Dr. Peter Hayes will examine two key questions: why the Jews, and why was no one willing to stop the killing?

**THURSDAY
 APRIL 13
 7 P.M.**

Even now, after so much scholarship on the Holocaust, many people find understanding why and how such horrors occurred very difficult. Professor Hayes will distill the findings of his recent book, “Why? Explaining the Holocaust,” which has been translated into German, Spanish, Slovak and Chinese.

The lecture is facilitated by Dr. Werner Steger, DCC professor of history and recipient of the Handel Foundation-Greenspan Trust Endowed Chair in Holocaust and Genocide Studies.

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James and Betty Hall Theatre, Dutchess Hall | Dutchess Community College
 Visitors are advised to park in Lot D (90 Cottage Road, Poughkeepsie, NY 12601)

Call (845) 431-8400 for more information on this event.

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Passover

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Happy Passover

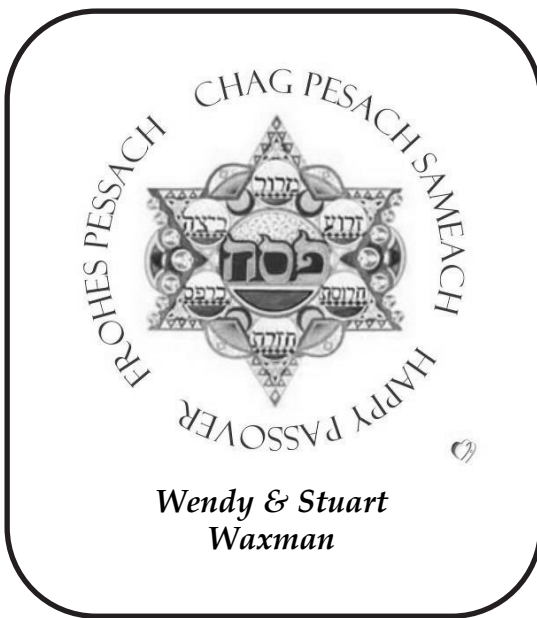
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HAPPY


 PASSOVER!
 The Gorin
 Family

May you be
 blessed with
 peace,
 prosperity,
 and joy this
 Passover



Rabbis Miriam Hyman &
 Michael Fessler and Family

May you be
 blessed with
 peace,
 prosperity,
 and joy this
 Passover




Ronnie & Carl Wolfson
 and Family


Happy Passover



Roni & Charles
 Stein


HAPPY

 PASSOVER!
 Phyllis & David
 Miller

May you be
 blessed with
 peace,
 prosperity,
 and joy this
 Passover




Marian & Ralph Schwartz

May you be
 blessed with
 peace,
 prosperity,
 and joy this
 Passover




Roberta & Len Grosman


Happy Passover



Evelyn Weiss
 & Family


HAPPY

 PASSOVER!
 Candy & Lou
 Lewis

May you be
 blessed with
 peace,
 prosperity,
 and joy this
 Passover




The Slate Family: Eileen, Jerry, Jacob,
 Alanna, Daniel, Emma, & Abigail

May you be
 blessed with
 peace,
 prosperity,
 and joy this
 Passover



Sharon & Howard Lynne

Happy Passover



Bob Ulrich

May you be
 blessed with
 peace,
 prosperity,
 and joy this
 Passover




Sharon, Cynthia, & Harold Warren

May you be
 blessed with
 peace,
 prosperity,
 and joy this
 Passover




Miriam Gold and Family


Happy Passover



Rose, Brion, & Joshua
 Shapiro


HAPPY

 PASSOVER!
 Beth & Alan
 Haber

May you be
 blessed with
 peace,
 prosperity,
 and joy this
 Passover



Ellen & Victor Stern and Family

May you be
 blessed with
 peace,
 prosperity,
 and joy this
 Passover




The Hankin Family

Happy Passover




Miriam & Frank Rubin

May you be
 blessed with
 peace,
 prosperity,
 and joy this
 Passover



Gwen Greene

May you be
 blessed with
 peace,
 prosperity,
 and joy this
 Passover



Grete & Marty Finkelstein

Happy Passover




Paula & Azzy Reckess

HAPPY


 PASSOVER!
 Linda & Eric
 Perfecto

May you be
 blessed with
 peace,
 prosperity,
 and joy this
 Passover




Gail & Dr. Samuel Simon

May you be
 blessed with
 peace,
 prosperity,
 and joy this
 Passover




The Friedland Family

Happy Passover



Betsy Kopstein-Stuts and
 George Stuts (z"l)

HAPPY

 PASSOVER!
 Sandy & Lee
 Corwin

May you be
 blessed with
 peace,
 prosperity,
 and joy this
 Passover



Barbara Scheer & Family

May you be
 blessed with
 peace,
 prosperity,
 and joy this
 Passover




Karin & Jack Fein

Happy Passover




Jane & Steven Idell

May you be
 blessed with
 peace,
 prosperity,
 and joy this
 Passover




Richard Berman

May you be
 blessed with
 peace,
 prosperity,
 and joy this
 Passover




The Arnoff Family


Happy Passover



Suzanne Horn


HAPPY

 PASSOVER!
 Blanche & Lou
 Bergman

May you be
 blessed with
 peace,
 prosperity,
 and joy this
 Passover



The Quackenbush Family

May you be
 blessed with
 peace,
 prosperity,
 and joy this
 Passover



Lydia Bauman and Family

Happy Passover



The Hentel Family

Community Purim Carnival 2023 Extravaganza! *By Kimberly Ritz, PJ Library Program Director*

Our annual Community Purim Carnival was a hit for all ages this year! With over 100 attendants, the carnival offered something for everyone as they walked-through a lively, sensory carnival experience. Families stopped at multiple stations led by our Jewish Community Organizations to play games related to Purim, collect prizes, compete in gaga ball, take home balloon art from Darryl Bielski, get their faces painted, and enjoy yummy concession stand snacks including homemade Hamantaschen from Congregation Schomre Israel's sisterhood!

The highlight of the event was the bubble and balloon extravaganza with the infamous bubble artist **Rick Moore** and his live show **Bubble Show Plus**. He dazzled the audience with his magical performance of bubbles, balloons and beyond! Several special guests won the raffle to be placed inside of the giant balloon together! It was a visual delight for our community!

We closed the event with our annual costume contest that is always adorable and so fun to watch! In summary, everyone appreciated being able to celebrate Purim together once again! If you would like to be invited to upcoming events for young Jewish and interfaith families please email: pjlibrary@jewishdutchess.org so we can add you to our PJ Library email list.



**LIONS & TIGERS
& BEARS OH MY!
STORYTIME**
AT
TREVOR ZOO
APRIL 2, 2023 11:00 AM
RSVP
pjlibrary@jewishdutchess.org

PJ Library



RELIGIOUS SCHOOL

BEACON HEBREW ALLIANCE

Friday afternoons, ages 9-13 years
Sunday mornings, ages 5-13 years
331 Verplanck Ave, Beacon
Contact celia@beaconhebrewalliance.org
Led by Education Director, Celia Bacowski -Masa is filled with joyful Jewish experiences, including song, dance, art, food, field trips, and more!

CHABAD MID-HUDSON VALLEY

Sunday, 10:00am-12:15pm, ages 5-12 years
63 Vassar Rd, Poughkeepsie
For information contact Hindy Borenstein, Director (845) 463-5801
chabadmidhudsonvly@prodigy.net

JUDAIC SCHOOL OF THE ARTS

Sunday, 10:00am-12:00pm
For information www.mypardess.org/JSA

RHINEBECK JEWISH CENTER

Monday, 4:00-5:30pm
Tiny Tots Division (ages 1-5)
Intermediate Division (ages 6-10)
Bar and Bat Mitzvah (ages 11-13)
For information, contact Rebbitzin Tzivia Hecht, Director (845) 876-7666 or tziviehecht@gmail.com

CONGREGATION SHIR CHADASH and TEMPLE BETH-EL

Kulanu: All of Us A School of Jewish Learning
A joint religious school program with Shir Chadash and Temple Beth-El
Our collaborative school models the true meaning of *Klal Yisrael* (Jewish peoplehood) by increasing the sense of Jewish community and partnership for our students and families. It allows students to get to know their Jewish peers and to receive a broader Jewish education. Students explore Jewish tradition, history, and culture through art, music, movement, and text. For grades Pre-K through Bar/Bat Mitzvah.
Classes meet:
Pre-K through grade 6, 10:00am-12:30pm on Sundays*
January-Mid March we meet on Saturdays and explore Shabbat.
Grades 3-7 also meet Tuesdays 4:45pm-6:15pm.
B'Nai Mitzvah class (grade 7 meets Saturday mornings).

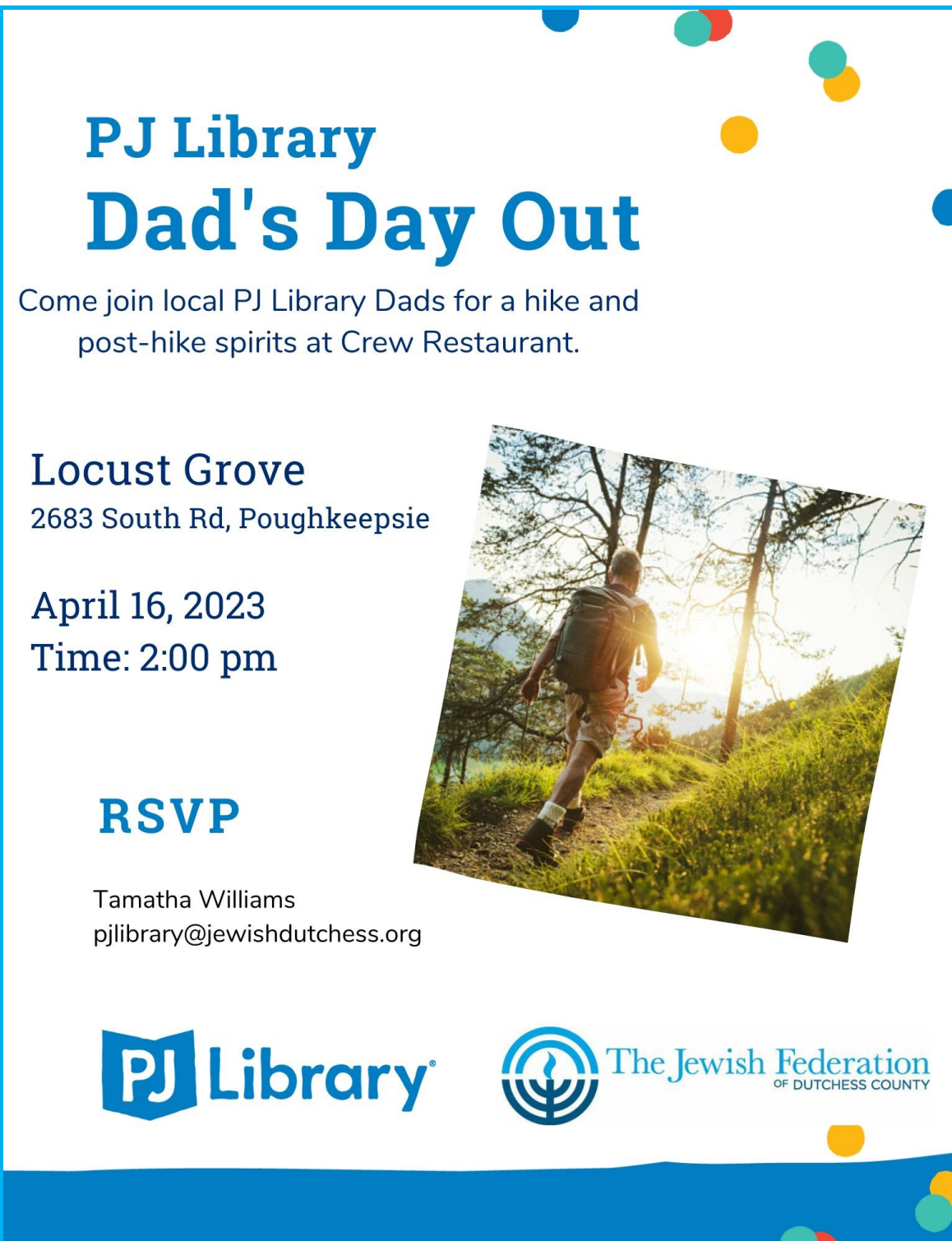
For more info contact:
Rabbi Miriams Hyman: Education Director Temple Beth-El at education@tbeny.org
Rabbi Glenn Jacob: Congregation Shir Chadash rabbigmj@gmail.com

VASSAR TEMPLE

Vassar Temple provides a program of Jewish education within the Reform Movement's guidelines, which deepens a student's Jewish experience and knowledge in an accepting and stimulating learning environment. Our philosophy of Jewish learning is based on the quotation from Pirke Avot, "The world depends on three things: on Torah, on worship and on deeds of loving kindness."

The Seth A. Erlebacher Religious School for grades K-7 meets Sunday mornings. The Hebrew School, which meets Wednesday afternoons, offers innovative individualized Hebrew language instruction and bar/bat mitzvah preparation for those in grades 4-7. We also have a special religious education program for grades 8-up. Teens may prepare for Confirmation during 10th grade and may work as madrachim (teacher aides) in the Sunday school.

New enrollments are welcome throughout the year. The religious school and Hebrew School are directed by Rabbi Renni S Altman, D.D. For more information, rsdirector@vassartemple.org (845) 454-2570.



PJ Library Dad's Day Out


Come join local PJ Library Dads for a hike and post-hike spirits at Crew Restaurant.

Locust Grove
2683 South Rd, Poughkeepsie

April 16, 2023
Time: 2:00 pm

RSVP

Tamatha Williams
pjlibrary@jewishdutchess.org

PJ Library 

*PJ Library, a flagship program of the Harold Grinspoon Foundation (HGF), was launched with a humble beginning in 2005 in Western Massachusetts, sending children's books about Jewish holidays, culture, and values. Today, PJ Library has grown into an internationally recognized, \$40M global cultural literacy venture that partners with philanthropists and Jewish communities around the world to provide families raising Jewish children ages 0-12 with the gift of free, high-quality children's books and other resources that foster a deeper connection with Jewish life (www.hgf.org).
Thank you!*



הגדה Haggadah to tell

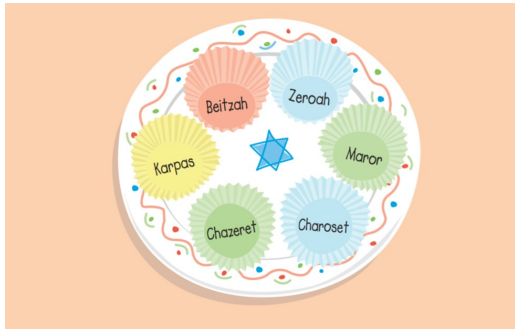
Here's a craft from the PJ Library Passover Hub:

Supplies:

- Large paper plate
- 6 mini cupcake liners
- Glue
- Markers
-

Directions:

1. Glue the cupcake liners around the edge of the paper plate.
2. Use the markers to label each liner with the name of one of the seder plate items, and add colorful drawings around the rest of the plate. (This is a celebration, after all.)
3. Fill the plate with the seder items.



Display proudly at your family's Seder!

Tamatha



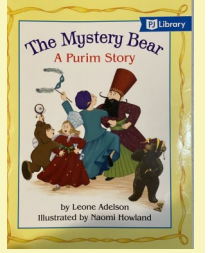
Congratulations, Tamatha for stepping into the role of PJ Library Director

Suzanne

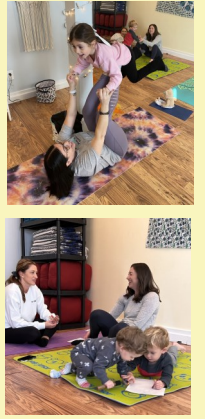


Purim and the Yoga Bear By Tamatha Williams

When people hear that PJ Library has collaborated with Mindful Yoga With Liz, there is no shortage of excitement. Parents and children alike love Liz, immediately feel the calm in her serene studio, and can't wait to pose like Liz's special yoga bear. At this particular PJ family gathering, the yoga bear was magically transformed into the Purim bear.



After a few yoga poses, we paused and listened to a special PJ Library book, *The Mystery Bear A Purim Story* by Leone Adelson. In this light hearted tale, the characters in the storybook were dressed in their most festive Purim costumes. One child seemed to be wearing a fabulously realistic, impeccably fitting bear costume. While everyone wondered who was disguised as the bear, one clever child knew that underneath all that fluffy fur was a REAL bear! Sing the yoga bear as our special prop to help invoke imaginations, the children demonstrated their most impressive bear roars and best bear poses.



I hope you can join us at our next gathering to share in the fun!



More Purim Carnival



Passover By Suzanne Turrisi, PJ Library Assistant Director

Why do we tell the Passover story every year? What would happen if we stopped telling it?? As Jews, we are commanded to remember and retell the story. We learn to remember our ancestors and to have faith in G-d, no matter what! We commemorate the liberation of the people who were led out of bondage by Moses! Freedom isn't always free! Many are still in bondage today! This Pesach, discuss how you and your family can help eradicate enslavement. Perhaps you are enslaved by old habits? Think how we can free ourselves and others this season!

"It's almost time for Passover! If you're hosting the seder, a festive meal that kicks off Passover this year, you'll need a special centerpiece – your very own seder plate.

A seder plate holds symbols of the Passover story. *Karpas* — a green vegetable, often parsley — is dipped in salt water to remind us of the tears of the enslaved Israelites. A sweet fruit paste called *charoset* (from the Hebrew word *cheres*, "clay") is like the mortar that the Israelites used to construct buildings for the Egyptian empire. *Maror*, a bitter herb (usually horseradish), recalls the bitterness of slavery. It is sometimes joined by *hazeret*, a second bitter herb. A roasted lamb shank bone, *zeroah*, is a reminder of the offering the Jews made before leaving Egypt. (Vegetarian families will sometimes use a beet instead). Lastly, the *beitzah* — a roasted or hard-boiled egg — stands for the offering made on every holiday in the days when the Temple stood. That's one powerful centerpiece!" -PJ Library Hub (www.pjlibrary.org/passover.)

TINY TEMPLE—Sunday April 23, 10:30am

All young children up through kindergarten are invited to bring their grownups to Vassar Temple for "Tiny Temple," a program of fun and learning designed just for them. This event is free and open to the community and will feature hands-on activities, stories, song, and a healthy snack. For more info or to RSVP, just call the temple office (845) 454-2570.



PJ LIBRARY FAMILY OF THE MONTH:

Family Name:
The Meshulam Family

How many kids are in your family and what are their ages?
1 kid—Ellie is 18months old

How long have you been receiving PJ Library books?
We have been receiving PJ Library books for a little over a year.

What is your family's favorite PJ Library book?

We love *Time for Bed* by Vicki L. Weber because it fits perfectly into our bedtime routine!

How did you hear about PJ Library?
We heard about PJ Library from family members.

Why is PJ Library important in your home?
PJ Library is important in our home because the stories create a starter for conversations about Jewish traditions, and they offer a fun way to teach Jewish values to our daughter. We regularly read the book to Ellie, which reinforces these great lessons.

How has PJ Library influenced your family's Jewish living and decisions?
PJ Library has influenced our family's Jewish living and decisions because the books have taught us about new traditions we can incorporate into our lives as we celebrate each holiday. The events have gotten us involved in our local Jewish community as well!

Is PJ Library helpful to you as a parent? How?
Yes! PJ Library books have allowed us to offer age-appropriate Jewish lessons to our daughter, and we get to learn along with her. We also love the PJ Library events as they have helped us to expand upon our family's Jewish connections and experiences.



Family of the Month

Please check out all of our PJ Library Events on our Facebook Page: "PJ Library Mid-Hudson Valley" and in our bi-monthly PJ Library and PJ OurWay E-News and Mid-Month Update emails! Got Questions? New to the community or looking to make connections with other families? Interested in a Grandparent's Circle? Want to start a Parent's Night In or a monthly playgroup? We can help! Email: pjlibrary@jewishdutchess.org Join our PJ Library Mom's What's app Group or our Mid-Hudson Valley PJ Library Families FB Group via Email: pjlibrary@jewishdutchess.org



May you be blessed with peace, prosperity, and joy this Passover



PVT. Herman Siegal Post #625 Jewish War Veterans

May you be blessed with peace, prosperity, and joy this Passover



Love, Fritz & Jack Goodman

May you be blessed with peace, prosperity, and joy this Passover



Sandra & John Blair



Happy Passover from Kogon Blacktop

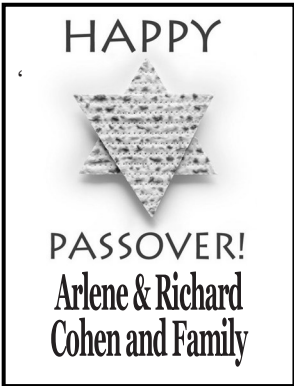
May you be blessed with peace, prosperity, and joy this Passover



The Dworkin Family



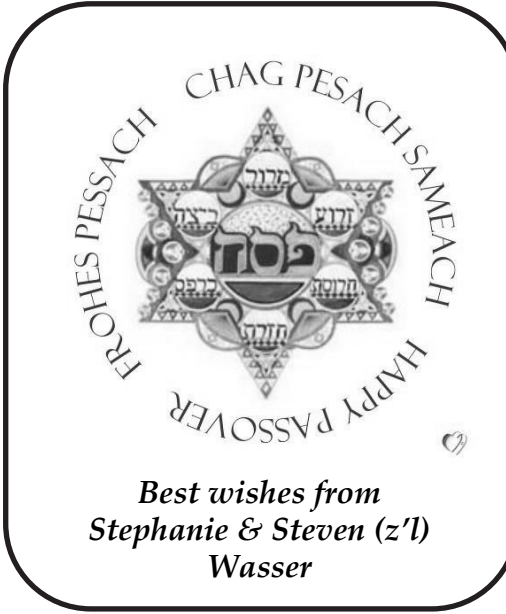
Dr. Bernardo and Sharon Steinvurzel & Family



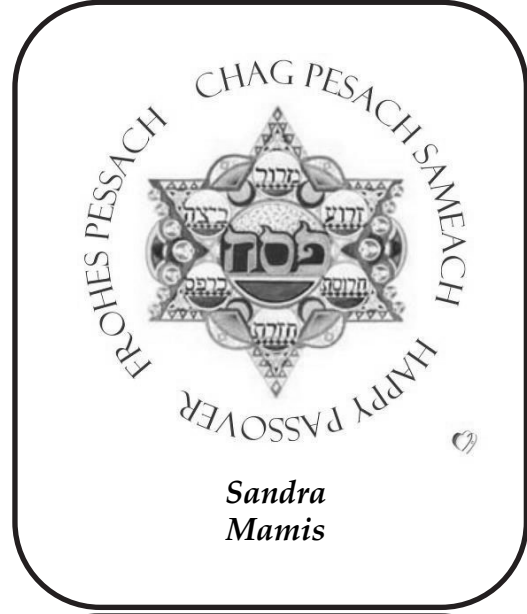
Passover Blessings



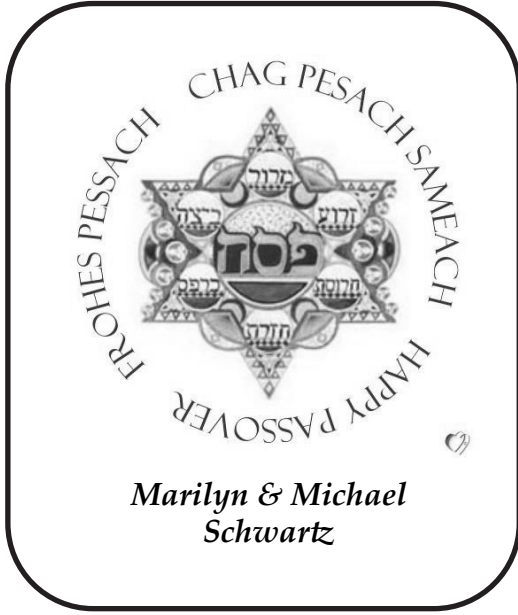
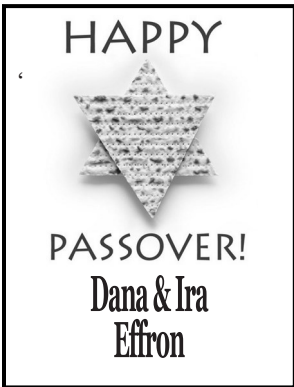
Hochhauser, Marks Family
Martin, Karen, Samuel,
Alexander, & Benjamin



Best wishes from
Stephanie & Steven (z'l)
Wasser



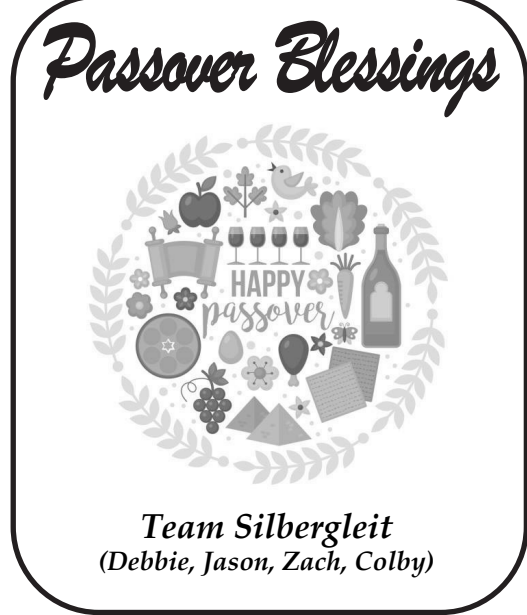
Sandra
Mamis



Marilyn & Michael
Schwartz

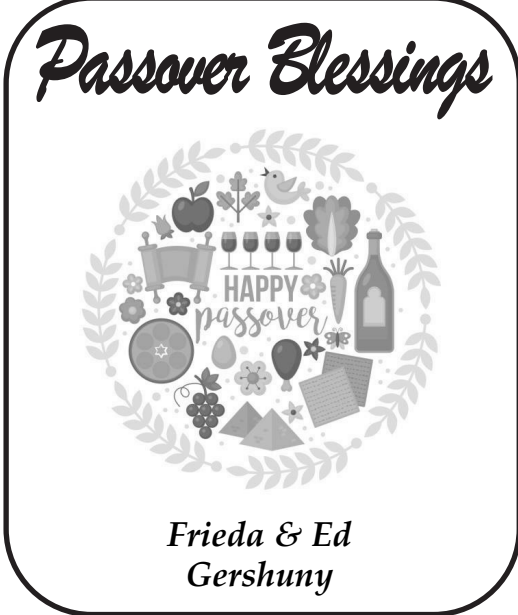


Rebecca & Bert
Cohen



Passover Blessings

Team Silbergleit
(Debbie, Jason, Zach, Colby)



Frieda & Ed
Gershuny

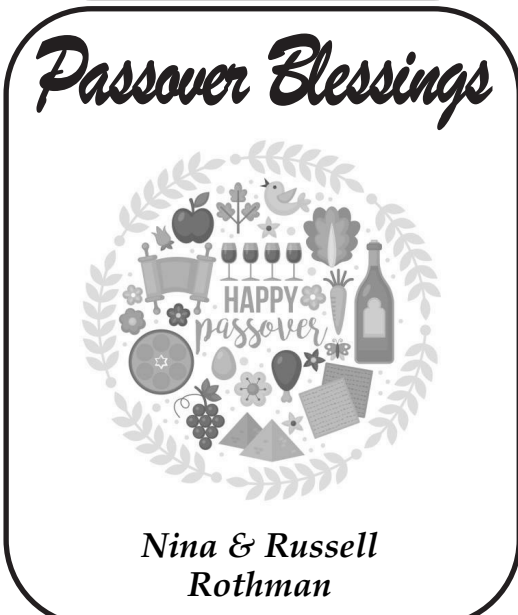


Brenda Baker and
Family

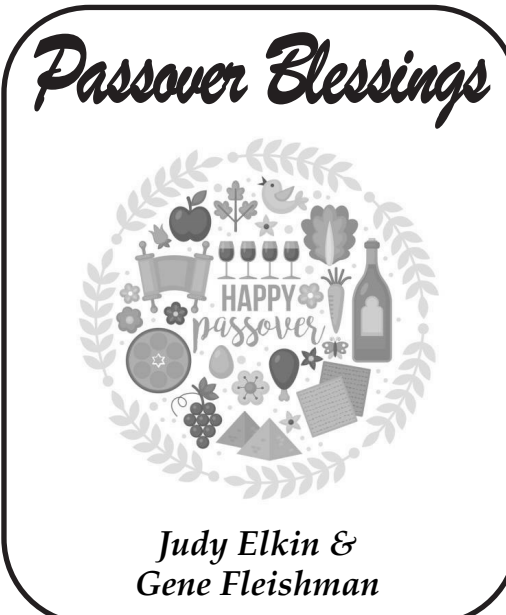


Passover Blessings

Rebecca
Edwards

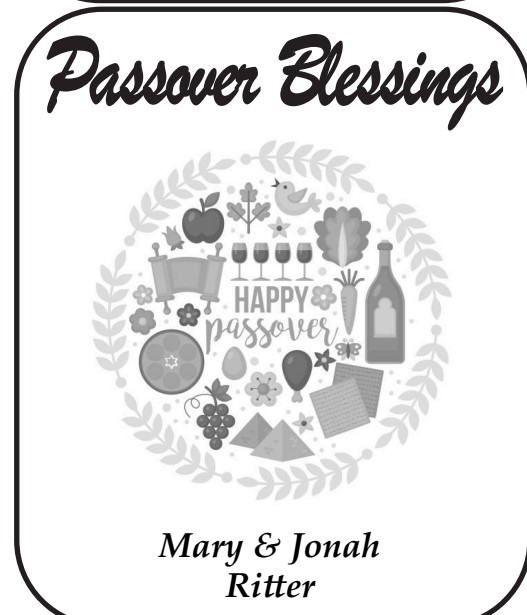


Nina & Russell
Rothman



Passover Blessings

Judy Elkin &
Gene Fleishman

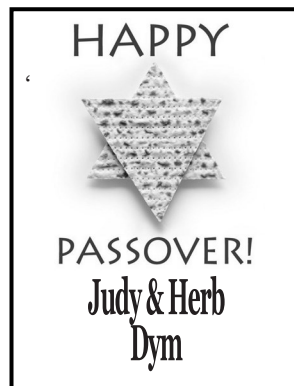


Passover Blessings

Mary & Jonah
Ritter



The Breslow/
Glassman Families



Judy & Herb
Dym

May you be blessed with peace, prosperity, and joy this Passover

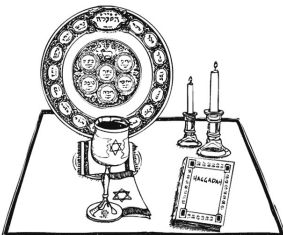


Sisterhood Schomre Israel

May you be blessed with peace, prosperity, and joy this Passover



Congregation Schomre Israel



Happy Passover To All From The Harding Club

Join us and enjoy good fellowship, great meals, and excellent speakers. We meet twice a month!
Visit our Website at: <http://harding.jigsy.com>



The Vassar Temple Sisterhood Judaica Shop



offers a wide selection of religious articles throughout the year:
Seder Plates, Books, Haggadot, Matzoh holders and covers great gift ideas & more! Gift certificate available.

Our Judaica Shop features jewelry & art from Israel.
Open Monday-Friday from 10:00am-2:00pm
Call (845) 454-2570 or email Judaica@vassartemple.org for appointment

Love, Peace and Happiness from the Sisterhood!



The ROMEOS

(Retired Older Men Eating Out)

Best wishes for a ziesen Pesach!

- | | |
|-------------------|----------------------|
| Peter Albenda | Martin Hochhauser |
| Richard Berman | Bob Morrison |
| Herman Chertock | Lou Newman |
| Stu Chimkin | Frank Rubin |
| Herb Dym | Michael Schwartz |
| Mike Elkin | Ralph Schwartz |
| Marty Finkelstein | Dave Shron |
| Alan Fox | Eli Sloves |
| Jerry Goldberg | Bernardo Steinvurzel |
| Eli Gorin | Victor Stern |
| Spencer Gorin | Bob Ulrich |

And in memory of all departed members



Simply Gourmet



From Your Friends at Marianne's Floral Garden



Austin Ryan Optika
www.austinryanoptika.com
(845) 635-3700

The Family and Staff at M. Torsone Mem. Funeral Home

Stop & Shop
Poughkeepsie, NY

Peace to you this Passover

Cecelia Morris

Passover Blessings

From Liscum, McCormack, VanVoorhis Architects

Dr. Lorraine Patten, DDS & the staff at Schwartz & Patten DDS PC

Avalon Assisted Living and Wellness Center in Wappingers Falls

HAPPY PASSOVER!

The Three Arts Bookshop

Passover Blessings

The Matchbox Cafe

Passover Blessings

Sugar & Spice Café and Spice Catering

Passover Blessings

Wm. Miller & Son Funeral Home, Inc.

Peace to you this Passover!

Lewis & Greer, P.C.

The Federation Board's Voice



Betsy Kopstein-Stuts

Dear Friends,

As I write this article for *The Voice*, I am looking forward to Spring and the celebration of Passover. These two events were meant to be together as written in our Torah. "Guard the month of the spring, and make Pesach to the Lord your G-d, because it was in the month of the spring that the Lord your G-d took you out of Egypt at night" (Devarim 16:1).

"Why", I have often asked myself. I believe that they both have as their message hope: hope that there will be a bounteous harvest, hope that our flowers and trees will blossom and beautify our homes, and hope that we will no longer be slaves and that freedom will prevail. I truly believe that we as a people have a responsibility to ensure that all people have this hope.

I believe, as our Federation's mission states, that we serve as an organization to better and to enrich the lives of our fellow Jews and our community at large. How do we go about these goals? We have our *Mitzvah Now* where we deliver holiday greetings and bags to those who are alone, and we try to stay in touch with them to give them hope that people care. We join with other groups to adopt Morse School and help provide them with necessities: food and clothes, etc. We stand up for freedom for the oppressed as we did with our Ukraine drive.

There is so much more we could do through Federation. But to do so, not only do we need your contributions, but we also need you!! With an expanding volunteer group, we could do so much more.

Won't you consider calling JFED at (845) 471-9811 and offer your services.

Hag Samech to you all.
Betsy Kopstein-Stuts

Editorial for *The Voice*, April 2023

Recently, the Jewish Federation of Dutchess County was asked to look into a class being taught this semester at Bard College about the Israel/Palestine conflict. The title of the class and course description which had been posted on social media raised concern that the course may cross the line of legitimate criticism and have a negative effect on Jewish people on campus and even beyond. We have met with representatives from Bard College to discuss the course, its place in the overall Bard curriculum, and its potential impact on our community. While the Jewish Federation of Dutchess County has not had access to the syllabus, listing of course material, or plan for guest speakers, Bard has told us that the course will present a variety of viewpoints and encourage open discourse on a complex topic. We appreciate the welcome that Bard afforded our organization when we requested a meeting, and we know that Bard recognizes the seriousness of this issue.

In modern day, throughout the United States and globally, there is a rise of attacks on the Jewish Community thinly veiled as criticism of Israel in the name of social justice. And this is a concern for us. This is why Jewish Federations, like the Jewish Federation of Dutchess County, work every day to build relationships, engage the community, and advocate for Israel. We work tirelessly to uplift and protect the Jewish community and to fight against antisemitism and the delegitimization of Israel.

The Jewish Federation of Dutchess County respects the excellent institutes of higher education in our county. We are more aware now, than ever, that we must support and pay attention to the programs at these institutes. It is our job to help the colleges and other institutes ensure that Jewish students are protected, and that their communities are not causing harm to the Jewish people. We look forward to being in even closer contact with the colleges and schools in our area to help them ensure that there is a balance of viewpoints and no one belief is presented to the impressionable minds of the students who are preparing to enter the world as responsible and concerned citizens. It is our mission to support the Jewish people and Israel within Dutchess County and beyond, and we continue our work with fervor.

(Bard College Course Description)

Apartheid in Israel-Palestine

Course Number **HR 395** CRN Number **11324** Class Cap **15** Credits **4**
 Professor **Nathan Thrall**
 Schedule/Location **Tue** **9:10 AM-11:30 AM Olin 306**
 Distributional Area **SA Social Analysis D+J Difference and Justice**
 Crosslists **Global & International Studies; Middle Eastern Studies**

This course will examine Israel-Palestine and the crime of apartheid. What is apartheid? Is it primarily an analogy to a period of rule in 20th-century South Africa and Namibia? Is it a legal concept that exists independently of any similarities and differences with apartheid in South Africa? Why have leading international, Palestinian, and Israeli human rights organizations found that Israeli officials are committing the crime of apartheid? What are the political, analytical, and legal implications of this finding? Through close scrutiny of recent reports on Israeli apartheid by leading human rights organizations, including Human Rights Watch, al-Haq, and B'Tselem, as well as criticisms of those reports, students will survey the central issues concerning apartheid in Israel-Palestine. These issues include legal as opposed to popular conceptions of the crime, defining the perpetrators and victims of the crime, understanding the relationship between apartheid framings and settler colonial framings of Israel-Palestine, arguments over the geographical scope of the crime, and whether Israeli practices in the occupied territory are committed by the Israeli state or by a distinct regime that is separate from it. Guest speakers may include representatives of leading Israeli, Palestinian, and international human rights organizations.

Our Executive Director



A "crumby" holiday

I have always found it interesting how memories, both good and bad, can be triggered. For example, a particular song can remind us of loved ones who are no longer with us or take us instantaneously back to our teenage years, experiencing special moments of love or heartbreak. The other day I was driving with the windows slightly down, as it was an unseasonably warm day, and I heard the spring peeper frogs singing their mating song. This immediately made me think of my mom. She loved hearing those frogs knowing that spring was around the corner with a new season of rebirth and renewal of the earth. She was one who loved every season for how each one was unique and had its own beauty.

Smell, however, I believe is the strongest trigger of memory. Have you ever smelled someone's cologne or perfume and immediately thought about an individual who used to be a part of your life 10, 20, 30 years ago or longer? Or what about a pot of chicken soup cooking and filling the house with memories of grandparents or great-grandparents and their traditions? Chicken soup, we say, is the Jewish penicillin. It cures those who are not feeling well. It heals and nourishes the soul, particularly around the Jewish holidays. Making a big shissel of chicken soup with matzah balls makes everything better.

With Passover upon us, I cannot help but think of all the traditions that have been instilled in me. Parents do not necessarily know what foods, ideas, traditions, or behaviors children will absorb and eventually make part of their own. Growing up, if I am to be honest, I sincerely and thoroughly disliked Passover. We have a traditional/kosher home, which meant that all the regular dairy and meat dishes and pots and pans had to be brought downstairs and the Passover dairy and meat dishes and pots and pans had to be brought upstairs. The cleaning, oy! the cleaning, that had to be done. Non-kosher-for-Passover food had to be removed from the house. The fridge/oven/microwave/counters/cabinets were all meticulously cleared and cleaned. My mother used to call it our "Spring Cleaning". I just remember the investment of hours upon hours doing so. Apparently, some people like this process and embrace the holiday with gusto. Good for you I say...and want to extend you an offer and invitation to come over to my house to help.

However, in my "ripe old age", I have now found an appreciation for what my mother had instilled in me. There is something wonderful and renewing about cleaning and starting all over. My father comments every year how he has never seen the fridge or freezer look so empty (that is until I start cooking for the seders and viola full fridge all over again.) But once the matzah comes out, oy!, the amount of crumbs that are everywhere during the week (hence a "crumby" holiday).

Even funnier in my own mind is how when I was younger, I felt the seder took FOREVER!! While I appreciated the importance of reading the story of our ancestors, I felt like it took us 40 years just to go through the Haggadah. Then, after the meal, how many songs did we really need to sing? Fast forward to the wiser and more mature Karen; I love, love, love the songs at the end. Even if I have to sing them by myself because everyone else has departed the table, I will sing them. I will sing them for my mother. I will sing my Uncle Lanny's favorite unique tunes. I will sing for joy, redemption, traditions, my ancestors...I will sing with the hope that someday my children may look back with a fond memory of how they had to suffer through the seder listening to their mother sing all while they teach our family tunes to their children and grandchildren.

So as the daffodils and crocuses start to peep through the earth and the weather starts to warm, I wish you all a Zissen Pesach!
Karen Hochhauser

MITZVAH DAY
A Day of Caring and Service

**Sunday,
May 7, 2023**

**Breakfast
starts at 9 am**

**Mitzvah Day Headquarters: Congregation
Schomre Israel (18 Park Ave, Poughkeepsie, NY)**

**Project include: Clearing Pershing Cemetery,
Supporting Seniors, PJ Library Activities, The
Lunch Box, Cereal Counts, and more**

For more information and to register, visit:
www.jewishdutchess.org/events

JEWISH FOOD

Connecting our Community through Food

Send us your favorite Kosher recipe so we can share it.

Please email to: TheVoice@jewishdutchess.org.

Karpas Salad

This was named after the spring herbs and bitter greens featured at the Seder. Hopefully you will have some homegrown bounty to add to this inviting salad.

SALAD:

- 6 ounces baby arugula (about 6 loosely packed cups)
- Leaves from 2 bunches flat-leaf parsley (about 4 cups)
- Leaves from 1 bunch cilantro (about 2 cups)
- 1/2 cup chives cut into 1/8-inch lengths
- 3/4 cup dried pitted dates, thinly sliced
- 1/2 cup pine nuts, toasted and cooled
- 1 1/2 cups pomegranate seeds (about 2 pomegranates)
- Fresh dill sprigs, to garnish

DRESSING:

- 2 to 3 tablespoons fresh lemon juice
- 3 tablespoons extra-virgin olive oil
- Kosher salt and freshly ground black pepper

For the salad: In a salad bowl, combine arugula, parsley, cilantro, and chives. Add dates and pine nuts and toss. (Cover and chill if needed to serve a bit later.)


For the dressing: In a small bowl, whisk lemon juice (to taste) and oil. Season with salt and pepper. Toss salad with dressing. Sprinkle with pomegranate seeds and dill to garnish, adjust seasoning and serve.

Makes 8 side-dish servings

Adapted from *The Community Table: Recipes and Stories From the Jewish Community Center in Manhattan and Beyond* by Katja Goldman, Judy Bernstein Bunzl and Lisa Rotmil (Grand Central Publishing, 2015, \$35)



May you be blessed with peace, prosperity, and joy this Passover



Barbara & Harvey Katz and Family

Peace to you this Passover!



Barbara & Irwin Lifshy

Parsley, Sage, and Horseradish?

How to Plant a Spring Garden or Passover Garden *Submitted by Miriam Rubin*

Starting late April through mid-May, when the weather begins to warm, if it is not too rainy, it is time to start planting your garden.



If you're new to gardening, herbs are a super-rewarding way to begin, even if that's all you do. Herb plants are ready to harvest soon after planting; simply snip a few leaves to add freshness to any dish. You can also proudly display your home-grown parsley on the Seder plate.

When to begin: If you have an established garden plot or raised beds, squeeze a handful of soil; it shouldn't clump or feel overly cold or damp. Frost should be mostly behind us. In Pittsfield and Boston, average last frost dates are May 1 to 15, though most of these herbs survive a light frost.

How to start: For an established garden bed, dig up or pull any weeds and chop compacted soil. Work in about 1 inch of compost. For raised beds, the soil warms more quickly and you'll have fewer weed problems. Still, yank any out, adding soil if needed and compost to aerate compacted soil. For first-time gardeners or for small yards, an easy solution is to grow herbs in large containers or pots. Place the container in a sunny spot, layer gravel in the bottom for drainage, then fill with organic potting soil.

What to plant: Parsley, sage, thyme, and chives are good beginning herbs; they can take a little cold and a bit of frost. Start with herb plants instead of seeds. Don't reach for basil and rosemary just yet. Wait until the weather warms.

Choose organically-grown plants whenever possible to protect the butterflies and bees. Plants should be perky and fresh-looking, no wilted leaves. Avoid those with a mass of roots at the bottom of the pot which means the plant has been there a while.

Sage, thyme, and chives are perennials, meaning they'll come back year after year, with luck, but **parsley** needs to be replanted each year. It's a biennial, meaning it comes back once but it will bolt, or go to seed quickly. I generally plant flat-leaf Italian parsley; it's the most flavorful.

For **chives**, I plant the thin, needle-like chives instead of wider, flat-leafed garlic chives, which spread and can be tough when raw. The Chinese kitchen adds garlic chives to stir-fries and dumplings, which are delicious, but you'd have to grow quite a lot! Regular chives are mainly used to impart a mild allium accent. Garlic grass, the chive-like plants found in your lawn or garden, grow like the weeds they are, but they are edible. Cultivated chives won't spread and most often, return each year. In late spring, they sprout charming purple flowers. Trim off the flowers and stems, and use the flowers for violet-colored chive-flower vinegar. Put them in a jar with white wine vinegar and brew in a cool, dark spot about 3 weeks. Strain before using.

Sage has multiple varieties, all members of the large genus, *Salvia*, but we're talking culinary sage here. Select common sage or the larger Berggarten sage, both with lovely grey-green soft leaves, to flavor roast chicken or salmon. Sage develops attractive purple flowers for bees and other pollinators. Trim them so that the plant continues growing.

Thyme has many varieties also, but for culinary uses, choose French or English thyme. Add thyme leaves to chicken, lamb, and vegetable dishes. Lemon thyme is lovely, but it spreads; therefore, put it in its own pot.


(To be continued in the May issue of *The Voice*)

Freelance food columnist and cookbook editor Miriam Rubin was the first woman to work in the kitchens of New York City's famed Four Seasons Restaurant. She went on to become the food editor of Weight Watchers Magazine, and her work has appeared in many other publications. Rubin's first cookbook, Grains, was published in 1995, and her second book, Tomatoes, in 2013. She edited Gil Marks' Encyclopedia of Jewish Food and edited and developed recipes for Matzo Ball Gumbo: Culinary Tales of the Jewish South. www.MiriamRubin.com

Do you know someone graduating from High School or College?

If so email their name, picture, and which school they are graduating from to:
TheVoice@jewishdutchess.org

May you be blessed with peace, prosperity, and joy this Passover



Debbie & Arnold Most

(Anti Semitism continued from page 1)

As detailed in an earlier topline report, the research revealed widespread levels of anti-Jewish sentiment among American adults. ADL found that a significant proportion of Americans saw Jews as:

- Clannish outsiders: 70 percent and 53 percent of Americans said that Jews stick together more than others and go out of their way to hire other Jews, respectively
- Dually loyal: 39 percent of Americans thought Jews are more loyal to Israel than to the United States
- Disproportionately powerful: 38 percent of Americans thought Jews always like to be at the head of things, 26 percent thought Jews have too much power in business, and 20 percent thought Jews have too much power in the United States today

On average, Americans agreed with 4.2 of the 14 statements included in the anti-Jewish question battery. But a fifth of Americans (20 percent) agreed with 6 or more of the 11 original statements - the highest level of antisemitic attitudes detected in decades of asking this same series of questions.

The research also demonstrated that negative sentiments toward Israel, including anti-Israel sentiments rooted in antisemitic conspiracy theories, were held by broad swaths of the American population:

- Almost half (40 percent) of Americans agreed that Israel treats the Palestinians like the Nazis treated the Jews
- About a quarter (24 percent) of Americans thought that Israel does not make a positive contribution to the world, and that Israel and its supporters are a bad influence on our democracy
- Just under a fifth (18 percent) of Americans said they were not comfortable spending time with people who support Israel

To be continued in the May edition of *The Voice*....

WISHING YOU A VERY JOYOUS & PEACEFUL PASSOVER!



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Molly & Dan Katz

Congregation Schomre Israel

(Orthodox)
18 Park Ave, Poughkeepsie
(845) 454-2890
Rabbi Shlomo Krasner
Website: www.schomreisrael.org
Email: rabbishlomok@gmail.com

Weekly Services:

Shacharis 7:00am (weekdays)
Shacharis 8:30am (Sunday & holidays)
Maariv: 6:40pm (winter weekdays)
Friday Kabbalat Shabbat: around candle lighting times.

Adult Education:

Tuesday
The Collected Writings of Maimonides, Writings of the Rambam, The Letter of Sanctification 10:30am, hybrid. Maimonides has been considered as one of the greatest Jewish philosophers and teachers of all time. What makes Maimonides and his teachings so respected and cherished throughout all of the ages? Join us as we discuss his philosophy and classic works of Maimonides.

Introductory Hebrew Class and Conversational Hebrew April 25, hybrid & live. The Intro. Class will be at 6:00pm and the Conversational class will be at 11:45am and 7:00pm.

Thursday
Contemporary Halachic Questions 7:00pm, live and hybrid class. What goes into a Halachic Torah decision? While some topics are pretty straightforward ("no, you cannot kill him") there are some which are exceedingly complex. We will take a contemporary topic and question which has vexed laymen and scholars. Then analyze and debate the issue and consider the Torah's approach.

Other Events:

Sunday
4K (Kvetching, Kveiling, Kibbitzing, Koffee) Club meetings are held the last Sunday of each month at 9:30am, April 30. A discussion of contemporary and former Jewish communities, both present and past, outside of mainstream modern Judaism. Our speaker, Aharon Rothman, will briefly discuss groups such as Karaites, Pashtuns, Crypto-Jews, as well as historically famous individuals who are among many with a possible Jewish past. This is an in-person event.

Thursday
Yiddish Club April 27, 1:00am. This is your chance to hear and maybe even speak a *bisele mame lushun* and to learn about Yiddish culture. As will all events and programs spearheaded by Schomre Israel, this is intended to be open to all in the community. You don't need to be fluent in the language.

Contact:

rabbishlomok@gmail.com
for current information
or visit the website
www.schomreisrael.org

Mitzvah Day
May 7, 2023
(see page 12 for details)

Congregation Shir Chadash

(Reform)
Interim: Freedom Plains
Presbyterian Church, Lagrange
(845) 232-1029
Rabbi Glenn Jacob
Website: www.shir-chadash.org
Email: info@shir-chadash.org

Weekly Services:

Fridays: 7:30pm In-Person & Zoom
Saturday: 9:15am In-person,
Bi-monthly Torah Study with Rabbi Jacob, all welcome to attend.

Adult Education:

Saturday
Torah Study 9:15am. An informal discussion about the Torah portion of the week with Shir Chadash's new spiritual leader, Rabbi Jacob. Everyone has a chance to participate. Just bring an inquisitive mind, a curiosity about our tradition, and a willingness to share your thoughts.
For dates and info call (845) 232-1029, email: info@shir-chadash.org or visit www.shir-chadash.org.

Other Events:

Sunday
Rosh Chodesh Reading Group
Those interested in reading are invited, (now done virtually)-- interesting and provocative discussions. Dates & times TBD. Participants meet to discuss memoirs, fiction, poetry, and drama in a variety of works that offer Jewish themes and a variety of perspectives of interest. Have a topic suggestion, please let us know! For more info, contact Sandy Lash at (845) 232-1029, via email: info@shir-chadash.org

Contact :

info@shir-chadash.org
for current information
or visit the website
www.shir-chadash.org



Temple Beth-El

(Conservative)
118 S Grand Ave, Poughkeepsie
(845) 454-0570
Rabbi Michael Fessler
Rosh Tefilah Rabbi Miriam Hyman
Website: www.tbeny.org
Email: info@tbeny.org

Weekly Services:

Friday & Saturday Shabbat Services alternate between in-person and Zoom. Call the Temple Beth-El office for the current schedule.

Adult Education:

For information about ongoing Adult Education at Temple Beth-El, please contact the synagogue office : (845) 454-0570.

Other Events:

Sunday
Temple Beth-El Serves at Lunchbox 2nd Sunday, volunteers are needed to help serve a meal at Lunchbox at Dutchess Outreach. You can also help by making a donation to help cover the cost. Contact Nancy Judson & volunteer (845) 216-7563

Thursday
Temple Beth-El Book Club
Please register for each meeting no later than 9:00am the Friday preceding each meeting. Questions? Contact Merri Sedgwick at moodoggie7@optonline.net. Future meeting will be March 14, May 9, and July 11.

Contact:

info@tbeny.org
for current information
or visit the website
www.tbeny.org

Vassar Temple's Sisterhood Book Club will discuss *The Poisoner's Handbook* by Deborah Blum, at an in-person event to be held Wednesday, April 20, 2:00pm in the Community Room of Collegeview Tower, 141 Fulton Avenue, Poughkeepsie. Blum recreates the fascinating, perilous days of the Jazz Age when a pair of forensic scientists began their trailblazing chemical detective work, fighting to end an era when untraceable poisons offered an easy path to the perfect crime. This book is available through the local library system in both regular and large print, and as an e-book. Betty Renner and Marian Schwartz will lead the discussion to which everyone is welcome. To RSVP or for information, contact: bookclub@vassartemple.org.

Vassar Temple

(Reform)
140 Hooker Ave, Poughkeepsie
(845) 454-2570
Rabbi Renni S. Altman D.D.
Website: www.vassartemple.org
Email: Office@VassarTemple.org or rabbi@vassartemple.org

Weekly Services:

All services are hybrid. For Zoom link contact office@vassartemple.org For current in-person health protocols visit: www.vassartemple.org

Friday
Shabbat Evening Service
April 7, 21, 28, 7:30pm; April 14, 6:00pm Simchat Shabbat Family-friendly Shabbat Service

Saturday
New Paths Shabbat Morning Worship April 1, 15, 10:15am, hybrid.
Shabbat Morning Service April 8, 22 10:15am; April 29 Healing Service, 10:30am.

Adult Education:

Monday
The Talmud: Modern Ideas from an Ancient Text: On Zoom alternating weeks 12:00pm. Taught by Senior Scholar Rabbi Paul Golomb, for study sheets and link pjgolomb@verizon.net.

Saturday
Torah Study Hybrid at 9:00am, Examine passages from the week's Torah portion or haftarah. For info and to be placed on the class list, contact: office@vassartemple.org.

Other Events

Sunday
Meet Congressman Pat Ryan April 30, 4:00pm. This event, open to the Jewish Community, will provide a forum to meet the Congressman and learn more about important local and community issues. Watch e-mail and social media for updated details, or contact civicengagement@vassartemple.org for more information.

Friday
Israel at 75: A Milestone with Mixed Emotions April 21, hybrid, 7:30pm. This month we mark the 75th anniversary of the modern State of Israel. There is so much in Israel of which we can be proud, yet there are current situations and proposed changes to Israeli law which are causing many of us great concern. Rabbi Lisa D Grant, PhD will help us navigate this mix of emotions, serving as our guest speaker as we mark Yom Ha'Atzmaut, Israel Independence Day, during our Shabbat service. For the Zoom link, contact: office@vassartemple.org

Saturday
Healing Service April 29, 10:30am, led by Rabbi Altman and Cantor Elizabeth Goldmann of Vassar Temple. This beautiful service is designed for anyone praying for healing of the body, soul or spirit for themselves or others, for caregivers, and for anyone in need of spiritual strength. The service will include prayers, reflections, and songs that focus on healing and on Shabbat. There will also be a Torah reading. Everyone in the community is welcome to attend the service, which will be hybrid (both in person and on Zoom). Watch temple e-mails or contact office@vassartemple.org (845) 454-2570 for the link if you'd like to attend on Zoom and for any current health protocols for in-person attendance.

Contact :
office@vassartemple.org
for current information
or visit the website
www.vassartemple.org

COMMUNITY SHABBATON May 19-20, 2023
A Sabbath of Music & Worship with Composer-in-Residence Noah Aronson & Joint Community Choir

Friday, May 19, 7:30pm
Shabbat Evening Service at Vassar Temple

Saturday, May 20, 9:30am
Shabbat Morning Service at Temple Beth El

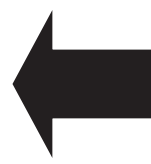
Saturday, May 20, 7:30pm
Concert at Congregation Shir Chadash

"Noah Aronson performs with joy, passion and a rich musicality that connects with audiences, heart-to-heart and soul-to-soul." – Anita Diamant, author of *The Red Tent*

This program is made possible through the support of the Irving and Gloria Schlossberg Family Fund of the Community Foundations of the Hudson Valley and the Jewish Federation of Dutchess County.



May Events



Friendship Caravan!
MAY 30, 2023

The Tzofim Friendship Caravan is celebrating over 40 years of bringing excitement, energy and friendship to North America through friendship and performance! The first Caravan came to the United States in 1973 to bring a message of hope and peace for Israel. Since that first Caravan, the program has grown to three different Caravan travelling across North America.

OPEN TO THE COMMUNITY!

Temple Beth-El
118 South Grand Avenue in Poughkeepsie

4:45pm to 5:45pm:
Interactive learning activities for kids of all ages

5:45pm-6:30pm:
Enjoy an Israeli style dinner

6:30pm:
The Tzofim Friendship Caravan Concert

The Concert is Free
Dinner:
Free for 12 and under
Ages 13-17: \$5.00
Ages 18 and over: \$10.00

RSVP for Dinner before 5:15 to Karen Jacobs at kjacobs21@gmail.com or Temple Beth-El at 845.454.0570 with payment at the door

SPECIAL THANK YOU TO OUR SPONSORS

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The Jewish Federation of Dutchess County
Temple Beth-El

Pardess Center for Jewish Life

(845) 440-7592
 Rabbi Zalman Sandhaus
 Website: www.MyPardess.org
 Email: info@MyPardess.org

Contact:
info@MyPardess.org
for current information
or visit the website
www.MyPardess.org

The Rhinebeck Jewish Center

102 Montgomery Street, Rhinebeck
 (845) 876-7666
 Rabbi Hanoch Hecht
 Rebbitzin Tzivie Hecht
 Website:
www.RhinebeckJewishCenter.com
 Email:
RSVP@RhinebeckJewishCenter.com

Weekly Services:

Fridays: Call for time.
 Saturdays: 9:30am

Contact:

RSVP@RhinebeckJewishCenter.com
for current information
or visit the website
www.RhinebeckJewishCenter.com

Chabad of Mid-Hudson Valley

63 Vassar Rd, Poughkeepsie
 (845) 463-5801
 Rabbi Yacov Borenstein
 Website:
www.chabadmidhudsonvalley.com
 Email:
ChabadMidhudsonvly@prodigy.net

Weekly Services:

Fridays: Call for times.
 Saturdays: 10:00am Chabad Hebrew School

Adult Education:

Wednesday

Torah Class: Discover the World of Prayer 11:00am, 36 Pleasant Ridge Drive. Class led by Hindy Borenstein. Indulge your body with thought-provoking insights from the weekly Torah portion and other contemporary issues, and indulge your body with a light and healthy lunch.

Special Events:

Sunday

Bagels, Lox, Torah (Tefillin too!) 9:00am led by Rabbi Yacov Borenstein. Morning minyan will follow Torah discussion on the coming week's Torah portion, upcoming holiday, or topic of Jewish interest.

Contact :

ChabadMidhudsonvly@prodigy.net
for current information
or visit the website
www.chabadmidhudsonvalley.com

Beacon Hebrew Alliance

(Conservative)
 331 Verplanck Ave, Beacon
 (845) 831-2012
 Rabbi Brent Spodek;
 Email:
411@beaconhebrewalliance.org

Weekly Services:

Friday Shabbat, 5:30pm Mini Minyan with Luke Wygodny & 6:00pm Potluck Shabbat Dinner and Kabbalat Shabbat

Check our Community Calendar for services times, generally every Friday & one Saturday per month:
www.beaconhebrewalliance.org/calendar

Contact:

for current information
or visit the website
www.beaconhebrewalliance.org

Congregation Beth David

(Reform)
 East Main St, Amenia
 (845) 373-8264
 Rabbi Jon Haddon
 Website: www.CongBethDavid.org
 Email: JonRab33@gmail.com

Weekly Services:

Saturdays 10:30am, December 17, 24

Contact:

jonrab33@gmail.com
for current information
or visit the website
www.CongBethDavid.org

Vassar College Bayit

51 Collegeview Ave, Poughkeepsie
 (845) 728-4792
 Rabbi Bryan Mann
 Rachlin Director of Jewish Student Life at Vassar College
 Email: bryanmann@vassar.edu

Weekly Services:

Fridays: 6:00pm
 7:00pm dinner when school is in session

Contact :

bryanmann@vassar.edu
for current information

Bard College

Rabbi Joshua Boettiger
 Jewish Chaplain, Visiting Assistant Professor of the Humanities
 Phone: (802) 733-6342
 Email: jboettiger@bard.edu

Contact:

jboettiger@bard.edu
for current information

Congregation Emanuel of the Hudson Valley

243 Albany Ave, Kingston
 (845) 338-4271 ext 101
 Rabbi's Study: (845) 338-4384 ext 102
 Rabbi Yael Romer: rabiromer@hvc.rr.com

Weekly Services:

Friday

Kabbalat Shabbat Service 6:00pm
Childcare Activity for First Fridays 6:00pm

Saturday

Morning Minyan 10:00am.
Tot Shabbat 9:00am email: assistant@cehv.org to be put on the email list.

Education:

Rhinebeck Mediation & Torah Study Tuesday, 8:45am
Hebrew Trope Wednesday, 12:30pm
Conversational Hebrew Wednesday, 4:00pm
Coffee Chai with the Rabbi (via Zoom) Thursday, 8:45am.
Beginner-Introduction to Judaism Conversation Class Thursday, TBD, 6:30pm.
Zimet Jewish Learning Adventure Sunday, TBD, 9:30am.

Other Events:

Monthly Brotherhood Meeting Tuesday, TBD, 7:00pm
Mah Jongg Returns Monday, TBD, 10:15am
Israel Trip—now forming for June 29, 2023. For info contact our office.
CEHV's Food Access and Security Initiative continues to support The Blue Fridge. This ongoing program accepts a variety of donation items including prepared meals, fresh produce, or pantry staples. For more details contact info@cehv.org.

Contact: info@cehv.org

for all events and current information
or visit the website www.CEHV.org



April

Candle Lighting Schedule

April 7	7:09pm
April 14	7:17pm
April 21	7:25pm
April 28	7:32pm



Monthly Kosher Food Delivery From Evergreen—April 18

Congregation Schomre Israel has organized a monthly Evergreen delivery program. All orders should be placed no later than midday Monday prior to the scheduled delivery day.

Evergreenkosher.com offers an amazing variety of items for Passover. You can order online and pick up your items at Schomre Israel. Deliveries are scheduled to arrive via Evergreen truck at the synagogue early afternoon on **April 18.**

If interested, call the synagogue at (845) 454-2890 or email Rabbi Shlomo Krasner at rabbishlomok@gmail.com



The Jewish War Veterans of the United States, Post 625

All persons of the Jewish faith who have served in any branch of the U.S. Military (active, Reserves, or National Guard) or any person who wishes to support veterans are invited to attend Post meetings.

We will be in person at Schomre Israel. The next meeting will be April 9, May 7, June 11, at 9:30am (9:00am schmooze). The Post will supply nosh stuff and coffee, and refreshments will be strictly kosher. Masks are optional. We look forward to seeing you there.

For more info, please contact Post Commander Schwartz at (845) 849-0025 or Rschwa9881@aol.com

Jewish Trivia

Q: How many members of the band "The Calling" are part Jewish or fully Jewish?

A: Two, Alex Band, the lead singer is half Jewish. Aaron Kamin, the band's songwriter, is fully Jewish.



Rob Rubin of Siegel Post 625 (Poughkeepsie, NY) delivered a large quantity of much needed non-perishable foods to the Castle Point V.A. food pantry. The food was purchased with funds the Post raised at its most recent Poppy Sale.



Vassar Temple's intergenerational Tu B'Shevat event, we held a TBS seder, sang holiday tunes, made fruit faces, wrote and performed raps and poems about trees, played a holiday version of Kahoot, and planted parsley to be used on Passover.



Everyone at Vassar Temple, from tots to senior citizens, made hamantaschen for out-of-town college students, for shut-ins, and to munch on after the Purim spiel!



Temple Beth-El's Purim Spiel



Thank you to our volunteers who came to the JFedDC office to help pack and deliver the Mitzvah Now Purim Care Packages.



Thank you Wayne Quint (L), of Quint Investments and Insurance Services for donating over 100 bags to the Morse School for their food pantry and Russell Rothman (R) for helping deliver the bags and donations of food.

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 **Vassar Temple**

Wishes you a Happy Passover


May your home be filled with peace and joy!

Rabbi Renni S. Altman, DD • Cantor Elizabeth Goldmann
Lisa-Sue Quackenbush, President

140 Hooker Ave, Poughkeepsie, NY 12601 845-454-2570
www.vassartemple.org

Happy Passover

From the Board and Staff of JFedDC & JFS



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Wishing you blessings of peace & freedom



TEMPLE BETH-EL
118 S. GRAND AVE., POUGHKEEPSIE, NY 12603
For Membership Information: (845) 454-0570
WWW.TBENY.ORG

Affiliated with The United Synagogue of Conservative Judaism