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Jewish Federation of Dutchess County

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The Voice

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 The Voice
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Jewish Family Services

What is Jewish Family Services (JFS)?

- ♦ Creating a senior social network through Learn & Lunch Bunch bi-monthly gatherings.
- ♦ Connecting and celebrating our seniors with holiday gift packages.
- ♦ Helping those in need through Mitzvah Day and Mitzvah Now initiatives.
- ♦ Scholarships for Jewish education, Jewish summer camps, and youth trips to Israel.
- ♦ Medical Loan Referral closet—providing medical equipment (free of charge) and referrals to other local medical loan closets.
- ♦ Assisting during a personal or family crisis.
- ♦ Weekly bereavement group (see page 10 for more details)

LEARN & LUNCH BUNCH

JFS presents cultural, social, and educational programs.

WEDNESDAY PROGRAMS Join us!

MEETING LOCATION

We will be meeting at 11:30 am at Temple Beth-El, 118 S Grand Ave, Poughkeepsie Please do not bring outside food into the temple.

Location
 Temple Beth-El
 118 S Grand Ave
 Poughkeepsie NY

SCHEDULE

Schmooze 11:00 –11:30am
Program 11:30 –12:30pm

Suggested Donation \$6; no one will be turned away for lack of funds.

October

October 8

Off for Sukkot

October 22

"Unexpected Return" stories about the hidden life of people, by Ina Claire Gabler. Read by Ina Claire and her husband, Dave Curtis. Q & A to follow.

Annual Costumer Contest! Costumes requested! Prizes awarded!
Menu: "Spooky Fun" Spooky sesame noodles with veggies, deviled egg eyeballs, salad, Halloween cupcakes. Candy corn cheese platter

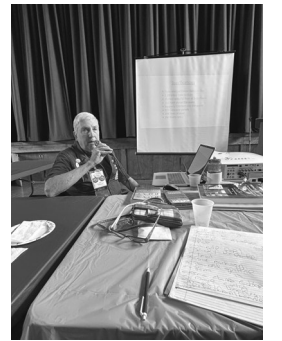
*Gluten free options available upon request in advance

* Menu is subject to change

TO REGISTER, call the office at (845) 471-9811 or online at: www.JewishDutchess.org/events

****Advanced registration needed for food planning purposes****

Learn & Lunch Bunch is partially funded by the Ann & Abe Effron Fund and Bernard and Shirley Handel Foundation Donor Advised Fund of the Community Foundations of the Hudson Valley



Office for the Aging *submitted by Brian Jones, Outreach Coordinator, Dutchess County Office for the Aging*

GETTING YOUR NEEDS MET – IN PLAIN LANGUAGE

Like you, we at the Office for the Aging sometimes need to rub our eyes as we read and re-read the legalese and jargon in correspondence we receive from federal and state agencies. Complex language comes with the territory with programs as massive as Medicare, which is estimated to spend over \$1.8 trillion on benefits this year.

We don't think any agency sets out to deliberately confuse and frustrate older adults and taxpayers; still, a tiny part of that massive Medicare budget is supposed to cover you, and you shouldn't have to be an expert on health policy to get what's yours by law.

OFA can help you learn and act on your rights, especially during the upcoming Medicare Open Enrollment season from October 15th to December 7th. We're ready to answer your questions, without spin or sales pitches. We dug through the jargon, so you don't have to.

"This may be a stupid question but..."

No such thing! If you've asked the question, it's a step on the path to knowing your rights and acting on them.

This is where OFA's trained HIICAP health insurance counselors really come in handy. HIICAP stands for Health Insurance Information, Counseling and Assistance Program. Reach out to us to arrange an in-person HIICAP counseling session at OFA, or a phone session from home. Sessions are available by appointment, by emailing ofa@dutchessny.gov or calling (845) 486-2555.

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Upcoming



JFedDC will be taking a
trip to Israel in April
2026. More information
coming soon.

If interested email:
admin@jewishdutchess.org

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The Harding Club



You Can Never Have Enough Friends

Benjamin Franklin is credited with the famous statement, "In this world, nothing can be certain except death and taxes." At the Harding Club, we revere Franklin but believe he missed a third certainty: *You can never have enough friends.*

The Harding Club is a Jewish men's social club located in the Poughkeepsie community. The Club, founded during the Harding Administration, has operated continuously since 1923, making it one of the nation's oldest Jewish men's social clubs, located outside our largest cities.

For over 100 years, the Harding Club has enabled Jewish men, in the Poughkeepsie area, to meet new like-minded people, fostered new friendships and deepened existing relationships. Monthly meetings, for dinner or lunch, at a local restaurant mix socializing and good fellowship with stimulating speakers who address noteworthy topics across the spectrum of life, including business, the arts, recreation, health, finance, and politics.

We believe the Club's longevity reflects its success in growing meaningful connections, across multiple generations. America today is very different from America in 1923, when the Club was founded. But one thing remains constant: Jewish men in the Poughkeepsie area find lasting friendships at the Harding Club.

As the new year begins, if you would like to join our circle of friends, we would be delighted to welcome you!

To learn more, contact one of the Club Officers below:

Irvin Miller, president, irvinmmiller@gmail.com

Jim Thrasher, vice president, jdt845@gmail.com

Dave Lowitz, secretary, dlowitz@aol.com

JWV Installs New Officers

At a festive installation luncheon, past Commanders Ralph Schwartz and Martin Korfman installed the incoming officers for Pvt. Herman Siegel Post 625, Jewish War Veterans of the USA: Commander/Service Officer Alec Pandaleon, SrVC Ralph Schwartz, JrVC James Dranow, Chief of Staff/QM Martin Hochhauser, OD Stu Chimkin, Adjutant/Publicity Officer Marian Schwartz, Judge Advocate Marty Korfman, Historian Lee Klein, Chaplain Rabbi Shlomo Krasner. We are the only active Post between Westchester and Albany, and we warmly welcome veterans of the regular military, Reserves, and National Guard, as well as nonveterans who support our work. We meet monthly and hold service projects to benefit local veterans' agencies such as the Castle Point V.A. and the Liberty Station Veterans' shelter, conduct an annual Memorial Day service, award an annual scholarship, and advocate for the welfare of all veterans and military members, as well as advocate against antisemitism. Additionally we help honor Dutchess County's Jewish veterans interred in local cemeteries with Memorial Day flags. For further information about the Post, please contact Ralph Schwartz, rschwa9881@aol.com, (845)549-0025.



Temple Beth-El Supporting Pledge Program by Steven A Koch

Temple Beth-El is pleased to introduce its Supporting Pledge system as a replacement for their traditional dues model. This system is being implemented as part of the synagogue's ongoing efforts to adapt to the changing attitudes towards synagogue membership. It is a major change in the way the synagogue values members and finances. In the Supporting Pledge system, congregants choose and pledge their own financial commitment to Temple Beth-El, rather than being assessed an amount for dues.

Synagogue co-president Merri Sedgwick stated "A synagogue membership is not something we purchase, like membership to a gym. It is an investment in the mission and values of our congregation."

The cost of membership is viewed as a major barrier to joining or continuing to belong to a synagogue. This system is based on trust that congregants will pledge and contribute an amount that is best and right for them, rather than being told how much they have to pay.

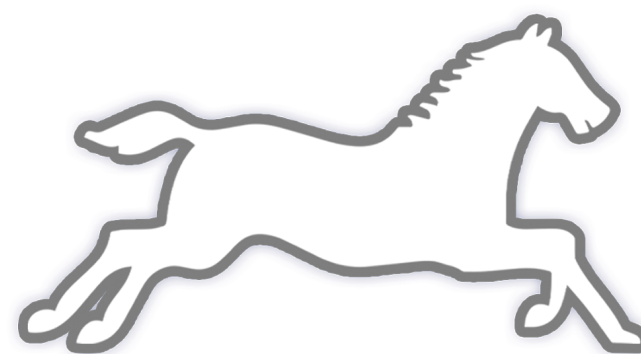
Ms. Sedgwick said "Our Supporting Pledge program emphasizes the relationship of each individual member with the synagogue over the amount pledged. Our membership is our greatest asset ; without them, there would not be a Temple Beth-El. Hence, we encourage everyone to "pay from the heart."

Rabbi Michael Fessler of Temple Beth-El commented, "At this time of uncertainty, the importance of Jewish community has never been more clear. Removing financial barriers to membership lets us welcome people from all walks of life into Temple Beth-El as true and equal partners in our vibrant, relevant, and welcoming community. We look forward to getting to know you."

To learn more about Temple Beth-El's Supporting Pledge program, please call the synagogue office at (845)-454-0570

Disclaimer: Please note that the articles and advertisements submitted are the viewpoints of the authors and do not necessarily represent the position of JFedDC.

	ISSUE	DEADLINE
VOICE DEADLINES		
Note deadlines listed.	November	October 1
Email:	December	November 1
TheVoice@JewishDutchess.org	January	December 1
if you have questions.	February	January 1



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Page 3 Wm. G. Miller & Sons Funeral Home, Inc., David Feinstein Berkshire Hathaway Home Services, B Riley Wealth, Optique Elegance, Red Cap Cleaners, Michael Torsone Memorial Funeral Home, and PAZ
Page 12: Elizabeth Shapiro Carlotti Insurance, Hudson Valley Hospice, and Hudson Valley Palliative Care

Rabbi's Blog by Rabbi Michael Fessler

As I write these words, Rosh Hashanah is approaching. By the time this column reaches you, Yom Kippur will likely have passed, and Sukkot will be on the horizon. For most of my rabbinic career, I have thought nothing of writing a Torah column several weeks in advance. Surely, regardless of the ups and downs of current events, the spiritual and emotional rhythm of our holiday season is eternally relevant: after the solemnity and self-examination of Yom Kippur, we transition to the gratitude, joy, and contentment of Sukkot.



Rabbi Fessler

However, it's difficult to feel unmixed joy in such deeply troubled times, and the pace and variety of disturbing events seem to be, if anything, accelerating. Deeply concerned as Jews and as Americans for the safety and well-being of our communities, the fate of the captives, the ongoing war in Gaza and the tremendous suffering it has caused, and the erosion of our country's civic fabric, vital institutions, and democratic norms, how can we approach Sukkot in a way that acknowledges the challenges before us? In times like these, can we truly focus on joy? Can our Sukkot be, as Deuteronomy 16:15 commands us, *ach sameach* - nothing but joy? In difficult times, self-centered celebration that ignores the brokenness around us would be tone-deaf at best. But our tradition guides us to two deeper understandings of what true joy entails.

First: we are called to generosity. In the 11th century, Maimonides teaches that when celebrating a holiday, "one must feed the stranger, the orphan, and the widow, along with the rest of the poor who are in need. But one who locks the gate of their courtyard and eats and drinks with their family and doesn't provide food and drinks for the poor and for those who are despondent, this is not the joy of a *mitzvah*, but rather just the joy of a full belly." (*Mishnah Torah, Holiday Rest 6:18*)

Second: Rabbi Yoel bin-Nun points out that the phrase mentioned above, *ach sameach* - usually understood as "nothing but joy" - can also be understood as "nevertheless joyful." Sukkot observance brings together celebration - good food and companionship, the beauty of nature - and fragility - rickety walls and raindrops in our soup. Sukkot's spiritual lesson may be to show us how to hold uncertainty together with gratitude. In that sense, rather than seeming incongruous, celebrating Sukkot may be remarkably appropriate for us this year.

This year more than ever, may Sukkot move us to lean into generosity and gratitude.

Meet Your Neighbor by Karen Hochhauser

Each month, we ask a Member of the Tribe* (MOT) the following questions and feature their answers for a fun and insightful way to meet your neighbors. This month, we are excited to introduce Dr. Bennett Weschler who took time from growing his psychiatry practice in Rhinebeck, NY.

- 1. What is your favorite/least favorite word?**
Favorite: *Scholastic* - As a Dr., it is lifelong learning.
Least Favorite: *Guesstimate*
- 2. What inspires you creatively, spiritually, or emotionally?** *My 16 month old son. He is such a joy. I love to watch the awe and wonder through his eyes.*
- 3. What is your favorite song?** *"When the Levee Breaks" by Led Zeppelin.*
- 4. What profession other than you own would you like to attempt?** *If I didn't go to Med School, I would be a High School Biology teacher. I love teaching.*
- 5. What profession other than your own would you not like to attempt?** *I had a brief stint in finance and that is something I would not want to attempt again.*
- 6. What do you most like and dislike about yourself?**
Like: *Intellectual Curiosity.*
Dislike: *Sometimes I miss the forest for the trees.*
- 7. What is your favorite Jewish food/dessert?** *A good chocolate babka.*
- 8. What is one interesting thing that people don't know about you?** *I cycled across two countries before medical school.*
- 9. If you could choose a superpower, what would it be?** *Time travel*
- 10. What is your greatest achievement/something you are most proud of?** *Seventh grade tetherball champion.*
- 11. Do you have a "bucket list" and, if so, what is on it?** *I want to go to all the national parks.*
- 12. If there were one thing you would hope others do in the interest of our future, what would that be?** *Read and vote.*
- 13. What is your earliest Jewish memory?** *Throwing the hametz with my grandfather in the Hudson River.*
- 14. What is your most favorite Jewish memory?** *The night before my bar mitzvah, I got to play cello in front of the congregation.*
- 15. In what ways, does or can JFedDC impact our Jewish community?** *It can instill strong Jewish values in our children.*
- 16. If Heaven exists, what would you like to hear God say when you arrive at the Pearly Gates?** *See. Was that so hard?*
- 17. What is one question you wish we asked and what is the answer?**
Q: *How do you stop and forestall antisemitism?*
A: *I don't have a good answer, but we need to talk to our neighbors and show them our humanity. We are human just like you.*



Bennett Weschler

*Member of the Tribe

2025 Yom Kippur Service Schedule

Chabad of Mid-Hudson Valley Meaning...Interactive...Inspirational

All Services will be held at the Mark & Osofsky Chabad Center
63 Vassar Rd, Poughkeepsie
All Welcome! For information, call Chabad at (845) 463-5801
or email: chabadmidhudsonvly@prodigy.net

Erev Yom Kippur Wednesday, October 1

6:30pm Kol Nidre

Yom Kippur Thursday, October, 2

10:00am Morning Service, 11:30am Interactive Children's Service
12:00pm Yizkor Memorial Service
5:00pm Mincha, 6:15pm Neilah (Closing Prayer)
7:17pm Final Shofar Blast
Followed by a delicious break-fast

Congregation Schomre Israel

Selichos Saturday, September 13

9:45pm Video Presentation; 10:45pm Selichos

YOM KIPPUR

Erev Yom Kippur Wednesday, October 1

8:00am Shacharit Festive Meal
5:50pm SHARP Mincha, 6:18pm Candlelighting (earliest 5:24pm)
6:15pm SHARP Kol Nidre/Maariv (drinks will be available before Kol Nidre)
6:35pm Fast starts for 12603 zip code

Yom Kippur Thursday, October 2

9:00am SHARP Shacharit; 10:45am Torah Reading
11:30am Sermon, 11:50am Yizkor (time is approx.)
4:30pm Mincha/Neilah/Maariz
7:18pm Blowing of Shofar/Fast Ends for 12603

Congregation Shir Chadash

Service are live and open to all. Some will be streamed. Registration is required.
Please email info@shir-chadash.org. Streaming link will be sent at a later date.
Donations appreciated. For more information call (845) 232-1029

YOM KIPPUR

Kol Nidrei - Wednesday, October 1—

8:00pm Service with cello

Yom Kippur - Thursday, October 2

10:00am Yom Kippur Morning
2:00pm Family Service
4:00pm Afternoon Service
5:00pm Yizkor/Memorial Service
5:30pm N'ilah/Concluding Service
Community Break Fast Following Concluding Services. All Welcome!

Congregation Beth David

YOM KIPPUR

Kol Nidrei - Wednesday, October 1

7:30pm Service

Yom Kippur - Thursday, October 2

10:00am Yom Kippur Morning
3:00pm Yom Kippur Afternoon
4:30pm Yom Kippur Memorial
5:00pm Yom Kippur Neilah followed by Break-fast

Rhinebeck Jewish Center

RSVPs appreciated: RSVP@rhinebeckjewishcenter.com

YOM KIPPUR

Erev Yom Kippur Wednesday, October 1

8:15 pm Kol Nidre Evening Service & Candle Lighting

Yom Kippur Thursday, October 2

10:00 am Morning Services, 11:00 am Children's Program
12:00 pm Yizkor Memorial Service
5:00 pm Mincha/Neila Closing
6:59 pm Yom Kippur Ends
Evening Services followed by Buffet Break-fast

Temple Beth-EI

Registration is required in advance.

YOM KIPPUR

Kol Nidrei - Wednesday, October 1

Service at 6:00pm (6:18 pm Candle Lighting, 6:36 sundown)

Yom Kippur Day - Thursday, October 2

8:30am Shacharit (morning service) begins
9:45am Torah Service & Sermon, 9:45am Teen program (ages 13+)
9:45am Family Service with Rabbi Miriam (ages 6+) & Tot program (ages 0-5)
11:00am Babysitting begins, 11:00am President's Address
11:15am Memorial prayers (Yizkor + Remembrance of Martyrs), 12:00pm Musaf
4:30pm Mincha service with reading of Torah and book of Jonah
5:45pm Ne'ilah (closing) service begins
7:16pm Havdalah and Shofar blowing as Yom Kippur ends

Vassar Temple

All indoor services will be presented in a hybrid fashion, and security will be present. Zoom links will be provided to members and guests via email in advance.

YOM KIPPUR

Erev Yom Kippur Wednesday, October 1

7:00pm Kol Nidre Service

Yom Kippur Thursday, October 2

10:00am Morning Service
1:00pm Family Service, 2:00pm Study Session with Sam Finnerman
3:00pm Meditation with Linda Cantor, 4:00pm Afternoon Service
5:30pm Yizkor (Memorial) Service
6:00pm Neilah (Concluding) Service, followed by Havdalah & ritual break-the-fast.
Complete break-the-fast meal for those pre-registered.

Beacon Hebrew Alliance

YOM KIPPUR

Kol Nidrei - Wednesday, October 1

6:30pm Sanctuary Service and Family Service, 10-11 - Program for Preschool children and families

Yom Kippur - Thursday, October 2

5:00pm Mincha and Neila followed by communal breakfast

Pardess Center for Jewish Life:

For complete schedule please

Visit: www.mypardess.org/HighHoliday

Beacon Chabad

For complete schedule please

Visit: www.Chabadbeacon.com/RoshHashana

Bat Mitzvah

**Congratulations,
Audrey Steckman, Vassar Temple, October 18**

Audrey loves dance, softball, and theater. For her Mitzvah Project, Audrey collected donations of nonperishable foods for Dutchess Outreach



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RELIGIOUS SCHOOL

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Friday afternoons, ages 9-13 years
Sunday mornings, ages 5-13 years
311 Verplanck Ave, Beacon
Contact celia@beaconhebrewalliance.org

Led by Education Director, Celia Bacowski—Masa is filled with joyful Jewish experiences, including song, dance, art, food, field trips, and more!

CHABAD MID-HUDSON VALLEY

Sunday, 10:00am-12:15pm, ages 5-12 years
63 Vassar Rd, Poughkeepsie

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chabadmidsudsonvl@prodigy.net

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Sunday, 10:00am-12:00pm

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RHINEBECK JEWISH CENTER

Monday, 4:00-5:30pm
Tiny Tots Division (ages 1-5)
Intermediate Division (ages 6-10)
Bar and Bat Mitzvah (ages 11-13)

For information,
contact Rebbitzin Tzivie Hecht, Director
(845) 876-7666 or tziviehecht@gmail.com

KULANU SCHOOL at TEMPLE BETH-EL

The Kulanu school welcomes all students who wish to learn Hebrew and deepen their knowledge of Jewish Tradition. We believe that Jewish learning should be an organic part of our students' experience. Our students explore religious and spiritual concepts through Hebrew texts. They also celebrate Shabbat and holidays together while extending their connection to Jewish culture through art, cooking, music, and movement.

Jewish Studies classes: Pre-K through grade 7
Sundays from 10:00am–12:30pm (September–December)

Saturdays from 10:00am-12:30pm (January–April) followed by a community Shabbat lunch.
Fridays from 5:00pm–7:30pm (May) includes a Shabbat dinner

Ivrit (Hebrew): Grades 3-7
Tuesdays 4:45pm–6:15pm

Ivrit (Hebrew) Tutoring: Grades 3-7
Students receive 20-30 minutes of online instruction with their teacher individually or in groups of two.

For more information contact Karen Jacobs at:
education@tbeny.org

VASSAR TEMPLE

Vassar Temple provides a program of education within the guidelines of the Reform Movement, which deepens a student's Jewish experience and knowledge within an accepting, stimulating, and creative learning environment. Our philosophy of Jewish learning is based on the quotation from Pirke Avot, "The world depends on three things: on Torah, on worship, and on deeds of loving kindness."

The Seth A Erlebacher Religious School for grades K-7 meets Sunday mornings under the administration of Rabbi Shoshana Hantman, our Religious School Director. Hebrew language instruction for grades 4-7 and bar/bat mitzvah preparation are offered Wednesday afternoons for grades 4-7 under the direction of Rabbi Jeff Stombaugh. Teens may work as madrichim (teachers aides) in the Sunday School. New enrollments are welcome throughout the year.

For more information,
rsdirector@vassar temple.org (845) 454-2570

L' Shanah Tovah
Have a sweet year!



**Wishing the community
a happy and sweet
new year.**

**Sandra and Michael
Hecht**

סוכה

Booth/Hut Sukkah

Here is an easy DIY craft on how to make a paper chain to beautify your Sukkah.

Materials:

- Different colored construction paper
- Scissors
- Glue, tape, or stapler

Paper Chains Instructions:

1. Cut strips of paper in varying colors.
2. Tape, glue, or staple the ends together to make a loop.
3. Insert a second strip of paper into the loop.
4. Tape, glue or staple this strip to make an interconnected loop.
5. Continue until your paper chain is as long as you want it.



Sukkah by Suzanne Turrisi, PJ Library Assistant Director

Have you ever wanted to have your own special fort, a place where you can eat, play and even sleep under the stars? Well, Sukkot is a special Jewish holiday where you can do just that! A Sukkah is a temporary house or booth that families build in their yard or patio or sometimes even on a balcony. It's like an outdoor room with three walls and a roof that is not quite solid. The word "Sukkah" means booth or hut in Hebrew.

Long ago, after the people left Egypt, they traveled in the desert for 40 years. They didn't have permanent homes so they lived in temporary huts. Building a Sukkah reminds us of that time and helps us to be thankful for the homes that we have now. Another important reason is also to remember that sometimes what's important isn't the things we have but rather the people we share our lives with and the beauty of the world around us! A Sukkah has a special kind of roof called "schach" which is made of natural things like branches or leaves. You should be able to see the stars at night through the schach. That reminds us that we can't always control everything and we should trust something bigger than ourselves.

Once your Sukkah is ready and decorated, you can eat meals there, tell stories, play games, invite people over and look at the stars! Building a Sukkah is a wonderful way to learn about a special holiday and to spend time with those you love!

Tiny Temple and PJ Library Celebrate Sukkot

Young children up thru age 6 and their families: Come celebrate the harvest festival of Sukkot with Tiny Temple and PJ Library, at Vassar Temple Sunday on October 5 at 11:00AM. Join us for a holiday story, songs, fun activities and learning, and weather permitting, we'll snack in the outdoor succah. Tiny Temple is always free and open to the whole community, and is sponsored by the Vassar Temple Sisterhood. Vassar Temple is an inclusive Reform congregation located at 140 Hooker Ave., Poughkeepsie (www.vassartemple.org) For questions and to RSVP, please contact tinytemple@vassartemple.org

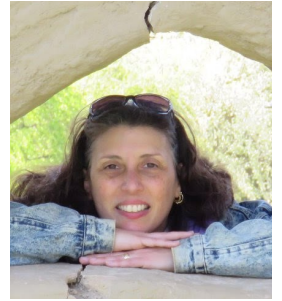
PJ Library, a flagship program of the Harold Grinspoon Foundation (HGF), was launched with a humble beginning in 2005 in Western Massachusetts, sending children's books about Jewish holidays, culture, and values. Today, PJ Library has grown into an internationally recognized \$40M global cultural literacy venture that partners with philanthropists and Jewish communities around the world to provide families raising Jewish children ages 0-12 with the gift of free, high-quality, children's books and other resources that foster a deeper connection with Jewish life (www.hgf.org).
Thank you!



Tamatha



Suzanne



PJ Library Learning Together by Tamatha Williams, PJ Library Director

As carefree summer nights turned to packing backpacks, making lunches and preparing for the morning rush, I felt sad for the transition back to school. I thought of it as time lost with my little one who was entering the first grade. She was not as little anymore, her two missing front teeth reminded me how quickly she was growing up.

PJ Library had an opportunity to collaborate with Temple Beth-El at their Kulanu Open House during that first week that my daughter had returned to school.

The Kulanu School works in partnership with families to enhance and strengthen the Jewish identity of each student. At this special Open House I was reminded of the necessity to educate children and how meaningful it was to see families come together to learn and grow. Rabbi Miriam incorporated music into the event, teaching about the shofar in a fun, inclusive way. We followed along, singing and mimicking her movements. PJ shared a story time about Rosh Hashanah and Morah Goldy helped the children make challah covers. They used apple halves and Jewish star cutouts dipped in paint to make their covers colorful and unique. Morah Nancy demonstrated a brief Hebrew Through Movement lesson. I laughed and learned along with the kids as we acquired new Hebrew words while we ran and jumped to find pictures and objects around the room. Before the event concluded, the children braided their own challah loaves to take home and bake.

September was a busy month with the transition back to school and for PJ Library as well. PJ collaborated on a second event this September, Shabbat Yeladim (children's Shabbat), at Vassar Temple. We sang with Rabbi Jeff, shared another PJ story, "Apple Days" by Allison Sarnoff Soffer and created sweet Rosh Hashanah cards! Rabbi Jeff sang and played his guitar enthusiastically, delighting and inspiring all in attendance.

As September passed and I reflected upon the return to school, I realized how valuable transitions can be. PJ will continue to collaborate on many new and ongoing events and it is with much gratitude that we get to learn alongside the children and families in our community.



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<https://www.jewishdutchess.org/programs/pj-library>

The Federation Board's Voice



Russell Rothman

Being Jewish has never been more difficult and formidable. Antisemitism has crept into our little Eden in the Hudson Valley and made any type of support for Israel more challenging. Both major parties are now seeing generational shifts in their support for Israel. Neither major American political party or Israel has developed any long-term strategy for dealing with these current shifts and emerging political realities. Erosion is happening within both Democratic and Republican parties and this should be sending alarms in Jerusalem as well but sadly, they seem tone deaf.

While we can't solve all the complex problems in the world or untie this Gordian knot currently plaguing our world, our goal is to focus on our community in Dutchess County. I am proud of the diverse range of opinions and ideas that our board shares with each other. It is quite clear that old solutions don't always work in the new reality of 2025. However, our board, staff, and volunteers are passionately dedicated to the task of supporting local families in crisis, fostering Jewish education and identity, working with our synagogues, clubs, local families, weekenders, and unaffiliated families, partnering with non-Jewish organizations, fighting antisemitism on a local level and providing better security for our community. Through our collective efforts, we are committed to Tikkun Olam, repairing the world in new and creative ways. It is my responsibility and role to act as a catalyst, referee, guide, cheerleader, but mostly be a good listener. There are far smarter people than I in Dutchess County and I hope to tap their ideas, concerns, and thoughts, and utilize it to fulfill our mission of healing and inspiring within our community.

There was recently a billion dollar lottery payout and sadly no one from Dutchess County won it. We can dream.... But I would rather count on donations from many community members than one or two people. When we give, whatever we are able to, we help create a more vibrant inclusive Jewish community. The founder of a large chain of NJ and NY appliance stores used to say that he would prefer to rely on fast nickels than slow quarters. When we give and collectively work together, we become stronger in the long run. When you are contacted and asked to give to our annual campaign, I hope you will respond as generously as you can. As I begin my term as board president, I ask for your help, advice, and ideas. If you have any concerns or suggestions, please don't hesitate to reach out to me.

Wishing everyone a sweet, safe, and healthy new year.
L'Shanah Tova.

Our Executive Director



May You Be Written and Sealed In The Book Of Life

With Rosh Hashana having just past and Yom Kippur almost upon us, this is a special time of the year. High Holy Day greetings often include "May you be written and sealed in the book of life" an acknowledgement and acceptance of the reality that life is but fleeting. Each day we have is not guaranteed but a blessing. This time of the year, particularly on Yom Kippur for me, is a unique opportunity for contemplation, a time to consider all that took place this past year and all that could possibly happen in the year to come: the good and the bad.

During High Holy Day services, there are certain prayers that resonate with me in thinking about how many loved ones have passed, and sadly, how many more may not be here a year from now. Life and living, which we often take for granted, is so fleeting. The loss of a loved one is a hole in us that can never be replaced. We do not "get over" the heartache but learn to live with it and find ways to "move forward" with it.

In reading the *U-netaneh Tokef* prayer, we can consider it a reminder of how important it is to embrace each day with hope and determination to make this place, our home, a better place while we can. I try to live following the values of our Jewish Federation with Tzedakah (charity), Tikkun Olam (repairing the world), and Gemilut Chassadim (acts of loving kindness) - one day and one mitzvah at a time.

For reference, here is that section that gives me pause:

On Rosh Hashanah it is written, and on the Fast of the Day of Atonement it is sealed!

How many will pass on, how many will be born; who will live, and who will die; who will live a long life and who will come to an untimely end; who will perish by fire and who by water; who by sword and who by beast; who by hunger, and who by thirst; who by earthquake and who by plague. who will be strangled, and who will be stoned; who will be at peace, and who will be troubled; who will be serene, and who will be disturbed; who will be tranquil, and who will be tormented; who will be impoverished, and who will be enriched; who will be brought low and who will be raised up.

But T'shuva, T'fillah and Tz'dakah have the power to transform the harshness of our destiny.

So as we begin a New Year, I encourage all of us to make the most of our time. Do a good deed. Get involved. Volunteer. Help others. Donate. Create community. And may we all be written and sealed in the book of life for another year.

Karen Hochhauser,
Executive Director

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(Gene Therapy Continued from page 1)

congenital cases are caused by genetic factors.

The inner ear consists of two highly coordinated systems, Avraham explained. There is the auditory system, which detects, processes, and transmits sound signals to the brain. And there is the vestibular system, which enables spatial orientation and balance. "A wide range of genetic variants in DNA can affect the function of these systems, leading to hearing loss and balance problems," said Avraham, who has worked in the field for 30 years, pioneering the discovery of genes that cause deafness, and has led more than 100 studies on hearing loss.

Gene therapy

According to Hahn, gene therapy has emerged as a powerful therapeutic approach in recent years and is now being applied to a range of genetic disorders, including spinal muscular atrophy (SMA), which affects muscles, and Leber congenital amaurosis (LCA), which causes blindness. It is also used in some cancer immunotherapy approaches, such as CAR T-cell therapy, a cancer treatment that uses a patient's own immune cells to fight tumors.

One way gene therapy works is by using engineered viruses as delivery tools. Scientists remove the virus's own DNA and replace it with a functional copy of the gene they want to fix. Because viruses are naturally good at entering cells, they can carry the corrected gene into the patient's cells, helping them work properly again.

Delivery of healthy new genes

For hearing loss, most preclinical studies utilize AAVs (adeno-associated viruses) as delivery tools. An AAV is a tiny, non-pathogenic virus that doesn't cause disease in humans, the researchers said. It acts like a delivery service, carrying a healthy new gene into the patient's cells, fixing or improving the disease. For hearing loss research, AAVs are especially useful because they can get into the hair cells of the inner ear, which are otherwise very hard to reach. When the virus delivers the gene into a cell, the DNA arrives as a single strand. The cell then has to fill in the missing strand before it can use the gene to make a healthy protein.

That extra step takes time and sometimes lowers efficiency. Instead, the research team used what's known as a Self-complementary AAV (scAAV), an optimized version, in which the virus already carries two matching strands of DNA. The researchers found that the scAAV was faster and more efficient. Avraham said that speed is an advantage because "there isn't a lot of time before the damage occurs" to hearing. "Once the hair cells of the ear are damaged, we cannot reverse it back," Hahn added.

The inner ear of mice and humans is 'remarkably similar'

The experiments were conducted in mouse models, which are widely used in hearing research. "For most of the genes that have been found to cause deafness in humans, there's a counterpart in mice," Avraham said. "The human inner ear is obviously a little bigger than the ears of these furry little things, but the structure and the function of the inner ear are remarkably similar, so it's really an excellent model."

In this study, the researchers investigated a mutation in the CLIC5 gene, which is essential for maintaining the stability and function of hair cells in the auditory and vestibular systems. Deficiency of this gene causes progressive degeneration of hair cells, initially leading to hearing loss and later resulting in balance



problems. Avraham said that many people with a hearing loss cannot walk in a straight line in the darkness. Hahn added that the knowledge gained in gene therapy in one field can be applied to others. "What we're doing for hearing loss is similar to what has been done before for the eye and for other diseases," she said. "A tool used for gene therapy in one system can be modified and used in others, accelerating the development of treatments across multiple genetic disorders."

Mapping the gene in Israel

Avraham's team of researchers has provided genetic diagnosis for the hearing loss of approximately 60% of Israelis among diverse populations, laying the groundwork for candidates for gene therapy. "We care very much about finding solutions in our own region," Avraham said. "One of the things that we're doing now, in collaboration with medical centers in the greater Tel Aviv area, is screening all children who are born deaf."

"We want to map out what's happening in Israel. If clinical trials for new therapy come to Israel in the near future," she said, "then hospitals will be able to treat children as early as possible."



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18 Park Ave, Poughkeepsie
(845) 454-2890
Rabbi Shlomo Krasner
Website: www.schomreisrael.org
Email: rabbishlomok@gmail.com

Weekly Services:

Shacharis 7:00am (weekdays)
Shacharis 8:30am (Sunday & holidays)
Maariv: 6:40pm (winter weekdays)
Friday Kabbalat Shabbat: around candle lighting times.

Adult Education:

Tuesday

Ethics of the Fathers through the Prism of History, and the Views of the Jewish Sages, Philosophers, Thinkers, Kabbalists, & Pious 10:30am, (No class 10/7, 10/14). One who wants to reach Piety should delve into Ethics of the Fathers While many of us have studied Ethics of the Fathers at one point or another, we will be approaching it through the themes and lens of some of the greatest commentators: as a Path of Perfection by the Rambam, a Guide to Piety of Rabbeinu Yona, and through the teachings of the Italian Philosopher Rabbi Ovadia Siforno, the Jewish Mystic the Maharal of Prague, the Talmudist Rabbi Chayim Volozhin, & the Intellectualist Rabbi Samson Hirsch. We will also view the historical context leading up to each statement as well as considering the background and experience of each Sage, which may shed light onto why each Sage prioritized their particular statement.

Hebrew 301-Learning Hebrew through the Book of Ruth 6:00pm. We will be building our Hebrew vocabulary of nouns and verbs, studying practical applications of possessives, prefixes, suffixes, & pronouns, examining Hebrew's usage of masculine/feminine, singular/multiple, & verb tenses and taking a look under the hood of Hebrew's Binyanim - verb conjugations. The class will be taught through the lens of the Book of Ruth, ensuring that it will be both enjoyable, functional, and informative. This class will be appropriate for the near-beginner to the near-advanced Hebrew learner and everyone in between.

Thursday

A Deeper Understanding of the Weekly Haftarah October 9, 16, 23, 30, 7:00pm. Do you ever sit during the reading of the Prophets, lost, bored, and having no idea what is going on? We can help you engage with the Haftarah. Join us on to study the holy words and explain their connection to the Parsha. We will then present a two pronged approach that will enable us to understand both the core meaning of the Haftarah while taking a deeper look at how it is expressed.

Shabbat Morning Delving Into the Prayers of the Siddur October 9, 16, 23, 30, 8:30am.

Other Events:

Monday

Buffet in the Sukkah October 6 following 6pm mincha and maariv services. Join us for a Chinese buffet in the sukkah. Reservations requested. Cost \$6 or without reservations \$10.

Brunch in the Sukkah October 13, 11:15am. In honor of Hoshanah Rabbah, no charge.

Wednesday

Simchat Torah BBQ October 15 following Shacharit services with Hakafor and Yizkor, no charge.

Contact

rabbishlomok@gmail.com
for current information
or visit the website
www.schomreisrael.org

If you would like to receive *The Voice* at home or sign up for JFedDC's weekly emails contact admin@jewishdutchess.org or call the JFedDC office at (845) 471-9811

Congregation Shir Chadash

(Reform)
Interim: Freedom Plains
Presbyterian Church, Lagrange
(845) 232-1029
Rabbi Glenn Jacob
Website: www.shir-chadash.org
Email: info@shir-chadash.org

Weekly Services:

Fridays: 7:30pm In-Person & Zoom
Saturday: 9:15am In-person,
Bi-monthly Torah Study with Rabbi Jacob, all welcome to attend.

Adult Education:

Saturday

Torah Study 9:15am. An informal discussion about the Torah portion of the week with Shir Chadash's new spiritual leader, Rabbi Jacob. Everyone has a chance to participate. Bring an inquisitive mind, a curiosity about our tradition, and a willingness to share your thoughts.

For info: (845) 232-1029, email: info@shir-chadash.org or visit www.shir-chadash.org.

Other Events:

Sunday

Rosh Chodesh Reading Group

Those interested in reading are invited (now done virtually) to our interesting and provocative discussions. Dates & times TBD. Participants meet to discuss memoirs, fiction, poetry, and drama in a variety of works that offer Jewish themes and a variety of perspectives of interest. Have a topic or suggestion? Please let us know! For more info, please contact Sandy Lash at (845) 232-1029, via email: info@shir-chadash.org

Contact :

info@shir-chadash.org
for current information
or visit the website
www.shir-chadash.org



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Temple Beth-El

(Conservative)
118 S Grand Ave, Poughkeepsie
(845) 454-0570
Rabbi Michael Fessler
Rosh Tefilah Rabbi Miriam Hyman
Website: www.tbeny.org
Email: info@tbeny.org

Weekly Services:

Friday & Saturday Shabbat Services are both in-person and Zoom.
Monday— Friday Minyan 8:00 am.
Monday & Thursday in person & Zoom, Tuesday, Wednesday, & Friday only on Zoom
Call the Temple Beth-El office for the current schedule.

Adult Education:

For information about ongoing Adult Education at Temple Beth-El, please contact the synagogue office : (845) 454-0570.

Other Events:

Sunday

Temple Beth-El Serves at Lunchbox 2nd Sunday. Volunteers are needed to help serve a meal at Lunchbox at Dutchess Outreach. You can also help by making a donation to help cover the cost. Contact Nancy Judson & volunteer (845) 216-7563

Tuesday

Book Club 2:00pm in the Social hall at TBE. September 15 (*Heartwood by Amity Gaige*). For more info, please contact Merri Sedgwick at moondoggie7@optonline.net.

Contact:

info@tbeny.org
for current information
or visit the website
www.tbeny.org



Former Temple Beth-El Cantor Visits

A joyful reunion took place at Temple Beth-El recently, when former Beth-El Cantor, Rena Shapiro came by for a visit. Cantor Rena, who was ordained by AJR in 2001, spent over two decades at Beth-El, as cantor, choir director and creator of the Shalom Singers. In 2014 she moved to the Pittsburgh area to be close to her family, and has been the Spiritual Leader at Beth Samuel Jewish Center ever since, leading the congregation in prayer and music. In addition to her duties as combined rabbi-cantor, Rena plays violin in her local symphony, has taught at AJR, and is active in many cantorial institutions. Our congregation was delighted to welcome her back to Poughkeepsie, albeit briefly, after her participation in the annual North American Jewish Choral Festival in Connecticut. Choir members and congregants alike shared fond memories of Cantor Rena's time here, ending the reunion on a nostalgic but happy note.



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Vassar Temple

(Reform)
140 Hooker Ave, Poughkeepsie
(845) 454-2570
Rabbi Jeff Stombaugh
Rabbi Emeritus Renni Altman
Website: www.vassartemple.org
Email: Office@VassarTemple.org or rabbi@vassartemple.org

Weekly Services:

Most services are hybrid (both in person and on Zoom). Contact office@vassartemple.org for Zoom link

Friday

Shabbat Evening Service Every Friday Hybrid, October 3, 10, 17, 31, 7:30. October 24, 6:00pm Shabbat Noach Service with guest speaker "The Elephant Man"

Saturday

New Paths Shabbat Morning Worship October 4, 10:15am, hybrid.

Shabbat Morning—Torah Service

October 11, 25, 10:15am, hybrid.

Adult Education:

Tuesday

Talmud Study on Zoom with Senior Scholar Rabbi Paul Golomb is held on a daytime schedule. For dates, study sheets, and to be placed on the Talmud Study e-mail list, contact him at pjgolomb@verizon.net.

Saturday

Torah Study with Rabbi Jeff Stombaugh meets hybrid at 9:00am (No class 10/18). Come join our lively discussions. Contact office@vassartemple.org or (845) 454-2570 for details and to be placed on the Torah Study e-mail list.

Other Events:

Monday

Erev Sukkot

October 6, 5:45pm BYO dinner in the sukkah, 7:00pm Service

COME! Erev Simchat Torah Dinner & Service with Klezmer

The Living Shtetl, the amazing Klezmer group from NYC led by clarinetist Alex Parke, and which performs the world over, is returning to perform at Vassar Temple's Erev Simchat Torah celebration October 13 7:00pm. Everyone in the community is warmly invited to this joyous performance and to come dance with the Torah! The festival service will also include our ritual tradition of unrolling the Scroll all around the room.

Prior to the service, at 5:45pm, there will be a dinner and you can opt to dine outside in the sukkah or indoors in the social hall. For menu information, to RSVP, and to let us know if you need a gluten free or vegan option, email ritual@vassartemple.org. If you'd like to eat in the sukkah, weather permitting, please bring a lawn chair. If you choose to make a donation by credit card to help defray our expenses for the performance and dinner, please call our office at (845) 454-2570

Tuesday

Simchat Torah/Shemini Atzeret/Yizkor Morning Service October 14, 10:00am.

Thursday

Vassar Temple Sisterhood Book Club will meet October 16, to discuss the novel *This Tender Land* by William Kent Krueger, the unforgettable story of four orphans who travel the Mississippi River on a life-changing odyssey during the Great Depression. In the summer of 1932, on the banks of Minnesota's Gilead River, Odie O'Banion is an orphan confined to the Lincoln Indian Training School, a pitiless place where his lively nature earns him the superintendent's wrath. Forced to flee after committing a terrible crime, he and his brother, Albert, their best friend, Mose, and a brokenhearted little girl named Emmy steal away in a canoe, heading for the mighty Mississippi and a place to call their own. Over the course of one summer, these four orphans journey into the unknown and cross paths with others who are adrift, from struggling farmers and traveling faith healers to displaced families and lost souls of all kinds. With the feel of a modern classic, *This Tender Land* is an enthralling, big-hearted epic that shows how the magnificent American landscape connects us all, haunts our dreams, and makes us whole. All are welcome to the discussion, to be held at 2:00pm, in-person at the Collegeview Tower meeting room, 141 Fulton Avenue, Poughkeepsie. For questions or to RSVP, please contact bookclub@vassartemple.org. The book is available through the local library system.

Contact :

office@vassartemple.org
for current information
or visit the website
www.vassartemple.org

Pardess Center for Jewish Life

(845) 440-7592
 Rabbi Zalman Sandhaus
 Website: www.MyPardess.org
 Email: info@MyPardess.org

Contact:
info@MyPardess.org
for current information
or visit the website
www.MyPardess.org

The Rhinebeck Jewish Center

102 Montgomery Street, Rhinebeck
 (845) 876-7666
 Rabbi Hanoch Hecht
 Rebbitzin Tzivie Hecht
 Website:
www.RhinebeckJewishCenter.com
 Email:
RSVP@RhinebeckJewishCenter.com

Weekly Services:

Fridays: Call for time.
 Saturdays: 9:30am

Contact:

RSVP@RhinebeckJewishCenter.com
for current information
or visit the website
www.RhinebeckJewishCenter.com

Chabad of Mid-Hudson Valley

63 Vassar Rd, Poughkeepsie
 (845) 463-5801
 Rabbi Yacov Borenstein
 Website:
www.chabadmidhudsonvalley.com
 Email:
ChabadMidhudsonvly@prodigy.net

Weekly Services:

Fridays: Call for times.
 Saturdays: 10:00am Chabad Hebrew School

Adult Education:

Wednesday

Torah Class: Discover the World of Prayer 11:00am, 36 Pleasant Ridge Drive. Class led by Hindy Borenstein. Indulge your body with thought provoking insights from the weekly Torah portion and other contemporary issues, and indulge your body with a light and healthy lunch.

Special Events:

Sunday

Bagels, Lox, Torah (Tefillin too!) 9:00am led by Rabbi Yacov Borenstein. Morning minyan will follow Torah discussion on the coming week's Torah portion, upcoming holiday, or topic of Jewish interest.

Contact :

ChabadMidhudsonvly@prodigy.net
for current information
or visit the website
www.chabadmidhudsonvalley.com

Beacon Hebrew Alliance

(Conservative)
 331 Verplanck Ave, Beacon
 (845) 831-2012
 Rabbi Justin David
 Rabbi Emeritus Brent Spodek;
 Email:
411@beaconhebrewalliance.org

Weekly Services:

Friday Shabbat, 5:30pm Mini Minyan with Luke Wygodny & 6:00pm Potluck Shabbat Dinner and Kabbalat Shabbat

Check our Community Calendar for services times, generally every Friday & one Saturday per month:
www.beaconhebrewalliance.org/calendar

Contact:

for current information
or visit the website
www.beaconhebrewalliance.org

Congregation Beth David

(Reform)
 East Main St, Amenia
 (845) 373-8264
 Rabbi Jon Haddon
 Website: www.CongBethDavid.org
 Email: JonRab33@gmail.com

Weekly Services:

Saturdays 10:30am.

Contact:

jonrab33@gmail.com
for current information
or visit the website
www.CongBethDavid.org

Vassar College Bayit

51 Collegeview Ave, Poughkeepsie
 (845) 728-4792
 Rabbi Bryan Mann
 Rachlin Director of Jewish Student Life at Vassar College
 Email: bryanmann@vassar.edu

Weekly Services:

Fridays: 6:00pm
 7:00pm dinner when school is in session

Contact :

bryanmann@vassar.edu
for current information

Chabad Beacon

Rabbi Shaya Itkin
 Phone: (845) 288-0170
 Email: rabbichabadbeacon.com

Contact:

rabbichabadbeacon.com
for current information
or visit the website
chabadbeacon.com

Congregation Emanuel of the Hudson Valley

243 Albany Ave, Kingston
 (845) 338-4271 ext 101
 Rabbi's Study: (845) 338-4384 ext 102
 Rabbi Jack Sherratt:
rabbijack@hvc.rr.com
Weekly Services:
Friday
 Kabbalat Shabbat Service 6:00pm,
Saturday
 Morning Minyan 10:00am
Education:
Mediation & Torah Study 8:45am via Zoom
Hebrew Trope 12:00pm, via Zoom,
 Dates TBD.
Hebrew, Shebrew! 4:00pm, via Zoom.
Talk Back with Rabbi Jack 8:45am, via Zoom,

Contact: info@cehv.org
for all events and current info
or visit the website www.CEHV.org

Bard College

Rabbi Joshua Boettiger
 Jewish Chaplain, Visiting Assistant Professor of the Humanities
 Phone: (802) 733-6342
 Email: jboettiger@bard.edu

Contact:

jboettiger@bard.edu
for current information

Woodstock Jewish Congregation

241682 Glasco Tpk, Woodstock
 (845) 679-2218
 Admin: admin@wjcsul.org

Weekly Services:

Friday

Kabbalat Shabbat Service 6:00pm,
Kid Friendly Intergenerational Shabbat
 First Fridays 6:00pm

Saturday

Shabbat Service 10:00am

The 1st Friday Shabbat—The students of our Family School co-lead Kabbalat Shabbat with Cantor Raechel in a warm and fun mix of upbeat, traditional melodies, learnings from class, and sometimes their own original melodies. All children are invited to come up on the bimah, play shakers, and share their own ideas. The services culminate with the Priestly Blessing, a blessing over all the children in the space. The service lasts about 40 minutes and is followed by a full community potluck where members of all ages come together to eat, chat, and play games. This is a sweet intergenerational community experience.

Contact: admin@wjcsul.org
for all events and current info
or visit the website
www.wjcsul.org



October

Candle Lighting Schedule

October 3	6:15pm
October 10	6:04pm
October 17	5:53pm
October 24	5:42pm
October 31	5:33pm

TEMPLE BETH-EL PRESENTS
AN AFTERNOON OF
MAHJONG, CANASTA & BRIDGE

1-4PM **GAME DAY** **RSVP BY OCT. 16**

THURSDAY, OCTOBER 23 2024

COFFEE, TEA AND DESSERTS WILL BE PROVIDED

\$25 PER PLAYER
SIGN UP IN GROUPS OF 4 OR MORE

FOR INFORMATION CONTACT
BARBARA COHEN: 914-475-3263
KAREN JACOBS: EDUCATIONASSIST@TBENY.ORG
MAKE CHECKS OUT TO TEMPLE BETH-EL

PLEASE LET US KNOW IF YOU HAVE A CARD TABLE WE CAN BORROW FOR THE EVENT

PLAYERS SHOULD BRING THEIR OWN CARDS AND TILES

Join Us at Temple Beth-El
for a Special Ambulance Dedication

MAGEN DAVID ADOM IN ISRAEL **מגן דוד אדום בישראל**
95
 95 Years of Saving Lives

October 5, 2025 at Noon
118 South Grand Avenue, Poughkeepsie
 (front parking lot)

Bob Ulrich is generously dedicating an ambulance to Magen David Adom in Israel (Israel's Red Cross).

Refreshments will be served.



The Jewish War Veterans of the United States, Post 625

Pvt. Herman Siegel Post 625, Jewish War Veterans of the US, meets monthly at Congregation Schomre Israel, Poughkeepsie. We are the only active post between Westchester and Albany! Upcoming meeting dates are Sundays, October 12, and November 9. (9:00am schmooze, 9:30am meeting). The location is strictly kosher and tasty refreshments are provided. All are welcome to attend and/or join, both veterans and anyone else who would like to support our cause. We provide community service and support local veterans' facilities. We advocate against antisemitism and for the rights and benefits of all American military members and veterans. For more info, contact Senior Vice Commander Ralph Schwartz at (845) 849-0025.

THE CHILDREN'S DENTAL GROUP

104 Fulton Avenue, 2nd Floor
Poughkeepsie, NY
(845) 454-4800

MassMutual

Rania Michael
Financial Services Professional

Blue Ocean Wealth Solutions
 2200 Northern Boulevard
 Suite 200
 East Hills, NY 11548
 Cell: 718.496.3276
RMichael@financialguide.com
financialprofessionals.massmutual.com/Rania-Michael

CRAFT FAIR

Sunday, November 16, 2025

from 10am to 4pm
 Temple Beth-El
 118 South Grand Avenue
 Poughkeepsie, NY

Join Us

Currently looking for Vendors and Sponsors

Call 845.454.0570
 or email: educationassist@tbeny.org
 for more information



Five women became Adult B'Not Mitzvah at Vassar Temple, culminating four years of study with Hebrew teacher Marcia Tanzman and Rabbi Renni Altman.



Fun, friendship, and food at Vassar Temple Sisterhood Chai Noon luncheon



Temple Beth-El welcomed prayer leader Renee Finkelstein for an alternative, musically meditative welcoming Shabbat service. Over 40 participants enjoyed Renee's beautiful renditions of Kabbalat Shabbat overlooking our newly renovated meditation garden. Thanks to the Horwitz family for proving the funds to revamp this beautiful space.

2025 Holiday Greetings
 It's almost that time of the year when The Voice invites you to wish your friends and neighbors a Happy Holiday.

This year we will once again be offering a 3-pack of Holiday Greetings which includes: Passover, Rosh Hashanah, and Chanukah.

Please look at the designs and choose an individual greeting or the 3-pack. If you choose the 3-pack, please choose the same size ad for all holidays.

The cost: Small ad: \$30 each or 3 for \$80
 Medium ad: \$40 each or 3 for \$110
 Large ad: \$70 each or 3 for \$190

Sm Ads—2" by 1.4"
 Md Ads—1.5" by 2.9"
 Lg Ads—3.2" by 2.7"
 Approximate sizes

Please fill out the form and mail it back to us with your payments to:
 THE VOICE, PO Box 2525, Poughkeepsie, NY 12603
 Or complete online: www.jewishdutchess.org
DEADLINE for Chanukah Greetings is November 8

Chanukah Greetings

Small—A
 Peace to all!
 Your Name

Medium—C
 Wishing you peace in this season of miracles!
 Your Name

Small—B
 Hanukkah Blessings
 Your Name

Medium—D
 Happy Hanukkah!
 Your Name

Large—E
 HAPPY HANUKKAH
 From Our Family to Yours,
 Your Name

Large—F
 May your Hanukkah shine bright with happiness!
 Your Name

2025 Holiday Greetings

Name: _____
 Address: _____
 City: _____ State: _____ Zip: _____

Holiday	Small	Medium	Large
Passover (circle one)	A B	C D	E F
Rosh Hashanah (circle one)	A B	C D	E F
Chanukah (circle one)	A B	C D	E F

Your name(s) on the Greeting: _____

Checks should be made out to:
Jewish Federation of Dutchess County

"October 8" screening at Upstate Films in Rhinebeck

ELIZABETH SHAPIRO CARLOTTI
"Protecting What Matters Most—Faith, Family, and Future"

Fully Licensed Insurance Agent
 Serving NY, NJ, PA, CT
 Offering coverage for:

- Auto Insurance
- Home Insurance
- Life Insurance
- Short-Term Disability
- Supplemental Health Insurance
- Business Insurance

Call Or Text And Ask For Elizabeth!
(845)943-2039



JFedDC "October 8" Prescreening Reception at the Rhinebeck Jewish Center

Hudson Valley Medical Health Choices

Life challenges? We can help!

Our new office is open and accepting patients!
1 Webster Avenue, Suite 402B in Poughkeepsie.
 To schedule an appointment or to learn more, visit
hvpalliativecare.org or call **845.240.7557.**

Hope
comes in many forms

For some, it means feeling seen, heard and supported, every step of the way.

Hudson Valley Hospice

Contact Hudson Valley Hospice: hvospice.org • (845) 240-7555