

25 DAYS. 25 MITZVOT. 25 YEARS.

TRIBUTE IN LIGHT

25 YEARS LATER, WE REMEMBER SEPTEMBER 11 THROUGH ACTION.

ONE MITZVAH A DAY



AUGUST 18 - 31

To commemorate the 25th anniversary of September 11, 25 Days of Mitzvot begins on August 18. Complete one mitzvah, or good deed, a day to honor the lives lost and carry their memory forward.

DAY 1

AUG

18

Choose Life - Chai

In Jewish tradition, chai means life, and the Hebrew letters that spell it add up to 18. Give \$18, or whatever you can, to a cause that helps others.



DAY 2

AUG

19

Recognize the Good - Hakarat Hatov

Hakarat hatov means recognizing the good. Thank someone who has made a difference in your life.



DAY 3

AUG

20

Reach Out to Someone

Call, visit or write to someone who may be lonely.



DAY 4

AUG

21

Help Someone Prepare for Shabbat

Offer to shop, cook, set the table or handle an errand before Shabbat.



DAY 5

AUG

22

Be Fully Present

Put away distractions and give someone your undivided attention.



DAY 6

AUG

23

Help Fill a Pantry

Donate to a food pantry or buy an extra grocery item for a family in need.



DAY 7

AUG

24

Thank a Teacher or Mentor

Tell a teacher or mentor how their influence has mattered.



DAY 8

AUG

25

Strengthen Your Community

Support a local business, nonprofit or community organization.



DAY 9

AUG

26

Give the Gift of Life

If eligible, make an appointment to donate blood or encourage someone who is eligible.



DAY 10

AUG

27

Care for a Shared Space

Pick up litter, return a shopping cart or leave a shared place better than you found it.



DAY 11

AUG

28

Set Aside Tzedakah

Before Shabbat, set aside money for tzedakah - the Jewish obligation to give to those in need and help create a more just world.



DAY 12

AUG

29

Practice Hospitality - Hachnasat Orchim

Invite someone in, share a meal or make a newcomer feel welcome.



DAY 13

AUG

30

Help a Neighbor

Do something useful for a neighbor without being asked.



DAY 14

AUG

31

Thank a Volunteer

Thank someone who quietly gives their time to help others.



Choose life. Add goodness to the world.

JewishDutchess.org/Events

Share your mitzvahs with us: Events@JewishDutchess.org | Instagram @JewishDutchess | Facebook /JFedDC

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SEPTEMBER 1 - 11

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SEPT

1

DAY 15

Thank a Healthcare Worker
Thank someone who cares for others.

☐

SEPT

7

DAY 21

Show Gratitude on Labor Day
Thank someone whose work keeps the community running, especially on a holiday.

☐

SEPT

2

DAY 16

Thank a Firefighter
Thank a firefighter for answering the call.

☐

SEPT

8

DAY 22

Learn a Name
Learn about one of the nearly 3,000 people murdered on September 11.

☐

SEPT

3

DAY 17

Thank a Police Officer
Thank an officer who serves the community.

☐

SEPT

9

DAY 23

Teach the Next Generation
Help someone younger understand what happened on September 11.

☐

SEPT

4

DAY 18

Protect Life - Double Chai
In Jewish tradition, 18 represents chai, or life. Together, Day 18 and August 18 give us two 18s, or a double chai. Honor it with an act that protects or improves a life.

☐

SEPT

10

DAY 24

Honor Those Who Ran Toward Danger
Write or share a message honoring the courage and sacrifice of those who ran toward danger on September 11.

☐

SEPT

5

DAY 19

Learn About Pikuach Nefesh
Learn about pikuach nefesh, the Jewish obligation to save a life.

☐

SEPT

11

DAY 25

Remember. Honor. Act.
Perform one mitzvah in memory of a life taken on September 11.

☐

SEPT

6

DAY 20

Show Up for First Responders
Bring a card, snack or simple thanks to a local first-responder team.

☐

NEVER FORGET

On September 11, 2001, al-Qaeda terrorists attacked the United States. Two airplanes struck the World Trade Center in NYC, one struck the Pentagon in VA and one crashed in Pennsylvania after those aboard fought back. Nearly 3,000 people were murdered, among them five of our Dutchess County neighbors at the World Trade Center. We remember each life and honor those who helped. Through mitzvot, we turn remembrance into action.

COMMEMORATE • EDUCATE • INSPIRE

Choose life. Add goodness to the world.

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