

Anti-Bias and Anti-Bullying Programs

A WORLD OF DIFFERENCE[®] Institute

Go to: www.adl.org/education/antibias



- **Understanding and Addressing Bullying**
Go to: www.adl.org/combatbullying
Equipping youth and adults with bullying and cyberbullying prevention and intervention strategies through a suite of training programs that last a few hours to a full day.
- **Making Diversity Count[®]**
Go to: www.adl.org/education/mdc
Helping educators address bullying and build inclusive classrooms through an interactive and engaging online training program.
- **Peer Training/Peer Leadership**
Using peer education to equip middle and high school students with the understanding and skills to foster a climate of respect and civility in their schools.
- **Names Can Really Hurt Us Assembly**
Program Creating a safe forum for students to discuss name calling, bullying and harassment in their schools through student-centered assembly programs.
- **Step Up! Assembly Program**
A program for middle school students designed to give a voice to the targets of bullying and prejudice, build empathy in the aggressors and inspire bystanders to become allies.
- **Becoming an Ally: Responding to Name Calling and Bullying**
Helping educators and youth recognize the impact of name-calling and take a stand against bias and bullying.
- **Teacher Anti-Bias Training**
This 3 hour (minimum) program is offered to faculty and staff of K-12 schools. The program is designed for participants to examine identity, privilege, bias and school culture/climate. We discuss how identity and biases affect the way we interact with our students as well as our colleagues. Teachers will reflect on their own experiences at their respective schools and brainstorm ways to improve the culture of the school to be more positive and inclusive.
- **Anti-Bias Building Blocks: An Elementary School Curriculum**
A K-5 teaching guide designed for educators who want to promote safe, inclusive and respectful classroom and school environments. Divided into five instructional units are 50 sequential lessons—25 for grades K-2 and 25 for grades 3-5—that help children explore identity, understand differences and analyze and challenge bias.
- **Empowering Students, Challenging Bias: A Middle School Curriculum**
Offers practical lesson plans that engage grade 6-8 students in an exploration of bias and discrimination and empower them to take action to promote respect in their schools and communities. The curriculum's 30 sequential lessons were designed with teachers in mind and feature contemporary topics and a variety of instructional methods including directed discussion, small group work and reflective writing.