

Monday

Value: Unity & Mutual Responsibility–Achdut v’Areyvut

We are all interconnected and responsible for one another.

Staff Meeting for Community Leaders, Madrichot, & Bus Leaders (2pm)

Hotel in Tel Aviv, Location TBD

Check-in to the hotel in Tel Aviv (after 3pm)

Hotel check-in is after 3pm. If you arrive earlier, you can leave your luggage in the luggage room of the hotel and enjoy local sites and eateries.

Momentum Welcome Program & Dinner - Meet your new Momentum sisters

Momentum Educator

Location: Tel Aviv area

Overnight: Tel Aviv

Tuesday

Value: Courage–Azut d’Kedusha

Boldly step out of your comfort zone to confront the most pressing challenges facing the Jewish people with pride, innovation, and “holy chutzpah.”

Attire: Casual with layers and comfortable shoes for walking

Breakfast available at the hotel

Session: The Courage to Act on Your Calling

Momentum Educator

Israel: You Can Make a Difference

Dr. Zohar Raviv

Momentum Scholar-in-Residence, Int’l VP of Education and Strategy, Taglit Birthright Israel

Zionism Workshop

Ethiopian Jewish Voices

Meet a leader from the Ethiopian-Israeli community and hear firsthand about the journey, culture, and traditions of Ethiopian Jews in Israel through story, taste, and dance.

Packed Lunch will be provided

Tour of Nachalat Binyamin Market

Nachalat Binyamin Market sits in the heart of Tel Aviv. The Art Fair features over 200 artists showcasing their art and handmade products. The Art Fair is open twice every week, on Tuesday and Friday, and is one of the best places in the city to find original, handmade items.

Tour of Tel Aviv with Tour Guide

Guru Zuzu

A unique, immersive experience, taking groups through an inspired journey together through music and movement.

Reflect & Connect

Special opportunity to gather in groups by cohort to reflect, dive deep and discuss the questions on the value of each day in the journal.

Free evening and dinner on your own in Tel Aviv

Overnight: Tel Aviv

Wednesday

Value: Human Dignity–Kavod Habriyot

Each person is made in God's image, infinitely valuable and deserving of dignity.

Attire: Casual with layers and comfortable shoes for walking

Breakfast available at the hotel

Checkout of hotel

Session: Upholding Human Dignity

Momentum Educator

Israel Sister Speaker

Break

IDF on the Ground: Meet Soldiers Serving on the Front Lines

Visit to the South of Israel

Visit Re'im, the site of the Nova Music Festival. Hear firsthand from a Nova hero and visit surrounding areas impacted by October 7th to bear witness to the events and their aftermath.

Packed Lunch provided

Tour in the South with Tour Guide

Reflect & Connect

Drive to Jerusalem

Check-in to hotel in Jerusalem

Free evening and dinner on your own

Overnight: Jerusalem

Thursday

Value: Faithfulness & Trust–Emunah

A relationship with God can anchor you, inspiring you to step up and make a difference even at the most trying times.

Morning Attire: Dead Sea: Beachwear for Dead Sea and a towel from home

Afternoon Attire: Casual with layers, modest dress (visiting Western Wall) and comfortable shoes for walking.

Breakfast available at the hotel

Optional Early Morning Dead Sea Swim

At the lowest point on earth, 1378 feet below sea level, enjoy floating in these healing mineral waters, and slathering on the much sought-after mud from the Dead Sea. Enjoy and pamper yourself!

Return to hotel to refresh, eat breakfast, and get ready for the day

Tour of the Jewish Quarter in the Old City of Jerusalem

Time for lunch on your own

Kotel Tunnel Tours

Reflect & Connect: Presentation of Soul Full

Step into the possibility of prayer as you receive your personal copy of Soul Full, the Momentum prayer companion.

Session: The Power of Prayer

Momentum Educator

Visit the Kotel – Western Wall

At this last remnant of the Holy Temple, and the holiest site on earth, your heart will see more than your eyes, as you feel the prayers of thousands of years and millions of Jews. The Kotel is known as a place where the Divine Presence never leaves.

Free evening and dinner on your own

Overnight: Jerusalem

Friday

Value: Learning & Growth – *Limud V'Hitlamdut*

We are the People of the Book, approaching every experience as learners.

Morning Attire: Casual with layers

Evening Attire: Shabbat Stylish with layers for cool evening

Breakfast available at the hotel

Shifting Paradigms: The Power of Learning & Growth

Momentum Educator

Israel Engagement Workshop

Focus on practical advocacy ideas to take back home with you and apply on and offline.

Guest Speaker

Break

Session: Shabbat – Disconnect to Connect

Momentum Educator

Free afternoon and time for lunch on your own

Pre-Shabbat Program

Momentum Educator

Candle Lighting

Praying and Dancing at the Western Wall

Kabbalat Shabbat at the Kotel is a magical experience. Witness the throngs of Jews welcoming the Shabbat Queen with joy in song and dance.

Shabbat Dinner together with your Momentum Sisters

Optional Shabbat Shmooze in your hotel lobby with your Israeli Sisters

Overnight: Jerusalem

Shabbat – Saturday

Value: Peace & Wholeness in the Home–*Shalom Bayit*

Family relationships provide a living laboratory for growth.

Morning Attire: Shabbat Stylish

Evening Attire: Casual and layers for cool evening

Breakfast available at the hotel

Optional: Attend morning prayer services at local synagogues

Session: Generous Parenting

Momentum Educator

Session: In Pursuit of Peaceful Relationships

Momentum Educator

Reflect & Connect

“Shabbat of a Lifetime” Lunch

Enjoy an authentic Jerusalem experience by joining local families for Shabbat lunch at the home of a host family.

Shabbat day rest

Light Meal to End Shabbat together

Enjoy a light meal to end Shabbat in the Old City of Jerusalem. Bond, share and show your gratitude to those that defend Israel and Jews everywhere. Sponsored by the Clamans, founders of Thank Israeli Soldiers, in their Old City home.

Musical Havdalah

Free Evening & Dinner on your own

Overnight: Jerusalem

Sunday

Value: Gratitude—*Hakarat Hatov*

With your heart full of gratitude for this incredible experience, reflect on how you can take action at home and in your community, and mobilize others to take action as your journey continues.

Attire: Casual with layers

Breakfast available at the hotel

Checkout of Hotel

Hands & Hearts

Engage in a hands-on experience connecting Jewish values through art.

Volunteer Activity

Free time for lunch on your own

Session: Lights, Camera, Action – Your Momentum Action Plan

Momentum Educator

Personal Reflect & Connect: Letter to Yourself

Evaluations

Community Leader Meeting

Momentum of Gratitude

Momentum Closing Dinner

The Momentum Closing Dinner celebrates the culmination of an unforgettable journey, bringing attendees together to reflect, recognize accomplishments, and spark conversations about future opportunities. With a blend of delicious cuisine and inspiring moments, it's a memorable night that leaves everyone with the momentum to move forward.

Depart by bus to airport

Flights should be reserved that depart after 11pm

This is not goodbye, but “I’Hitraot”, see you again soon....

The last day of your trip is the first day of your journey.