



## Jewish Family Service Heldman Family Food Pantry Most Needed

**Items** *(can be Kosher or Non-Kosher unless otherwise noted):*

### Food items:

- Jars of instant coffee
- Boxes of tea bags: preferably black or herbal tea
- Bottled juice: apple, grape, fruit blends
- Canned tuna
- Canned salmon
- Pasta sauce
- Kosher ready meals (Wacky Mac, shelf stable chicken/meat meals)

### Personal Care Items:

- Body wash
- Body lotion
- Mouthwash
- Shampoo
- Conditioner
- Razors
- Shaving cream
- Toothpaste
- Toothbrushes
- Dental floss

### Other Items:

- Laundry detergent
- Liquid Dish Soap
- Cleaning supplies (Windex, 409, Fantastik, Clorox sprays etc.)