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Jewish Community **News**

News of the Jewish VA Peninsula Community

May 2023/5783

**Spring is
in the air
at the UJC**



2023 Annual Campaign

In memory of Lina
Aleksandrovna (Berelovich)
Hammer

Susan & Alex Berelovich

In memory of Joshua Solomon
Glenn Solomon

Eric & Jack Luckman

Memorial Endowment Fund

In honor of Lori & Jeff
Luckman's wedding anniversary
Mark Nataupsky

In honor of Robin & Guy Levy's
new grandson, Asher
Lori & Jeff Luckman

In honor of Jennie Ann & Don
Lovis on their recent marriage
Lori & Jeff Luckman

In memory of Richard Cooper
Lori & Jeff Luckman

Maccabi Team NN Fund

Sarah & Jim Barnett

Secure Community Fund

In honor of the birth of Robin &
Guy Levy's grandson
Becca & Eric Maurer

In honor of the birth of Joan &
Steve Marks' granddaughter
Becca & Eric Maurer

UJC Youth Fund

In honor of the birth of Robin &
Guy Levy's grandson, Asher
Sarah & Jim Barnett

Leonard & Sylvia Waters Library Fund

In memory of Mike Klesmer
Sandy & Howard Waters

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Are You a Jewish Alum of William & Mary?

We want to know what William & Mary was like when you attended and show you what is happening on campus for Jewish students now!

Please send your information to: rabbilitt@wmhillel.org.





Lag B'Omer Archery
Monday, May 8th - 6pm

Archery lessons with
David Lembersky

Wilcox Bait & Tackle
9501 Jefferson Ave.

All participants must be age 10 or older

Passport Members - \$5/family
Non-Members - \$10/family

Sign up at ujcvp.org



**Peninsula
Farmers
— Market —**

Thursdays, May 4th - September 14th
10am - 2pm

Come see us at the newest Peninsula Farmers Market at the UJC!

- * Fresh Produce * Fresh Baked Goods * Personal Care Products * Home Cleaning Products * Mead * Sorrel *
- * Honey * CBD Products * Goat Milk Soap * Special Sauces & Seasonings * Handmade Dog Treats & Accessories *
- * Fresh Healthy Snacks * Fresh Grilled Meats Prepared Each Thursday On Site *

Everything grown, produced, and created by regional businesses!

Skip the lines at the chains and buy local, farm to table for your family!

Education **Corner**

Director of Education & Program Development, Carmela Malkin Kuhn



The Sarfan Early Childhood Center thrives on the connections we make with our families. Connections made through morning coffee talks in the preschool, Walk-in Wednesdays for our families, and our biggest on-campus preschool event, Grandparents Day. For quite some time we were unable to share these face-to-face connections with our community due to social distancing and caution. However, I am happy to say that those times are over!

The Sarfan Center recently welcomed 200 grandparents and grand-friends to celebrate their impact on our lives with a special presentation by our early childhood teachers and students. For months, our classrooms prepped, practiced and made beautifully crafted personalized notecards for this special occasion. Our wonderful parent committee was right by our side, making sure every component of the Grandparents Day “comeback” went smoothly. After Grandparents’ Day wrapped up, our Sarfan Center staff didn’t waste any time continuing with programs. We brought in our preschool parents to share our space and create something beautiful with their children with our Daddy & Me and Mommy & Me events.





GRAND CLUB



Lunch & Bingo on Thursdays

Lunch for ages 60+ - \$2.50
Lunch for Passport Members - FREE!
Additional charge for Bingo Cards

Bingo begins at 10:45am
Lunch is served at 12:00pm
Bingo resumes after lunch

Email Carmela:
carmela@ujcvp.org for more info or to RSVP



The Bus is Back!

The UJC has resumed bus transportation for Grand Club / Bingo with a handicapped accessible bus.

If you, or someone you know, would like to join us for lunch and bingo on Thursdays and needs transportation, please email **Martha Vogel: mvogel@ujcvp.org** or call the **UJC main office: 757-930-1422**.

We can't wait to see you back on our campus!



Volunteer Opportunity

The UJC is looking for volunteers to call Bingo on Thursday mornings (10:45am) and Thursday afternoons (12:30pm). If you would like to volunteer, please email Martha Vogel: mvogel@ujcvp.org or call 757-930-1422.

Theodore H. & Esther Beskin Memorial Scholarship Award

SCHOLARSHIP



OPPORTUNITY

Scholarship Application Available
Deadline to return application to the UJC is Friday, May 5th, 2023

Established in 1959 in memory of beloved and outstanding humanitarians and leaders, the Theodore H. and Esther Beskin Memorial Scholarship Award is given annually to a worthy local Jewish senior high school student. The recipient is selected on the basis of outstanding achievement and diligence in academic, personal, and community endeavors, as well as other pertinent criteria.

Applications for the \$1000 scholarship are available online at ujcvp.org



Mindful Monday (via Zoom)

with instructor, Molly Link

Monday, May 22nd, 7pm
FREE EVENT

For Zoom link, please visit our website: ujcvp.org

Questions? Email: jmalkin@ujcvp.org

JCC Maccabi Moment

Leading up to the Maccabi Games this summer, we will be featuring the teen athletes who will be representing the UJC on Team Newport News!



NAME: Eli Green

AGE: 14

SCHOOL: Poquoson Middle School

SYNAGOGUE: Rodef Sholom Temple

SPORT: Basketball

What are you most looking forward to at the JCC Maccabi Games?

I am looking forward to meeting new people and new experiences.

What is your favorite movie?

Space Jam! It has basketball and Looney Tunes, Michael Jordan, and golf. I would recommend it to anyone who likes basketball.

What's your favorite dessert?

A cookie cake, with frosting and ice cream.

Do you have any secret hobbies?

I play tennis, pickleball, and I got a 197 in bowling once.



What goal do you hope to achieve this year?

I hope to get all As this whole year.

Good luck, Eli!



NAME: Mia Green

AGE: 12

SCHOOL: Poquoson Middle School

SYNAGOGUE: Rodef Sholom Temple

SPORT: Soccer

What are you most looking forward to at the JCC Maccabi Games?

I'm looking forward to meeting new people and play-

JCC Maccabi Moment

NAME: Seth Green

AGE: 14

SCHOOL: Poquoson Middle School

SYNAGOGUE: Rodef Sholom Temple

SPORT: Basketball



What are you most looking forward to at the JCC Maccabi Games?

Going to Florida, since I have never been there before.

If you could interview any historical figure, who would it be and why?

Honestly, probably my grandpa, Lester. He fought in the Army and worked for the stock exchange, and he has lots of stories to tell.

In your opinion, who is the better athlete: Giannis Antetokounmpo (Milwaukee Bucks basketball) or Mike Trout (Los Angeles Angels baseball)?

I think Giannis Antetokounmpo because he is big and strong and can jump high... but it's close!

How would you describe yourself in 3 words?

Outgoing, smart, friendly



Good luck, Seth!

ing soccer with different people.

If you could have any pet, what animal would you choose?

A cat who isn't shy because I wouldn't want it to be mean and bite or hide all day.

What's your favorite vegetable?

Carrots. I like them cooked and soft.

What was the best book you read this year?

"Among the Hidden" by Margaret Peterson Haddix. It was about a third child in a place where having more than two children was illegal.

Cake or Pie? Why?

Cake! I don't like pie. I like red velvet cake.

To learn more about competing with, or supporting Team Newport News in the JCC Maccabi Games this summer, please call or email

Jessi Malkin

757-930-1422 | jmalkin@ujcvp.org



Good luck, Mia!

Jewish Family **Services** - Libby Batten



Mental Health Awareness Month

May is Mental Health Awareness Month. It has been observed each May in the United States since 1949. It has never been more important than now to recognize that mental health is an

essential component to one's overall health and well-being. Studies have found that the most relaxing activity is being in the natural environment. Below is a list of activities to help you relax.



Relaxation Techniques

- Peaceful deep breathing
- Replacing a negative thought with a positive
- Listen to soft music
- Read a book
- Watch the sun rise
- Gentle yoga
- Meditation/guided imagery
- Massage
- Gardening
- Spend time with a lovable Ppet

The UJCVP and JFS are observing Mental Health Awareness Month with massages, spa treatments and sensory fun, SPCA visiting animal ambassadors and more. **Please join us for an evening of self-care on Tuesday, May 16th from 5:00pm to 7:00pm. RSVP at ujcvp.org.**

.....



May 2nd
Angela Morris
UJC Controller



May 5th
John Donnell
UJC Maintenance Supervisor



May 21st
Maya Yartsev
Sarfan Center Pre-K Teacher



The UJC and Sarfan Center will be closed:

Friday, May 26th in observance of Shavuot
and
Monday, May 29th in observance of
Memorial Day



Executive Director's **Message** - Eric Maurer



The headline “The Fundamentals of the Baseball ‘Game’ Described for Non-Sports Fans” was featured on the front page of a 1909 edition of *The Forward*, a Yiddish-language daily newspaper for New York’s newly arrived Jewish immigrants.



This image highlights how generations of Jewish immigrants sought acceptance through baseball: understanding it, playing it, cheering it. Nothing blends the American Jewish experience quite like the love affair Jews have had with the sport of baseball. In the words of Solomon Schechter, the first President of the Jewish Theological Seminary – “In order to be a success in the American rabbinate, you must be able to talk baseball.”

May is American Jewish Heritage Month. It is a moment to relish in the grand American Jewish experience. This month commemorates the contributions American Jews have made to the fabric of American culture, society and history – and mark the gratefulness of American Jews to America.

This month, organizations around the country will join together to help Americans of all backgrounds discover, explore, and celebrate the vibrant and varied American Jewish experience from the dawn of our nation to the present day.

In Virginia, we are particularly energized this year because our state legislative session saw the formal adoption of May as American Jewish Heritage Month. In recognition of the active role the Jewish community has played on the Peninsula for more than 125 year history, Mayor Phillip Jones of Newport News published a proclamation, which can be read in full online on our website.

The proclamation highlights how Jewish immigrants “played a central role in the creation, growth, freedom, prosperity, and strength of the United States” and how the “enduring values of the Jewish faith were vital sources of inspiration for the founding of the United States, the Civil Rights movement, America’s global leadership in the cause of freedom, Americans’ commitment to social justice, and many of our country’s most central tenets.”

In the spirit of this month and the great American pastime of baseball, we are thrilled to welcome to the UJC, Assaf Lowengart, an Israeli baseball player on the William & Mary Baseball team, on May 18th for a conversation and screening of the film, *Israel Swings for Gold*.

More information about the film can be found on page 18 of the newsletter.





PILATES CLASS is back at the J!

with instructor, Nicola Ashlin



Wednesdays @

5:30pm

May 3rd, May 10th,

May 17th

Passport Members - Free!

Non-Members - \$10 / person per class

Register at ujcvp.org



Mommy and Me

Sunday, May 7th
10-11am

Handprint
Vase
Keepsake



Light snacks & drinks

Please RSVP by
May 1st:
nwood@ujcvp.org

THE UNITED JEWISH COMMUNITY
WISHES TO CONGRATULATE THE FOLLOWING STUDENT
AND HIS FAMILY ON HIS BAR MITZVAH

BENJAMIN MASTROS

Cafe Chai: Flower Arranging

Thursday, May 25th | 12:00pm

Join us at the J for lunch and then make your own flower arrangement to take home and enjoy!

Passport Members - \$5 / person Non-Members - \$10 / person

SPACE IS LIMITED!
Reserve your spot at ujcvp.org

Questions? Email Sara Traster
straster@ujcvp.org



Kibbitz and Create

Sunday, May 28th
10am-12pm

Join our group at the J for a morning of
snacks and crafts.
All fiber arts crafts welcome!

RSVP to Jessi Malkin: jmalkin@ujcvp.org



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(Electric Offered)

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Maintenance

Edging

Yard Design

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Trimming

Pressure Washing

Mulch

Gutter Cleaning

Brian Diamond

757-329-5677

Facebook: Diamond Edge LLC

Congregation Adath Jeshurun
401 City Center Blvd. , Newport News, VA 23606

Telephone # 757-930-0820 | Website: www.ajshul.com
Rabbi Gershon Litt, 757-559-1836



We read the Book of Ruth on Shavuot. On the day that we celebrate the giving of the Torah, the Book of Ruth reminds us that small acts of kindness, such as Ruth staying with Naomi, and Boaz providing food for them, were important acts, which endeared them to Hashem and led to David and eventually the Messiah.



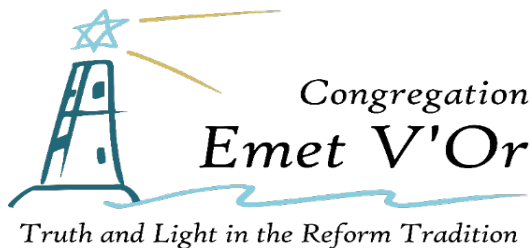
We can become the heroes of tomorrow through our small acts of kindness. One never knows which small deeds can have massive implications.

Candle Lighting Times:

May 5 - 7:39pm
May 12 - 7:45pm
May 19 - 7:51pm
May 25 - 7:56pm (Shavuot)
May 26 - 7:59pm (Shavuot, yizkor)

Rabbi Litt's Shabbos Schedule:

May 12th, June 16th, July 21st



Office.CEVO@gmail.com
www.emetvor.com
757-952-3737

Rabbi Scott Gurdin
Cantorial Soloist Dr. Jonathan Rathsam
Musical Accompanist Dr. Ben Corbin

Shabbat Services

Erev Shabbat services are held Friday evenings at 7:00pm unless otherwise noted.

May 5th – Rabbi led services

May 12th – Cantor led services

May 19th – Rabbi led services

May 26th – Shavout, Shabbat in the Home

June 2nd – Cantor led services

Special Events & Other News

May 7th – Religious School

May 8th – Board Meeting (Zoom)

May 21st – Last day of Religious School for both AlefBeits and 1st – 10th graders



Shavuot starts the evening of May 25th. CEVO wishes everyone a happy holiday.

 fb.me/CEVOcommunity

All are welcome to visit! Our location:
101 Production Drive, Suite 101, Yorktown, VA 23693

RODEF SHOLOM TEMPLE

FOUNDED IN 1913 AND A MEMBER OF THE UNITED SYNAGOGUE OF CONSERVATIVE JUDAISM.

*We are: Warm, welcoming and steeped in the rich traditions of Judaism...Egalitarian and Eclectic
Living personal Jewish journeys across a spectrum of participation...Looking forward to seeing you!*

May Programs:

Tuesdays with Rabbi Adult Education - Tuesdays at Noon via Zoom

Shavuot Service - Friday, May 26th at 6:00 p.m. and Saturday, May 27th at 9:30 a.m.



In-Person and Zoom Services

Minyan: Mondays & Thursdays @ 7:45am

Kabbalat Shabbat: Fridays @ 6:00pm

Shabbat Morning Services: Saturdays @ 9:30am

Please see our website for more information.

Contact the office for Zoom information: office@rodefsholomtemple.org

401 City Center Blvd. - Newport News, VA, 23606 - 757-826-5894 - rodefsholomtemple.org



Grants are going fast!

If you have any interest in summer sleepaway camp, contact Jessi Malkin ASAP for camp info.



Give your child the gift of a Jewish overnight experience, with up to \$1000 off!

For more info or to apply for a grant, email jmalkin@ujcvp.org or visit OneHappyCamper.org

Temple Beth El of Williamsburg Religious School

Registration Open Now!

First Day & Parent Meeting: Sunday, September 10th



- Energetic community
- Meet once per week
- Students in grades K-7
- Classes taught by William & Mary students
- Institute of Southern Jewish Life curriculum



Scan for
Registration Form

For more information, e-mail school@tbewilliamsburg.org

Temple Sinai
11620 Warwick Blvd, Newport News, VA 23601
(757) 596-8352



WORSHIP SERVICES

Saturday, May 6th @ 10:00am - Yom HaAtzmaut Service, followed by light Kiddush luncheon & Presentation on Masada by Paul Brindza.

Friday, May 12th @ 7:30pm - Kabbalat Shabbat Service

Friday, May 19th @ 7:30pm - Kabbalat Shabbat Service

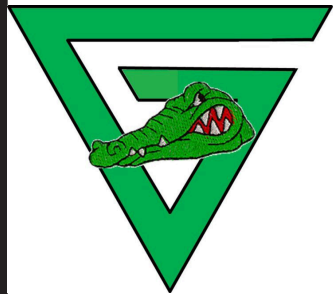
Sunday, May 21st @ 10:00am - Adult Education Torah Study with Jonathan Homrighausen & Fred Levy, an informal Torah discussion and a delicious bagel nosh.

Saturday, May 27th @ 10:00am - Shavuot Service & Baby Naming, followed by light Kiddush luncheon.

Contact Rabbi Sokol at rabbiseverine@gmail.com or (314) 628-9196 if you are interested in attending services.



Glendale Pool is Hiring for the 2023 Summer Season!



- Lifeguards
- Head lifeguard/Manager

*Must have up-to-date
certification (Red Cross or
equivalent)*

Submit your application at:

<https://glendalegators.org/employment-application/>

For more information, or with any questions, please email:

nnglendaleoperations@gmail.com

Don't miss out on Summer Fun with the J!

Get your UJC Passport Membership today to take advantage of all our summer programs and events, including access to Glendale Pool!

Visit ujcvp.org/passport-membership



BBYO is going Strawberry Picking Save the Date!

Sunday, May 7th, 12:00 - 2:00pm

All teenagers welcome! | RSVP at ujcvp.org
Contact Reece David with questions: hegunfachu061@gmail.com



MAY IS NATIONAL
MENTAL HEALTH
AWARENESS MONTH



Treat Yourself: An Evening of Self Care

Tuesday, May 16th | 5-7pm

Join the UJC and Jewish Family Services in observing Mental Health Awareness Month with massages, spa & sensory fun, the SPCA visiting animal ambassadors, and MORE!

Passport Members - Free | Non-Members - \$10
Register at ujcvp.org



National Council of Jewish Women Book Club

Open to the entire community

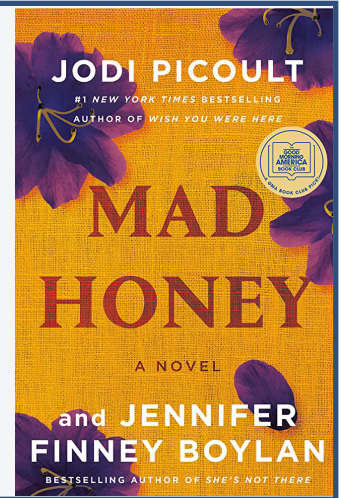
Meeting Place: UJCVP

Wednesday, May 17th, 1:30pm

Discussion: *Mad Honey* by Jodi Picoult & Jennifer Finney Boylan

A riveting novel about what we choose to keep from our past, and what we choose to leave behind.

Questions/RSVP: Lucy Sukman, Imoomaw15@aol.com | 757-508-4353



Check out our UJC Blog: Chai Lights!
ujcvp.org/ujc-chai-lights

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**Caring.
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Honest.**

Losing a loved one is never easy, but having the help of someone you trust can make the arrangements an easier experience.

We offer the capability to stream live services, record them, project video in the chapel, and play a video in our visitation areas.



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www.peninsulafuneralhome.com



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May 13th, May 27th, June 10th, 9am-12:30pm
115 Main Street, Smithfield



farmandfreeze.com | farmandfreeze@gmail.com





UJCinema Presents: *Israel Swings for Gold*



with special guest, Assaf Lowengart, member of the 2020 Israeli Olympic team and current athlete on the William & Mary baseball team.

**Thursday, May 18th
7pm**

**Passport Members - \$5/person
Non-Members - \$10/person**
Hot dogs, beer, Cracker Jacks, and popcorn will be served

RSVP at ujcvp.org



2023, 1 hr 18 min, Documentary

Israel Swings for Gold is the sequel to the 2017 underdog sports saga, *Heading Home: The Tale of Team Israel*.

The documentary tells the story of the 2020 Israeli Olympic team composed of Jewish baseball players from around the world. Once arriving in Tokyo, the athletes faced unexpected bigotry from opponents, spectators, and fans. With no media allowed in the Olympic Village due to COVID restrictions, the competing athletes were given cameras to record their experiences.

Israel Swings for Gold will inspire viewers as Team Israel bands together to overcome religious prejudice.



Evening Music

Sunday, May 28, 2023 - 3:00pm at the UJC

Featuring Joshua Kang and Thomas Sunderland, two of the four winners of the 2022-23 YRSO Young Artists Concerto Competition, with YRSO conductors: Eric Reiff & Clint Correll

Advanced Tickets

Regular Admission: \$13
Student / Senior / Military: \$10
Passport Members: Free

Tickets at the Door

Regular Admission: \$15
Student / Senior / Military: \$12
Passport Members: Free

Please visit yrso.org for more information.

Questions? Email Angela Morris:
amorris@ujcvp.org

Camp Chaverim

Director of Summer Camp, Naioki Wood



Camp Chaverim hosts several special camp engagement events for campers, new and returning, year-round. These events are designed to get campers and their families excited for the upcoming summer of fun, as well as providing them with the opportunity to ask questions, receive additional camp information and to get to know one another.

So far our off-season events had campers walking in a Hollywood pajama fashion show, voting for our next camp T-shirt color, going on a scavenger hunt, having a pizza party and most recently, taking over the UJCVP parking lot with their bikes, skateboards, and scooters! Next on our agenda: celebrating National Physical Fitness and Sports Month with daily challenges throughout the month of May, which includes the upcoming 37th Annual Sarfan Center 5K/1 Mile Fun Run on May 21st at the Mariners' Museum.

Camp Enrollment Update: DRUMROLL PLEASE...

We are at our highest enrollment for the month of May, with 97 campers so far leading the way to an amazing 2023 camp season!

Spaces are limited! Enroll today to reserve your child's spot for a summer to remember.

Register at: ujcvp.org/camp-chaverrim





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Newport News, VA 23606
757-930-1422

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UJCVP Community May 2023 Calendar

Tuesday, May 2, 2023
4:30pm - Hebrew School

Wednesday, May 3, 2023
5:30pm - Pilates

Thursday, May 4, 2023
10:40am - Grand Club/Bingo

Friday, May 5, 2023
Beskin Scholarship Application
Deadline

Saturday, May 6, 2023
7pm - Adult Pickup Basketball

Sunday, May 7, 2023
10am - Mommy & Me
1pm - BBYO Strawberry Picking
1pm - Cooking with Carmela

Monday, May 8, 2023
6pm - Lag B'Omer Archery

Tuesday, May 9, 2023
4:30pm - Hebrew School

Wednesday, May 10, 2023
5:30pm - Pilates

Thursday, May 11, 2023
10:40am - Grand Club/Bingo

Saturday, May 13, 2023
7pm - Adult Pickup Basketball

Tuesday, May 16, 2023
4:30pm - Hebrew School
5pm - Treat Yourself: An
Evening of Self Care

Wednesday, May 17, 2023
1:30pm - NCJW Book Club
5:30pm - Pilates
7pm - UJC General
Board Meeting

Thursday, May 18, 2023
10:45am - Grand Club/Bingo
7pm - UJCinema: *Israel
Swings for Gold*

Saturday, May 20, 2023
7pm - Adult Pickup Basketball

Sunday, May 21, 2023
Sarfan Center 5K Race & 1 Mile
Fun Run

Monday, May 22, 2023
7pm - Mindful Monday

Tuesday, May 23, 2023
4:30pm - Hebrew School

Thursday, May 25, 2023
10:45am - Grand Club/Bingo
12pm - Cafe Chai

Friday, May 26, 2023
UJC CLOSED
SARFAN CENTER CLOSED

Saturday, May 27, 2023
Glendale Pool Opening Day
7pm - Adult Pickup Basketball

Sunday, May 28, 2023
10am - Kibbitz & Create
3pm - YRSO Concert

Monday, May 29, 2023
UJC CLOSED
SARFAN CENTER CLOSED

