

40th Annual SARFAN CENTER DONUT DASH 5K & 1 MILE FUN RUN
 Mariners' Museum Warwick Field, Newport News, VA
 Sunday, May 17, 2026 9:30 AM
 A PENINSULA TRACK CLUB EVENT

5K RESULTS

Place	O'All Name	Age	City State	Time	Pace
TOP OVERALL MEN					
1	1 TOBY WORM	53	SMITHFIELD VA	19:10	6:11
2	2 TRISTAN STEWART	44	HAMPTON VA	20:24	6:34 *
3	3 ADAM MENDELSON	36	NEWPORT NEWS VA	23:07	7:27
TOP OVERALL WOMEN					
1	4 LINDSAY MORENA	41	NEWPORT NEWS VA	23:52	7:41
2	6 KATELYN BROCKMILLER	34	YORKTOWN VA	25:55	8:21
3	8 FIONA CRAIB	30	NEWPORT NEWS VA	26:33	8:33
MEN: 10 AND UNDER					
1	9 MALACHI CUFF	10	HAMPTON VA	26:52	8:39
2	24 DASHAUN PRUDEN	10	HAMPTON VA	36:26	11:44
3	42 NOAH SIMPSON	10	FORT MEADE MD	47:43	15:22
MEN: 11 - 19					
1	12 ROMELO SIMPSON	13	NEWPORT NEWS VA	28:00	9:01
2	57 MAX MALKIN	13	NEWPORT NEWS VA	1:05:44	21:10
MEN: 20 - 29					
1	29 FRANKIE LEVY	28	NEWPORT NEWS VA	41:48	13:28
2	44 ELIJAH MULLEN	22	HAMPTON VA	47:54	15:26
MEN: 30 - 39					
1	14 JUSTIN COBBS	32	HAMPTON VA	29:32	9:31
2	43 DIVINE SIMPSON	30	FORT MEADE MD	47:53	15:25
3	52 ANDREW ABEYOUNIS	36	NEWPORT NEWS	55:52	17:59
MEN: 40 - 49					
1	5 JEFFREY VANCE	40	YORKTOWN VA	24:27	7:53 *
2	11 NORIFUMI MIYASHITA	45	NEWPORT NEWS VA	27:29	8:51
3	13 ERIC KARLIN	43	YORKTOWN VA	28:29	9:11
4	58 MICHAEL MALKIN	44	NEWPORT NEWS VA	1:05:48	21:11
MEN: 50 - 59					
1	7 JAMIE ABSTON	55	NEWPORT NEWS VA	26:08	8:25
MEN: 60 AND OVER					
1	26 STEVE BOOKBINDER	77	NEWPORT NEWS VA	38:40	12:27
2	30 GUY LEVY	63	NEWPORT NEWS VA	41:49	13:28
3	40 SAM MARGOLIN	75	YORKTOWN VA	46:45	15:03
4	41 JOSEPH V POLINSKI	88	SMITHFIELD VA	47:05	15:10
5	46 ALAN MCCOLLUM	72	YORKTOWN VA	50:49	16:22 *
6	50 STEVE SHAPIRO	72	VIRGINIA BEACH VA	52:18	16:51
7	56 STEPHEN SCUDDER	77	VIRGINIA BEACH VA	59:18	19:06 *
WOMEN: 10 AND UNDER					
1	17 KIMBLE SHAFFER	8	NEWPORT NEWS VA	32:22	10:26
2	31 JORDYNN GLASCO	10	HAMPTON VA	42:28	13:41
3	35 ARDEN SHAFFER	9	NEWPORT NEWS VA	43:45	14:05
4	36 OLIVIA SIMPSON	10	NEWPORT NEWS VA	44:26	14:19

5 38 MARALYNN GORMAN 5 NEWPORT NEWS VA 44:42 14:24

WOMEN: 11 - 19
NONE

WOMEN: 20 - 29

1	19 ALIYAH RATKOWSKI	23 NEWPORT NEWS VA	32:47 10:34
2	21 ANAJA RATKOWSKI	27 NEWPORT NEWS VA	34:22 11:04
3	22 EMMA WEHR	22 VIRGINIA BEACH VA	34:54 11:14
4	25 SERENA PULEIO	29 NEWPORT NEWS VA	36:55 11:53

WOMEN: 30 - 39

1	10 KYLA ARAGER	35 BETHESDA MD	26:59 8:42
2	20 SUSIE HOCKMAN	34 NEWPORT NEWS VA	34:22 11:04
3	39 SHANICE SIMPSON	32 HAMPTON VA	45:13 14:34
4	48 RHEALLYTEE COPELAND	31 NEWPORT NEWS VA	52:06 16:47
5	51 ANDRIENNE ABEYOUNIS	35 NEWPORT NEWS VA	55:27 17:51
6	54 CURTRICE GAINES	30 HAMPTON VA	57:08 18:24
7	55 DIAMOND LAWRENCE	31 HAMPTON VA	57:48 18:37

WOMEN: 40 - 49

1	34 LEAH HERRIGAN SMITH	43 NEWPORT NEWS VA	43:10 13:54
2	37 SHYA'NITA SIMPSON	40 NEWPORT NEWS VA	44:35 14:21
3	45 ABRA MCCOLLUM	45 NEWPORT NEWS VA	50:48 16:22
4	59 TERESA MULLEN	42 HAMPTON VA	1:06:09 21:18

WOMEN: 50 - 59

1	16 CARISSA WORM	50 SMITHFIELD VA	32:11 10:22
2	18 BRIANA EXLEY	50 NEWPORT NEWS VA	32:28 10:27 *
3	23 TARA DRESS	58 NEWPORT NEWS VA	35:11 11:20

WOMEN: 60 AND OVER

1	15 VALOR FOY JONES	62 NEWPORT NEWS VA	31:20 10:06 *
2	27 SHIRLEY STEPHENS	69 WILLIAMSBURG VA	39:08 12:36 *
3	28 ROBIN LEVY	62 NEWPORT NEWS VA	41:48 13:28
4	32 DOTTIE HUMPHREYS	74 NEWPORT NEWS VA	42:46 13:46 *
5	33 BRENDA STENTON	70 NEWPORT NEWS VA	43:06 13:53
6	49 LORI SHERWOOD	62 PORTSMOUTH VA	52:17 16:50
7	53 ELIZABETH ABEYOUNIS	66 NEWPORT NEWS VA	55:53 18:00

* denotes PTC member