

How to Join the National Parks Challenge on iFit

A quick step-by-step guide to starting a National Parks Challenge workout on your equipment's iFit screen.

No account needed.

Step 1–2: Start a workout, no account needed

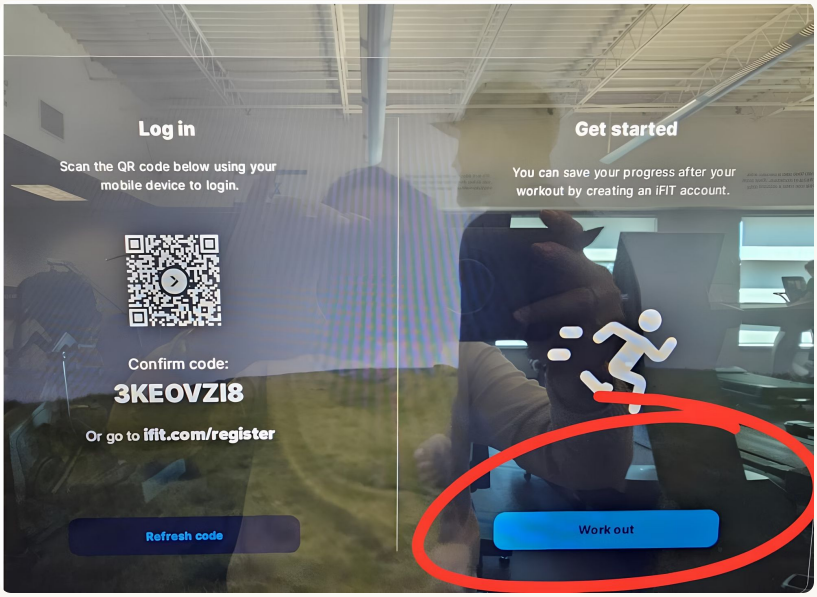


01

On your workout screen, at the lower right, select **“Start a workout”**.

02

You do not need an account. Tap the blue **“Work out”** button.

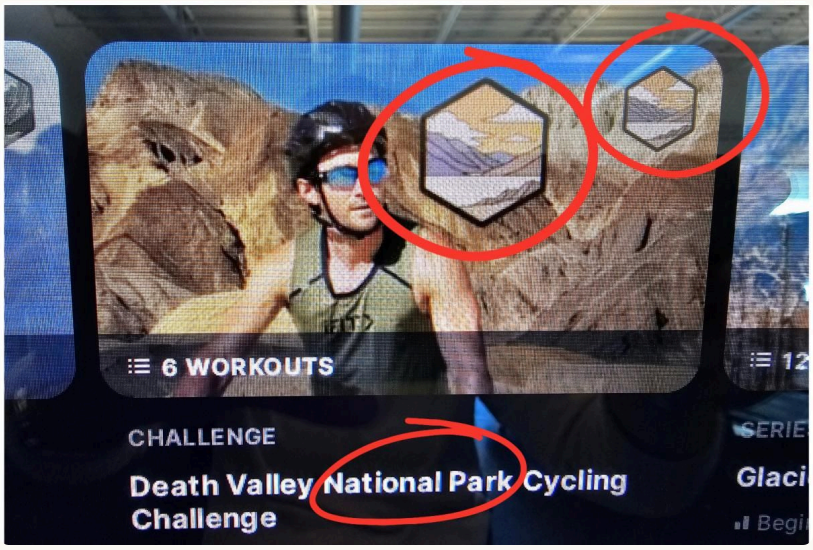


Step 3–4: Find your challenge

03

Tap **Search** in the left-hand menu and type **“National Park Challenge”**.

You can also search by park name.



04

Choose a challenge labeled **National Park Challenge**, such as the Death Valley National Park Cycling Challenge.





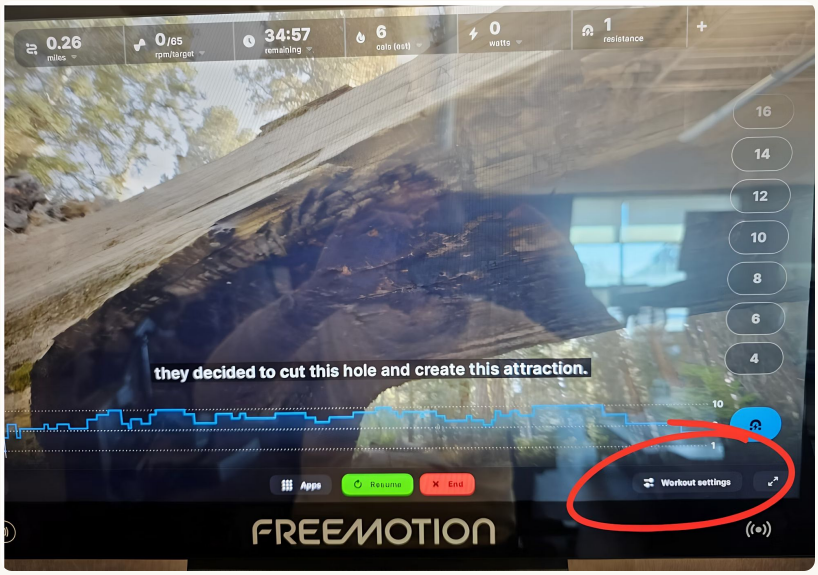
Search: National Park Challenge

Step 5: Pick your workout and go



05

Scroll down and choose your preferred workout within the challenge.



Headphones forgotten or prefer to read the trainer?

Open **Workout settings**, then **Display**, and turn on **closed captions**.