Indoor Lap Pool Schedule September 2026

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30-8:00am	Closed	Open Swim 3 Lanes open	Open Swim 3 Lanes open	Open Swim 3 Lanes open	Open Swim 3 Lanes open	Open Swim 3 Lanes open	Closed
8:00-9:00am	Open Swim 3 Lanes open	Open Swim 3 Lanes open	Open Swim 3 Lanes open	Open Swim 3 Lanes open	Open Swim 3 Lanes open	Open Swim 3 Lanes open	Open Swim 3 Lanes open
9:00-11:00am	Swim Lessons 2 Lanes Open	Open Swim 3 Lanes open	Open Swim 3 Lanes open	Open Swim 3 Lanes open	Open Swim 3 Lanes open	Open Swim 3 Lanes open	Swim Lessons 2 Lanes Open
11:00-12:00pm	Swim Lessons 2 Lanes Open	Water Fitness Only	Aqua Zumba Only	Water Fitness Only	Aqua Zumba Only	Water Fitness Only	Swim Lessons 2 Lanes Open
12:00-1:00pm	Open Swim 3 Lanes open	Water Arthritis Only	Open Swim 3 Lanes open	Water Arthritis Only	Open Swim 3 Lanes open	Water Arthritis Only	Open Swim 3 Lanes open
1:00-2:30pm	Open Swim 3 Lanes open	Open Swim 3 Lanes open	Open Swim 3 Lanes open	Open Swim 3 Lanes open	Open Swim 3 Lanes open	Open Swim 3 Lanes open	Open Swim 3 Lanes open
2:30-4:00pm	Open Swim 3 Lanes open	Open Swim 3 Lanes open	Open Swim 3 Lanes open	Open Swim 3 Lanes open	Open Swim 3 Lanes open	Open Swim 3 Lanes open	Open Swim 3 Lanes open
4:00-5:30pm	Open Swim 3 Lanes open	Open Swim 3 Lanes open	Swim Lessons 2 Lanes Open	Open Swim 3 Lanes open	Swim Lessons 2 Lanes Open	Open Swim 3 Lanes open	Open Swim 3 Lanes open
5:30-6:30pm	Closed	Open Swim 3 Lanes open	Swim Lessons 2 Lanes Open	Open Swim 3 Lanes open	Swim Lessons 2 Lanes Open	Closed	Closed
6:30-7:30pm	Closed	Open Swim 3 Lanes open	Open Swim 3 Lanes open	Open Swim 3 Lanes open	Open Swim 3 Lanes open	Closed	Closed

*** Be sure to check online for altered hours or call the JCC***

Pool lanes must be reserved online for a 50 minute increment

Therapy Pool Schedule September 2026

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30-8:00am	Closed	Open Therapy	Open Therapy	Open Therapy	Open Therapy	Open Therapy	Closed
8:00-9:00am	Open Therapy	Open Therapy	Open Therapy	Open Therapy	Open Therapy	Open Therapy	Open Therapy
9:00-11:00am	Swim Lessons	Open Therapy	Open Therapy	Preschool Swim Lessons	Preschool Swim Lessons	Open Therapy	Swim Lessons
11:00-12:00pm	Swim Lessons	Open Therapy	Open Therapy	Open Therapy	Open Therapy	Open Therapy	Swim Lessons
12:00-1:00pm	Open Therapy	Open Therapy	Open Therapy	Open Therapy	Open Therapy	Open Therapy	Open Therapy
1:00-2:30pm	Open Therapy	Open Therapy	Open Therapy	Open Therapy	Open Therapy	Open Therapy	Open Therapy
2:30-4:00pm	Open Therapy	Open Therapy	Open Therapy	Open Therapy	Open Therapy	Open Therapy	Open Therapy
4:00-5:30pm	Open Therapy	Open Therapy	Swim Lessons	Open Therapy	Swim Lessons	Open Therapy	Open Therapy
5:30-6:30pm	Closed	Open Therapy	Swim Lessons	Open Therapy	Swim Lessons	Closed	Closed
6:30-7:30pm	Closed	Open Therapy	Open Therapy	Open Therapy	Open Therapy	Closed	Closed

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