



HIGH HOLIDAYS

Honoring the One-Year Anniversary of October 7: A Time for Reflection and Unity

As we approach the one-year anniversary of the tragic events of October 7, it is with a profound sense of both sorrow and hope that we prepare to commemorate this pivotal moment. This year has been marked by a deep and often painful reflection on what occurred, and it has also been a time for us to draw strength from one another. In recognition of this solemn anniversary, the Jewish Federation of New Hampshire in close partnership with synagogues and organizations around the state is organizing two significant events designed to honor the memory and to foster a renewed sense of unity and resilience within our community.

We will begin our observance with a special hybrid spiritual program on the eve-

Allyson Guertin

**JFNH
Director**



ning of October 6. This program, which will be held virtually and in-person, will be led by the Jewish Clergy Association of New Hampshire and the leadership of Jewish Federation of New Hampshire. It is our hope that this multifacet-

ed gathering will offer a space for collective reflection, spiritual comfort, and communal support.

On the evening of October 7, we will host an in-person community gathering in front of the New Hampshire State House. This event will serve as a poignant moment of remembrance and a beacon of hope for our collective future. We will come together to honor the memory of those we have lost, and to reaffirm our commitment to the values of compassion, solidarity, and resilience.

We encourage all members of our

community to join us for these important events. They are a testament to our strength and unity, and they provide a crucial opportunity to connect with one another as we navigate our shared journey of healing and remembrance. As we mark this anniversary, let us remember that the strength of our community lies in our ability to come together in times of both challenge and hope. We look forward to gathering with you to honor the memory of October 7 and to forge a path forward with renewed resolve and solidarity.

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jewishnh.org

MEMORY & HOPE
New Hampshire comes together as a community on the first anniversary of the events of October 7 to remember and rise in hope

Monday, October 7, 2024
6:00 pm
New Hampshire State House
Concord, NH

REMEMBERING OCTOBER 7TH: A STATEWIDE MEMORIAL SERVICE OF HOPE AND HEALING

OCTOBER 6, 2024 | 7:00PM

Join together as one Jewish New Hampshire community through a hybrid observance of this solemn occasion, led by the Jewish Clergy Association of NH and the leadership of the Jewish Federation of New Hampshire. Individual congregations and the JFNH will host in-person gatherings at their respective locations with connection to all locations through Zoom.

Participating congregations include Congregation Ahavas Achim - Keene, Temple Adath Yeshurun - Manchester, Temple Beth Abraham - Nashua, Temple Beth Jacob - Concord, Temple B'nai Israel - Laconia, and Temple Israel-Portsmouth. Please reach out to individual synagogues with questions or email JFNH at info@jewishnh.org.

Registration required:
<https://bit.ly/RememberingOct7>

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CONGREGATIONS

JRF: Jewish Reconstructionist Federation **URJ:** Union for Reform Judaism
USCJ: United Synagogue of Conservative Judaism

AMHERST

CONGREGATION BETENU

Dena Glasgow (Rabbinic Intern)
5 Northern Blvd., Unit 1, Amherst
Reform, Affiliated URJ
(603) 886-1633
www.betenu.org
Services: Friday night Kabbalat Shabbat services at 7:30 PM

BETHLEHEM

BETHLEHEM HEBREW CONGREGATION

Rabbi Donna Kirshbaum
39 Strawberry Hill Road
PO Box 395, Bethlehem
Unaffiliated-Egalitarian
(603) 869-5465
www.bethlehemsynagogue.org
Weekly services from July through Simchat Torah with Zoom services and Torah study from November to June. Please check our website for service times and event information.

CONCORD

TEMPLE BETH JACOB

Rabbi Robin Nafshi
67 Broadway, Concord
Reform, Affiliated URJ
(603) 228-8581
www.tbjconcord.org
office@tbjconcord.org
Services: Friday night - 7 PM
Saturday morning - 9:30 AM

DERRY

ETZ HAYIM SYNAGOGUE

Rabbi Robert Lefkowitz
1½ Hood Road, Derry
Reform, Affiliated URJ
(603) 432-0004
www.etzhayim.org
office@etzhayim.org, rabbi@etzhayim.org
Services: Fridays 7:15 PM,
Saturday 9:30 AM.
Please visit www.etzhayim.org/calendar
for optional Zoom link.

HANOVER

THE ROHR CHABAD CENTER AT DARTMOUTH

Rabbi Moshe Gray
19 Allen Street, Hanover
Orthodox, Chabad
(603) 643-9821
www.dartmouthchabad.com
chabad@dartmouth.edu
Services: Friday Evening Shabbat services and Dinner
Shabbat morning services
Call for times

KOL HA'EMEK UPPER VALLEY JEWISH COMMUNITY

Rabbi Mark Melamut
Roth Center for Jewish Life
5 Occom Ridge, Hanover
Nondenominational, Unaffiliated

(603) 646-0460
www.uvjc.org
office@uvjc.org
Services: Friday night Shabbat service at 6 PM
Saturday morning Shabbat service at 10 AM

KEENE

CONGREGATION AHAVAS ACHIM

Rabbi Dan Aronson
84 Hastings Avenue, Keene
Reconstructionist, Affiliated JRF
(603) 352-6747
www.keenesynagogue.org
rabbida@keenesynagogue.org
office@keenesynagogue.org
Services: Regular Friday night services at 7 PM
Weekly Shabbat Torah study at 9:30 AM.
Shabbat morning services on the 2nd Saturday of each month at 9:30 AM.
Meditation and Pirkei Avot study on the 4th Saturday of each month at 10:30 AM.
All services are in-person and online.
Check the website for schedule changes and Zoom links.

LACONIA

TEMPLE B'NAI ISRAEL

Rabbi Jan Katz
210 Court Street, Laconia
Reform, Affiliated URJ
(603) 524-7044
www.tbinh.org
info@tbinh.org
Services: Every other Friday night at 7:30 PM

MANCHESTER

CHABAD CENTER FOR JEWISH LIVING

Rabbi Levi Krinsky
1234 River Rd., Manchester
Orthodox, Chabad
(603) 647-0204
www.Lubavitchnh.com
rabbi@lubavitchnh.com
Services: Shabbat Services
Saturday morning at 9:30 AM
Sunday morning minyan at 9 AM

TEMPLE ADATH YESHURUN

Rabbi Beth D. Davidson
152 Prospect Street, Manchester
Reform, Affiliated URJ
(603) 669-5650
www.taynh.org
office@taynh.org
Services: Shabbat services the first Friday of the month at 6 PM
All other Friday nights at 7 PM with some exceptions.
Alternating Shabbat services or Torah study Saturday mornings at 10 AM

TEMPLE ISRAEL MANCHESTER

Rabbi Marc Philippe
66 Salmon Street, Manchester
Conservative Affiliated UCJ
(603) 622-6171
office@templeisraelmht.org
www.templeisraelmht.org

Shabbat Services: Every month we offer one Friday night Shabbat with a catered community dinner (rsvp required), and two Saturday Shabbat services followed by a light kiddush (no rsvp necessary). Every Wednesday, we offer a 7:00 AM in-person morning minyan and a 6:30 PM Torah study via ZOOM. Please check our website www.templeisraelmht.org, call our office at (603) 622.6171 or email office@templeisraelmht.org for information on specific service dates and times.

NASHUA

TEMPLE BETH ABRAHAM

Rabbi Jon Spira-Savett
Conservative
(603) 883-8184
www.tbanashua.org
rabbijon@tbanashua.org
office@tbanashua.org
Services (generally):
Every Friday at 8:00 PM
Every Saturday at 10:00 AM
Evening Minyan Monday-Thursday at 7:30 PM
All services are in-person and on Zoom (check our website for schedule changes and Zoom links)

NEWINGTON

UNH & SEACOAST CHABAD JEWISH CENTER

Rabbi Berel Slavaticki
2299 Woodbury Avenue, Newington
Orthodox, Chabad
(603) 584-4111
Rabbi@JewishSeacoast.com
www.JewishSeacoast.com

NORTH CONWAY

KEHILAT HAR LAVAN

Hazzan Marlana Fuerstman
PO Box 474, Bartlett
(978) 853-4900
harlavancommunity@gmail.com
Services: Wed. mornings 9 AM online via Zoom
Enter meeting ID <https://zoom.us/j/381930069>
Holiday service times, locations TBA

PORTSMOUTH

TEMPLE ISRAEL

Rabbi Kaya Stern-Kaufman
200 State Street, Portsmouth
Conservative, Affiliated USCJ
(603) 436-5301
www.templeisraelnh.org
templeoffice@templeisraelnh.org
Services: Friday, 6:00 PM
Saturday, 10 AM
Tues. minyan 5:30 PM
Temple Israel has a fully licensed M-F preschool.

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The objectives of The New Hampshire Jewish Reporter are to foster a sense of community among the Jewish people of New Hampshire by sharing ideas, information, experiences and opinions, and to promote the agencies, projects and mission of the Jewish Federation of New Hampshire.

The New Hampshire Jewish Reporter is published monthly ten times per year, with a deadline for submissions of the 10th of the month before publication. There are no January or June issues. All items, including calendar events, for the December-January or May-June newspaper must be submitted by Nov. 10 or April 10, respectively.

Please send all materials to:
thereporter@jewishnh.org

To submit Calendar items for the print and online JFNH Calendar and E-News, go to <https://jewishnh.org/community-calendar>, click the red "Suggest an Event" button, then fill in the form with your event information.

Opinions presented in the paper do not necessarily represent the views of the Federation. Photos submitted by individuals and organizations are published with their permission.

Neither the publisher nor the editor can assume any responsibility for the kashrut of the services or merchandise advertised in this paper. If you have questions regarding kashrut please consult your rabbi.

The New Hampshire Jewish Reporter is overseen by the JFNH Publications Committee, Merle Carrus, chairperson.

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Shabbat Candle Lighting Times: (Manchester)

October	4	6:03 PM
October	11	5:51 PM
October	18	5:39 PM
October	25	5:29 PM



Changing Colors for the New Year


I love that the Jewish new year begins in the fall. Rosh Hashanah means apples and honey, symbols of fall – particularly here in New England, where every farm is advertising a pick-your-own activity. I love the particular color that the trees turn as they're just beginning to change – more of a silvery lack of color, as they lose the green in preparation for a vibrant display. There's this in-between stage that, for me, has come to represent a deep breath. A pause, a hesitation. A moment of saying goodbye to summer and, quite literally, turning a new leaf. The leaves then burst into flaming reds and oranges and yellows – giving it their all before falling to the ground as the tree winters, gathering energy and nutrients to bloom again in the spring.

Okay, there's a lot of metaphor going on there. And I know we're supposed to identify spring as nature's new year, what with the eggs hatching and bunnies and new grass and all that. But let's be honest. Spring in New England is gray and bare trees and MUD. I much prefer autumn.

I learned earlier this year that Judaism actually has four new years: Rosh Hasha-

Dinah Berch

**JFNH
Program
Coordinator**



nah (the first of Tishrei), the first of Nisan (when the Exodus began), the first of Elul (the beginning of the year for tithing of animals), and Tu B'Shevat, the fifteenth of Shevat, which is the beginning of the year for trees. Different 'new years' delineating how to mark time for different legal or ecclesiastical purposes. Not so different from our calendar year vs. Jewish year vs. fiscal year, I suppose (but with more goats and trees and fewer accountants).

My prep for Rosh Hashanah is focused primarily on my kids. I strategize how to keep my kids calm and respectful and entertained during services. We've got mad libs and coloring sheets. I'll be updating my temple's busy bags with quiet fidget toys – spinners and Rubik's cubes and monkey noodles and squishies – plus apple and shofar sewing cards, LEGO ap-

ple puzzles, Jewish versions of tangrams and origami, a bingo game with stickers, and of course, PJ Library books. I've championed babysitting, youth programs, tot services and story times. It's a struggle to ensure my children have meaningful Jewish experiences while understanding expectations for behavior in Jewish spaces where adults are also trying to have meaningful Jewish experiences (who's helping hold the baby this year? Offering lots of drooly baby snuggles!)

Hopefully all this prep and strategizing will help me to take a moment to breathe. I want to eat an apple with honey, shed my own summer leaves, and wear white and silver and make space for whatever vibrant color comes next.

Could you use resources to help you

and your family prepare for the holidays? Check out PJ Library's High Holiday hub (<https://pjlibrary.org/highholidays> or scan QR code). If you don't have your copy of *A Time to Grow: A PJ Library Family Guide for Starting the Jewish New Year*, PJ Library has made the guide available to download for free online in English, Portuguese, Russian, and Spanish! There are even special downloadable excerpts about symbolic foods, family conversation starters and a section about all that praying.

One Berch family tradition we want to share: Save your High Holiday cards – they make excellent Sukkah decorations! Here's to a very sweet new year. *Shana Tova* from the Berches!



See you soon!

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Statewide Calendar of Events

DISCLAIMER: Events are submitted weeks in advance of publication, and are subject to change. For information on format changes, rescheduling, and so on, please contact the event's host.

To submit Calendar items for the print and online JFNH Calendar and E-News, go to <https://jewishnh.org/community-calendar>, click the red "Suggest an Event" button, then fill in the form with your event information.

Sunday, October 6

TIP Sisterhood Hike at Adams Point, Durham

10:00AM, Adams Point, Durham
Please join us for an easy 1.5 mile hike around a peninsula on the Great Bay. This hike has some nice pictures of the views and paths. There is parking at the boat landing and near the Jackson Estuarine Laboratory. We'll be following it up with a byo nosh. Rain date: Sunday, October 27.

Sunday, October 13

Shavua Tov Storytime - Sukkot

8:30AM, Zoom
Cost \$18 for full year program
A program designed for families with children ages 2-5. Join us for a 20-minute interactive story time on Zoom one Sunday each month. Each month will have a different theme!
Register once for \$18.00 per family to receive monthly crafts in the mail all year! Crafts will arrive for each child every month to use during the program. If cost is prohibitive, please reach out to Alane at alane.sabel@jewishnh.org.
The Zoom link will be provided to registered families ahead of the program.
Please register through our website calendar at <https://www.jewishnh.org/community-calendar>

Sunday, October 20

Temple Israel Portsmouth Mitzvah Day at Seacoast Science Center

10:00AM – 12:00PM, Seacoast Science Center, Rye
Join Tikkun Olam and Family Programs at the Seacoast Science Center for our Mitzvah Day. We will help to clean up the area and work on sprucing up the center. If you have not been to the Science Center, you will have the opportunity to see sweeping vistas and have up-close interactions with the most fascinating creatures. Following our work at the center we invite all participants back to Temple Israel for Hoagies in the Hut, a chance to reflect on the day and share the sukkah with our community.

Monday, October 21

Inside Israel with Ra'anana

1:00PM – 2:30PM, Hybrid
Join former Shaliach Ra'anana de Haas to discuss news and hot topics in Israel. Ra'anana will cover everything from politics and the war with Hamas to Euro Vision to the Olympics. Occasionally pertinent articles will be shared in advance, and each session will end with time for questions. This program will meet on the third Monday of each month for 90 minutes. We will be offering this program hybrid – bring a dairy lunch and join us at the JFNH office in Bedford or attend from your home
Please register through our website calendar at <https://www.jewishnh.org/community-calendar>

Thursday, October 24

Film Screening: A Tree of Life – The Pittsburgh Synagogue Shooting

5:30PM – 7:00PM, Cohen Center, Main Street, Keene
This October marks six years since the horrific attack at the Tree of Life Synagogue in Pittsburgh, Pennsylvania. Join the Cohen Center for a special screening of a documentary film about the attack

and its aftermath on the evening of October 24. We will also be hosting a panel discussion with two survivors of the attack on Friday, October 25. About the Film: On Saturday, October 27th, 2018, a white supremacist, further radicalized by the political climate at the time, walked into the Tree of Life Synagogue with four semi-automatic assault weapons, shouting "all Jews must die." He murdered eleven congregants, ranging in age from 54 to 97, as they prayed. A TREE OF LIFE: THE PITTSBURGH SYNAGOGUE SHOOTING creates a deeply personal, trauma-informed portrait of the survivors, victims, and victims' family members of the Pittsburgh Synagogue attack, and brings into sharp focus the hate-based crisis that threatens our collective safety and the very social fabric of our society.

This event is hosted by the Cohen Center for Holocaust and Genocide Studies at Keene State College. It is free and open to all; however, registration is required as seating is limited at the screening. Registration is available here: <https://giving.keene.edu/2025-treeoflife-film/>

Friday, October 25

Cohen Center presents A Tree of Life: Panel Discussion

12:00PM – 12:30PM, Zoom
Following up on the Cohen Center's film screening of "A Tree of Life: The Pittsburgh Synagogue Shooting" on October 24th, this 30-minute virtual discussion will feature two survivors featured in the film. Our guests will introduce themselves and then there will be a moderated Q&A.

This event is hosted by the Cohen Center for Holocaust and Genocide Studies at Keene State College. It is free and open to all; however, registration is required. Registration is available here: https://keene.zoom.us/webinar/register/WN_DvjDKsdRS-aoNt_veEx_-A#/registration

Saturday, October 26

Beth Abraham's Lunch & Learn – Joan Leegant, author of Displaced Persons

12:00PM – 2:00PM Temple Beth Abraham, Nashua
Join Temple Beth Abraham for a Shabbat Lunch &

Learn with Joan Leegant, author of "Displaced Persons." Leegant is an award-winning Boston author whose new collection of Jewish short stories, "Displaced Persons." Won the New American Fiction Prize.

Open to all and free to attend, though donations are welcomed! We kindly ask that you register if you plan to have lunch, so we know how many to prepare for.

Follow this link to register: https://tbanashua.shulcloud.com/event/lunch&learn_joan-leegant.

Temple B'nai Israel, We Care Presents

7:30PM – 9:30PM Inter-Lakes Community Auditorium, Meredith

Cost \$40 pp

The Cat's Pajamas Vocal Band

A CAPELLA REDEFINED! Five incredible vocal artists with a big band sound! \$40pp – no extra fees and plenty of free parking. Doors open at 7:00 PM for General Admission Seating. Showtime 7:30PM Inter-Lakes Community Auditorium, Inter-Lakes High School. 1 Laker Lane, Meredith, NH. A benefit concert for the CIRCLE PROGRAM to transform, and enrich girls' lives through community, connection, camp, and mentorship. Please register at: <https://tbinh.org/events/>

Sunday, October 27

Temple Adath Yeshurun Candidates Forum

10:00AM – 12:00PM Temple Adath Yeshurun, Manchester
Come to the TAY Brotherhood Candidates Forum, Sunday Morning October 27, 2024
The Temple Adath Yeshurun Brotherhood Candidates Forum will be an in-person program. Security will be a high priority. Doors will open at TAY, 152 Prospect Street, Manchester, at 9:00AM. George Bruno will once again be the moderator. Candidates for Governor and both congressional House Districts have been invited to attend, and we are also planning on having surrogates for the Presidential candidates. Following a statement from each candidate questions from the audience will be selected. This is a program that goes back many years, with a strong history of candidates showing up to participate. office@tay.org.

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Harold Grinspoon
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Happy and Healthy New Year!

5785



Your Federation at Work



Jewish Federation of New Hampshire is sending their first cohort of eight dads to Israel through the Momentum program this November. We are so excited to be able to provide them this experience and to follow their journey!



On September 8th JFNH hosted their new board orientation for their newest JFNH Board Members. They were also joined by some existing board members because it's always nice to get a refresher. We are looking forward to a great year and amazing work!

Bake Along!



DINAH'S ROSH HASHANAH HONEY CAKE

adapted from Epicurious: "Majestic and Moist New Year's Honey Cake" by Marcy Goldman

MATERIALS:

Stand mixer & bowl with paddle attachment OR bowl and wooden spoon
measuring cups & spoons
loaf pans

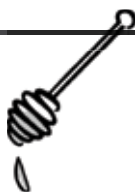
INGREDIENTS:

3 1/2 cups all-purpose flour
1 tablespoon baking powder
1 teaspoon baking soda
1/2 teaspoon salt
4 tsp.s ground cinnamon
1/2 tsp ground cloves
1/2 tsp ground allspice
1 cup vegetable oil
1 cup honey
1 1/2 cups granulated sugar
1/2 cup brown sugar
3 eggs
1 tsp vanilla extract
1 cup warm coffee or strong tea
3/4 cup fresh orange juice
optional: fresh orange zest

INSTRUCTIONS:

- 1 Preheat oven to 350°F. Lightly grease pans.
- 2 Prepare strong coffee or tea and set to cool. Tip: If you don't want to use instant coffee, try any black tea - especially "orange & spice"!
- 3 In a large bowl or mixer, gently mix together the flour, baking powder, baking soda, salt, and spices. Make a well in the center and add the oil, honey, sugars, eggs, vanilla, coffee, and orange juice. If adding zest, add that in now.
- 4 Using a strong wire whisk or an electric mixer on slow speed, combine the ingredients well to make a thick batter, making sure that no ingredients are stuck to the bottom of the bowl.
- 5 Spoon the batter into the prepared pan(s). Bake until the cake springs back when you touch it gently in the center - approximately 45mins depending on size of cake. This is a liquidy batter and, depending on your oven, it may need extra time.
- 6 Let the cake stand for 15 minutes before removing it from the pan.

Makes a lot! Try in mini muffin pans baked for about 25mins - yields around 48 mini muffins. Great for gifting or sharing with a class.



Jewish Federation of New Hampshire PJ Library

Challah in the Round

The round challah of Rosh Hashanah represents many things: wholeness, the round cycle of the year, and a full new year and its blessings.

Ingredients

To make two (egg-free!) round challah breads you'll need:

- 1 1/2 Tablespoons yeast
- 2 1/2 cups warm water
- 1 teaspoon, plus 1/2 cup sugar
- 1/2 cup vegetable oil
- 1 Tablespoon salt
- 8 cups flour
- 1 cup raisins (optional)

Directions

Dissolve the yeast in the water with 1 teaspoon of sugar. Whisk the mixture together, then add the oil, salt, and remaining sugar. Add the flour gradually, mixing well and then working it in with your hands. Take turns kneading as a family for about 10-15 minutes, until the dough is smooth and elastic. Work in the raisins (optional). Cover the bowl with a towel and leave it in the refrigerator overnight. The next morning, let the dough warm to room temperature, then punch it down and separate into two portions.

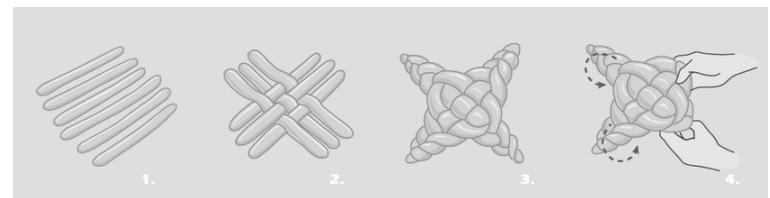


Image credit of pjlbrary.org/roshhashanah

Braid a Round Challah

Challah is usually shaped in a simple long braid, but you can turn any challah recipe into a Rosh Hashanah recipe by braiding it in the round.

1. When you reach the braiding stage, shape the dough into six strands of equal length.
2. Lay three strands horizontally on a floured surface, then weave the other three strands into them vertically. Lift the bottom strands as needed to weave the top strands in. The ends of the strands will stick out.
3. Now braid the ends together on all four sides. Gently tuck the braided edges underneath the middle section. Repeat steps 1 through 3 to create your second loaf.
4. Grease two round baking tins and transfer your loaves into them. Let the dough rise for another hour, then bake at 350 degrees for 20-25 minutes or until golden brown. If desired, glaze with a mixture of warm honey and a drop of water



2023-24 Campaign Honor Roll

Due to an error found in the 2023/24 Honor Roll that was included in our Annual Report, an updated listing can be found here.

Thank You, Donors!

The Jewish Federation of New Hampshire would like to thank those community members who gave of themselves, whether financially or by volunteering (or both), to continue our community's tradition of tzedakah. We honor our 2023/24 Federation donors and volunteers for caring about their fellow Jews, and for recognizing that they are part of our larger Jewish family.

**This list should not be used for the purpose of calculating tax deductions. Please contact the JFNH office for accurate tax information. Gifts Received by June 30, 2024*

\$30,000+

Daniel and Deborah Palestrant

\$15,000+

Michael and Joy Sydney

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\$1,500 to \$1,999

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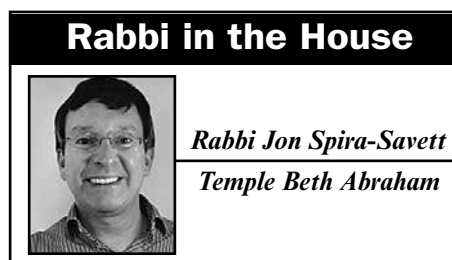
Teshuvah

Who knows how different the Jewish world will be between now, as I write this, and the three weeks or so later when you read this column. If the rest of the hostages will be free, and the war and the threats of war over at least for now. *Ken y'hi ratzon* – may it all be so.

No matter what, we will be entering the new Jewish year after a grueling one. As we pray “may a year and its curses end, may a year and its blessings begin” – how do we try to do more than weather the past year? How do we do more than grit our teeth and plunge ahead into the new one? What teachings can ground us so that we find the spiritual power to our annual work of *cheshbon ha-nefesh* (soul-accounting) and *teshuvah* (return, self-correction)? I have found myself returning again to the classic teachings about *teshuvah* from Rabbi Moses Maimonides. In his guidebook on the ethics and psychology of *teshuvah*, Maimonides makes some remarkable claims and demands, which I find both particularly challenging and particularly necessary to consider right now.

Maimonides teaches that *teshuvah* is fundamentally about reclaiming free will. He focuses on the explanations we can give ourselves when we stop to think about a time we slipped up or lost our way: That we let our worst habits or instincts get the best of us. That we were short-sighted and weighed the outcomes of our actions in too narrow a light. That we were forced or pushed by someone powerful, or by the situation we were in.

How in the world does a philosophical idea like free will matter at a time like this? Well, this year, it is easy to say that being Jewish was shaped by or was a substantially necessary response to the acts of others. The acts of Hamas. The instantaneous and unrelenting gaslighting of Israelis and Zionists and many Jews,



on and emanating from many campuses. Those acts and those pressures have set the agenda and the backdrop of our Jewish year. That's real. They have needed and still need responses. It's not all in our control. And yet Maimonides teaches us that *teshuvah* is a primary Jewish imperative and there is always free will. There is self-definition. We all have moral agency, no matter what.

So, we each must look at ourselves, our Jewish communities if we are part of community, and the Jewish people. Who have we chosen to be at different times this past year? Even if those choices seemed like they were pressed on us by others – who did we choose to be? As Jews and as human beings? What did we say and write? Who stayed in our field of vision, where did we enlarge it, and where did we narrow it? What did we do that brought honor to the name of Am Yisrael, that brought comfort to our people, that sanctified the Divine Name?

Zionism itself was from the start an assertion of Jewish agency in the world. No longer would we submit our destiny to every other people, especially the most powerful nations and empires. No longer would we wait for God to send us a *Mashiach* to redeem us. We took Jewish destiny into our own hands, and we created the society we believed should be. We announced that the arc of history would bend in our hands, no matter the way it seemed to work until now. And living the

past half-century at least in the United States has meant a power over our own destiny as Jews, in a land of more freedom than any place yet in history. We have lived into that, not only individually and not only at the level of our individual Jewish communities. There is nowhere important in the U.S. where Jews do not take part, do not shape the world.

We dare not give that away. We dare not declare that the world is so fundamentally antisemitic, so intractably hostile to Jewish self-determination, that all we need to do is point the finger of accountability at everyone else, while we tend to our real wounds and gather together for safety.

That way leads to a self-fulfilling prophecy. I do not want to be a Jew who imagines myself with so little power, so little agency. With so little responsibility.

There is not only room but an imperative of *teshuvah*, even now. Even while we look warily out around us at what others

seem to make us do. We still have to ask what it means to have free will and to define the future, for ourselves and for everyone who is affected by Jewish agency and self-determination in the largest sense. We need *mitzvot* and we need joy – and we also need *teshuvah*. So let's look back on the year and make room to wonder honestly when we let our worst Jewish habits or instincts get the best of us. When we were short-sighted, or we weighed the outcomes of our actions or words in too narrow a light. When we felt forced or pushed by someone powerful, or by the situation we were in, and didn't bring as much light as we could to all the world or as much honor to the Divine Name.

By doing *teshuvah*, we will be better able to look outside at our world and see what's possible within it. It is still in our power to be the Jews and the Jewish people we want to be in the new year. May it be a good and sweet one for you, a *Shana Tova Umetukah*.

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Jewish Federation
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As you envision the future of the Jewish community that means so much to you, consider creating a planned gift with the Jewish Federation of New Hampshire that will touch the lives of generations to come.

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By making a planned gift to a JFNH endowment fund, you can ensure that your generosity and vision will have an impact that extends far beyond your lifetime. Endowment funds that were established decades ago are still providing important support to our community today. At JFNH, we have the knowledge and expertise to help you design a planned gift that meets your needs while also endowing your personal vision for the future.

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- **Life Insurance:** You may purchase a life insurance policy that names JFNH as both owner and beneficiary. After your passing, JFNH will redeem the policy and the proceeds will support JFNH's endowment.

LEARN MORE:
Contact Foundation Chair Julia Preis through the JFNH Office at 603-627-7679

Jewish Federation
OF NEW HAMPSHIRE

THE STRENGTH OF A PEOPLE.
THE POWER OF COMMUNITY.

Welcoming Schools Month

The State of New Hampshire
By His Excellency
Christopher T. Sununu, Governor

A Proclamation

In the year of our Lord Two Thousand and Twenty-Four

WELCOMING SCHOOLS MONTH
SEPTEMBER 2024

WHEREAS, education plays a key role in the development of a civil society; in teaching students how to have constructive conversations within our schools and communities; in fostering an understanding of the causes and consequences of, and the means to prevent, bias, bigotry, and all forms of hate; and in cultivating welcoming communities that embrace diversity; and

WHEREAS, schools must cultivate and commit to an inclusive culture of belonging to ensure that all students feel safe and welcome, and can learn and thrive; and

WHEREAS, educators and school administrators play a critical role in creating positive learning environments; and

WHEREAS, racist, antisemitic, homophobic, and xenophobic incidents, and other bias-related and harmful and hurtful behaviors, have no place in our schools; and

WHEREAS, to ensure that educational communities are welcoming communities, schools must fashion clear practices and protocols that promote inclusiveness and civil discourse, prevent incidents of hate, bias, and bigotry, and respond effectively to such incidents when they occur;

NOW, THEREFORE, I, CHRISTOPHER T. SUNUNU, GOVERNOR of the State of New Hampshire, do hereby proclaim **SEPTEMBER 2024** as **WELCOMING SCHOOLS MONTH** in the State of New Hampshire and call this to the attention of all citizens.



IN TESTIMONY WHEREOF, I have hereunto set my hand and caused the Seal of the State of New Hampshire to be affixed this 1st day of August, 2024.

Clitch T. Sununu
 Christopher T. Sununu
 Governor



Jewish Federation
 OF NEW HAMPSHIRE

THE STRENGTH OF A PEOPLE.
 THE POWER OF COMMUNITY.

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August 15, 2024

Mr. Frank Edelblut
 Commissioner
 State of New Hampshire Department of Education
 101 Pleasant Street
 Concord, New Hampshire 03301

Dear Commissioner Edelblut,

We are delighted that Governor Sununu recently signed a proclamation establishing September 2024 as Welcoming Schools Month. The proclamation underscores the importance of schools creating and maintaining an environment where all students feel comfortable and can grow, learn, and prosper. We enclose a copy.

Consistent with the ideas reflected by that proclamation, we think it is important that in scheduling important activities, schools do not inadvertently dissuade Jewish students and employees from observing important religious holidays or place those students and employees at a disadvantage.

As school districts create their calendars for the upcoming academic year, we write to remind you of the dates of important Jewish holidays. Enclosed is a calendar for the 2024-2025 academic year.

We ask that you share the proclamation, this letter, and the calendar with all school administrative units and ask that they in turn share these materials with school principals.

It is our hope that schools will avoid the dates set out in the calendar as they plan important events, including exams, assemblies, tryouts and auditions, field trips, sporting events, school dances, and graduations. We deeply appreciate their sensitivity in avoiding conflicts as they schedule events and activities for students, parents, faculty, and any other district staff who would be adversely impacted.

Abstaining from school, work and secular activities is a critical part of the observance of some of the Jewish holidays. This is especially the case for the "High Holidays" of Rosh Hashanah (beginning sundown on October 2, 2024, and ending sundown on October 4, 2024, and Yom Kippur (beginning sundown on October 11, 2024, and ending sundown on October 12, 2024), and for the first two days of the important holiday of Passover (beginning on the evening of April 12, 2025).

273 South River Rd. #5, Bedford, NH 03110 P: 603-627-7679 www.JewishNH.org



Jewish Federation
 OF NEW HAMPSHIRE

THE STRENGTH OF A PEOPLE.
 THE POWER OF COMMUNITY.

Although the Jewish day begins and ends at sunset, many people need to be absent from school or work the entire day on which the holiday begins. As an example, the first night of Passover begins with a seder, a complex ritual meal that involves the re-telling of the exodus through stories and song and the consumption of ritual foods. Many people travel great distances to share this significant event with family members. There is another seder on the second night of Passover.

We thank you in advance for your understanding and consideration of these important dates and those set out on the enclosed calendar.

We hope that schools will look to the Jewish Federation of New Hampshire as a resource if they have questions when scheduling important events or addressing potential conflicts in the SAU calendar.

Sincerely,

Allyson Guertin

Allyson Guertin
 Executive Director

Attachments:
 -- 2024 Welcoming Schools Proclamation
 -- 2024-2025 Calendar of Jewish Holidays

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2024-2025 Calendar of Major Jewish Holidays

Abstaining from school, work, and secular activities is a critical part of the observance of some of the Jewish holidays. On some occasions, a fast is required. As a result, Jewish individuals may be absent from work and school. This calendar has been prepared to assist you in scheduling business, school, and community events to avoid conflicts that place Jewish students and employees in a difficult situation or at a disadvantage. We ask that you consider these dates when scheduling examinations, assemblies, sports and theatrical tryouts and events, field trips, major assignments, school photographs, and graduations, as well as school-related programs for parents and teachers and other school officials. If conflicts cannot be avoided, we ask that arrangements be made that will place Jewish students and workers on an equal footing with their peers.

HOLIDAY	DATES
Rosh Hashanah , the first of the High Holidays, is the Jewish New Year.	Begins sunset of Wednesday, October 2, 2024; Ends nightfall of Friday, October 4, 2024. No work is permitted.
Yom Kippur (the Day of Atonement) is the holiest day on the Jewish calendar.	Begins sunset of Friday, October 11, 2024; Ends nightfall of Saturday, October 12, 2024. No work is permitted.
Sukkot (Feast of Tabernacles).	Begins sunset of Wednesday, October 16, 2024; Ends nightfall of Wednesday, October 23, 2024. No work permitted on October 17 - October 18.
Shemini Atzeret and Simchat Torah	Begins sunset of Wednesday, October 23, 2024; Ends nightfall of Friday, October 25, 2024. No work is permitted.
Chanukah	Begins sunset of Wednesday, December 25, 2024; Ends nightfall of Thursday, January 2, 2025. Work is permitted except on Saturday.
Passover	Begins sunset of Saturday, April 12, 2025; Ends nightfall of Sunday, April 20, 2025. No work is permitted on April 13 - 14 and April 19 - 20.
Shavuot	Begins sunset of Sunday, June 1, 2025; Ends nightfall of Tuesday, June 3, 2025. No work is permitted.

Jewish Holiday Descriptions

- **Rosh Hashanah** - The Jewish New Year's Festival, considered the birthday of the world in rabbinical literature. This is the day on which all of humankind is judged.
- **Yom Kippur** - The Jewish Day of Atonement. This is the most solemn day of the Jewish year devoted to prayer and fasting.
- **Sukkot** - An eight-day Jewish festival of thanksgiving, harvest and remembrance of Jews wandering in the desert after Exodus from Egypt.
- **Shemini Atzeret** - Final day of Sukkot, the 8th day of assembly; the day after the 7th day of Sukkot, Sukkot is essentially a celebration for all mankind while Shemini Atzeret is an extra celebration in which the Creator invites the Jewish people to stay for a more intimate celebration.
- **Simchat Torah** - Reading of the Torah is complete and begun anew in the synagogue.
- **Chanukah** - An eight-day Jewish holiday commemorating the rededication of the second Temple by the Maccabees and their victory over the Seleucid Empire in 165 B.C.E.
- **Passover** - An eight-day Jewish festival marking deliverance of the Jews from slavery in Egypt.
- **Shavuot** - Jewish festival commemorating the giving of the Torah (Law) on Mount Sinai.

Temple Beth Jacob's Kadimah marched "forward" to a new school year

In Concord, Temple Beth Jacob's Kadimah (our school name, meaning "forward") started our school year on Sunday, Sept. 8. Our new principal, Stacey Moore, introduced our faculty (all volunteers!!) and our *madrichim* (assistants) and our 51 students began another year of learning. We are so excited to be back together, and we are also excited about our school's new logo: shirts, sweatshirts and bags can



have our logo on them (thanks to Alice Kinsler for the design!).

Shana Tova!



Dip a slice of apple in some honey and say:

Baruch atah Adonai, Eloheinu melech ha-olam, borei p'ri ha-eitz.

Blessed are you God, Ruler of the Universe, Creator of the fruit of the tree.

ברוך אתה יי אלוהינו מלך העולם בורא פרי העץ

Then eat it!

Rosh HaShana Song
to the tune of 'Clementine'

Dip the apple in the honey
Make a bracha loud and clear
Shana Tovah u'Metuka
Have a happy, sweet new year!



Sing along and watch Shaboom! at BimBam.com/apples



www.BimBam.com/apples

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PJ Our Way sends FREE Jewish middle-grade books for kids ages 9 through 12. Sign up at pjourway.org/enroll

See what's happening in the community at www.jewishnh.org

High Holidays

New Hampshire High Holidays Service Guide 2024

Service Times by Synagogue

Chabad Center for Jewish Living, Manchester

Erev Rosh Hashanah Service: 7:00pm
Rosh Hashanah Morning Service, 1st Day: 10:00am
Tashlich: 10/3 at 5:30pm (Stark Park, Manchester NH)
Rosh Hashanah Morning Service, 2nd Day: 10:00am
Kol Nidre: 6:00pm
Yom Kippur Morning Service: 10:00am
Yom Kippur Afternoon Service: 4:45pm
Ne'ilah: 5:45pm
Yizkor: 10/12 at 12:30pm
In-Person, Virtual, or Hybrid: In-Person only
Additional Information: ChabadofNH.com/services

Congregation Ahavas Achim, Keene

Erev Rosh Hashanah Service: 7:00pm
Rosh Hashanah Morning Service, 1st Day: 9:00am
Tashlich: 10/3 at 4:00pm (Ashuelot Park in Keene)
Rosh Hashanah Morning Service, 2nd Day: 9:00am
Kol Nidre: 6:00pm
Yom Kippur Morning Service: 9:00am
Yom Kippur Afternoon Service: 4:45pm
Ne'ilah: 6:00pm
Erev Sukkot: 7:00pm
Family Sukkot Service: 10/18 at 6:00pm
Simchat Torah: 10/22 at 6:00pm
In-Person, Virtual, or Hybrid: Hybrid
Additional Services:

- Selichot: 9/28 at 7:30pm
- Yizkor: 10/12 at 1:00pm
- Guided Meditation: 10/12 at 4:00pm

Additional Information: www.keenesynagogue.org

Congregation Betenu, Amherst

Erev Rosh Hashanah Service: 7:30pm
Rosh Hashanah Morning Service, 1st Day: 10:30am
Kol Nidre: 7:30pm
Yom Kippur Morning Service: 10:30am
Yom Kippur Afternoon Service: 4:30pm
Ne'ilah: 5:30pm
In-Person, Virtual, or Hybrid: Hybrid
Additional Services:

- Holiday-Enhanced Shabbat Services: 10/18 at 7:30pm and 10/25 at 7:30pm

Additional Information: office@betenu.org

Etz Hayim Synagogue, Derry

Erev Rosh Hashanah Service: 7:15pm
Rosh Hashanah Morning Service, 1st Day: 9:30am
Tashlich: 1pm (Hood Pond Park, 4 Rollins Street, Derry, NH)
Rosh Hashanah Morning Service, 2nd Day: 9:30am
Kol Nidre: 7:15pm
Yom Kippur Morning Service: 9:30am
Yom Kippur Afternoon Service: 4:00pm
Ne'ilah: 4:00pm
Sukkot: 10/18 at 7:15pm
Additional Services:

- Selichot/Shabbat: 9/28 at 9:30am
- Rosh Hashanah Family Service: 10/3 at 11:00am
- Yom Kippur Family Service: 10/12 at 11:00am
- Simchat Torah: 10/25 at 7:15pm followed by ice cream

In-Person, Virtual, or Hybrid: Hybrid
Additional Information: Contact the office (603) 432-0004

Kehilat Har Lavan

Erev Rosh Hashanah Service: 6:30pm
Rosh Hashanah Morning Service, 1st Day: 9:30am
Tashlich: 12:30pm
Kol Nidre: 6:00pm
Yom Kippur Morning Service: 10:00am
Yom Kippur Afternoon Service: 4:40pm
Ne'ilah: 5:40pm
Yizkor: 10/12 at 12:30pm (North Conway Community Center)
In-Person, Virtual, or Hybrid: Hybrid
Additional Information: harlavancommunity@gmail.com

Kol Ha'Emek Upper Valley Jewish Community, Hanover

Erev Rosh Hashanah Service: 6:30pm (at Rollins Chapel, Dartmouth College)
Rosh Hashanah Morning Service, 1st Day: 9:00am (Rollins Chapel, Dartmouth College)
Tashlich: 3:00pm
Rosh Hashanah Morning Service, 2nd Day: 9:00am (Roth Center)
Kol Nidre: 6:00pm (Rollins Chapel, Dartmouth College)
Yom Kippur: 9:00am (Rollins Chapel, Dartmouth College)
Sukkot: 10:00am
Shemini Atzeret: 10/24 at 10:00am
Simchat Torah: 10/25 at 10:00am
Musical Shabbat: 10/25 at 6:00pm
Additional Services:

- Rosh Hashanah Family Service: 10/3 at 10:00am at Hanover's Storrs Pond, Byrne Pavillion
- Tot Service: 10/3 at 10:00am
- Yom Kippur Family Service: 10/12 at 10:00am
- Tot Service: 10/12 at 10:00am

In-Person, Virtual, or Hybrid: Hybrid
Additional Information: www.uvjc.org

Seacoast Chabad Jewish Center, Newington

Erev Rosh Hashanah Service: 6:30pm
Rosh Hashanah Morning Service, 1st Day: 10:00am
Tashlich: 10/3 at 5:00pm (Piscataqua River)
Rosh Hashanah Morning Service, 2nd Day: 10:00am
Kol Nidre: 6:30pm
Yom Kippur Morning Service: 10:00am
Yom Kippur Afternoon Service: 12:00pm
Ne'ilah: 6:00pm
Yizkor: 10/12 at 12:00pm
In-Person, Virtual, or Hybrid: In-Person only
Additional Services:

- Erev Rosh Hashanah Dinner, 7:00pm – Registration Required,
- Rosh Hashanah Children Services 10/3, 10:30am
- "Yom Kippur Children Services 10/12, 10:30am"

Additional Information: https://www.jewishseacoast.com/hh5785

Temple Adath Yeshurun, Manchester

Erev Rosh Hashanah Service: 8:00pm
Rosh Hashanah Morning Service, 1st Day: 10:00am
Tashlich: 10/3 at 4:00pm (Dorr's Pond)
Rosh Hashanah Morning Service, 2nd Day: 10:00am
Kol Nidre: 8:00pm
Yom Kippur Morning Service: 10:00am
Yom Kippur Afternoon Service: 4:00pm
Ne'ilah: 5:30pm
Erev Sukkot: 7:00pm
Family Sukkot Service: 10/18 at 6:00pm
Simchat Torah: 10/22 at 6:00pm
In-Person, Virtual, or Hybrid: Hybrid

continued on page 13

High Holidays

High Holidays Service Guide

continued from page 12

Temple Adath Yeshurun, Manchester – continued

Additional Services:

- High Holy Day Warm Up Service: 9/27 at 7:00pm
- Children's Rosh Hashanah Service: 10/3 at 3:00pm
- Children's Yom Kippur Service: 10/12 at 2:00pm
- Yizkor Service: Yom Kippur at 5:00pm

Additional Information: office@taynh.org

Temple Beth Abraham, Nashua

Erev Rosh Hashanah Service: 8:00pm

Rosh Hashanah Morning Service, 1st Day: 9:00am

Tashlich: 10/3 at 1:30pm

Rosh Hashanah Morning Service, 2nd Day: 9:00am

Kol Nidre: 5:45pm

Yom Kippur Morning Service: 9:00am

Yom Kippur Afternoon Service: 4:45pm

Ne'ilah: 6:00pm

Erev Sukkot: 7:30pm

Sukkot: 10:00am

Shemini Atzeret: 7:30pm

Simchat Torah: 6:30pm

In-Person, Virtual, or Hybrid: Hybrid

Additional Services:

- Rosh Hashanah Day 1 Family Service, 10/3 at 9:45am
- "Rosh Hashanah Day 2 Family Service, 10/4 at 9:45am"
- "Yom Kippur Family Service, 10/12 at 9:45am"
- Community Tashlich at Nashua River, 10/3 at 1:30 pm
- Family Tashlich and Shofar Blowing at Mine Falls Park, 10/4 at 4:00 pm
- Morning services Shemini Atzeret with Yizkor Memorial Prayers: 10/24 at 10:00am
- Afternoon Yizkor Memorial Prayers: 10/24 at 5:45pm
- Morning Service for Simchat Torah: 10/25 at 9:30am

Additional Information: <http://tbanashua.org>

Temple Beth Jacob, Concord

Erev Rosh Hashanah Service: 7:30pm

Rosh Hashanah Morning Service, 1st Day: 9:30am

Tashlich: 10/3 at 2:15pm

Rosh Hashanah Morning Service, 2nd Day: 9:30am

Kol Nidre: 7:30pm

Yom Kippur Morning Service: 9:30am

Yom Kippur Afternoon Service: 3:30pm

Ne'ilah: 6:00pm

Erev Sukkot: 7:00pm

Shabbat Sukkot Evening Service: 10/18 at 7:00pm

Ruach in the Sukkah: 10/19 at 6:30pm

Sukkah Yizkor Service: 10/23 at 9:30am

Simchat Torah: 10/25 at 6:00pm

In-Person, Virtual, or Hybrid: Hybrid

Additional Services:

- Rosh Hashanah Day 1 -
 - 10:00 am: RH Youth Service (at TBJ).
 - 1:30 pm: RH Family Service (at TBJ).
 - 1:30 pm: RH Alternative Observance, offsite at private residence.
- Yom Kippur Day -
 - 10:00 am: YK Youth Service (at TBJ).
 - 1:30 pm: YK Family Service (at TBJ).
 - 1:30 pm: YK Alternative Observance, offsite at private residence.

Additional Information: <http://www.tbjconcord.org>. Babysitting is available RH Day 1 and YK Day at 10am.

Temple B'Nai Israel, Laconia

Erev Rosh Hashanah Service: 7:30pm

Rosh Hashanah Morning Service, 1st Day: 10:00am

Tashlich: 1:00pm

Temple B'Nai Israel, Laconia – continued

Rosh Hashanah Morning Service, 2nd Day: 10:00am

Kol Nidre: 7:30pm

Yom Kippur Morning Service: 10:00am

Yom Kippur Afternoon Service: 4:45pm

Ne'ilah: 5:00pm

Simchat Torah: 11/1 at 7:30pm

In-Person, Virtual, or Hybrid: Hybrid

Additional Information: Non-members must register to attend HHD services. No charge to attend. www.tbinh.org

Temple Israel, Manchester

Erev Rosh Hashanah Service: 6:00pm

Rosh Hashanah Morning Service, 1st Day: 9:15am

Tashlich: 5:00pm (Livingston Park)

Rosh Hashanah Morning Service, 2nd Day: 9:15am

Kol Nidre: 5:00pm

Yom Kippur Morning Service: 9:15am

Yom Kippur Afternoon Service: 4:30pm

Ne'ilah: 5:00pm

Sukkot: 9:45am

Shemini Atzeret: 10/24 at 9:45am

Additional Services:

- Babysitting: 10am-1pm

In-Person, Virtual, or Hybrid: Hybrid

Additional Information: <https://templeisraelmht.org/>. No RVSP required, please join us!

Temple Israel Portsmouth

Erev Rosh Hashanah Service: 7:00pm

Rosh Hashanah Morning Service, 1st Day: 9:00am

Tashlich: 1:15pm (Prescott Park, Portsmouth; also 3:30 pm, Boat Launch, Exeter and 3:30 pm Henry Law Park, Dover)

Rosh Hashanah Morning Service, 2nd Day: 9:00am

Kol Nidre: 5:30pm

Yom Kippur Morning Service: 9:00am

Yom Kippur Afternoon Service: 4:30pm

Ne'ilah: 5:45pm

Erev Sukkot: 6:00pm

Sukkot: 10:00am

Shemini Atzeret: 10/24 at 10:00am

Simchat Torah: 10/24 at 6:00pm

Additional Services:

- Rosh Hashanah Day 1 for Families, 10/3:
 - RH Preschool Story Time - 11am
 - RH Youth Service - 10:15am
 - RH Teen program - 9:30-10:30am and 12pm-12:30pm
- Yom Kippur for Families, 10/12:
 - YK Preschool Story Time, 11am
 - YK Youth Service, 10:15am
 - YK Teen program, 10/11 6:15-7:15pm; 10/12, 10am-11:30am and 5:45pm – 6:30pm
- Community Break-Fast, 10/12/2024, 7:00 pm
- Potluck Shabbos Tisch at Strawberry Banke Sukkah, 10/18 at 5:30pm, register via website calendar.
- Kiddush in the Temple Israel Sukkah after services: 10/19 at 12:00pm

In-Person, Virtual, or Hybrid: Hybrid. Sanctuary services available via Zoom; no Zoom component for outdoor services.

Additional Information: Registration required for High Holiday services. Babysitting available. All sanctuary services available via Zoom. <https://www.templeisraelnh.org/pray/holidays/high-holidays-2024/>

Bethlehem Hebrew Congregation

We want to let the Jewish community of New Hampshire know that we will be offering a full schedule of High Holidays services and activities, free and open to all with advance registration.

Although we do not expect any disruptions, due to heightened security concerns we have decided to not publish the dates and times of the services in The Reporter. Please visit our website at <https://www.bethlehemsynagogue.org/high-holiday-rsvp> to obtain more information and to register. Thank you for your understanding.

L'Shana tova u' metuka!

A Healthy and Happy New Year
The Kalik Family

We would like to wish our entire New Hampshire community wishes for a sweet and peaceful New Year.
The Richmond Family

**Embrace hope and renewal!
Shanah Tovah!**
Rabbi Seth and Deana Linfield

We wish all of our Federation Friends a Happy, Healthy, and Peaceful New Year.
Gail Ellis and Ed Schoen

Warm wishes for a sweet New Year full of health and happiness
Michele and Michael Bank

Wishing the NH Jewish community a happy and healthy New Year!
David, Allyson, and Max Guertin

**May 5785 bring you the joyful sound of the shofar as it welcomes in the New Year with Peace, Health, Happiness, Laughter, and Love!
Shana Tovah**
The Jolton Family

Best wishes for a sweet, healthy, and peaceful New Year.
Sol and Linda Rockenmacher

May your New Year be filled with good health and sweet joys.
The Regen Family

May 5785 bring Peace to Israel and to you and your family health, a moment of awe, adventure, love and happiness.
Peggy Tucker and Steve Soreff

On behalf of Temple B'nai Israel in Laconia, we wish you
לשנה טובה תכתבו ותחתמו
**- May you be written and sealed for a safe, healthy, peaceful 5785!
We pray for the return of the hostages, a ceasefire, and a return to civility, kindness, and mutual respect for all humanity!**
Rabbi Jan Katz and the members of Temple B'nai Israel

**Shana Tova Peace for the New Year - Bethlehem Hebrew Congregation
Shana tovah u' metuka**
Ken and Bertha Litvack

L'Shana Tova
Kol Ha'Emek the Upper Valley Jewish Community

Best wishes for a happy and healthy New Year!
The Cohen Family: Tiffany, Daniel, Skylar, Flynn, William, and Arabella

Wishing all a happy and prosperous New Year
Marc Rubenson

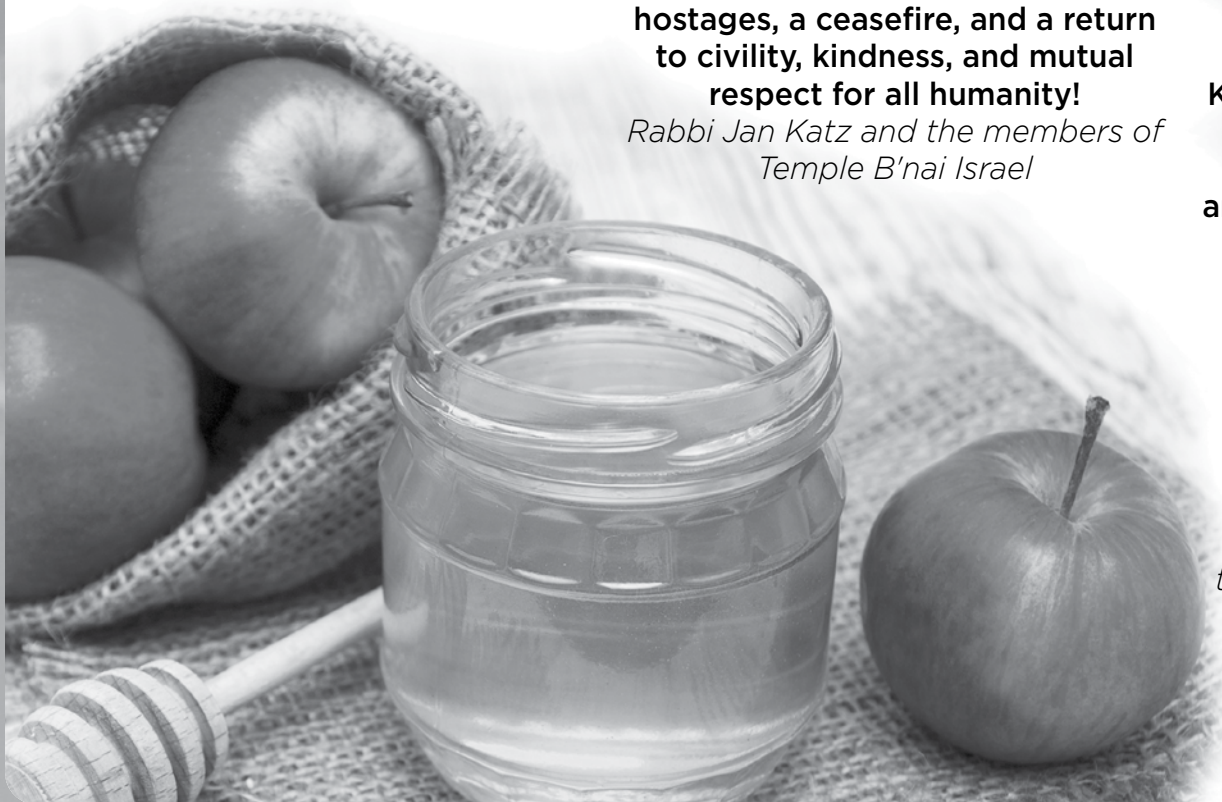
L'Shana Tovah Tikateivu V'Teichateimu May you be inscribed and sealed for a good new year.
Barbara Ann and Barrie Paster MD

May the year to come bring only peace and revealed blessings
Mike and Hannah Boyd

On behalf of my family and Congregation Ahavas Achim in Keene, I wish everyone a sweet and happy New Year. May the State of Israel know lasting, secure peace, and may all our captives be brought home. L'shana Tova Tikateivu v'Tteichateimu.
Rabbi Daniel Aronson

L'Shanah Tovah from the Kushner Family

Shanah tovah um'tukah!
Rabbi Robin, Cantor Shira, and the Temple Beth Jacob Community



Happy New Year!

In the Community

Congratulations, Judge Aframe!

By Dina Michael Chaitowitz

Seth Aframe, recent Shem Tov Award recipient, past president of Temple Beth Jacob in Concord (2016-2018) and all-around nice guy, has just started his new job as a judge on the Court of Appeals for the First Circuit.

A circuit court judgeship is an extremely prestigious position. There are only 12 circuit courts of appeals across the country. The Supreme Court of the United States is the only court higher than a federal circuit court of appeals, and, according to its website, it only hears about 80 cases a year. That means that the federal circuit courts are frequently the last word in thousands of cases. The United States Court of Appeals for the First Circuit hears federal appeals from the United States District Courts for the Districts of Maine, Massachusetts, New Hampshire, Puerto Rico, and Rhode Island.

Judge Aframe is well qualified for the position. For the past 17 years, he has been an Assistant United States Attorney in the United States Attorney's Office

for the District of New Hampshire. There he served as chief of appeals and chief of the criminal division, and argued many cases before the Court of Appeals for the First Circuit. He has taught legal courses at the University of New Hampshire's Franklin Pierce School of Law and Boston University Law School. As a young attorney, he served as a law clerk on two different appellate courts, the Massachusetts Supreme Judicial Court and the United States Court of Appeals for the First Circuit. He graduated Tufts University summa cum laude and Georgetown University Law Center magna cum laude.

President Biden nominated Judge Aframe in October 2023, and that nomination was confirmed by the Senate on May 20, 2024. Judge Aframe is married to Karen Sondik Aframe, Esq., also a 2024 Shem Tov Award recipient, and has two sons, Max (a junior at Tufts University) and Noah (a senior at Hopkinton High School).

Mazal tov, Judge Aframe! The New Hampshire Jewish community wishes you the best of luck.



Judge Aframe with sons Noah (on the left) and Max (on the right) on November 1, 2023, after the Senate Judiciary Committee hearing.

L'Shana Tova!

Jeanne
Shaheen
U.S. SENATOR



From our family to yours, wishing you peace, prosperity, and good health in the year ahead.

www.JeanneShaheen.org JeanneShaheenNH JeanneShaheen

Paid for by Shaheen for Senate

In the Community

PJ at the Playground

PJ Library New Hampshire partnered with Bethlehem Hebrew Congregation to offer “PJ at the Playground” on September 8th. This was an opportunity for families in the White Mountains and in Vermont’s Northeast Kingdom to come together. We had a wonderful turnout! Everyone enjoyed the beautiful day with snacks, a craft, a PJ Library photo board painted by JFNH’s Dinah Berch, and, of course, free PJ Library books!





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SEPTEMBER

14 Tapped In *A Speaking In Taps Show*

OCTOBER

6 Matt Savage Quartet & James

Fernando Trio *An Evening of Genuine Jazz*

16 Legendary Wailers *Timeless Marley Reggae*

19 Larry & Raven *Stellar Illusionist Couple*

NOVEMBER

16 Mac McNally *10-time CMA Winner*

DECEMBER

5 A Christmas Carol *One-Man Holiday Show*

12 Coig *A Cape Breton Christmas*

19-22 The Nutcracker *Christmas Ballet*

tickets.anselm.edu
603-641-7700

In the Community

A Member of the Jewish Community of Maine Needs a Kidney: Please Consider a Gift of Life

By Randi Gelfman

Some of you may know that I have kidney disease. Over time, my kidney disease has gotten worse, causing my kidneys not to work well enough to keep me alive. My treatment options at this time are limited to dialysis or a kidney transplant. I have been on dialysis for some time now, 3 days a week for 4 hours each day, which is helping my kidneys do their job of removing wastes, toxins, and extra fluids. But the longer you are on dialysis the more your health deteriorates.

However, a living donor kidney transplant would offer me much more freedom and the ability to live a longer, healthier, and more meaningful life. A transplant would also give me more time to do the things I love most, such as spending time with my family and friends, my partner Nick, pets, helping others, and being outdoors.

Finding a kidney is not easy. People who are on a wait list for a kidney from a deceased donor often have to wait 5-10 years and the kidney only lasts on average 10-20 years. But the average wait list

for a living kidney donor is shorter, and the kidney typically lasts 20-30 years. It also has much better function.

In order to donate, living kidney donors get a careful and thorough evaluation with their own team of health professionals to see if you could be a match for me and to ensure that living donation is as safe as possible for you.

In order to express your interest in becoming my kidney donor, you can fill out the form at this link: <https://mmc.donorscreen.org/register/now>. Upon submission, the Maine Transplant Program will

be in touch with you. To learn more about kidney donation, you can go to the National Kidney Foundation's website: www.kidney.org/livingdonation.

Thank you for taking the time to read my story. A major way you can help me is to share it with your friends and family. A second option is to share it on social media.

With much appreciation,
Randi Gelfman
P.O. Box 178
Parsonsfield, Maine 04047

L'SHANAH TOVAH שנה טובה



from CONGRESSMAN
CHRIS PAPPAS

Paid for by Chris Pappas for Congress.

Come to the TAY Brotherhood Candidates Forum: Sunday morning on October 27, 2024

The Temple Adath Yeshurun Brotherhood Candidates Forum will be an in-person program. Security will be a high priority. Doors will open at TAY, 152 Prospect Street, Manchester, at 9:00am. George Bruno will once again be the moderator. Candidates for governor and both congressional house districts have

been invited to attend, and we are also planning on having surrogates for the presidential candidates. Following a statement from each candidate, questions from the audience will be selected. This is a program that goes back many years, with a strong history of candidates showing up to participate.

Remembering October 7th: A Statewide Memorial Service of Hope and Healing

On Sunday evening, October 6th at 7:00pm, members of the Jewish Clergy Association of NH and the leadership of the JFNH will observe this solemn occasion through a statewide hybrid service. Individual congregations and the JFNH will host in-person gatherings at their respective locations with connection to all locations through zoom. Through this hybrid model, we will join together as one Jewish NH community. Participating congregations include Congregation Ahavas Achim-Keene, Temple Adath Yeshurun-Manchester, Temple Beth Abraham-Nashua, Temple Beth Jacob-Concord, Temple Israel-Laconia and Temple Israel Portsmouth.

The service will also include a live, in-person choir situated at Temple Beth Jacob in Concord. All singers from any congregation are invited to participate in the choir. Given that this service will occur in the middle of the High Holy Days, there will not be any rehearsals in advance of Oct. 6th, so the music will be commonly known melodies. If you would like to participate in the choir you will have to attend the service at Temple Beth Jacob in Concord. Please let your rabbi know if you would like to be part of this choir and they will send you the details once they are formalized.

Please register for this event at this web-link: <https://bit.ly/RememberingOct7>

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Update from the Temple Adath Yeshurun Brotherhood

By Mark Granoff, TAY Brotherhood President

It's hard to believe that the Jewish Year 5784 is coming to an end. It has been such a difficult year since October 7th. The horrific events of that day ignited a year of pain and loss for Israel and for Jews everywhere, and for so many innocent people in Gaza caught in the crossfire as the IDF searches for the hostages and combats Hamas. Let us hope and pray that the remaining hostages are released and that peacemakers prevail in 5785. I want to take a moment to thank JFNH, and our TAY Board of Directors, for the honor of the Shem Tov award for the TAY Brotherhood (and Sisterhood). Our organizations do a lot of good deeds in our extended Jewish and secular community, and it truly takes a team to make it happen. It is so fitting that our teams were



Mark Granoff



recognized in this way. Congratulations to all our members, what you do matters so very much.

With the High Holidays so late this year, it makes for an extended summer, but there is a chill in the air, and I see some maple leaves turning on our rides north on the weekends. I for one appreciate the extended summer, however I know many are using the month of September to prepare for the High Holidays. On a personal level, I am tuning up my Shofar skills at the Wednesday TI minyans with my good friend David Rosenzweig, so we can support the blasts of *Tekiah*, *Shevarim*, and *Teruah!* Without question, my favorite part of the High Holiday celebrations. I am proud to be a pretty regular face at these minyans, joining members from TI, TAY, Chabad, Etz Hayim, Beth Jacob, Beth Abraham and others as we make a minyan so Kaddish can be chanted for lost loved ones. What a beautiful example of Brotherhood and Sisterhood.

The TAY Brotherhood is off to a great start with a robust response to our Membership and Dues drive, and we have been hard at work on the Calendar of Events for 2024-2025. Elsewhere in this

issue is the announcement of our TAY Brotherhood Candidates Forum on Sunday October 27th. Hang on everyone, it is an election year as they say! Lead by Sol Rockenmacher, Pat Kalik, David Penchansky and George Bruno, this event is always an example of informative and respectful political discourse. Please come and support and get ready to vote your conscience.

Our major TAY Brotherhood Calendar events are listed below:

Upcoming TAY Brotherhood Events:

- Brotherhood Candidates Forum- (Sol, George, David P, Pat Kalik Chairs) Sunday Oct. 27th
- Chanukah Party – Dec. 15
- Christmas Mitzvah Program – Tues-

day & Wednesday, Dec. 24-25

- Purim Party – March 9, 2025
- Deli Night- April 26th, 2025- David Penchansky Chair
- Memorial Day Service at Manchester Hebrew Cemetery – Monday, May 26, 2025
- Brotherhood Annual Meeting & BBQ – June 3, 2025
- Brotherhood-Sisterhood Service – Friday, June 2025 date TBD

If you would like to join our Brotherhood, please email me at memkgranoff@comcast.net and I will be happy to email you the sign-up forms. May you and your loved ones be inscribed in the Book of Life for the coming new year 5785! "*Tekiah Gedolah!*"

See what's happening in the community at
www.jewishnh.org

Have a Happy and Healthy New Year!



**"Wishing you
and your loved
ones a healthy
and sweet
New Year."**

- Senator Maggie Hassan

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In the Community

The Wings of Peace Afghan Blanket and Stained Glass Raffle

By Alice Kinsler

The Temple Beth Jacob Knit-Crochet Group is back with their eighth fundraiser project, and they are proud to introduce the 2024 Afghan and companion stained glass. This year's project, "Wings of Peace," represents our prayers and hopes for peace and healing in the Middle East and every place where there is strife. In its design of gentle hue-shifting colors on creamy white, we're reminded of the symbols of the dove and the rainbow: the hope of peace and harmony.

The magnificent 53"x53" handmade blanket is a collective community effort by TBJ members and friends. It was lovingly crafted with SuperWash 100% Fine Merino wool, so it feels lush and luxurious, while easy to launder.

We're proud to also offer a gorgeous companion piece to go to the lucky winner: the Wings of Peace stained-glass art by Randy Kosow, designed to harmonize

with the blanket. The stained glass piece is 12.5"x24", and can be hung horizontally or vertically.

This year we're offering progressive discounts for buying multiple tickets. Raffle tickets to win the two prizes cost \$20 each. Buy more tickets to increase your chances, and you'll also be supporting TBJ!

Ticket prices: \$20 each / \$54 for 3 / \$90 for 6 / \$136 for 10 tickets

The drawing will be on December 4 – perfect timing for a fabulous gift for Chanukah (which begins 12/25), or for a wedding or other special occasion. The Wings of Peace set is a beautiful gift (that is, if you can bear to give it away once you've had it in your hands!) for someone you love. Tickets may be purchased by visiting www.tbjconcord.org/2024afghan.



Pictured from left to right: Amy Goldstein, Susan Zlotnick-Hale, Alice Kinsler, Pam Schachter, Truda Bloom, Nancy Court, Randy Kosow

Don't know whom to turn to?

JFNH can help.

JFNH's consulting social worker can provide support, referral, follow-up services, and resources to you and your family.

- Food and shelter
- Unemployment
- Medical and drug costs
- Spousal, parental, or child abuse
- Drug or alcohol addiction
- Mental health
- Children with learning, physical, and/or emotional disabilities
- Senior care/dementia
- Legal aid, incarceration, police matters



Don't let your problems simmer until they boil over. Call the JFNH social worker at 603-310-9941.

All calls and assistance are confidential.



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html, or contact Sue in the TBJ Office by calling (603) 228-8581 or emailing office@TBJconcord.org. Checks are payable to Temple Beth Jacob and should be sent with completed tickets to TBJ, PO Box 568, Concord NH 03302. The raffle closes at **6pm on Tuesday, December 3**. Every dollar of the proceeds benefits TBJ. For more info or to join future projects, email office@tbjconcord.org.

It Takes a Village

This project, the work of 25 TBJ members and friends, began last year with pattern selection, color design, yarn purchasing, and distribution of the packages to all the knitters. The work of knitting, assembling, crocheting, and publicizing have

continued through this summer. The gorgeous blanket and stained glass you see in the photos are the results of hundreds of hours of work by these contributors: Alice Kinsler and Amy Goldstein (co-coordinators), Alicia Semiatin, Barak Soreff, Carol Ringo, Carol Sobelson, Cheryl Dolin, Em Kinsler, Gena Cohen Moses, Jeannie West, Kyara Gardiner, Lisa Sheiman, Liz Lewy, Marlene Goldman, Minda Dwyer, Miriam Leppy, Nancy Court, Pamela Schachter, Randy Kosow, Robin Helrich, Sarah Kant, Sarah Kinsler, Susan Zlotnick-Hale, Tricia Wentworth, and Truda Bloom.

Join the Fun!

To join the TBJ Knit-Crochet Group, email office@TBJconcord.org.



In the Community

Bethlehem Hebrew Congregation Celebrates a Successful Summer Season

The “Little Shul That Could” in Bethlehem did it again this year with a summer cargo load of events and activities.

Both the “Books of Jewish Interest” club and the White Mountain Jewish Film Festival focused on comedy this year as an antidote to the current troubled times. Fifteen to twenty people attended each book club meeting, either on Zoom or in person at the Bethlehem Public Library, to discuss memoirs by Jewish comedians. Nancy Fages, Melissa Potter, Sharon Heyman, and David Goldstone were enthusiastic discussion leaders, and the participants couldn’t stop smiling. We thank Gail Robinson for her long-term efforts in organizing “Books of Jewish Interest,” and we look forward to next summer’s installment.

The White Mountain Jewish Film Festival (WMJFF), under the expert guidance of Dorothy and David Goldstone, screened five comedies at Bethlehem’s historic Colonial Theatre. Three were classics: *The Frisco Kid*, *Broadway Danny Rose*, and *The Producers*. Our thanks to Stephen Soreff and Rick Winston, the guest speakers who enlightened us about these films and their place in cinema history. Two films were new, and the stars of these movies joined us as guest speakers. Amnon Carmi, the director of *Yaniv*, and Ben Ducoff, who played the lead role, told us how they made the movie during the pandemic with the help of high school students. Ducoff has since created an ongoing program to prepare disadvantaged high school students in New York City for work in the film industry. Luzer Twersky, the star of *No Name Restaurant*, shared the trials and tribulations of being the “go-to” actor for Orthodox Jewish roles, given his youth in Brooklyn’s Hasidic community.

The delightfully “schmooze-y” patio parties were hosted this year by: Jacki Katzman, Melissa Potter, Robin and Tom Greenlaw, Bonnie Michaels and Michael Seev, Lucy Goodhart and Gordon Bennet, and Sharon Heyman and Barry Zitser (Sharon also helped coordinate all the patio parties and Barry worked the bar).

Friday mornings following each film screening, we worked off the calories from the patio party on group walks organized by Sharon Heyman. On the first walk, a tour of Bethlehem, Dave Goldstone regaled us with stories of our bucolic town in the mountains in the “good old days,” when it was the center of a lively Jewish summer community with an



Barry Zitser and Lucy Goodhart work the bar at the White Mountain Jewish Film Festival.

abundance of fascinating characters! Dr. Roz Lowen led her annual “mushroom walk” to teach us about the local fungi. And for the final walk of the summer, we “scaled the heights” of Mt. Agassiz, followed by a nosh at the home of Lydia and Marvin Levin.

Our Sounds in the Sanctuary concert series lived up to its well-deserved reputation by once again bringing a stellar array of Jewish and Israeli musical talent to New Hampshire’s north country. Pianists Bernard Rose and Michael Arnowitz, clarinet-and-piano duo Julian Milkis and Maxim Lubarsky, and the Lysander Piano Trio filled our beautiful space with gorgeous music. We appreciate the dedicated efforts of our series director, Ed Clark, and artistic director, Anat Grosfeld, and the continuing support of series founder and former director, Martin Kessel. Many thanks to Gail Robinson, for providing the after-concert receptions, and to Chuck Slaughter, who kept our concert piano in tune to the exacting specifications of each performer.

In the midst of this flurry of cultural and community activity, our Rabbi Donna Kirshbaum keeps bringing us back to the center of who we are and why we work so hard to maintain our Jewish presence in the northern wilderness. We appreciate her leadership, her thought-provoking Torah Study sessions, and her twice-weekly morning Zoom sessions (open to all, please see our website www.bethlehemsynagogue.org), initiated after



“Friday Walkers” enjoy the North Country.



The Lysander Piano Trio performs in the Bethlehem Hebrew Congregation sanctuary.

last October 7 for those “...seeking comfort within community via a few psalm

verses followed by conversations that incorporate timeless Jewish wisdom for shoring up strength, hope, and faith.”



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In the Community

JAM Fest in Portsmouth: An Afternoon of Music and Dance

On Sunday, August 25, some 500 people from all over New England and beyond came to support Jewish music, art, food, and culture on a beautiful day at Strawberry Banke. Temple Israel Portsmouth was proud to welcome amazing performers: Ja-

cob's Ladder, Mizrahi Dance Archive, and Klezperanto! They presented a wonderful show of Jewish music and dance from around the world. Volunteers organized stations with activities for all ages, and food trucks supplied delicious refreshments.

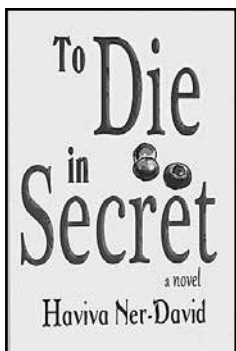


Book Review

Reviewed by Merle Carrus

To Die in Secret

To Die in Secret is the newest work of Haviva ner David. Her previous novel, Hope Valley, was about relationships in Israel. This time we are drawn into mother/child relationships and family dynamics.



This novel brings us to the home of a mother named Jude, found dead with her son in their large farmhouse in a town outside of Salem, Massachusetts. Nomi, the younger sister, is flying home from a kibbutz for the first time in forty years. She ran away from home after fighting with her parents all those years ago, and never came back. Nomi's Israeli husband has recently passed away, and her mother is a dementia patient in a local nursing home. Jude left everything to Nomi. She comes "home" to settle affairs, thinking she will return to the kibbutz. Though she has never really felt at home there, she is cautious about coming back to Massachusetts.

In an interesting writing technique, the author lets the reader get to know Jude after death. Jude plays a very important role in the lives of those in this

novel who are still alive: they keep Jude alive for the reader. As Nomi discovers what her sister has been doing for the last forty years, helping others and making amends with the mother who was so unkind, she starts to see that she could also make a difference for others and maybe come to terms with the anger, fear, and unhappiness that has followed her throughout her adult life.

There are so many themes presented in this book, something for everyone to find common ground with. The plot takes place during Covid, with everyone remembering to wear a mask as they come and go. Nomi, a main character, changed her name from Naomi when she went to Israel. Letting go of the A relates to the novel, "The Scarlet Letter," which also took place in the town she grew up in: the author uses the town of Salem, Massachusetts to show the dark history we also have here in the United States.

Reading this novel after October 7th makes me wonder how it would be different if the author, an American Israeli, would have changed things with the information she has now. In an interview with her, Haviva commented that the idea for this book came to her as her family was living through Covid. At the time, that seemed like the biggest challenge she was facing. She did not know

then what would happen in Israel, where she lives, and it has been an all-consuming challenge for her.

There are two babies born during the events of To Die in Secret: one named Despair and one named Hope. The main message of the book is, she says, "Life sends us big challenges and we are able to confront them and work through them. That intention is how you can keep moving forward."

This is a story of discovering yourself, doing mitzvot and finding forgiveness, and uncovering a way to closure and moving forward. Hope and faith can be wonderful ways to find peace and become your best self.

Haviva Ner-David is a writer and rabbi. She calls herself a post-denominational inter-spiritual rabbi. She writes both fiction and non-fiction and is the author of three spiritual journey memoirs, two novels, a children's book, short stories, essays, a blog on Times of Israel, scholarly articles and a guidebook for engaged couples due out in 2024. Her short story, "Blame," won the 2016 Lilith Magazine short fiction contest. She is the founding rabbi of Shmaya: A Mikveh for Mind, Body and Soul on Kibbutz Hannaton in the Lower Galilee. She officiates and helps create on-site personalized immersion ritual ceremonies and facilitates group mikveh workshops.

Jewish Journeys

Camp

By Kira Berch: Age 10, Dover NH

This summer I went to Camp Tel Noar. I had a really good experience. I really liked the food, the paddle boarding, the pool, canteen and a lot of other things. I did not like cleaning hour – especially bathrooms. I hope other kids get to

have a really good time at camp. Tel Noar is really nice. Plus, it's fun to be around a lot of Jews. Thanks for helping me go to camp this summer!








Have a Happy and Healthy New Year!

5785





FIND THE FOLLOWING ITEMS IN THE HOLIDAY SCENE:

- | | |
|---|--|
|  12 APPLE SLICES |  7 SIMPLE BEES |
|  6 FULL APPLES |  4 ROUND CHALLAHS |
|  3 POMEGRANATE |  10 STAR FRUIT |
|  5 HONEY DIPPERS | |

BONUS: FIND THE HONEY CAKE:



Supported by **Asylum Arts** and the **Jewish Arts Collaborative**.

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Holiday Cards for Our Military Challenge 2024

When you ask Dr. Laura Landerman-Garber how she manages the hundreds of thousands of holiday cards for the military that she receives each year, she chuckles. “Be careful what you wish for!”

According to Landerman-Garber, the number of cards that have arrived each year for the last 21 years has been astounding, if not surreal. What started out as a family Thanksgiving tradition has turned into an international passion project with well over one million cards delivered to troops, veterans, and military families—and those one million have been just in the last six years!

Landerman-Garber’s brand remains a grassroots one, though, with communities coming together from across the globe. Dr. Laura – AKA “The Card Lady” – insists that her Card Challenge is fun, easy to do, and perhaps most importantly, meaningful. “Who knew my life journey would include all of this?” she says. “Including trips to the US Capitol where the Card Challenge was read into the US Congressional Record? Or hand delivering cards to the US Embassy in Jerusalem, or for that matter, directly involving every presidential candidate running for office, and even the Commander-in-Chief himself?” To her, though, what’s far more meaningful and emotionally evocative than working with celebrities and world leaders are the opportunities to meet and talk with veterans and troops, as well as their families, and to learn about their service experiences. “If you ever get a chance to ask a military member or their family about their experiences, do it,” she says. “You will learn more about history and service than you will ever read in a book.”

The holiday cards that arrive to troops come in all shapes and sizes. Some are elaborate works of art with profound messages beautifully scripted. Others are a simple piece of paper folded in half with a message written in crayon. The cards are tangible gifts from the heart, that are given with no expectations from their recipients.

Dr. Landerman-Garber has been a clinical psychologist in New Hampshire for more than 40 years. Her professional training and experience make her powerfully aware how important something as simple as a greeting card can be for people who live with daily risks like isolation, stress, and disconnection. She speaks passionately about the terrible reality of the 20+ suicides per day amongst military officers, horrified that so many



of our Warriors reach that level of despair. “What if your card is that tether to connection, that message of encouragement, that interrupts that journey toward ending one’s life?” she says. “What if your card is the one thing that a warrior has in his or her pocket each day as a reminder of purpose?”

All that said, she also believes in emphasizing the joyful aspects of the Card Challenge, wanting to remind us all that the festivities of the season can be amplified by doing community service. “After all, *Tikkun Olam* is part of our mission in life as Jews,” she explains. “Repairing and healing the World, while profound concepts in their own right, can be framed in happy terms, and done as enjoyable activities.” Dr. Laura recalls now-countless card signing events, surrounded by volunteers of all ages. She thinks back on the thousands of boxes of personalized cards delivered to warriors around the globe, be they in remote bases abroad, stateside training camps, veteran care residences, soup kitchens and homeless shelters, or military Family gatherings.

The increase in statewide Jewish community involvement last year was remarkable: synagogues across New Hampshire, as well as the nation, joined together in recognizing the momentum of the Card Challenge and the impact it can have on those who defend our freedoms. After the horrors of October 7th in Israel, Jewish communities resonated with the call to action. Dr. Laura tells of



conversations with rabbis who told her that their congregations felt helpless yet desperately wanted to do something, and Dr. Landerman-Garber is thrilled to be connected to JCC National, and to have created a program wherein Hanukkah cards would be sent to our Jewish military members.

When asked how one joins in on the Card Challenge, Dr. Laura does not hesitate with answers: after all, one does not send out over one million cards without a plan. “There are many ways to join us, and trust me, we will help in any way to make it happen for anyone who wants to get on board!” And for all the boxes, paper cuts, and tears and joy, The Card Lady says it all boils down to the power of *Tikkun Olam* – which especially rings true in this card written by an eight year old girl: “Dear Warrior, I am very lonely. Are you lonely? But when someone loves me, I feel better. How about if I love you! Love, Ashley.”

Start here:

- Militaryholidaycardchallenge.com (How to Send and 2024 Updates lay out the guidelines)
- Facebook & Instagram: Holiday Card Challenge
- LinkedIn: Dr. Laura Landerman Garber & Holiday Cards 4 Our Military Challenge
- Givebutter.com: Holiday Cards 4 Our Military Challenge to become a donor-partner with the 501(c)(3) Nonprofit
- Contact at holidaycardsnh@gmail.com to arrange a meeting to set up a volunteer event for your family, group, and/or business. We can help you create a card signing event large or small. You name it, we are there for you!
- Hanukkah starts on December 25, 2024. If you are sending in Hanukkah cards, please have them to Dr. Landerman-Garber by November 5, 2024. If you are writing general holiday cards, the deadline is November 18, 2024.

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Temple B'nai Israel of Laconia Announces Next "We Care" Concert to Support the Circle Program

~ Proceeds raised from October 26, 2024 concert will benefit Circle Program's efforts to empower, enrich and transform girls' lives through community connections ~

Laconia, NH, September 6, 2024 — Temple B'nai Israel (TBI), a reform synagogue in the Lakes Region of New Hampshire, today announced the next We Care concert will feature the flawless harmonies and dynamic performers of the The Cat's Pajamas, a one-of-a-kind vocal band that has toured nationally and abroad and has brought their unique, high-energy brand of a cappella to hundreds of thousands.

More than just a concert, the charitable event will benefit the Circle Program based in Plymouth, NH that provides camp, mentorship and other enrichment programming to young girls living throughout the Lakes Region. This evening of entertainment is taking place on Saturday, October 26, 2024 at 7:30pm at the Inter-Lakes Community Auditorium



in Meredith, NH. Tickets are just \$40 with no additional fees and plenty of free parking. Tickets can be purchased online at www.tbihn.org and at select retail locations (see website for list).

"The We Care concert model goes be-

yond entertainment as all of the net proceeds will directly benefit the Circle Program," stated Stu Needleman, a member of the TBI Board of Directors and a co-founder of the We Care concert series. "We Care has championed local causes

since 2013 by lending a helping hand to Lakes Region nonprofits, and we are proud to support the mission of the Circle Program which is aimed at making a positive and lasting difference in the lives of young girls living in the Lakes Region."

Since 2005, the Cat's Pajamas have performed on multiple television shows, including America's Got Talent and The SingOff, along with entertaining on cruise ships, at colleges and in performing arts centers around the world. Members of the vocal band hail from across the United States and are proud to perform stunning renditions of classic hits that all will enjoy.

We Care extends its deepest gratitude to longstanding event sponsors Miracle Farms, Audi Nashua and Interlakes Family Dental, as well as the major support of The Laconia Daily Sun and Northeast Communications. Their continued commitment to We Care over many years has positively impacted the lives of countless individuals within the Lakes Region community.

The 2024 Religious Response to Hunger Drive

By Judith Jolton

As we approach the High Holy Days, our Jewish community is committed to taking the necessary steps to prepare for an ever-growing rise in food insecurity across the state. Local food banks are diligently working to increase our food purchasing, to double meal production, to establish modified mobile food pantries, and to work with our agencies across the state. It's important to recognize that the problem goes far beyond individuals who may be experiencing homelessness; it has also embedded itself in communities like ours, where parents must choose between paying their utility bill, buying food, or going without food themselves so their children can eat. And

for a growing number of seniors, the problem poses a different set of challenges, where many have the money to purchase food but do not have the resources to access or prepare it.

These people can find help at the Families in Transition Food Pantry. For over 35 years, Temple Adath Yeshurun, Temple Israel, and New Hampshire's religious community have made it a High Holy Day tradition to help those in need with its Religious Response to Hunger. At a time when the need is high and pantry shelves are running low, the Families in Transition Food Pantry relies on our community's donations to help put food on the table for thousands of people who currently live without the security of knowing where their next

meal will come from.

Our Religious Response to Hunger Drive will begin in the days leading up to Rosh Hashanah, when congregation members can stop by the Temple to pick up reusable bags donated by Whole Foods in Bedford. You are asked to take the bags home, fill them with the equivalent of non-perishable food you and your family would have eaten during the High Holy Days, add some more, and then return the bags to the Temple on Yom Kippur on Friday & Saturday, October 11 & 12. The bags will then be taken to the Families in Transition Food Pantry on Monday, October 14, which has received more than 25,000 pounds of donated food from our members in past years. Last year, we collected three tons of

food, and our goal is to exceed that this year.

"Goodwill and donations are vital to the operation of our Food Pantry so that we may meet the needs of individuals and families facing food insecurity in our community," says Maria Devlin, President & CEO of Families in Transition.

Kim Rennell, Director of the Food Pantry, added that "It's beautiful to see people come together around a common purpose. Together, we are really making a difference and helping people when they need it most."

Our Religious Response to Hunger calls on all of us to give more to the growing number of people who need more. There could be no better way to start the New Year than the mitzvah of giving.



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Hadassah Update

By Michele Bank

One year after the devastation of October 7, stand with Hadassah as we honor those lost since — including the six hostages savagely murdered last month after nearly a year in captivity — and honor the resilience of a country at war. Save the date for Sunday, October 6, at 6:30pm ET to join us as we look back at the lifesaving work undertaken over the last year — with your help — by Hadassah's hospitals and Youth Aliyah villages in Israel. This is a Zoom event, register at Hadassah.org. Also, there will be An Evening of Remembrance, Unity, and Hope on Monday, October 7, 2024 from 7:00pm to 8:30pm at the Wang Theatre, 270 Tremont Street, Boston.

Amid ongoing heartache and devastation, Hadassah is proud to partner with CJP, the Jewish Community Relations Council of Greater Boston, the Israeli-American Council (IAC), the Consulate

General of Israel to New England, and others across Greater Boston to commemorate the first anniversary of October 7 together with our entire community. The event will feature stories from those most directly affected on or by October 7, music to heal our souls, inspiring speakers to remind us of the resilient spirit of Israel and Israelis, and opportunities to mourn, honor survivors and heroes, and fill one another with strength and hope for our collective future.

The entire community is invited to participate in this large-scale event to commemorate the horrific attacks in Israel on October 7 and signify our collective hope for the future. Come together for an evening of solidarity as we remember the lives lost, honor survivors and heroes, affirm our communal resilience, and hope for the future of the Jewish People.

This event is free and open to all ages, but some material may be difficult for young children and all content will be

geared toward adults. However, tickets are limited, non-transferable, and available on a first-come, first-served basis. For additional information and FAQs go to connect@cj.org. Members are invited to join Hadassah on Zoom for their Lunch N Learn series, as they explore a variety of topics touching on Hadassah priorities, Judaism, and spirituality. This region-wide program will be held on Monday, October 21, at 12:30pm – 1:30pm. The topic for the next program is An Introduction to Abraham Joshua Heschel's Theology.

A new study by Hadassah researchers highlights how gender bias in Israeli and American ERs impacts treatment. "Women are viewed as exaggerating or hysterical and men are viewed as more stoic when they complain of pain," Dr. Alex Gileles-Hillel, a physician-scientist at the Hadassah Medical Organization, told Nature. The study was published in the peer-reviewed *Proceedings of the Na-*

tional Academy of Sciences. Dr. Gileles-Hillel and his colleagues analyzed more than 20,000 discharge notes of patients who had come in with "non-specific" pain complaints — those without a clear underlying cause — such as headaches.

The analysis found that women were 10 percent less likely than men to have a recorded pain score (a number from one to 10) that helps to inform physicians about the severity of pain. After the initial assessment, women waited an average of 30 minutes longer than men to see a physician and were less likely than men to receive pain medication. This trend was consistent regardless of the gender of the nurse or doctor.

The Manchester Chapter of Hadassah wishes the community a healthy, happy, prosperous, New Year and prayers for the release of the hostages and for peace in Israel. For additional information about Hadassah, please contact Michele Bank at michele.bank@gmail.com.

How Israel's Culinary Institutions are Giving Back to Communities Affected by the Events of October 7

New York - Aug. 15, 2024 - Over the past nine months, Israel's culinary institutions have reimagined the way they do business in an effort to give back to those directly impacted by the attacks on Oct. 7. Restaurants, cafes and breweries are supporting affected communities, soldiers and families through various services to support residents financially and emotionally, and to inspire strength.

"Israel is a country known for its resilience, and it's been inspiring to see businesses finding creative ways to support the country's residents who are in need ever since the terrible events of Oct. 7," said Dina Orenbach, Director, Western Region, Israel Ministry of Tourism. "Israel is known for vibrant flavors in its restaurants, markets and cafes, and its culinary community is composed of strong and resilient individuals that are turning the most difficult times into opportunities to bring people together, and using food as a way to improve the current quality of life in Israel."

"In general, when you are in the tourism industry and/or living in Israel, you need to be flexible in mind and action to survive, a true entrepreneur," said Michal Shiloah Galnoor, CEO, Western Galilee Now. "What I found out in this war is that these small businesses, although struggling, have connected to their values. The

act of giving helps them with the current situation. 'Doing' is part of their survival mode, and keeping active, in motion, even for the sake of others, gives them a sense of value, of purpose."

Some of Israel's culinary businesses making a difference within the community include:

• Cafe Otef Re'im

In June, entrepreneur Tamir Barelko opened Cafe Otef Re'im, a second location of the popular coffee shop in Tel Aviv's Florentin neighborhood. As a source of income, employment and aid for the displaced members of Israel's Southern communities, Cafe Otef Re'im sells goods from the areas that faced the most destruction during the Oct. 7 attacks, including Dvir Chocolates, as well as trinkets and goods supplied from local artists.

• Malka Brewery

Malka Brewery is a family-owned and award winning brewery and distillery in Northern Israel that has been making craft beer since 2006. Recently, Malka Brewery announced they will donate a portion of all proceeds to support Kibbutz Hulit, a community that experienced immense damage during the Oct. 7 attack. Malka Brewery has also announced they are now selling its products in New York and Florida, so consumers in the U.S. are also able to give back. In addition to fi-

ancial support, Malka Brewery has donated thousands of bottles of beer to Israeli soldiers, IDF reservists, evacuees, farmers and volunteers to bring a small piece of normalcy and exceptional flavor into their lives.

• Havat Rom

Havat Rom on Mount Kamon is a beautiful farm in Northern Israel with an on-site farm-to-table restaurant serving delicious and seasonal eats while giving back to soldiers who have experienced PTSD from war. Havat Rom provides wellness and rehabilitation centers for soldiers that allows them to reconnect with nature by working at the on-site garden and dairy farm as a form of therapy. Giving them a sense of purpose, the food they collect is

used by the restaurant to create its dishes. In addition, Havat Rom gives soldiers the opportunity to meet with trauma experts to work through their pain in a personalized manner set in a tranquil environment.

• Tiv Ta'am

In honor of National Beer Day on Aug. 2, popular Israeli grocery store, Tiv Ta'am teamed up with the Israeli Brewery Gems to create a special edition beer called Jem's IDF, in which 10% of the profits sold of this beer was donated to the rehabilitation of IDF soldiers and victims of the Iron Swords War. Since the release of Jem's IDF, it has become the most popular flavor of beer in the country.

For more information about Israel's tourism offerings, visit israel.travel.

Israel: Did You Know?

By Richard England

When you visit Israel, you are likely to notice a *dud shemesh* on the rooftop of nearly every home. What are these devices? They're solar hot water heaters that take advantage of Israel's sunny climate as an energy source and that save 2 million barrels of oil each year. Solar hot water was first deployed during the 1950s, and five percent of homes had a *dud shemesh* by 1967. During the 1970s Mideast oil



crisis, the government required the installation of solar water heaters atop nearly all newly constructed homes. Today, Israel is a world leader in the residential use of solar hot water, with more than 90 percent of Israeli homes using this simple but effective technology.

Chabad of Poland Hosts Summer Retreat for 200 Jewish Ukrainian Refugees: Program Brings Emotional Respite and Spiritual Recharge to Children from Five Ukrainian Jewish Communities

Warsaw – As the war in Ukraine continues into its third summer, Chabad of Poland has hosted more than 200 Jewish Ukrainians, hailing from five communities, for a two-week summer experience focused on allowing children and their parents a break from life in a warzone. The retreat began on August 15 and runs through August 27.

Participants came from Kamianske, Sumy, Kremenchuk, Dnipro and Kyiv. The program this year was led by Rabbi Levi and Dina Stambler of Chabad of Kamianske in close collaboration with Rabbi Levi's brothers, Rabbi Sholom Ber and Rabbi Mayer Stambler of Chabad of Poland. Rabbi Yechiel and Rochi Levitansky of Chabad of Sumy also participated alongside members of their community.

The camp includes specialized activities and psycho-trauma counseling de-

signed to support attendees as they navigate their challenging circumstances. Daily activities range from field trips and arts and crafts to music and baking classes, all within a spiritually enriching environment. The program is staffed by educational and recreational staff all fluent in Ukrainian.

"Ukrainian refugees still face enormous day-to-day challenges. The summer is particularly difficult because there, without school in session, there is little structure to the day for children, and a working parent has the challenge of how to keep their child occupied with a meaningful experience. The camp experience we provide these families not only meets their spiritual and communal needs, but gives them important respite from their daily challenge," said Chabad of Poland Director Rabbi Sholom Ber Stambler.

"Growing up, summer was our chance

to escape the routine of the rest of the year and dive into sports, fun and lasting friendships. For our children, summer offers a special opportunity to engage in informal education that emphasizes Jewish identity, heritage, values and customs in a more engaging and comprehensive way," he added.

One-third of this year's program is funded by Mosaic United, a global non-profit that supports initiatives strengthening young Jews' connections to their Jewish identities and Israel, in partnership with Israel's Ministry of Diaspora Affairs. Chabad of Poland is covering the remaining two-thirds of the program's costs through its network of partners. To support Chabad of Poland's campaign, please visit: www.saveajew.org.

"We are deeply grateful to our generous supporters, hundreds of individuals and families from around the Jewish

world for their support of our summer program for Ukrainian Jewish refugees," said Chabad of Poland Co-Director Rabbi Mayer Stambler. "Our goal is to offer these children a sense of normalcy and emotional comfort this summer, within a fun and uplifting environment."

Since the start of the Russian incursion into Ukraine, Chabad of Poland based in Warsaw has opened its doors to Ukraine's Jewish community offering refuge, transportation, kosher food, medical aid, financial and material assistance, childcare, educational and social services, communal activities, and administrative and legal aid to tens of thousands displaced by the conflict. Since the start of the war, Chabad in Poland has seen its expenses rise by more than US\$2.5 million. For more information or to contribute to relief efforts, please visit: www.saveajew.org.

Jews Around the World Honor Family and Friends Who Passed Away or Are Celebrating Simchas By "Dedicating Letters" in a Digital Global Community Torah Project

Submitted by Jason Edelstein

Sept. 13, 2024 – "John was just 18 years old when he died; he left no footprint on earth," says Kevin Collins of Sydney, Australia, one of the first people to dedicate a letter to a lost loved one on Sefaria's Digital Global Community Torah. "I began to seek out ways to create a footprint for him. When I learned about the Global Community Torah, I knew I wanted to add a letter in his name. With God's help, I decided to dedicate a shin to John, as this is the letter commonly seen on the mezuzah. To me, the fact that the mezuzah contains the words of the Shema creates a connection between John's footprint on earth and his nefesh (soul) in the heavens above."

Sefaria, the non-profit organization that digitizes and freely shares Jewish texts in Hebrew and in translation, launched its Global Community Torah digital collaboration as part of its tenth anniversary last year. The project enables anyone to have a small part in "writing" a Torah—already, nearly 12,000 people

have left their mark as digital scribes. But Sefaria didn't anticipate that people would look to the project as a way to celebrate momentous occasions and find comfort in moments of strife.

"We never thought that people would memorialize or look to help others heal through this project," says Chava Tzemach, Sefaria's Director of Marketing and Communications who is leading the Global Community Torah Project. "We also have people dedicating letters to simchas like b'nai mitzvah, graduations, and marriage. I think that's what makes this so special—it bubbled up from our users in such an authentic, organic way. Once people started doing this on their own, we knew we needed to make it easier and even more meaningful for others to do the same."

Other users find resonance in this new feature as well:

Thank you for this way to honor my beloved husband - Gail Shapiro, New York, 7/01/2024

Oh this is wonderful! Thank you so very much! This person is in the hospital recovering from cancer right now and this will

really mean a lot to him! - Rena Lior, Sweden, 6/12/2024

Anyone, anywhere in the world can participate at torah.sefaria.org. Users first learn about different Hebrew typefaces and select their font before "making their mark" by entering their first name and location (or the name of the person they're honoring). They then receive emails with a graphic of the Torah verse containing their letter and information about the "parashah," or weekly reading, of the Torah in which the verse appears. Those being honored also receive an email that can contain a special message from the "scribe." For those who passed away, the scribe can have a notification sent to someone else about the letter.

Users can also spin the digital globe to see the locations of other Global Community Torah contributors, showing the geographical diversity of the participants, and read the entire digital scroll when completed. Hovering above each letter displays the names of their fellow digital "scribes" and those memorialized or honored.

"I cannot fully explain the comfort I

have gotten and continue to get from that letter," adds Kevin Collins. "John David Collins lived here for a short while. He has a letter shin and a star for his footprint in the heavens above, and a plaque and brick and grave stone for his footprint on earth."

The various historical fonts available to Digital Scribes symbolize the vast history of the global Jewish community. In Jewish law, if one letter of the Torah is missing or written incorrectly, the entire scroll is unusable. So, the "Global Community Torah" requires that hundreds of thousands of people work in concert to "write" each letter and complete the project.

Sefaria was founded in 2013 to radically lower barriers to Jewish learning and make the books of the People of the Book available like never before. Today, Sefaria is the world's largest free digital library of Jewish texts and translations, and has emerged as a stronghold of modern Jewish culture, flourishing at the intersection of Torah and digital innovation. Sefaria engages millions of people each year through its website sefaria.org and its iOS and Android apps.

Recent Events

Manischewitz: New Year, New Products, New Look!

Bayonne, NJ – September 9, 2024 – Manischewitz®, the leading kosher brand for over 130 years, proudly unveils a bold, fresh look and exciting new products just in time for Rosh Hashanah. With a focus on bringing families and friends together, the updated product line aims to reach a broader demographic, including younger and growing families.

As the Jewish New Year approaches, Rosh Hashanah and Yom Kippur inspire heartwarming meals and lasting memories. Rosh Hashanah, synonymous with joyous family feasts, is a time to share symbolic foods that convey hopes for a prosperous year ahead. This year, join Manischewitz to celebrate a “Happy New New New Year”—a celebration of the New Year, New Products, and a New Look. The stars of your holiday table will be exciting new additions from the rebranded Manischewitz line. Venture into the frozen aisle, where you’ll discover delectable treats almost as good as Bubby makes them!

The new Manischewitz lineup includes:

- Ready-to-Eat Frozen Matzo Balls – Offering a comforting “hug in a bowl.”
- Frozen Potato Knishes – Available in both classic and mini, best served with your favorite mustard.
- Frozen Ready-to-Eat Blintzes – Available in cheese, blueberry, and potato.
- Frozen Bakery items— Including fresh-tasting Challah, Chocolate Babka, Chocolate Rugelach, and Apricot and Raspberry Hamantaschen—just like Bubby’s but without the hours of preparation. Simply warm, serve, and enjoy the home-made flavor in minutes.

Must-Have Staples for a Sweet New Year

No Rosh Hashanah is complete without the indulgence of honey. The Manischewitz Honey Bear, priced at an SRP of \$6.49, pairs perfectly with your holiday spread. Also available is Manischewitz Apple Butter at an SRP \$6.49, a harmonious blend of apples and honeyed butter that complements Challah, enhances recipes, and offers a delightful alternative for apple dipping as well as the Manischewitz Almond Butter. And don’t forget to top off your meal with Manischewitz Honey Cookies—the perfect sweet ending!

“We wish all of our consumers the sweetest holiday season,” says Shani Seidman, CMO of Kayco Kosher, the parent company of Manischewitz. “These



delicious new products, along with our new look and feel, will make your New Year special, adding joy to any family celebration and enjoyment all year long.”

The rebranded Manischewitz features refreshed graphics and colors across all products, on its website, in-store displays, and social media. You can also find Manischewitz merchandise, featuring “Yiddishisms” that reflect the brand’s heritage, available at www.manischewitz.com

The new products for Rosh Hashanah reflect this renewed ethos, supporting Manischewitz’s commitment to its core values while inviting a broader audience to explore the cultural richness of Jewish cuisine. Manischewitz aims to make the kosher, and now the Frozen Kosher aisle, a destination for everyone, regardless of background or dietary practices. Manischewitz products are more than just food—they are an invitation to experience and participate in Jewish culture.

“Manischewitz is well-known among our loyal consumers, who purchase our products day in and day out,” said Seidman. “To update our cultural relevance with a younger Jewish audience, as well as a mainstream, culturally curious audience, we’ve refreshed our brand with an exciting new look and feel across our current and new product offerings for the New Year.”

With a legacy deeply rooted in Jewish tradition, Manischewitz is embarking on a journey to transcend the kosher aisle, inviting everyone to “Savor Our Tradition” and explore the culinary heritage of Jewish culture.

“Manischewitz is not just about food; it’s about stories, heritage, and a sense of belonging. Through this rebrand, we aim to capture the hearts of the culturally curious and kosher-keeping alike, offering a taste of Jewish tradition that is accessible to all,” adds Seidman.

For delicious new recipes for Rosh Hashanah and beyond, visit www.kosher.com



and www.manischewitz.com

About The Manischewitz Brand

Manischewitz’s journey began in 1888 with a simple box of matzo. Today, the company continues that tradition while adapting to the tastes and dietary needs of the modern consumer. This rebrand represents a renewal of our commitment to quality, tradition, and inclusivity.

Manischewitz offers a diverse product line spanning over 30 categories. Founded



by Rabbi Dov Behr Manischewitz in a small bakery to make Passover matzo, the brand has grown to include iconic products like Tam® Crackers, Chicken Soup, Macaroons, and Gefilte Fish. Today’s Manischewitz features Broths, Noodles, Potato Pancakes, Matzo Balls, and much more. Now part of New Jersey-based Kayco, Manischewitz remains a trusted name in kosher foods. Learn more at www.manischewitz.com and Follow @[manischewitzco](https://www.instagram.com/manischewitzco) on Instagram.



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 Shem Tov recognition for Harry Shepler – Jeff Klein and Michelle Rosenthal

How to submit an obituary

The Reporter publishes obituaries for any member of the community, past or present, for a \$36 fee. Please send obituaries and one photo, if desired, as a separate jpg attachment to thereporter@jewishnh.org or to the office along with payment at: JFNH, 273 South River Road, Unit #5, Bedford, NH 03110.

Simchas

New! B'nai mitzvah, engagement, wedding or new baby in the family? Share your happiness with the community with a notice in the Reporter's new *Simchas* section. Your \$36 payment will support JFNH's nonprofit mission. Submit a short notice and photo to thereporter@jewishnh.org or JFNH, 273 South River Road, Unit #5, Bedford, NH 03110.

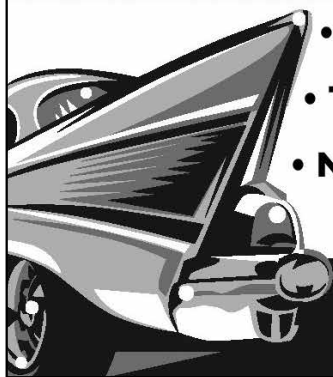
When submitting a Letter to the Editor, please include your name, town of residence, and contact information. Letters to the Editor must be under 300 words in length to be considered for publication. Send your letter by email to the reporter@jewishnh.org with "letter to the editor" in the subject line.

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