

THE NEW HAMPSHIRE  
*Jewish* **Reporter**

Published by the  
Jewish Federation of  
New Hampshire

Volume 39, Number 2

October 2018

Tishrei-Cheshvan 5779



Jewish Federation  
OF NEW HAMPSHIRE

**SPECIAL ISSUE: CELEBRATIONS AND ANNUAL REPORT**

## Federation Campaign Kicks Off With Renewed Energy

Manchester — The JFNH Annual Meeting will take place on Sunday, October 7. At that time, we will kick off our annual fundraising campaign. It is this campaign that allows us to do what is so important for our Jewish community in New Hampshire: create programs and events that allow Jewish families to learn together, meet with other Jewish families, and support our Jewish Federation in helping NH Jews and Jews around the world.

We have sent many teenagers to Israel on scholarships, and we have created paths for many toddlers to grow and learn in a Jewish environment, both during the school year and in summer camp.

We have brought Israel to New Hampshire through our Shlichah, Noam Wolf. Noam has visited every NH congregation many times this past year, held concerts, and taught all of us about the current state of Israel. We need to have a robust campaign to fund bringing another Shlichah for next year!

Our PJ Library sends books to over 400 families and will be growing this year by adding ages eight through eleven to our distribution.



Jewish Federation  
OF NEW HAMPSHIRE

You are reading this in *The NH Jewish Reporter*, an outstanding newspaper teaching and sharing news about Jewish life. We have a JFNH social worker who works with people as needed and so much more to offer to our statewide membership. We have monthly seniors' luncheons, and the list keeps going.

The best of all that we offer is our outstanding staff and volunteers. Without either, we would be nothing.

And now we come to you, our members and supporters. We ask for donations once each year. Please think about how Federation impacts your life and the life of your family. We all belong to many organizations that ask for money. We have to decide where to share our individual resources. To be a part of our campaign, donate:

- Online at [www.jewishnh.org/ways-to-give](http://www.jewishnh.org/ways-to-give).
- By phone at (603) 627-7679.
- By check made out to JFNH, sent to 66 Hanover St., Suite 300, Manchester, NH 03101.

Support the Jewish Federation of New Hampshire so that the Federation can support you.  
Thank you.



Pre-K students celebrate the start of school at the Federation Preschool

## Federation Preschool Begins 31st Year With Ice Cream and Fun

**JFNH Signature Program**

The Jewish Federation Preschool started off its 31st year with the annual welcome back Ice Cream Social. What a wonderful way to see old friends and meet new ones!

This year we are again happy to offer two enrichment programs: Music and Movement on Thursdays with Miss Kristen and Hebrew on Mondays with Morah Chanchie.

Every Friday morning, the smell of fresh baked challah flows through the building as all of our children bake their own mini challahs to take home and share with their families. Thank you to Rabbi Beth for coming in and blowing the shofar during our Friday morning Shabbat program. We can't wait to have the other area rabbis join us on other Friday mornings.

This year, we will host monthly PJ Library Tot Shabbats and Playgroups, the first of which is Friday, October 12, at 10 AM. To join in the fun, contact Allyson Guertin to RSVP at [pjlibrary@jewishnh.org](mailto:pjlibrary@jewishnh.org).

Our spaces are filling up quickly, so if you are interested in learning more about the Jewish Federation Preschool or would like to set up a tour, contact Alane Sabbel at [preschool@jewishnh.org](mailto:preschool@jewishnh.org) or call (603)782-5174.

## The Jewish Federation of New Hampshire Invites You to the Annual Meeting and Shem Tov Awards

Manchester — The 2018 Annual Meeting & Shem Tov Awards is Sunday, October 7, and another fun, free, family friendly event is planned! New Hampshire's Jewish community will gather in the Social Hall of Temple Adath Yeshurun in Manchester for a delicious kosher dairy dinner. Hear about all of the exciting ways the Federation has been active across the state in the past year and learn about what projects are being planned for the coming year. We will honor Shem Tov winners -- the highest honor bestowed to community members nominated by their peers -- and be entertained by our talented Shlichah, Noam Wolf.

This year's theme, tikkun olam (repairing the world), will be at the center

of the event, from the food donations attendees will bring with them to the centerpieces on the tables.

Child care will be available for children ages 3+, provided by the staff of the Jewish Federation Preschool, where children will have the opportunity to create crafts and to learn a song from Noam to perform for everyone before dessert.

All are welcome to join us, and the event is free, but space is limited and reservations are required. Last year's meeting filled to capacity, so don't hesitate to RSVP: Please call the JFNH office at (603) 627-7679 or email [info@jewishnh.org](mailto:info@jewishnh.org) to let us know you will be there. See you on the 7th!

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MANCHESTER, NH  
**PAID**  
US POSTAGE  
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The New Hampshire Jewish Reporter  
Jewish Federation of New Hampshire  
66 Hanover St., Suite 300  
Manchester, NH 03101  
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# CONGREGATIONS

**JRF:** Jewish Reconstructionist Federation **URJ:** Union for Reform Judaism  
**USCJ:** United Synagogue of Conservative Judaism

## AMHERST

### CONGREGATION BETENU

Sam Blumberg (Rabbinic Intern)  
5 Northern Blvd., Unit 1, Amherst  
Reform, Affiliated URJ  
(603) 886-1633  
www.betenu.org  
Services: Friday night Kabbalat Shabbat services at 7:30 PM  
Saturday morning twice a month, 9:30 AM

## BETHLEHEM

### BETHLEHEM HEBREW CONGREGATION

39 Strawberry Hill Road  
PO Box 395, Bethlehem  
Unaffiliated-Egalitarian  
(603) 869-5465  
www.bethlehemsynagogue.org  
davegoldstone1@gmail.com  
Services: Contact for Date/Time Info  
President Dave Goldstone -  
(516) 592-1462  
or Eileen Regen - (603) 823-7711  
Weekly Services: July through Simchat Torah  
Friday: 6:30 PM; Saturday: 10 AM

## CLAREMONT

### TEMPLE MEYER DAVID

25 Putnam Street, Claremont  
Conservative  
(603) 542-6773  
Services: Generally the second Friday of the month, 6:15 PM, April to November.

## CONCORD

### TEMPLE BETH JACOB

Rabbi Robin Nafshi  
67 Broadway, Concord  
Reform, Affiliated URJ  
(603) 228-8581  
www.tbjconcord.org  
office@tbjconcord.org  
Services: Friday night - 7 PM  
Saturday morning - 9:30 AM

## DERRY

### ETZ HAYIM SYNAGOGUE

Rabbi Peter Levy  
1½ Hood Road, Derry  
Reform, Affiliated URJ  
(603) 432-0004  
www.etzhayim.org  
office@etzhayim.org, rabbi@etzhayim.org  
Services: Fridays 7:15 PM  
Please check the website for the Shabbat Morning schedule

## DURHAM

### UNH & SEACOAST CHABAD JEWISH CENTER

Rabbi Berel Slavaticki  
72-1 Main Street, Durham  
(603) 205-6598  
Rabbi@JewishSeacoast.com  
www.JewishSeacoast.com

## HANOVER

### CHABAD AT DARTMOUTH COLLEGE

Rabbi Moshe Gray  
22a School Street, Hanover  
Orthodox, Chabad  
(603) 643-9821  
www.dartmouthchabad.com  
chabad@dartmouth.edu  
Services: Friday Evening Shabbat services and Dinner  
Shabbat morning services  
Call for times

### KOL HA'EMEK UPPER VALLEY JEWISH COMMUNITY

Rabbi Mark Melamut  
Roth Center for Jewish Life  
5 Occom Ridge, Hanover  
Nondenominational, Unaffiliated  
(603) 646-0460  
www.uvjc.org  
uvjc@valley.net  
Services: Friday night Shabbat services at 6 PM, led by Dartmouth Hillel  
Saturday morning Shabbat services at 10 AM

## KEENE

### CONGREGATION AHAVAS ACHIM

Rabbi Amy Loewenthal  
84 Hastings Avenue, Keene  
Reconstructionist, Affiliated JRF  
(603) 352-6747  
www.keenesynagogue.org  
rabbi.ahavas.achim@gmail.com  
secretary.ahavas@gmail.com  
Services: Regular Friday night services at 7 PM  
Monthly Shabbat morning services at 9:30 AM  
Check the website for time variations

## LAGONIA

### TEMPLE B'NAI ISRAEL

Rabbi Boaz Heilman  
210 Court Street, Laconia  
Reform, Affiliated URJ  
(603) 524-7044  
www.tbinh.org  
Services: Every other Friday night at 7:30 PM

## MANCHESTER

### CHABAD CENTER FOR JEWISH LIVING

Rabbi Levi Krinsky  
1234 River Rd., Manchester  
Orthodox, Chabad  
(603) 647-0204  
www.Lubavitchnh.com  
rabbi@lubavitchnh.com  
Services: Shabbat Services  
Saturday morning at 9:30 AM  
Sunday morning minyan at 9 AM

### TEMPLE ADATH YESHURUN

Rabbi Beth D. Davidson  
152 Prospect Street, Manchester  
Reform, Affiliated URJ  
(603) 669-5650  
www.taynh.org  
templeadathy@comcast.net  
Services: Shabbat services the first Friday of the month at 6 PM  
All other Friday nights at 7 PM with some exceptions.  
Alternating Shabbat services or Torah study Saturday mornings at 10 AM

### TEMPLE ISRAEL

Rabbi Jeremy Szczepanski  
66 Salmon Street, Manchester  
Conservative  
(603) 622-6171  
office@templeisraelmht.org  
For Shabbat service times, call 603-622-6171 x12 or visit www.templeisraelmht.org.  
Call Stephen Singer, 669-4100 for more info.

## NASHUA

### TEMPLE BETH ABRAHAM

Rabbi Jon Spira-Savett  
4 Raymond Street, Nashua  
Conservative, Affiliated USCJ  
(603) 883-8184  
www.tbanashua.org  
rabbi@tbanashua.org  
office@tbanashua.org  
Services: Friday night services 8 PM  
1st Friday family service 7 PM  
Saturday morning 9:30 AM  
Mon. - Thur. minyan 7:30 PM

## PORTSMOUTH

### TEMPLE ISRAEL

Rabbi Ira Korinow (Interim)  
200 State Street, Portsmouth  
Conservative, Affiliated USCJ  
(603) 436-5301  
www.templeisraelnh.org  
templeoffice@templeisraelnh.org  
Services: Friday, 6:15 PM  
Saturday, 9:30 AM  
Tues. minyan 5:30 PM  
Temple Israel has a fully licensed M-W-F preschool.

# The New Hampshire Jewish Reporter

Volume 39, Number 1

OCTOBER 2018

Tishrei-Cheshvan 5779

Published by the  
Jewish Federation of New Hampshire

66 Hanover St., Suite 300  
Manchester, NH 03101  
Tel: (603) 627-7679

Editor: **Fran Berman**

Layout and Design: **Tim Gregory**

Advertising Sales:  
603-627-7679  
info@jewishnh.org

The objectives of The New Hampshire Jewish Reporter are to foster a sense of community among the Jewish people of New Hampshire by sharing ideas, information, experiences and opinions, and to promote the agencies, projects and mission of the Jewish Federation of New Hampshire.

The New Hampshire Jewish Reporter is published monthly ten times per year, with a deadline for submissions of the 10th of the month before publication. There are no January or June issues. All items, including calendar events, for the December-January or May-June newspaper must be submitted by Nov. 10 or April 10, respectively.

Please send all materials to:  
thereporter@jewishnh.org

Send items for the print and online  
JFNH Calendar and E-News to  
events@jewishnh.org

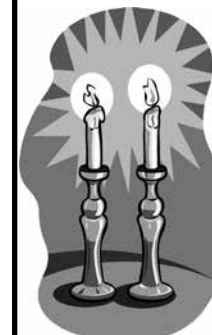
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The New Hampshire Jewish Reporter is overseen by the JFNH Publications Committee, Merle Carrus, chairperson.

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## Shabbat Candle Lighting Times: (Manchester)



<b>October 5</b>	<b>6:02 PM</b>
<b>October 12</b>	<b>5:50 PM</b>
<b>October 19</b>	<b>5:39 PM</b>
<b>October 26</b>	<b>5:28 PM</b>

## Growing a United, Engaged, and Inspired Jewish New Hampshire – Together

I love the fall season! I love the flurry of activity as religious school, children's sports, book clubs, and organizational meetings all start a new year. I love attending High Holy Day services and gathering with my family and friends for special holiday meals. I love jumping back into work to start planning for another summer of camp. I love the fall season because it is a season of new beginnings. It is a season to think about our hopes for the coming year and to set goals for how we are going to make those hopes come true. Each of us sets our own goals around professional development, personal happiness, and contributions to society. As we begin fall 2018, please think about your hopes for a united, engaged, and inspired Jewish New Hampshire and how you can help make them a reality.

This fall, I am honored to be the incoming Board Chair of the Jewish Federation of New Hampshire, an organization with a strong statewide presence, a rock-solid foundation, and a dedicated staff. I am so thankful to Jeffrey Crocker, our immediate past Chair, for his passion and expertise as he helped our organization reach the goals that had been set. He has been an incredible mentor, and his guidance has been, and will continue to be, invaluable.

**Mindee Greenberg,  
Incoming Board  
Chair**

**Board Column**



I am also thankful for the previous and current members of the Board of Directors from all corners of the state, and to the clergy throughout the state, who have committed their time and energy to serve Jewish New Hampshire.

I am excited about the upcoming year and the opportunities we have to continue to grow as a united, engaged, and inspired Jewish New Hampshire. Coming back from maternity leave, our incredible Executive Director, Melanie Zalman McDonald, is working with staff, the Board of Directors and our community partners to set and meet our goals for the coming year. We have brought long-time Federation Preschool Assistant Director and PJ Library Coordinator Allyson Guertin on full time and expanded her role to enhance community outreach and programs. Noam Wolf, our talented and motivated Shlichah (Israeli Emissary), begins her second year connecting community members

to Israel through educational programs, music, and networking events. And Alane Sabel, our enthusiastic and committed Preschool Director, starts her 31st year of engaging the youngest members of our community and their families in the Jewish Federation Preschool. Our small and dedicated staff also includes our part-time bookkeeper Karen Cannella, and we are thrilled to welcome our new office assistant, Karina McGinnis. It is an exciting time to be a part of the Jewish Federation of New Hampshire as we continue to expand and strengthen our presence statewide with new and exciting offerings this coming year.

You are encouraged to join JFNH as we officially kick off our "New Year" at our Annual Meeting on Sunday, October 7 (all are invited!). There will be activities for children, a light dairy dinner, congregational Shem Tov awards, and a brief presentation highlighting our 2017-18 efforts and sharing of our goals for the coming year. (*Note: Please don't forget to RSVP for the Annual Meeting, as space is limited and the event fills up fast!*) The theme for this year's Annual Meeting is Tikkun Olam, repairing the world. By coming together and leading by example with meaningful Tikkun Olam efforts, we

in Jewish New Hampshire can do our part to make the world a better place.

As we kick off the new year at the Annual Meeting, we will also be kicking off our Annual Campaign. As you set your goals for the coming year, please think about how you can have a profound impact on Jewish New Hampshire, and please consider partnering with us to reach our continued goal of a united, engaged, and inspired Jewish New Hampshire. A goal that includes connecting and uniting with other Jewish people throughout our state. A goal that includes engaging our children in their homes with Jewish libraries filled with PJ Library books. A goal that includes engaging our communities with authentic Israel education programs and entertaining and innovative Jewish films. A goal that includes your involvement and support.

I look forward to connecting with many of you throughout the next few years. I look forward to hearing about your hopes and dreams for Jewish New Hampshire, and I look forward to working together to make all of our dreams become reality.

Yes, I do love the fall season and its new beginnings. I look forward to seeing you on October 7 as we start a new year with Jewish Federation of New Hampshire.

## I Can't Believe It's My Second Year Here!

I have to tell you, I did not see the year passing so quickly, especially at the beginning of last year, when the high holidays ended, and I was just confused: What am I doing here? Why did I come here? I felt like every little thing I could do wouldn't change much for this community and the state of New Hampshire. I felt like I was going to let a lot of people down. That the expectations were high and I would not be able to meet them.

Well, just like the song I recently released, I have been doing some "Introspection," and I definitely do not feel like that anymore.

I just arrived (prior to writing this) from the second year Shlichim conference in Newark, NJ, where I had a lot of space and time to observe this last year. I realized how different the mission of this job is now, that I know the community, its advantages and weaknesses. Coming here last year, I was not sure about how things were going to work, how I would fit in the non-profit world, in an American work environment for the first time. And it wasn't so easy; there were moments when I felt like this was not going to work out

**Noam Wolf**

**JFNH Shlichah**



for me. But slowly, I found myself feeling at home in this strange place, and I don't know how I can ever leave!

I didn't expect to find people I would feel were my family, but I have a few friends and families that I won't lose. I created this group of very connected young adults, who are meeting on a monthly basis, and who I can really call my friends. I really hope they are going to continue meeting even when I'm not here anymore. I started thinking about the process of finding a replacement for me -- which will start in just a few months, around January -- and I can't imagine finding someone who can love this place as I do (I know it's possible, but I just really love it here, so it will not be an easy thing to pass the torch). I started thinking of the guide book I will have to write to



*JFNH Shlichah Noam Wolf enjoyed her time with the other shlichim at this year's conference.*

this new person; I will have to tell about each one of the 17 communities I work with -- how each of them is different. Who are the people they can collaborate with, and who runs the Hebrew school, and who had me for Passover or Rosh Hasha-

nah where the food was just spectacular.

I also started thinking about what my legacy will be here. Perhaps I will get a phone call in four years from someone in New Hampshire that I changed some-

*Noam Wolf continued on page 4*

# Statewide Calendar of Events

## Monday, Oct. 1

### Shemini Atzeret (with Yizkor)

Check with your local synagogue for service times.

### Erev Simchat Torah

7 PM, Temple Israel, Manchester

Reservations are not required. Call 622-6171 for more information.

## Tuesday, Oct. 2

### Simchat Torah

Check with your local synagogue for service times.

## Wednesday, Oct. 3

### Basic Judaism Class with Rabbi Ira Korinow

7 PM, alternate Wednesdays (October dates TBA, please check the Temple website calendar)

This free, ongoing class covers the hows and whys of Jewish living. Open to all, including interested non-Jews and Jews who want to further their knowledge of Judaism and enhance their observance. To be added to the class notification list, please contact Rabbi Ira Korinow at RabbiK@TempleIsraelNH.org.

## Thursday, Oct. 4

### The Jewish Way in Death and Dying

7 PM, Etz Hayim Synagogue

Presented by Rabbi Peter Levy as part of the Hot Topics, Cool Contemporary Stuff continuing education series. For additional information, contact Dr. Stephen M. Soreff at soreffs15@aol.com or 895-6120.

## Friday, Oct. 5

### Musical Kabbalat Shabbat

6:15 PM, Temple Israel Portsmouth

Enjoy our monthly musical Friday night service, this month with guest musician Cantor Shira Nafshi. All are welcome.

## Sunday, Oct. 7

### Kibbitz & Cooking

10 AM, Private Home in Londonderry

Reservations are required. Contact Norri at 582-3838 for more information.

### Art Reception in the Shmoozatorium

12-2 PM, Temple Israel Portsmouth

The theme is "Ahavat Yisrael," embracing Jews of all ages, backgrounds, and denominations. The reception will feature several brief talks by temple members who are first-generation Americans or whose parents were immigrants. For more information, please contact the Temple office at 436-5301.

### JFNH Annual Meeting and Shem Tov Awards

4 PM, Temple Adath Yeshurun

Enjoy a delicious kosher dairy dinner, hear about JFNH activities across the state, and honor volunteers statewide receiving Shem Tov Awards. Bring canned goods to donate in support of our theme of *tikkun olam*. Child care is available for children ages 3+. RSVP required to info@jewishnh.org.

## Tuesday, Oct. 9

### Beginner's Hebrew Class

6-7:15 PM, Temple Israel Portsmouth

Beginner's Hebrew Class meets weekly in the Nancy Mae Shaines Library. Tuition \$18 per semester. Text \$15. For more information, please contact instructor Kathryn Mulhearn, isogloss@outlook.com.

## Wednesday, Oct. 10

### Basic Judaism Class with Rabbi Ira Korinow

7 PM, alternate Wednesdays (October dates TBA, please check the Temple website calendar)

This free, ongoing class covers the hows and whys

of Jewish living. Open to all, including interested non-Jews and Jews who want to further their knowledge of Judaism and enhance their observance. To be added to the class notification list, please contact Rabbi Ira Korinow at RabbiK@TempleIsraelNH.org.

## Thursday, Oct. 11

### Bear Mitzvah Project

6 PM, Etz Hayim Synagogue

Make a fleece bear (\$5/person), with proceeds going to benefit Jayme's Fund for Social Justice, a NH nonprofit supporting human rights for children. Bear making will be followed by milk and cookies, other refreshments, and a Shabbat service focused on social justice. Registration and prepayment required. Open to all, young and young at heart. For information, please contact Dina Michael Chaitowitz at d.chaitowitz@etzhayim.org.

### Hadassah Book Club

The Hadassah Book Club will discuss *Can't We Talk About Something More Pleasant?* by Roz Chast. The meeting will be held in a local restaurant. For information, contact Michele Bank at michele.bank@gmail.com or 488-5657.

## Sunday, Oct. 14

### Theodore Bikel: in the Shoes of Sholom Aleichem

2 PM, Temple Israel Portsmouth Social Hall

Please join us for a screening of the film *Theodore Bikel: in the Shoes of Sholom Aleichem*. Sholem Aleichem's remarkable life and work are showcased in Bikel's charismatic storytelling and musical performances. Free and open to all.

## Tuesday, Oct. 16

### Beginner's Hebrew Class

6-7:15 PM, Temple Israel Portsmouth

Beginner's Hebrew Class meets weekly in the Nancy Mae Shaines Library. Tuition \$18 per semester. Text \$15. For more information, please contact instructor Kathryn Mulhearn, isogloss@outlook.com.

## Wednesday, Oct. 17

### Basic Judaism Class with Rabbi Ira Korinow

7 PM, alternate Wednesdays (October dates TBA, please check the Temple website calendar)

This free, ongoing class covers the hows and whys of Jewish living. Open to all, including interested non-Jews and Jews who want to further their knowledge of Judaism and enhance their observance. To be added to the class notification list, please contact Rabbi Ira Korinow at RabbiK@TempleIsraelNH.org.

## Friday, Oct. 19

### Family Shabbat With Rabbi Szczepanski installation and New Member Welcome Dinner

6 PM, Temple Israel, Manchester

Reservations are required by October 12.

## Tuesday, Oct. 23

### Beginner's Hebrew Class

6-7:15 PM, Temple Israel Portsmouth

Beginner's Hebrew Class meets weekly in the Nancy Mae Shaines Library. Tuition \$18 per semester. Text \$15. For more information, please contact instructor Kathryn Mulhearn, isogloss@outlook.com.

## Wednesday, Oct. 24

### Basic Judaism Class with Rabbi Ira Korinow

7 PM, alternate Wednesdays (October dates TBA, please check the Temple website calendar)

This free, ongoing class covers the hows and whys

of Jewish living. Open to all, including interested non-Jews and Jews who want to further their knowledge of Judaism and enhance their observance. To be added to the class notification list, please contact Rabbi Ira Korinow at RabbiK@TempleIsraelNH.org.

## Saturday, Oct. 27

### Gathering Time, Presented by We Care of Temple B'nai Israel

7:45 PM, Inter-Lakes High School, Meredith

A concert to benefit Central New Hampshire VNA & Hospice. Gathering Time, a folk-rock/Americana harmony trio, has deep roots in '60s folk-rock, with a healthy dash of traditional folk in the mix. Doors open at 7 PM. Tickets are \$27.50, refreshments included. For more information and to purchase tickets, visit [www.tbinh.org](http://www.tbinh.org).

## Sunday, Oct. 28

### Greater Nashua CROP Hunger Walk

12 PM registration, 1:30 PM walk, Temple Beth Abraham

This interfaith walk raises money to fight hunger and poverty around the world, providing refugee and disaster relief through Church World Services and through four local agencies. To join the Temple Beth Abraham team, contact Anita Hazard at anitahaz@comcast.net. Or sign up online at <http://nashuacropwalk.blogspot.com>. For more information, contact Becky Green at [nashuacropwalk@gmail.com](mailto:nashuacropwalk@gmail.com).

### Documentary: It's Criminal

4 PM, Etz Hayim Synagogue

A showing of the award-winning documentary *It's Criminal*, about life-changing journeys of incarcerated women, followed by a discussion led by the film's director, Signe Taylor. Part of the Hot Topics, Cool Contemporary Stuff continuing education series. For additional information, contact Dr. Stephen M. Soreff at soreffs15@aol.com or 895-6120.

## Tuesday, Oct. 30

### Beginner's Hebrew Class

6-7:15 PM, Temple Israel Portsmouth

Beginner's Hebrew Class meets weekly in the Nancy Mae Shaines Library. Tuition \$18 per semester. Text \$15. For more information, please contact instructor Kathryn Mulhearn, isogloss@outlook.com.

### Summer Opportunities in Israel

7:30 PM, Etz Hayim Synagogue

JFNH Shlichah Noam Wolf will speak about "Summer Opportunities in Israel." Presented as part of the Hot Topics, Cool Contemporary Stuff continuing education series. For additional information, contact Dr. Stephen M. Soreff at soreffs15@aol.com or 895-6120.

## Noam Wolf continued from page 3

thing for, or I made them feel something they can't forget. I really hope I am leaving something behind that people will remember.

This year is starting a little differently for me, as last year in October my family was already here to visit me and we traveled together. Today, I am in New Hampshire without any future date, no promise I will see my family again soon. I have to tell you -- it's really hard, to have nothing to hold on to.

I want to mention that people probably think I am sick of being invited to dinners and lunches, but I am alone here, so

## Events For Our Youth

### Thursday, Oct. 11

#### Bear Mitzvah Project

6 PM, Etz Hayim Synagogue

Make a fleece bear (\$5/person), with proceeds going to benefit Jayme's Fund for Social Justice, a NH nonprofit supporting human rights for children. Bear making will be followed by milk and cookies, other refreshments, and a Shabbat service focused on social justice. Registration and prepayment required. Open to all, young and young at heart. For information, please contact Dina Michael Chaitowitz at [d.chaitowitz@etzhayim.org](mailto:d.chaitowitz@etzhayim.org).

### Friday, Oct. 12

#### A Very Special Yedidim Shabbat Featuring Educator Eliana Light

4:45 PM, Temple Beth Abraham

A joyous Shabbat experience awaits your whole family at TBA. Performer Eliana Light will lead us in song and prayer, with a story and craft thrown in for extra Shabbat fun. Dinner provided. Register at [www.tbanashua.org/yedidim.html](http://www.tbanashua.org/yedidim.html).

### Saturday, Oct. 13

#### Jr. Congregation

10 AM, Temple Israel, Manchester

Reservations are not required. Call 622-6171 for more information.

### Sunday, Oct. 21

#### Yedidim Family Sunday School

10 AM-12 PM, Temple Beth Abraham

An innovative monthly program for kids 2-3 years old and their caregivers. Students will learn about Jewish holidays, Hebrew language, and Jewish values through age-appropriate activities, games, and songs. Registration required at [yedidim@tbanashua.org](mailto:yedidim@tbanashua.org).

### Saturday, Oct. 27

#### Havdalah in a Box - Just Add Spirit

4 PM, location TBA after registration

Interested in an easy, low key way to celebrate the spirit of Shabbat? Havdalah in a Box contains everything you need to celebrate the departure of Shabbat, and your friends will do the rest. If you'd like to host a potluck havdalah in your home, Yedidim families will bring the dairy or pareve food and dessert, and we'll experience the gentle fellowship of saying goodbye to Shabbat. Register

See what's happening in the community at [www.jewishnh.org](http://www.jewishnh.org)

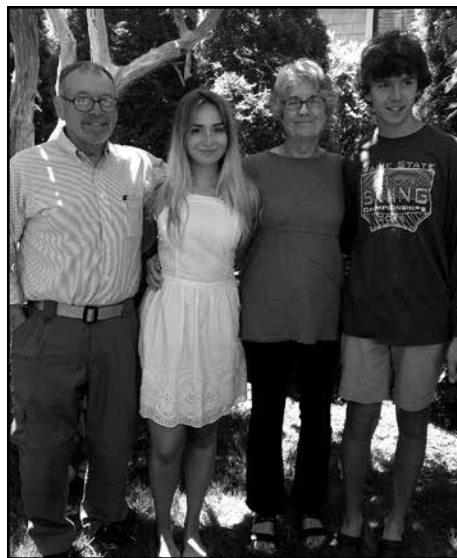
## Volunteer Spotlight: Evelyn and Mike Miller

Evelyn and Mike Miller have given much more than financial support to the Jewish Federation. They have given their hearts and their efforts, which are more valuable than any contribution. Let's learn more about our Volunteers of the Month.

Mike was an Army brat, living in multiple locations in the United States and Europe as his family was transferred. Evelyn's family involved a government worker and was also transferred around the United States. Cupid introduced them when they were both at Michigan State University, and they have been together ever since. Mike earned a PhD in physics and then went to medical school, earning an MD, and became a radiologist.

Evelyn was a special education teacher and used music, her true love, as a teaching tool. She still loves music and currently performs on violin in symphonic works. Evelyn and Mike have two children and four grandkids, which brings us to Evelyn's most recent occupation, running "Grandma Camp." The grandkids, who are scattered around the United States, spent some or all of the summer with Grandma and Grandpa over the years. The grandkids are now too old to come to Grandma Camp, which Evelyn really misses.

In 1978, the Millers moved to New Hampshire, joined a synagogue, and learned about the Federation, which at that time was only serving the Manchester area. Evelyn remembers that the first Federation event they attended was a Klezmer concert, and they loved it. They were active for a while, then faded away from Federation.



Mike and Evelyn Miller with their grandchildren Ella and Vance Boyd

Several years ago, on a vacation in Krakow, Poland, they found the local Jewish Federation and went to many events in just a week. They wondered, "Why is there a successful Federation in Poland and not in New Hampshire?" They decided to be more active, especially as the Federation was now a statewide organization. Evelyn said, "We are now more involved than at any time in the past. New Executive Director Melanie brought us into JFNH with her activism and her energy — creating the Israel at 70 Series, for example."

They met JFNH Shlichah Noam Wolf last year and instantly fell in love with her, "loving her spirit and energy in teaching music to all of the students in Hebrew schools across the state."

Mike said, "I am glad to see Federa-

tion doing more than just fund raising. Also, we are pleased to see the Federation bringing Jews together throughout our state." He went on to say, "The important part of Federation is to reach out and make us all interconnected into a strong community of Jewish life."

The Millers have been strong supporters of the Jewish Film Festival. They would love to put together an evening with a panel discussion that focuses on Jewish history in New Hampshire.

Evelyn and Mike strongly supported the mandolin concert held at Congregation

Ahavas Achim as part of the Israel at 70 program. The lead musician was from Krakow and was supported throughout his tour here, along with his students, by the Millers. Evelyn and Mike were excited by the turnout and support for this program. Mike said, "We are pleased that this effort has a positive effect on programs we are supporting here in New Hampshire, as well as in Israel and Poland."

We are proud of Evelyn and Mike and their commitment to JFNH. We thank them both for their time and efforts to expand the reach of Federation.

## Meet Karina, the New Office Assistant at JFNH

Karina McGinnis, the new office assistant at the Jewish Federation of New Hampshire, is a seasoned customer service professional who recently moved from Massachusetts to New Hampshire to be closer to fam-



Karina McGinnis

ily. She is a graduate of Leominster High School and took college classes in psychology. She is passionate about family, animals, nature, and helping people and is very excited and pleased to become a part of the Jewish Federation of New Hampshire's family.

Karina will be in the office Monday–Thursday, 8:30 AM to 4 PM.

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## Meet the ElGeneidy Family: Your PJ Library – New Hampshire Family of the Month

### JFNH Signature Program

#### Tell us a little bit about your family

On July 20, 2014, we (Adam and Asher) were officially inducted into Jewish traditions and culture by flying high in the chair at our wedding during the horah. Adam also did a great job stomping on the glass! Our family is a small glimmer of hope that one day there can be peace in the Middle East. Adam is half Catholic (Mom is Irish) and half Muslim (Dad is Egyptian). He followed some of the Catholic traditions as child in Canada, attending CCD. As an adult, he didn't follow any religion except celebrating Christmas and Easter with his son Asher. Then Beth came into the picture, a proud Jewish girl who followed the culture and traditions of Judaism but didn't go to synagogue. Together, Adam and Beth had Flynn. He is being raised Jewish but will know about all his roots and celebrate his heritage. People often note that Flynn is beautiful. He is beautiful not only on the out-



The ElGeneidy Family

side but beautiful because he represents freedom and what it means to be American. We are leaving it up to Flynn to learn the Jewish traditions so he can teach us. We belong to Temple Beth Jacob in Concord. We attend events that are geared for kids. We worked out an intricate drop-off/pick-up schedule with the help of grandparents on both sides so Flynn can attend the JFNH Preschool a few days a week. It takes a village!



#### How long have you been a PJ Library family, and how did you learn about the program?

When Flynn was a baby, Beth got a chain letter in the mail. You were supposed to mail a book to the child whose name is at the top, add your child's name, and mail the chain letter out. Beth's sister-in-law, who lives in Manhattan, got a copy of the letter and then told her about PJ Library because she thought it was a better way to get books for kids.

#### Tell us about your experiences with PJ Library and how this program (books and events) has impacted your family

When the book arrives, it's a fun night! We get to open it, and that becomes the book we read that night. Like most toddlers, Flynn wants to read the same book over and over again. He starts to memo-

rize it, and therefore we cannot skip pages. It's good for the whole family to be a part of the reading, because we are learning about the holidays and Jewish traditions right along with Flynn.

#### As PJ parents, what do you value most about your involvement with PJ Library? Why?

Flynn loves books, and he loves being read to. We are glad that we can spend the time reading together and learning about the upcoming holidays and celebrations. He is also learning about it in school. Reading the book reinforces what he's learning and allows us to have conversations with him about the holidays. Asher is too old for PJ Library. He wanted to get books too, like his brother. We started getting PJ Our Way books for Asher.

#### What are your children's favorite PJ books?

My proudest moment was when we read Rise & Shine A Challah-Day Tale. As soon as Flynn saw the cover, he shouted

*PJ Library continued on page 7*

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Funded by the Jewish Federation of New Hampshire, it's a gift that will nourish a Jewish life from the start.



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Jewish Federation  
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## Camp Stories: Jonah and Lily Kleinbaum

### JFNH Signature Program

Thanks so much for the Campership Grant! I really appreciate it. I had a lot of fun this summer at Camp Ramah in the Poconos during the four weeks I was there. I had a lot of fun because I had awesome counselors who planned a lot of fun things to do. Like we had yom duck and cover, where we played walkie-talkie tag and we made explosions. Plus, we ate pudding and Oreos but our counselors called it dirt. Then we went into the camp freezer, the lights flashed on and off, and then we got out and we got to eat ice cream from Jericho's, an ice cream store near camp. Another thing that I enjoyed about Camp Ramah was that I worked really hard to get schmutz (trash) busters, and on the last week of camp I got it. I thank Rabbi Joe, the director of the

camp, for creating an amazing camp experience for me and my brother and sister, and Michelle Sugarman too.

Sincerely,  
Jonah Kleinbaum

Thank you so much for the grant for camp.

I went to Camp Ramah in the Poconos for eight weeks and had the time of my life!

I have grown so much at camp, and not just as a person, but as a friend. I am more responsible, courageous, and most of all, I expanded my Jewish life. At home, I don't really keep Shabbat or speak or read Hebrew, but at camp for the first time in my life I spoke a little Hebrew, kept Shabbat, and believe it or not, I even read Torah! All of these things were meaningful to me, and I'm glad I had a chance to do all this stuff with my friends there supporting me. But most importantly, I had fun -- lots and lots of fun.

One of my favorite things to do at camp was bunk activities that we call *petsas*. It is time to get together with your bunk and counselors and have fun and laugh. Some of the activities we did for *petsas* were soapy paint fights and spa time. For *Yom Petsa*, we did by far the most fun *petsas*. We did soooooo so many fun things, starting with something called "camp in a jar," where you go around camp collecting things near places in camp that were special to you. After we had all of our rocks collected, we collected some lake water, because we all agreed that the lake was really fun. Another fun thing we did on Yom Petsa was to decorate cookies and eat them while watching TV. Another thing I liked about camp was dancing. My favorite dance is *Bachalely*, which is kind of like *wip neh neh*.

I wish I could tell you 100 more things I liked about camp, but I am only going

to tell you about one more thing I liked about camp: all the responsibility we have. Most of the time, you're walking around alone or with a friend. It was really cool that they had us do that kind of stuff alone or with a friend, and that has definitely made me more responsible.

Camp is different than home, even if your family is there with you. You're out in the wilderness, the food is different, but most importantly, everyone around you is Jewish.

I wish everyone got to experience something as great as Camp Ramah.

Thanks again for the grant.  
Lily Kleinbaum

*Jonah and Lily Kleinbaum are the children of Rachel Barenbaum and Adam Kleinbaum. They live in Hanover and received JFNH Campership Grants for first-time campers in Jewish summer camp.*

## What Is Your Legacy?

By Norm Kushner

Legacy, is a word that many of us do not give much thought to until a time at which our own mortality becomes real. At such a time, the decisions made are sometimes made quickly and without thorough thought or just slip through the cracks.

A Jewish legacy is one that an individual or family can create that will sustain, in perpetuity, their long-term wishes and vision. The Foundation of the Jewish Federation of New Hampshire is a vehicle that may be used to achieve a Jewish legacy. And, it is not as difficult or challenging as one might think.

Our family has created legacy gifts to JFNH and by doing so has assured that our vision and wishes for the future of New Hampshire's Jewish continuity will continue on long after we are gone. Our Kushner-Tumen Fund is dedicated to

providing assistance for New Hampshire youth to gain a Jewish identity. Our PACE gift is dedicated to providing a stream of perpetual revenue to the JFNH Annual Campaign.

For three generations, the Kushner and Tumen families have endeavored to leave our community better than when we entered it. Over 30 years ago, Andy and I settled in Manchester because we felt New Hampshire would be a fine place to raise two young boys. We guessed correctly. We were immediately taken under the wings of Jewish community members, and our lives grew extensively from there. We owe much to this community and have taken that debt to heart. My parents were Federation people in Pittsburgh, PA, and in Florida after their retirement. Now our children and their families have become actively involved in their communities in



Norm Kushner and family

Rhode Island and New York City. Of this, Andy and I are very proud.

You, too, can create a legacy just as we did. A named fund with a specific purpose or beneficiary can be estab-

lished within the JFNH Foundation for as little as \$5,000, and this amount can be funded over a period of three years. A PACE gift can be created in the same manner, by provisions in your will or dedication of a life insurance policy naming JFNH as beneficiary. There may be certain tax incentives that you should discuss with your accountant or tax advisor.

Undertaking the creation of a legacy gift to JFNH Foundation is the mitzvah that will keep on giving. For more information about legacy giving, please contact me (Norm Kushner at nkushner@swisswatchconsultants.com) or JFNH Executive Director Melanie Zalman McDonald at (603) 627-7679 or at director@jewishnh.org. I can assure you that the sense of immediate gratification you will enjoy will last a lifetime, and many more to come.

### PJ Library continued from page 6

"Challah! Shabbat!" I did not teach him that, but I was so proud that he knew what it was. 100% of the credit goes to the JFNH preschool, because they have challah every Friday. At that moment, I knew we were doing the right thing for Flynn.

#### What has been your child's favorite PJ Library program and why?

Flynn loves animals, so he liked going to Beech Hill Farm in Hopkinton, where we celebrated Shavuot. He also liked watching *Curious George* at the Jewish Film

Festival, and seeing the dogs at the animal shelter during the Martin Luther King Jr. Day of Service.

#### What do you wish most people knew about PJ Library – New Hampshire?

PJ Library families enjoy getting together for fun and letting their kids meet other Jewish kids. It's great for us, because you get to be a part of something Jewish and you don't have to know Hebrew and you don't have to go to synagogue, you just have to raise your child Jewish and be proud! It's a nice sense of belonging for parents and kids.

#### Tell us about your favorite Jewish family tradition or a special memory you have.

I'm glad Flynn doesn't remember it, but his bris was beautiful. His first name is for my dad, Fred Stern, and his middle name, Ethan Michael, is for my grandmothers Estelle Krantz and Marion Stern. Having family and friends in synagogue to celebrate Flynn and also remember my dad and my grandmothers was precious. Every bar mitzvah we go to we use as a countdown to when Flynn is going to be 13. "So, Adam, in 10 years that is going to be us!" How times flies!

Keeping you connected



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## Sleeping Under the Stars in the ‘Beautiful Emptiness’ of Israel’s Negev

 JFNH Signature Program

By Ari Garnick

My summer adventure deep in the Negev desert began with a barbeque dinner and a concert. Our tour guide, Yoni, took my group to a large flat rock and instructed us to lie down. He took out a musical instrument I had never seen before and began playing it as we looked at the amazing desert stars. Once we returned to the campsite, we got into our sleeping bags, but I was fully awake and wanted to make the most of my time in the desert. Until 3:00 in the morning, I talked to my friends and gazed at the night sky.

Only a couple of hours later, we were woken up for our morning hike. A Russian-Israeli hiking guide acted as our Sherpa up an extremely steep mountain (though the mountain was small by New Hampshire standards, its steepness made it a difficult climb). We took in the incredible view of the Negev and made sure to get pictures. It was impossible to look out at the landscape without thinking of the 40 years our ancestors spent



(left to right) Ari Garnick, 16, of Amherst, NH, shares a moment with Camp Tevya friends Ethan Goodman (Maine) and Zach Sherman (Connecticut) at Rosh Hanikra near the Israel-Lebanon border.

wandering through the Sinai wilderness. Its beautiful emptiness isn't replicated in other parts of the country.

During a second hike that afternoon, my friends and I thought it would be fun to challenge ourselves by walking on rougher terrain next to the trail. We also sought out huge rocks to climb and avoided spiky plant life. That night, we



Ari's group hiking experiences the Negev at dawn.

cooked kosher marshmallows over an unbearably hot pallet fire and slept under the stars once again.

Although exploring the Negev was my favorite experience in Israel, it was hardly the only meaningful one. Our Dor L'Dor program included:

- Walking through stone tunnels in the City of David
- Volunteering at a preschool in Tel Aviv
- Getting lost in the Old City of Tzfat
- Snorkeling and searching for fish in the waters of Eilat
- Wrapping tefillin at the Kotel, one of the most important places of all time to me

Israel means a lot to me because it's one of few places where Judaism is a driving force behind everything. The spirituality and history present in every part of Israel make any journey there an incredibly valuable one. I would like to thank the Jewish Federation of New Hampshire for granting me a scholarship to help send me on this program -- and I hope that every student who wants to experience Israel for him/herself is able to do so. I highly recommend a visit, as Israel can create impressions that will last for the rest of your life.

*Souhegan High School junior Ari Garnick, of Amherst, spent his summer with*



Part of the Dor L'Dor Negev experience included a visit to a camel ranch. Ari (left) channels his best Moses, who actually never made it to the Promised Land.

*Dor L'Dor, a five-week Israel immersion and leadership program for the oldest campers of all three Cohen Camps: Tevya (Brookline), Tel Noar (Hampstead), and Pembroke (Pembroke, Mass.) Ari received a 2018 scholarship from the Irving and Bernice Singer Israel Experience Endowment and the Jewish Federation of New Hampshire.*

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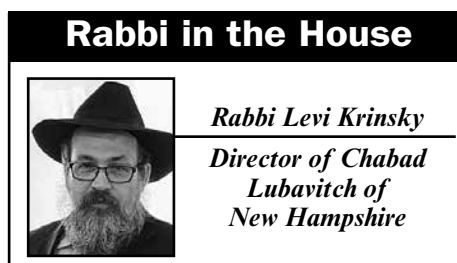
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## Broken? Perhaps. Beyond Repair? Absolutely Not!

One thing it seems we're hearing a lot of these days is how broken things are. Everything is broken! The government is broken, Congress is broken, the immigration system -- broken, family life -- broken! Broken, broken, broken. What's the problem? The problem is that the word "broken" implies that something is fundamentally dysfunctional and unworkable; that there's little point in even trying to fix it. It's broken -- damaged beyond any possible repair. Yes, there are some very real problems out there. There is lots of dysfunctionality. But "hopelessly broken"? "Beyond all repair"? I don't think so.

How we frame things, and the words we use to describe situations, matter. Using over-the-top words like "broken" directly affects the way we perceive the world and makes us feel even more negative. People are hardwired to pay more attention to negative descriptions than positive ones.

As Jews, we don't subscribe to the notion that things are hopelessly broken. Our Torah teaches us to never give up on a situation, and definitely never on another human being. It summons us to engage, to delve into the problem, and to do anything and everything we can to make things better.



"You are not expected to complete the task," says the Talmud, "but neither are you free to walk away from it!" As Reb Nachman of Breslov put it, "If you believe that it's possible to mess things up, then believe that it's possible to fix them!" As bad as things may seem, we can fix them and improve them. Judaism is the antithesis of fatalism. Repairing the world and elevating it is what we're all about!

In Chassidic/mystical terms, everything comes from the Infinite Light of G-d. That light doesn't come in a straight line; it comes in waves -- *Ratzah V'shuv* -- ebb and flow; projection and retraction. That's the way life-forces are transmitted. This is true of the physical as well as the spiritual. The heart pumps in and out. You look at a heart monitor in a hospital, and what do you see? Up and down, up and down -- constant waves. What

happens if you see a straight line on that heart monitor? A flat line means you're dead! Life, by definition, means ups and downs, highs and lows. The reality of the world in which we live is that nothing stays the same. The only question is, how will you deal with your ebbs and flows? How will you frame your story?

There are two kinds of people in this world: Those who wake up in the morning and sprightly declare, "Good morning, G-d!" and then there are those who wake up in the morning and say, "Good G-d -- it's morning!"

As Jews, we are enjoined to wake up in the morning and recite the "*Modeh Ani*" -- essentially saying "Good morning, G-d!" -- expressing our thankfulness to the Almighty for restoring our souls and giving us another precious day on this earth. "Today, I can go to work and contribute to the world in some way, I can share my heart with another human being, I can embrace someone who's hurting, I can pray and connect to G-d, I can be a conduit for love, for goodness, for

hope!" Every moment you can turn your corner of the world into a brighter place makes for one awesome narrative.

My friends, there's no perfection in this world at present. There's no perfect child, no perfect parent, no perfect sibling or spouse, no perfect community and no perfect job.

As the poet and folk-singer Leonard Cohen put it, "Forget your perfect offering, There's a crack in everything -- that's how the light gets in."

There's a crack in everything. Yes, Judaism sets the bar high and encourages us to aspire to greatness; to strive to emulate the character traits of G-d. It does not, however, expect us to become perfect like Him. Judaism creates a spiritual culture that inspires, uplifts, and motivates us to become better and better -- but *perfection*? Not until our world comes to its absolute completion, with the ultimate redemption, please G-d, this year.

Rabbi Levi Krinsky can be reached at [Rabbi@ChabadofNH.com](mailto:Rabbi@ChabadofNH.com)



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## “Be Hot, Be Cool, Be Current”: Etz Hayim Synagogue’s Educational Series Begins in October

Derry — Etz Hayim Synagogue’s successful Hot Topics, Cool Contemporary Stuff continuing education series resumes in October 2018 with presentations on topics designed to provide fun and interesting learning opportunities, foster cross-cultural understanding, and provide access to information that will help to create an enlightened citizenry. The programs are open to the public at no cost (although donations are gratefully accepted), and we hope to see some of you there!

Below is a list of the offerings. A more complete discussion of each lecture may be found at [www.etzhayim.org](http://www.etzhayim.org).

- October 4 at 7 PM: Etz Hayim Synagogue’s Rabbi Peter Levy on “The Jewish Way in Death and Dying.”
- October 28 at 4 PM: A showing of the award-winning documentary *It’s Criminal*, about life-changing journeys of incarcerated women, followed by a discussion led by the film’s director, Signe Taylor.


- October 30 at 7:30 PM: JFNH Shlichah Noam Wolf on “Summer Opportunities in Israel.”
- November 1 at 7 PM: A New Hampshire police officer and a retired FBI agent will speak on “Jews and Law Enforcement.”
- December 6 at 7 PM: A former member of the IDF and current Etz Hayim religious school teacher will speak on “Life in the Israeli Army.”
- January 15 at 7:30 PM: Several highly-accomplished and successful female doctors from various practices will speak on “Why Women Should be Doctors and Your Doctors Should be Women.”
- February 7 at 7 PM: “Different Roots, Common Dreams: New Hampshire’s Cultural Diversity.” Becky Field, author/photographer, will show photographs from her award-winning *Different Roots, Common Dreams* book, which documents the lives of New Hampshire’s immigrants and refugees

at weddings, funerals, workplaces, sacred ceremonies, and joyful celebrations.

- March 7 at 7 PM: “Law Enforcement and Your Smart Phone.” New Hampshire Assistant U.S. Attorney Seth Aframe will speak on the many uses that law enforcement makes of “smart devices” in investigations, including GPS tracking, cell site tower information, texts, What’s App messages, and so forth, and the constitutional and philosophical issues that arise as a result.
- April 4 at 7 PM: “Bridges: Building Respect in Diverse Groups to Enhance Sensitivity.” James B. Farmer, Esq., retired Chief of the National Security Unit of the United States Attorney’s Office in Boston, will talk about BRIDGES, a group formed in the wake of the 9/11 attacks to facilitate communication between government

officials in Massachusetts and Arab, Muslim, and Sikh community leaders who were concerned about their communities’ civil rights, and the group’s challenges and successes.

- May 2 at 7 PM: “I asked for Wonder,” an evening of poetry. Midge Goldberg, Alfred Nicol, and Robert Crawford, all recipients of the Richard Wilbur Poetry Award, will explore the role of wonder in their poetry. An open mic follows.
- June 6 at 7 PM: “Visiting a Jewish Cemetery.” Rabbi Joshua L. Segal, author of *A Field Guide to Visiting a Jewish Cemetery: A Spiritual Journey to the Past, Present, and Future*, will speak on the art, history, and culture present in Jewish cemeteries. For additional information, please contact Dr. Stephen M. Soreff at [soreffs15@aol.com](mailto:soreffs15@aol.com) or 895-6120.



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## Yedidim: Bringing Jewish Families Together

By Jessie Mocle

Nashua — *Yedidim* means “friends” in Hebrew, and if you’re looking for new friends to help you through the joyful mess of raising Jewish children in New Hampshire, then this is the group for you! Together, we have formed a young family group for families of all types: Jewish, interfaith, not originally born Jewish -- all are welcome at Yedidim. If you have children between the ages of newly minted and eight years old, please join us! Given the exciting programming we have planned for the coming year, there will be plenty of opportunities to volunteer or host an event! Please visit [www.tbanashua.org/yedidim.html](http://www.tbanashua.org/yedidim.html) for more information or to register for programs. You can also reach Jessie Mocle, Yedidim Director, with any questions or comments at [yedidim@tbanashua.org](mailto:yedidim@tbanashua.org).

### Yedidim Family Sunday School

Join us for your child’s first Hebrew

School experience at the Yedidim Family Sunday School. Aimed at kids 2-3 years old and their caregivers, this innovative monthly program is caregiver facilitated with planning support and guidance from subject matter experts and certified teachers. We will create a fun and engaging environment where students will learn about Jewish holidays, Hebrew language, and Jewish values through age-appropriate activities, games, and songs. Yedidim Family Sunday School takes place monthly on Sunday mornings from 10 AM to 12 PM. The second class is on October 21: Register now before spots fill up!

### “Build a Shabbat” Workshop

Your kids will love this creative monthly approach to celebrating Shabbat! Each month, join us for a Shabbat-related project, kid-approved dinner, and short, joyful, song-filled, kid-friendly Friday night service. Your kids will receive their own



Build a Shabbat Workshop apron to use for the duration of the workshop series, as well as a commemorative pin upon completion of each project. If your child attends all six workshops, they will earn a certificate of achievement and a special gift! Build memories with your child, and enjoy using the special crafts they create at your own Shabbat table at home afterward! The first workshop is on October 9 – register early!

### Havdalah in a Box – Just Add Spirit

Interested in an easy, low key way to celebrate the spirit of Shabbat? Havdalah in a Box contains everything you need to celebrate the departure of Shabbat, and your friends will do the rest. If you’d like to host a potluck Havdalah in your home, Yedidim families will bring the dairy or pareve food and dessert, and monthly we’ll experience the gentle fellowship of saying goodbye to Shabbat. The second Havdalah is on October 27 -- register to attend or host!

### MNO – Moms’ Night Out!

Do you feel guilty that your toddler is watching yet another Daniel Tiger episode while you change your infant’s 17th diaper of the morning? Come out and commiserate with other moms! Events to include paint your own pottery, group retail therapy at the Merrimack outlets, and watching a real movie at the real theatre with no kid hands in your popcorn. Please visit [www.tbanashua.org/yedidim.html](http://www.tbanashua.org/yedidim.html) for more information!

### DNO – Dads’ Night Out!

Get out of the house and have fun, Dads! Take a hike with other fathers, without having to carry the child with the boo-boo foot two miles in the staggering heat. Get your lucky Pats jersey ready, and chill with dad dudes at Boston Billiard Club. Have a game night with friends who also appreciate not having to fish Legos out of the baby’s mouth every time your back is turned. Please visit [www.tbanashua.org/yedidim.html](http://www.tbanashua.org/yedidim.html) for more information!

## In the Community

### Hadassah Plans Fall Gatherings

Manchester -- The Hadassah Book Club will meet on Thursday, October 11, to discuss *Can't We Talk About Something More Pleasant?* by Roz Chast. The meeting will be held in a local restaurant.

At the November chapter meeting on Thursday, November 15, at 1 PM, the guest speaker will be Officer Nathan Linstad, a Manchester Police Crime Prevention Officer and member of the SWAT Team. He will speak on living safely in our homes, neighborhoods, and cars, with special tips for those living alone. The meeting will take place at JFNH offices, 1400 Front Street, Manchester.

### Hadassah News

Jennifer Kmiecinski, was a physician’s assistant in the United States and is now a medical attaché to the Consulate General of the United States in Israel. She visited Hadassah Hospital Ein Kerem recently, to assess the level of health care available to American personnel serving in Israel. “I knew Israel had a high level of health care, but it is reassuring to see for myself how capable everyone is,” Mrs. Kmiecinski said. “I am very impressed by Hadassah.”

Prof. Yoram Weiss, Director of Hadassah Hospital Ein Kerem, accompanied Mrs. Kmiecinski during the visit. He explained the American origins of the Hadassah Medical Organization and gave an overview of hospital activities. He

stated, “Everywhere you go on this campus, you will see Israeli and American flags displayed side by side. Hadassah is an American hospital in Israel.”

Included in the tour was a visit to the Swartz Center for Emergency Medicine Shock Trauma Center, where Dr. Miklosh Bala, head of the Trauma Unit, demonstrated Hadassah’s readiness for any mass-casualty emergency. “Unfortunately, because of all the experience we have had, our staff at Hadassah is well-trained for mass traumas,” he explained. Prof. Weiss added that during the intifada, Hadassah effectively treated 70 patients at once.

Mrs. Kmiecinski was especially interested in visiting the Marlene Greenebaum Multidisciplinary Diagnostic Breast Center and seeing Hadassah’s state-of-the-art mammography equipment. “Hadassah was the first medical center in Israel to get a three-dimensional mammography machine in 2011,” related Dr. Tamar Sella, head of the Breast Cancer Unit of Hadassah’s Department of Medical Imaging.

To donate to Hadassah, contact [donservices@Hadassah.org](mailto:donservices@Hadassah.org). Please include the Manchester chapter’s number: 43-430. For more information about the chapter meetings, book club, or about Hadassah, please contact Michele Bank at [michele.bank@gmail.com](mailto:michele.bank@gmail.com) or 488-5657.

### NH4Israel Celebrates 13 Years of Israel Advocacy

Manchester — NH4Israel held its 13th birthday party at Massabesic Lake. President Jon LeBrun (who brought his home-grown pickled beets) and Brenda Johnston decorated the park with banners and Israeli flags. Everyone contributed lots of delicious food and together, old and new members of NH4Israel shared their passion for the land of Israel.

Professor Sergei Kan toasted the group for staying together, staying committed, and having fun while accomplishing so much over the previous 13 years. Secretary Linda McGrath proposed a toast to President Trump for moving the U.S. Embassy to Jerusalem, and everyone broke into cheers. Then past President Karen Weinstein toasted cutting the financing of UNRWA, because they fund Gazan summer camps for kids that teach hate and violence.

Brenda Johnston told Linda McGrath and Linda Gerson, the co-chairs of NH4Israel’s 5K Run for Healing, about her friend, a doctor in Israel who is having a lot of success researching a cure for pancreatic cancer. The decision was made right then to have the 3rd Annual Run for Healing focus on finding a cure for pancreatic cancer.

Some folks having lunch in the park



were drawn over to join the party when they saw the Israeli flags. Kim, Brian, and Sebastian belong to the Baptist Church and have a love of Israel based on the Bible and the fact that their religion is grafted onto that of the Jewish people. Sebastian, a Romanian, talked about his roots in a Communist country and having to flee when his father was jailed by the government.

Brian Grodman said, “It’s great to have a day where we celebrate our accomplishments, renew our friendships, and energize for the coming year,” and Ken Kowalchek (who brought his famous whipped cream) added, “and we all had a real good time!”

## Plans Under Way for 11th NH Jewish Film Festival April 4-14, 2019

### JFNH Signature Program

Manchester — Mark your calendars and save the date for the 11th Annual Statewide NH Jewish Film Festival, which will be on screens in theaters across New Hampshire from April 4 to April 14, 2019.



Plans for the 11th season of the NH Jewish Film Festival are well under way. The first Festival kickoff meeting with new and returning volunteers took place in June. Volunteers brainstormed new ideas for programs, marketing initiatives, venues, sponsorship, and more for 2019, and the screening committee began its work in mid-July to view and select the films you'll see next spring. The Festival is a work in progress to bring you award-winning NH premiere films, including comedies, dramas, feature films, and engaging documentaries, along with special guests and creative programs.

The NH Jewish Film Festival is a signature program of the Jewish Federation of NH, a statewide event taking place in Manchester, Merrimack, Portsmouth, Concord, and Keene, with 11 films screened over the course of the event. Films are

open to the Jewish community and the general public. JFNH's Festival brings to New Hampshire top-flight Jewish films from the United States, Israel, and many other countries around the world.

Each season, the Festival enhances the film-going experience by having special guest speakers, a Gala Event, a signature Closing Event, and Saturday Night Social events. The Festival will be partnering again with PJ Library to offer a film event for families with young children.

The 2018 Festival brought over 1,000 attendees to 20 screenings across the state. The NH Jewish Film Festival is a highly anticipated cultural program. Publicity in statewide media -- newspapers, magazines, radio interviews, radio advertisements, and social media -- provide reach beyond our Jewish community, bringing in the general public and at-

tracting film goers from neighboring states. Its mission is to enhance Jewish life in New Hampshire by showing films that inform, expand our understanding, and connect us to worldwide Judaism.

The Festival films provide a unique window into Jewish themes and values, explore Jewish identity, and present the richness of Jewish culture relative to a diverse modern world. "It is our hope that our audience will discuss our films after leaving the theatre, and together as a community, we will have a greater understanding of today's world," said Pat Kalik, chairperson for this year's Festival.

Thank you for your ongoing support and attendance at the NH Jewish Film Festival, JFNH's largest statewide cultural event, and we want to give special thanks to our sponsors of prior years.

See you at the movies!

## Temple B'nai Israel's "We Care" Initiative Presents Folk Rock Trio Gathering Time on October 27

Laconia -- "We Care" of Temple B'nai Israel concludes its fifth year, and 10th concert, on October 27 at the Inter-Lakes High School in Meredith, when it brings back to the area one of the country's best folk-rock groups and a "We Care" favorite, Gathering Time. The seamless vocal blend, inspired guitar playing, and precise percussion of Gathering Time have deep roots in 1960s folk-rock, with a healthy dash of traditional folk in the mix. Their stage chemistry makes it clear that they take the music (if not themselves) very seriously, yet their infectious energy wins over even fans who never considered themselves folkies. By purchasing a ticket for \$27.50, you will enjoy great music, food, and drink while supporting Central New Hampshire VNA & Hospice. Complimentary snacks and desserts can be enjoyed at 7 PM, and the concert begins at 7:45 PM. Purchase tickets online at [www.tbinh.org](http://www.tbinh.org). Arrive early for the best seats and great refreshments.

The net proceeds from the Gathering Time concert will benefit Central New Hampshire Visiting Nurse Association (VNA) & Hospice. Their team is dedicated to "promoting dignity, independence, and well-being through the delivery of quality home health, hospice, and community-based care services," and includes



professional nurses, physical therapists, occupational therapists, social workers, and LNAs. They provide chronic care, treat injuries and wounds, offer post-surgical care, and more. The multidisciplinary hospice program offers palliative care (pain relief and comfort) for those in end-of-life stages, support for families, and bereavement services for up to 13 months after the death of a loved one. Central New Hampshire VNA & Hospice is the only organization in the lakes region that offers home health care and social work for children and families. Central New Hampshire VNA & Hospice is a not-for-profit, Medicare-certified provider of home care and hospice services, licensed by the State of New Hampshire. The agency is governed by a volunteer Board of Trustees and supported by private and corporate donations.

Temple B'nai Israel's "We Care" initiative was born out of the efforts of the TBI fundraising team that came into existence in 2012 and in October of that year held its first entertainment event. TBI We Care was born in 2014. The We Care team sought out small local nonprofits that would benefit from a team of experienced fundraisers to supplement their fundraising efforts. The model was to hold two entertainment events each



Folk-rock trio Gathering Time returns October 27 for this fall's "We Care" concert.

year and to give the net proceeds of these events to the chosen nonprofit partners. Not only would the partner receive funds; they would get a significant amount of public awareness of their cause through the print and radio efforts employed to market the events. It was a significant win for these organizations.


Since its inception, TBI We Care has raised more than \$60,000 for the following organizations:

- Lakes Region Community Services
- Central NH VNA and Hospice

- Genesis Behavioral Health
- Voices Against Violence
- New Beginnings
- Camp Resilience
- Belknap House

All the efforts of the TBI "We Care" team are only possible by the tremendous support from the more than 100 Lakes Region businesses who support We Care efforts through the temple sponsor book. Special thanks to 2018 event sponsors Meredith Village Savings, Miracle Farms Landscaping Services, and Golden View Health Care.

The We Care team will soon begin planning for 2019 and put *tzedakah* (a moral obligation for charitable giving) into practice for its sixth year.



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## TBA Hosts CROP Walk to Fight Hunger

Nashua — The Greater Nashua CROP Hunger Walk is in its 34th year! Temple Beth Abraham has been hosting and coordinating this interfaith walk since 2011. This year, the walk takes place on Sunday, October 28, beginning and ending at Temple Beth Abraham, 4 Raymond Street in Nashua. Registration is from 12 to 1 PM, with opening ceremonies at 1 PM and stepping out at 1:30 PM. This year the walk features a new, interesting 3.3-mile shorter route for all.

The Greater Nashua Area CROP Hunger Walk has raised over one million dollars in its previous 33 years. The money raised fights hunger and poverty around the world and provides refugee and disaster relief through Church World Service, as well as locally through four agencies: Nashua Soup Kitchen and Shelter, Salvation Army, St. John Neuman Food Pantry, and Corpus Christi Food Pantry. The Nashua Area Interfaith Council sponsors the event.

More information is available at <http://nashuacropwalk.blogspot.com> and on Facebook. Just look for Nashua Cropwalk.



If you'd like to join the Temple Beth Abraham team, contact Anita Hazard at [anitahaz@comcast.net](mailto:anitahaz@comcast.net). Or you can sign up online: Just go to the blogspot site above and click on the CROP stop sign to enter our page on the CWS website, then select or start a team! If you can't walk, be sure to sponsor a walker or make a team donation. We look forward to seeing you! We can also always use volunteer help at the event if your feet aren't made for walking!

If you have any questions, please contact Becky Green at [nashuacropwalk@gmail.com](mailto:nashuacropwalk@gmail.com). We look forward to seeing you!

## Do a Bear Mitzvah: Make a Teddy Bear for a Child in Need

Derry — Etz Hayim Synagogue (EHS) invites you to a hands-on mitzvah project and the opportunity to do a "Bear Mitzvah." On Friday evening, October 12, EHS will join forces with Jayme's Fund for Social Justice (JFSJ), a New Hampshire nonprofit organization that supports the human rights of children, to offer this wonderful "Bear Mitzvah" event. JFSJ's Bear Project was inspired by a mitzvah project undertaken by Jayme Anne Lipkin-Moore, who made 40 fleece teddy bears for hospitalized children at the Jimmy Fund Clinic in Boston, Massachusetts. After Jayme's death at age 17, her mother established JFSJ to continue and advance Jayme's vision to help children in need.

On October 12, we will carry on Jayme's mitzvah project by making hand-sewn bears for children living through

difficult circumstances. We will do this under the guidance of JFSF volunteers, who will donate the bears to children in need. The program costs \$5 per person (additional donations to JFSJ are more than welcomed).

Bear making begins at 6 PM on Friday, October 12, followed by milk and bear cookies and more grown-up treats to share. The mitzvah project is open to everyone -- young and young at heart. A Shabbat service focused on social justice will follow.

Registration and advance payment are required for the Bear Mitzvah project. To register for the Bear Mitzvah project, please contact Dina Michael Chaitowitz at [d.chaitowitz@etzhayim.org](mailto:d.chaitowitz@etzhayim.org). For more information, please visit [www.jaymesfund.org](http://www.jaymesfund.org) and [www.etzhayim.org](http://www.etzhayim.org).

Help the Jewish Federation of New Hampshire sustain a proud and vibrant Jewish NH. Make your gift to the Annual Campaign at [www.jewishnh.org/ways-to-give](http://www.jewishnh.org/ways-to-give)



## OBITUARIES

### Frieda Gilbert Cohen



Concord — On September 1, 2018, Frieda Gilbert Cohen escaped the ravages of dementia and passed on to a better place.

Born on August 10, 1925, in Lawrence, MA, Frieda was the middle of three sisters. Her older sister Ann and younger sister Shirley both predeceased her.

Frieda grew up in a three-decker tenement surrounded by other immigrant Jewish families. Her father was a tailor and her mother had more than enough responsibilities running the household, raising three girls, and trying to make ends meet.

At an early age, Frieda showed a clear desire to make a career for herself. This ambition led her to apply to the NH State Hospital School of Nursing in Concord. She graduated as an RN and was immediately put in charge of a ward.

It was while in Concord that Frieda met her future husband, Paul Cohen. Their courtship was love at first sight complicated by a mutual stubbornness. Love persevered, and they married in 1947.

Frieda left her nursing career to work alongside her husband in his family business, Max Cohen + Sons, a local junkyard. Success did not come easy. Their business suffered through the death of Max, Frieda's father in law, the premature death of Paul's partner and bother Joe at the age of 43, and Paul's cancer diagnosis.

As always and through out each of these adversities, Frieda took charge, instilled calm and faith, and made sure everything was kept in order.

As their fortunes improved and more stability came into her life, Frieda had time and energy to dedicate herself to other interests.

She was an active member of the Sisterhood at Temple Beth Jacob and for many years co-chaired the welcoming committee with her husband. Frieda's warmth and wonderful entertaining skills more than made up for her husband's bad jokes, and together they made many life-long friends.

In later life, Frieda and her husband had the good fortune of foreign travel, winters in warm weather, and summers in Maine.

In 2004, Frieda's partner, her best friend and pain in the butt husband lost his long battle with cancer. Honestly, her life was never the same after Paul's death. She missed him terribly and thought of him every day.

Frieda is survived by her two children, Sharon Ingendahl and Steven Cohen, their spouses Lukas Ingendahl and Jane Cohen, and three grandchildren, Eli and Isabella Ingendahl and Max Cohen.

She would want to thank her many care givers but especially Betty and Sandy for all their kindness and attention.

With all the discord presently in our country and the emergence of anti-immigration, white supremacy, and increased incidents of anti-Semitism, Frieda and how she lived her life should be a model for all of us.

She would tell you of growing up poor, of her immigrant parents, family members who died in the concentration camps, own encounters with anti-Semitism, and working as a woman in a blue collar men's world.

Despite these circumstances, Frieda always remained caring, outgoing, and concerned for others. She was always appreciative of her good fortune, always had a kind word, and treated everyone with the same respect, no matter their station in life, color, or religion.

Any donations you may consider should be a simple act of kindness.

Services were held on Tuesday, Sept. 4, at Temple Beth Jacob. Burial followed at Blossom Hill Cemetery in Concord.

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# Recent Events

Want to see your organization's photos here? Send them to [thereporter@jewishnh.org](mailto:thereporter@jewishnh.org).



Painting with popsicles at a PJ Library's Popsicles on the Playground event at the Jewish Federation Preschool in Manchester.



Enjoying a cool treat at PJ Library's Popsicles on the Playground event at the Jewish Federation Preschool in Manchester.



Popsicles on the Playground, a PJ Library event at the Jewish Federation Preschool in Manchester, brings friends together.



Parents worked on crafts with their children during PJ Library's Shabbat at the Park with Kol Ha'Emek Upper Valley Jewish Community.



Families enjoyed time together during PJ Library's Shabbat at the Park with Kol Ha'Emek Upper Valley Jewish Community.



Ira Keltz and many others provided service with a smile at the 21st Annual Jewish Food Festival at Temple B'nai Israel in Laconia last July.



Enjoying ice cream at the Jewish Federation Preschool's Welcome Back social.



Apple painting for Rosh Hashanah at the Jewish Federation Preschool.

# Recent Events

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Children attending Etz Hayim Synagogue on Rosh Hashanah were treated to a special Rosh Hashanah-themed scavenger hunt that ended with the discovery of a box of kazoos and a lesson on shofar blowing.



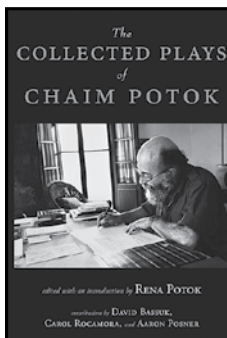
The Temple B'nai Israel religious school students (and several community members) kicked off the school year with a trip to Touro Synagogue and the Loeb Visitor's Center in Newport, R.I. As the year unfolds, they will learn more about the similarities and differences between Ashkenazi and Sephardi cultures, and how remembering our history helps us build our future.

## Book Review

Reviewed by Merle Carrus

### The Collected Plays of Chaim Potok Reveal Conflicts Between Orthodox Judaism and the Secular World

Chaim Potok is an author for the ages. His books, among them *The Chosen* and *My Name Is Asher Lev*, are classics. He was an internationally known author with bestselling novels, histories, young adult fiction, children's books, and plays. Potok spoke through his characters. He shared his personal beliefs and political feelings through his novels. He created characters who acted out the cultural confrontations he experienced in the strict confines of the Orthodox community in which he was raised. Potok saw the conflict between the religious world and the secular world and worked



to give his characters answers that helped them live with a love of both the core culture they were born into and the surrounding, "umbrella" culture in which they lived their everyday lives.

Rena Potok writes about her father, "In the novels and plays, my father created characters that acted out his theory of core-to-core confrontation. They are young men concerned with matters of identity, with the development and preservation of individualized self. He saw them as extensions of his own being, growing up as he did involved in the world of the mind, and in

the worlds of art, literature; their worlds are his world, their families, teachers, communities -- all drawn in various ways from his own life."

*The Collected Plays of Chaim Potok* (Adam Kadmon Books, 2018) has been edited by Potok's daughter, Rena Potok. These five plays are collected here for the first time. They were all originally produced and premiered in Philadelphia. Three of the plays, *The Carnival*, *The Gallery*, and *The Play of Lights*, are dramatizations of scenes rewritten from the novels *The Chosen*, *The Promise*, and *My Name Is Asher Lev*. *Out of Darkness* is an original work, and *The Chosen* is a full-length adaptation of its fictional namesake.

All of these plays could have been lost to history. Rena Potok explains in the acknowledgements that she is grateful to Karen Strauss of Main Street Technology for preserving and updating electronic copies of the plays, and to David Bussuk, who helped Potok reconstruct *Out of The Depths* from a video of the play, converting the video to readable media files.

As quoted by Carol Rocamora, founder and artistic director of the Philadelphia Festival Plays at the Annenberg Center, in the preface to *The Sins of the Fathers*, "Like his novels, Chaim's beautiful dramatic parables are universal. They are an abiding gift to all of us for whom faith -- and questioning the world -- are an essential part of human existence."



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### How to submit an obituary

The Reporter publishes obituaries of people who made significant contributions to Jewish life in New Hampshire. Please send obituaries in Word format and photos in jpg format to thereporter@jewishnh.org. Publication is at the publisher's discretion, subject to space limitations.

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## SAVE THE DATE

Please join us for the  
**2018 JFNH Annual Meeting**

Sunday, October 7  
Temple Adath Yeshurun, Manchester

## JFNH Tribute Cards: A Double Mitzvah

Sending a tribute card from the Jewish Federation of New Hampshire is one of the best ways to honor someone for any *simcha*, e.g. birthday, anniversary, bar/bat mitzvah. It is also the perfect way to say "Thank you" or to send your condolences.

Your JFNH tribute card serves double duty by helping to support the vital programs serving the New Hampshire Jewish Community.

All tributes will be listed in The Reporter.

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## LEGAL SERVICES

### ATTORNEYS

**Devine Millimet**  
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