

THE NEW HAMPSHIRE
Jewish **Reporter**

Published by the
 Jewish Federation of
 New Hampshire

Volume 42, Number 11

September 2022

Elul 5782-Tishrei 5783



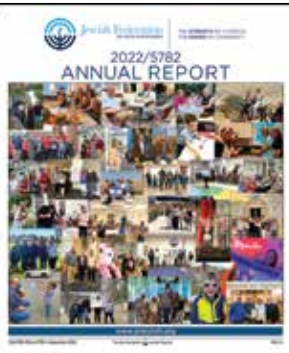
SWEET NEW YEAR!



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Annual Report 2022/5782



Save the date

JEWISH FEDERATION OF NEW HAMPSHIRE

Annual Meeting

07 SEPTEMBER 2022

Zoom



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The New Hampshire Jewish Reporter
 Jewish Federation of New Hampshire
 273 South River Rd. Unit #5
 Bedford, NH 03110
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CONGREGATIONS

JRF: Jewish Reconstructionist Federation **URJ:** Union for Reform Judaism
USCJ: United Synagogue of Conservative Judaism

AMHERST

CONGREGATION BETENU

Dena Glasgow (Rabbinic Intern)
5 Northern Blvd., Unit 1, Amherst
Reform, Affiliated URJ
(603) 886-1633
www.betenu.org
Services: Friday night Kabbalat Shabbat services at 7:30 PM

BETHLEHEM

BETHLEHEM HEBREW CONGREGATION

Rabbi Donna Kirshbaum
39 Strawberry Hill Road
PO Box 395, Bethlehem
Unaffiliated-Egalitarian
(603) 869-5465
www.bethlehemsynagogue.org
davegoldstone1@gmail.com
Services: Contact for Date/Time Info
President Dave Goldstone - (516) 592-1462
or Eileen Regen - (603) 823-7711
Weekly Services: July through Simchat
Torah Friday: 6:30 PM; Saturday: 10 AM

CONCORD

TEMPLE BETH JACOB

Rabbi Robin Nafshi
67 Broadway, Concord
Reform, Affiliated URJ
(603) 228-8581
www.tbjconcord.org
office@tbjconcord.org
Services: Friday night - 7 PM
Saturday morning - 9:30 AM

DERRY

ETZ HAYIM SYNAGOGUE

Rabbi Peter Levy
1½ Hood Road, Derry
Reform, Affiliated URJ
(603) 432-0004
www.etzhayim.org
office@etzhayim.org, rabbi@etzhayim.org
Services: Fridays 7:15 PM
Please check the website for the Shabbat
Morning schedule

DURHAM

UNH & SEACOAST CHABAD JEWISH CENTER

Rabbi Berel Slavaticki
72-1 Main Street, Durham
(603) 205-6598
Rabbi@JewishSeacoast.com
www.JewishSeacoast.com

HANOVER

THE ROHR CHABAD CENTER AT DARTMOUTH

Rabbi Moshe Gray
19 Allen Street, Hanover
Orthodox, Chabad
(603) 643-9821
www.dartmouthchabad.com
chabad@dartmouth.edu
Services: Friday Evening Shabbat services
and Dinner
Shabbat morning services
Call for times

KOL HA'EMEK UPPER VALLEY JEWISH COMMUNITY

Rabbi Mark Melamut
Roth Center for Jewish Life
5 Occom Ridge, Hanover
Nondenominational, Unaffiliated
(603) 646-0460
www.uvjc.org
office@uvjc.org
Services: Friday night Shabbat service at
6 PM
Saturday morning Shabbat service at
10 AM

KEENE

CONGREGATION AHAVAS ACHIM

Rabbi Dan Aronson
84 Hastings Avenue, Keene
Reconstructionist, Affiliated JRF
(603) 352-6747
www.keenesynagogue.org
rabbi.ahavas.achim@gmail.com
secretary.ahavas.achim@gmail.com
Services: Regular Friday night services at
7 PM
Monthly Shabbat morning services at
10 AM
Check the website for time variations

LAGONIA

TEMPLE B'NAI ISRAEL

Rabbi Jan Katz
210 Court Street, Laconia
Reform, Affiliated URJ
(603) 524-7044
www.tbinh.org
Services: Every other Friday
night at 7:30 PM

MANCHESTER

CHABAD CENTER FOR JEWISH LIVING

Rabbi Levi Krinsky
1234 River Rd., Manchester
Orthodox, Chabad
(603) 647-0204
www.Lubavitchnh.com
rabbi@lubavitchnh.com
Services: Shabbat Services
Saturday morning at 9:30 AM
Sunday morning minyan at 9 AM

TEMPLE ADATH YESHURUN

Rabbi Beth D. Davidson
152 Prospect Street, Manchester
Reform, Affiliated URJ
(603) 669-5650
www.taynh.org
templeadathy@comcast.net
Services: Shabbat services the first Friday
of the month at 6 PM
All other Friday nights at 7 PM
with some exceptions.
Alternating Shabbat services or Torah
study Saturday mornings at 10 AM

TEMPLE ISRAEL

66 Salmon Street, Manchester
Conservative
(603) 622-6171
office@templeisraelmht.org
www.templeisraelmht.org
Services: Fridays at 7 PM
Saturdays at 10 AM
Morning Minyans - 7:00am every
Wednesday. At this time, we are offering
in-person Friday and Saturday Shabbat
services on alternating weeks. Masks are
required.

NASHUA

TEMPLE BETH ABRAHAM

Rabbi Jon Spira-Savett
Conservative
(603) 883-8184
www.tbanashua.org
rabbijon@tbanashua.org
office@tbanashua.org
Services (generally):
Every Friday at 8:00 pm
Every Saturday at 10:00 am
Evening minyan Sunday-Thursday 7:30
pm and at the end of Shabbat
Second Friday each month Shabbat Alive!
6:30 pm
Meditation every other Saturday 9:00 am
All services on Zoom, most at the Temple
(check website)

NORTH CONWAY

KEHILAT HAR LAVAN

Hazzan Marlina Fuerstman
PO Box 474, Bartlett
(978) 853-4900
harlavancommunity@gmail.com
Services: Wed. mornings 9 AM online via
Zoom
Enter meeting ID <https://zoom.us/j/381930069>
Holiday service times, locations TBA

PORTSMOUTH

TEMPLE ISRAEL

Rabbi Kaya Stern-Kaufman
200 State Street, Portsmouth
Conservative, Affiliated USCJ
(603) 436-5301
www.templeisraelnh.org
templeoffice@templeisraelnh.org
Services: Friday, 6:15 PM
Saturday, 9:30 AM
Tues. minyan 5:30 PM
Temple Israel has a fully licensed
M-F preschool.

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SEPTEMBER 2022
Elul 5782-Tishrei 5783

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info@jewishnh.org

The objectives of The New Hampshire Jewish Reporter are to foster a sense of community among the Jewish people of New Hampshire by sharing ideas, information, experiences and opinions, and to promote the agencies, projects and mission of the Jewish Federation of New Hampshire.

The New Hampshire Jewish Reporter is published monthly ten times per year, with a deadline for submissions of the 10th of the month before publication. There are no January or June issues. All items, including calendar events, for the December-January or May-June newspaper must be submitted by Nov. 10 or April 10, respectively.

Please send all materials to:
thereporter@jewishnh.org

To submit Calendar items for the print and online JFNH Calendar and E-News, go to <https://jewishnh.org/community-calendar>, click the red "Suggest an Event" button, then fill in the form with your event information.

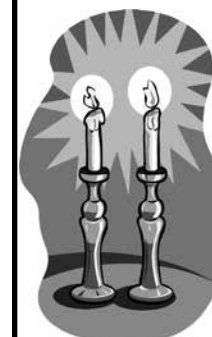
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The New Hampshire Jewish Reporter is overseen by the JFNH Publications Committee, Merle Carrus, chairperson.

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Shabbat Candle Lighting Times: (Manchester)



September 3 7:01 PM
September 9 6:48 PM
September 16 6:36 PM
September 23 6:23 PM
September 30 6:11 PM

Celebrating High Holidays with Kids

Celebrating High Holidays with children is hard. How do you find time for your own spiritualism while making sure apple sauce isn't spilling onto synagogue pews? Or remember to notify schools that the kids will be absent, even if it's the first week of school? Of COURSE, the kids have outgrown their fancy shoes and probably all the rest of their clothing. And no, this isn't a holiday you get presents for.

I asked my daughter if she knew any Rosh Hashanah songs and she started singing the Ma Nishtana. Clearly, we have some work to do. That said, my daughter says she's looking forward to honey cake "even if it's not really a cake." Meanwhile, my son announced, "I love it when our family all comes together" (and yep, those were his real words. He's 5.). Both are hoping to share this holiday with their classes, maybe with a shofar show-and-tell. Fortunately, I feel reasonably prepared this year – armed with my holiday cheat-sheet of links, resources, songs, tips and tricks, thanks in large part to PJ Library and their Holiday Hub (<https://pjlibrary.org/highholidays>).

Did you know? You can search the PJ Library website for recipes, activities, book lists and blog posts by Jewish

Dinah Berch

JFNH
Program
Coordinator



Value or Jewish Holidays! Go to pjlibrary.org and look under "Explore".

Our traditions begin with dressing the kids up in their holiday clothing a week before Rosh Hashanah and posing them with shofars and apples and honey to make a family New Year card. I busily bake honey cakes and apple challahs, gingersnaps, caramel apple fudge, apple cider caramels and other goodies and make care packages for family and any cousins in college. There's always some new experiment. Last year it was Dark Chocolate Pomegranate Bark – delicious and SO easy!

Dark Chocolate Pomegranate Bark:

1. Line a baking tray with parchment paper or waxed paper
2. Microwave 8oz roughly chopped dark chocolate, stirring every 30 seconds until smooth
3. Spread chocolate evenly on the baking tray

4. Gently press ½ cup of fresh pomegranate arils into the chocolate (or dried! I found both at Trader Joe's)
5. Let cool until hard, then break into pieces and enjoy or give away!

For snacks we make Apple Nachos (sliced apples coated in honey, cinnamon and sometimes mini chocolate chips while listening to PJ Library's "Rosh Hashanah Mix" Spotify playlist. And then we turn to YouTube for Shaboom (a cartoon show for families raising Jewish kids) for the Rosh Hashanah special and the episode about saying sorry, or for Six13's High Holiday Mashup and The Maccabeats singing Bashana Haba'a. If the kids are feeling crafty, we cut some apples for apple stamping. We might bring a few cards to the nursing home behind our house. Rosh Hashanah cards we receive are saved to decorate our sukkah.

We adore all of the books PJ Library sends us ever year, but some of our favorites (and go-tos for sharing in class or loaning to teachers) are *Sammy Spider's Rosh HaShanah* by Sylvia A. Rouss and *New Year at the Pier* by April Halprin Wayland. This year my kids were particularly mesmerized by their new book *A Moon for Moe and Mo*.

I struggle with finding good activities or games for the high holidays, but a few years ago I stumbled on this gem from ShirLala's Blog Sameach called "The Shofar Dance" – such a cute way to get the wiggles out while learning about the calls of the shofar!

Do the Shofar Dance!

For each shofar sound, make up a dance movement. The leader (children take turns!) calls out the name and the group dance the associated movements. For example, for Tekiah – how about one high jump, for Shevarim – turn around in a circle 3 times, and for Teruah – do the twist until the end of the Shevarim sounds. The leader can either call out the names ("Tekiah!") or make the sounds of the blasts.

- Tekiah – one medium length blast
- Shevarim- three short blasts
- Teruah- nine very short staccato blasts
- Tekiah G'dolah – one single blast that is held for long as you can possibly hold it!

Watch for more information about apple picking with PJ Library and making Apple Nachos with PJ Our Way! I hope everyone has a very sweet and healthy new year. Shana tova from the Berches!

PJ Library - New Hampshire Family of the Month

By Dinah Berch

The wonderful thing about PJ Library is that it welcomes all types of families looking for Jewish experiences. There is no mold or criteria a family must fit into to benefit from the books or attend a program, they just have to share one common goal — raising Jewish children.



Freddy and Diti

Each month we will be highlighting families from across New Hampshire showing how PJ Library and even the smallest experiences and traditions ensure that the history and love of Judaism is passed on to our next generation. Interested in your family being featured? Contact Dinah Berch, Dinah.berch@jewishnh.org.

Meet the Seal Family, our PJ Library – New Hampshire Family of the Month!

Tell us a little bit about your family:

Our family has lived in Durham since 2015. We both teach at UNH (Samantha in English and Andrew in the Economics department). Samantha grew up in East

Longmeadow, Massachusetts and Andrew grew up in Richmond, Indiana; we met as grad students in New Haven, Connecticut, and both of us wanted to stay in New England. Our children, Freddy (age 8) and Diti (age 3), also love living in New Hampshire! We enjoy attending Jewish events in Portsmouth, and we travel between the Chabad in Manchester and the Seacoast Chabad for Hebrew school, holidays, and Camp Gan Izzy! Our family loves books and bookstores, museums, Marvel movies, Everton Football Club, Indian food, our dog (Feivel), and our cats (Perchik and Camilla).

How long have you been a PJ Library family and how did you learn about the program?

We have been a PJ Library family since 2014, when Freddy was a baby and we lived in Utah for a couple years. My mother, Phyllis Katz, first told us about the program; she had learned about it while working within the Jewish community of Longmeadow, MA.

Tell us about your experiences with PJ Library and how this program (books and events) has impacted your family:

We have loved receiving books with Jewish content and featuring Jewish families! Due to working in academia, our family has often lived in towns with relatively small Jewish populations, and PJ Library has been a great reminder for our kids of how large and active the Jewish world is. We've particularly loved getting books from PJ Library that show other children doing activities that our kids do: celebrating the Jewish holidays, eating Jewish foods, observing the mitzvot, etc.

As PJ parents, what do you value most about your involvement with PJ Library? Why?

As parents, we love our kids' excitement at getting books in the mail each month,

and we appreciate the high quality of the books that come! The emphasis on Jewish community and Jewish practice is perfect.

What are your children's favorite PJ books?

Our favorites have been *The Schmutzy Family*, *Gathering Sparks*, *Does Your Dog Speak Hebrew?*, and *Naamah and the Ark at Night*.

What has been your child's favorite PJ Library program and why?

Our daughter has loved getting to hang out with other preschool aged Jewish children outside Temple Israel in Portsmouth!

What do you wish most people knew about PJ Library – New Hampshire?

I wish more people knew how excellent the PJ Library books really are: well-written, well-produced, with such engaging stories.

Tell us about your favorite Jewish family tradition or a special memory you have?

We do the Shema with our children every night at bedtime, and one of our favorite memories is the first time that each child— impatient with having to wait for the rest of the family— has unexpectedly stunned us all by covering their eyes and doing the prayer all on their own. It's definitely a really special milestone!

Statewide Calendar of Events

DISCLAIMER: Events are submitted weeks in advance of publication, and are subject to change, particularly during the pandemic. For information on format changes, rescheduling, and so on, please contact the event's host.

To submit Calendar items for the print and online JFNH Calendar and E-News, go to <https://jewishnh.org/community-calendar>, click the red "Suggest an Event" button, then fill in the form with your event information.

Thursday, September 1

White Mountain Jewish Film Festival presents: My German Friend

7PM – 9PM, Colonial Theatre, 2050 Main Street, Bethlehem
 General Admission \$10 and BHC, JFNH & Colonial Members \$9
 6:00 PM Patio Social Hour – Complimentary Refreshments
 6:30 PM Guest Speaker
 7:00 PM Film (Followed by Q & A with Guest Speaker)
 The momentous sweep of post-war Argentinian

history distilled into a tender love story. It's the late 1950's and in an affluent and quietly respectable part of Buenos Aires, young Sulamit Lowenstein strikes up a friendship with her next-door neighbor Friedrich over the whereabouts of her family dog. She's the daughter of German-Jewish immigrants to Argentina, he's the son of a senior SS officer. Both characters will struggle to escape their political inheritance over the next three decades and manage their growing passion and love. "...successfully illustrates the Jewish concept of "tikkun olam", repairing the world through personal, political, and social action. Patricia Nuriel, Wofford College
 Guest speaker: Marjorie Agosin, Chilean-American writer Marjorie Agosin has gained notability for her outspokenness for women's rights in Chile. The Chilean government awarded her with the Gabriela Mistral Medal of Honor for Life Achievement in 2000. She is a recipient of the Belpre Medal in the United States and has received the Letras de Oro, the Latino Literary Prize and the Peabody Award, together with the United Nations Leadership Award in Human Rights. Marjorie Agosin proves the power of the word to transport us to the center of her humane and human vision.

To Register: <https://tickets.catamountarts.org/categories/bethlehem%20hebrew%20congregation>
 For more information visit <https://www.bethlehemsynagogue.org/film-seriws-2022>

Wednesday, September 7

JFNH Annual Meeting 2022

6PM – 8PM, via Zoom
 JFNH Annual meeting will be held on Zoom for 2022
 Scan to register for the Zoom link



Thursday, September 8

SFY Movie Day! "Downton Abbey: A New Era"

1PM – 3PM, Jewish Federation Community Room, Bedford
 Movie Day! "Downton Abbey: A New Era" (#2)
 The Crawley family goes on a grand journey to the South of France to uncover the mystery of the dowager countess's newly inherited villa (2022)
 1PM JFNH Community Room 273 South River Rd #5, Bedford
 No Cost. Popcorn will be provided. Registration required by September 1st
 Contact Dinah Berch 603-627-7679 or Dinah.berch@jewishnh.org

Sunday, September 11

PJ Library & SFY: Storytime, Craft and Apple Picking

2PM – 4PM, Carter Hill Farms, Concord
 Join us for a joint SFY and PJ Library event! Seniors will each be adopted by a PJ Family. We will share a story, a small craft, and apple picking!
 Cost determined by weight for PYO Apples.
 Registration required by September 5th.
 Contact Dinah Berch at 603-627-7679 or Dinah.berch@hewishnh.org

Chabad Mega Challah Bake

7:00PM – 8:45PM Chabad Center for Jewish Living, Manchester
 Cost \$25.00
 Be part of New Hampshire's largest mega challah bake just before Rosh Hashanah! Join together with NH Jewish women to connect for an uplifting evening of unity and inspiration as we knead challah to adorn our high holiday tables.
 Doors open at 6:30PM. For women and girls 11+.
 The cost (\$25) for the event includes all the ingredients and utensils to prepare challah!
 Contact Chanchie Krinsky at chanchie@chabadofnh.com

Saturday, September 17

Selichot Interfaith Gathering: Encountering the Divine Image

7:00PM – 8:30PM, African Burying Ground, Chestnut St., Portsmouth

Please join congregants from Temple Israel and other members of the Portsmouth Ministerium for an interfaith community-wide gathering at the African Burying Ground on Chestnut Street in Portsmouth. Offerings of prayer, poetry, music, and Selichot liturgy will address the spiritual aspiration to recognize the Divine Image in every human being.

Sunday, September 18

Betenu Adult Education

1:30PM – 3:00PM, Zoom
 First of this year's adult education series led by Rabbinic Intern Naomi Gurt Lind. This session will be entitled "In the Beginning" and will explore what it means to study Torah. Attendees will explore why we study Torah, what are the risks and benefits and what is required of us. Exploration of these questions will set the stage for the year's learning and will involve deep, patient study of a few selections from the Mishnaic literature.

Monday, September 19

Israel Report with Ra'anana

11:00AM – 12:30PM, Jewish Federation Community Room, Bedford
 Join JFNH Shaliach Ra'anana deHass to go over news in Israel. To register <https://docs.google.com/forms/d/e/1FAIpQLScUZVif6HVibX4STaPnKMDIxd0any3ZLNDV1yyWpGrEgPN34w/viewform>

Tuesday, September 20

JFNH Women's Event

6PM – 8PM, Pressed Café, Bedford
 Cost: \$36/person and includes a glass of wine or beer and light appetizers.
 Join women from across NH on the patio of Pressed Café in Bedford for an evening of noshing and schmoozing. Start the New Year by making connections and friendships with other Jewish women in New Hampshire!
 To register contact the JFNH Office at 603-627-7679 or scan to register



Wednesday, September 21

SFY Crafternoon: Ceramic Painting

11:30AM – 12:30PM, You're Fired, Bedford
 Cost \$18.00 (non-refundable)
 Join us at You're Fired in Bedford to paint your own ceramic honey jar or other items! Snacks will be provided. We will be meeting at the studio.
 Registration and payment required by September 14th.
 Contact Dinah Berch at 603-627-7679 or Dinah.berch@jewishnh.org

Don't know whom to turn to?
JFNH can help.

JFNH's consulting social worker can provide support, referral, follow-up services, and resources to you and your family.

- Food and shelter
- Unemployment
- Medical and drug costs
- Spousal, parental, or child abuse
- Drug or alcohol addiction
- Mental health
- Children with learning, physical, and/or emotional disabilities
- Senior care/dementia
- Legal aid, incarceration, police matters

Don't let your problems simmer until they boil over. Call the JFNH social worker at **603-310-9941**.

All calls and assistance are confidential.

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From the Editor

By Nicholas Conley,
editor of the Reporter

When you first look at a calendar, the possibilities seem infinite. There are so many days to fill. Things to do. People to see. Sure enough, though, those future possibilities become past memories, and all we can hope is that at the end of a year—every year—we look back with fondness on what has transpired behind us.

As we enter 5783, I wanted to take this opportunity to thank all of you who regularly read *The NH Jewish Reporter*. Whether you just started reading us last month, have been following each issue for years, or make a point to regularly submit articles on behalf of your local synagogue, it's the involvement and activity of you—yes, **you**—that keeps the whole of Jewish New Hampshire alive, strong, and supported.



Nicholas Conley,
Editor of The
Reporter

Speaking of years, it just so happens that this issue marks two years since I first took on the role as editor of this paper. While I'd rather avoid dropping any "time flies" clichés here... well, you know, clichés become clichés for a reason, and indeed, time flies. Back when I first started here, at the height of the pandemic, so much of the Jewish community of New Hampshire outside of my own circle on the Seacoast was known to me from a distance. Now, it all feels so close. Thanks to all of you and your support, your submissions, your letters, and your emails, I take great comfort in seeing how just how close-knit, connected, and together all of us are—a feeling that has only grown as I've gotten to know so many of you, both in-person and virtually.

Moving forward into 5783? All I can say is this: Keep doing what you do. Because the Jewish community of New Hampshire is small, but strong, and only getting stronger. Shana Tova!



Your Commitment to the Federation Makes All the Difference

By Harry Shepler, Treasurer

I have already turned in my pledge for this year's campaign. I stretched, and I pledged more than I gave last year. Also, I have volunteered to hold a special meeting during Sukkot that should raise additional pledges. This meeting is for 20 invitees to have "Whiskey in the Sukkah" at my home (outside, unless in rains). We just ordered a new sukkah that is 12 X 12 that will have to be filled with etrogs and lulavs, Israeli whiskey, and kosher goodies. I am so committed to the Federation and its mission that I want to do all I can to boost its revenues.

I hope that you, too, will examine your commitment to the Federation and stretch your pledge. The more you give, the more the Federation can reach you,

strengthen your identity as a Jew living in the Granite State, touch Israel in meaningful ways, provide positive Jewish experiences for our youth from PJ Library to Summer Camp, and stand up to the rise of antisemitism here and abroad.

The Hebrew word נָתַן (natan) means to give. It appears over 2000 times in the Tanakh. It is part of the of the Jewish soul. King Solomon, in his list of Proverbs says: "The beneficent soul shall be made rich, and he that satisfies abundantly shall be satisfied also himself." (Pv. 11:25) There is no question that the beneficent soul actually benefits from giving, both monetarily and with personal satisfaction. Please be generous with this year's pledge to the Federation's campaign. It will do us good, and, I suspect, will do some good for you, too.

See what's happening in the community at
www.jewishnh.org

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www.investwithcohen.com

Coming Full Circle

Shalom, everyone!

This officially marks a full circle! My first article was exactly one year ago, where I shared with you my excitement in being in a new place and meeting so many new people. Those really were the first steps of a whole new chapter in my life. After a full year here, I can confidently say this was one of the better decisions I have made, I'm excited to continue this journey into my second year and continue to share my Israeli experience with all of you.

If I had to choose a theme for this summer it would be "family and friends." I started it off with a week in Israel where I spent every waking min-



Ra'anan de Haas
JFNH Shaliach

SPOTLIGHT
ON ISRAEL



ute driving all over the place meeting friends that I haven't seen for almost a year, eating at restaurants I missed and catching up with family. That was a full,



packed, and exhausting week, and I'd do it again in a heartbeat.

From Israel I flew straight to Virginia where I got to spend some quality time with my beautiful niece (and her parents): She is 2.5 years old and if there's anything that can melt my heart is when she says, "I love you uncle Ra'anan" (and yes, she pronounces my name better than most people here! 😊). That detour was well-worth the eight-hour train ride back to NH.

Finally, as I'm writing this, I'm at a Starbucks in Boston waiting to pick my brother up from the airport, we're going to be joined by my sister flying who's coming in a couple of weeks. We're going to spend some fun sibling time together and drive up to Canada in late August for a family wedding.

My summer has also involved spending as much time possible around the state. I've joined the Bethlehem community for their film festival, met the new rabbi in Laconia, enjoyed a beautiful Shabbat service in Nashua, had a unique lake-side Havdalah with the Concord congregation, and much more. My sec-



ond year here is starting off with a bang! In addition to that, I'm spending the summer working on my programs for this upcoming year. Early in the summer we put out a survey to help get feedback from the community on the Shlichut program and my plan is to learn and improve from it. Hebrew school visits will be a lot more hands-on this year, and I hope your kids will continue to enjoy my visits. I'm adding two new lectures to my adult ed program, and many other programs throughout the year, bringing Israel to NH. It's going to be packed year!

I wish you all Shana Tova, filled with new adventures and experiences



The Israeli Kibbutz, Then and Now

By Richard England

Many readers of *The Reporter* are familiar with the kibbutz, the egalitarian communities that dot the Israeli landscape. The very first kibbutz was founded in 1910 near the Sea of Galilee during Ottoman Turkish rule. After the First World War, Zionist pioneers built a network of kibbutzim during British rule in the Land of Israel (a.k.a. Mandatory Palestine). These kibbutzim played a key role in developing agriculture and in defending newborn Israel against invading Arab armies during its 1947-48 war of independence. Many of Israel's early political and military leaders, such as Golda Meier, were kibbutzniks.

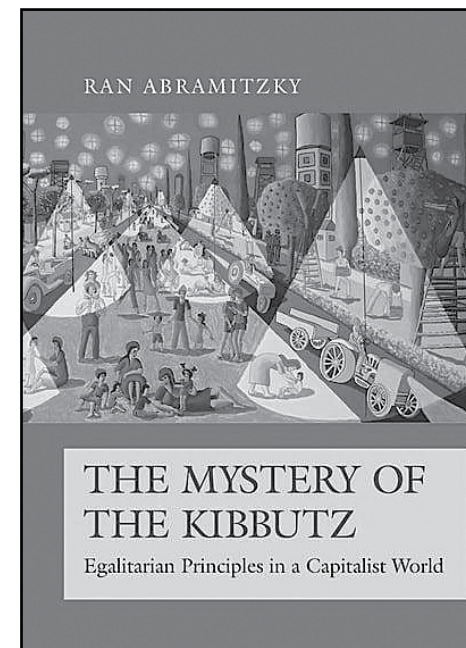
SPOTLIGHT
ON ISRAEL



Despite the important role played by the kibbutz in Israel's political and economic development, kibbutzniks have always been a minority of its Jewish population. This suggests a number of intriguing questions: What motivated the early kibbutzniks to create these egalitarian communities? How were they organized? How has the kibbutz evolved over the past century? What new forms of the kibbutz have emerged during recent years?

To shed light on these and other questions, the JFNH Israel Engagement and Education Committee has invited Professor Ran Abramitzky, the Israeli-born author of *The Mystery of the Kibbutz*, to join us on Sunday, November 20, 3:00 p.m., for a short talk followed by Q&A. This will be a hybrid event: You can attend in person at the Federation's Bedford office or via Zoom. Be sure to save the date for this discussion. Also, be sure to register for the Federation's offering of a film documentary on the kibbutz. *Inventing Our Life: The Kibbutz Experiment* will be available for viewing the week of Sunday, November 13.

Richard England is a member of the Federation's Israel Engagement and Education Committee. He lives in Durham.



See what's happening in the community at www.jewishnh.org

Your Campaign contributions preserve the memory of loved ones—and that's a mitzvah!

By David Goldstone

Every Friday, before our Kabbalat Shabbat services begin, I enter our synagogue in Bethlehem and scan the Yartzeit tablets that cover the walls of the sanctuary. I read each of the names of the bronze plaques, and I turn on the lights next to their names if their yartzeit—the anniversary of their passing—occurs during the week ahead, according to the Jewish calendar.

Ever since Abraham first purchased the Cave of Machpelah to bury his beloved wife Sarah, caring for and providing a final resting place for the dead—in accordance with our laws and traditions—has been one of the hallmarks of our Jewish culture. It is the highest form of mitzvah, since it is a service of love and respect for an individual who could not possibly repay you for your efforts.

Following this tradition, our Federation continues to support all Jewish burials and burial practices throughout the state.

The loss of Temple Meyer-David is something that has been written about by Joseph Steinfield, both in *The Monadnock Ledger-Transcript* as well as this very issue of *The Reporter*. In Joseph's article, he recalls his memories of going with his father to Temple Meyer-David in Claremont on the day of his grandparents' yartzeits to see the lights lit on either side their bronze memorial plaques in one of the large tablets on the rear wall of sanctuary. But now, Temple Meyer-David is no more. Due to the closing and imminent sale of the building, the six memorial plaques—in memory of his parents, as well as his paternal and maternal grandparents—were removed and returned to him by Claremont local Ellen Usury.

A call came to the Federation last summer from Temple Meyer-David with concerns about the future of their cemetery in Claremont. Due to the decreasing Jewish population of the area, the congregation had made the difficult decision to close the doors of its synagogue. Temple Meyer-David had also owned, operated, and maintained a modest cemetery adjacent to town of Claremont's Mountain View Cemetery. After a year of discus-

sion and meetings to work out the legal and financial details an agreement was reached with the Jewish Federation to manage and fund the continued maintenance and operation of the Temple-Meyer Cemetery. With the Federation's support, the final resting place of Joseph Steinfield's family—and all those buried in Temple Meyer-David Cemetery—will be preserved and protected through Jewish burials, in accordance with our traditions and values. The cemetery will continue to be available for Jewish families in Claremont and throughout the state of New Hampshire.

When you contribute to the Jewish Federation of New Hampshire, you give life to the memory of our ancestors and continue our sacred traditions in their honor and memory. *That is the greatest mitzvah of all.*



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Sign up your children ages 6 months through 11 years old and enjoy the gift of Jewish children's books and resources delivered to your home each month. Explore Jewish heritage and culture through PJ Library's high-quality stories about Jewish values, traditions, and heritage.

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Harold Grinspoon 
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A Promise Made

By Alane Sabel

A promise made, a promise kept. When the Jewish Federation made the tough decision to close the preschool in 2019, a promise was made to continue to support early childhood education throughout New Hampshire. The Early Childhood Initiative Committee was formed and given this task.

Soon, the committee was hit with a seemingly impossible obstacle when Covid hit. We were no longer able to meet in person, but this did not stop our committee. We forged ahead and started a monthly Sunday Shavua Tov Story Time program. Craft materials and information about Jewish Holidays and themes were mailed out to children ages 2 thru 6 throughout New Hampshire. We would meet on Zoom to hear a story and share

the beautiful crafts made by all. Close to twenty packages are now sent out monthly. The committee did not stop there. A Tot Shabbat Hop was created and with the help of New Hampshire Synagogues, families could gather outdoors to hear Shabbat stories, sing Shabbat songs, and enjoy a Shabbat snack together.

Fast-forward to the spring of 2022, and we have now been fortunate to have Rabbis join us and enrich our program with their beautiful voices. Thank you to Rabbi Beth and Rabbi Jon for starting us off, and to all future rabbis and cantors who will join us as we continue. As I write this article, I look forward to traveling up north to Hanover where our next Tot Shabbat Hop will happen.

Thank you to the Jewish Federation and the Early Childhood Initiative Committee for fulfilling a promise made.

A Night out for the Ladies of New Hampshire

By Tracy Richmond

Another Jewish New Year is around the corner. Another year of planning for services, family meals... and of course, breakfast! In my house it's another year of explaining to my son that no, he will not be attending school on the High Holidays, and I am sorry if it's hard, but that's kind of the point. The team at Jewish Federation of New Hampshire decided this would also be a GREAT time to bring the ladies of New Hampshire together to welcome in this new year, to embrace the season and each other.

On Tuesday September 20th please join us at Pressed Cafe in Bedford anytime between 6-9pm to meet new friends, rekindle old relationships and, in general, have a relaxing evening. If you don't know anyone, PLEASE come alone! We will have someone ready to greet you and introduce you to your community.

All ladies are welcome at this event,

both Jewish or Jewish connected. We are creating this night to be a celebration of New Hampshire women and we can't wait to see you all there. There will be light appetizers and one glass of beer or wine include in the ticket price and of course food for purchase available from Pressed Cafe's amazing menu. Did we mention the Bedford location has a full bar? Our event will be outside on the patio unless it rains and then we will move into the bar area.

I would also like to thank our sponsor for this event, The Fine Home Group. Their support allows us to keep the cost low to our guests. To register please call the JFNH office or scan the QR code on the event brochure. The cost is \$35/person but if this is a burden in any way, please let the office staff know and we would love to include you as a guest of our sponsor.

We hope to see you all at Pressed in Bedford on the 20th.

<p>See you soon!</p> <p>ISRAEL BOOK SHOP, INC.</p> <p>Jewish Religious Books & Gifts</p>	<p><i>We Wish Our Customers A Very Healthy & Happy New Year!</i></p> <p>Your one-stop shopping for all your Judaica needs—books, gifts, ritual objects, and more!</p> <p>HOURS: Sun-Wed: 10-5 Thur: 10-6 Fri: 10-2</p> <p>www.israelbookshop.com 617-566-7113 • 1-800-323-7723</p> <p>info@israelbookshop.com 410 Harvard Street, Brookline, MA</p>
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The Consulate General of Israel to New England Wishes You a Happy, Healthy & Sweet New Year!

שנה טובה, בריאה ומתוקה



ISRAEL The Consulate General of Israel to New England



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(We offer 50% off first year dues)

Please contact us at office@taynh.org or
603.669.5650.

We require masks and updated vaccinations.

Life, Ladies and Laughter

A NEW YEARS EVENT

September 20 | 6-9pm | \$35/person

Patio of Pressed Cafe, Bedford

Rain Location: Moved Indoors

Come relax and enjoy a glass of wine as we welcome in the Jewish new year. Mingle with other Jewish ladies from around the state. Join us anytime between 6-9pm.

Ticket price includes one glass of wine or beer and light appetizers. Additional food available for purchase.



Jewish Federation
OF NEW HAMPSHIRE

EVENT SPONSORED BY
FINE HOMES GROUP



Temple Israel Portsmouth: Adult Hebrew Language Classes Resume in Fall 2022

Temple Israel of Portsmouth is glad to announce that instructor Kathryn Mulhearn's adult Hebrew language classes, which moved to Zoom out of necessity during the pandemic, have thrived on the platform. Students from the Seacoast and beyond meet weekly to study and learn together. The next semester begins October 12, 2022, and registration is available via the Temple Israel office. Students should purchase their texts through Israel Book Shop in Brookline, MA, or online. Suggested donation of \$18 per semester.

Classes include:

- **Hebrew for Beginners** - Aleph-bet Beginner, **Tuesdays, 6:30 pm - 7:30 pm**
Text: *Teach Yourself to Read Hebrew* (EKS, revised edition). Ideal for those

new to Hebrew reading or who want to refresh their pronunciation and basic reading skills for further study. Good starting point for prayerbook, biblical, and modern Israeli Hebrew.

- **Prayerbook Hebrew** - Intermediate level, **Wednesdays, 7:00 pm - 8:00 pm**
Ongoing class. Text: *Prayerbook Hebrew The Easy Way* (EKS)
- **Biblical Hebrew Grammar** - Intermediate level, **Mondays, 4:00 pm - 5:00 pm**
Ongoing class. Text: *First Hebrew Primer* (EKS, 3rd edition with explanatory notes)
- **Tanakh Translation** - Intermediate to advanced level, **Wednesdays, 3:00 pm - 4:15 pm**
Ongoing class. Text: *Sefaria Digital Library* (online)

Temple Beth Abraham Hosts Program on Genetic Testing: Sept. 14 at 6:30 PM

By Sheryl Rich-Kern

What do you know about your genetic material – and how much do you want to know? On Wednesday evening, Sept. 14, at Temple Beth Abraham in Nashua, Drs. Stephanie Wolf-Rosenblum and Marissa Baltus will explain how to get reliable screening tests for Jewish genetic diseases such as Gaucher, Cystic Fibrosis and Tay-Sachs, as well as tests for some hereditary cancers. They will also discuss how to manage potential health challenges and privacy issues.

Dr. Stephanie Wolf-Rosenblum is a former Chief Medical Officer at South-

ern NH Medical Center and current Nashua Board of Health member. She holds degrees in medicine and public health.

Dr. Marissa Baltus is a board-certified internist who has been a primary care doctor at Lahey Clinic for the past 30 years, where she also teaches medical students and residents. She holds a masters in epidemiology.

Refreshments and kids activities will be available.

To register for in person or online attendance, please visit: <https://tbanashua.shulcloud.com/event/genetic-testing-program.html>



Now is the time, when new year's blessings and wishes pour out from every branch of our worldwide family. Your gift to the Jewish Federation of New Hampshire helps to fulfill those wishes — making an important difference in Jewish lives across town and across the globe. Help make it a sweeter new year for our entire community. Please give today.

L'Shana Tova

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Jewish Federation
OF NEW HAMPSHIRE



Shanah Tovah Umetukah!

Wishing you good health, prosperity
and happiness in the New Year.

Mayor Joyce Craig

  @JoyceCraigNH
 @JoyceCraigforManchester

Paid for by Joyce Craig for Manchester. Arthur Gatzoulis, Fiscal Agent.



Jewish Federation
OF NEW HAMPSHIRE

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L'Shana tova u' metuka!

**The Soreff Nation Salutes 5783!
May it be splendid, Healthy and
Wonderful!**

Steve Soreff and Peggy Tucker

L'Shana Tov to All

Marc Rubenson

**May the sound of the shofar herald
in a year of Health, Love and Peace.**

Renee Brenner

**Happy and Healthy New Year to the
Federation Family**

Frankie Shapiro

The Regen Family

**Best wishes for a New Year filled
with health, happiness and peace.**

L'Shanah Tovah

Bethlehem Hebrew Congregation

**Best wishes for a happy and healthy
New Year!**

*The Cohen Family: Tiffany, Daniel,
Skylar, Flynn, William, and Arabella*

Happy and Healthy New Year

The Kalik Family

L'Shana tova tikatev v'tichatem!

*Mike, Hannah, William and Judith
Boyd*

Shanah tovah

*Rabbi Robin, Cantor Shira and the
entire Temple Beth Jacob
community!*

**May 5783 bring to you the joyful
sound of the shofar as it welcomes
in the New Year with Peace, Health,
Happiness, Laughter, and Love!**

Shana Tovah!

The Jolton Family

**From our family to yours, wishing
you and yours a happy and healthy
New Year. Shana Tova**

Ken and Bertha Litvack

**L'Shanah Tovah. Best wishes for a
healthy, sweet and joyous New Year.**

Michele and Michael Bank

L'Shana Tova

*Kol Ha'Emek The Upper Valley
Jewish Community*

Happy and Healthy Holidays to all

Barrie and Barbara Ann Pastor

Best wishes for a sweet New Year.

The Regen Family

**Best wishes for a happy and healthy
New Year**

Rochelle and Gary Lindner & Family

Shana Tova

*Richard and Deborah Lutsk, Andrea,
Samir, Cooper, and Sloane Ragae,
Allison, Jack and Reid Kehoe, and
Stephen Lutsk*

**Thank you to Allyson, the staff, and
all our amazing board members for
keeping Jewish NH vibrant!**

The Richmonds

High Holiday Greetings to All!

Mike and Evelyn Miller

**Best Wishes to the Jewish
community of New Hampshire for a
safe, happy and healthy new Year!**

Roberta Gordenstein

**Shana Tova! Wishing you and your
families health and happiness
throughout the coming year.**

The Harrison Family

**Shana Tovah! Wishing you and
yours a happy and healthy New
Year!**

Alderman Will Stewart

**In memory of my parents Beatrice
and Maurice Bronstein**

Ruthann Bronstein Remis



Happy New Year!

High Holidays

New Hampshire High Holidays Service Guide 2022

Service Times by Synagogue

Bethlehem Hebrew Congregation

- **September 25: Erev Rosh Hashanah Service** – 6:30pm
- **September 26: Rosh Hashanah Morning Service, 1st Day** – 9:30am
- **Tashlich** – TBD
- **September 27: Rosh Hashanah Morning Service, 2nd Day** – 9:30am
- **October 4: Kol Nidre** – 6:30pm
- **October 5: Yom Kippur** – 10am
- **Additional Services** –
 - Yizkor: 10/5 at 12:30pm
 - Mincha: 10/5 at 5:00pm
 - Neila/Havdala: 10/5 at 6:15pm
 - Final Shofar: 10/5 at 7:00pm
- **In-Person, Virtual, or Hybrid:** Hybrid

Congregation Betenu, Amherst

- **September 25: Erev Rosh Hashanah Service** – 7:30pm
- **September 26: Rosh Hashanah Morning Service, 1st Day** – 10:30am
- **October 4: Kol Nidre** – 7:30pm
- **October 5: Yom Kippur** – 10:30am
- **In-Person, Virtual, or Hybrid:** Hybrid
- **Additional Information:** Guests should contact Congregation Betenu regarding tickets or Zoom links. Those attending in person must show proof of vaccination. Restrictions may apply depending on Covid levels.

Etz Hayim Synagogue, Derry

- **September 25: Erev Rosh Hashanah Service** – 7:15pm
- **September 26: Rosh Hashanah Morning Service, 1st Day** – 9:30a
- **Tashlich** – 1pm
- **September 27: Rosh Hashanah Morning Service, 2nd Day** – 9:30am
- **October 4: Kol Nidre** – 7:15pm
- **October 5: Yom Kippur** – 9:30am
- **Additional Services** –
 - Family Service – 9/26 at 2:30pm
 - Discussion Group - Future of Judaism – 10/5 at 4pm
 - Family Service - 10/5 at 1pm
 - Afternoon/Yizkor/Neilah services - 10/5 at 2:30pm
- **In-Person, Virtual, or Hybrid:** Hybrid
- **Additional Information:** For Zoom link, call EH office at 603 432-0004 or email office@etzhayim.org.

Kehilat Har Lavan

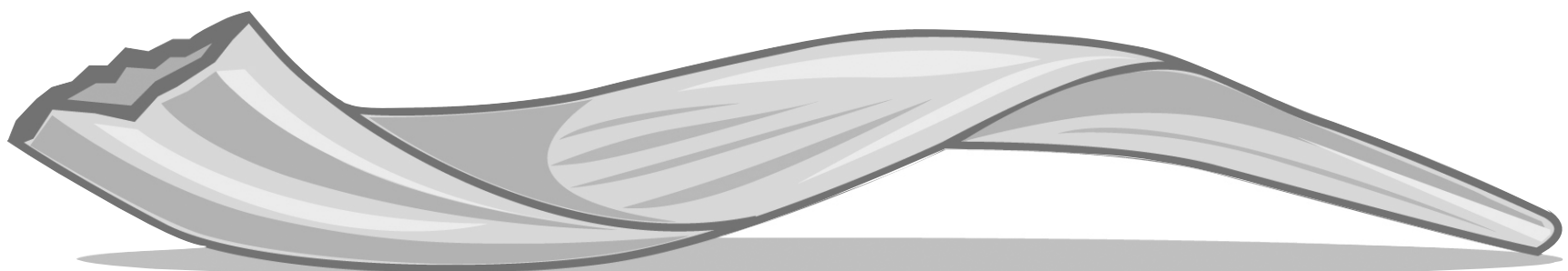
- **September 25: Erev Rosh Hashanah Service** – 7:00pm
- **September 26: Rosh Hashanah Morning Service, 1st Day** – 9:30am
- **Tashlich** – 12:30pm
- **October 4: Kol Nidre** – 6:00pm
- **October 5: Yom Kippur** – 10:00am
- **Additional Services** –
 - Yizkor – 10/5 at 12:30pm
- **In-Person, Virtual, or Hybrid:** Hybrid
- **Additional Information:** Email us for additional information.

Kol Ha'Emek Upper Valley Jewish Community, Hanover

- **September 25: Erev Rosh Hashanah Service** – 7:00pm (at Alumni Hall)
- **September 26: Rosh Hashanah Morning Service, 1st Day** – 9:00am (Alumni Hall)
- **Tashlich** – 3:00pm (Occom Pond)
- **September 27: Rosh Hashanah Morning Service, 2nd Day** – 9:00am (Roth Center)
- **October 4: Kol Nidre** – 7:00pm (Alumni Hall)
- **October 5: Yom Kippur** – 9:00am (Alumni Hall)
- **Additional Services** –
 - 9/26/2022 Rosh Hashana Family Service (Storrs Pond, Byrne Pavilion) at 10am
 - 9/26/2022 Rosh Hashana Tot Service (Roth Center) at 10am
 - 10/5/2022 Yom Kippur Family Service (Storrs Pond, Byrne Pavilion) at 10am
 - 10/5/2022 Yom Kippur Tot Service 10 am (Roth Center)
 - 10/5/2022 Yizkor Service 4 pm (Alumni Hall)
 - 10/5/2022 Mincha Service 5 pm (Alumni Hall)
 - 10/5/2022 N'eilah Service 6 pm (Alumni Hall)
- **In-Person, Virtual, or Hybrid:** Hybrid

Temple Adath Yeshurun, Manchester

- **September 25: Erev Rosh Hashanah Service** – 8:00pm
- **September 26: Rosh Hashanah Morning Service, 1st Day** – 10:00am
- **Tashlich** – 4:15pm
- **September 27: Rosh Hashanah Morning Service, 2nd Day** – 10:00am
- **October 4: Kol Nidre** – 8:00pm
- **October 5: Yom Kippur** – 10:00am
- **In-Person, Virtual, or Hybrid:** Hybrid
- **Additional Information:** Masks/vaccinations and ticket required.



High Holidays

Temple Beth Abraham, Nashua

- **September 25: Erev Rosh Hashanah Service** – 7:30pm
- **September 26: Rosh Hashanah Morning Service, 1st Day** – 10:00am
- **Tashlich** – 1:30pm
- **September 27: Rosh Hashanah Morning Service, 2nd Day** – 10:00am
- **October 4: Kol Nidre** – 6:00pm
- **October 5: Yom Kippur** – 10:00am
- **Additional Services** –
 - Family Tashlich - 9/26, 4:30 pm
 - Outdoor Shofar Service - 9/27, 4:30 pm
 - ReNewYear Service - 10/5, 10:00 am
 - Young Family Service - 10/5, 10:30 am
 - Afternoon Service/Mincha - Wed., 10/5, 5:15 pm
 - Neilah - 10/5, 6:15 pm
- **In-Person, Virtual, or Hybrid: Hybrid**

Temple Beth Jacob, Concord

- **September 25: Erev Rosh Hashanah Service** – 7:30pm
- **September 26: Rosh Hashanah Morning Service, 1st Day** – 9:30am
- **Tashlich** – 2:15pm
- **September 27: Rosh Hashanah Morning Service, 2nd Day** – 9:30am
- **October 4: Kol Nidre** – 7:30pm
- **October 5: Yom Kippur** – 9:30am
- **Additional Services** –
 - Rosh Hashanah Family Service at the Everett Area boat ramp grass – 9/26 at 1:30pm
 - Yom Kippur Family Service – 10/5 at 1:30pm
 - Yom Kippur Afternoon, Yiskor, N'ilah – 10/5 at 3:30pm
- **In-Person, Virtual, or Hybrid: Hybrid**
- **Additional Information:** Any changes will be noted on the TBJ website. Alternative services will be offered in the afternoon for Rosh Hashanah Day 1 and Yom Kippur. Please contact the temple office for times and location.

Temple B'Nai Israel, Laconia

- **September 25: Erev Rosh Hashanah Service** – 7:30pm
- **September 26: Rosh Hashanah Morning Service, 1st Day** – 10:00am
- **Tashlich** – 1:30pm
- **September 27: Rosh Hashanah Morning Service, 2nd Day** – 10:00am
- **October 4: Kol Nidre** – 7:30pm
- **October 5: Yom Kippur** – 10:00am
- **Additional Services** –
 - Yizkor: 10/5 at 12:00pm
 - YK afternoon/neilah – 10/5 at 4:45pm
- **In-Person, Virtual, or Hybrid: Hybrid**
- **Additional Information:** Email info@tbinh.org to request Zoom links.

Temple Israel, Manchester

- **September 25: Erev Rosh Hashanah Service** – 6:30pm
- **September 26: Rosh Hashanah Morning Service, 1st Day** – 9:00am
- **Tashlich** – 1pm (October 2, 2022)
- **September 27: Rosh Hashanah Morning Service, 2nd Day** – 9:00am
- **October 4: Kol Nidre** – 6:30pm
- **October 5: Yom Kippur** – 9:00am
- **Additional Services** –
 - 9/27 at 9:00am
 - 10/1 at 10:00am
 - 10/5 at 5:15pm
- **In-Person, Virtual, or Hybrid:** In-person, virtual component TBD

Temple Israel Portsmouth

- **September 25: Erev Rosh Hashanah Service** – 7:00pm
- **September 26: Rosh Hashanah Morning Service, 1st Day** – 9:00am
- **Tashlich** – 1:00pm
- **September 27: Rosh Hashanah Morning Service, 2nd Day** – 9:00am
- **October 4: Kol Nidre** – 6:15pm
- **October 5: Yom Kippur** – 9:00am
- **Additional Services** –
 - Rosh Hashanah Family Service - 9/26, time TBA
 - Tashlich and shofar blowing at Henry Law Park, Dover (the Tashlich time of 1:00 on previous page refers to location at Prescott Park, Portsmouth) – 9/26 at 3:30pm
 - Yom Kippur Family Service – 10/5, time TBA
 - Yom Kippur afternoon service (Jonah) - 10/05 at 4:45 pm
 - Yom Kippur Neilah service - 10/05 at 6:00 pm
 - Break the Fast meal - 10/05 at 7:15 pm
- **In-Person, Virtual, or Hybrid: Hybrid**
- **Additional Information:** All High Holiday attendees must preregister for in-person services or to receive the Zoom link. Please see the Temple Israel website or contact the temple office for additional information including registration instructions.





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8:00pm



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In the Community

A fond farewell to Judy Goldstein, who retires from TBA after 28 years

At the end of June, Judy Goldstein retired as Office Manager at Temple Beth Abraham in Nashua. Judy worked for the synagogue for twenty-eight years! She and her husband Steve have been members even longer, since 1978. Judy has long been the friendly and helpful voice on the phone and the welcoming face of Beth Abraham. To mark the occasion, Judy looked back on what brought her to Beth Abraham and her work in the Jewish community in a conversation with Sarit Ferreira, the Temple's Director of Education and Community Engagement.

Judy grew up in Silver Spring, Maryland. Though she wasn't raised particularly observant, she attended religious school three times a week and Hebrew High as well. Her mother and aunt were both teachers and directors of Jewish pre-schools and active in Hadassah as regional officers. Judy was involved in the Young Judaea youth movement and attended Camp Tel Yehuda. As an



eighth grader, she was selected for a special learning program at Camp Ramah in New York. From there, Judy attended college at the University of Maryland. She met Steve at a JCC dance during college, and they got married upon graduation. They moved to Nashua in 1978, when Steve was offered a software job at Raytheon. Jeremy was born in 1980 and Dan in 1984.

One of the first things they did on arriving in Nashua was to call Temple Beth Abraham. They joined and began to

meet people in the community particularly through ORT. They played bridge, bowled, had a couples' club for social events. Temple Beth Abraham, then as now, was made up of a lot of people from other places, who gravitated toward each other because family was far away.

When the boys were in school full time, then-TBA-president Elaine Brody hired Judy to be a part-time secretary. Florence Marshall, who had been the TBA secretary for 23 years, was easing her way out of her position on the way to retirement. Judy worked alongside Florence and picked up the bookkeeping as well. When Florence retired, Judy became the full-time Office Manager and Bookkeeper.

Judy looks back on her work with three rabbis, fifteen Board presidents and seven treasurers, and her colleagueship with Diane Toth and Richard Bryant, our long-time Facilities Manager. Judy enjoyed working on the monthly bulletin with Jules Lechuk and Ben Freedman, of blessed memory. She served on the

Board of Directors for the Shalom Pre-school, which met at the Temple, and became co-president, along with many positions in Sisterhood and ORT.

Looking back on it all, Judy says, "This has been the longest job I ever had, and it is hard to step away. But it is also time to do that. Things have changed in the temple, and in my life, and I need to figure out what the next chapter is. I know I'll get together with friends, play mah jongg, exercise more, and volunteer. My wish for TBA is that it continues to remain successful, that the membership grows, and now that COVID is ending, I hope the community feels like it used to be – connected and like a big family. I'm feeling hopeful, and plan to help in any way I can."

In the fall, we will be holding a celebration in Judy's honor. For details, watch tbanashua.org. We thank Judy Goldstein for her long service to our Jewish community and wish her good health and joy in her retirement!

OCTOBER

- 14 Haunted Illusions *Bewitching Halloween Magic*
29 Capitol Comedy *Political Sketch Theater*

NOVEMBER

- 4 & 5 Aaron Tolson *Tap Dance Virtuoso*
11 John Scofield *Jazz Guitarist Legend*

DECEMBER

- 2 A Christmas Carol *A One-Man Holiday Revue*
9 Cherish the Ladies *A Celtic Christmas Revelry*

FEBRUARY

- 3 Livingston Taylor *Songwriter, Maestro, Icon*
23 Natalie MacMaster & Donnell Leahy
Cape Breton's Acclaimed, Married, Fiddling Duo

MARCH

- 11 Lúnasa *A Saint Patrick's Day Celebration*

APRIL

- 27 Cirque Alfonse *Modern Circus Arts*

MAY

- 5 Johnny Peers & Muttville Comix
Clown & Canine Family Vaudeville

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2022
2023
SEASON

In the Community

Dr. Deborah Gerson will present “Climate Change and Your Health: Why it Matters!” at Etz Hayim

Dr. Deborah Gerson will give a talk titled “Climate Change and Your Health: Why it Matters!” on Thursday, September 8, 2022, at 7 PM at Etz Hayim Synagogue. She is the first in the Etz Hayim Synagogue’s Adult Continuing Education Program 2022-2023 Jewish Calendar 5783, Hot Topics, and Cool Contemporary Stuff Series.

Dr. Gerson is a pathologist practicing at Catholic Medical Center in Manchester, where she has seen the health effects of global warming in her practice with the increase in tick-borne diseases such as babesiosis and Lyme disease. She practiced pathology for several years in Florida where she learned first-hand the health dangers caused by hurricanes and extreme heat. Dr. Gerson is part of New

Hampshire Healthcare Workers for Climate Action. It is a grassroots, non-partisan coalition, including doctors, nurses, behavioral health practitioners, hospital workers, public health and policy experts, and students in these fields who seek to educate healthcare workers and the community about the health effects of climate change in order to work in support of climate solutions to improve health for all.

All programs are held at Etz Hayim Synagogue, 1 ½ Hood Road, Derry, NH 03038 in person. For more information, please contact Stephen Soreff, MD, at soreffs15@aol.com or 603-895-6120. These programs are open to the public and at no charge. Donations to the synagogue to allow us to continue with these and other programs are welcomed.




Dr. Deborah Gerson

JEWISH FEDERATION OF NEW HAMPSHIRE
Annual Meeting
07 SEPTEMBER 2022
6PM
Zoom



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In the Community

A D'var Torah with Motion and Emotion

By Steve Soreff, MD

During Friday night Services, July 22, 2022, at Etz Hayim Synagogue in Derry, Sasha Soreff offered a d'var Torah based on *Parshat Pinchas*. Numbers 25:10–30:1.

Sasha is a dance teacher and life coach in New York City and was in New Hampshire visiting family. Sasha has had a career in sharing the transformative power of movement and creative expression. She began her d'var Torah by briefly reviewing the key parts of the Torah portion, *Pinchas*, offering the theme of transitions in life. She then asked the congregants to reflect on significant transitions they have experienced in their own lives. One person talked about his daughter coming home for the summer from college. Sasha translated the tale into hand movement of coming and going, and she invited the congregation to join her.

Another person described the death of her husband and how that had brought pain and growth. Again, Sasha offered a resonant gesture, and invited the congregation to enact the movement, after repeating the first gesture. Ultimately, Sa-



Left, Sasha Soreff; right, Amy Dattner-Levy.

sha elicited five stories each accompanied by hand and arm movements. It was a symphony with the synergy of emotion and motion. Etz Hayim cantorial soloist Amy Dattner-Levy added music to the movements.

Here is how Rabbi Peter Levy described her d'var Torah performance:

“The unique aspect of her d'var was the inclusion of physical hand movements based upon the portion's theme of transitions. Congregants offered transitions in their lifetime and then created hand movements to symbolize those transitions. Sasha then teamed up with our cantorial soloist Amy Dattner-Levy to set these movements to a nigun. The resulting experience touched people on many different levels. It provided a new way for people to connect to Torah.”

A congregant said, “She did a wonderful job of translating people's transitions to art.”

Etz Hayim has invited Sasha to return to do another emotion-motion d'var Torah in the fall. Thank you, Sasha, for sharing another way of doing the d'var Torah.

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Honey Cake: A Poem

By Eileen Regen, Bethlehem Hebrew Congregation

I had honey cake for breakfast,
Not exactly the breakfast of champions,
Nonetheless, a breakfast of sunny autumn memories,
Reflections of eighty-plus Rosh Hashanah seasons,
Of mother, father, sister – my family of beginnings.
Honeyed times of joy with husband, sons, grandchildren . . .
Blended with cinnamon and allspice
Peppered with moments of fear and strife
Smooth, red, yellow, orange, green flashes
Of hope – many colors, many shadows
Sparkling, flowing.
Thick, sticky, airless darkness
Textured with painful loss,
Bumpy, crunchy, rough surfaces
Over which to tread with care and courage.

I had honey cake for breakfast!
Who cares, but me!
I've lived through eighty-two Rosh Hashanah celebration days –
Throughout the years caressed the worn machzor pages,
Always the same, beloved, trusted friends.
And each year I find new meaning in familiar phrases,
New depths to cherished melodies
To add to collected wisdom and fluttering visions
And sounds of cantors long ago –
Firm voices and chazzanut echoing still through my being.

I had honey cake for breakfast
And time dissolved into flashes of love and caring,
Growing and challenging
As I learned the ways of my family, my generation, my world.

I had honey cake for breakfast
To celebrate the new year.
I crave the sweet honey and cinnamon-spicy nectar
Of fresh honey cake,
Round as the cycles of my years,
Years of love,
Shared with generations of family and friends
Across the globe . . .
Through times of peace, times of war
Times of surfeit, times of loss,
Times of boundless joy, times of bottomless despair.

I had honey cake for breakfast.
Its moist dense bites filled with plumped black and golden raisins
Fill my Self with cherished memories
And renew silver-shimmering hopes for the new year.

Time brings bold flashes of faces, landscapes, adventures
And suddenly sunset reds and golds fill the sky
Affirming the sweet promises of the new year.

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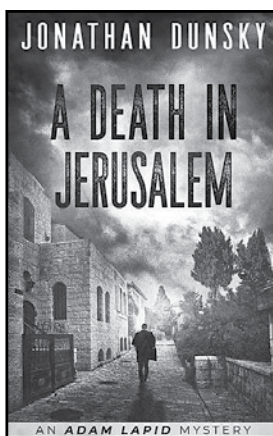
Chris and Valerie Sununu

Book Review

Reviewed by Merle Carrus

A Death in Jerusalem by Jonathan Dunsky

Historical novels are always so satisfying because the reader learns something new that they had not known before. When you combine history with a clever mystery plot, the narrative is even more fascinating. For example, author Jonathan Dunsky has combined the intrigue of a good mystery with the history of Israel in 1952 in his new novel *A Death in Jerusalem*, a thrilling tale that follows protagonist Adam Lapid.



Israel accepting reparations from Germany. In real-life, Germany in 1952 was becoming successful through industrial production, and Lapid represents the survivors who were not ready to forgive Germany for their crimes—and did not want to accept money or goods and products from the recent enemy.

The history of Jerusalem as a divided city and the efforts of David Ben-Gurion and Menachem Begin during the time in Israel's history are all interesting facts that are intertwined with the fictional mystery plot of a young girl, Moria Gafni, who has committed suicide. Her father, Baruch Gafni, a wealthy businessman with connections in high places, is able to rescue Adam Lapid when he gets into trouble with the police at the protest outside

the Knesset. In exchange, Lapid has agreed to find out why Moria committed suicide.

There are many twists and turns that lead Lapid into some very dangerous situations and a few red herrings that keep the reader guessing who Moria was involved with that led her to end her life. Some of the violent descriptions of Adam getting into fights on the street were difficult to believe—it's hard to imagine a person really living through the harm he encounters without having to go to the hospital—but the storyline is unusual, in all the right ways, and keeps the reader's interest until the end. The Israeli history is an added bonus, as well,

and it's intriguing to learn more about the early days of the state's first leaders and how they were able to avert financial catastrophe, while also eventually establishing full diplomatic relations with Germany in 1965.

Jonathan Dunsky is the author of the Adam Lapid historical mysteries series, which take place in the early days of the State of Israel and follow a private investigator Adam Lapid who is also a Holocaust survivor and former Nazi hunter. The sixth novel, *The Auschwitz Detective*, is a prequel that takes place in Auschwitz-Birkenau in the summer of 1944. Dunsky resides in Israel with his wife and two sons.

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Film Review

Reviewed by Zach Camenker, NH JFF Committee Member

‘King Bibi’ and miscellaneous recommendations

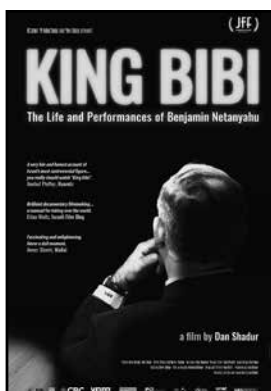
As I mentioned in my write-up last month, Chai Flicks, which streams Jewish and Israeli content, has released several documentary films about various Israeli prime ministers. I just recently watched the 2018 film *King Bibi*, which chronicles the rise of former Prime Minister Benjamin Netanyahu and his controversial tenure in the role. Available on both Chai Flicks and Amazon Prime, *King Bibi* presents a wealth of information on Netanyahu, particularly through interviews that have rarely been screened before, as a means of portraying Israel’s longest-serving prime minister.

Born in Tel Aviv and raised both in Israel and the United States, Netanyahu’s rise to power is far from typical. Following his studies at MIT, Netanyahu worked for a large marketing firm and exhibited little interest in politics. The 1976 killing of his brother Yonatan in a counter-terrorism rescue mission in Israel changed his life’s course significantly, prompting him to return to the Holy Land and begin studying international terrorism. The documentary does well providing the backstory of “Bibi” without sweeping over his early years. Instead, the first half of the piece relies heavily on presenting Netanyahu as a relative outsider to the political sphere. We see how his strong public speaking training, bilingualism, and somewhat enigmatic side made him appealing to both the American and Israel media as a young man prior to assuming

his role as Israeli Ambassador to the United Nations in 1984.

Anyone who has followed Israeli politics or Netanyahu’s terms as prime minister (both 1996-1999 and 2009-2021) knows that he is a particularly controversial figure. The film does not shy away from that, but also presents significant detail and information about what made Netanyahu so politically appealing, especially in the early stages of his career. Additionally, director Dan Shadur constructs the narrative about Netanyahu with a lot of historical background on Israel as a nation, avoiding bias at times by highlighting the triumphs and downfalls of other leaders.

One thing that is fascinating to watch is how Shadur compares and contrasts Israel’s political scene with the United States. As Israel is a much younger and smaller nation in comparison, one may think that the similarities are few. In watching *King Bibi*, I found more similarities than I expected and was also intrigued by how politicians in both countries have long aimed to be allies and friends. Shadur provides archival footage of meetings between President Ronald Reagan and Prime Minister Yitzhak Shamir, President George H.W. Bush’s eventual pledge for peace amidst The Gulf War, and President Bill Clinton’s close relationship with Prime Minister Yitzhak Rabin. Lurking in the background throughout is Netanyahu himself, at times enigmatic and unknown to the public in his youth and at other times



rising to fame and recognition while decrying the opposition’s views.

What perhaps struck me most about this incredibly educational film were two things. First, I knew nothing about Netanyahu’s rise to power following the assassination of Yitzhak Rabin. Rabin’s death shook so many, particularly Clinton, and following the brief

tenure of Shimon Peres in his second stint as prime minister, Netanyahu won by a large margin in 1996. But his own first stint in office proved challenging, leaving him on the losing side in 1999. Second, I was fascinated by how Netanyahu’s return to power and eventual second term that lasted over a decade was influenced so much by conservative politicians in both Israel and the US throwing their support behind him. I knew this was a part of the story, but not to the degree that Shadur presented. I could not help but see a lot of resemblance between our own political system and the divisiveness that has only increased in the last 20 years. Overall, the film is a great portrayal of how one with a certain persona can rise to political power and of a man who has been beloved by just as many as he has been hated. The focus of how he has shaped Israel today, for better or for worse (depending on who you ask), does not go unnoticed in the narrative. If you are looking for further background on Israeli politics and the history of the role of prime minister, as well as a more modern take, this is a good piece.

On a different note, I have a few brief recommendations for some lighter reading and viewing based on my own summer books and movies consumption. I recently read two great autobiographical film books. First, the inimitable Mel Brooks, who just turned 96, released his book *All About Me* late last year. It is entertaining, incredibly detailed, and full of the schmaltz that you’d expect from such a legend. If you’re as big a fan as I am, you won’t be able to put it down! I also read a book written by film critic Michael Koresky called *Films of Endearment: A Mother, a Son and the '80s Films That Defined Us*. Coming with high praise from my bookworm of a father, this page turner was a delight-

ful look into a shared love of movies. Raised in Massachusetts in a Jewish household while coming to terms with his own identity as a gay man, Michael and his mother grew to find solace in cinema, something I could relate to extensively.

Lastly, I recently made a trip to New York City, my first since the summer of 2019. Of course, I had to take in some Broadway! My timing could not have been better as I was there from July 28 to 30 and able to catch two shows before they closed and/or changed casts. I saw the much beloved Stephen Sondheim musical *Company*, revived in a gender-swapping production with Tony-winning performances by Matt Doyle and the incomparable Patti LuPone, as well as Israeli-American actor Etai Benson. It closed on July 31 and will run a National Tour in 2023. I cannot recommend it enough and hope you’ll get the chance to see it if it comes this way! I also saw *Funny Girl*, which I’ve always loved to pieces, in its first revival since 1964! Actress Beanie Feldstein was playing Fanny Brice through July 31 and I got to see both her and the always funny Jane Lynch the night I was there. Feldstein, the sister of actor Jonah Hill, was a wonderful Fanny and brought her own playful schmaltz to the role in a new and exciting way. She was also a complete doll when I met her at the stage door after the show (see the picture)!

If you are a fan of the show and can get to New York to see it before it closes, I think you’ll really enjoy it, even with the casting changes. If not, you can catch the movie on Amazon Prime! Thank you, as always, for reading, and until next time...



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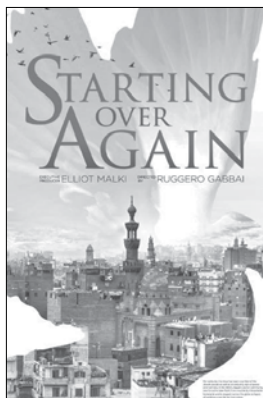
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Executive Producer: Elliott Malki
Director: Ruggero Gabbai
Documentary, 2015, Italy
64 minutes
English

Starting Over Again

Streaming Thursday, October 13-22, 2022 on Eventive

Join us at JFNH for an in person screening, October 20, 1pm
Post film zoom discussion on Sunday, October 23 time TBA
with Director Gabbai and Producer Malki.

Starting Over Again is a 2015 documentary about the exodus of the Jews of Egypt between 1948 and 1956. The story is told by 20 witnesses who narrate their own experience. The film covers personal emotional memories, through interviews, historical events and footage. Filming took place across the globe in Europe, USA and Israel. The documentary was officially selected at the Jerusalem Film Festival of 2015 and has and continues to play in Film Festivals worldwide.
Go to JFNH facebook for link to movie trailer.



Director/Producer: Toby Perl Freilich
Documentary, 2010, Israel/USA
80 minutes
English/ Hebrew with English subtitles

Inventing our Life: The Kibbutz Experiment

Streaming Sunday, November 13-20, 2022 on Eventive

Join us at JFNH for an in person screening, on November 17, 1pm
Post film discussion on Sunday, November 20, 3 pm with Stanford University Professor, Ran Abramitzky, author of The Mystery of the Kibbutz. Event is hybrid. Join us in person with Dr Richard England, moderator (for the zoom) at JFNH or by Zoom from your location.

This film examines the 100-year history of Israel's kibbutz movement as a modern generation struggles to ensure its survival amidst painful reforms and a new capitalist reality. We meet 1st, 2nd and 3rd generation members from kibbutzim like Degania, the flagship commune established in 1909; Hulda, once near collapse and recently privatized; and Sasa, the first to be settled entirely by Americans and today Israel's wealthiest kibbutz and Tamuz, an urban kibbutz founded in 1987 and located in Beit Shemesh.
Go to JFNH facebook for link to movie trailer.

Film series is FREE.

Suggested donation of \$18 or more supports JFNH Israel Committee programs. Donate Now at <https://jewishnh.org/ways-to-give/donate-online-new>

Please register early! Advance registration provides for registered attendees to receive by email both Eventive film links/passwords and Zoom links for the Speaker programs. Films will be available to stream on the dates so noted.

SPOTLIGHT ON ISRAEL EVENT SERIES



Jewish Federation OF NEW HAMPSHIRE | Israel Engagement and Education Committee

Save the Date: Sunday, December 4, 2022

A special JFNH Israel Engagement & Education Committee community program
Program, time, venue/location TBA

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Learning More About Israel, Through Film

By Evelyn Miller

As part of the Jewish Federation of NH, the Israel Education and Engagement Committee has been given the mission to familiarize our New Hampshire Jewish population more with Israel culture and society. I have to admit, this is quite a daunting task: Israel is a very young country with a VERY long history. It is a small country that has had its population grow with unexpected leaps and bounds. It is a country that is constantly re-adjusting itself to accommodate population influx and diversity. It is a country that must deal creatively with a harsh and difficult climate, and it is a country that is in a very complex neighborhood. So, in an attempt to give a clearer picture of the diversity of the Israeli population, our Spotlight on Israel film series is featuring a film in October on Israel's ever-expanding diverse population. *Starting Over Again* is a wonderful and engrossing documentary

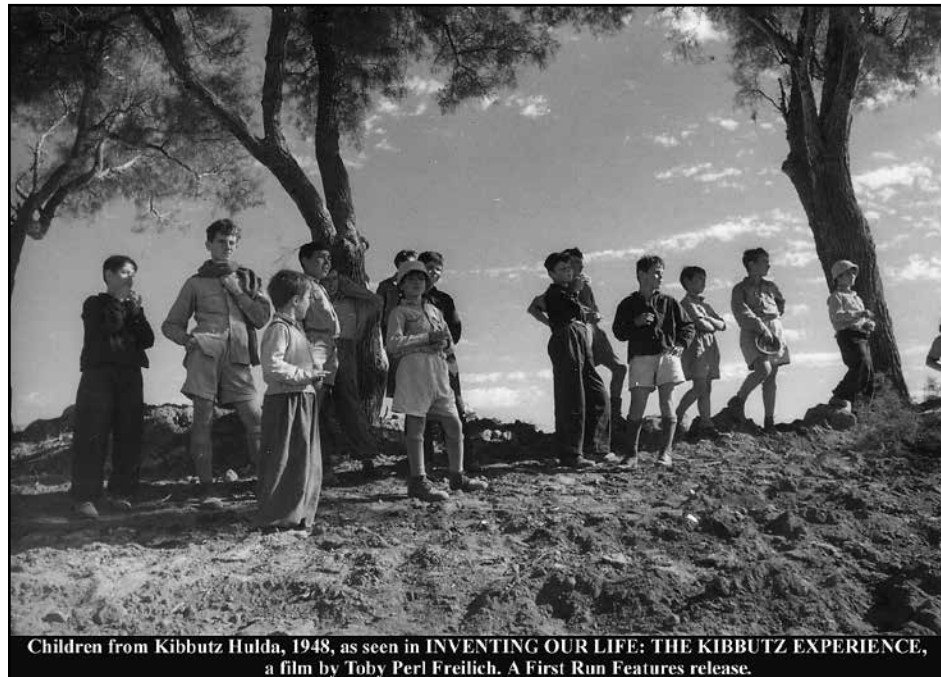


SPOTLIGHT
ON ISRAEL



film that tells the story of a free and open Egyptian society. Thousands of Europeans and Jews settled there for centuries enjoying the Mediterranean lifestyle. With the fall of King Farouk and the establishment of a new government, life changed. Through live interviews and historical film footage we will learn the before and after story of the exodus of 85,000 to 90,000 Jews from Egypt to other countries including Israel. We will hear of persistent strength, refusal to fold, and the determination to begin a new life even though facing new and unexpected challenges and hardships.

We are very fortunate to have both the film's director, Ruggero Gabbai, and the film's producer, Elliot Malki, available for an October afternoon interview.



Children from Kibbutz Hulda, 1948, as seen in *INVENTING OUR LIFE: THE KIBBUTZ EXPERIENCE*, a film by Toby Perl Freilich. A First Run Features release.

Our second film in our Spotlight on Israel series will be in November. *Inventing Our Life: The Kibbutz Experiment* looks at the building block to Israel's early development. This movement has contributed greatly to Israeli society but has also undergone multiple changes to fit the needs of the Israeli people and the times. The film meshes first, second, and third generation kibbutzniks interviews, includes commentary from Israeli scholars, and tours numerous kibbutzim thru vintage footage and present-day trips. For this film, we are fortunate to welcome as our guest speaker, Ran Abramitzky, Senior Associate Dean for Social Sciences, Stanford Federal Credit Union Professor, Professor of Economics and Senior Fellow at the Stanford Institute for Economic Policy Research. He has written a book titled *The Mystery of the Kibbutz* and will share with us his wisdom on the subject.

To accommodate our post pandemic

NH Jewish audience, these films will be available FREE for virtual viewing on a designated week. We will also have an in person viewing of the film on a Thursday, light refreshments included. Finally, our panel discussions will be on a Sunday. They will be presented virtually with a live audience at the Federation office, or you can view it by Zoom in the comfort of your home.

All of this will be spelled out on our Spotlight on Israel flier (dates, times, sign up). We will advertise through *The NH Jewish Reporter* by email and on Facebook. Please save the date of Sunday, December 4, 2022, for a special JFNH Israel Engagement and Education community program. Mark your calendar, save this date and watch for program details, venue, and time to be announced to our NH community very soon. So, watch for the Spotlight on Israel flier, learn more about Israel, come socialize with your NH Jewish community!

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My Memorial Plaques and the Question of Ownership

By Joseph D. Steinfield

My grandfather Steinfield, for whom I am named, died in Claremont on December 12, 1911. He is buried in Aduv Israel Cemetery in West Roxbury, Massachusetts. My grandmother Steinfield died on October 23, 1943, more than ten years before Claremont acquired land on North Street for a Jewish cemetery. She is buried next to her brother and sister in the same West Roxbury cemetery as my grandfather, though in a different section, for reasons I'll never know.

I know those dates because they appear on my grandparents' bronze memorial plaques which, for as long as I can remember, were part of the large tablet located on the rear wall of the Temple Meyer David sanctuary in Claremont. Each year, on the anniversary of my grandparents' deaths, the light next to the plaque would be lit, and my father would go to the temple for *yahrzeit*, the Yiddish word for observing the anniversary of a loved one's death. Starting in 1952, after my *bar mitzvah*, he took me with him.

My paternal grandparents were joined on the sanctuary wall by my maternal grandparents, Lillian and Maurice Firestone, in 1960 and 1970; and by my parents, Frank and Irene Steinfield, in 1957 and 1998.

Six plaques in all, which recently became homeless.

Temple Meyer David is no more. By September 20, 2020, the size of the congregation had dwindled to the point where the temple could no longer sustain itself. On that date, the membership voted to dissolve the temple corporation, and over the months since then, the winding down process has gone forward. One part of that process is the Temple Meyer David Cemetery, the resting place of my parents and my Firestone grandparents. The other part is the building on Putnam Street (off Broad Street near the post office), which had once been a school. My father went there early in the twentieth century, and the Jews of Claremont bought the property in 1948.

Spearheaded by Claremonter Steve Borofsky, now a Manchester lawyer, the committee in charge of the two legal enti-

ties, the cemetery and the building, has completed its work. The cemetery will be in the safekeeping of the Jewish Federation of New Hampshire in perpetuity, and the building has been sold. This leaves the matter of the torah scrolls and other religious artifacts that have resided in the Meyer David sanctuary for close to 75 years. What will become of them remains to be decided.

But I can tell you what has become of my ancestors' memorial plaques. In late June, Claremonter Ellen Usury, whose grandfather opened a butcher shop in Claremont more than a hundred years ago, let me know that she had the

plaques, and asked if I would I like to provide a home for them. I said yes.

So now I have possession of six two by ten-inch plaques, each weighing nearly a pound. I suppose I own them, but I'm not sure. I took property in law school, but we didn't cover memorial plaques.

What do I do with them? I suppose the answer is that I simply keep them in a safe place and pass them on to the next generation for safekeeping until they do the same.

Joseph D. Steinfield lives in Keene and Jaffrey. He can be reached at joe@joesteinfield.com.

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The Holiday Cards 4 Our Military NH Challenge Wants Your Cards

Dr. Laura Landerman-Garber of Hollis was not sure what would happen if the EL AL Airlines staff opened her suitcase for an inspection. After all, they probably would find it unusual—to say the least—to find hundreds of Hanukkah and Christmas cards in June! Not to mention twenty boxes of Girl Scout cookies, tucked in the middle.

To Landerman-Garber, though, traveling with cards of holiday cheer is not a unique experience. This is the 19th year of the Holiday Cards 4 Our Military NH Challenge, Landerman-Garber's 501c3 nonprofit that once had humble beginnings at her Thanksgiving table—an attempt to teach her then-young daughters about gratitude, patriotism, and tzedakah.

The cards tucked into her luggage were bound for the US Embassy in Jerusalem, gifts for the US Military serving in Israel. The messages of appreciation and holiday greetings, albeit a tad early, were written by Americans who each year heed the call to let our troops, veterans, and their families know that we recognize their service, and to hopefully offer a “bridge to home” as they are separated from their loved ones. The embassy staff were delighted to receive the delicious cookies, but it was the cards that brought tears to their eyes. “Just knowing that we want to reach out to them, in kindness, means the world to them,” Landerman-Garber explains.

These “#cards2connect,” as she calls them, decreases the distance that they feel from home, and lessens the ache of loneliness they can't help but experience at their separation from family and friends.

While you may ask why we are being challenged to create December cards as early as September, the answer is simple:



The Holiday Card Challenge has been up and running since December 26, 2021. 18,000 cards have already arrived at Landerman-Garber's mailbox for the 2022 Challenge. The card signers from all 50 States know now that the “do-good-feel-good” project is a yearlong process and the proofreading, bundling, and mailing of these cards—by now, totaling about 600,000 over the years—takes time.

Still, Landerman-Garber is always looking for more cards. As she explains, “Consider how your one card might impact one of our warriors, whether they are deployed overseas, stationed in place within the USA, reside in a veterans care residence, or are a family of five that sees an empty chair each night at dinner. Imagine how easy it would be to break out some paper and crayons, to create a holiday card for someone who is away from home defending the very freedoms that we cele-



brate during our High Holiday season.”

The guidelines are simple: Each card should start with “Dear Warrior, Happy Holidays,” and contain a holiday message. Some hometown news such as favorite holiday traditions, hobbies, sports teams, books, and that sort of thing are welcome. It also invited for card-senders to draw a picture, write a poem, include a riddle. From there, only first names should be signed—no surnames—though schools, groups, or business names can also be included. Envelopes are not needed, but if used, should not be sealed.

These cards should be dropped off at designed drop locations, as seen on the website, www.MilitaryHolidayCardChallenge.com, or mailed to Landerman-Garber at PO Box 103 Hollis, NH 03049. Many drop stations have free cards. The general deadline is Veterans Day.

It is never too early to join in, whether for the first time or for the 19th time. Whether you write five cards or 100, your card will bring a smile to one of our warriors. If creating a card is not for you, there are many other ways to assist: from proofreading and bundling the



cards, to fundraising, and more. The initiative gratefully accepts individual and business financial partnership, including our Sponsor-A-Box initiative that highlights your family or business on a box of 1,000 cards. Check out Givebutter.com, a nonprofit fundraising platform that was in fact created by one of our NH community's own, Max Friedman.

It is clear that Landerman-Garber loves a challenge, and the Holiday Card 4 Our Military and #cards2connect challenges invites all to join in. It takes a village!

Contact information: Laura Landerman-Garber PO Box 103 Hollis NH 03049
Facebook & Instagram: Holiday Card Challenge.

LinkedIn: Dr Laura Landerman Garber & Holiday

Cards 4 Our Military Challenge Website: www.militaryholidaycardchallenge.com

If you would like to create your own card challenge in your neighborhood, school, business, or synagogue, that would be fantastic. Contact Landerman-Garber at HolidayCardsNH@gmail.com and she will lend a hand!

Mindfulness Based Bereavement Group at Temple Israel Portsmouth

By Allison Miller, PhD, Licensed Clinical Psychologist, Yoga - Mindfulness Teacher

This spring, Temple Israel of Portsmouth received a mini-grant from the Jewish Federation to offer an 8-week Mindfulness Based Bereavement Group. Rabba Kaya Stern-Kaufman was aware that many in the congregation had suffered losses during the pandemic and envisioned the temple as a source of support: the group began in May and ran through August 9th. Because it has been so beneficial, it will continue through September 20th, meeting Tuesdays, from 12 - 1:15pm. Registration is still available here: <https://templeisraelnh.shulcloud.com/event/bereavement-support-group.html>.

[reavement-support-group.html](https://templeisraelnh.shulcloud.com/event/bereavement-support-group.html).

One tenet of the group is that we need community when we grieve, and we need to know we are not alone. This weekly meeting gave participants a felt sense of community and the mutuality of grief and loss; in other words, how universal this pain is. We began by acknowledging that “grief is the way that love honors what its lost” (Martine Prechtel), and that it is necessary to make space for the pain not only for healing, but also as an act of respect. Through mindful breathing and a willingness to listen to our grief, participants connected to their own innate wisdom, and witnessed the same in each other.

We reminded ourselves throughout, that even though grief never ends, the pain changes over time into an ever-present love for whoever we've lost; though this transformation only happens when we listen to our grief so that this process can unfold. This group supported that unfolding, following the river of each person's grief to see where it led. We saw that we can't control the timing, but that if we allowed our grief, it led us where we needed to go. Each week we discovered how our mutual experiences allow us to be a source of solace for one another.

We also learned that losing a loved one can feel like losing our identity, and that healing may involve re-discovering who

we are without them. Though this is scary, it is easier to face in the community that the group provided. In the end we have been grateful for the precious time together and the chance to bring John O'Donohue's poignant words to life:

*Gradually, you will learn acquaintance
With the invisible form of your departed;
And, when the work of grief is done,
The wound of loss will heal
And you will have learned
To wean your eyes
From that gap in the air
And be able to enter the hearth
In your soul where your loved one
Has awaited your return
All the time.*



An Inclusive Israeli Innovation

By Richard England

Israeli innovations in agriculture, medicine and computing have received a lot of popular attention, and their use has spread around the globe. For example, a water-saving drip irrigation system developed by Israeli farmers is used by African villagers, and versions are even sold at Lowe's and Home Depot. Robotic exoskeletons to assist the physically disabled and artificial retinas to restore vision are just two of many medical and pharmaceutical innovations created by Israeli researchers. And it was at Motorola's R&D center in Israel that the first cell-phone technology came into being decades ago.

Less well-known is a *social* innovation that aims to improve the lives of Israelis with mental disabilities. Kibbutz Kishor, or Kishorit, is a community founded 25 years ago that is located in Israel's north. Its founders included Yael Shilo and Shuki Levinger, both of whom were dissatisfied with the living arrangements available to adults with special needs. Public institutions, on the one hand,



treated their residents as "patients" and encouraged dependence on caregivers. Providing urban apartments to the disabled, on the other hand, often resulted in social isolation and loneliness.

After receiving permission from the Israeli government to redevelop an abandoned kibbutz, Shilo and Levinger began to assemble a neurodiverse kibbutz whose members included individuals with special needs as well as neurotypical families. Today there are 186 neurodiverse members and 45 neurotypical families who live and work at Kishorit. Members of the kibbutz range in age from 18 to 71 years. Shilo and Levinger adopted the following set of guiding principles as they helped to build their inclusive community:



- Community – promotion of a sense of belonging.
- Employment – provision of opportunities for productive labor matching individual abilities and talents.
- Autonomy – opportunities for individual choice, not dependence on institutional rules.
- Dignity – treatment of the individual as a member, not as a patient or client.

In order to employ and support its diverse residents, Kibbutz Kishor has created a wide variety of business enterprises. These include a dog breeding and boarding kennel, an egg farm, an organic goat milk and cheese operation, a bakery, a vineyard and highly regarded winery, and a video production company. The

kibbutz also provides bomb shelters near these places of work because Iran-backed Hezbollah has missile launching sites only a few miles to the north in Lebanon.

Although Kishorit has succeeded as an inclusive community for several decades, it nonetheless faces financial challenges. In addition to revenues from its various business enterprises, the kibbutz relies on government funding, private donations, and volunteer labor from young Israelis who will soon serve in the IDF. In an effort to attract more neurotypical members, the kibbutz plans to build additional housing for a hundred families in the near future. This will undoubtedly help some of those families who find housing unaffordable in Haifa and other Israeli cities.

If you would like to learn more about this fascinating social experiment, visit <https://kishorit.org.il> or read Matti Friedman's recent article in Tablet magazine (<https://www.tabletmag.com/sections/israel-middle-east/articles/kibbutz-matti-friedman>).

Richard England lives in Durham and loves to visit friends and family in Israel.

Hadassah Applauds Congress for Passing Gun Safety Legislation

By Michele Bank

Hadassah has a series of Zionist Education Discussions Online. You can watch Hadassah and WZO's Beit Ha'am, a Zionist video series that brings Israeli culture into your home. All six short films are available here: <https://www.hadassah.org/news-media/video-library#israel-and-zionism>.

Presently, Jewish women of all ages are thinking or rethinking their relationship with Zionism and the State of Israel. Hadassah NY is presenting Zionism Across the Spectrum on Zoom, on Thursday, September 15 at 7 PM. It will be an evening of conversation with Young Judea graduates and Hadassah members, young and not-so-young. You will hear their current ideas and concerns about Zionism and Israel. You can register for this program at [Hadassah.org](https://www.hadassah.org).

Hadassah advocacy contributed to the passage of the first bipartisan gun safety effort in over 20 years. They applaud Congress for coming together across partisan divides to pass the Bipartisan Safer Communities Act, which was then signed into law by President Biden on June 25, 2022. This meaningful gun safety legislation is a positive step toward making our neigh-

borhoods, places of worship, and families safer. It comes just days after a Supreme Court decision struck down a state gun law easing public access to firearms.

Gun violence is a public health crisis affecting communities across the US. Hadassah also continues to fight against antisemitism and hate in our places of worship, schools, workplaces and communities nationwide. The Jewish community knows the pain and damage gun violence cause, having seen numerous acts of hate targeting our synagogues, schools, markets, and community centers in recent years.

Hadassah members have been active in calling for gun safety legislation, including by writing to legislators through the National Action Center in favor of the bipartisan bill. Hadassah also joined with other Jewish organizations in sending letters to the Senate and House urging Congress to support the bill. The legislation enhances background checks, funds red flag laws, closes the boyfriend loophole, and increases funding for mental health resources. Take a moment to thank your legislators that supported the Bipartisan Safer Communities Act.

Hadassah also joined with 24-7, The People's Filibuster for Gun Safety, a plat-

form bringing forward voices from across America to show the impact of gun violence on so many, as well as offering widespread support for common sense action. Hadassah Advocacy Vice Chair Michelle Foster, a member of the Education and Advocacy Division, Hadassah Foundation Board and past president of Hadassah Greater Philadelphia, testified about her experience with gun violence in her community. Together, Hadassah and other members of our community stood united to curb gun violence harming our loved ones. Due to these efforts, legislators took the first bipartisan action on gun safety in over 20 years and brought the nation one step closer to a more peaceful, safer country for all.

In international news, Hadassah Hospital is utilizing a new cancer therapy tri-

al. It will become the first hospital in Israel to offer proton therapy treatment for cancer patients as part of a new clinical trial, thanks to a collaboration with the Israeli company P-Cure. As reported in *The Times of Israel*, "It's a way of delivering the best treatment while minimizing toxicity," Professor Aron Popovtzer, director of the Sharett Institute of Oncology at Hadassah Ein Kerem.

Most cancer radiation treatments are done with X-rays, which can damage healthy tissue. Proton radiation therapy, available at only 1% of the world's hospitals, can more accurately target tumors, not affecting healthy tissue.

For additional information about Hadassah, including how you can participate in Advocacy initiatives, please contact Michele.bank@gmail.com.

Help Wanted!

Do you live in Keene, Laconia, Bethlehem, Hanover, or another NH community and want to help produce the Jewish Reporter?

We are looking for people all over the state who are interested in writing about their local Jewish community.

To get involved, contact thereporter@jewishnh.org



JFNH Tributes

Received by August 10, 2022

Social Services

From Susan Sofman in honor of my daughter Lisa Korn, and her new position. So Proud!

Simchas

New! B'nai mitzvah, engagement, wedding or new baby in the family? Share your happiness with the community with a notice in the *Reporter's* new *Simchas* section. Your \$36 payment will support JFNH's nonprofit mission. Submit a short notice and photo to thereporter@jewishnh.org or JFNH, 273 South River Road, Unit #5, Bedford, NH 03110.

When submitting a Letter to the Editor, please include your name, town of residence, and contact information. Letters to the Editor must be under 300 words in length to be considered for publication. Send your letter by email to the reporter@jewishnh.org with "letter to the editor" in the subject line.

How to submit an obituary

The Reporter publishes obituaries for any member of the community, past or present, for a \$36 fee. Please send obituaries and one photo, if desired, as a separate jpg attachment to thereporter@jewishnh.org or to the office along with payment at: JFNH, 273 South River Road, Unit #5, Bedford, NH 03110.



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JFNH Tribute Cards: A Double Mitzvah

Sending a tribute card from the Jewish Federation of New Hampshire is one of the best ways to honor someone for any *simcha*, e.g. birthday, anniversary, bar/bat mitzvah. It is also the perfect way to say "Thank you" or to send your condolences.

Your JFNH tribute card serves double duty by helping to support the vital programs serving the New Hampshire Jewish Community.

All tributes will be listed in *The Reporter*.

Amount of Contribution:

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- NH Jewish Film Festival
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- Social Services
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Contribution: in honor in memory of on the occasion of

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Steven Cohen, Esq., LLM, CPA
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Sari Ann Strasburg, Attorney, CPA
Strasburg Law PLLC
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