

THE NEW HAMPSHIRE
Jewish **Reporter**

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New Hampshire

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Elul 5778-Tishrei 5779



HIGH HOLIDAY EDITION

Celebrate High Holidays in New Hampshire

This fall, the NH Jewish Reporter once again brings you a Guide to NH High Holidays, listing observances in many parts of the state (see page 13). Even if you are not a member, we invite you to contact your local synagogue (see listings, page 2) if you are interested in worshipping with them to welcome the New Year. Wishing you and yours a sweet New Year!



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jewishnh.org

Hear Ye! Hear Ye!
Come to the JFNH Annual Meeting on October 7!

By Paul Bieber

Manchester — This year's annual meeting, on Sunday, October 7, at 4 PM, will be special. We are meeting at Temple Adath Yeshurun (TAY), Manchester, for a dairy dinner with great conversations and ideas.

We are starting a new concept for our meeting: short speeches and a food drive, to help people in the Granite State. We are starting out with 60 cases of food donated by C&S Wholesale Grocers of Keene. We are asking each member who is attending to bring at least one bag of non-perishable food as their admission ticket. More on this further in this article.

The meeting will be chaired by Mindee Greenberg, our incoming Chair of Federation. You'll hear about the JFNH budget and our newest affiliated congregation, Chabad at UNH, Durham. You will applaud our Shem Tov honorees and enjoy a delicious, kosher, dairy dinner. We will discuss plans for the upcoming year and the year just passed. During dinner, our JFNH Shlichah, Noam Wolf, will serenade us, accompanied by her backup band.

Reservations are a must so we know how much food to order and how to set up the room. Call the office at 603-627-7679 or email info@jewishnh.org.

Children Are Welcome!

Be sure to bring your children of all ages. Congregation TAY is the home of our preschool, and we will have teachers and classrooms set up for all ages. There will be a special kosher dinner for the kids, too. After dinner, Noam will teach our children a song that will then be sung to the whole meeting. To say this is the best entertainment in the world is an understatement.

We will be launching this year's financial campaign. Please think about your donation to Federation for the upcoming year



Jewish Federation
OF NEW HAMPSHIRE

and be ready to proudly help our great Federation move forward. We don't charge dues, we don't charge when Noam visits every member synagogue at least four times this year, and we encourage all families to share in the family-centered events led by Allyson Guertin. We offer one-on-one social services help and support to our award-winning preschool. We service over 400 Jewish families in New Hampshire through the PJ Library book program, where we don't charge a penny for each month's book. And, you are reading this article in *The Reporter*, which is sent to over 3,000 families ten times a year.

We can't be a Federation without your financial support.

Back to the food drive. I expect we will have over a hundred bags of food, along with the generous donation from C&S. Do you know someone in the grocery business? Ask them to make a generous donation to this food drive. Wait, don't ask -- beg them to help us. We will recognize all commercial donors to our food drive in the October issue of *The Reporter*. Encourage your local market to help us. Bring in bags from your next-door neighbors. If you

belong to a club or an organization, ask these members to drop off bags of food at the preschool anytime during September or early October. If you can't make the meeting, you can still drop off a bag or two of food. Every can of food helps someone who is hungry.

Wait, there is more. If your local grocer can't donate product, ask them for discount coupons or gift certificates that we can distribute. Do they have 200 copies of pages of coupons? We'll stick them in each bag we distribute!

Helping hungry families throughout New Hampshire is a worthy goal for our Jewish Federation.

So, we have collected tons of food. Now what? We need volunteers to come to TAY starting on Tuesday, October 9, to help loading cars that are picking up food and delivering it to local food banks and deserving families. If you are picking food up, we need to set appointments to make this run smoothly. Please call the office at 603-627-7679 to set a time that works for you. Can you help us load cars or distribute carloads of food? Please call Paul Bieber at 242-3521 or email at paulbaseball@msn.com to schedule your shift as a volunteer.

Here's your directions: Bring a smile to TAY; bring curiosity to TAY; bring questions and, of course, bring at least one grocery bag of non-perishable food. My wife, Elaine, and I look forward to greeting old and new friends and to saying thank you for helping our wonderful Federation.

Plan Ahead to Vote on 2nd Day of Rosh Hashanah

This year's primary date poses a potential problem for Jews around the state of New Hampshire. The primary election date is Tuesday, September, 11, the second day of Rosh Hashanah. If you will be at your synagogue or are traveling out of town to be with family, please pick up an absentee ballot at your local town hall.

Please don't miss this opportunity to have your say in our democracy!

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CONGREGATIONS

JRF: Jewish Reconstructionist Federation **URJ:** Union for Reform Judaism
USCJ: United Synagogue of Conservative Judaism

AMHERST

CONGREGATION BETENU

Sam Blumberg (Rabbinic Intern)
5 Northern Blvd., Unit 1, Amherst
Reform, Affiliated URJ
(603) 886-1633
www.betenu.org
Services: Friday night Kabbalat Shabbat services at 7:30 PM
Saturday morning twice a month, 9:30 AM

BETHLEHEM

BETHLEHEM HEBREW CONGREGATION

39 Strawberry Hill Road
PO Box 395, Bethlehem
Unaffiliated-Egalitarian
(603) 869-5465
www.bethlehemsynagogue.org
davegoldstone1@gmail.com
Services: Contact for Date/Time Info
President Dave Goldstone -
(516) 592-1462
or Eileen Regen - (603) 823-7711
Weekly Services: July through Simchat Torah
Friday: 6:30 PM; Saturday: 10 AM

CLAREMONT

TEMPLE MEYER DAVID

25 Putnam Street, Claremont
Conservative
(603) 542-6773
Services: Generally the second Friday of the month, 6:15 PM, April to November.

CONCORD

TEMPLE BETH JACOB

Rabbi Robin Nafshi
67 Broadway, Concord
Reform, Affiliated URJ
(603) 228-8581
www.tbjconcord.org
office@tbjconcord.org
Services: Friday night - 7 PM
Saturday morning - 9:30 AM

DERRY

ETZ HAYIM SYNAGOGUE

Rabbi Peter Levy
1½ Hood Road, Derry
Reform, Affiliated URJ
(603) 432-0004
www.etzhayim.org
office@etzhayim.org, rabbi@etzhayim.org
Services: Fridays 7:15 PM
Please check the website for the Shabbat Morning schedule

DURHAM

UNH & SEACOAST CHABAD JEWISH CENTER

Rabbi Berel Slavaticki
72-1 Main Street, Durham
(603) 205-6598
Rabbi@JewishSeacoast.com
www.JewishSeacoast.com

HANOVER

CHABAD AT DARTMOUTH COLLEGE

Rabbi Moshe Gray
22a School Street, Hanover
Orthodox, Chabad
(603) 643-9821
www.dartmouthchabad.com
chabad@dartmouth.edu
Services: Friday Evening Shabbat services and Dinner
Shabbat morning services
Call for times

KOL HA'EMEK UPPER VALLEY JEWISH COMMUNITY

Rabbi Mark Melamut
Roth Center for Jewish Life
5 Occom Ridge, Hanover
Nondenominational, Unaffiliated
(603) 646-0460
www.uvjc.org
uvjc@valley.net
Services: Friday night Shabbat services at 6 PM, led by Dartmouth Hillel
Saturday morning Shabbat services at 10 AM

KEENE

CONGREGATION AHAVAS ACHIM

Rabbi Amy Loewenthal
84 Hastings Avenue, Keene
Reconstructionist, Affiliated JRF
(603) 352-6747
www.keenesynagogue.org
rabbi.ahavas.achim@gmail.com
secretary.ahavas@gmail.com
Services: Regular Friday night services at 7 PM
Monthly Shabbat morning services at 9:30 AM
Check the website for time variations

LAGONIA

TEMPLE B'NAI ISRAEL

Rabbi Boaz Heilman
210 Court Street, Laconia
Reform, Affiliated URJ
(603) 524-7044
www.tbinh.org
Services: Every other Friday night at 7:30 PM

MANCHESTER

CHABAD CENTER FOR JEWISH LIVING

Rabbi Levi Krinsky
1234 River Rd., Manchester
Orthodox, Chabad
(603) 647-0204
www.Lubavitchnh.com
rabbi@lubavitchnh.com
Services: Shabbat Services
Saturday morning at 9:30 AM
Sunday morning minyan at 9 AM

TEMPLE ADATH YESHURUN

Rabbi Beth D. Davidson
152 Prospect Street, Manchester
Reform, Affiliated URJ
(603) 669-5650
www.taynh.org
templeadathy@comcast.net
Services: Shabbat services the first Friday of the month at 6 PM
All other Friday nights at 7 PM with some exceptions.
Alternating Shabbat services or Torah study Saturday mornings at 10 AM

TEMPLE ISRAEL

Rabbi Jeremy Szczepanski
66 Salmon Street, Manchester
Conservative
(603) 622-6171
office@templeisraelmht.org
For Shabbat service times, call 603-622-6171 x12 or visit www.templeisraelmht.org.
Call Stephen Singer, 669-4100 for more info.

NASHUA

TEMPLE BETH ABRAHAM

Rabbi Jon Spira-Savett
4 Raymond Street, Nashua
Conservative, Affiliated USCJ
(603) 883-8184
www.tbanashua.org
rabbi@tbanashua.org
office@tbanashua.org
Services: Friday night services 8 PM
1st Friday family service 7 PM
Saturday morning 9:30 AM
Mon. - Thur. minyan 7:30 PM

PORTSMOUTH

TEMPLE ISRAEL

Rabbi Ira Korinow (Interim)
200 State Street, Portsmouth
Conservative, Affiliated USCJ
(603) 436-5301
www.templeisraelnh.org
templeoffice@templeisraelnh.org
Services: Friday, 6:15 PM
Saturday, 9:30 AM
Tues. minyan 5:30 PM
Temple Israel has a fully licensed M-W-F preschool.

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thereporter@jewishnh.org

Send items for the print and online
JFNH Calendar and E-News to
events@jewishnh.org

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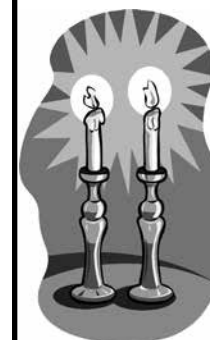
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The New Hampshire Jewish Reporter is overseen by the JFNH Publications Committee, Merle Carrus, chairperson.

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Shabbat Candle Lighting Times: (Manchester)

September 7 6:52 PM
September 14 6:40 PM
September 21 6:27 PM
September 28 6:14 PM



The View From the Board

We wish all of our Federation membership the most healthy and special New Year. 5779 looks to be a tough year for Israel, with the uprisings in Gaza and around the Western Wall in Jerusalem. The times are also interesting in the United States, with the upcoming elections and growing disparate thoughts of our citizens and immigrants.

My grandmother used to tell me every year at Rosh Hashanah that last year's problems are gone. I believed her as a child, and it worked for me. I grew up in Cleveland, loving baseball's Indians. It was about this time of the year, as the Indians were lost in the standings, that everyone would say, "Wait until next year." It all seemed to fit.

Now, I am not so sure. My family goes

**Paul Bieber,
Treasurer**

Board Column



to Congregation Ahavas Achim in Keene, and we pray many thoughts, personal and worldwide, for the New Year and lament our sins on Yom Kippur. Even with ours, and I'm sure yours, the problems are still evident relating to Israel, along with an increasing level of anti-Semitism on a worldwide basis. Different news services and organizations report differing numbers, but overall there are more problems for Jews everywhere.

Personally, though, Elaine and I leave our synagogue feeling better after each service. And I can't really tell you why. We greet friends and kibitz after services and enjoy catching up on family news from all.

How can we help our world? There are many ways. Our JFNH Annual Meeting is coming up on October 7, and for the first time we are creating an impact with the concept of tikkun olam (healing the world). We already have a donation for 60 cases of canned goods from C&S Wholesale Grocers of Keene, which will be used as centerpieces. We'll then distribute this to food banks around the state.

How can you repair the world with us? Go to your local grocer and ask for a couple of cases of canned goods and

bring them to the meeting, along with a shopping bag of various goods you have in your pantry at home or purchased on your next shopping trip.

Can't make it to the meeting? We will come to your home and pick up. Which food banks will our food go to? Please send me the name and address of your local food bank and I will make sure they get a donation!

Our last request: Can you help us delivering this food after the annual meeting? We will have to sort and set up for the pick-ups, and we will be ready for you a day or two after the meeting. Please drop me a note, paulbaseball@msn.com, or call at 603-242-3521, if you can help.

From my family to yours, a safe and healthy New Year.

What a Summer: Planning, Teaching, Singing, Swimming, and Visits Home!

What a great summer it has been! About four months ago, I truly thought that my summer was going to be a lot more relaxed than the rest of my year. Looking back on it now, that did not happen, but I have great memories!

Hebrew Schools ended in June, and I jumped right in to working on my curriculum for next year. I have gotten great feedback from the teachers and the students, and this year I am going to work with the kids on some conversational Hebrew, which I think will be really exciting. I am trying to build each visit around places we "visited" during last year's program, and learn the words, or the type of conversation around it. I do know, though, that three classes per year are not enough to learn Hebrew, so please reach out to me if you are interested in more.

During the summer, I worked with Rabbi Jon from Temple Beth Abraham to create Café Ivrit (Hebrew Café). On each Thursday of July, about 20 people of all ages who have basic or no Hebrew at all gathered together and we sang songs, learned Hebrew games, practiced our conversational skills, and even ordered coffee and snacks in Hebrew. If anyone would be interested to host Café Ivrit in their temples or homes, please reach out to me and let's work together! Contact me at shlich@jewishnh.org

I spent a big chunk of my summer at Camp Tevya in Brookline, NH, which was such a great experience! I met the Israeli crew of counselors and right away, we all became friends. I missed having Israelis around me, it just feels like home, you know? I worked on the Shira (singing)

Noam Wolf

JFNH Shlich



team, and we taught all the age groups Israeli songs, camp songs, and just had fun on the beautiful Baboosic Lake.

I also discovered lakes in New Hampshire BIG TIME. Every weekend a different lake -- I even went to Vermont's Lake Champlain, and it was just like going to the Kinneret (Sea of Galilee). It is so much better than going to the beach, and some of these lakes actually have a sandy beach! I loved summer here.

I met and gave a lecture at a new community I had not met yet, the Sunapee-Kearsarge Chavurah. They meet four times a year and have really interesting programs and panel discussions. If you are around, go check them out!

I also worked on my music this summer -- this is my private passion, what I truly live for, and what I would want to do for the rest of my life. I found a great group of friends who own a studio in Manchester, and together we made two really great music videos for my songs. I recorded it all in Israel before I got here, and it was great to finally release these songs to the world. It's really exciting to share my first music in English to you all, and I would love to hear from you about that.

Most importantly, this summer I spent two weeks at home. I arrived in Israel

Noam Wolf continued on page 5



JFNH Shlich Noam Wolf and her family visiting the Western Wall during her trip to Israel this summer

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Jewish Federation
OF NEW HAMPSHIRE

Save The Date

The Jewish Federation of New Hampshire's

Annual Meeting Shem Tou Awards

Our theme this year is
Tikkun Olam
"Repairing the World"

Temple Adath Yeshurun
Manchester

October 7th, 2018

4 PM

See what's happening in the community at www.jewishnh.org

Statewide Calendar of Events

Saturday, Sept. 1

Selichot

See High Holidays listings (page 13) for service times across New Hampshire.

Monday, Sept. 3

Gentle Yoga

4 PM, Bethlehem Hebrew Congregation, Bethlehem
Gentle Yoga is led by Susan Bonnici. \$5 per session. Proceeds support the community mission of BHC. For more information, email sgbonnici@gmail.com.

Sunday, Sept. 9

Rosh Hashanah begins at sunset

See High Holidays listings (page 13) for service times across New Hampshire.

Monday, Sept. 10

Rosh Hashanah Day 1

See High Holidays listings (page 13) for service times across New Hampshire.

Tuesday, Sept. 11

Rosh Hashanah Day 2

See High Holidays listings (page 13) for service times across New Hampshire.

Tuesday, Sept. 18

Erev Yom Kippur (Kol Nidre)

See High Holidays listings (page 13) for service times across New Hampshire.

Wednesday, Sept. 19

Yom Kippur

See High Holidays listings (page 13) for service times across New Hampshire.

Sunday, Sept. 23

Decorate the Sukkah, Pizza in the Hut, and Family Service

4 PM, Temple Adath Yeshurun, Manchester
Topic: Making the Most of Personal Prayer.

Monday, Sept. 24

Sukkot Day 1

See High Holidays listings (page 13) for service times across New Hampshire.

Thursday, Sept. 27

Geoffrey Brahmer, Noted speaker/ researcher

7 PM, Bethlehem Public Library, 2245 Main St, Bethlehem

Geoffrey Brahmer will speak about "A Golden Thread of History: The Sephardic Experience in Spain." Free and open to the public.

Friday, Sept. 28

Sukkot and Shabbat Service, Potluck Dinner

6 PM, Temple Adath Yeshurun, Manchester
Celebrate Sukkot and Shabbat, followed by a potluck dinner.

Sunday, Sept. 30

Consecration, Pizza, Cake Wars, Simchat Torah

Temple Adath Yeshurun, Manchester

Monday, Oct. 1

Yizkor Services

6 PM, Temple Adath Yeshurun, Manchester



A GIFT FROM THE
JEWISH FEDERATION OF NEW HAMPSHIRE

PJ Library

JEWISH BEDTIME STORIES
& SONGS FOR FAMILIES

Sign up today at
www.jewishnh.org

If you have children 8 and under, sign up for PJ Library and enjoy the gift of Jewish children's books and music delivered to your home each month. Explore Jewish heritage and Jewish identity as a family through PJ Library's high-quality stories about Jewish values, traditions and holidays.

Through the program, your family will be enriched by experiencing the joy of Jewish life.

Funded by the Jewish Federation of New Hampshire, it's a gift that will nourish a Jewish life from the start.



HAROLD GRINSPOON FOUNDATION



Jewish Federation
OF NEW HAMPSHIRE

JFNH Preschool Prepares for the New Year, Announces Extended Hours

By Alane Sabel

Manchester — As quickly as summer starts, so does it end. Our campers at the JFNH Preschool had a wonderful six weeks doing music and movement with Miss Kristen, swimming at the YMCA, and creating lots and lots of art projects. We ended our last week with a Teddy Bear Picnic. But the action never ends, and in a blink of an eye, school begins.

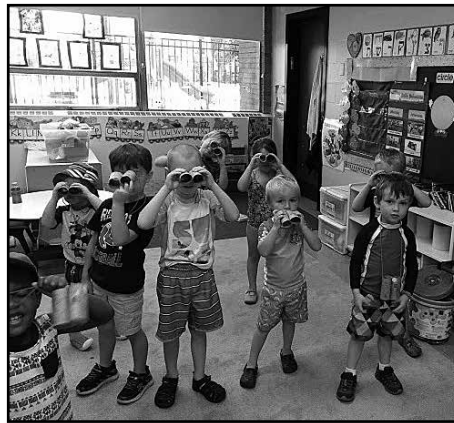
The JFNH Preschool is busy getting ready to open for our 31st year on August 27. Our teachers are excited to greet new and old friends.

The new extended hours, 7:30 AM to 5:30 PM, are perfect for working families.

As it has for the past years, the JFNH Preschool is a place that inspires a love for Judaism and learning. Don't take it from us -- hear what our parents have to say:

- "There is a perfect balance of academics and love, which made me very comfortable dropping him off at school every day."
- "You provide a warm and caring place that instills the love of learning in my child."
- "Couldn't ask for a better school!! My daughter is offered so much in her class and introduced to many different subjects surrounding her."

There are still limited spaces available. Be part of something special. Call the JFNH Preschool at 782-5174 or email us at preschool@jewishnh.org for more information and to set up a tour, and don't



Going on a bear hunt!



Swimming at the YMCA was a treat this summer.



Preschoolers enjoyed a visit to Cowabunga's during summer camp.

forget to follow us on Facebook.

JFNH Preschool wishes everyone a happy and healthy New Year.

Noam Wolf continued from page 3

and went straight to bed (jet legged), but after some sleep I woke up and finally got to spend time with my parents, my two brothers, and my friends, who I have missed so much. I had a chance to go to Jerusalem and place all the notes you sent me in the Western Wall, than join the pride parade of Jerusalem with my family, and of course eat in an amazing restaurant I love called "Ta'la'bia." The food in Israel is just SO GOOD! I missed it. I also had time to go to the beach, record some music with friends, walk the streets of Tel Aviv, eat a lot of amazing food, and meet the Education Director of our own Sister City, Hof Ha'Carmel. Her name is Yulia Argaman, and she is wonderful! We talked a lot about how to restore that connection that is so important, especially creating that partnership between our schools, and I can tell you some of your kids are going to enjoy that in just a few months, and I'm excited for them. I would love to start this relationship again, and hopefully get to

the point where we have a group of Israeli teens come visit New Hampshire, and be hosted by us, and send them some of our teens too.

One thing that made this visit home a little difficult, the tension in Israel right now. There is a mess in the Gaza strip and the southern cities of Israel are suffering from missiles and sirens all day long. People were hurt on both sides, and the IDF reacted back on every "fire terror kite" (the new, effective way Hamas is hurting Israeli agriculture). I really hope this mess will not lead to another army operation -- we have one every few years in the summer and we keep losing young soldiers. I really wish for this to end.

I am starting my second year as your Shlichah, and I would love to hear from you regarding subjects you would like to hear about, ideas that you have for me, having dinners together, or anything else you have in mind.

Looking forward to the beautiful New England fall, with the leaves!

Jewish Federation
Preschool

NOW ENROLLING

The place that inspires a love for Judaism and Learning

30 years of Educating Children

(603) 782-5174
preschool@jewishnh.org

A major focus of the Jewish Federation Preschool is the development of the child socially, emotionally, mentally, physically and spiritually. We maintain a very low staff to student ratio, thus guaranteeing that every child receives consistent individual attention.

We recognize the uniqueness of each child, the importance of responsibility and commitment for each child, the need to develop creative and inquiring minds, and the importance of a warm, loving, positive and accepting classroom.

Developmentally appropriate classes for
ages 2 years thru Kindergarten
Half Day hours 8:45am – 11:45am
Full Day hours 8:45am – 1:45pm
Early morning drop off and extended day available

All Lead teachers ECE certified ~ All staff CPR and First Aid Certified

NOTICE OF NON-DISCRIMINATORY POLICY: The JFNH Preschool admits students of any race, national or ethnic origin to all rights, privileges, programs and activities generally accorded or made available to students at the school.

Could These Windows Be From Synagogue in Berlin, NH?

By Paul Bieber, JFNH Treasurer

Federation is now in possession of three stained and leaded glass windows from about 1900-1910. Right now, they are in our JFNH office in Manchester, thanks to the wonderful antiques sleuthing of Linda Hirsch Silber and her husband Norm. Read on to see how these wonderful antiques came “home” to the Federation.

First, we have to introduce “Cousin Butch” to the cast of characters. Back in 2014, Butch was on his way to Newfoundland for a camping trip and happened to stop in an out-of-the-way antiques barn, where he saw Hebraic stained glass windows and bought three. He told cousins Linda and Norm about them, saying there were three more there. Off they went to see them.

Norm and Linda drove to the area near Bethlehem, and after a couple of phone calls, finally found the place. “It could not really be called an antique store,” Norm said. “It was more like an old dusty barn, with things that had price tags on them. We bought the three remaining windows there.”

“Now,” Norm said, “we started a re-

search project to find out where these came from and what the images in the glass really described. We finally sent pictures to my Orthodox uncle, who confirmed the three windows were celebrating three different Jewish holidays.” More research and some cogent guessing indicated that these were from the Berlin, NH, Jewish community.

Norm said, “We took the windows home and kept them safe, hoping one day to build a light box for proper display. Also, the glass needed some repairs, which would take a master glass crafter to successfully complete.” As these things happen, the project to repair the windows was put on the back burner. Then, Norm continues, “It is 2018 and we are planning to move to Florida. Linda and I discussed what to do with the windows and decided that the Federation was the best repository for this part of New Hampshire’s Jewish history. It’s a great mitzvah to see these windows have a great home,” Norm said as I finished this interview.

Our budget for this year won’t allow us to repair these windows. It will be a future goal for Federation to ensure these windows get repaired and have a proper display.



Norm Silber with the stained glass windows, believed to be originally from the Beth Israel Synagogue in Berlin, NH.

If anyone has any knowledge about the Berlin Synagogue, please give me a call at 603-242-3521 or drop a note to paulbaseball@msn.com, so we can learn more about the back story of these three windows.

L'Shana Tova!

From Your Friends at...



Looking for a Jewish Home for the Holidays on the NH Seacoast?

Temple Israel of Portsmouth welcomes you.

High Holiday Services

Rosh Hashanah*: September 9, 10, 11

Yom Kippur*: September 18 and 19

Sukkot: September 24

Simchat Torah Service and Celebration: September 30

Shemini Atzeret and Yizkor: October 1

*Please contact us for tickets and information.

200 State Street, Portsmouth, NH | (603) 436-5301

templeoffice@templeisraelnh.org | www.templeisraelnh.org



One Happy Camper Says Thank You, JFNH!

Dear JFNH,

Thank you so much for the One Happy Camper Grant! I had a great time this summer at Crane Lake Camp. I got to meet a lot of people and do a lot of things that I didn't know that I was good at. They had many fun activities, like sports, a ropes course, zip line, archery, crafts, singing, competitions, swimming, and lots and lots of fun.

Being Jewish at a Jewish camp is an interesting experience and not what I'm used to at home in New Hampshire. Even being part of Congregation Shir Shalom, it's way different at camp. When we had Shabbat, we would sing and dance, and it was nothing like my synagogue, in a good way! I felt like I could be me and be Jewish, and that was a good thing. I made so many friends, and I can't wait to go back next year!

I feel so included, and it's amazing to not have to explain my religion to any-

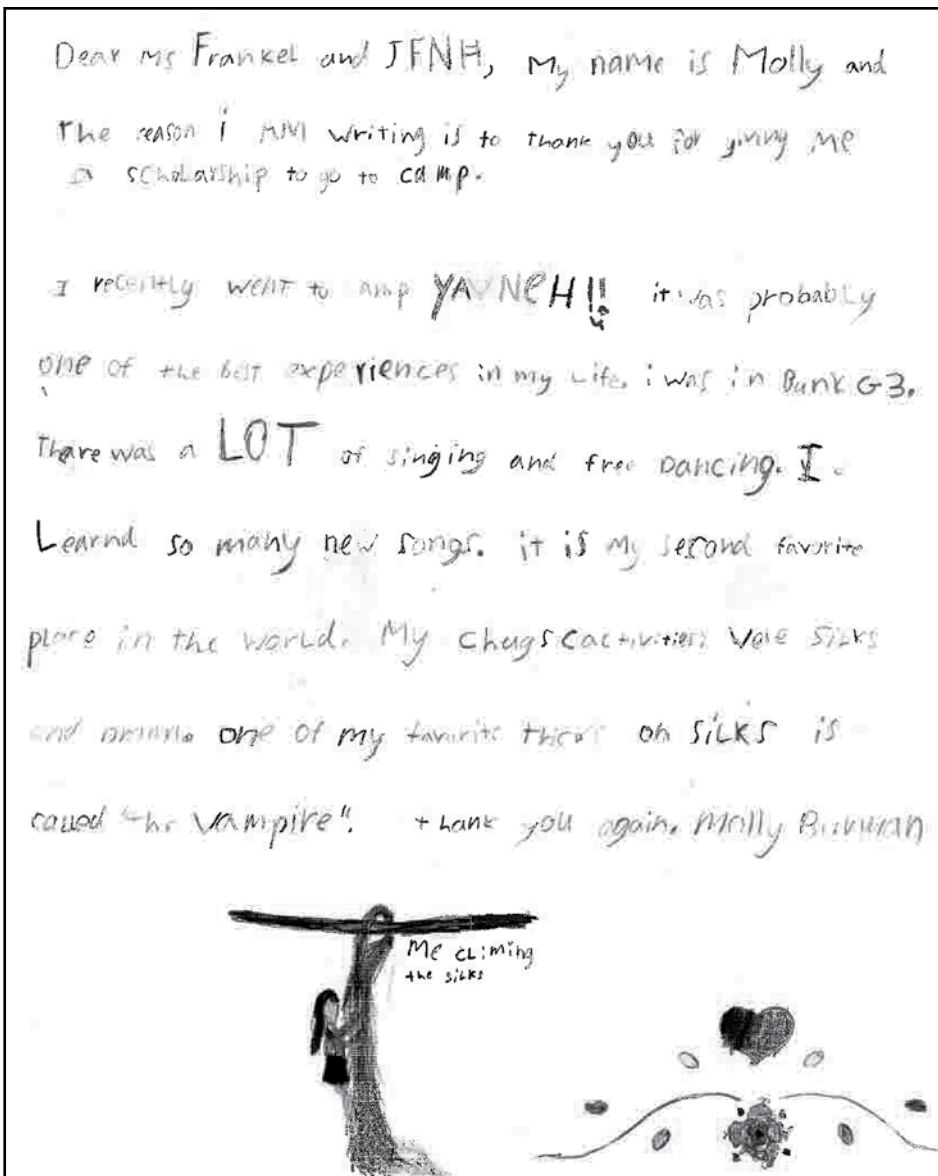


Molly is the daughter of Lori and Guy Burman of Keene. She attended Camp Yavneh for the first time with help from a JFNH campership grant.

one. I never thought that I would want to go away to camp, but I'm so glad that I did, and I thank you for the help to make it happen.

Sincerely,
Leah Blank

Leah is the daughter of David Blank and lives in Lebanon, NH. She received a JFNH campership grant to attend Crane Lake Camp for the first time.



Molly Burman is the daughter of Lori and Guy Burman of Keene. She attended Camp Yavneh for the first time with help from a JFNH campership grant.

Wishing you good health,
happiness, peace and
prosperity. Today and all
through the year!
L'shanah Tovah!



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Choosing Wisely: The Power Is in Our Hands

The brilliant medieval sage Maimonides (1135-1205 CE) taught: "Free will is given to every human being. If we wish to incline ourselves toward goodness and righteousness, we are free to do so; and if we wish to incline ourselves toward evil, we are also free to do that. From Scripture (Genesis 3:22), we learn that the human species, with its knowledge of good and evil, is unique among all earth's creatures. Of our own accord, by our own faculty of intelligence and understanding, we can distinguish between good and evil, doing as we choose. Nothing holds us back from making this choice between good and evil -- the power is in our hands." [Gates of Repentance, p. 7]

Rabbi in the House



Rabbi Beth D. Davidson
Temple Adath Yeshurun

As we prepare to celebrate our High Holy Days, I think Maimonides' words can be both a lesson and a challenge. The lesson? As we look back over the year past, we are reminded of our good choices and our bad choices, of the moments when we did our best and those when we

missed the mark. Reviewing the old year enables us to make amends when necessary, and it allows us to enter the New Year with a clean slate, and gives us the chance to do better.

The challenge? To figure out how best to use our free will in a New Year rich with opportunities. Will we pursue the good, or be seduced by the dark side, taking the easy way and not the right way? God doesn't "make" us do or not do; it is up to each of us to decide whether we take the high road or not.

Free will is a gift, though admittedly it is a gift that comes with strings -- we have responsibilities to ourselves, to others, to

our community, and to our God. The decisions we make, how we treat others, our involvement with our synagogue and in the life of our community, and our commitment to living in partnership with our God are each on our hands. Making the choice to do the good, or at least to do the best we can, isn't easy; we have the power, however, to choose to accept the gift, rise to the challenge, and internalize the lessons of our tradition.

My hope for the coming year is that each of us chooses to use our gift wisely. May each of us be blessed with a New Year of health, happiness, prosperity, and peace.

Wishing you a Happy and Sweet New Year!
L'Shana Tova!



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*Wishing you and
your loved ones
a healthy and sweet
New Year.*

— Senator Maggie Hassan

Paid for by Maggie for NH.

www.MaggieHassan.com

High Holidays

Natural Honey: Food for the Mind, Body, and Soul

By Kara Brook Brown

As I celebrate my eighth year as a beekeeper, I've grown to love and appreciate the beauty of honey and the rhythm of our honeybees in our apiary. Honey is an ancient and biblical food that feeds the mind, body, and soul, and on Rosh Hashanah, it holds even more of a special place in my heart.

We dip challah in honey in hopes of a sweet new year, and we begin the meal on the first night of the holiday by dipping apples in honey. The problem is, most families don't know that they're not actually serving their loved ones honey. Grocery-store bought honey is often diluted with corn syrup and mixtures of inverted sugars. Simply put, it isn't as good for you as raw honey from someone you know and trust.

That's why we have been dedicated to nourishing our land and providing for the bees for so long. On Chesterhaven Beach Farm (located on Maryland's Eastern Shore), we've planted over 40 acres of wildflowers specifically for the bees. We have a mutually beneficial relationship



Beekeepers working with their hives. Photo by Kirsten Elstner.

with nature, where we provide what the bees need and in turn, they provide us with what we need from them. Our honeybees help us make raw, unpasteurized, certified kosher honey that we're proud to share with our friends and family.

Producing beautiful golden honey is only one part of the equation; taking care of the land, and the ecosystem as a whole, is vital

for everything I do as a beekeeper. Without space for our pollinators to live and work in, the environment around us would drastically change. Many plant species, from those we eat to the roadside wildflowers we enjoy during the summer, rely on the bees to be pollinated. In supporting your local beekeepers, you're helping to keep a vital part of the ecosystem thriving.

Globally, millions of acres of natural land are cleared for industrial, agricultural, and residential uses each year. In losing this habitat, we're losing wildlife and environments that create diverse and healthy ecosystems. You don't need to be a beekeeper to help! You can create a haven for bees and other insects in your own backyard by planting a pollinator garden at your home. In setting aside a small patch of land for native plants that bees, butterflies, and birds will love, you're giving them a place to be protected from human activities. These gardens are also beautiful, low-maintenance, and easy to care for after they establish themselves.

This year, consider supporting your beekeepers and sharing honey that is as raw and real as the bees intended. Not only are you doing good for the local economy, but you're providing a pure source of joy for your family and friends.

Kara Brook Brown is the founder of Waxing Kara, a Bee Inspired® company. Learn more at waxingkara.com or contact Kara at 410-363-2200.

L'Shana Tova



Wishing you, your family and all families
a Happy and Healthy New Year!

Chris and Valerie Sununu



High Holidays

Chabad Set to Welcome Chef Paula Shoyer!

Manchester — Rosh Hashanah begins at sundown on Sept. 9 with a meal likely to be memorable not just for family togetherness but also for Bubbie's heavy-on-the-salt matzoh balls, copious slices of her slow-cooked brisket, more challah than anyone should eat, and sugary desserts galore.

Tradition certainly has its place, but Paula Shoyer, the author of *The Healthy Jewish Kitchen: Fresh Contemporary Recipes for Every Occasion* (Sterling Epicure, 2017) and *The New Passover Menu* (Sterling, 2015), says classic recipes can be made healthier without sacrificing taste or familiarity. Shoyer, known as "the kosher baker," is the au-



Paula Shoyer

thor of *The Holiday Kosher Baker*, *The Kosher Baker*, *The New Passover Menu*, and her latest, *The Healthy Jewish Kitchen*. A former practicing attorney, Shoyer has a pastry degree from Ritz Escoffier Ecole de Gastronomie Francaise and has done cooking and baking demos around the world since 1996. She has appeared on Fox New York, NBC Washington, Home and Family, and Good Morning Washington, among others; has competed on Food Network's Sweet Genius; and was featured in numerous publications including the Washington Post, Chicago Tribune, Family Circle, and Hadassah magazine. She is an expert on making

baking easier and more healthful, developing recipes for people on special diets and planning healthy holiday menus.

Chabad Center for Jewish Living is excited to host Shoyer in New Hampshire for a pre-Rosh Hashanah cooking demo. Join us on Tuesday, Sept 4, at 7 PM for a delicious tasting and presentation at the Chabad Center, 1234 River Road, Manchester. Admission is \$36. Visit ChabadofNH.com/tasting to make your reservation today! Open to the entire community, men and women. This event is not for children.

See what's happening in the community at www.jewishnh.org



The High Holidays Are Coming!

Please join us as our new Rabbi, Jeremy Szczepanski, leads a full schedule of Yom Tov services from Rosh Hashanah through Simchat Torah. This year we are fortunate to have Rabbi Gary Atkins as our Hazen.

Temple Israel welcomes both old and new members of the Jewish Community. Children's program and some childcare will be available.

There is no cost for Temple Israel members in good standing, and their guests are \$50/adult . Children of guests under age 20 and college students are free. Nonmember tickets are \$375/adult – the ticket fee will be applied towards dues, should the guest decide to join Temple Israel.

One ticket covers all events, including our catered break fast and Pizza in the Hut.

Please call the Temple to purchase tickets or to learn about membership opportunities.

High Holidays

High Holiday Services Around New Hampshire

Contact your local synagogue (listed on page 2) for more information and to reserve tickets where required.
Some times (e.g., Shofar blowing, Tashlich, sermons, Yizkor) are approximate and may vary from the published schedule.

AMHERST

Congregation Betenu

Sun., Sept. 9: 7:30 PM Erev Rosh Hashanah. **Mon., Sept. 10:** 10:30 AM, Rosh Hashanah morning services. 7 PM Shabbat Shuva service. **Tues., Sept. 18:** 7:30 PM Kol Nidre. **Wed., Sept. 19:** 10:30 AM Yom Kippur service, 3:45 PM Afternoon service, 5:30 PM Yizkor and concluding services, 7 PM break the fast.

BETHLEHEM

Bethlehem Hebrew Congregation

Sat., Sept. 1: 7:30 PM Havdalah and Selichot services. **Sun., Sept. 9:** 6:30 PM Erev Rosh Hashanah service. **Mon., Sept. 10:** 9:30 AM Rosh Hashanah Day 1 service, 1:30 PM Dairy Potluck Luncheon, 3 PM Tashlich. **Tues., Sept. 11:** 10 AM Rosh Hashanah Day 2 service, 1 PM Dairy potluck luncheon. **Fri., Sept. 14:** Shabbat Shuva Kabbalat Shabbat. **Sat., Sept. 15:** 9:30 AM Shabbat Shuvah service, 10:30 AM Torah Study. **Sun., Sept. 16:** 12 PM BHC Community Cemetery service. **Tues., Sept. 18:** 6 PM Kol Nidre & Erev Yom Kippur service. **Wed., Sept. 19:** 10 AM Yom Kippur service, 12:30 PM Yizkor service, 1 PM Musaf service, 5 PM Mincha, 6:30 PM Neilah/ Havdalah, Final Shofar. **Thurs., Sept. 20:** 10 AM Sukkah Building/Brunch. **Sun., Sept. 23:** 5 PM Sukkah decorating, 6 PM Sukkot service and Dairy/Pareve Potluck. **Fri., Sept. 28:** 6:30 PM Shabbat Shuva Kabbalat Shabbat. **Sat., Sept. 29:** 9:30 AM Shabbat and Sukkot Morning service, 10:30 AM Sukkot Torah Study. **Sun., Sept. 30:** 5 PM Shemini Atzeret/Yizkor, 6 PM Simchat Torah Celebration.

CONCORD

Temple Beth Jacob

Sun., Sept. 1: 7 PM Selichot service. **Sun., Sept. 9:** 7:30 PM Erev Rosh Hashanah service. **Mon., Sept. 10:** 9:30 AM Rosh Hashanah service, 2 PM Tashlich at Everett Arena boat ramp, 3 PM Family service (for families with children 7 or younger). **Tues., Sept. 11:** 9:30 AM Rosh Hashanah II service, 7 PM Erev Shabbat Shuvah service. **Sat., Sept. 15:** 9:30 AM Shabbat Shuvah service. **Sun., Sept. 16:** 9 AM Memorial service at TBJ Cemetery (Blossom Hill Cemetery). **Tues., Sept. 18:** 7:30 PM Kol Nidre service. **Wed., Sept. 19:** 9:30 AM Yom Kippur service, 1:30 PM Family service (for families with children 7 or younger), 3:30 PM Afternoon-Yizkor-Neilah services. **Sun., Sept. 23:** 7 PM Erev Sukkot service. **Sun., Sept. 30:** 5 PM Family dinner (pizza provided), 6 PM Simchat Torah/Consecration service. **Mon., Oct. 1:** 9:30 AM Yizkor service.

DERRY

Etz Hayim Synagogue

Sat., Sept. 1: 8 PM Selichot. **Sun., Sept. 9:** 7:15 PM Erev Rosh Hashanah service. **Mon., Sept. 10:** 9:30 AM Rosh Hashanah service, 1 PM Tashlich, 2 PM Family service. **Tues., Sept. 11:** 9:30 AM Rosh Hashanah Day 2 service. **Tues., Sept. 18:** 7:15 PM Kol Nidre. **Wed., Sept. 19:** 9:30 AM Yom Kippur service, 4 PM Yizkor and Neilah, followed by Break Fast.

DURHAM

UNH & Seacoast Chabad Jewish Center

Sun., Sept. 9: 6:30 PM Services, 7 PM 4-course Rosh Hashanah Dinner (Adults \$36, Children \$15, Students Free, RSVP required). **Mon., Sept. 10:** 10 AM Rosh Hashanah service, 11:30 AM Shofar blowing followed by Kiddush, Light Buffet, Tashlich. **Tues., Sept. 11:** 11:30 AM Shofar blowing. **Tues., Sept. 18:** 7 PM Kol Nidre. **Wed., Sept. 19:** 10 AM Yom Kippur Morning services, 12 PM Yizkor, 6:30 PM Neilah followed by Break Fast.

HANOVER

Kol Ha Emek Upper Valley Jewish Community

(Roth=Roth Center, Rollins=Rollins Chapel, Occom=Occom Commons) **Sun., Sept. 9:** 7 PM Erev Rosh Hashanah service-Rollins. **Mon., Sept. 10:** 9 AM Rosh Hashanah Conservative service-Rollins, 10 AM Reform service-Occom (Hillel), 10 AM Tot and Family services-Roth, 1:30 PM Tashlich (Hillel)-Roth, 5 PM Tashlich (UVJC)-Roth. **Tues., Sept. 11:** 9 AM Rosh Hashanah 2nd day Conservative service-Roth. **Tues., Sept. 18:** 6:15 PM Kol Nidre service-Rollins. **Wed., Sept. 19:** 9 AM Yom Kippur Conservative service-Rollins, 10 AM Yom Kippur Tot and Family services-Roth, 10 AM Reform service-Occom, 3 PM Study session with Hayley DeLugach-Roth, 4:30 PM Mincha- Rollins, 6:15 PM Neilah and Havdalah-Rollins, 7:15 PM Break the Fast-Rollins. **Mon., Sept. 24:** 10 AM Sukkot Day 1 service-Roth. **Tues., Sept. 25:** 10 AM Sukkot Day 2 service-Roth. **Mon., Oct. 1:** 10 AM Shemini Atzeret and Yizkor services-Roth. **Tues., Oct. 2:** 10 AM Simchat Torah service-Roth.

KEENE

Congregation Ahavas Achim

Sat., Sept. 1: 7:30 PM Selichot. **Sun., Sept. 9:** 6:45 PM Erev Rosh Hashanah Evening service. **Mon., Sept. 10:** 9 AM – 1 PM Rosh Hashanah Day 1 Morning service, 10 AM Children's service, 1:30 PM Tashlich at Black Brook (4 blocks from CAA). **Tues., Sept. 11:** 9 AM – 1 PM Rosh Hashanah Day 2 Morning service. **Tues., Sept. 18:** 6:30 PM Kol Nidre Evening service. **Wed., Sept. 19:** 9 AM Yom Kippur Morning service, 10 AM Children's service, 1:30 PM Yizkor (Memorial service), 2:45–4:45 PM Discussion/Chanting/Meditation sessions, 5 PM Mincha service with Haftarah Jonah, 6:30 PM Neilah, 7:34 PM Havdalah followed by Communal Break the Fast vegetarian potluck.

LACONIA

Temple B'nai Israel

Sun., Sept. 9: 7:30 PM Erev Rosh Hashanah service (children will have a special role and are encouraged to participate). **Mon., Sept. 10:** 10 AM Rosh Hashanah service, followed by Tashlich and luncheon in the Chertok Social Hall. **Tues., Sept. 11:** 10 AM Rosh Hashanah Day 2 service. **Fri., Sept. 14:** 6 PM Shabbat Shuvah community dinner, 7:30 service. **Tues., Sept. 18:** 7:30 PM Kol Nidre. **Wed., Sept. 19:** 10 AM Yom Kippur service, 4 PM Yom Kippur afternoon service, 4:30 PM Children's service, 5:30 PM Afternoon service followed by Community Break Fast.

MANCHESTER

Chabad Center for Jewish Living

Sun., Sept. 9: 7:30 PM Maariv, followed by 4-course Rosh Hashanah Dinner (Adults \$25, Children \$15, Family maximum \$60, reservations required). **Mon., Sept. 10:** 10 AM Rosh Hashanah service, 11:30 AM Children's program, 12:15 PM Shofar blowing. **Tues., Sept. 11:** 10 AM Day 2 Rosh Hashanah service, 12:15 PM Shofar blowing. **Tues., Sept. 18:** 7 PM Kol Nidre. **Wed., Sept. 19:** 10 AM Yom Kippur Morning services, 11:15 AM-2:45 PM Children's program, 12:30 PM Yizkor, 7:31 PM Shofar blast, followed by break-fast buffet.

Temple Adath Yeshurun

Sat., Sept. 1: Time of Selichot service to be announced. **Sun., Sept. 9:** 8 PM Erev Rosh Hashanah service. **Mon., Sept. 10:** 10 AM Rosh Hashanah service, 3 PM Children's service, 4:30 PM Tashlich at Dorr's Pond. **Fri., Sept. 14:** 7 PM Shabbat Shuvah. **Sat., Sept. 15:** 10 AM Shabbat Shuvah Torah study. **Sun., Sept. 16:** 10 AM Cemetery service, Manchester Hebrew Cemetery. **Tues., Sept. 18:** 8 PM Kol Nidre. **Wed., Sept. 19:** 10 AM Yom Kippur service, 2 PM Children's service, 3 PM Study group, 4 PM Afternoon service, 5:30 PM (approx.) Yizkor, 6:15 PM (approx.) Neilah.

Temple Israel

Sat., Sept. 1: 8 PM Joint Temple Israel/Temple Adath Yeshurun Selichot service at Temple Adath Yeshurun. **Sun., Sept. 2:** 11 AM Manchester Hebrew Cemetery visit. **Sun., Sept. 9:** 6:30 PM Erev Rosh Hashanah service. **Mon., Sept. 10:** 9 AM Rosh Hashanah service, 1:45 PM Tashlich at the Eversource Public Deck. **Tues., Sept. 11:** 9 AM Rosh Hashanah Day 2 service. **Sat., Sept. 15:** 7:15 PM Shabbat Shuva service. **Tues., Sept. 18:** 6 PM Mincha followed by Kol Nidre. **Wed., Sept. 19:** 9 AM Yom Kippur service, 5 PM Mincha Neilah, 7:15 PM Break Fast. **Sun., Sept. 24:** 9:30 AM Sukkot Day 1 service. **Mon., Sept. 24:** 9:30 AM Sukkot Day 2 service. **Fri., Sept. 28:** 6 PM Kabbalat Shabbat service with Sukkot Pizza in the Hut.

NASHUA

Temple Beth Abraham

Sun., Sept. 9: 8 PM Erev Rosh Hashanah Main Sanctuary service. **Mon., Sept. 10:** 9 AM Rosh Hashanah Main Sanctuary service, 10-11:30 AM ReNewYEAR with Eliana Light, 11:40 AM, Rabbi Jon's sermon, shofar blowing, 2 PM Tashlich at Nashua River downtown, 7:30 PM 2nd Evening Main Sanctuary service. **Tues., Sept. 11:** 9 AM Rosh Hashanah Day 2 service in Main Sanctuary, 10-11:30 AM ReNewYEAR with Eliana Light, 11:40 AM, Rabbi Jon's sermon, shofar blowing, 4-4:45 PM PJ Library Songs and storytelling with Eliana Light. **Tues., Sept. 18:** 6:15-8:15 PM Kol Nidre in Main Sanctuary, 6:15-7:15 PM ReNewYEAR Family service with Eliana Light. **Wed., Sept. 19:** 9 AM Yom Kippur Main Sanctuary service, 10-11:45 AM ReNewYEAR with Eliana Light, 2 PM The GID Project (Talking About the Divine, Differently) with Eliana Light, 4 PM Open forum with Rabbi Jon, 5:15 PM Main Sanctuary service continues, 5:15 PM The GID Project discussion for teens, 6:15 PM Neilah final service begins all together in Main Sanctuary, 7:30 PM Final shofar, Havdalah, and Break the Fast. **Sun., Sept. 23:** 7:30 PM Sukkot Day 1 evening service (in the Sukkah weather permitting). **Mon., Sept. 24:** 9:30 AM Sukkot Day 1 morning service, 7:30 PM Sukkot Day 2 evening service. **Tues., Sept. 25:** 9:30 AM Sukkot Day 2 morning service. **Thurs., Sept. 27:** 6:15 PM Pizza in the Hut dinner in the Sukkah (\$3/person). **Sat., Sept. 29:** Lunch in the Sukkah after morning services. **Sun., Sept. 30:** 7:30 PM Shemini Atzeret evening service. **Mon., Oct. 1:** 9:30 AM Simchat Torah morning service. **Tues., Oct. 2:** 9 AM Simchat Torah morning service.

PORTSMOUTH

Temple Israel

Sun., Sept. 2: 10:30 AM TI Cemetery Memorial service; 7:30 PM Havdalah service, pre-Selichot play, Selichot service. **Sun., Sept. 9:** 6:45 PM Candle Lighting, 7 PM Erev Rosh Hashanah service. **Mon., Sept. 10:** 8:30 AM Rosh Hashanah Day 1 service, 9:45 AM Torah service, 10:30 AM Shofar service, 10:45 AM Children's service, 10:45 AM Sermon, 11:15 AM Family service, 11:15 AM Musaf, 12:30 PM Conclusion of services, 12:30 PM (approx.) Tashlich at Prescott Park. **Tues., Sept. 11:** 8:30 AM Rosh Hashanah Day 2 service, 9:45 AM Torah service, 10:30 AM Shofar service, 10:45 AM Sermon, 11:15 AM Musaf, 12:30 PM Conclusion of services. **Tues., Sept. 18:** 6:28 PM Fast begins, 7 PM Kol Nidre. **Wed., Sept. 19:** 8:30 AM Yom Kippur service, 10 AM Torah service, 11 AM Children's service, 11 AM Yizkor, 11:15 AM Sermon, 11:45 AM Family service, 11:45 AM Musaf, 5:15 PM Mincha, 6:15 PM (approx.) Neilah, 7:10 PM Ma'ariv, 7:15 PM Shofar, followed by Break the Fast. **Mon., Sept. 24:** 9:30 Sukkot service. **Sun., Sept. 30:** 6 PM Simchat Torah service and celebration. **Mon., Oct. 1:** 9:30 AM Shemini Atzeret service, 11 AM Yizkor.

L'Shana tova u' metuka!

L'Shanah Tovah

— *Sarita Abrahams*

**L'Shanah Tovah, a year of
peace and health to all**

— *Iris and Rabbi Gary Atkins*

**L'Shanah Tovah, best wishes
for a healthy, joyous, and
sweet New Year**

— *Michele & Michael Bank*

**Wishing you a sweet New Year
of peace and fulfillment**

— *Fran Berman & Carl Wallman*

**We wish Federations members
and Jews all across our world
a happy, healthy, and
peaceful New Year**

— *Elaine & Paul Bieber*

**May your homes be blessed
with love and joy throughout
a very happy and healthy
New Year**

— *Rikki and Michael Bornstein*

**Wishing you a sweet, healthy,
and happy New Year**

— *Renee Brenner*

**Best Wishes for a Happy and
Healthy New Year!**

— *The Cohen Family: Tiffany,
Daniel, Skylar, Flynn, William
and Arabella.*

**Wishing you and yours a
Happy, Healthy, and Sweet
New Year**

— *The Crocker Family*

L'Shanah Tovah to all

— *Rabbi Beth D. Davidson*

**G'mar Chatimah Tovah, may
you be sealed for a good year
in the Book of Life**

— *The Ellner & Lamarche
Family*

**Wishing all of our colleagues,
members, and friends a year
of health, happiness, and
peace from the White
Mountains to Portsmouth
Harbor and everywhere in
between!**

— *David Goldstone, President,
Bethlehem Hebrew
Congregation*

Shanah Tovah

— *Susan Grodman & Family*

**L'Shanah Tovah, best wishes
for a happy and healthy
New Year**

— *John and Liz Halper*

**Pray for the peace of
Jerusalem**

— *Brenda Johnston*

**May the New Year be sweet,
joyful, inspiring, healthy,
meaningful, and happy all
throughout 5779!**

— *Judith, Jeffrey, Steven,
Lauren, Isabel, and
Bailey Jolton*

**May it be a sweet, healthy, &
peaceful year**

— *Rabbi Richard & Ellen Klein*

L'Shanah Tovah

— *Kol Ha'Emek, the Upper
Valley Jewish Community*

L'Shanah Tovah

— *The Kushner family: Andy,
Norm, Scott, Jaime, Matthew,
Ayla, Kenny, Lauren, and Max*

**L'Shanah Tovah, and may there
be peace and prosperity for all
in the coming year**

— *The Lee Family*

Happy New Year!

L'Shanah Tovah

— Rhonda and Jay Madnick

Shanah tovah um'tukah, a good and sweet New Year

— Rabbi Robin Nafshi, Cantor
Shira Nafshi, and the entire
Temple Beth Jacob Family

Shanah Tovah, may 5779 be a year of peace and joy

— Eileen & Sidney Regen

Best wishes for a healthy and peaceful New Year

— Linda & Sol Rockenmacher

L'Shanah Tovah to all

— Marc Rubenson

L'Shanah Tovah to all

— Al, Jonathan, &
Joshua Shamash

Healthy, Happy, Innovative, Creative New Year

— Sasha, Ben, Heather, Westley,
Foster, Barak, Amy, Peggy,
Matana, Daniel, and Steve
Soreff

L'Shanah Tovah

— Bernyce & Saul Taube



High Holidays

Taam from Temple Mountain: Three Recipes for the High Holidays

By Wendy A. Williams

Welcome to Taam from Temple Mountain! For my first column, three dishes are presented. All are easy and kosher. For Rosh Hashanah, a brisket with dried fruit is prepared in an oven bag. Use all prunes for more Ashkenazi, all apricots for more Sephardi, or a mixture of dried prunes, dried apricots, and dried apples. You can make it in advance, let it cool, and refrigerate until serving time. Use a glass pan for cooking and serving (so easy!). For Yom Kippur break-the-fast we present a feta spinach kugel. Again, this is very easy to prepare and most delicious. Our final recipe is for pumpkin cake. Pumpkin cake is perfect for the sukkah, Thanksgiving, Shabbat, or anytime. We hope that you enjoy our *taam from Temple Mountain*. For questions or comments, you may reach me at shokanten@gmail.com. Chag sameach!

Beef Brisket with Fruited Carrots (from Reynolds Kitchens) (Meat)

- 1 cooking bag, large size
- 3 tablespoons flour
- ½ cup water
- 2 tablespoons packed brown sugar
- 1 tablespoon apple cider vinegar
- 1 teaspoon kosher salt
- ½ teaspoon ground black pepper
- 1 pound carrots, cut in ½ inch slices on the diagonal
- 1 package (8oz.) mixed dried fruit, cut in 1 inch pieces
- 3 to 3 ½ pound boneless beef brisket

- Preheat oven to 325 degrees F.
- Shake flour in oven bag; place in 13x9 inch or larger baking pan at least 2 inches deep.
- Add water, brown sugar, vinegar, salt, and pepper to oven bag. Squeeze bag to blend in flour. Arrange carrots, onions,

and dried fruit in an even layer in bag. Place brisket on top of vegetables and fruit.

- Close oven bag with nylon tie; cut six ½ inch slits in top. Tuck ends of bag in pan.
- Bake 2 ½ to 3 hours or until brisket is tender. Let stand in oven bag 5 minutes. Remove brisket; thinly slice diagonally across the grain. Skim fat from sauce; spoon sauce over brisket. Serve with vegetables and fruit.

Feta Spinach Noodle Kugel (Dairy)

- One 12 oz. package fettuccini or egg noodles
- 1 medium onion, chopped or diced
- 3 tablespoons olive oil
- One 10 oz. package frozen chopped spinach, thawed, drained, squeezed of excess water
- 3 large eggs
- One 8 oz. package crumbled feta cheese
- ½ cup sour cream
- 2 tablespoons melted butter
- ½ teaspoon nutmeg
- Pepper to taste

- Preheat oven to 350 degrees.

- Prepare noodles according to package directions and drain.
- Sauté onion in olive oil until brown and crispy or at least translucent and tender, stirring constantly.
- Combine onion and remaining ingredients except for noodles in a large mixing bowl. Add noodles and mix until well blended. Pour mixture into parchment paper lined 13x9x2 inch baking dish.
- Bake at 350 degrees for 30 to 45 minutes.
- Serves 8 to 16.

Pumpkin Cake (Pareve)

- 4 eggs
- 1 2/3 cups sugar
- 2 cups pureed pumpkin or one can (15 oz.)
- 1 cup canola oil
- 1 teaspoon pumpkin pie spice or cinnamon
- 1 teaspoon vanilla extract
- 2 cups all purpose unbleached flour
- 1 teaspoon baking powder
- 1 teaspoon baking soda
- 1/4 teaspoon salt
- ½ cup chopped nuts (optional)

- Preheat oven to 350 degrees F.
- In a large bowl, beat eggs until frothy.
- Add sugar, pumpkin, oil, spices, and beat until well blended.
- Add the rest of the ingredients and mix gently to combine.
- Pour into 9x13 inch pan lined with parchment paper.
- Bake 30-40 minutes until cake is golden brown. Top will spring back when lightly pressed and sides should be pulling away from the sides of the pan. When done, remove from oven.
- Let cool at least an hour before frosting. Plain pumpkin cake is pareve. Pareve canned "cream cheese" frosting may be purchased at the store.

Shanah Tovah Umetukah!

Wishing you good health, prosperity and happiness in the New Year.

Mayor Joyce Craig



@MayorJoyceCraig

Paid for by Mayor Joyce Craig Inaugural Committee Inc.



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Talk by Geoffrey Brahmmer Focuses on History of Jews in Spain

Bethlehem — Noted speaker/researcher Geoffrey Brahmmer returns to the Bethlehem Public Library at 7 PM, Thursday, Sept. 27, to present a review of his latest research project, “A Golden Thread of History: The Sephardic Experience in Spain.”

“A Golden Thread of History” is a PowerPoint presentation that focuses on the Jewish experience in Spain from the time of the Visigoths to the Spanish Inquisition in 1492. Sephardic Jews lived in Spain for more than 1,200 years. While living as a minority among their more powerful neighbors, they created a unique, multicultural perspective that incorporated influences from Judaic, Islamic, and Christian cultures. They served as bridge builders, translators, and transmitters of culture between the ancient and modern worlds and between the Middle East and Western Europe.

Jews served as counselors and diplomats to Islamic caliphs and Christian kings. They existed in all classes as merchants, traders, explorers, physicians, artisans, bankers, and farmers. As some of the first goldsmiths in Spain, Jewish artisans introduced the use of gold in dress, illuminated manuscripts, and art. Jews were also transmitters of language, poetry, history, architecture, math, the sciences, music, medicine, and theology.

The presentation will highlight some of the important developments in the Golden Ages of Jews in Spain, including

the work of poet Yehuda Ha-Levi (born in Toledo, died in Jerusalem) and Maimonides (a physician/rabbi/philosopher born in Cordova and buried in Tiberias), who sought, in his work, a synthesis of Moses and Aristotle, the Torah and reason. From the letters of Maimonides, we also learn his counsel for Jews living in times of forced conversion and martyrdom: how should they live, and how and when they should sanctify themselves to die. Both of these men reflected upon what it meant to be Jews living in the Diaspora. From them, we discover some of the richest poetic and intellectual developments of humanity, and we also see some of the earliest yearnings of Diaspora Jews for a homeland.

Jewish mysticism also evolved in Spain during this time period. Spanish Jewish mystics helped found and develop the Kabbalah and Zohar, Jewish mystical writings about the relationship between G-d and humans in the world, and in history, time, space, matter, and the evolving cosmos itself. They explored the revelation, manifestation, and creation of God’s light in the broken and dark matter of the universe. For the Jewish mystics,



A page from *The Guide for the Perplexed*, by Maimonides

the homeland is the human soul in G-d, and wherever a person goes or lives, G-d IS. They answered the call to become healers and bearers of light in all the dark places of the cosmos.

Yet, all was not “golden” for Jews in Spain. As a minority, often protected only by caliphs and kings, Jews were vulnerable to the socio-political, economic, and religious changes taking place in society. Anti-Semitism was almost always present in religion and culture,

like a field of gasoline, waiting for a spark. These changes could lead to discrimination, segregation, loss of possessions, forced conversions, exile, and, at times, death. These events occurred multiple times, under both Visigoth and Muslim invaders, as well as later under Christian kings and queens, culminating in the Spanish Inquisition in 1492, when Jews throughout Spain were forced to convert to Catholicism or face banishment, torture, or death.

The Spanish Inquisition is forgotten by most people today. It should not be. The Inquisition is a historical precursor of the Holocaust. In addition, what began with Jewish Christian *conversos* in Spain later expanded to all Spanish Jews, then Muslims, Protestants, and Catholic “heretics,”

including some Christian mystics. From the Inquisition, and its historical precursors, derive sociological aspects of racism, socio-political scapegoating, racial profiling, ghettoization, religious and ethnic discrimination, show trials, the use of propaganda to incite violence and to brand a minority, as well as modern methods of torture, including water torture.

Yet, although Jews were expelled from Spain, through their experience of suffering, new awareness, insights, and understandings of society, art, history, music, and theology emerge and form. The Sephardic Diaspora, like all Jewish Diasporas, both before and after, becomes a golden thread in the history of humanity. The story of wandering and suffering humanity in the wilderness is the story of humanity that is ever seeking a place called home. As the Zohar notes, from the broken shell of our suffering humanity, new light can also explode, infiltrating all the dark places of the soul, of humanity, of the evolving universe, perhaps even of G-d himself!

Brahmmer concludes, “This talk was developed in prayer and in remembrance of the many victims before, during and after the Spanish Inquisition. In remembering them, may they teach us how to become better human beings in our own nations, times, and world. Tikkun olam!”

This event is free and open to the public.

L'Shana Tova!

Wishing you meaningful High Holy Days and a happy, healthy 5779!



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Susannah Heschel on Islam September 23 at TBA

By Lifelong Learning Committee,
Temple Beth Abraham

Nashua — Jewish scholar Susannah Heschel will be at Temple Beth Abraham on Sunday, September 23, to talk about the Jewish fascination with Islam. This is one of Heschel's current areas of interest and research, and is a work in progress. She is an exceptional scholar, the recipient of numerous grants and awards, including four honorary doctorates. Heschel has published her own work and edited, translated, and published numerous works by her father, Abraham Joshua Heschel.

Susannah Heschel is the Eli Black Professor of Jewish Studies at Dartmouth College. She focuses on Jewish-Christian relations in Germany during the 19th and 20th centuries, the history of biblical scholarship, and the history of anti-Semitism. She teaches various classes in the departments

of Jewish Studies; Medieval and Renaissance Studies; Religion; and Women's, Gender, and Sexuality Studies.

Come to Temple Beth Abraham, 4 Raymond St., Nashua, NH, on September 23, to hear Susannah Heschel.



Susannah Heschel

The morning begins with a breakfast at 9:30 AM organized by the SNHJMC (\$8 for members, \$12 nonmembers, paid at the door). The presentation, which is free with a suggestion donation of \$10, will take place at 10:30 AM.

This event is open to all and is brought to you by the Temple Beth Abraham Lifelong Learning Committee, The Southern NH Jewish Men's Club, and Temple Beth Abraham Sisterhood. For more information and to RSVP, call 603-883-8184, email office@tbanashua.org, or visit the Web www.tbanashua.org.

Find TBA on Facebook at www.facebook.com/TempleBethAbraham/.

Jewish Food Festival in Laconia Sees Record Crowds After Break in July Heat Wave

Laconia — There was a record heat wave in July the week prior to the Jewish Food Festival at Temple B'nai Israel in Laconia. The planning committee, headed by Stu Needleman, worried that the unpleasant weather would impact attendance that day. The temple committee had worked since winter to prepare 1,000 blintzes, 1,200 latkes, strudels, rugelach, 400 pounds of meat, and many more Jewish food favorites. What if it was just too hot to sit outside and eat? But the weather broke just in time to open the doors on Sunday, July 8, to waiting lines of eager diners.

The Jewish Food Festival started in 1997 as an adjunct to a rummage sale on the front lawn of the temple. The festival grew over the years, and it has become a key community outreach program that the local community looks forward to each year. This was borne out on the day before the 21st annual Jewish Food Festival. It was a festive day in Laconia when the city honored its 125th anniversary with a parade and community-wide celebration. Temple B'nai Israel proudly participated in the parade with shouts and cheers from the crowds acknowledging their recognition of the Jewish Food Festival.

The next day, many of the Jewish Food Festival attendees remarked about seeing the temple represented in the community parade and said they came after seeing the banner being carried in the parade. The feedback from the attendees says it all:

- Excellent and authentic
- Fun! (my first experience with knishes)
- Delicious, too many choices, too little stomach
- Wonderful that 1) it exists; 2) that it is very well organized, 3) that people are very welcoming
- Great – best pastrami I've had in a long time.
- Great! Reminds me of my grandmothers' cooking and baking
- Amazing! Great way to continue to expose our kids to Jewish foods and traditions
- Wonderful. We look forward to this festival every year

On a day of perfect summer temperatures, without a cloud in the sky, over 600 diners enjoyed sandwiches of deli meats from Evan's Deli of Marblehead, MA, or homemade brisket, all served with coleslaw and the best half sour pickles, also from Evan's. Homemade blintzes with strawber-



TBI chefs march in the Laconia 125 parade on July 7

ry sauce and latkes were served by the dozens. Many of the attendees also picked up their pre-ordered frozen packs of foods to be enjoyed at home. There was freshly prepared chopped liver and chopped herring as well as the most fabulous dessert table, with treats too tempting to pass up.

The temple committee is already planning for next year's 22nd Jewish Food Festival, which will be held on Sunday, July 7, under the tent at 210 Court Street in Laconia, rain or shine, hot or cold!



Dining under the tent at The Jewish Food Festival

And the Beat Continues to Go On!

Manchester -- TAY Brotherhood is looking forward to another active and meaningful year in which we will strive to continue the tradition of service, camaraderie, and fun set forth by our excellent role models throughout the years. As always, membership in the Brotherhood is open to all men with a connection to the Jewish community. So please join in and enjoy a great experience of wonderful fellowship.

Below is a draft of our proposed calendar for the 2018-2019 year. Our Breakfasts will be open to all. Please note the return of our ever-popular Candidates Breakfast, on Sunday morning, October 28. We hope once again to have all the candidates for United States House of Representatives and for New Hampshire Governor join us. Stay tuned for further details.

Brotherhood Meeting Dates, 2018-2019

- Tuesday, September 4
- Tuesday, October 2
- Tuesday, November 6
- Tuesday, December 4
- Wednesday, January 2
- Tuesday, February 5
- Tuesday, March 5
- Tuesday, April 2
- Tuesday, May 7
- Tuesday, June 4 – Annual Meeting,

BBQ

Programs, 2018-2019

- Sukkah Building, Sunday, September 23
 - Candidates Breakfast, Sunday, October 28
 - Chanukah Party, Sunday, December 9
 - Mitzvah Program, Monday, December 24-Tuesday, December 25
 - Deli Night, Saturday, January 26
 - MANTY Winter Wonderland Breakfast, Sunday, February 3
 - Purim Party, Sunday, March 24
 - Spring Dinner Concert, Thursday, May 9
 - Brotherhood Breakfast, "Swim With a Mission", Sunday, May 19
 - Brotherhood-Sisterhood Service, Friday, June 8
 - Memorial Day Service, Monday, May 27
 - Annual Meeting/BBQ, Tuesday, June 4
- Fellows, please come on board and enjoy a great experience of warm and wonderful fellowship. If you have not received your membership information in the mail or if you have any questions pertaining to the Brotherhood, please contact Sol Rockenmacher (Rockenmacher@comcast.net) or David Penchansky (docpen@comcast.net).

Manchester Hadassah Raises \$16,000 for 360 Degrees of Healing

By Michele Bank

Manchester — This year, the Manchester Hadassah Chapter's annual ad/directory book raised \$16,000 in ads. The chapter thanks the members who solicited ads and the advertisers for their support. Money raised will go toward Hadassah's new fundraising campaign, 360 Degrees of Healing.

In the past few years, Jerusalem has gone from being unranked to 25th on the global list of high-tech cities. With Hadassah's new campaign, money raised will help enable Hadassah Medical Organization to redesign and expand the Round Building, part of Hadassah Ein Kerem facility. They will increase the number of patient beds, renovate 17 operating rooms, and expand treatment offerings. Importantly, they will strengthen the building's infrastructure to protect the hospital from earthquakes and conventional, biological, or chemical attacks.

The Jerusalem Post reported that last month that Hadassah University Medical Center on Jerusalem's Mount Scopus successfully performed knee surgery using a new, innovative, coral-based implant created by an Israeli startup that focuses on regenerative medicine. The implant, Agili-C,

is currently undergoing clinical studies around the world. Orthopedic surgeon Dr. Adi Friedman stated, "The need for an implant that leads to the regrowth of damaged cartilage is genuinely needed in the orthopedic world, and we hope that the (clinical) trial will succeed." Normally, cartilage cannot self-repair.

The Manchester Hadassah Chapter will convene again on Thursday, September 27, at 7 PM at 1400 Front Street, Manchester. All members are welcome to attend.

The Hadassah Book Club will meet on Thursday, October 11, to discuss *Can't We Talk About Something More Pleasant?* by Roz Chast. The meeting will be held in a local restaurant.

The Manchester Chapter of Hadassah wishes you and your families a sweet year full of health, peace and prosperity.

If you would like to donate to Hadassah, please contact donorservices@Hadassah.org. Please include the Manchester chapter's number: 43-430. For more information about the chapter meeting, book club, or about Hadassah, please contact Michele Bank at michele.bank@gmail.com or 488-5657.

Temple B'nai Israel's "We Care" Initiative Celebrates Five Years in the Lakes Region

Laconia — Temple B'nai Israel's "We Care" initiative was born out of the efforts of the TBI fundraising team that came into existence in 2012. The temple had traditionally raised most of its funds from dues, with a small amount coming from its annual Jewish Food Festival. The festival started in 1997 as an adjunct to a rummage sale on the front lawn of the temple. The festival grew over the years but required thousands of man-hours of cooking, setup, and serving with a relatively small return on the invested hours. It had become, however, a key community outreach program that the local community looked forward to each year. Temple leadership was looking for alternative fundraising ideas that could raise additional funds with somewhat less labor. In 2012, the TBI fundraising team was formed, and in October of that year the first entertainment event was held. It was a coffee house featuring a folk singing group together with an Italian buffet dinner. The event was successful, raising nearly the same amount as the Food Festival, with considerably less work.

The fundraising team honed their skills

in planning this type of event, and over the next year it planned and executed two additional events and grew its sponsor book for each of these events. They soon realized that if they were diligent about their efforts for the sponsor book, they could raise sufficient monies for the temple through that effort, and the knowledge and experience gained over the last 18 months could be used to benefit other local nonprofits. TBI We Care was born in 2014. The temple was already participating in several community programs, such as the Salvation Army lunch program and Hands Across the Table, which provided hot meals for those who cannot afford them. We Care took these efforts to the next level.

The We Care team sought out small, local nonprofits that would benefit from a team of experienced fundraisers to supplement their fundraising efforts. The



Gathering Time folk trio will return to Laconia for a "We Care" concert on October 27.

model was to hold two entertainment events each year and to give the net proceeds of these events to the chosen nonprofit partners. Not only would the partner receive funds, but they would get a significant amount of public awareness of their cause through the print and radio efforts employed to market the events. It was a significant win for these organizations.

TBI We Care concludes its fifth year, and 10th concert, on October 27, when it brings back to the area one of the country's best folk-rock groups, and a We Care favorite, Gathering Time, a folk-rock/Americana harmony trio. The seamless vocal blend of Gathering Time, inspired guitar playing, and precise percussion has deep roots in '60s folk-rock, with a healthy dash of traditional folk in the mix. Their stage chemistry makes clear that they take the music (if not themselves) very seriously, yet their infectious energy wins over even

fans who never considered themselves folkies. The net proceeds from the Gathering Time concert will go to Central New Hampshire VNA and Hospice. Tickets for the concert can be purchased at www.tbinh.org.

Since its inception, TBI We Care has raised more than \$60,000 for the following organizations:

- Lake Region Community Services
- Central NH VNA and Hospice
- Genesis Behavioral Health
- New Beginnings
- Voices Against Violence
- Camp Resilience
- Belknap House

All the efforts of the TBI We Care team are only possible by the tremendous support from the more than 100 Lakes Region businesses that support We Care efforts through the temple sponsor book. Special thanks to 2018 event sponsors: Meredith Village Savings, Miracle Farms Landscaping Services, and Golden View Health Care.

The We Care team will soon begin planning for 2019 so it can put *tzedakah* (a moral obligation for charitable giving) into practice for a sixth year.



WINES FOR THE HIGH HOLIDAYS

New Hampshire Liquor and Wine Outlets features a variety of kosher wines, from traditional favorites to contemporary brands. Plus, during Passover we stock wines that are kosher for Passover, and meshuval wines.

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Please Drink Responsibly



LiquorandWineOutlets.com

Three Manchester Congregations Share in Religious Response to Hunger Food Drive

By Bobbie Brayer

Manchester — Thousands of people lack the security of knowing where their next meal will come from. Families in Transition-New Horizon relies on community donations to help put food on the table for over 900 such families each month. At a time when the need is high and the pantry shelves are running low, your response becomes that more important.

According to Mary Silva, food services manager at Families in Transition-New Horizons, “Last year’s effort brought in 554 bags, which was approximately 2,770 pounds of food for the pantry -- a record number of bags since 2011!”

The Religious Response to Hunger, which begins on Rosh Hashanah, calls on members of Temple Adath Yeshurun, Temple Israel, and Chabad Center for Jewish Living to fill grocery bags, which

will be distributed after services by members of MANTY, the Manchester Temple youth group.

You are asked to take the bags home, fill them with the equivalent of nonperishable food you and your family would have eaten during the High Holy Days, add a little extra if you can, and then return the bags on Yom Kippur.

Judith Jolton, chair of this effort for many years, expressed her satisfaction

that over 25,000 pounds of donated food has been collected for Families in Transition-New Horizon, noting, “Our Religious Response to Hunger calls on all of us to give more for the growing number of people who need more. There could be no better way to start the New Year than the Mitzvah of Giving.” Please select from the list of foods we have included.

We have all experienced what it is like

Food Drive continued on page 20

Book Review

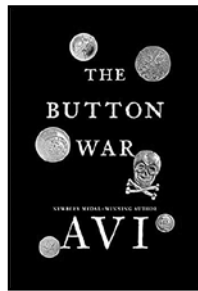
Reviewed by Merle Carrus

Five Books Bring Jewish Themes and Characters to Life for Young Readers

There is something for everyone in the five children’s books described below. Each offers a unique way to introduce Jewish ideas and stories to children.

A Dark Novel for Young Adults

The Button War (Candlewick, 2018) is written by the children’s author Avi, but it is quite a dark novel and would be hard for a young child to read. *The Button War* takes place during the beginning of World War



I. As the author and many reviews of the novel mention, it is a story of how young boys who start out as friends can lose sight of the fun nature of a game and contest and become very competitive and threatening to each other.

Avi takes the reader back to a small town in Poland at the start of World War I. This is a town that is isolated and self-sufficient. Here, seven boys spend their days playing and exploring together. Then their town is occupied by Russian soldiers, which displeases the townspeople. One day, the Russians leave and German soldiers arrive, moving into some the citizens’ homes.

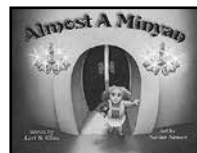
Patryk, the narrator, describes how the boys meet up and sit on a ledge above the water pump, watching as their village changes with the German soldiers’ arrival. Jurek is the instigator, daring the others to take risks, and he starts a contest to find the best button. As the boys each try to get a button from the clothing of either a Russian or German soldier, the stakes get higher and more dangerous. The boys get caught up in the competition, mirroring the fighting between the Russians and the Germans. The stakes get higher and people start getting hurt and dying, but then

who wants to be the first to cry uncle and admit to being scared?

Avi says he based this dark story on a tale his father-in-law shared with him from his childhood. The collection of buttons from soldiers’ uniforms developed into this serious, thought-provoking plot though Avi’s imagination. His father-in-law’s interest in the buttons was much more innocent. Read this book with your child so you can have a discussion about war and how following a leader blindly can lead to serious trouble. It is a great message for our present-day political climate. It is also an important lesson for children in general.

A Sweet Picture Book Gently Addresses Loss

Almost a Minyan (Sociosights Press, 2017) is sweet story with beautiful illustrations. Written by Lori S. Kline, this picture book is a wonderful way to understand being part of a community and contributing to the group. The colorful illustrations are by Susan Simon. The book is entertainingly written to engage a young child. In the story, a young girl watches her father go to synagogue to help make the daily minyan (10 people). She looks forward to the time when she will be able to go with him. When her grandfather dies, her father takes her along to help make the minyan. This book also is a gentle way to present loss.



An Illustrated Story About Duality

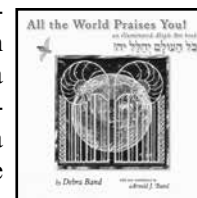
Sandra Feder uses the title, *Bitter and Sweet* (Groundwood Books, 2018), “to acknowledge duality in everyday life. Judaism and Jewish teaching



provide many wonderful ways to recognize that life holds some of both.” She has written a delightful story of young Hannah, who has to move and leave her friends and house behind. She thinks things will only be unpleasant in her new home, but she discovers that there are both bitter and sweet things in store for her: Shabbat wine is sweet, and she makes a new friend. She finds out that you have to sweeten the bitter yourself. The book is wonderfully illustrated by Kyrsten Brooker.

A Beautiful Illustrated Aleph Bet

All The World Praises You (Honeybee in the Garden, 2018) is a compilation of beautiful artwork by Debra Band, illustrating the aleph bet. Using the wording of the biblical prose of *Perek Shira*, Band has created wonderful drawings to illustrate the writings. She has taken a word that represents each Hebrew letter and a descriptive musing about that word, creating a wonderful way to enjoy learning new Hebrew words while experiencing beautiful art. Working with the translations and transliterations of her father, the legendary scholar of Hebrew literature Arnold J. Band, she has added her colorful and imaginative artwork. The artwork covers all of the alef bet with words like *eretz*/earth and *barak*/lightning, all the way to *shvil hehalav*/the Milky Way.



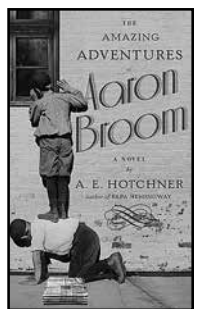
In each of the drawings, there are dahlias and honeybees. The author has hidden these depictions in the drawings following a medieval custom, colophon, where Jewish scribes hid their names in their work. Band has hidden dahlias in the pictures for her granddaughter, Dahl-

ia, and the word for honeybee is *devorah*. At the end, there are two paintings with hidden dahlias and honeybees, along with Hebrew letters for readers to find.

There is also a learning guide so teachers can use this book in a classroom setting. This is a beautiful way for readers of all ages to start learning some Hebrew vocabulary, while enjoying the colorful artwork.

A Children’s Detective Novel

The Amazing Adventures of Aaron Broom (Nan A. Talese, 2018) is a wonderful story of a 12-year-old boy growing up during the Depression years in St. Louis. A.E. Hotchner, age 100, has written this adventure story based on his youth. Hotchner is the noted biographer of Hemingway and the founder, with Paul Newman, of Newman’s Own.



This fun mystery novel is a whodunit to find out who the jewel thieves are who have implicated his father in their heist. With his father in jail and his mother in a sanitarium with tuberculosis, he finds ways to be very resourceful to try and stay one step ahead of child welfare services and uncover the real culprits in the robbery. Despite seeing the real killer flee the scene, Aaron can’t do much to help in the moment. Undaunted, he enlists an unlikely band of friends and helpful adults to clear his father’s name, including a world-weary paperboy, an aspiring teen journalist, a kindly lawyer, and a neighborhood friend with a penchant for baking. As they dig into the details of the case, these unconventional detectives reveal a cover-up that goes much deeper than a jewelry-store heist gone sour.

Recent Events

Want to see your organization's photos here? Send them to thereporter@jewishnh.org.



Rabbi Peter Levy (back of room, beard) of Etz Hayim Synagogue with this year's adult B'Nai Mitzvah classe (minus the photographer, Beverly Barvenik). For more information, contact Rabbi Levy at rabbi@etzhayim.org.



On Friday, July 20, Etz Hayim Synagogue members enjoyed an ice cream oneg after services. We were fortunate enough to have Noam Wolf, the JFNH Shlichah, attend our services and share in our oneg. It was great fun!



Over a dozen members of Etz Hayim Synagogue's women's group (the FAB) gathered for a special Friday night Shabbat service and dinner at the beautiful home of member Leslie Kirshman (black and white print shirt in forefront).



Stan Juda (right) and Marc Kolopsky (center), organizers of Temple Beth Abraham's annual August charity golf tournament, with Rabbi Jon Spira-Savett (left), one-time-a-year golfer.



JFNH Preschoolers turned into dragons — we don't know why!



Neither rain nor heat could stop the Temple Beth Abraham Friday night BBQ! We moved inside with our burgers and had a rousing service. Thanks to everyone for coming out!



Enjoying the TBA BBQ were (left to right) Vera Sacks, David Sacks, current TBA president, and Jane Goodman.

Food Drive continued from page 19

to be hungry -- the physiological sensation caused by lack of food. But for 49 million Americans, including one in five children, "hunger" has been redefined as a more telling epidemic: "food insecurity," the inability to access food consistently, whether because they are not able

to afford it or do not have access to it.

The problem goes far beyond the homeless population and has embedded itself in communities like ours, in Manchester, where parents have to choose between paying their utility bills or buying food; or seniors on fixed incomes have difficulty purchasing food or resources to

access or prepare meals.

These are the people who find help at the Families in Transition-New Horizon Food Pantry and Soup Kitchen. For over 30 years, Temple Adath Yeshurun, Temple Israel, and now the Chabad Center for Jewish Living have made it a High Holy Day tradition to reach out to help

those in need with the Religious Response to Hunger.

Last month, we provided bags. This month, we hope you will fill them. Thank you for your continued support and contributions of food and nonfood items so desperately needed by our neighbors in Manchester.



JFNH Tributes

Received by August 10, 2018

Annual Campaign

Robert and Marcia Feldman
David and Davi-Linda Friedman
Rochelle Heit
Steven Silberberg
Bernice Singer
Gary Singer
Jeffrey Singer
Robert Singer
Melvin and Rachel Spierer
Michael Sydney

Friends of the Reporter

Carol Gold
H. Jerome Keisler
Dr and Mrs Bernard Kramer
Zahava Salomon

Kushner-Tumen Family Fund for Children

Norm and Andy Kushner to Mrs. Marcie Brean and family in memory of her mother, Bernice Brookner

PJ Library Program

Tiffany Tropp and Annick Tropp to Michelle Rubovits in honor of her 80th birthday

When submitting a Letter to the Editor, please include your name, town of residence, and contact information. Letters to the Editor must be under 300 words in length to be considered for publication. Send your letter by email to the reporter@jewishnh.org with "letter to the editor" in the subject line.

How to submit an obituary

The Reporter publishes obituaries of people who made significant contributions to Jewish life in New Hampshire. Please send obituaries in Word format and photos in jpg format to thereporter@jewishnh.org. Publication is at the publisher's discretion, subject to space limitations.

Help Wanted!

Do you live in Keene, Laconia, Bethlehem, Hanover, or another NH community and want to help produce the Jewish Reporter?

We are looking for people all over the state who are interested in writing about their local Jewish community.

To get involved, contact thereporter@jewishnh.org

JFNH Tribute Cards: A Double Mitzvah

Sending a tribute card from the Jewish Federation of New Hampshire is one of the best ways to honor someone for any *simcha*, e.g. birthday, anniversary, bar/bat mitzvah. It is also the perfect way to say "Thank you" or to send your condolences.

Your JFNH tribute card serves double duty by helping to support the vital programs serving the New Hampshire Jewish Community.

All tributes will be listed in The Reporter.

Amount of Contribution:

\$10 \$18 \$36 Other \$_____

Designated to the following fund:

- Annual Campaign
- Friends of the Reporter
- JFNH Preschool
- NH Jewish Film Festival
- PJ Library
- Senior Programs
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Contribution: in honor in memory of on the occasion of

Name of Tribute Card recipient

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Make your check payable to "Jewish Federation of NH" and mail with this form to: Jewish Federation of NH
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See what's happening in the community at
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