

# OTTAWA JEWISH BULLETIN

OCTOBER 15, 2018 | CHESHVAN 6, 5779

ESTABLISHED 1937

OTTAWAJEWISHBULLETIN.COM | \$2

## Lip-sync battle kicks off Federation Annual Campaign

BY MATTHEW HORWOOD

The kickoff of the Jewish Federation of Ottawa's 2019 Annual Campaign was a marked departure from previous years that focused on guest speakers. This year's event, September 16 at Centrepointe Theatre, was a lip-sync battle featuring representatives from many of the community's agencies and organizations dancing and pretending to sing hit songs.

The Zaret family – Debi, Neil, Adam, Josh and Jen – chaired the event.

"Our family is honoured to be the chairs of this special event, and we thank you for joining us. We are happy to have with us tonight: no special guest!" Adam Zaret joked.

"This will not be a night of speeches. We are here to have fun, and instead of talking, we hope to show you many wonderful aspects of our community and prove why giving to the Annual Campaign is so important," said Neil Zaret.

'Stuntman' Stu Schwartz was the MC for the lip-sync battle and the performances were judged by local media celebrities Abigail Bimman, Lianne Laing and Laurence Wall. The dances were choreographed by DeNeige Dojack, Elizabeth Greenberg, Karli Speevak and Gabriel Wolinsky.

After each group performed their act, the judges gave their critiques and Stuntman Stu held a short Q&A session giving each group an opportunity to talk about the organizations they were representing.

During the lip-sync battle interviews, Jewish Federation of Ottawa Chair Hartley Stern and President and CEO Andrea Freedman presented a short video showcasing the Jewish Superhighway and Rabbis Reuven Bulka – the Campaign co-chair – and Steven Garten presented a short video highlighting the 2019 Annual Campaign's special challenge fund.

"This campaign is about raising another million dollars that will bring us forward to new programs and enhancing old ones, to really allow every single Jew in this city to have that experience they cherish," Stern said.

The teams included Federation, Camp B'nai Brith of Ottawa, Jewish Life (AJA 50+, Hillel Ottawa and the



The team from Tamir was the audience's clear choice for the Golden Challah People's Choice Award.

HOWARD SANDLER

Soloway Jewish Community Centre), Ottawa Jewish Community School, Supplemental School (Ottawa Modern Jewish School, Ottawa Talmud Torah and Temple Israel Religious School), The Rabbis (Rabbis Reuven Bulka and Steven Garten, the rabbis emeritus of Congregation Machzikei Hadas and Temple Israel), and Tamir.

The teams used unique costumes and props in their performances. For example, the Jewish Life team wore Beatle wigs for a medley of the Fab Four's hits, while Camp B'nai Brith wielded canoe paddles while dancing and lip-syncing to the Proclaimers "I'm Gonna be (500 Miles)," the Supplemental Schools, who were dressed as cheerleaders to perform "We're All in This Together" from "High School Musical" and The Rabbis, whose costumes were appropriate to their medley of songs from "Fiddler on the Roof."

The Golden Challah People's Choice Award, for the most popular act of the night as determined by the audience via the 'Clap-O-Meter,' was presented to Tamir for their stylistically diverse set of songs and

enthusiastic performance.

The Golden Kiddush Cup for "best overall" presentation as chosen by the judges was awarded to the Ottawa Jewish Community School, whose performers included Board President Michael Polowin as a hilarious Alice Cooper.

The judges also awarded the Lead Matzoh Ball to the Federation team for their valiant effort despite the "most lead-footed" dancing of the evening.

"Thank you all so much for devoting the time and energy to rehearse and to put yourselves out there to make tonight's event a huge success," Jen Zaret said, after the awards had been presented.

"We hope you leave tonight with a greater appreciation for the scope and breadth of our Jewish community, the many organizations and opportunities that we have right in front of us." Added Josh Zaret. "We all hope you will join us in giving generously to this year's Annual Campaign."

See page 2 for more photos.

**inside:**

David Uzan searches for a kidney donor > p. 3

Jewish community rallies after tornadoes > p. 5

Michael Regenstreif on responses from federal leaders after anti-Semitic attack on two MPs > p. 7



**Efficient, elegant, exceptional.**  
**The Audi A6 Sedan.**

Audi Mark Motors of Ottawa  
295 W Hunt Club Rd.  
613-723-1221

Audi Ottawa  
458 Montreal Rd.  
613-749-5941

# Fun at the Lip-Sync Battle

Photos by Howard Sandler



Michael Polowin as Alice Cooper in the finale to the Ottawa Jewish Community School presentation.



The Zaret Family, co-chairs of the 2019 Annual Campaign Kickoff: (From left) Jodi Weinstein and Adam Zaret, Neil and Debi Zaret, Jen and Josh Zaret.

Below: Rabbis Reuven Bulka (left) and Steven Garten dancing to songs from "Fiddler on the Roof."



"High School Musical" provided the inspiration for the Supplemental Schools team.



The Federation team in full disco mode for their finale.



The Camp B'nai Brith team paddling to "I'm Gonna Be (500 Miles)."



(From left) Judges Abigail Bimman, Laurence Wall and Lianne Laing comment on a lip-sync battle performance.



The Ottawa Jewish Community School received the Golden Kiddush Cup for best overall performance.



There were more 'Beatles' on the Jewish Life team than in the actual Beatles.



Stuntman Stu interviews Tamir participants as judge Lianne Laing looks on.

**BRENTCOM**  
REALTY CORPORATION, BROKERAGE

Commercial Sales & Leasing \* Consulting \* Site Selection/Relocations \* Tenant Representation \* Feasibility Studies  
Investment/User Properties \* Strategic Growth Planning \* Land Assemblies/Development Sites

**BRENT TAYLOR** BROKER of RECORD, PRESIDENT

brent@brentcomrealty.com www.brentcomrealty.com 613-726-7323 / FAX 613-721-8849



- MEMORIALS
- INSCRIPTIONS
- REPOINTING
- REFURBISHING

**MONUMENTS OF DISTINCTION**

SERVING THE JEWISH COMMUNITY  
IN OTTAWA FOR 125 YEARS

WWW.JEWISHMEMORIALS.CA  
613-293-6949

**Allan Taylor**

- GROUP PLANS
- LIFE INSURANCE
- DISABILITY INSURANCE
- PENSION and RRIFs

**613-244-9073**  
ataylor@taylorfinancial.ca

THE **Great-West Life**  
ASSURANCE COMPANY

www.taylorfinancial.ca

# David Uzan searches for a living kidney donor

BY MATTHEW HORWOOD

**D**avid Uzan, a married father of four young children, with a chronic kidney disease is asking for potential kidney donors to step forward.

Uzan, an active member of Ottawa's Jewish community, has IgA nephropathy, also known as Berger's disease, and will likely require a kidney transplant within six-to-nine months to avoid ongoing dialysis treatments. IgA nephropathy occurs when an antibody (immunoglobulin A) gets lodged in the kidneys, causing inflammation that can hamper the kidney's ability to filter wastes from the bloodstream.

Dialysis treatment involves being hooked to a machine for several hours several times per week that filters the body's blood as the kidneys are supposed to do. Uzan said this would keep his body in balance, "but results in a significantly reduced quality of life and life span. So a new kidney is the highly preferred option."

Uzan said the main criteria for a direct kidney donation would be a donor good health and with a blood types B, O or possibly A. He explained that even if someone doesn't directly meet the criteria to donate their kidney to him, they could donate it to some-



David Uzan (far right) with (from left) wife Ru, and their children Freddy, Adina, Na'ama, and Nadav.

one else in need and a donor linked to a different recipient would then donate to him. This is known as a paired exchange.

For someone willing to donate a kidney, some funding for recovery of expenses, such as income replacement, is available through the Program for Reimbursing Expenses of Living Organ Donors, administered by the Trillium Gift of Life Network.

Uzan was on the board of Torah Day

School of Ottawa last year and is currently a consultant for the Jewish Ottawa Inclusion Network, which his wife founded.

Leslie Kaufman, vice-president of corporate services at the Jewish Federation of Ottawa, underwent lifesaving liver transplant surgery in 2015, said that since her transplant she has wanted to give back any way she could. After hearing of Uzan's request, she reached out to the National Capital Region Gift of Life Net-

work to spread the word in Ottawa about Uzan's search for a kidney. Kaufman said she feels "frustrated" that she is not allowed to be an organ donor, as she and Uzan have the same blood type.

"We have the power – especially with kidneys, which we have two of, and livers, which regenerate – to save a life by organ donation," Kaufman said. "So knowing you can save a life with a spare organ you don't need or will grow back, why wouldn't you do something?"

While Kaufman acknowledged any surgery is risky, this is a surgery "that happens all the time and every day," she said.

"I know lots of people who are liver and kidney donors who have recovered beautifully. I know a few seniors who even donated when they were in their later years," she said.

Uzan said he is very appreciative of the community's support.

"It would be doing a huge favour for me and it would allow me to give back to the community."

Anyone interested in possibly donating a kidney for Uzan is asked to call the living donor coordinator of the Ottawa Hospital at 613-738-8400, ext. 82778, for information or to start the testing process. Information is also available at <https://tinyurl.com/OH-kidney>.

## UNFOLLOW THE CROWD

STANDOUT OFFERS THAT WON'T LAST LONG

### FINANCE RATES FROM 0.9%

See dealership for details.

**BEL-AIR LEXUS**

435 McArthur Ave., Ottawa  
613-741-3270  
[belairlexus.com](http://belairlexus.com)



A September poll found that nearly 40 per cent of British Jews would seriously consider emigrating if Labour Party leader Jeremy Corbyn – seen at a rally in Trafalgar Square in London on July 13, 2018 – becomes prime minister of the U.K.



Author J.K. Rowling – seen at the British Academy Film Awards at Royal Albert Hall in London, February 12, 2017 – has been fighting anti-Semitism in the United Kingdom.

## In J.K. Rowling's new novel, a villain is an Israel-hating anti-Semite

BY YVETTE ALT MILLER

(JTA) – For months, author J.K. Rowling has been warning about the dangers of anti-Semitism in the United Kingdom, sparring on Twitter with critics who either downplay the phenomenon or say its proponents are confusing criticism of Israel with Jew hatred.

Now, in her newest book, she includes a character whose obsessive anti-Zionism morphs into anti-Semitism.

*Lethal White*, the fourth book in Rowling's "Cormoran Strike" mystery series, written under the pen name Robert Galbraith, features a pair of hard-left

political activists who believe Zionists are evil and have a stranglehold on Western governments.

Extortionist Jimmy Knight's extreme hatred of Israel has led him to hate Jews.

"I wouldn't trust him if it was anything to do with Jews," Knight's ex-wife tells a detective. "He doesn't like them. Israel's the root of all evil, according to Jimmy. Zionism: I got sick of the bloody sound of the word. You'd think they'd suffered enough," she says of Jews.

Rowling's depiction of a far-left anti-Semite comes at a time of record high anti-Semitism in Britain, where she lives. The British Labour Party and

its leader, Jeremy Corbyn, have been accused of insensitivity to Jews and condoning anti-Jewish sentiments within the party's ranks. Corbyn previously defended a grotesquely anti-Semitic London mural depicting Jewish bankers, and referred to his "friends" in terror groups Hamas and Hezbollah, though he's said he now regrets these positions.

A September poll found that nearly 40 per cent of British Jews would seriously consider emigrating if Corbyn became prime minister – as polls show he might.

The latest novel isn't the first time the author of the Harry Potter series has commented on the dangers of anti-Semitism.

"Most U.K. Jews in my timeline are currently having to field this kind of crap, so perhaps some of us non-Jews should start shouldering the burden," she wrote in April, in response to a critic who said Judaism is a religion, not a race. "Anti-Semites thinks this is a clever argument, so tell us, do: were atheist Jews exempted from wearing the yellow star?"

Rowling, who is not Jewish, also shared with her 14.4 million Twitter followers examples of posts she'd received that denied anti-Semitism was a problem.

To a commenter who posted that Arabs cannot possibly be anti-Semitic because Arabs are Semites, too, Rowling tweeted a photo of a dictionary definition of anti-Semitism: "Hostility to or prejudice against Jews." She also included a spirited defence of Jews: "Split hairs. Debate etymology. Gloss over the

abuse of your fellow citizens by attacking the actions of another country's government. Would your response to any other form of racism or bigotry be to squirm, deflect or justify?"

When a Jewish mother tweeted Rowling to say her son had faced anti-Semitic bullies in school, Rowling tweeted back "So sorry" and wrote "Know that you aren't alone and that a lot of us stand with you xx."

A few months later, on August 26, after a fellow mystery writer, Simon Maginn, tweeted that British Jews' outrage over Corbyn's views were "synthetic," Rowling responded, "What other minority would you speak to this way?" and then quoted from Jean-Paul Sartre's essay, "Anti-Semite and Jew."

In 2015, Rowling declined to endorse open letters calling for a cultural and academic boycott of Israel signed by over 1,000 British authors and opinion leaders. Instead, she joined 150 other writers and artists in penning an alternative letter opposing singling out Israel for opprobrium.

"Israelis will be right to ask why cultural boycotts are not also being proposed against... North Korea," her October 23, 2015 letter declared. Instead of boycotts, the letter said, "Cultural engagement builds bridges, nurtures freedom and positive movement for change."

Rowling has been critical of the government of Israeli Prime Minister Benjamin Netanyahu but is adamant that Israel, its people and its supporters should not be subjected to a double standard by their opponents.

Back Splash Texture Wall  
Grout Colour Delivery Floor  
Installation Sizes Smooth  
Mix & Match Patterns In Floor Heat Ceramic  
Showers Shapes Flooring  
Decorators Custom Tile



OTTAWA  
195 Colonnade Rd. S.  
613-226-3830

www.westboroflooring.com

KINGSTON  
649 Justus Drive  
613-384-7447

# Jewish community rallies to help those affected by Ottawa tornadoes

BY MATTHEW HORWOOD

In the aftermath of six tornadoes which hit the National Capital Region on Friday, September 21, destroying homes and cutting power to tens of thousands of people, Ottawa's Jewish community came together to help out those in need and allow them to celebrate Sukkot.

Andrea Freedman, president and CEO of the Jewish Federation of Ottawa, said Federation and the Soloway Jewish Community Centre (SJCC) worked together to open the facility on the Sunday after the tornadoes – the building's power was restored the night before – to SJCC members and non-members alike.

"We provided services in terms of showers, giving people coffee, and offering a place to charge their phones and benefit from each other's company," Freedman said. "In terms of doing the right thing, it was really a no-brainer."

Freedman said there were several Jewish families in the Craig Henry/Arlington Woods area who were severely impacted by the tornadoes, but she said there's a "silver lining in everything," in this case seeing how kind people are during difficult times.

"The number of people who opened up their homes to others and who reached out to offer assistance, as well as the food organizations providing meals to people – watching that was very heartwarming."

Ten Yad of Ottawa, a grassroots, volunteer-run organization dedicated to undertaking acts of *chesed* (kindness), stepped up to provide assistance. Founder Esti Fogel said Ten Yad reached out to the community via email and social media to offer "meal support for Shabbat, the last days of Sukkot and Simchat Torah" to any family whose homes had "structural issues, water damage or a lack of electricity" due to the tornados.

"Many people have been impacted both emotionally and physically by the tornadoes, so the suffering is on many different levels," Fogel said. "We got a response and are providing catered meals to those who need them."

Fogel also said she found Ottawa's Jewish community's response to the tornadoes to be heartwarming, with "people stepping up to do whatever they could to help."

The Ottawa Kosher Food Bank, which provides food to around 75 families, was forced to throw out all of its frozen food when power went out to its freezers. Michelle Hutchison, manager of the Kosher Food Bank, said these items included "chicken, ground beef, soups, cakes, tofu, and bread products from Rideau Bakery."

Hutchison said the Kosher Food Bank received donations from Rideau Bakery to replace all their bread products, which they are "super thankful and grateful for," but they remain in need of "easy to prepare stuff" such as canned foods, cereal, meat and jams. She said that additional families have come forward asking for assistance since the tornadoes.

The Ottawa Kosher Food Bank has contacts in the food industry, and as a result Hutchison said they are able to purchase foods at lower than normal retail value. Anyone wishing to make a donation can do so online at [www.okfb.ca](http://www.okfb.ca).

Several synagogues in Ottawa lost power, but were still able to provide assistance to community members in need.

Rabbi Idan Scher of Congregation Machzikei Hadas said power at the synagogue came back the day after the tornadoes so they were able to "quickly mobilize" to host families who wanted to observe the holidays but had nowhere to go.

"We opened our homes to these people, served an extra 250 meals, and we allowed families from all over



Tornado damage to a home near Greenbank Road is seen in a photo posted to social media.

PATRICK HOULE/FACEBOOK

the city to use our walk-in freezer to store their perishables, saving tens of thousands of dollars of kosher meat that would have otherwise perished," Rabbi Scher said.

Rabbi Sher said these acts were a "testament to the power of this community" and left him very impressed and in awe of "what people are willing to do to help other people."

Rabbi Menachem Blum of Ottawa Torah Centre Chabad3 said when the power went out the congregation "made do with what we had," and held Shabbat services in the dark.

"It was very special to see community members come together, with those whose power was restored earlier offering a space for people to charge their phones and take hot showers," Rabbi Blum said.

Kehillat Beth Israel regained its power on Monday and opened the synagogue up to people in need of "a place to stay, to eat, to charge your phone, or a refrigerator or freezer to hold your foods," Rabbi Eytan Kenter said in a Facebook post. "Being a community means supporting our friends and neighbours at times like these."

Rabbi Rob Morais of Temple Israel said that when the congregation lost power, they held Friday Kabbalat Shabbat service by candlelight.

"We had a lovely, beautiful service that was more meditative and reflective. Then in the middle of it we went outside to watch a rainbow together, and we talked about being thankful for our safety and wellbeing," he said.

Rabbi Morais said he found it "interesting" that on Sukkot last year there was a wind storm as well. He said he believes the fact that both of these weather events happened around Sukkot "highlight how thankful we should be for the shelters and protection we enjoy."

Neighbourhoods around Congregation Beit Tikvah in Craig Henry were among the areas hit hard by a tornado. The City of Ottawa collaborated with the congregation in holding an information meeting on the Sunday after the tornadoes for people affected. Rabbi Howard Finkelstein said the congregation came together to provide meals to people who didn't have food.

"We fed over 200 people in our congregation over the first two days of Sukkot," he said.

As well, Rabbi Finkelstein said congregants took others into their homes to live until their damaged homes are rebuilt.

As for how Beit Tikvah itself fared throughout the tornadoes, Rabbi Finkelstein said, "our services continued without any interruptions and our synagogue was not damaged. The power went out and it came back Tuesday afternoon, so we held services in the dark

using natural sunlight through narrow windows until then."

"We try to make life as normal as possible through acts of kindness – across the board – in Ottawa's Jewish community and non-Jewish community," Rabbi Finkelstein said. "Everybody is helping one another and there are amazing scenes to behold of strangers helping strangers."

Chris Frizell, residential supervisor at Tamir, said they started getting calls on Friday night letting them know the power had gone out at the various residences.

"We didn't know how long the power would be out, so I was checking in on programs to see if everyone was OK," Frizell said. "Some have people with higher needs, so they needed battery power on their feeding machines."

On Sunday, Frizell and his team continued checking in on the residences and hooked up generators for those with high-need individuals. He said by Monday morning power was restored at all Tamir locations.

Ted Cohen, CEO of the Bess and Moe Greenberg Family Hillel Lodge, said power was out for about 24 hours at the Lodge, but backup generators powered all central services.

"Everyone pitched in to ensure the needs of residents were looked after," Cohen said. "We are grateful for everyone working as a team and pitching in to make the residents comfortable."

**The Unveiling**  
to the memory of  
**Carol Greenberg z"l**  
will take place  
**Sunday, October 21, 2018**  
at 11:30 a.m.  
**Jewish Memorial Gardens**  
**Bank Street**  
*Family and friends*  
*are invited to attend*

FEDERATION  
REPORT



AVIVA BEN-CHOREEN, CO-CHAIR  
2019 ANNUAL CAMPAIGN

## The future of our community is seeded in today's dreams

of how quickly life can change.

For the many Jewish families with homes in the storms' destructive path, it was also a reminder of our community's tremendous generosity and caring. Our community quickly banded together helping those without power and food. There are so many stories of kindness as people and agencies stepped up to help those most affected. These acts of kindness, large and small, are simply part of what we do.

The Jewish community has a long history of amazing successes and of rallying together. The Jewish Federation of Ottawa, and its predecessor the Jewish Community Council of Ottawa/Vaad Ha'Ir, have helped facilitate our success by funding communal projects, helping the vulnerable and supporting Israel.

Today, examples of our progress are numerous: from emergency responses to the strength of our Jewish support

services, like Hillel Lodge, Tamir and Jewish Family Services, to our thriving Jewish Community Campus, home to our community centre, Jewish preschool, daycare, day school and a thriving hub of Jewish communal life. These are tangible results in which we can rejoice.

Just as worthy of appreciation, but harder to gauge, is the everyday work behind the scenes at Federation's many beneficiary agencies. Their hard work and diligent care, supported and facilitated by Federation, are what keeps the community going. Indeed, they power the lights and keep the wheels on the bus turning!

To support these existing programs and initiatives, while boosting innovation, we need to raise more money. As the needs and expenses of our community increase, so must our fundraising. Even if we simply supported the same

programs, more money is needed just to keep up with inflation. But we don't want to just keep up. We want to be vibrant, and to do more.

This year's Campaign has a wonderful bonus. Three generous families have stepped forward to create a Challenge Fund of \$500,000. With this incentive, all new or increased donations to the Campaign will be matched, dollar for dollar. If everyone gives a little bit more, with the matching fund, we could raise as much as \$1 million in increased donations!

This would be a terrific boost to our community and would allow Federation to build its vision of the Jewish Superhighway, filled with Jewish options, where everyone can find shelter in times of storm and where no one is left behind. The future of our community is seeded in the dreams we have for it today. Let's dream big!

As Jews, we have learned from our history and understand full well the fragility of life, and how quickly circumstances can flip. Indeed, we even have holidays like Sukkot, when we purposely spend time in a temporary structure – a reminder of the transience and fragility of life. Last month's tornadoes, occurring just two days before the start of Sukkot, were a powerful and dramatic reminder

FROM THE  
PULPIT



RABBI S. ROBERT MORAIS,  
TEMPLE ISRAEL

## Who brings on the wind and rain?

*ata Ado-nai Elo-heinu melech ha'olam zocher ha'brit v'ne'eman bevrito v'kayam b'ma'amoro* (Blessed are You, Adonai our God, Ruler of the universe, who remembers the covenant, and is faithful to the covenant, and keeps God's promise).

Incredible how we were reminded that despite the awesome destructive power of the storm, just an hour later we were able to be reassured that the beauty of God's creation would shine through.

It was one of the most meaningful Kabbalat Shabbat Services we have had! As the sun set, and the sanctuary became dark, save for the light of the candles, we powerfully felt the transition into Shabbat.

We Jews have a prayer for everything and everything has a prayer. Like many other faiths, we ask God for a variety of things – health, prosperity, freedom, and yes, rain. Since our liturgical calendar follows the cycle of the seasons in the Land of Israel, our prayers for rain do the same.

There is a long standing rabbinic practice that prevents us from praying for that which is not possible or logical. Thus, praying for rain in the midst of a desert climate in the summer months was deemed as praying for something that was simply out of the realm of possibility. In its place, we pray for dew.

Since Pesach we have been inserting a prayer into the Amidah (the central

prayer of Jewish liturgy) that asks God to send down the dew each day. Each year our liturgy changes at Shemini Atzeret, and our prayer for dew changes to a prayer for wind and rain.

In the hours after the storm, it became clear that our city had suffered a very significant storm. Many homes were damaged, roofs torn off, windows blown in, businesses were closed, and much of the city was left without power.

As Shabbat faded into Sunday, we learned that for many people it would be several days before power was restored. Many Jewish organizations who had power, like the Soloway Jewish Community Centre, opened their doors to welcome people, giving them a warm place to rest, charge their phones and have a warm shower. It was beautiful to see so many people extend offers of kindness, support and help to their friends and strangers alike.

Sukkot, a time when we leave our comfortable homes and experience life in the temporary dwelling of a sukkah, makes us so aware of the blessings we have. This year especially, we are powerfully reminded of the fragility of our lives and how quickly they can be turned upside down.

Wishing you all a very happy and healthy 5779. May the winds blow and the rains come in their seasons. May we always be willing to extend help and love to those around us who need it.

This year, as many of us were putting the finishing touches on our sukkah, we experienced more wind and rain than we would ever want.

The tornadoes and storms that ripped through our city on Friday, September 21 caused incredible damage to homes and businesses in our community. It took days for power to be restored, and some families lost their homes. Incredibly, no one was killed and only a few suffered injuries.

At Temple Israel, as I was preparing to lead our Friday evening Kabbalat Shabbat service, we lost power. The sanctuary, however, was lit with emergency lights and as our service began we added some candles and welcomed Shabbat. As the service progressed, the skies cleared, and someone noticed that there was a rainbow in the sky. We all went outside and together said the blessing for the rainbow: *Baruch*

### OTTAWA JEWISH BULLETIN

VOLUME 83 | ISSUE 1

Ottawa Jewish Bulletin Publishing Co. Ltd.  
21 Nadolny Sachs Private, Ottawa, K2A 1R9  
Tel: 613 798-4696 | Fax: 613 798-4730  
Email: bulletin@ottawajewishbulletin.com  
Published 19 times per year.  
© Copyright 2018

**PUBLISHER**  
Andrea Freedman

**EDITOR**  
Michael Regenstreif

**PRODUCTION CONSULTANT**  
Patti Moran

**BUSINESS MANAGER**  
Eddie Peltzman

The *Bulletin*, established in 1937 as "a force for constructive communal consciousness," communicates the messages of the Jewish Federation of Ottawa and its agencies and, as the city's only Jewish newspaper, welcomes a diversity of opinion as it strives to inform and enrich the community. Viewpoints expressed in these pages do not necessarily represent the policies and values of the Federation.

The *Bulletin* cannot vouch for the kashrut of advertised products or establishments unless they are certified by Ottawa Vaad HaKashrut or a rabbinic authority recognized by OVH.

\$36 Local Subscription | \$40 Canada  
\$60 USA | \$179 Overseas | \$2 per issue

Funded by the Government of Canada.

Canada

ISSN: 1196-1929  
Publication Mail Agreement No. 40018822

Return undeliverable Canadian addresses to:  
Ottawa Jewish Bulletin  
21 Nadolny Sachs Private,  
Ottawa ON K2A 1R9

FROM THE EDITOR



MICHAEL REGENSTREIF

How rare is it to see the leaders of the federal Liberal, Conservative, New Democratic, and Green parties come together quickly to take a common stand on an issue?

But that is what happened just before Rosh Hashanah when two Liberal MPs – Anthony Housefather (Mount Royal) and Michael Levitt (York Centre) – were subjected to an anti-Semitic tweet from prominent anti-Israel activist Dimitri Lascaris.

In his tweet, Lascaris, chair of the board of Canadians for Justice and Peace in the Middle East, tweeted that Housefather and Levitt, who are both Jewish, “are more devoted to apartheid Israel than to their own Prime Minister and their own colleagues in the Liberal caucus.”

As Centre for Israel and Jewish Affairs CEO Shimon Koffler Fogel pointed

## Solidarity from federal leaders

out in a statement on September 9, Lascaris’ tweet suggests the two MPs are disloyal to Canada, “a textbook example of anti-Semitism as defined by the International Holocaust Remembrance Alliance (IHRA),” the definition of anti-Semitism that has been adopted by many governments and organizations in democratic countries.

Among the examples of anti-Semitism cited in the IHRA definition is, “Accusing Jewish citizens of being more loyal to Israel, or to the alleged priorities of Jews worldwide, than to the interests of their own nations.”

“Vile anti-Semitic smears like this are completely unacceptable, and should always be called out. Thank you @LevittMichael and @AHousefather for standing up to this and for everything you do for your communities and our country,” tweeted Prime Minister Justin Trudeau.

Official Opposition Leader Andrew Scheer tweeted: “It’s shameful to see two MPs subjected to such anti-Semitism, accused of dual loyalties, simply because they’re Jewish & support Israel. The entire [Conservative Party] caucus & I stand w/ our colleagues across the aisle, proudly supportive of all Jewish Canadians.”

“Anti-Semitism has no place in Can-

ada. I know what it’s like to experience racism & discrimination, and to have my loyalty to Canada questioned. @LevittMichael and @AHousefather, I stand with you today,” tweeted NDP Leader Jagmeet Singh.

And, from Green Party Leader Elizabeth May: “Just saw the attack on you both. So unacceptable. Your loyalty to Canada is unquestioned. See you soon. Sending love. @AHousefather @LevittMichael.”

I was particularly pleased to see May standing in solidarity with the other leaders, as Lascaris was a Green Party candidate and justice critic in the party’s shadow cabinet in the 2015 federal election. He also led the pro-BDS campaign within the party in 2016 – a campaign that led May to briefly consider her future as party leader.

As Fogel also pointed out, some of those seeking to demonize and delegitimize the State of Israel “through BDS and other toxic forms of advocacy, are becoming bolder and more aggressive. They are letting the veil slip on the false distinction between anti-Zionism and anti-Semitism ... some of them openly seeking to undermine our rights as Jewish Canadians to be accepted as equals in Canadian politics, democracy, and civil society... It

is a powerful statement to have federal party leaders unite, despite their many other differences, in defence of our community when we are targeted for anti-Semitism.”

As encouraged as I was to see the federal leaders come together in a united stance against anti-Semitism just before Rosh Hashanah, I was also concerned, at about the same time, to learn that Premier Doug Ford’s new Progressive Conservative government had ordered the dismantling of four sub-committees of Ontario’s Anti-Racism Directorate – including a sub-committee charged with developing provincial strategies to combat anti-Semitism – apparently as an austerity measure. The other affected sub-committees were charged with fighting racism directed at Blacks, Indigenous people and Muslims.

**CANADIAN JEWISH LITERARY AWARD**  
Mazel Tov to University of Ottawa professor Seymour Mayne whose 2017 poetry book, *In Your Words: Translations from the Yiddish and the Hebrew*, was selected as the Yiddish category winner for 2018 by the Canadian Jewish Literary Awards. The awards presentation was scheduled for October 14 at York University in Toronto.

IDEAS AND IMPRESSIONS



JASON MOSCOVITZ

It was four days before Rosh Hashanah and I was about to find out more about a member of our community whose life path always intrigued me. Joel Yan’s love and passion for Jewish ritual, his love of music, his and wife Toby’s commitment as community volunteers, is a story worth telling.

Mostly from a distance, I’ve known Joel since 1990. Our daughters were in the same class at Hillel Academy and today our daughters’ friendship thrives in Israel with their Israeli husbands and families.

I recently heard from one of my daughters that Joel and Toby go to Sault Ste. Marie, Ontario to lead services for Rosh Hashanah and Yom

## Joel Yan’s passionate Jewish journey

Kippur and it piqued my curiosity. That brought me to their home as Rosh Hashanah approached. I went to interview Joel just as he was finishing packing for the long trek north the next morning.

Joel grew up in the Sault and I have always been intrigued by how Jews grow up as minuscule minorities in small towns where, today, so little Jewish life is left. Somehow, Congregation Beth Jacob in the Sault still stands. While there are not regular Shabbat services, there have always been High Holy Day services. Since 2015, Joel has led those services with Toby taking on a larger D’var Torah role every year.

Even with Jews coming from places like Elliot Lake, Bruce Mines, and Sault Ste. Marie, Michigan, there are only about 35 people who attend High Holy Day services at Beth Jacob, but the fact that services exist brings tears to the person whose earliest Jewish memories are in that hometown shul. Joel reflectively says that when he is leading services in Beth Jacob, he thinks how proud his mother Betty would be.

Joel really gets choked up when he remembers being inspired as a 10-year-

old by lay leaders and by the teacher who served as Beth Jacob’s spiritual leader. His teacher, Marcel Hellinger, had been an opera singer in Prague until the Nazis smashed his teeth in to end his singing career. Hellinger survived the war, came to Canada, and was hired in the Sault to teach all things Jewish to children like Joel.

Joel talks about how, as a young boy, he loved the sounds and the feel of davening. He says it put him on a lifetime path of Jewish learning.

He says his passion for music is also rooted in the Sault, where he and his four siblings were encouraged by his father Max’s love for music. There were piano lessons at a young age and a guitar which has not left his shoulder since he was 16.

After university, a job at Statistics Canada in 1975 brought Joel and Toby to Ottawa. All went well until he had a mid-life crisis. His depression in 1992 led him to the Employee Assistance Program. He did a series of psychological tests which concluded his best career path would be as a “priest,” social worker or teacher. As he puts it, a “would be rabbi was born.”

He was 42 with three young chil-

dren. Leaving his government job to study to become a rabbi was something Toby quickly told him was not a viable option. However, becoming more involved in Adath Shalom – Ottawa’s lay-led Conservative congregation – certainly was. He continues to co-chair the ritual committee, he teaches davening and Torah reading, and he and others lead services.

When retirement from Statistics Canada came in 2009, the window opened for much more. Today Joel and his musician friends bring much joy to the residents at Hillel Lodge. He and Toby team up to bring Jewish music to the Early Beginnings Daycare, and Joel recently began working with the developmentally challenged as head of Tamir’s Judaic outreach programs. His dream is to integrate as many Judaic programs as possible.

In his spare time, Joel leads the Ottawa Simcha Band, which, by the way, got its name at my eldest daughter Simonne’s wedding in 2012. He is also a member of the Chevra Kadisha burial society.

And to think, Joel Yan’s Jewish journey began a long time ago in his never-to-be-forgotten Sault Ste. Marie.

**Jeff Greenberg**  
SALES REPRESENTATIVE

**MANOTICK NEW PRICE \$399,000**

Charming 2+1 bedroom bungalow on a landscaped & private 100' x 110' lot. Beautifully maintained home with hardwood floors, renovated bathroom, updated windows & exterior doors, hi-efficiency furnace and more! 60 days / TBA possession  
**5432Longisland.com**

**CRAIG HENRY \$599,000**

Meticulously maintained 4 bedroom, 2.5 bathroom with a renovated kitchen, new windows and hardwood floors throughout both levels. Move in condition!  
60 days / TBA possession  
**4Aldridge.com**

**WHITEHAVEN NEW PRICE \$675,000**

Spacious 4 bedroom, 4 bathroom family home with large principal rooms on a mature and private 50' x 154' lot. This home features a recently added ensuite & lower level bathroom, updated kitchen, shingles, windows & more! Immediate possession  
**972Winnington.com**

**MANOTICK \$989,000**

Captivating & meticulously maintained custom built 4+1 bedroom, 5 bathroom bungalow on a private & beautifully landscaped 251' x 237' lot backing on a ravine in Miller's Point. Over 10' ceilings on main level, hardwood floors, heated floors, fabulous 16' x 17' great room and so much more! 90-120 day / TBA possession  
**400Lockmaster.com**

**CENTREPOINTE \$998,000**

All brick Minto built 5 bedroom family home on a premium and private lot with a main floor den! Over 3,500 SQ FT. Large principal rooms plus a fully finished and versatile lower level. Three car garage.  
30 day / TBA poss.  
**12Saddlebrook.com**

**CANAL \$1,095,000**

Well maintained & spacious 2 bedroom, 2 bathroom corner unit in prestigious Canal 111. Features floor to ceiling windows overlooking the Rideau Canal & from the private balcony too!  
Large entertainment sized principal rooms with a 20' x 10' den / family room.  
2 car underground parking & more! 30-60 day / TBA poss.  
**111Echodr.com**



**JEFF GREENBERG**  
SALES REPRESENTATIVE  
ROYAL LEPAGE TEAM REALTY  
(613) 725-1171  
[www.jeffgreenberg.realtor](http://www.jeffgreenberg.realtor)



Stocked shelves at the Ottawa Kosher Food Bank after a day of sorting by volunteers.

ALYCE BAKER

## A day at the Ottawa Kosher Food Bank

BY ALYCE BAKER  
FOR OTTAWA KOSHER FOOD BANK

When Michelle Hutchison, director of the Ottawa Kosher Food Bank, sent out an email requesting volunteers, I had no idea what was entailed.

So when I arrived at the Kosher Food Bank – located at Kehillat Beth Israel (KBI) – at 9 am on the morning after Yom Kippur, I was overwhelmed to find the “shop” bursting at the seams with bags and boxes. This was the result of Project Isaiah undertaken by KBI, where bags were given out to be returned to the synagogue filled with food items.

The shelves in the shop were pretty bare and the room somewhat chaotic. The room is a small niche near the dairy kitchen carved out to meet the needs of local families desperately requiring assistance.

But after four-and-a-half hours of laborious effort, Judy Bosloy and I created a veritable grocery store with loaded shelves ready for the next “shopping day.”

There are a couple of concerns I want to express.

The Kosher Food Bank receives many donations of food products that do not have kosher certification. While these items are passed on to a non-Jewish food bank, it does take volunteer hours to sort through and

separate them. So please check to make sure an item is kosher before donating it.

As well, the Kosher Food Bank receives many donations of food items whose expiration dates have passed. Please save us hours of scrutinizing expiration dates by checking the best-before dates on the packaging.

So yes, now we have lots of pasta, tomato sauce, and tuna, but would love more pickles, gefilte fish, canned salmon and cereals other than corn flakes.

Our next goal is to purchase a commercial refrigerator that would permit us to stock fresh eggs and dairy products. Imagine if seven people donated \$500 each!

And while you’re in shopping mode, if it’s time to throw out old grocery bags, you can replace them with great Ottawa Kosher Food Bank bags. They are five for \$20 and are available at KBI and hopefully soon at other Jewish outlets in town.

In these days of festive meals with tables brimming with delectable foods, let’s not forget those vulnerable and less fortunate than ourselves.

Post script: This article was written prior to the devastating tornadoes that hit Ottawa on September 21. The needs at the Ottawa Kosher Food Bank are even greater now. Visit [www.okfb.ca](http://www.okfb.ca) for more information.



**Dan Mader**  
Board Chair



**Lynda Taller-Wakter**  
Executive Director

**JNF is Past, Present, Future  
Building Israel since 1901**

**Restoring Tu Bishvat security plantings  
in the Negev**

In recent weeks KKL-JNF has been reducing the harm done to Tu Bishvat security plantings, caring for them daily, removing the weeds and creating partitions within the plots. But the trees are severely damaged from the kite firebombs, with many eucalypts, pines and acacias burned.

Rehabilitation of the damaged areas will not begin until the winter. With its restorative rains, winter will help the adult eucalypts recover. However, the young trees and the burned pines will be cut down and the ground will need to be prepared for saplings.

Greenery dotted with bright red anemones will return in the winter. With your continued support, KKL-JNF has the strength, the power and the ability to restore the beauty.

**Don't miss Alfie vs. Andy**

In a one-time only exhibition match on November 14, Israeli tennis legend Andy Ram goes racket to racket with Ottawa's legendary Daniel Alfredsson. The event is hosted by Glenview and the Ottawa Athletic Club. Negev Dinner sponsors and donors, please contact our office for your tickets or to get on the waiting list. There will be limited seating, so if you're interested, please call us!



**Sefer Bar and Bat Mitzvah Inscriptions**

**Nicolas Husereau**, by his parents, Gabriela Lewin and Donald Husereau.

**David Kardash**, by his father, Samuel Kardash.

**Eliana Mitzmacher**, by her parents, Jaimee and Jon Mitzmacher.

**Adam Rosenblatt**, by his parents, Mary Carmen Espinosa and Ariel Rosenblatt.

**Daniel Vered**, by his parents, Jennifer Innes and Ron Vered.

**Kiera Vered**, by her parents, Jennifer Innes and Ron Vered.

**Tobias Michael Langsner**, by his grandparents, Helen and Sol Rauch.

**Golden Book Inscriptions**

**Reisa and Allan Glens**, in honour of their 50th wedding anniversary, by Margo and David Kardish.

**Owen LaPierre**, in honour of his becoming Bar Mitzvah, and in memory of his grandfather, the late Laurier L. LaPierre, by Harvey A. Slack.

**Toby LaPierre**, in honour of her becoming Bat Mitzvah and in memory of her grandfather, the late Laurier L. LaPierre, by Harvey A. Slack.

205-11 Nadolny Sachs Pvt  
Ottawa, K2A 1R9  
613-798-2411 • ottawa@jnf.ca  
www.jnfottawa.ca

Celebrate all occasions  
Israel experiences  
Legacy projects



# The Nazis' lesser-known human experiments

GUEST COLUMN  
**PEGGY J. KLEINPLATZ /  
PAUL WEINDLING**

**T**here is extensive literature chronicling the coerced medical experiments conducted by Josef Mengele at Auschwitz. But there are more stories of medical procedures at Nazi death camps that have yet to be documented. In some cases, this history has been hiding in plain sight.

For example, the history of the forced administration of substances to women – which led to amenorrhea and, for some, infertility – remains overlooked. There are a variety of reasons why this has been the case, perhaps chiefly because it was part of standard “processing” of new female arrivals at Auschwitz. Routine aspects of life in Auschwitz related to sexuality and fertility have received limited investigation, at least in part because of the sensitive and taboo subject matter. As such, survivors may be reluctant to raise these issues and interviewers may not have thought – or had the proper training – to ask the kinds of questions that would elicit this material.

Moreover, routine medical interventions conducted in 1943 and 1944 – as opposed to Mengele’s well-delineated and demarcated experiments – may not have led survivors or their physicians to question, and eventually identify, the link between medical procedures occurring at Auschwitz and subsequent amenorrhea, multiple miscarriages and possible infertility.

This much is certain: routine administration of injections into women’s breasts was conducted on the platforms of Auschwitz. The recipients of these injections immediately ceased menstruation, some for months, some for years. Others were left permanently infertile. Some women at Auschwitz during the same timeframe were forced to ingest food or liquids, which contained a substance that also immediately

led to amenorrhea. Some reports suggest that the younger the adolescent girl at the time she arrived in Auschwitz, the greater the long-term impact upon her future reproduction.

In the years after the Shoah, the common – and understandable – medical assumption was that the cessation of menstruation was the result of malnutrition. Unfortunately, this line of thinking impeded the study and documentation of the connection between these forced injections and oral ingestions and their aftermath. Indeed, there are preliminary data to refute this line of thinking: women arriving to Auschwitz in 1944 from Poland’s ghettos already emaciated, and women arriving in 1944 from Hungary, all stopped menstruating after the injections upon arrival on the platforms – regardless of differences in body mass.

We need to identify which substances were forced upon these women, ascertain how many women were victims of these procedures and learn about the short- and long-term consequences they suffered. Because they did not self-identify as victims of Nazi “experiments,” but rather of routine medical interventions in Auschwitz (and perhaps other camps, too), there is no cohesive, documented narrative of their particular experience. These stories exist vividly in the memories of survivors who still do not know what exactly was done to them, or why. This information needs to be gathered quickly – time is short to link what was forced upon these women at Auschwitz to long-term medical complications.

Information about this unknown phenomenon needs to be documented and disseminated. These women’s stories deserve to be given voice – both to give answers and affirmations to the women in question who are still alive, and to honour those who are no longer in a position to recount this crucial piece of their own stories. Moreover, the long-term consequences of these routine medical interventions may affect the children and grandchildren of women who did survive.

As researchers, we are attempting to assemble the fragments of this unknown chapter of the Shoah. It’s time to begin to create a cohesive narrative of this unrecognized phenomenon.

*Peggy J. Kleinplatz is a professor in the faculty of medicine and director of sex and couples therapy training at the University of Ottawa. She can be reached at 613-563-0846. Paul J. Weindling is the Welcome Trust research professor in the history of medicine at Oxford Brookes University. He can be reached at pjweindling@brookes.ac.uk.*

*This article was originally published by the Canadian Jewish News.*

# Ottawa-born author Sarah Weinman launches *The Real Lolita*

BY MATTHEW HORWOOD

New York-based author Sarah Weinman, who grew up in Kanata and graduated from Hillel Academy (now the Ottawa Jewish Community School) in 1993, returned to her hometown during a North American tour launching her latest book, *The Real Lolita: The Kidnapping of Sally Horner and the Novel That Scandalized the World*.

Weinman sat down with Carleton University English professor Dana Dragunoiu, an expert on Vladimir Nabokov and his 1955 novel *Lolita*, at the Sunnyside branch of the Ottawa Public Library on September 20. Weinman discussed her book – as well as Nabokov’s – took questions from Dragunoiu and from the audience, and signed copies of her book.

*The Real Lolita* focuses on the 1948 abduction of 11-year-old Sally Horner by a pedophile, who took her from New Jersey to California. Horner’s story inspired Nabokov’s *Lolita*, which is about a middle-aged literature professor who becomes sexually active with a 12-year-old girl, named Dolores Haze, after becoming her stepfather.

Weinman said she first started researching Horner’s story in 2013. *The Real Lolita* grew out of a 2016 article she wrote for the Canadian literary website Hazlitt, but, “I knew I wasn’t done and I had so much more to say than I could in 8,000 words.”

In her book, Weinman argues that the fate of Horner acts as a “master source” for *Lolita*, and Weinman told the audience that Horner is “stitched into

the fabric of the novel, and not just as a parenthesis or afterthought.”

“Knowing about Sally Horner does not diminish *Lolita*’s brilliance or Nabokov’s audacious inventiveness, but it does augment the horror the novel captures,” she said. “What I was trying to get at was how these real and fictional narratives intertwined, and what can we see from the ways in which they connect to some larger purpose.”

Weinman’s book is also meant to support the charge that Nabokov “pilfered” from the Horner tragedy by “strip mining” her story to serve his creative purposes.

“If you fictionalize someone’s pain or take a real-life crime and turn it into fiction, the degree of difficulty in writing is so outstandingly high that you often see the fault lines in the transformation from life to art,” she said.

What attracted Weinman to writing crime stories was “trying to understand what people are capable of at their most extreme level,” she said in response to a question from the audience. “It’s like an abyss you can peer down into. It peers back up at you and you hope it doesn’t swallow you up,” she said.

Weinman was asked about her memories of Hillel Academy when she spoke with the Ottawa Jewish Bulletin after the event.

“What I mostly remember about Hillel was having so many great teachers; one of them is actually here tonight,” she said. “It was such a good grounding for what I eventually did, but as is often



MATTHEW HORWOOD

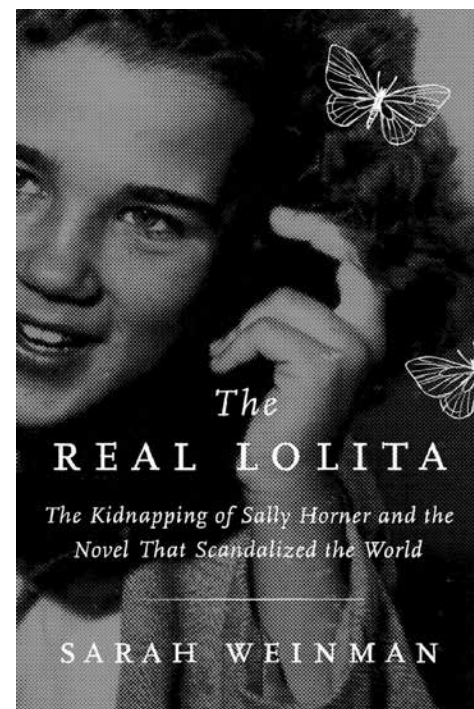
Sarah Weinman (seated) signs copies of her latest book, *The Real Lolita*, at the Sunnyside branch of the Ottawa Public Library, September 20.

the case, you don’t realize what you learned in elementary school is a foundation for what you do later.”

Weinman said the overall message she is trying to get across in her book is that Sally Horner mattered and was a real person.

“There are so many girls and women just like her, and her story is almost like the enormity of the kind of trauma and abuse so many people endure,” she said. “We can’t fathom it in full, so to look at Sally’s story is a way to look at other people’s stories.”

As for the next story Weinman will be working on, she said she knows, “what my next project is – which I can’t reveal – but it is another true crime novel.”



**ALTERNACARE** **One-on-One Care**



**Alternacare provides the highest-quality services to fit you and your family's needs.**

- Nursing care
- Personal care
- Companionship
- Palliative care
- Accompaniment to appointments
- Meal preparation/housekeeping
- Customized care plans and more...

**Our professional caregivers provide you with peace of mind for every unique situation.**

**Rachel Schachter, Manager**  
613-866-0775  
[www.alternacare.ca](http://www.alternacare.ca)

ACCREDITED  
Member of the Ontario Palliative Care Association  
Member of the Canadian Home Care Association

Breaking news updated daily at  
[www.ottawajewishbulletin.com](http://www.ottawajewishbulletin.com)

# Ehrenreich helps artifacts 'speak' for Holocaust victims

BY TOBY HERSCOVITCH  
FOR CENTRE FOR HOLOCAUST EDUCATION AND SCHOLARSHIP

‘How can an exhibition return the humanity to all the people murdered in the chaos of war when the numbers are literally incomprehensible?’ asks Robert M. Ehrenreich and co-author Jane Klinger in an article titled “War in Context: Let the Artifacts Speak.” This is an issue that the Centre for Holocaust Education and Scholarship (CHES) and similar organizations confront when trying to convey the impact of genocide on lives past, present and future.

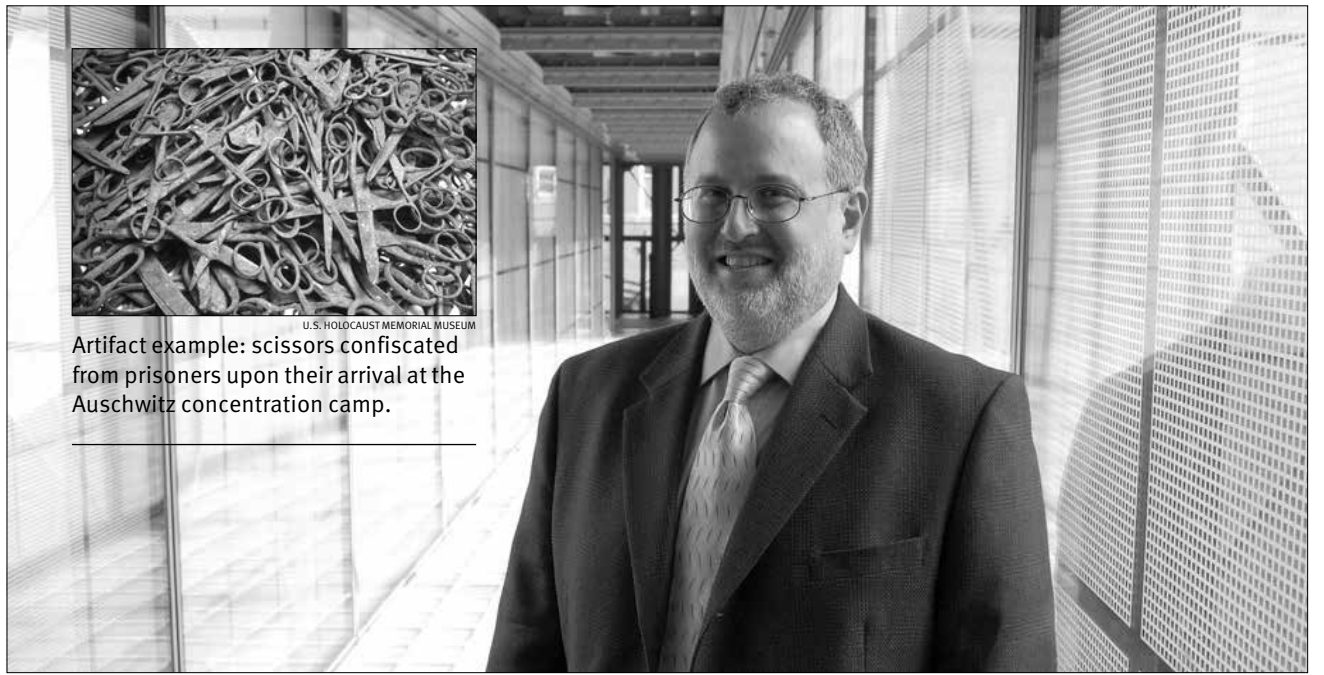
Ehrenreich, director of the National Academic Programs of the United States Holocaust Memorial Museum, will explore these questions during Holocaust Education Month in Ottawa at an event organized by Temple Israel, the Zelikovitz Centre for Jewish Studies and CHES. He will speak on the topic of “Let the Artifacts Speak: Returning Humanity to Holocaust Victims” at Temple Israel on Monday, November 5, 7:30 pm.

“How can we show, as Holocaust survivor Abel Herzberg said so well, that “There were not six million Jews murdered; there was one murder, six million times?”” says Ehrenreich. “How do we convey that these were real people with real lives and families?”

In his presentation, Ehrenreich will discuss how personal items can turn the inconceivable numbers of victims back into individuals and return their humanity, based on three case-studies: personal items discovered near shooting pits in Ukraine; damaged photographs from Poland; and a piece of mica from the Theresienstadt Glimmerwerke (mica works).

## POP-UP MUSEUM

In conjunction with the Ehrenreich talk, the public is invited to submit Holocaust-related artifacts to create a community-wide ‘Pop-Up’ (temporary) museum. This



Artifact example: scissors confiscated from prisoners upon their arrival at the Auschwitz concentration camp.

Robert M. Ehrenreich, director of the National Academic Programs of the United States Holocaust Memorial Museum, will speak at a Holocaust Education Month event, November 5 at Temple Israel.

program will engage survivors, descendants of survivors, scholars, students and the community at large in creating this special exhibit. Items should be submitted electronically for evaluation by October 15 with a title and short description of the object’s relationship to the Holocaust.

“Properly conserving and displaying personal items [in context] can help visitors see events from the victim’s perspective and provide a glimpse of the struggle that these people were forced to endure,” wrote Ehrenreich and Klinger. “Such artifacts and stories allow visitors to appreciate the large number of victims or refugees as individuals as opposed to faceless numbers,

as well as to contemplate how they would have reacted to such events.”

The Pop-Up Museum will be open at Temple Israel on Sunday, November 4, 12:30-4 pm, and again on Monday, November 5, 6:30-7:15 pm in advance of the Ehrenreich lecture. Afterwards, the objects and their stories will continue to be shared with the community through a virtual museum hosted on the Zelikovitz Centre website.

To learn more about the Pop-Up Museum or to share your family’s object through this project, visit [www.carleton.ca/hempopup](http://www.carleton.ca/hempopup) or call the Zelikovitz Centre at 613-520-2600, ext. 1320.

# Violins of Hope: Reclaiming a lost heritage

BY SHEILA HURTIK ROBERTSON  
FOR CENTRE FOR HOLOCAUST EDUCATION AND SCHOLARSHIP

Virtuoso violinist Niv Ashkenazi is coming to Ottawa, bringing with him a prized instrument. But this is no ordinary violin. Rather, it is one of scores of violins played during the Holocaust by “Jews in ghettos, forest hideouts, and concentration camp orchestras” and lovingly restored by Israeli luthier Amnon Weinstein and his son Avshalom.

Countless recollections tell of the rich place of music in Jewish lives through the ages, even in times of despair. And the violin was at the heart of Jewish life for reasons that are “partly spiritual, partly practical. Orthodox Jews faced religious prohibitions in the arts of painting, sculpture, and dance. Music was one of the few artistic outlets and violins were cheap, light, and easy to carry. When persecution forced Jews to flee, they could grab their violins and run,” wrote Marty Fugate. <https://tinyurl.com/y8smbwyl>

“Music connects us to history in a way we can relate to, and that’s particularly true of the violins. Just thinking about the role violins played during the Holocaust makes us shiver as we feel, think, and identify with the victims,” said Amnon on the Violins of Hope Birmingham website. <https://www.violinsofhopebhm.org/>

While Amnon’s father Moshe had immigrated to Pales-



Niv Ashkenazi will perform on a restored violin played during the Holocaust at the Holocaust Education Month launch event, November 7, at Kehillat Beth Israel.

tine in 1938, 400 relatives lost their lives during the Holocaust – including grandparents, uncles, aunts, and cousins.

Initially a wood sculptor and jewellery designer, around 1965, Amnon turned to violin making and became a world-respected practitioner of the art. His life changed in 1996 when he was asked to restore a damaged violin a Jewish concentration camp inmate had played. Remembering his relatives’ fate, he accepted the challenge and “Violins of Hope” was born.

“Because where there’s music, there’s hope,” he says of the name, adding that today more than 60 string instruments have been restored.

Niv Ashkenazi completed a residency with the Perlman Music Program, and has won numerous competitions, including the 2010 American Protégé International Piano and Strings Competition. Praised for his “lush sound...passionate playing” (CASA Magazine) and “formidable technical powers” (Santa Barbara News-Press), he is an active soloist and chamber musician whose appearances include Carnegie Hall and the Kennedy Center, and performances in Europe, the Middle East, and across the United States.

Writing in his May 2017 newsletter, Niv said: “In February, I had the opportunity to perform on some of the Violins of Hope. Amnon has been so incredibly generous as to entrust us with one of the instruments from his collection ... Being able to feature this instrument and its story will enrich the performance so much.” <https://tinyurl.com/yatw3jq4>

Niv will perform during the launch of Holocaust Education Month, Wednesday, November 7, 7 pm at Kehillat Beth Israel. The event will mark 80 years since Kristallnacht. Michael Berenbaum, a founder of the United States Holocaust Memorial Museum in Washington, will be the keynote speaker. Admission is free of charge, all are welcome.

# Chabad of Kanata holds inspiring High Holy Days services



Rabbi Michoel Gershzon leads Havdalah after Yom Kippur at the home of Jacques and Judith Rostenne in Kanata.

BY MINDY WALLACH  
FOR CHABAD OF KANATA

When Rabbi Michoel Gershzon returned to Ottawa from a sabbatical in Israel, he didn't think he'd be able to arrange High Holiday services in the short span of time left before Rosh Hashanah. But his community regulars at Chabad of Kanata couldn't imagine the High Holidays anywhere else and encouraged him to ensure they took place.

In the end, it was one of the most inspiring High Holidays periods that Chabad of Kanata, established in 2009, has had yet. More than 80 individuals participated on Rosh Hashanah and over 60 on Yom Kippur, held at three different venues in Kanata. Jews of every age – families with young children, young professionals, and retirees – came together and a warm spirit pervaded throughout.

On the first day of Rosh Hashanah, the congregation held services at the SS1 Community Centre. However, the room was already booked for the second day of the holiday. Undeterred, the rabbi and wife Miriam arranged to hold services in a meeting room at the Marriott Hotel.

For Yom Kippur, Jacques and Judith Rostenne stepped up to help, arranging to hold services in the clubhouse of their adult community, Tweedsmuir on the Park, and opening their home to those who wanted to rest during the long fast day.

The inspiring holidays culminated in long, powerful blast of the Shofar at the conclusion of Yom Kippur. Despite a long day of services, many lingered at the breakfast until close to 11 pm, reluctant to part from their holiday family.

## JOIN OUR FAMILY OF FINANCIAL GENIUSES



When you join **Your Credit Union** you become an owner and that means you get lower fees and higher rates of return. It's just a smarter way to bank.

### BRILLIANT RETURNS

Term deposits/GICs deliver high returns and we insure them up to \$250,000, that's 60% more than the big banks.

**3.00%**  
1 YEAR TERM DEPOSIT

**3.30%**  
3 YEAR TERM DEPOSIT

**3.60%**  
5 YEAR TERM DEPOSIT

Contact us today, offer ends October 31, 2018.



YourCU.com

1-800-379-7757



14 Chamberlain Ave. • 1541 Merivale Rd. • 2016 Tenth Line Rd.

**JFS**   
OTTAWA  
JEWISH FAMILY SERVICES

## ANNUAL GENERAL MEETING 2018

Tuesday, October 23, 2018 at 7:00 PM

Kehillat Beth Israel

1400 Coldrey Avenue, Ottawa

### Keynote Speaker

**ELAINE MEDLINE**

Vice President, Communications and Engagement  
CHAMPLAIN LHIN

Presenting the

**ELAINE RABIN AWARD to**

**VERA GARA**

**VOLUNTEER OF THE YEAR AWARD to**

**ERICA PHILLIPS**

RSVP (613)722-2225 by October 12, 2018

# Music at Temple Israel

BY DINA NAMER  
FOR TEMPLE ISRAEL

The Nancy Bercovitch Concert Series has announced its first concerts of the 2018-2019 season with two programs largely dedicated to Jewish composers.

The first, on Sunday, October 28, 2 pm, is "From Jewish Life" with cellist Paul Marleyn and myself, pianist Dina Namer. Marleyn is professor of cello and head of strings at the University of Ottawa's School of Music. He appears frequently as a soloist and chamber musician throughout North America, Europe and Asia. I am a chamber musician and teacher, and continuing adjunct lecturer in piano at Queen's University.

"From Jewish Life" refers to a series of pieces by the Swiss-Jewish composer Ernst Bloch entitled "Prayer, Supplication, and Jewish Song." The program will also include works by Joachim Stutschewsky, Rodion Schedrin, David Popper, and Sholom Secunda. There will be a little bit of Klezmer as well with "Avreml, the Pickpocket," written by Mordechai Gebirtig, and "Dona, Dona," a popular Yiddish theatre song written by Secunda and Aaron Zeitlin. Altogether, a delightful mix representing the many different aspects of Jewish music: lament, irony, humour, dance, storytelling, passion and the joy of celebration. In addition, we will perform the beloved "Arpeggione Sonata" by Franz Schubert.



Pianist Dina Namer will perform in two concerts this fall at Temple Israel.



Cellist Paul Marleyn will perform at Temple Israel on October 28.

On Sunday November 25, 2 pm, violinist Leah Roseman and I will present "Forbidden and Forgotten," a program of little known works for violin and piano. This concert will focus on Joseph Achron, Karl Goldmark and Robert Kahn, three European composers who were prolific and well known during their early

careers, but were subjected to the ban on performance of Jewish composers during the Third Reich.

Tickets for both concerts are \$20 for adults. Children under 12 are free of charge.

Call 613-233-3099 or 613-224-1802 for more information.



## WORKING FOR A BETTER OTTAWA

- ✓ Keeping Ottawa affordable by keeping taxes low
- ✓ Growing Ottawa's economy
- ✓ Protecting the environment
- ✓ Continuing to expand Light Rail Transit
- ✓ Building more Affordable Housing
- ✓ Addressing traffic and speeding in residential communities

ON OCTOBER 22  
RE-ELECT MAYOR



 @JIMWATSONOTTAWA
 
JIMWATSON.CA
613-693-0142

## FOUNDATION DONATIONS | Ottawa Jewish Community Foundation

**The Board of Directors of the Ottawa Jewish Community Foundation acknowledges with thanks contributions to the following funds as of August 30-September 20, 2018.**

**JOIN US IN BUILDING OUR COMMUNITY BY SUPPORTING THESE LOCAL AGENCIES**

### **AJA 50+ ENDOWMENT FUND**

#### **ANNIVERSARY WISHES TO:**

Arnold and Jeanette Finkelstein by Margo and Frank Rosen  
Sally and Harry Weltman by Jean Monson, Maureen, Gloria, Audrey and David Katz

### **ALANA BODNOFF PERELMUTTER FUND FOR PRION DISEASE RESEARCH**

#### **ROSH HASHANAH GREETINGS TO:**

Dr. Ian and Karen Zunder by Doreen and Ariel Arnoni

#### **IN MEMORY OF:**

Alana Perelmutter by Sylvia Cohen; by Lilian Zunder and Friends

### **FRANCEEN AND STANLEY AGES ENDOWMENT FUND**

#### **ROSH HASHANAH GREETINGS TO:**

Franceen and Stanley Ages by Sandra Marchello

### **JOSEPH AGES FAMILY FUND**

#### **ROSH HASHANAH GREETINGS TO:**

Dr. Sandy and Murray Ages by Sandra Marchello

### **ANNETTE ALBERT ENDOWMENT FUND**

#### **ANNIVERSARY WISHES TO:**

Jackie and Burt Gorenstein by Annette Albert and Lew Perelmutter

### **MARY AND ISRAEL (AL) ALLICE MEMORIAL FUND**

#### **ANNIVERSARY WISHES TO:**

Franceen and Stanley Ages by Beverly and Irving Swedko

#### **BIRTHDAY WISHES TO:**

David Faxe by Beverly and Irving Swedko

### **BRAYDEN APPOTIVE ENDOWMENT FUND**

#### **MAZEL TOV TO:**

Sara Miller and Joseph Fishman on the birth of their son, Riley Bennett by Sharon and David Appotive and Family  
Jeffrey Miller and Rhoda Saslove-Miller on the birth of their grandson, Riley Bennett by Sharon and David Appotive and Family

#### **IN MEMORY OF:**

Harry Froman by Sharon and David Appotive

### **JENNIE AND MORRIS BAYLIN ENDOWMENT FUND**

#### **ROSH HASHANAH GREETINGS TO:**

Sheila and Joe Nadrich; Leah and Glenn

Chodikoff; Hennie and Mark Honigman; Pollann Dubrow and Family; Lucia and Phillip Katz; Isabel Lesh and Family; Marvin and Naomi Krym and Family; Elliie and Arie Kamil and Family; Louis, Muriel and Rachel Kardish; Debbie Baylin and Family; Monica and David Kardish; Sylvia Kershman; Sheila and Joe Nadrich; Cheryl, Rami, Talya and Yoni Aroosi; Marlene Burack and Family by Betty Baylin

#### **IN MEMORY OF:**

Joel Dubrow by Betty Baylin

### **CLAIRE AND IRVING BERCOVITCH ENDOWMENT FUND**

#### **IN MEMORY OF:**

Ralph Saslove by Claire Berkovitch

### **CELIA AND MAX BOOKMAN ENDOWMENT FUND**

#### **IN OBSERVANCE OF THE YAHRZEIT OF:**

Celia Bookman by Rebecca and Sam Halpern  
Max Bookman by Rebecca and Sam Halpern

### **DORIS BRONSTEIN TALMUD TORAH AFTERNOON SCHOOL FUND**

#### **REFUAH SHLEMAH TO:**

Leon Borenstein by Norman and Sandra Levine Slover

### **SAM AND ANN BROZOVSKY ENDOWMENT FUND**

#### **BIRTHDAY WISHES TO:**

Harvey Kardish by Ann Brozovsky

### **TILLIE AND HARRY CHERM MEMORIAL FUND**

#### **IN OBSERVANCE OF THE YAHRZEIT OF:**

Dora Wasserman by Donald Cherm and Robert Lebens

### **HOWARD, JEFFREY, ANDREW, MICHAEL, GREGORY AND ZACHARY COGAN SCHOLARSHIP FUND**

#### **IN MEMORY OF:**

Harry Froman by Lisa and Fred Cogan

#### **MAZEL TOV TO:**

Susan Katz on Rachel's marriage to Chris by Lisa and Fred Cogan

### **NATHAN AND REBA DIENER ENDOWMENT FUND**

#### **IN OBSERVANCE OF THE YAHRZEIT OF:**

Nathan Diener by Reba Diener and Family

#### **MAZEL TOV TO:**

Felice and Jeff Pleet on Zak's engagement by Reba Diener

#### **IN MEMORY OF:**

Harry Froman by Reba Diener; and by Dayra and John Diener

### **JOSEPH AND JEAN DOVER ENDOWMENT FUND**

#### **ROSH HASHANAH GREETINGS TO:**

Louis Greenberg and Family by Gerald and Madeline Dover

### **ALFRED AND KAYSA FRIEDMAN ENDOWMENT FUND**

#### **ROSH HASHANAH GREETINGS TO:**

Norman and Ellin Kert; Simone Gardner; Lester Aronson; Gordon Resnick; Dr. William James; Floralove Katz; Barbara Sugarman and Dr. Sydney Kronick; Barbara Cohen; Judy Ross; Sandra and Sam Zunder; Jill Stern; Carol-Sue and Jack Shapiro by Alfred Friedman

### **FRAN AND SID GERSHBERG FAMILY FUND**

#### **IN MEMORY OF:**

Stanley Illief by Frances and Sidney Gershberg

### **GILBOA/MAOZ/STEINER FAMILY FUND**

#### **MAZEL TOV TO:**

Allan and Amy Sheff on the birth of their granddaughter Olivia Reese by Tal Gilboa and Rob Steiner and Family  
Shelley and Mickey Guttman on the birth of their granddaughter by Tal Gilboa and Rob Steiner

#### **IN APPRECIATION OF:**

Rabbi Boruch and Mrs. Raizie Perton by Tal Gilboa and Rob Steiner

#### **IN MEMORY OF:**

Harry Froman by Tal Gilboa and Rob Steiner and Family

### **ANN AND LEON GLUZMAN MEMORIAL FUND**

#### **IN OBSERVANCE OF THE YAHRZEIT OF:**

Leon Gluzman by Brenda, Stephen, Ayala and Matthew Stein

### **JEFFREY AND ENID GOULD FAMILY FUND**

#### **BIRTHDAY WISHES TO:**

David Saxe by Enid and Jeffrey Gould

### **JEREMY KANTER MEMORIAL FUND**

#### **ROSH HASHANAH GREETINGS TO:**

Steve and Lynda Latner and Family by Julie and Joe Kanter

### **SUSAN AND DAVID KRIGER ENDOWMENT FUND**

#### **IN OBSERVANCE OF THE YAHRZEIT OF:**

Maynard Kriger by Susan and David Kriger

### **LEON AND BYRTHA LECKIE MEMORIAL FUND**

#### **IN OBSERVANCE OF THE YAHRZEIT OF:**

Byrtha Leckie by Ester Leckie  
Leon Leckie by Ester Leckie

### **ELIANA MITZMACHER B'NAI MITZVAH FUND**

#### **MAZEL TOV TO:**

Eliana Mitzmacher on the Bat Mitzvah by Art and Marsha Saper

### **FRITZI AND MAX (CHIEF) GREENBERG MEMORIAL FUND**

#### **IN MEMORY OF:**

Jeffrey Shaffer by Ann, Linda and

Murray Greenberg, Ellen and Sam Stewart and Lillian

#### **BIRTHDAY WISHES TO:**

Sandra Zagon by Debbie, Norman and Vicky Ferkin

#### **MAZEL TOV TO:**

Shelley Rothman on the birth of her grandson, Leo by Linda and Murray Greenberg

Joany and Andrew Katz on the birth of their grandchildren, Lily and Benjamin by Linda and Murray Greenberg

Lynn Gillman and Bobby Kaminsky on Kira's engagement to Doug by Linda and Murray Greenberg

Barbara Greenberg and Barry Bokhaut on Michael's engagement to Tatyana Rabinovitch by Linda and Murray Greenberg

### **GROSSMAN KLEIN FAMILIES FUND**

#### **IN MEMORY OF:**

Joshua Sherman by Vera and Leslie Klein  
Beverly Cogan-Gluzman by Vera and Leslie Klein

### **LARRY AND SHEILA HARTMAN ENDOWMENT FUND**

#### **ROSH HASHANAH GREETINGS TO:**

Larry and Sheila Hartman by Irma Sachs

### **BENJAMIN AND LILLIAN KATZ MEMORIAL FUND**

#### **BIRTHDAY WISHES TO:**

Maureen Katz by Rita Hornstein; and by Carolyn and Sidney Katz

#### **MAZEL TOV TO:**

Anna-Lee Chiprout on the birth of their granddaughter, Maeve Ella Gregory by Carolyn and Sidney Katz  
Fred Raber, Charles Weisman and Faye Robert on the on the engagement of Michael to Tatyana Rabonivich by Carolyn and Sidney Katz

### **SYD, ETHEL, LINDA AND STEVEN KERZNER AND FAMILY COMMUNITY ENDOWMENT FUND**

#### **IN APPRECIATION OF:**

Linda and Steven Kerzner by Carolyn and Sid, Eliayna and Bill Katz

### **MORRIS AND LILLIAN KIMMEL MEMORIAL FUND**

#### **BIRTHDAY WISHES TO:**

Nancy Pleet by Kimmel, Kaiman and Levine Families

### **SHARON KOFFMAN ATHLETIC SCHOLARSHIP FUND**

#### **BIRTHDAY WISHES TO:**

Sandra Zagon by Maureen and Sidney Katz; and by David and Josee Saint-Denise

#### **IN MEMORY OF:**

Jeffrey Shaffer by Sandra Zagon

### **KRANTZBERG KRANE FAMILY FUND**

#### **IN MEMORY OF:**

Jeffrey Shaffer by Clair Krantzberg;

# FOUNDATION DONATIONS | Ottawa Jewish Community Foundation

by Robert Krantzberg and Chloe and Evan Watt; by Susan and Charles Schwartzman; and by Gail Krantzberg and Douglas Markoff

## JACOB LANDAU B'NAI MITZVAH FUND

**MAZEL TOV TO:**  
Miriam and Michael Landau on their marriage by Lynne Oreck-Wener and Bob Wener

## NORMAN AND ISABEL LESH ENDOWMENT FUND

**IN MEMORY OF:**  
Alana Perelmutter by Isabel Lesh  
Joshua Sherman by Isabel Lesh

## RON AND RUTH LEVITAN ENDOWMENT FUND

**REFUAH SHLEMAH TO:**  
Ronald Levitan by Phyllis and Bill Cleiman

**IN MEMORY OF:**  
Ronald Levitan by Bernard and Donna Dolansky

## THE LEVITZ FAMILY FUND

**IN OBSERVANCE OF THE YAHRZEIT OF:**  
Lawrence Gerald Levitz by Brenda, Stephen, Ayala and Matthew Stein

## SAMUEL AND LEEMA MAGIDSON ENDOWMENT FUND

**IN MEMORY OF:**  
Marsha Magidson by Audrey, Steven and Kyle Taylor

## CHUCK AND BONNIE MEROVITZ FAMILY FUND

**IN MEMORY OF:**  
Harry Froman by Bonnie and Chuck Merovitz

## RHODA AND JEFFREY MILLER FAMILY FUND

**MAZEL TOV TO:**  
Sara Miller and Joseph Fishman on the birth of their son, Riley Bennett by Jessica and Micah Garten  
Rhoda and Jeffrey Miller on the birth of his grandson, Riley Bennett by Lori and Peter Greenberg

## ABRAM AND EDITH MOLOT MEMORIAL FUND

**ROSH HASHANAH GREETINGS TO:**  
Maureen and Henry Molot by David and Judith Kalin

**REFUAH SHLEMAH TO:**  
Henry Molot by Carol and Stuart Levine

## ALICE NAGRODSKI AND EVELENE MORPHY MEMORIAL FUND

**BIRTHDAY WISHES TO:**  
Leslie Kaufman by Rebecca Nagrodski

## OTTAWA JEWISH COMMUNITY SCHOOL ENDOWMENT FUND

**MAZEL TOV TO:**  
Eliana Mitzmacher and Family on the

occasion of Eliana's Bat Mitzvah by Sharon Reichstein

## JACK AND MIRIAM PLEET ENDOWMENT FUND

**MAZEL TOV TO:**  
Lawrence Soloway on winning the 2018 Solbro by Lawrence Pleet

## NANCY AND LARRY PLEET ENDOWMENT FUND

**BIRTHDAY WISHES TO:**  
Nancy Pleet by Pearlann Goldenberg; by Pinchas and Barbara Pleet; by Miriam Pleet; by Rachele, Adam, Nella and Alyx Dubin; and by Nadia and Elliot Goldenberg

**ANNIVERSARY WISHES TO:**  
Franceen and Stanley Ages by Miriam Pleet

## SYDNEY SLOAN POTECHIN MEMORIAL FUND

**IN OBSERVANCE OF THE YAHRZEIT OF:**  
Sydney Sloan Potechin by Ena and Mosher Greengarten

## FRANCES AND MORTON ROSS FAMILY FUND

**MAZEL TOV TO:**  
David Gluzman and Family on Mark's marriage to Francine by Frances and Morton Ross

## SAMUEL AND RUTH ROTHMAN MEMORIAL FUND

**BIRTHDAY WISHES TO:**  
Maureen Katz by Frances and Morton Ross

**REFUAH SHLEMAH TO:**  
Butch Zinman by Frances and Morton Ross  
Lester Aronson by Frances and Morton Ross  
Ronald Levitan by Frances and Morton Ross

**IN MEMORY OF:**  
Harry Froman by Corinne and Sheldon Taylor and Family  
Joshua Sherman by Frances and Morton Ross

## SHELLEY AND SID ROTHMAN FAMILY FUND

**IN MEMORY OF:**  
Harry Froman by Shelley Rothman

## RICKIE AND MARTIN SASLOVE FAMILY FUND

**MAZEL TOV TO:**  
Martin Saslove on the birth of his grandson, Riley Bennett by Lori and Peter Greenberg

## ELAYNE AND WESLEY SCHACTER ENDOWMENT FUND

**ROSH HASHANAH GREETINGS TO:**  
Karen and Walter Fogel and Family by Elayne and Wesley Schacter and Family

## HAROLD AND FRANCES SHAFFER MEMORIAL FUND

**IN MEMORY OF:**  
Jeffrey Shaffer by Susan and Charles Schwartzman

## JONATHAN, MATTHEW AND ADAM SHERMAN B'NAI MITZVAH FUND

**MAZEL TOV TO:**  
Randi and Ian Sherman on the occasion of Matthew being called to the bar by Lori and Peter Greenberg

## SYLVIA AND HARRY SHERMAN MEMORIAL FUND

**IN MEMORY OF:**  
Julie Sherman by Lori and Peter Greenberg

## MARGO AND JUDAH SILVERMAN FAMILY COMMUNITY ENDOWMENT FUND

**IN APPRECIATION OF:**  
Shelli and Steven Kimmel by Margo and Judah Silverman  
Zahava and Barry Farber by Margo and Judah Silverman  
Linda and Steven Kerzner by Margo and Judah Silverman

## STELLA AND LOUIS SLACK MEMORIAL FUND

**IN MEMORY OF:**  
Florence Levine by Myra and Lester Aronson

## DORIS AND RICHARD STERN FAMILY FUND

**ROSH HASHANAH GREETINGS TO:**  
Dorothy Nadolny and Family; Dulcie Naimer and Henry Mintzberg and Families; Gloria Farb and Jody and Family; Gordon Naimer and Barbara Wener; Kirsh Family; Larry and Sheila Hartman and Family; Michael and Lorraine Levinson and Family; Moishe Glina; Mrs. Doris Evin; Debbie Tessier and Ed Glina and Family; Sheila Cohen and Family; Steve and Barb Levinson and Family; The Atkin Family; The Berkowitz Family; The Black Family; The Blumenthal Family; The Burke Family; The Caplan Family; The Climans Family; The Davis Family; The Dubinsky Family; The Dzalldov Family; The Feinstein Family; The Fruitman Family; The Gardner Family; The Goelman Family; The Greenberg Family; The Haas Family; The Haberman Family; The Hartman Family; The Kronick Family; The Levy Family and Bubby; The Mirsky Family; The Pincus Family; The Pukier Family; The Rashkovan Family (Toronto); The Rashkovan Family (Westmount); The Sandler Family; The Satov Family; The Shabinsky Family; The Shatz Family; The Sinyor Family; The Slan Family; The Stone Family; The Trestan Family; The White Family; The Zukerman Family by Doris and Richard Stern and Family

**BIRTHDAY WISHES TO:**  
Moishe Glina by Doris and Richard Stern and Family

## CASEY AND BESS SWEDLOVE MEMORIAL FUND

**ROSH HASHANAH GREETINGS TO:**  
Mike Metz and Leiba Krantzberg by Carol-Sue Shapiro

## TAMIR FOUNDATION FUND

**ANNIVERSARY WISHES TO:**  
Harvey and Judith Slipacoff by Maureen and Sidney Katz

## THE TARANTOUR FAMILY FUND

**IN MEMORY OF:**  
Jeffrey Shaffer by Ann Lazear and Family

## BRENT AND RISA TAYLOR ENDOWMENT FUND

**IN MEMORY OF:**  
Harry Froman by Susan and Charles Schwartzman and Family  
Dr. Lionel Metrick by Risa, Brent and Shira Taylor  
Harry Froman by Evelyn Greenberg; by Audrey, Steven and Kyle Taylor

## STEPHEN AND GAIL VICTOR ENDOWMENT FUND

**IN MEMORY OF:**  
Hugh Ross Eisenhower by Sandra Marchello  
Rosh Hashanah Greetings to: Stephen and Gail Victor by Sandra Marchello

## SONIA AND ARTHUR VINER MEMORIAL FUND

**IN MEMORY OF:**  
Alana Peremutter by Ravek Family  
Samuel Litwack by Ravek Family

## IRVING AND DIANE WEXLER FAMILY FUND

**IN MEMORY OF:**  
Joseph Yunger by Carol Segal, Michael and Muriel Wexler and Families  
Dr. Lionel Metrick by Carol Segal, Michael and Muriel Wexler and Families

## DAHLIA AND ZACHARY SHABSOVE B'NAI MITZVAH FUND

**IN MEMORY OF:**  
Jeffrey Shaffer by Adrienne and Chuck Shabsove and Family

Contributions may be made online at [www.OJCF.ca](http://www.OJCF.ca) or by contacting the office at 613-798-4696 extension 274, Monday to Friday or by email at [tributecards@ojcf.ca](mailto:tributecards@ojcf.ca). Attractive cards are sent to convey the appropriate sentiments. All donations are acknowledged with a charitable receipt.

# Books and Bagels resumes at Temple Israel

BY ANNE ALPER  
FOR TEMPLE ISRAEL

Temple Israel's popular Books and Bagels program features reviews and discussion of books of Jewish interest and is open to the entire community. Sessions take place on Sunday mornings beginning with a bagel breakfast at

9:30 am followed at 10 by a book review and discussion. All sessions are held at Temple Israel, 1301 Prince of Wales Drive. Pre-registration is not required nor is it necessary to have read the book to enjoy the discussion. There is no charge, but a voluntary donation to cover the cost of breakfast is appreciated. Everyone is welcome.

## ISRAELI DANCING...

Contemporary Israeli dances, old favourites, great music, exercise, all in a fun and friendly atmosphere.

### What have you been waiting for?

Join us Tuesday evenings in the gym of the Ottawa Jewish Community School, 31 Nadolny Sachs Private (off Carling Avenue and Broadview)

From 6:30 to 10 pm, starting Tuesday, October 9, 2018.

Learn beginner steps and easier dances to start, progressing to intermediate and advanced dances. No experience or partner necessary. All ages welcome.

Cost: \$5/evening (pay at the door)



Visit our Facebook page, [ottawaisraelidance](https://www.facebook.com/ottawaisraelidance), for details, or email [judy@ottawaisraelidance.ca](mailto:judy@ottawaisraelidance.ca) for more information

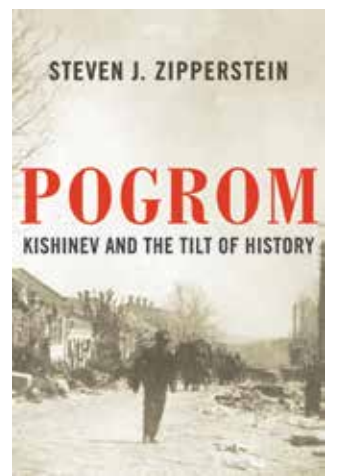
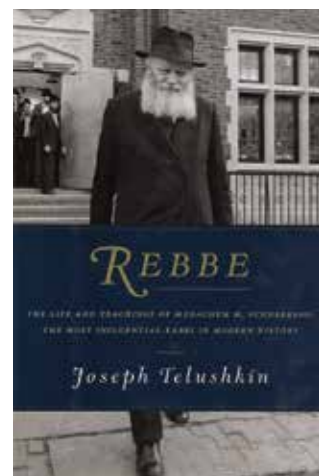
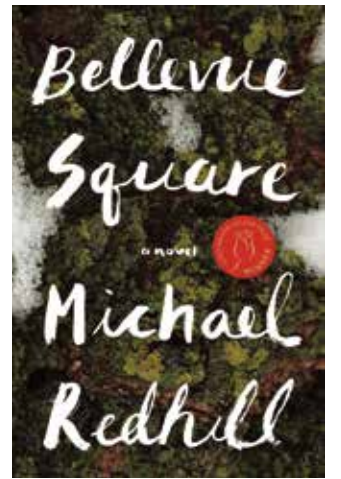
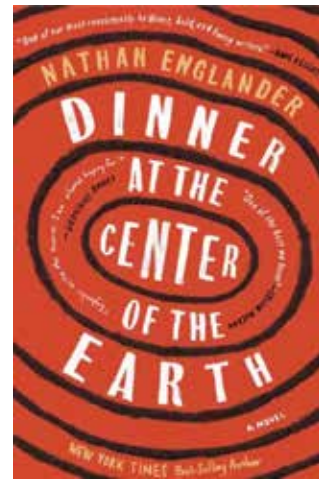
### THREE EVENTS ARE PLANNED FOR THIS FALL

**October 21** – Angus Smith will review *Pogrom: Kishinev and the Tilt of History* by Steven J. Zipperstein. This book examines the Kishinev pogrom of all – three days that left 49 Jews dead, hundreds injured and thousands homeless.

**November 18** – Rubin Friedman will present a comparative review of *Bellevue Square*, a comic thriller and winner of the 2017 Giller prize by Michael Redhill, and *Dinner at the Center of the Earth*, a spell-binding thriller, spy novel and love story by Nathan Englander.

**December 9** – Rabbi Idan Scher of Congregation Machzikei Hadas will review *Rebbe: The Life and Teachings of Menachem M. Schneerson, the Most Influential Rabbi in Modern History* by Joseph Telushkin.

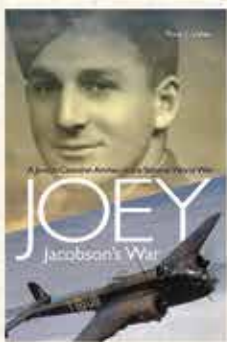
Contact Shayla Mindell at [shaylamindell@rogers.com](mailto:shaylamindell@rogers.com) for more information about Books and Bagels.



## AUTHOR TALKS

### Joey Jacobson's War:

A Jewish Canadian Airman in the Second World War  
with Author Peter Usher



In the spring of 1940 Canada sent hundreds of highly trained volunteers to serve in Britain's Royal Air Force as it began a concerted bombing campaign against Germany. Nearly half of them were killed or captured within a year. This is the story of one of those airmen, Joey Jacobson, as told through his own letters and diaries as well as those of his family and friends.

**Sunday, October 21**

10:30 am – 12:00 pm  
Free Admission  
Books available for Sale



### Double Threat

with Author Ellin Bessner



It is with great pleasure that Ellin – the granddaughter of one of Ottawa's founding Jewish families, the Lieffs – brings her book and research to the Soloway JCC for a community lecture about Canada's Jewish community,

and how Ottawa responded to WWII with personnel, political support, and financial support. Her book tells the stories of well-known local families and their contribution to defeating Hitler and saving the survivors of the Final Solution. Hear about Ed Saslove, Willie Zelikovitz, the Maser family who had nine children in uniform, and many more, including some who didn't come home.

**Sunday, November 4**

10:30 am – 12:00 pm  
\$5 at the door  
Books available for Sale



## Music from Around the World

with Pianist Katherine Addleman  
and Violinist Anna Baksheeva

Join Anna Baksheeva and Katherine Addleman on a journey of music inspired by folk traditions from around the world. Haunting songs of Spain and Romania (de Falla and Bartok), soulful Russian and French tunes (Tchaikovsky and Debussy), and lively Italian and Czech selections (Corelli and Dvorak) round out our itinerary.

**Wednesday, October 24**

1:00 pm – 2:15 pm  
\$15 at the door



# NASA signs deal with Israel Space Agency for lunar mission

(JTA) – NASA has signed an agreement with the Israel Space Agency (ISA) and the Israeli nonprofit SpaceIL to collaborate on the Jewish state’s unmanned moon mission slated to launch from Cape Canaveral next year.

The landing would culminate eight years of collaboration on the \$88 million US project. If it succeeds, Israel will become the fourth country to reach Earth’s rocky satellite. The spacecraft’s journey to the moon will last about two months. The Israeli craft will be the smallest to land on the moon, weighing only 1,322 pounds.

Upon its landing, the spacecraft plans to take photos and video of the landing site while also measuring the moon’s magnetic field as part of a Weizmann Institute scientific experiment.

According to the new agreement, which was announced on October 3, NASA will contribute a laser retroreflector array to aid with ground tracking and support to aid in mission communication. ISA and SpaceIL will share data with the U.S. space agency from the

*The landing would culminate eight years of collaboration on the \$88 million US project.*

SpaceIL lunar magnetometer installed aboard the spacecraft.

In addition, NASA’s Lunar Reconnaissance Orbiter will attempt to take scientific measurements of the SpaceIL lander as it lands on the moon.

“I’m thrilled to extend progress in commercial cooperation we’ve made in low-Earth orbit to the lunar environment with this new agreement with the Israel Space Agency and SpaceIL,” NASA administrator Jim Bridenstine said. “Innovative partnerships like this are going to be essential as we go forward to the Moon and create new opportunities there.”

In a post on Facebook, SpaceIL CEO Ido Antebi said it was “a great honour” to collaborate with NASA and that he hoped that this upcoming mission would lead to more “space missions and other technological challenges” in the future.

The Department of English at Ryerson University | The Vered Jewish Canadian Studies Program at the University of Ottawa | The Association for Canadian Jewish Studies | Library and Archives Canada present a conference

## Canadian Holocaust Literature: Charting the Field

**Saturday, October 27, 2018**  
Evening opening panel at the Soloway Jewish Community Centre  
21 Nadony Sachs Private

**Sunday, October 28, 2018**  
Full day conference at Library and Archives Canada  
395 Wellington Street

*The events are free and open to the public but advance registration is required by visiting [Eventbrite.ca](http://Eventbrite.ca), [Canadian Holocaust Literature](http://CanadianHolocaustLiterature.com) Event in English Only*



THE BESS AND MOE GREENBERG FAMILY  
**Hillel Lodge**  
OTTAWA JEWISH HOME FOR THE AGED  
THE JOSEPH AND INEZ ZELIKOVITZ  
LONG TERM CARE CENTRE

# THANK YOU!

## RIDERS, VOLUNTEERS AND SPONSORS OF THE BESS AND MOE GREENBERG FAMILY HILLEL LODGE

### BIKING for BUBBIES raised over \$121,000 in support of our 121 residents!



**Hillel Lodge**  
LONG-TERM CARE FOUNDATION



**Chairs:**  
Adam Schacter  
and  
Seymour Mender

**Photos:**  
Issie  
Scarowsky







Sponsored by:










Elissa and Avraham Iny and  
Laya and Sol Shabinsky and their families





**In support of the Bess and Moe Greenberg Family Hillel Lodge  
In the Joseph and Inez Zelikovitz Long Term Care Centre**

**613-728-3990**

**Your donation to the Lodge assists in providing high quality care for our Jewish elderly.**

**Card Donations**

Card donations go a long way to improving the quality of life for our residents. Thank you for considering their needs and contributing to their well-being.

On behalf of the residents and their families, we extend sincere appreciation to the following individuals and families who made card donations to the Hillel Lodge Long-Term Care Foundation **between August 28-September 19, 2018 inclusive.**

**HONOUR FUNDS**

Unlike a bequest or gift of life insurance, which are realized some time in the future, a named **Honour Fund** (i.e., endowment fund) is established during your lifetime.

By making a contribution of \$1,000 or more, you can create a permanent remembrance for a loved one, honour a family member, declare what the Lodge has meant to you and/or support a cause that you believe in.

A Hillel Lodge **Honour Fund** is a permanent pool of capital that earns interest or income each year. This income then supports the priorities designated by you, the donor.

**Ruth and Irving Aaron Family Fund**

**In Honour of:**  
Marion Silver and Alan Brass Mazel Tov on Shira's engagement to David Plotkin by Ruth and Irving Aaron  
Vera Kadar Mazel Tov on Paul-Louis' marriage by Ruth and Irving Aaron

**In Memory of:**  
Harry Froman by Ruth and Irving Aaron

**R'Fuah Shlema:**  
Henry Molot Wishing you a speedy recovery by Ruth and Irving Aaron

**Bill and Leona Adler Memorial Fund**

**In Honour of:**  
Brenda and Nathan Levine and Family Wishing you a Shana Tova by Elayne, Dave, Jordan and Benjamin

**In Memory of:**  
Harry Froman by Elayne Adler  
Lionel Metrick by Marilyn Adler and Neil Blacher  
Esther Binder by Marilyn Adler  
Margo-Cohan Boyd by Marilyn Adler

**Samuel and Jean Akerman Memorial Fund**

**In Memory of:**  
Harry Froman by Sheila and Larry Hartman

**Elsie Baker Endowment Fund**

**In Honour of:**  
Nancy Pleet Wishing you a happy 90th Birthday by Polly and Jack Moran

**Jenny and Murray Citron Family Fund**

**In Memory of:**  
Harry Froman by Murray Citron  
Lionel Metrick by Murray Citron  
Anne Presentey by Murray Citron and Sarah

**Sid and Barbara Cohen Family Fund**

**In Memory of:**  
Harry Froman by Barbara Cohen  
Frances Levin by Barbara Cohen

**Thea and Martin Ginsburg Memorial Fund**

**In Honour of:**  
Ruth and Irving Aaron Wishing you and your family a happy, healthy New Year by Eric and Janet Cohen and family

**Nell Gluck Memorial Fund**

**In Honour of:**  
Issie Scarowsky Thank you for your many kind deeds by Henry and Maureen Molot  
Maureen and Henry Molot Wishing you a Shana Tova by Toby and Joel Yan  
Mr. and Mrs. Sid Tabak Mazel Tov on the birth of your grandson, Franklin, and your granddaughter Ruby by Julia Gluck and Ted Overton  
Claire and Eric Wilner Mazel Tov on Sarah's engagement to Uriah by Henry and Maureen Molot  
Shelley Ortved Mazel Tov on the birth of your first grandson by Julia, Ted and Jess and Ayelet

**In Memory of:**  
Harry Froman by Manny and Cheryl Gluck and Henry and Maureen Molot

**R'Fuah Shlema:**  
Carol Shattner We wish you a full and speedy recovery by Henry, Maureen and the gang  
Lonya Shuman Best wishes for a speedy and full recovery by Julia Gluck and Ted Overton  
Henry Molot Wishing you an excellent recovery by Toby and Joel Yan, Julia Gluck and Ted Overton and Jess and Ayelet and Evelyn Greenberg

Dr. Manny Gluck Wishing you an excellent recovery by Toby and Joel Yan, Julia Gluck and Ted Overton and Jess and Ayelet

**Evelyn and Isadore Hoffman Family Fund**

**In Honour of:**  
Lee and Roz Raskin Mazel Tov and best wishes on your Anniversary by Issie and Evelyn Hoffman

Brenda and Nathan Levine Wishing you a Shana Tova by Issie and Evelyn Hoffman  
Steven and Shelli Kimmel Wishing you a Shana Tova by Issie and Evelyn Hoffman  
Stephen and Janet Kaiman Wishing you a Shana Tova by Issie and Evelyn Hoffman  
Mr. and Mrs. Michael Sochaczewski and family Wishing you a Shana Tova by Issie and Evelyn Hoffman

**David, Harvey, Victor Kardish Family Fund**

**In Memory of:**  
Harry Froman by Margo, David, Aaron and Gail Kardish

**In Observance of the Yahrzeit of:**  
Mina Jankielewitz Beloved mother and grandmother by Gale, Victor and Sidney Kardish

**Dorothy and Maurie Karp Endowment Fund**

**In Honour of:**  
Carol and Harvey Goodman and Family Shana Tova by Dorothy Karp  
Isabel Lesh and Family Shana Tova by Dorothy Karp  
Leah and Morris Melamed and Family Shana Tova by Dorothy Karp  
Dora Litwack and Family Shana Tova by Dorothy Karp  
Etta Karp Shana Tova by Dorothy Karp  
Norma and Phil Lazear Shana Tova by Dorothy Karp  
Vi and Irv Cutler Shana Tova by Dorothy Karp  
Claire Bercovitch and Family Shana Tova by Dorothy Karp

**Morris and Lillian Kimmel Family Fund**

**R'Fuah Shlema:**  
Ethel Huniu Wishing you a speedy recovery by Brenda, Nathan, Jesse and Daniel Levine

**Norman and Gert Leyton Family Fund**

**In Memory of:**  
Mark Joseph Giroux by Cheryl Leyton and Manuel Glimcher

**R'Fuah Shlema:**  
Henry Molot Wishing you a full recovery by Cheryl Leyton and Manuel Glimcher

**Sam and Dora Litwack Family Fund**

**In Honour of:**  
Anita Shore and Family Wishing you a Shana Tova by Dora Litwack  
Dorothy Karp and Family Wishing you all a Shana Tova by Dora Litwack

**Ken and Leah Miller Family Fund**

**In Honour of:**  
Libby Labell Mazel Tov on Max and Cali's engagement by Leah and Ken Miller

**Chuck and Malca Polowin Family Fund**

**In Memory of:**  
Lionel Metrick by Chuck and Malca Polowin

**Roslyn and Lee Raskin Family Fund**

**In Honour of:**  
Mr. and Mrs. Jack Silverstein Mazel Tov on your new home by Roz and Lee Raskin  
Cantor Pinkus and Sarah Levinson Wishing you a Shana Tova by Roslyn and Lee Raskin  
Rabbi Dr. Reuven and Leah Bulka Wishing you a Shana Tova by Roz and Lee Raskin  
**In Memory of:**  
Sam Litwack by Roz and Lee Raskin

**Schachter/Ingber Family Fund**

**In Honour of:**  
Leslie Rainer In honour of your 70th Birthday by Rachel, Howard, Davida, Josh and Kayla Schachter

**Sternberg / Jacobsen Family Fund**

**In Honour of:**  
Nancy Pleet Mazel Tov on your 90th Birthday by Laya Jacobsen

**Toby and Joel Yan Family Fund**

**In Honour of:**  
Jason Moscovitz and Seline Yegendorf Wishing you a Shana Tova by Toby and Joel Yan

**Feeding Program**

**In Honour of:**  
Myra and Sam Krane Mazel Tov on your 40th Anniversary by Lysette and Louis Kohn  
Rhoda and Jeff Miller Mazel Tov on the birth of your grandson by Joy and Seymour Mender and family

Continued on next page

**THE LODGE EXPRESSES ITS SINCERE APPRECIATION FOR YOUR KIND SUPPORT AND APOLOGIZES FOR ANY ERRORS OR OMISSIONS. DUE TO SPACE LIMITATIONS, THE WORDING APPEARING IN THE BULLETIN IS NOT NECESSARILY THE WORDING WHICH APPEARED ON THE CARD.**

**"GIVING IS RECEIVING" – ATTRACTIVE CARDS AVAILABLE FOR ALL OCCASIONS**

Here's a great opportunity to recognize an event or convey the appropriate sentiment to someone important to you and at the same time support the Lodge. Call orders may be given to Cathie at 728-3990, 7:30 a.m. – 3:30 p.m. Monday to Friday. You may also go to: [www.hillel-ltc.com](http://www.hillel-ltc.com) and click on the "Donate Now" button to make your donations. Cards may be paid for by Visa or Mastercard. Contributions are tax deductible.



Jackie and Burt Gorenstein Wishing you a Happy Anniversary by Julie Kantor and Joe Silverman

Roz and Steve Fremeth Wishing you a happy and healthy New Year by Donna and Eric Levin

**In Memory of:**

Harry Froman by Jack and Lesley Cramer  
Pearl Greenberg by Beth Gordon and Neal Reid and AC and Marc Dolgin  
Jeffrey Shaffer by Donna and Eric Levin

\*\*\*\*\*

**Recreation Program**

**In Honour of:**

Lily and John Cox Mazel Tov on the marriage of your daughter by David and Esther Kwavnick

**In Memory of:**

Frances Levin by Barry and Ricki Baker

\*\*\*\*\*

**In Memory of:**

Freda Weinberg by Mary Michaud  
Harry Froman by Evelyn Monson, Jeffrey and Felice Pleet, Mort and Sylvia Pleet, Harris Pleet and Aurete Lavie, Barbara and Larry Hershorn  
Lionel Metrick by the residents, staff and

Boards of the Lodge and LTC Foundation  
Jeffrey Shaffer by Sheila Bahar

Esther Binder by the residents, staff and Boards of the Lodge and LTC Foundation, Toby and Tedd Nathanson

Margo Cohan-Boyd by the residents, staff and Boards of the Lodge and LTC Foundation

Ilana Pfeffer by Dale and Ruth Fyman  
Susan Kerzner by Dale and Ruth Fyman

**In Honour of:**

Nancy Pleet Wishing you a happy 90th Birthday by Fay Koffman, Beverley Foley, Marlene Rabinovitch

Mr. and Mrs. Steven Latner and Family Wishing you a Shana Tova by Evelyn Eisenberg  
Jackie and Burt Gorenstein Shana Tova to you and your family by Joni and Chummus Spunt

Arthur Zaitlin Our warmest wishes on this milestone Birthday by Sheela and Ozzie Silverman

**R'Fuah Shlema:**

Rob Roth Wishing you a speedy recovery and a happy and healthy New Year by Carl and Lorna Raskin

Lester Aronson Best wishes for a full and speedy recovery by Toby and Tedd Nathanson

Joe Levitan Best wishes for a speedy recovery by Toby and Tedd Nathanson

*Thank you!  
Todah Rabah*

*To everyone who has graciously provided for  
The Hillel Lodge LTC Foundation in their Will.*

*Your generous gift will make a positive difference  
in the lives of current and future residents  
of the  
Bess and Moe Greenberg Family Hillel Lodge*

For more information on how you can leave a  
**Legacy of Support for Hillel Lodge**  
Contact Mitch Miller at (613) 728-3990 or [mmiller@hillel.ltc.com](mailto:mmiller@hillel.ltc.com)

**Bess and Moe Greenberg Family Hillel Lodge**

**Get To Know Us**

ADVERTORIAL



**Phyllis Sadowski**

**Phyllis Sadowski** was born in Toronto on September 10, 1925 to Lillian and Max Webber. They lived near Bloor and Spadina (Phyllis points out that they lived north of Bloor) where she attended Huron Street Public School, and then Central Commerce followed by Harbord Collegiate. Phyllis was always active. She had public school, Hebrew school, Sunday school, piano lessons, Young Judea and so much more. When I asked her about her younger brother Murray, she told me that she "was so busy that she usually ignored him...and he was a bug."

It was in December 1947 that Phyllis met Joseph Herman Sadowski (of Massey, Ontario) on a blind date organized by her friend Ray Moses. As Phyllis told me with a grin, "once I opened the door – that was it for me – I was in love." Their first date was at a dance being held at a Toronto hotel. They corresponded by mail (remember those hand written letters that required thought and did not come with spellcheck). Joseph must have felt the same way about Phyllis as he proposed by letter, and then at his brother's wedding on March 28, 1948 he gave her the engagement ring, and on June 14, 1948 they were married (for history buffs, in between Phyllis receiving her ring and getting married...The State of Israel was born).

They were married at the King Edward hotel in Toronto by the Rabbi of the McCaul Street shul – Rabbi Reuben Slonin, and then Phyllis moved to Massey to live with her husband and help run the General store his family owned. When Phyllis' father visited Massey before the wedding to go fishing with his soon to be Machetanym (in-laws) he pulled Phyllis aside and asked "Do you know what the heck you're doing?" and she replied "no, but I love him". Phyllis shared many wonderful stories about her time in Massey and helping at the General store. She described it as a

"Study in Humanity" watching her Father-in-Law not only doing business with the Indigenous population but also taking care of their families.

Phyllis shared how proud they were to be Jewish, lighting the Shabbat candles and opening the blinds to the dining room windows so that every passerby could see that the Sabbath was beginning. On one occasion in the early fall, a cattle buyer was passing through as he had many times over the previous years and decades – but this time he asked if there was a synagogue nearby as he was Jewish and a High Holiday was to begin that evening. Phyllis replied that he could join them for a Yom Tov dinner and join them to go to the Shul in Sudbury for services. The tough, experienced cattleman's jaw dropped when he found out the General store owner who he had known for years was also Jewish.

Now you can find Phyllis at Hillel Lodge, happy to strike up a conversation while knitting and crocheting. How did she get started? When she was ten years old, she used to eat the sucker on a sucker stick, then wash them, and then use the sticks to begin learning to knit. Her first project included a quote "Let me live by the house on the side of the road and be a friend to man". Since that first project, she has made blankets for people in Israel and friends and family near and far (actually, she is still making blankets by request – but you will need to pay for the wool).

Phyllis is very proud of her daughter Debra and son-in-law Gary, her late daughter Marilyn and son-in-law Arthur and her four grandchildren and of course her three wonderful great grandchildren. When I asked her about the Lodge, she told me that it is a special place. She enjoys the frequent visits from students from the OJCS and her own visits to the JCC. A little more prodding and she shares with me that what the Lodge really needs is more staff. "What the province provides is simply not enough – we need more funding".

By Mitch Miller, Executive Director, Hillel Lodge LTC Foundation



# 'Fauda' screenwriter wanted to depict terrorists as 'real human beings'

BY CURT SCHLEIER

(JTA) – Moshe Zonder noticed it quickly: “My students are completely serious. They are writing. They are doing the assignments. All of them. It’s great teaching here.”

Zonder shouldn’t be that surprised. For an aspiring screenwriter, who better to study with than the man who wrote the entire first season of “Fauda,” the controversial international Israeli hit that airs on Netflix?

Zonder is spending the fall semester teaching a course called Screenwriting and Television at Rutgers University in New Brunswick, New Jersey. It’s part of the Schusterman Visiting Israeli Artists Program, which brings Israeli artists to American universities and other cultural institutions.

“Fauda,” which had its second season launch in May, is the Arabic word for chaos, and that’s what viewers experience. It is centred on an elite Israeli undercover military unit whose members pose as Arabs, cross into the West Bank, and use harsh and often deadly violence to root out terrorists. It’s at once exciting and depressing, leaving the impression that there is no hope of a peaceful resolution to the contentious divide.

Zonder was involved in the show from the beginning, when creators Lior Raz (who also plays the show’s lead character, Doron Kavillio) and Avi Issacharoff (who also writes columns for The Times of Israel) first tried to sell it. The process took over four years, Zonder said in a telephone interview.

The reluctance of Israeli networks to air the show is perhaps understandable. The trio had created a story arc that involves a morally compromised Israeli counterterrorism unit that lives by its own rules, indiscriminately shooting Palestinians, invading their homes and kidnapping them.

What’s most frightening is that “Fauda” seems to reflect the reality on the ground. It has been reported that Raz served in Duvdevan, an elite commando force known for posing as Arabs. Zonder spent years as an investigative



Laetitia Eïdo (left) and Lior Raz in a scene from “Fauda.”

reporter covering the Mossad and the Shin Bet, Israel’s internal security service.

“Of course the world we describe is totally realistic, although the characters are from our imagination,” Zonder said.

“Fauda” also has been noted for putting a human face on Arabs living in the West Bank, including terrorists. Zonder was a big part of that daring move.

“I felt... members of Hamas didn’t exist as real human beings [for some Israelis], and I wanted them to have a wife and kids they loved that they cannot [visit and] see. It is a motive [for their behaviour] that you can understand.

“This was something of a revolution. There were no such characters in TV before.”

To humanize them, Zonder said, “was my intention.”

“The creators all went along with me,” he said. “We all felt this way.”

In his view, the show has another distinguishing characteristic.

“There isn’t any hero in the sense of a good guy or a bad guy,” Zonder said. “Life is more complicated. There is a protagonist and an antagonist – Doron is the protagonist and Abu Ahmad (Hisham Suleiman) is the antagonist.

“It’s not that Doron is good and Abu Ahmad is bad. ... It was important for me as an Israeli to show that members of the Hamas military wing have their families and their motives. They are not [totally] evil. This is the basis of the DNA of the first season of ‘Fauda.’”

The show has been praised for this refreshing perspective and equally for its gripping plot. Palestinian writer Yasmeen Serhan wrote in The Atlantic in June that despite her qualms with watching a show about the conflict from an Israeli perspective, it is “binge-worthy TV.”

“Fauda” was a surprise hit in Israel and, subsequently, in much of the rest of the world.

“The settlers loved it. Even Hamas,” Zonder said. “Their spokesman posted online that ‘the Zionists could not kill us in the field, so they’re killing us on TV.’ Then they put a link to the first episode on their website.”

In March, the BDS movement against Israel insisted that Netflix drop the series, claiming it “promotes and legitimizes the war crimes committed by death squads.” It may, in fact, do the exact opposite, and give even the staunchest Israeli supporter pause about tactics used by the Israeli military.

Before “Fauda,” Zonder wrote the multiple award-winning docudrama “Sabena Hijacking: My Version,” about the 1997 hijacking of a Sabena Airlines flight and the rescue of its passengers. It was Israel’s entry in the 2015 Academy Awards’ foreign film race.

Between classes, he’s at work writing another docudrama, about the Mossad’s Operation Wrath of God, the effort to kill the terrorists responsible for the Munich Olympics massacre (it was depicted onscreen in Steven Spielberg’s film “Munich”).

Zonder came to Rutgers at about the same time the U.S. government reopened its case charging that the school failed to respond to discrimination aimed at Jewish students. A suit by the Zionist Organization of America alleges that organizers of a pro-Palestinian event singled out Jewish students by charging them admission for the free event.

If BDS protesters were to show up when he speaks at Rutgers, Zonder said he wouldn’t argue with them.

“I must tell you I’m really not a hero, but I would like to meet with [them],” he said. “I’m prepared to hear what they have to say in case they are ready to listen, too. Otherwise not.”

**ELEVATED**  
HOMEINSPECTION



## ELEVATED HOME INSPECTION

Offers the following services:

- Pre-Purchase Home Inspections
- Pre-Listing or Pre-Sale Home Inspections
- Pre-Renovation Inspections
- Home Monitoring Services

## October Home Inspection Tip:

Service your high efficiency furnace and replace the air filter to ensure safe and efficient operation.

Visit us on the web  
[www.elevatedhomeinspection.ca](http://www.elevatedhomeinspection.ca)



**Michael Levitan, BID**  
| 613 | 286-8925  
[elevatedhome@gmail.com](mailto:elevatedhome@gmail.com)



*With hearts overflowing with gratitude and respect, we salute*

# Mr. Larry & Sheila Hartman

*for their transformative generosity with a \$500,000.00 gift towards the recent purchase of our new facility, the Finkelstein Chabad Jewish Centre*

*May Hashem repay you tenfold with abundant health, prosperity and yiddishe nachas from your family.*

*Because of you, we are here today.*

**With profound admiration and gratitude,**

*Rabbi Chaim and Yocheved Boyarsky*

**The Board of Directors of CSN**

*Cheryl Aroosi, Dr. Prizant, Jake Shabinsky, Alvin Miller*

**Building Chairs**

*Ken Ages*

*Jules Sigler*

**Student Board**

*Michael Lazarus – City wide president*

*Samantha Cohen- Ottawa U president*

*Danya Baird- Carleton president*

*Ally Pedvis – Ottawa U vice president*

*Aimee Veiner- Carleton vice president*

*Carly Jacuck – Law school rep.*

*Ali Goodbaum – Medical school rep.*

*Marshall Rothman – Young professional chair*

*Jewish students and young professionals in downtown Ottawa*

BH



# A Chicago teacher showed her grandfather was a Nazi collaborator. Now Lithuania is paying attention.

BY CNAAN LIPSHIZ

(JTA) – Barring unexpected delays, Silvia Foti is months away from fulfilling an old promise that’s become her life’s work: to write a biography of her late grandfather, who is a national hero in his native Lithuania.

Foti, a 60-year-old high school teacher from Chicago, made the pledge to her dying mother 18 years ago. She has spent a long time studying the life of her grandfather, Jonas Noreika, as well as acquiring the writing skills necessary for chronicling it and finding a publisher.

But rather than celebrating Noreika’s legacy as her mother requested, the biography that Foti wrote confirms and amplifies the findings of Holocaust scholars who for years have called for stripping Noreika of his honours.

The national hero, she and they insist, was a Nazi collaborator who helped murder thousands of Jews and steal their property.

The unpublished biography, which Foti summarized in a bombshell Salon article in July, split her own family. She said her father and his second wife asked Foti not to publish the book because it would “make Lithuania look bad.” And it would have distressed her mother if she were still alive – the author said this causes her “great pain.”

But the main significance of the book is the unprecedented attention it is bringing to Noreika’s alleged crimes in Lithuania, where a school has been named for him. Noreika died in 1947 while in the hands of the KGB. In 2000, former president Vytautas Landsbergis, the first head of state of independent Lithuania, attended the funeral of Noreika’s wife in Vilnius.



Silvia Foti, seen in Vilnius, Lithuania, July 2013, says her grandfather, Jonas Noreika, venerated as a hero in Lithuania, was a Nazi collaborator in the genocide of Jews.

Last week, Foreign Minister Linas Linkevicius urged authorities to remove a memorial plaque to Noreika from the wall of the Lithuanian Academy of Sciences in central Vilnius – the first such call by a senior Lithuanian official on any of the country’s numerous monuments celebrating killers of Jews.

Following the Salon article and coverage of it in The New York Times, Vilnius Mayor Remigijus Simasius, who for years has ignored calls by Jewish groups to remove the plaque, asked the state-funded and operated Genocide and Resistance Research Center to review Noreika’s status as a national hero.

In her book, Foti explores how her grandfather issued orders to round up and kill the Jews after his appointment in 1941 as head of Siauliai County under the German Nazi occupation. And she presents evidence that he personally moved into the home of a Jewish family

after its members had been killed, presumably at his order.

Foti recalled being shocked when she first learned of these allegations in 2013 while visiting the school in Sukiionių named for her grandfather. The principal told her that “he got a lot of grief from the Jews” over the name, but assured her it “was all Soviet lies.”

That remark put her on a path to unravel the history of Lithuanian Jewry’s murder and her grandfather’s complicity in it. At first she had “hoped to exonerate him,” Foti said. Yet a wealth of evidence convinced her that her grandfather was complicit and actually “taught his Lithuanian soldiers how to exterminate Jews efficiently: how to sequester them, march them into the woods, force them to dig their own graves and shove them into pits after shooting them,” as she wrote in the Salon article.

It was a devastating discovery for a woman who said she grew up “adoring” her late grandfather. At Christmas dinners, her tight-knit family would leave an empty chair and glass of wine for him to acknowledge the absence of the handsome man in framed portraits who probably was tortured to death by the KGB at the age of 37.

Foti said she hopes the book helps “Lithuania finally take a good look at its own role in the Holocaust and stop blaming the Germans for everything.”

She has had to pray and seek guidance from God throughout her work on the book, she said.

The debate about Noreika and other collaborators who sided with the Nazis when they were fighting Russia during the Second World War goes to the heart of Lithuania’s national narrative that it was and is a victim of Russia. Seen through that prism, collaborators like Noreika or Juozas Ambrazevicius, the leader of a local pro-Nazi government, sided with Germany only to achieve independence for Lithuania.

But that narrative ignores the level of complicity by ordinary Lithuanians – many of whom viewed Jews as agents of communism – in the near total annihilation of the approximately 220,000 Jews who lived in Lithuania before the Holocaust, according to Efraim Zuroff, the Eastern Europe director of the Simon Wiesenthal Center.

Zuroff believes that the veneration of people like Noreika in some ways is rooted in a collective desire to white-wash Lithuanian complicity.

“You see this tendency across Eastern Europe,” he said, “but it’s strongest specifically in the countries with the highest amounts of genocide complicity.”

Lithuania is the only Nazi-occupied country noted by Israel’s Yad Vashem museum for its people’s “enthusiasm” for collaboration with Germany. And even when this enthusiasm “subsided ... hostility towards Jews and denunciation persisted,” the museum says.

One example of this genocidal zeal occurred in Kaunas, Lithuania’s second city. At the Lietukis Garage, pro-German Lithuanian nationalists killed more than 50 Jewish men in 1941 by beating, hoisting and then murdering them with iron bars, according to the U.S. Holocaust Memorial Museum. Some of the perpetrators then posed for pictures with the victims’ tortured bodies, providing some of the most memorable images of Nazi collaboration anywhere.

Foti’s research turned the plaque for Noreika into a symbol for the fight for recognition of that complicity. But the plaque is just one of numerous expressions of veneration for perpetrators.

Juozas Krikstaponis, a member of a death squad who killed thousands of Jews in Lithuania and Belarus, has a monument for him in the city of Ukmergė, 30 miles north of Vilnius.

The Nazi collaborator Kazys Skirpa, who represented his nation in Berlin during the Second World War, has a main street named after him in Kaunas, and his image features regularly in nationalist marches. An outspoken anti-Semite, Skirpa “proposed to solve ‘the Jewish problem’ not by genocide but by the method of expulsion from Lithuania,” the Genocide and Resistance Research Center of Lithuania asserted in 2015.

Against this background, the developments around Foti’s article have surprised veteran campaigners for Holocaust recognition in Lithuania.

Zuroff acknowledged that Jewish Holocaust scholars like himself are “easy to dismiss” in Lithuania as Russian agents or disgruntled enemies of the Lithuanian nation. Even ethnic Lithuanians who try to confront complicity

See Foti on page 24

## Respecting tradition

At your time of need or when planning ahead, rely on us to provide everything you need. We are proud to support the Jewish Memorial Gardens Revitalization Project.

**Call us 24 hours a day at: 613-909-7370**

 Kelly Funeral Home  
Carling Chapel  
by Arbor Memorial  
2313 Carling Avenue, Ottawa, ON  
kellyfh.ca/Carling



# Federation's Annual Campaign 2019 Kickoff was a wild success!



Photos: Howard Sandler



**Thank you**  
to our chairs, the Zaret Family,  
all participants, volunteers and supporters!

## Corporate Sponsors



## Event Sponsors



### Tier 1 ▲



### Tier 2 ▲

Borden Ladner Gervais LLP  
BMO

Brazeau Seller Brentcom  
CBRE

Rubin Rotman Architects

Taggart Realty Management  
TK Financial Group

**Choreographers**  
DeNeige Dojack  
Elizabeth Greenberg  
Karli Speevak  
Gabriel Wolinsky

**Judges**  
Abigail Bimman  
Lianne Laing  
Laurence Wall

**Master of Ceremonies**  
Stuntman Stu Schwartz

### Tier 3 ▲



Our community. Our responsibility. Our future.

jewishottawa.com | JFedOttawa | JewishOttawa



# Catching up with Cantor Daniel Benlolo



Cantor Daniel Benlolo in the sanctuary of Shaare Zedek Congregation in Montreal.

A year after returning to Montreal following 23 years in Ottawa, **Cantor Daniel Benlolo** wanted to bring Ottawa's Jewish community up to date on his activities. **Nancy Cooperberg**, president of Shaare Zedek Congregation in Montreal, reports.

**A**midst myriad goodbye parties in 2017, Cantor Daniel and Muriel Benlolo said goodbye to 'family' and friends in Ottawa, and returned to Montreal. It was a difficult decision to leave friendships at Kehillat Beth Israel and their home of 23 years. The pull was too strong from their children, who were already in Montreal: Jonathan and his wife Lea, Eve, Shira, and Michael.

This past April, Liel Daniel, the Benlolos' first grandchild, arrived and sealed the deal.

"One often hears how grandparenthood changes your life – it really does," said Cantor Benlolo. "The joy of seeing your family grow, the unconditional love you receive from your grandchild without the responsibilities, and watching your children become great parents is unequalled."

However, grandparenthood and new titles of "Mami" and "Papi" has not slowed them down. Cantor Benlolo recently received rabbinic ordination from Rabbinical Seminary International in New York and seems to be 'everywhere,' making his mark in Montreal's Jewish community.

"I have been blessed to do what I love for the past 37 years and now to add to my title only inspires me to do more, help more and inspire more," he said.

Shaare Zedek Congregation, the board of directors, and Rabbi Alan Bright were most welcoming and quickly made Cantor Benlolo and his family feel at home.

Among the highlights of the year at Shaare Zedek was a Sephardic weekend hosted by Cantor Benlolo and his wife Muriel that included a talk by David Bensoussan on Middle Eastern Jewry's early arrival in Canada. The weekend culminated with Moroccan chef extraordinaire Muriel demonstrating the art of Sephardi cuisine to a sold-out crowd.

In the wider community, Cantor Benlolo added his voice in remembrance of Israel's fallen soldiers and victims of terrorism at Montreal's Yom Hazikaron commemoration and in celebration at the Israeli consul general's Yom Ha'Atzmaut festivities and community rally. He led children from Solomon Schechter Academy at the annual Zimria, a choral festival for students from Montreal's Jewish day schools and accompanied Ottawa's Tamir Choir on an unforgettable journey to Israel in the spring in conjunction with Partnership-2Gether.

"In addition, my friends from Tamir, graced me with their presence and visited me this past August for a whirlwind one-day trip to Montreal. We sang, we travelled, we ate and we spread joy" said Cantor Benlolo.

Cantor Benlolo wants Ottawa Jewish community members to know they can reach out to him at any time.

"I take this opportunity to let my Ottawa friends and community know that they could reach out to me at any time and be a conduit and bridge between our two wonderful communities. Whether to visit a family member or help in anything big or small, or just to catch up, I would love to hear from you," he said.

Contact Cantor Benlolo at [cantor@shaarezedek.ca](mailto:cantor@shaarezedek.ca) or 514-484-1122, ext. 108, or on his cell at 514-892-2859. He is "just around the corner," if you want to share a coffee or grab a bite.

## Foti: Genocide needs to be acknowledged

Continued from page 22  
quickly get labelled as traitors.

In 2015, Zuroff co-authored a landmark book with Ruta Vanagaite, a successful writer who is not Jewish, that chronicles their joint travels across many of the killing sites of Jews that dot Lithuania and their history. *Our People* also features Vanagaite's discovery that two of her close relatives, her grandfather and uncle, were active in the persecution of Jews.

But Vanagaite's publishing house last year dropped her as the mainstream media attempted to discredit her. Landsbergis, who was Lithuania's first leader after communism, published an op-ed on the Delfi news site calling Vanagaite a "moral scumbag" and "Mrs. Dushanski" – a reference to the Jewish KGB officer Nachman Dushanski.

Vanagaite's publishing house also recalled all of her books, only one of which was about the Holocaust. And the governing coalition in April introduced a bill banning the sale of books that "distort historical facts" in what was seen as direct reaction to some of her claims about the Second World War.

Whereas Vanagaite's ties to Zuroff and

liberal credentials made her vulnerable to smear campaigns, Foti "totally blindsided the Lithuanian government," according to Grant Gochin, a Los Angeles-based financial adviser of Lithuanian-Jewish descent. Gochin is behind multiple lawsuits over his ancestral homeland's veneration of war criminals, including Noreika.

"They can't call Noreika's daughter a Soviet agent, they can't defend against her," he said.

In this respect Foti, who also favours the removal of the plaque honoring her grandfather and other honours, landed a rare victory for Zuroff, Vanagaite and Gochin's side. She also highlighted their fight to the outside world.

But the officials who said they favoured steps to remove Noreika as a national hero were "clearly paying lip service," Gochin said, "or it would've happened long ago."

As long as Lithuanians are taught to revere people like Noreika, Gochin said, "the fight for historical accuracy is being lost."

"Genocide," he said, "needs to be acknowledged where it happened."

## Temple Israel

*An egalitarian Reform congregation*

A community dedicated to the study of Torah, worship and Tikkun Olam, good deeds.

**Sunday October 28, 2018 at 2:00 pm**  
**Nancy Berovitch Concert Series presents:**  
**From Jewish Life: A performance of**  
**music for cello and piano**

**Cello: Paul Marleyn**  
**Piano: Dina Namer**

At Temple Israel. Tickets \$20 at the door  
Children under 12, free  
Information: 613-224-1802

President: Stephen Asherman  
Sr. Rabbi: Robert Morais  
Rabbi Emeritus: Steven H. Garten  
Executive Director: Heather Cohen

Administrative Officer:  
Cathy Loves  
Principal:  
Sue Potechin



1301 Prince of Wales Drive, Ottawa, ON K2C 1N2  
Tel: 613-224-1802 Fax: 613-224-0707  
[www.templeisraelottawa.ca](http://www.templeisraelottawa.ca)

# Find the argument that is for the sake of Heaven

**T**his past July, the American Jewish Committee released a survey comparing opinion in the United States and Israel. In key areas ranging from politics to prayer, from prime ministers to presidents, from peoplehood to peace processing, large gaps separate American Jews from their Israeli counterparts. An article about the survey on The Forward website was headlined, “The end of the Jewish people is here.”

The results, according Natan Sharansky, past-chair of the Jewish Agency for Israel, and Gil Troy, a scholar of North American history at McGill University, provide a snapshot of the Jewish people, clashing frequently, arguing intensely, but for the most part unwilling to go their separate ways.

This, of course, is nothing new to Jews. Our history is replete with instances of one group of Jews trying to out-shout another perspective. The prophets and the priests had little love for each other and, of course, the prophets and the ancient kings of Israel were at loggerheads for centuries. The Sadducees, Pharisees, and Essences wrestled with each other for dominance and power for the first two centuries of the Common Era. More than 1,000 years, later the Hasidim and the Mitnagdim accused each other of heresy. The enlightenment of the late 19th century would eventually lead to Jewish denominationalism and its opponents. The list is endless; we are a people who revel in argument and the need to prove the correctness of our opinions.



**RABBI STEVEN H. GARTEN**  
**A VIEW FROM**  
**THE BLEACHERS**

Even in our little village of Ottawa, we find room and oxygen to argue over such issues as the Shabbat closing of the Soloway Jewish Community Centre, the necessity for full-time Jewish education, the place of the Jewish community in the greater community response to reconciliation, poverty and homelessness, and myriad other issues some find extremely important and others simply reject as not in our interest.

In the Mishnah, Hillel the Elder is quoted as saying that argument for the sake of Heaven is worthwhile. But when the argument is about what constitutes Heaven, how do we proceed?

We proceed by accepting that there are multiple truths in our reality. Multiple truths suggests that there is no truth, but that is false syllogism. Multiple truths suggests that individuals perceive events and circumstances from many different perspectives and that their starting points may lead to divergent end points.

For example, historically, when North American Jews were mostly helping Israel by sending cheques, Israel’s Orthodox religious authority on issues such as

marriage, conversion and other aspects of personal and civil status, may have been annoying to those living outside the land, but was ignored as irrelevant by most Western Jews. However, following the Six Day War and the Yom Kippur War when North American Jews started to turn to Israel to solve their identity problems, Israel’s slighting of the non-Orthodox branches of Judaism suddenly stung more deeply and came to be more resented.

Conversely, as Israelis needed less money but more help to fight boycott threats and UN sanctions, Jewish criticism of Israeli policies became more pointed and more resented by those criticized.

The interdependence – both new and unfamiliar to both Israelis and North American Jews – raises the emotional temperature of their dialogue. Both Israelis and Western Jews are correct in their beliefs, if we acknowledge the world in which they live. Israelis are struggling for physical survival and unity appears to extremely important to them. North American Jews are struggling with spiritual and communal survival and pluralism appears to be essential.

We can hold divergent views. We can even hold divergent truths if we are prepared to acknowledge that different circumstances and different cultural challenges produce the beliefs and underpin the actions of each member of the family. If, however, we continue to believe that there is only one path to walk and that it is my way or the highway, then we will never find the argument that is for the sake of Heaven.

# Too busy to exercise? Make your workouts more efficient

**O**ne of the most common excuses for skipping a workout or not exercising is lack of time. If you factor the travel time to the gym, preparing and changing into and out of your exercise clothes, showering and grooming, it might be an hour or more. Add in an hour for your workout and you’ve used up a good chunk of the day. Every minute is precious whether you work, have dependants to care for, errands to run, chores to do or other obligations and interests.

Sometimes less really is more. A shorter workout doesn’t necessarily mean you must compromise on its effectiveness. In fact, you can spend less time exercising and still experience the health benefits if you learn how to work out smart. Here are some time saving strategies for busy days.

Include compound exercises (exercises involving multiple muscle groups and joints, such as deadlifts or bench presses) in your workout instead of only isolation exercises (exercises that isolate a single muscle group, such as calf raises or bicep curls). Get a full-body workout in less time by replacing a long list of isolation exercises with a shorter workout consisting of several compound exercises.

Use heavier weights and perform fewer repetitions. Ease into the weight increments slowly and safely and pay attention to form so you don’t injure yourself. The last few repetitions should really challenge your muscles.

Replace some straight sets with supersets. A straight set is your typical eight to 15 repetitions of an exercise followed by a couple of minutes of rest, then repeating the exercise. A superset is two different exercises



**GLORIA SCHWARTZ**  
**FOCUS ON**  
**FITNESS**

that work opposing muscle groups. Because each exercise uses different muscles, you don’t need to rest in between. For example, perform a set of bicep curls immediately followed by triceps kickbacks, or leg extensions for quads then hamstring curls. Repeat each set. You can save several minutes per superset, which can add up to a savings of approximately 16 minutes when you do four supersets (eight different exercises).

Try high intensity interval training (HIIT) to get maximum health benefits from minimum time spent exercising. HIIT is a series of brief, very intense exercises (e.g., sprints) with brief active recovery (not sitting and resting) periods in between. When you don’t have a lot of time for exercise, you can replace some steady-state cardio that you might normally do – such as an hour of walking or jogging or an aerobics class – with just a few minutes of HIIT. For more information, see this Focus on Fitness column from 2015 (<https://tinyurl.com/ya6xjn5c>). Check with your doctor before starting a new or more intense exercise program.

Arrive prepared. If you arrive at the gym and then wonder what exercises you should do, you’re probably wasting time. Come with a game plan. If you don’t

know enough to prepare your training program, hire a personal trainer to create an effective, efficient workout program tailored to your individual needs, abilities and goals.

Wear earbuds. Listening to music motivates people to stay focused and work out more intensely. Even if you don’t like to listen to music, wearing earbuds tells others that you’re there to exercise and that you’re not available to stand around and chit-chat.

Schedule exercise. Whether a group fitness class, a session with your personal trainer or working out on your own, make exercise a priority. Decide at the start of the week which days you want to exercise and how much time you can commit on those days. If you don’t have time for an hour-long class, see if there’s a shorter one and put it on your calendar; or schedule a 20-minute workout that you can do anywhere. Schedule your shorter workouts such as HIIT or compound exercises for your busiest days. You can even schedule a couple of 10-minute mini-workouts on very busy days.

Carry a water bottle. It’s important to stay hydrated before, during and after exercise. Bringing a water bottle to your workout will save time. Each trip to the fountain wastes time and presents an opportunity to get distracted and engage in conversations with gym friends. Save the socializing for when you’re not in a hurry.

You don’t need to change everything all at once. If you’re short for time and can’t seem to fit in regular exercise, a few of these changes might get you back on track.

# Spanish Jews, conversos and New Mexico

**RABBI RACHEL ESSERMAN**  
**THE REPORTER, VESTAL, N.Y.**  
**BOOK REVIEW**

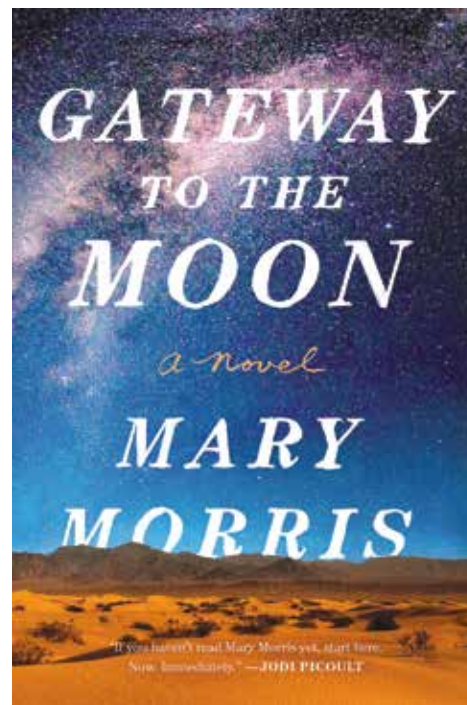
**Gateway to the Moon: A Novel**  
By Mary Morris  
Nan A. Talese  
352 pages

“**C**onversos.” That was a dangerous term when used to describe converts to Christianity, particularly after the Inquisition came to Spain during the 15th and 16th centuries. In 1492, all Jews living in Spain were forced to convert or leave the country. Some of those who remained took on only the outer trappings of Christianity, but kept Jewish practices in secret. The hidden observances of these conversos could prove fatal if discovered because the Inquisition tortured and/or killed those it found guilty of the crime of Judaizing. Some conversos who managed to survive passed these practices

on to their descendants, but didn’t always tell them their real meaning. How one such family of conversos travelled from Spain to New Mexico is the subject of Mary Morris’ new novel *Gateway to the Moon*.

The topic of conversos is raised even before the novel begins. Morris not only offers a historical note about the history of these secret Jews, but also includes a chronology of events related to the Inquisition and a list of characters, which looks at both the 15th and 16th centuries (with the author noting which characters are actual historical figures) and the late 20th century. The chapters move back and forth between the two time-periods as readers learn the connection between the contemporary characters and those who lived through the Inquisition.

In the 20th century, the novel’s focus is on two characters: Miguel Torres and Rachel Rothstein. Fourteen-year-old Miguel is fascinated by astronomy. Neither of his parents, who no longer live together, understand his love of the stars. Miguel jumps at the chance to babysit the Rothstein children, even



though he never reveals to Rachel exactly how young he is. Rachel and her family recently moved to New Mexico and the move is not working out as well as she hoped. Although her husband has found his place as a physician, Rachel is floundering. In addition to having difficulty dealing with her squabbling children, she is so unsettled she’s unable to decide on her next art project. Miguel loves working for the Rothsteins, but wonders about the family dynamics, which seem so different from his own.

The sections that take place during the 15th and 16th centuries focus on different, but related, characters, as readers learn about the real life Jew who travelled with Christopher Columbus on his first voyage, and other real life and fictional characters who lived publically as Christians, but privately as Jews. Some of these chapters are difficult to read because the author details the torture and killing of some conversos. However, the historical sections were my favourites because they offered insights into why people continued to practice Jewish customs (everything from habit to sincere belief) and why oth-

ers felt themselves to be true Christians.

The confusion some conversos felt is well expressed by one character when thinking about why her parents wouldn’t leave the Jewish ghetto where they lived: “After the massacres and forced conversions, it had been easy for [them] to convert. They had kept the Law of Moses out of convention. It was easy for them to let go of many of the rituals – though [he] never resigned himself to the eating of pork. And they kept the Sabbath as they had before. But for years now, they had been good Christians. They follow the teachings of the Catholic Church. They go to mass. They kneel. They take communion and ask for absolution for their sins.” Unfortunately, this is not enough to save them when someone denounces them for Judaizing.

It won’t come as a surprise to readers that Miguel comes from a converso family, even though his relatives have no idea why they perform certain rituals. For example, the only time Miguel and his mother ate at the table, rather than standing at the counter, was on Friday nights. She always turned the portrait of the Virgin Mary to the wall before she lit candles, circled her arms and then, with her eyes closed, said a blessing. When Miguel asks her about this custom, she cannot answer except to note that this is what her family has always done.

When Miguel spends part of a Friday night at the Rothstein house, he’s surprised to see Rachel perform similar acts, although it never occurs to him to connect them to his mother’s behaviour. Only later does Miguel learn of his ancestry.

The writing in *Gateway to the Moon* feels dry at times, but there is great emotion underlying the prose. Parts of the novel are very powerful and readers may find themselves rooting for characters – especially contemporary ones – to change the course of their lives. Morris manages to tie together the different sections of her work into a believable and satisfying ending.



■ Dr. Michel Bastien  
■ Dr. Harry Prizant

Member  
THE CANADIAN  
ASSOCIATION  
OF OPTOMETRISTS

OPTOMÉTRISTES / OPTOMETRISTS

would like to welcome Dr. Amber McIntosh to their practice.



*Dr. McIntosh, second from the left, is currently accepting new patients.*

**ASK US ABOUT OUR STUDENT DISCOUNTS!**

613.236.6066 | 447 CUMBERLAND ST. | BASTIENPRIZANTOPTOMETRY.COM



Do you know if you’re paying too much for office cleaning?

**Let us give you a free quote today**

**Call now: 613-515-5555**

*Cleaning across Canada with a winning team*

# WHAT'S GOING ON | October 15-28, 2018

FOR MORE CALENDAR LISTINGS, VISIT [WWW.JEWISHOTTAWA.COM/COMMUNITY-CALENDAR](http://WWW.JEWISHOTTAWA.COM/COMMUNITY-CALENDAR)

## ONGOING EVENTS

### Ottawa Israeli Dance

6:30 - 10 pm, Tuesdays until June 25  
Ottawa Jewish Community School gym  
31 Nadolny Sachs Pvt.  
Contact: [judy@ottawaisraelidance.ca](mailto:judy@ottawaisraelidance.ca)  
Cost: \$5/evening (pay at the door)  
Contemporary Israeli dances. Old favourites. Great music. Exercise. All in a fun and friendly atmosphere.

### Mah-Jong at KBI

1:30 - 3:30 pm Thursdays until  
December 27, 2018  
Kehillat Beth Israel  
1400 Coldrey Ave.  
Contact: Deborah Zuker  
[rabbizuker@kehillatbethisrael.com](mailto:rabbizuker@kehillatbethisrael.com)  
Cost: \$2. Beginners and experienced players welcome. Bring sets and cards if you have them.

## MONDAY, OCTOBER 15

### Torah Day School AGM

7:30 - 9:30 pm, Torah Day School,  
1119 Lazard Ave.  
Contact: Tamara Scarowsky  
[tamara.scarowsky@gmail.com](mailto:tamara.scarowsky@gmail.com)  
Presentation of our volunteer award, and a presentation by our new vice-principal of general studies and wine and cheese.

## THURSDAY, OCTOBER 18

### The Power of Free Spirit

6 - 9 pm, Shenkman Arts Centre,  
245 Centrum Blvd., Orléans  
Contact: Ralitsa Tcholakova  
[arsuniversalis@gmail.com](mailto:arsuniversalis@gmail.com)  
Cost: \$15. Concert and exhibit commemorating 75th anniversary of the saving of the Bulgarian Jews during the Holocaust.

Sponsored by Ars Universalis & The Embassy of the Republic of Bulgaria

### JFS Talks: Pregnancy Journeys from Conception to Birth

7 - 8:30 pm, 300-2225 Carling Ave.  
Contact: Quinn Rivier-Gatt  
[qriviergatt@jfsottawa.com](mailto:qriviergatt@jfsottawa.com)  
"I've had a miscarriage (or 2 or 3). Now what?" Workshop speaker: Jodi Green, MSW, MA in Jewish History, DONA Trained Birth Doula.

## FRIDAY, OCTOBER 19

### KBI Scholar-in-Residence "Being Jewish amidst the Children of Abraham"

5 - 9 pm, Kehillat Beth Israel  
Congregation, 1400 Coldrey Ave.  
Contact: Deborah Zuker  
[rabbizuker@kehillatbethisrael.com](mailto:rabbizuker@kehillatbethisrael.com)  
Scholar-in-Residence Weekend with David Freidenreich. Shabbat dinner lecture. Saturday sermon and teaching during Learning & Leftovers.

## SATURDAY, OCTOBER 20

### PJ Parents Nights

8 - 11 pm, Kehillat Beth Israel,  
1400 Coldrey Ave.  
Contact: Jordan Waldman  
[jwaldman@jewishottawa.com](mailto:jwaldman@jewishottawa.com)  
Cost: \$36. 'Wine and Dine' with other PJ Parents under the guidance of a professional chef as we make, bake and eat delicious pizza!

## SUNDAY, OCTOBER 21

### Joey Jacobson's War

10:30 am - 12 pm  
Contact: Roslyn Wollock  
[rwollock@jccottawa.com](mailto:rwollock@jccottawa.com)

Learn about Joey Jacobson, a Jewish Canadian Airman in the Second World War, with Author Peter Usher. Told through letters and diaries.

## TUESDAY, OCTOBER 23

### Jewish Family Services of Ottawa Annual General Meeting

7 - 9 pm, Kehillat Beth Israel,  
1400 Coldrey, Ave.  
Contact: Gabriella Stern Young  
[gyoung@jfsottawa.com](mailto:gyoung@jfsottawa.com)  
Keynote speaker Elaine Medline, vice-president, communications and engagement, Champlain LHIN.

## WEDNESDAY, OCTOBER 24

### Music From Around the World

1 - 2:15 pm  
Contact: Roslyn Wollock  
[wollock@jccottawa.com](mailto:wollock@jccottawa.com)  
Violinist Anna Baksheeva and pianist Katherine Addleman with song and dance from around the world. Music of Spain, Romania, Russia and Slavic, French and English dances, along with a few Roma selections.

## THURSDAY, OCTOBER 25

### The Shabbat Project Women's Challah Bake

7 - 9 pm, Kehillat Beth Israel  
Congregation, 1400 Coldrey Ave.  
Contact: Lindsay Gottheil  
[lgottheil@jewishottawa.com](mailto:lgottheil@jewishottawa.com)  
Cost: \$18. Celebrate The Shabbat Project with thousands around the world. Join the Jewish Federation of Ottawa for a Women's Challah Bake (open to girls 12+).

## SATURDAY, OCTOBER 27

### Film Screening at KBI: Itzhak

7:30 - 10:30 pm, Kehillat Beth Israel  
Congregation, 1400 Coldrey Ave.  
Contact: Deborah Zuker  
[rabbizuker@kehillatbethisrael.com](mailto:rabbizuker@kehillatbethisrael.com)  
Cost: \$18.  
*Itzhak* is a portrait of musical virtuosity enclosed in warmth, humour and love.

## SUNDAY, OCTOBER 28

### Full-day conference: Canadian Holocaust Literature, Charting the Field

9 am - 6 pm, Library and Archives  
Canada, 395 Wellington St  
Contact: Rebecca Margolis  
[rmargoli@uOttawa.ca](mailto:rmargoli@uOttawa.ca)  
Panels on Chava Rosenfarb and Bernice Eisenstein, papers on poetry and prose, memoir and writing for children. Registration required. Visit [www.eventbrite.ca/e/canadian-holocaust-literature-charting-the-field-tickets-48185452987](http://www.eventbrite.ca/e/canadian-holocaust-literature-charting-the-field-tickets-48185452987).

### Hillel Lodge Tea and Fashion Show

2 - 4 pm, Hillel Lodge, 10 Nadolny Sachs  
Contact: Julie Kanter  
[juliekanter@rogers.com](mailto:juliekanter@rogers.com)  
Clothing and commentary provided by Shepherd's Fashions and models provided by Hillel Auxiliary.

## CANDLE LIGHTING BEFORE

OCTOBER 19	5:52
OCTOBER 26	5:41
NOVEMBER 2	5:31
NOVEMBER 9	4:21
NOVEMBER 16	4:14

## BULLETIN DEADLINES

WEDNESDAY, OCTOBER 24	FOR NOVEMBER 12
WEDNESDAY, NOVEMBER 7	FOR NOVEMBER 26
WEDNESDAY, NOVEMBER 21	FOR DECEMBER 10

\* Early deadline: Community-wide Issue \*\* Early deadline: holiday closures (all dates subject to change)

UNLESS OTHERWISE NOTED, ACTIVITIES TAKE PLACE AT THE JOSEPH AND ROSE AGES FAMILY BUILDING, 21 NADOLNY SACHS PRIVATE

# CONDOLENCES

## Condolences are extended to the families of:

Lionel Metrick

Esther Binder

Abraham Jacob Stupp

Rhonda Barbara Malomet

Hugh Ross Eisenhower

Jeffrey Shaffer, Mississauga  
(Son of Sonia and Sheldon Shaffer)

Ronald Levitan

Diana Rowley

Barbara Fine

**May their memory  
be a blessing  
always.**

The Condolence Column is offered as a public service to the community. There is no charge. For listing in this column, please call 613 798-4696, ext. 274. Voice mail is available.



**Efficient, elegant,  
exceptional.**

**The Audi A6 Sedan.**

**Audi** Mark Motors of Ottawa  
**Audi** Ottawa

295 W Hunt Club Rd  
458 Montreal Rd

613-723-1221  
613-749-5941

[audi.markmotorsofottawa.com](http://audi.markmotorsofottawa.com)  
[audiottawa.ca](http://audiottawa.ca)

A6 Sedan. Starting at \$61,000. All prices are MSRP in Canadian dollars. MSRP is the manufacturer's suggested retail price. Excludes \$1,793 freight and \$980 PDI, \$100 a/c levy and other environmental or related levies. License, insurance, registration, additional options, any dealer or other charges and applicable taxes are extra. All payments, prices and figures are estimates only, provided for information, and are not binding on Audi Canada or Audi Ottawa/Audi Mark Motors of Ottawa. Actual selling price, leasing / financing rates and other terms are set by Audi Ottawa and Audi Mark Motors of Ottawa. This is not an advertisement to sell at specific prices or on specific credit terms. Dealer may sell or lease for less. Although we endeavour to ensure that the information is accurate, as errors may occur from time to time, customers should contact Audi Ottawa or Audi Mark Motors of Ottawa for details. Items, specifications, availability, standard features, options, fabrics and colours are subject to change without notice. Audi Ottawa/Audi Mark Motors of Ottawa is not responsible for errors, omissions or any issues related to the information provided and contained on [audi.ca](http://audi.ca) or [markmotorsgroup.com](http://markmotorsgroup.com)