

OTTAWA JEWISH BULLETIN

MARCH 9, 2020 | ADAR 13, 5780

ESTABLISHED 1937

OTTAWAJEWISHBULLETIN.COM | \$2

‘All of us were created in God’s image’

On a visit to Ottawa during Jewish Disabilities Awareness, Acceptance and Inclusion Month, **Ora Horn Prouser** discussed lessons the Bible teaches on disability awareness and inclusion. **Dana Simpson** reports.

The lecturer spoke about Esau and said, “He was impulsive,” recalled Ora Horn Prouser. “Three words and he was on to something else. But I wasn’t. I kept musing on it afterwards, and I realized it’s not just that Esau was impulsive, Esau has a lot of the characteristics of someone with ADHD.”

Horn Prouser, CEO and academic dean of the Academy for Jewish Religion in Yonkers, New York, was keynote speaker at a Jewish Disabilities Awareness, Acceptance and Inclusion Month (JDAIM) event titled “Limping Toward the Promised Land: Seeing Ourselves in the Characters of the Bible,” held February 20 at the Soloway Jewish Community Centre (SJCC). She said that brief mention of Esau led her to begin thinking about disability narratives in the Bible.

With a BA and PhD from the Jewish



Representatives of Tamir, JOIN, Kehillat Beth Israel (KBI) and the Jewish Federation of Ottawa gather with keynote speaker Ora Horn Prouser at a Jewish Disabilities Awareness, Acceptance and Inclusion Month event, February 20, at the SJCC.

(From left) Cantor Jason Green of KBI; Jodi Green, Tamir coordinator of Judaic outreach and inclusion; Rabbi Eytan Kenter of KBI; Adam Moscoe, acting president of the Tamir Foundation; Ora Horn Prouser; Rabbi Deborah Zuker of KBI and JOIN; Ruchama Uzan and Madeleine Hill Werier of JOIN; Andrea Freedman, Federation president and CEO; and Sarah Beutel, Federation vice-president of community building.

Theological Seminary and an MBA from Columbia University, Horn Prouser is a widely published theologian and author of *Esau’s Blessing: How the Bible embraces those with Special Needs*.

From the discovery that Esau showed signs of ADHD, Horn Prouser also began to draw parallels between other biblical figures and various disabilities – a good

example of how the lens of awareness can move biblical study from *peshat* (literal reading) to *derash* (interpretive reading).

Recognizing the disabilities of other biblical figures – including Jacob’s limp and Moses’ speech impairment – Horn Prouser focused on how she could use these interpretations in her teaching

and writing.

“It just opened a whole new area of people being able to find themselves in the Bible,” said Horn Prouser, “and that’s a gift we want to share with people.”

Horn Prouser encourages individuals to do their own biblical readings as well, as she says each person is likely to find

See Horn Prouser on page 2

inside: Andrea Freedman on new initiatives to help ensure the future of Jewish Ottawa > p. 2

Lawrence Weinstein on the new Life & Legacy program > p. 6

Rabbi Daniel Mikelberg on Purim, antisemitism and Jewish pride > p. 6



**Jeremy
 Roberts** MPP
 OTTAWA WEST - NEPEAN

GET IN TOUCH

JEREMY.ROBERTS@PC.OLA.ORG
 613-721-8075 | WWW.JEREMYROBERTS.CA

1580 MERIVALE RD, SUITE 500, NEPEAN K2G 4B5
 HOURS: MONDAY TO FRIDAY 8AM - 4PM

Think big and take bold actions

As she completes her seventh year as president and CEO of Federation and Foundation, **Andrea Freedman** discusses bold new initiatives to help ensure the future vitality of Jewish Ottawa.

In what has become an annual tradition, I celebrate my work anniversary by penning a column for the Ottawa Jewish Bulletin. On Wednesday March 11, I am honoured to begin my eighth year serving as president and CEO of the Jewish Federation of Ottawa and the Ottawa Jewish Community Foundation.

Each year as I get older, I try to figure out if there is a “perfect” age for peak performance – balancing experience, knowledge, enthusiasm, capacity to learn and skill.

Experience likely makes me more efficient and better at doing the things I have always done. What was daunting in the beginning, is less so now and often takes less time. The more time in this role, the more opportunities there are to meet and connect with a greater number of people and deepen existing relationships. I have developed valuable institutional knowledge that helps guide decision making and hopefully leads to even better outcomes.

To a certain extent, experience has mellowed me. In other words, fewer things feel like a crisis, and there is

greater appreciation that even though a situation is stressful, the sky is not actually falling and the sun will rise tomorrow (sounds obvious, but believe me, it was not on Day 1). When things go wrong or we lose a donor, it still hurts, and at the same time, there is a greater ability to realize that every bump in the road does not mean the end of the road.

Another goal I strive for (and still need to work on) is to not let negative experiences build up. We are all human, and baggage accumulates over time – it can be difficult to let go of negative experiences but it is important to try or this leads to challenging and messy relationships.

Over the last few months, I have been giving my experiences as CEO in Ottawa a great deal of thought and here is my conclusion. Being in a role for an extended period of time provides you with the confidence (and hopefully) skill to think big, take bold actions and surround yourself with the necessary incredible volunteers and staff to bring big ideas to fruition.

In this case, it led to the Jewish Superhighway – which articulated a



Andrea Freedman is president and CEO of the Jewish Federation of Ottawa and the Ottawa Jewish Community Foundation.

‘The more time in this role, the more opportunities there are to meet and connect with a greater number of people and deepen existing relationships.’

and the Ottawa Jewish Community School will tackle the crisis of affordability in day schools. The Foundation’s Life & Legacy initiative – a partnership with 14 community organizations (including Federation) and the Harold Grinspoon Foundation to promote after-lifetime giving by making a gift in your will or life insurance policy – will provide much-needed financial security for generations.

Implementing these bold new initiatives will help ensure the future vitality of Jewish Ottawa (and lots of other great stuff – but there is a word limit for submissions to the Ottawa Jewish Bulletin) and this is why I remain highly motivated to get to the office in the morning and don’t mind staying late.

As I embark on Year 8 of serving Ottawa’s Jewish community, there are a few more grey hairs, and a still undiminished energy and enthusiasm to work with others to create meaningful Jewish experiences and Jewish journeys for all community members, at all stages of life and ensure that no one is left behind.

vision for why more annual funds are needed for our community. And this led to Federation and Foundation strategic plans that launch unprecedented fundraising campaigns for the community.

The Generations Trust for Jewish Education – a partnership between Federation and Torah Day School of Ottawa

Horn Prouser: Experiences of biblical figures inspire us to overcome challenges

Continued from page 1

themselves reflected in its characters.

“When we talk about *B’Tzelem Elohim*, that we are created in God’s image, who was created in God’s image?” asked Horn Prouser. “Theoretically, all of us were created in God’s image and that means all of us with all of our stuff, right? Whatever our stuff is.”

She went on to further ask, that if God created each of us in His own image, how can we create and live in a world that is not aware and accepting of each of our own disabilities? She argued that it would be nice to live in a world where inclusion “is a non-issue” – a world where “we don’t have to use a word like ‘inclusion’” to ensure that no one is left behind or not considered.

Unfortunately, this is not yet the case.

Until such a time when the world achieves full enlightenment and a sense of natural inclusivity, Horn Prouser said she encourages people and communities to search for acceptance of disability in the Bible. She notes that it is often the



Ora Horn Prouser, speaking at a Jewish Disabilities Awareness, Acceptance and Inclusion Month event, February 20, at the SJCC, said she encourages people and communities to search for acceptance of disability in the Bible.

young or middle-aged who are disabled in scripture, not just the old, and that – most importantly – these figures often didn’t succeed in spite of these ailments but because of them.

“The one who seems to be weaker,

is actually strong,” said Horn Prouser. “The one who seems like they’re not going to achieve, is the one who’s going to be the one who makes it. [This] doesn’t mean they saw themselves as ones who could not achieve, it means they saw themselves as one to achieve against great odds.”

And as many people will experience a disability at some point in their life, Horn Prouser considers “biblical characters as relatable individuals,” insisting we should “apply their experiences as inspiration to overcome challenges and embrace them as opportunities for growth.”

The JDAIM event was presented by Tamir in cooperation with JOIN-Jewish Ottawa Inclusion Network, Kehillat Beth Israel, the SJCC and Jewish Federation of Ottawa Microgrants. Adam Moscoe, acting president of the Tamir Foundation, began the evening with a call to action.

“Jewish Disability Awareness, Acceptance and Inclusion Month is an opportunity for us to learn from each other to grow so that we can achieve even more

together,” said Moscoe. “But working effectively towards inclusion assumes that we know who needs to be included, who’s being left behind, what are their unique needs, and what can we do about it as a broader community.”

The event, he said, was a step toward deducing these nuances of inclusion.

In his remarks, Jewish Federation of Ottawa Chair Michael Polowin picked up on themes he discussed in an Ottawa Jewish Bulletin column written for JDAIM (Federation Report, February 10, 2020).

“Those confronting disabilities or mental health conditions are no different. They aren’t just like you and me. They are you and me.”

“This month is a time to teach our community that inclusion is simply treating people as individuals, not as a group of ‘those people’ whose needs can be met through special programs or occasional visits to synagogues,” Polowin continued. “All people, regardless of condition, can and must make decisions about how they participate in Jewish life.”

Mount Hermon, Israel's only ski mountain, shuts down when it snows

BY URIEL HEILMAN

MOUNT HERMON, Israel (JTA) – Standing on a peak atop Israel's highest mountain on a dazzlingly bright February morning, I had just stepped into my skis and begun to descend when I heard someone yelling in my direction.

A soldier clutching an automatic weapon was running after me.

"Hey! You can't go that way," he shouted. "That's a closed military zone."

Welcome to Israel's only ski area, wedged into the northernmost corner of the Golan Heights along the Syrian border at an elevation of 6,600 feet.

Soldiers manning the chairlifts are just one of many elements that make Mount Hermon unique. Security guards check bags at the entrance. The ski instructors are Druse villagers from nearby Majdal Shams, a town captured from Syria in the 1967 Six-Day War. The Hermon's CEO is a retired one-star general who spent 32 years in the Israel Defense Forces, mostly in the Northern Command, before taking his first snow job.

The mountain only has about a dozen trails. Most visitors come not to ski but just to experience the snow – a rarity in this Mediterranean country. Unlike many Canadian ski resorts, the Hermon doesn't make artificial snow, so on any given winter day, skiing might not be possible due to insufficient snow cover. Two seasons ago, during an unusually warm winter, the Hermon was open to skiers for just 13 days.

And when the snow does fall, the Hermon does the opposite of what skiers might expect, or hope: It shuts down.

"Israelis are not used to driving on the snow," explained Micki Inbar, a spokesperson for the ski area. "As long as we cannot be sure that they can drive safely, we cannot open the resort."

The only route to the Hermon is a steep, windy road filled with hairpin turns that gains some 5,400 feet in elevation over the course of 24 km, from sea level in the Galilee's Hula Valley to the base lodge of the ski area. The white-knuckle drive is intimidating enough in perfect weather. When clouds roll in and visibility drops to near zero – as it did when I visited – it's so terrifying that even Israel's notoriously reckless drivers slow to a crawl.

For hard-core skiers, however, the Hermon is well worth the trip.

For one thing, there's the cool factor. The experience of finding deep powder in Israel, where even for most of the winter there's not a single snowflake to be found anywhere else in the country, is immensely satisfying.

For another, the skiing's actually quite good. The Hermon isn't huge, but there's enough terrain to satisfy even expert skiers for a day or two. The ski



The top of the Hermon ski area, at 6,600-foot elevation, offers expansive views of the valley below.

area has four double chairlifts, a new gondola with neon-green cabins and a bunch of rope tows spread out over 45 km of trails with a 1,300-foot vertical rise from base to summit. Last year, conditions were such that the ski area was able to open for 53 days during the winter.

The Hermon's most remarkable feature is its breathtaking views. The Israeli-controlled part of the mountain reaches a height of 7,300 feet, with the ski summit at 6,700 feet. That's taller than the highest peak in the Northeastern United States and often above the clouds. (The mountain's highest point is in Syria.) While ski resorts in the Rockies are almost twice as tall, they don't have a vertical view anywhere near the Hermon's 6,700 feet.

Rising like a white monster over the verdant valleys of the northern Galilee, this mountain of vital strategic importance to the Israeli military is often referred to as "the eyes of the country." It's also less than three hours from Tel Aviv.

Those who come to the Hermon to ski are a mixed bag. Some are experienced skiers who love the Alps but seize opportunities to ski locally when they hear of good snowfall. Many are novices interested in trying out the sport or improving their skills. There are also plenty of recent immigrants or overseas students from colder climes curious to see what the Hermon is all about.

Most of the Hermon's visitors, however, don't ski at all. They just come to experience the snow.

If you're a good enough skier to
See Mount Hermon on page 4

HOME IS WHERE THE HEART IS

CHW Children Healthcare Women
Canadian Hadassah-WIZO (CHW)
2020 Annual Campaign

Help Us Reach Our Fundraising Goal of \$1.5M

Change Lives Provide Hope Build Futures

info@chw.ca 1-855-477-5964

chw.ca

CHW passionately supports programs and services for **Children, Healthcare, and Women** in Israel and Canada.

Mount Hermon: Special IDF unit ensures Israel can defend strategic mountain

Continued from page 3

ascend above the chaos and crowds in the mountain's beginner areas, you'll find plenty of virgin snow in the Hermon's higher reaches. Because much of the skiing is above the tree line, you can traverse your way down in wide open snow fields.

Signs at the resort make clear that skiing off-trail is forbidden. But like any Israeli, I ignored the rules, and with no negative consequences. The best skiing can be found off the trail, where snow lies untracked even days after storms. Just watch out for boulders and tree shrubs, and try not to inadvertently ski into Syria: The border in this area is unmarked.

"It's not possible to accidentally ski into Syria because of the topography," Inbar said. "In order to do that, you'd have to climb up the mountain and ski down."

Of course, hardy skiers all over the world do that to access fresh powder. At the Hermon, it's not advisable. There is a civil war on in Syria, after all.

While I didn't hear any mortar fire during my visit to the mountain, I did hear plenty of shrieks of terror – mostly from novice skiers and snowboarders who didn't seem to have the faintest clue about what to do. One visitor who clearly had given up any attempt to make it down upright slid down the



Visitors at the Hermon, Israel's only ski area.

slope on his belly, limbs and poles splayed out like a spatchcock chicken.

Not far away, a group of alpine soldiers wearing white camouflage snowsuits and black automatic weapons made tentative S-turns behind an instructor, their progress halted when one plowed into another and knocked him to the ground. Israel's special alpine unit was founded to ensure that Israel can defend this strategic moun-

tain even in extreme situations – like a James Bond-style battle on skis. However, their lack of skiing prowess begs a question for the Israel Defense Forces brass: Is it easier to teach an experienced skier to shoot or one of its soldiers to ski?

At the base area, barely controlled mayhem reigns, the noise and cacophony of the souk transplanted to the alpine tundra. But everyone seems to

enjoy themselves. The sledding hill was so jam-packed when I visited that inflatable bumpers were used to separate the downhill sledders from the uphill climbers. In the learning area, first-timers struggled to keep hold of the rope tow. On the line to the gondola, added last summer, visitors jabbered away in Hebrew, Arabic, French and Russian. There's also an alpine slide open year-round.

If you're looking for a slope-side condo for your visit, think again: There's no hotel. Because the Hermon is a military zone, only soldiers can sleep over. The closest Jewish Israeli town is Neve Ativ, where hotels can run \$350 per night. When I searched for affordable area lodging, I thought I'd gotten lucky until I realized that the decently priced B&B I found just five miles away was located in Lebanon. Neve Ativ is also home to the 32 families who own the Hermon, a privately operated corporation.

The Hermon's CEO, Alon Friedman, has a long wish list for the Hermon. He wants to expand the ski area into new terrain, find ways to make artificial snow despite the insufficiently cold temperatures and significantly increase non-skier visitors, especially during the summer.

"It's a very beautiful and unique natural resource," Friedman said.

Adult Cultural & Educational Programs at the Soloway JCC

Jewish Mysticism: Tracing the History of Kabbalah *with Rabbi Steven Garten*

This course presents the rich history of Jewish mysticism, along with understandings of many of the texts that have been so central to that tradition, speaking to the deepest mysteries of human existence and to many of life's eternal universal questions.



NOTE: Registration for this course is through the Melton School of Adult Jewish Learning website:
www.events.org/MeltonOttawa

Thursday 10:00 am – 11:30 am
March 19 – June 4
No class: April 9, 16

Music Concert Series Gabriel Faure

with Katherine Addleman & Sophie Bertrand

Gabriel Fauré (1845-1924) was the most advanced composer of his time in France, breaking new ground in harmony and melody, and linking the late Romantic style with the so-called "Impressionists" and the moderns. He became Director of the Paris Conservatoire in his later years, and was considered the greatest master of French song. Soprano Sophie Bertrand joins pianist Katherine Addleman to illustrate Fauré's life and art through some of these vocal gems.



Monday, March 16 • 1:30 pm
SJCC Social Hall A
\$15 at the door

Risen Leaves A Rare Books Workshop

Presented by the Montreal Jewish Public Library

The earliest of the 1,500 rare books was printed in 1481 (about 20 years after Gutenberg), and while the array of books ranges from early Hebrew grammars, Talmuds, kabbalistic works, liturgical texts, history, and early anti-Semitic tracts, there are also unusual tracts dealing with religious vestments, architecture and travel.

Wednesday, March 25
1:00 pm – 3:00 pm
Free Admission
SJCC Teen Lounge



New accessible playground to be built on the Jewish Community Campus

BY PAMELA ROSENBERG
SOLOWAY JEWISH COMMUNITY CENTRE

Thanks to a generous \$127,000 grant from the Ontario Trillium Foundation and the collaboration of many campus partners, a new accessible play area is in the works for the area behind the Ottawa Jewish Community School (OJCS) that will give all children on the Jewish Community Campus the opportunity to play and be active.

The Jewish Federation of Ottawa, Soloway Jewish Community Centre (SJCC), OJCS, the Jewish Ottawa Inclusion Network (JOIN), Tamir – Keshet for Kids, and Thinking in Pictures Educational Services (TIPES), are working together to plan a play structure suited for children aged from two to 12 of all exceptionalities.

The project was kick-started last year when OJCS parent Oren Petel brought the Ontario Trillium Foundation grant opportunity to the attention of the SJCC, Federation and OJCS. The conversation quickly turned to inclusion, and the need to build a playground for children of all exceptionalities in our schools, camps, and community.

“Inviting partners such as TIPES, JOIN, and Tamir to the table along with the SJCC, OJCS, and Ganon allowed us to ensure that the new playground would be modern, accessible and inclusive, allowing more children to be more active,” said Leslie Kaufman, Federation vice-president of corporate services. “As we meet with playground vendors to design the new structure, the overriding criteria for all decisions is “will all children have fun?”

While the final design for the playground has not been finalized, the plan is to build a new structure next to the existing one. In addition to slides and climbing objects, the new structure will have freestanding ground level activities, sensory stations and quiet spaces.

Representatives from all the partner organizations have been meeting regularly to ensure the final result meets the needs of all children on campus. Construction is slated to begin in the spring with the playground open for fun in June.

“With its community partners, Federation is dedicated to building a Jewish Superhighway of meaningful experiences and Jewish journeys; where Jewish life is vibrant and no one is left behind,” said Kaufman. “This playground is a shining example of a meaningful, vibrant and inclusive project that will inspire more people to come to our cam-



A group of Ottawa Jewish Community School students enjoy the playground behind the school on the Ottawa Jewish Community Campus. A new accessible playground for children of all exceptionalities will be built beside it.

The plan is to build a new structure next to the existing one. In addition to slides and climbing objects, the new structure will have freestanding ground level activities, sensory stations and quiet spaces.

pus to enjoy healthy and fun activities. Opportunities for community programming will be enhanced, and we can be a destination for enriched outdoor play. This project is a win for our campus partners and our community!”

This will mark the third playground remodeling project on the Jewish Community Campus. The Early Beginnings Multicultural Child Development Centre and Ganon Preschool shared playgrounds both had facelifts in 2019, with new structures and a softer, cleaner, ground surface.

The Ontario Trillium Foundation (OTF) is an agency of the Government of Ontario, and one of Canada’s leading granting foundations. OTF awarded \$108 million to 629 projects last year to build healthy and vibrant communities across Ontario.

Montreal-area home deed forbids sale to Jews

BY MARCY OSTER

(JTA) – A home in Léry on the South Shore of Montreal contains a clause in its deed preventing its sale to a Jewish person.

It is the second home near Montreal recently discovered to contain such a “servitude clause” barring sale to anyone of Jewish origin, CTV News reported.

In January, it was discovered that a farmer in Saint-Jean-sur-Richelieu included a clause refusing sale to Jewish people when he subdivided into lots and sold his property about 60 years ago. Today there are some 350 homes on that land, the Canadian Jewish News reported.

The clause was ordered erased in January by the Quebec Superior Court. Such clauses are not legally enforceable since they run counter to the Quebec Charter of Rights.

A spokesperson for Quebec Justice Minister Sonia LeBel told the Montreal Gazette that the government will seek a “collective remedy” to ensure homeowners do not have to go to court to strike the clause

Such clauses are not legally enforceable since they run counter to the Quebec Charter of Rights.

from their sale documents.

“This isn’t the first case in which property owners have been affected by such antisemitic restrictions dating back to a bygone era,” Eta Yudin, Quebec vice-president of the Centre for Israel and Jewish Affairs, told the Montreal Gazette. “These covenants, common throughout North America until the 1950s, have since been invalidated by the Supreme Court and there is no reason for them to remain on paper.

“I would like to think that anyone of good conscience, if they came across something like that on their public record, would make the extra effort to have it stricken and not leave it as a legacy for someone else to find.”

Give the gift that lasts all year!

A mail subscription to the Ottawa Jewish Bulletin



Maybe you or a friend or relative live outside the Ottawa area. Perhaps someone you know has moved away.

A great way to stay up-to-date with news back home is a mail subscription to the Bulletin.

\$36 per year in Ottawa
\$40 per year rest of Canada.

For credit card orders please call
613-798-4696 x 256

**FEDERATION
REPORT**



**LAWRENCE WEINSTEIN, CHAIR,
OTTAWA JEWISH COMMUNITY
FOUNDATION**

With the official launch of the Life & Legacy program this month, our community is entering a new era of philanthropy. The Ottawa Jewish Community Foundation is proud to host this program uniting 14 key community organizations in a mission to guarantee our entire community's vibrant future.

How will you be remembered? This is a question many of us consider. We want to be remembered for our good deeds,

A legacy is forever – create yours today

our kindnesses and our impact. Jewish Ottawa has nourished all of our Jewish journeys and taking part in the Life & Legacy program can be a way to make a permanent and positive impact, a way you will always be remembered.

Michael Landau, a past Foundation chair and a Life & Legacy team member, explains how when he first learned about legacy giving he understood instantly that this was a way he could give back.

“Making a change in your will with a clause that allows you to donate money to the community after you have passed is truly what a legacy is,” Michael said. “You decide how much you would like to donate out of your will and where the money will go. Legacy giving also makes perfect sense for anyone with any level of philanthropic desire.”

To put it simply, you don't have to be wealthy. Anyone who wants to, can make a legacy gift. And this is where the Life & Legacy initiative comes in. As our community learns how each of us can

help future generations succeed by creating individual legacy plans, we will build a new philanthropic status quo where conversations about leaving gifts in your will are understood as a loving means of ensuring our collective Jewish futures. For many, the best way of doing this is by leaving a percentage of your estate, as opposed to a fixed dollar amount.

It is highly likely that your life has been touched, or even formed, by one of more of these organizations. Stop now and consider that you have it in your ability to protect and provide for their

ongoing success so that you can guarantee that these pivotal organizations will be around and thriving for your grandchildren and great grandchildren.

That can be your legacy. Your legacy to the one, two, or three organizations that most touched you on your Jewish journey. This is how you can be remembered.

Please contact any of these organizations for more information, or contact Micah Garten at 613-798-4696, ext. 270, or mgarten@JewishOttawa.com. You can also visit the Foundation website at www.ojcf.ca.

The Foundation is proud to partner with these incredible Jewish institutions:

- Camp B'nai Brith of Ottawa
- Congregation Machzikei Hadas
- Hillel Lodge LTC Foundation
- Jewish Education through Torah (JET)
- Jewish Family Services of Ottawa
- Jewish Federation of Ottawa
- Jewish Memorial Gardens
- Kehillat Beth Israel
- Ottawa Jewish Community School
- Ottawa Torah Centre
- Soloway Jewish Community Centre
- Tamir
- Temple Israel
- Torah Day School of Ottawa

**FROM THE
PULPIT**



**RABBI DANIEL MIKELBERG,
TEMPLE ISRAEL**

‘A Jewish doctor buys a fabulous home in Beverly Hills and brings in a local workman to decorate the place. When he's finished, the homeowner is delighted, but suddenly realizes that he's forgotten to put mezuzahs on the doors. He buys 50 mezuzahs and asks the guy to place them just as he shows him on the right-hand side of each door. He's worried that the labourer will chip the paint or won't put them up correctly, but when he comes back a few hours later he sees that there are 50 slanted mezuzahs all perfectly placed on the doors. He's so pleased that he gives the man an extra \$100. As the guy is walking out the door he says, 'Hey doc, glad you're happy with the job. Oh, by the way, I took out the warranties in the all those little boxes and left them on the table for you!'"

It is quite normal to spend time worrying about outside appearances, though as this story (which can be

It may be Purim, but take off your mask!

We're witnessing that antisemitism is on the rise. We aspire to be safe, but this does not mean that we should hide our true selves.

found on multiple Jewish joke websites) suggests, one mustn't forget what's inside as well! Often the inner essence holds the true meaning. It's at this Purim season that we reflect on how to personally carry our Judaism forward. This is a delicate topic. We're witnessing that antisemitism is on the rise. We aspire to be safe, but this does not mean that we should hide our true selves. On the contrary, we should demonstrate our commitment to our faith with pride. We're blessed in Canada to live in a society that affirms diversity and multiculturalism.

Looking to the Purim story, our heroine Esther chose to reveal her Judaism to the king when her people were threatened with annihilation. We admire her bravery in this vital time of great danger. It's also fair to ask difficult questions: What would have happened if she had displayed her Judaism when she was selected to be queen? After being crowned, would it not

have been ideal for her to share such an important part of her background? These questions are for us to ponder, but it is certainly possible that the story would have played out differently if Esther had proactively shared her Judaism earlier.

It is important to note that there is a difference between hiding one's Judaism and choosing not to display it publicly. Which route do we take in our lives? Are there places where it might be appropriate to show that our religious ways are different? Do we wear emblems that point out our Judaism? Do we fear standing out? Too often we don't reflect on these essential questions that represent our individual and communal identities.

On Purim we wear costumes and masks. It is fun to pretend that we are something that we are not. It is OK to take on different roles in different situations. Balancing the importance of emphasizing our Judaism and acting in ways more in tune with the society around us is appropriate. However, there comes a time to take off our masks. Beneath them, we must care for and appreciate our internal being. As we celebrate with spirit the festival of Purim, let us nurture our Jewish essence and take note of the concern that we must give to affirming our Jewish identities with pride.

OTTAWA JEWISH BULLETIN

VOLUME 84 | ISSUE 9

Ottawa Jewish Bulletin Publishing Co. Ltd.
21 Nadolny Sachs Private, Ottawa, K2A 1R9
Tel: 613 798-4696 | Fax: 613 798-4730
Email: bulletin@ottawajewishbulletin.com
Published 19 times per year.
© Copyright 2020

PUBLISHER
Andrea Freedman

EDITOR
Michael Regenstreif

PRODUCTION CONSULTANT
Patti Moran

BUSINESS MANAGER
Eddie Peltzman

The Bulletin, established in 1937 as “a force for constructive communal consciousness,” communicates the messages of the Jewish Federation of Ottawa and its agencies and, as the city's only Jewish newspaper, welcomes a diversity of opinion as it strives to inform and enrich the community. Viewpoints expressed in these pages do not necessarily represent the policies and values of the Federation.

The Bulletin cannot vouch for the kashrut of advertised products or establishments unless they are certified by Ottawa Vaad HaKashrut or a rabbinic authority recognized by OVH.

\$36 Local Subscription | \$40 Canada
\$60 USA | \$179 Overseas | \$2 per issue

Funded by the Government of Canada.

Canada

ISSN: 1196-1929
Publication Mail Agreement No. 40018822

Return undeliverable Canadian addresses to:
Ottawa Jewish Bulletin
21 Nadolny Sachs Private,
Ottawa ON K2A 1R9

FROM THE EDITOR



MICHAEL REGENSTREIF

I'm very pleased to report that the new Ottawa Jewish Bulletin website – at www.ottawajewishbulletin.com – went live online on Wednesday, March 4. The site's streams – Jewish Ottawa, Agency News, Jewish World, Arts & Culture, Voices, and Library – will make it easier to find articles and PDF versions of current and back issues.

Under "Jewish Ottawa," you'll find articles about the community and community-wide events. Articles specifically about or submitted by a particular agency will be filed under "Agency News." In "Jewish World," you'll find articles about Israel and Jewish topics that are broader than our local com-

The Bulletin website and other updates

munity. The "Arts & Culture" stream is for book, music, theatre and film reviews and news, while "Voices" is for our regular and guest columnists. The "Library" has PDF versions of our current and back print editions. So far, the Library has our back issues since 2016 with more years to be added soon.

ISRAELI ELECTION

As this issue went to press on February 28, I can't comment yet on the results of the March 2 election in Israel – its third in less than a year after governing coalitions were not formed after the first two. The latest opinion polls still showed Likud and Blue and White running neck-and-neck, with each winning 33 to 35 of the Knesset's 120 seats – although it appears that Likud leader Benjamin Netanyahu may be closer to finding enough coalition partners needed to form a government than he was after the last two elections.

IHRA DEFINITION

In my column last issue (February 24, 2020) I wrote about the International Holocaust Remembrance Alliance (IHRA) definition of antisemitism and

noted that Canada – which adopted the definition in 2017 – was among the growing list of countries (now 33) to recognize the definition.

I also mentioned that Bill 168, An Act to Combat Antisemitism – a private member's bill introduced by MPP Will Bouma – would, if passed, make Ontario the first province to adopt the definition. I'm pleased to report that Bill 168 passed second reading unanimously at Queen's Park on February 27.

Bill 168 has now been sent to the standing committee on justice policy for review – including public input – before it returns to the legislature for third and final reading before final passage.

You can be sure that there will be briefs and/or testimonies at the committee opposed to Bill 168. Despite the fact that the IHRA explicitly states that "criticism of Israel similar to that leveled against any other country cannot be regarded as antisemitic," groups and individuals seeking to delegitimize the very existence of the State of Israel push a nonsensical narrative that the IHRA definition "criminalizes" any and all criticism of Israel.

As I pointed out last issue, the IHRA definition does provide parameters pointing out how criticism of Israel can cross the line into antisemitism by "applying double standards by requiring of [Israel] a behaviour not expected or demanded of any other democratic nation," or "using the symbols and images associated with classic antisemitism (e.g., claims of Jews killing Jesus or blood libel) to characterize Israel or Israelis," or "drawing comparisons of contemporary Israeli policy to that of the Nazis," or "holding Jews collectively responsible for actions of the state of Israel." But such antisemitic criticism in and of itself will not result in criminal charges. However, when such criticism motivates criminal acts, police and the courts could be guided in determining when criminal acts are also hate crimes.

So, when Ontario's standing committee on justice policy does ask for public input on Bill 168, it is important that we make our voices heard in support. In an era when antisemitism and antisemitic hate crimes are on the rise, a commonly accepted definition of what constitutes antisemitism is important.

IDEAS AND IMPRESSIONS



JASON MOSCOVITZ

It was the mid-1980s when I remember the environment getting into my head as a huge problem. I actually believed the global pollution problem was bigger than any possible solution. I remember saying that out loud. I remember wishing I hadn't.

I didn't casually say it to a few friends at lunch. I said it in a Toronto hotel meeting room among 50 invited scientific experts, policy makers, influencers and journalists. A think tank invited people to give their perspectives on making the environment a more pressing issue in the minds of Canadians.

In 1985, there was certainly awareness that atmospheric pollution was a problem but there was no fear that the world was poisoning itself to the extent it was and is. We all saw visuals

Environment is finally a top-tier issue

back then of thick smog in Beijing and Los Angeles but people in Canada and around the world shrugged it off as their problem.

The world has changed in a thousand ways since Brian Mulroney was prime minister and Ronald Reagan was U.S. president and so much has changed in the environmental fight. Who could have known in 1985 that it would take 35 years to get the environment on the agenda as a top-tier, serious, burning matter?

An argument can be made that a poignant moment in this changed landscape happened during the recent federal election – although it didn't appear obvious. Many, for good reason, thought Justin Trudeau, with his record, would be voted out of office – but he's still there.

Trudeau won the 2019 election defending his carbon tax. Trudeau was seen as having signed on to the environment while the Conservative's Andrew Scheer looked like a climate change denier.

Personally, I take no pride in the fact that as a baby boomer, I polluted so much. My level of consciousness and awareness was not up-to-snuff. I don't know whose was. The baby boomers' sin was being so bad to the environment despite knowing enough to know better.

Individuals, industry and governments ultimately encountered the same inability to see the big picture. None saw the necessity of major sacrifice to make a dent in what was becoming a serious global threat to a livable future with enough fresh air and clean water.

Although the scientific evidence of global warming is far from new, there seems to have been a sudden jolt of reality that hit many Canadians at the same time. It was about electing a government six months ago that supported a carbon tax on emissions. It was also about the growth in strength and numbers of Canadians who care passionately about a cleaned-up planet.

Across the country, protest groups seem determined to merge interests to make life difficult for a government that is in the uncomfortable place of supporting the environment while being committed to building pipelines. The recent crippling blockage of rail traffic demonstrates how high the stakes are for a government that can't please everyone.

With more Canadians beginning to think their next car might be electric, those who run and depend on the oil industry in Canada have reason to fear for their economic futures.

Recent findings of shockingly warmer temperatures in Antarctica and the

raging wildfires in Australia are further reasons, along with so many other recent climate calamities, to see why people are talking about buying electric cars and why they oppose building new pipelines.

In a democracy, the one constant truth in politics is that votes matter. If enough Canadians believe the environment has to be a priority, government will make it so because it has to in order to survive.

In Canada, millennials seem poised to do what baby boomers didn't and that's doing more than paying lip service to cleaning up our environment. Really doing something means breaking many eggs.

We are soon going to know how far voters will be able to move and change government thinking. One certainty is that Canada's committed environmentalists and protesters are not going to go away quietly.

The ultimate truth, of course, is that Canada can't solve the world's problems, so why make the many sacrifices required? That's why, 35 years ago, I believed the problem was bigger than any possible solution and that Canada was wasting its time trying.

Today comes the awakening. It is unconscionable to do nothing significant.

LIVE MUSIC. GREEN BEER. IRISH APPETIZERS.

THIS IS ST. PATRICK'S DAY AT AMICA



Our senior lifestyles residence invites you and a friend to join us for our St. Patrick's Day celebration. Enjoy a live performance by local band The Chords.

JOIN US AT THE EVENT
Tuesday, March 17 ~ 2:00pm
491 Richmond Road, Ottawa

RSVP BY MARCH 13
JULIA AT 613-728-9274

AMICA

WESTBORO PARK

PRIVATE TOURS AVAILABLE • AMICA.CA/WESTBOROPARK

MAILBAG | bulletin@ottawajewishbulletin.com

BOOK REVIEW

I recently came across Rubin Friedman's review of my newly republished book, *Child of the Holocaust*, in your February 4, 2019 edition, in which he compares my book to Jerzy Kosinski's *The Painted Bird*.

During the 50 years my book has been in print, it has garnered many reviews in the English-speaking world, as well as in the other languages the book has been

translated into. On occasion this comparison has cropped up, even referring to my book as a novel and *The Painted Bird* as a memoir, which in truth, is the exact opposite.

Thus, I was pleasantly delighted by your reviewer's in-depth analysis comparing my book to Kosinski's, and was surprised at the high quality of critiquing in a community paper.

Jack Kuper



Rabbi Slomo Koves prays at his Obuda Synagogue in Budapest, Hungary, Oct. 7, 2019.

COURTESY OF EMIH

1 in 5 Europeans thinks a secret Jewish cabal runs the world, survey finds

BY CNAAN LIPSHIZ

PARIS (JTA) – A secret network of Jews influences global political and economic affairs.

That's the feeling among a fifth of the 16,000 respondents to a survey among Europeans from 16 countries. The same number also agreed with the statement that "Jews exploit Holocaust victimhood for their own needs."

The survey was presented by the Hungary-based Action and Protection League Monday at a conference about antisemitism organized in Paris by the European Jewish Association. It was conducted in December and January in Austria, Belgium, the Czech Republic, France, Germany, the United Kingdom and Poland, among other countries.

Other findings:

- A quarter of respondents agreed with the statement that Israel's policies make them understand why some people hate Jews.
- More than a quarter concurred with the statement that "Israel is engaged in legitimate self-defense against its enemies." A quarter of respondents disagreed and 46 per cent did not express a position.

- More than a third agreed with the assertion that "During the Second World War, people from our nation suffered as much as Jews."

Holocaust revisionism and classic antisemitic stereotypes were more common in Eastern Europe, whereas anti-Israel sentiments, including antisemitic ones, were more common in the west, according to Rabbi Slomo Koves, chair of the Action and Protection League. The Budapest-based group is affiliated with the Hungarian Jewish community's main watchdog on antisemitism.

In each of the countries polled, a representative sample of 1,000 adults was presented with 45 questions or statements in face-to-face interviews about Jews and Israel, according to the Action and Protection League. The survey has a margin of error of 0.8 per cent.

Rabbi Koves said his group is still working on a breakdown of the results in each country, but it's complicated "by challenges in the collection process," noting the difficulty of finding pollsters willing to go into the poor neighbourhoods and ghettos of Paris and Brussels, for example. That, he said, "is necessary for arriving at a representative sample."

JNF FUTURE

MAY 18 - MAY 25, 2020

MISSION TO ISRAEL

CONNECT • EXPLORE NETWORK



Mission Co-Chairs

Karen Aflalo & Moe Liebman

Young professionals | Ages 25-45

Cost: Flight to Israel + tips

All land costs are included
(limited to a few meals on your own)

This trip is open to all JNF Future donors.
Minimum gift \$360.

Cost of mission is based on Double Occupancy.
Mission is contingent based on a
minimum number of registrants.

Limited Space Available.
Register Today!

JNF.CA OTTAWA@JNF.CA 613.798.2411

Klez 13: An afternoon of Jewish music and dancing in support of the Ottawa Kosher Food Bank

BY PAUL ADLER AND IRWIN BRODO
FOR KLEZ 13

Klez 13, the 13th annual klezmer show in support of the Ottawa Kosher Food Bank, will be held Sunday, April 5, 3 to 5 pm, at the Soloway Jewish Community Centre (SJCC).

Ottawa klezmer band A Touch of Klez will again be providing the music. Shaina Lipsey, Rabbi Elizabeth Bolton and Cantor Jason Green will sing Yiddish songs and Miriam Tepper and Seymour Shlien of the Ottawa International Folk Dancers will lead the dancing.

A Touch of Klez is well-known in the Jewish community. Founded in 1998, the band provides music for Jewish and non-Jewish dance groups, parties and celebrations, and often entertains residents at Hillel Lodge, the Duke of Devonshire and other locations around the city. Their focus is on traditional klezmer dance music such as bulgars, shers, horas and waltzes. The members include Ernie Brodo (mandolin), Fred Brown (bass), Eric Elkin (flute), Alison James (keyboard), Howard Kaplan (guitar), Keara Leibovitz (violin), Shaina Lipsey (vocals), Don McVeigh (banjo), Ruth Mendell (clarinet), Steve Shapransky (percussion) and Peter Teitelbaum (clarinet).

There will also be a huge silent auction and special raffle at Klez 13 to help raise additional funds for the Ottawa Kosher Food Bank. Over 50 items will be auctioned with values ranging from \$18 to \$2,500, including passes to various Ottawa museums, rounds of golf, gift cards, art works, baked goods, National Arts Centre tickets, golfing and a two-week starter session for a new family at Camp B'nai Brith of Ottawa. The silent auction will be set up outside the entrance of the SJCC social hall. Bidding will close at 4:45 pm and Visa and Mastercard will be accepted for auction payment.

If you would like to donate an item for the silent auction, contact Anita Rosenfeld at arosenfeld@rogers.com.

The Ottawa Kosher Food Bank (OKFB) plays a vital



A Touch of Klez will perform at Klez 13, April 5, at the SJCC.

More than 150 clients – including many seniors and recent immigrants to Canada – rely on the OKFB.

role in our Jewish community. With poverty in the community on the rise and with increased costs of buying food, more than 150 clients – including many seniors and recent immigrants to Canada – rely on the OKFB.

We invite members of the community and businesses to become sponsors of this important and fun-filled event. If you would like to become a private or corporate sponsor, contact Paul Adler at psadler@psadler.com.

This promises to be a lively musical afternoon of dancing and singing. Bring friends and neighbours to Klez 13 at SJCC on April 5 to welcome the spring with music and dancing, all in support of the OKFB.

Admission at the door to Klez 13 is \$15 (adults) with kids 12 and under admitted free of charge.


Physiotherapy,
Massage Therapy,
Custom Orthotics,
Braces &
TCM Acupuncture,
**MVA *Direct Billing*

**\$50 off with ad
at all 4 locations**
(conditions apply)




289 Greenbank Rd.
1400 Carling Ave.
6130 Hazeldean Rd.
5035 Innovation Dr.

info@physiocarephysiotherapy.com



CARAWAY RYE

The starter for this bread has been preserved and renewed for over 90 years, and travelled here with the Rideau Bakery family all the way from Ukraine. This kosher, seeded, soft, light rye bread has a distinct caraway flavour – similar to anise – and makes for absolutely delicious sandwiches.
Pick up a loaf today!



90-Year-Old Family Recipes!

RAYMOND JAMES LTD.
World Exchange Plaza
Suite 750-45 O'Connor St.
Ottawa, ON, K1P 1A4
(613) 369-4610
brian.aarenau@raymondjames.ca
www.raymondjames.ca/brianaarenau

RAYMOND JAMES®


BRIAN AARENAU
B.A., M.M.S. (FINANCE)
FINANCIAL ADVISOR

Brian has more than 20 years of experience successfully assisting clients with their finance and insurance goals.

RRSPs & TFSAs • INSURANCE & ANNUITIES
TAX FRIENDLY MONTHLY INCOME • WEALTH MANAGEMENT
RETIREMENT & FINANCIAL PLANNING

A Wealth Of Investment Knowledge

Securities related products and services are offered through Raymond James Ltd., member - Canadian Investor Protection Fund. Insurance products and services are offered through Raymond James Financial Planning Ltd., which is not a member - Canadian Investor Protection Fund.



HOW WILL YOU ASSURE JEWISH TOMORROWS?



LIFE & LEGACY
Assuring JEWISH TOMORROWS
A program of the HAROLD GRINSPOON FOUNDATION

Leaving a legacy gift in your will helps your community & creates tax benefits for your estate.

Please visit ojcf.ca/life-legacy

Find out more, contact Micah Garten,
Director of Development at 613-798-4696 x270
mgarten@jewishottawa.com



OTTAWA JEWISH COMMUNITY EDUCATION

ADVERTORIAL



Going away this spring?

In all the excitement of packing up for a long-awaited vacation, it's easy to overlook the importance of properly protecting your home while you're away. That's why I've put together a few quick and easy tips to ensure you return without any unwanted surprises.

Protect your home while you're away with these 4 easy steps:

Invest in a home monitoring system

Many modern security systems will let you monitor your home remotely from your smartphone - so you can check in periodically to confirm everything is okay and turn your lights on and off to make it appear like someone's home. If you have a more traditional security system that won't let you access live video surveillance, just be sure to place a few signs or stickers on your front door and main floor windows to deter potential thieves.

Ask a friend or family member to stop by

Enlisting someone to stop by your place when you're away is an easy way to prevent any unexpected deliveries being left out front too long and helps to make it look like someone is

still at home. Ask them to water your plants, put your garbage out and collect the newspaper from the driveway. Be sure to give a key to them directly rather than hiding it somewhere on the porch or in the yard.

Lay low online

No matter how tempting it might be, try to avoid posting anything on social media that shows you're away from home - and be sure to double-check that your accounts don't list your home address or phone number either - just in case.

Lock up your valuables

It may sound simple, but taking extra care to lock up your valuables is really the best way to protect them. Place any expensive or sentimental items in a locked safe in your home or store them in your safety deposit box while you're away.

Interested in learning more? Give me a call for more ways you can help keep your home safe and sound this spring.

Elena Rose, Agent
104-555 Legget Drive Kanata, ON,
K2K 2X3 613-271-3141,
www.kanatainsurance.ca



Play more. Stress less.

Switch your home and auto insurance for personalized service and coverage uniquely tailored to you.

Stop in, call or click to get a quote today.

555 Legget Dr, Unit 104
Kanata, ON
613-271-3141
elena@kanatainsurance.ca
www.kanatainsurance.ca

Desjardins, Desjardins Insurance and related trademarks are trademarks of the Fédération des caisses Desjardins du Québec, used under licence.



Elena Rose
Agent



Tova Bonn
Account Associate

Desjardins
Insurance

Life is a highway: Your roadmap is a wealth strategy

Life is a Highway: Your Roadmap is a Wealth Strategy

Is Tom Cochrane's rock classic now playing in your head? If you imagine life as a road trip, avoid getting in your car and just driving. Who knows where you'll end up? Will you have enough time to enjoy your destination? You may never reach the destination you had envisioned, and instead spend the whole time on the road, just driving. Maybe you end up in a disappointing place, wishing your trip had been better planned. Equip yourself with a wealth strategy - your unique roadmap - to provide clarity, efficiency, and resiliency to your journey.

Clarity

Know where you're going, what to do along the way, and plans for when you arrive. Have a clear vision of what you'd like to accomplish and how you plan to spend your time. Being able to articulate your goals and aspirations is critical in quantifying the time horizon of the journey and destination, and the costs associated with each.

Efficiency

We're all operating under a time constraint, so you'll want to be as efficient as possible with your movements. Realistically, the trip will not be a straight-away to the finish line; you'll want to enjoy yourself, see the sights, and create memories. Plan for these detours and ensure your chosen vehicle is optimized for the journey. The more costly the voyage and time spent on the road, the shorter the stay at a less desirable destination.



Resiliency

Any trip is susceptible to setbacks. The optimal route can be subject to a roadblock, a flat tire, or inclement weather. A sound plan on the outset will consider alternate routes, have emergency provisions, and transfer risk as necessary. You can't know with certainty the road ahead, but you can prepare for it, increasing the likelihood that you arrive at your destination as planned.

On the highway of life, there is no stopping or going back. Moving forward is the only option. Your wealth strategy should make you confident that you're not just moving forward - but moving forward in the right direction.

Elliott Bourgeois, M.Sc., CFP, Manager, Family Wealth Management Group, Welch LLP - Chartered Professional Accountants



Life's brighter under the sun

I can help with:

- Life insurance
- Personal health insurance
- RRSPs/RRIFs
- TFSAs
- Mutual funds*
- Employee benefits



Diane Koven BA (Hons) CFP® CHS™

613-728-1223 ext 2235

diane.koven@sunlife.com

1525 Carling Avenue, Suite 600
Ottawa, ON



Mutual funds distributed by Sun Life Financial Investment Services (Canada) Inc. Sun Life Assurance Company of Canada is a member of the Sun Life Financial group of companies. © Sun Life Assurance Company of Canada, 2020.

**YOU'VE WORKED HARD TO EARN WHAT YOU HAVE.
WE'LL WORK HARD TO ENSURE YOU KEEP IT.**

At Welch LLP, the experts you know and trust will create a **tailored, tax-advantaged** wealth plan designed to protect and manage your family's intergenerational wealth.

Welch will couple its expertise in tax and estate planning with a holistic wealth management approach - a combination that will drive efficiencies and the long-term financial well-being of **you and your family.**

To book a discovery meeting, contact Elliott Bourgeois.

Welch LLP®

Audit • Tax • Accounting • Advisory

Family Wealth Management Group | welchllp.com | 613.236.9191

Ottawa Families Love CBB!

- Significant capital invested annually in new facilities
- Emphasis on Judaic and Israeli programming
- Opportunities to make new friends from outside Ottawa
- Creative and innovative programming!

Join us at an Information Session and find out why so many families love CBB of Ottawa.



REGISTER TODAY!

For more information, contact:
Cindy Presser Benedek, Director
cindy@cbbottawa.com

613.244.9210

Help us continue to celebrate the magic that is CBB of Ottawa...

Be remembered forever with a gift in your will, trust, retirement account, or life insurance policy.

For more information, contact: lifeandlegacy@cbbottawa.com



A program of the HAROLD GRINSPOON FOUNDATION



@cbbofottawa

www.cbbottawa.com



FOUNDATION DONATIONS | Ottawa Jewish Community Foundation

The Board of Directors of the Ottawa Jewish Community Foundation acknowledges with thanks contributions to the following funds as of February 6 to 19, 2020.

JOIN US IN BUILDING OUR COMMUNITY BY SUPPORTING THESE LOCAL FUNDS

BRAYDEN AND COLE APPOTIVE ENDWOMENT FUND

IN MEMORY OF:
Carmelo Ferrarotto by Sharon and David Appotive

MAZEL TOV TO:
Dr. Mervyn Gornitsky on his special birthday by Sharon and David Appotive

JENNIE AND MORRIS BAYLIN ENDOWMENT FUND

MAZEL TOV TO:
Nancy Sabran on her birthday by Betty Baylin

LORI CAPLAN AND PHIL RIMER FAMILY FOUNDATION

IN MEMORY OF:
Seymour Rimer by Rhoda and Jeff Miller and family

DOLANSKY FAMILY FUND

MAZEL TOV TO:
Bernard Dolansky on his special birthday by Elaine and George Citrome; and by Janet and Norman Ironstone

LESLIE AND CORNELIA ENGEL ENDOWMENT FUND

IN OBSERVANCE OF THE YAHRZEIT OF:
Leslie Engel, beloved father by his son Andre Engel

MARJORIE AND MICHAEL FELDMAN FAMILY FUND

MAZEL TOV TO:
Michael Feldman on his special birthday by Doris and Liney Bronstein; and by Ray and Ernie Goldstein

BARRY FISHMAN OTTAWA JEWISH BULLETIN SCHOLARSHIP FUND

MAZEL TOV TO:
Dr. Miriam Salamon and Robert Moon on the birth of their second granddaughter, Margaret Moon by Sylvie Barzilay and Michael Regenstreif

AL AND LISA GARMAN FAMILY FUND

IN MEMORY OF:
Lisa Garman by Aaron and Shelley Sarna

GILBOA/MAOZ/STEINER FAMILY FUND

MAZEL TOV TO:
Erin and Ben Gailor on the birth of their granddaughter by Tal Gilboa and Rob Steiner

MICHAEL D. HILL MEMORIAL FUND

IN MEMORY OF:
Donna Klaiman by Myriam Hill and family
Renaud Vincent by Myriam Hill and family

MAZEL TOV TO:
Yael and Yossi Glatzman on the birth of their daughter Ilana Bracha by Myriam Hill and family

COLIN HUGHES MEMORIAL FUND

IN OBSERVANCE OF THE YAHRZEIT OF:
Colin Hughes by Abe, Leib, Bettina, Forrest and Anna, Alyssa and Clay, Royce and Lindsay Zeisler

ARTHUR AND SARAH KIMMEL MEMORIAL FUND

IN MEMORY OF:
Ivan Silverman by Marilyn and Daniel Kimmel

BEST WISHES TO:
Sidney and Cally Kardash on their recent move by Marilyn and Daniel Kimmel

MELVIN KOSTOVE MEMORIAL FUND

REFUAH SHLEMA TO:
Fran Freedman-Kesler by Valerie Eisen and Butch Zinman

JOSEPH AND EVELYN LIEFF ENDOWMENT FUND

MAZEL TOV TO:
Evelyn Lieff on the birth of her great grandson by Enid and Jeff Gould

PERCY AND SHELLEY OSTROFF FAMILY FUND

IN MEMORY OF:
Seymour Rimer by Percy and Shelley Ostroff
Linda Oren by Percy and Shelley Ostroff

PAUL AND PAT SHERRATT FUND

MAZEL TOV TO:
Norman Glube on his special birthday by Mera and Bill Goldstein

SAMUEL AND KATHERINE SIGLER MEMORIAL FUND

IN MEMORY OF:
Ivan Silverman by Jules Sigler

BEN AND SHIRLEY SMOLKIN MEMORIAL FUND

REFUAH SHLEMA TO:
Carol-Sue Shapiro by Howard Smolkin and Annice Kronick

SOLOWAY JEWISH COMMUNITY CENTRE YOUTH SERVICES FUND

MAZEL TOV TO:
Susan and Charles Schwartzman on the birth of their granddaughter, Ashtyn Della by Carol and Laurie Pascoe

DORIS AND RICHARD STERN FAMILY FUND

IN MEMORY OF:
Marla Lefcort by Doris and Richard Stern

BEST WISHES TO:
Gary Trestan on his special birthday by Doris and Richard Stern

CASEY AND BESS SWEDLOVE LEGACY FUND

IN MEMORY OF:
Ivan Silverman by Carol-Sue and Jack Shapiro

STEPHEN AND GAIL VICTOR ENDOWMENT FUND

MAZEL TOV TO:
Murray and Sandra Ages on the birth of their granddaughter, Isabel Grey Ages by Sandra Marchello

WOMEN'S COLLECTIVE ENDOWMENT FUND

IN APPRECIATION OF:
Roz and Steve Fremeth for their friendship and hospitality by Rhoda and Joe Levitan
Robyn and Joe Sauret for their friendship and hospitality by Rhoda and Joe Levitan

Contributions may be made online at www.OJCF.ca or by contacting the office at 613-798-4696 extension 274, Monday to Friday or by email at tributecards@ojcf.ca. Attractive cards are sent to convey the appropriate sentiments. All donations are acknowledged with a charitable receipt.

THE FUTURE OF THE JEWISH COMMUNITY IS IN YOUR HANDS.



HOW WILL YOU ASSURE JEWISH TOMORROWS?

LIFE & LEGACY
Assuring JEWISH TOMORROWS

A program of the HAROLD GRINSPOON FOUNDATION

What type of community do you want for your grandchildren?
Assure their Jewish futures by making a Legacy gift.

Please visit ojcf.ca/life-legacy

For more information about the LIFE & LEGACY initiative, contact Micah Garten, Director of Development
613-798-4696 x270 | mgarten@jewishottawa.com



OTTAWA JEWISH COMMUNITY FOUNDATION

The inside story of 1990s peace process

BY GABRIELLA GOLIGER
CANADIAN FRIENDS OF PEACE NOW

In the early 1990s, Israeli and Palestinian negotiators hammered out the parameters of an historic peace deal in what became known as the Oslo Accords. They came tantalizingly close to resolving one of the world's most intractable conflicts. Those heady days were followed by tragedy with the murder of Yitzhak Rabin and the collapse of the Oslo process. Seems like ancient history now, but the story of Oslo and its repercussions offers important lessons for today's era.

"The Oslo Diaries," an acclaimed 2018 documentary on how the Oslo Accords came to be and how they failed, will be shown on Wednesday, March 18, 7:30 pm, at the Soloway Jewish Community Centre. The event is sponsored by Canadian Friends of Peace Now and admission is free of charge.

Co-directed by Mor Loushy and Daniel Sivan, the film is partly based on the actual diaries of some of the negotiators. It uses narrated excerpts, riveting historic footage, interviews with key players and dramatic re-enactments to tell its tale – one of the great stories in modern diplomacy. Included is the last interview that former Israeli president and prime minister Shimon Peres gave before his death.



Former Israeli president and prime minister Shimon Peres during his final interview in a scene from "The Oslo Diaries." Peres was minister of foreign affairs when the Oslo Accords were negotiated with the PLO.

The film opens in 1992 with the violent intifada that threatens to derail prime minister Yitzhak Rabin's nascent government. Yossi Beilin, then-deputy minister of foreign affairs, initiates an incredibly risky, unsanctioned, secret back channel of negotiations with the

Palestinian Liberation Organization. To maximize deniability, Beilin sends a pair of independent professors, Yair Hirschfeld and Ron Pundak, to meet with three Palestinians from Tunis, Abu Ala, Maher El-Kurd and Hassan Asfour, at a remote villa in the forests outside Oslo.

Thus begins the difficult, excruciating process of finding the common ground – and revealing the red lines – between the two sides. We, the viewers, are behind the scenes during this fascinating moment of history, watching the negotiators inch towards the "peace of the brave." We are caught up in the hope. We see how, for those involved in the process, the enemy starts to look more human. We witness how it all comes undone by the forces opposed to compromise. The aftermath is bitter. A title card at the end of the movie informs us that 16,000 people – Jews and Arabs – have died as a result of the conflict since Oslo's collapse. And, of course, nowadays the two sides are further apart than ever.

"The Oslo Diaries" is an aching reflection on what might have been. But it also reveals what is possible through unflinching, committed, face-to-face negotiations, and in so doing offers a glimmer of hope. As one commentator put it, "We need to relearn the kind of brave and fragile process that was at the heart of the 1993 Oslo Peace Accords." Though the movie was made long before the recent Trump plan was unveiled, it's a poignant commentary on what it might take to make a deal – a genuine deal.

COMMUNITY SERVICE AWARDS

Nominate someone for the 2020 Community Service Awards today!

Shem Tov Community Volunteer Award

The Shem Tov Community Volunteer Award recognizes an outstanding volunteer for a lifetime of service dedicated to the betterment and enrichment of Jewish life in Ottawa.

Freiman Family Young Leadership Award

The Freiman Family Young Leadership Award recognizes a member of the Ottawa Jewish community 40 and under, who has demonstrated proven leadership to the benefit of Ottawa's Jewish community.

Student Leadership Award

The Student Leadership Award recognizes a student currently pursuing a post-secondary degree who demonstrates leadership and outstanding commitment to the Ottawa Jewish community.

The deadline for nominations is March 31, 2020.

Please visit jewishottawa.com/awards for more information or to download a nomination form.

All Community Service Award nominees must be members in good standing of the Jewish Federation of Ottawa (minimum gift to the Annual Campaign) and cannot previously have received the award for which they are nominated.

To be considered, nominations must include 2 letters of support, including one from an organization.

The nomination must specifically address all the outlined criteria.

Nominations for all awards will be considered for the year in which they are received and will be carried over once.

Registration opens **February 3, 2020.**

Awards will be presented at Federation's Annual General Meeting in **June, 2020.**

Questions?

Please email info@jewishottawa.com or call 613-798-4696 x236



Building meaningful Jewish journeys where **no one is left behind.**

jewishottawa.com | [f](https://www.facebook.com/JFedOttawa) | [JFedOttawa](https://www.instagram.com/JewishOttawa) | [JewishOttawa](https://www.twitter.com/JewishOttawa)



**In support of the Bess and Moe Greenberg Family Hillel Lodge
In the Joseph and Inez Zelikovitz Long Term Care Centre**

613-728-3990

Your donation to the Lodge assists in providing high quality care for our Jewish elderly.

Card Donations

Card donations go a long way to improving the quality of life for our residents. Thank you for considering their needs and contributing to their well-being.

On behalf of the residents and their families, we extend sincere appreciation to the following individuals and families who made card donations to the Hillel Lodge Long-Term Care Foundation **between February 5 to 18, 2020 inclusive.**

HONOUR FUNDS

Unlike a bequest or gift of life insurance, which are realized some time in the future, a named Honour Fund (i.e., endowment fund) is established during your lifetime.

By making a contribution of \$1,000 or more, you can create a permanent remembrance for a loved one, honour a family member, declare what the Lodge has meant to you and/or support a cause that you believe in.

A Hillel Lodge *Honour Fund* is a permanent pool of capital that earns interest or income each year. This income then supports the priorities designated by you, the donor.

Ruth and Irving Aaron Family Fund

In Honour of:

Ruth Aaron Wishing you a Happy Birthday and many more by Ricki and Barry Baker

In Memory of:

Corinne Levine by Irving and Ruth Aaron

Bill and Leona Adler Memorial Fund

In Memory of:

Chana Litwin by Marilyn Adler

Shirley and Al Cohen

Family Fund

In Honour of:

Liz Mosion Belated best wishes for your birthday by Herb and Corinne Zagerman

Friedberg and Dale

Families Fund

In Honour of:

Bucky and Ashira Prizant Mazel Tov on the birth of your daughter by Elaine Friedberg and Bob and Jon Dale

In Memory of:

Rachel Scarowsky by Elaine Friedberg, Bob Dale and Family

Nell Gluck Memorial Fund

In Memory of:

Rachel Scarowsky by Maureen and Henry Molot

In Honour of:

Elizabeth and Steven Rubin Mazel Tov on Matthieu's Bar Mitzvah by Henry and Maureen Molot

Evelyn and Isadore Hoffman

Family Fund

In Honour of:

Ruth Aaron Mazel Tov and best wishes on your Birthday by Issie and Evelyn Hoffman
Jessica Capparelli Thank you for voting me mayor of Hillel Lodge by Issie and Evelyn Hoffman

Morris and Lillian Kimmel Family Fund

In Memory of:

Ivan Silverman by Janet and Stephen Kaiman
Rachel Scarowsky by Janet and Stephen Kaiman

Norm and Gert Leyton Family Fund

In Memory of:

Irwin Hinberg by Cheryl Leyton and Manuel Glimcher

Morton and Sylvia Pleet Family Fund

In Memory of:

Philip Shadlesky by Harris Pleet and Aurete Lavie

Ratner / Levine Family Fund

In Memory of:

Ivan Silverman by Danny and Rhonda Levine

Sarah and Arnie Swedler Family Fund

In Memory of:

Ivan Silverman by Arnie Swedler and Rhoda Zaitlin

Carole and Norman Zagerman

Family Fund

In Memory of:

Ivan Silverman by Carole Zagerman

Feeding Program

In Memory of:

Chana Litwin by Sharon and David Appotive and Donna and Eric Levin
Ivan Silverman by Donna and Eric Levin

In Honour of:

Rhea and Jeff Hochstadter Mazel Tov on Ilana's engagement by Joy and Seymour Mender and family

Stu Levine Mazel Tov and best wishes on your Birthday by Donna and Eric Levin
Lynda Bloom Congratulations on receiving the PDAC Distinguished Service Award by Joan Bloom

Therapeutic Program

In Memory of:

Anna Litwin by Dodo and Liney Bronstein

Recreation Program

In Honour of:

Bernie Dolansky Mazel Tov and best wishes on your 75th Birthday by Sandy and Marvin Granatstein

In Memory of:

George Fine by Elaine Hauptman
Chana Litwin by the residents, staff and Boards of the Lodge and LTC Foundation, Norman Rother, Susan and Van Richardson and Rhoda and Mike Aronson

Rachel Scarowsky by Dale and Ruth Fyman
Irwin Hinberg by Dale and Ruth Fyman
Ivan Silverman by the staff and Boards of the Lodge and LTC Foundation

David Van Praagh by Eva Esrock
Bernice Seward by Eva Esrock

In Honour of:

Lovella Abrams Wishing you a very Happy 104th Birthday by Pam, David and Helen Beiles
Jackie Sheiner by Rhoda and Mike Aronson
Roberta Pollock With love and good wishes on your Birthday by Marjorie Achbar
Ben and Erin Gailor Mazel Tov on the birth of your granddaughter by Dale and Ruth Fyman
Jane and Martin Gordon Thank you for your continued friendship by Joni and Chum-mus Spunt

THE LODGE EXPRESSES ITS SINCERE APPRECIATION FOR YOUR KIND SUPPORT AND APOLOGIZES FOR ANY ERRORS OR OMISSIONS. DUE TO SPACE LIMITATIONS, THE WORDING APPEARING IN THE BULLETIN IS NOT NECESSARILY THE WORDING WHICH APPEARED ON THE CARD.

"GIVING IS RECEIVING" – ATTRACTIVE CARDS AVAILABLE FOR ALL OCCASIONS

Here's a great opportunity to recognize an event or convey the appropriate sentiment to someone important to you and at the same time support the Lodge. Call orders may be given to Cathie at 728-3990, 7:30 a.m. – 3:30 p.m. Monday to Friday. You may also go to: www.hillel-ltc.com and click on the "Donate Now" button to make your donations. Cards may be paid for by Visa or Mastercard. Contributions are tax deductible.

**ELEVATED
HOMEINSPECTION**



ELEVATED HOME INSPECTION

Offers the following services:
Pre-Purchase Home Inspections
Pre-Listing or Pre-Sale Home Inspections
Pre-Renovation Inspections
Home Monitoring Services

March Home Inspection Tip:

Peeling paint, stains and mold in the bathroom indicate poor ventilation. Make sure the fan is properly sized and the exhaust leads directly outside.

Visit us on the web
www.elevatedhomeinspection.ca



Michael Levitan, BID
|613|286-8925
elevatedhome@gmail.com

Who's excited for Purim?

Let's be honest. It's pretty easy to get our families excited about Chanukah. There are presents, fried foods, special wrapping paper in grocery stores, Chanukah greeting cards, memorable storybooks like *Herschel and the Hanukkah Goblins*, and there's even the occasional Chanukah-celebrating character on Christmas TV specials. When we're being represented in the majority culture, it's so easy to get onboard. It's like big corporations and Netflix are even trying to help us! We get to catch some of the Christmas-marketing wave and use it to our advantage.

Now, let's keep being honest. It's not so easy to get our families and communities excited for every Jewish holiday. Consider Purim. Like Chanukah, it's a fun holiday, one we should be cheering about. We give gift baskets, eat special cookies, have some adult drinks, get dressed up and make tons of noise. Ask someone who's travelled in Israel during Purim and they will have the most unbelievable stories about parades, or cities practically shutting down to celebrate, and the indescribable in-your-face party of it all. Many here in Ottawa will call it a success when our kids come to Hebrew school or the Soloway Jewish Community Centre (SJCC) in costume. A bit of contrast, to say the least.

Without that aid of secular marketing, most Jewish holidays lack visibility and a subsequent feeling of anticipation. In short, unintentionally, we and our kids are taught by cereal boxes, TV specials and department store displays to get jazzed for Halloween, not Purim. What's more, when it's hard to be enthusiastic about something, we're less likely to participate or encourage our families to participate. Case in point, I have far



JENNY T. BURNS
**MODERN
MISHPOCHA**

We have to do the marketing campaign for ourselves and our families!

more Halloween memories from childhood than Purim.

Keeping in this vein of honesty, I'm no exception to all these visibility and minority culture issues. I have to check the internet to see when Purim is. I have to set reminders on my phone to make hamentaschen or mishloach manot or to look over the story of Esther. My brain is already skipping ahead to Passover prep, partly because of all the cleaning that's coming up, and partly because grocery stores are already putting out matzah and displays of chocolate eggs.

Yet, ignoring or downplaying our holidays will only help to water down our Jewish culture and religion. So, yes, it's a struggle, but one that must be faced head-on. Like our Shushan ancestors, we have to find ways to keep being Jewish as a minority. If Netflix won't help, we have to do the marketing campaign for ourselves and our families!

Now, I'm no expert, but here's what's been working for my family. Aside from the delicious baking traditions, I find that my greatest resource is the internet.

I make YouTube and Spotify playlists that help create the Purim vibe in my house – even a week before Purim arrives. Sometimes it's a "Shalom Sesame" video where Grover can help my toddlers say the word 'hamentaschen,' and sometimes it's a playlist of all those amazing acapella groups.

When it comes to other traditions, my family never really got into mishloach manot, until we were introduced to the Secret Esther/Sod Esther tradition by my friend Marian Leimovici. Yes, it is undoubtedly like Secret Santa, only Sod Esther gives mishloach manot. About three weeks out from Purim, at Shabbat dinner, my family draws names. We are then each responsible for putting together a fun, personalized gift basket for our person. We exchange gift baskets on the Shabbat before Purim and the whole experience helps us get amped up for the holiday. Also, since Purim isn't around the time of any Christian holidays, my non-Jewish in-laws can easily participate in this tradition and help their nephews/grandsons celebrate a uniquely Jewish holiday.

Now, after all that on-ramping, when Purim is upon us, my family has the motivation to participate. Maybe it's attending one of the amazing programs at the SJCC or a synagogue. Maybe it's a big family dinner that includes both sides of my interfaith family. Maybe it's a movie night with Purim-themed films. However we end up celebrating, we are present and participating in our Judaism. At the end of the day, the harder we work to get excited and make something special, the more that something starts to feel like a celebration we can look forward to year after year.

Exercise for kidney health and reap other benefits

March 12 is World Kidney Day: a day to promote awareness of the risk factors for kidney disease and the lifestyle changes you can make to prevent it. It's estimated that four million Canadians, or between 12 and 15 per cent of Canadian adults, have chronic kidney disease (CKD) and up to 90 per cent of them are unaware that they have it. I'm one of the millions of Canadians who live with CKD and this year I am marking the 25th anniversary of my initial diagnosis.

Living with any chronic disease has its ups and downs, both physical and emotional. As I chronicled in my 2014 memoir and self-help book, *Personal Best: Train Your Brain and Transform Your Body for Life*, my diagnosis was unexpected. I had no symptoms. Many people don't find out they have CKD until they are in end-stage kidney failure and require dialysis or a transplant. I was fortunate that my diagnosis occurred during an earlier stage, so I was able to get some medical intervention and regular monitoring; however, my prognosis was not good. I was told I'd likely need dialysis within five years.

Many CKD patients are seniors and have other health issues such as Type 2 diabetes, high blood pressure or obesity. Even the most athletic people can get kidney disease. For example, former Toronto Blue Jays baseball player Tony Fernandez died in February at age 57 from complications of kidney disease. When I was diagnosed, I was young and otherwise healthy. I was not overweight or diabetic. I felt the lifestyle guidance from my doctor was inadequate, with a focus on the disease. I didn't want to think about disease. I hated that word. After several years of feeling hopeless, I decided to make some lifestyle changes in terms of



GLORIA SCHWARTZ
**FOCUS ON
FITNESS**

physical activity and dietary habits.

Through my own research, I learned that healthy lifestyle behaviours including regular exercise can slow the progression of CKD as well as reduce the risk of secondary diseases associated with CKD such as heart disease. Eventually, I took it upon myself to figure out how to become more physically active. With regular exercise and kidney-friendly dietary changes such as reduced sodium and reduced protein consumption, it may be possible for CKD patients to achieve physical changes such as weight loss and blood pressure reduction that are beneficial for kidneys. If you have CKD, it's best to follow your medical doctor's advice and take prescribed medications in conjunction with making lifestyle improvements.

Exercise can slow the progression and alleviate symptoms of CKD and other chronic diseases. A meta-analysis of the effects of exercise therapy on 20 common chronic diseases such as heart failure, Type 2 diabetes, different cancers, Alzheimer's disease and osteoarthritis found that exercise also improves functional capacity (e.g., walking, balance, lower body strength). <https://tinyurl.com/kpqh44v>

There's no one specific type of exercise that's best

for lowering the risk of kidney disease or for people already living with kidney disease. For patients who are elderly, significantly overweight, have other health issues or have been inactive for many years, it may be realistic to start off with small goals such as walking. In my case, I was able to take on a variety of activities such as strength training, running and different exercise classes, building up my endurance and strength over time. Living with any chronic disease can be depressing and exercise is also good for alleviating mild depression. When you do things that are healthy such as regular exercise, not only do your mood-enhancing hormones increase, but you may feel better mentally about your situation because you gain a sense of some degree of control over your health. Focusing on fitness and health rather than on my disease has helped me mentally.

For people who have kidney failure and are on dialysis, physical activities may be more challenging due to fatigue or side effects of treatment. Each person's experience may be different. With research or the guidance of a knowledgeable personal trainer, patients can find suitable exercise programs.

Currently, kidneys that are diseased and damaged cannot be repaired. As reported in the February 24 edition of the Ottawa Jewish Bulletin ("Israeli nephrologist says kidneys can be rejuvenated"), Israeli researchers are testing a new procedure to halt the progression of kidney disease (<https://tinyurl.com/ojb-kidneys>). Perhaps one day, advanced kidney disease and failure will be things of the past. In the meantime, make exercise a priority as it will benefit your kidneys as well as all other parts of your body.

A Legacy is Forever. Create Yours Today.



How will YOU assure Jewish tomorrows?

The Ottawa Jewish Community Foundation is excited to announce the launch of the LIFE & LEGACY initiative starting in March 2020. We are delighted to have 14 community partners taking part in this program, which is intended to generate a community-wide movement of legacy giving to ensure our collective Jewish futures. Be remembered forever with a gift in your will, retirement account or life insurance policy.



Please visit
ojcf.ca/life-legacy



For more information about the LIFE & LEGACY initiative,
contact Micah Garten, Director of Development
613-798-4696 x270 | mgarten@jewishottawa.com



From Auschwitz to America to ‘Fiddler on the Roof’

MURRAY CITRON
BOOK REVIEW

Broken Strings
By Eric Walters and Kathy Kacer
Puffin Canada
282 pages

The broken strings in this novel for young readers are those of a klezmer violin that survived Auschwitz and came to America with its owner, a musician who also survived and who made a life as an accountant. He is the zayde of Shirli, the narrator of *Broken Strings*.

The story is set in a New Jersey town, during the year after the 9/11 twin towers attack. The senior classes in Shirli’s school take on a production of “Fiddler on the Roof” and she gets the part of Golde, Tevye’s wife, though she would rather play Hodel, one of their daughters, because of the solos. Shirli narrates the interplay among the pupils, and the rivalry of the girls for the attention of Ben Morgan, who besides being quarterback of the football team is a good enough performer to be cast as Tevye, and is also a perfect gentleman.

In a novel something has to go wrong. What goes wrong here is that Miss Ramsey, the teacher who is directing the play, is badly hurt in a car accident. So

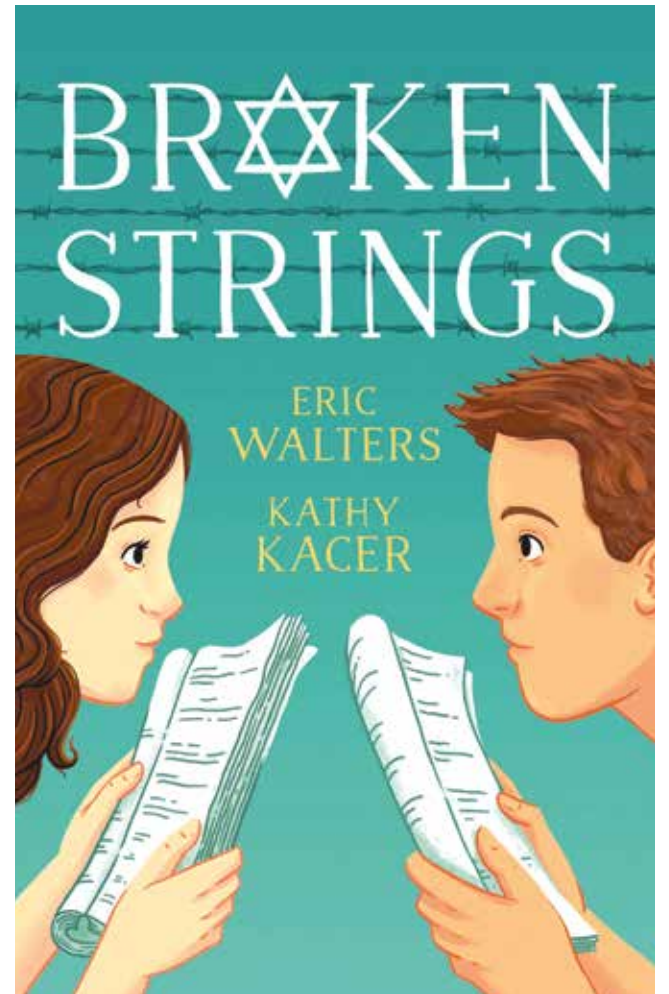
In a novel something has to go wrong. What goes wrong here is that Miss Ramsey, the teacher who is directing the play, is badly hurt in a car accident.

bad things happen: there were the pogroms in 1905 Czarist Russia, the Holocaust, 9/11, Miss Ramsey’s accident. Readers of the novel get to follow the violin to the rescue, and successful performance, of the play. Zayde tells Shirli, and her friends, for the first time, about his life before the war as a klezmer musician, and in the Holocaust.

Eric Walters, who got the idea for the novel, lives in Guelph. He is a prolific and prize-winning author of books for children and young adults. In a note at the back of the book he tells us that when he got the idea he knew that there was only one person to approach for collaboration. That was Kathy Kacer, an award-winning author of Holocaust-themed fiction and non-fiction for young people (including *To Look a Nazi in the Eye*, which I reviewed in the November 13, 2017 edition of the Ottawa Jewish Bulletin).

The authors know their trade and keep the story, or web of stories, interesting.

The book also has a brief factual postscript about Auschwitz-Birkenau. So we know that the authors, and the editors, considered that necessary for a young readership.



“The right time to plan is right now.”

The sooner you plan your final arrangements, the more you can save.

Get organized now: Call our Planning Specialist Perry Medicoff



613-462-1906
Ask about a FREE Planning Kit

 Kelly Funeral Homes
by Arbor Memorial
kellyfh.ca

Arbor Memorial Inc.

Temple Israel

An egalitarian Reform congregation

Jewish roots, contemporary values, egalitarian



Friday Kabbalat Shabbat Services 6:15 pm

Torah Study Saturdays 9:00 am

Saturday Shabbat Services 10:15 am

Thursday morning minyanim 7:30 am
Second and fourth Thursdays

President: Margot Montgomery
Sr. Rabbi: Daniel Mikelberg
Rabbi Emeritus: Steven H. Garten

Executive Director: Heather Cohen
Administrative Officer: Cathy Loves
Religious School Principal: Sue Potechin

1301 Prince of Wales Drive, Ottawa, ON K2C 1N2

Tel: 613-224-1802
Fax: 613-224-0707

www.templeisraelottawa.ca

Temple Israel

Jewish Life Happens Here

WHAT'S GOING ON | March 9-22, 2019

FOR MORE CALENDAR LISTINGS, OR TO SUBMIT EVENT LISTINGS, VISIT WWW.JEWISHOTTAWA.COM/COMMUNITY-CALENDAR

PURIM EVENTS

For a full list of Purim events, please visit <https://jewishottawa.com/our-community/purim-2020>

ONGOING EVENTS

Connecting to Hashem Meaningfully Through Hebrew Prayers

7 - 9 pm, weekly on Mondays until April 27, 2020, Congregation Machzikei Hadas, 2310 Virginia Dr.,
Contact: Ilana Sultan-Benzaquen
613-523-0279, helene.ilana@gmail.com
Learn the meaning behind prayers and how to work through your connection to Hashem. Discover the *Lashon Hakodesh* (Holy Language of Hebrew) from the prism of your prayer book.

Motzei Shabbat Video Torah Lecture

7 - 8:30 pm, weekly on Saturdays until April 25, 2020, 1724 Kilborn Ave.
Contact: Elie Benzaquen, 343-882-3702
eliebenz@gmail.com
Join us every Motzei Shabbat for a video Torah Lecture presented by top English speakers in the Jewish world, followed by open Q & A. For men and women. Text to confirm the event as we will occasionally be out of town some weekends. Sponsor: Elie & Ilana Benzaquen.

TUESDAY, MARCH 10

EG Winter Cocktails

5:30 - 8 pm, Flora Hall Brewing, 37 Flora St.
Contact: Jonathon Greenberg
jonny.greenberg@gmail.com
Good times, good vibes and drinks that are sure to warm you up! Let's not forget connecting with other Jewish young professionals! The first round is on us!

THURSDAY, MARCH 12

Ready to Lead: Roles of the Board - Webinar by Nanette Fridman

8 - 9 pm, Soloway JCC Boardroom
Contact: Kara Goodwin,
613-798-4616, ext. 200
kgoodwin@jewishottawa.com
For directors on Jewish community non-profit boards, this webinar, presented by Nanette Fridman, is targeted to those who are new to serving on a board. RSVP to kgoodwin@jewishottawa.com by March 5, 2020. Sponsor: Jewish Federation of Ottawa, Harold Grinspoon Foundation Life and Legacy program

FRIDAY, MARCH 13

CSN: Shabbat 180

6 - 9 pm, Chaim Boyarsky
University of Ottawa DMS, 12th floor
Contact: Yocheved Boyarsky,
613-601-7701
yochevedb@gmail.com
Students celebrating Shabbat in a beautiful ball room. Grab every Jewish friend you have and gear up for an event you wouldn't want to miss!!
Sponsor: Rohr Chabad Student Network of Ottawa

SATURDAY, MARCH 14

Jbaby Shabbat Playgroup- Music & Movement

10:30 am - 12:30 pm, Temple Israel
1301 Prince of Wales Dr.
Contact: Ranit Braun,
613-400-3430
jyg@templeisraelottawa.com
Music, Crafts, Torah march and lots of fun!

SUNDAY, MARCH 15

Limmud Ottawa

8:30 am - 5:30 pm
Contact: Jenny Roberge,
613-608-6872
jenny.roberge@gmail.com
Limmud invites Jews from all walks of life, to share and learn by providing unique learning opportunities on diverse topics in various formats. This year we have a Young Limmud March Break Program running parallel to our main program.

Tikkun, Text, and Activism: A Talk

7 - 9 pm, Temple Israel Ottawa
1301 Prince of Wales Dr.
613-224-1802
Contact: Dara Lithwick
Tikkun olam, "repair of the world", is understood to mean Jewish social justice and social action. Rabbi Mike Moskowitz is the Scholar-in-Residence for Trans and Queer Jewish Studies at Congregation Beit Simchat Torah, the world's largest LGBT synagogue.

TUESDAY, MARCH 17

Bora Laskin Law Society commemorates the 50th anniversary Bora Laskin's Appointment to the Supreme Court of Canada

5:30 - 8:30 pm, Supreme Court of Canada
301 Wellington St.
Contact: Cory Olishansky
laskinsociety@gmail.com
<http://boralaskinlawsociety.ca/>
Cost: \$36. Commemorate 50 years since Justice Bora Laskin was named to the Supreme Court of Canada, becoming the first Jewish person to be so appointed. Keynote speaker will be the Right Honourable Richard Wagner, Chief Justice of the Supreme Court of Canada. Enjoy a light meal reception with drinks and dessert. To RSVP and purchase

tickets, e-mail laskinsociety@gmail.com by March 9, 2020.

THURSDAY, MARCH 19

Winter Israeli Film Series

6:40AM - 9:00PM
Contact: Ella Dagan,
613-798-9818, ext. 243
edagan@jccottawa.com
Peace after Marriage
Sponsor: Vered Israel Cultural and Educational Program, SJCC, The Embassy of Israel, CICF

COMING SOON

WEDNESDAY, MARCH 25

Rare Book Collection from the Montreal Jewish Public Library

1 - 3 pm
Contact: Roslyn Wollock
613-798-9818, ext. 254
rwollock@jccottawa.com
Books date from 1481 and will be available to view. They provide a snapshot of the Jewish literary tradition. After the Holocaust, the Jewish Restitution Organization was responsible for reuniting stolen and hidden books with their owners. Those books that could not be repatriated with their owners were distributed to libraries around the world.

CANDLE LIGHTING BEFORE

MARCH 13	6:49 PM
MARCH 20	6:58 PM
MARCH 27	7:07 PM
APRIL 3	7:16 PM

BULLETIN DEADLINES

FOR ISSUE	DEADLINE
APRIL 6	MARCH 16
APRIL 27	APRIL 1
MAY 11	APRIL 22

UNLESS OTHERWISE NOTED, ACTIVITIES TAKE PLACE AT THE JOSEPH AND ROSE AGES FAMILY BUILDING, 21 NADOLNY SACHS PRIVATE

CONDOLENCES

Condolences are extended to the families of:

Michael Ginsberg

Jane Moody

Ivan Silverman

May their memory
be a blessing always.

The Condolence Column is offered as a public service to the community. There is no charge. For listing in this column, please call 613 798-4696, ext. 274. Voice mail is available.

INTRODUCING THE F-PACE

WE ARE NOW OPEN!



The Mark Motors Group is excited to announce the opening of their new Jaguar dealership in West Ottawa! The Showroom, Sales and Service Departments are open for business. Follow the new Jaguar Hunt Club on social media or visit our website for contact information, news and special offers.

Jaguar Hunt Club
295 West Hunt Club Road, Nepean, K2E 1A6, Canada
613-727-5577 jaguarhuntclub.ca

Service

Monday-Friday	7:00AM-6:00PM
Saturday	9:00AM-1:00PM

Sales

Monday-Thursday	9:00AM-8:00PM
Friday	9:00AM-6:00PM
Saturday	9:00AM-4:30PM

THE ART OF PERFORMANCE