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# OTTAWA JEWISH BULLETIN

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## World-renowned expert to speak about antisemitism

**Professor Deborah Lipstadt** discussed contemporary antisemitism and Holocaust denial with the Ottawa Jewish Bulletin in advance of her keynote address launching **Holocaust Education Month**.

BY MICHAEL REGENSTREIF  
EDITOR

**D**eborah Lipstadt, a world-renowned professor of modern Jewish history and Holocaust studies at Emory University in Atlanta, will be this year's keynote speaker for the launch event of Holocaust Education Month (HEM) in Ottawa on Sunday, November 10, 7 pm, at Kehillat Beth Israel.

The HEM launch is being held on the 81st anniversary of *Kristallnacht* (the Night of Broken Glass), the antisemitic pogrom in Nazi Germany and Austria on November 9-10, 1938 that is widely seen as the beginning of the Holocaust.

Lipstadt – whose latest book is *Antisemitism: Here and Now* – said she would address such topics as the current state of antisemitism in the world; how antisemitism has changed over the years; how antisemitism emanating from the left and from the right are different and how they are the same; how Jews perceive themselves because of antisemitism; the dangers of antisemitism beyond how it affects Jews – including the dangers that antisemitism poses to democracy; and what can be done about antisemitism.

Lipstadt said contemporary antisem-

itism is coming from four directions: from the right; from the left; from Islamist extremists; and from within the Muslim community.

“I think, on some level, their sources are unique but if you look at the language they use and the way they present themselves, they really overlap, they're not different,” Lipstadt said. “They all talk about Jews being powerful, Jews being cunning, Jews being conniving, Jews being rich, Jews only caring about their own, dual loyalty. When it comes to the expression of the hatred it's always the same. The same tropes, the same memes, the same stereotypes.”

Lipstadt said that U.S. President Donald Trump on the right and British Labour Party leader Jeremy Corbyn on the left both “use language that emboldens the antisemites.” As examples, she referred to Trump's statement about “very fine people on both sides” of the antisemitic, white supremacist march in Charlottesville, Virginia, and Corbyn's defence of an antisemitic mural in London.

Lipstadt is perhaps best known for her work battling Holocaust denial and is the author of the authoritative 1993 book, *Denying the Holocaust: The Growing Assault on Truth and Memory*, in which she referred to British Holocaust



Professor Deborah Lipstadt said she will address the current state of antisemitism when she speaks in Ottawa on November 10, at the launch of Holocaust Education Month.

denier David Irving as “one of the most dangerous spokespersons for Holocaust denial.”

Irving sued Lipstadt and her publisher, Penguin Books, for libel in a British court in a case that garnered international headlines and was seen by some as putting the facts of the Holocaust on trial.

Lipstadt won the court battle and told the story of the case in her 2005 book, *History on Trial: My Day in Court with a Holocaust Denier*, which was the basis for the 2016 film, “Denial,” in which Lipstadt was portrayed by Rachel Weisz.

According to Lipstadt, there are two kinds of Holocaust denial: hardcore and softcore.

“Hardcore is what I faced in the courtroom with David Irving – denying the facts. That is not a tremendous problem right now – which is not to say that it couldn't reappear, but I think in part my trial helped defeat it,” she said.

Softcore Holocaust denial, Lipstadt said, is the more pressing problem today.

“Let me give you a couple of examples,” she said. “One example is ‘Oh, we've heard enough about the Holo-  
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## Lipstadt: Left- and right-wing antisemites use similar tropes, memes, stereotypes

Continued from page 1

caust. Why do we have to keep hearing about the Holocaust? Why do I call that Holocaust denial? Because it's a form of denigrating and dismissing what happened.

"Another kind is often used in relation to Israel: 'The genocide of the Palestinians – the Israelis are the new Nazis.' Victim-perpetrated reversal. It doesn't mean you can't criticize Israel's policies. Of course you can criticize Israel's policies. But when you begin to use Nazi-like language or way overstate the case and use Holocaust-related language, that's a form of denial," Lipstadt said.

Lipstadt also pointed to European politicians like former London mayor Ken Livingstone and Viktor Orbán, the prime minister of Hungary, as practitioners of forms of Holocaust denial. Livingstone for falsely portraying Zionists as collaborators with the Nazis, and Orbán for wanting to rewrite history "to make the claim that the Hungar-

ians were victims just like the Jews – and that the Hungarian militia, police, gendarmes didn't actively participate in the decimation of Hungarian Jewry."

In a final question, Lipstadt was asked what it was like to see herself portrayed on a movie screen.

"It's a surreal, out of body experience. It's very strange. It was nothing I ever thought would happen," she said, adding, "I thought they did a really excellent job. I was very happy."

"The Centre for Holocaust Education and Scholarship is honoured to host Professor Lipstadt at the launch of HEM," said Director Mina Cohn. "We feel that at this time of increased antisemitism in many parts of the world – even here in Canada – it is important to bring to the Ottawa community one of the world's top Holocaust scholars to share with us her ideas on how to confront and fight it."

To attend the HEM launch event, RSVP to [HEMsvp2019@gmail.com](mailto:HEMsvp2019@gmail.com) by November 6. For more information, visit [www.carleton.ca/ches](http://www.carleton.ca/ches).



Rachel Weisz as Deborah Lipstadt in the 2016 film "Denial," which told the story of Lipstadt's victorious court battle with David Irving, a prominent British Holocaust denier.

## Documentary tells inspiring Holocaust survival story

"Life Will Smile" is a 40-minute documentary based on the incredible true story of an entire Jewish community surviving the Second World War, thanks to the brave actions of the people on the Greek island of Zakynthos.

When SS kommandant Lutt arrived on the island of Zakynthos in 1943 to implement "The Final Solution," the fate of the island's 275 Jewish inhabitants rested upon the shoulders of the island's young mayor, Lucas Karrer and Bishop Chrysostomos. They were given 24-hours to hand over a detailed list with all the names, addresses and possessions of the islands' Jews, destined for deportation to the Nazi extermination camps.

They ultimately trick the SS and together with the rest of the Zakynthots, manage to save the entire Jewish population. This is widely accepted to be the only Jewish community in Nazi-occupied Europe to survive the Holocaust intact, without losing a single one of its members.

For their courage, the mayor and bishop were recognized by Yad Vashem's honor as "Righteous Among the Nations" in 1978 and Zakynthos was given the affectionate name of "the Island of the Righteous."

The award-winning documentary "Life Will Smile" is narrated by one of the Jewish survivors of Zakynthos, Haim Konstantini, who was a nine-year-old boy

at the time. The dramatic events are seen through his innocent eyes. It is a suspenseful, emotionally charged journey of salvation, where ordinary people defy the odds and survive.

"Life Will Smile" brings home the powerful message that solidarity, tolerance and courageous leadership are, once again, needed today as much as they have ever been.

The film is in Greek with English subtitles and its Canadian premiere, organized by Doris and Steven Ramphos, will be Thursday, November 7, 7 pm, during Holocaust Education Month, at the Infinity Convention Centre, 2901 Gibford Drive. Visit <https://tinyurl.com/yy85wxcb> to register for free admission.

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**Fighting climate change:** As thousands gathered on Parliament Hill and at other locations around the world on September 27 to demand action on climate change, students from Ganon Preschool marched around the Jewish Community Campus in solidarity. The children are aware that it is their generation that will be most impacted by climate change.

# Ottawa glass artists create mural for Kingston synagogue

BY MATTHEW HORWOOD

**A**fter more than a year of work by Ottawa-based artists Oded and Pamela Ravek, the glass art wall mural, “POMEGRANATE DREAMS Tree of Life,” was unveiled at Congregation Beth Israel in Kingston just before Rosh Hashanah.

The installation at Kingston’s oldest synagogue measures nine feet by 12 feet and is the largest piece to date created by the Raveks. It is made of 97 individually designed, hand-cut and hand-crafted glass art panels and depicts three pomegranate trees, as well as “sun-kissed rolling Jerusalem stone, flowering meadows, and lyrical villages in the distant Judean Hills.”

The Israeli-Canadian couple – who operate Ravek Architectural Glass Art – chose pomegranate trees as the focus of the mural because they are “synonymous with ancient Israel” and would “symbolize the strength and beauty of the community and the various people that make it up,” explained Oded.

Their passion for glass art began more than a decade ago as a “distraction that turned into a livelihood,” according to Oded, when they took a stained-glass course as a way to take their minds off of their daughter’s struggles with chronic pain.

The Raveks have since created and installed a wide array of glass artwork for a variety of clients, environments and spaces. Their “Memorial Light” sculpture – used annually to hold memorial candles at Yom HaShoah commemorations organized by the Shoah Committee of the Jewish Federation of Ottawa – is on display in the Greenberg Families Library at the Soloway Jewish Community Centre.

The Raveks met with the board of Congregation Beth Israel on several occasions to discuss the mural’s design before proceeding to work on it. Due to the mural’s scale, they said they had to experiment with different designs for the various aspects of it, including several for the pomegranates themselves.

When creating the mural, Oded said he focused on the “big picture” while Pamela added “a lot of symbolism from the Bible and other historical markers.”

Pamela said she also acted as a “devil’s advocate” when discussing design changes, such as adding two smaller trees and increasing the complexity of the village in the mural’s background.

As Pamela explained, the creation of the panels was a “time intensive” process that involved cutting glass pieces and layering them on top of each other, firing them in a kiln and then “laying them back like pieces of a puzzle.” The pieces of the mural were then installed row-by-row over the summer to be finished before the High Holidays.

At the wall mural’s reveal on September 28, the couple held a “meet the artist” session in the synagogue’s lobby, where they spoke to members about the symbolism of the mural and their creative process.

Pamela said the synagogue was “packed with people



The glass art wall mural, “POMEGRANATE DREAMS Tree of Life,” by Oded and Pamela Ravek of Ottawa, was recently installed at Congregation Beth Israel in Kingston, Ontario.



Pamela and Oded Ravek pose with a drawing of the original design for the glass art wall mural, “POMEGRANATE DREAMS Tree of Life.”

*Their passion for glass art began more than a decade ago as a “distraction that turned into a livelihood.”*

who were so happy this [mural] was for their synagogue. They can’t wait for families from different cities to come and see it.” She described the process of creating the mural as “intense, challenging, and fulfilling.”

Oded said the mural’s reveal was “uplifting and

good for the spirit.”

“So many people came up to Pam and myself and said they couldn’t believe the scope and the beauty of it. It was an amazing journey,” Oded said.

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# Is it really you, Miss V.?

**GABRIELLA GOLIGER  
GUEST COLUMN**

I was six years old, a shy, nervous child of immigrant parents, aware in my bones of the emotional burdens my parents carried, and of their struggles adapting to a new land. She was my Grade 1 teacher, aged 19: lovely, confident, sparkling, full of carefree enthusiasm. Everything my parents were not. She was Jewish, like my parents – but New World Jewish. Her warm, generous smile spoke of a genuine love of teaching and kids. How could I not be smitten? The only teacher from grade school I would ever remember, her name tucked away in a corner of my heart.

Fast forward 63 years. I was a published author now, on tour with my third book in Vancouver, many miles from home. Out of the blue, came an email from a woman who'd seen the notice about my presentation at the 2019 Jewish Book Festival in Vancouver. "Was I the little girl she'd once taught back in Montreal in the 1950s?" She gave me her first and her married names, which meant nothing to me, but her maiden name certainly did. Oh Miss V.!

She came to my reading early so that she could introduce herself and at first glance I would never have recognized her. Well, I've grown a few grey hairs too in the intervening years, but here was the once tall (in my memory), youthful Miss V. gone white-haired, slightly stooped and shorter than my own five-foot-three. But the moment she spoke, I felt a familiarity and connection. Or at least an answering leap of joy along with my surprise. She was still so eager, warm and sparkling. Age had diminished none of her spirit. And then, not a flicker of unease appeared on her face when I outed myself as a lesbian by introducing my female partner of many years. That's not always the case with people of her generation,

nor mine, nor younger ones either.

We met again when I returned to Vancouver about a month later. Over dim sum (her treat), she filled me in on the intervening years between 1955 and now – on a life of bitter surprises and struggles, but also of wonderful resilience and achievement.

In her early-20s, she married her college sweetheart, left Canada with him so that he could pursue his medical career in the U.S., had a baby, then another. The birth of their first child made the social notes of a Canadian Jewish newspaper. By every measure of 1950s expectations for womanhood, she had it all – with a rising star doctor for a husband to boot. But he left her. He abandoned the family without warning, leaving his young wife to fend for herself and two children under three in a strange city and a foreign country. It was a time when divorce was a dirty word. When such things weren't done and, if done, were spoken of in whispers, with the whisperers usually opining it was the all fault of the wife. She could have... She should have...

The erstwhile Miss V. coped, as have so many women in her circumstances. She returned to Montreal, returned to teaching, found a way to both earn a living and raise her kids. Persisted in finding a better apartment in a good neighbourhood despite encountering grim-faced landlords who asked "Where's your husband?" and who, despite the proof she could show of a steady job, closed the door in her face.

From teaching, she moved on to retail sales and later to a position as a hospital volunteer director. In the late-1970s, when Quebec seemed on the brink of separation, she pulled up stakes and headed west with her teenaged kids, worried about job security and her children's future. It meant resettling yet again, but thus began her 22-year career as coordinator of volunteers for the Burnaby Health Department. She is proud to have built the organization from the ground up, from zero volunteers to 250 by the time she retired.



Author Gabriella Goliger (left) meets Raylene Burke, her Grade 1 teacher, 63 years later at the Jewish Book Festival in Vancouver, February 12, 2019.

In her 60s, she started yet another venture as an English-language tutor to new immigrants, adding to her already large circle of contacts and friends. She travelled widely. She never remarried. Now 82, she continues to be fully independent and active, though connected with her grown children, who live nearby.

In the Chinese restaurant in Richmond, she insists on ordering plate after plate of dim sum delicacies for us to share, though there's no way we could finish them all. "So what," she declares, with the triumph of someone who loves to enjoy life's pleasures and refuses to worry about trifles. I'm struck once again by her exuberance and lack of bitterness, despite the hard knocks she's undergone. I show her a photo of myself as a young child and am deeply moved

when she recognizes that long-ago face.

"You used to hide under your bangs. You were quiet and shy," she recalls.

She herself can't explain why I, and a few other pupils, stand out in her memory. Perhaps it's because we were among the first she taught. But still, it seems remarkable, a precious gift. To be remembered as a child feels so validating, like being rescued from the mists of obscurity – a piece of my long lost self is restored. We all only truly exist through the eyes of one another. And to reconnect with the first love of my childhood heart, to discover who she's become in the intervening years! That's quite a blessing, too.

Ottawa author Gabriella Goliger's most recent book, *Eva Salomon's War*, was reviewed in the September 17, 2018 edition of the *Ottawa Jewish Bulletin*.

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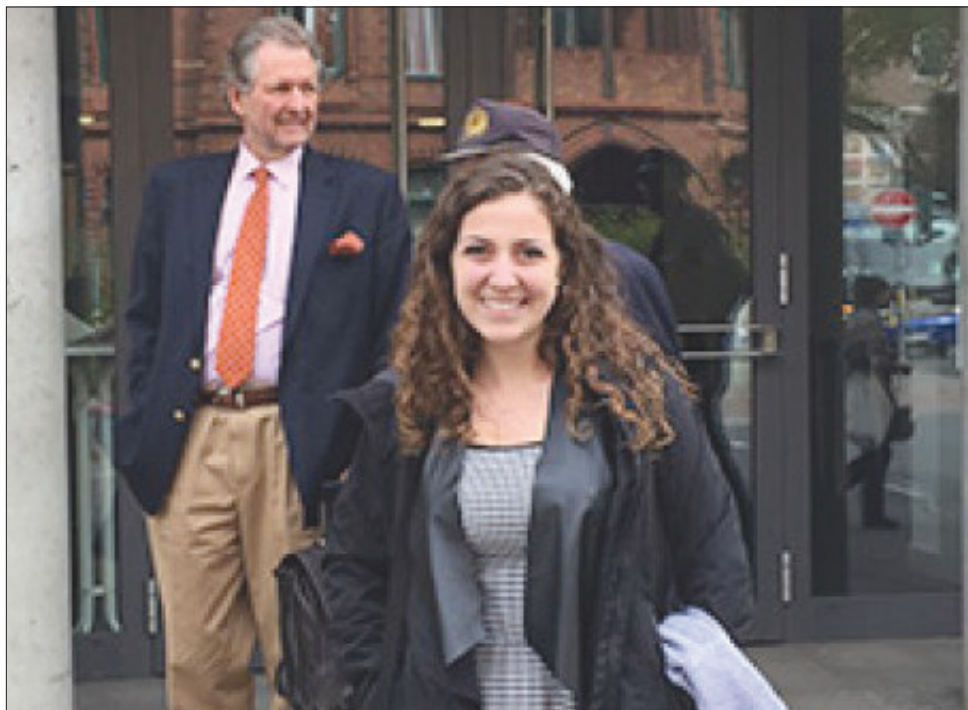
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Jordana Lebowitz stands outside the courthouse in Germany in 2015 during the trial of Oskar Groening, “the bookkeeper of Auschwitz.” *To Look a Nazi in the Eye*, Lebowitz’s account of the trial, written with Kathy Kacer, received the 2018 Canadian Jewish Literary Award for memoir/biography.

## Jordana Lebowitz to be scholar-in-residence at KBI during Holocaust Education Month

BY FRED LITWIN  
FOR KEHILLAT BETH ISRAEL

Jordana Lebowitz will be scholar-in-residence at Kehillat Beth Israel on the weekend of November 15-16 during Holocaust Education Month. Lebowitz is the co-author, with Kathy Kacer, of *To Look a Nazi in the Eye*, an account of her experiences at the 2015 trial in Germany of Nazi officer Oskar Groening – known as “the bookkeeper of Auschwitz” – who confiscated the possessions of Jews as they arrived at the death camp.

When Lebowitz was 16, she participated in the March of the Living and that led to her becoming an advocate for Holocaust remembrance and human rights. During that trip she made many friends and learned that Groening, a 94-year-old former SS agent was going to go on trial for aiding and abetting the murder of 300,000 Jews at Auschwitz.

Lebowitz blogged about her experiences in the courtroom and then collaborated with Kacer on the book. A wealth of emotions comes through in the book, “The eyewitness account reveals the complexity of her emotions – she wanted Groening convicted swiftly yet was moved by the frailty of the elderly man.” Lebowitz “came to understand that, by witnessing history, she gained the knowledge and legitimacy to be able to stand in the footsteps of the survivors who went before her and pass their history, her history, on to the next generation.”

*To Look a Nazi in the Eye* won the

2018 Canadian Jewish Literary Award in the memoir/biography category and was shortlisted for the 2018 Koffler Vine Awards for Canadian Jewish Literature. The Jewish Book Council noted, “The book is filled with serious quandaries and issues but is also an exciting page-turner. Highly recommended for ages 14 and up.”

“We are delighted that readers of all ages will be able to meet Jordana Lebowitz, and learn first-hand of her experiences as a Holocaust educator,” said Rabbi Deborah Zuker of Kehillat Beth Israel.

After attending Groening’s trial, Lebowitz spent time at the Museum of Tolerance in California, the Jewish Holocaust Centre in Australia, and the Raoul Wallenberg Centre for Human Rights in Montreal (which is run by former justice minister Irwin Cotler). In 2015, she brought a replica of a Holocaust cattle car to the University of Guelph and set up an interactive display.

Lebowitz will discuss her book at the Kehillat Beth Israel Shabbat dinner on Friday, November 15. On Saturday, November 16, she will attend Shabbat services. After Kiddush, she’ll speak on “The Millennial Challenge: The Next Generation of Holocaust Education.”

Kehillat Beth Israel is located at 1400 Coldrey Avenue. For further information about the weekend with Jordana Lebowitz, and to purchase tickets for the Shabbat dinner, call 613-728-3501, or visit [www.kehillatbethisrael.com](http://www.kehillatbethisrael.com)



## “From Dachau to Cyprus” Jewish Refugees and the Cyprus Internment Camps 1946-1949

After the Holocaust, the British government created camps in Cyprus as part of its effort to stem immigration to then-Palestine. Nearly all detainees were Holocaust survivors. Surrounded by barbed wire and watch towers, the camps were under constant guard.

## PHOTO EXHIBIT AND TALK WITH HISTORIAN DR. ELIANA HADJISAVVAS

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For more info and a full list of events in November, please visit our website, [jewishottawa.com/HEM](http://jewishottawa.com/HEM)

Special guest and  
Holocaust survivor, Rose Lipszyc  
will share her story.



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In recognition of  
Holocaust Education Month

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REPORTSHELLI KIMMEL, CHAIR  
SHOAH COMMITTEE

The purpose of the Shoah (Holocaust) Committee of the Jewish Federation of Ottawa is to “raise awareness, sensitivity and understanding of the history of the Shoah through commemoration and education.” For this reason, we take part in Holocaust Education Month, held every November.

This year, we are happy to partner with the Embassy of Cyprus for a talk and photo exhibit, “From Dachau to Cyprus.” Between August 1946 and May 1948, the British government intercepted more than 50,000 Holocaust survivors

## Ensuring ‘Never Again’ becomes a reality

*As each year passes, the importance of Holocaust education grows. Our survivors’ numbers are dwindling, so the obligation to keep the stories alive passes on to younger generations.*

seeking to resettle in Palestine. They interned these survivors in detention camps established on the Mediterranean island of Cyprus. The Cyprus detainees were primarily young people. About 80 per cent were aged 12 to 35, with as many as 8,000 between 12 and 18. The majority were orphans.

“From Dachau to Cyprus” features a talk by Professor Eliana Hadjisavvas, who holds a PhD in history with an emphasis on Jewish displacement in post-war Europe, and a particular focus on the Cyprus internment camps. We will also be privileged to hear the personal story of Rose Lipszyc, a survivor who was detained in Cyprus. The event takes place Wednesday, November 27, 7 pm, at the Soloway Jewish Community Centre. [An interview with Hadjisavvas will be published in the November 11

edition of the Ottawa Jewish Bulletin.]

As each year passes, the importance of Holocaust education grows. Our survivors’ numbers are dwindling, so the obligation to keep the stories alive passes on to younger generations. This is a responsibility the Shoah Committee takes to heart. We strive to bring programs to Ottawa that are interesting, engaging and novel, and which will hopefully attract people from beyond our own community.

An example of this outreach is the play “My Heart in a Suitcase,” which we brought this past spring, for the second year in a row, to a local high school. The play tells the story of a young girl uprooted from her loving and protective family and forced to flee Nazi Germany on a Kindertransport. It was a difficult play for me to watch, as this was my mother’s

story. At the same time, though bringing the play to Woodroffe High School, with its diverse student population, and seeing the incredible reaction of the audience gave me hope for our future. I am looking forward to bringing the play to Ottawa again this coming spring, this time hosted by Nepean High School, where we also hope to include the students from Ottawa’s Jewish day schools.

We often use the phrase “Never Again,” but sadly, we know that throughout the world, people are being persecuted just because of their religion and race. It is only by remembering the extremes that people will go to when fueled by hate that we can hopefully make “Never Again” a reality. Each of us must do our small part to promote tolerance and acceptance.

For information on programs being presented during Holocaust Education month visit [www.jewishottawa.com/HEM](http://www.jewishottawa.com/HEM). I look forward to seeing you at some of these events.

*Shelli Kimmel is chair of the Shoah Committee of the Jewish Federation of Ottawa.*

FROM THE  
PULPITRABBI DANIEL MIKELBERG  
TEMPLE ISRAEL

In weeks past, we’ve gathered as communities in honour of the chagim. Significantly, we have also been immersed in a hard fought election campaign. We may even have found ourselves sitting beside those in opposing camps. This is beautiful as it represents that there is more that we share in common than what separates us. Too often we lack settings where we gather amidst those with contrasting views. This, unfortunately, is counter-cultural and does not reflect our present day reality. We erect walls, be they physical or virtual, blocking out that which we don’t like. It’s as if we’re afraid to encounter the other. After all, listening to their words might modify our own opinions.

Alas, we’re too fixated in our own spectrum. There’s a Chasidic legend passed down in many variations that

Let’s make this a year  
of listening

speaks to this topic:

On an evening stroll, a leading rabbi heard the cry of a baby coming from his student’s house – a cry that pierced the night. He rushed into the house and saw his student enraptured in prayer, swaying in pious devotion. The rabbi entered the home and cradled the baby to sleep. When the student emerged from his prayers, he was shocked and embarrassed to find his master in his house holding his baby. He justified his absence by elaborating on his obligation to pray. But the Rabbi responded that he could not ignore the needs of the little one: “My dear student, if praying makes one deaf to the cries of a child, there is something flawed in prayer.”

The student in this story – paraphrased from Rabbi Donniel Hartman’s book, *Putting God Second: How to Save Religion from Itself* – is so focused on his exclusive call to follow God’s word, that he is oblivious to the needs of his daughter. And many of us are also stuck in our ways, unable to recognize the cries of the other before us. At this season of new beginnings, we are called to listen carefully to the voices around us, to the immigrant, the Indigenous Canadian, the Black Canadian, the

impoverished, etc. As we open ourselves to the stories beyond our own, we enable ourselves to step forward together.

Our blinders keep us focused on the here and now. It’s all about winning the game. Now that the election has passed, it would be better for us to look beyond, to the long-term impact of our actions. We can keep the ring of the shofar with us year round. The shofar reminds us that something is being asked of me, of each of us. As we respond to the demand, we find purpose and meaning. Too often we get distracted and move in our separate individual directions. Imagine a world where we listen attentively to the other in the same way that we approach the shofar call.

Let’s make this a year of getting back to basics. Let’s put down our smartphones and speak to those around us! More importantly, let’s get away from our preconceptions, the obstacles that get in our way. Let’s focus our attention on listening and working together. Even when we don’t always like what we hear, let’s still find space to integrate these words of opposition. This will likely be jarring and uncomfortable, but it will also be inspiring, unifying and beautiful!

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## FROM THE EDITOR



MICHAEL REGENSTREIF

As Jason Moscovitz notes below, this issue of the Ottawa Jewish Bulletin goes to press before the October 21 federal election – so I’m writing this column before we know the actual results.

However, if the latest polls are close to being accurate, the results of this election might well be as un-decisive as the results of Israel’s two 2019 elections. As I write, more than a month after Israelis voted on September 17, a governing coalition is still not in place there.

A poll analysis site I’ve followed throughout the campaign is [www.338Canada.com](http://www.338Canada.com) and its latest projection suggests the Liberal and Conservative parties are virtually tied

## Is this an election that no party wins?

with both in the range of taking about 132 seats. The strength of both major parties has diminished during the campaign while the New Democratic Party (NDP) and Bloc Québécois (BQ) have each gained significant strength.

With the possibility of up to six parties electing MPs, and the further possibility of one or two independent members, we may see a situation like Israel’s in which neither of the major parties has enough potential support in a minority Parliament to effectively govern.

How did we get to this possible situation? Here are some of the contributing factors.

While Liberal leader Justin Trudeau’s personal brand was already wounded before the start of the campaign from various broken promises, from mixed messages on environmental and Indigenous issues, and from the SNC-Lavalin scandal, it took a major hit a week after the writ dropped with the revelation that Trudeau, as an adult, had foolishly donned blackface and brownface make-up on at least three occasions. Any ordinary candidate for Parliament would surely have been dropped by their party if such a revelation had surfaced during the campaign.

Meanwhile it came to light that Con-

servative leader Andrew Scheer holds dual American and Canadian citizenship. That probably wouldn’t have been too significant an issue except for the fact that in 2005 Scheer himself raised the issue of then-governor general Michaëlle Jean’s dual citizenship, and because in past election campaigns the Conservatives attacked then-Liberal leader Stéphane Dion and then-NDP leader Tom Mulcair for their dual citizenships. While Scheer now says he’s begun the process of renouncing his American citizenship, he was a member of Parliament for 15 years – and served as speaker of the House of Commons for more than four of those years – without ever revealing his dual citizenship.

There is no doubt that the NDP’s growing strength outside Quebec can be attributed to frustrations with the Trudeau Liberals and to strong performances by NDP leader Jagmeet Singh in the debates and on the hustings, and to his grace under fire from racist attacks.

In Quebec, the rise of the BQ – which 338Canada predicts will win about 35 seats, up from 10 in 2015 – can be at least partially explained by support among francophone voters for Quebec’s Bill 21 banning certain civil servants from wearing religious symbols,

including Jewish kippahs, Sikh turbans and Muslim hijabs. While the Liberals remain strong in multicultural Montreal, the BQ seems set to take most of the francophone ridings off the island of Montreal. The BQ has promised to protect Bill 21 from federal interference.

Speaking personally, the response to Bill 21 – which achieves its goals by use of the notwithstanding clause to override the Canadian Charter of Rights and Freedoms – by all of the federal leaders has been highly disappointing. While Trudeau, Scheer, Singh and Green Party leader Elizabeth May have all expressed opposition to Bill 21, only Trudeau will say that the federal government “might” intervene in a court case against it. Even Trudeau’s “might” is a weak response. As I noted in my August 19 column, the phrase “a Canadian is a Canadian is a Canadian” is merely an empty platitude when one province can get away with removing Charter rights from certain targeted minorities.

Of course, the polls might be wrong and we might see a strong minority or even a majority government emerge after October 21. A better bet, though, is another election sooner than later (with the possibility that one or more of the parties has a new leader).

## IDEAS AND IMPRESSIONS



JASON MOSCOVITZ

This issue of the Ottawa Jewish Bulletin went to press before the October 21 federal election. So, as I write, I don’t yet know who won. What I do know is how incredible a campaign it was. Doing politics was always hard, but in today’s lightning fast world of information flow, it’s just plain crazy.

In our political galaxy, incumbent prime ministers face the toughest task in the supercharged world of elections. In recent decades, both Conservative and Liberal prime ministers have needed to defend their records, and they’ve needed to defend their mishaps and blunders in office.

And while campaigns are like the finals of a blood sport, those involved love doing it and no one loves the

## Truth is not a campaign-winning formula

action more than the leaders themselves. They believe they were born to campaign, that no one does it better, and after a big electoral win, they believe they are invincible.

A campaign is like a freedom ride from the restraint and reality of governing. In a campaign, politicians, as we’ve just witnessed, promise the sun and the moon while acknowledging the deficit will go up further before it comes down. Damn the deficit, Trudeau and the Liberals set the tone for making promises. The others were eager to follow.

The fiscal looseness of the campaign was striking. Day after day, there were more announcements of costly promises. And the usually more fiscally conservative Conservatives joined the spending spree to keep pace.

Creating a blueprint on how to make life better for middle class Canadians is noble – but over-extending promises is not. Getting elected is the easy part. Governing gets to be not so much fun when there is not enough money to fulfil promises made.

So while political leaders love to roll up their sleeves and campaign, they play a dangerous game. Because politicians make promises to win, no one should ever wonder why voters are cyn-

ical about politics. Promising too many beneficial tax changes is questionable, as thoughtful as the promises may be. There is something about political life that is not always rational. Ego trips can often hinder straight thinking.

For more than the past half-century, from John Diefenbaker to Justin Trudeau, those who won majority governments got intoxicated by what they thought was the love voters had for them. Diefenbaker, Pierre Trudeau, Brian Mulroney and Jean Chrétien all got hit by the same victory fever. Stephen Harper got it too, although his blandness served as cover. But rest assured, in the end, ego drove them all.

After a big impressive win, leaders believe they can convince voters of virtually anything. In an election campaign, they believe the mere sweetness of their voices making nice promises is enough to keep them in power. Hiding the truth is also part of it. Hiding Ontario Premier Doug Ford’s existence was Andrew Scheer’s best Houdini act.

Sadly, being forthright and honest has limited place in the world of election campaigns. The truth is not a winner. I once asked a prominent politician why he and his party wouldn’t discuss certain parts of their agenda.

“If we ever told the people of Canada what we were going to do, we would never get elected,” was his cynical response.

I can remember a Conservative prime minister who falsely promised not to cut old age security payments, just as I remember a Liberal prime minister who promised to “kill the Goods and Services tax.” More recently, we all remember Justin Trudeau promising his government would bring in long talked about electoral reform. But once in power, he slammed the door shut and did nothing.

Do they think people are dumb? The answer is they just desperately want and need their votes. Talk is cheap. Delivering is hard and expensive.

We all grow up believing that speaking the truth is key to being a responsible respected person. Somehow, though, that rule doesn’t apply in the political world. Saying what needs to be said in order to win is such short sighted thinking – but they don’t care.

It’s time to stop being naive. It’s time to get with the program. It’s time to lower expectations on the truth. It’s time to grow up.

And it’s time to admit to myself that the political world I saw idealistically is an illusion.

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A man views a makeshift memorial at the entrance to the synagogue in Halle, Germany, Oct. 10, 2019.

## Comment: As an Israeli journalist in Germany, I wasn't surprised by the Halle synagogue shooting

BY DANA REGEV

COLOGNE, Germany (JTA) – When the breaking news from Halle started to pour in on October 9, the Jewish community around the world was still in the midst of commemorating the holiest day of the year in Judaism, Yom Kippur.

Equipped with a rifle, ammunition and other military gear, the 27-year-old gunman tried to break into a synagogue in the eastern German city and shoot as many Jews as he could during prayers. The shooter, a far-rightist, had every intention to commit a memorable massacre with a “worldwide effect,” according to Germany’s chief federal prosecutor.

His attempts failed thanks to the security measures at the entrance and the resourcefulness of the worshippers, helping to prevent a far greater disaster. Two people lost their lives outside the compound, but more than 50 Jewish men and women were inside – dozens of lives were saved.

Prayers and condolences poured in from around the world. The attack sent shockwaves across Germany that reverberated around the globe.

“I am, like millions of people in Germany, shocked

and dejected by this crime,” German Chancellor Angela Merkel said at a trade union congress in Nuremberg.

But for us, Jews who live in Germany, “shock” is the last reaction that comes to mind following this heinous attack. In fact, it was just a matter of time until the extreme far-right scene in this country would turn its spotlight back on [what it regards as] the true, eternal enemy of both Germany and Western civilization: Jews.

“Jews are the root of all problems,” the gunman, identified as Stephan Balliet of the German state of Saxony-Anhalt, could be heard saying, among other xenophobic and misogynistic statements, while livestreaming his attack on Amazon’s streaming platform Twitch.

He even had the temerity to deny the Holocaust, reminding us all that prejudice, conspiracy theories and hatred toward Jews never really vanished.

### WAKE-UP CALL

Some in the Jewish community – albeit not many – were foolish enough to think that the far right in Europe was now occupied with the 2015 immigration wave, mainly from Muslim countries. Some even had the

See Germany on page 10



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A view inside the synagogue in Halle, Germany, that was targeted by a gunman on Oct. 9, 2019.

## Germany: 'Dark forces are very much alive'

Continued from page 9

audacity to celebrate the extremists' rise.

In Europe today, many of the attacks against Jews are carried out by Muslims, though there is much debate over the prevalence of such instances. Recently, a knife-wielding man tried to enter a Berlin synagogue, chanting swear words against Israel and shouting "Allahu Akbar" in Arabic – a phrase that means "God is great" and also is often used by Islamists upon committing acts of terror. He was released from custody less than 24 hours after the incident and not charged with any crime, sparking concern among Jewish leaders in the country.

But celebrating the rise of anti-Muslim extremists because of a few attacks perpetrated by radical Islamists is not only abhorrent but also superbly naive – antisemitism, xenophobia, Islamophobia and racism more typically go hand in hand.

About 1,800 antisemitic crimes were committed in Germany in 2018, a 20 per cent increase from the previous year. Violent crimes against Jews specifically rose to 62 from 37 in 2017, according to a report released by Germany's Interior Ministry earlier this year.

The report showed that anti-foreigner crimes have also increased by nearly 20 per cent, to 7,701 incidents in 2018 from 6,434 the previous year.

The increase in hate crimes against Jews and mostly Muslim immigrants is no coincidence. The Halle shooter himself admitted in his 35-minute livestream that he had considered attacking a mosque, but then regretted it, realizing that he had to eliminate the real problem and not just its symptoms, alluding to, who else, the Jews.

The same ideology that leads far-right extremists to believe they should "stop the invasion" of Islam into Germany is the one making them believe in the trite yet dangerous conspiracy theory about a well-coordinated global Jewish cabal.

In fact, a poll published last year by the German newspaper FAZ showed that 55 per cent of the far-right party Alternative for Germany believe that "Jews have too much power in this world."

This is the same party with election campaign billboards that read "New Germans? We make them ourselves!" urging German women not to marry anyone who isn't German.

It's clear that the far right doesn't have Jews in mind when they talk about "real" Germans. In August 2018, for example, neo-Nazis attacked a Jewish restaurant in Chemnitz, hurling stones, using racial slurs and chanting "get out of Germany, Jewish pigs."

As was proven in Halle, these dark forces are very much alive and kicking.

In a country with nearly 13,000 active violent far-right extremists, who are not only increasingly arming and training themselves for violent attacks, but also managed to infiltrate the police and the army forces, this attempted massacre should hardly come as a surprise.

And anyone who thought Jews were somehow out of the picture when it comes to hate crimes on German soil is now forced to face this harsh reality: The far right never really stopped targeting us.

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- Construction for Stage 2 of LRT is now underway, bringing rail farther east, west and south
- The Flora Footbridge, which connects the communities of Old Ottawa East and the Glebe, as well as Lansdowne, was completed ahead of schedule, under budget and officially opened to the public in June
- An additional \$9.8 million being invested into roads, bike lanes, sidewalks and City facilities in 2019 to bring the total road and infrastructure budget to \$128.5 million



## Community

- No-charge OC Transpo service for seniors has been extended to include Sundays in addition to Wednesdays
- Started to pilot new school bus stop-arm cameras with the Ottawa Police Service to catch dangerous drivers and keep children safe in school and residential areas
- Over 400 new affordable housing units have been approved to be built since the beginning of the new 2018-2022 mandate
- 6 new Red Light Cameras will be installed by the end of 2019, for a total of 60
- Started a comprehensive review of the City's Tree By-Laws with an objective to reduce urban tree loss

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- Amazon fulfilment centre now employing over 600 residents in the east end
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# Use your brain – you only get one

A few years ago, I was having dinner with a friend who plays professional hockey. Then, as now, concussions were a hot topic in both our professional worlds. He asked me how I talk with kids about head injuries when I see them in the emergency department.

As I thought about how best to answer, I had to consider that for a professional athlete the calculus is different than for almost every patient I see.

My friend knows well the physical risk that comes with his job. He grew up in the sport at a time when people were just becoming sensitive to the need to treat head injuries in young athletes properly. There was a time that if my friend got a concussion while playing, he might still head back out on the ice. The culture encouraged it, and once he made the NHL, it was also what he would be paid to do.

But for the rest of us, sport is exercise, escape and recreation.

When kids get a head injury while playing sports, the decision of what to do next needs to be rooted in reality: regardless of our sincerest hopes, most, if not all, of our kids are not going to be pro athletes, making millions of dollars that will help them live well the rest of their lives.



DR. ALLAN SHEFRIN  
**HEALTH & WELLNESS**

*Sometimes it is hard to know immediately whether it's a minor head injury or a concussion.*

So, we need to balance our desire for them to play and engage in sport and physical activity against the crucial need to protect their developing brains.

The Canadian Hospitals Injury Reporting and Prevention Program tracks every injury and its outcome. It's how we know car seats and helmets are effective.

Yet, how many times have you seen – or been – the parent not wearing a helmet on a bike ride while you force one on your kids?

I can relate to the thought process of “I didn't need one when I was a kid, why do I need one now?”, but with all we know now that we didn't three decades ago, I think it is crazy not to wear one. This has rubbed off on my eldest daughter who, in her car seat from the backseat of my car, will yell at cyclists to wear a helmet. We didn't have car seats in the '80s either, I know. Would you drive your child without one?

To help our kids, we must first lead by example. Put on your own helmet!

A helmet will not always prevent injury, but it can reduce it. The worst head injury, besides death, is an intracranial bleed. A helmet can turn an incident that

would have caused that into something far more minor.

So what happens if your kid does get a head injury while playing sports?

The first, and most important, step is to get them out of the game. The risk of worse injury is greater. Sidney Crosby, arguably the best player in hockey for the last decade, kept playing after he was concussed and as a result missed almost a year.

Sometimes it is hard to know immediately whether it's a minor head injury or a concussion. A minor injury is often free from symptoms other than a headache. A concussion presents differently. Symptoms include a headache, but also light or sound sensitivity, troubles concentrating and nausea, to name a few. It may take a few days to really know how severe the injury is.

When it comes to whether to see a doctor, the general rule of thumb is to see a professional after the injury, and then again before returning to full activity.

Give pain meds. Symptoms which improve with Tylenol or Advil are generally less worrisome than those that do not.

Rest is important, but recent research led by colleagues at CHEO, has suggested moving away from complete rest. Light activity and school should be OK.

If your child cannot tolerate that, then they should definitely be seen by a professional.

A great resource is the Ontario Neurotrauma Foundation which helps with symptom recognition and management. Check it out at [www.onf.org](http://www.onf.org).

So in answering my friend, I said the reality is that my patients are a long way away from your job, and will likely never get there. And even for those who might – they'll get there stronger if they take time out to heal. A healthy, protected, brain is the most important organ we have, we can't get another.

*Dr. Allan Shefrin is an emergency room pediatrician at the Children's Hospital of Eastern Ontario.*

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# The many health benefits of dietary fibre

**M**ost of us don't consume enough dietary fibre. Fibre comes from plants. Whole grains, fruits and vegetables, lentils, beans, seeds and legumes are examples of foods rich in fibre. Soluble fibre and insoluble fibre are both found in plant foods in different proportions and both serve important functions.

If you eat a diet rich in high-fibre foods, you should get a good balance of the two types of fibre. Fibre helps you feel satiated and therefore is good for weight management. Fibre helps with physiological, metabolic and immunological functions. It helps control blood glucose, LDL ("bad") cholesterol, digestion and your immune system.

Eating adequate fibre can prevent chronic diseases and reduce your risk of premature death. A meta-analysis involving 185 observational studies and 58 clinical trials with over 4,600 people was conducted. The researchers concluded that people who consume the most fibre are 15-30 per cent less likely to die from any cause compared to people who eat the least fibre; and have a 16-24 per cent lower incidence of coronary heart disease, stroke, Type 2 diabetes, and colon cancer.

How much fibre should you consume daily? The study recommended 25-29 grams per day (<https://tinyurl.com/ybunugsn>). However, Health Canada recommends 25 grams for women and 38 grams for men.

A high fibre diet, specifically from legumes, tomatoes and cooked green vegetables was found to be inversely associated with a significantly lower risk of developing colon polyps.

<https://tinyurl.com/y2dxt4nu>

As with any changes, it's wise to



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*Eating adequate fibre can prevent chronic diseases and reduce your risk of premature death.*

check with your physician before significantly increasing your fibre intake, especially if you have health issues or iron deficiencies.

Most of us take in about half of the recommended amount of fibre. I had no idea what 25-29 grams of fibre means in terms of food. You can see the fibre content on processed foods' nutritional labels, but such information is not always available on whole foods. Bags and cans of beans and lentils contain the nutritional information, as does a loaf of bread or a box of cereal, but fresh fruits and vegetables do not. You can use Google or a food app to look up individual foods and find out their fibre content.

I looked up some foods and prepared the following example which contains a total of 26 grams of fibre: an apple (four grams), one cup of raspberries (eight grams), one cup of broccoli (three grams), half a cup of black beans (seven grams) and one slice of whole wheat bread (four grams). Avocados, which are very popular these days for their healthy fat, contain about 12 grams of fibre. A mashed avocado on two slices of

whole wheat toast for breakfast provides 20 grams of fibre.

The American Heart Association recommends you get your fibre from food, not from supplements. The Heart and Stroke Foundation of Canada recommends you eat a vegetable or fruit with every meal, choose whole grains over white and add one to two tablespoons of bran, high-fibre cereal, psyllium (a fibre made from the seeds of a plant called plantago ovata), bran buds, chia or ground flaxseed to your favourite cereal (<https://tinyurl.com/yy9yyczr>). You can also add any of these healthful items to unsweetened yogurt, smoothies or oatmeal.

Only 30 per cent of Canadians age 12 and over report eating fruits and vegetables daily. Among females, girls age 12 to 17 eat the least produce and women age 35 to 49 eat the most. The opposite is found among males.

<https://tinyurl.com/y2gdgt9g>

How do you know if you're not getting enough fibre in your diet? You may have difficulty passing stool or may not be going regularly. Your stool may be hard and small. Fibre adds bulk to your stool. If you feel hungry right after a meal, your meal may have contained inadequate fibre. If you're gaining unwanted weight, it may be due to a diet of highly processed food which is low in fibre and nutrients, and high in calories. Discuss any concerns with your doctor.

Too much dietary fibre, especially if you're not used to it, can cause various issues such as bloating, gas, cramps, diarrhea and ironically, constipation. It's best to introduce fibre slowly into your diet and drink sufficient water.

Just like exercise, it's never too late to start improving your eating habits. A registered dietician can give you detailed advice on what to eat and what to avoid, portion sizes and other information based on your specific goals and health issues.



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# CHES to hold symposium for second and third generation descendants

BY SHEILA HURTIG ROBERTSON  
CENTRE FOR HOLOCAUST EDUCATION  
AND SCHOLARSHIP

“Learning from the Past for the Future,” an innovative symposium featuring experts on resilience, trauma, and the impact of the Holocaust on second and third generation descendants, will be a highlight of Holocaust Education Month 2019, an annual initiative of the Centre for Holocaust Education and Scholarship (CHES).

The symposium will take place on Sunday, November 17, 10 am to 3 pm, at Kehillat Beth Israel. Its purpose is to encourage the continuity of Holocaust education through the active involvement of survivors and their descendants. As survivors age, passing the torch of remembrance becomes ever more imperative.

“Children of Holocaust survivors share a unique bond and similar backgrounds and interests,” says CHES director Mina Cohn. “The symposium, which has been designed based on feedback to CHES, will feature the latest research into survivors’ lives before the Holocaust, coping during the Holocaust, rebuilding lives post-Holocaust, and recovering from the trauma that is a dominant feature of each period.”



Second generation descendants of Holocaust survivors gather at a CHES luncheon held September 27, 2018 at Kehillat Beth Israel.

As Daniel Brooks, founder and vice-president of 3GNY (Third Generation New York) and a symposium speaker asks, “80 years after the start of the Second World War, how do we keep truth alive and effectively demonstrate the importance and relevance of the Holocaust in the 21st century?”

Participation in the symposium is limited to the second and third generation of Holocaust survivors. Attendance is free although donations will be accepted and registration is required: <https://carleton.ca/ches/2gs>.

The morning session will feature four speakers followed by a ques-

tion-and-answer session moderated by Artur Wilczynski, the son of survivors, Canada’s former ambassador to Norway and IHRA, and now director-general of the Communications Security Establishment.

Lunch will be followed by breakout sessions with the speakers.

## SPEAKERS

**Natalia Aleksium** is professor of modern Jewish history at Touro College, Graduate School of Jewish Studies, New York, specializes in the social, political, and cultural history of modern East European Jewry. Her presentation is “Prewar Life Shaping Wartime Experiences.”

**Eva Fogelman** is a psychologist, author, and filmmaker, and a pioneer in the treatment of the psychological effects of the Holocaust on survivors and their descendants. She is the writer and co-producer of the award-winning documentary “Breaking the Silence: The Generation After the Holocaust.” Her presentation is “Devel-

oping Resilience to Historical Trauma.”

**Zelda Abramson** recently retired from the Sociology Department of Acadia University. Her areas of research include methodology, health, and family. She grew up in Montreal as a child of Holocaust survivors. Her presentation is “The Montreal Shtetl: Making Home After the Holocaust.”

**Daniel Brooks** is founder and vice-president of 3GNY, an educational non-profit organization for grandchildren of Holocaust survivors. He is a grandson of four Holocaust survivors. Daniel’s presentation is “The Urgency of Holocaust Education in the 21st Century.”

**INFORMAL  
Q&A  
with Rami Sherman**

What lessons can be learned from Operation Yonatan, that took place 43 years ago? Join us for an informal Q&A evening over cake and coffee meeting with Rami Sherman, who was part of the historic mission to rescue the Jewish hostages from the Entebbe airport in Uganda in 1976. Rami, who is an extremely humble man, does not consider himself a hero and says that he was simply lucky to have been part of that unit – the famed Israeli Special Forces Unit known as the “Sayeret Matkal”.

**Thursday, November 7 · 7:00 pm**  
Admission: \$10 — coffee and refreshments will be served  
**Advanced RSVP Only.** Please contact Ella Dagan (613) 798-9818 ext. 243, [edagan@jccottawa.com](mailto:edagan@jccottawa.com) by November 1

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**Your donation to the Lodge assists in providing high quality care for our Jewish elderly.**

**Card Donations**

Card donations go a long way to improving the quality of life for our residents. Thank you for considering their needs and contributing to their well-being.

On behalf of the residents and their families, we extend sincere appreciation to the following individuals and families who made card donations to the Hillel Lodge Long-Term Care Foundation **between September 18 to October 1, 2019 inclusive.**

**HONOUR FUNDS**

Unlike a bequest or gift of life insurance, which are realized some time in the future, a named Honour Fund (i.e., endowment fund) is established during your lifetime.

By making a contribution of \$1,000 or more, you can create a permanent remembrance for a loved one, honour a family member, declare what the Lodge has meant to you and/or support a cause that you believe in.

A Hillel Lodge *Honour Fund* is a permanent pool of capital that earns interest or income each year. This income then supports the priorities designated by you, the donor.

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Al Lerner by Marilyn Adler  
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Tobin Kaiman Mazel Tov on your special Birthday by Elayne Adler  
Janet Kaiman Mazel Tov on your special Birthday by Dave, Elayne (Adler), Jordan and Benjamin  
Brenda and Nathan Levine Wishing you a happy and healthy New Year by Dave, Elayne (Adler) Jordan and Benjamin

**Marcia and Stephen Aronson Family Fund**

In Honour of:  
David Moskovic Best wishes on your special Birthday by Marcia and Stephen Aronson

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In Memory of:  
Dorothy Karp by Fred and Esther Ballon

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In Memory of:  
Stanley Arron by Liz and Max Mosion

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In Honour of:  
Julia Gluck and Ted Overton and Family wishing you health and happiness in the New Year by Manny and Cheryle Gluck  
Sidney and Rose-Anne Goldstein and Family Wishing you peace, health and happiness in the New Year by Manny and Cheryle Gluck

In Memory of:  
George Wright by Manny and Cheryle Gluck

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David Moskovic Mazel Tov and best wishes on your special Birthday by Sol and Estelle Gunner

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Steve and Laurie Gordon and family Wishing you a happy, healthy and prosperous New Year by Issie and Evelyn Hoffman

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In Memory of:  
Dorothy Karp by Joan and Hy Eiley and Brahm and Alexia Eiley and family

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In Memory of:  
Morton Pleet by Jon, Jenn, Chloe and Beckett (Baker)

**Malca and Chuck Polowin Family Fund**

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Larry Hershorn by Malca and Chuck Polowin  
In Memory of:  
Stanley Arron by Chuck and Malca Polowin

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Dr. Avi Shelemay With appreciation and thanks, Shanah Tovah by Roslyn Raskin

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Pinek Kraindels by Susan and Charles Schwartzman and family  
Alvin Bloom by Violet and Ben Segal  
Marcia Addleman by Richard Addleman and Rhona Rind

**In Honour of:**

Sharon and David Appotive Mazel Tov on the birth of your grandson and Shana Tova by Susan and Charles Schwartzman  
Cheryl and David Dubrofsky Wishing you all a happy, healthy and sweet New Year by Susan and Charles Schwartzman  
Alex and Lynda Wakter Mazel Tov on Tara's engagement to Kobi by Annette Albert  
\*\*\*\*\*

**Recreation Program**

In Honour of:  
The Dodek and Goldstone Family Best wishes for a happy, healthy and sweet New Year by Bonnie and Sherwin Lyman  
Liora Shapiro Mazel Tov on the birth of your daughter by Morris Shapiro

In Memory of:  
Roger Aubrey by Noreen Slack  
\*\*\*\*\*

**Therapeutic Program**

In Honour of:  
Ingrid Levitz Wishing you a happy and healthy New Year by Gloria Krugel  
\*\*\*\*\*

In Memory of:  
Myra Shinwell by Evelyn Eisenberg, Bev, Lindsay and Jordan Steinberg

Al Lerner by the residents, staff and Boards of Hillel Lodge and the LTC Foundation and Larry Weisz

Estelle Backman by the members of the Yiddish Discussion Group  
Maia Giller by the residents, staff and Boards of Hillel Lodge and the LTC Foundation  
Phyllis Wingold by Beverly and Irving Swedko

In Honour of:  
Sally and Norman Raicek Best wishes for a happy and healthy New Year by Esthel Huniu  
Linda and Steven Latner Mazel Tov on the birth of your grandson and Shana Tova by Evelyn Eisenberg

Leiba Kratzberg and Mike Metz From my family to yours Shanah Tovah by Charles Schachnow

David and Sharon Appotive From my family to yours Shanah Tovah by Charles Schachnow  
Steve Morgan and Sarah Beutal From my family to yours Shanah Tovah by Charles Schachnow

Leiba Kratzberg and Mike Metz From my family to yours Shanah Tovah by Charles Schachnow

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# November is Holocaust Education Month • 2019



The Centre for Holocaust Education and Scholarship (CHES)

For detailed program descriptions visit:  
[carleton.ca/ches/events/2019-events/](http://carleton.ca/ches/events/2019-events/)

**October 27th, 9:30 am.**

**Temple Israel, 1301 Prince of Wales Drive Canadian launch of Dr. Tammy Bottner's Among the Reeds: The True Story of How a Family Survived the Holocaust.** Dr Bottner recounts the moving story of her own family's travails in war-torn Europe. Words of welcome by H. E. Johan Verkamen, Ambassador of Belgium to Canada. Bagel breakfast followed by conversation and book signing. Free event. Donation to cover the costs of breakfast would be appreciated. **RSVP required** [HEMrsvp2019@gmail.com](mailto:HEMrsvp2019@gmail.com) by October 22nd. Presented by CHES, in cooperation with Temple Israel, the Azrieli Foundation, and the Zelikovitz Centre for Jewish Studies at Carleton University.

**November 3rd, 7:00 pm.**

**Kehillat Beth Israel (KBI), 1400 Coldrey Avenue Yuri Dojc, renowned art photographer will present his project "Last Folio, Cultural Memories of Jewish Life in Slovakia."** Since the late 1990s, Yuri Dojc has been documenting Slovakia's last living Holocaust survivors, the country's abandoned synagogues, schools, and cemeteries. His journey was the inspiration for this multidisciplinary project of photographs, a book, and a video – all of which have been widely exhibited to great acclaim. The evening will include a documentary film by Katya Krausova and an illustrated talk by Yuri Dojc about his personal journey which started in a Bardejov Jewish schoolhouse abandoned since 1942 and discovered other remnants of a Jewish past. Free and open to the public. Reception sponsored by the Embassy of the Republic of Slovakia. **RSVP requested** [HEMrsvp2019@gmail.com](mailto:HEMrsvp2019@gmail.com) by October 25th. Presented by CHES, in cooperation with the Slovak Embassy, the Azrieli Foundation, Kehillat Beth Israel Congregation, and the Zelikovitz Centre for Jewish Studies at Carleton University.

**November 10th, 7:00 pm.**

**Kehillat Beth Israel (KBI), 1400 Coldrey Avenue Launch Event for Holocaust Education Month: A Lecture in Commemoration of Kristallnacht.** Professor Deborah E. Lipstadt, world-renowned historian and Dorot Professor of Modern Jewish History and Holocaust Studies at Emory University has published and taught about the Holocaust for close to 40 years. She will speak on "Antisemitism: Old Wine in New Bottles." Professor Lipstadt famously won the libel suit brought against her by Holocaust denier David Irving, described in her book History on Trial. **RSVP required to** [HEMrsvp2019@gmail.com](mailto:HEMrsvp2019@gmail.com) by Nov 6th. Presented by CHES, in cooperation with the Azrieli Foundation, Kehillat Beth Israel Congregation and the Zelikovitz Centre for Jewish Studies at Carleton University.

**\*\*Please visit our website at [jewishottawa.com/HEM](http://jewishottawa.com/HEM) for full details and updates on events.**

**November 14th, 4:30 pm – 9:00 pm.**

**Temple Israel, 1301 Prince of Wales Drive Annual Teachers' Workshop: "Anti-Semitism Then and Now".** The workshop will provide teachers with tools to teach the legacy of the Holocaust. Facilitators: Bernie Farber and Len Rudner. Open to all grade 7 – 12 teachers. Registration required by November 6th.

**To register visit:** <https://carleton.ca/ches/tw19>. Presented by CHES, in cooperation with the Azrieli Foundation, and the Zelikovitz Centre for Jewish Studies at Carleton University and Temple Israel.

**November 15th, 9:00 am – 12:00 pm.**

**Ottawa Police Professional Development Centre (PDC) at Algonquin College, 1385 Woodroffe Ave., Building P Law Enforcement Workshop: "Anti-Semitism Then and Now"**

The workshop will provide the Ottawa Police and partners with tools to recognize racism and Anti-Semitism. Facilitators: Bernie Farber and Len Rudner. Open to all Ottawa Police Service and partners. **Registration required by November 6th.** Presented by CHES, in cooperation with the Diversity and Race Relations Unit of the Ottawa Police and partners, the Azrieli Foundation, and the Zelikovitz Centre for Jewish Studies at Carleton University.

**November 17th, 10:00 am - 2:45 pm.**

**Kehillat Beth Israel (KBI), 1400 Coldrey Avenue Symposium for Descendants of Holocaust Survivors: "Learning from the Past for the Future"**

Panel discussion focusing on trauma, resilience, and rebuilding, followed by facilitated breakout sessions with panelists representing all generations: Dr Natalia Aleksium, Dr Eva Fogelman, Dr Zeldia Abramson and Daniel Brooks. Moderator: Artur Wilczynski. Open to descendants of Holocaust survivors. Lunch provided. Registration required by November 10th. **To register visit:** <https://carleton.ca/ches/2gs>. Presented by CHES, in cooperation with the Azrieli Foundation, Kehillat Beth Israel Congregation, and the Zelikovitz Centre for Jewish Studies at Carleton University.

**Life Will Smile - Documentary**

**November 7, 7 - 9 pm**

Join us for the Canadian film premiere of "Life Will Smile", followed by a Q&A with producer Steven Priovolos. This 40-minute documentary is based on the incredible true story of an entire Jewish community surviving WWII, thanks to the brave actions of the people on the Greek island of Zakynthos. Free event. Organized by Doris & Steven Ramphos Register at <https://www.eventbrite.com/e/canadian-premiere-of-life-will-smile-tickets-75261239393> Infinity Convention Centre 2901 Gibford Drive

**Community Culture Show**

**Ho Feng-Shan, Righteous Among the Nations November 9 • 7 pm November 10 • 3 pm**

Based on the true story of Dr. Ho Feng-Shan, the Chinese consulate in pre-WWII Vienna who issued thousands of visas to help Jews escape to Shanghai from Nazi Germany. The show includes Chinese and Jewish cultural performances and a somber drama play full of surprises. Free admission for all. Primarily in English with subtitles in Chinese and English. New this year: Hebrew songs "Do Di Li" solo, a children choir singing of "Zum Gali Gali and a grande finale act. All are welcome. Free event EACO - 4 Thorncliff Place, Nepean More info and tickets at <http://gatewayenact.com> Contact Cam Fung at [cam.fung@gmail.com](mailto:cam.fung@gmail.com) or 613-820-6774

**Jewish Federation of Ottawa**

**November 27**

**7 - 9 pm**

**"From Dachau to Cyprus"- Jewish Refugees and the Cyprus Internment Camps, 1946-1949. Photo Exhibit and Talk with Historian Dr. Eliana Hadjisavvas;**

Presented by the Shoah Committee of the Jewish Federation of Ottawa, in partnership with the Embassy of Cyprus.

Historic background: The British government created the camps in Cyprus as part of its effort to stem illegal immigration to Palestine. Nearly all the detainees were Holocaust survivors. Many had fled from Eastern Europe or the Soviet Union with the help of the underground Brihah movement. The Cyprus detainees sailed on 39 ships from ports in France, Italy, and the Balkans following long and arduous journeys from displaced person's camps in Germany and Austria. The British military ran the detention camps, which were built using German POW labour. Surrounded by barbed wire and watch towers, the camps were under constant guard.

Speaker: **Eliana Hadjisavvas** is the Jewish History Fellow at the Institute of Historical Research, University of London. She completed a PhD in History at the University of Birmingham in 2017. Her research, which was funded by the Economic and Social Research Council (ESRC) explored Jewish displacement in post-war Europe, with a particular focus on the Cyprus internment camps. Eliana has previously held fellowships at the Library of Congress' Kluge Center in Washington D.C.

Contact Anne Read at 613-798-4696 ext. 355 or [aread@jewishottawa.com](mailto:aread@jewishottawa.com) Kehillat Beth Israel Congregation 1400 Coldrey Ave.

**Special guest and Holocaust survivor, Rose Lipszyc will share her story.**



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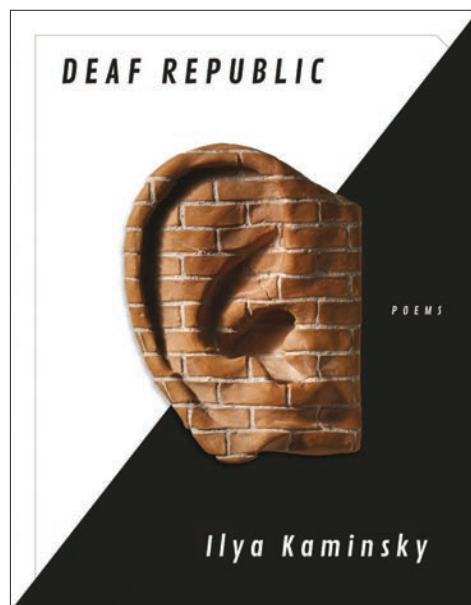
# 'The deaf don't believe in silence'

## MURRAY CITRON BOOK REVIEW

**Deaf Republic: Poems**  
By Ilya Kaminsky  
Graywolf Press  
76 pages

Ilya Kaminsky was born in Odessa in 1977 to a Jewish family. He lost most of his hearing at the age of four from mumps and inadequate medical treatment, and started writing poetry in Russian. His family moved to the United States when he was 16. He did not yet know English, but he worked on it, and started writing English poetry. His first book of English poetry, *Dancing in Odessa*, was highly praised and won important awards. *Deaf Republic* is his second full-length book of poems in English.

Poetry is an art that depends on sound. There have been blind poets – like Homer and Milton – but it is hard to think of a deaf poet. Kaminsky challenges that handicap in two ways: writing



in a language that he does not hear; and that he did not speak, read or write until his late teens. It is early to tell for sure, but he may be an important poet, who meets his handicaps by pushing poetry in new directions. *Deaf Republic* is a collection of 59 short poems that tell a story and script a play – in fact, a puppet play.

There is little of the traditional devices of poetry such as metre, rhyme, alliteration, or onomatopoeia.

*Kaminsky...[writes]  
in a language that  
he does not hear.*

The rhythm of the language is tight, with characters saying what just happened, as soon as it happened, in a world that is dangerous. The characters are the townspeople of Vasenka, an occupied town, who tell the story; Sonya and Alfonso, the puppeteers; Galya, the owner of the puppet theatre; and the soldiers.

The story begins when Petya, a deaf boy, possibly not very bright, spits at the sergeant. The line that follows is, “The sound we do not hear lifts the gulls off the water.”

That is a good example of Kaminsky’s technique. The people of the town go deaf, which is not difficult for puppets: “In the ears of the town, snow falls.”

Those themes, deafness, the dead boy, snow, frightened birds, repeat throughout the book, but always with restraint. The restraint is a background against which eroticism startles:

“a brief kiss.

I don’t know anything about you –  
except the spray of freckles on your/  
shoulders!”

The poems are free verse, not rhymed,

but there are occasional rhymes of opportunity:

“Little daughter  
rainwater.”

Or the marvellous short poem, “Elegy”:

“Six words,  
Lord:  
please ease  
of song  
my tongue.”

Vasenka is an invented town, but the things that happen there are obviously stimulated by the memories of a Jewish boy from Odessa. It is typical of immigrant writers to write at the same time about the old country and their new home. The last poem in the book is “In a Time of Peace.” It has this:

“Ours is a country in which a boy  
shot by police lies on the pavement  
for hours”

You just have to watch the TV news.

In the year 1500, the great Renaissance scholar Erasmus wrote, “In the country of the blind, the one-eyed man is king” Nobody since has come up with a matching aphorism about a one-eared man. Kaminsky, in an endnote to *Deaf Republic*, writes, “The deaf don’t believe in silence. Silence is the invention of the hearing.”

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# Teaching kids how to manage their money

**M**y mom was ahead of her time. When I was a kid, she lamented the fact that many schools did not explicitly teach life skills such as effective communication, conflict resolution, mindfulness, and handling the variety of tasks associated with adulthood such as managing money. Conventional wisdom and common sense tell us that we can't give something that we don't have and that we can't teach what we don't know. I knew that I wanted my children to be raised with greater financial acumen than I had growing up.

Like many smart, educated, professional people (women and men), I knew the basics of how to manage money but I felt that there was more I should know and do. I was inspired hearing a local woman, Doris Belland, speak about women and investing at an Ottawa Na'amat event some years ago. When I found out that she was launching the Women's Money Group, a financial literacy workshop for women, I signed up immediately.

Indulge me for just a moment. Close your eyes and think about your earliest memories of money. Was money discussed in your home or was it a subject that no one spoke about? What messages did you receive from your parents and other caregivers about money? What feelings were associated with it?

These were among the very first questions Doris asked at the first Women's Money Group meeting. Nary a budget or excel spreadsheet in sight. That first meeting encouraged me to think critically about my own biases and emotional reactions to money. As my



JEN PERZOW  
**MODERN  
MISHPOCHA**

*Close your eyes and think about your earliest memories of money. Was money discussed in your home or was it a subject that no one spoke about? What messages did you receive from your parents and other caregivers about money? What feelings were associated with it?*

awareness increased, I tried to be more aware of the beliefs that I was passing on to my kids.

I started introducing some key principles that had the most direct impact. When the kids asked for things, I would present them with choices. Yes, we can go back to Canada's Wonderland for a second visit but that will mean that the money won't be available for the aquarium. Which would you prefer? When the kids got cash for a birthday or Chanukah, we'd discuss

dividing it into save, donate, and spend. My kids had been using EchoAge for their birthdays for a number of years, so they were familiar with and supportive of the concept of incorporating tzedakah into gift giving and receiving.

When the modest growth in their youth bank accounts showed them the tangible results of saving as opposed to spending every last cent on Lego and Playmobil (so many little pieces), it was time to introduce investing. I was so excited to share the magic of compound interest with my kids! I admit, the initial reaction was not positive. It's one thing to see money growing in a piggy bank or bank account knowing you can access it anytime. Quite a different story to say we're going to take that money and put it somewhere where you can't access it for months or even years. I had to remember the challenges of delayed gratification.

As they get older, they will make more of the decisions about what happens with their money. No, it's probably not a great idea to put all of your money into that new wallet that you aren't used to carrying around. I let them do it anyway and then wipe away the tears when, inevitably, it gets lost and the money is gone. Better to make painful mistakes when they are young and the stakes aren't so high.

Teaching our kids to have a healthy and productive relationship with money starts with the recognition that our thoughts and feelings about money have a tremendous impact on our ability to effectively use money as the powerful tool that it is.

ADVERTORIAL

## News & Views from the Centre for Holocaust Education and Scholarship

### Holocaust Education Month Programs



**THE WORLD AROUND US SEEMS TO BE CONSTANTLY CHANGING.** In Canada, we are not immune to the rise of far-right extremist groups, fake news or misleading information shared like wildfire on social media. Nor are we immune to an increase in antisemitism, in large part online.

A strong antidote to online hate is coming together in real time to learn and reflect. Building a society free from racism requires an ongoing commitment to education. It's especially critical for young people to have a better understanding of the past, to build a brighter future.

Each November, CHES brings world-class speakers to Ottawa with programs that offer the latest in Holocaust research. We feel it's important to open our doors and offer specialized programming on the history and legacy of the Holocaust.

**2019 MARKS 80 YEARS SINCE THE START OF THE SECOND WORLD WAR. HAVE WE LEARNED LESSONS FROM THE PAST?** Explore these thought-provoking (and free!) events. We're certain you'll find something of interest.

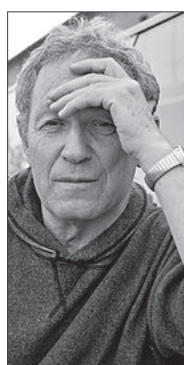
**For more information, including RSVPs and registration where required, please visit:**  
<https://carleton.ca/ches/events/2019-events/>



#### HEM Launch: Deborah Lipstadt presents "Antisemitism: Old Wine in New Bottles"

NOVEMBER 10, 7:00 PM AT KEHILLAT BETH ISRAEL, 1400 COLDREY AVENUE.

CHES is honoured to welcome renowned historian **Deborah Lipstadt** to Ottawa. Lipstadt will offer a keynote address on antisemitism in the modern day. Her newest book is *Antisemitism Here and Now*. Other works include *The Eichmann Trial* and *Denial: Holocaust History on Trial*, which became a feature film detailing her groundbreaking legal battle against Holocaust denier David Irving. Lipstadt is currently the Dorot Professor of Modern Jewish History and Holocaust Studies at Emory University.



#### Last Folio: Memories of Jewish Life in Slovakia

NOVEMBER 3, 7:00 PM AT KEHILLAT BETH ISRAEL, 1400 COLDREY AVENUE.

The multidisciplinary project *Last Folio* is born from a journey through Eastern Slovakia by **Yuri Dojc**, renowned art photographer. In his ancestral village, Dojc discovered an abandoned Jewish schoolhouse untouched since 1942, when local Jews, including its students, were deported to concentration camps. *Last Folio* has been widely viewed to great acclaim. This event includes a documentary film screening by Katya Krausova, as well as a lecture and slide show by Yuri Dojc.

#### Annual Teachers' Workshop: Antisemitism Then and Now

NOVEMBER 14, 4:30 PM AT TEMPLE ISRAEL, 1301 PRINCE OF WALES DRIVE.

Since 2011, we have been proud to offer a workshop for teachers that attracts a wide range of educators from across Ottawa. This year's facilitators are **Bernie Farber** and **Len Rudner**.

The workshop will help teachers understand the history of antisemitism as well as the current reality of hate, and offer tools to bring those messages to students in an engaging way.

*Open to all grade 7-12 teachers.*

#### Symposium for Descendants of Holocaust Survivors: Learning from the Past for the Future

NOVEMBER 17, 10:00 AM AT KEHILLAT BETH ISRAEL, 1400 COLDREY AVENUE.

CHES is the only organization in Ottawa to offer tailored programming for descendants of the Holocaust. This unique symposium features a panel discussion and break-out sessions, relevant to those whose family members survived the Holocaust. The symposium's focus was born from a need expressed by subsequent generations to understand how trauma has been passed down. Panellists include **Dr. Zeld Abramson**, **Dr. Natalia Aleksion**, **Dr. Eva Fogelman** and **Daniel Brooks** with Artur Wilczynski moderating.

On October 27, Dr. Tammy Bottner joined us at Temple Israel for a well-attended bagel breakfast to discuss her award-winning book, *Among the Reeds: The True Story of How a Family Survived the Holocaust*, which recounts the moving story of her family's life in war-torn Europe.

# Climate change is a Jewish issue

I was a student at Rutgers University in the late-1960s. It was the era of student protests, psychedelic drugs, Woodstock, the writings of Hunter S. Thompson, and of the Beatles meditating with the Maharishi Mahesh Yogi.

During those years a story made the rounds among Jewish groups: An American Jewish woman in her 60s travelled to northern India to see a celebrated guru. There were huge crowds waiting to see the holy man, but she pushed through saying that she needed to see him urgently. Eventually, after weaving through the swaying crowds, she entered the tent where he was holding audience and stood in the presence of the master. What she said that day has entered the realm of legend. "Marvin, listen to your mother. Enough is enough already. Come home!" The story was a hit among many Jewish parents who felt their sons and daughters were being led astray by the radical politics of the moment.

I was reminded of this story as I watched Greta Thunberg, the 16-year-old from Sweden, scold world leaders for their inaction on climate change. She delivered an emotional and scathing speech at the United Nations on September 23 accusing the leaders of stealing her future by their decades of inaction, and facile arguments about whether climate change was the result of human disregard.

I was sad and excited to listen to her words: "You say you hear us and that you understand the urgency, but no matter how sad and angry I am I do not want to believe that because if you really understood the situation and still kept on failing to act, then you would be evil, and that I refuse to believe."



**RABBI STEVEN H. GARTEN**  
**A VIEW FROM**  
**THE BLEACHERS**

There is nothing as pure as youthful indignation. Thunberg's words were soon to echo in the streets of Ottawa, Montreal Toronto and at nearly 100 events across Canada on September 27. An estimated crowd of 500,000 environmentally concerned individuals gathered in Montreal. Hundreds of thousands took to the streets to protest the potential cataclysm. Some suggest that there were demonstrations in at least 150 countries that Friday afternoon.

The environmental threat to our world is being compared to that of nuclear proliferation that motivated hundreds of thousands to march, chant and defy authorities in the 1960s and '70s

Maybe it is really time to come home. Climate change is very much a Jewish issue. Maybe the Jewish community needs to act with the same urgency it did for so many other issues. Our presence among the civil rights marches is well known. Our participation in protest to end the war in Vietnam is not a secret. Our march on Washington in 1986 to protest the treatment of our Jewish brothers and sisters in the Soviet Union is a high water mark for our commitment to human dignity. While there have been Jewish organizations who tepidly support environmental protest, and rabbis who urge their congregations to recognize

the dangers, it has not been a burning issue for our community. There are, of course, burning issues that galvanize our hearts and souls: the safety and security of Israel; increasing incidents of antisemitic violence; gender equality; welcoming beleaguered immigrants to our communities; reconciliation with Canada's Indigenous peoples. Yet none of these issues seem to have a lasting impact on us as individuals and as a community.

Interestingly, the environment is the one issue that Torah and the rabbis agree is a profound ethical imperative. Deuteronomy 20, 19-20, tells us not to destroy fruit bearing trees during battle. This mitzvah was to be known as *bal tashchit* (do not destroy). The rabbis broadened this rule far beyond the limits of the battlefield. Our ancient scholars saw the obvious fit with the Torah's concern for sustainability. The Sabbath, the sabbatical and the Jubilee year are concerned with the integrity of nature and the boundaries of human striving. The laws and rules that forbid the mixing of species, seeds, and altering the natural flow of creation with nature are a powerful reminder that we are guardians of creation, not destroyers of it. Nearly 150 years ago, Rabbi Samuel Raphael Hirsch wrote the laws ask us to regard all living things "as servants in the household of creation," which Rabbi Jonathan Sacks termed "a kind of social justice applied to the natural world."

Is it possible for our communities to hear the words of Torah, the rabbis and Greta Thunberg calling us to action? Can we make the choices politically, socially, personally that will resonate with the young? Or will we be like previous generations and let the youthful angst waft over us?

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**WHAT'S GOING ON** | October 28 to November 10, 2019  
 FOR MORE CALENDAR LISTINGS, OR TO SUBMIT EVENT LISTINGS, VISIT [WWW.JEWISHOTTAWA.COM/COMMUNITY-CALENDAR](http://WWW.JEWISHOTTAWA.COM/COMMUNITY-CALENDAR)

**ONGOING EVENTS**

**Bible Basics with Lauren Shaps**  
 9:15 - 10:15 am, weekly on Thursdays until December 13, 2019  
 Contact: Lauren Shaps, 613-695-4800  
[lauren@jetottawa.com](mailto:lauren@jetottawa.com)  
 Are you searching for wisdom, peace of mind, a deeper understanding of relationships and your unique mission in life? See how the events of the Exodus (Shmot) speak to the challenges you face today.

**Kol Miriam Choir New Season**  
 7 - 8:30 pm, weekly on Tuesdays until June 9, 2020, Hillel Lodge, 10 Nadolny Sacks Pvt.  
 Contact: Katherine Moss, 613-820-8211  
[katherine.moss@sympatico.ca](mailto:katherine.moss@sympatico.ca)  
 A diverse group of women united by our love of music, singing together and being Jewish. From traditional to contemporary.

**Beit Tikvah Mincha Time change**  
 1 pm, Monday-Thursday, Congregation Beit Tikvah, 15 Chartwell Ave., 613-723-1800  
 With the change of the clock the first weekend of November, we are instituting a Monday through Thursday Mincha service at the shul to be held at 1 pm beginning Monday, November 4.

**TUESDAY, OCTOBER 29**

**Ottawa Celebrity Sports Dinner**  
 7 - 10 pm, Infinity Convention Centre, 2901 Gibford Dr.  
 Contact: Pam Rosenberg, 613-798-9818 ext 271, [prosenberg@jccottawa.com](mailto:prosenberg@jccottawa.com)  
 Hosting more than 600 members of Ottawa's business community, the evening consists of a silent auction, live auction and a Q&A with a special guest from the world of sports. Sponsor: Soloway JCC

**WEDNESDAY, OCTOBER 30**

**A lecture by Professor Henri Habib**  
 6:30 - 8 pm  
 Contact: Ella Dagan, 613-798-9818, ext. 243  
[edagan@jccottawa.com](mailto:edagan@jccottawa.com)  
 Cost: \$10. Professor Habib will present his analysis on current issues in the Middle East.

**Jewish Family Services of Ottawa Annual General Meeting**  
 7 - 9 pm, 7 Bayview Station Rd.  
 RSVP: <https://bit.ly/2Yt5roE>  
 613-722-2225, ext. 300  
 Celebrate 40 years of nurturing a stronger, more diverse and inclusive Ottawa! Includes our Annual General Meeting, entertainment and donor/supporter reception.

**FRIDAY & SATURDAY, NOVEMBER 1 & 2**

**Sephardic Shabbat**  
 5:40 pm Friday - 2 pm Saturday, Congregation Machzikei Hadas 2310 Virginia Dr. Ottawa, ON K1H 6S2  
 Contact: 613.521.9700  
[office@cmhottawa.com](mailto:office@cmhottawa.com)  
 Sephardic liturgy, song and cuisine. Special guest Clement Soffer. Friday: Mincha and Kabbalat Shabbat 5:40, followed by dinner and presentation. Saturday: Shacharit 8:45 am. Kiddush luncheon and lecture following Musaf. In partnership with the Sephardic Association of Ottawa.

**SUNDAY, NOVEMBER 3**

**Emerging Generation - Spin and Nosh**  
 1:30 - 3:30 pm, Spinco, 123 Slater St.  
 Contact: Jordan Waldman, 613-798-4696, ext. 240  
[jwaldman@jewishottawa.com](mailto:jwaldman@jewishottawa.com)  
<https://www.spinco.ca/spinco-ottawa>  
 Join EG for bikes and bagels and a post-holiday shvitz! Bring workout gear and water.

Facilities to change and shower available.

**CHES - An Evening with Yuri Dojc**  
 7 - 9:00 pm, Kehillat Beth Israel 1400 Coldrey Ave  
 Contact: 613-286-3336  
 RSVP: [HEMsvp2019@gmail.com](mailto:HEMsvp2019@gmail.com)  
<https://carleton.ca/ches/>  
 Art photographer Yuri Dojc will present his project "Last Folio, Cultural Memories of Jewish Life in Slovakia." Free and open to the public. Reception sponsored by the Embassy of the Republic of Slovakia. RSVP requested [HEMsvp2019@gmail.com](mailto:HEMsvp2019@gmail.com) by October 25. Presented by CHES, in cooperation with the Slovak Embassy, the Azrieli Foundation, Kehillat Beth Israel Congregation, and the Zelikovitz Centre for Jewish Studies at Carleton University.

**MONDAY, NOVEMBER 4**

**Tamir's Fashion Show Stepping Out in Style 2.0**  
 6:30 - 10 pm, Canadian Museum of History, 100 Laurier St., Gatineau  
 Contact: Francesca Davila  
[www.steppingoutinstyle.ca](http://www.steppingoutinstyle.ca)  
 613-725-3519 ext 104, [fdavila@tamir.ca](mailto:fdavila@tamir.ca)  
 Tamir and fashion world partners take the stage to demonstrate that, regardless of shape, age, size or ability, we're all beautiful! All funds raised will be allocated towards supporting Tamir's programming for its participants.

**THURSDAY, NOVEMBER 7**

**Ray Fathi Memorial Hockey Night**  
 5 - 11 pm, Congregation Machzikei Hadas 2310 Virginia Dr.  
 Contact: 612-521-9700  
[office@cmhottawa.com](mailto:office@cmhottawa.com)  
 Cost: \$45. A night at the Canadian Tire Centre as the Ottawa Senators take on the LA Kings. Starts with dinner at the shul, and then a bus will take us to the game. Register online at [www.cmhottawa.com/events](http://www.cmhottawa.com/events) or by calling the shul office at 613.521.9700.

**Rami Sherman lecture**  
 7 - 9 pm  
 Contact: Ella Dagan, 613-798-9818, ext. 243  
[edagan@jccottawa.com](mailto:edagan@jccottawa.com)  
 Cost: \$10. Rami Sherman (Operations Officer at Entebbe operations) returns to Ottawa for a meet and greet and Q&A. Sponsor: SJCC, Vered Israel

**SATURDAY & SUNDAY NOVEMBER 9 & 10**

**Community Culture Show - Ho Feng-Shan, Righteous Among the Nations**  
 7 pm Saturday, 3 pm Sunday, EACO, 4 Thorncliff Pl.  
 Contact: Cam Fung  
 613-820-6774, [cam.fung@gmail.com](mailto:cam.fung@gmail.com)  
 Based on the true story of Ho Feng-Shan, the Chinese consulate in pre-WWII Vienna who issued thousands of visas to help Jews escape to Shanghai from Nazi Germany. Free admission for all.

**SUNDAY, NOVEMBER 10**

**CHES Holocaust Education Month Launch Event**  
 7 - 9:30 pm. Kehillat Beth Israel, 1400 Coldrey Ave,  
 Contact: Sheila Osterer, 613-286-3336  
[sheilaosterer@gmail.com](mailto:sheilaosterer@gmail.com)  
 A lecture in memory of Kristallnacht: "Anti semitism: Old Wine in New Bottles" by Professor Deborah Lipstadt, Dorot Professor of Modern Jewish History and Holocaust Studies.

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FRIDAY, NOVEMBER 15	4:15 PM
FRIDAY, NOVEMBER 22	4:09 PM

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Dorothy Lieff  
 Deborah Magidson  
 Sylvia Pleet

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