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Beth Shalom reaches agreement to sell property on Chapel Street

Home to Beth Shalom since 1956, the building was also the site of the Jewish Community Centre until 1998

By Michael Regenstreif

An unconditional Agreement of Purchase and Sale for Congregation Beth Shalom's property at 151-153 Chapel Street was signed on August 12 with Trinity Properties Investments Inc. and Forge-stone Capital Management GP Inc.

Under the terms of the agree-

ment, which will have to be approved at a special general meeting of congregation members to be held August 28, Beth Shalom will receive a base price of \$12.1 million for the property.

In a letter to congregation members, Beth Shalom President Ian Sherman explained the price

(Continued on page 2)



Congregation Beth Shalom could leave 151 Chapel Street by March 31, 2014.

(Photo: Michael Regenstreif)

Bram Bregman named to new Federation position

By Ilana Belfer

Bram Bregman, executive director of NCSY Ottawa for the past decade, has been named the Jewish Federation of Ottawa's vice-president of community building. He will begin work at the Federation at the beginning of September.

The position was created as part of the Federation's recently announced management restructuring and replaces the senior director of planning position. In June, Jeff Bradshaw, senior director of planning since 2008, announced he was leaving the Federation at the end of August to attend law school.

Federation activities falling under the jurisdiction of the community-building portfolio will include agency and community organization relations, strategic planning, events, outreach and engagement, including Hillel Ottawa and emerging generation initiatives, Jewish education, Holocaust education, and grants and allocations.

"I very much look forward to working with the current staff, who I believe have tremendous talent, to further the goals of Federation and to really help build community," said Bregman. "I care. To me, this

is not just a job."

Born and raised in Ottawa, Bregman describes himself as a true "product of the community." He graduated from Hillel Academy and Yitzhak Rabin High School and was a JCC summer camper.

"It formed who I am," Bregman said, noting he's already developed countless community relationships over time.

"I want to give back ... Chani, my wife, and I love living here ... I'd like to see [the community] grow. I'd like to see it strengthen."

That's what he's been working toward for the past 10 years.

After graduating from the University of Toronto's industrial engineering program in 2003, Bregman began a career in management consulting.

At the same time, he noticed a shortage of programs for Jewish teenagers in Ottawa, and decided to revive the city's then "dead" NCSY branch in his spare time.

He left consulting after one year to focus, instead, on inspiring the next generation of Jews, full time.

Since then, NCSY has grown into the largest youth movement in Ottawa.

(Continued on page 2)



Bram Bregman

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Beth Shalom: Congregation at a crossroads

(Continued from page 1)

could increase by up to \$5.1 million more, for a potential total sale of \$17.2 million, “based upon certain thresholds, related to the overall non-retail square footage to be developed and building permit(s) to be issued.”

If the sale is approved by the membership, the closing date for the sale would be January 14, 2014 and the congregation would have the right to continue using the building for religious purposes for another 11 weeks until March 31.

“Between January 14 and March 31, we also have the right to remove any fixtures and other such items of a religious and/or historical nature as we deem appropriate,” Sherman explained.

The sale of the property has

been in the works over a period of almost three years. A previous deal to sell the property to Claridge Homes was approved by Beth Shalom members in November 2011, but Claridge walked away from the deal this past January.

The building on Chapel Street, which also housed the Jewish Community Centre and the offices of the Jewish Community Council of Ottawa/Vaad Ha’Ir (now the Jewish Federation of Ottawa) and the *Ottawa Jewish Bulletin* until 1998, opened in 1956. Congregation Beth Shalom was created at that time by the merger of Ottawa’s two oldest congregations, Aduvath Jeshurun, established in 1895, and Agudath Achim, established in 1902.

Although Beth Shalom was an

Orthodox congregation for most of its history, it has been affiliated with the Conservative movement in recent years.

With the sale, Beth Shalom is at a crossroads. When Rabbi Scott Rosenberg left the congregation in June, Sherman said he did not anticipate hiring a new rabbi in the foreseeable future pending next steps related to the sale of the property.

Among the possible options are building a new synagogue, renting or buying an existing building, or merging with another congregation.

Last year, a joint task force with Agudath Israel Congregation explored the possibility of a merger of the two Conservative synagogues, but an agreement was not reached and the task force was

suspended.

Recently, though, there has been some speculation that a merger might still happen.

“I am pro-merger with Beth Shalom,” said Howard Levine, Agudath Israel’s incoming president, at the synagogue’s annual general meeting on May 9.

“While we continue to struggle with the uncertainty of their plans, I believe that the future for the Ottawa Jewish community should be to have one Conservative, egalitarian shul.

“Our next step should be to create an atmosphere of welcoming towards our Jewish brothers and sisters.”

The *Bulletin* will have coverage of Beth Shalom’s special general meeting on August 28 in our next issue.



**Congregation
Beth Shalom President
Ian Sherman**

Hillel Lodge Foundation welcomes new director of development

**By Carol Pascoe
for Hillel Lodge
Long-Term Care
Foundation**

The Hillel Lodge Long-Term Care Foundation has announced the appointment of Jana L. Rand as our new director of development.

A graduate of Carleton



**Jana L. Rand, director
of development at the
Hillel Lodge Long-Term
Care Foundation.**

University and Algonquin College, Rand has worked in marketing, communications and fundraising, and has successfully managed strategic planning and fundraising programs at Elmwood School, Ashbury College, Carleton University and the Ottawa Hospice Services.

Rand is responsible for developing and managing fundraising operations at the Hillel Lodge Long-Term Care Foundation.

“We are looking forward to working closely with our new director of development, who brings many years of fundraising experience with her. Our board’s mandate is to raise the funds needed to maintain the highest possible standards of care for our residents.

“Our existing fundraising programs will be reviewed, and, with Jana’s experience and guidance, we will develop innovative and meaningful approaches

to meeting our fundraising goals,” said Eric Weiner, president of the Foundation board.

“The welcome addition of a professional with Jana’s background and experience should go a long way toward providing the time and attention our donors and supporters deserve,” said Lodge Executive

Director Stephen Schneiderman. “I know that, as Hillel Lodge Long-Term Care Foundation’s director of development, Jana is eager to establish new relationships and strengthen existing ones.”

Since her arrival on July 2, Rand has enthusiastically embraced her work and is working with the volunteers

organizing the Lodge’s next event of community interest, *Biking for Bubbies*, on Sunday, September 22. Visit hillellodge.ca for more information on being a *Biking for Bubbies* participant.

Rand said she has enjoyed meeting the staff, residents and families at the Lodge and looks forward to

getting to know more members of the growing Hillel Lodge family, among them Endowment Fund holders, other donors, as well as the larger Jewish community.

Contact Jana Rand at 613-728-3900, ext. 192, or jana@hillel-ltc.com to learn more about the benefits of supporting long-term care at Hillel Lodge.

Bram Bregman hopes to make Federation glue a little bit stickier

(Continued from page 1)

NCSY founded and nurtured Jewish Culture Clubs at eight local high schools, and NCSY’s Torah High, a supplementary Jewish studies program offering Ministry-approved credits to public high school students, has gone from non-existent to “a household name,” Bregman said, bringing in more than 300 students since he started it in 2006, and drawing stu-

dents to community events around town.

“What I’ve been able to accomplish on an agency level, I can accomplish on a community-wide level,” said Bregman, who also earned his MBA from Queen’s University in 2008, graduating with the Creativity and Innovation Award.

Bregman was honoured by NCSY International in 2009 with its Best of the Best Leadership Award in 2009, and he and Chani Bregman were honoured by Torah Academy last year for their outstanding contributions to the community.

“Bram has a clear passion for Ottawa’s Jewish community and the skill set to make a significant and positive impact,” said Federation Chair Steven Kimmel.

“He has established credi-

bility in Ottawa as being a strategic long-term planner and a consensus builder with an abundance of positive energy and optimism.”

Bregman’s main goal, he said, will be to engage as many Jews, of all ages and segments of the community, as possible, and for them to appreciate the value of their community and of Israel.

“I’ve always strived with NCSY to make everyone feel welcome,” he said. “Background, affiliation or financial status didn’t make a difference.”

He said he’d also like to see more collaboration among the city’s various Jewish agencies, and a more collaborative approach.

“I’m not going to dictate what should be done,” he said. “I’m going to come to

them and say, ‘What can we do to help you?’”

Bregman said he’s a strong believer in the necessity of a central communal hub and its part in moulding the community’s future.

“I look at Federation as the glue of the community and I hope to make it a little bit stickier,” he said.

“Community building does not just happen when there’s a crisis or a common enemy that comes along. We have to, in our good times, realize that we have things in common. We have to come together.”

Bregman will be succeeded by Gaby Scarowsky as NCSY executive director. Scarowsky, NCSY’s director of programming and education, will in turn be succeeded by Rabbi Michael Goldstein.

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Guest column

‘Creating an inclusive and welcoming Jewish community’

By **Andrea Freedman**
Jewish Federation
of Ottawa

Community: According to my dictionary, a community “is a group of people with a common characteristic or interest living together within a larger society.” A rather simple definition and yet, discussing *community*, working to build *community*, and worrying about how the Jewish Federation of Ottawa ought to contribute to the *community*, have become part of my daily life.

On a rainy vacation day in New Hampshire, gazing at the beautiful scenery with a

glass of wine in hand, I turned to the Internet and Googled mission statements of Jewish federations from across North America.

In Boston, Combined Jewish Philanthropies provides “expertise and resources to create positive, life-changing results for people in need, for our friends in Israel and for the future of the Jewish community.” Further, in all written material, they add the tag line, “We welcome the participation of interfaith couples and families, and people of all abilities, backgrounds and sexual orientations.”

In Toronto, the UJA Federation of Greater Toronto’s mission is to “preserve and strengthen the quality of Jewish life in Greater Toronto, Canada, Israel and around the world through philanthropic, volunteer and professional leadership.” Their vision is “to lead the most vibrant Jewish community in North

America – a community characterized by its diversity, unity, compassion, generosity and commitment to Israel and Jewish values.”

At Montreal’s Federation CJA, they “aim to be the driving force in a vibrant and caring Montreal Jewish community. In partnership with an effective network of organizations, we build and sustain the community by providing principled leadership, by raising and distributing funds, and by facilitating, incubating and overseeing the delivery of services and programs.”

Here, “the mission of the Jewish Federation of Ottawa, as the central Jewish communal organization, is to preserve and enrich Jewish life in the Ottawa area, Canada, Israel and overseas, by planning for the evolving needs of the community, raising and allocating funds for communal priorities, co-ordinating community action and repre-

senting the views of the community.”

What does this really mean?

From my perspective, it means the Jewish Federation of Ottawa, powered by the Annual Campaign, is responsible for creating an inclusive and welcoming Jewish community comprising caring, committed and educated Jews.

It means we raise funds to meet the community’s highest priority needs with a focus on helping the vulnerable, educating Jewishly, building community, and supporting Israel. This is not a singular mission, but involves bringing individuals and organizations TOGETHER to work on common agendas. It is an acknowledgement that TOGETHER we are stronger, TOGETHER we can accomplish more, and TOGETHER we can be more strategic with scarce community resources.

On the eve of the Annual Campaign, I encourage you to think about the importance of community and the critical role the Jewish Federation of Ottawa plays in sustaining Jewish life in Ottawa, Israel and around the Jewish world. If YOUR child has gone to Jewish summer camp, if YOU have had an elderly family member residing in Hillel



Andrea Freedman

(Photo: Peter Waiser)

Lodge, if YOU know a young adult who has benefitted from a Birthright Israel experience, if YOU have attended a Yom HaShoah commemoration – and the list goes on and on – then YOU have experienced the power of a gift to the Annual Campaign.

Please consider making a gift to this year’s Annual Campaign. Please join together in making an important statement about commu-

nity. And please give the Jewish Federation of Ottawa the opportunity to meet our community’s highest priority needs.

Thank you and L’Shana Tova.

Andrea Freedman is president and CEO of the Jewish Federation of Ottawa and the Ottawa Jewish Community Foundation. She can be reached at afreedman@jewishottawa.com.

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Talking with Ottawa Jewish community leaders

Chuck and Bonnie Merovitz:

Dynamic duo has huge impact on community

By Benita Siemiatycki

Editor's note: This year, the Ottawa Jewish Bulletin is speaking with a number of longtime community leaders about some of their leadership accomplishments and about challenges the community faces now and will face in the future.

When trying to summarize Chuck and Bonnie Merovitz's contributions to our community, it might be easier to list what the dynamic duo *hasn't* done.

When Chuck and Bonnie arrived in Ottawa from Montreal in 1974, the young couple threw themselves into their new community, leaving an indelible mark. Chuck joined an informal group of former Montrealers, which became the men's B'nai Brith Bytown Lodge, and, when Hy Hochberg, executive director of the Jewish Community Council of Ottawa/Vaad Ha'ir (now the Jewish Federation of Ottawa) started a leadership initiative for young couples, they jumped on board.

That was Bonnie's springboard into volunteering, starting with ORT and then UJA, eventually co-chairing the Women's Campaign. In the early-1980s, Bonnie and Chuck became co-chairs of the Vaad's Shalom Welcome Service and, while their boys were students at Talmud Torah Afternoon School, Bonnie sat on the parents' committee.

At just 37 years of age, Bonnie and Chuck set up an insurance fund with the Ottawa Jewish Community Foundation to ensure their family left a lasting legacy. Chuck chaired the UJA Campaign in 2001, and Bonnie, for the second time, chaired the Women's Campaign in 2004. Both sat on the board of the Ottawa Jewish Community Foundation. Together with Roz and Steve Fremeth, they were honoured by State of



Chuck and Bonnie Merovitz

Israel Bonds. Bonnie and Steve Fremeth also chaired the Bonds campaign.

One of the most enduring events Chuck worked on was the launch of the golf tournament for the Jewish Federation of Ottawa. He and Sunny Tavel worked to bring the event to Ottawa and, 20 years later, it still stands as one of the Federation's premiere fundraising events.

Bonnie joined the Federation's Allocations Committee, which directs and allocates funding to our community's beneficiary agencies.

"It is one of the most worthwhile things I ever did," she said, because she got to see how the money is spent to benefit the community. She went on to chair the committee and led a change in process from organizational to program funding.

California. While driving, they stumbled upon a beautiful park, and learned it was a cancer survivors' park. He returned home and sold the idea to the Ottawa Regional Cancer Centre, becoming chair of the committee to develop it. One of 22 cancer survivor parks across North America, the park is designed to nurture feelings of peace and serenity among cancer survivors and their families.

Declining enrolment in Ottawa's Jewish schools is a primary concern for the couple. Bonnie has noticed that Jewish education seems to be a lesser priority among many younger parents than it was when she was raising children. She also has concerns about the next generation's willingness to support Jewish causes through volunteerism or donations.

As older community members, who have traditionally been the major donors, retire and have less disposable income, it is incumbent on younger people who can to give, she said.

Chuck laments that younger people seem to prefer volunteering in the secular community, or for global issues, leaving little time to give to Jewish organizations.

One of our community's greatest assets, said Bonnie, is the seasoned lay leaders who can mentor new and younger leaders. She hopes the community continues to utilize past leadership for their experience and expertise.

Bonnie also said Ottawa is blessed with top-notch institutions that promote Judaism and community building, and provide excellent services to our children, the disabled, the vulnerable and the elderly.

Bonnie works as a physiotherapist and Chuck is a partner with the legal firm Merovitz Potechin. They have two sons, and two grandsons.



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Embracing changes to make our community stronger

It has been almost three months since I became chair of the Jewish Federation of Ottawa. During this short time, I have had the pleasure of meeting with many of our hardworking and dedicated professional staff, and watched them adapt to the positive changes that Andrea Freedman, our new president and CEO, has already instituted. I recently read an article by Rabbi David B. Starr – “Leadership and Change from the Inside (and Below),” *eJewish Philanthropy.com*, July 30 – who said “good organizations create structures and cultures that embrace change,” a statement that fully endorses the direction the Federation is moving toward today.

One of the major changes we’ve made is to our management team structure, which will make us more efficient and productive. It will also ensure that our agencies, volunteers and the needs of our donors are being met in a timely manner.

Recently, members of the Federation Board, the Ottawa Jewish Community Foundation, and the Annual Campaign chairs, were invited to visit Camp B’nai Brith of Ottawa (CBB). We were given a tour of the facilities by Camp Chair



Federation Report

Steven Kimmel
Chair

Michael Polowin and Camp Director Jonathan Pivnick. As a former CBB camper (many years ago!), I was very impressed with the positive changes that have taken place over the past few years.

To me, CBB is a role model for agencies based on two very important components.

First, the members of the Board of Directors are committed to the cause and are ambassadors for the camp 24/7. The Board members are all engaged, are part of the process and partake in raising funds or finding in-kind donations when needed for projects that enhance the organization.

Second, the CBB staff members are team players who understand what it takes to ensure their *customers* – the campers and their parents – are receiving the best

... *the dollars we invest in our partner agencies are making our Jewish community stronger for the future.*

camp experience. When you have happy staff, you have happy customers.

CBB is just one of many agencies the Federation supports in Ottawa and I hope to visit many others during my term to see how the dollars we invest in our partner agencies are making our Jewish community stronger for the future.

In order to be able to provide funding to Camp B’nai Brith and our other 20 agencies, we must rely on the success of our Annual Campaign, which is now in progress. This year, under the able leadership of Charles Schachnow and Leiba

Krantzberg, more than 200 volunteer canvassers have taken on the responsibility of contacting as many potential donors as possible, allowing them the *kavod* (honour) of making a contribution to the Annual Campaign and thereby helping to ensure our partner agencies get the funds required to service the needs of Ottawa’s Jewish community today, and in the future. I hope you will consider making a meaningful gift to the campaign. If, for some reason, you are not contacted, please feel free to contact the Federation office and speak with Annual Campaign Manager Dawn Paterson at 613-798-4696, ext. 272. Every gift is valued and appreciated.

On behalf of my wife Shelli and myself, our children, Leora and Ben, Ariella, and Dalia, I wish you and your families a sweet, healthy and happy new year.

Shana Tova.

Am Yisroel Chai, B’Shalom.

P.S. Please feel free to be in touch with feedback on how we can work together on the community’s behalf. My email address is skimmel@westboroflooring.com.

‘In religion, as in life, the more you prepare the greater the payoff’

Someone told me with much amusement that they grew up with the High Holy Days falling during baseball’s World Series, like the Stanley Cup falling during Pesach. Since the confluence of sports and Jewish celebration ended a decade ago, this individual noted he can’t keep track of when the High Holy Days come now that the World Series is held in late-October or early-November. It is a reminder that, although important events might change when they fall on the calendar, the Jewish High Holy Days never do.

The facts of the Holy Days never deviate. Rosh Hashanah always falls on the first and second of the Hebrew month of Tishrei, Yom Kippur is always observed on the 10th of Tishrei and Sukkot on the 15th.

Sports aside, we do often speak of the High Holy Days being early or late, never on time. This is one of those years where the communal conversation comes down squarely on the side of early. However, there is something important to be gleaned from the way we express ourselves vis-à-vis the High Holy Days. Our conversation about early or late is not a reflection of whether the High Holy Days are ready for us, but an acknowledgement that we may not be ready for the High Holy Days.

Tradition provides us with an entire month of preparation. During the month of Elul, which precedes Tishrei, we Jews are expected to begin a process of introspection and begin taking a spiritual inventory. We are asked by our tradition to remind ourselves that our behaviour does make a difference in our own lives and in the lives of



From the pulpit

Rabbi Steven Garten
Temple Israel

those we love and care for. We are supposed to use this month of Elul to remind ourselves that we have an important measure of control over our lives. We are supposed to practise admitting we have done wrong and resolve to change from habits of comfort to new and more challenging habits.

An entire month to prepare for three days of introspection and repentance. No professional sports team, symphony orchestra or ballet company has the luxury of practising for an entire month before the season begins, but we Jews are offered such an opportunity.

Maybe it’s too much time. Maybe none of us needs a month to be ready for the High Holy Days. Maybe the length of preparatory time just provides an excuse to turn to Slichot tomorrow. There are, after all, 30 days to get ready.

In religion, as in life, the more you prepare, the greater the payoff. Any chef will tell you preparatory time is imperative for a meal to come close to perfection. Any musician will tell you practice is essential to hitting the right notes. Any teacher will tell you a great class depends on the

amount of time allocated to designing the lesson. So, why do so many of us believe that, if we walk into shul/synagogue/temple on Erev Rosh Hashanah without some spiritual stretching, it will be a meaningful experience?

So, in preparation for the Holy Days, I offer some spiritual exercises adapted from Rabbi Emanuel Freedman.

Practise relaxing. If you relax and don’t keep up with the pages, you’ll find a prayer whose words or melody reach out to you.

Don’t rush it. Dwell on the meaningful.

Practise mindfulness. That means practise not speaking to those around you. Not

for reasons of decorum, but because prayer is essentially about creating a mood. Chit-chat destroys the mood of prayer.

Practise coming early, and stay until the end. A visit to shul is not like a visit to a sick relative in the hospital. A longer visit enables you to catch the spirit of the day. Besides, where are you running to?

Forget words like “enjoyment,” “inspired,” “moved” or “stimulated.” You can check in with those words at the movies or a play. At temple/synagogue/shul, the task is to forget your own self. Let the melodies and mood take hold of you.

Shana Tova U Metukah.



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Shalom and salaam mean the same thing: peace

It was 20 years ago, but I remember being glued to the television on September 13, 1993 watching the scene unfold on the White House lawn.

There were Bill Clinton, the American president, standing between Yitzhak Rabin, the prime minister of Israel, and Yasser Arafat, the chairman of the Palestine Liberation Organization (PLO), as they shook hands with the whole world watching.

That day, two decades ago, heralded such hope. The end of Israel's conflict with the Palestinians seemed to be near – peace was at hand. Israel recognized the PLO as the legitimate representative of the Palestinian people, the PLO recognized Israel and renounced violence, and the Oslo Accord, signed by Rabin and Arafat that day in Washington, created the Palestinian Authority and established a framework for further negotiations and the move toward Palestinian statehood in the West Bank and Gaza.

Sadly, the hope and promises were shattered by a Jewish extremist so opposed to peace that he went to a huge peace rally in Tel Aviv and assassinated Rabin moments after the prime minister joined in the singing of "Shir LaShalom (Song of Peace)."

And they were shattered by a corrupt Arafat, who did not begin to live up to his promise of renouncing violence in



Editor

Michael
Regenstreif

favour of negotiations.

And they were shattered by so many other factors over the years.

In the two decades since, there were other efforts to move the peace process forward. From Camp David to Annapolis; from the Quartet (the U.S., the European Union, the UN and Russia) to former Israeli prime minister Ariel Sharon's unilateral evacuation of Israeli settlements from Gaza.

All of them, and others, failed.

Now, the first peace talks in three years between Israel and the Palestinian Authority have begun. These latest talks, brokered by the U.S. administration, are expected to take nine months.

Of course, that is assuming the talks don't break down over any of the seemingly myriad issues that separate the two sides – and, given the history of the peace process over the past 20 years, it would be a major miracle if they don't break down.

And, even if they do reach a peace deal and it is ratified in referendums both sides

have said they would hold, there is still the impossible situation in Gaza, which is controlled by Hamas, which rejects both peace and the existence of Israel.

Despite the history of failed peace attempts, the Palestinians are not the worst enemy the Jewish people have faced over the past century. That, surely, was Nazi Germany, an anti-Semitic regime that murdered 6,000,000 of our people in the Holocaust in their genocidal attempt to rid the world of Jews.

Yet, today, Germany is a friend of Israel. Five years ago, 63 years after the Holocaust came to end, and 60 years after the founding of the modern State of Israel, Angela Merkel, the chancellor of Germany, addressed Israel's Knesset.

Many commentators have pointed out that the chances of these latest talks leading to peace and to a two-state solution are remote. And they're probably right. There are so many impediments to a resolution of the conflict. But, still, I am reminded that, as Jews, we hold the concept of *tikkun olam* – repairing the world – as a cherished ideal and, until there is peace, ours is far from a world in repair.

The most commonly spoken words in Hebrew and Arabic are *shalom* and *salaam*, and they mean the same thing: peace.

Israel's conflict with the Palestinians pales in comparison to the Holocaust.

And, in a world where the nation that perpetrated the Holocaust is a friend of Israel, it's not so hard to imagine Israelis and Palestinians living beside each other in peace and prosperity.

Change coming to the *Bulletin*

We're very excited at the *Ottawa Jewish Bulletin*. The new design of our revamped print edition, and our new, dynamic website will be launched with our community-wide Chanukah edition on November 25, and we want everyone in the community to be part of our future.

If you're not a regular *Bulletin* subscriber – this is a community-wide issue and we publish 19 times per year with only two issues going out to non-subscribers – we hope you'll become one now.

Our rates, which have held steady for many years, will have to rise in 2014. But we're inviting everyone to buy a new subscription, or extend an existing subscription, for up to two years at the current low rates.

To buy or extend a subscription, just contact Business Manager Barry Silverman at 613-798-4696, ext. 256 or bsilverman@ottawajewishbulletin.com.

Shana Tova

On behalf of the *Bulletin* staff – Barry, Brenda, Ilana and me – I wish everyone a sweet, happy and peaceful new year.

'Honour systems only work with honourable people'

To put the Senate spending scandal in perspective, it's important to know there have never been very many rules that have been enforced to the letter in both the House of Commons or the Senate. There were rules, and then there was the honour system, and the honour system often ruled the day.

Somehow, MPs and senators were in a special class of people who put themselves, in a sense, above the principles of good accounting and accountability. This fact is as old as the country. Since the first Parliament in 1867, there was always a different set of rules, or, in some cases, no rules at all.

It is shocking to know that, 34 years ago, the auditor general of Canada did the first-ever comprehensive audit of the House of Commons. His findings were devastating. In 1979, James Macdonell determined that those who were elected to run the country had proven themselves totally incapable of even running their own House of Commons. It was just wishful thinking to imagine things would have been cleaned up after that embarrassing report.

Once again, it may be hard to believe, but, since 1867, members of Parliament



Jason
Moscovitz

and senators have been largely responsible for running their own show. Although they may not have had the competency to administer large organizations like the House of Commons and the Senate, groups of senior members of both houses were responsible for setting the rules and administrating them. Ultimately, elected MPs and un-elected senators were setting their own rules and signing off on their own expense and housing accounts.

The bodies that held the power and the decision-making apparatus are referred to as the Boards of Internal Economy – fancy titles for people putting themselves over and beyond any reasonable oversight. There is no other comparable scenario in the country. You have to really use your imagination to even believe it is possible that an expense or housing allowance can become the product of

someone's personal accounting with their signature enough to say it is all true.

Despite the horror stories in the 1979 report, members of Parliament bristled at the suggestion they were incapable of running their own affairs. Despite their protests, the first-ever administrator was appointed to set down rules and clean up an embarrassing financial mess. The administrator met up with a lot of resistance, but persevered and did make some positive administrative changes – but not nearly enough to diminish the mantle of the honour system.

Over the years, the authority of the administrator was diminished rather than strengthened, and the lessons of 1979 were lost and forgotten.

If you can't have confidence in an MP or senator to honestly self-regulate his or her affairs, how does one curtail the cynicism that seems to be overtaking us when it comes to our thoughts about politicians and the political process?

It is really interesting that, after the sponsorship scandal 10 years ago, crown corporation executives had to begin putting their expense accounts on the websites of their organizations, yet no one made a move to have MPs and senators

do so. The Liberals say they will begin to do so in the fall.

It is really sad because, as so many have already said, there are many more honest politicians than not, but the dishonest ones take a lot of space and it makes everything and everyone involved weaker and more ineffective.

A dreadful situation in 1979 was exposed, and the country had every reason to ensure back then that an end would come to plain and simple wrong doing among those, who, for whatever reason, feel entitled.

I have no way of knowing for sure, but I have a sixth sense the situation in 2013 is going to be dealt with differently than it was in 1979. Much differently, in the sense that the RCMP and the justice system will be determined to set examples of wrong-doers and that good old Canadian leniency will not spare the culprits.

I have a feeling that, if the proof is in the pudding, there will be charges, trials and jail terms.

Honour systems only work with honourable people, and those who prove themselves to be less than worthy will have merited being taken away in handcuffs.

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Mailbag

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Ottawa Modern Jewish School

In her column, "A supplementary school parent's frustrations and dreams (*Values, Ethics, Community*, July 22)," Mira Sucharov need not have looked at models from other cities to find a program that accounts for varying interests and builds inherent flexibility. Here, in Ottawa, we have just such a supplementary Jewish school.

Ottawa Modern Jewish School (OMJS) lives up to our name by teaching Jewish tradition in a non-traditional way, not relying only on the classroom experience. Our six visits a year to Hillel Lodge have become a valued part of the OMJS curriculum. In addition, our classes have visited the Ottawa Jewish Archives, explored the history on the walls of the Soloway Jewish Community Centre and had guest speakers such as Jewish authors, representatives of the Israeli Embassy, mohels, mashgiachs and volunteer teachers from Africa. We were also very excited to host Israeli musician Michael Greilsammer.

While learning about kashrut, our students have enjoyed scavenger hunts at Loblaws and visited Rideau Bakery. Our annual Sukkah Hop, visiting several sukkot in the community, is an experiential highlight.

Jewish Family Services is another organization our school shares with during Jewish holidays.

OMJS always participates in workshops for teachers as well as the Jewish Federation of Ottawa's Mitzvah Day, Purim carnivals, Yom Ha'Atzmaut and the Am Echad walkathon.

At OMJS, we still dream and are always open to the dreams of others as we continue to build and improve our program and Jewish experiences for our students and families. Perhaps our experiential learning curriculum and community-building is one of the reasons OMJS student enrolment has increased over the past three years.

Janet Kaiman, Principal
Ottawa Modern Jewish School

Letters welcome

Letters to the Editor are welcome if they are brief, signed, timely and of interest to our readership. The Bulletin reserves the right to refuse, edit or condense letters.

The Mailbag column will be published as space permits. Send your letters to Michael Regenstreif, Ottawa Jewish Bulletin, 21 Nadolny Sachs Private, Ottawa, Ontario K2A 1R9; or by e-mail to bulletin@ottawajewishbulletin.com.

Has the era of the kosher cheeseburger really arrived?

By Talia Levin

New York (JTA) – When the world's first lab-grown burger was introduced and taste-tested on August 5, the event seemed full of promise for environmentalists, animal lovers and vegetarians.

Kosher consumers were another group that had good reason to be excited.

The burger was created by harvesting stem cells from a portion of cow shoulder muscle that were multiplied in petri dishes to form tiny strips of muscle fibre.

About 20,000 of the strips were needed to create the five-ounce burger, which was financed partially by Google founder Sergey Brin and unveiled by Mark Post of Maastricht University in the Netherlands.

PETA hailed the event as a "first step" toward humanely producing meat products. A University of

Amsterdam study shows that lab-grown meat could significantly reduce the environmental impact of beef production.

For kosher-observant Jews, the "cultured" burgers could open the door to radical dietary changes – namely, the birth of the kosher cheeseburger.

That's because meat produced through this process could be considered parve – neither meat nor dairy – according to Rabbi Menachem Genack, CEO of the Orthodox Union's kosher division. Thus, under traditional Jewish law, the burger could be paired with dairy products.

Several key conditions would have to be met to create kosher, parve cultured beef. The tissue samples would have to come from an animal that had been slaughtered according to kosher rules, not from a biopsy from a live animal, Rabbi Genack said.

The principle underlying this theory is much like the status of gelatin in Jewish law: Though it is derived from an animal, it is not meat (the Orthodox Union certifies some bovine-derived gelatin as parve).

Rabbi Genack noted another source for viewing cultured meat as parve: a 19th century Vilna-born scholar known as the Heshkek Shlomo wrote that the meat of an animal conjured up in a magical incantation could be considered parve. It may not be too much of a stretch, then, to apply the same logic to modern genetic wizardry.

But kosher chefs aren't heating up the parve gridles just yet.

The lab-born burger, which cost \$325,000 and took two years to make, is still a long way from market viability, kosher or otherwise. If mass produced, it could still cost \$30 per pound, researchers said.

"I'll believe it when I see it," said Jeff Nathan, the executive chef at Abigail's on Broadway, a kosher restaurant in Manhattan. "Until it's in my hands and I can touch it, smell it and taste it, I won't believe it."

Even if cultured beef became commonplace, consumers still might not be interested, said Elie Rosenfeld, a spokesman for Empire Kosher, North America's largest kosher poultry producer.

"Parve burgers made of tofu and vegetables have been on the market for years," Rosenfeld said. "But customers are still looking for the real deal, a product that's wholesome and genuine."

Nevertheless, Nathan sounded an enthusiastic note about the potential for parve meat.

"I'm all for experimentation and science," he said. "Let's see what it tastes like!"



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Alan Blostein
President

Shana Tova from JNF Ottawa

On behalf of JNF Ottawa, I wish to extend to all of our supporters and the community a healthy, happy and prosperous New Year. On July 17, we hosted the **first JNF Israeli Blue Sky Breakfast** at the Rideau Club. David Rosenberg, chief economist and strategist for Gluskin Sheff, engaged a full house of attendees with his economic and investment outlook. David is a proud native Ottawan, whose family has deep roots in the Jewish community. As such, David was gracious to donate his time and expertise to JNF. Craig Oliver, who facilitated the Q&A, also donated his time.

Our event attracted both members and leaders in the business community, and we are grateful to both individual and corporate sponsors from BlackRock (iShares), Welch LLP, Telfer School of Business, Raymond James, Manulife Securities and my colleagues from CIBC Wood Gundy. Thank you to everyone who contributed to the success of the event – including the Rideau Club, which was flexible in allowing us to host a kosher event catered by Creative Kosher. Proceeds from the event will support the Sderot Recycled Water Reservoir in the Negev as a way to celebrate the UN's International Year of Water Cooperation. JNF is a leader in the field of innovative solutions for the severe water shortage in Israel, and KKL-JNF expertise is shared with countries around the world.

Honouree Dr. Roberts impressed with Jewish community

The **Negev Dinner Campaign Cabinet**, chaired by Lawrence Weinstein, is working hard to ensure it is a great success. Dr. Roberts is very supportive and is grateful to have the opportunity to give back to the Jewish community, which continues to support the Ottawa Heart Institute. Asked what motivated him to accept the Honouree nomination, Dr. Roberts said, "As President and CEO of the University of Ottawa Heart Institute, in the past nine years that I have been here, I have been very impressed with what the Jewish community has been able to do for the Heart Institute, both in terms of philanthropy and by serving on the boards and various committees. When I was approached to be the Negev Dinner 2013 Honouree, I immediately saw this as a great opportunity on my part and on behalf of the Heart Institute to say thank you, and in a very small way give back to the community."

Our JNF Negev Dinner keynote is 100 per cent Israel

Our everyday lives are busy and we are often inundated with headlines and storylines about the Middle East that rile, confuse and challenge us. That's why our JNF Negev Dinner keynote speaker is the *Wall Street Journal's* Bret Stephens, the 2013 Pulitzer Prize winner for commentary, and formerly the youngest editor-in-chief of the *Jerusalem Post*. Mr. Stephens will deliver a very timely, topical and thought-provoking insight to the often confusing and challenging situation facing Israel.

Please join us on October 29. Visit ottawa.jnf.ca for details, or call us at 613-798-2411.

On a daily basis you can plant trees for all occasions. An attractive card is sent to the recipient. To order, call the JNF office (613.798.2411).



(From left) Israeli negotiators Isaac Molho and Justice Minister Tzipi Livni, U.S. Vice-President Joe Biden and President Barack Obama, and Palestinian negotiators Saeb Erekat and Mohammed Shtayyeh at an Oval Office meeting to discuss the formal resumption of direct Israeli-Palestinian negotiations, July 30.

(Photo: U.S. State Department)



Israelis and Palestinians launch peace talks in Jerusalem

Jerusalem (JTA) – Israeli and Palestinian negotiators launched renewed peace talks in Jerusalem under a media blackout.

Following a three-year freeze, the talks began August 14.

The Israeli negotiators are Justice Minister Tzipi Livni and the prime minister's representative, attorney Isaac Molho. The Palestinian negotiators are Saeb Erekat and Mohammed Shtayyeh, a senior Fatah official.

The framework for the talks was negotiated by the two sides with top U.S. officials in Washington in late July.

The meeting came less than a day after Israel

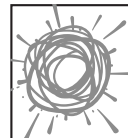
released 26 Palestinian prisoners and returned them to the Gaza Strip and West Bank.

A total of 104 Palestinian prisoners are set to be released at intervals, pending progress in the talks, which have a nine-month timetable leading to a peace agreement.

It also came days after Israel approved the construction of hundreds of apartment units in West Bank settlements and eastern Jerusalem.

Meanwhile, *Ynet* reported before the talks started that Israel has agreed to turn over to the Palestinians the bodies of terrorists who

were killed and buried in the West Bank. Dozens of bodies will be transferred, Palestinian Civil Affairs Minister Hussein al-Sheikh confirmed to *Ynet*.



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Keshet for Kids:**Helping kids with developmental disabilities experience summer camp**

By Sharon Reichstein
for Tamir

Going to camp can be the pinnacle of summer for kids. It's about having a blast! For many of us, these are summer memories we can look back at fondly: the excitement of trying new activities and sports, making new friends, and growing as an individual.

But these experiences have not always been possible for children with developmental disabilities in our community. That is until Tamir's Keshet for Kids (fondly referred to as Keshet) came along.

Established in 2004, Keshet (Hebrew for rainbow) provides opportunities for children with very involved developmental disabilities to attend summer

and March Break day camps. Most participants are kids who require one-to-one assistance. Without this intense support, these children would simply not be able to participate and function successfully. Luckily, our generous community donors have ensured this program flourishes.

Last summer, Keshet campers experienced the first overnight camp stay of their lives by spending three days at Camp B'nai Brith (CBB) of Ottawa. They enjoyed boat rides, swimming, arts-and-crafts, sing-alongs around the campfire – you name it, they did it! They experienced first-hand the amazing *ruach* (spirit) of CBB. For some, it was their first time away from home.

This summer, Keshet



Participants in Tamir's Keshet for Kids program enjoy a visit to Camp B'nai Brith.

campers and their counselors enjoyed trips to the Kanata Wave Pool, a tour of the Parliament buildings, a taiko drumming presentation and another overnight stay at CBB.

However, there is always

more that can be done to support Keshet and, in lieu of Tamir's biennial tea, we are holding the *Kvell for Keshet Phantom Tea*, a telethon in support of Keshet for Kids.

Fundraising for the *Kvell for Keshet Phantom Tea* has

already begun and will continue through the fall. Tamir's goal is to see Keshet for Kids continue to grow and provide new and exciting experiences for campers. Through Keshet, children with disabilities are taking

their rightful place in the community and in camp, and having the time of their young lives.

Visit tamir.ca to learn more about Keshet for Kids or to support the *Kvell for Keshet Phantom Tea*.

L'Shanah Tovah

Wishing you a sweet,
happy and healthy
New Year.

From the Board of Directors
and staff of the
Jewish Federation of Ottawa
and the Ottawa Jewish
Community Foundation



A little rain doesn't stop the jnet softball tournament

By Ilana Belfer

Rain was not an obstacle for about 60 people who brought bats, balls, gloves and high spirits to the Jewish Community Campus for jnet's first-ever softball tournament, July 28.

jnet is a non-profit social network that connects and organizes events for Ottawa-area Jews in their 20s and 30s.

The tournament was organized after the jnet team, Members of the Tribe, saw success in the Ottawa Sport & Social Club softball league this summer, and the Jewish Federation of Ottawa's openOttawa road hockey tournament for the emerging generation held last July, said jnet co-chair Maya Avshalomov.

"People are having fun," she said. "Since we're so dispersed and we all have different types of jobs ... once in a while [we] just get

everybody together and [say] 'Hey, still here!'"

Avshalomov staffed a Taglit-Birthright trip to Israel in May and put the Heads Up team together with the goal of reuniting participants, one of whom was Shelby Levine. At 19, and on the younger end of jnet's target spectrum, it was Levine's first time attending a jnet event, and her first time playing softball.

"I got a run. It was very exciting," she said, despite her team's loss.

Six teams took to the field over the course of the day, including the Hebrew Hammers, the Matzah Ballers and the Gefilte Gang, whose motto was "You can't catch us, because you can't catch gefilte fish," said team member Ariella Singer.

The Hebrew National team proudly sported T-

shirts sponsored by Naot Footwear. The team member who arranged the sponsorship, Steven York, drove in from Montreal where he lives near the Chaussures Naot store that has been targeted by weekly anti-Israel protests.

"The boutique is really losing money," he said, "so I wanted to get some representation for Naot."

The sun finally peeked out over lunchtime, creating optimal conditions for a watermelon eating contest. But, even with more showers throughout the afternoon, the teams played on with smiling faces.

"It's sometimes tough to get people to dedicate a full day on a Sunday in the summer, so there are challenges, but I think we did a good job of bringing folks out," said Ian Tobman, who co-chaired the softball tournament with Jordana Vered.



The jnet softball tournament was won by the Natural Blonds: (back row, from left) Sam Levine, Andrew De Sousa, Joshua Weiss, Jason Fishman, Ira Ben Reuven, Chris Boerger, Andrew Adamczyk, Josh Schmeer; (front) Camille Wenner, Genevieve Tilden, Sara Miller.

"If a few people meet for the first time [and] decide they want to get a little bit more involved ... that would be a success."

Ultimately, the Natural Blonds, led by captain Ira Ben-Reuven, emerged victorious and took home the grand prize keg of Kichissippi Beer.

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High Holidays Feature

What children can teach us at Rosh Hashanah

By Dasee Berkowitz

(JTA) – A deep spiritual life is hard to find. While opportunities abound for spiritual connections (yoga, meditation, retreats and the like), for most of us, it doesn't come easy. The noise, unfinished-to-do lists and the distractions of everyday life interfere with quieting our minds, letting go of our egos for a moment and connecting to something far greater than ourselves.

On Rosh Hashanah and Yom Kippur, we notice just how difficult it is to connect spiritually. As we log in hours of prayer at our neigh-

bourhood synagogues, with unfamiliar liturgy and an unfamiliar language, we can easily let the longing for spiritual growth morph into a longing for the service to be over.

But, for some, the spiritual life we crave comes naturally. This is especially true for children.

Yes, they may be running through the synagogue's aisles and *whispering* too loudly, but, this time of year, they can become our best teachers. We just need to slow down enough to listen to them.

Cultivating a relationship

with God comes easy for children. As an adult, a relationship with God has never been central to my Jewish identity. It might sound strange because I live an observant life and prayer is important to me. The weekly holiday cycle punctuates my family's calendar and Jewish ethics frame much of my behaviour.

Still, I seldom credit my observance to God. Judaism is important to me because it adds meaning to my life. And, if I start speaking about God, I start to feel self-conscious, too *religious* and slightly fundamentalist. Then, I notice how easily my kids speak about God.

At three, my son periodically gave a high-five to God and explained to others what a blessing was. "A *bracha*," he would say, "is like a group hug." With his simple young mind, he experienced a level of intimacy with God and recognized that connecting to God helps one develop a sense of inti-

macy with others.

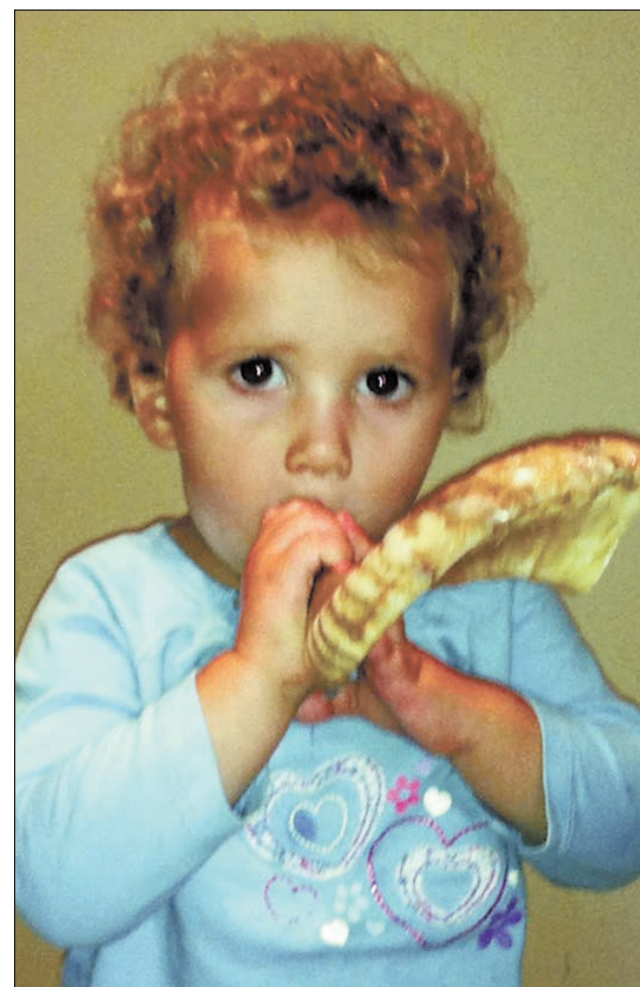
The rabbis call Rosh Hashanah "Coronation Day." In the rabbinic mind, the metaphor of crowning God as Ruler and giving God the right to judge our actions was a powerful way to galvanize Jews to do the hard work of repentance, or *teshuvah*.

While the image of a King sitting in judgment might motivate some, the rabbis also knew that God is indescribable. Throughout the liturgy, they struggled to find other images that might penetrate the hearts of those who pray. The famous medieval *piyut* (liturgical poem), "Ki Anu Amekha," portrays God as a parent, a shepherd, a creator and lover.

The images continued to proliferate in modern times. The theologian Rabbi Mordechai Kaplan spoke of God as the power that makes for good in the world. And the contemporary poet Ruth Brin speaks about God as "the source of love springing up in us."

The liturgy on Rosh Hashanah challenges us to confront the meaning of God in our lives and then develop a level of intimacy with the Ineffable. While I am still not sure what God is, I am coming to appreciate the view that God is what inspires us to live our lives in service to others.

Children have a natural



Perhaps Yael Berkowitz-Morris, shofar at the ready, can teach her mom, JTA contributing writer Dasee Berkowitz, a few things at the High Holidays.

(Photo: Dasee Berkowitz)

ability to be awestruck. There is so little they have experienced in life that it must be easy for them to experience wonder. We watch their delight as they find out how a salad spinner works, or when they find a worm squirming in the dirt, or when they observe how

flowers change colours as they enter full bloom.

These are not simply the sweet moments of childhood. These are ways of being that have deep theological resonance.

Rabbi Abraham Joshua Heschel recalls in *Who is* (Continued on page 25)



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Looking back at 5773 in Ottawa



This year's Cappies production at the Ottawa Jewish Community School was *You Can't Take It With You* by Moss Hart and George S. Kaufman. There were three sold-out performances from November 27 to 29. (Photo: Howard Sandler)



It was standing room only as members of Ottawa's Jewish community rally in support of Israel, November 21, at the SJCC. (Photo: Howard Sandler)



Dancers celebrate at the community Yom Ha'Atzmaut party, April 16. (Photo: Howard Sandler)



Ottawa Modern Jewish School (OMJS) Grade 2 students receive a visit, September 23, from OMJS graduate Tobin Kaiman, a corporal in the Israel Defense Forces (IDF).



Ambassadors Miriam Ziv of Israel and Teppo Tauriainen of Sweden help plant a tree in memory of Swedish diplomat Raoul Wallenberg at Raoul Wallenberg Park in Ottawa, November 9.

Wallenberg saved thousands of Hungarian Jews during the Holocaust before being arrested by the Soviet army. 2012 marked the 100th anniversary of Wallenberg's birth on August 4, 1912. The date of his death, likely in a Soviet prison, remains unknown.



Challahs to be used for Shabbat dinners for families served by the Ottawa Kasher Food Bank are prepared during Mitzvah Day, February 10. (Photo: Francie Greenspoon)



Chevy and Rabbi Arnold Fine on board a charter flight bringing new olim to Israel from North America, August 12. (Photo: Nefesh B'Nefesh)

Rabbi Arnold and Chevy Fine make aliyah to Israel

Nefesh B'Nefesh – Rabbi Arnold and Chevy Fine made aliyah, August 12, travelling to Israel from New York on Nefesh B'Nefesh's 50th aliyah charter flight. They were among 331 North American olim (new immigrants to Israel).

Rabbi Fine, 75, and his wife, 72, are moving to Netanya, a beach town in central Israel. Rabbi Fine was the spiritual leader of Agudath Israel Congregation for 23 years.

Since retiring from Agudath, he has served as a community chaplain and was interim rabbi at Congregation Beth Shalom. Chevy Fine was an active volunteer in Ottawa's Jewish community for many years.

It has been a dream of the Fines to make aliyah since the 1960s, when they both spent some time in Israel. They said the timing is now right for them to do so.

"Having been born before the birth of the State of Israel, having seen it struggle to define itself and to grow both spiritually and physically, having visited or studied in Israel numerous times, we approach our aliyah in the same spirit," said Rabbi Fine.

"We realize the opportunity for growth, for realizing dreams, being a part of the unique Jewish opportunity of our generation and that of our family.

"Aliyah is ascent and we will work to make that real for us," he continued.

"When so many people of our age are contemplating retirement homes, we are anticipating not retiring but being retread so that we may continue to grow and to contribute to the dream of Israel."

Founded in 2002, Nefesh B'Nefesh, in co-operation with the Israeli government and the Jewish Agency for Israel, is dedicated to revitalizing aliyah from North America and the United Kingdom by removing or minimizing the financial, professional, logistical and social obstacles of aliyah.

The support and comprehensive social services provided by Nefesh B'Nefesh to nearly 35,000 olim, has ensured that 97 per cent have remained in Israel.

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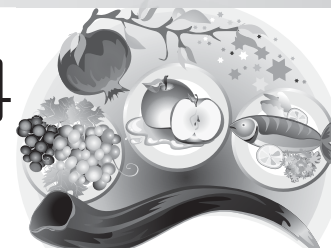


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Women of the Wall members blow the shofar at the back of the Western Wall Plaza during its monthly Rosh Chodesh service, August 7.
(Photo: Miriam Alster)

Sharansky to reveal full Western Wall plan

(JTA) – Jewish Agency Chairman Natan Sharansky is expected to release his full plan for a compromise among religious groups at the Western Wall in the coming days.

Sharansky, according to *Haaretz*, aims to release the plan before the end of August.

“If we have an agreement on a solution for the future, that can help bring us closer to a compromise

in the interim,” he said earlier this month.

Under Sharansky’s plan, first reported in April, an existing egalitarian section of the wall known as Robinson’s Arch would be expanded and a unified entrance would be built leading to the wall’s traditional and egalitarian sections. Robinson’s Arch would be open at all times – now it is open for a few hours per day.

The expanded section for egalitarian prayer would be run by a joint commission of the Israeli government, the Jewish Agency and representatives of world Jewry.

The Western Wall Heritage Foundation, which runs the current Western Wall Plaza, would continue to run the traditional section.

Protests over the high-profile arrests of female

worshippers at the holy site led Israeli Prime Minister Benjamin Netanyahu late last year to tap Sharansky to formulate a compromise solution.

The months since Sharansky introduced the plan have seen increased haredi Orthodox protests of Women of the Wall, a group that organizes a women’s service at the wall at the beginning of each Jewish month.



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Rabbi Elizabeth Bolton

Mandy Gosewich:

Fourth generation merchant in the ByWard Market

By Ilana Belfer

You might say it was *besheret* – from floor to tintiled ceiling. Stunning! Fashion Accessories & Then Some, Mandy Gosewich's new boutique at 6 York Street, has been nearly a century in the making.

Gosewich, who opened shop in May, is a fourth-generation ByWard Market merchant.

"This is what we do," she said, schmoozing customers with ease as they pop in. "I'm sure if my father was a doctor and my mother was a lawyer, we'd sit around and

talk about different things and maybe I would've rolled out to be something different."

Stepping into Stunning! feels like stepping into a Gosewich family history book – if the book were lined with magenta walls and dripping with chandeliers.

The siddur perched on a shelf near the cash once sat on Great-Zaidie Zvi's cart at York and Nelson Streets, where he sold Jewish items and Yiddish newspapers after arriving from Poland in the 1920s.

The sewing machine –

now draped in jewelry – once served Zaidie Sam's York Street hat-making business, Ottawa Imperial Cap Companies.

The painting of Ritchie's Sports Shop pays homage to her father Herb, who previously owned a clothing shop on Dalhousie Street, before dedicating 45 years to his Sparks Street "institution."

As patrons browse, it's clear Gosewich isn't just selling the accessories. She's selling their stories, slipping in tidbits, like how Lauren Harper wore a Left Hand Love necklace on Canada

Day. Her personality is also part of the package. "I'm feisty," she admitted.

That's a tribute to Gosewich's mother, the notoriously quick-witted Dena, who owned Next to Nothing Lingerie.

"I learned all about product knowledge when I first started off working with my mom at Next to Nothing, because what made hosiery stand out from other hosiery brands? Why should someone spend \$125 on a bathing suit instead of \$9.99?" she said. "Customers like to be educated."

It was product knowledge that made Gosewich stand out at Holt Renfrew and work her way up to the Toronto headquarters. She later managed a Michael Kors store and, over the years, gained experience at various jobs in everything from product development to wholesale to visual merchandising and marketing.

"Finally, at this stage, I was like, 'OK, I get it,'" said the 49-year-old.

While Gosewich's path to entrepreneurship may have been clear cut, it wasn't always easy. She returned to Ottawa in 2006 to be closer to her parents after they were in a car accident.

"I'm very fortunate, very blessed that they're here to see [the store]," she said.



Mandy Gosewich in her new ByWard Market store, Stunning! Fashion Accessories & Then Some.

(Photo: Ilana Belfer)

"My dad grew up in this neighbourhood ... For him to see me as the next generation of retailers ... makes me really proud."

From the spray-painted muffin tin turned funky jewelry container, to the lime green desk that used to be her grandmother's vanity, Gosewich described her style of decor as "shabby chic." Everything came from her house, a thrift shop or was salvaged from the trash and revamped.

Each piece of jewelry has been hand-picked by Gosewich and most are unique. Designers include Rita D, Charlotte Hosten and the

Israeli-born artists behind Tou A Jewelry.

"This is a representation of me," she said.

The way Gosewich has displayed most of the jewelry – pinned up inside picture frames – is unusual, yet it seems only natural in a Gosewich-designed space. For her, jewelry is as valuable a memento as any photograph.

"I have jewelry from the '80s ... I still wear that stuff. Or I still wear pieces that were my grandmother's," she said. "I have that memory with pieces that I put on and that's what I want [for others]."



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Puzzling project: Max Wallack helps Alzheimer's patients

By Suzanne Kurtz Sloan (JTA) – Max Wallack was six years old when his beloved great-grandmother Gertrude came to live with him and his family in Natick, Massachusetts.

For four years, he helped his parents take care of her and saw first-hand the effects of Alzheimer's disease on her. But Wallack also noticed that, when she and other Alzheimer's patients would do simple jigsaw puzzles, their mood would lighten.

The observation would change him forever.

"Patients were so often depressed and agitated, but, after they would do a puzzle, they were happy," he said.

In 2007, Wallack began researching the role these puzzles had in assisting those with Alzheimer's disease. He discovered not only did the puzzles help boost the patient's self-esteem, they also helped slow the progression of the disease.

Wallack started collecting puzzles and eventually collaborated with Springbok

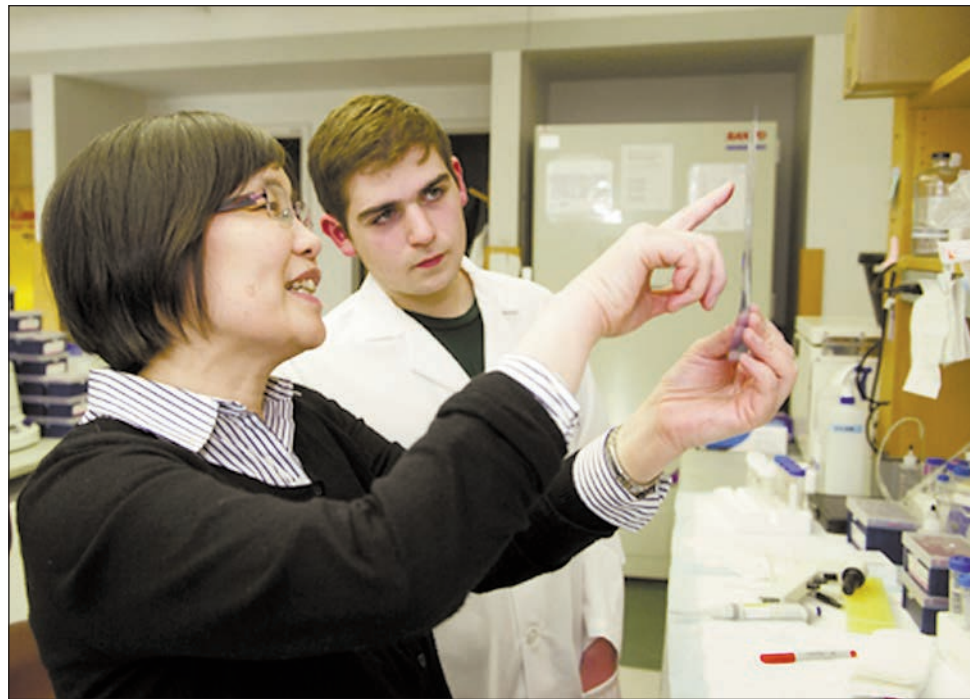
Puzzles to design a line of puzzles specifically for those with Alzheimer's.

His bar mitzvah project became Puzzles to Remember – puzzlestoremember.org – a non-profit organization that provides jigsaw puzzles to patients at Alzheimer's and veteran's facilities internationally. Since its inception, the organization has distributed more than 23,000 puzzles to 2,000 facilities.

Today, the 17-year-old is a junior at Boston University (BU), where he has been spending the summer working at the Laboratory of Molecular Psychiatry in Aging at BU's Alzheimer's Disease Center. He hopes to attend medical school in a few years.

Wallack, who skipped kindergarten and Grade 5, was recently awarded the Diller Teen Tikkun Olam Award for his service project. He plans to apply a little of the \$36,000 prize toward his research and "a lot towards my tuition," he said.

Working with Alzheimer's



Max Wallack with Wendy Qiu, who heads the Laboratory of Molecular Psychiatry in Aging at Boston University's Alzheimer's Disease Center. (Photo: Vernon Doucette)

patients, Wallack said, "really is my calling; it's really important to me."

JTA spoke to Wallack about his plans for the future, his biggest influences and how he still makes time to have fun.

What sort of puzzles have

you found are best for people with Alzheimer's disease?

Usually puzzles that have bigger pieces, but are the same dimensions of a large [500-piece] puzzle but in 12 or 36 pieces, with colourful, vivid, memory-provoking scenes.

Who or what have been the biggest influences in your life?

The two biggest influences in my life have been Jan Davidson from the Davidson Young Scholars Program for gifted children. She started me on my path.

And my great-grandmother for showing me what I'm going to do for others.

What do you think you want to be doing when 'you grow up' or think you'd like to be doing professionally in perhaps five or 10 years?

I want to be a geriatric psychiatrist, interacting with patients and their caregivers, but I also want to be doing research.

What's your favourite Jewish holiday?

Shabbat is really important. I try to really think about the week – what I've done and what I'll do and how to be a better person.

What advice would you give other teens interested in launching a service project?

Try something you're passionate about and do it. Even the smallest thing, it will grow from there.

What kind of things do you like to do for fun?

I like biking, swimming, Ping-Pong, video games, billiards. I try not to procrastinate. I have a lot to do.

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Guest column

High school at OJCS: our unconditional first choice

By Anne Valley
OJCS parent

It seems common in the Jewish community to send one's kids to private/parochial school from kindergarten to Grade 4, somewhat less common to have them continue in the private system through middle school, and decidedly rare for them continue through to the end of high school.

Outside the Jewish community, the trend has long been in the opposite direction: public school for the early years, and private, at least ideally, for high

school. The different trends reflect different thinking. Many within the Jewish world want to nurture their children's sense of Jewish identity through an early Jewish education; they want their children to come to inhabit the rituals of the Jewish week, and of the liturgical year, and many feel this has been reasonably well established by the end of Grade 8 (or even by the end of Grade 3).

For most non-Jews who send their children to private school for high school, religious or cultural identity seems not to be the primary

motive. Instead, it is social identity. High school can be an especially tumultuous time, where identity crises are as common as pimple breakouts. Teens, in their often-desperate yearning for acceptance, gravitate toward cliques, which then move, as if in protective phalanx formation, through the cafeterias and schoolyards.

Perhaps this dark portrait is reflective of my own school trauma. I was kid who would have disappeared in a large school, overwhelmed and overstimulated.

I certainly did not find my private high school experience to be easy. But it was an environment where, despite my best efforts, I could not disappear.

Small community-based schools, where one shares connections beyond those of an institutional relationship, serve as powerful antidotes to teen anonymity – that potentially perilous

breeding ground for anomie, depression, anxiety, peer pressure, and a bevy of other malaises that constitute the stock-in-trade of many high school experiences.

While there are many excellent public high schools, particularly those with specialized programs, permitting the creation of smaller communities within the school, as well as less-than-stellar private ones, the general trends are well documented and well known.

Best are those schools that foster a sense of belonging to 'something bigger'; that cultivate the experience of contributing to something of value beyond the individual, isolated, self. And it is here that parochial schools have a distinct built-in advantage.

Unlike other private institutions, which try to appeal to some form of metaphorical community, the parochial school's community is not established through selection – it is already built in. Community is not the sought-after creation of the school. The school itself is the authentic outgrowth of an already existing sense of belonging and purpose.

The Ottawa Jewish Community School (OJCS) Rabin High School division is a gem in our community.

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As a university professor, I know from first-hand experience that a student's self-confidence – expressed as faith in one's ability to succeed, to verbally express ideas, to speak with professors, and to generally navigate the world of ideas – is a far more accurate indicator of success in university than high school grades.

Indeed, a strong sense of self-identity is probably the

most important ingredient in all of life's challenges. It is knowing we have a terra firma – with deep and well-nourished roots – to return to after we've been knocked down (and who isn't knocked down from time to time?) that allows us to regain our balance and move forward with confidence and unabated wonder.

The OJCS Rabin Division is a remarkable high school that combines exceptional academic training with the dedicated fostering of social, cultural, and religious identity.

I cannot imagine a better environment for our children to grow in.

Anne Valley, a professor of classics and religious studies at the University of Ottawa, is the mother of two OJCS students: Aaron Kaplan, Grade 4, and Aidan Kaplan, Grade 9.

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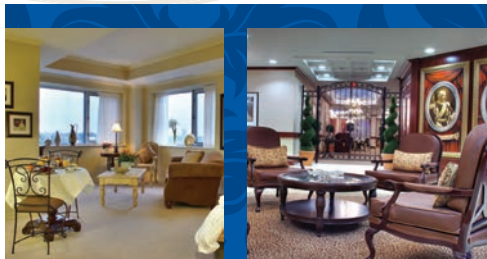
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Young classical musicians perform at Hillel Lodge

By Evelyn Greenberg
Canada-Israel
Cultural Foundation

It was standing-room-only when five gifted musicians from the National Arts Centre (NAC) Summer Music Institute performed, June 19, for residents and friends in the main lobby of Hillel Lodge at the eighth annual Ruth Berger Memorial Concert presented by the Canada-Israel Cultural Foundation (CICF) and the Ottawa Jewish Community Foundation.

Ruth was a devoted volunteer, music lover and community icon who contributed so much to Ottawa's Jewish community. Along with Maestro Pinchas Zukerman, she was a driving force behind the Young Artists Program of the NAC.

The memorial concert takes place in her honour every year at Hillel Lodge, much to the delight of the residents.

Ruth's sister, Debra Cohen, and her daughter,



(From left) Musicians Dylan Kennedy and Roman Fraser; Debra Cohen; Norman Barwin; Lisa Berger; and musicians Eric Abramovitz, Juan-Salvador Carrasco and Jameel Martin at the Ruth Berger Memorial Concert.

Lisa Berger, attended the concert.

Hillel Lodge Executive

Director Stephen Schneiderman thanked the musicians for bringing the magic

and beauty of music to the residents.

CICF Ottawa Chapter

chair Norman Barwin also expressed appreciation to the young musicians and

presented them with a token of gratitude on behalf of CICF.

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Chaperons announced for March of the Living

Info session for students and parents on Sept. 17

By Ilana Belfer

Benita Siemiatycki and Gaby Scarowsky will be the chaperons for the Ottawa contingent on the 2014 March of the Living trip to Poland and Israel in April.

March of the Living is a two-week education experience for Jewish high school students from all over the world. They spend the first week learning about the Holocaust at sites where it unfolded and the second week in Israel.

"We're really excited. It's a challenge but also a privilege to act as mentors and role models and surrogate parents," said Siemiatycki, a child of Holocaust survivors and Shoah Committee volunteer.

Siemiatycki, co-ordinator of the Jewish Ottawa Info-Centre, is the Jewish Federation of Ottawa staff member responsible for co-ordinating the March. Her son, Jamie Katz, one of her three children now in their 20s, was a participant on the March in 2004.

"The transition of the trip from the ashes of Poland to what we've accomplished in such a short period of time in building our homeland – there's no better message of hope and revival," Scarowsky said.

"Going through that with the kids is going to be, just, unbelievable."

Scarowsky, an Ottawa native and father of two pre-school-aged children, will become executive director of NCSY Ottawa in September. He is currently serving as director of programming and education at NCSY Ottawa.

Scarowsky will be a familiar face for many of the March participants. Among NCSY's Jewish Culture Clubs at various public high schools, teaching at Torah High and leading NCSY conventions to New York, Washington and Chicago, Scarowsky gets to know hundreds of Jewish high school students each year, and he has extensive experience work-



Gaby Scarowsky (left) and Benita Siemiatycki are the Ottawa chaperones for the 2014 March of the Living.

(Photo: Ilana Belfer)

ing with teenagers.

"I'd see a huge change occur in them when they got back from the [March of the Living] trip. You really get a feel for how impactful ... it is," he said, noticing that students come back more mature, and more passionate about Holocaust education.

The journey includes one week in Poland visiting the sites of pre-war Jewish life, as well as the concentration camps, and culminates on Yom HaShoah with the actual March of the Living, a three-km walk between Auschwitz and Birkenau.

After a week of bearing witness to the atrocities committed against the Jewish people during the Holocaust, the group heads to Israel where spirits are lifted as they tour the country and celebrate Israeli independence on Yom Ha'Atzmaut.

As well as the chaperons, the students are accompanied by a Holocaust survivor, an aspect of the program Siemiatycki and Scarowsky emphasized is extremely important.

"We really have to make sure to have the biggest impact as possible, now, while survivors are still with us," Scarowsky said.

The two are also looking

forward to the bonds they will get to form with the students.

"A bond occurs that you will not have with anybody else because of what you witnessed together," Siemiatycki said. "They become like family."

While detailed plans and preparations for the trip are still in the early stages, Scarowsky does have some goals in mind: "Maximize the potential of the trip for each student and make sure they all gain whatever they're supposed to gain from it."

Scarowsky said he expects it will be "a life-changing experience" for the students.

The trip is scheduled to take place at the conclusion of Passover.

March of the Living is open to Jewish students in Grades 10, 11, and 12. Anyone eligible is encouraged to apply regardless of financial circumstances. An information night will be held Tuesday, September 17, 7:00 pm, at the Soloway Jewish Community Centre.

For information about March of the Living, or the information night, contact Benita Siemiatycki at bsiemiatycki@jewishottawa.com or 613-798-4644.

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Advertorial

European Glass & Paint stands the test of time

More than 75 years ago, David Baker and his brother Max (Mike) opened a glass shop at the corner of Bank and Gilmour Streets, in the Alexandra Hotel, and European Art Glass was established.

After the war, in 1948, European Art Glass became European Glass & Paint, and this family company has stood the test of time ever since.

In 1958, the Bakers made a decision to move their operations a few blocks south, to the corner of Bank and Flora – and that's where they remained until just a few months ago.

Today, the business is run by Barry, 72; Allan, 67; and Barry's son David – named after his late grandfather. Barry says, "Over the years, we have seen many home fashions come and go ... and then come back again. And, back in the late 1960s, I wish I had had the foresight to hold on to a few rolls of Beatles wallpaper, and the same can be said for Star Wars wallpaper in the '70s, and Ninja Turtles wallpaper in the '80s. I can only imagine what they would go for now on eBay!"

Having been in the business for more than 50 years, Barry and Allan have their share of stories and have seen their share of changes. "When we first started in the business the painters used to have to make their own paint from lead and paint thinner – now you can bring in any fabric colour and have it matched perfectly." Barry continues, "We've had the privilege of serving many politicians



and influential journalists of every stripe. Embassies and diplomats have been our loyal customers. As well, we have

been proud to take on many varied projects for all levels of government. And we're proud to have an ongoing relationship with many well-known and respected local contractors, home builders, decorators and designers." He adds, "With the changing face of downtown Ottawa – the neighbourhood we called home for over five decades, we required a change of location. An opportunity to sell was presented to us, and we knew that it was the perfect time to relocate."

At their spanking new location at 1750 Woodward Drive, European Glass & Paint is in good hands as David, 45, with an MBA, a third generation son of the Baker family, has confidence that the little shop his grandfather and great uncle started 76 years ago is in good shape for generations to come.

"When I first started working at the store wallcoverings were a thing of the past but now they're coming back in style –and with very modern patterns and styles to choose from too," said David. "We also have window coverings, custom shower enclosures, contract glazing, for both residential and commercial customers and a well-stocked showroom for customers to come in and browse through."

Unlike the three stories on Bank Street, the new site on Woodward puts everything on one level. The glass

cutting and manufacturing makes everything easier – both for the employees and customers.

So, if you're considering a home renovation project, now would be the perfect time to stop in and see the Baker boys in their new shop.



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Rosh Hashanah: 'Let's return to a simpler time'

(Continued from page 12)
Man (1965), "Awe is a sense for transcendence, for the reference everywhere to mystery beyond all things. It enables us ... to sense in small things the beginning of infinite significance, to sense the ultimate in the common and the simple: to feel in the rush of the passing the stillness of the eternal."

Would that we could develop that sense of awe by first simply noticing our surroundings instead of being preoccupied with what comes next.

We can make space this Rosh Hashanah to begin a journey toward wonder, whether you notice the cantor's voice as she reaches a

certain note, or hear the crackle of a candy wrapper, or connect to the sound of your own breathing during the standing silent *Amidah* prayer. Take a walk sometime during the High Holidays and notice the leaves on the trees, the sunlight refracting from a window, the taste of holiday food at a meal or the voice of a loved one. Notice the small things and consider for that moment that they have ultimate significance.

Consider the concept that Rosh Hashanah marks the birth of the world. Act as if nothing existed before this moment. Slow down, focus in, be silent and you may experience awe.

Children forgive easily, grown-ups not so much. The central work of the period of the High Holidays is *teshuvah*, or return. We return to our better selves and make amends with those whom we have hurt in some way. Every year, I recognize how uncomfortable I am to ask for forgiveness from family members, peers and colleagues. "So much time has passed" or "I'm sure they forgot about that incident" are common rationalizations I offer.

What takes an adult days, weeks or even years to let go of resentment takes children a matter of minutes before they are back to laughing with those with whom they

once were angry. While it might be difficult to coax an "I'm sorry" from a child's lips, they rebound quickly. It is a lesson for us.

Children offer their love freely. I am overwhelmed daily with the unbridled love my two-and-a-half-year-old daughter unleashes toward me as she jumps into my

arms, hair flying, at the end of each day. For many adults, the doors of possibility seem to close more and more with every passing year. In contrast, the ecstatic joy and free spirit that children naturally exude is a lesson in being open to the fullness of what life can offer.

This Rosh Hashanah, let

the children be our teachers. As we do *teshuvah*, let's return to a simpler time and the more childlike parts of ourselves – when a relationship with God was intimate, when awe came easy, when we didn't harbour resentments and when the door was open wide to forgive and to love.

Letters welcome

Letters to the Editor are welcome if they are brief, signed, timely and of interest to our readership. The Bulletin reserves the right to refuse, edit or condense letters.

The Mailbag column will be published as space permits. Send your letters to Michael Regenstreif, Ottawa Jewish Bulletin, 21 Nadolny Sachs Private, Ottawa, Ontario K2A 1R9; or by e-mail to bulletin@ottawajewishbulletin.com.



Maccabi Canada Team Ottawa THANK YOU, KOL HAKAVOD!

The Maccabiah Games in Israel: Two weeks to experience ... a lifetime to remember

Team Ottawa wins 8 medals at the 19th Maccabiah Games this July in Israel (19th Maccabiah, July 18-30, 2013)

Ottawa is extremely proud of its 23 local athletes that were part of the Canadian delegation (500+ strong) participating in the 19th Maccabiah in Israel. Ottawa's participation represents the largest contingent ever with a record-setting 8 medals (1 gold, 3 silver, 4 bronze). Thank you to all our supporters!

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Thank you to families participating in Team Ottawa fundraising: Andrew Calof (Lois & Jon Calof), Zachary Chadnick (Lori & Stuart Chadnick), Brian Cohen (Marta & Mark Cohen), Eadan & Gedaliah Farber (Mariana & Stan Farber), Elizabeth & Charlotte Foody (Wendy Myers & Brian Foody), Idan Itskovich (Dina & Aaron Itskovich), Naomi Kirshenblatt (Isabelle & Morrie Kirshenblatt), Danielle Lavitt (Marie Lavitt, Larry Lavitt), Isaac Lief (Francine & Norm Lief), Samuel and Jacob Miller (Elka & Avi Miller), Lewis Miller (Evie & Scott Miller), Gabe Mink (Lynn Dee Sproule & Henry Mink), Jonah Moore (Kayla Estrin & Wayne Moore), Noah Poplove (Cindy & Steven Poplove), Izze Rosenberg (Nancy Rosenberg & Susan Margaret), Gilad Streiner (Zohar & Scott Streiner), Holden Wine (Risa & Paul Wine).

More information: maccabicanada.com, facebook (please "like" Maccabi Canada) or at maccabiah.com. Contact Bill Izso: billizso@rogers.com for upcoming Pan-Am Games in 2015 and the 20th Maccabiah in 2017.

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Kosher Food Bank relies on donations to help Jewish families in need

By Karen Fainstein
Kosher Food Bank

There is the same level of poverty in Ottawa's Jewish community as exists in the community-at-large. We have our share of elderly, sick, immigrants and unemployed, and it is a mitzvah for us to help them.

The Kosher Food Bank was established 16 years ago by the Social Action Committee of Congregation Agudath Israel at the insistence of Rabbi Arnold Fine when he discovered that some Jewish people in this city were going to food banks in church basements in order to make ends meet.

The Kosher Food Bank's clients are vetted and referred to us by Jewish Family Services (JFS). Each family receives a monthly order of groceries and vouchers to supplement its needs. We serve all who are referred, and there is no waiting list at the present time. We are currently serving 66 families.

The Kosher Food Bank also contributes food and vouchers to JFS' *Warm Home* program to enable a group of isolated Russian-speaking seniors to get together for a meal they cook themselves.

All food in the Kosher Food Bank is strictly kosher. We strive to purchase our meat and groceries at the best possible price, seeking discounts and taking advantage of special promotions whenever possible. We also distribute donated food. Loblaws vouchers are given to clients, so they can purchase dairy products and fresh fruit and vegetables.

Most of the Kosher Food Bank funding comes from individual donations. Although we have managed to bring down costs in the past few years, donations have not kept pace with expenses. Our average monthly expenses in 2012 were \$4,895, but our aver-



Volunteers Karen Fainstein (left) and Rhoda Aronson at work in Kosher Food Bank at Agudath Israel.

age income was only \$4,474, a shortfall of 8.8 per cent, for which we had to use our accumulated *rainy day* fund.

Non-perishable kosher food products may be donated to the Kosher Food Bank at bins located at the Loblaws store at College Square and at the Soloway Jewish Community Centre. These bins are emptied biweekly. There are also bins at shuls, which are emptied as required.

The Kosher Food Bank is a member agency of the Ottawa Food Bank. Although none of the food it buys to distribute through

its member agencies bears a *hechsher*, once a month Kosher Food Bank volunteers sort through the food donations it has received and collect kosher food for our clients.

Needless to say, we could not operate without the help of a dedicated group of volunteers who collect, pack, distribute, shop for food and work tirelessly to promote the KFB.

If you wish to donate to this worthy cause, please call Agudath Israel at 613-728-3501 and stipulate your gift is for the Kosher Food Bank. A tax receipt will be issued.

Ottawa volunteers chat weekly with Israeli students

By Merle Haltrecht-Matte
for Connecting Miles
of Smiles

One of my volunteer jobs is to connect with an Israeli student via *Skype* every week for 15 minutes.

Volunteers talk with Israeli students to help them with their English language skills. The project, Connecting Miles of Smiles (CMOS), was created by Rabbi Sender and Sarah Gordon.

I heard the Gordons speak about CMOS when they visited Creative Connections, an AJA 50+ program for older seniors that I co-ordinate. When I realized it was a program to connect adults with Israeli students, I said, "Sign me up!"

I was assigned to Shoval, a student in Ness Ziona, and we began to *Skype* on Thursdays at 8:45 am (Ottawa time). The timing was great for both of us. It was the end of her school day, so she was relaxed, and it got me moving in the morning.

We shared the week's vocabulary and lesson that were supplied a few days prior and chatted about her family and about a play she was rehearsing. Even when I had to be away from the city, we continued our *Skype* sessions. It was truly a sharing experience.

Other CMOS volunteers are also enjoying the experience.

"I was volunteering at the local public school assisting children with reading and comprehension, so it seemed a good fit. It is a satisfying feeling that I am helping a fellow Jew in Israel," said Jerry Penso.

"Because I have no teaching experience, I was a bit uncertain. Now that I have done it, I will definitely continue. I can do it while home in Ottawa and when snowbirding in Florida," said Shelley Shusterman.

The students have shown major improvements in their English and there are more students eagerly waiting to participate, so the



A student in Israel chats via *Skype* with Connecting Miles of Smiles volunteer Jerry Penso in Ottawa.

Gordons are asking community members to give 15 minutes per week to an Israeli student. All you need is *Skype* and an Internet connection. You can *Skype*

from your computer at home, from a laptop or tablet in a coffee shop, or even via cell phones in a busy airport. Many volunteers had no prior *Skype*

experience or even computer knowledge – just a will to help out and give back.

Many meaningful connections have been created. "I enjoy the contact with

a young person who is eager and interested in sharing her experiences," said Corinne Rothman-Taylor. "The relationship is friendly. The next time I am in Israel, we plan to meet in person."

"I saw a big sign thanking me for my efforts this year, with the students saying 'Todah/Thank you!' It was a thrilling moment for me, which I will cherish always," said Cynthia Powell following her last *Skype* session before the summer break.

Can you carry on a simple conversation for 15 minutes? Of course you can! There is no heavy-duty teaching and a system is set up to accommodate frequent travel and cancellations.

For more information, see the CMOS brochure inserted in this issue of the *Bulletin*.

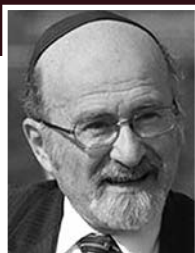
Visit connectingmos.com or contact Sarah Gordon at 613-869-7197 or info@connectingmos.com to register as a CMOS volunteer.

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Guest column

Dialogue and hope at a Muslim-Jewish conference

By Itai Reuveni

Sarajevo (JTA) – Sarajevo is a city with a rich multicultural past, but it also bears the scars of war. Take a short walk through the capital of Bosnia-Herzegovina and you will see the many cemeteries and bullet-riddled walls, which are undergoing restoration.

These lie side by side with magnificent churches, mosques and synagogues. For this reason, 100 Jews and Muslims from 39 countries gathered there, June 30 to July 5, to listen and learn from one another at the Muslim-Jewish Conference.

I was uneasy about participating. I was concerned that, as an Israeli, a secular Jew, a combat soldier in the reserves and a Zionist activist, I would be surrounded by political activists whose sole purpose is to vilify Israel. From my experience, many dialogue initiatives have been hijacked by radicals, who silence any voice that is different.

On the very first day, however, my concerns were allayed. I found myself sitting and talking with young men and women from Pakistan, Saudi Arabia, Yemen (Continued on page 36)



Jewish participants of an interfaith conference in Sarajevo say Kaddish over the graves of 1995 Srebrenica massacre victims, July 2013. (Photo: Muslim-Jewish Conference)

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Members of the community may also choose to audit these courses.

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Meet your Ottawa 2014 Chaperones: Gaby Scarowsky and Benita Siemiatycki

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Guest Presenter: **Eli Rubenstein**, National Director, March of the Living Canada

CHW-Ottawa Centre to show *Memories Project* at opening meeting

By Ruth
Kahane Goldberg
for CHW-Ottawa Centre
The 2013 opening meeting of CHW-Ottawa Centre will reunite members of all ages and welcome newcom-

ers. It will be held Tuesday, October 1, 7:15 pm, at Temple Israel.

“As we celebrate our 95th year of Canadian Hadassah-WIZO and move into the future, Ottawa mem-

bers look forward to reminiscing about our special moments and memories of the past.

“Lillian Freiman, founding national and Ottawa president, would be very proud

of all of our collective accomplishments,” said CHW Ottawa Council President Esther Kulik.

The event will showcase the *Memories Project*, a video showcasing interviews

with Ottawa women who have long been involved with CHW and its work contributing to healthcare and to the welfare of women and children in Israel.

The interviewees include former national president Marion Mayman, Ann Bernick, Helen Saipe, Gloria Krugel, Jean Naemark, Miriam Weiner, Carol Gradus, Dorothy Nadolny and Annette Albert.

Several CHW awards will be presented at the meeting. These will include the Terry Schwarzfeld Award, presented every second year in memory of Terry Schwarzfeld, to the member of CHW Ottawa Centre who best exemplifies the ideals of CHW; the Lillian Freiman Trophy, established by the Freiman Family in memory of Lillian Freiman, to the CHW Ottawa Centre chapter demonstrating the greatest progress and initiative over the past two years; the Sadie Shapero Memorial Trophy, established by the children



CHW Ottawa Council
President Esther Kulik

of Sadie Shapero, to a new member for outstanding contribution to CHW Ottawa Centre; and the Esther Awards, to an outstanding member of each CHW Ottawa Centre chapter.

Couvert for the meeting is \$5. For more information contact CHW Ottawa Centre at info@ottawa.chw.ca or 613-699-0802.

JET to hold High Holiday services at NCSY facilities in CentrepoinTE

By Hannah Dayan
for JET
JET's High Holiday services will be held this year at the NCSY Centre at 261 CentrepoinTE Drive. JET (Jewish Education through Torah) has been holding Rosh Hashanah and Yom Kippur services for the past 10 years at various locations.

be Rabbis Zischa Shaps, Tuvia Hoffman and Michael Goldstein.

Rabbi Shaps has led JET's services for the past 10 years. He has also led Shabbat services at his home in CentrepoinTE. Rabbi Hoffman joined the JET team a year ago and previously led High Holiday services with the Jewish Experience in Montreal. Rabbi Goldstein,

who heads the Glebe Shul, the shul without walls, has led Shabbat prayers since its inception, and has run High Holiday services with Rabbi Shaps for the past few years.

JET's interactive services are designed to appeal to a wide audience. The JET rabbis will guide participants through the *Machzor*, the High Holiday prayer book, but will also inspire with

food-for-thought throughout the services that is meant to inspire participants to help make it a sweet new year filled with spiritual and personal growth.

The cost is \$54 per person for Rosh Hashanah, \$36 for Yom Kippur, or \$75 for both holidays. The student rate is \$18 per holiday. A sweet table Kiddush will be offered mid-morning on each day of Rosh Hashanah.

Call JET at 613-798-9818, ext. 247 or visit jetottawa.com for more information on the High Holiday services and the many classes and events JET offers throughout the year.

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Ottawa Jazz singer releases first CD at 77

By Ilana Belfer

In 1949, Gaby Warren got a 10-inch Dixieland LP for his bar mitzvah. It was an atypically inexpensive present – it was all his struggling uncle could afford – but the record turned out to be an invaluable gift.

Sixty-four years later, at 77, Warren has put out his own jazz CD as a vocalist, lyricist and composer, fittingly called, *Reflections of a Jazz Fanatic*.

The 15-song, 71-minute album features five completely original tracks, along with some of his favourite jazz standards by such composers as Thelonious Monk and Horace Silver. For some tracks, Warren wrote lyrics to previously instrumental tunes.

“You better have something original to say, or what’s the point?” he said. “One thing about my CD is you won’t find the standard repertoire on there.”

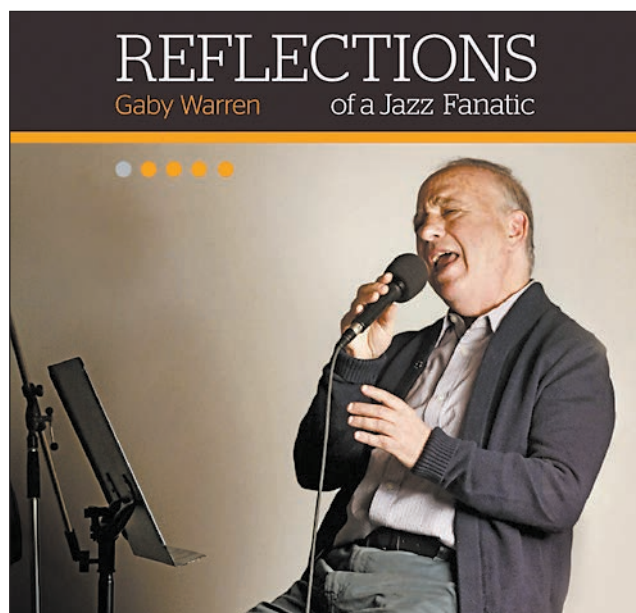
Listening to the CD feels like reading Warren’s autobiography: the story of a Toronto-born boy who spent Saturday afternoons glued to CBC’s *Jazz Unlimited* and grew up to become a Canadian Foreign Service officer and federal public servant. He moved to Ottawa in 1962.

As he sings, “Shiites blame Sunnis; Arabs, Israelis ... Is it naïve to try to find a way out of this bloody bind?” the listener is transported back to 1964, when the UN General Assembly was at an impasse over financing Middle East peace-keeping.

Warren’s role in drafting and forcing the resolution that resolved the crisis was the inspiration behind “Middle East Blues.”

His posting at the Canadian Embassy in Havana from 1968 to 1971 inspired “Cuban Fantasy.” A three-track suite.

“When you get to be a



Gaby Warren's first CD, *Reflections of a Jazz Fanatic*, was released in May.

certain age ... you’re looking back on every aspect of your life. You think, ‘How did I get from there to here?’” he said. “Often, in that process, some of those thoughts come out.”

While there have always been tunes bopping around Warren’s head, he said he never thought to do anything about it until approaching retirement 17 years ago.

That’s when he started studying music seriously, learning theory and collaborating with notable Ottawa musicians such as Rob Frayne and Jennifer Giles. He attended JazzWorks Jazz Camp, and went on to run its monthly jam sessions.

The self-financed, independently released, *Reflections of a Jazz Fanatic* was finally recorded in May 2012 at Venturing Hills Farm in Quebec in just two days – not quite the challenge it seems considering Warren had some of Canada’s top jazz musicians on board: saxophonist Kirk MacDonald, pianist Nancy Walker, bassist John Geggie, and drummer Nick Fraser.

“Using good musicians ... they improvise,” he said.

“You could say that most of my gigs have been jam sessions ... You could even

say this CD is like a jam session.”

Warren launched the CD with a concert, May 21, at the National Art Centre’s Fourth Stage and received a standing ovation – reciprocation for the support he’s shown the local jazz community over the years, often mentoring and advising up-and-coming artists and volunteering with the Ottawa Jazz Festival.

Positive feedback, particularly from Kate Hammett-Vaughan, whom Warren regards as Canada’s best jazz singer, makes it all worthwhile, he said.

“What Gaby may lack in ‘chops’ he more than makes up for in heart. I can hear and feel his many years of ... living for music,” Hammett-Vaughan posted on *Facebook*.

He does, however, have one more wish: “I’m probably the only parent or grandparent that would like one of their offspring to be a jazz musician,” he said.

“It’s a good way of starving.”

He’ll soon take his grandson to his first piano lesson.

“Some friends are writing their memoirs,” Warren wrote on the CD sleeve. “This is my legacy.”

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Ottawa athletes shine at Maccabiah Games

By Ilana Belfer

Ottawa athletes won a record-setting eight medals – one gold, three silver, four bronze – and celebrated numerous other achievements at the 19th Maccabiah Games in Israel, July 18-30.

The Maccabiah Games, essentially ‘the Jewish Olympics,’ are the largest Jewish athletic competition in the world. Initiated in 1932, the event takes place every four years in Israel. This year, more than 9,000 athletes from 70 countries were united through sport. Twenty-three local athletes were part of the Canadian delegation, the largest Ottawa contingent ever – more than double that of 2009.

“It was an amazing experience – not just the hockey ... It was my first time in Israel, and I am definitely going to go back,” said

Andrew Calof, who scored three points for the men’s hockey team in its gold-medal-winning game.

Other medalists include the men’s softball team (silver) featuring Daniel and Stephen Osterer; men’s baseball (silver) featuring Jacob Osterer and Gabe Mink; men’s volleyball (silver) featuring Gilad Streiner; women’s soccer (bronze) featuring Elizabeth Foody; U18 girls soccer (bronze) featuring Charlotte Foody and Izze Rosenberg; and junior men’s golf (bronze) featuring Lewis Miller and Isaac Lieff.

Elizabeth Foody also won the Goalkeeper of the Tournament award.

“Best experience of my life,” said Danielle Lavitt, who made new friends from around the world. Lavitt played on the junior girls’

volleyball team, which, after falling to the United States and Israel at the start of the tournament, beat Spain and Brazil to take the bronze medal.

The opening ceremonies took place, July 18, at Teddy Stadium in Jerusalem with more than 35,000 fans in attendance and countless more watching on Israeli television.

There were certainly challenges with a small country hosting such a large international competition, said Bill Izso, Ottawa regional chair of Maccabi Canada. But, with some logistics and transportation issues overcome, the competition began the next day.

“[Israel’s] growing experience, spirit and unique way of dealing with issues reminds us all that we are, indeed, in Israel: *Hakol yee-yeh beseder* (everything will be fine),” Izso said.

With two Shabbats falling in between the Games, the athletes had the opportunity to experience *Oneg Shabbat* in the junior village at Givat Olga in Hadera, while others benefitted from being with family, touring and learning about Israel.

The Canadian delegation also ran an *Israel Experience* before the Maccabiah. New to Team Canada, the five-day



Ottawa soccer players (from left) Jonah Moore, Holden Wine, Eadan Farber and Noah Poplove at the Maccabiah games closing ceremonies.

pre-camp allowed the junior athletes to experience the magic of Israel while ensuring that half-day training sessions continued for peak performance when the Games began, said Izso.

“We are so proud of our Team Ottawa contingent,” he said. “*Kol Hakavod*.”

His praise was directed at non-medal winners, too, who still walked away with many accomplishments.

For example, swimmers Naomi Kirshenblatt, Jacob Miller and Sammy Miller had best times in a number of high-powered events, competing against elite level Israeli and American swimmers. And Canada finished fourth in basketball with the help of Idan Itskovich, losing

out to a tough Israeli team in the semi-finals and to Brazil in the bronze medal game.

Other Ottawans competing for Team Canada included Eadan Farber, Gedaliah (rugby).

Farber, Brian Cohen and Holden Wine (U18 boys soccer); Noah Poplove and Jonah Moore (U16 boys soccer); and Zach Chadnick



Player Andrew Calof (right) and Team Canada coach Guy Carbonneau celebrate their Maccabiah Games gold medal victory in men’s hockey at the Canada Centre in Metula.

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Kol Nidre: Friday, September 13th 6:45 p.m.

Yom Kippur: Saturday, September 14th 9:00 a.m.
Sermon followed by Yizkor: approximately 10:45 a.m.

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Meet the Board of Directors of the Jewish Federation of Ottawa



Stuart Ages

Stuart Ages' community roots run deep. A graduate of Hillel Academy and Nepean High School, he earned his BA at Dalhousie University and his Juris doctorate from the Roger Williams University School of Law in Rhode Island before joining the family business, Paramount Properties, where he is vice-president.

Stuart brings an ideal combination of business acumen and leadership ability. His involvement with the Ottawa Celebrity Sports Dinner guided the event to new heights, raising significant funds for the Soloway Jewish Community Centre.

His dedicated community work earned him the Freiman Family Young Leadership Award and the Lawrence Greenberg Young Leadership Development Award in 2008.

Stuart and his wife Leila are the proud parents of three daughters, Stefanie, Taylor and Jessica. His vision for the Federation is to work toward a more clearly defined strategic plan for the community and to help provide greater leadership to all its agencies.

David Appotive

David Appotive has been involved in his family business – which includes Howard Fine Jewellers and True Bijoux jewelry stores, as well as interests in real estate development and management and merchant banking – since 1974.

“My main focus is using and implementing proper management fundamentals and disciplines so as to ensure the growth and success of the businesses.”

Newly appointed to the Federation Board, he also sits on the boards of the Ottawa Jewish Community School, Congregation Machzikei Hadas, Camp B'nai Brith and the Sparks Street Mall.

David hopes to bring a more business-like approach to the Board's dealings and decisions while “not forgetting our mandate to put the good of the community at the forefront.”

Lauren Bronstein Representative for the Emerging Generation

Lauren was born and raised in Winnipeg, where she was very involved in the Jewish community, and moved to Ottawa in 2006 to do her master's degree in international affairs. She currently works at the Department of Foreign Affairs and International Trade.

Lauren is the emerging generation representative on the Federation Board and is one of Ottawa's two representatives on the Jewish Federations of Canada-UIA's National Young Leadership Management Committee.

Lauren is excited about representing her demographic on the Federation Board and

is looking forward to increasing meaningful opportunities for the involvement of young adults in Ottawa's Jewish community.

Debbie Halton-Weiss Past Chair of the Jewish Federation of Ottawa

Debbie Halton-Weiss, a social worker by profession, spent 17 years working for the Regional Municipality of Ottawa Carleton Welfare Department assisting the severely disabled. She also worked for the Big Sisters of Ottawa as a volunteer co-ordinator and eventually became its executive director.

Since 1997, she has managed her husband Ron's medical practice and run a small medical supply company. She is the proud mother of three children and recently became an equally proud grandmother.

Debbie's volunteer work is extensive. She has worked with Jewish Family Services, Na'amat, and was vice-president of Temple Israel.

With the Federation, Debbie served on the Resource Development Jewish Outreach Committees, chaired Ottawa's 1996 March of the Living and the 1998 national coast-to-coast March of the Living. She has also chaired Birthright Israel and Partnership 2000, and served on the Young Women's Leadership Executive and Advisory Committees.

Debbie chaired the 2007 and 2008 Women's Campaigns and completed her two-year term as Federation chair in June.

Now, as past chair, she hopes to continue to engage younger and seasoned leaders by creating mentoring programs and providing opportunities to learn from each other's areas of interest and expertise. This will hopefully include travel to Israel, networking and leadership development.

Jennifer Kardash

Jennifer Kardash is originally from Vancouver and has lived in Ottawa for the past 20 years, where she has been an active member of the Jewish community.

Her volunteer career started – and still continues – at the Ottawa Jewish Community School, where she was involved with the Parent-Teachers Association and also headed the Israel Bond program.

In 2007, Jennifer initiated bringing the popular Choices event to Ottawa and she chaired this Federation Women's Campaign initiative for three years.

Jennifer has also served on the Women's Campaign Cabinet and now sits on the Resource Development Committee. This year, she is captain of the Chai Pomegranate Division of the Women's Campaign.

Jennifer has two teenage daughters who she claims are the main reason she volunteers. “You have to lead by example.”

Linda Kerzner Vice-Chair of the Jewish Federation of Ottawa

Linda Kerzner led a 30-year career spanning the fields of human resources, business ownership of both an international recruiting firm and a technology training company, and, ultimately, as CEO of the Soloway Jewish Community Centre.

Linda's volunteer activities started as a teen under the mentorship of her uncle, community leader Hy Hochberg. She rose to senior volunteer positions in a variety of organizations including ORT, Hillel Academy, JNF, the Soloway JCC, Hillel Lodge, Hillel Campus Life, the Federation – including the Women's Campaign and the Lion of Judah division – and Dragon Boat Israel.

She also served on the boards of the Women's Business Network, the Board of Trade, the Human Resources Professional Association, and the Jewish Community Centres of Canada and North America.

Linda shares her passion for volunteerism with her daughter Jessica and is supported by her husband of 33 years, Steven, and their son Lorne.

Linda is dedicated to the Jewish value of tikkun olam (repairing the world). As vice-chair, she is committed to ensuring we have a vibrant, growing, diverse and cohesive community here, and in Israel and abroad.

Steven Kimmel Chair of the Jewish Federation of Ottawa

A native Ottawan, Steven Kimmel graduated from Hillel Academy and became involved in Jewish community work at a young age, beginning with BBYO and USY. After joining Agudath Israel Congregation in 1991, Steven became active on the board of directors and was president from 2003 to 2005.

After participating in the Young Leadership Mission to Israel in 1995, Steven's love for Israel was awakened. Since then, he has co-led and joined multiple missions, joined a mission of solidarity following the second Lebanon War in 2006, and has participated in the ALYN *Wheels of Love* bike Ride in Israel for the past five years.

Among other roles, Steven chaired the Federation's 2007 and 2008 Annual Campaigns.

Steven joined the family business at a young age and is now president of Westboro Flooring & Décor.

He is married to Shelli and they are proud of their children, Leora and Ben, Ariella, and Dalia.

As chair, Steven hopes his business operations background will be beneficial in helping the Federation grow and prosper.

“My goal is to ensure that every donor feels like his or her dollars have made a dif-

ference to our community in Ottawa, and in Israel.

Lisa Rosenkrantz Chair of the Partnership 2Gether Committee

Lisa Rosenkrantz is originally from Hamilton and joined Temple Israel when she arrived in Ottawa 31 years ago to set up a family medical practice in Carp. Lisa is also a mohel.

She went on her first Federation mission to Israel in 1995 and has been back to Israel 20 times.

Lisa has been chair of the Partnership 2Gether committee for four years and has supported many new partnership programs with Israel, including the social action mission, the medical school mission, school exchanges, and teacher exchanges. She has also been on the steering committee of Dragon Boat Israel since its inception.

Lisa has served on the Federation Board for three years. This year, she hopes to continue to realize the Board's strategic objective to be innovative in people partnership with Israel.

Mike Shahin Chair of the Communications and Community Relations Committee

Mike Shahin was a writer and editor with the *Ottawa Citizen* for nearly two decades. As assistant city editor, he helped lead teams that won numerous journalism awards, including a National Newspaper Award for a series on palliative care. He was also a National Newspaper Award finalist for his international reporting.

He left the *Citizen* to raise his daughter, work independently and give back to the community through volunteer work.

As chair of the Communications and Community Relations Committee, Mike has helped guide the 75th anniversary project to redesign the *Ottawa Jewish Bulletin* (watch for the re-launch in November) and has supported the Federation and its partners in communicating their vision. By continuing to be an active voice at the Board table, he hopes to contribute to the Federation's goal of being an inclusive, representative and open organization of which all Jews in Ottawa can be proud.

Jason Shinder Treasurer

Jason Shinder, a partner at District Realty Corporation, was born and raised in Ottawa. He married Jennifer Levine and is the proud father of three.

Jason was chair of the Jewish Community Campus for four years and chaired the Federation's 2009 and 2010 Annual Campaigns.

He is also a board member of the Children's Hospital of Eastern Ontario and



Members of the Jewish Federation of Ottawa Board of Directors with President and CEO Andrea Freedman. (Front row, from left) Past Chair Debbie Halton-Weiss, Chair Steven Kimmel, Andrea Freedman; (back row) Mark Thaw, Jason Shinder, Mike Shahin, Vice-Chair Linda Kerzner, Lauren Bronstein, Jennifer Kardash and Stuart Ages. Missing from photo: David Appotive, Lisa Rosenkrantz, Phillip Stein and Neil Zaret. (Photo: Peter Waiser)

served on the Ottawa Heart Institute's Leaders at Heart Committee.

In 2006, Jason was awarded the Freiman Family Young Leadership Award and the Lawrence Greenberg Young Leadership Development Award in recognition of his outstanding community service.

**Phillip Stein
Chair of the Resource Development Committee**

Phillip Stein was born and raised in Montreal where he earned his bachelor of engineering degree at McGill University before moving to Ottawa more than 30 years ago.

He is the senior vice-president of Fujitsu Canada and previously held executive level positions with Digital Equipment Corporation, SHL and AT&T.

A fellow of CMC-Canada, Phil also founded two IT startups, SERRTA and XORIANT Canada.

He and his wife Cathy raised their four

children in Ottawa and he has always been an active member of the community. In 2013, he was awarded the Queen Elizabeth II Diamond Jubilee Medal for community service.

Phil's involvement with the Federation began as a campaign canvasser. He eventually became a member of the Resource Development Committee before joining the Board and becoming chair of the committee.

Phil is committed to ensuring there are adequate resources and funding to support the continued growth of a vibrant Jewish community in Ottawa.

**Mark Thaw
Chair of the Planning Committee
Representative of the Grants and Evaluation Committee**

Mark Thaw's involvement with the Federation has been significant. He has worked on several Annual Campaigns and sat on various boards and committees, gaining insight on best practices as well as understanding the needs of the community. He is

currently chair of the Planning Committee and represents the Grants and Evaluations Committee on the Board.

Mark is a director of the Ottawa Regional Cancer Foundation and volunteers with Dreams Take Flight, which takes handicapped or disadvantaged children to Disneyworld.

His business background helps him understand the complexities of running the Federation as a business while maintaining a sense of responsibility to the community.

As the representative for the Grants and Evaluation Committee, Mark's goal is to help the chair and CEO with their vision to engage with all members, ensuring the Federation is inclusive and listens to all opinions.

**Neil Zaret
Chair of the Jewish Community Campus**

Neil Zaret is a local entrepreneur who has been active in the Ottawa business community for more than 30 years. He is cur-

rently in the real estate business.

As a member of the Federation Board, Neil is in charge of campus management, a role familiar to Neil in that he spent four years in charge of the old community campus on Chapel Street. He has also served on the Federation's Finance Committee.

The goal of campus management is to ensure the growth and protection of an important Jewish community asset for generations to come.

The Jewish Community Campus is the hub of our community and includes the Joseph and Rose Ages Family Building, Hillel Lodge, the Ottawa Jewish Community School, and is home to many community organizations, including the Federation, the Soloway Jewish Community Centre, Tamir, the Ottawa Jewish Bulletin and Rambam Day School.



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Participants set aside mistrust at conference

(Continued from page 28)

ference has become a platform for coexistence and peace, which allowed me to present the Jewish-Zionist perspective to young Muslims. For this reason, Zionist activists – from the political left and right – must be more involved in initiatives promoting dialogue, and not left to groups and individuals who are more interested in feeding the conflict. In Israel, the Arab-Israeli conflict is prominent in all public discourse, and it is practically impossible to have a dialogue without it being the focus. However, it is still possible to learn from initiatives that have not been infected with a radical agenda, to try to bring people closer together, and to stop fanning the flames of hatred and alienation inside Israel, and between Israel and its neighbours. The true challenge is to bring those furthest apart closer together.

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The Muslim-Jewish Con-

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The conference in Sarajevo proved it can be done. An Israeli talking to a Pakistani, a Shiite listening to an American Jew, Jewish participants (religious and secular) saying the Kaddish over the graves of those murdered at Srebrenica in 1995 (more than 8,000 Muslims were murdered while UN soldiers stood by). When people are willing to hear criticism, talk about it and initiate practical measures for co-operation, there is still hope for dialogue.

On the Friday, we visited a mosque to experience the day's prayers there and then went to the synagogue for Shabbat services. At the end of the prayers, I found myself calling across the room to my Pakistani friend, "Osama! Shabbat Shalom!" a phrase that in any other context would be impossible.

Itai Reuveni is a researcher at NGO Monitor in Jerusalem.

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Senator Jacques Demers: From the Stanley Cup to the Maccabiah Games to battling illiteracy

By Hillel Kuttler

Jerusalem (JTA) – Of all the compelling stories of athletic achievement and challenges overcome that could be told by the 9,000 participants who gathered in Israel for the 19th Maccabiah Games this summer, it might be hard to find one to top Jacques Demers.

He's a coaching legend, having led the iconic Montreal Canadiens to the National Hockey League championship in 1993. He's also a member of the Canadian Senate.

And, until about a decade ago, he would have been unable to read the words in this article.

Demers disclosed in his 2005 autobiography that he was functionally illiterate, a result of a traumatic childhood with an alcoholic father who beat him and his mother.

"I suffered from a tremendous amount of anxiety," Demers told JTA. "When

you have that problem, people think you're dumb and stupid."

Demers was behind the bench for the Canadian master's team at the Maccabiah, the quadrennial gathering of Jewish athletes in Israel.

It was his second Maccabiah coaching appearance for Canada. In 1997, he guided the open division squad to a gold medal. That team included David Nemirovsky, a right winger who played three seasons in the NHL.

No one on that level was on Demers' roster this time, but Demers was clear about one thing: As much as he loves Israel, this was a business trip. He was there to bring out the best efforts of his players. He was there to win. And they did do well, taking silver following a hard-fought game against the American team, which took the gold.

Demers did plenty of winning in the NHL. He reached

the playoffs in eight of his first 10 seasons coaching in the league, taking three division titles. His Stanley Cup-winning Canadiens finished third in their division despite attaining the most victories, 48, and points, 102, for any team he had ever coached.

When he addressed his Maccabiah team before it took the ice against the United States in the gold medal game in 1997, Demers dangled his country's most cherished sports motif as a carrot for the players.

"This is your Stanley Cup. You want it, you go get it. This is your moment," Lawrence Routtenberg, a right wing on the team, recalled Demers as saying.

Demers didn't treat the Maccabiah "as just a charity event or a minor event," said Routtenberg, a Montreal resident, who played for Demers again at the Maccabiah.

Demers' involvement

with the Maccabiah has its roots in the strong friendships he has enjoyed with the Montreal Jewish community. They date to his childhood in the city's Côte-des-Neiges neighbourhood, where he delivered groceries to Yiddish-speaking customers.

As the Canadiens coach, Demers got to know Sam Eltes, who sat near the team's bench at the famed Montreal Forum. About a year after he was fired, Demers was visiting Eltes' Mercedes dealership when Eltes received a phone call from the head of Maccabi Canada. The caller said he needed a coach for the upcoming games.

The telephone was passed to Demers and the match was made.

Demers "has a love for the Jewish people, without question," Eltes said. "He's just a wonderful person."

But, until Demers published his autobiography, Eltes had no idea his friend was illiterate. In retrospect, there were signs. When Demers would come to buy a car, he would bring his cheque book and tell Eltes to fill in a fair amount.

Demers had fooled his hockey colleagues, too. As a coach, and during his brief tenure as the general manager of the Tampa Bay Light-

ning, Demers kept his illiteracy a secret, delivering speeches by memory and assigning his assistants to handle paperwork and correspondence.

But coming clean publicly "has been a big plus for me," Demers said.

His recovery included seeing a psychiatrist and taking medications that control anxiety.

"Sometimes, I wonder how I was able to coach," Demers said. "I think it was on adrenaline because there's so much go-go-go

in hockey."

As a senator, a position to which he was appointed four years ago, Demers has worked to fight illiteracy. He believes 48 per cent of Quebec residents have literacy problems.

"There are a lot of people like me," he said.

In September, Demers will join the Senate's Foreign Affairs and International Trade Committee, where he expects Israel to be on his agenda. He also expressed interest in developments in Turkey.

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JEWISH RELIGIOUS OBSERVANCES 2013 - 2014

The following is a schedule of Jewish Holy Days for 2013-2014.

✧ All holy days begin the preceding sundown ✧

ROSH HASHANAH	Thursday, September 5, 2013 Friday, September 6, 2013
YOM KIPPUR	Saturday, September 14, 2013
SUKKOT	Thursday, September 19, 2013 Friday, September 20, 2013
SHEMINI ATZERET	Thursday, September 26, 2013
SIMCHAT TORAH	Friday, September 27, 2013
PASSOVER	Tuesday, April 15, 2014 Wednesday, April 16, 2014 Monday, April 21, 2014 Tuesday, April 22, 2014
SHAVUOT	Wednesday, June 4, 2014 Thursday, June 5, 2014

Workshop organized to help board members understand budget process

By Jeff Miller
Ginsberg Gluzman
Fage & Levitz LLP

I've worked as an accountant at Ginsberg Gluzman Fage & Levitz LLP since 1984 and have served on many boards in the community. I've served as president of Hillel Academy and Hillel Lodge, and am currently treasurer of Rideau View Golf and Country Club. I was also treasurer of Hillel Academy, Hillel Lodge, Congregation Machzikei Hadas and Jewish Family Services.

It is very important that everyone on a board understands the information being disseminated. Too often, though, I'm met with blank stares from board members when presenting financial statements.

To address this issue, I will be presenting a workshop for board volunteers interested in learning how to better read and understand financial statements on Thursday, October 10, 7:00 pm, at the Soloway Jewish Community Centre. This workshop is organized by the Jewish Federation of Ottawa and is open to board members from all organizations and agencies in the community.

Sitting on boards, and in my career as a chartered professional accountant, I have seen many budgets. Here are five of the biggest pitfalls I've seen in budget preparation and execution.

Cash versus accrual

Not understanding the kind of budget your organization utilizes is a pitfall in and of itself.

A *cash budget* deals only with funds that flow through the organization and does not take payables and unpaid receivables into consideration. A cash budget is used to determine whether or not the organization is sustainable on a cash basis.

An *accrual budget*, however, takes into consideration all the money *expected* to



Jeff Miller, chartered accountant

come in and go out of the organization through receivables and payables. It is used to determine the total profit the organization can expect over the course of the year.

It's not necessarily important to have both, but understanding the difference is essential.

Making assumptions not based on historical fact

Assumptions can lead to unattainable expectations. If, for example, your organization is planning an inaugural fundraiser, it is not advisable to put your \$50,000 goal in your budget with no history of success in this event, or a specific strategic plan as to how this money is to be raised.

I would not recommend including events you haven't run before as an expected source of income. It's best to hold the event and apply the raised monies to the next year's budget.

Timing of the budget

Another budgeting pitfall is the timing of the budget's preparation. If you created the 2014 budget in July 2013, you may not account for events taking place in the months that follow, which could affect the budget. At the same time, if you prepare

the budget too late, you could find your organization racing to catch up.

I recommend finalizing the budget one to two months before your year-end.

Not using current information to prepare next year's budget

Your best research tool when preparing a new budget is the previous year's actual results. You should be preparing a post-mortem at the end of every year with lessons learned. The previous year's budget versus the actual results should be evaluated and used to help determine the next year's budget.

Making changes to the budget to fit results

Making revisions during the year to reflect actual results is a mistake I've seen made. It doesn't allow the organization to accurately assess the budget's success. Too often, an organization wants to say they "made their budget," but, if they alter it during the year to reflect actual results, have they truly "made their budget?"

Join me on October 10 for an informative workshop. For more information, or to register for the workshop, contact Sarah Beutel at sbeutel@jewishottawa.com or 613-798-4696, ext. 253.

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High Holidays Feature

At Yom Kippur, a heads-up on chest thumping

By Edmon J. Rodman (JTA) – On Yom Kippur, when we beat our chests during the confession, maybe we should be knocking instead on our heads. After all, isn't that where all the trouble starts?

On this most physically demanding of Jewish days, Jewish tradition has us beat the heart side of our chests, as if to say this is the source of our falling short.

During the *Vidui* – the confessional portion of the service composed of the *Ashamnu* and *Al Chait* – some of us tap, some of us rap, some of us pound really hard. Many do nothing, perhaps wondering if this is some kind of Jewish self-flagellation.

Those who tap are re-

minded, without leaving marks, of the connection between spirituality and physicality. But are we choosing the right body part to make our confession meaningful?

In the Bible, it is widely accepted that the heart – in Hebrew, *lev* – is the seat of emotion. Maimonides even linked the heart with the intellect.

However, in the brave new science guy world in which we live today, while we're standing in shul tapping our hearts, our focus could easily turn from confession to hypertension.

So, what about lightly tapping the side of our heads instead with a why-did-I-do-that kind of knock? Isn't the head the place where, working in discord, our

mouths and minds create the *tsouris* we confess?

Beginning with Rosh Hashanah – literally head of the year – our heads are in our rituals. We put *tefillin* on our bicep, next to the heart – unless you're left-handed, like me – but we also wear *tefillin* on our head, before our eyes. On Friday nights when parents bless their kids, their hands are placed on the heads of their children.

Confusing head and heart even more, in *Psalms 90*, an ideal is held up of obtaining a “heart of wisdom.”

So, which to tap, heart or head?

To Rabbi Goldie Milgram – the founder of Reclaiming Judaism, an organization seeking Jewish innovation and “maximal involvement,” and author and publisher of a number of books on creating a meaningful Jewish life – striking one's chest on Yom Kippur is an acknowledgment that “I am out of alignment.” Tapping on the chest

is a way to realign, Rabbi Milgram said.

According to Rabbi Milgram, who has master's degrees in social work and Hebrew letters, Judaism can be approached from the point of view of a gestalt psychologist.

“People want to get things integrated into their bodies,” she said.

When I asked Rabbi Milgram about my idea of tapping on one's head, she wondered why I would want to do that.

“What would you get from it?” she asked.

“It would remind me of the source,” I responded, seeing yet again that my ideas were getting me in trouble.

“In Judaism, the heart is the seat,” she reminded me. “Your awareness of *ahavat Hashem* (love of God) starts in the heart,” the rabbi added, explaining that seeing the head as the centre is a Western tradition.

Rabbi Milgram also interprets tapping on the

(Continued on page 42)

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Guest column

Reporter exploits CBC News platforms to attack Israel

By Mike Fegelman
HonestReporting Canada

It takes a pretty fertile imagination to correlate a story about alleged political bias at the Internal Revenue Service in the United States and sexual abuse in the U.S. military to the Middle East conflict. But leave it to CBC reporter Neil Macdonald, a self-appointed pontificator, to twist unrelated world affairs stories into criticisms of Israel.

In an analysis piece published at *CBC.ca* on June 6, Macdonald included the following irrelevant smear against Israel and Canadian support for the Jewish state: “In Canada, do Stephen Harper and his most partisan supporters actually think, down deep, that Israel may actually bear some of the blame for its troubles with the Palestinians?”

Apart from being gratuitous, this question disguised personal opinion as news by phrasing declarative statements into questions.

Aren't CBC journalists tasked to be politically neutral and to embargo their personal views in their professional work? Macdonald's apparent preoccupation with Israel seems to be the exception to the rule, allowing him to use CBC resources to attack Israel, time and again.

In an analysis piece published January 21 at *CBC.ca*, Macdonald claimed that Israel's “hardline” government “has shown little interest in negotiating a two-state solution with the Palestinians.” Despite Israel's consistent calls for negotiations without preconditions to solve the Israeli-Palestinian impasse, and its regular overtures and concessions to obstructionist hardline Palestinian leader Mahmoud Abbas, Macdonald was of the opinion that Israel doesn't want peace.

One recalls how Macdonald used his CBC *Twitter* account on January 5 to scandalously insinuate Israel has an issue with controlling guns aimed at non-Israelis. After criticism ensued, Macdonald “voluntarily closed” his *Twitter* account.

In an April 11, 2011 television report on *The National* about the civil war in Libya, Macdonald introduced Israel into a story it had nothing to do with via a malicious implication made by a Libyan civilian that, like Gaddafi, “Israel kills whomever it likes.” In other words, like Gaddafi, Israel commits war crimes by targeting innocent civilians at will.

Two months earlier on *The National*, in a February 14, 2011 story about the use of emergency laws and the movements that were trying to dislodge repressive Arab regimes from power, Macdonald found it important to mention, “The trouble is that most Arabs know that Israel has an emergency law too, which it uses for such things as detention without trial, and confiscation, or demolition of Palestinian property.”

Last November, Macdonald claimed in a CBC TV report that Israel “is energetically eating up the land that would form the Pales-

tinian state,” a statement that echoed his referral in 2000 to “the ferocious appetite of Jewish settlers for Arab land.”

In May 2004, Macdonald filed a report about the abuse of Iraqi detainees at the Abu Ghraib prison facility. The report featured a quote by pro-Palestinian propagandist Eugene Bird, who falsely suggested Israeli agents might have played a role in the torture scandal. This incident elicited two remarkable on-air clarifications from the CBC, and its ombudsman, David Bazay, acknowledged that this report exposed CBC to “the appearance of bias.” Tony Burman, the CBC's editor-in-chief at the time promised that the situation would never be repeated again.

But, just seven months later, in a December 2004 report on a deadly al-Qaeda terror attack on the American consulate in Jeddah, Saudi Arabia, Macdonald aired a source, who blamed the U.S. relationship with Israel for the attack. The only person interviewed in Macdonald's report was Alan Keiswetter of the Saudi-financed Middle East Institute, who stated that America was “in the pockets of [then-Israeli prime minister Ariel] Sharon.”

Also in December 2004, in the midst of a Palestinian terror war that saw Israeli families blown up in buses and restaurants, Macdonald wrote an analysis published at *CBC.ca* that “if Palestinians have committed terror, the Israelis have certainly committed war crimes.” Macdonald then raised the question of whether Jewish settlers, “thousands of whom are well armed and overtly bellicose, constitute civilians or combatants.”

Macdonald appeared to be suggesting the murder of Israeli settlers may not, in fact, be “terrorism.” The sentence was later amended online after complaints to the CBC.

Finally, in 2002, Macdonald asked rhetorically whether the terror group Hezbollah is “a national liberation movement or, as Israel and its supporters maintain, a murderous global menace?”

Unlike political commentators and pundits who are paid for their professional opinions, CBC reporters must refrain from exploiting our public broadcaster's news platforms to expound on personal prejudices. Objective journalists should report on the news rather than shape it.

An important line must be drawn when a CBC reporter is given free rein to vent his personal opinions and apparent disdain for the State of Israel. When that journalist, whose salary is paid for by your tax dollars, uses official CBC resources, also paid for by you and me, to advance a personal political perspective, something must be done to stop this journalistic misconduct.

Mike Fegelman is executive director of HonestReporting Canada – HonestReporting.ca – a non-profit organization that ensures fair and accurate Canadian media coverage of Israel.



LETTER FROM THE CHAIR

Dear friends,

I would like to take this opportunity to extend best wishes for a Happy and Healthy New Year to you and your families on behalf of the Ottawa Jewish Community Foundation.

For many of us, preparations are well underway to celebrate Rosh Hashanah, the Jewish New Year, leading us into the “Yamim Noraim”, the Days of Awe. These High Holy Days between Rosh Hashanah and Yom Kippur are a time of atonement and contemplation, providing an opportunity to reaffirm relationships, renew commitments and reflect on values.

Traditionally, this is also a time where we are encouraged to challenge ourselves to consider changes for the year ahead. We consider what we have achieved for ourselves, our family and our community, but we also consider what it is we still need to accomplish to improve our community and the world around us.

The Ottawa Jewish Community Foundation works to ensure there is ongoing support for Jewish life in Ottawa so that our community will continue to thrive. We are continuously exploring ways in which we can work with our current and future donors and fund-holders to realize our collective hopes and goals to ensure a vibrant and strong Jewish community – today and in the future.

We look back at the year that was, and we are grateful for the foresight our fund-holders had in establishing their own Jewish legacy. Thanks to these individuals and families, the Foundation was able to allocate just over \$2.9 million dollars, providing assistance to 112 different community agencies in their daily work and activities, making an immediate difference in people's lives in Ottawa, across Canada, in Israel and around the world.

At this time of year, we start anew the work of repairing the world, and I invite you to consider your Jewish legacy and how – working with the Ottawa Jewish Community Foundation - you can make a positive and lasting impact on our Jewish community.

Whether you contemplate supporting the Women's Collective Philanthropy Program, establishing a B'nai Tzedek fund in support of your child's Bar or Bat Mitzvah, participating in our Jewish Legacy Challenge by creating a bequest for the community in your will, we are ready to work with all community members looking to take steps in building a better world through personal and meaningful philanthropy.

We welcome the opportunity to work with you in creating your Jewish Legacy. We invite you to contact Jared Isaacson 613-798-4696 ext. 248 for more information on the ways you can ensure a lasting legacy, and for information on our upcoming Power Breakfast and Pearls of Wisdom annual events taking place this fall.

From my family to yours, wishing you a peaceful, healthy and fulfilling New Year.

Shana Tova,

Lynne Oreck-Wener

Lynne Oreck-Wener
Chair, Ottawa Jewish Community Foundation
tehwener@rogers.com



Yom Kippur: Integrating head and heart

(Continued from page 39)
heart as a kind of drumming.

“The body is the instrument,” she said, making a connection between drum-beat and heartbeat, and suggesting that, while we are tapping, to “listen to both your head and your heart.”

Striking the chest is “a form of dancing one’s prayer,” Rabbi Milgram said.

Offering perhaps a new dance step, she suggested I try moving my finger in a circular motion slowly over my heart.

I tried. It was definitely soothing, and I could see how the continuity of motion might help me, but I wondered if it would look weird.

“People are doing it,” she offered, pointing out that, in her work, she has encountered a diversity of customs.

“What should I think about while I’m doing it?” I asked, recalling that, while reading the lines of *Asham-*

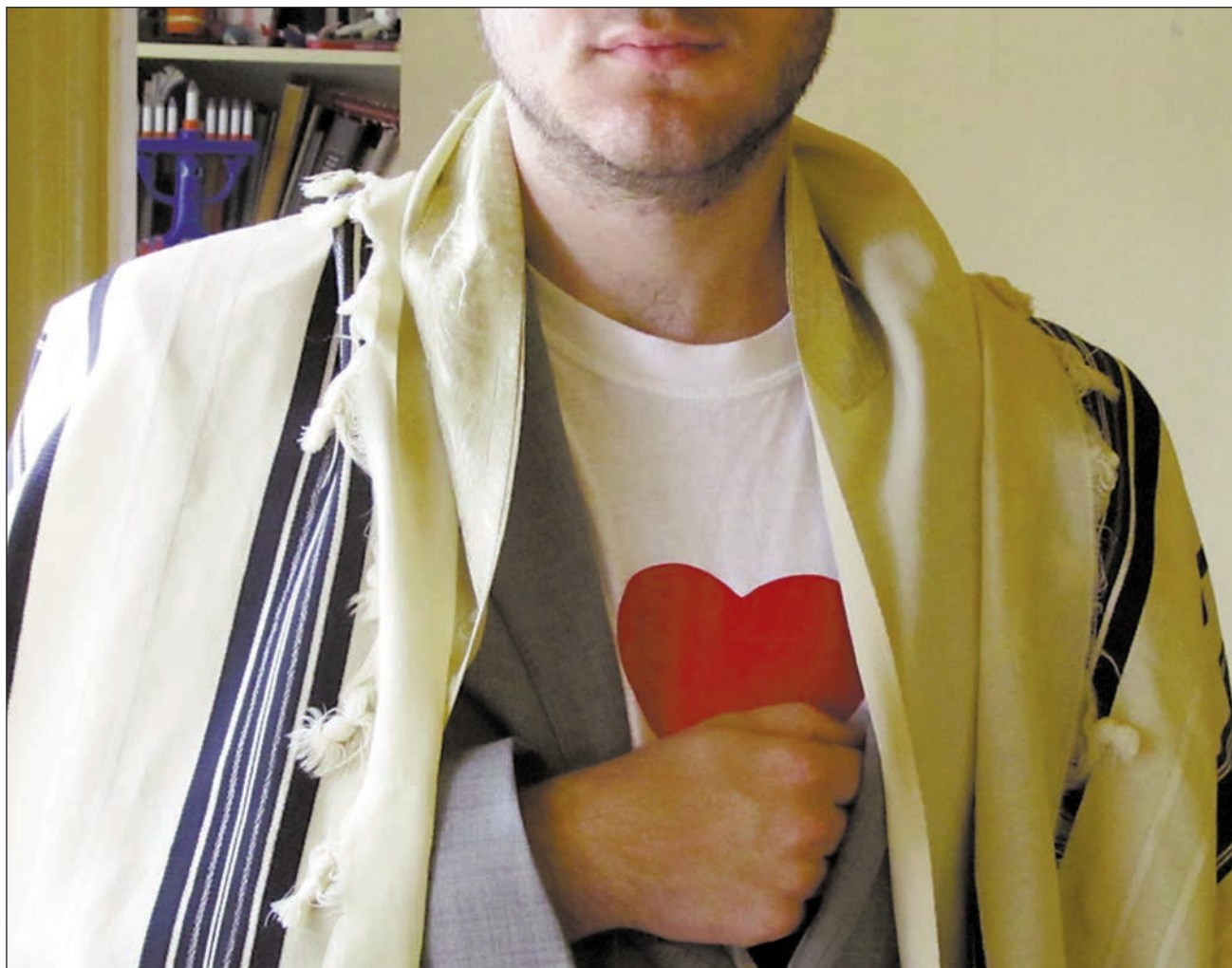
nu, instead of focusing on the individual lines, I would sometimes get caught up in the acrostic of shortcomings, wondering what the machzor would use for “X.”

“Ask ‘What is my resistance to aligning with the mitzvah of caring for myself?’” Rabbi Milgram said, also suggesting I make a list, noting aspects of body, family and Judaism where I would like to be more in alignment with the mitzvot. She also advised “to forgive myself,” pointing out that just striking my chest was not enough. “One has to engage afterwards.”

“Tapping on your chest, the door of your heart flies open,” she observed. “That’s the beginning of *teshuvah*,” she said, mentioning the Jewish concept of returning, or asking forgiveness, that beats through the Yom Kippur liturgy.

The *Viddui*, she said, is written in the ‘we.’ “We take responsibility.”

For that I would need both heart and head.



On Yom Kippur, tapping on your chest, the door of your heart flies open.

(Photo: Edmon J. Rodman)

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The wonderful visit of Oz

By Ben Sales

Tel Aviv (JTA) – Dr. Mehmet Oz sat down to talk with JTA on the Tel Aviv coast earlier this month, but what he really wanted to do was go to the beach.

Oz, the surgeon and well-known TV personality, was in Israel for the first time and had a packed itinerary. He traversed the country from the Red Sea to the Golan, lectured Israeli physicians in a northern Israeli hospital and met with Prime Minister Benjamin Netanyahu.

His host on this whirlwind tour was Rabbi Shmuley Boteach, the author and media personality who lives in New Jersey. The two met when they were both on an Oprah Winfrey radio program. Rabbi Boteach recently gave Oz, a Muslim of Turkish descent, an award for being a “champion of Jewish values.”

What drove you to come to Israel and what has surprised you most about the country?

I come every summer to

Istanbul and keep meeting Israeli tourists. What was most surprising was that I knew about the historical sites, I travelled the whole country, and I know now that that’s the tip of the iceberg. What’s special is the energy of this nation, which was able to build a thriving modern society out of the desert.

Israeli-Palestinian negotiations restarted recently and it’s assumed that any final deal would involve the dismantling of Israeli West Bank settlements. Why did you decide to visit Hebron? Was it problematic for you as a Muslim?

I went there especially because I was a Muslim, to the burial place of the patriarch of my religion. Hebron meant connecting to a place that represents that connection, and to be able to see Islamic writing, Jewish writing, Christian writing and all three [religions] worshipping at the same tomb.

I went out of curiosity to see a place that is sacred to me. There will be political

discussions forever, and we should follow an inner instinct. I went with love in my heart.

In addition to practising Western medicine, you’re a big believer in non-Western cures and you preach the importance of patients having a positive mindset. In that regard, what’s your takeaway from Israeli culture and Jewish values?

It’s difficult to understand the world if you don’t understand Israel. There’s a clear intersection of Jewish values, modern society and coping with the modern world. In a society like Israel, where there’s tremendous stress, it is important to remember those deep values. If you don’t love yourself you can’t love your neighbour.

The most important thing in life is to have purpose. If you give your heart a reason to keep beating, it will always keep beating. Because of their will to take on the physical forces of the desert and their neighbours, [Israelis] have a clear pur-

pose to change the world.

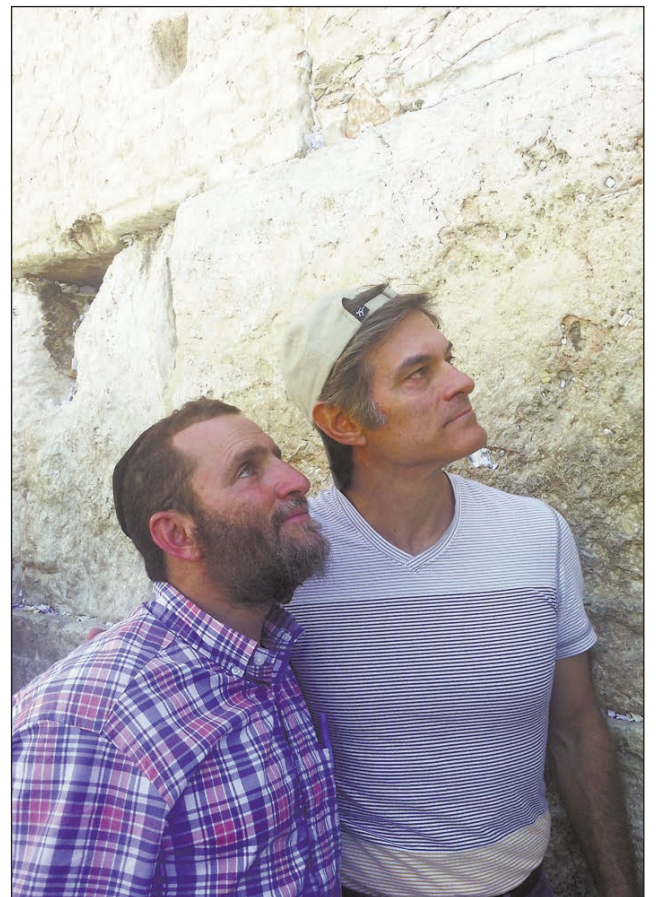
What has been the most challenging part of the trip?

We were driving and I saw workers from South Asia, and I wondered, “Why are South Asians working in these fields when there are workers who live in the West Bank?” We must find a way for people to work together peacefully.

There are such wonderful opportunities to work together. We should build a bigger pie. Israel is a microcosm for so many problems you have around the world. It’s the gold standard of conflict. If we could solve this, it’s a toolkit for solving other problems.

How has visiting Israel and the West Bank changed your perspective on the Israeli-Palestinian conflict?

You learn about the fictions you create around solutions. It would be very difficult to pass laws that intersect between people living next door to each other. It’s not as easy as being for or against it. You realize it’s



Dr. Mehmet Oz (right) and Rabbi Shmuley Boteach at the Western Wall in Jerusalem, August 2.

(Photo: The Jewish Values Network)

much more difficult. It’s much greyer. It’s not black and white.

The ultimate solution will be driven by financial means. Peace is an imperative for that. When people love their children so much, they’ll do whatever it takes to make their future brighter.

2013 - 2014 CALENDAR OF JEWISH HOLIDAYS 5774

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festivals begin the preceding evening

ROSH HASHANAH SEPTEMBER 5 & 6	FAST OF GEDALIAH SEPTEMBER 8	YOM KIPPUR SEPTEMBER 14*	SUKKOT 1st & 2nd DAYS SEPTEMBER 19 & 20	HOSHANA RABAH SEPTEMBER 25	SHEMINI ATZERET SEPTEMBER 26*	SIMCHAT TORAH SEPTEMBER 27	CHANUKAH NOVEMBER 27 TO DECEMBER 5		
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*Best wishes for a sweet,
happy and healthy New Year.
Shana Tova.*

Andrea Freedman



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Happy Rosh Hashanah

*May the new year bring all the blessings
of peace, health and prosperity.*

Shana Tova.

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Locals going for laughs at Ottawa's comedy clubs

By Ilana Belfer

Rabbi David Rotenberg admits “comedy clubs are not necessarily the most kosher of places.” Yet, that’s where you’ll often find him – kippah, tzitzit and all.

And he’s not alone. At least three other Jewish community members are making rounds of the local stand-up circuit.

“When I get up on the stage ... it takes people a moment to get used to it,” said Rabbi Rotenberg, 30, who’s been doing stand-up on and off for 15 years. In comedy circles, he’s considered a semi-professional. In other words, he gets booked for paid gigs, but is primarily a teacher (and a dad).

“One time, a woman was so excited she yelled out, ‘Yay Jews!’ It’s like, oh, that’s fantastic. Not only do we have anti-Semites to deal with, but also overzealous cheerleaders.” Another time, people started shouting “Mazel tov!” throughout the show. For the most part, though, people are accepting, he said.

“If I just went on stage looking like a religious guy and I didn’t say anything about it ... it would be kind of weird,” said Rabbi Rotenberg. “But I deal with it right away, and that’s sort of the persona I have on stage.”

For instance, he wrote an entire bit about the time a salesperson wished him a “Happy Heineken” during the holiday season.

“I take it to the most absurd conclusion,” he said. “It’s about not letting [misconceptions about Judaism] slide and going really sarcastic with it. That’s more or less my style.”

He also doesn’t use profanity or discuss anything that is too off-colour.

“I like to think of myself as edgy for a rabbi, but clean for a comedian.”

Without the visible need to confront their Jewishness head on,

other comedians, such as Lynne Cohen and Dan Ciggy (Cigelnik), play to the diversity of their crowds by avoiding overtly Jewish material.

“There are anti-Semites in the world and there are anti-Semites in comedy clubs ... There are people that are still going to think, ‘Hey, it doesn’t matter how funny he is. Look at this Jew tell a joke,’” said Ciggy, 28.

As a professional comedian, he does sets at least five times per week and often tours to Toronto and Montreal, his hometown, though he’s called Ottawa home for the past decade.

Instead, he opts for racy material, which he said all comes down to delivery.

“The material is [only] half the battle,” Ciggy said. “I say outrageous things, but in a silly, lovable way.”

For Cohen, an Orthodox Jew, religion is more about guiding her comedic values: she steers clear of sex and bathroom humour. On the agenda, however, is poking fun at IKEA, global warming, wheelchairs, marriage and marijuana smokers.

“I don’t know what the line is,” she said. “I try hard not to swear, but sometimes swearing is just so perfect.”

Cohen, 56, a lawyer and freelance journalist, has been performing at Yuk Yuk’s amateur night once every two months since January 2009. Her goal, she said, is to get paid, even \$50, just to say she “went pro.”

“I used to be a more serious person ... It didn’t really dawn on me until I married my second husband that most of life was really very funny,” she said, mentioning that it was a short while after she became more religious that “I realized comedy was the way to go.”

Though he’s only 17, Itzy

Kamil has been making people laugh for quite some time. In 2010, he won the Cappie award for best comic actor for his role in the Ottawa Jewish Community School’s production of *The Last Night of Ballyhoo*.

For the past year, Kamil has been giving his own material a whirl during open mike nights at comedy clubs like Yuk Yuk’s and Absolute Comedy and other local pubs (when he’s allowed in).

“I don’t remember my first 10 times on stage because I was just so nervous,” he said. “But, after a while, you get used to it,” noting he’s getting bigger laughs as time goes on.

“I have been cursed with being the most generic: I am a white Jew who complains. That’s like 40 per cent of comedians ... But you can find your own style,” he said, adding, with a smile: “I guess that’s just part of the journey. You never know. Maybe I’ll be a prop comedian like Carrot Top.”

While being young is a theme in his act, Kamil insists that it’s not his shtick.

“I want to make jokes that, if I told them 20 years from now, they’d still be funny, not just ‘cause I’m 17,” he said.

The recent Ottawa Jewish Community School grad, who works nights at Rideau Bakery, said he hopes to go from six-minute amateur sets, which he performs once or twice per month, to paid 15-minute feature sets in the coming year. As far as the rest of his future goes, he’s less certain.

“I’m very bad with decision-making, so I’ll probably be homeless in five years ... I don’t really see myself anywhere. [Just] having a good time, a dog,” he joked.

“I don’t know if I want to be famous ... I just want to be a comedian. I guess I want to be

(Continued on page 46)



Rabbi David Rotenberg is “edgy for a rabbi, but clean for a comedian.”



Lynne Cohen’s goal is to get paid as a comedian.



Dan Ciggy avoids overtly Jewish material

Emily Pearlman to be playwright-in-residence at GCTC

By Ilana Belfer

The Great Canadian Theatre Company (GCTC) has named Ottawa playwright Emily Pearlman its playwright-in-residence for the 2013/2014 season.

Supported by the Ontario Arts Council's Playwriting Residency Program and the City of Ottawa's Creation and Production Fund for Professional Artists, the residency provides artists with space, resources and financial means, allowing them to dedicate full attention to their craft.

"In the arts, you often take on a million jobs because you're scared of not being able to pay your bills, so to

have the luxury of time is wonderful," said Pearlman, 32. She is also a freelance director and producer, and teacher at the University of Ottawa and Algonquin College. Many will remember her as director of the Soloway Jewish Community Centre's Purim shpiel in 2009.

The residency comes with the validation of being recognized by a credible institution like GCTC.

"It's often very difficult, in the area of theatre, to feel like you are a grownup doing it," she said.

Pearlman has written and performed award-winning shows, such as *Countries*



Emily Pearlman says she writes "to figure things out."
(Photo: Matthew Parsons)

Shaped Like Stars and *Live from the Belly of a Whale*. In 2009, she received the Prix

Rideau Emerging Artist Award. Her newest work, *We Glow*, co-written with Brad

Long, recently won both Outstanding Duo and Outstanding Production at the Ottawa Fringe Festival.

After earning a bachelor's degree in theatre and religion at Concordia University in Montreal, and a master's in interdisciplinary studies at Simon Fraser University in Vancouver, Pearlman returned to her hometown to see what she could bring to the Ottawa scene.

"There's something nice about going into a smaller community, because you can actually help to change [it]," she said. "[And there is] something really important about going away, learning things, and bringing

them back."

Pearlman founded the award-winning Mi Casa Theatre Company with Nicholas Di Gaetano in 2009, putting concepts she learned in her graduate studies – how to blend different types of artistic disciplines – into practice.

"I like to think of what I do as a hybrid," said Pearlman, who considers herself to be foremost a storyteller, rather than a theatre-person. "[Di Gaetano's] background is music, so we think a lot about how theatre can be like a rock show, and that's why I like the broader term of *performance*."

In a way, Pearlman said
(Continued on page 64)

Comedy: Jews are 'such keen observers of real life'

(Continued from page 45)

known in Ottawa. And, if I'm known in Ottawa, then it would be nice to be known in Ontario. And, if I'm known in Ontario, it would be good to be known in Canada. So we'll move in levels," Kamil said.

With Yuk Yuk's seeing more than 100 would-be comedians signing up for amateur nights each month, amateur comedy in the capital is booming and competition is at an all-time high. Howard Wagman, who owns the local franchises

and co-founded Yuk Yuk's in 1976 in Toronto with his uncle, Mark Breslin, has undeniably played a part.

Yuk Yuk's, which helped launch big-name comedians like Jim Carrey and Howie Mandel to stardom, has been in Ottawa for 30 years, offering the microphone to both up-and-comers and comedy veterans, which, traditionally, has included many Jews.

From Rabbi Rotenberg using *Seinfeld* references to spice up his Torah lessons, to stand-up comedy's histo-

ry as a Jewish-dominated industry, Jews and comedy have tended to go hand-in-hand. But why?

"Jewish people are generally ... very well read and very perceptive of the social and human condition so, in my opinion, they make great comedians because they're such keen observers of real life," Wagman theorized.

"People say humour comes from pain and suffering. And who suffers more than the Jews? If you don't laugh, you're going to cry."



Itzy Kamil is one of the youngest up-and-comers on Ottawa's comedy scene.

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Aftermath: Controversial Polish Holocaust film to be screened in Ottawa

By Fred Litwin
Free Thinking
Film Society

Aftermath, a controversial Polish film about a massacre of Jews by Poles in 1941, will be shown on September 9.

The film is loosely based on the 2000 book *Neighbors: The Destruction of the Jewish Community in Jedwabne, Poland* by Polish-American author Jan Gross, a professor of history at Princeton University.

Gross documented the 1941 massacre in the town of Jedwabne in northeastern Poland, which saw 1,600 Jewish men, women and children murdered, not by the Nazis, but by their Polish neighbours. Gross told the story in great detail and the book started a huge debate in Poland.

This year, Polish film director Wladyslaw Pasikowski released *Aftermath* (*Poklosie* in Polish), a fictional account of the Jedwabne tragedy, to yet another controversial reception. Maciej Stuhr, one of the actors, received death threats and local authorities cancelled screenings of the film in Ostroleka, a small town just 60 km from Jedwabne. Some Polish nationalists accused the film of being “anti-Polish.”

Aftermath tells the story of two brothers who discover their village, like Jedwabne, has a secret, that Jews were murdered by their Polish neighbours who then took over their houses and farms.

Aftermath was screened in July at the Jerusalem Film Festival, where Pasikowski received the Avner Shalev

Yad Vashem Chairman’s Award, presented by the Yad Vashem Visual Center.

“*Aftermath* is a gripping journey into the heart of the Holocaust’s darkness, a film that manages both to reckon with the most painful of historical events and to bring them eerily to life in the present tense,” read the Jerusalem Film Festival’s jury statement in announcing the award.

The Free Thinking Film Society will screen *Aftermath* on Monday, September 9, 7:00 pm, at Library and Archives Canada, 395 Wellington Street. Admission is \$20 (general public) and \$10 (students).

Jan Grabowski, a professor of history at the University of Ottawa, will provide commentary following the screening.



Actor Maciej Stuhr in a scene from *Aftermath*.

Grabowski is a founding member of the Polish Centre for Holocaust Research and his new book, *Hunt for the Jews: Betrayal and Murder in German-Occupied Poland*, will be published in October.

A reception will be held following the film screening and commentary.

Tickets are available at Compact Music (785 Bank Street and 190 Bank Street) and at the door.

For more information,

visit freethinkingfilmfest.ca.

We will revisit this topic in November when we present two Polish television documentaries about the Jedwabne massacre during the Fourth Annual Free Thinking Film Festival.

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The war over intermarriage is over. Now what?

Many Jewish institutions now strive 'to be as welcoming as possible to intermarried Jews and the gentiles who love them'

By Uriel Heilman

Editor's note: Although this article was written from a distinctly American perspective, and the "national" surveys mentioned were taken in the United States, the same issues under discussion are being faced by Jewish communities in Canada.

(JTA) – When the UJA-Federation of New York convened its first-ever conference on engaging interfaith families in June, perhaps the most notable thing about it was the utter lack of controversy that greeted the event.

There was a time when the stereotypical Jewish approach to intermarriage was to shun the offender and sit shiva.

A generation ago, the publication of the 1990 National Jewish Population Survey showing intermarriage at the alarmingly high rate of 52 per cent turned into

a rallying cry. No matter that subsequent scholarship revised the figure down to 43 per cent, interfaith marriage was seen as the core of the problem of Jewish assimilation in North America. Jewish institutions poured hundreds of millions of dollars into Jewish identity building with an eye toward stemming intermarriage.

Fast forward two decades and the question is no longer how to fight intermarriage, but how Jewish institutions can be as welcoming as possible to intermarried Jews and the gentiles who love them.

"Clearly, Jewish communal attitudes have changed," said David Mallach, managing director of the Commission on the Jewish People at UJA-Federation of New York.

"One of the results of the whole process begun with the 1990 study was that in a

free America we're all Jews by choice. That's been a profound insight that has permeated a lot of the work of the Jewish community in the last 20-plus years," Mallach said. "It shifted the discussion from the classic stereotypical sitting shiva and never talking to a person again to saying that, if we're all Jews by choice, let's also sit with this segment of the community and offer them that choice."

In 1973, the Reform movement's rabbinical arm, the Central Conference of American Rabbis (CCAR), issued a non-binding resolution opposing officiating at intermarriages. Today, more than half the movement's rabbis perform interfaith weddings. [Rabbi Steven Garten of Temple Israel Ottawa has recently begun to perform interfaith marriages under certain conditions.]

In 2010, a CCAR task force recommended shifting

away from focus on preventing intermarriage to reaching out to intermarried families and adapting rituals to include non-Jewish family members. Now the movement is considering a further step.

Rabbi Aaron Panken, the new president of the rabbinical seminary of the Reform movement, Hebrew Union College-Jewish Institute of Religion (HUC), told JTA this month that HUC is planning to take a "very serious look" at whether to end the school's longstanding policy against admitting intermarried rabbinical school students.

In the Conservative movement, it's no longer uncommon to see non-Jews on the bimah during a bar mitzvah service. Some Conservative synagogues even grant voting rights to non-Jewish members. Officially, the movement's only rules

on the subject are that rabbis must neither perform nor attend interfaith weddings. But the latter regulation often is ignored.

"First someone has to make a complaint, and nobody has ever brought a complaint against a colleague for having attended an intermarriage," said Rabbi Julie Schonfeld, executive vice president of the movement's Rabbinical Assembly. "It would be hard to imagine that someone would be punished for it."

Even in the Orthodox movement, the idea of shunning the intermarried is passé, seen as counterproductive to the ultimate goal of getting unaffiliated Jews to embrace their Jewish identity.

"The preponderance of intermarriage has made it usually pointless to shun those who have married out," said Avi Shafran, director of public affairs for the haredi Orthodox Agudath Israel of America. "Once upon a time, intermarriage was a sign that

the Jewish partner was rejecting his or her Jewish heritage. That is no longer the case, of course, and hasn't been for decades."

While there have been no national studies of Jewish intermarriage rates since the 2000-01 National Jewish Population Survey, which reported an intermarriage rate of 47 per cent, anecdotal evidence and general population surveys suggest intermarriage is on the rise.

A landmark 2008 study by the Pew Forum on Religion and Public Life found that one-third of all marriages in the United States are now interfaith, and Jews are the most intermarrying religious group of all (Mormons are the least).

"What was once seen as abnormal, socially taboo, something you did not publicize, has become socially acceptable," Erika Seamon, author of *Interfaith Marriage in America: The Transformation of Religion and Christianity*, said at the UJA-Fed-

(Continued on page 59)

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Sarah Weinman's *Troubled Daughters, Twisted Wives*

Hillel Academy graduate is editor of new collection of crime stories written by women between the 1940s and 1970s

By Ilana Belfer

When Sarah Weinman left Ottawa for New York City in 2005, she had plans of becoming a forensic biologist. But, these days, she's sticking to curating fiction about crimes, rather than solving them.

Her new anthology, *Troubled Daughters, Twisted Wives: Stories from the Trailblazers of Domestic Suspense*, "brings together 14 hair-raising tales by women who – from the 1940s through the mid-1970s – took a scalpel to contemporary society and sliced away to reveal its dark essence," the description divulges.

"I felt as if these authors weren't being discussed in a critical and important way in the same way that their male counterparts were," said Weinman, 34, in a telephone interview with the *Bulletin* from her office in New York.

"So, for example, you

hear a lot about Raymond Chandler and Dashiell Hammett ... but you weren't hearing as much about Dorothy B. Hughes or Margaret Millar," two of the writers included in the collection.

It's safe to say Weinman is adept in the world of crime fiction. In fact, as the *National Post's* "Crimewave" columnist, and with columns and reviews that have appeared in such publications as the *Washington Post* and the *Los Angeles Times*, she's regarded as an authority on the subject.

A graduate of Hillel Academy, Weinman began reading crime novels when she was at Nepean High School, and carried on while studying biology at McGill University.

While earning her master's degree in forensic science at New York City's John Jay College of Criminal Justice, Weinman worked at a mystery bookshop in Green-

wich Village.

"I just felt, like, a sense of discovery ... they were using the genre as a way to comment on larger things in society," Weinman said.

"I don't shy away from looking at dark subjects. I believe in facing things head on, even if it may seem painful or uncomfortable, because the world is a painful and uncomfortable place. It's also a joyous and marvellous place, but I don't believe in closing myself off to the full gamut of emotion ... crime fiction covers that gamut more wholly, at least for my taste."

By then, she'd become a voracious reader of the genre – not only surrounded by books, but also recommending them to customers, making contacts and learning the book business.

It was while writing her thesis at home in Ottawa in 2003 that she started her

blog, *Confessions of an Idiosyncratic Mind* – available at sarahweinman.com – which became a nexus point for all things crime fiction.

That opened the door to freelance opportunities, as well as her current a job as news editor for *Publishers Marketplace*, an information and publishing industry resource.

At lunch with a Penguin executive, Weinman mentioned her theory of a forgotten generation of critically acclaimed and well-published women, the pioneers for modern-day female crime novelists like Sue Grafton.

"I think the monologue I went on was so impassioned that he looked at me and said, 'Well, there could be an anthology in this,'" she recalled.

In addition to the pieces Weinman compiled, she contributes an introductory essay and a note on each story with



Sarah Weinman's anthology of crime fiction by women authors from the 1940s to the '70s will be launched in New York City on August 27.

a biography of its author and an explanation of why she selected it.

"I would really love for readers to pick up this book

and go, 'Who are these writers? Oh, I need to seek out their work.' So, if I do that, then I have accomplished my job."

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Guest column

Our son is riding in *Wheels of Love* for ALYN Hospital in Jerusalem

By Jane and Martin Gordon

We are very proud of our son, Benjamin Cates, who lives in Tel Aviv and will be riding, for the first time, in *Wheels of Love*, an annual five-day bike ride that raises funds for the ALYN Hospital, Israel's only pediatric and adolescent rehabilitation centre.

The 2013 ride takes place from October 27 to 31.

Benjamin made Aliyah to Israel about 10 years ago and served as a medic in an elite IDF combat unit for three years, including during the Second Lebanon War in 2006.

He and several other young olim without family in Israel were adopted by an amazing family who ensured they were never alone on Erev Shabbat.

The young olim are now

close friends and last year their adoptive father introduced them to ALYN and *Wheels of Love*.

The group, including Benjamin, joined his 2013 team and will cycle under the team name, *Aliyah Ride Forever B"H*.

Over five days, *Wheels of Love* will cover more than 400 km through the Galilee and will end at ALYN in Jerusalem with several hundred riders from Israel and around the world participating.

ALYN is one of the world's leading facilities specializing in the active and intensive rehabilitation of children afflicted with a broad range of congenital and acquired conditions, including cerebral palsy, neuromuscular diseases, spinal cord injuries, brain injuries and burns.

ALYN has in-patient and day centre rehabilitation services, as well as intensive care respiratory rehabilitation services. It has also reached out across the world.

For example, following the 2010 earthquake in Haiti, a team of ALYN medical experts specializing in the rehabilitation of amputees went there to assess needs for providing rehabilitation for the injured, and to train Haitian therapists. As well, ALYN provided therapy in Israel for some Haitian earthquake victims.

ALYN's main goal is to provide each child with the ability to lead the most independent life possible at home.

To achieve this, it provides services for the entire family.

Everyone is encouraged

to participate, whether at doctor's appointments or physiotherapy sessions, or at school lessons, or with arts and crafts.

ALYN is a non-profit facility and treats patients from all walks of life, regardless of religious belief, nationality or ethnic background.

Almost 100 per cent of the funds raised on the annual ride go to supporting the hospital.

If you would like to support Benjamin's *Wheels of Love* ride, there is a secure webpage for contributions from Canadians at wolcana-da.org/benjaminccates.

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Sylvia Pleet in memory of Asher Kahn by Gail & Stephen Victor

Heidi Polowin in memory of your Aunt by Marcia Cantor

Sheldon Posen In memory of Bernice Posen by Alan Blostein

Norm Potechin in memory of Evelyn Potechin by Gail & Stephen Victor; Brian & Rochelle Pearl

Andrea Rosenbloom in memory of your father by Marjorie & Michael Feldman

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Mark Scheer in memory of Desko Scheer by Eva, Kathy & Gabi Avni

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Sid & Fran Gersberg (great-grandson) by Dale & Ruth Fyman

Esther & David Kwavnick (3 granddaughters) by Bryna and Ilan Rumstein

Les & Sara Melamed (grandson) by Dale & Ruth Fyman

Bram & Dodie Potechin (grandson) by Steve & Debra Caron

Doris & Steve Rauch (granddaughter) by Mike & Judy Aranoff

Margo & Frank Rosen (granddaughter) by Bryna & Ilan Rumstein

Rabbi David & Aviva Rotenberg on your new arrival by Natalie & Tommy Gussman

Nicole Segall & David Silverstone on the birth of Greg Silverstone by Jackie & David Lyman

Ron & Debbie Weiss (grandchild) by Harry Prizant; Margo & Judah Silverman

Leana Azerrad & Chris Yannakis on the birth of Ella Azerrad-Yannakis by Jackie & David Lyman

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Mo Ackerman by Barbara Greenberg & Barry Bokhaut

Bertha Alevizos (100th) by Barbara & Pinchas Pleet

Cantor David Aptowitz by Mera & Bill Goldstein

Phil Balitsky by Fannie Nathanson

Stella Beck (90th) by Lily Feig; Evelyn Krane; Sheela & Si Morin

Ben Bicher by Rhona Harrow

Jack Budovitch (90th) by Margie Feldstein

Harry Chezan (97th) by Doreen & Ariel Armoni

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John Collins by Maureen Ottman

Lee Curry by Barbara Greenberg

Lisa Epstein (1st) by Bryan Epstein

Lily Feig by Shirley Marcus

Shirley Feller (90th) by Barbara Greenberg & Barry Bokhaut

Sylvia Freeman (90th) by Harry Prizant & children

Rabbi Steven Garten by Jane & Martin Gordon; Marsha & Art Saper

Doris Gilman (90th) by Arnold & Faye Tennenhouse

Mendel Green by Beryl & David Ben Reuven

Moe Haber by Bryna and Ilan Rumstein

Susan Haberkorn by Ruth & Lawrence Mendell

Laya Jacobsen by Sandy Marchello

Doug Kalman by Barbara Greenberg

David Kardish by Marsha & Art Saper

Queenie Kleinerman by Reisa & Allan Glenns

Arlene Krantz by Ruthie Mendell

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Weldon Lewis by Sandy Marchello

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Irv Osterer by Neil Blacher

Maureen Ottman by Marion Silver & Alan Brass

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Susan Angel by Margo & Frank Rosen

Steven Angel by Margo & Frank Rosen; Jessica Cantor & her dental team

Sonia Byerley-Jason by Merle Haltrecht-Matte

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Adam Hadad by David & Marla Baker

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ENGAGEMENTS, WEDDINGS & ANNIVERSARIES:

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Mike & Rhoda Aronson (40th) by Sara & Les Melamed

Jim & Rena Borovay by Laraine & Victor Kaminsky

Ilana & Jeffrey Davis on Jenny's engagement by Jane & Martin Gordon

Prizant & Gailor Families on Ashira & Bucky's engagement by Dale & Ruth Fyman; Sheila & Larry Hartman

Maureen & Jeff Katz by Marsha & Art Saper; Frayda & Charlie Wiseman

John & Sherie Lubelski on Sarah & Yonatan's wedding by Kevin & Jessica Cantor

Joyce & Farrand Miller (60th) by Delores Breitman & Eddy Helpman; Leah & Ken Miller

Ed & Betty Rose on Josh & Randi's engagement by Tom & Natalie Gussman

Fran & Morty Ross (45th) by Laraine & Victor Kaminsky

Debra & Gary Viner (40th) by Jackie & Lucien Sitwell

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Evelyn Greenberg by Barbara Sugarman & Sydney Kronick

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Lexi Milstien by Mark & Carol Froimovitch

Maureen Molot by Dale & Ruth Fyman; Barbara Sugarman & Sydney Kronick; Jeff & Felice Pleet; Gail & Stephen Victor

Laurie & Carol Pascoe by Jeff & Felice Pleet

Zach Pleet by Mark & Carol Froimovitch

Peter Showler by Margo & Alan Blostein

Neil Tolson by Jackie & Lucien Sitwell

Frayda Wiseman by Marsha & Art Saper; Rosalie Schwartz

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Rabbi Arnold & Chevy Fine by Mike & Judy Aranoff; Leah & Bob Gencher; Ethel & David Malek; Roz Taller

Ariane Matte by Merle Haltrecht-Matte

Irv Osterer by Neil, Marilyn & Daniel Blacher

Lianne Pelletier by Merle Haltrecht-Matte

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Sid Kardash by Chaim Feig

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Holiday Kid Lit

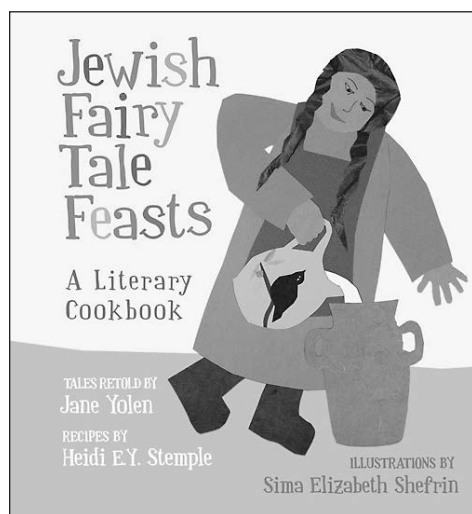
For the New Year, children's books opening new worlds

By Penny Schwartz

(JTA) – Shofars, apples and honey, make room for pomegranates, couscous and pumpkins.

The new crop of children's books for the High Holidays opens a world beyond the beloved traditional symbols of the New Year.

From ancient times to today, the savoury, engaging reads presented here will take families from the kitchen to the bedroom to the sukkah.



Jewish Fairy Tale Feasts:

A Literary Cookbook

Tales Retold by Jane Yolen

Recipes by Heidi E.Y. Stemple

Illustrated by Sima Elizabeth Shefrin

Crocodile Books/Interlink

200 pages

Ages 5 and older

Master storyteller Jane Yolen and her daughter, Heidi E.Y. Stemple, a cook and children's writer, serve up a collection of richly detailed retellings of Jewish folk tales from around the world paired with kid-friendly recipes for Jewish foods. Yolen presents a range of tales, from the entertaining and humorous to lesser-known sophisticated tales for older readers that pose life's challenges. Stemple offers up tempting recipes adapted for today's families, from the traditional, familiar Eastern European fare to some lesser-known African and Sephardic cuisine.

The brightly coloured collages and recipe illustrations by Sima Elizabeth Shefrin make the book a pleasure to browse for all ages.

Among the 18 stories and recipes are two Rosh Hashanah entries.

"Two Jars of Honey," set in the days of King Solomon, where a wise-beyond-his-years Solomon resolves a feud between neighbours. All ends well on a note of com-

passion and forgiveness.

A recipe for honey cake, a traditional sweet eaten during the High Holidays, includes a surprising ingredient – a can of cola.

In "The Pomegranate Seed," a tale that originated in Morocco, a poor man caught stealing uses his wit and a moral challenge to save himself.

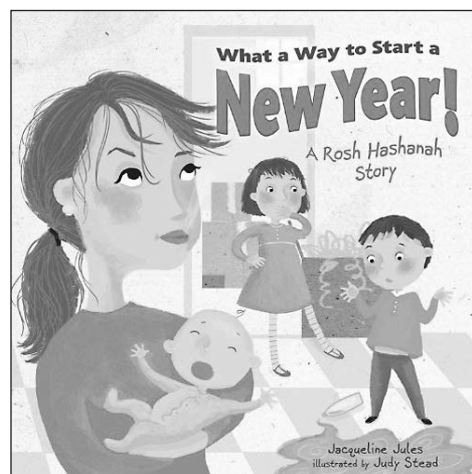
An appealing recipe for pomegranate couscous is packed with flavour, texture and colour from pomegranate seeds, dried apricots, cinnamon, cilantro and fresh mint.

An added note explains that pomegranates are associated with Rosh Hashanah because the red, globe-shaped fruit is said to have 613 seeds that correspond with the Torah's 613 mitzvot, or commandments.

Budding storytellers, folklorists and teachers will appreciate Yolen's outstanding end notes that credit other storytellers for their earlier versions and provide the origins and cultural history of the stories.

In the introduction, Yolen and Stemple write that storytelling and cooking change over time and location.

"Be playful," they encourage, and "let's eat!"



What a Way to Start a New Year!

A Rosh Hashanah story

By Jacqueline Jules

Illustrated by Judy Stead

Kar-Ben

24 pages

Ages 3-8

Award-winning author Jacqueline Jules' *What a Way to Start a New Year!* is a light-hearted and authentic story for Rosh Hashanah that reflects the diversity of many of today's Jewish families and the hustle and bustle of daily life.

In the opening pages, a perky young girl is eating a slice of pizza in her family's new home, which is filled with unpacked boxes.

(Continued on page 57)

SEPTEMBER 23, 2013
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 For more information about the film, visit www.jerusalemthemovie.com.

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OPENING NIGHT SEPTEMBER 11TH.

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League runs from September to April.

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Card donations go a long way to improving the quality of life for our residents. Thank you for considering their needs and contributing to their well-being.

On behalf of the residents and their families, we extend sincere appreciation to the following individuals and families who made card donations to the Hillel Lodge Long-Term Care Foundation **between July 3 and 31, 2013 inclusive.**

HONOUR FUNDS

Unlike a bequest or gift of life insurance, which are realized some time in the future, a named **Honour Fund** (i.e., endowment fund) is established during your lifetime.

By making a contribution of \$1,000 or more, you can create a permanent remembrance for a loved one, honour a family member, declare what the Lodge has meant to you and/or support a cause that you believe in.

A Hillel Lodge **Honour Fund** is a permanent pool of capital that earns interest or income each year. This income then supports the priorities designated by you, the donor.

Ruth and Irving Aaron Family Fund

In Memory of:

Ida Lithwick by Ruth and Irving Aaron

Bill and Leona Adler Memorial Fund

In Observance of the Yahrzeit of:

Bill Adler father of Jeff, Marilyn and Elayne Adler; and by Esti, Shimon, Rochel-Leah and Moishele Fogel

Memory of:

Ida Lithwick by Marilyn Adler and Neil Blacher.

Samuel and Jean Akerman Memorial Fund

In Honour of:

Rabbi Bulka Mazal tov on receiving the Order of Canada by Sheila and Larry Hartman

Auxiliary of Hillel Lodge Fund

In Honour of:

Fran and Mort Ross Mazal tov on your special anniversary by Aliza and Larry Gauzas; and by David and Beverly Gluzman

Jenny and Murray Citron Endowment Fund

In Memory of:

Evelyn Potechin by Murray Citron

Friedberg and Dale Families Fund

R'fuah Shlema:

Bella Kraiberg by Elaine Friedberg and Bob Dale

Tania Firestone Family Fund

In Memory of:

Mother of Peter Stelcner by Lindsay and Bob Firestone

Malcolm and Vera Glube Endowment Fund

In Memory of:

Harold (Red) Raphael by Malcolm and Vera Glube

Joe Jacobson by Malcolm and Vera Glube

Ida Lithwick by Malcolm and Vera Glube

Evelyn Potechin by Malcolm and Vera Glube

In Honour of:

Malcolm and Vera Glube Happy anniversary by Billy and Mera Goldstein; by Ed and Betty Rose
Mort and Fran Ross Happy 45th anniversary by Malcolm and Vera Glube

Nell Gluck Memorial Fund

In Honour of:

Mr. and Mrs. Mordechai Bendat Mazal tov on Miri's engagement to Dr. Jordan Pelco by Julia Gluck, Ted and Jess Overton

Matthew Overton Happy 40th birthday by Ted, Julia and Jess Overton

In Memory of:

Ida Lithwick by Manny Gluck and Cheryl Hothersall; and by Henry and Maureen Molot

Beloved sister of Zvi Nix by Henry and Maureen and family.

Evelyn and Irving Greenberg Fund

In Honour of:

Donald Whitton Happy special birthday with love by Evelyn Greenberg

David, Harvey, Victor Kardish Family Fund

In Memory of:

Joseph Jacobson by Sheryl, Harvey, Mallory and Ryan Kardish

Morris and Lillian Kimmel Family Fund

In Honour of:

Janet and Stephen Kaiman Wishing you Mazel tov on Tobin's accomplishments by Brenda, Nathan, Jesse, Daniel and Sarite

George Silverman Happy birthday by Janet, Stephen, Tobin and Aaron Kaiman

Morris Kimmel Happy birthday by David, Lev, Sarah and Jack Silverstein

Lynn Shulman by Morris Kimmel

In Observance of the Yahrzeit of:

Bill Adler by Janet, Stephen, Tobin and Aaron Kaiman

In Memory of:

Doug Barash by Brenda, Nathan, Jesse and Daniel Levine

Nordau and Roslyn Kanigsberg

Family Fund

In Honour of:

Paula Smith Wishing you a speedy and complete recovery.

In Memory of:

Joe Jacobson, beloved father of Shelley Berezin by Roz and Nordau Kanigsberg

Beloved mother of Dr. Joel Kirsh by Roz and Nordau Kanigsberg

Ida Lithwick by Roz and Nordau Kanigsberg

Evelyn Potechin by Roz and Nordau Kanigsberg

Dorothy and Maurie Karp Endowment Fund

In Memory of:

Beloved cousin, Gaille by Dorothy and family

Ruth Karp by Dorothy Karp and family

Joan and Russell Kronick Family Fund

In Honour of:

Fran and Mort Ross Congratulations and best wishes.

In Memory of:

Evelyn Potechin Joan and Russell Kronick.

Ida and Sidney Lithwick Fund

In Memory of:

Ida Lithwick by Kalman Green and June Rogers; by Eric Elkin and Molly Hirsch; Elaine Lithwick and Harris Stein.

Irma and Harold Sachs Family Fund

In Memory of:

Ida Lithwick by Irma Sachs

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In Memory of:

Father of David Moher by Rachel, Howard, Davida and Josh Schachter

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In Honour of:

Morris Kimmel Happy birthday by Stephen and Debra Schneiderman

In Memory of:

Irving Parker by Carol and Larry Gradus

Ida Lithwick by Debra and Stephen Schneiderman; and by Stacey and Stephen Rich

Sam Teller by Debra and Stephen Schneiderman

Evelyn Potechin by Debra and Stephen Schneiderman

Harold and Lillian Shoihet Memorial Fund

In Honour of:

Dr. Andre Engel Mazel tov on your recent birthday. You should have lots of long life and joy from your children and grandchildren by Dovid Shoihet and Jessica.

Ralph and Anne Sternberg

Memorial Fund

In Observance of the Yahrzeit of:

William (Bill) Sternberg, beloved brother of Laya Jacobsen

Honour of:

Thomas Gussman Happy birthday by Laya and Ted Jacobsen

Laya Jacobsen Happy birthday by Ted Jacobsen

Annette Millstone Mazal tov on your new home by Laya and Ted Jacobsen

Barbara Okun In appreciation of your Cantorial Solo at Temple Israel by Laya and Ted Jacobsen

Our friends and family Shana Tova by Laya and Ted Jacobsen

R'fuah Shlema:

Lynne Shulman by Laya and Ted Jacobsen

Judith and Harvey Slipacoff by Laya and Ted Jacobsen

Natalie Gussman by Laya and Ted Jacobsen

Sarah and Arnie Swedler Family Fund

In Honour of:

Monica Stein Happy birthday by Arnie Swedler and Rhoda Zaitlin

Larry Hartman Happy birthday by Arnie Swedler and Rhoda Zaitlin

Eric Weiner and Arlene Godfrey

Family Fund

In Memory of:

Ida Lithwick by Miriam Weiner; and by Carol and Larry Gradus

Carole and Norman Zagerman

Family Fund

In Honour of:

Max Weinstein Happy special birthday by Carole and Norman Zagerman

Fay Koffman Mazal tov on the birth of your great-granddaughter by Carole and Norman Zagerman

Feeding Fund:

In Honour of:

Gina and Howard Grant Mazal tov on the birth of your grandson Liam Alexander by Carol and Larry Gradus

Howard Lapkovsky and Family Mazal tov on the birth of your grandson by Alvin and Monica Stein

Larry Hartman Happy birthday with love by Alvin and Monica Stein

In Memory of:

Ida Lithwick by Laurie and Carol Pascoe

Recreation Fund

In Honour of:

Steven Kerzner Happy birthday by Sally Matook

IN HONOUR OF:

Arthur and Gittel Sheffield Best wishes for a

(Continued on page 57)

**THE LODGE EXPRESSES ITS SINCERE APPRECIATION FOR YOUR KIND SUPPORT
AND APOLOGIZES FOR ANY ERRORS OR OMISSIONS. DUE TO SPACE LIMITATIONS, THE WORDING APPEARING
IN THE BULLETIN IS NOT NECESSARILY THE WORDING WHICH APPEARED ON THE CARD.**

GIVING IS RECEIVING – ATTRACTIVE CARDS AVAILABLE FOR ALL OCCASIONS

Here's a good opportunity to recognize an event or convey the appropriate sentiment to someone important to you and at the same time support the Lodge. Card orders may be given to Bev at 728-3900, extension 111, 8:30 a.m. to 4:30 p.m. Monday to Thursday, 8:30 a.m. to 3:30 p.m. Friday. You may also e-mail your orders to donations@hillel-ltc.com or online donations can be made through CanadaHelps.org. All orders must include name, address, postal code, and any message to person receiving the card; and, amount of donation, name, address and postal code of the person making the donation. Cards may be paid for by Visa, Mastercard, American Express, Cheque or Cash. Contributions are tax deductible.

Kid Lit: A wonderful way to start the new year

(Continued from page 55)

Her family, including two younger brothers, has just moved to a new town. While her dad isn't Jewish, he loves celebrating the High Holidays. But how will they observe the New Year, our storyteller wonders with some concern.

When they venture back to their old neighbourhood to share a traditional Rosh Hashanah meal with their friends, one plan after another goes awry. "What a way to start a new year!" they each sigh after mishap follows zany mishap.

Things begin to look up when one of dad's co-workers invites them to synagogue services. While the prayers and songs are familiar, the kids still feel out of place because they don't recognize anyone.

Finally, they are welcomed to share Rosh Hashanah dinner with new friends.

"What a wonderful way to start a new year!" the young girl exclaims.

Judy Stead's brightly coloured, cartoon-like illustrations are a lively accompaniment to the story.

An author's note reminds parents that, while starting in a new home or school can be difficult, it's made easier by generous hosts.

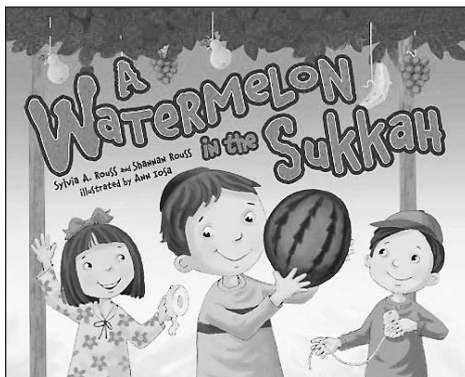
She explains the mitzvah of *hachnasat orchim* (welcoming guests).

A Watermelon in the Sukkah
By Sylvia A. Rouss and Shannan Rouss
Illustrated by Ann Iosa

Kar-Ben
24 pages
Ages 3-8

Decorating a Jewish school's sukkah becomes inventive when a young boy, Michael, wants to hang his favourite fruit, a watermelon, from the roof. All the kids' usual ideas – think duct tape and string – fall flat. Michael's creative thinking and teamwork save the day. A brief author's note explains the holiday.

Iosa's fall-toned illustrations of gold, green and purple convey the children's excitement and disappointment with lively action that will entertain young kids.



Do you know a Jewish individual or family planning a move to Ottawa?

Have you met anyone who has recently moved here?

If so, please refer them to the **Jewish Ottawa InfoCentre**, where they can get all their questions answered about fitting into their new community. The InfoCentre is also here to assist "veteran" Ottawans. We are a one-stop-shop to answer your questions related to our community.



613-798-4644
1-877-798-4644

Visit us on the 2nd level of
the Joseph and Rose Ages
Family Building.



Jewish Ottawa
InfoCentre

InfoCentre is a program of

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(Continued from page 56)

safe journey by the Residents, Board and Staff of Hillel Lodge

Rabbi Arnold and Mrs. Fine Best wishes for a safe journey by the Residents, Board and Staff of Hillel Lodge

Ralph Levenstein Happy birthday by Bill and Laurie Chochinov

Mark and Carol Tolchinsky Happy anniversary by Bill and Laurie Chochinov

Joy Chochinov Happy birthday by Bill and Laurie Chochinov

Dr. Eric Elkin In appreciation by Joan Spunt
Carl and Lorna Raskin Mazal tov on the birth of Sadie by Joan and Howard Spunt

Sarah Greenberg Happy 90th birthday by Bob, Gisi, Lisa and Jeff Levitt; and by Andrea Zagerman

Sharon and David Appotive Thank you for a fun night by Janet and Peter Darwish

Ed and Betty Rose Mazal tov on your daughter's marriage by Bill and Jane James

Maureen Molot Thank you for speaking at the AFP Jewish Philanthropy Conference by Cynthia Quigley

Norman Zagerman Thank you for speaking at the AFP Jewish Philanthropy Conference by Cynthia Quigley

Fran and Morty Ross Happy 45th anniversary by Trudy and Sheldon Wiseman; by Ingrid Levitz; by Ed and Betty Rose; by Steve and Roz Fremeth; Wishing you many more happy and healthy years together. Thank you for a beautiful afternoon by Cally and Sid Kardash; Mazel tov on 45 great years together by Bill and Jane James; Congratulations on your 45th wedding anniversary by Eric Elkin and Molly Hirsch; Mazel tov to you both by Carole and Wally Cherun.

Ingrid Levitz Mazal tov on receiving the Shalom Perel President's Award of Merit by Roslyn and Arnie Kimmel and family

Joany Katz Happy birthday by Linda Signer
Joany and Andy Katz Congratulations on

your 30th anniversary by The Attias', the Signer's and Gary and Deb.

Dr. Steve and Roz Fremeth Mazal tov on Robyn's upcoming marriage by Trudy and Sheldon Wiseman

Morris and Pat Neuman Mazal tov on Joanna's upcoming marriage by Trudy and Sheldon Wiseman

Trudy and Sheldon Wiseman Congratulations on the birth of your grandson by Steve and Roz Fremeth

Nadine Mordfield Happy special birthday by Steve and Roz Fremeth

Tom Gussman Happy special birthday by Stephen and Sandra Goldstein

Norman Potechin You too are welcome to the club. Best birthday wishes by Dorothy Lief.

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Clarissa Richardson by Joan Katz and Estella Volk Katz

Marcy Mann by Arlene and Norman Glube; by Steve and Roz Fremeth

Ida Lithwick by the Residents, Board and Staff of Hillel Lodge; by Paula and Manny Agulnik; by Belle Gitterman; by the Levitz family; by David and Barbara Kates; by Annette and Jack Edelson; by Dawn Seligman, Tara and Jonathan and the Bencze family; by Lesley and Jack Cramer; by Roslyn and Arnie Kimmel; by Gloria Kung; Barbara Fine and Steve Levinson; Elaine and Harris

Ruth Karp by Etta Karp

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Lynn Shulman by Alvin and Monica Stein and family

IN OBSERVANCE OF THE YAHRZEIT OF:

Sidney Lithwick, beloved father by Marilyn Lithwick

Camp B'nai Brith CITs visit Hillel Lodge

By Ilana Belfer

Camp B'nai Brith (CBB) of Ottawa's 30 CITs (counsellors-in-training) came into town, August 1, for an afternoon visit with the residents of the Bess and Moe Greenberg Family Hillel Lodge. The CITs brought the spirit of *tikkun olam* and some fun inspired by the Maccabiah Games with them.

The visit to Hillel Lodge by the CITs – who are mostly 16 years old – has been an annual event over the past six years and has become a “great tradition” at the camp, said CBB Assistant Director Justin Shulman.

After being split into four teams, named for Israeli cities – Tel Aviv, Jerusalem, Haifa and Eilat – the residents competed in various mini-games and challenges with the CITs' help: bowling (with an optional ball ramp), riddles, and fill-the-bucket, a camp activity that involves passing cups of water down a line with the goal of transferring the water from one

bucket to another.

“Everyone seems to be having a good time and interacting,” said Joshua Shore, who organized the program with fellow CITs Maegan Grossman and Jeremy Galper. “We had hoped to get ongoing conversations and participation between the residents and the CITs, and I think it's going really well in that respect.”

Chitter-chatter was audible on the sidelines, as Lodge residents and the CITs got to know each other.

“I think that it's so important to meet other people in the Jewish community of all different ages and it's so special,” said CIT Lindsay Eiley, a Montrealer, who applauded the opportunity for outreach outside her home community. “If people were doing this with my grandparents, how I'd want them to be treated, that's how I'm thinking of treating [the residents].”

“They have so many stories to tell,” added Andi Swedler.



The Camp B'nai Brith CITs sing “One Day” for the Hillel Lodge residents.

A brief break from the games featured a juggling act by Tommy Friedlich and Jonathan Diamond, and the program concluded with a performance of the Matisyahu song, “One Day,” with Eden Frymel on guitar, and an awards ceremony.

Team Jerusalem took first place prize, winning a wooden plaque, made with

love at CBB's arts and crafts cabin, and Morris Shapiro, 90, who made a strike while bowling, received the most valuable player award.

“It was certainly a wonderful afternoon: enjoyment, excitement, bowling. I enjoy bowling, as you can tell,” Shapiro told the smiling CITs. “We really appreciate it ... and we thank you very much.”

With that, Shapiro captured what Shulman said is the goal of the initiative.

“Camp is 45 minutes away and we're very fortunate to be able to be so close to the city to share experiences with people who have supported our camp in the past. So, it's all about giving back,” said Shulman.



CITs from Camp B'nai Brith visit with Hillel Lodge residents, August 1. (Photos: Ilana Belfer)

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Intermarriage: Many attitudes have changed

(Continued from page 50)

eration conference in June. "This is a huge shift."

Today, the very notion of fighting a battle against intermarriage in North America seems as likely to succeed as a war against rain: It's going to happen, like it or not. The question is how to react.

Given that the children of intermarriages are only one-third as likely as the children of in-married couples to be raised as Jews, according to the 2000-01 National Jewish Population Survey, the overall strategy appears to be the same across the denominations: Engage with the intermarried in an effort to have them embrace Judaism.

That's true from the Reform movement to Chabad, with the exception of some haredi Orthodox. Where the denominations differ is how far one may go in that embrace, and how strongly – if at all – to push for conversion of the non-Jewish spouse.

At Orthodox synagogues, non-Jews cannot ascend to the bimah, and many synagogues go so far as to deny certain ritual roles to Jews married to non-Jews.

The United Synagogue of Conservative Judaism leaves it to the discretion of its member synagogues to set

the rules on how to treat non-Jews. Rabbi Steven Wernick, the association's executive vice-president, says conversion of the non-Jewish spouse should be a goal. The only question is tactical. How and when to bring it up?

"Do you have the conversation about conversion first, or do you welcome them in and then have the conversation about conversion?" Rabbi Wernick said. "You build the relationship first and then you have the conversation."

In the Reform movement, there is some question about the significance of formal conversion.

"There are plenty of people who want to sojourn in the synagogue and not convert and still know they're part of the Jewish family," said the president of the Union for Reform Judaism, Rabbi Rick Jacobs, who has advocated a vision for the movement as a big tent with the flaps wide open.

"He's living in the Jewish community. He's trying on Jewish commitments," Rabbi Jacobs said. "Conversion can't be the only thing we talk about, but it also should not be off the table. We'd be delighted to have people join the Jewish people."

Perhaps more than anything, the shift in attitudes has changed the conventional view of intermarriage as a net loss to the Jewish community, in the form of the out-marrying Jew, to a potential gain, in the form of the non-Jewish spouse or children who may convert.

"Once you've intermarried, it doesn't mean you've left the Jewish faith," said Rabbi Menachem Penner, acting dean at Yeshiva University's rabbinical school, the Rabbi Isaac Elchanan Theological Seminary.

"As times go on, we have to constantly evaluate what is the best response," he said. "Given that it happens, what's the best way for the community to approach it? The last thing we'd want that person to do is to throw everything away just because they're intermarried."

Photo: Bride Diana Rachlis signs the wedding registrar's book at Temple Israel, April 14, as Rabbi Steven Garten and groom Daniel Harvey look on. Rachlis and Harvey's wedding was the first interfaith marriage ceremony performed at Temple Israel.



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Canada Israel Cultural Foundation gathering features poetry and song

By Jane Gordon
Canada Israel Cultural Foundation

This year's closing meeting of the Canada Israel Cultural Foundation (CICF) Ottawa Chapter was held June 23 at the home of Ruth and Arnon Miller. About 50 CICF members spent a delightful evening mingling with friends, sipping cham-

pagne and enjoying strawberries and other desserts.

Part of the evening was devoted to CICF members reading poetry, performing songs and reading from books.

Floralove Katz read one of her own poems and sang a Yiddish song.

Murray Citron read some of his own creations, in par-

ticular about a visit to Iqaluit, and a lovely Yiddish poem.

Tova Clarke also read some of her own creations, while Jane and Martin Gordon read two poems associated with Israel: "Eli, Eli" by Hannah Senesh and "The Silver Salver" by Nathan Alterman.

Ruth Miller read from a translation in English of her father's book, *A Mercedes in the Sand*, which has been published in German and is expected to be published in English in 2014.

We also heard special guest Rona Shaffran talk about and read excerpts from her new book, *Ignite*, which tells the story of the remarkable things that can happen in a mature but broken relationship.

CICF Ottawa partners with CICF National, the Embassy of Israel, AJA 50+, the Soloway Jewish Commu-



The CICF closing meeting was held at the home of Ruth and Arnon Miller, June 23.

nity Centre and the Vered Israel Cultural and Educational Program. These partnerships help us meet our objective to provide an opportunity for our members and the broader Jewish community to enjoy the cultural

and artistic activities of Israel, provide scholarships to Israeli performers, bring Israeli artistic exhibitions and performers to Canada and vice versa, and support the giving of gifts and grants for specific institutions and

projects, and the purchase of musical instruments.

For more information about CICF, or to become a member, contact Solange Smith at solange.smith18@rogers.com or 613-733-8116.

Subscription rates will be increasing in 2014. See page 44 to learn how to lock in our current best rates for the Ottawa Jewish Bulletin.

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Former Ottawan writes of post-civil war Israel

King of the Class

By Gila Green

Now or Never Publishing
238 pages

It's 2019, and there has been a two-state solution – not to Israel's conflict with the Palestinians, but to a Jewish civil war that pitted the fundamentally Orthodox against the militantly secular. Israel, with its capital in Tel Aviv, is the secular Jewish state, while Shalem, with its capital in Jerusalem, is the religious Jewish state.

This is the setting for the early chapters of *King of the Class*, the debut novel by Gila Green, a native Ottawan who graduated from Hillel Academy, Sir Robert Borden High School and Carleton University before moving to Israel in 1994. It is an ambitious book, partly a satire and cautionary tale on religious-secular relations taken to their extreme, partly science fiction with everyday gizmos and gadgets that have moved far beyond anything in use today, partly a family relationship drama with paranormal overtones, and partly an action-thriller whodunit. Green is a skillful writer who is generally successful at weaving these various strands together.

Israel and Shalem, as Green describes them, are both societies of extremes.

Israel is so secular that religious observance – even the practice of kashrut – is actually banned and holidays, which are secular events, are moved to more convenient dates. Yom Kippur, for example, is celebrated on May 1.

Shalem, on the other hand, is a society governed by strict interpretation of Halacha. There is no non-kosher food, Shabbat and the holidays are universally observed, and almost everyone dresses modestly in Orthodox-style clothing. The only people given some dispensation from the clothing dictates are the small group of foreign students studying at the *Hebrew University for Jewish Renewal* in Jerusalem.

(Interestingly, there is a brief reference to Yair Lapid as secular Israel's prime minister. While Lapid was an Israeli media personality while Green was writing the *King of the Class* in 2011, he did found the Yesh Atid party and ran in the Israeli election in January. His party won 19 seats in the election and he now serves as finance minister.)

Eve, the book's protagonist, and her fiancé Manny, are two of the foreign students. Eve is a young, secularized Jewish woman who, like the author, is from Ottawa, while Manny is from South Africa.

Early in the story, Eve and Manny are being pulled apart by Manny's embrace of Orthodoxy, and they do end the relationship with Eve returning home to Ottawa, where she



Gila Green

unsuccessfully applies for teaching positions at various schools and at the Reform congregation – here named *Temple Bet Klal Yisrael*.

By now, the story has taken a paranormal twist as Eve is receiving visits from “Ben,” the soul of her and Manny's unborn son. Unless they reconcile and get married, Ben is afraid he will never be born.

Eve does return to Israel/Shalem and eventually does marry Manny, by now an Orthodox rabbi, and, to the cha-

Book Review

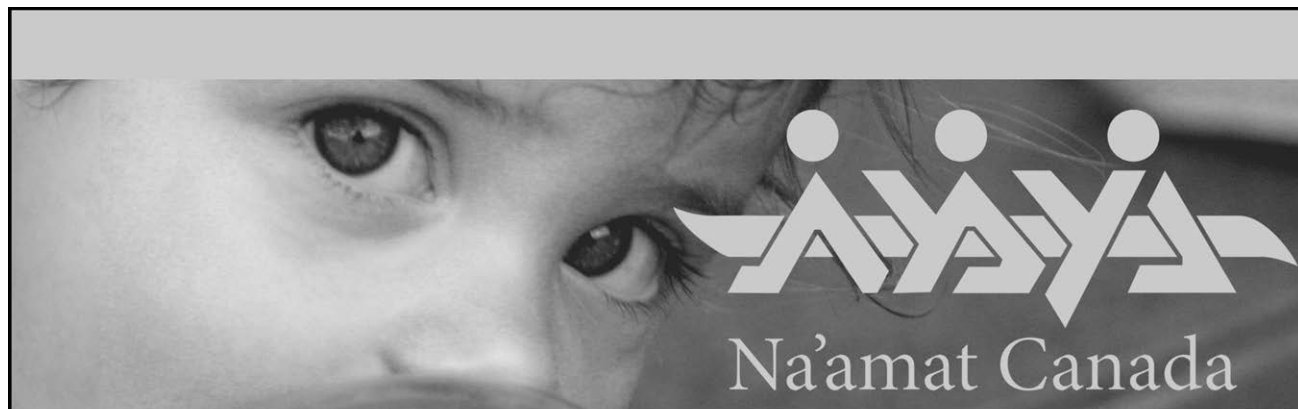
Michael
Regenstreif

grin of her secular sister in Israel, accepts and adopts Manny's religious life. As the story moves forward, it is 2032 and the couple and their children are living in the religious sector on Yovel Island, a man-made island off the Israeli coast. The island was created to alleviate the housing shortages in both Israel and Shalem. There is a religious sector administered by Shalem and a secular sector administered by Israel.

Eve and Manny's eldest child, a son named Nestach, the embodiment of Ben, is 11 years old, a star basketball player and Yovel Island's best young athlete, and a natural leader – the “king of the class,” as his teachers refer to him. But there's a rival, a classmate named Adi, the perennial runner-up to Nestach in all manner of competition, who would like nothing more than to replace him as king of the class.

The rivalry between the two boys and the obsessions of Adi's parents give rise to a whodunit plot that dominates the final chapters, combining a crime mystery and detective story with psychological thriller and satire.

King of the Class is a strong effort for a first-time novelist. It is Green's explorations and conjectures of the tensions between Israel's secular and religious communities taken to their extremes, and particularly how they affect Eve, that are the most compelling aspects of the book, even if it is a vision of the future almost too bleak to imagine. And, while Green perhaps attempts to go in too many different directions with the setting, plot and various plot twists, her skill as a writer ultimately holds the book together and makes it well worth reading.



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Pearlman's mixed roots led her to explore identity

(Continued from page 46)
She considers herself a "hybrid," too. With a Jewish father and Anglican mother, inner-conflict has prompted her to explore the question of identity in her works, particularly the consequences of labelling ourselves and others, time and time again.

"I write to figure things out, not to tell somebody a story I already know the answer to," she said, recalling a radio documentary she created for CBC about *Schnartzenhoeller*, a special holiday her parents invented to spare their kids' feelings of alienation during the Christmas and Chanukah season.

Her first solo show, *Swimming Lessons with Paisley Kite*, which she toured around the Canadian fringe festival circuit, features a main character who runs away from a "Birthright-esque" trip to Israel to discover her own sense of spirituality while floating on the Dead Sea.

During her GCTC residency, Pearlman will focus on two projects.

The first, *Collapsible*, a piece with biblical roots, is a re-imagining of the *Judgment of King Solomon* and is described by GCTC as an exploration of "the violence of decision-making while

questioning the existence of autonomous choice" that will be presented at the New Edinburgh Community and Arts Centre. In an integration of form and content, audience members will move from room to room, exerting some agency over their viewing experience.

The second, whose working title is *I think my boyfriend should have an accent ...*, is a solo piece based on Pearlman's recent trip to Tanzania. It uses language difference to explore cultural and class difference and its core theme is *alterity*, a philosophical term that describes otherness.

Police launch hate crimes probe of Toronto Palestinian leader

Toronto (JTA) – Toronto police have launched a hate crimes investigation into comments made by a Palestinian community leader who called for the murder of Israelis.

"We have received a complaint with regards to things said at the Al-Quds Day rally. There is an investigation ongoing," said police spokeswoman Wendy Drummond.

Addressing an Al-Quds Day rally on August 3, Elias Hazineh, former president of Palestine House in suburban Toronto, said "an ultimatum"

must be issued to Israelis: "You have to leave Jerusalem. You have to leave Palestine," he said.

"We say get out or you're dead! We give them two minutes and then we start shooting. And that's the only way that they will understand," Hazineh said to cheers from a crowd of approximately 400 at the annual rally.

Al-Quds Day was started by the late Iranian cleric Ayatollah Khomeini to press for the "liberation" of Al-Quds, the Arabic name for Jerusalem.

Hazineh's remarks were captured on video and posted to *YouTube*. Both the Centre for Israel and Jewish Affairs and B'nai Brith Canada sent the video to police for investigation as a possible violation of the Criminal Code's hate crimes provisions. Hazineh later said his comments were not meant to be taken literally.

Hazineh, a Christian, told the *Jerusalem Post* he disagreed with recognizing Israel as a Jewish state because no country should be inherently religious.



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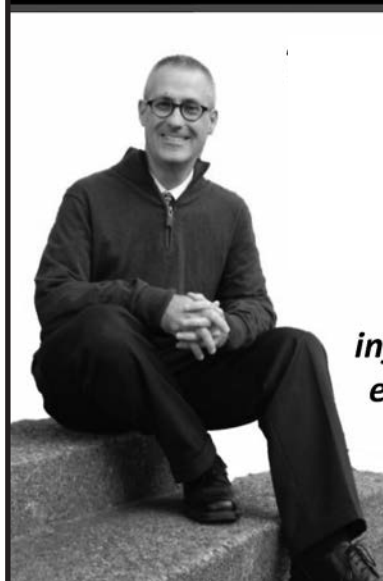


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October 3 – November 21
Thursday 10:30 am – 12:00 pm
Instructor: Andrea Lobel

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Honourable Madame Justice Rosalie Abella – Judge, Supreme Court of Canada.

Thursday, October 24, 7:30 pm
Dr. Vardit Ravitsky – Assistant Professor in the Bioethics programs at the Faculty of Medicine, University of Montreal

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Language

Daytime - Level 1 Modern Conversational Hebrew

October 3 – November 21
Thursday 9:30 am – 11:00 am
Instructor: Mina Cohn

Modern Conversational Hebrew Evening –Level 1

October 2 – November 20
Wednesday 7:00 pm – 8:30 pm

Level 4 – Intermediate
October 1 – November 19
Tuesday 7:00 pm – 8:30 pm
Instructor (both levels): Miriam Litman

Biblical Hebrew

October 2 – November 20
Wednesday 9:30 am – 11:00 am
Instructor: Mina Cohn

Ulpan – Sunday Morning Intermediate

September 29 – November 24
Sunday 9:30 am – 11:30 pm
Instructor: Mina Cohn

Spanish – Level 1

October 2 – November 20
Wednesday 9:30 am – 11:00 am

Spanish – Intermediate

October 2 – November 20
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Instructor (both levels): Laura Gutierrez

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October 3, 17, 31, November 14 at the SJCC
October 10, 24, November 7 – off campus shoot locations TBA on October 3
Instructor: Jim Lamont

Art

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Sunday, November 3
10:00 am – 1:00 pm
Instructor: Tami Galili Ellis

Inspired by the Masters – Dare to Draw

October 3 – November 21
Thursday 9:30 am – 12:15 pm
Instructor: Tami Galili Ellis - Ottawa School of Art

Drop In Art Studio

September 30 – November 25
Monday 1:30 pm – 3:30 pm

Chinese Brush Painting/ Watercolour

September 30 – November 25
Monday 9:30 am – 12:15 pm
Instructor: Rowena Tolson

Drama

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Contact: Gail Lieff (613) 798-9818 ext. 303
or glieff@jccottawa.com



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Contact: Soloway JCC Assistant Executive Director Maxine Miska, at 613-798-9818 ext. 263 mmiska@jccottawa.com



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Sunday, November 17

Contact Penni Namer (613) 798-9818 ext. 243 or pnamer@jccottawa.com

Happy Rosh Hashanah

From the Board and Staff
of the Soloway JCC

Connecting expressions of atonement and expressions of gratitude

One of the main reasons my late mother left the Catholic Church at age 16 was the concept of weekly confession.

The idea of confessing *sins* to a priest on Fridays was always repugnant to her – first as a child, when she and her friends felt they had to make up sins to have something to confess, and especially later as an adolescent, when she was too busy taking charge of her siblings after her father's untimely death to commit any sins worth confessing.

It was not that my mother didn't believe in taking responsibility for her actions – indeed, I've known very few people with a stronger moral compass. Her objection was that saying prayers on a rosary to obtain absolution was no substitute for true apology, repentance and restitution.

We never really had a chance to discuss the specifics, but I like to believe my mother would have embraced much about Yom Kippur. She might not have gone for the process of communal confession and repentance that is part of the Days of Awe and culminates with the Day of Atonement. And given that she described herself as an agnostic, the concept of God forgiving sins against God would also have been a non-starter.

But my non-Jewish mother raised me and my sister with a principle that is essential to Judaism in general and to Yom Kippur in particular: It is up to us to atone for our sins against our fellow human beings.

And, although she never knew the words *tikkun olam* or *tzedakah*, she and our father – a lapsed Baptist – taught us it was our responsibility to help repair the world, and our duty to take care of the less fortunate.

I've often reflected that the reason converting to Judaism in my 40s felt so much like *coming home* was that I'd been raised with so many Jewish values, even though that's not what we called them.

One of the other defining principles of my youth was the importance of expressing gratitude. My rudimentary knowledge and practice of prayer were a far cry from Judaism's ritualized expressions of gratitude – the morning Modeh Ani, prayers of thanksgiving on Shabbat, the multiple daily blessings for everything from food to sunsets to bodily functions – but gratitude was inherent to our family values.

This brings me back to Yom Kippur and to the connection between expressions of atonement and expressions of gratitude.

We know we are supposed to clean our spiritual slates at year's end by directly apologizing to those we have wronged. And, if we receive this kind of sincere apology, we are expected to forgive the transgressor.

Neither act is easy, but Yom Kippur is all about challenging ourselves to be better Jews and better human beings.

As part of that challenge, it struck me a few years ago that, in addition to fulfilling the mitzvah of atonement before Yom Kippur, we could use this period of reflection and restitution as an opportunity to say thank you – not just to God, but to the many people in our lives who carry out acts of kindness and generosity.

What a perfect time to seek out these special people and tell them what they and their deeds have meant to us. And, let's face it, atoning often involves apologizing to friends and family we've neglected or taken for granted. So, why not start to mend and enrich those relationships with a positive expression of thanks at the dawn of the New Year? This simple act can strengthen good relationships and begin to repair damaged ones – *tikkun olam* at the most personal level.

My grand scheme was to make a point of expressing this kind of personal gratitude every year before Yom Kippur, and I made a good start at it. But, like so many grand schemes, it fell by the wayside, perhaps because I tried to make it too complicated.

Recent events, however, have inspired me to give it another shot. The day before his very complicated and risky cancer surgery, a friend reflected that we never say "I love you" frequently enough, or "I'm sorry" quickly enough – if we say it at all.

He proceeded to rectify those lapses by publicly expressing his love and gratitude to his wife and family, and apologizing to them for his *shortcomings* since receiving his cancer diagnosis. And, although his cancer battle is not over, he's making a great recovery from the surgery.

But his touching message reminded me I shouldn't wait for a life-threatening illness to start repairing my own corner of

Reviewing Obama's African policy

Between June 27 and July 2, U.S. President Barack Obama completed a six-day African tour that brought him to Senegal, South Africa and Tanzania. He travelled with an entourage of some 500 business leaders and influential individuals. Key photo-ops and pre-arranged meetings were held. Pleasantries were exchanged.

Was Obama too late to the African party? Why did he choose those specific countries to visit? And, what was the focus of the trip?

While American and European policy on Africa has been spotty at best, most of the policy has been concentrated on aid and enforcement of Western-style democracy. Needless to say, this approach has driven Africa further away from the West, including the U.S., and closer to China.

NGOs and the media also have had an impact on limiting Western business relationships with Africa through the demonization of key sectors dealing with undemocratic African nations. While the collective focus of the West has been mostly on aid, China's entry into Africa has been one of partnership. In 1980, the China-African trade volume was \$1 billion. By 2011, it was \$166 billion. It is expected to be roughly \$400 billion by 2015. In contrast, U.S.-Africa trade in 2011 hovered under \$100 billion.

China has also been instrumental in providing key loans to African nations for development and modernization. The influx of Chinese investors has brought criticism regarding the use and control of Africa's resources, as well as the usual concerns about unfair business practices that lead to limited economic rewards and trickle-down effect into local communities. There are legitimate concerns about China's support for despotic leaders in Africa. The most egregious case is its support of Sudan's government, which has been implicated in the Darfur genocide. Nonetheless, by having a presence on the ground, one can influence pragmatic change in the existing political climate. The West has lost significant opportunities by not being present and by not having a long-term strategic plan.

There is also a significant difference in the investment approach between China and the West. Whereas Western investment is normally in alignment with International Monetary Fund and World Bank policies, recognition and even guarantees, China's approach has been one of infrastructure development and capacity building, including employment for Chinese immigrants to Africa.

You probably noted that Obama did not visit Nigeria, the most populous nation in Africa and the seventh most populous country in the world. He also skipped a dozen other countries in the region where the U.S. has very little influence and where China has presence.

According to documents obtained by the *Washington Post*, the cost of the trip to taxpayers was between \$60 and \$100 million dollars and, as in most things Obama, there was a great deal of theatre, showmanship and symbolism with very



My Israel

Barbara Crook

the world with words of love and gratitude on top of the usual words of apology.

Yom Kippur is literally a God-given opportunity to atone for the damage we have caused others. But maybe we can prevent some of that damage from happening in the first place by also seeing it as an opportunity to say "Thank you" and "I love you" to the people who count – while there's still time.

I think my mother would approve.



World Affairs

Oliver Javanpour

little substance, result or return on investment.

What we saw was the president touring the Maison des Esclaves (Slave House) Museum at Gorée Island in Senegal. You probably saw the famous reflective gaze of the president standing at the *Door of No Return*. Obama also visited Robben Island, the former prison where Nelson Mandela was held. He looked reflective and contemplative, yet again, as he stood in the prison cell. He also attended an event at the Desmond Tutu HIV Foundation Youth Center. These are critical aspects of African life that need to be recognized, but the opportunity to link them with the need for a strong economic future was lost.

It is a case of too little too late. The president has ignored Africa and concentrated on the Middle East, where he has caused unprecedented upheaval at a significant cost to secularism. This has added significantly to the disability of the region and, worst of all, has ignored the needs, wishes and future of the people.

Today, China is one of many countries active in Africa. Countries such as India, Brazil and Russia are hyperactive in the continent and in particular in sub-Saharan Africa. When companies from countries such as Canada or the U.S. make quick exits from Africa because they have been shown by social activists, media and NGOs to have investments or holdings in African nations with checkered track records, companies from such countries as India and Brazil happily take their place.

Africa, with its abundant natural resources, human capital and unique climate, has a lot to offer. Britain, France, Germany and the U.S. were simply unaware of such potential until others arrived and offered strategies to help build capacity and capability or simply to take advantage of raw resources. Countries like China don't help build roads as an altruistic gesture. They are interested in getting raw resources from extraction points to shipping points.

For a U.S. president with deep personal roots in Africa, he truly disappointed the continent. Africans expected a significantly engaged president with a brilliant strategy focused on their needs, wishes and hopes. Today, Africa is looking eastward to China and India – it is a mutually rewarding experience for all involved.

Oliver Javanpour is CEO of Cyrus Echo, a public policy and international relations consulting firm in Ottawa.

Brown butter apple tart for Rosh Hashanah

Ever wonder why Rosh Hashanah, the Jewish New Year, is celebrated on the 1st of Tishrei, the seventh month of the Hebrew calendar? What gives here? Shouldn't our New Year be celebrated on the 1st of Nissan, which is considered the first month of the Hebrew calendar?

Seems I am full of questions here, which I suppose, for a Jew, is a good thing. It turns out there are actually four New Years.

1st of Nissan: The first New Year is the 1st of the Hebrew month of Nissan, usually in the early spring (March-April). This New Year commemorates the birth of the Israelite nation as we escaped from slavery in Egypt. The exodus from Egypt (Passover) represents the start of the Biblical year for counting festivals.

1st of Elul: The second New Year occurs in late-summer, usually in August. It marks the start of the year from the point of view of tithing cattle for Temple sacrifices. Tithing refers to a one-tenth part of something, paid as a contribution to a religious organization or compulsory tax to government. Think of it as a sort of fiscal year for cows, when you were required to give 10 per cent of your herd to the priests for sacrifice. A beef tax of sorts, I guess. Thankfully, this tax has been abolished in modern times.

1st of Tishrei: The third New Year, typically falling in September, is the one we are most familiar with: Rosh Hashanah. It falls on the 1st of Tishrei, the seventh month of the Hebrew calendar. This New Year marks the anniversary

of the birth of the world and the creation story. Rosh Hashanah literally means "the head of the year." Jewish years are traditionally figured from creation, with the New Year beginning on the first of Tishrei.

15th of Shevat: The fourth New Year, also known as Tu B'Shevat, is considered the New Year for trees. This typically falls in late January. According to the Torah, we are not supposed to eat the fruit of trees that are less than three years old, so, by marking a certain date, we are able to determine when it is permissible to eat the fruit. Tu B'Shevat has come to symbolize the redemption of the land and the awakening of environmental awareness through the planting of trees.

This year, I plan on celebrating the New Year with a very sweet and delicious brown butter apple tart. Brown butter is one of those magical culinary tricks that seem to enhance the



Made with Love

Cindy Feingold

flavour of almost anything, whether sweet or savoury. It has a rich nutty taste and the aroma is out of this world. This tart takes a little bit of time to make, but the results are worth the extra effort.

I wish you all a sweet and healthy year. Shana Tova!

Brown Butter Apple Tart

This beautiful tart is the creation of Cynthia Wong. I discovered it in the November 2012 issue of *Bon Appetit*. You will need an 11-inch round or an 11 x 8 x 1-inch rectangular tart pan with removable bottom to make this tart.

The dough for the tart needs to be chilled overnight, so start this the day before you plan to serve it. When melting the butter for the brown butter filling, use a saucepan with a light-coloured bottom, so it will be easier to see when the butter is perfectly browned.

Crust

Nonstick vegetable oil spray
1 cup (2 sticks) plus 2 tablespoons unsalted butter, room temperature
1 cup sugar
1/4 teaspoon kosher salt
1 large egg, beaten to blend
2 tablespoons heavy cream
2 teaspoons vanilla extract
3 1/2 cups unbleached all-purpose flour

Filling

4 large eggs
1 cup sugar
1 cup (2 sticks) unsalted butter
1 vanilla bean, split lengthwise
1/2 cup all-purpose flour
1/2 teaspoon kosher salt
3 firm, tart apples (such as Pink Lady or Braeburn), peeled, cored, cut crosswise into 1/4-inch-thick rings

Whipped cream for serving (optional)

Coat tart pan with nonstick spray. Using an electric mixer or stand mixer fitted with a paddle, mix butter, sugar, and salt until pale and creamy, about 2 minutes.

Add egg, cream and vanilla. Mix until smooth. Add

flour all at once and beat until dough almost comes together. Turn dough out onto a work surface. Knead until dough just comes together, 4-5 times. Divide dough in half and form each half into a smooth ball. Flatten into disks and wrap each disk tightly in plastic. Chill one disk overnight; freeze second disk for another use.

Roll out chilled dough disk between two sheets of plastic wrap, lifting and adjusting plastic as needed, until 1/8-inch thick and 2-inch wider than tart pan. Transfer dough in plastic wrap to a baking sheet and refrigerate until firm enough to handle, about 30 minutes.

Remove top piece of plastic from dough. Invert dough into tart pan and press onto bottom and up sides. If dough is soft, chill until firm enough for remaining sheet of plastic to be removed. Trim edges of dough (patch up any holes or tears with extra dough). Chill until firm, about 1 hour.

Preheat oven to 350 F. Line dough with parchment paper or heavy-duty foil, leaving a 1- to 2-inch overhang. Fill paper with dried beans or pie weights. Bake tart shell just until dough has dried and does not look wet in any spots, about 20 minutes. (If centre still looks wet, bake crust without weights until dried and opaque, a few minutes longer.)

Whisk eggs and sugar in a medium bowl just to blend. Place butter in a medium saucepan over medium heat. Scrape in seeds from vanilla bean and add bean. Cook, stirring often, until butter foams, then browns (do not burn), about 5 minutes. Let cool for 10 minutes then remove bean. Slowly whisk brown butter into egg mixture then whisk in flour and salt.

Line tart shell with apples. Pour filling over (if using rectangular pan, you may have 1/2 cup excess filling). Bake until apples are deep golden brown and filling is puffed, cracked and set in centre, 70-80 minutes.

Let tart cool in pan on a wire rack, about 2 hours. Remove pan sides. Serve warm or at room temperature with whipped cream.

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Summer camp 'represents the best kind of community'

Two Jewish summer camps were thrust into the news this summer for reasons of tragedy. First, lightning struck the Goldman Union Camp Institute, a Reform Jewish camp in Zionsville, Indiana, near Indianapolis. Three campers were injured, one critically. Then a counsellor was killed, and four others injured, by a falling tree at Camp Tawonga near Yosemite Park in California. When the lightning struck, there had been neither rain nor storm. When the murderous black oak had been examined, it appeared healthy.

When nature unleashes its fury on our vulnerable selves, we have good reason to want to run for cover and lock the door. It is especially unnerving when sudden and uncontrollable tragedy strikes at the sort of place that is engineered to be the kind of *intentional community* where shelter and mutual protection rules the day.

For many campers and counsellors at Jewish camps, the camp to which they return year after year feels like home in a most specific way. While it's far from one's family house, it's a place where social interaction and creativity reign, where collective spirit and informal education are keys to personal growth, and where deep and textured connections are made to Hebrew, Israel and Judaism. Most of all, it's a place where, when it's working as it should, campers and counsellors report feeling like they can truly be themselves.

As Ethan Calof wrote in the *Ottawa Jewish Bulletin* ("Camp Ramah open house," January 23, 2012), recalling being tearful and frightened when he began his first year Camp Ramah, "When I decided to open my eyes, I saw everyone welcoming me into the ironclad Ramah community with open arms." Soon, he said, "I didn't want to leave."

This summer's tragedies remind us about the most precious commodity of all: the people involved in creating the sense of community that defines Jewish camp. I looked at Camp Tawonga's website to see how it describes its camping

philosophy and was struck by a couple of things.

The first is that "Tawonga counsellors are kid specialists, with no secondary responsibilities outside their bunks, and are empowered to prioritize the quality of the group dynamic over any activity."

Parents send their kids to summer camp – an experience outside the comfort zone of many kids as they first contemplate it – precisely for these reasons. Feeling part of something larger than oneself, operating within a group when the dynamics are at their best, represents the best kind of community.

Yet, it's not always easy to put campers front and centre, particularly when much of camp demands various time-crunched feats of creativity by counsellors expected to shine in their multi-tasking roles. As Seth Stevenson wrote at *Slate.com* ("Minor Gods," July 3, 2006), "camp is for the counsellors." Hence, as a parent, I find Tawonga's self-described approach – assuming it actually works – to be touching.

The camp's description of its philosophy closes with: "You haven't really seen it all until you've been to a Tawonga Torah service."

Having spent my summer camping summers on Lake Winnipeg, I haven't experienced a Torah service at Tawonga. But I can well imagine. Praying outside in Hebrew, striking the right harmonies, surrounded by campers and counsellors who are experiencing Jewish life singly and together is the kind of platform from which inspired Jewish leadership is launched.

As we release our kids into the arms of summer camps, we are taking a leap of faith. We hope they aren't homesick. We hope they don't catch poison ivy. And we hope the food is OK.



Values, Ethics, Community

Mira Sucharov

When an extremely rare instance of tragedy strikes, there is not much we can do but hold the grieving families in our hearts and support each other in sustaining these summer havens. And when the precise form of tragedy is due to an act of nature, there are no policies to challenge, no issues to debate, no sides to be taken, no lawsuits to be launched, no personnel to be faulted. There are only our precious children grouped together in cabins, screaming their hearts out in evening programs, banging on the tables as they recite Birkat Hamazon, slicing through the lake with their canoe paddles, falling in and out of love, eking out meaningful lives against the backdrop of unpredictability, and becoming who they really are.

Mira Sucharov, an associate professor of political science at Carleton University, blogs at Haaretz.com.

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Insight Into Judaism is ideal for anyone who is interested in learning more about Jewish life and Jewish heritage or for those seeking conversion under Reform auspices.

If you are interested in enrolling in the course or for any other inquiries, please contact Angus Smith.

The course runs from September 2013 until April 2014.

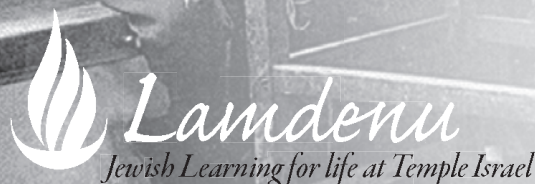
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Religious School registration for September, 2013 begins June 1st.

The dragonfly and the bird: A fitness fable

Last summer, I was kayaking across the crystal clear lake near my cottage when a beautiful blue dragonfly landed on my toe. I continued paddling. The dragonfly never strayed from its comfy spot. I increased my paddling speed. Not even a splash of water stirred the little creature.

I stopped paddling and my kayak slowed down. As I drifted on the calm lake, I looked at the dragonfly more closely. Its features were so delicate. I asked it why it was getting a ride with me when it had the ability to fly across the lake. The dragonfly cocked its tiny head, focused its huge eyes on me and replied, "I'm not lazy. If I fly across the lake, a bird will easily see me and eat me for lunch."

"That's the first time I've heard that excuse!" I chuckled. "You need to exercise." And, with that well-intentioned remark, I shook my foot and the dragonfly flew away.

I resumed paddling. A moment later, the dragonfly returned. This time, it landed on my nose.

I gently stroked the tender dragonfly.

"I want you to understand how important it is to stay active. For me, that means kayaking. For you, that means flying. Now go on and fly away! Use your wings. Work your little heart muscle. It'll do you good. I know you can do it!"

I flicked the dragonfly off of my nose and it fluttered around.

"Shoo!"

I watched the dragonfly reluctantly head toward the other side of the lake. Suddenly, a powerful bird swooped down and swallowed up the dragonfly.

Every day that summer, I kayaked across the lake and I thought about the dragonfly.

I returned to the lake in late-fall for one last kayak ride for the year. Out of nowhere, a cluster of small blue dragonflies landed on my toes.

"We've been waiting for you. We want to thank you," declared one of them.

I looked on in amazement.

"Early this summer, you encouraged our mother to use her wings and fly. Most dragonflies live between one and three months. She was nearly six months old when she passed. Just before she died, our mother told us what fun she'd had riding on a kayak the day she met you. She wanted to go back and forth across the lake every day, just like you, on a kayak. But you gave her the push she needed. You motivated her. She flew across the lake every day and increased her speed and endurance. She was able to outfly any bird that tried to eat her. Because of you, she lived longer and enjoyed a better quality of life."

I was confused. I told them I'd seen her get eaten by a bird on that first day.

The little dragonfly continued, "When Mother was inside the bird's beak, she told him, if he didn't eat her, she would show him the easiest way to get to the other side of the lake where food was more plentiful. The bird let her go, and she directed him to your bright orange kayak."

"He rode across the lake on the back of your kayak every day all summer. He gorged on insects while you rested near the shore, then when you headed back, he rode back with a full belly. You never even noticed him perched behind you



Focus on Fitness

Gloria Schwartz

because you were always looking forward.

"He thought he had it easy. But he eventually got fat. One day, Mother found him lying lifeless at the edge of the lake. A bird like that usually lives for many years. He'd been so inactive, his heart got too weak and it gave out even though he was not old."

As I turned my kayak around to head back to my cottage, the dragonflies circled around my head, forming a halo.

"When you come back to the lake next summer, we won't be here. Our time on earth is short. But we've heeded the advice you gave our mother. She wanted us to have happy, healthy lives too. Farewell!"

With that, they flitted off into the distance.

I learned that day never to accept excuses. Those who make them often need a firm hand. I learned it's not just important to look into the distance so you can see where you're going, but also to look back from time to time to make sure no one gets left behind. Those who most need help often go unnoticed.

You can live like the lazy bird – take the easy way out and suffer the consequences. Or you can put in the effort and soar like the mighty dragonfly.

Gloria Schwartz is a certified personal trainer at the Soloway JCC.

See page 44

for an

Ottawa Jewish Bulletin
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Advertorial

New Board acclaimed at Adath Shalom for 5774

Adath Shalom Congregation is pleased to announce its new Board of Directors for the next two years.

Sylvia Greenspoon remains as Co-President and joining her as Co-President is Dr. Susan Landau-Chark. Treasurer and Financial Secretary are Marilyn Oprisan and Andrew Oakes. Phyllis Wolfe is Recording Secretary. Trustees at Large are Peter Wolfe, Anne Claener, Roslyn Walker and Brenda Rosenberg. Paul Adler is the Immediate Past President.

The future for our congregation looks very bright for many reasons. Adath Shalom is growing in membership and is financially secure. We have attracted young families with children as well as established a vibrant adult education program and a dynamic youth program. Our members experience frequent learning sessions with Rabbi Charles Popky, inspiring Shabbatons with guest educators from Canada and the U.S., and of course continuing to organize the wonderful Klez Nite program for the Kosher Food Bank, spear-headed by Toby Brooks and Paul Adler. This event has always strived to unite the Jewish community and will continue to do so this coming year.



Board Members from bottom-up and left to right:
Susan Landau-Chark, Sylvia Greenspoon, Naomi Wilansky, Phyllis Wolfe,
Toby Yan, Marilyn Oprisan, Peter Wolfe, Andrew Oakes, Paul Adler

One very unique project being carried out this year, spearheaded by Dvora Rotenberg, is donating our Harlow Machzorim to the Abudaya (Jews) in Uganda, Africa. Our congregation has recently purchased the new Lev Shalem

Machzor, produced by the Rabbinical Assembly, which are currently in use by Conservative congregations around the world.

Adath Shalom is privileged to be the

beneficiary of a beautiful wall hanging of Creation in our chapel, produced and donated by Danielle Dugas. The new artwork complements the distinctive and colourful tapestry created by several Adath Shalom families in a previous art project.

Even with these changes going on at Adath Shalom, the congregation still affords opportunities to learn how to lead or participate in our spiritual experiences. Our congregation is well known for our lay-led services and stimulating educational programs.

Shabbat services are held weekly in the chapel of the Jewish Community Campus beginning at 9:45 a.m. High Holy Day services are held at the Soloway JCC social hall. Adath Shalom welcomes families with children of all ages.

For more information, please call Sylvia at 613-232-7107 or Elaine at 613-829-6990.

You are also welcome to visit our website at www.adath-shalom.ca.

– Cynthia Powell
Adath Shalom Congregation

Our future is in your hands

To make a donation and/or send a tribute card, call Jessica Kerzner (613-798-4696 ext. 274) e-mail: donation@ojcf.ca website: www.OJCF.ca



OTTAWA JEWISH
COMMUNITY FOUNDATION

The Board of Directors of the Ottawa Jewish Community Foundation acknowledges with thanks contributions to the following funds as of July 29 2013.

ABELSON FAMILY ENDOWMENT FUND R'fuah Sh'leimah to:

Kenneth Mirsky by Tracey Kronick and Al Abelson.

Birthday Wishes to:

Tracey Kronick by Alan Abelson.

ALYCE AND ALLAN BAKER FAMILY FUND

Mazal Tov to:

The Baker family on the new home of European

Glass and Paint by Felice, Jeffrey, Erin, Jordan, Zachary and Mitchell Pleet.

RICKI AND BARRY BAKER ENDOWMENT FUND

Mazal Tov to:

The Baker family on the new location of European Glass and Paint by Marilyn and William Newman; and by Sylvia, Morton and Harris Pleet.

ABRAHAM AND RACHEL BAROOK MEMORIAL FUND

Birthday Wishes to:

Max Weinstein by Marcia Saipe and Ted Miller; and by Mera and Bill Goldstein.

Phyllis Flatt by Cynthia and Max Weinstein.

Anniversary Wishes to:

Vera and Malcolm Glube by Cynthia and Max Weinstein.

NORMAN AND MYRNA BARWIN FOUNDATION OF THE PINCHAS ZUKERMAN MUSICAL SCHOLARSHIP FUND

In Memory of

Walter Waddell by Norman and Myrna Barwin.

JAMIE BEREZIN ENDOWMENT FUND

In Memory of:

Joseph Harry Jacobson by Yanda and Mark Max; by Nomi, Harold, Zachary and Rafi Colton-Max; by Enid and Jacques Lavoie; by Stuart and Marcia Freeman; by Shirley and Norman Levitt; by the Levitz family; by Susan and Frank Danoff; by Carol and Laurie Pascoe; by Diane Koven; by Jeremy and Zahava Koven; by Karen and Ron Fainstein; by

Continued on page 72



May the traditions of Rosh Hashanah remind us of the deep values of faith and family that strengthen our community and help guide us each day.

Shana Tova U'Metukah -
Good health,
happiness and peace

www.OJCF.ca



OTTAWA JEWISH
COMMUNITY FOUNDATION

Join us in building our community by supporting these local agencies

OTTAWA JEWISH COMMUNITY SCHOOL PARENT FUND

In Appreciation to:

The Teachers and Administration of OJCS – Hillel by Iris, Andrew, Maya, Noam and Jordan Arnon-McGregor.

OTTAWA JEWISH COMMUNITY ENDOWMENT FUND

Best Wishes to:

Malcolm and Vera Glube by Flora and Bill Silverman.

Mazal Tov to:

Linda and Warren Melamed and family on Michael's Bar Mitzvah by the Sabloff family.

Jared Isaacson on his marriage to Claire by the Borenstein family.

Jonathan Wiseman and family on the birth of their new son, Saul Jacob, by Rebecca Nagrodski.

Birthday Wishes to:

Max Weinstein by Flora and Bill Silverman.

SHIRLEY AND SHIER BERMAN FUND FOR OTTAWA JEWISH ARCHIVES

In Memory of:

Evan Weiner by Shirley, Shier and David Berman and Cynthia Hoffos.

Mazal Tov to:

Rabbi Dr. Reuven Bulka on becoming a Member of the Order of Canada by Shirley and Shier Berman.

HILLEL LODGE LEGACY FUND

Birthday Wishes to:

Manny Gluck by Joan Bloom.

In Memory of:

Helen Stelcner by Rochelle Gordon; and by Joany and Andy Katz.

Sharon Esther Ages by Shirley Halpern and family.

Ida Irene Lithwick by Joany and Andy Katz

and family; and by Hannah, Kelly and Julie Vertes and Steve Hay.

Mazal Tov to:

Steven and Laurie Gordon on their daughter's marriage by Shirley Halpern.

SOLOWAY JEWISH COMMUNITY SUMMER CAMP SCHOLARSHIP FUND

Birthday Wishes to:

Francoise Vexler by Annice Kronick.

Judi Hoffman by Annice Kronick.

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AJA 50+ DAVID SMITH OTTAWA JEWISH COMMUNITY SCHOOL SCHOLARSHIP FUND

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OTTAWA JEWISH BULLETIN SCHOLARSHIP FUND

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(formerly HILLEL ACADEMY CHILDREN OF THE BOOK AWARD FUND)

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FOUNDATION DONATIONS

Sheldon and Corinne Taylor; by Anne and Irving Huss; by Malerie and Allan Shusterman and family; by Barbara Taylor; and by Jennifer Martin.

CHANI AND BRAM BREGMAN JEWISH EDUCATION FUND

Mazal Tov to:

Bram and Chani Bregman on their 10th anniversary and their new home by Tamara Fathi.

NAOMI BULKA MEMORIAL FUND

Mazal Tov to:

Rabbi Dr. Reuven Bulka on becoming a Member of the Order of Canada by Edna and Seymour Eisenberg.

GOLDIE AND MORRIS CANTOR ENDOWMENT FUND

In Appreciation to:

Goldie Cantor by Elaine Singer.

TILLIE AND HARRY CHERM MEMORIAL FUND

Condolences to:

Mr. and Mrs. M. Schwartz on the loss of their beloved father by Donald and Robert Cherm.

ARTHUR AND LINDA COGAN FUND FOR YOUNG WOMEN'S LEADERSHIP

Mazal Tov to:

Myra and Lester Aronson on the marriage of their son Gregory to Tina, by Linda and Arthur Cogan.

Franceen and Stanley Ages on Stefanie's Bat Mitzvah by Linda and Arthur Cogan.

Sharon and Gary Steinberg on Shoshana's Bat Mitzvah by Linda and Arthur Cogan.

Hayes and Jen Steinberg on Shoshana's Bat Mitzvah by Linda and Arthur Cogan.

Sandi and Eddy Cook on the birth of their grandson, Leo George, by Linda and Arthur Cogan.

Barbara Farber on receiving the Queen Elizabeth

II Diamond Jubilee Medal Award by Linda and Arthur Cogan.

Steven Farber on receiving the Queen Elizabeth II Diamond Jubilee Medal Award by Linda and Arthur Cogan.

The Baker family on the new home of European Glass and Paint by Linda and Arthur Cogan.

Evelyn Greenberg on receiving the Queen Elizabeth II Diamond Jubilee Medal Award by Linda and Arthur Cogan.

Rabbi Dr. Reuven Bulka on becoming a Member of the Order of Canada by Linda and Arthur Cogan.

Cally and Sidney Kardash on Andrew's Bar Mitzvah by Linda and Arthur Cogan.

Jessica and Marc Borenstein on the birth of their son, Leo George, by Linda and Arthur Cogan.

Joan and Russell Kronick on the birth of their granddaughter by Linda and Arthur Cogan.

Ron and Wendy Cohen on the birth of their grandson by Linda and Arthur Cogan.

Zahava and David Bloomstone on their son Andrew's Bar Mitzvah by Linda and Arthur Cogan.

Birthdays Wishes to:

Stanley Ages by Linda and Arthur Cogan.

Victor Kaminsky by Linda and Arthur Cogan.

R'fuah Sh'leimah to:

Gary Steinberg by Linda and Arthur Cogan.

Condolences to:

Rosalyn Kimmel on the loss of her beloved mother by Linda and Arthur Cogan.

Anniversary Wishes to:

Vera and Malcolm Glube by Linda and Arthur Cogan.

DAVID AND QUEENIE COHEN MEMORIAL FUND

In Observance of the Yahrzeit of:

Reuben Kalin, a dear father, by David and Judith Kalin.

In Admiration of:

Jessica Cohen, granddaughter of David and Queenie, on being awarded a PhD. degree in education at Oxford University by Lionel Metrick.

SANDI AND EDDY COOK ENDOWMENT FUND

In Appreciation to:

Sunny Tavel by Jessica Borenstein.

Birthdays Wishes to:

Yetta DaCosta by Sandi and Eddy Cook and family.

Enid Jenschil by Sandi and Eddy Cook and family.

Mazal Tov to:

Jared Isaacson on his wedding to Claire, by Sandi and Eddy Cook and family.

Barry and Marcia Cantor on the wedding of their son David to Brittany, by Sandi and Eddy Cook and family.

R'fuah Sh'leimah to:

Lynne Shulman by Sandi and Eddy Cook and family.

In Memory of:

Helen Stelcner by Sandi and Eddy Cook and family.

Dr. John Valberg by Sandi and Eddy Cook and family.

Evelyn Potechin by Sandi and Eddy Cook and family.

Condolences to:

Samantha Banks on the loss of her beloved uncle by Samy Cook.

DOLANSKY FAMILY FUND

R'fuah Sh'leimah to:

Andy Siggner by Bernie and Donna Dolansky.

Paula Smith by Bernie and Donna Dolansky.

Mazal Tov to:

Rabbi Dr. Reuven Bulka on becoming a Member of the Order of Canada by Bernie and Donna Dolansky.

MORRIE AND HELEN EISEN ENDOWMENT FUND

In Memory of:

Joseph Harry Jacobson by Helen Eisen.

CYNTHIA AND ABE ENGEL ENDOWMENT FUND

Mazal Tov to:

Rabbi Dr. Reuven Bulka on becoming a Member of the Order of Canada by Cynthia Engel and family.

ELLEN AND RAHAMIM FATHI ENDOWMENT FUND

Mazal Tov to:

Rabbi Dr. Reuven Bulka on becoming a Member of the Order of Canada by Ray and Ellen Fathi and family.

Maureen Molot on receiving the Gilbert Greenberg Distinguished Service Award by Ray and Ellen Fathi and family.

SAM AND SUSAN FIRESTONE ENDOWMENT FUND

In Memory of:

Helen Stelcner by Sam and Susan Firestone.

LAWRENCE AND AUDREY FREIMAN FUND FOR CHILDREN WITH LEARNING DIS- ABILITIES

Anniversary Wishes to:

Vera and Malcolm Glube by Margo and Gordon Roston.

DAVID AND TILLIE GERSHON MEMORIAL FUND

Mazal Tov to:

Betty and Ed Rose on the occasion of their

daughter's marriage by Roslyn Gershon.

Sheila and Ted Barkun on the birth of their new grandchild by Roslyn Gershon.

Stan and Debra Barkun on the birth of their new daughter by Roslyn Gershon.

ANN AND LEON GLUZMAN MEMORIAL FUND

Mazal Tov to:

Sidney and Cally Kardash on their grandson's Bar Mitzvah and on Adam's professional achievements by Shelia Baslaw, Esther Kwavnick, Tobi Nathanson and Sylvia Monson.

JEFFREY AND ENID GOULD FAMILY FUND

In Memory of:

Marcia Manne by Jeffrey and Enid Gould.

LARRY AND SHEILA HARTMAN ENDOWMENT FUND

Anniversary Wishes to:

Frances and Morton Ross by Larry and Sheila Hartman.

Best Wishes to:

Harry Prizant on his son, Joshua Jarvis' upcoming marriage, by Larry and Sheila Hartman.

HY AND PAULINE HOCHBERG ENDOWMENT FUND

Condolences to:

Kayla Mallay on the loss of her daughter by Pauline Hochberg.

DOROTHY AND HY HYMES ENDOWMENT FUND

R'fuah Sh'leimah to:

Dorothy Hymes by Clair Krantzberg; and by her friends at GGFL.

JEREMY KANTER MEMORIAL FUND

In Memory of:

Leon Rotberg by Julie Kanter and Daniel, Yael and Jonah Kanter.

Joseph Harry Jacobson by Evelyn Eisenberg.

MAX AND DORA KARP KAPINSKY MEMORIAL FUND

In Memory of:

Ruth Karp by Ann and Mark Dover; by General Mills Canada, the Wal-Mart team and the Yoplait team; by Sandy, Sheldon, Sheri, Peter and Aaron Kapinsky; by Devra Freedman; by Rick and Kathy Martin; by Carolyn Singman; by Nasir Amir; by the nursing staff on the Mood Crisis Unit of the Royal Ottawa Hospital; by Phyllis and Alan Rackow; and by Bob and Lou Ellen Gillett.

SAMUEL AND TILLIE KARDISH MEMORIAL FUND

Birthdays Wishes to:

Max Weinstein by David and Joy Kardish.

BENJAMIN AND LILLIAN KATZ MEMORIAL FUND

Anniversary Wishes to:

Frances and Morton Ross by Maureen and Jeff Katz.

Mazal Tov to:

Byron and Elissa Pascoe on Byron being called to the Bar of Ontario and on their new home by Maureen and Jeff Katz.

The Baker families on the big move of European Glass and Paint to the West end by Maureen and Jeff Katz.

In Memory of:

Ida Irene Lithwick by Maureen and Jeff Katz.

Continued on page 73

Ottawa Jewish Community Foundation Legacy Challenge Fund



Everyone has the ability to create a Jewish legacy

The **OJCF Legacy Challenge** asks you to consider making a gift to the Foundation in your estate plans and wills. Leaving a gift in a will or as part of your estate plans helps ensure the vibrancy and long-term sustainability of our community for years to come, creating a lasting and personal legacy.

The **OJCF Legacy Challenge** is your chance to personally commit to the ongoing growth and vitality of our shared community. We hope you will accept this challenge.

What is the OJCF Legacy Challenge Fund?

If you decide to name the Ottawa Jewish Community

Foundation as recipient of a bequest through your will, the **OJCF Legacy Challenge Fund** will pay for the professional/legal services to help create this bequest or codicil up to a maximum of \$1,000.

Who is eligible?

All donors choosing to leave \$10,000 (or more) or 1% (or more) of their estate to the Ottawa Jewish Community Foundation are eligible to participate in the OJCF Legacy Challenge.

For more information on how this challenge program works, please visit www.OJCF.ca or contact Jared Isaacson at 613-798-4696 extension 248 or email jisaacson@ojcf.ca.

**ARTHUR AND SARAH KIMMEL
MEMORIAL FUND**

Mazal Tov to:
Rabbi Dr. Reuven Bulka on becoming a Member of the Order of Canada by Daniel and Marilyn Kimmel.

R'fuah Sh'leimah to:
Dorothy Hymes by Roslyn and Arnie Kimmel.

In Memory of:
Ida Irene Lithwick by Isabel and Norman Lesh.

In Observance of the Yahrzeit of:
Sarah Kimmel, a very dear mother and grandmother, by Isabel and Norman Lesh.
Arthur Kimmel, a very dear father and grandfather, by Isabel and Norman Lesh.

**PHILLIP AND ETTIE KIMMEL
MEMORIAL FUND**

R'fuah Sh'leimah to:
Lynne Shulman by Stan Kimmel.

KRANTZBERG KRANE FAMILY FUND

Mazal Tov to:
Charles and Susan Schwartzman on the engagement of their son Paul to Amanda, by Myra and Sam Krane and family.

**SUSAN AND DAVID KRIGER
ENDOWMENT FUND**

In Observance of the Yahrzeit of:
Kenneth Morris Ain, father of Susan Kriger, by Susan and David Kriger.

**RIVA AND ABRAHAM KROLL
MEMORIAL FUND**

In Observance of the Yahrzeit of:
Abram Kroll by Yvonne and Harvey Lithwick and family.

**ANNICE AND SYDNEY KRONICK
FAMILY FUND**

Condolences to:
Richard Gossett on the loss of his father by Richard, Alice, Molly and Sam Kronick.

Birthday Wishes to:
Lewis Leikin by Richard, Alice, Molly and Sam Kronick.

Happy Rosh Hashanah to:
Elliott and Sally Levitan by Richard, Alice, Molly and Sam Kronick.

Debi and Neil Zaret by Donna and Eric Levin.

R'fuah Sh'leimah to:
Lynne Shulman by Richard, Alice, Molly and Sam Kronick.

Anniversary Wishes to:
Frances and Morton Ross by Sydney Kronick and Barbara Sugarman.

**NORMAN AND ISABEL LESH
ENDOWMENT FUND**

Mazal Tov to:
Leah and Morris Melamed on their new home by Isabel and Norman Lesh.

**RON AND RUTH LEVITAN
ENDOWMENT FUND**

Anniversary Wishes to:
Vera and Malcolm Glube by Ron and Ruth Levitan.

**SALLY AND ELLIOTT LEVITAN
ENDOWMENT FUND**

Mazal Tov to:
Rabbi Dr. Reuven Bulka on becoming a Member of the Order of Canada by Sally and Elliott Levitan.

R'fuah Sh'leimah to:
Dorothy Hymes by Sally and Elliott Levitan.

**JOHN AND ESTELLE LIBERMAN
ENDOWMENT FUND**

R'fuah Sh'leimah to:
Matthew Paushter by John and Estelle Liberman.

**ARNOLD AND ROSE LITHWICK
MEMORIAL FUND**

Birthday Wishes to:
Marcia Fein by Yvonne and Harvey Lithwick and family.

**SAMUEL AND LEEMA MAGIDSON
ENDOWMENT FUND**

Anniversary Wishes to:
Vera and Malcolm Glube by Roslyn and Arnie Kimmel.

JACOB MALOMET MEMORIAL FUND

In Memory of:
Asher Kahn by Diana and Alvin Malomet.

**JACK AND FREDA MELZER
MEMORIAL FUND**

In Memory of:
Thelma Sarnow by Ian and Estelle Melzer.

**CHUCK AND BONNIE MEROVITZ
FAMILY FUND**

Best Wishes to:
Vera and Malcolm Glube by Chuck and Bonnie Merovitz.

**RHODA AND JEFFREY MILLER
FAMILY FUND**

Mazal Tov to:
Rabbi Dr. Reuven Bulka on becoming a Member of the Order of Canada by Rhoda and Jeffrey Miller and family.

**NORMAN AND ANNE MIRSKY
MEMORIAL FUND**

Birthday Wishes to:
Paul Mirsky by Carol and Stuart Levine.

R'fuah Sh'leimah to:
Morton Baslaw by Millie and Steve Mirsky.

**ABRAM AND EDITH MOLOT
MEMORIAL FUND**

Anniversary Wishes to:
Henry and Maureen Molot by Carol and Stuart Levine.

**JACK AND HONEY MONSON
ENDOWMENT FUND**

Birthday Wishes to:
Max Weinstein by Anne Monson.

**JEAN AND MAX NAEMARK
ENDOWMENT FUND**

Birthday Wishes to:
Stella Beck by Jean Naemark and family.

**EVELYN AND NORMAN POTECHIN
ENDOWMENT FUND**

In Memory of:
Evelyn Potechin by Helen and Rick Zipes; by Ingrid Levitz and family; by Donna and Eric Levin; by Cathy and Dan Sigler; by the Ramphos and Shinder families; and by Bernard and Donna Dolansky.

**PHYLLIS AND ALAN RACKOW
ENDOWMENT FUND**

In Memory of:
Asher Kahn by Phyllis and Alan Rackow.

**MOE AND SARAH RESNICK
ENDOWMENT FUND**

Condolences to:
Suzi Alper by Penny and Gordie Resnick.

In Memory of:
Ida Irene Lithwick by Penny and Gordie Resnick.

ALTI AND BEREL RODAL FAMILY FUND

Mazal Tov to:
Chanele and Zev Lavine on Reuven's Bar Mitzvah by Alti and Berel Rodal.

Menachem and Shterna Rodal on Yossi's forthcoming marriage and on Mushki's forthcoming marriage by Alti and Berel Rodal.

Boris and Meira Dashevsky and Steve and Laurie Gordon on the marriage of Aliza and Shimon by Alti and Berel Rodal.

Ian and Tracey Faye Cohen Speigel and Gertie Fox and Jonathan Speigel on the birth of Maggie Bea by Alti and Berel Rodal.

Aharon and Ruth Gagel and family on Beni's engagement by Alti and Berel Rodal.

Jane and Gigi Mechlowitz and Anne and Tony Spieler on the marriage of Ari and Gabriella by Alti and Berel Rodal.

Charles and Clare Spieler and Anne and Tony Spieler on Ella's Bat Mitzvah by Alti and Berel Rodal.

Paul and Jennie Claman on Hadassa Leah's Bat Mitzvah by Alti and Berel Rodal.

Chaim and Chaya Moykopf on Hillel's Bar Mitzvah by Alti and Berel Rodal.

Chaya and Yanky Hershkop on Mendy's Bar Mitzvah by Alti and Berel Rodal.

Avigail and Israel Rabinovitch on Dovid Mendel's Bar Mitzvah by Alti and Berel Rodal.

Dini and Mendi Polichenco on Levi's Bar Mitzvah by Alti and Berel Rodal.

In Memory of:
Reuven Cyrulnik by Alti and Berel Rodal.

**FRANCES AND MORTON ROSS F
AMILY FUND**

Anniversary Wishes to:
Frances and Morton Ross by Evelyn Greenberg; by Lois and Marvin Tafler; by Rick and Helen Zipes; by Roslyn and Arnie Kimmel; and by Marjorie and Michael Feldman.

Vera and Malcolm Glube by Frances and Morton Ross.

**SAMUEL AND RUTH ROTHMAN
MEMORIAL FUND**

Mazal Tov to:
Jacob and Dorothy Huyer on the birth of their first grandchild by Sheldon and Corinne Taylor.

Susan and Stephen Rothman on becoming grandparents for the 5th and 6th time by Sheldon and Corinne Taylor.

Rabbi Dr. Reuven P. Bulka on becoming a Member of the Order of Canada by Sheldon and Corinne Taylor and family.

Rabbi Arnold and Chevy Fine on making Aliyah by Sheldon and Corinne Taylor.

**SHELLEY AND SID ROTHMAN
FAMILY FUND**

Mazal Tov to:
Eric Riz on receiving the Most Valuable Professional award from Microsoft by Shelley Rothman and family.

Susan and Stephen Rothman on the birth of their

Continued on page 74

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FOUNDATION DONATIONS

granddaughter, Rose Elizabeth, by Shelley Rothman and family.

GABY SASSOON FUND FOR VICTIMS OF TERROR IN ISRAEL

In Observance of the Yahrzeit of:

Gaby Sassoon, a wonderful man, by Maureen and Jeff Katz.

ELAYNE AND WESLEY SCHACTER ENDOWMENT FUND

In Memory of:

Norm Shanker by Elayne, Wesley, Adam, Josh and Michael Schacter.

VERA AND SAM SCHWARTZ FAMILY FUND

In Observance of the Yahrzeit of:

Sam Schwartz by Lawrence Weisz.

ABE AND NELLIE SHAPIRO MEMORIAL FUND

Happy Rosh Hashana to:

Norman and Isabel Lesh by Carol-Sue and Jack Shapiro and families.

Daniel and Marilyn Kimmel by Carol-Sue and Jack Shapiro and families.

Arnold and Roslyn Kimmel by Carol-Sue and Jack Shapiro and families.

SOL AND ZELAINE SHINDER ENDOWMENT FUND

R'fuah Sh'leimah to:

Andy Siggner by Sol and Zelaine Shinder.

FAY AND JOSEPH SHULMAN ENDOWMENT FUND

In Memory of:

Evelyn Potechin by Nadine and Brian Mordfield.

STELLA AND LOUIS SLACK MEMORIAL FUND

Anniversary Wishes to:

Barbara and Alan Goldrosen by Bonnie and Paul Bowering.

In Memory of:

Liesl Neuburger by Bonnie and Paul Bowering.

Birthday Wishes to:

Myra Aronson by Jordan, Gregory, Donna and Jennifer Aronson; and by Tina Meizer.

SAM AND SUE SLACK ENDOWMENT FUND

Mazal Tov to:

David and Sharon Appotive on Jaye and Ryan's graduations by the Stern family.

LAURA AND GORDON SPERGEL ENDOWMENT FUND

Birthday Wishes to:

Gordon Spergel by Libby and Stanley Katz.

DORIS AND RICHARD STERN FAMILY FUND

Birthday Wishes to:

Esther Berish by Doris and Richard Stern.

Condolences to:

Roslyn Kimmel on the loss of her mother by Doris and Richard Stern.

CASEY AND BESS SWEDLOVE ENDOWMENT FUND

Happy Rosh Hashana to:

David and Margo Kardish and family by Carol-Sue and Jack Shapiro and families.

Sol and Zelaine Shinder by Carol-Sue and Jack Shapiro and families.

Rabbi Arnold and Charlene Fine by Carol-Sue and Jack Shapiro and families.

Allan and Alyce Baker by Carol-Sue and Jack Shapiro and families.

The Lithwick families by Carol-Sue and Jack Shapiro and families.

Cantor Daniel and Muriel Benlolo by Carol-Sue and Jack Shapiro and families.

Belle Gitterman by Carol-Sue and Jack Shapiro and Bess Swedlove.

Morris Shapiro by Carol-Sue and Jack Shapiro and Bess Swedlove.

Howard Smolkin and Annice Kronick by Carol-Sue and Jack Shapiro and Bess Swedlove.

SALLY AND MAX TALLER FAMILY FUND

Best Wishes to:

Harry and Sally Weltman on their 65th anniversary by Sally Taller.

CLAIRE AND SAM TANNER MEMORIAL FUND

In Memory of:

Joseph Harry Jacobson by Lana and Stephen Tanner.

CHARLES AND RAE TAVEL MEMORIAL FUND

Mazal Tov to:

Rabbi Dr. Reuven Bulka on becoming a Member of the Order of Canada by Sunny and John Tavel.

R'fuah Sh'leimah to:

John Tavel by Marilyn and William Newman.

LISE AND MARK THAW FAMILY FUND

Best Wishes to:

Elsa Swedko by Lise, Mark, Alayna and Bryan Thaw.

Anniversary Wishes to:

Sharon and Paul Finn by Lise, Mark, Alayna and Bryan Thaw.

STEPHEN AND GAIL VICTOR ENDOWMENT FUND

In Observance of the Yahrzeit of:

Sarah Schwartz by Sandy Marchello.

Rita Appel by Sandy Marchello.

Razel Sheiman by Sandy Marchello.

RUTH AND JOSEPH VINER ENDOWMENT FUND

Mazal Tov to:

Rabbi Dr. Reuven Bulka on becoming a Member of the Order of Canada by Ruth and Joseph Viner.

SONIA AND ARTHUR VINER MEMORIAL FUND

In Observance of the Yahrzeit of:

Sonia Viner by Gladys Greenberg.

Mazal Tov to:

Daniella Springer on her forthcoming Bat Mitzvah, and on her and Julianna's great summer at Camp Ramah by John and Gladys Greenberg.

In Memory of:

Dr. Martin Tatz (Mufty) by John and Gladys Greenberg.

ROBERT WENER AND LYNNE ORECK WENER FAMILY FUND

Anniversary Wishes to:

Lynne Oreck-Wener and Robert Wener by Gary Altman, Pam Wener and family.

Mazal Tov to:

Lynne Oreck-Wener on becoming Chair of the Ottawa Jewish Community Foundation by Gary Altman, Pam Wener and family.

ZIPES KARANOFKY FAMILY ENDOWMENT FUND

Best Wishes to:

Michael Topa and family on the upcoming marriage of their daughter Sarah to Ryan, by Rick and Helen Zipes.

R'fuah Sh'leimah to:

Paul Smith by Rick and Helen Zipes.

Condolences to:

Shirley Gay and family on the loss of a beloved husband Chris, by Rick and Helen Zipes.

THE WOMEN'S COLLECTIVE PHILANTHROPY PROGRAM

Providing support for services and programs that directly benefit women and children.

WOMEN'S COLLECTIVE ENDOWMENT FUND

Mazal Tov to:

Janet Dollin on her daughter's engagement by Erica Sher.

Steve and Laurie Gordon on the wedding of their daughter, by Diane Koven.

Andrea Freedman on her new home by Diane Koven.

Jared Isaacson and family on their new home by Rebecca Nagrodski.

Birthday Wishes to:

Bonnie Finkelstein by Lynne, Bobby, Taryn, Eleni and Hart Wener.

In Memory of:

Beatrice Hock by Orly Aaron.

In Appreciation to:

Hedda Madjuck by Diane Koven.

THE SAUL AND EDNA GOLDFARB B'NAI MITZVAH PROGRAM

REBECCA BOSLOY MITZVAH FUND

Condolences to:

The Benhamou family on the loss of a beloved father and grandfather by Judy Bosloy.

RYAN GOLDBERG B'NAI MITZVAH FUND

Birthday Wishes to:

Bram Potechin by Mary and Leonard Potechin.

In Memory of:

Evan Weiner by Mary and Leonard Potechin; and by Ernie and Reva Goldberg.

EVAN NADEL MACKAY B'NAI MITZVAH FUND

Birthday Wishes to:

Regina Grinstein by Heni Nadel and family.

TEGAN SARAH NADEL MACKAY B'NAI MITZVAH FUND

Birthday Wishes to:

Regina Grinstein by Heni Nadel and family.

SAMUEL MORGAN B'NAI MITZVAH FUND

Mazal Tov to:

Rabbi David and Aviva Rotenberg on the arrival of their son, by Sarah, Steven, Sam, Max, Jordan and Ariella Morgan.

DAHLIA AND ZACHARY SHABSOVE B'NAI MITZVAH FUND

R'fuah Sh'leimah to:

Lynne Shulman by Sara Shabsove.

Paula Smith by Adrienne Shabsove and family.

SIMON SIGLER B'NAI MITZVAH FUND

Mazal Tov to:

Simon Sigler on his graduation from Law School at the University of Edinburg by Carol and Stuart Levine.

ZACHARY SILBER B'NAI MITZVAH FUND

R'fuah Sh'leimah to:

Arnie Vered by Shari and Lawrence Silber and family.

Birthday Wishes to:

Cayla Baylin by Shari and Lawrence Silber and family.

ALAYNA AND BRYAN THAW MITZVAH FUND

In Appreciation to:

Lawrie Weinstein by Bryan Thaw.

Sandra Zagon by Bryan Thaw.

Contributions may be made online at www.OJCF.ca or by contacting Jessica Kerzner at 613-798-4696 extension 274, Monday to Friday or by email at donation@ojcf.ca.

Attractive cards are sent to convey the appropriate sentiments. All donations are acknowledged with a charitable receipt.

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in one secure transaction.**

**Charitable receipts are issued and sent directly
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Community Milestones



Ben Silverman (right) received the Sharon Koffman Memorial Athletic Award for 2013 at the SJCC Breakfast of Champions. The award recognizes outstanding sportsmanship, participation and dedication to personal goals of excellence by a university-level athlete. The award was presented by (from left) Ken Koffman, Sandra Zagon and Zena Lief.



Nathaniel Shoresh received a fine arts certificate with a concentration in music, as well as the Faculty Award for Music, at Merivale High School's 2013 June commencement. Nathaniel will study at the University of Ottawa this fall. (Photo: Irv Osterer)



Galya Schwartz graduated with distinction from the Ontario Veterinary College. She received the Dr. Wendy Parker Award for the highest academic achievement in dermatology, the Dr. F.W. Schofield Prize for the highest ranked student in pathology, the Kievit Memorial Prize for proficiency in surgery, the Dr. Jim Bell Prize for compassion and dedication to her patients, and the Andrew Smith Memorial Medal as the graduate with the highest overall scholastic ability and proficiency in clinical fields. Galya is continuing her education with an internship at the VCA Referral Clinic in Norwalk, Connecticut.

Leo George Borenstein, son of Jessica and Marc Borenstein, was born in April. Proud grandparents are "Bubby" Sandi and Eddy "Zeddy" Cook and Sylviane and Chaim Borenstein.



Logan Rivier-Gatt graduated from Ottawa Modern Jewish School, receiving a diploma and an amusing roast by his teachers amid a backdrop of photos of his years as a student.

FREE

Send us notices of your important family milestones – an engagement, wedding, special birthday, birth announcement or other significant events!

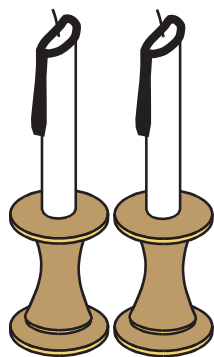
Email your photos to: bsilverman@ottawajewishbulletin.com.

Community Milestones will be published on a space-available basis.

WHAT'S GOING ON

August 26 to September 8, 2013

For more community listings, visit jewishottawa.com
Select "Click to see more months"



CANDLELIGHTING BEFORE

Aug 30 ☆ 7:26 pm
 ROSH HASHANAH
 Sep 4 ☆ 7:17 pm
 ROSH HASHANAH
 Sep 5 ☆ after 8:17 pm
 Sep 6 ☆ 7:13 pm
 Sep 13 ☆ 7:00 pm

SUNDAY, AUGUST 25
Shalom Ottawa community television program on Rogers 22, 12:00 pm. (Repeats August 26 and 30 at 6:00 pm).

Jewish Federation of Ottawa Annual Campaign Kickoff, featuring actor Joshua Malina on "How to Make it in Hollywood and Remain a Mensch," National Arts Centre, 7:00 pm. Info: 613-798-4696, ext. 241.



THURSDAY & FRIDAY, SEPTEMBER 5 & 6
 Rosh Hashanah (Erev Rosh Hashanah begins at sundown on September 4).

COMING SOON

WEDNESDAY, OCTOBER 16

Ottawa Jewish Community Foundation
 3rd Annual Power Breakfast, 7:15 am.
 Info: 613-798-4696, ext. 252.



OCTOBER 19-20, 2013

Limmud Ottawa, a weekend of inspirational Jewish learning, sponsored by Congregation Beth Shalom, 151 & 153 Chapel Street.
 Info: limmudottawa@gmail.com.

MONDAY, OCTOBER 21

16th Annual Ottawa Celebrity Sports Dinner, featuring Pete Rose, MLB's all-time hits leader.
 MC: broadcaster Rod Black.
 Hampton Inn & Conference Centre, 100 Coventry Road, 6:00 pm.
 Info: www.celebritysportsdinner.com.

SUNDAY, OCTOBER 27

Women's Collective Philanthropy Program "Pearls of Wisdom." Topic: Women and our Money: Knowing It, Growing It, and Giving It," 3:00 pm.
 Info: 613-798-4696, ext. 252.

TUESDAY, OCTOBER 29

2013 Negev Dinner, sponsored by the Jewish National Fund of Ottawa. Honouree: Dr. Robert Roberts, president and CEO, the University of Ottawa Heart Institute. In support of the Yir'on Recycled Water Reservoir, JNF's ecological irrigation solution for farmers in the eastern Upper Galilee region of Israel.
 Info: 613-798-2411.



Unless otherwise noted, activities take place at The Joseph and Rose Ages Family Building, 21 Nadolny Sachs Private.

This information is taken from the community calendar maintained by the Jewish Ottawa InfoCentre. Organizations which would like their events to be listed, no matter where they are to be held, should send the information to InfoCentre co-ordinator Benita Siemiatycki via e-mail at bsiemiatycki@jewishottawa.com or fax at 613-798-4695. She can also be reached by telephone at 613-798-4644. Accurate details must be provided and all events must be open to the Jewish public.

Condolences

Condolences are extended to the families of:

Jack Berman

Ruth Karp

Ida Irene Lithwick

Marcy Manne, Montreal (wife of Anthony Manne)

Evelyn Potechin

Helen Stelcner, Montreal (mother of Peter Stelcner)

May their memory be a blessing always.

The CONDOLENCE COLUMN is offered as a public service to the community. There is no charge.

For a listing in this column, please call 613-798-4696, ext. 274.

Voice mail is available.

BULLETIN DEADLINES

SEPTEMBER 9
 FOR SEPTEMBER 30
 SEPTEMBER 23
 FOR OCTOBER 14
 OCTOBER 9
 FOR OCTOBER 28

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www.jewishmemorialgardens.org



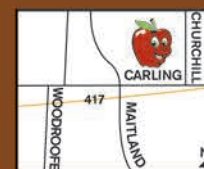
SHANA TOVA, HAPPY NEW YEAR

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