

THANK YOU FROM JNF!

WATCH FOR YOUR
2012 TAX RECEIPT
AND JNF LEGACY BULLETIN



TREES \$18
TREE BANK \$150
FOR 10 TREES

OTTAWA@JNECA
613-798-2411
WWW.JNECA





Jewish reggae violinist page 8

Emerging generation: Building a foundation for new leaders

By Alex Baker

Corporate continuity. Upward mobility. Organizational strength. Development program. In the business and sports worlds, the key to long-term success is grooming future leaders to take over when the time is right. In Ottawa's Jewish community, the challenge is the same – but perhaps even more difficult.

Over the past few years, the Jewish Federation of Ottawa has been facing this obstacle head-on with initiatives, programs, campaigns and events designed to attract what it calls the “emerging generation.”

Speaking at the Federation's annual general meeting on June 6, 2012, Federation Chair Debbie Halton-Weiss described how the initiative is starting to bear fruit.

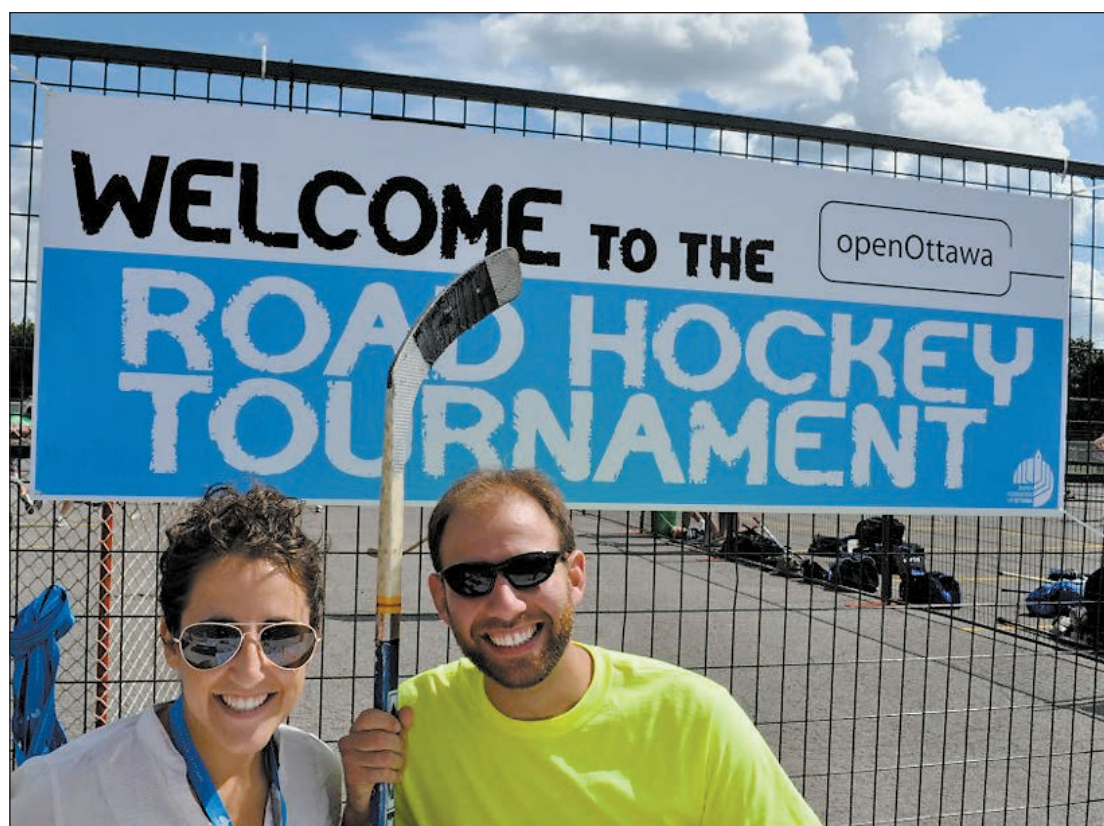
“One [objective] was to engage those on the periphery of our community, by developing new and creative initiatives and providing clear leader-

ship opportunities. I can confidently report that we have made huge strides in this area, particularly with the emerging generation and their increasing involvement in our community activities, and the Federation Board, committees and programs where they are now well represented.”

Halton-Weiss' statement at the AGM was not mere rhetoric. Since holding a symposium in 2007 asking, “Will our kids be Jewish?” engaging the emerging generation has been a focal point of the Federation's agenda.

This effort led to initiatives like jnet and the 2011 openOttawa symposium, which Federation executives have come to see as a catalyst moment in creating or revitalizing community institutions – such as the Social Action Mission to Israel and the Young Women's Leadership Council – which the emerging generation would want to be part of, and see value in.

(Continued on page 2)



The openOttawa Road Hockey Tournament, August 19, 2012, was a popular event in support of initiatives for the emerging generation.

Art show and book celebrate the life and legacy of Josh Silburt

By Louise Rachlis

The work of Josh Silburt (1914 - 1991), a prolific Jewish Canadian artist, political activist and cartoonist, will be shown at the Cube Gallery from February 5 to 17.

It will be the first gallery show of Silburt's work in a decade and will celebrate both his fine art paintings and his political cartoons. The show's vernissage on February 6 will also celebrate the launch of a new book, *A Colourful Life: The Art and Drawing of Josh Silburt* by Ottawa resident Allan Silburt, the artist's youngest son.

Josh Silburt was born in Plum Coulee,

Manitoba, in 1914 and spent most of his childhood in Winnipeg before riding the rails to Toronto in the early-1930s. As a teenager, he enrolled in night school classes at the Winnipeg School of Art under the direction of LeMoine FitzGerald, later a member of the Group of Seven.

Silburt was part of the Willowdale Art Group, based in north Toronto, which focused on interpreting the Canadian wilderness, building upon the style of the Group of Seven.

Allan Silburt, 55, remembers road trips where he'd “sit and amuse myself at the side

the road,” while his father and the other artists worked.

He said putting the book about his father's art together was “a huge amount of work, but a joy for me to ... bring it to life. It has been my passion.”

Allan started writing the book three years ago, but the actual curatorial work began in 1999 after his mother, Beth, died and he realized someone had to take responsibility for cataloguing and setting up a database.

“The book is intended ... to establish the breadth of his career, and his place in that slice of history. That was something I really

wanted to do, and had to do, to secure the legacy of this artwork. He's not a Tom Thomson where others are writing the story, so someone had to write it.”

According to Allan, there are more than 1,000 of Silburt's paintings in people's homes, and they get passed down by generations to new owners who don't know his father's story.

“We're re-establishing a footprint for the art so people can know more about its history and its worth,” he said.

Allan, an engineer and CEO of Insight

(Continued on page 12)

World Class Outsourcing ... and more!

BOYD GROUP COMPANIES

Providing quality service
to the National Capital Region
since 1947!

BOYD
COMMERCIAL WAREHOUSING
& DISTRIBUTION SERVICES
613-744-6444

BOYD
VEHICLE STORAGE
613-744-5767

www.boydgroup.on.ca

CARTIER
SUPPLY & RENTALS
613-244-7225

BOYD
MOVING & STORAGE LTD.
613-244-4444

Grassroots movements critical to engaging young adults

(Continued from page 1)

"I became connected to the Ottawa Jewish community through my involvement in the Young Women's Leadership Council," said Lauren Bronstein, who moved to Ottawa from Winnipeg as a young professional. She said the transition was easy because of how much opportunity there was to get involved with programs and institutions in the community, including the Social Action Mission.

"After such a meaningful experience, I was keen to co-chair the trip the following year and help in any small way possible to ensure that others could have an opportunity to experience the Mission," she said.

This snowball effect is exactly what the Federation has been striving for – building a foundation for new leaders of the community to get involved by demonstrating the value of doing so.

"The value proposition was always give now, get the benefit later," said Federation Planning Director Jeff Bradshaw. "That had to flip for this generation – we had to prove what we were doing was valuable. It's not about creating a *kids table*, that's not a productive use of our organizational strength – we want to co-create and integrate the emerging generation into the planning process."

Which brings the challenge back into focus: how do you convince a young professional, in the period between graduating from university, establishing a career and starting a family, to

give what little free time – and money – they might have to the Jewish community?

"It might be obvious to say it's easier to get people to participate, but, in a lot of ways, it's easier to get someone just to give a donation than to get people involved," said Linda Kerzner, a Federation Board member. But it's not that easy. "Often, the traditional methods present a financial barrier – belonging to a synagogue, going to a traditional Hebrew school – people don't only have to make a time choice, they have to make a financial choice."

"We expect people to make those traditional choices, but [they] can't necessarily afford it. Grassroots movements have sprung up to handle these things – alternatives, communities within the broader community, without all the bricks-and-mortar that surround it to add to the expense."

Indeed, technology has made it easier to get members of the emerging generation to make a financial commitment, as evidenced by the 50-cents-a-day campaign aimed at new and younger donors – and through which 70 new donors contributed to last year's annual campaign.

Perhaps more important, initiatives like jnet and the Glebe Shul are using social media and word of mouth to gain popularity. It helps that their events appear non-threatening to those who see community involvement as a major commitment. For example, the Glebe Shul's Scotch & God nights and bi-weekly Shabbat dinners have



Alisa Viner

been big draws, while the openOttawa road hockey tournament was a popular event this past summer.

"I'd never ever heard of the Glebe Shul until recently and now I'm seeing it everywhere – on *Facebook* and people talking about it," said Manny Olszysenko, who has reconnected with the Ottawa Jewish community he grew up in through its sports. He says chatter in the locker room sometimes includes Jewish community issues and that people he knows are talking more and more about joining committees and getting involved. But actions speak louder than words.

"I play in the Jewish men's basketball and hockey leagues – I love playing Jewish sports," he said. "I care a lot about Judaism and I want to raise my son Jewish, but I don't currently belong to a shul. I'm not that involved with the community, outside sports."

Here, it seems, is the crux of the problem as well as the opportunity. It emphasizes Kerzner's observation that grassroots organizations are becoming more and more critical to bringing young people back into the fold. One



Lauren Bronstein

such organization is Shalom Baby, which gave Alisa Viner a way to re-enter Ottawa's Jewish community life.

"The Shalom Baby committee kind of slides under the radar – it's a group that distributes welcome baskets to parents that just had a baby, and in a lot of ways it draws people back into the Jewish community. It's a point of entry for people who may not have been very involved up to that point. People always really appreciate it and it's a lovely gesture."

"I'd wanted to become involved since I came back to Ottawa [in 2006] and had my daughter in 2007, but never really saw a place for myself. This was a great way to get back involved."

Since then, Alisa has found herself becoming more and more active in the community, sitting on a JNET committee, paying more attention to programs and taking an interest in community events.

"No question, raising her family within the Jewish community is a top priority for Alisa," said her mother, Debra Viner. "As a parent, one can lay a foundation of values and shared experiences, but the choices they

make as adults are theirs. I'm so pleased Alisa has begun to find positive experiences for herself and her family in the Ottawa Jewish community."

"It is certainly evident that she has made many new friends and enhanced her professional friendships in her active participation in the emerging generation group."

Alisa agrees.

"I've found it to be really important to reconnect in the past few years, and jnet was a place for me. It is unique in that respect because it's very social and unaffiliated with religious issues. Things like that work for the *swing voters*, so to speak – those who are culturally Jewish."

As a result, organizations in the community and on university campuses that combine the Jewish community with the broader community appear to have a leg up in attracting interest.

"I got back involved in the community through work,"

said Andréa Black, who looks after children at the Soloway Jewish Community Centre's Ganon Preschool.

"From there, I heard about and got involved in the Social Action Mission – it's a really good excuse to go back to Israel, give back to the larger community as a whole, and do my piece. I'm more in the loop than I ever was because of the Social Action Mission."

As a young professional, Andréa said it took a career opportunity in the community to put it back on her radar. Now, she is leading the 2013 Social Action Mission and more involved in the community than ever.

"It's almost like, you don't need the community for a little while and then, all of sudden, you realize you need it again," she said. "Out of sight, out of mind – it's important to keep that, not even in the back of everyone's mind, but in the front."



Andréa Black sings at FRAMED, the jnet fashion show, September 29, 2012.

TODAY IS A GOOD DAY TO MAKE THINGS SIMPLER

Insurance and investment solutions that fit your life.

I can help you with:

- Critical illness insurance
- Long term care insurance
- Personal health insurance
- Financial planning



Diane Koven B.A. (Hons) CFP® CDFA CHS
Bus 613-728-1223 ext 2235
diane.koven@sunlife.com
www.sunlife.ca/diane.koven
600-1525 Carling Avenue
Ottawa ON K1Z 8R9

Mutual funds offered by
Sun Life Financial Investment Services (Canada) Inc.
© Sun Life Assurance Company of Canada, 2012.

Sun Life Financial



Athens Rugs Ltd.

Carpet • Vinyl
Ceramics • Hardwood Floor

1365 Cyrville Road
Ottawa, Ontario
K1B 3L7
Tel: 613-741-4261
Fax: 613-741-2944



Bloomfields
Flowers

Wishing
the Best
for You
783 Bank
230-6434
For
Beautiful
Living
Naturally

AGENCY SPOTLIGHT



The Federation supports our community agencies through your generous donations to the Annual Campaign.

Camp B'nai Brith of Ottawa

Camp B'nai Brith of Ottawa's mission is to provide children, ages 7-16, with the opportunity to experience the outdoors, learn skills and develop life-long friendships while enhancing Jewish values, traditions, and affiliation and community. Since 1936, CBBO has excelled in the delivery of traditional camping programs, athletics and the arts, enabling children to expand their horizons in a fun, safe and nurturing environment without regard to community affiliation, denomination or financial means.

Since 1936, CBBO has ensured that all Jewish children, regardless of finances, can experience the joy and wonder of attending CBBO. Every year, in addition to our fee-paying families, CBBO helps less-fortunate children experience the joy of summer camp.

Rooted in Ontario, Quebec and the

northern United States, our vision is to be the Jewish camp of choice for children from all over the world. Every year, in addition to campers from Ottawa, Montreal and Toronto, CBBO brings together kids and staff from Israel, England, Australia and Europe to experience the joy of Jewish summer camp. In the last six years, CBBO has grown 10%-20% year over year.

We achieve this by combining traditional camping (including water sports, tripping, landsports and the arts) with state-of-the-art equipment and an expanded scope of options. We offer innovative athletic, team-building and arts programs while maintaining a focus on individual achievement. We consistently improve our offerings in terms of program and facility. In the last few years, we have built a state-of-the-art water system, a ball hockey rink and climbing walls at the pool;

rebuilt the pool; added new fleets of sail and ski boats; added kayaks and biking to our program; and more. This year, we will rebuild the tennis courts and a basketball court and more.

Jewish values are central to CBBO. We expose our campers to Judaism and our connection to Israel, benefiting all, but especially those who have had little exposure in the past. We believe connection to the Jewish community is central to the life of the Jewish people. By immersing children in a summertime Jewish community, we enhance the connection to the Jewish community on a life-long basis.

We believe our success rests with the quality of our staff. Our senior leadership team, led by returning Ottawa natives Director Jonathan Pivnick (in his sixth year since his return) and Assistant Director Justin Shulman and Our Aussie Head of Waterfront, Jill Roberts. Piv, Justin and Jill are all experienced teachers.

Adding to this strong team, we are thrilled to announce that joining our leadership team will be Assistant Director, Ottawa native and Toronto resident Cindy Presser Benedek and Head of Operations and Ottawa resident Jacob Polowin. Cindy, a mother of three, joins us from an extensive background in administration and childcare. She has worked at the Leo Baeck School in Toronto, the Jewish Day School of Seattle and the Kids Country Daycare in Washington State. Jacob is in his 16th summer at CBBO, has worked as our Head of Swim and our Pathfinder program and is in his first year at Osgoode Hall Law School.

We believe the deep friendships and Ruach instilled in every CBBO camper do not end with the summer. We invite you to learn more about us at www.cbbottawa.com, and follow us on Facebook at CBB Ottawa.

Mitzvah Day

Sunday, February 10, 2013

Chair: Randi Sherman

Join us for another exciting day of Mitzvot at the Soloway JCC (SJCC) and throughout the city!

To volunteer or become a Friend of Mitzvah Day, contact Rena at (613) 798-4696 x241 or rgarshowitz@jewishottawa.com

For more info or to REGISTER, visit mitzvahdayottawa.com

Mitzvah Day Schedule

9:00 am

Bagel Breakfast and opening ceremonies in the Soloway JCC Social Hall, 21 Nadolny Sachs Private

9:30 am

Participants going to Bellevue Manor (for Beth Shalom/ Caldwell Mitzvah) or the Ottawa Food Bank depart from SJCC (busing is available by reservation)

9:45-10:30 am

On-site Mitzvah Session #1

10:45-11:30 am

On-site Mitzvah Session #2

11:45 am

Buses from Bellevue Manor and Ottawa Food Bank return to SJCC

12:00 pm

Everyone is invited to participate in anti-bullying workshops!
- pre-K to age 5, in the gym
- ages 6+ in the Social Hall

Guest column

The plight of Jewish refugees is being ignored

By Ariella Kimmel

Editor's note: This column first appeared in the Calgary Herald (December 3, 2012) and is reprinted here with permission.

On November 29, the United Nations General Assembly voted to upgrade the Palestinian Authority's status to a non-member observer state. The significance of the date cannot be overlooked. This day marks the UN's 1947 adoption of the plan for two states – Jewish and Arab – in mandated Palestine, a compromise that was totally rejected by the Arab side.

Since then, this history has been twisted into an an-

nual UN observance of the International Day of Solidarity with the Palestinian People, which is focused on Palestinian refugees and their descendants.

But, as international non-governmental organizations held events expressing their solidarity, the nearly one million Jews from Arab states driven from their homes remain the forgotten refugees of the Arab-Israeli conflict.

The tragedies of both groups of refugees are the result of the double aggression committed by the Arab leaders in 1948. Not only did the Arab world reject the UN plan, but they did so with intense violence. Palestinians fled the fighting brought on by their own leaders, and Jewish residents of Arab states came under assault.

In Iraq, Zionism came to be considered a capital crime. Some 70 Jews were killed by terrorist bombs in

Cairo's Jewish quarter. Pogroms in Yemen resulted in the brutal murder of 82 Jews. And in Libya, Algeria, Syria, Tunisia and elsewhere, Jews were expelled, had their citizenship revoked, or fled following violence and anti-Jewish legislation.

Yet, despite the common origins and parallel numbers, the subsequent histories of the two refugee populations could not have been any different. Some 850,000 Jews from the Arab world fled to Israel and other countries, mostly as stateless refugees. Most of the Jewish refugees went to Israel and were welcomed, became citizens, and are fully integrated into Israeli society.

Palestinians, on the other hand, have suffered the Arab world's refusal to treat them humanely. Though Arabs, Palestinians are barred from acquiring citizenship in all Arab states except Jordan.

In Lebanon, Palestinians suffer from official discrimination barring them from 50 professions, and are prohibited from owning property. The purpose is to keep this refugee issue festering, as a means to eventually overrun Israel with a claim for the right to return.

Meanwhile, some western governments have begun to address the question of redress for Jewish refugees from Arab states. Recently, Liberal MP Irwin Cotler presented a motion in the House of Commons proposing formal government recognition of the Jews "forcibly displaced and exiled from Arab countries."

Cotler, who has played a prominent role in the campaign to bring international recognition to the rights of the Jewish refugees, also addressed the issue with Foreign Affairs Minister John Baird, requesting that the Standing Committee on Foreign Affairs hold hearings on this matter, similar to those in the United States Congress and the Italian and British parliaments.

But more needs to be done to recognize the rights of the Jewish refugees by the UN and non-governmental organizations that carry the mantle of human rights. If they have a real interest in justice and equality,

they must acknowledge that both the refugee populations are joint victims of the conflict, both deserving of redress.

The continued silence of the international human rights NGOs on the issue is palpable. Many international NGOs, including Amnesty International and Human Rights Watch, have failed to acknowledge that, following Israel's establishment, many Jews in Arab countries found themselves in hostile environments where their human and civil rights were denied, some facing brutal violence, arbitrary arrest and torture.

Human Rights Watch, for example, states in a report that any future Middle East peace agreement should recognize the claim of a right to return for "Palestinian refugees and exiles from territory located in what is now Israel or in what is likely to be a future state of Palestine..." The report fails to acknowledge the Jewish refugees that resulted from the 1948 war started by the Arab side.

In 2007, Amnesty International issued a report on Palestinian refugees, declaring that the "international community must also attempt to find a durable solution for (Palestinian) refugees that fully respects and protects their human rights."

Yet, Amnesty International is silent on the injustice Middle Eastern Jews suffered and fails to advocate for their human rights.

In the words of Cotler: "If there is no remembrance, there will be no truth; if there will be no truth, there will be no justice; if there will be no justice, there will be no authentic reconciliation between peoples and states and the just and lasting peace which we all seek."

This is a case of selective application of justice, which is discriminatory and racist. If these NGOs truly applied their founding principles, and not just promoted their biased opinions, the rights of the 850,000 Jewish refugees would warrant their voices.

Irwin Cotler will speak on "The Forgotten Exodus: Justice for Jewish Refugees from Arab Countries," at the Canadian Friends of the Hebrew University's annual Passover lunch, Thursday, March 28, 12:00-1:30 pm, at Congregation Agudath Israel, 1400 Coldrey Avenue. The event is in partnership with the Agudath Israel Adult Education Committee. Visit cfhu.org or contact Shelli Kimmel at skimmel@cfhu or 613-829-3150 for information or tickets.

Allan Taylor

- GROUP PLANS
- LIFE INSURANCE
- DISABILITY INSURANCE
- PENSION and RRI's

613-244-9073

Great-West Life
ASSURANCE COMPANY



Fun-Tastic February
At Scotiabank Place

Visit www.Ottawa67s.com
for dates, times and tickets

Your Life. Family. Community

At Kelly Funeral Home Carling Chapel, we provide the guidance and services you need while honouring your faith and traditions.

To learn more, call Toohey Brown
613-828-2313



Kelly Funeral Home
Carling Chapel
by Arbor Memorial

2313 Carling Avenue, Ottawa
kellyfh.ca • 613-828-2313

Arbor Memorial Inc.



Talking with Ottawa Jewish community leaders

Maureen Appel Molot:

Priority to develop next generation of leaders

By Louise Rachlis

Editor's note: Throughout 2013, the Ottawa Jewish Bulletin will be speaking with a number of longtime community leaders about some of their leadership accomplishments and about challenges the community faces now and will face in the future.

"I grew up in a family where my mother was a volunteer. She believed if you've got the capacity, you have the responsibility," says Maureen Appel Molot, president of the Jewish Community Council of Ottawa/Vaad Ha'ir – now the Jewish Federation of Ottawa – from 1991 to 1993, the first woman to hold the position.

Since serving as Vaad president, she has continued serving the community in many capacities.

In the mid-1990s, she chaired the committee that prepared the submission to the Province of Ontario Long Term Care Division to increase the size of Hillel Lodge to 100 beds and also served as chair of the Ottawa Vaad HaKashrut.

Since 2005, Molot has served on the Hillel Lodge Long Term Care Foundation Board and regularly volunteers at the Lodge. In 2011, she was the recipient of the Lodge's Shalom Perel President's Award of Merit.

Between 2007 and 2010, she was a member of various groups tasked with merging Hillel Academy and Yitzhak Rabin High



Maureen Appel Molot

School to form the Ottawa Jewish Community School.

Within the broader Ottawa community, Molot has been active with the Community Foundation of Ottawa, serving as chair from 2002 to 2005. She is currently a member of the Task Force on Jewish Students and Faculty created by the Carleton University Commission on Anti-Racism, Inter-Religious and Inter-Cultural Cooperation.

Molot is a longtime faculty member of Carleton's Norman Paterson School of International Affairs and is now a distinguished research professor.

Asked about the strengths of Ottawa's Jewish community, Molot noted it is "a community that has done very well over a consid-

erable period of time. It has created and sustained institutions and produced generations of leaders, and has been quite successful at fundraising. Ottawa was also good at absorbing newcomers, and we had many of them following the election [in 1976] of René Lévesque in Quebec."

Molot says the community faces a lot of challenges.

"Not everybody lives their lives the same way, and where you are depends on how you see things. My husband Henry and I are fairly observant and spend a lot of time in Israel, so we have a particular sense of things. I know from having lived here that our views are not shared by some other people," she said.

"I think in this community there are challenges in Jewish identity and commitment, challenges to Jewish education, and university students who don't have the tools to deal with what's on campus. We need some kind of scholarship system for Jewish schools to enable more students to attend."

Developing the next generation of Jewish leaders and philanthropists is a priority, according to Molot.

"We have a very generous community, but what happens when these generous donors

are no longer here? There aren't a lot of sources of wealth in the community. Unlike Montreal and Toronto, many in Ottawa are employees – members of our community are members of a small range of professions and economic sectors. We've never had industries like manufacturing, pharmaceuticals or communications. This is also a challenge for fundraising in the larger community.

Molot says mentoring is very important and cites the success of the Federation's Young Women's Leadership Council, while advocating that such a program be available across the board.

"I'm not big on separating people by gender," she said. "It takes a while to develop mentoring systems like that."

"We are very fortunate because so many talented young adults come here because of opportunities offered by government, universities, the health sector – and they stay. The real challenge is developing a community that is so attractive that people will want to identify with it. We've done well with an organization like jnet reaching out to young people. We need people to connect – it's both a challenge and an opportunity. We all have an investment in ensuring the vibrancy of this community."

Temple Israel

An egalitarian Reform congregation

Where 21st Century Jewish Souls Journey Together

Wednesdays at noon: Talmud study with Rabbi Garten .
New participants are always welcome.

Saturdays: Torah study with Rabbi Garten, 9:00 am.

Thursday, February 7 and 21: Minyan, 7:30 am.

Tuesdays at 7:30 pm: Tanach study with Shlomo Feldberg

Friday evening Shabbat Services, 6:15 pm.

Friday, February 8: "Bring your own dinner" follows service, 7:00 pm.

Wednesday, February 6, 20, 27: Adult Education: Wednesday study with Andrea Lobel: The Joy of Sects, 7:00 pm.

Wednesday, February 13: Shalom Yareach, Women's Rosh Hodesh Study Group, 7:00 pm.

Rabbi Steven H. Garten, Spiritual Leader

Barbara Okun, Cantorial Soloist

For information, please contact Heather Cohen,

Executive Director 613-224-1802 #4

For Temple Israel Religious School, please contact Andrea Lobel,
Director of Congregational Learning 613-224-3133

Friday Kabbalat Shabbat Services, 6:15 pm

Saturday Shabbat Services, 10:15 am



Temple Israel

1301 Prince of Wales Drive, Ottawa, ON K2C 1N2

Tel: 613-224-1802 Fax: 613-224-0707

www.templeisraelottawa.com

Kitchen
By *théo* mineault
Nepean



Contact Michel-Steeve Charette today for your FREE estimate!

OTTAWA (Nepean)

Kitchen and Bathroom showroom:
1884 Merivale Road, unit 1

Windows and Doors showroom:
1886 Merivale Road

Consultation, Design, Manufacturing and
Installation of custom cabinetry, windows
and doors.

*We work according to your needs,
tastes, culinary laws and budget!*

A local company with a tradition of excellence since 1952

www.theomineault.com

P: (613) 828-8512

F: (613) 828-7530

Federation welcomes Andrea Freedman as new CEO

Our community is facing a time of major change and renewal. The most obvious and dramatic change is, after 15 years with Mitchell Bellman in the community's top professional position, the Federation has hired a new CEO.

We are very lucky to have brought a person of Andrea Freedman's calibre to our community as the new CEO. While Andrea will start work at the Federation in early March, she has already taken the opportunity to reach out to many staff and volunteer leadership.

She brings an incredible set of skills, knowledge and background, but is also acutely aware this is a position that requires the support of many in order to reach success. I know you will join me in welcoming Andrea, and showing her the best of what Ottawa has to offer – socially, professionally and Jewishly.

During her interview with the search committee, Andrea spoke eloquently about how her previous jobs and responsibilities positioned her to be at the point in her career when she could confidently move into this top leadership role.

When asked what *really* made her tick, and why she might be willing to make a radical move from her present



Federation Report

Debbie Halton-Weiss
Chair

position as vice-president of philanthropy at Mount Sinai Hospital in Toronto, she delivered a well thought out response. But, at the end she hesitated, maybe feeling she had left something out.

She went on to explain that she missed working in a rich Jewish environment, where when Gilad Schalit was released from his years as a hostage, or when Israel was facing its latest barrage of rocket attacks, she had no one with whom to share her excitement or deep concern. She recognized then that the health care system is a worthy cause, but her passion lay with working for the Jewish people, and her commitment and belief in Federation and its role led her to Ottawa.

Andrea also wanted to understand more about our community and asked some very pointed questions about the challenges we thought the community

faced. Influencing Andrea's decision to come to Ottawa was her belief that we have made some significant progress in some key areas, that momentum was building, and that there was true potential for further change and renewal.

We could proudly report to her that the Ottawa Jewish Community School, having faced many challenges over the past several years, was now on a clear path towards excellence. A number of top donors have pledged significant dollars to help get to a sustainable model over the next five years. The school board, parents, teachers, students, and members of the wider Jewish community share the goal of ensuring the success of our school, recognizing its central role in our community's future.

Another key area to which the Federation has devoted a considerable amount of time and resources, and which has met with great success, is our commitment to engage the emerging generation in communal life. Andrea was already aware of many of our programming initiatives as they have received positive attention in communities across the country and beyond.

For more specifics of what's been accomplished with the emerging generation,

see the article by Alex Baker on page 1.

One of the biggest personal changes in my adult life was when we moved my husband Ron's medical practice into our newly purchased home in the Glebe and I took a leave of absence from my job to organize the move and manage the office. There were tremendous advantages to this change in our lives, but the most difficult challenge for me was giving up my social work career and my professional identity.

I turned to the Jewish community and began placing much more of my time and energy into my volunteer career to fill this gap in my life and to provide me with personal and professional growth and satisfaction. I guess you could say the rest is history.

Change can be stressful and overwhelming, but it is also tremendously exciting and empowering. I hope change will be embraced and members of our community will be encouraged to become involved and excited to be part of it.

To quote U.S. President Barack Obama, "Change will not come if we wait for some other person or some other time. We are the ones we've been waiting for. We are the change that we seek."

The bear, the fish and the turkey remind us of the joy of Purim

When we think about the signs and symbols of Purim, most of us think about costumes, graggers, Megillat Esther, hamentaschen, *mishloach manot* (sending gifts to our friends and neighbours), *matanot l'evyonim* (donations to the poor) and the overall joyous spirit of the time.

Purim is a most fun-filled festival and is fully enjoyed by Jews of all ages. A teacher of mine once said, "There is nothing not to like about Purim." Even the lesser known signs of the holiday convey important positive messages for us.

In the course of history, three animals have become associated with Purim – the bear, the fish and the turkey.

The bear was the sign of Persia, the most powerful kingdom of the time. The rabbis expanded the image of the bear and talked about the Persians who took on characteristics of bears.

According to the rabbis, Persians ate like bears, they drank like bears, they were hairy like bears, and restless like bears. If



From the pulpit

Rabbi Scott Rosenberg
Beth Shalom

you read the Esther narrative with this picture in mind, the rabbis' image is clearly supported by the text.

The association of fish with Purim is a bit more complicated. Here the connection lies in the month of Adar and Pisces, its zodiac sign. The rabbis were fascinated by astrology and the signs of the zodiac and their meaning often entered into rabbinic thinking and discourse.

Pisces is a sign of fertility and God's protection. Both of these themes play an important part of the Purim story. God's protection is obvious from the narrative and fertility from the critical connection to

Jewish survival and prosperity that underlies the Esther story.

The turkey has a more creative connection to Purim. King Achashverosh is described as ruling "*mayhodu v'ad kush*." While Hodu refers to the country of Turkey, over time, Jewish communities adopted the practice of eating turkey on Purim as a way of mocking Achashverosh in the story.

Interestingly, these three signs have been used as decorations on items associat-

ed with Purim for many years. Artistic megillot contain illuminations depicting bears, fish and turkeys. *Shalach manot* plates and graggers also feature these pictures. The signs and symbols of our tradition are filled with rich meaning and many lessons. The bear, the fish and the turkey are used at Purim to remind us of the joy associated with the holiday. I hope all of us can feel that joy as we celebrate Purim this year and always find meaning in the symbols of our faith.

Letters welcome

Letters to the Editor are welcome if they are brief, signed, timely and of interest to our readership.

The *Bulletin* reserves the right to refuse, edit or condense letters.

The *Mailbag* column will be published as space permits.

Send your letters to Michael Regenstreif, Ottawa Jewish Bulletin, 21 Nadolny Sachs Private, Ottawa, Ontario K2A 1R9; or by e-mail to bulletin@ottawajewishbulletin.com.



Owned by The Ottawa Jewish Bulletin Publishing Co. Ltd., 21 Nadolny Sachs Private, Ottawa, K2A 1R9.
Tel: (613) 798-4696. Fax: (613) 798-4730. Email: bulletin@ottawajewishbulletin.com. Published 19 times a year.
© copyright 2013

PUBLISHER: The Ottawa Jewish Bulletin Publishing Co. Ltd. EDITOR: Michael Regenstreif
PRODUCTION MANAGER: Brenda Van Vliet BUSINESS MANAGER: Barry Silverman

The Bulletin cannot vouch for the kashrut of the products or establishments advertised in this publication unless they have the certification of the Ottawa Vaad HaKashrut or other rabbinic authority recognized by the Ottawa Vaad HaKashrut.

Local subscription \$30.00. Canada \$36.00. International \$50.00. \$2.00 per issue.

We acknowledge the financial support of the Government of Canada, through the Publications Assistance Program (PAP), toward our mailing costs.

Canada

ISSN: 1196-1929

PUBLICATIONS MAIL AGREEMENT NO. 40018822

PAP REGISTRATION NO. 07519

RETURN UNDELIVERABLE CANADIAN ADDRESSES TO: OTTAWA JEWISH BULLETIN

21 NADOLNY SACHS PRIVATE, OTTAWA, ON K2A 1R9

email: bulletin@ottawajewishbulletin.com

Speculation has begun on Israel's next coalition

As I write, on January 25 just before this issue of the *Ottawa Jewish Bulletin* goes to press, the negotiations to form a governing coalition following Israel's January 22 election are in their earliest stage.

The process is expected to take as long as six weeks after President Shimon Peres receives the formal results on January 30. By then, the emerging coalition will need to prove it has the confidence of the Knesset.

While Prime Minister Benjamin Netanyahu is all but certain to continue in office, his cabinet is likely to be very different given the weakened position of the Likud-Yisrael Beiteinu alliance and the surprising success of the new, centrist Yesh Atid (There is a Future) party under leader Yair Lapid.

Conventional wisdom over the past several years, and during the campaign leading to the election, told us that Israeli society was continuing to move further to the right.

If anything, the results indicated a move to the political centre – not just in the surprising strength of Yesh Atid, but on the centre-left with the somewhat stronger than expected showing of the Labor Party under Shelly Yachimovich and the survival of former Kadima leader Tzipi Livni as leader of the new Hatunah Party.

And, with the emergence of Naftali



Editor

Michael
Regenstreif

Bennett's new Jewish Home party sharply to Likud's right – a party whose key plank is rejection of the two-state solution and annexation of much of the West Bank – Likud itself would be on the centre-right in comparison.

With the election results in, it will be fascinating to see what kind of coalition will emerge. Most likely, Yesh Atid will be Netanyahu's main coalition partner.

By this writing, Netanyahu and Lapid have already begun talking. Both indicated they will work together to form a coalition and have started informal talks. But, with Likud-Yisrael Beiteinu's 31 seats and Yesh Atid's 19 combining for 50 seats in the 120-seat Knesset, another coalition partner, if not partners, will be necessary to form a government.

And this is where the really interesting horse-trading begins. All kinds of scenarios quickly emerged, some more plausible than others.

Does Netanyahu look to the right, to Bennett's Jewish Home party with its

12 seats and/or one or both of the ultra-Orthodox religious parties, Shas with 11 seats and United Torah Judaism with its seven?

Or does he look to the centre-left, to Labor with 15 seats (despite Yachimovich's pre-election insistence she would not participate in a coalition with Netanyahu), and possibly Livni's Hatunah with six, and Kadima hanging in with two seats?

Or does he look in all directions at the same time?

What will make the negotiations so interesting are the seemingly common and seemingly incompatible positions of the different parties on some of the key issues Israel's next government will face.

Reports following a two-hour meeting between Netanyahu and Lapid on January 24 suggested Lapid has advanced two basic conditions: legislation implementing national service requirements for haredi Jews and Israeli Arabs; and resumption of peace talks with the Palestinians.

Looking to the right, Bennett's Jewish Home party would be supportive of the first condition, but would reject the second. If both conditions are ultimately make-or-break conditions, it's hard to imagine Lapid and Bennett sitting together at Netanyahu's cabinet table. And the religious parties would almost

certainly fight the first condition.

The strongest possible coalition would embrace a centre-right to centre-left combination of Likud, Yesh Atid and Labor. The three parties together would have 65 seats. Bringing Hatunah and Kadima into the coalition would bring it to 73.

Such a coalition, without the religious parties in cabinet, would be in a much better position to settle the national service issue. Such a coalition would also be a strong signal to the world that Israel is serious about peace with the Palestinians (and would, hopefully, force the Palestinian leadership to stop looking for reasons not to negotiate).

The question for this possible scenario, at least as of this writing, is whether Yachimovich can be lured into the coalition following her campaign promise that she wouldn't be.

Without Yachimovich, would Lapid be willing to give up one or the other of his two conditions to remain in the coalition?

If not, Netanyahu could move sharply right with a 61-seat coalition of Likud, Jewish Home and the two religious parties. Such a scenario would suggest no imminent progress on the peace front, on the religious-secular divide, and on the social issues which drove the success of the centrist parties.

The next few weeks will be most interesting.

U.S. gun culture is as American as apple pie

It's sometimes hard to understand our neighbours in the United States. Over the past couple of months it seems many of them have had more than a few Second Amendment screws missing. We have always known there are differences between us and them, but this thing about guns is so sad and so impossible to understand.

There is no word that can aptly describe the killing of six- and seven-year-old Grade 1 students – 20 of them. Words like horrible, horrific, carnage and slaughter were all misused by being overused. Somehow, when you hear the word horrific used repeatedly, it becomes just another word. There is no single word to describe what happened at Sandy Hook Elementary School in Connecticut.

As U.S. President Barack Obama said, it had become too frequent an event for him to have to comment on mass shootings whether at a shopping mall, a movie theatre or a school. But it was different this time. The faces of those beautiful young children dead in full innocence caught everyone's attention and, finally, a long overdue debate about gun control was launched in America.

After the movie theatre shootings in



Jason
Moscovitz

Colorado in July there was no debate. No one wanted to talk about it. Was it because little children weren't targeted? Was it because it was election campaign season and no one had the guts?

The circumstances were sadly similar. Both were committed by young, white American men armed to the teeth with assault weapons and fully loaded magazines and both resulted in many people shot dead for no conceivable reason other than madness.

And, now, the madness of people seriously believing the Second Amendment of the U.S. Constitution – the so-called "right to bear arms" – guarantees the right to own guns to protect themselves against the possibility of the rise of a tyrannical government in America – and the madness of otherwise serious-thinking Americans believing the best way to avert future mass killings is to

have more people walking around with even more guns.

For us in Canada, what is hardest to comprehend is how guns are seen as a positive, rather than as a negative force, in the United States. There is a gun culture that has become as American as apple pie and the National Football League (NFL). You may need to register a car, have a licence to drive it, or do safety checks on it, but, in too many cases, Americans can own guns with none of the above required – and football players with money like guns.

Less than a month before the school shooting in Connecticut, an NFL player shot his wife dead and then committed suicide. It was another in a series of incidents involving football players and guns. What came out of it was how many football players have guns and, more significantly, how many guns they each had. People who have guns usually have a collection. It's not uncommon for football players to have eight guns in their collection.

Individual Americans collectively own about 300 million guns. That is about one gun per person and does not include the army's guns. That is quite a collection to try to enforce gun control on!

Anything can happen when so many guns are in people's homes.

In America, on New Year's Eve, a reveller took a gun and sprayed bullets upward to welcome in the New Year. A bullet hit a 10-year-old girl who was instantly killed. A little girl as innocent, and almost as young, as the children killed at the elementary school two weeks before.

Much attention in the gun control debate has been spent on the banning of assault weapons, the kinds of automatic guns and rifles, the kinds of killing machines that were used in the Colorado movie theatre in July and the Connecticut elementary school in December.

There used to be a law in the U.S. banning automatic assault weapons, but the law lapsed in 2004 and was not renewed. So, while much of the attention will be spent on putting better control on automatic weapons, it is doubtful anyone will go near handguns, let alone rifles.

Killings with automatic weapons make the news whenever they happen – and the few times per year they happen are clearly a few times too many. But the really sad statistical reality is that simple handguns killed more than 11,000 Americans last year alone.

Greilsammers: Israeli musicians visiting Ottawa blend Irish and Arabic influences with reggae and rock

By Shawna Dolansky
Zelikovitz Centre
for Jewish Studies
Carleton University

He's billed as a "Jewish reggae violinist," and, from what we've seen so far, it's an excellent description. The only thing it leaves out is Michael Greilsammer's partnership with his wife Shimrit – in music, inspiration, and in raising their two little boys, Lavi and Eyal.

"We do the dishes and we make up the songs," said Shimrit.

The Max and Tessie Zelikovitz Centre for Jewish Studies at Carleton University is proud to be hosting Michael and Shimrit as visiting artists this January and February.

Born and raised in Jerusalem, the child of immigrants from France, and pronounced a violin prodigy at age five, Michael's music blends Irish and Arabic influences with reggae and rock, all accented by his breathtaking artistry on the violin. He has toured extensively in France, Barbados, the U.K. and India, and he's been a supporting act for such international artists as Macy Gray and Ziggy Marley.

Michael's first album, *Je me reveille*, billed as a solo effort, has been followed by *B'Paris*, a collaboration with Shimrit, a vocalist with angelic harmonies.

Michael and Shimrit's two-month residency in Ottawa was made possible by a collaboration of the Charles and Lynn Schusterman Foundation and the



Israeli musicians Michael (left) and Shimrit Greilsammer are in the midst of a two-month residency in Ottawa.

Zelikovitz Centre.

The Schusterman Visiting Artists Program is one of the largest residency programs for Israeli artists in North America. It awards Israeli artists – including filmmakers, choreographers, musicians, writers and visual artists – long-term residencies at North American universities, museums, Jewish community centres and other cultural organizations, with a focus on fostering interaction between the artists and the communities in which they are based.

"The Schusterman Visiting Artists Program allows members of the host community and the visiting artists to connect in a variety of settings – from formal to informal, Jewish to non-Jewish – over a significant period of time, rather than the more traditional one-off experi-

ence," said Marge Goldwater, the program's director.

"As we look back on the first four years, we see that the success of the residencies has prompted host institutions to find ways to bring Israeli cultural leaders to their communities after the Schusterman artist has left."

As cultural ambassadors, Michael and Shimrit are a smashing success, charming audiences all over town, and bringing a message of a young, vibrant, cosmopoli-

tan and international culture in Israel that transcends politics and political divisions.

As performers, Michael and Shimrit are not to be missed. The Zelikovitz Centre has booked a busy schedule of events for Michael and Shimrit around town: with various Jewish community institutions, as well as at a growing list of cafés and bars in Ottawa and Gatineau. Visit tinyurl.com/Greilsammer for a list of their upcoming appearances.



**1403 Chatelain Avenue
CARLINGTON
\$319,000, MLS 832046**

Spacious 3 bed, 1.5 bath detached family home on a 33' x 90' lot! Open concept liv & din rooms w/hdwd floors (and in bedrooms too), eat-in kitchen area, & an unspoiled lower level. 4 car parking! Immed. poss. www.1403Chatelain.com



**47 Gladecrest Court
VALLEY STREAM
\$339,000 MLS 855126**

Immaculate 3 bed, 2.5 bath END UNIT townhome on a private & fenced 125' deep lot! Updates include roof shingles ('02), gas furnace ('09), windows ('09). Large kitchen/eat-in area w/2nd level laundry facilities! Quiet crescent! Premium location @ www.47Gladecrest.com!

**4258 Owl Valley Drive
RIVERSIDE SOUTH
\$339,000**

Bright semi-detached home with 3 large bedrooms, 2.5 bathrooms, and no rear yard neighbours! Open concept main level living area! Finished lower level! Highly recommended @ www.4258OwlValley.com!



**86 Insmill Crescent
KANATA LAKES
\$529,000 MLS 843359**

Beautifully maintained 4 bed, 2.5 bath family home w/ 9' ceilings, main level family room overlooking the kitchen/eat-in area, & a main level den too! The large master bedroom boasts a balcony which is also accessed from another bedroom too! Many features incl. 5-pc ensuite bath, hdwd floors, oversized 2 car garage, double-sided gas fireplace & more! Child friendly @ www.86Insmill.com!

**508 Tweedsmuir Avenue
WESTBORO
\$529,000 MLS 850809**

Charming, open concept 4 bedroom family home situated on a prof. landscaped & mature 50' x 100' lot! This cozy & comfortable home features a beautifully reno'd kitchen, hdwd floors throughout, updated electrical, & much more! www.508Tweedsmuir.com



**22 Palisade Street
CENTREPOINTE
\$729,000 MLS 855807**

Exceptional value! Over 3300 sq ft! All brick 4+1 bedroom, 4 bathroom family home in choice location. Main floor den/office! Mature & private rear yard! 30-60 day/TBA possession. Child safe location @ www.22Palisade.com!



**805 Kingsmere Avenue
MCKELLAR HEIGHTS
\$799,000 MLS 840316**

Exquisite and unique multi-level 3 bed townhome with sun-filled & versatile living spaces, & a private elevator too! This executive family home boasts 3,000+ sq ft plus a feature packed roof top terrace. Quality finishings! Move-in ready! 60 day / TBA poss. www.805Kingsmere.com



**JEFF GREENBERG
SALES REPRESENTATIVE
ROYAL LEPAGE TEAM REALTY
(613) 725-1171
www.jeffreygreenberg.com**

There's never been a better time to purchase your first home, refinance or consolidate debt.

Evan Weiner, AMP
Mortgage Agent - Lic# M08002948
Toll Free: 1-888-216-7770 ext 224
eweiner@hottestmortgage.com

DOMINION LENDING CENTRES

Dominion Lending Centres Metro City Mortgages | Independently Owned and Operated | FSC0210202

Employment Opportunity

The Ottawa Jewish Community School requires a dynamic student recruiter with excellent communication skills.



Applicants must have the following qualifications:

- Three+ years experience as a student recruiter in the private domain
- Bachelor Degree or Post-Secondary Diploma
- Familiarity with Ottawa's private and public schools
- Familiarity and knowledge of the Ottawa Jewish community
- Knowledge of computer applications

Remuneration: base salary plus commission and flexible work schedule

Send resumés to s.friedman@theojcs.ca

Only selected candidates will be contacted.



Advertorial

JEWISH NATIONAL FUND

More than trees
613.798.2411



Oliver Javanpour
President

Thanks to all who participated in Tu Bi'Shevat Tree-a-Thon

While we are accustomed to winter's snow in Ottawa, Israel has had the mixed blessing of both snow and rain this winter. This will be great for Tu Bi'Shevat celebrations, the beginning of the "New Year for Trees." Thank you to all who either volunteered for our January 27 Tree-a-Thon or donated to JNF Ottawa's annual fundraiser. This year, all monies raised will support a reforestation project in Southern Israel to benefit families and children. A very special thank you to Jane and Martin Gordon for organizing our event for the fifth consecutive year; the Gordons work behind the scenes to ensure a smooth operation. We also want to thank our generous sponsors: The Regional Group for hosting our phone team; Northern Management Services for their donation and for tallying results; 9-to-5 Coffee for hot beverages; Rideau Bakery for baked goods; and Creative Kosher Catering for lunch.

JNF Trees Help Israel in Multiple Ways

While we think about trees as part of the Tu Bi'Shevat celebrations, at JNF we plant trees for seven key strategic reasons that reach far beyond their symbolic expression of the holiday:

- 1) To emphasize our connection to Israel;
- 2) To help communities along the border with Gaza by providing them with a green buffer against artillery attacks;
- 3) To make the Negev desert bloom and beautify the country;
- 4) To rehabilitate damaged forests after fires and disease;
- 5) To improve the quality of life in new communities;
- 6) To prevent avalanches and mud slides; and
- 7) To reduce carbon dioxide in the atmosphere.

JNF Develops Water Management Technologies

JNF also harvests rainfalls (and snowfalls) via the building of more than 240 reservoirs to ensure its trees thrive. JNF Ottawa has been a solid supporter of JNF-KKL reservoir projects. We are proud that JNF's reservoirs, wetlands, and the innovative biofilter in Kfar Saba, all played effective roles in harvesting the rainfall for agricultural irrigation purposes, minimizing the effects of flooding, preventing stream and sea pollution by polluted floodwater, and saving freshwater.

Throughout the Negev, KKL-JNF has created more than 400 limans, which help manage both drought and floods. Limans collect floodwater with earth dams to slow the flow of the accumulated runoff water. This allows water to permeate the soil and nourish small groves of trees. Limans harvest floodwater and lessen erosion and damage caused by flooding.

JNF is proud to be part of water management in Israel and proud of the eco-green contributions Israel and JNF are making towards water management technologies that are recognized around the world.

JNF is 100 per cent Israel. For more information on JNF's trees, water management projects or programs or to find out how to support JNF year round, please contact Susan Schwartzman or Lynda Taller-Wakter, Executive Director, Ottawa and Atlantic Canada, at 613-798-2411 or ottawa@jnf.ca. Learn more at www.jnf.ca and 'like' JNF Ottawa on Facebook to stay in touch with current events and the people in our community who make JNF events a reality.

On a daily basis you can plant trees for all occasions. An attractive card is sent to the recipient. To order, call the JNF office (613.798.2411).



Arnie Vered, Sapir Fellus and Ian Jason-Byerley to be honoured at SJCC AGM

By Pamela Rosenberg
Soloway JCC

Three more names will be added to the award plaques that adorn the walls of the Soloway Jewish Community Centre (JCC) following our annual general meeting on February 4.

Arnie Vered is being honoured with the Ben Karp Service Award, established in honour of volunteer extraordinaire Ben Karp, to recognize continued outstanding volunteer service on behalf of the Soloway JCC.

President of Arnon Corporation and Ron Engineering and Construction, Arnie has held a number of senior positions in Ottawa's Jewish community. He has chaired the UJA Campaign, the State of Israel Bonds campaign, and was co-chair of the 2010 JNF Negev Dinner. He has been president or chair of Hillel Academy, the Jewish Federation of Ottawa, the Ottawa Jewish Community Property Management Board and the Soloway JCC. He has also been involved with and led many worthy organizations in the wider community.

"Arnie is the quintessential communal leader," said Soloway JCC President and COO Barry Sohn. "He is selfless and always looks to how he can positively impact the issues at hand. It has been a true honor to work with him."

Sapir Fellus and Ian Jason-Byerley will receive the Grossman-Klein Teen Leadership Award recognizing their outstanding dedication and service to the Jewish community and to the community-at-large.

A Grade 12 student at Canterbury High School, Sapir is president of the school's Jewish Culture Club. She has been attending Torah High for three years and takes part in NCSY.

Sapir is regional president for Ottawa and Montreal of B'nai Brith Girls. She has also been president, co-president, treasurer and secretary of her local chapter and is the recipient of international BBYO awards as an outstanding young leader.

Ian's volunteer service has ranged from working as



Arnie Vered

a teacher's assistant, to helping in soup kitchens, to being a docent at the Canadian War Museum.

A Grade 12 student at Lisgar Collegiate Institute, Ian is involved with the

Agudath Israel Youth Choir and the Ottawa Viva and Concert choirs. He has participated in two Peace Action conferences, as a delegate representing the Jewish people and the State of Israel, and as a youth organizer.

A certified wilderness instructor, Ian has been president of the Macoun Naturalists, a club designed for youth to learn about their natural environment through study and experience.

Most recently, Ian led a guided tour for Jewish teens through the Raoul Wallenberg exhibit at the Canadian War Museum. The museum admitted him to the docent training program, even though it was designed for post-secondary students. The tour allowed Ian to promote justice and equality to his peers and encourage them to follow their convictions, stand up against wrongs and to show moral courage in the face of adversity.

The annual general meeting will be held Monday, February 4, 7:00 pm, at the Soloway JCC. All are welcome to attend.

LOWENBERG INVESTMENT COUNSEL, INC.

WWW.LOWENBERGINVESTMENTCOUNSEL.COM

ALTERNACARE

Let our family care for your family



Many families are facing some tough questions and decisions regarding the care of their loved ones.

"How do families juggle caring for their aging or ill parents, while raising children, working, and still finding time for themselves at the end of the day?"

Alternacare's professional caregivers provide you with peace of mind.

Personal assistance and companionship does **not** have to be expensive. You **CAN** afford more care that you think. Alternacare offers affordable services without ever compromising on quality.

Member of the Ontario Palliative Care Association
Member of the Canadian Home Care Association

We offer care at home or in any facility:

- Companions/Sitters/Escorts for doctor's appointments
- Personal Support Workers
- Shared Care

Our philosophy is one of professionalism, sensitivity and total commitment to every single client.

Allow us to become part of your caring family.

Rachel Schachter, Manager
(613) 237-8888
www.alternacare.ca

Rony Podolsky steps down

Rony Podolsky stepped down, February 1, as chief development officer of the Jewish Federation of Ottawa and the Ottawa Jewish Community Foundation (OJCF), a position he was appointed to in December 2011 after serving as interim director of the Federation's Annual Campaign.

Born and raised in Israel, Podolsky plans to return to the private sector where he worked, in Israel and in Canada, for more than 22 years in international IT management.

"Serving our Jewish community has been a very meaningful experience for me," Podolsky said. "I had the privilege of contributing my business experience towards very important causes and, on the way, made many new friends. It is time for me to go back to the business world; however, my role at the Federation and OJCF was a true personal growth opportunity for me."

Torah Academy to honour Burrs at reception

By Zev Singer
for Torah Academy

Torah Academy of Ottawa will honour Rabbi Yonah and Chaya Raizy Burr on March 4.

Over the past decade, visitors to the Kollel of Ottawa have been astonished by the fact that whatever page of the Talmud they were studying, Rabbi Burr was able to discuss it with them, citing all the relevant commentaries as if he'd spent the previous week preparing for that chance conversation.

While his encyclopedic mind has given him a reputation that is widespread in the yeshiva world, it is his unassuming personality and deep caring that comes across in person.

Yitzhak Sheffrin, one of the many community members Rabbi Burr learns with each week, calls him "the most patient person I know."

"He'll hear questions, he'll acknowledge questions as being valid, even though they may be out of left field, and he'll come back with wonderful answers. I love learning with him."

The feeling is mutual. Rabbi Burr, a native New Yorker, says

he enjoys the study partnerships.

"I feel I gain at least as much as I give," said Rabbi Burr, who added that respectful relations across the Jewish community, and the non-ostentatious atmosphere, make Ottawa special. "I find Ottawa to be a loving, warm community."

Chaya Raizy Burr "defines *chesed*," said Esti Fogel of Ten Yad of Ottawa, an all-volunteer organization dedicated to undertaking acts of *chesed* (kindness). "I can't say enough about her. I have huge respect for this woman," she said of Chaya, a Ten Yad board member and meal co-ordinator.

"Where most might find excuses – a large family, a husband with an extremely demanding work schedule, and a part-time job – Mrs. Burr will make every effort to make that call, attend that event, do that *chesed*, acknowledge each person," said Rachel Gray.

"It is apparent that all her actions stem directly from her life's goals and values. This is what inspires the women of our community."

"She is a living example of



Chaya Raizy Burr serves on the board of Ten Yad. Rabbi Yonah Burr is Rosh Kollel of the Kollel of Ottawa. (Photo: Issie Scarowsky)

Torah," said Fogel. "She lives what she has learned and what she believes in."

Torah Academy of Ottawa will honour Rabbi Yonah and Chaya Raizy Burr on Monday, March 4, at CentrepoinTE Studio Theatre, 101 CentrepoinTE Drive. There will be a VIP cocktail dinner at 6:30 pm. The main pro-

gram, including a musical performance by Ben and Jane Gitter and Agneta Gibson, followed by a dessert reception, begins at 7:45.

For information, tickets, or to purchase an ad in the commemorative booklet, contact Torah Academy at 613-274-0110 or torahacademyottawa@gmail.com.

Join us for a social action project in Northern Israel!



Aged 22-35?

REGISTRATION
has been
EXTENDED
to February 15
Only a few spots left!

Cost: \$1600 includes flight, most meals, accommodations and participation in Dragon Boat Israel!



Register now at
jewishottawa.com/eg

emerging generation

Info: Samantha Banks at
613-798-4696 ext 270 or sbanks@jewishottawa.com



Israel Social Action Mission

May
1-12
2013

Special docents add to the success of Wallenberg exhibit

By Benita Siemiatycki
Shoah Committee

A major component of the recent Holocaust Education Month was an exhibit, *To me, there's no other choice* – Raoul Wallenberg, 1912-2012, which told the story of Raoul Wallenberg's upbringing, and his assignment to the Swedish Embassy in Budapest, Hungary. This special exhibit, which consisted of several large pictorial and descriptive panels, was brought to Canada by the Swedish Embassy, and was displayed in the foyer of the Canadian War Museum.

While serving as Sweden's special envoy in Budapest from July to December 1944, Wallenberg used his position to issue special passports, known as the *Schutzpass*, to Hungarian Jews. The holders of these passes were identified as Swedish citizens planning to return to Sweden. He sheltered the Jews in buildings that were under the guise of Swedish property, saving more than 100,000 Jewish lives in the short period of six months.

The Shoah Committee of Ottawa, which organizes Holocaust Education Month, planned to use the exhibit as

a hands-on tool to heighten the lessons of anti-Semitism, racism, the Holocaust and civic responsibility for high school students.

Shoah Committee Chair Mina Cohn knew that students and teachers touring the exhibit could not comprehend the full experience without guidance. So the committee sought out docents, all volunteers, who would be trained in the history of the Hungarian Holocaust experience, the life and heroism of Wallenberg, and the concepts of civic responsibility and opposing evil.

These docents were charged with leading and educating the groups of students and adults who would tour the exhibit.

Thirteen men and women answered the call, and attended a three-hour training session. They also met with Wallenberg's niece, Louise Von Dardel, who led them on a tour and provided additional family information.

From November 26 to December 7, the docents led 17 tours, consisting of 439 students from seven schools. Another 65 adults were part of other tours. Five Catholic high schools, Torah High and



Visitors at the opening of *To me, there's no other choice* – Raoul Wallenberg, 1912-2012, November 26, at the Canadian War Museum.
(Photo: Frank Wimart/Canadian War Museum Corporation)

the Ottawa Jewish Community School sent students. An unfortunate twist of timing was the work disruption by teachers in the public school system, which prevented the affected students from going on field trips.

Following the guided tour, participants watched a video depicting Elie Wiesel define 'indifference'; a student describe her feelings of being bullied, and of being a bully herself; and an Israeli doctor who was saved by Wallenberg. Following the video, docents led a discussion about what the students would do in different situations when someone is being victimized.

One of the primary lessons of the Wallenberg exhibit was the difference between being a passive bystander and standing up for

what is right. The docents were very enthusiastic about the message taught.

"The students saw the depth and courage of a man like Wallenberg, who stood up for his beliefs in basic human rights. They were in awe of what he accomplished in such a short period of time, in the face of looming disaster," said docent Fran Kesler-Freedman.

Batia Winer offered to be a docent because "I like education and I think the subject matter is very important in a time of intolerance. There is anti-Semitism, and I think the lessons apply now."

"What we tried to do is to learn from the past and bring it to the present and future – how one person can stand up to evil causes, and how you can stand up for what is right in everyday life," said docent

Harry Prizant. "Kids today can be inspired by Wallenberg's strength."

The youngest docent was

Lisgar Collegiate and Torah High student Ian Jason-Byerley who led his Torah High peers on a tour.

www.resultsforyou.ca/bridge

PIERRE POILIEVRE
MP for Nepean-Carleton
Results For You

For information on the Strandherd-Armstrong bridge, please visit
www.resultsforyou.ca/bridge

(613) 990-4300 Stay connected f YouTube

LAURYSSEN

KITCHENS
KITCHENS | VANITIES | CLOSETS

Winner of "The Consumer's Choice" Award for 16 consecutive years!
Voted Best Kitchen Cabinet Manufacturer in the Ottawa Region

For all your Kitchen, Bathroom Vanity and Closet Organizing needs, contact
Aviva Ben-Choreen, CKD
at 613-836-5353 ext. 321

2415 Carp Road www.laurysenkitchens.com

TAXI SERVICE

EXPERIENCE THE DIFFERENCE

Courteous Dependable Prompt Service
Exclusively Competitive
Luxury Sedans Rates



Jacob Schildkraut • 613-762-2465
Prearranged Pickups
All major Credit Cards & government credit cards accepted

We don't just build wealth for a lifetime.
We build relationships for generations.



WATSON DI PRIMIO STEEL
INVESTMENT MANAGEMENT
Knowledge. Discipline. Integrity.

wdsinvest.com • 613 725 1800

Exhibit includes landscape paintings and political cartoons

(Continued from page 1)

Design Labs, did not follow in his father's footsteps and become an artist.

"My father suffered with his art a lot, and didn't really encourage us in that direction," Allan said. "He struggled over whether he should quit his art and be a cartoonist or quit his job and be an artist. He'd wanted to be an artist from an early age, but he had to quit school to help his family eke out a living. He carried a lot of the Depression mentality; he was 15 at the time of the stock market crash. Doing portraiture and cartooning was a vehicle to earn a living and that's how he reconciled it."

While Silburt's politics were extremely left wing, he would submit political cartoons that would get published.

"In the 1930s, as a Communist, he often stuck with sports and other topics. Then when the war was on, he could actually have an alignment between his thinking



Allan Silburt, with his book, *A Colourful Life: The Art and Drawing of Josh Silburt*. (Photo: Louise Rachlis)

and the rest of the world. Towards the end of the war, it was hard for him. He found himself on the wrong side of issues; he had a harder time finding the right editorial line ... He suffered the conflict between being a Communist and a Jew and an artist, and wanting to assimilate."

While living in Sydney, Nova Scotia, Silburt invited Tim Buck, leader of the Communist Labour-Progressive Party of Canada to dinner. But, when the *Sydney Post Record* newspaper found out, they fired him. So he moved back to Toronto, stopped cartooning and resurfaced as a landscape artist in the 1950s.

"As Khrushchev came to power and renounced the Stalin regime, he did a lot of soul searching like others, and completely withdrew from political public life," said Allan. "My father transitioned further and further into painting as an obsession and he established a successful following in the 1960s to 1980s. He died in 1991,

painting until the end."

A Colourful Life: The Art and Drawing of Josh Silburt presents a broad collection of the artist's work, from his early days as a sports and political cartoonist in the 1930s and '40s, to his later years as a landscape painter; from black and white drawings to colourful paintings of the



"Picture of an Ottawa Office," a post-Second World War cartoon by Josh Silburt.

Canadian wilderness.

"The book has helped propel the art forward," said Allan. "Don Monet, who runs Cube Gallery, studied political cartooning and loves the cartoons as much as the artwork."

The exhibit's vernissage and book launch will be held Wednesday, February 6, 6:00 to 9:00 pm at the Cube Gallery, 1285 Wellington Street West. For more information, visit cubegallery.ca or joshsilburt.com.

MARK S. BORTS

Insurance & Financial Services

Mark S. Borts, B. Comm., CFP, CLU, Ch.F.C., RHU

Telephone: 613 565 6275
Facsimile: 1 866 267 5635
Cell: 613 851 1198

mark@bortsfinancial.com

Suite 350-117 Centrepoin Drive, Ottawa, Ontario K2G 5X3

Got It

We've got it! Come and get it!

- ✓ Hardwood
- ✓ Blinds
- ✓ Excellent Service
- ✓ Laminate
- ✓ Draperies
- ✓ Carpet
- ✓ Cork

- ✓ Professional Installation
- ✓ Ceramic
- ✓ Shutters
- ✓ Product Knowledge
- ✓ Vinyl
- ✓ Bedding



Proudly Celebrating Over 50 Years!

Hours
Mon-Wed 9:30 am - 5:30 pm
Thurs-Fri 9:30 am - 7:00 pm
Sat 9:30 am - 5:00 pm
Sun - Closed

We Recycle Carpet - Helping preserve the environment for future generations.

195 Colonnade Rd. S.
Ottawa, On K2E 7K3
613-226 RUGS (7847)
www.westboroflooring.com

Agudath Israel Congregation

TRADITIONAL • CONSERVATIVE • EGALITARIAN • INCLUSIVE

Agudath Israel Congregation • 1400 Coldrey Avenue • Ottawa ON • K1Z 7P9 • 613.728.3501

VARSiTY JEWs

A CAPPELLA

**Saturday,
February 16, 2013
7:30 p.m.**

The Varsity Jews are Canada's first Jewish collegiate A Capella group, founded 12 years ago at the University of Toronto by Agudath Israel's very own, Chazzan Jeremy.

The Varsity Jews re-create classic Israeli Pop/Rock and Folk melodies, Jewish parodies of Western popular music, and some of their own unique creations, all without the aid of a single musical instrument.

Come out and be a part of the musical sensation with the **WHOLE** family!

All tickets \$10 - Family rate \$25 - Kids under 12 Free.

R.S.V.P. to Susan Grossner at 613.728.3501.

Advertorial

CBB of Ottawa adds Professional Educator to Senior Team

Cindy Presser Benedek comes back to her roots

We are pleased to announce that Cindy Presser Benedek (CBB alumnus '82-'94) will be joining Camp B'nai Brith of Ottawa as an Assistant Director. Her dream has always been to return to the place where her passion for working with children was seeded – CBB!

Cindy has built a career working with children at all levels of Jewish education. Cindy graduated from York University with an undergraduate degree in Psychology and certification in Early Childhood Education. She launched her teaching career at The Children's Place in Ottawa, a not-for-profit childcare organiza-

tion serving children from infants through school age, as a kindergarten classroom teacher, before quickly moving into the role of Program Supervisor. She also administered the Summer Program for children ages 5-12, planning the curriculum, training and supervising staff.

When Cindy's husband Joey was recruited to Microsoft in Seattle, Washington, she served as the Assistant Head of School at The Jewish Day School of Metropolitan Seattle, managing the Preschool and Admissions. Cindy thrived in this role, where she was responsible for the children's academic, social



From left to right: Leo, Joey, Aura, Cindy and Nessa.

and emotional development as well as the school's operations.

When Cindy and her family moved back to Canada three years ago, Cindy accepted the role of Director of Communications at The Leo Baeck Day School in Toronto where she was responsible for all marketing, advertising and community

communications.

"As a CBB of Ottawa alumnus, Cindy has a deep appreciation for the camp experience," stated CBB of Ottawa Director, Jonathan Pivnick. "Her enthusiasm is contagious. She truly adores working with children and believes camp provides an unparalleled opportunity for

campers and staff to participate in a wide variety of activities in an environment that reinforces Jewish values, identity and community while developing friendships that will last a lifetime," added Pivnick.

We are excited to welcome Cindy back and are looking forward to an awesome summer!

The Countdown is on! - 146 Days until Summer 2013

- Helping build our next generation of community leaders in Ottawa
- Committed to providing financial assistance to those families who qualify - no Jewish child should have to miss camp because they can't afford it
- We are your children's "Home Away from Home"

facebook.

Follow us on Facebook,
www.facebook.com/CBBOttawa

Visit us online at: cbbottawa.com

613.244.9210

**CAMP
B'NAI
BRITH**
of Ottawa

PRICE FREEZE in place for 2013 camp fees • **REGISTER YOUR CHILD** soon before spaces fill up!



**Come for a day
And join our Family
for a lifetime**

**Day Trip
Sunday
July, 07 2013**

**FREE OF CHARGE
TRANSPORTATION PROVIDED**

**For Boys and
Girls 6-10 years old!**

Campgesher.com || 416-633-2511



Ottawa women on the JET/JWRP mission to Israel in November deliver care packages to Israeli soldiers to express their thanks. The mission arrived in Israel two days before Operation Pillar of Defense ended in a ceasefire.

JET's women's mission an emotional experience

By Tina Lloyd
for JET

I went to Israel from November 19 to 29 with the Jewish Women's Renaissance Project (JWRP), basically a "Birthright for moms" program organized in Ottawa by JET. The trips are intended to empower Jewish women to change the world in positive ways, by reconnecting with our Judaism, inspiring us to change our families, our communities and the world for the better. Pretty ambitious stuff, but I can tell you from experience that it does feel powerful and it does form community. It fills us full of learning and history, spirituality, idealism and sisterhood.

During the week before 17 of us were scheduled to leave Ottawa for Israel, Israel was striking back against the incessant rocket fire from Gaza with Operation Pillar of Defense. Before we left, some friends and family acknowledged my plan to go with admiration. Some cautioned me not to. Some thought I was crazy to even consider going. I half hoped the trip would be called off. But Lauren Shaps, our JET leader, reassured us.

Perhaps the scariest moment of the trip was boarding the plane in Toronto and seeing it was almost empty. People weren't going to Israel that week. But we were. As the plane took off, I felt a sense of destiny.

We arrived safely and were met by JWRP people holding signs saying, "Welcome Home."

We headed to our first stop, Tiberius, where we would eat and dance, learn and think and begin to bond.

I've been to Israel before, but can tell you this time was a bit different. We learned the Hebrew word for bomb shelter (*Miklat*) and some rules on what to do if there was trouble. We had more armed guards with us this time, especially at the beginning of the trip. And

everyone and everything seemed a little more intense. And every speaker we heard thanked us for coming, that it was a big deal in terms of morale.

We went to Tsfat, took a tour and learned about spirituality and learning, obligations and history. We climbed 1,000 steps. We ate in the incredibly beautiful Red Kahn, built in 1276 by the Mamelukes.

And then we headed to Jerusalem, the twisting roads climbing through rocky land, making us wonder how the ancient people made their living there.

The next week was spent walking through Jerusalem. We were up early most days for classes at the Aish HaTorah building, prayerful and joyous visits to the Kotel, singing, dancing and celebrating. We took tours of the Old City, and under the walls.

We bought art in the Cardo, went to the Shuk Mahane Yehuda to buy treats and souvenirs, shopped Ben Yehuda Street for Chanukiyot, and tasted sufganiyot. Just before Chanukah, the conversation was not about the best falafel, but the best doughnuts. We met soldiers and celebrated Shabbat. We did some chesed (deeds of kindness) and met wonderful people who shape their lives around doing chesed.

And we connected and bonded with each other. All of us were Jewish moms – some observant, some not, some older some younger – travelling without our kids and husbands. We laughed and cried and hugged each other. We went as strangers and came back as friends, sisters: a community.

While we were far away from the war, it permeated many of our interactions. We met soldiers and found them to be brave and righteous. As they thanked us for coming, for not cancelling our trip, I know all of us thanked them for all they do for us.

Start Young, Aim High



IB and Bilingual Diplomas +
Students From 27 Countries +
70+ Co-curricular Programs +
Focus on Character & Community
= Prepared for ~~University~~
life



ADMISSIONS OPEN HOUSE

THURSDAY, FEBRUARY 7

ALL WELCOME | 9:00 A.M. – 11:00 A.M.

GRADES 4-12, COEDUCATION
admissions@ashbury.ca
613.749.5954



DUKE OF DEVONSHIRE

ON CARLING AVENUE
STEPS FROM THE CIVIC HOSPITAL

CALL US TODAY
FOR YOUR
EXCLUSIVE TOUR

(613) 721-8809

DUKEOFDEVONSHIRE.COM



LORD LANSDOWNE

OVERLOOKING LANSDOWNE PARK
AND THE GLEBE ON BANK STREET

CALL US TODAY
FOR YOUR
EXCLUSIVE TOUR

(613) 230-9900

LORDLANSDOWNE.COM

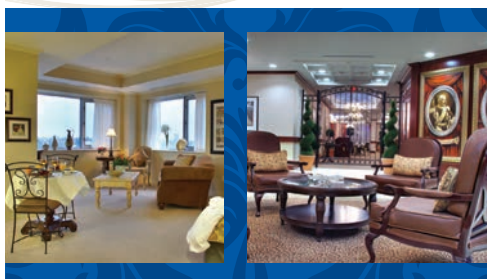


THE *Royal* TREATMENT

The Duke of Devonshire and the Lord Lansdowne... two of Ottawa's most exceptional all inclusive retirement residences for discerning seniors who've earned the right to be pampered and live retirement life to the fullest.

Our residences offer exquisitely appointed private suites and grand common areas. Our highly trained and attentive professional staff are at your service around the clock to provide focused attention on your personal needs. We serve only the finest cuisine. We offer kosher style alternatives and celebrate the traditional Jewish holidays. Our onsite spa, fitness, recreation and entertainment facilities are the envy of the City. **Get ready for the Royal Treatment.**

A DYMON COMPANY—OTTAWA OWNED... OTTAWA PROUD.



ASK US ABOUT OUR \$95 PER DAY RATE FOR SHORT-TERM ACCOMMODATION!

DROP IN FOR A TOUR

WHAT ARE YOU DOING THIS WINTER?
www.theroyale.ca



Spend it with us at The Royale
Come in out of the cold

RELAX, ENJOY,
HAVE PEACE OF MIND

The Royale is a resort-style retirement residence that offers the very best in surroundings, services and amenities. You can live independently or take advantage of our professional care services.



Call today and ask about our signing bonus

613.592.6426
3501 Campeau Drive
Kanata, Ontario, K2K 0C1
www.theroyale.ca



RETIREMENT LIVING



Tamir Neshama Choir
at World Religion Day

The Tamir Neshama Choir was part of a program representing diverse religious traditions at the World Religion Day program, January 20, at Ottawa City Hall.

Got what it takes?
We're hiring.

PRIPSTEIN'S CAMP *Mishmar* is looking for exceptional candidates to fill the following staff positions:

- CIT head
- Waterski head & instructors
- Swim head & instructors (Red Cross WSI/NLS req'd)
- Canoe
- Kayak
- Windsurf
- Dance (hip-hop/pop)
- Pottery
- Archery
- High adventure wall climbing
- Ice hockey
- Nursing students (2nd year+) to assist camp doctors

Interested and qualified applicants should visit <http://mishmar.com/staff> to apply!



The spirit of the summer.

For all inquiries:
camp@mishmar.com • www.mishmar.com
1-866-481-1875

 /campmishmar  @pripsteinscamp  #mishmarmondays

SINCE 1941

Would you like to advertise in the *Ottawa Jewish Bulletin*?
Contact Barry Silverman
613-798-4696, ext. 256
bsilverman@ottawajewishbulletin.com

Jewish unity theme for CSN's Shabbat 200

By Sammy Hudes
Chabad Student Network

When deciding this year's theme for the annual Shabbat 200, the Chabad Student Network (CSN) organizing committee could not think of a more fitting idea than the celebration of Jewish unity.

After all, given the wide variety of Jewish students who have come to the Chabad House this year, either for a Shabbat meal or to celebrate a Jewish holiday, the concept of unity made perfect sense.

With a packed room of close to 200 people at the Sandy Hill Community Centre on January 11, it was the right choice for this year's biggest Shabbat dinner.

Students from Carleton University, the University of Ottawa and Algonquin College, as well as young professionals, came together and made the evening as special as it was.

"In addition to all the unity that it brought, and to see so many under one roof, I think just the preparation and excitement that so many people were involved with was very special," said Rabbi Chaim Boyarsky, CSN co-director.

"There was no staff being paid to make all that food," he added. "It wasn't catered. It was all made by the people for the people."

The keynote speaker was Amanda Sculnick, who talked about overcoming various challenges, including the sudden loss of her best friend and her own battle with cancer. These difficult experiences put her on a path to embracing her Judaism.

"The speaker was inspiring and her story was very relatable," said Reuben Goldberg, CSN learning initiative chair. "Overall, I thought the whole evening was quite a success."

Kaitlyn St. Pierre, president of CSN at uOttawa, agreed.

"No matter how bad things get, you can always choose to recover from them and to make your life better," she said.

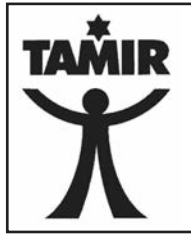
Following the dinner and speech, the program broke off into three separate workshops. Sculnick led one on getting up when you are down, while CSN Co-director Yocheved Boyarsky led a discussion on relationships and true love.

The third workshop, an exercise on caring for Israel, was led by Noah Shack, deputy director of research at the Centre for Israel and Jewish Affairs.

At CSN, we're hoping to build on the success of Shabbat 200 with upcoming events including a Shabbat dinner with Ottawa's medical officer of health Dr. Isra Levy, a bar and bat mitzvah program for students who never had one of their own, and the first ever Jewish fair on both university campuses.

Rabbi Boyarsky said CSN hopes to build toward the dream of one day hosting a Shabbat big enough to be titled "Shabbat 1000."

The Chabad Student Network, located at 59 Sweetland Avenue, is dedicated to providing university students in Ottawa with a strong connection to Judaism. For more information, visit chabadstudentnetwork.com or follow us on Twitter @ChabadOttawa.



Promoting quality of life for persons with developmental disabilities in a Jewish environment

Tamir acknowledges with sincere thanks the following donations, which were received as of January 10, 2013.

Mazel tov to:

Carine and Robert Kleiman on the wedding of Noa and Oded by Sharon and Paul Finn

Mitchell Bellman on being awarded the Queen Elizabeth II Diamond Jubilee Medal by Sharon and Paul Finn

Mr. Dan Greenberg on being awarded the Queen Elizabeth II Diamond Jubilee Medal by Sharon and Paul Finn

Mr. Arnie Vered on being awarded the Outstanding Volunteer Fundraiser Award by Sharon and Paul Finn

Mr. Paul Lyons on his birthday by Margaret and David Delicate

Walter and Teena Hendelman on their wedding anniversary by Esther and Abe Tarasofsky

Mrs. Claire Miller on her 80th birthday by Esther and Abe Tarasofsky

Esther and David Kwavnick on the marriage of Andres and Hamza by the Tuesday Bridge Group

Mr. Rodrigo Ostroski on his Bar Mitzvah by Jacques and Judith Rostenne

Mr. David Blumenthal on his birthday by Debbie, Norm and Vicky Ferkin

Dr. Henry and Mrs. Rachel Greenblatt on the birth of their first grandchild Chaim Aaron by Ira and Danielle

Steve and Sandy Goldstein on Jeremy and Aliza's wedding by Elaine Hauptman

Sherri Torjman on your Diamond Jubilee Medal by Marcia and Dick Zuker

Eva Berman on your special birthday by Elaine Hauptman

Mr. Sam Ages on his milestone birthday by Sheila Howard

Zach and Faigy Muroff on the birth of their grandson by Joel and Ellie Kanigsberg

David and Annie Garmaise on the birth of their grandchild by Joel and Ellie Kanigsberg

Murray and Marsha Kaiserman on the birth of their grandchild by Joel and Ellie Kanigsberg

Sophie and Neil Frenkel on the birth of their grandchild by Ellie and Joel Kanigsberg

Valerie and Gaby Terkel on the birth of their grandchild by Ellie and Joel Kanigsberg

Maxine and Arthur Rabinovitch on the birth of their grandson by Ellie and Joel Kanigsberg

Lenke Breiner on your special birthday by Lily Feig

Refuah Shleimah to:

Susan Tanner by Deb, Norm and Vicky Ferkin

Mr. Abe Murray by Sam and Dora Litwack

Vivienne Sadler by Louis, Muriel and Rachel Kardish

In Memory of:

Tommy Grossman by Paul and Sharon Finn

Michael Cohen by Jerry and Lily Penso

Bess Fyman by Joel and Ellie Kanigsberg and family

Lou Langlois by Marcia and Dick Zuker

Leon Gluzman by Esther and David Kwavnick; by Sharon and Paul Finn; by Debbie and Norm Ferkin; and by Sheila Howard

Moe Cardash by Laura (Penso) and Tom Gelb

Samuel Kocsis by Sandy and Gerry Bayne and family and Irene Waxman

Gloria Goldberg by Arnold and Faye Tennenhouse

Anne Mozersky by Elaine Hauptman

Leema Magidson by Sharon, Sol, Noah and Kayla Reichstein

Eleanor Weiner by Nina and Elliott Aaron

Irv Weinstein by Evan, Carol and Miriam Diamond and by Arnold and Faye Tennenhouse

Jake Orbach by Miriam and Alan Sobel

Toba Gunner by Jerry and Lily Penso

Frances Greenblatt by Elaine Hauptman; by Jerry, Lily and Michael Penso; by David and Rhoda Eisenstadt; by Teena and Walter Hendleman; by Susan Robertson; and by Shari Silber

Ronnie Heller by Arnold and Faye Tennenhouse and by Evan, Carol and Miriam Diamond

Mottie Feldman by Arnold and Faye Tennenhouse

Jack Steinberg by Judy and Murray Lief; by Sandra and Sam Zunder and family, by Alan, Eileen, Melissa and Joshua Cohen; by Barry, Ethlyn and Sarah Agulnik; by Louis, Muriel and Rachel Kardish; by Evan, Carol and Miriam Diamond; and by Laura (Penso) and Tommy Gelb

Rose Taylor by Barbara Crook and Dan Greenberg; by Irene Waxman, Sandy and Gerry Bayne; by Morton, Sylvia and Harris Pleet; by Janina Kot; by Sheldon and Corinne Taylor and family; by Judy and Murray Lief; by Stephen Lief; by Dave Moskovic and Ruth Calof; by David, Monica and Sara Kardish; by Edie Landau and family; by Bev and Mark Steinberg; by Ingrid Levitz; by Brian Tannenbaum and Rhona Shaffran-Tannenbaum; Barbara and Larry Hershorn; by Zach Leranbaum; by Sara Shabsove; by Andrew Taylor and family; by Irma Sachs; by Bob and Leah Gencher and family; by Sandra Trehub Matthews; by Irv Hoffman; by Clair Krantzberg; by Shirley Kriger and family; by Kenneth and Linda Mirsky; by

Erica Bregman; by Roz Taller; by Andrea and Michael Malek and family; by Milton and Joyce Kimmel; by Ellie and Gary Greenberg and family; by Sheila and Larry Hartman and family; by Yvette and Henri Dahan; by John and Andrea Zagerman and family; by Jack and Monalee Greenberg; by Lily Feig; by Gladys and John Greenberg; by David and Ethel Malek; Shirley and Shier Berman; by Roslyn, Steven, Bobby and David Wollock; by Joy and Michael Moskovic, Josh and Rachel; Zees and Meyer Wenger; by Golda and Ned Steinman; by Shari and Lawrence Silber; by Sharon and Paul Finn and family; by Claude and Claude Arfi from France; by Fabrice and Sandrine Arfi and family from France; by Veronique and Bernard Benayoun and family from France; by Sylvia and Victor Derby and family from France; by Christine Richardson; by Ray and Ernie Goldstein; by Cousins Cally and Sid Kardash; by Sam and Sandra Zunder and family; by Barbara and Sid Cohen; by Glenna Gosewich; by Barbara, Shawn, Benjamin and Kevin Marmer; by Beverley and Abe Feinstein; by the Levitt family; by Dorothy and Ben Greenberg; by Alan, Eileen, Melissa and Joshua Cohen; by the Nashman family; by Barbara and Len Farber; by Libby and Stan Katz; by Jodi and Dean Kathron; by John and Sunny Tavel; by Paul Schnier and Elizabeth Wolfe; by Howard and Barbara Geller; by Ron Vered; by Barry, Ethlyn and Sarah Agulnik; by Louis, Muriel and Rachel Kardish; by Norma and Phil Lazear; by Sharon, Sol, Noah and Kayla Reichstein; by Randi, Ian, Jonathan, Matthew, and Adam Sherman; by Sandy Vanier; by Maureen Merrill; by Karen, Bob, Kevin and Dani Shustack; by Jacob and Dorothy Huyer and family; by Laura (Penso) and Tommy Gelb; by Sam and Dora Litwack; by Stephen and Jocelyne Greenberg; by Harry and Esther Froman; by Ron Vered; by Laurie and Carol Pascoe; by Frances Markson; by Sally Taller; and by Executive Director Mark Palmer and the Tamir Board of Directors.

General:

In appreciation to Mr. Keith Pink for his contribution to this year's Tee-up for Tamir fundraiser by Katherine Carter

A special Christmas contribution to Tamir in honour of Gail Driscoll by David Kent and Lynn McFarlane

In appreciation to Steven Kimmel by Norm Ferkin

In appreciation to Mr. Ken Kavanat for a wonderful Chanukah party by Zelda and Steve Shore

In appreciation to Mr. Bram Potechin by Pina Ciccone

In honour of Vesna Scott by Dena and Ed Finn

Donation cards can be purchased for a minimum charge of \$18.00 by contacting the Tamir office at 613-725-3519, 11 Nadolny Sachs Private, Suite 218, Ottawa, Ontario, K2A 1R9, or by e-mail to alisoncaplan@tamir.ca.

SUBSCRIPTION LAPSING? MOVING?

**Don't miss one issue! Call in
to subscribe or with your
change of address TODAY!
613-798-4696, ext. 256 or 242**

Unlikely Heroes to be screened at Machzikei Hadas

By Lisa Garman
 for Machzikei Hadas
 Congregation Machzikei Hadas has invited the community to attend a screening of *Unlikely Heroes*, the second in a series of three documentaries presented in partnership with the Canadian Friends of Simon Wiesenthal Center for Holocaust Studies, a non-profit human rights organization committed to counter-

ing racism and anti-Semitism and to promoting the principles of tolerance and social justice through advocacy and education.
 The films in the series have been produced by Moriah Films, the film division of the Simon Wiesenthal Center. The Moriah Films documentaries focus on the Jewish experience and on contemporary human rights and ethical issues. Two of

Moriah's films have won Academy Awards.
Unlikely Heroes, narrated by Sir Ben Kingsley, documents unknown stories of resistance during the Second World War. The stories include that of a rabbi's son who disguised himself as a Nazi SS officer in order to save Jews; a young woman who was involved in the plot to blow up the crematorium at Birkenau; and a

Jew who defied Eichmann, devising an extraordinary scheme for getting 40,000 Jews to Palestine.
 The first film in the series, *In Search of Peace, Part One: 1948-1967*, was shown at Machzikei Hadas in December and was followed by a lively discussion moderated by Jonathan Freedman. The screening of *Unlikely Heroes* will be followed by a discussion moder-

ated by Elly Bollegraaf, which is bound to enrich the film experience.
Unlikely Heroes will be shown on Sunday, February 17 (the evening before Family Day) at 7:00 pm in the Youth Lounge of Congregation Machzikei Hadas, 2310 Virginia Drive. The cost of admission is a donation to the Kosher Food Bank. Refreshments will be available.



Hillel Lodge

LONG-TERM CARE FOUNDATION

In support
 of the Bess and Moe
 Greenberg Family
 Hillel Lodge
 In the Joseph
 and Inez Zelikovitz
 Long Term Care Centre

Card Donations

Card donations go a long way to improving the quality of life for our residents. Thank you for considering their needs and contributing to their well-being.
 On behalf of the residents and their families, we extend sincere appreciation to the following individuals and families who made card donations to the Hillel Lodge Long-Term Care Foundation **between January 2 and 16, 2013** inclusive.

HONOUR FUNDS

Unlike a bequest or gift of life insurance, which are realized some time in the future, a named **Honour Fund** (i.e., endowment fund) is established during your lifetime.
 By making a contribution of \$1,000 or more, you can create a permanent remembrance for a loved one, honour a family member, declare what the Lodge has meant to you and/or support a cause that you believe in.
 A Hillel Lodge **Honour Fund** is a permanent pool of capital that earns interest or income each year. This income then supports the priorities designated by you, the donor.

Bill and Leona Adler Memorial Fund
 In Memory of:
 Viktor Khavkine by Marilyn Adler
 Frances Greenblatt by Marilyn Adler

Samuel and Jean Akerman Memorial Fund
 In Honour of:
 Alvin Stein Wishing you a great birthday with love by Sheila and Larry Hartman

Elsie Baker Endowment Fund
 In Honour of:
 Arielle Zelikovitz Mazal tov on your Bat Mitzvah by Mel Baker

Abe and Bea Dubinsky Fund
 In Honour of:
 Brian Hochberg Congratulations on receiving the Queen's Diamond Jubilee Medal by Bea Dubinsky

Friedberg and Dale Families Fund
 In Memory of:
 Fejga Braun by Elaine Friedberg, Bob and Jonathan Dale

Malcolm and Vera Glube Endowment Fund
 In Memory of:
 Sandy Eisen by Malcolm and Vera Glube

Nell Gluck Memorial Fund
 In Memory of:
 Dorothy Linton Stewart by Julia Gluck
 In Honour of:
 Minda and Peter Wershof Mazal tov on the birth of your grandson by Henry and Maureen Molot

Gina and Howard Grant Family Fund
 In Memory of:
 Father of Carole Brantz by Gina and Howard Grant

David, Harvey, Victor Kardish Family Fund
 In Memory of:
 Jack Steinberg by Sheryl and Harvey Kardish and family

Morris and Lillian Kimmel Family Fund
 In Memory of:
 Mother of Cheryl Breger by Brenda, Nathan, Jesse and Daniel Levine
 Sol Sherman by the Kimmel, Kaiman and Levine families
 Fejga Braun by Steve, Janet, Tobin and Aaron Kaiman
 In Honour of:
 Sylvia Kaiman Wishing you a very happy and healthy birthday by the Levine and Kimmel families
 Mr. & Mrs. Segal Mazal tov on the birth of your granddaughter by Brenda, Nathan, Jesse and Daniel Levine and Morris Kimmel

Bill and Phyllis Leith Family Endowment Fund
 In Memory of:
 Albert Abib by David, Lisa, Zachary and Sydney Leith

Shelley and Sidney Rothman Family Fund
 In Memory of:
 Rose Taylor by Rose and Kevin Kardash

Stephen and Debra Schneiderman Family Fund
 In Memory of:
 Rose Taylor by Stephen and Debra Schneiderman
 R'fuah Shlema:
 Yanda Max by Stephen and Debra Schneiderman

Label and Leona Silver Family Fund
 In Memory of:
 Bay Lang by Label and Leona Silver
 Rose Taylor by Label and Leona Silver
 In Honour of:
 Leona Lakser Speedy recovery by Label and Leona Silver

Ralph and Anne Sternberg Memorial Fund
 In Memory of:
 Jack Steinberg by Laya and Ted Jacobsen
 John Patrick MacManus by Ted and Laya Jacobsen

Milton and Mary (Terry) Viner Family Fund
 In Observance of the Yahrzeit of:
 Jake Belfour by Millie Schafenfield and family

Eric Weiner and Arlene Godfrey Family Fund
 In Memory of:
 Bob Stein by Eric Weiner, Arlene Godfrey, Melissa and Laura

Feeding Fund
 In Memory of:
 Rose Taylor by Barbara Fine and Steve Levinson
 Leema Magidson by Barbara Fine and Steve Levinson

IN MEMORY OF:
 Rose Taylor by Claire and Irving Bercovitch; by Alvin and Monica Stein; by David and Glenda Moss; by Evelyn and Howard Silverman and family; by Bonnie, Bruce, Matthew, Hana and Sabrina Engel; and by Arlene and Gary Bonn
 Fran Greenblatt by Molly Hirsch and Eric Elkin; by Rosalie and Harold Schwartz; and by Cary and Ed Lander;
 Golda Treger by Ethel and David Malek; and by Golda and Ned Steiman
 Father of Laurence Wall by Ingrid Levitz; and by Golda and Ned Steinman
 Father of Russell Phillips by Sye Mincoff and Susan Heisel
 Sylvia Wiesenfeld by the Residents, Board and Staff of Hillel Lodge; by Judy Litvack; by Richard and Barbara Conway; by John and Holly Laskin; and by Andrea, John, Paul, Deepti, Gabriel and Camille Waxman
 Abe Rosenfeld by Faigy and Ted Resnick
 Sandy Eisen by Alvin and Monica Stein and family; by Ed and Betty Rose; and by Arlene and Gary Bonn
 Sy Gutmajer by Sam and Sandra Zunder
 Dara Lee Greenberg by Arlene and Gary Bonn
 Mollie Fine by Gail and Stuart Lawrence



THE LODGE EXPRESSES ITS SINCERE APPRECIATION FOR YOUR KIND SUPPORT
 AND APOLOGIZES FOR ANY ERRORS OR OMISSIONS. DUE TO SPACE LIMITATIONS, THE WORDING APPEARING
 IN THE BULLETIN IS NOT NECESSARILY THE WORDING WHICH APPEARED ON THE CARD.

GIVING IS RECEIVING – ATTRACTIVE CARDS AVAILABLE FOR ALL OCCASIONS

Here's a good opportunity to recognize an event or convey the appropriate sentiment to someone important to you and at the same time support the Lodge. Card orders may be given to Bev at 728-3900, extension 111, 8:30 a.m. to 4:30 p.m. Monday to Thursday, 8:30 a.m. to 3:30 p.m. Friday. You may also e-mail your orders to donations@hillel-ltc.com or on-line donations can be made through CanadaHelps.org. All orders must include name, address, postal code, and any message to person receiving the card; and, amount of donation, name, address and postal code of the person making the donation. Cards may be paid for by Visa, Mastercard, American Express, Cheque or Cash. Contributions are tax deductible.

No equivocation and no moral dilemma for Yael Ben-Dor

Jerusalem – “Are you sure you want to have your picture taken with a terrorist?” Yael Ben-Dor asks me with a twinkle in her eye.

I’ve just finished an audience with the diminutive octogenarian, who was a member of the extreme Lehi underground organization in the 1940s. I use the word *audience* rather than *interview*, because this formidable lady has been telling her story for decades, and it’s almost impossible to interrupt the rhythm of her narrative with anything as mundane as a question.

Yael – taken from the name of the Biblical woman who killed the captain of the Canaanites – is the nom de guerre of Ben-Dor, a third-generation Jerusalemite. She says people still describe her as “the daughter of Jerusalem” who joined the Lehi in 1944 when she was 14.

Lehi is an acronym for *Lochamei Herut Israel* (Fighters for the Freedom of Israel). The British preferred to call it the Stern Gang after its founder, Avraham Stern.

Stern believed the occupying British forces were as great an enemy to the Zionist state as the Nazis, because they refused to allow Jewish refugees to enter Israel, which meant a return to Europe and certain death for many.

In the early days of the movement, before it was widely known that the goal of Adolf Hitler’s Nazis was not the forced emigration of Jews but their extermination, Lehi leaders even met with representatives of Nazi Germany in late-1940 to explore the possibility of collaborating against the British and allowing European Jews to immigrate to what was then known as Palestine.

The Lehi’s aggressive methods drew the ire of the vastly larger and more moderate *Haganah* (the Hebrew word for defence), and of Menachem Begin’s *Irgun Tsvai Leumi* (National Military Organization), known to Israelis by its Hebrew acronym, Etzel.

Ben-Dor earned her stripes by delivering weapons to Lehi fighters. Her tiny stature and innocent appearance worked in her favour, as did the fact that the courtly British were reluctant to search women.



My Israel

Barbara Crook

Her first big assignment was to assassinate General Sir Evelyn Hugh Barker, commander of the British forces. Barker, who in a 1947 letter to his former Arab mistress described Jews as “loathsome people,” took a hard line against Jewish immigration into British Mandate Palestine, and advocated widespread use of capital punishment against Jewish militants.

For weeks, Ben-Dor tracked Barker’s movements by walking near his house with a baby carriage. But the plan to place a bomb inside a doll in the carriage was scuttled when Lehi leaders realized she would probably kill herself along with Barker.

Barker survived multiple assassination attempts, returned to England in 1947 – “He ran away,” Ben-Dor says with a sniff – and died of natural causes in 1983.

The encounter with Ben-Dor was part of my studies at Ulpan-Or, a remarkable Hebrew-language school that also immerses students in Israeli culture and history.

My studies on this trip to Israel have focused on some of the founders of Israel, from the 1920s to the establishment of the state in 1948.

I learned more about the *Yekkim*, the pejorative name for the German Jews who established my Jerusalem neighbourhood of Rehavia as a model German bourgeois community in the 1920s and 1930s, and about the life and career of Begin, who – like Lehi commander Yitzhak Shamir – later became prime minister.

I visited the Underground Prisoners Museum, where the

British imprisoned members of the Lehi, Etzel and Haganah, and where Lehi member Moshe Barzani and Etzel member Meir Feinstein pre-empted the Brits’ attempts to hang them by blowing themselves up with a grenade smuggled into the prison inside an orange.

The meeting with Ben-Dor and her quip about being a terrorist were stark reminders of the contentious history of this complicated land – a country that was the realization of a seemingly impossible dream, built with blood and sacrifice.

How could Jews kill other Jews who shared their goal of a Jewish homeland?

The Lehi killed Jews believed to be collaborating with the British. The Etzel killed Arab and Jewish civilians after the British repeatedly ignored warnings that the underground group had planted a series of bombs in British military headquarters at the King David Hotel.

In June 1948, the provisional Israeli government led by David Ben-Gurion ordered the newly formed Israel Defense Forces (IDF) to open fire on the ship *Altalena*, which was carrying weapons destined for Etzel, as well as refugees from Europe and Jewish fighters. Sixteen Jews from the ship and three IDF soldiers were killed in the shelling, which remains a dark chapter in the country’s history.

Were the members of the underground perpetrating acts of terror against the British, or attacking legitimate military targets?

These are the kinds of questions Israelis continue to debate today, and which I discussed at length with my young Hebrew teachers.

For Ben-Dor, the kindly grandmother figure with a backbone of steel, there is no equivocation and no moral dilemma.

“Young people today ask me why we used force,” she says with a shrug.

“It was use force or go to Auschwitz – that was how we saw the choice. I liked the word *conquer* better than I liked the word *Birkenau*.”

Sharon Abron Drache ‘sounds a softer and gentler note’

Barbara Klein-Muskrat then & now

By Sharon Abron Drache
Inanna Publications
184 pages

Barbara Klein-Muskrat then & now is a collection of interrelated stories about a fictional author that trace a growing awareness of life and its costs; of the sadness of lost love and its transformation into artistic expression.

Although there is still the satirical voice we have heard in much of the formerly Ottawa-based writer’s previous fiction, Sharon Abron Drache, through the persona of her fictional avatar, Barbara Klein-Muskrat, sounds a softer and gentler note. The satire is less sharp and pointed and there is a greater sympathy for the human weaknesses she pokes fun at. Indeed, much of the humour comes at the expense of the fictional author who, like Drache, is famous for her previous satires and send-ups.

While the humour can still be literally cutting, as the new personal assistant in “To Kill the Day” discovers, to me it seems less amusing than disconcerting.

But, in general, the stories are full of the kind of wistful sadness and regret – one could almost say wisdom – which



comes from reaching the age when children have grown up and left the family home while parents have already passed away. In many of these stories, the loss of love involves divorce or the death of a spouse, or both, as in “Dora Sapirstein, a.k.a. Besherta.” Perhaps this is simply the softening effect of memory as indicated by “then and now” in the book’s title.

In most of the stories, the spouse left alone is a woman of a certain age, although a few male characters have also suffered abandonment or loss. One cannot have female friends who were born in the mid-1940s to mid-1950s and not recognize the patterns of experience described in

these brief tales, moving from the combined aspirations of attaining a university degree and husband, to the desire for independence and equality, to the reality of becoming a single mother who has spent much time raising a family, and reaching success later in one’s career.

In “Global Warming,” her penultimate story, the fictional Klein-Muskrat highlights this common fate when sitting behind her ex-husband and his new spouse: “I had no significant other to nudge, except my first neighbour in a line of four female friends to my right, sitting stiffly like a chain link fence, each with her own respective good and bad

Book Review

Rubin Friedman

memories of being half a married couple, before divorce or premature death.”

Other stories, such as “Creeping,” touch on the loss of parents, or, as in “Ruhama Fishbein and me,” the memory of a favoured childhood, when hope could be limitless, in comparison to the present, when reality forces us to make compromises and one can only wonder how others have managed to live life without appearing to have done so.

One compromise occurs in “Global Warming” as Klein-Muskrat comes to a kind of warming toward her ex-husband and his new wife, once her own best friend who betrayed her. Perhaps, there is even warming toward herself, even though, in the end, she finds a way to assert her own identity in the face of her ex-husband and his wife. Her last words in this story are “addressed only to my husband emeritus, ‘Give *our* sons my love.’”

Yet, the arc of the stories comes to both an ironic and triumphant end in the finale story, “Picture Perfect,” as the narrator realizes “this kind of publication might not advance my literary reputation,” but that “it would certainly help pay for the interior decorating I was planning to do.”

Like Drache, the fictional Klein-Muskrat lived in Ottawa for many years and many readers will enjoy the local colour to some of the stories.

'I no longer understand what "stand with Israel" means'

When I get weekly updates from my synagogue, the first thing I notice is a banner headline, "WE STAND WITH ISRAEL!" all in bright blue. I admit to certain confusion over what it means, as a Diaspora Jew, to "stand with Israel" these days. Today, Israel appears to be fighting for its very soul. The Jewish and democratic Israel we've long supported seems to be crumbling, and one Israel may soon win out over the other.

Dani Dayan's op-ed in the *New York Times* ("Israel's Settlers Are Here to Stay," July 25, 2012) was a game-changer for how Israeli-Palestinian peace prospects are being talked about.

Dayan, who was chair of the Yesha Council of Jewish Communities in Judea and Samaria when he wrote the op-ed – he recently resigned to openly support Benjamin Netanyahu and Likud-Yisrael Beiteinu in the Israeli election – sees the opportunity for a two-state solution as having expired and that Western governments should realize the settlers are here to stay.

"They should acknowledge that no final-status solution is imminent," Dayan wrote.

"Checkpoints are a necessity only if terror exists; otherwise, there should be full freedom of movement," he added.

Dayan's statement is chilling. He is not talking about the



Values, Ethics, Community

Mira Sucharov

kind of security checks we are all subjected to in Canada – at airports or border crossings, for example. He is talking about the permanent entrenchment of IDF military rule over Palestinian daily life. Call it whatever sounds appealing enough, but democracy it is surely not.

Since Dayan's op-ed appeared, there is a new darling of the Israeli right: Naftali Bennett, a high-tech multimillionaire, child of American-born parents, reserve soldier in the elite unit Sayeret Matkal, and subject of a feature by David Remnick in the January 21 issue of *The New Yorker* ("Letter from Jerusalem: The Party Faithful"). By the time you read this, the coalition will just be forming, and it remains to be seen what role Bennett and his Jewish Home party will play in the new Knesset.

Bennett has a similar vision to Dayan's, if one that sounds a little more palatable on its face: Annex Area C of the West Bank, where the Israeli settlers live, and offer the tens of thousands of Palestinians in that area Israeli citizenship. Bennett predicts they will refuse the citizenship offer.

As Remnick describes it, "He intends to annex most of the West Bank and let Arab cities like Ramallah, Nablus, and Jenin be 'self-governing' but 'under Israeli security.'"

Bennett has also said, "I will do everything in my power, forever, to fight against a Palestinian state being founded in

the Land of Israel."

The ironic thing is that, in flinging away the only pragmatic option, that of a two-state solution, figures like Dayan and Bennett are unintentionally joining forces with many of Israel's harshest critics. We know that activists within the Boycott, Divestment and Sanction movement call for a one-state solution. By this they mean that all the land between the Mediterranean and the Jordan River will be one entity, with every person living together as equal citizens in one country. All four million Palestinian refugees would be allowed to return, if they so wished.

This, of course, means that Israel, as we know it, would cease to exist. The dream of the Jewish and democratic state that Herzl articulated so eloquently would be extinguished once and for all.

Under the vision of these one-staters, Israel would remain democratic, but would cease to be Jewish. Under Dayan and Bennett's vision, the country would remain officially Jewish, but certainly not democratic.

I know thousands of my fellow Ottawa Jews care about Israel. Our official umbrella arms, like the Jewish Federation of Ottawa and the Centre for Israel and Jewish Affairs, could be more forthright in declaring their commitment to a Jewish and democratic Israel. We can introduce the topic over the family Shabbat table. Our rabbis could speak out more often from the pulpit. To my mind, the time is overdue for the community to state clearly and equivocally that it wants Israel to remain both Jewish and democratic, and to demonstrate what it is going to do toward that end.

I no longer understand what "stand with Israel" means. Which Israel are we standing with? Or, maybe, we should be asking, "Will the real Israel please stand up?"

Mira Sucharov, an associate professor of political science at Carleton University, blogs at Haaretz.com.

**Please support our advertisers
and tell them you saw
their advertisement
in the
Ottawa Jewish Bulletin!**

Torah Academy of Ottawa honours Rabbi Yona & Chaya Raizy Burr



*Monday, March 4, 2013
at CentrepoinTE Studio Theatre
101 CentrepoinTE Drive*

6:30 pm VIP Cocktail Dinner/Dessert Reception \$100

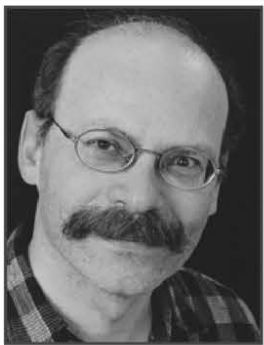
7:45 pm Main Event

Program & Dessert Reception only \$36

For information call 613-274-0110
or email torahacademyottawa@gmail.com

Montreal Yiddish Theatre Singers

STARRING



Sam Stein



Aron Gonshor



Lisa Rubin



Michelle Heisler



Karen Karpman

Enjoy a *freilach* afternoon of Broadway and Yiddish Theatre tunes sung by the Montreal Yiddish Theatre Singers – all long time singers/actors from Montreal's Dora Wasserman Yiddish Theatre. In Yiddish and English.

Followed by the presentation of the Ethel Cooper Yiddish Award of Excellence by Rebecca Margolis – Assistant Professor, Vered Jewish Canadian Studies Program at the University of Ottawa.

Sunday, March 10

2:00 pm – 4:00 pm

General Admission: \$15



Contact Roslyn Brozovsky Wollock (613) 798-9818 x254 • rwollock@jccottawa.com

Elements of Acting

with Playwright, Actor, Director: Pierre Brault

March 3 - April 28

Sunday 10:00 am – 12:00pm

\$120 M • \$140 NM

Learn to use your body and voice as instruments to better communicate ideas and to feel more relaxed when speaking in front of a crowd. Elementary acting exercises, group discussion and performance will help you tap into the thespian within.



Contact Roslyn Brozovsky Wollock (613) 798-9818 x254 • rwollock@jccottawa.com

Safety Classes with Kidproof Canada

NEVER BEE LOST - AGE 5-7

This 1 hour workshop, teaches kids steps to stay safe, if they become lost or separated from their parents or caregiver. What a child does and most importantly how prepared they are for the situation can make the difference in their overall safety.

February 10 • 1:00 pm - 2:00 pm
\$30 M • \$40 NM

STRANGER SMARTS - AGE 8+

A dynamic, non-threatening program that teaches students how to make safe choices when approached by strangers.

February 10 • 2:00 pm - 4:00 pm
\$35 M • \$45 NM

BABYSITTING – (with First Aid) Age 11+

This class is designed to increase confidence and provide the hands on experience and skills that are needed to be a great babysitter. Please bring a doll big enough for diapering, a pen and notebook.

March 11 • 9:00 am – 4:00 pm
\$75 M • \$90 NM

AT HOME ALONE (with First Aid) - AGE 10+

This popular entertaining workshop is designed to prepare children to be home alone. Important skills are learned through interactive lessons and role play and help make you and your child more confident when they are home alone. Emergency first-aid is also taught along with how to respond to medical emergencies.

March 25 • 1:00 pm – 3:00 pm
\$35 M • \$45 NM



Contact Gail Lief (613) 798-9818 x243 • glieff@jccottawa.com

Ganon Preschool

2013/2014 School Year Registration Dates

Wednesday, February 20 - Wednesday, March 6

Registration for Soloway JCC members currently enrolled in Ganon.

Wednesday, March 6 - Wednesday March 20

Registration for Soloway JCC members and non members who are currently enrolled in Ganon.

Wednesday, March 20 - Open Registration.

For more information please contact Ganon Preschool Director Lauren Lee (613) 798-9818 ext. 280 • ganon@jccottawa.com



Mitzvah Day

Soloway JCC Mitzvah Day MEMBERSHIP — DEAL —

Come into the SJCC any time between 8:00 am – 8:00 pm on **Mitzvah Day Sunday, February 10** and **save 18%** on an Annual Membership in any category.

Must not have been an annual member in the past 12 months.



Contact Membership Director Patrice Berdowski (613) 798-9818 ext. 233, pberdowski@jccottawa.com

FOUNDATION DONATIONS

Our future is in your hands

To make a donation
and/or send a tribute card,
call Jessica Borenstein
(613-798-4696 ext. 274)
e-mail: donation@ojcf.ca
website: www.OJCF.ca



OTTAWA JEWISH
COMMUNITY FOUNDATION

Join us in building our community by supporting these local agencies

AJA 50+ ENDOWMENT FUND

In Memory of:

Toba Gunner by Leonard Shore and Jane Mirsky.

GREENBERG FAMILIES LIBRARY FUND

In Memory of:

Rose Taylor by Roger Greenberg and Cindy Feingold.

HILLEL ACADEMY ENDOWMENT FUND

In Memory of:

Rose Taylor by Jackie, David, Rachel and Zev Lyman.

OTTAWA JEWISH COMMUNITY ENDOWMENT FUND

Condolences to:

Blanche Panet and family on the loss of their dear father, Aron, by Cindi and Mark Resnick and family.

SHIRLEY AND SHIER BERMAN FUND FOR OTTAWA JEWISH ARCHIVES

In Memory of:

Dr. Mark Ben Zion Wall by Shirley and Shier Berman.

AJA 50+ DAVID SMITH OTTAWA JEWISH COMMUNITY SCHOOL SCHOLARSHIP FUND

AKIVA EVENING HIGH SCHOOL ENDOWMENT FUND

ADINA BEN PORAT MACHON SARAH TORAH EDUCATION FUND

DORIS BRONSTEIN TALMUD TORAH AFTERNOON SCHOOL FUND

BARRY FISHMAN OTTAWA JEWISH BULLETIN SCHOLARSHIP FUND

MARTIN GLATT PARLIAMENT LODGE B'NAI BRITH PAST PRESIDENTS' FUND

MENDEL AND VALERIE GOOD HOLOCAUST

CONTINUING EDUCATION FUND

HILLEL ACADEMY CHILDREN OF THE BOOK AWARD FUND

HILLEL LODGE LEGACY FUND

JEWISH COMMUNITY CEMETERY HOLOCAUST MEMORIAL FUND

JEWISH FAMILY SERVICES AGENCY FUND

JEWISH MEN'S SOFTBALL LEAGUE FUND

JEWISH STUDENTS ASSOCIATION - HILLEL FUND

JEWISH YOUTH LIBRARY OF OTTAWA ENDOWMENT FUND

DAVID "THE BEAR" KARDASH CAMP B'NAI BRITH MEMORIAL FUND

OTTAWA JEWISH CEMETERIES ZICHARON FUND

OTTAWA JEWISH HISTORICAL SOCIETY FUND

OTTAWA LODGE B'NAI BRITH #885 PAST PRESIDENTS FUND

OTTAWA LODGE B'NAI BRITH #885 PRESIDENTS SCHOLARSHIP FUND

OTTAWA MODERN JEWISH SCHOOL FUND

OTTAWA POST JEWISH WAR VETERANS FUND

OTTAWA TORAH INSTITUTE TORAH EDUCATION FUND

PINCHAS ZUKERMAN MUSIC EDUCATION FUND

RAMBAM MAIMONIDES JEWISH CONTINUITY FUND

SOLOWAY JEWISH COMMUNITY CENTRE EARLY CHILDHOOD EDUCATION FUND

SOLOWAY JEWISH COMMUNITY SUMMER CAMP SCHOLARSHIP FUND

SOLOWAY JEWISH COMMUNITY CENTRE ENDOWMENT FUND

SOLOWAY JEWISH COMMUNITY CENTRE YOUTH SERVICES FUND

TORAH ACADEMY OF OTTAWA TORAH EDUCATION FUND

SARA AND ZEEV VERED ISRAEL CULTURAL PROGRAM FUND

YITZHAK RABIN HIGH SCHOOL FUND IN MEMORY OF EVA WINTHROP

The Board of Directors of the Ottawa Jewish Community Foundation acknowledges with thanks contributions to the following funds as of January 14, 2013.

ABELSON FAMILY ENDOWMENT FUND

In Memory of:

Leo Cook by Tracey Kronick.
Sandy Eisen by Tracey Kronick.
Greg Hebert by Tracey Kronick.
Rose Taylor by Tracey Kronick and Alan Abelson.

MARY AND ISRAEL (AL) ALLICE MEMORIAL FUND

In Memory of:

Rose Taylor by Beverly and Irving Swedko.

APPOTIVE FAMILY ENDOWMENT FUND

Condolences to:

Barbara Solomon and family on the loss of her dear father by Jeff and Sharon Appotive.

In Memory of:

Johnny Shenker by Fruma Appotive, Enid and Karl Brot, Eric Appotive and families; and by Carolyn and Stephen Appotive and family.

ANNE AND LOUIS ARRON MEMORIAL FUND

In Memory of:

Sandy Eisen by Daphne and Stanley Arron.

R'fuah Sh'leimah to:

Ruth Viner by Daphne and Stanley Arron.

IRVING AND ESTHER BELLMAN MEMORIAL FUND

In Memory of:

Rose Taylor by Joyce and Seymour Bellman.

JAMIE BEREZIN ENDOWMENT FUND

In Memory of:

Ed Gaerber by Shelley, Gary and Jamie Berezin; and by Joe Jacobson.

Jack Steinberg by Shelley, Gary and Jamie Berezin.

RONALD BODNOFF MEMORIAL FUND

In Observance of the Yahrzeit of:

Doris Torontow by Rhoda Bodnoff.

MAX AND MARCIA BORDELAY MEMORIAL FUND

In Observance of the Yahrzeit of:

Marsha Bordelay by Corinne Berman and Jeffrey Zacks and family.

SAM AND ANN BROZOVSKY ENDOWMENT FUND

In Memory of:

Rose Taylor by Ann Brozovsky.

TILLIE AND HARRY CHERM MEMORIAL FUND

Birthday Wishes to:

Sylvia Kaiman by Donald Cherm and Robert Lebas.

ARTHUR AND LINDA COGAN FUND FOR YOUNG WOMEN'S LEADERSHIP

In Memory of:

Sandy Eisen by Leonard Shore and Jane Mirsky; by Evelyn Greenberg; by Rochelle Gordon; and by Stan and Libby Katz.

DAVID AND QUEENIE COHEN MEMORIAL FUND

In Observance of the Yahrzeit of:

David Cohen by David and Judith Kalin.

SANDI AND EDDY COOK ENDOWMENT FUND

In Memory of:

Greg Hebert by Sandi and Eddy Cook and family.

Percy Pozitsky by Sandi and Eddy Cook and family.

Jack Steinberg by Sandi and Eddy Cook and family.

Mazal Tov to:

Sheila and Larry Hartman on the birth of their granddaughter, Sophia, by Sandi and Eddy Cook and family.

NATHAN AND REBA DIENER ENDOWMENT FUND

In Memory of:

Rose Taylor by Reba Diener.

CYNTHIA AND ABE ENGEL ENDOWMENT FUND

In Memory of:

Rose Taylor by Cynthia Engel and family.

KATIE ELLEN FARBER MEMORIAL FUND

In Memory of:

Jack Steinberg by Izzy Farber.

ELLEN AND RAHAMIM FATHI ENDOWMENT FUND

In Memory of:

Rose Taylor by Ellen and Ray Fathi and family.

Mazal Tov to:

Dr. Leslie and Vera Klein on the engagement of their son, Mikey, to Leslie Feldman by Ellen and Ray Fathi and family.

R'fuah Sh'leimah to:

Ray Fathi by Brandon, Tyler and Aaron Fathi.

SAM AND SUSAN FIRESTONE ENDOWMENT FUND

In Memory of:

Sandy Eisen by Sam and Susan Firestone.
Rose Taylor by Sam and Susan Firestone.

ALFRED AND KAYSA FRIEDMAN ENDOWMENT FUND

In Memory of:

Rose Taylor by Alfred and Kaysa Friedman.

JACK AND GERT GOLDSTEIN MEMORIAL FUND

In Memory of:

Rose Taylor by Allen and Diane Abramson.

BEN (BERCHIK) AND IDA GREENBERG MEMORIAL FUND

In Memory of:

Jack Steinberg by Ellen and Marty Cardash.

LAURA AND MILTON GREENBERG FAMILY FOUNDATION

In Memory of:

Jack Steinberg by Laura Greenberg and family.
Rose Taylor by Laura Greenberg.

GROSSMAN KLEIN FAMILIES FUND

In Memory of:

Leo Cook by Vera and Leslie Klein and family.

Leema Magidson by Vera and Leslie Klein and family.
Eva Zidulka by Vera and Leslie Klein and family.

REBECCA AND CHARLES GUSSMAN MEMORIAL FUND
In Memory of:
Senator Laurier LaPierre by Natalie and Tom Gussman.
Rose Taylor by Natalie and Tom Gussman.

LARRY AND SHEILA HARTMAN ENDOWMENT FUND
In Memory of:
Sandy Eisen by Sheila and Larry Hartman.

HY AND PAULINE HOCHBERG ENDOWMENT FUND
In Memory of:
Rose Taylor by Pauline Hochberg.
Mazal Tov to:
Brian Hochberg on receiving the Queen Elizabeth II Diamond Jubilee Medal by Pauline Hochberg; by Lawrence, Lisa, Jaime and Michael Sklar; and by Leslie and Hailey Hochberg.

In Observance of the Yahrzeit of:
Hy Hochberg, a beloved husband, father and grandfather, by Pauline Hochberg and family.

DOROTHY AND HY HYMES ENDOWMENT FUND
Birthday Wishes to:
Zelda Freedman by Dorothy Hymes.
In Memory of:
Sandy Eisen by Dorothy Hymes.

Jack Steinberg by Dorothy Hymes.
Rose Taylor by Dorothy Hymes.
R’fuah Sh’leimah to:
Ruth Viner by Dorothy Hymes.

JEREMY KANTER MEMORIAL FUND
In Memory of:
Rose Taylor by Evelyn Eisenberg.

MOE AND ESTHER KARDISH ENDOWMENT FUND
In Memory of:
Rose Taylor by Moe Kardish.

SAMUEL AND TILLIE KARDISH MEMORIAL FUND
In Memory of:
Jack Steinberg by Cheryl Kardish-Levitan and Brian Levitan.
Rose Taylor by Cheryl Kardish-Levitan and Brian Levitan.

ARTHUR AND SARAH KIMMEL MEMORIAL FUND
In Memory of:
Eugene Krusch by Roslyn and Arnie Kimmel and family.

PHILLIP AND ETTIE KIMMEL MEMORIAL FUND
In Memory of:
Rose Taylor by Stan Kimmel.

SHARON KOFFMAN ATHLETIC SCHOLARSHIP FUND
In Memory of:
Frances Greenblatt by Sandra Zagon.
Sam Yanover by Ken and Tina Koffman.

KRANTZBERG KRANE FAMILY FUND
Birthday Wishes to:
Evelyn Krane by Karla Maryne Krane.
Margaret Felewelling by Evelyn Krane.
Good Wishes to:
Marilyn and Dan Baldor on their new home by Myra and Sam Krane.

ANNICE AND SYDNEY KRONICK FAMILY FUND
In Memory of:
Greg Hebert by Sydney Kronick and Barbara Sugarman.

ISSIE AND EDITH LANDAU ENDOWMENT FUND
In Memory of:
Jack Steinberg by Edie Landau.

NORMAN AND ISABEL LESH ENDOWMENT FUND
In Memory of:
Senator Laurier LaPierre by Norman and Isabel Lesh.
Rose Taylor by Norman and Isabel Lesh.

SALLY AND ELLIOTT LEVITAN ENDOWMENT FUND
In Memory of:
Leema Magidson by Sally and Elliott Levitan.
Sandy Eisen by Sally and Elliott Levitan.
R’fuah Sh’leimah to:
Ruth Viner by Sally and Elliott Levitan.

JOHN AND ESTELLE LIBERMAN ENDOWMENT FUND
Condolences to:
Dr. Bryan and Denise Zidel by John and Estelle Liberman.
Sheina Zidel on the loss of her dear granddaughter by John and Estelle Liberman.
R’fuah Sh’leimah to:
Ruth Soloway by John and Estelle Liberman.

JOSEPH AND EVELYN LIEFF ENDOWMENT FUND
In Memory of:
Jack Steinberg by Evelyn Lieff.
Rose Taylor by Evelyn Lieff.

DAVID LOEB FAMILY FUND
In Memory of:
Rose Taylor by David and Adele Loeb.

SAMUEL AND LEEMA MAGIDSON ENDOWMENT FUND
In Memory of:
Leema Magidson by Sharon and Harvey Segal; by Ruth Frisch; by Leonard Shore and Jane Mirsky; by Anabel M. Louis; by Barbara Saipe and Terry Saltsman; by Merle Gencher; by Charles E. Flam; by Diane and Morrie Cohen; by Naomi Mazer and Western Hillel; by Diane and Allen Abramson; by Sandy and Murray Ages; by Fran and Stan Ages; by Myra and Lester Aronson; by Daphne and Stan Arron; by Lauren and Sam Bell and family; by Rena and Jim Borovay; by Hana and Gerry Cammy; by Anna and Ron Cantor; by Antoinette Capelle; by Donna and Bernie Dolansky; by Barbara and Len Farber; by Liisa Vexler and Derek Firth; by Sharon Rosentzweig and Alan Freed; by Steven and Rosalyn Fremeth; by Norman and Arlene Glube; by Ernie and Ray Goldstein; by Enid and Jeff Gould; by Sheila and Larry Hartman; by Judi Hoffman; by Elissa and Avraham Iny; by Gail and Carman Joynt; by Laraine and Victor

Kaminsky; by Carol and Ralph Kassie; by Agnes Laing and Jack Lehrer; by Ingrid Levitz; by Marieta and Barry Lithwick; by Norton Lithwick and Adele; by Vicki and Earl Weiss; by Flory and Bob Cohen; by Yvonne and Harvey Lithwick; by Monique and Irwin Lithwick; by Mary-Belle and Gerry Pulvermacher; by Liz and Allan Schwartz; by Howie Smolkin and Annice Kronick Smolkin; by Francoise and Ron Vexler; by Marion Vexler; by Trudy and Sheldon Wiseman; and by Fred & Adele Simon.

RHODA AND JEFFREY MILLER FAMILY FUND
In Memory of:
Greg Hebert by Rhoda and Jeffrey Miller.

JEAN AND MAX NAEMARK ENDOWMENT FUND
Birthday Wishes to:
Cathy Torontow by Jean Naemark.

PERCY AND SHELLEY OSTROFF FAMILY FUND
In Memory of:
Rose Taylor by Percy and Shelley Ostroff.

RICKIE AND MARTIN SASLOVE FAMILY FUND
R’fuah Sh’leimah to:
Brenda Levine by Rickie and Martin Saslove.

AL AND BETTY SEGAL MEMORIAL FUND
In Memory of:
Percy Pozitsky by Ned and Gail Segal and family.
Jack Steinberg by Ned and Gail Segal and family.
R’fuah Sh’leimah to:
Al Bottner by Ned and Gail Segal and family.

ABRAHAM AND MARY SHAFFER MEMORIAL FUND
In Observance of the Yahrzeit of:
Mary Shaffer, a dear mother, by Sheldon and Sonia Shaffer.

JACK AND SARAH SILVERSTEIN FAMILY ENDOWMENT FUND
In Memory of:
Frances Greenblatt by Jack and Sarah Silverstein.

STELLA AND LOUIS SLACK MEMORIAL FUND
Anniversary Wishes to:
Myra and Lester Aronson by Barbara and Len Farber.

SAM AND SUE SLACK ENDOWMENT FUND
In Memory of:
Toba Gunner by David, Sharon, Ryan, Jaye and Brody Appotive; and by Joy, Seymour, Jess, David and Jared Mender.
Senator Laurier LaPierre by David, Sharon, Ryan, Jaye and Brody Appotive; and by Joy, Seymour, Jess, David and Jared Mender.

JACK AND LINDA SMITH ENDOWMENT FUND
In Memory of:
Rose Taylor by Linda Smith and family.

Ottawa Jewish Community Foundation Legacy Challenge Fund



Everyone has the ability to create a Jewish legacy

The **OJCF Legacy Challenge** asks you to consider making a gift to the Foundation in your estate plans and wills. Leaving a gift in a will or as part of your estate plans helps ensure the vibrancy and long-term sustainability of our community for years to come, creating a lasting and personal legacy.

The **OJCF Legacy Challenge** is your chance to personally commit to the ongoing growth and vitality of our shared community. We hope you will accept this challenge.

What is the OJCF Legacy Challenge Fund?

If you decide to name the Ottawa Jewish Community Foun-

dation as recipient of a bequest through your will, the **OJCF Legacy Challenge Fund** will pay for the professional/legal services to help create this bequest or codicil up to a maximum of \$1,000.

Who is eligible?

All donors choosing to leave \$10,000 (or more) or 1% (or more) of their estate to the Ottawa Jewish Community Foundation are eligible to participate in the OJCF Legacy Challenge.

For more information on how this challenge program works, please visit www.OJCF.ca or contact Jared Isaacson at 613-798-4696 extension 248 or email jisaacson@ojcf.ca.

FOUNDATION DONATIONS

DORIS AND RICHARD STERN FAMILY FUND

Birthday Wishes to:

Michael Molot by Doris and Richard Stern.

In Memory of:

Sandy Eisen by Doris and Richard Stern.

Mazal Tov to:

Debbie and Ed Glina on the birth of their granddaughter by Doris and Richard Stern.

SALLY AND MAX TALLER FAMILY FUND

In Memory of:

Rose Taylor by Sally Taller.

THE TARANTOUR FAMILY FUND

In Memory of:

Rose Taylor by Ann Lazear and family.

CHARLES AND ROSE TAYLOR ENDOWMENT FUND

In Memory of:

Rose Taylor by Bernie and Donna Dolansky; by Jack and Sarah Silverstein; by Ann-Lynn, David, Diana and Lauren Rapoport; by Mitchell Bellman and Nicola Hamer; by the Board and Staff of the Jewish Federation of Ottawa and the Ottawa Jewish Community Foundation; by Daniel and Marilyn Kimmel; by Leonard Shore and Jane Mirsky; by Sam and Roberta Goldmaker; by Ellen, Marty and Sharon Cardash; by Evelyn Greenberg; by Anita and Mendel Shore; and by Roslyn and Arnie Kimmel and family.

CHICK AND ROSE TAYLOR (WEINBERG) ENDOWMENT FUND

In Memory of:

Rose Taylor by Steven and Hildy Lesh.

MOSES, CHENYA AND HENRY TORONTOW MEMORIAL FUND

Birthday Wishes to:

Beatrice Torontow by Jean Naemark.

MIRIAM AND LOUIS WEINER ENDOWMENT FUND

In Memory of:

Jack Steinberg by Miriam Weiner.

Rose Taylor by Miriam Weiner.

MILDRED AND PERCY WEINSTEIN ENDOWMENT FUND

In Memory of:

Sandy Eisen by Millie Weinstein.

HALTON/WEISS FAMILY FUND

In Memory of:

Sandy Eisen by Debbie Halton-Weiss and Ron Weiss.

Rose Taylor by Debbie Halton-Weiss and Ron Weiss.

Mazal Tov to:

Shelley Rothman on becoming a grandmother by Debbie Halton-Weiss and Ron Weiss.

IRVING AND DIANE WEXLER FAMILY FUND

Birthday Wishes to:

Diane Wexler by Dorothy and Bernie Tonchin.

ZIPES KARANOFSKY FAMILY ENDOWMENT FUND

Anniversary Wishes to:

Dr. Victor and Laraine Kaminsky on their 45th anniversary by Rick and Helen Zipes.

In Memory of:

Jack Steinberg by Rick and Helen Zipes.

Mazal Tov to:

Deborah and Howard Krebs on the birth of their granddaughter, Emily, by Rick and Helen Zipes.

Heather and Len Ritter on the engagement of their son, Mitchell to Shauna by Rick and Helen Zipes.

PINCHAS ZUKERMAN MUSICAL EDUCATION FUND

R'fuah Sh'leimah to:

Steve Feder by Grace and Irving Dardick.

THE WOMEN'S COLLECTIVE PHILANTHROPY PROGRAM

Providing support for services and programs that directly benefit women and children.

WOMEN'S COLLECTIVE ENDOWMENT FUND

In Appreciation to:

Linda and Steven Kerzner by Rhoda, Joe and

Josh Levitan.

In Memory of:

Sandy Eisen by Rhoda, Joe and Yoni Levitan.

Harold Gordon by Barbara Goldberg.

Rose Taylor by Rhoda, Joe, Shayna, Yoni and Josh Levitan.

Dr. Mark Ben Zion Wall by Diane Koven.

Mazal Tov to:

Shelley Rothman on becoming a Bubby by Rhoda, Joe, Shayna, Yoni and Josh Levitan.

Bernie Rabinovitch on becoming a Zaidy by Rhoda and Joe Levitan.

R'fuah Sh'leimah to:

Viviane Ohana-Sandler by Diane Koven.

THE SAUL AND EDNA GOLDFARB B'NAI MITZVAH PROGRAM

RYAN GOLDBERG

B'NAI MITZVAH FUND

Birthday Wishes to:

Harold Shizgal by Ernie, Reva, Robyn and Ryan Goldberg.

In Memory of:

Frances Greenblatt by Ernie and Reva Goldberg.

Jack Steinberg by Len and Mary Potechin; and by Ernie and Reva Goldberg.

Rose Taylor by Len and Mary Potechin.

LIEFF FAMILY

B'NAI MITZVAH FUND

In Memory of:

Sandy Eisen by Francie and Norman Lieff.

Rose Taylor by Francie and Norman Lieff.

R'Fuah Sh'leimah to:

Ruth Viner by Francie and Norman Lieff.

EYAL PODOLSKY B'NAI MITZVAH FUND

In Memory of:

Rose Taylor by Rony and Dekel Podolsky and family.

TOM PODOLSKY B'NAI MITZVAH FUND

In Appreciation to:

Issie Scarowsky by Rony and Dekel Podolsky and family.

DAHLIA AND ZACHARY SHABSOVE B'NAI MITZVAH FUND

In Memory of:

Rose Taylor by Chuck and Adrienne Shabsove and family.

Mollie Fine by Chuck and Adrienne Shabsove and family.

ZACHARY SILBER B'NAI MITZVAH FUND

In Memory of:

Dr. Mark Ben Zion Wall by Lawrence and Shari Silber.

Contributions may be made online at www.OJCF.ca or by contacting Jessica Borenstein at 613-798-4696 extension 274, Monday to Friday or by email at donation@ojcf.ca. Attractive cards are sent to convey the appropriate sentiments. All donations are acknowledged with a charitable receipt. We accept Visa, MasterCard and Amex.

 *McGarry Family Ltd.*
Hulse, Playfair & McGarry
Funeral Services

“Serving the Jewish Community since 1925”



Brian McGarry Patrick McGarry Sharon McGarry Ivan Silverman

Call Us With Confidence...

Charles Hulse & Brian McGarry, proud recipients of Ottawa's B'nai Brith

613-233-1143 www.mcgarryfamily.ca

**Donating made easy at
www.OJCF.ca**

**Donations can be made
for all occasions
and life-cycle events.**

**Use our online donation form to send
one or multiple tribute cards
to your friends and loved ones
in one secure transaction.**

**Charitable receipts are issued and sent directly
to your email account.**

Try it TODAY!

**ottawa
jewish
bulletin**



Subscription about to lapse?

RENEW TODAY!

**Call 613-798-4696,
ext. 256 or 242**

The benefits of water-based exercise

My first memory of swimming goes back to 1969. I was standing at the edge of the deep end of the pool. It was my first swimming lesson. “Jump in!” beckoned the instructor. She promised to catch me. I was terrified. One by one, the other kids jumped in. I finally took a leap of faith and followed. My fear was reinforced when my head plummeted underwater. I felt like I was drowning. I never set foot in that pool again. It would be several years until I conquered my fear and learned how to swim at Camp B’nai Brith of Montreal.

Swimming has never been my passion. I swim like a frog – a very slow one. I must admit I enjoy hanging out in a pool when I’m vacationing at a resort. I’m highly motivated to participate in water aerobics classes when there’s a buff male instructor and a swim-up bar.

So, when I received an email from a reader suggesting I write an article about swimming, I decided to put my personal views aside and expand on the topic. Because I’m neither a swimming coach nor an aquafit instructor, I did some research on the benefits of exercising in water.

Firstly, it reduces the pressure on your joints. The more submerged you are, the less impact stress your body puts on your skeleton as you move. When you’re in water up to your waist, your body bears 50 per cent of your weight; up to your chest is 25 to 35 per cent and up to your neck is just 10 per cent. For this reason, working out in the pool is especially suited to people who have arthritis, are recovering from an injury, obese, pregnant, post-partum or elderly.

With your doctor’s approval, water exercise can enable you to continue to stay fit or get fit while protecting vulnerable joints. One of my clients is awaiting hip replace-

ment surgery and experiences great pain. I conduct some of his one-on-one training sessions at the pool so that he can exercise his lower body more comfortably.

Thinking about trying a water aerobics class? Don’t worry if you’re not much of a swimmer. You can wear a floatation belt in deep water or perform the exercises while standing in chest-deep water.

Water aerobics is not solely for older or overweight people. That’s a stereotype. Even the most athletic people can get a vigorous workout doing water aerobics.

Water aerobics is a form of cardiovascular exercise that’s also suitable for people who’ve completed cardiac rehabilitation and are looking for an ongoing activity and social support.

Moving in different directions through water provides resistance for strengthening muscles and toning your body. Unlike many exercise machines that isolate a muscle group, in the water you’re engaging many muscle groups simultaneously. As you move your limbs in a wide range of motion, you improve flexibility.

The pool isn’t just for swimming or water aerobics. You can walk, jog, do yoga or tai chi and get additional health benefits compared to doing these activities on land.

The moisture in the air in an indoor pool area can help alleviate symptoms of asthma. People with respiratory problems can benefit from exercising in chest deep water because the chest muscles strengthen from the pressure of the water and this, in turn, facilitates taking in a greater volume of air when you’re back on land.

According to the Canadian Aquafitness Leaders Alliance Inc. (calainc.org), hydrostatic pressure has many other ben-



Focus on Fitness

Gloria Schwartz

efits including reducing swelling of limbs or joints and improving blood flow back to the heart. In addition, the currents in the water promote circulation and make you engage your core muscles for stability.

In the course of my research, I came across a fascinating study conducted in 2009 by Steven Blair at the University of South Carolina. The study followed more than 40,000 men aged 20 to 90 for 32 years and concluded that those who swam, regardless of age, had a 50 per cent lower death rate during this period than runners, walkers or inactive men. The regular swimmers had better cardiorespiratory fitness than walkers and runners. The author believes the same benefits would apply to women.

Now that I’m more aware of the benefits of water-based exercise – and I hope you are too – I might start visiting the pool. I think the addition of some aquatic workouts would be great for cross-training. I’ll just have to use my imagination and pretend I’m under a blue Cancun sky and that my post-swim decaf latté is a piña colada.

Gloria Schwartz is a certified personal trainer at the Soloway JCC.

Practising tolerance ‘one step, one tweet or one Facebook status update at a time’

We’ve all said something and immediately wished we could take it back. For my generation, putting your foot in your mouth has gone digital.

Although computers – unlike our mouths – come with a delete button, it’s sometimes too late to retract something you type, especially if you’re in the public eye.

A tweet by Zane Colt, citywide president of the Israel Awareness Committee (IAC) and undergraduate representative to the Carleton University Board of Governors, has been stirring up controversy.

On January 8, he tweeted: “It frustrated me that it takes < 30 seconds from the moment I step off the bus until I see my first keffiyeh on campus. #israeladvocacy”

A keffiyeh is a Palestinian headscarf.

Shortly thereafter, a screenshot of the tweet was making its way around the social media world and many students were not happy. In fact, they were offended. They took to Facebook and Twitter in response, calling the tweet, and the person behind it, “disgusting” and “racist.”

But it didn’t stop there. An online petition began to circulate in attempt to impeach Colt from the Board of Governors. By January 17, the petition had collected 1,061 signatures.

On January 10, a couple of days after the initial tweet, Colt released an apology via Facebook:

“On Tuesday I tweeted a thoughtless remark that reflected my interpretation of the keffiyeh as a political statement against Israel. Since then, I have come to see that others view



Campus Life

Ilana Belfer

the keffiyeh as simply a cultural symbol, and that my statement deeply offended them ... I apologize deeply to everyone whom I have offended.”

Colt also stressed his belief in a “free Palestinian state co-existing side by side with Israel” and “the need for mutual respect between Arabs and Jews in the Middle East and here at home.”

He announced he would be taking a temporary leave-of-absence as president of the IAC and, on January 17, announced his resignation from the Board of Governors.

There’s no question that what happened should not have happened. Palestinian activists should be free to wear a keffiyeh, just as pro-Israel activists should be free to wear an Israeli flag on their T-shirts, or even as a cape.

Whether the keffiyeh is meant as a sign of Palestinian nationalism or of Palestinian culture and heritage, does not make it anti-Israel. It’s also one of the most passive and least threatening shapes activism can take.

At the same time, I do think everyone makes mistakes, and they are not necessarily reflections of one’s character. All you can do is apologize, move forward and grow.

I’m not writing this to attack or defend Colt, but rather to present the incident as a case study from which we, as a

community, can learn.

What can we learn?

A rabbi once explained to me the responsibility Jews have in representing our entire nation to the outside world. As an Orthodox man, he dressed in a way that distinguished him as Jewish. Therefore, he said, people would look to his behaviour and judge him, as well as form a stereotype about all Jews, based on his actions.

While not all of us dress in Orthodox attire, there are ways for people to identify us as Jewish.

We must realize that, in these times, especially in campus culture, being a representative of the Jewish people goes beyond our real-life actions and behaviour. It’s our online behaviour as well.

So, if an alarm bell rings about a tweet’s potential for contention, bounce it off a friend first, or, depending who you are, a public relations person.

Then again, that’s a Band-Aid solution. A real solution would be to keep such remarks from even popping up into our heads.

Though idealistic, the key is an open mind. The key is to come together and fully understand each other – our cultures, values, goals and traditions – as opposed to reinforcing the ideas and opinions we already possess, and instead of fearing the other.

I asked Colt what he learned from the experience, and what we can all learn from it.

“A greater sense of tolerance and mutual understanding for the cultural diversity within the university, and different political opinions,” he said.

Let’s treat this as a wakeup call reminding us to keep trying to get to that point – one step, one tweet or one Facebook status update at a time.

MOVING?

DON’T MISS ONE ISSUE!

Call 613-798-4696, ext. 256 or 242
to provide your new address.

A little late to the kale party

If you keep up on these things, you may know that one of the hottest *it* foods in 2012 was kale. I realize that we are already a month into 2013, so forgive me if I'm just a little late to the party.

Turkey, White Bean and Kale Soup

This recipe was adapted from the Turkey and White Bean Soup recipe in the January 2013 issue of *Chatelaine*.

Serves 5

2 teaspoons fennel seeds
1/2 teaspoon red pepper flakes
2 teaspoons olive oil
1 teaspoon kosher salt
1 pound ground turkey
1 small onion, diced
1 jalapeño pepper, seeded and diced
1 garlic clove, minced
2 tablespoons tomato paste
4 cups chicken or vegetable stock
2 cups water
1 can white kidney beans, drained and rinsed
2 cups packed chopped kale
1/4 cup lime juice

Grind fennel seeds, red pepper flakes and salt in a spice grinder. (I have a small coffee grinder that I use only for grinding spices.) Set aside.

Heat olive oil in a large pot over medium-high heat, until shimmering. Add turkey and ground fennel-red pepper flakes-salt mixture and cook, stirring often, until no longer pink, about 4-5 minutes.

Stir in onion, jalapeño pepper, garlic, and tomato paste. Cook until onion starts to soften, 2 to 3 minutes.

Add broth and 2 cups water. Bring to a boil, and then reduce heat to medium-high. Add beans and kale. Cook, stirring occasionally, until kale is cooked, about 5 more minutes. Remove from heat. Stir in lime juice just before serving.

Dubbed the “queen of greens,” kale has a ton of health benefits. Low in calories, high in fibre and rich in antioxidants, kale contains calcium, potassium and vitamins A, C and K. Research shows it helps fight age-related diseases too!

Early in 2012, at *kaleeffect.com*, I read about *the kale effect*, “an immediate, and observable, autonomic nervous system response to the absorption of the vitamins and minerals in nutrient rich kale. Symptoms may include uncontrollable smiling, laughing, and jumping up and down in the kitchen.”

I wanted in on *the kale effect* in the worst way possible. I mean who wouldn't? I suspected the only way kale was going to make me laugh uncontrollably was if I chopped it finely, rolled it in paper and smoked it. But I was game to give kale a chance.

I spent quite a bit of time last year trying to like kale. Everyone gushed about kale chips. They said eating them would make any craving for potato chips vanish, that kale chips were just as satisfying as potato chips.

They were wrong! Kale chips taste like crispy seaweed that turns to dust in your mouth.

I worked my way through kale and onion pie, sautéed kale with olive oil, garlic and red pepper flakes, stir fried kale, raw chopped kale in a salad with apples and walnuts, smoked kale, and braised kale with cabbage and balsamic vinegar.



Made with Love

Cindy Feingold

None of these were terribly awful (except for the smoked kale), but I certainly did not want to make any of them a second time.

But I still wanted to get in on *the kale effect*. When would I begin smiling and laughing uncontrollably?

Well, it seems the key to kale love, for me, was to combine it with lots of other ingredients so that it became filler and not the star of the show. That way you have lots of other delicious ingredients and still get all the benefits of kale.

The three main types of kale you are likely to encounter in the grocery store are curly kale, which is quite pungent; ornamental kale, which is more mellow in taste and tender in texture; and dinosaur kale, which is sweet and delicate in flavour.

Try these two kale soups and soon, you too, may begin smiling and laughing uncontrollably and jumping up and down in your kitchen!

Italian Kale and Farro Soup

This delicious soup was posted at *seriouseats.com* by Blake Royer on April 14, 2011.

Serves 6

4 tablespoons olive oil
1 small white onion, diced
1 leek, trimmed and thinly sliced
2 cloves garlic, minced
1 tablespoon chopped fresh thyme
6 cups vegetable or chicken stock
2 large carrots, diced
2 stalks celery, diced
2 cups farro
Salt to taste

1 large bunch kale, ribs removed and leaves roughly torn
1 28-ounce can diced tomatoes
Grated Parmesan cheese for serving (optional)

Heat olive oil in a large, heavy soup pot over medium heat until shimmering, and then add onion and leek. Cook until softened, about 4 minutes, then add garlic and thyme and cook for an additional minute.

Add stock, carrots, celery, farro, and salt and bring to a boil. Simmer 15 minutes, partially covered.

Add kale and tomato and simmer until kale is tender and farro is cooked, 20-25 minutes more. Season soup to taste and serve with grated Parmesan.

Community Milestones

FREE

Send us notices of your important family milestones – an engagement, wedding, special birthday, birth announcement or other significant events!

Email your photos to: bsilverman@ottawajewishbulletin.com.

Community Milestones will be published on a space-available basis.

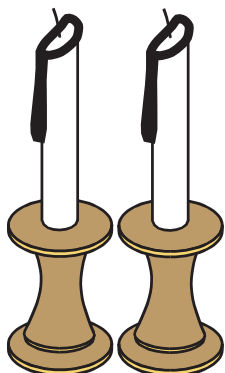


Eric Vernon (centre) received a Diamond Jubilee Medal from Senator Mac Harb (right) at a ceremony on Oct. 25. Senator Harb said, “Eric Vernon was the face of the Canadian Jewish Congress in Ottawa for more than two decades. He has dedicated his life to advancing human rights and dignity, social justice, inter-ethnic and interfaith relations, civil discourse, responsible citizenship and strong national values. Mr. Vernon’s contributions to the Canadian community are exemplified in the federal approval of the creation of a national Holocaust Monument.” (Photo: Jean-Marc Carisse)

WHAT'S GOING ON

February 4 to 17, 2013

For more community listings,
visit jewishottawa.com
Select "Click to see
more months"



CANDLELIGHTING BEFORE

Feb 8	☆	4:58 pm
Feb 15	☆	5:08 pm
Feb 22	☆	5:18 pm
Mar 1	☆	5:28 pm
Mar 8	☆	6:38 pm
Mar 15	☆	6:47 pm
Mar 22	☆	6:56 pm

WEEKLY EVENTS MONDAYS

Motorin Munchkins drop-in program for children 5 and under. Kids expend lots of energy, supervised by a parent or guardian, 9:00 am to 11:45 am. Info: 613-798-9818, ext. 294.

Chaverim, offered by Jewish Family Services for Jewish seniors with mild cognitive impairment, 2255 Carling Avenue, 11:00 am. Info: 613-722-2225, ext. 392.

TUESDAYS

Israeli Folkdancing: No experience or partner necessary, Ottawa Jewish Community School, 881 Broadview Avenue, 6:30 pm. Info: judy@ottawaisraelidance.ca.

WEDNESDAYS

Drop-in Playgroup for newborn to 3 years old. Parents and kids romp and play and make new friends, 9:00 to 11:00 am.

Info: 613-798-9818, ext. 294.

FRIDAYS

Shabbat Shalom for children 5 years and under, sponsored by the SJCC's Family Life Centre. Bracha Bear welcomes the Sabbath with your children as they learn about Shabbat and other holidays through crafts, songs, stories and games. All children must be supervised by an adult. Info: 613-798-9818, ext. 294.

MONDAY, FEBRUARY 4

Soloway Jewish Community Centre Annual General Meeting. Everyone welcome, 7:00 pm. Info: 613-798-9818, ext. 263.

TUESDAY, FEBRUARY 5

Ottawa Torah Institute Adina Ben-Porat Memorial Ethics Lecture. Topic: "Liability in Professional Practice: A Jewish Ethical Perspective,"

by Rabbi Eliezer Ben-Porat, 7:15 pm. Info: 613-244-3939.

SUNDAY, FEBRUARY 10

Mitzvah Day, sponsored by the Jewish Federation of Ottawa. Register for activities to help organizations across the city, 9:30 am. Info: 613-798-4696, ext. 241.

MONDAY, FEBRUARY 11

Birthright summer 2013 pre-registration for past applicants begins at 12:00 pm. www.israelforfree.com. Info: 613-236-2345.

TUESDAY, FEBRUARY 12

Take Your Temperament Author Talk, sponsored by the SJCC Family Life Centre. Nancy Rubenstein and Nanci Burns discuss the nine temperament traits and the "goodness of fit" amongst family members, 7:00 pm. Info: 613-798-9818, ext. 294.

WEDNESDAY, FEBRUARY 13

Birthright summer 2013 registration for new applicants begins at 10:00 am. www.israelforfree.com. Info: 613-236-2345.

Greenberg Families Library Film Series presents "A Bottle in the Gaza Sea." After witnessing a bombing in Jerusalem, a 17-year-old girl sends a message of peace in a bottle tossing it into the Gaza Sea. It is found by a young

Palestinian man. Their long-distance friendship blossoms as war threatens the region, 1:00 pm. Info: 613-798-9818, ext. 245.

SUNDAY, FEBRUARY 17

Machzikei Hadas Movie Night features "Unlikely Heroes," unknown stories of resistance during the Second World War, 2310 Virginia Drive, 7:00 pm. Info: 613-737-7457.

COMING SOON

SUNDAY, MARCH 17

Ottawa Women's Seder 2013: Jewish Women Against Domestic Abuse, presented by caring Jewish women supporting options for women at risk. Congregation Agudath Israel, 1400 Coldrey Ave., 5:00 pm. Info and tickets: 613-798-4696, ext. 253.

SUNDAY, APRIL 7

Yom HaShoah Commemoration, 7:00 pm. Info: 613-798-4696, ext. 253.

Unless otherwise noted, activities take place at The Joseph and Rose Ages Family Building, 21 Nadolny Sachs Private.

This information is taken from the community calendar maintained by the Jewish Ottawa InfoCentre. Organizations which would like their events to be listed, no matter where they are to be held, should send the information to InfoCentre coordinator Benita Siemiatycki via e-mail at bsiemiatycki@jewishottawa.com or fax at 613-798-4695. She can also be reached by telephone at 613-798-4644. Accurate details must be provided and all events must be open to the Jewish public.

Condolences

Condolences are extended to the families of:

Jaime Bolin

Harry Schwartz

Fejga Braun,
St. Petersburg, Florida
(mother of Rabbi Eliyahu
Meir Braun)

Robert H. Stein, Montreal
(father of Linda (Michael)
Senzilet and Ron Stein)

Dara Greenberg

Rose Wakter
(née Fulop)

Goldie Moraff (née Korn)

May their memory
be a blessing always.

Feiga Rodal (née Kipnis)

The
CONDOLENCE
COLUMN
is offered

as a public service
to the community.
There is no charge.

For a listing
in this column,
please call
613-798-4696,
ext. 274.

Voice mail is available.

BULLETIN DEADLINES

FEBRUARY 13
FOR MARCH 4
FEBRUARY 27
FOR MARCH 18
MARCH 12
FOR APRIL 8
APRIL 3
FOR APRIL 22

JEWISH MEMORIAL GARDENS

Your
one-stop
resource
centre for
funeral
planning

613-688-3530

www.jewishmemorialgardens.org



Why Choose Organic? It's good for you and the environment. Organic food is produced without the use of synthetic pesticides or chemical fertilizers that can be harmful to your health and the environment. Trust Produce Depot for the freshest organic fruits!

FOR GREAT RECIPES & WEEKLY SPECIALS, VISIT US ONLINE AT PRODUCEDEPOT.CA

GO ORGANIC



2446 BANK @
HUNT CLUB



1855 CARLING
@ MAITLAND