



Shabbat & Holiday Candle

Lighting Times

Friday, Sept. 2	7:31pm
Friday, Sept. 9	7:22pm
Friday, Sept. 16	7:13pm
Friday, Sept. 23	7:03pm
Wednesday, Sept. 28	6:57pm
Thursday, Sept. 29	7:55pm
Friday, Sept. 30	6:54pm

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Meet the 2012 Annual Campaign Leadership

Incoming Savannah Jewish Federation President, Jeffrey Lasky is proud to announce the 2012 Campaign Leadership. *"I am excited to have six unbelievably dedicated individuals who have each committed to campaign leadership for two years. I am confident that with Campaign Co Chairs, Merry Bodziner and Toby Hollenberg we will engage more individuals and raise more money for the important work of the Federation."*

The Women's Campaign will be led by Arlene Ratner and Vivian Slotin. The Men's Campaign will be led by Jerald Gottlieb and Harvey Lebos.

Meet the Campaign leadership:

Merry Bodziner
Overall Co- Chair, 2012 Savannah Jewish Federation Campaign



Born in Birmingham, AL, Merry has had a lifetime of involvement with the Federation movement. Her parents were always involved with the United Jewish Appeal, so it is in her genes. As an adult, her first leadership was on the Young Women's Board of Combined Jewish Philanthropies (Federation in Boston). When she (and her husband, Richard) moved to Savannah in 1984, she knew that Federation would be an important part of their lives. Merry has been involved for many years and chaired several campaign divisions, planned Main Events, Lion of Judah and Women's

Division events. She chaired the Annual Campaign in 1996, and then again co-chaired the campaign in 2004 with her husband, Richard.

Toby Hollenberg
Overall Co-Chair 2012 Savannah Jewish Federation Campaign



With her husband Stephen (obm), Toby has lived in many communities throughout the country. Savannah is very lucky that they choose Savannah

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Cocktails to Cupcakes – A Magical Community Event

While the JEA Annual Great Gala, "Cocktails to Cupcakes" was held just over two weeks ago, the community is



Photo by Miles Morse

still buzzing from the wonderful evening. One attendee stated, "I haven't seen such a wonderful event at the Alliance in fifteen years. It helped confirm how important the JEA is to the entire community."

The JEA Main Ballroom was beautifully decorated by Jenn Rich and Skye Cossio who created centerpieces out of oversized wine glasses (donated specially for this event by Millie Melaver). When entering into the room, there were wonderful passed hors d'oeuvres. Chef Trace Weitz and Terri Dressel outdid themselves with their creative offerings, delicious dinner, and inventive cupcakes. The bar was ably staffed by David Silverman and his folks from Spankys. Michael Kooden and our friends at United Distributors went above and beyond in supplying the liquor at a huge discount-with much of it being donated! Andy Kramer did a wonderful job as our auctioneer.

This year's Gala featured the live auction, a silent auction, and for the first time, a "Tricky Tray Raffle." The 18 themed Tricky Tray baskets were overflowing with amazing prizes. The value



Photo by Miles Morse

of the baskets ranged from \$550 to over \$1,300. These stunning baskets could not have been possible without numerous generous donations from the community, and the creative assembly work of Michelle Allan, Morgan McGhie, Degi Ruben, Lauren Weitz, Meredith Rothouse, and Amanda Reeves who all worked tirelessly on the baskets, descriptions, and program. What made it all possible was the hard work of our solicitors who went door to door to get the donations. Solicitors included

See page 2



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Savannah Jewish Federation
Annual Meeting, September 14 @ 7pm



What is Apogee and how does it help Rambam Day School?

By Freddie Rabhan

Apogee is a Student Scholarship Organization affiliated with the Georgia Education Tax Credit program. The law allows all individual and select corporate taxpayers to receive tax credit for donations to SSOs. The funds contributed are designated for the direct benefit of Rambam Day School and are used to provide financial assistance to eligible students. There is a statewide cap of \$50 million dollars for this program each tax year.

Rambam needs your help and we ask you to take advantage of this tax credit opportunity! With this tax credit, you are able to direct money you are already paying to the State of Georgia to be used for financial assistance for eligible students. This is your chance to keep your state tax dollars in our community – directly benefiting Jewish students in

Savannah!

During the 2010 tax year, 81 donors directed their donations to Rambam by participating in the Georgia Private School Tax Credit. As a result, Rambam was able to distribute over \$39,000 in scholarship funds to worthy recipients. This school year, Rambam intends to award approximately \$80,000 dollars from our fund to Rambam students in need of financial assistance.

We need to expand participation and assure funds will be available to educate our children. As the needs in our community change and are refocused and redirected, it is imperative that we define outside sources of revenue; the Apogee School Scholarship Organization is an outstanding opportunity to redirect your tax dollars to benefit Jewish students in our community who need financial assistance so that they may reap the benefits of a day school

education.

The process is uncomplicated! Simply complete and sign the forms, write a check, and mail it all to Apogee. Yes, instead of writing a check to the State of Georgia to pay your income taxes, you write it to Rambam's scholarship fund!

Now that school is back in session, the tax credit train is picking up steam at a rapid pace. Statewide, the total available credits remaining for 2011 are just over \$27 million dollars. This means that over \$22 million has already been approved as of August 12, 2011. By comparison, on August 21 of last year, only \$10.5 million had been approved so, statewide, the program is MORE THAN DOUBLE where it was at this same time last year. We feel certain that the cap will be met long before December and possibly in early November. Don't wait!

Several new options are available to

make donating easier. As long as the statewide cap of \$50 million dollars has not been met, donors may submit a single approval form and then pay the full commitment in installments over a period as long as the payments are complete by December 15, 2011. In addition, after a donor receives approval for their donation, payments can be made by credit card.

For further information, please visit Rambam's website, www.rambamdayschool.org, and click on "Giving" and then "Georgia Education Tax Credit" or contact Freddie Rabhan (355-9905) or Judy Hirsch (354-7730). Find out how students at Rambam can benefit from your donation through the Georgia Education Tax Credit!

Cupcakes.....from pg 1

Arlene and Allan Ratner, Aaron & Dayle Levy, Michelle Allan, Arnie & Doris Goldstein, Steve & Anna Berwitz, Harriet & Paul Kulbersh, Sherry Dologoff, Josh & Amanda Reeves, and Scott Samuels. In the weeks before the Gala it was reported that there might have

been a hurricane that came through Tybee---it was just Arlene Ratner and Dayle Levy going from business to business soliciting on behalf of the JEA.

The entire evening was coordinated by Anna Berwitz who did a spectacular job balancing suppliers, volunteers, and professionals in creating a special eve-

ning in the Savannah community.

Almost 300 tickets were purchased for the event, and while final numbers were not available at "deadline," it is estimated that this magical evening raised close to \$45,000 to support the vital programs and services offered by the JEA.

Want Green Space? Join Now JEA Grounds Committee And JEA Garden Club

Thursday, September 15, 2011 , 5:15pm
RSVP your interest— 912-355-8111 or, email Carol Greenberg,
mstarart@gmail.com

Identification Statement

Savannah Jewish News

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Community Programming

Savannah Benefits from Hadassah Centennial. This is the year to enjoy and support Hadassah events as President Joanna Rich and her board implement programs locally that cover all interests and ages based on members' recommendations, the national office has reduced lifetime membership to only \$100 until December 31, 2011, and the membership is planning to go to Israel as a group to celebrate the centennial in October, 2012! Activities this year begin on Sept. 18th as new Savannahian Dr. Yaron Perry talks about being a staff surgeon in Hadassah at the critical days of "the Intifada". See our *Faces of Hadassah* SJN Ad to learn about that program.

In 5772 Make a date with Hadassah as we introduce our programming year

Countdown of the Century!

March
1912

1926

April
1948

2011: 9/18/11

10/18/11 2012:



Henrietta Szold creates Hadassah and provides milk and healthcare in the middle east

Ida Fine is elected 1st president of new Chapter in Savannah

Israel becomes a state and Hadassah is there to celebrate

Sunday, Sept 18 Savannah Chapter sponsors first meeting of the season with Dr. Yaron Perry

Tuesday, Oct. 18, Go sukkah hopping with Hadassah and learn about the great adventures planned !

October 15 -17, 2012 Join us as we go to **Hadassah in Israel** www.hadassah.org

The Last Bite

This is my last article for the *Savannah Jewish News*. What seemed like a daunting task two years ago is now complete. Every month I wondered what I could possibly have to say, but somehow I managed ... one bite at a time.

Let me tell you a secret. I didn't do it alone. I had an extraordinary editor and my assignment made for wonderful phone conversations with my mother. An accomplished writer, she was my mentor and critic. Mother majored in journalism at SMU, had a job lined up to work for a Dallas newspaper, but visited her aunts in St. Louis, met my father, and well, she never took that job. She is probably the best writer I have ever known. Beautiful words flow from her pen with absolutely no effort.

My public school education was mediocre at best and Mother was the one who taught me to write. When I asked her to look over my first high school essay, my otherwise gentle parent went ballistic! She was appalled by my writing and minced no words in beginning my painful tutelage. She taught me to use a thesaurus, remove duplicate words, never begin a sentence with the word "and," that the editing process never ends, and so on. I hear her words in my head as I write to this day. In case you are wondering, she had no input on this article because I wanted to surprise her when she read it. Thanks Mom, it was fun!

There are others to credit for their help during my years as President. When Mother wasn't available, I would call on Lynn Levine to review my column. Another journalism major, Lynn writes skillfully and is a fabulous editor...the very best. I thank my husband, Michael, for cheering me on and being my advisor. Having served as a Federation President years ago, his experience was invaluable.

I had remarkable officers and a tremendous board of directors to help me along the way. Jeffrey Lasky, Steve Greenberg, and Joel Greenberg were my officers. Merry Bodziner, Sherry Dolgoff, Jerald Gottlieb, Janis Javetz, LeeAnn Kole, Amanda Reeves, Allan Ratner, Laurie Rubnitz, and Amos Timna chaired or co-chaired one or more committees. Scott Samuels served as the J.E.A. representative and turned that job over to Paul Kulbersh last May. Freddie Rabhan exercised his privilege as a past president and participated in all board meetings. Charlotte Black, Neil Brecker, David Byck, Mor-

ris Geffen, Toby Hollenberg, Mark Konter, Harvey Lebos, Margie Levy, Helese Sandler, Beth Vantosh, and Larry Zaslavsky worked on committees, Campaign, and Allocations, along with over 100 non-board-member

volunteers who are the heart and soul of everything we do. All those mentioned above really did the work and made my job an easy one. I thank them from the bottom of my heart.

Adam Solender kept me straight, was my devil's advocate, and is probably the most well-read and knowledgeable person on the Jewish world that I have ever met. I appreciated his sound advice. Benjamin Bloom was a consummate gentleman and a pleasure to work with. Cheryl Lansing was a true gem. In case you haven't heard, we are in extremely good financial hands under her leadership. Sonya Rush made member services run smoothly. I don't know how Vicky Lunick accomplishes all that she does, but it seems to be with confidence and ease. Gershon Peru was a great shaliach and made the Zoller Seder a memorable one. We are very fortunate to have three fine, engaging people on the front desk to greet the public. Risha Katzman during the weekdays, and Mike Strear and Sharon Hughes on nights and weekends are fabulous. To the entire staff, I offer my most sincere thanks.

I don't like goodbyes but it is time. Writing this column started as an obligation but became a tremendous opportunity to speak to all of you, one I will never forget. Thanks for the privilege of serving as Federation president, reading this column, and being the most wonderful community a Federation president could ask for.

Linda



Linda Zoller.
President,
Savannah Jewish
Federation

Lost Our Language?

Growing up in New York I thought that there was only one Jewish way of thinking, one Jewish opinion, and one way of reading about Jewish ethics. My parents were Democrats, so were their friends. I do remember them talking about how misguided one of their Republican friends was... but they only spoke of him in hushed tones. My Grandfather was an absolute rebel in our Jewish world: he was a Communist and read the Daily Worker, the American Communist paper of the day (his day, not mine).

In my world of the 1960's it seemed that Jews were of one opinion and spoke with a common language. We knew what it was like to be the oppressed, so we were very active in the civil rights movement. We knew what it was like to have no choice, so we were very active in the women's reproductive rights movement. We were shunned from the country clubs and community centers, so we formed our own, the JEA. Our money was not desired at many museums, hospitals and other civic organizations. Anti-Semitism manifested itself in our everyday world from what we read in the paper to our personal experiences in school. It seemed that whenever you turned around, some country was attacking Israel.

Flash forward to 2011/5771: the Jewish community is more powerful than at any time in our history. We are Democrats, Republicans, Libertarian, Independent or something else. We are accepted everywhere. The same institutions that shunned our contributions 40 years ago now covet our money. Anti-Semitism (with the exception of some specific "hot spots") is at the lowest level since WW II. In general, Jews are "better off" than Americans at large: we have money, influence and power far greater than our numbers would indicate.

With all of our gains, we have lost something as a byproduct of our success. We have lost our common lan-

guage. For all the right reasons, we no longer have a common Jewish voice. No longer do we have to look to each other for common support or activities. No longer do we have to look to our communal leaders and rabbis for information and interpretation. The Internet has the same information and thousands of interpretations. Once there seemed to be one common voice, one voice of authority; now there are many.

While many lament our loss of centrality, an equal number of people revel in the fact that we no longer need the one voice. We have come a long way. Judaism is rich and diverse and welcomes debate. We have come far enough to have multiple and dissenting voices, multiple and dissenting opinions.

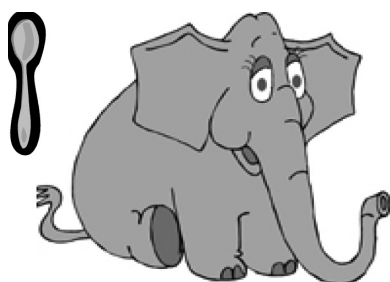
Yet, somehow, with this backdrop, the missions of organizations like the Savannah Jewish Federation and Jewish Educational Alliance take on even greater importance. They provide the glue that keeps our Savannah Jewish community together. They bring us "out of our silos" to one common meeting place to observe, celebrate, exercise, and socialize.

The Savannah Jewish community reflects trends from throughout the Diaspora. Communities throughout the U.S. are grappling with the very basic definitions of how they support each other, what their priorities are, how they teach their children, outreach to intermarried couples, and responsibility to Israel. There is no one voice and many opinions on these issues.

As the Savannah Jewish community goes through continual evolution and change, we welcome all views, all opinions, from many voices.



Adam Solender
Executive Director of
JEA/SJF



To Learn Information
and
Find Events in the

Savannah Jewish Community

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www.savj.org



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Community calendar, online donations and much, much more!

Hats Off To ...

From Linda Zoller

...**Merry Bodziner** for chairing the Leadership Committee. She and co-chair LeeAnn Kole organized, implemented and evaluated a leadership development program for seven emerging community leaders. Merry also served on the Endowment Committee, the Personnel Search Committee, and as always was a key solicitor for the Campaign. She was a trusted advisor, champion, confidant, and friend. She bought me an elephant t-shirt in my favorite color. Merry never faltered in her message to me: "Whatever you need me to do, Linda, I'm here for you." She was a treasure.

...**Sherry Dolgoff** for serving as overall chairperson for the Federation Campaign. In a very tough year for fundraising, Sherry brought her passion, enthusiasm and gift for engaging people to motivate and inspire us all. She didn't stop with campaign. She also served as the chair of the Allocations Committee, the chair of the Yom HaShoah Committee, and was the one who took my ticket every day at the Jewish Film Festival. Sherry did everything asked of her and more. The board was indeed fortunate to have her.

...**Peggy Harris** for coming forward without hesitation to chair the Women's Division, recruiting a fabulous team, and for raising the dollars we so desperately needed.

...**Vivian Slotin** for being the Vice Chair of the Women's Division, recruiting wonderful solicitors, and addressing the follow-up so well.

...**Harold Black** for chairing the Men's Division, stepping up to help in a very difficult year, and for his wonderful way of engaging volunteers. You will have jam for life.

...**Jerald Gottlieb** for chairing the Community Relations Committee. Much to Jerald's credit, he wanted our high school students to be prepared for the anti-Jewish propaganda they could encounter on college campuses. He brought the ADL in for a program in the fall, but didn't think that was enough. He then worked out a cost-sharing arrangement with the Jewish Federation of Houston to bring acclaimed speaker Neil Lazarus to Savannah to train our teens to handle anti-Israel propaganda and speak to the community at large. It was costly and we hadn't budgeted for it but that didn't deter Jerald in the least. He worked out a partnership with the JEA and raised additional monies independently to bring us one of the finest and best attended speakers we have had in years.

...**Janis Javetz** for chairing the PJ Library Committee and for serving as a division co-chair for the Campaign. Janis rotates off the Board this year and we thank her for her service.

...**LeeAnn Kole** for vice-chairing the Leadership Committee, for serving as campaign division co-chair, and for serving on the Early Childhood Education Committee.

...**Amanda Reeves** for chairing the Teen Summer Grant Committee as well as serving on the Leadership Committee, participating in the Young Leadership Program (Y'ALL), Young Jewish Savannah Program, the Allocations Committee, the Nominating Committee, the Personnel Search Committee, and for chairing with her husband Josh the Super Sunday Super Funday family event. Wow!

...**Allan Ratner** for taking the Savannah Jewish News to a new level. Under his leadership the committee met monthly, took an active role in reviewing and developing articles, and improved the look of the paper. Alan served on the Allocations and Nominating committees, helped with the Campaign, was a voice of reason at board meetings, and was always there for advice when I asked him.

...**Laurie Rubnitz** for chairing the Human Resource Development Committee (HRD). Under her leadership, a welcome wagon was established and the entire program was evaluated, found to be highly effective, and given the go-ahead to continue. Laurie was an integral member of the Personnel Search Committee. She will rotate off the board this year and we thank her for her service.

...**Amos Timna** for chairing the Jewish Film Festival. Under his leadership the festival was highly successful and enjoyed by all.

...**Charlotte Black** for serving on the Jewish Family Services and HRD committees in her first year on the Board. I know she will be a great asset to Federation in the coming years.

...**Neil Brecker** for serving on the Communications Committee and bringing fresh ideas to the paper. Neil will rotate off the board this year and we thank him for his service.

...**David Byck** for his support and good counsel, and for being a key campaign solicitor.

...**Morris Geffen** in his first year on the Board, for serving on the Jewish Family Services, Endowment, and Nominating committees. What a great start!

...**Toby Hollenberg** for her ongoing and major work on the HRD committee bringing new families to Savannah. Toby served on the Personnel Search Committee, the Allocations Committee, and was a division co-chair in the Campaign.

...**Mark Konter** for serving on the Allocations, Nominating, and the Teen Summer Grant Committee, participating in Young Jewish Savannah and for representing the next generation. This was his first year on the Board. What a beginning!

...**Harvey Lebos** for his work on the Personnel Search Committee and Campaign, and for his enthusiasm and concern.

...**Margie Levy** for her work on the Human Resource Development and Nominating committees, for her interest, and for her valued input.

...**Helese Sandler** for her work on the Jewish Family Service committee, the Early Childhood Education Committee, and Campaign.

...**Beth Vantosh** for her work on the Early Childhood Education Committee, her participation in Young Jewish Savannah, and for representing the up-and-coming generation.

...**Larry Zaslavsky** for serving on the Endowment Committee and being the motivator and the voice of reason that he is.

...**Scott Samuels** for representing the JEA on the Federation Board. Scott did more than just attend board meetings. He and I worked together constantly, made joint decisions, planned mutual programs, and supported each other in our roles. Thanks to **Paul Kulbersh**, too, who now serves in that position.

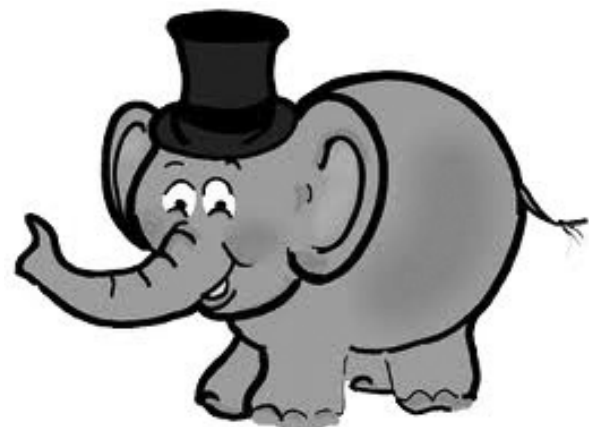
...**Jeff Lasky**, Federation President-Elect, Jewish Family Services Chair, and member of the Personnel, Early Childhood Education, and Allocations committees; **Steve Greenberg**, Federation Treasurer and member of the Personnel Search and Allocations committees; and **Joel Greenberg**, Federation Past President, Nominating Chair, Endowment Chair, and member of the Allocations committee, for their participation in Officers meetings and their much appreciated advice.

...**Carol Greenberg** for her continued work on the HRD Committee and for her work year after year on the MLK concert.

...**Freddie Rabhan** for exercising his privilege as past president and attending every board meeting, and for his advice and counsel.

...**Adam Solender**, **Lynn Levine**, **Benjamin Bloom**, **Gershon Peru**, **Cheryl Lansing**, **Sonya Rush**, **Vicky Lunick**, **Risha Katzman**, **Mike Strear**, and **Sharon Hughes**, for quietly doing everything behind the scenes and making us volunteers look great. You are the enablers of all that we do.

...and anyone I may have unintentionally neglected to mention with my apologies.



Dedicated to Family and Country

By Jane Kahn

"Where have you been?" Anne Scheer asked me when I visited her home.

"I mean, why don't we know each other?" (In Savannah, where everybody knows everybody, it's incredible our paths had not crossed. I had asked myself the same question—especially since two of our sons have long-standing professional relationships.) Anne was attempting to interview me, but my assignment was to interview her!



Anne Scheer cuts ribbon with then Major General Norman Schwarzkopf

I remember shopping at her husband's Habersham Street delicatessen, "Junior's", where Anne worked from 1954 until the early 1960s. (Remember the pickle barrel, the tongue sandwiches?) I remember lunch stops at her father-in-law's Congress Street restaurant, Marathon, where Anne worked when she was first married and moved here in 1948. We have a lot of mutual friends.

We greeted each other with the Savannah embrace—like long-lost friends, but then, both realizing that we really didn't know each other, Anne decided on a graphic introduction to me, and the readers of the *Savannah Jewish News*. "I'm 90-years-young," she emphasized. "Don't you say 'old'."

Two entire walls in her home are dedicated to the most important facets of her life—her Army Wall and her Family Wall.

On one wall are citations, commendations, photographs from her 26-year career as a civilian in the military. There's a photograph of Anne with Major General Norman Schwarzkopf, of more recent Gulf War fame, at the 1985 opening of the Spouse Center at Hunter. She worked for the Army Emergency Relief Office at Hunter Army Air Field, assisting soldiers and their families in times of need. Functioning as a social worker, she advanced

through the ranks. "When you love your job, you always do a better job," she said. In 1993 she was awarded the Department of the Army Commander's Award for Civilian Service.

A newspaper clipping estimated Anne helped some 30,000 people in her career.

She was named honorary commander of the 165th Airlift Wing Mission Supply Group. There is a proclamation from then Georgia Governor Roy Barnes.

Then there's the other wall devoted to family—early photographs of Anne, through weddings, B'nai Mitzvot, birthdays—happy memorable occasions with four children and their spouses, seven grandchildren, two great grandchildren.

Both of these walls belie the tough earlier life of this Savannah lady. They don't hint of the struggle of her early childhood in the tenements of New York, of the week in Savannah when she held three jobs, when she was forced to deal with a bankruptcy and her children were excluded by cruel fair-weather friends. "I am talking be-



Anne Scheer

cause I am old," she offered.

She has worked most of her life. In New York she was in the subscription department of *Parents' Magazine*. Through mutual cousins, she grew up knowing Isadore (Junior) Scheer. The Scheers were able to send all four of their children to college. "I am blessed with good children," she says. They are "making their lives and the people around them happy." (I know) that "they will always be there to help others, regardless of whether it's a smile or any other comfort and help they can give." Emphasis on charity began at home.

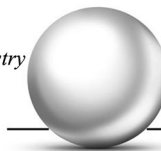
Today, upbeat, happy, resilient, Anne Scheer travels to visit three of her children and their families—Jerry in Charleston, who operates 16 restaurants, Henry, who runs T-Bones restaurant in Augusta, and Myra, who works in public relations in New York City. Her oldest son, Steve, is an attorney in Savannah. When Anne visits Myra and two life-long friends who live in New York, they line-dance, watch tennis matches, visit the casinos in Atlantic City, shop Canal Street, and from the steps of the Metropolitan Museum, Anne watches people! Long committed to volunteer work, she now involves herself in senior activities at the JEA and in the Agudath Achim Synagogue.

"I like you," Anne called out as I reluctantly left her home for another appointment. "Let's do lunch," I agreed.

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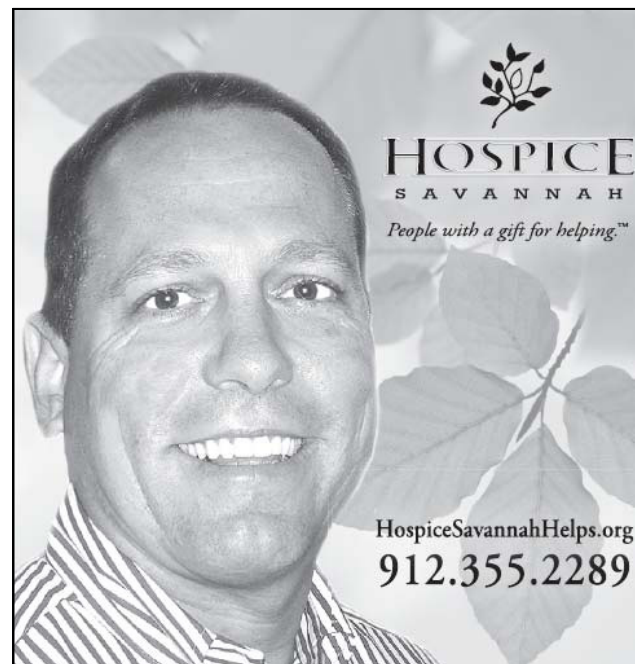
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for us by name."
~ Jamey,
Community
Outreach**

What does it mean to be Jewish?

*A monthly query to members
of our community*



Heather Szatmary
“Being Jewish means having a home. It is a connection to my parents, their parents, and all those who came before me. I feel the remnants of the struggles they endured to be who they were and I am proud of the paths they took to allow me the life I now live. Being Jewish is a celebration of my history.”



Allan Ratner
“Two weeks after the TWA hijacking in 1985, we went on a family mission to Israel. Hatikvah played as we approached Eretz Yisrael. What a feeling! In Tel Aviv, everywhere we went there were soldiers with weapons. Was I scared? No! These were 'my people', protecting me. Whenever I go to a new place, and 'bagel' someone, there is an instant connection and affinity. We may all belong to different 'tribes' (i.e. synagogues), but we are one people. I am never alone, because I am a Jew.”



Lauri Taylor
“My Haftorah's (Micah 6:8) last line was: *“He has told you, O man, what is good, and what the Lord demands of you; but to do justice, to love loving-kindness, and to walk discreetly with your G-d.”* I try to be a good person and live by these principals. I joined Mickve Israel three years ago and decided to get involved. I attend service, have a wonderful Temple family, fabulous friends, and play Mah Jongg. I am honored to be on the Board, Chair “The Shalom Y'all Jewish Food Festival”, and be part of the Sisterhood and membership committee. For me, being Jewish is being part of a community, have an individual relationship with G-d and my own personal Jewish identity.”

Submit your answer for
“What does it mean to be Jewish”
(100 words or less) with a head
shot to sjnews@savj.org.

Summer End Outdoor Pool Bash, September 4th

By Stephanie Johnson
Health and Wellness Director

It has been a great seeing all the members at the outdoor pool this summer. The laughter that came from the children is going to be missed when the outdoor pool closes for the season on Sunday, September 4th.

I have enjoyed getting to know all those that visited the outdoor pool more personally over this summer. I look forward to continuing our relationships during the rest of the months of the year. I you aren't a member yet, please come and join the JEA; I'd enjoy getting to know you too.

Reflecting back over the summer, at least 2,000 individuals swam the crystal clear and cool waters of our top notch outdoor pool. The JEA and I are happy to report no

injuries of significance occurred, which is quite an accomplishment considering that approximately half of those that used the outdoor pool where campers from the most successful to date JEA Summer Camp.

I enjoyed bringing new items, such as the awesome JEA Israeli Salad, to the menu at the grill, and listening to all the memories of parents and grandparents that they had as kids when they went to camp at the JEA and lived out their summer adventures either at the JEA's pool or at the JEA itself.

Speaking of the grill, there is going to be one last feast at the pool on Septem-



The JEA pool (Photo by Kerry M. Norris)

ber 4th to end the summer with a bang. We will have everyone's favorites such as; hotdogs, hamburgers, chips, watermelon and cold drinks and definitely a few special items that can be enjoyed by all.

I hope to see you all at the JEA Outdoor Pool for this final farewell to summer!

Campaign.....from pg 1

to retire to thirteen years ago. Toby is a flurry of volunteerism throughout Savannah. She expresses her dedication to her Jewish community through work at Congregation Mickve Israel, the JEA and the Savannah Jewish Federation. She has been instrumental in helping those who are interested relocating to Savannah through the Federation's Grow Savannah campaign. Toby has been on the Federation's Board of Directors for five years and has sat on the Allocations Committee, Nominating Committee, Human Resource Committee and has been a chair of the Lion of Judah division.

Jerald Gottlieb
2012 Men's Division Co-Chair



Jerald was born in Savannah and returned to Savannah eight years ago, after spending 23 years in Houston and Dallas, TX. Since returning to his hometown community he has worked tirelessly in the Jewish community. Much of the success of our community Shlichim program is due to Jerald and (wife) Sarah's commitment. Most recently Jerald brought Israel advocate, Neil Lazarus to Savannah. He wants the Savannah Jewish community to be vital, vibrant, educated, attuned, and actively involved, and is committed to working towards those ends. He's been a committee member on the Long Range Jewish Education, Allocations and (chaired) Community Relations Committees. Jerald has always been

an active supporter and solicitor for the Annual Campaign.

Harvey Lebos
2012 Men's Division Co-Chair



Hailing from Tampa, Harvey and his family have lived in Savannah for thirty-seven years. The Federation, through its local programs, played an important role in the lives of his two sons and now, in the lives of his grandchildren, Liberty and Abraham. He's served on Congregation Mickve Israel's board for five years and the Savannah Jewish Federation board for two years. Harvey stated that “working with the Federation is best investment I can make.”

Arlene Ratner
2012 Women's Division Chair Co-Chair



Arlene was born in Savannah and has lived here most of her life. She participated in the first Young Leadership group while she was living in Vidalia. She continues to volunteer her leadership

to the Savannah Jewish Federation because “someone provided for her when she was growing up and now it's her responsibility to work for the next generation.” Arlene was taught that one stands on the shoulders of those who came before them and continue the work that they began. She has always worked on the Campaign and was co-chair of the Women's Division three years ago. Now that she's retired, Arlene has the time and energy to get more involved. Given her results in the JEA Gala, this Campaign is going to be a winner!

Vivian Slotin
2011 Women's Division Co-Chair



Vivian was born in Brooklyn, NY and has lived in Savannah for over seven years. She's been involved with the Savannah Jewish Federation since she moved here. She's honored and excited to be able to give back to her community. When in Augusta, GA, she worked for the Augusta Jewish Federation for eighteen years. She has previously served as Telethon Chair, Women's Division co-chair and a division head with the Savannah Jewish Federation.



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It's A Funny Thing

By Melinda Stein

True story:

On our recent overseas cruise, there was a couple seated at a table near us in the dining room and next to them a single man dined. I overheard the woman of the couple begin a conversation with the solo guy, and it turned out that, quite coincidentally, all three lived in Miami. The woman asked if the other guy was traveling alone, and he replied in the affirmative, that he was a bachelor. They then all introduced themselves, Mr. and Mrs. Birnbaum and Dr. David Katzman. Immediately the lady leaned towards her husband and said, "My friend Robin would be just *perfect* for Dr. Katzman!"

An Israeli rowing team had been performing very poorly. They decided to send one of their rowers to the U.S. to see how the great teams of this country manage to win their competitions.

The rower returned and said, "Guys, the American teams do exactly the opposite of what we do. Over there, *seven* of the rowers in the boat row, and only *one* yells all the time!"

Top Six Signs
That's its Way
Too Hot in the
Savannah Jewish
Community:

6. Instead of
tossing candies
at the Bar/Mat
Mitzvah kids, its
ice cubes.

5. Congregants are in no hurry to
leave the synagogues after services.

4. The Savannah Jewish News is be-
ing mailed out folded into a fan.

3. Synagogue appeals for the Air
Conditioning Fund break all previous
donation records

2. Kiddush lunches feature a new
treat: kugel-sicles.

And the number one sign?

1. Friday night candles have actually
begun to self-ignite.

And a last cool thought:

The northernmost Jewish com-
munity in the world is in Alaska. The
community's website is:

Thefrozenchosen.org



Melinda Stein



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KOSHER COFFEE BEANS AND BEVERAGES
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Save the Date: December 8, 2011 From Darkness to Light: Natan Sharansky

25 years ago the Jewish world and the world at large watched as **Natan Sharansky** crossed the Glienicke Bridge from nine years in prison to freedom and Aliyah. This was a very special moment for millions of Jews around the world who were privileged to see the fruits of their collective relentless campaign to free Soviet Jewry.

On **December 8, 2011** Jewish leaders from across the Southern United States will come together in Memphis, Tennessee for a private reception with Natan Sharansky to celebrate Mr. Sharansky's unwavering dedication to freedom and human rights and his enduring commitment to our global Jewish community. The evening will be dedicated to support for critical programs of the **Jewish Agency for Israel** that are ensuring our Jewish future here at home, in Israel, the former Soviet Union, and around the world.

The Jewish Agency invites you to show your support and to share your memories and messages with Mr. Sharansky through a special tribute journal which will be presented to Mr. Sharansky at the Darkness to Light reception.

The Evening of Thursday, December 8, 2011

Historic Peabody Hotel, Memphis, TN

For more information on the event or the tribute journal, please contact Gila Gewirtz at D2LSouthernRegion@jafi.org or www.action.jewishagency.org/D2LSouthernRegion or 212-339-6057



F R O M D A R K N E S S T O L I G H T

Consul Gen. Opher Aviran visits JNF Projects in the Negev

Jewish National Fund
Press Release

Consul General of Israel to the Southeast, Opher Aviran, his wife Talia, and their daughter Noa, spent their summer vacation visiting various Jewish National Fund projects in the Negev. With great respect for JNF's continued efforts, Consul General Aviran said he wanted to get a "first impression" of JNF's "added value" to the Negev. Throughout their journey, they visited a new water res-



L to R: Talia, Noa and Opher Aviran at Be'er Sheva River Park – one of JNF's significant projects in the Negev.

ervoir near Kibbutz Nir-Am, Be'er Sheva River Park, Sderot Secure Indoor Recreation Center, and Aleh Negev rehabilitative village in Ofakim, which cares for people suffering from severe disabilities. All

these projects, among many others, are part of JNF's Blueprint Negev campaign, to make the Negev Desert home to the next generation of Israel's residents.



Allison and Jared Samuels at the JEA Past Presidents Plaque placing their Father's name plate on the plaque



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The Faces of Hadassah

Meet Dr. Yaron Perry

Savannah Hadassah cordially invites you

Sunday

September 18, 2011

5 PM to 7 PM

to the opening event for members, associates (the men)
and wann-a-bes* of Hadassah featuring
Dr. Yaron Perry of Hadassah Medical Organization

5PM meet & greet for members of Savannah's medical and health care community hosted by
Dr. Morris Geffen

6PM meet & greet for Hadassah members, associates and guests hosted by Marla Geffen

5 Breckenridge Road

The Landings

RSVP to Chapter President Joanna Rich 912-480-4686

or email joanna@chirphealth.com

Directions provided at Main Landings gate



*wann-a-be no more:

Life membership is on sale for \$100 until 12/31/11
to celebrate Hadassah's centennial in 2012!



Need More Camp for Pre-K Students?

Kinder Kamp

Highlights:

- ☐ Educational Activities
- ☐ Swimming
- ☐ Art/Sports
- ☐ Cooking
- ☐ Field Trips
- ☐ Much more!!!

Members: \$30 daily
\$135 weekly

Non
Member: \$40 daily
\$180 Weekly

For more information
please call
DJ Horton at
(912) 355-8111

When : August 22, 2011-
September 19, 2011

Time: 8:00 am - 6:00 pm

Where: Jewish
Educational Alliance

Who: Pre-k Students



New JEA Members

The JEA would like to thank our members. Without your membership and support, we would not be able to offer all the services that we do. Our members are our most important asset! (New Members as of 6/24/11-8/10/11)

Tucker Adams
Geoffrey Ails
France Borgens
Stuart Chatham
Deloris Cook
Jeremy Cook
Brendan Crellin
Rabbi Darryl Crystal
Michael Griffin

Sunni Hammer
Mark Haney
Joseph & Debra Kujawa
Jane Rago
Courtney Ranum
Emily Runge
Robyn Wainner
John & Allison Watson
Jeremy Webb

Please Join Us

**Savannah Jewish Federation
68th Annual Meeting
Wednesday, September 14th
7:00 PM**

Dairy Desserts will be served

Installation of New Officers &
Board of Governors



Ages 5 & Up
(Children required to swim length of pool)

Registration starts September 1

Fees are \$50 per month members
\$75 per month non members

Days Tuesday Thursday

Times 4:30 - 5:30

Where Indoor pool

Registration forms can be found on the JEA website or at the front desk at the JEA. Registration is required for each month.

Program Objectives:

Stroke & Turn Development
Technique Improvement
Speed Improvement
Endurance

JEA Aftercare Program

Aftercare Hours:

Mon-Thurs - 3:00-6:00, Fridays - 3:00-5:00

Starts Monday, August 22nd

Open most days out of school

Cost: \$50/week \$12/day

**Transportation from Jacob G. Smith,
Charles Ellis & Garrison**

Transportation cost: \$30/month \$3/per trip



- **Swimming**
- **Gymnastics**
- **Sports**
- **Yoga**
- **Much more!!**

- **Homework Help**
- **Daily Snacks**
- **Cooking**
- **Fitness Fun**
- **Art**



Call DJ at 355-8111 for more information

Gator Basketball at the JEA

The second week of August was an amazing week for our Gator Ball Basketball campers. Sixteen campers had the opportunity to meet and learn from Larry "Gator" Rivers, a former Harlem Globetrotter and a native of Savannah. They learned many valuable skills such as:

Pads of Hands
Two Hand Chest Pass
Touch Drill
Pivot Pass
Dribble Pads
Touch-N-Turn
Shooting Techniques
Slight of Hand
Two Ball Juggle
Quick Hand Catch
Dig Dribble
Rib-N-Go
Hook Pass
Skip to Ball
Seal-N-Pop Out
Defend Dribble

The first couple of days were a little frustrating to some because of having to break bad habits but as soon as the understanding came about, their faces lit up with joy. Watching the kids improve is always something that a parent wants to see.

After seeing the success that we have had this summer, Gator has committed to have 2 weeks of summer camp next year again with us. We are going to have a week for girls and a week for boys. I hope that those that joined in this year will be able to come back next year as we continue to go this awesome opportunity. It's not everyday that kids get to learn from some of the best in the sport.



Zumba® Has Returned to the JEA!

Rachel Strickland, our new Zumba® instructor, is from the beautiful Caribbean Island of Trinidad! Dancing is a huge part of her culture and she truly enjoys it. Zumba® Fitness became a part of her life about 2 years ago. She saw excellent results, and it was so much fun that she didn't even realize she was working out! This inspired her to become an instructor.



What is Zumba®? Zumba is a popular dance-based workout that combines Latin and International music with a fun and effective workout system. You don't have to be an experienced dancer; anyone can Join the Party! Zumba® creates fun and repetitive routines for all different fitness levels!

Rachel is here to help you let loose after the long week and escape the world for 45 minutes of the best workout of your life! **Join us on Tuesday nights from 5:45 pm-6:30 pm!**

Deep Water Aerobics! Join Us for 6 Special Sessions!

Deep water aerobics is a cardio-vascular exercise performed in water deep enough so that



you do not come in contact with the bottom of the pool. A flotation device, such as a buoyancy belt or pool noodle, is usually used to free your hands and legs to perform large movements against the resistance of the water. Some moves commonly done in deep water aerobics classes include jumping jacks, knee tucks and scissors.

Deep-water aerobics reduces the heart rate by as much as 17 beats per minute compared to land exercises. Because of your reduced heart rate, your body might think it isn't working very hard, when in fact you are getting a strenuous workout. The low-impact exercises in deep-water aerobics is useful for those who find movements on land, such as kicking, running or dancing, too jarring or painful.

Water aerobics helps you burn calories more efficiently than traditional exercise. According to Diabetic Lifestyle.com, during a 30-minute workout, you will burn 135 calories by walking on land and 264 calories with deep-water walking.

Starting **August 19th through September 23rd** we are going to have deep water aerobics on Friday mornings from **9:00 to 10:00am** in the outdoor pool. There is a **\$5 charge per person per class** that would like to partake. Come and join the increased benefits from this special limited time water class for the next six weeks.

12 Steps to Help Decrease Stress



Stephanie Johnson
HPER Director

This article continues our discussion from last month about stress.

Can stress hurt your heart? The evidence is piling up that the answer is—yes, stress is bad for your ticker.

Last month we gave you the first 5 steps to protect your heart. This month, we give you the final seven steps.

Don't Drink (too much) Alcohol

Having too many drinks can raise triglycerides and blood pressure and even lead to heart failure. However, moderate drinking may actually ward off heart disease. Moderate means no more than one drink a day for women and two for men.

If you don't drink, this isn't a reason to start, according to Dr. Simmons, an assistant professor of family medicine at Texas A&M Health Science Center College of Medicine. "But if you have always enjoyed a glass of wine and want reassurance, it's perfectly fine," he says.

Cut the Caffeine

Caffeine can quickly raise your fight-or-flight response and all the attendant stress hormones, explains Dr. Simmons. That's good if you're being chased by a saber-toothed tiger but not so good if you're caught in traffic.

Elevated stress hormones contribute to inflammation. So cut down on your coffee or tea habit. And even your diet soda habit. Preliminary studies have linked diet sodas to an increased risk of diabetes, a major risk factor for heart disease.

Limit Emotional Involvements

Not with people! But avoid getting too emotionally invested in things that don't matter that much.

For example, researchers recently linked football team losses with a greater risk of heart attack. In Los Angeles County, deaths from heart attacks and just deaths in general (mostly in elderly people) spiked after the Pittsburgh Steelers routed the Los Angeles Rams 31-19 in the 1980 Super Bowl. But when the Rams pounced the Washington Redskins 38-9 in 1984, deaths in the county declined. So don't sweat the small stuff and remember that it's all small stuff.

Eat Right

Eating a balanced diet -- low in red meat and processed foods, high in fruits and vegetables, poultry, fish, and whole grains -- will not only keep your weight down but also have a more direct effect on the heart's functioning: It keeps your blood sugar stable throughout the day so you can avoid destructive peaks and valleys.

"Eating a more balanced diet with complex carbs means you're going to be stable throughout the day," Dr. Simmons says. "You're not going to have a carb high, then a drop down. Your mood isn't going to fluctuate." Healthy eating can help prevent or delay diabetes, a major risk factor for heart trouble.

Seek Help for Depression

Depression can increase the risk of heart disease and may shorten life span. If you're depressed, medication, psychotherapy or cognitive behavioral therapy, and other treatments may help. The Cleveland Clinic recommends anti-depressants known as selective serotonin reuptake inhibitors (SSRIs, such as Prozac and

Zoloft) because they don't raise blood pressure. But ask your doctor if this is the best drug for your depression and make sure you know about any interactions.

Get Some Sleep

So many people in our sleep-deprived culture just aren't getting enough z's, or enough of the right kind of rest. An average of six to eight hours of sleep is recommended.

However, quality of sleep is key. Sleep apnea—a condition in which you wake up periodically due to interrupted breathing—has been linked with cardiovascular disease.

People who awake in the middle of the night from sleep apnea are unable to complete normal sleep cycles, a time when the body naturally lowers hormone levels and blood pressure. This can lead to hypertension and heart disease.

Exercise More

Want a cure-all? Try aerobic exercises like running, walking, swimming, and even dancing. These activities help you feel better, lower your risk for diabetes, and make your heart stronger, a trifecta of health benefits. Exercise can also help depression.

Study after study has shown the benefits of physical activity, even active housework or gardening. The reason? It pumps your heart, moving blood all around the body.

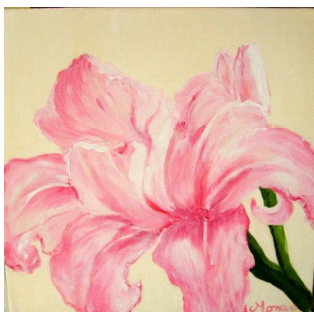
The American Heart Association recommends exercising aerobically at least 30 minutes all or most days of the week. But talk to your doctor before hitting the track.

JEA 2011 FITNESS CLASSES					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
	5:00-6:30 am Master Swim		5:00-6:30 am Master Swim		5:00-6:30 am Master Swim
9:15-10:15 am Pilates	8:30-9:45 am Firm It Up	8:30-9:30 am Pilates	8:30-9:45 am Firm It Up	8:30-9:30 am Pilates	8:30-9:45 am Firm It Up
10:15-11:15 am Total Body Blast	10:00-11:00 am Aquasize	10:00-11:00 am SilverSplash		10:00-11:00 am Aquasize	10:00-11:00 am Aqusize
	10:30-11:45 am Gentle Yoga		10:30-11:45 am Gentle Yoga		
	10:30-11:30 am SilverSneakers MSROM	10:30-11:30 am SilverSneakers Cardio Circuit	10:30-11:30 am SilverSneakers MSROM	10:30-11:30 am SilverSneakers Cardio Circuit	
1:00-2:00 pm Extreme Toning	Noon-2:00 pm Noontime Basketball		Noon-2:00 pm Noontime Basketball		Noon-2:00 pm Noontime Basketball
	5:30-7:30 pm Karate (small gym)	5:45-6:30 pm Zumba	5:30-7:30 pm Karate (small gym)		
			6:00-7:00 pm Boot Camp	6:00-8:00 pm SCPD Basketball	
	6:00-7:00 pm Evening Water Aerobics		6:00-7:00 pm Evening Water Aerobics	6:00-7:00 pm Evening Water Aerobics	
		6:30-7:30 pm Total Body Blast		6:30-7:30 pm Yoga Flow	
		7:00-9:00 pm Savannah Fencing Club		7:00-9:00 pm Savannah Fencing Club	

Art at the JEA



Bobby Segall



Mona Segall

September Artists—Bobby & Mona Segall

Robert and Mona Segall are husband and wife. Both are Savannah natives and both are artists!

Robert has been involved in various aspects of art all of his life, but has devoted his efforts in the past several years to oil painting. He is largely self-taught, but has studied with, among others, Savannah artist, Zola Delburn, as well as with his niece, Charlotte Segall, an accomplished artist (and SCAD honor graduate) now studying and residing in Florence, Italy.

His subject matter varies, from Savannah land- and seascapes to portraits, still life, and famous jazz musicians. He has also been commissioned for architectural renderings. “My love of Savannah and its surrounding waterways is evident in many of my works, as are the images I’ve created of the jazz music and musicians to whom I owe so much of my inspiration,” says Robert.

His work has been displayed at the Telfair Art Fair, as well as numerous local galleries, including Soho Gallery and Café, and Dimensions Gallery. He has had several solo shows, a number of Savannah Art Association group exhibitions, as well as having had a number of his jazz portraits featured at the 18th Annual Black-Heritage Festival.

Mona has loved art all of her life, studying with private teachers through her teens in Savannah before moving on to a Fine Arts major at the University of South Florida. However, it has only been in the past few years that she has rekindled her passion for painting.

Mona has painted in several mediums over the years, but now focuses primarily on acrylics. Mona’s passion for painting is inspired by the beauty that surrounds us from the colors and textures of nature to the movement and grace of ballet dancers.

The subject matter of her paintings spans everything from flowers to ballet dancers. Mona has several exhibitions coming up in the near future, some of which will be in conjunction with her husband. The two also share a joint studio and enjoy working and critiquing each others work. Mona has a number of commissioned that now reside in private collections.

Artwork available for viewing September 1-28, 2011
Reception September 1, 2011, 6:30-8 pm

JEA DONATIONS

(as of 6/24/11-8/8/11)

ARKIN-CLARK GARDEN FUND

In memory of Joanne Kirker
Sandy & Skippy Goodman
Jill & Ken Goldstein

JEA BUILDING FUND

In honor of Anne Silberman’s speedy recovery
In honor of Edwin Byck’s speedy recovery
Mr. & Mrs. Aaron Buchsbaum
In honor of Jeff Kole’s speedy recovery
Betty & Larry Lasky

JEA ENDOWMENT FUND

In honor of Jeff Kole’s speedy recovery
Sharon & Murray Galin

JEA GENERAL DONATIONS

In honor of Jeff Kole’s speedy recovery
Marjorie Gordon
Kelly & Marc Gordon
In memory of Enzo Krah
Katherine Scardino
A “Good Luck Charm” for Paul Kulbersh’s reign
as President of the JEA
Geraldine Greenberg

PEARL & JOSEPH GEFFEN ADULT EDUCATION SERIES FUND

In memory of Hymie Epstein
Adelle Burnsed-Geffen &
Theodore Geffen

RAYMOND & MORRIS ROSEN MEMORIAL FUND

In honor of Jeff Kole’s speedy recovery
In honor of Ashley Samuels’ speedy recovery
Laurie & Jeffrey Rubnitz

HARVEY RUBIN MEMORIAL FUND

In honor of Jeff Kole’s speedy recovery
Elise & Victor Shernoff

JEA FITNESS FUND

In honor of Carol Cohen’s speedy recovery
In honor of Arlene Steinfeldt’s speedy recovery
In honor of Jeff Kole’s speedy recovery
In honor of Sue Robin Weinbauer’s speedy
recovery
Sarabel & Ross Stemer

September 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Aug. 28 YJS End of Summer Pool Party- 2 pm	29	30	31	Sept. 1 Art Gallery Reception- 6:30 pm	2	3
4	5 Labor Day Offices Closed Fitness Open 9am-5 pm	6	7	8	9	10
11	12	13	14 SJF Annual Meeting- 7 pm	15	16	17
18	19	29	21	22	23	24
25	26	27	28 Erev Rosh Hashanah Office closes at 4 pm	29 Rosh Hashanah Office Closed	30 Rosh Hashanah Office Closed	Oct. 1

Jewish Pioneers in Medicine

By Dr. Martin Greenberg,
Professor of Medical Education at Mercer
University School of Medicine

An old Yiddish joke states (in rough translation) "Being a doctor is a Jewish disease." Yes, Jews have been doctors for millennia; some prominent, some just plain folks in their communities; but almost always making a difference!

Some, like Maimonides, have been extraordinary and, as Jews, we can be proud. Among the most notable doctors in the last one hundred plus years, recognized by a Nobel Prize, are many "smart Jewish kids" who went on to make a big difference. The prizes, administered by the Nobel Foundation were initially awarded annually in five categories, including outstanding contributions to Physiology or Medicine; the other prize categories being chemistry, literature, physics, and peace. Economics was added later. Alfred Nobel, inventor of dynamite, established the prizes for those who made a difference.

As of 2010, over 800 prizes have been awarded; more than 20% of the recipients are Jewish. Among them are about one dozen for contributions to literature, 23 for chemistry, 22 for

economics, 10 for world peace, 37 for physics, and the most, more than 50, were for medicine. In some instances more than one person shared the prize. Some winners came from Jewish backgrounds, but did not practice Judaism, or may have converted.

The following are but a few notable examples in the field of medicine for our community to kvell over:

- Elie Metchnikoff of Russia and Paul Ehrlich of Germany begin the list of Jews to win "Nobels" in Medicine for their pioneering work in immunology. Ehrlich also discovered SALVARSAN, the first treatment for syphilis.

- Karl Landsteiner of Austria, for his discovery of human blood groups (A,B,O) making blood transfusions safe and available.

- Ernst Boris Chain, a refugee to England from Nazi Ger-



Dr. Martin
Greenberg

many, for his work with Doctors Alexander Fleming and Howard Florey that led to the safe production of penicillin.

- Gerti Cori, of the USA and the first Jewish woman Nobel laureate, for work with diabetes and glucose/glycogen metabolism.

- Selman Waksman, of the USA, for the discovery of streptomycin, the first successful treatment of tuberculosis.

- Joshua Lederberg, of the USA, for his pioneering work in genetics (he went to my high school in New York).

- Arthur Kornberg, of the USA, for his work on discovery of RNA and DNA (his son won a Nobel Prize too). Dr. Kornberg, at Stanford University, is interested in Jewish medical ethics which is a fascinating combination.

- François Jacob and André Michael Lwoff of France for their discoveries concerning genetic control of enzyme and virus synthesis.

- Gerald Edelman, of the USA, for discoveries concerning the structures of antibodies.

ies.

- Roselyn Sussman Yalow, of the USA for discoveries in radioimmunoassays of peptide hormones. (She kept a Kosher home.)

- Michael Brown and Joseph Goldstein of the USA, (Both medical residents in Boston with Doris and me) for their discoveries concerning the regulation of cholesterol metabolism.

- Stanley Prusiner of the USA, for his discovery of Prions, a new principle in medicine and the cause of Mad Cow Disease.

Time and article length do not permit a more detailed discussion here but for readers, who are interested, much more information is available on these and other pioneers in medicine and other fields of human understanding acknowledged by Alfred Nobel by searching the Nobel Prize website.

If you are a healthcare professional and would like to submit an article on Healthcare and Judaism, please email Benjamin Bloom at sjnews@savj.org with an approximately 700 word article by the tenth of every month to be considered for submission to the Savannah Jewish News.

Letters to the Editor

To the Editor:

Great article in the *Savannah Jewish News*. Thanks for including it and for letting folks know about the impact we have on our students.

Wayne Silverman, PhD
Executive Director, Hillels of Georgia

To the Editor:

Calling all Girls Scouts, former scouts, leaders, and family of former scouts:

Next year scouts from all over the world will travel to Savannah to commemorate the 100th anniversary of the organization. Did you know Jewish girls participated in scouting from almost the very beginning! Help us document the

Jewish community's participation in Girl Scouting and camping by loaning us some of your memorabilia to scan or photograph or by telling us some of your stories for a special exhibit beginning January 2012.

Honor your memories and those of the women you love by being included in this centennial event.

Contact Lauree San Juan at 912-233-1547, lauree@mickveisrael.org or Carol Greenberg at MStarArts@gmail.com.



Girl Scouts®

Are you 21 – 39 and Jewish ?
Search for Young Jewish Savannah
On Facebook



Find us on
Facebook



**One Gift to Jewish Family Services,
A Lifetime of Support for the
Savannah Jewish Community**

A community supporter who chooses to remain anonymous
has established

The Tikvah Fund

in support of the Savannah Jewish Federation's
Jewish Family Services efforts.

Tikvah, meaning Hope, will provide funding in perpetuity for the social service needs of the community including rent/mortgage assistance, Kosher meals, case management, prescription medicines, clothing and other daily necessities for those who are unable to attend to themselves in times of need.

The Challenge

The fund's creators have generously issued a challenge to the community to participate in the creation of the Tikvah Fund. For every dollar donated to the fund by members of the community (up to a total of \$20,000), the fund's creators will match the donations dollar for dollar!

The Savannah Jewish Federation proudly provides space for a half-page ad to each local congregation in each issue of the Savannah Jewish News.

Join Us At Mickve Israel

Mickve Israel extends to you an open invitation!

To Worship: In addition to special children services and holiday events, we have Shabbat services on Friday evenings at 6:00 pm. From Memorial Day to Labor Day, our Friday evening services will be held at 6:30 pm. Instead of being held in our historic sanctuary, these Exotic Resort Location services will be hosted at member homes around the community. Our Saturday morning services are at 11:00 am and are followed by a Kiddush lunch.

To Tour Our Historic Sanctuary and Museum: We offer docent-led tours Monday through Friday from 10:00 am to 1:00 pm and again from 2:00 to 4:00 pm with the last tour starting approximately 30 minutes before the end of the session. The suggested donation for a tour is \$5 per person.

To Shop: Our Judaica Shop is stocked with a variety of items for children and adults. If we don't have what you are looking for, we can order it for you! The shop is open during tour times and other times upon request.

To Eat: The Shalom Y'all Jewish Food Festival will be held in Forsyth Park on Sunday, October 30, 2011, from 11:00 am until 4:00 pm.

For more information on the third oldest Jewish congregation in America founded in 1733, which is right in your community, contact Mickve Israel at 912.233.1547 or visit www.mickveisrael.org.

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Four Questions for the Rest of the Year

Toby Hollenberg,
Grow Savannah Volunteer and
Jewish Federation Board Member

1. Having once been new to Savannah, what was your experience like when you came to this Jewish community?

My husband and I were welcomed warmly at Mickve Israel and also through the newly formed Jewish Women of the Landings when we moved here 13 years ago. Initially those were our two Jewish connections in Savannah. We quickly met many people at Mickve Israel, involved ourselves in the congregation and then joined the JEA. We found that when we embraced the Jewish community, it quickly embraced us as well.

2. What brought about the "Grow Savannah" program in the Savannah Jewish community?

In 2003 (or thereabouts) the Grow Savannah program came out of the Federation's Human Resources Development committee which had determined that the JEA, each of the congregations, Rambam and Shalom School had the ability to accommodate many

more Jewish families and individuals, and in light of the fact that Savannah is a highly desirable place to live, we felt that we should find ways to attract and engage more Jewish people. Initially, ads were placed in several other Federation publications in the north and in Florida to advertise our welcoming Jewish community. We created an "Ambassador" program fashioned after the one developed at The Landings where prospective newcomers were paired with current residents. Carol Greenberg and I became the initial contact people, writing to or speaking with everyone who contacted the JEA/Federation indicating an interest in relocating to Savannah. We continue to do so, with new contacts coming from the Federation website. When these contacts actually come to Savannah to visit or to actively look to relocate, we make sure that they connect with the congregations, the JEA and others in the Jewish community with whom they might have something in common. We have had many successes in introducing newcomers to the Jewish community and helping them engage in Jewish life.



3. There are many in this community that may not notice the influx of Jewish individuals and families that are moving to Savannah. Can you share what you have noticed about those that moved to Savannah and about how much the Savannah Jewish community has changed and grown?

We've recently seen many new Jewish families with young children moving into the area as well as young adults who are starting their careers with various companies here. The growth of the Young Jewish Savannah group has created a very positive way for young adults to meet each other and have a connection with the Jewish community. Newcomers find Savannah a very warm and welcoming community because of our Grow Savannah Ambassador program. The job market in Savannah has its ebbs and flows and this, of course, has a great effect on the ability of people to move to our area. The medical community has brought many new Jewish practitioners to our community and several Jewish families have recently relocated with some of our local companies. Savannah has been a destination for many who wish to retire here as well as others who wish to live here and take their chances at finding job opportunities. A number of entrepreneurs have created their

own companies here as well. Savannah continues to be a very desirable place to which to relocate.

4. What advice do you have to those who have moved here recently and to those that may not know how to become a part of the Savannah Jewish community?

Moving to any community does require self-initiative in terms of finding one's interests and pursuing them, including being involved in the Jewish community. Savannah, however, provides newcomers with a warm, personal and comprehensive introduction to all options in the Jewish community. The Federation website and the weekly eNews from Federation provide wonderful information about the activities and options for involvement in the Jewish community. Anyone knowing of a new Jewish resident is encouraged to contact Adam, Carol or myself so that we can be sure that these people are appropriately welcomed and we can introduce them to others who might help them become involved. It does help when the newcomer is pro-active and takes it upon themselves to check out the congregations and the JEA, but we also want the entire community to help any newcomer by inviting them to services, to Shabbat dinner, to programs at the JEA and/or at the congregations and helping them meet other Jewish individuals and families.



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JOIN US FOR FRIDAY NIGHT FAMILY SERVICES
FRIDAY, SEPTEMBER 17TH



To Change or Not to Change

The word change has begun to be used as commonly as the word bully. Society has made it too easy for a child to be labeled a bully rather than the child just may be unkind at times. That is an ongoing situation that schools must currently address on a regular basis. Not only protecting children that are being *bullied*, but as well to safeguard the child being labeled a bully – is the child really deserving of the label?

Change is a necessary aspect of our lives. Our world is constantly changing, requiring us to bring to the table situations that in *our day* just didn't require so much time and energy. **The responsibility of every generation is to determine the benefit of change and not just the generic, change is good.**

When our forefather, Yitzchak, was preparing to take a wife, he engaged his father in conversation about his intentions and to inquire if his father had any advice? Yitzchak was forty years old. Without much thought, one would be quick to say at forty can't he make up his own mind? However, let's ponder this thought. Would we as parents really be disturbed if our children wished to discuss their lives with us? Not because they don't have the fortitude to be mature adults, they just value our opinion. I think most of us would relish the *honor* of inclusion.

Some things are meant to stay just

as they are. In fact, what often needs changing is an *outlook* not the idea. Rambam believes strongly that Jewish children should be given the opportunity to learn about their heritage, be exposed to their heritage, and

be well versed in their heritage – to be able to make educated decisions about their role in Judaism. Rambam makes it fun to learn; Rambam makes it a hands on learning experience; Rambam exposes our students (of all ages) to their heritage through songs, videos, various books, projects, speakers and so much more.

Rambam Day School is unique because we have a dual program and both programs are geared to excellence! No educator has ever become familiar with our program and not been intrigued. This past school year Rambam became reaccredited by the Southern Association of Colleges and Schools Council. This is the highest Georgia accreditation. The comments from the delegates that observed our school expressed their respect, admiration and awe of what Rambam accomplishes.

Some fundamentals need not change to remain meaningful, significant, and superb.



Ester Rabhan,
Principal of
Rambam Day School

A Return to Routine

As school has begun, I am struggling with routines. Bringing back the good ones, like a healthy breakfast and getting rid of the bad ones, like summer bedtime hours!

The same goes at Shalom School. We want our routine back!

Routines are essential building blocks of life. Parenting books, pediatricians, and early childhood experts will tell you that routines provide children with a measure of predictability that is necessary and comforting. They give children a sense of safety in an unsafe world. Routines and rituals are also emotional regulators, guides to positive behavior, ways to decrease conflict, and perhaps most importantly, a basis for learning.

Not much to do with bedtimes or breakfast, Shalom School focuses on Jewish routines. To bring the Holy to the daily is our mantra. Sometimes it means pointing out to the child that there is a Jewish aspect to all our daily actions, like when we make a blessing before eating a piece of fruit. Other times it means learning new rituals, ones that can be replicated outside of school easily, like starting our Friday dinner with the Shalom Aleichem song as we welcome Shabbat in our house.

Most of our actions in a given day are based on habit. Getting up at a certain time, getting ready a certain way ... If I was to decide tomorrow to change one of my habits and do things differently, it would feel a little odd. I might barely notice it. But I would feel kind

of strange. Our school's task is to make our students feel comfortable with all the little changes we want to incorporate in their everyday lives. From saying the Shema when they go to sleep or lighting candles every Friday night, we want them to embrace the change in their routines by taking the odd feeling away. And the more consistent we are, the stronger the habit develops and the easier it becomes.

Whether it is making the mundane sacred, or incorporating the sacred into our everyday routines, parents are a key factor in that process. While our teachers are doing a wonderful job at introducing these routines, we need the parents to be role models at home to establish the routines and rituals in the children's lives.

Force of habit is one of the most powerful forces in our life. It can help motivate us to accomplish anything (as it can prevent us from achieving our dreams if handled the wrong way).

As we are getting ready for Rosh Hashanah I wish for all of us a year rich in new experiences, in new or better habits, and most of all a year full of Holy in our daily lives.

Shalom
Eva Locker



Eva Locker,
Principal of
Shalom School



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Thank you to those who generously donated prizes to make the JEA Cocktails to Cupcakes Great Gala a success!

45 Bistro	Edgewood Travel	Lawrence Brody	Rusty & Renee Bridges
Aaron & Dayle Levy	Elizabeth's on 37th	Lay-Z-Boy Furniture Gallery	Sally & Steve Greenberg
AGB Fitness	Facials by Deloris	LeeAnn Kole	Sarah Kovensky
Alan & Candy Lowe	Finger and Associates, Plastic Surgery	Levy Jewelers	Savannah Power Yoga
Amelia Eichholz	Center and New Youth Medical Spa	Linda Zoller & Savannah	Scott Cohen
American Mattress	Finishing Touches Day Spa	Jewish Federation Board	Sharon Galin
Amusement Sales and Service	Fish Art	Live Oaks Restaurant Group	Simons Formal Wear
Arlene & Allan Ratner	Flightsafety International Savannah	Lo Cost Pharmacy	Smith Brothers
Asheville Hot Air Balloons and the	Learning Center	Loc's Chicken and Waffles	Sorrel-Weed House
Schantz Agency	Four Seasons Travel	Lori Keith Robinson	Southern Motors
Atlanta Bread	Friedman Savannah Art	Lovin' Spoons	Star Castle
Audiology and Hearing Aid Services	Friedman's Fine Art	Luxury Living Properties	Starbucks
Aunt Harriet's Strudels	Gaucht	MacElwee's Gift Certificate	Stayce Koepler Photography
B Street Salon	Gerry & Eve Bluett	Mansion on Forsyth Park	Stephanie Johnson
Bangles	Gigi's Cupcakes	Marco's Pizza	Stephen Schneider
Barberitos Southwestern Grille and	Globe Shoe Co.	Marigold Beauty Concepts	Sterling Styles
Cantina	Gottlieb-Cohen Caterers of New	MarKel Computers & Consulting	Steve and Maureen Gordon
Barney Portman	South Kosher	Marsha Lipsitz	Steven G. Berwitz
Bella's Italian Café	Grateful Hound	Matthew Rosenthal	Strong Gym
Beth Roth	Green Truck	Merry Times	Sundae Café and Deli
Bill & Sharon Sand	Habersham Street Salon	Michael & Suzanne Konter	Sweet Potatoes Kitchen
Billy Johnson	Helese Sandler	Michael Dobbs	Sweet Water Spa
Bleu Belle	Hello Gorgeous Salon	Michelle Allan	Sweetwaters Pool Costal
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Cutting Crew	Just For Baby & more	Quality Bicycle	Wang's II Chinese Restaurant
Dave Collision	Kasey's Grille	Rage Salon	Welsh Pawn Shop
David's Dry Cleaner	Kirschner Furs	Red and White Supermarket	Wild Birds Unlimited
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E.J. Scandals	(Stella & Dot)	Sporting Goods	

Condolences

We express our sympathy to the families of:

Carnegie S. Haysman

Who died on July 14, 2011

She is survived by one daughter, Sandra H. Gebhardt; one son, Arthur “A.J.” Haysman of Warner Robbins, GA; four grandchildren, five great grandchildren, and numerous nieces and nephews.

Remembrances: Hospice Savannah or Abe and Ethel Kamine Senior Lunch Fund, c/o Savannah Jewish Federation.

Shirley R. Winner

Who died on July 25, 2011

She is survived by her two sons, Jay Irving (Nancy Wallace) Winner and Stanley I. Winner.

Remembrances: Hospice Savannah.

Dorothy Meyer Adler

Who died on July 31, 2011

She is survived by her son, Arnold (Peggy) Adler of Marietta, GA; three grandchildren, Carly Adler Davis, Anna Adler and Stephen Hollis Adler; three great grandchildren, one sister-in-law, Melanie Meyer of Chicago, IL; numerous nieces, nephews, grand nieces, grand nephews and cousins. Remembrances: Congregation Bnai Brith Jacob, Jewish Educational Alliance or Odyssey Healthcare Hospice.

Reserve Your Space Today for Your New Year’s Greetings in the *Savannah Jewish News*

Say “Shana Tova” To the entire Savannah Jewish Community in the October High Holidays issue of the *Savannah Jewish News*

*** DEADLINE IS SEPTEMBER 10, 2011 ***

The *Savannah Jewish News* is pleased to once again offer you the opportunity to extend High Holiday Greetings through the purchase of a personal holiday greeting. Please note the sizes available below, select the size you want, provide us with your message, and your name or names (*printed clearly, please*) as you want your greeting to appear.

There are three sizes available:

1.

Mr. & Mrs. Harry Blank
Wish all their Relatives
And Friends
A Happy & Prosperous
New Year

\$36 Boxed Listing
Five lines maximum
2-1/2” x 1-1/4”

3.

Wishing Friends and Family
a Happy and Healthy
New Year



Harry, Jane,
Susie & Sam Blank

2.

Wishing Friends and Family
A Happy New Year
Mr. & Mrs. Harry Blank

\$18 Listing / Three lines maximum
Max. 35 characters/line, inc. spaces

\$54 Larger-sized family greeting with or without a family photo or graphic
2-1/2” x 2-1/2”

Return To: Savannah Jewish Federation
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Expiration date: _____

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Signature: _____

Message (include your complete greeting, typed or neatly printed please):

All Greetings must be received by September 10, 2011

Savannah Leader Attends BBYO's Conference

Regional BBYO Godo, Elliot recently attended, BBYO's International Executives Conference in Washington, DC. The Regional and Council 'Execs' met as the Movement's top tier teen leadership.

Programming for the weekend was focused on five key priorities of AZA and BBG for the coming year: (1) Total Involvement and Growth, (2) Programming Standards and Quality, (3) Expanding and Strengthening Stand Up!, (4) Globalizing our Movement and (5) Committing to Israel. Each session was facilitated by a team of professionals and members from the AZA & BBG International Boards, and each workshop had materials to allow for easy implementation back home in our Savannah Jewish community.

Elliot participated in workshops with Estee Portnoy, Chairwoman of BBYO's International Board of Directors, and with partner agencies including AIPAC, JDC, AJWS, Keshet, Rock the Vote, the iCenter, the Israel on Campus Coalition, Jewish Student Union and the Jewish Partisans

Educational Foundation, and Oz Fishman (GAG) and Samantha Levinson (N'siah). The teens embraced BBYO's new brand and launched the theme for IC 2012.

This group of Regional and Council leaders of BBYO worked on an impressive array of BBYO related business and passed a great deal of legislation:

1. An endorsement for Congresswoman Debbie Wasserman Schultz's (D-FL) and Congresswoman Ileana Ros-Lehtinen (R-FL) bill to protect the rights of aging Holocaust survivors in the USA

2. They established Stand Up! Week – the 7-day period ahead of J-Serve, culminating with J-Serve (April 2012)

3. They approved a new chapter charter process to incentivize new chapters to reach for self-sustainability

4. BBYO's Speak Up for Israel's advocacy strategies were agreed upon intended to target mass audiences, use social media and connect with student government leaders



Elliot Kooden in D.C. with Regional and Council Godols from Canada, Cleveland, Tulsa, Denver, Longwood, FL, and Lake Worth, FL

5. AZA and BBG welcomed – alongside professional leadership from the JDC – Latvia and Ukraine as our newest global affiliates, and Skype'd with a 16-year old named Besos – the only Jewish teen in all of Albania – who celebrated the 5th Shabbat of his lifetime on Ambassadors to Bulgaria this summer

6. AZA and BBG discussed and approved updated organizational core values.

7. BBG passed a motion creating a new initiative called BBGG – B'nai

B'rith Girls Games – to leverage athletics and recreation as a new method of adding content and engaging more Jewish teens.

The BBYO AZA and BBG Chapters in Savannah are supported by your generous gift to the Savannah Jewish Federation's Annual Campaign.

The BBYO year is just beginning, if you would like your teen to join or want information on Savannah's BBYO, contact Joanne Kooden by phone, 912-354-6913 or by email, her at threered@aol.com.



The Savannah Jewish Archives is planning a bus trip to Charleston on November 17th, to visit the Jewish Heritage Collection at the College of Charleston Library and Congregation Beth Elohim, with lunch included.

We need a minimum of 20 attendees with a maximum of 40. We will meet at 9 AM at the JEA and plan to return there by 5 PM.

This trip is designed for paid-up members of the Archives only. The cost per person is \$75.

The money must be paid by October 14th, and attendees will be accepted on a first come - first served basis.

Send your check in the amount of \$75 to:

Savannah Jewish Archives
219 E. Jones Street
Savannah, Georgia 31401

For further information call 912-236-5461.

To join the Archives or renew your membership for 2011 at one of these levels:

Benefactor	\$500
Sustainer	\$250
Friend	\$100
Member	\$50

Send your check to:
Savannah Jewish Archives
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Savannah, Georgia 31401

Membership entitles you to access the Savannah Jewish Archives collection

The Savannah Jewish Federation Gratefully Thanks Our Contributors

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In honor of Helese Sandler's recovery

Betty & Larry Lasky

CREATE a Jewish Legacy



Preparing the Next Generation of Nonprofit Leaders

The nonprofit sector is at a major crossroads. Thousands of idealistic baby boomers that started nonprofit organizations 20 years ago are calling it quits and retiring from their leadership positions in the coming years. So, who will replace these exiting executive directors and take up the torch in the nonprofit sector?

Word is that we'll need 640,000 new senior nonprofit managers by 2016, an impressive number by far, but it should be nothing for a sector with over 9 million workers currently in place to fill those roles, especially with energetic young people coming to the nonprofit field in droves. However, what we're seeing is actually to the contrary – younger nonprofit professionals are saying, "Hey, wait a minute, we're not ready for these positions, and to be honest, we're not even sure we want them." Right now we have an incredible opportunity to embrace generational change and use it to our advantage to ensure a sustainable future for nonprofits around the country. But the reality is that the next generation of

nonprofit leaders needs help, and lots of it, to be able to rise to the important challenge of assuming executive roles after baby boomers leave.

Clearly we should be focused on cultivating and developing the leaders we already have in the sector, instead of trying to attract 640,000 new ones. In order for the sector to continue to do our good work, it's important that we prepare, develop, and groom current nonprofit professionals for vacant leadership roles in the future. Good news is that we absolutely can do this as a sector, and use this era of generational shift to change the face of the nonprofit sector and find new ways of fulfilling our missions and improving the community in smarter, faster, cheaper, and more innovative ways. Bad news is that for young nonprofit professionals, executive leadership is just not that easy to envision. Younger workers feel the challenges every day concerning long hours and low pay, the lack of adequate infrastructure, inefficient technology, and outdated modes of implementing programs that

hinder us from doing our jobs as well as we could. We know there are more effective ways of implementing social change, and young people bring the energy and idealism to back it up. But how can things change if current leaders aren't nurturing younger generations to be part of the solution?

To paraphrase a famous singer's provocative question for current leaders in the nonprofit sector: What have you done for the next generation lately? What actions is the sector taking to ensure that young nonprofit employees are getting the right leadership development opportunities so they can take the reigns from retiring baby boomers? Therefore nonprofits need to be proactive in preparing their younger workforce for future leadership positions. Some ideas:

- Provide mentoring opportunities to younger employees through your colleagues or board members. Allow work time to be used for mentoring sessions monthly or quarterly.

- Give junior employees tangible leadership opportunities such as lead-

ing a meeting, managing an important project from start to finish, or supervising an intern or volunteer.

- Encourage all staff to pursue learning opportunities outside of their job description—executive directors need to know each piece of the organization, so let your staff learn, too.

- Involve staff in major decision-making, such as the organization's strategic planning process or preparation for an important board meeting.

Point blank: If current nonprofit leaders give half a damn about their organizations and their missions to improve the world in some way, it's critical that they work closely with younger generations to help prepare them for the long road ahead. And let's be clear that the leadership "crisis" is not an issue of there not being enough young people who want to work in nonprofits. The problem is that current leaders are not doing enough to cultivate their younger staff to take over their jobs when they retire in the coming years. And we need to change that.

We've helped young Jews in our community strengthen their roots in Israel.

Thanks to donors like you, here are a few of them.

From farm-focused, eco-Israel experiences to Teen Israel Experiences and MASA programs, Jewish Federation is actively supporting innovative new projects that inspire a deep love of Israel and Jewish life. It's a successful strategy we apply to every issue we tackle. From feeding the hungry and helping the unemployed to supporting local Jewish education, together we do a world of good. **Donate. Volunteer. Make a difference today.**



David Sokolin, Benji Garfunkel and Aaron Solender at the Kinneret



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