

**12th
Anniversary**

*Exciting Raffle
Prizes Every Night!*



**Celebration!®
Cinema North**

**May 2-6,
2010**

JEWISH FILM FESTIVAL OF GRAND RAPIDS

Sunday, May 2nd

ELI & BEN

Monday, May 3rd

CAMERA OBSCURA

Tuesday, May 4th

SPRING OF 1941

Wednesday, May 5th

WHITE BALANCE

MIDDLE EASTERN DINNER

ADAM RESURRECTED

Thursday, May 6th

NORA'S WILL

Admission: \$ 6.00 per film

Flex pass tickets (eight admissions): \$ 36.00 available at the
Jewish Federation until April 30th

*This program is sponsored by the Jewish Federation
of Grand Rapids, Celebration! Cinema, the
Rosenzweig-Coopersmith Foundation and private donors.*

See information on pages 6-7

FEDERATIONS CONTINUE TO SUPPORT RELIEF EFFORTS IN HAITI AND CHILE

HOW YOU CAN HELP: *The Jewish Federations of North America is partnering with the American Jewish Joint Distribution Committee (JDC) to provide urgently needed aid and relief on a nonsectarian basis to victims of the devastating earthquake.*

JDC affirms that 100% of funds donated through this emergency collection effort will be spent on Haiti relief.

BACKGROUND: On Tuesday, January 12, a powerful earthquake battered the Caribbean nation of Haiti, devastating the capital city of Port-au-Prince. Thousands are feared dead from the immediate impact, with thousands more injured and an estimated 3 million Haitians may face hardship in the aftermath.

HOW FEDERATION RELIEF FUNDS ARE HELPING HAITI: In partnership with JDC, The Jewish Federations of North America are meeting short-term emergency needs in Haiti by:

- * Mobilizing the Federations to raise funds and encouraging them to open local emergency mailboxes;
- * Providing Federations with e-philanthropy tools to raise money for Haiti;
- * Convening the Coalition of Jewish Disaster Relief to ensure coordination and cooperation, to maximize our impact, to ensure we meet medium-term and long-term needs and to avoid duplication of efforts;
- * Funding the Israel Defense Forces field hospital, the first portable medical facility operational in Haiti. This facility includes 120 personnel: physicians, surgeons, obstetricians, nurses and others. Federations purchased medical equipment including infant incubators for a neonatal unit and orthopedic devices to support the IDF Medical Corps.;
- * Working with Heart-to-Heart International, a U.S. non-governmental organization, to provide emergency medical assistance, equipment and other services;
- * Exploring partnerships with other organizations in Haiti;
- * Working with IsraAID, which sent 15 members to Haiti to help with Operation Blessing, an effort funded by the American Jewish Committee and several Federations. An additional dozen people are expected in Haiti shortly;

The History of Haiti's Jews: A Jewish presence in Haiti dates back to 1492; the interpreter on Christopher Columbus' ship was Luis de Torres, a Converso. Today, Haiti's Jewish population is approximately 25, centered around Port-au-Prince, the earthquake epicenter. Haiti and Israel have full diplomatic relations.



Please help heal the victims and rebuild Haiti

- * Working with USAID and Interaction to send additional medical personnel and supplies to Haiti;
- * Coordinating with HIAS on immigrant protection issues for Haitians who are currently in the process of deportation;
- * Working with the National Association of Jewish Chaplains to mobilize chaplains trained in disaster spiritual care and partnering with the American Red Cross for deployment.

March 11, 2010

The Jewish Federation movement is working closely with our overseas partners to help victims of the recent earthquakes in Haiti and Chile. Since the Haiti disaster in January, Jewish Federations have raised \$5.1 million, while also raising more than \$42,000 for the more recent Chilean disaster.

The Jewish Federations of North America and many individual Federations are sending donations directly to our overseas partners, the American Jewish Joint Distribution Committee (JDC). Federations are also sending funds to organizations such as the American Jewish World Service and IsraAID.

In a recent teleconference series about the Federation response in Haiti, representatives of JDC, IsraAID, American Jewish World Service and ORT detailed their activities to date. Staff from the Jewish Federation of Metropolitan Chicago, Chicago's Jewish Child and Family Services and the Jewish Federation of Greater Miami also discussed their work with Haitians locally.

Reports about the Jewish community in Chile have been encouraging. Even after today's aftershocks, we have heard of no fatalities or major injuries in the Jewish community. However, it appears that some synagogues have been damaged. The Jewish community formed the Community Committee for the National Emergency to coordinate relief activities. The committee has requested the help of an Israeli medical team, but said further assistance, while appreciated, was not necessary.

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OUR MISSION

Jewish Federation of Grand Rapids supports cultural, social and financial needs of Jews locally, in the State of Israel, and around the world.

This mission is accomplished by providing services to the community and through fundraising and allocation efforts.

I am:

- HUNGRY
- LOST
- IN DEBT
- WORKING PART TIME
- UNEMPLOYED
- COLD
- SICK
- LAID OFF
- SINGLE
- MARRIED
- HOMELESS
- DOWNSIZED
- ADDICTED
- ALONE
- A FATHER
- PROFESSIONAL
- SCARED
- AN IMMIGRANT
- A REFUGEE
- ESTABLISHED
- BROKE
- JEWISH

Though the economic crisis may have affected each of us differently, the Jewish Federation is the one place we can all turn to for help. In fact, more of us are relying on the services of Federationfunded agencies to help make ends meet, feed our families, and pay our mortgages than ever before. Yet for every story of hardship and despair, there are countless stories of love and hope that you can be a part of. You can help. You can make a difference. You can make the world a better place.

Make the Most of your Campaign 2009-2010 Dollars

Young Leadership Challenge Grant

If you are 40 years of age or under, any new gift or increase to last year's gift will be matched dollar for dollar, thanks to the generosity of the Hurwitz and Thodey families through the Hy and Greta Berkowitz Foundation.

The Louis and Helen Padnos Foundation Challenge Grant

Any new gift and any increase to last year's gift will be matched, dollar for dollar.



ANNUAL CAMPAIGN 2009-2010

Jewish Federation of Grand Rapids
 2727 Michigan St. NE
 Grand Rapids, Michigan 49506
 (616) 942-5553 email: info@jfgr.org
 www.jfgr.org

Live Generously.

Name _____

Address _____

Please consider a 10% increase

Please cut out this pledge card, fill it in and send it to the Federation office.

I HEREBY PLEDGE TO THE FEDERATION ANNUAL CAMPAIGN THE SUM OF: \$ _____

 Donor's Signature

Method of Payment: Check Stock

Please charge my: Mastercard Visa

 Card Number

 Exp. Date

SENIOR PROGRAMMING . . .

Official Holocaust Commemoration Ceremony in Lansing

Please join Governor Jennifer Granholm, members of the Michigan Legislature, the Michigan Board of Rabbis and the Michigan Jewish Conference at the States Official Holocaust Commemoration ceremony, 'Stories of Freedom: What you Do Matters', April 14, 2010 at noon at the Capitol Rotunda in Lansing. Representative Lisa Brown (West Bloomfield) will emcee this very moving ceremony which will include remarks from the Governor, a presentation by Senator Mark Jansen (Grand Rapids) about his impressions of visiting Yad Vashem in Israel and singing and poetry by the choir of the Jewish Academy of Metropolitan Detroit's. Additionally there will be a candle lighting ceremony where state legislators will participate in personally recognizing all of survivors and liberators in attendance. For the survivors and liberators that participate, there will be a free luncheon at MSU Hillel following the ceremony.

If you are a survivor or liberator and want to attend, please contact Ann Berman at 942-5553.

Free transportation provided.

Jewish Theater Grand Rapids presents

An American Daughter

By Wendy Wasserstein

Sunday April 18th • 3:00 pm

Cost: \$15.00

We will meet at Temple Emanuel at 2:15 pm so that we can car pool to the theater!

LUNCH BUNCH Heritage Restaurant

3555 Lake Eastbrook Blvd., S.E.

Tuesday, April 13th

11:30 am

Cost: \$8.00



RSVP by April 12 to Federation at 942-5553

Transportation is available!

COMMUNITY NEWS . . .

HADASSAH BOOK CLUB

Thank you to Flory Silverstein for hosting our February book review and to Susette Tauber for being our facilitator and sharing with us her story, the same as the book's.

Next Meeting: April 14, 7:25 pm

at Mitzi Cohon's home

1526 Falcon Crest Dr. N.E.

Phone: 575-5623 – Please R.S.V.P.

Book to read: Olive Kelteridge

by Elizabeth Strout

Facilitator: Bev Knopp

Your "Book Ends"

Sue Remes – 949-3505

Flory Silverstein – 949-5766

Our June book will be The Girl From Foreign



Family Pre-Shabbat Happy Hour and Kabbalat Shabbat with Author Dara Horn • April 16, 6:15 p.m Congregation Ahavas Israel



The religious Life committee is hosting a Pre-Shabbat Family Happy Hour (music, drinks, hors d'oeuvres; and snacks and drinks for the kids) at 6:15 p.m., followed by Kabbalat Shabbat on April 16. To sponsor the happy hour (\$54), contact the synagogue office.

Prize-winning author Dara Horn interweaves mystery, romance, folklore, theology, history, and scripture into a spell-binding modern tale. She is the author of: *The world to Come, In the Image* and *All Other Nights*. In 2007 Dara Horn was chosen by Granta magazine as one of the Best Young American Novelists. More info: 949-2840.

YOUNG ADULT DIVISION . . .

YAD Mah Jongg

Join us at our next game!

Sunday Night at 7:30 pm

April 18



For more information, call Michele Young at 828-4806

Now Meeting at Forest Hills Foods

Beginners welcome!

No experience necessary.



Everyone had a great time at the Family Tubing Day on February 21



COMMUNITY NEWS . . . EVERYONE INVITED!

Wednesday, April 7th – 7 pm

Post Passover Party

HopCat • 25 Ionia SW

Now that the family traditions are done for another year, join us at 7 pm for what is sure to become a new Passover tradition. Shmaltz Brewing Company's He'Brew beers will be "the chosen beers" of the night. There will be some locally made cheese provided by Dancing Goat / Dogwood Farms, as well as plenty of imported "cheese" by Shmaltz owner, Jeremy Cowan. He plans on joining us for the night and bringing some vintage He'Brew beers from his private stash in Brooklyn...La Chaim! **RSVP to Cathy@jfgr.org or Evan@rossiolaw.com.**



Jewish Film Festival 12th Anniversary



Celebration!
Cinema North

Sunday, May 2nd 3:00 P.M.
FAMILY MATINEE

ELI & BEN

89 min

Hebrew

with subtitles

Eli is 12 years old and his world is turned upside down when his father, the City Architect of Herzelya, is charged with taking bribes. The father is taken into custody right before Eli's eyes and the news makes its way into the newspaper and the school ground alike. Eli is convinced that his father is innocent. He intends to draw on the full reserves of his innocence and mischief to see to it that his father is released. But the path would not be easy. Eli will have to face injustice, corruption and pretense, among both adults and children. He will have to shape his own principles and stick to them. In the process he will re-discover his father and taste the bitter sting of first love.

Special Family Admission Price: Max \$18 per family



Monday, May 3rd 7:30 p.m.

CAMERA OBSCURA

86 min

Spanish & Yiddish with subtitles

At the end of the 19th century, a baby girl is born



only feet from the new world as a ship of immigrants docks in Buenos Aires harbor. Shy and self-conscious, Gertrudis grows up and into her role as the ugly duckling in a colony of Argentinean Jews. She fashions herself almost invisible, even hiding her face in photographs. After she is married off to an older, wealthy Jewish rancher,

Gertrudis meets expectations and raises a family. The years pass and she finds solace in the beauty of everyday life, turning the tasks of setting the table or preparing a meal into aesthetic pursuits. One day her husband invites a gentle, nomadic French photographer to take a family portrait. His wondrous Surrealist photographs and uncompromising vision, allow Gertrudis to see herself for the first time.

Guest speaker:

photographer David Lubbers

Tuesday, May 4th 7:30 p.m.

SPRING OF 1941

97 min Rated ®

English

Spring of 1941 is the story of Clara, her husband, and two daughters, a Jewish family seeking shelter as Nazis storm Poland. They find a safe house in the farm of Emilia, their local grocer. After her husband was taken to fight for his country and does not return, Emilia is all alone in the large house.



FILM FESTIVAL . . .

Under the horrors of the war and the agony of death that surrounds, an impossible love triangle erupts.

The fragile arrangement, made only in order to live, is tested again and again.

In 1971 world famous Cellist Clara Plank returns to Poland for the first time. She is the guest of honor in a gala concert to be held in her home town. But the familiar sights and faces are so powerful that her mind wanders to that one spring, 30 years earlier, when that terrible war came to destroy her world.

Wednesday, May 5th

Children's Festival 4:30 p.m.

WHITE BALANCE

50 min

Hebrew w/English subtitles



Twelve year-old Itamar has a deep passion for ice skating. However, he is slowly losing his hearing, which forces him away from his singular passion.

Itamar refuses to accept his doctor's orders and his parents' wish that he stay away from the ice rink. Enter Natalie, his new partner, who is a wild and disobedient girl. Together they struggle and grow within a complicated world of adolescence.

Middle Eastern Dinner

RSVP by May 3 to 942-5553 **6:00 p.m.**

Wave Room at Celebration! Cinema

Adults: \$7.00 - Children (12 and younger): \$5.00

Movie 7:30 p.m.

ADAM RESURRECTED

106 min Rated Ⓜ

English

Adam Resurrected follows former Berlin magician and circus impresario Adam Stein (Jeff Goldblum), an enthralling, enigmatic patient at a remote Israeli rehabilitation outpost for Holocaust survivors.

Entertainer, clairvoyant, sophisticate and lothario,

Stein veers from brilliance to eroticism, horror and madness, with flashbacks to the physical and psychological demoralization he endured under Commandant Klein in the Stelling death camp. Stein appears to have everyone stymied and overawed, but an unusual new patient seems to have the magnetic power to break him free of the grip of his relentless torment.

Guest speaker: Grand Rapids native film director Paul Schrader



Thursday, May 6th 7:30 p.m.

NORA'S WILL (5 DIAS SIN NORA)

90 min

Spanish with subtitles



Before dying, Nora schemes a plan to make José, her ex-husband, take care of her corpse. But she is missing something. For the only flaw in the plan – a mysterious photograph forgotten under the bed – will lead to an unexpected outcome reminding us that the biggest love stories are sometimes hidden in the smallest places.

Admission is \$6.00 per film.

Flex Pass tickets for 8 admissions are \$36.00 each, and are available until April 30th at Jewish Federation of Grand Rapids

(616) 942-5553 • www.jewishgrandrapids.org

Temple Emanuel

In honor of Yom Ha'atazmaut, Israel's 62nd Birthday
Join us at Temple Emanuel for our next
Sunday Night at the Movies on April 18 at 7:00 PM
for a special viewing of the Israeli Film
Aviva, My Love

This 107 minute film is in Hebrew with English subtitles.

Aviva, a hard working hotel cook in the small northern Israeli town of Tiberias, is on the brink of finally fulfilling her lifelong dream. For years she kept her remarkable writing abilities under wraps, until her sister, Anita, introduces her to Oded, an accomplished novelist. Immediately recognizing Aviva's talent, Oded takes her under his wing, promising to help her achieve greatness. But the journey to greatness effects her life and the lives of her family - her unemployed husband, her troubled children, her unstable mother, and primarily her sister, a funny and sensitive woman who has her own dreams. When Aviva discovers that Oded has other plans for her work, her world collapses. Israeli snacks served

Ever thought about spending a few weeks
volunteering in Israel?

Temple Emanuel invites the community to join us
for a bagels and lox breakfast on Sunday morning,
May 2, at 10:00 AM – Cost is \$5.00

We welcome Ed Kohl, chairperson of Volunteers For Israel, the Midwest/Great Lakes Region, to Temple. Ed will speak about the Volunteers for Israel program, and answer questions about this great opportunity.

The purpose of Volunteers for Israel (VFI) is to aid Israel through hands-on volunteer work and to build lasting relationships between Israelis, Diaspora Jews, and other friends of Israel.

The program is open to those 17 years of age and older. Volunteers for Israel is a non-profit, nonpolitical, non-denominational organization. Participants perform various civilian, non-combat duties on military bases or in hospitals that would otherwise have to be done by overburdened Israelis.

Volunteers work a 5-day week. There is no work on Friday or on Shabbat. The kind of work that is done depends upon the current need.

Please RSVP to the Temple office at 459-5976 if you are able to join us.

Temple Emanuel invites the greater Grand Rapids
Jewish Community to join us on a road trip to the
2010 Greater Chicago Jewish Folk Arts Festival
on Sunday June 13, 2010 – Cost is \$8.00

This is the 30th Anniversary of an amazing festival that brings together Jews from all over the Chicagoland area for music, dance, storytelling, a kosher food fair, an art fair, a Jewish organization fair, and activities for children of all ages.

The festival takes place in Morton Grove, Illinois.

Temple has chartered a luxury bus to take us to this event.

The bus will leave from the Temple parking lot at 8:00 AM and return (at approximately) 9:30 PM. It is a 3 1/2 hour ride to Morton Grove, IL.

There are 55 seats on the bus. These seats are first come, first served.

Reserve your seat today. A check holds your seat(s).

We thank the Tom & Mickie Fox Family Endowment Fund for partially underwriting the cost of our road trip.

Congregation Ahavas Israel

All events and services are open to
all who are interested.

Passover Services:

Monday, March 29 - Special service to suspend the fast of the First Born before Pesah

Tuesday and Wednesday, March 30 and 31 -- Yom Tov services, 9:30 am

(For Pesah Seder hospitality, contact Rabbi Krishef)

Monday and Tuesday, April 5 and 6 – Yom Tov services, 9:30 am

Shabbat Speakers and Events

April 3 -- Tilly Shames, Berman Fellow, University of Michigan Hillel, "Jewish Identity in the iPod Generation"

April 10 -- Gideon Estes, senior (5th year) Rabbinical Student from the Jewish Theological Seminary. JTS. Originally from the San Francisco East Bay, he graduated Cum Laude

April 17 -- Tot Shabbat service, 10:45 a.m.

Yom Hashoah

Monday, April 12 7:00 pm -- Joint Holocaust Remembrance Day service at Temple Emanuel.

Community Garden

Ahavas Israel is building a large community garden behind the synagogue this Spring, and is looking for people interested in helping. Everyone is welcome. You don't have to be a member of Ahavas. There is no cost to you, and you can earn a share of the food grown.

In addition to simply planting, tending, and harvesting fruits and vegetables, we'd also like to have FREE mini-classes in organic gardening, fresh / wild foods, kosher cooking, canning, wine-making, and beekeeping. We're lining up experts now. You can teach, you can learn, or do both.

Contact Rick Stevens at rste@aol.com if interested, and want to contribute your time.

Finally, if you know someone in the community - young or old, Reform, Orthodox or whatever, who might be interested, please let them know.

Chabad Kids Club

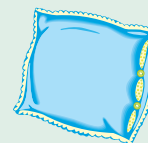
Tuesday, March 23, 2010

6-9 Year Olds • 4-6 p.m.

Friendship pillow cases

Make a beautiful pillow case to send to Israeli children who are victims of terror, as a Pesach gift.

R.S.V.P. to 616-706-8019





Beit Sefer B'yahad/ United Jewish School

Pam Rush - School Director

pam@templemanuelgr.org www.unitedjewishschool.org

**School
Calendar**

3-24-10	UJS Midweek Passover Service
3-24-10	UJS Board Meeting Temple Emanuel 7:00pm
3-28-10	UJS Open House
3-31-10	No Midweek Passover
4-4-10	No Sunday School Spring Break
4-7-10	No Midweek Spring Break
4-11-10	No Sunday School Spring Break
4-25-10	UJS Open House
4-28-10	UJS Board Meeting
4-29 to 5-2	UJS 8th/9th grade New York trip

Please take the time to remember the school in your contributions. We have a beautiful tribute card that can be sent in memory of someone, in honor of a special occasion or just for a simple 'thank you'.

Purim 2010 a great success

UJS, along with the rest of our Jewish community, celebrated Purim at Ahavas Israel on Sunday, February 28. There were two readings of the megillah, one in Hebrew and one in English, a great costume contest, lots of hamentashen and entertainment by the improv company *Crawlspace Eviction*. Everyone had a great time.



COMMUNITY NEWS . . .



**Everyone
enjoyed the
Cultural
Council
event with
Chuck
Freilich**



Left to Right:

*Norm Kravitz, Chuck Freilich, Mike
Presant, Elizabeth Rosewall, Larry Selig*

Purim was fun for all



Jewish Theatre Grand Rapids presents

An American Daughter

An American

By Wendy Wasserstein



Directed by Jeralyn Pinsky

April 15 – 25, 2010

**Thursdays and Saturdays
at 8 pm**

Sundays at 3 pm

Spectrum Theatre on the GRCC Campus
160 Fountain NE

Brilliant physician, loving wife and mother, and daughter of a United States senator, Lyssa Dent Hughes has been nominated by the President of the United States for U.S. Surgeon General. While she awaits confirmation, a casual remark by a close friend, overheard by a reporter, creates a media frenzy of intense personal scrutiny and results in a scandal for Lyssa and her family. Told with her usual mix of humor, wit, and sentiment, Wasserstein tackles many of the moral and social concerns of today's women.

Call 616-234-3946 or visit www.jtgr.org to reserve your seats – Season Subscribers beginning March 29, all others beginning April 5.

Jewish Gospel?

Unite in the Spirit of Diversity

Sunday, April 25, 2010 • 4:30 pm

Congregation Ahavas Israel



Ahavas Israel presents a multi-cultural, inter-faith concert featuring Chicago's Beth Shalom B'nai Zaken Ethiopian Hebrew Congregation Choir. The congregation's spiritual leader, Rabbi Capers Funnye, visited Ahavas Israel last year. Also performing will be Grand Rapids' Revolution Christian Ministries Choir.

Please call for ticket information – (616) 949-2840

Patron tickets (admitting two) are available for \$100.00.

Single general admission tickets are available for \$10.00.

Jewish Federation of Grand Rapids Endowments

Life cycle times, both happy and sad, are traditional times to make donations to Jewish causes. You can make a donation of \$5 or more to the Jewish Federation of Grand Rapids in honor or in memory of members of our community. We then will acknowledge that donation with a card to that individual or family. This is a wonderful way to send your good wishes and be able to fulfill the mitzvah of tzedakah.

Please be sure to indicate what the occasion is and who is to receive the card. Please specify which of the following funds you would like your donation to be credited to:

- **The Woman of Valor Fund** - (\$10 minimum contribution). To honor the women in our lives who have made a difference personally, locally, or nationally.

- **The Federation General Endowment/L'Dor Vador Fund** - To help ensure the continued work of the Jewish Federation of Grand Rapids for now and the future.

- **The Julian and Judith Joseph Fund** - To provide for local programming and events through the Jewish Federation of Grand Rapids.

- **The David and Susan Samrick Youth Scholarship Fund** - To provide scholarships to Jewish sleep away camps and experiences.

- **The Chuck and Maxine Shapiro Fund** - To help ensure long-term aid to Israel and Jews around the world.

- **The Louis and Louise Weiner Fund** - To help ensure local programming for seniors in the Grand Rapids Jewish Community.

- **The Jerry and Judy Subar Fund** - To help ensure funding for overseas Jewish communities' needs.

*Thank you for supporting the
Grand Rapids Jewish Community*

The JFGR General Endowment Fund

To Sylvia Belfer in memory of Jerry Belfer
From Doris Griffith

The Louis & Louise Weiner Fund

To our parents, Lew & Gert Turetsky, in honor of their
50th Anniversary

From David Turetsky and Robin Turetsky

In honor of the recovery of Sol Bach with many good
wishes

From Margit Sarne

To Evelyn Berkowitz, wishing you a speedy recovery
From Nancy Reider

The Charles & Maxine Shapiro Endowment Fund

To Maxine Shapiro in honor of her Bat Mizvah
From Shirley & Moe Kleiman, Edith Rashewsky,
Zelma Kramer, Jean Barkin and Stuart Padnos

To Marie & Gerry Berlin in honor of your
Granddaughter's Bat Mizvah
From Maxine & Chuck Shapiro

The Women of Valor Endowment Fund

To Barbara Robinson in memory of Caroline Robinson
From Ben & Eleanor Rush-Kleiman

To Carol & Stuart Seigel in memory of Muriel Donner
From Judith & Julian Joseph

Jewish Federation of Grand Rapids Endowment Fund Donation Form

Donation From: Name _____

Address _____

City/Zip _____

In Honor Of: Name _____

In Memory Of: Name _____

Send Card To: Name _____

Address _____

City/Zip _____

Fund (please pick from list): _____

In Honor Of: Name _____

In Memory Of: Name _____

Send Card To: Name _____

Address _____

City/Zip _____

Fund (please pick from list): _____

Send your donation to:

**The Jewish Federation of Grand Rapids
2727 Michigan NE, Grand Rapids, MI 49506**

Powerful Tools for Caregivers

The nationally recognized Powerful Tools for Caregivers course is designed to provide caregivers of older adults with tools to meet their own needs as they care for others. Powerful Tools is a six week course. Each week, one ninety minute class is facilitated by trained leaders experienced in care giving. Class information will help the caregiver:

- Identify and reduce stress
- Communicate in challenging situations
- Master care giving decisions
- Learn from difficult emotions
- Communicate needs and concerns
- Take care of you

Powerful Tools for Caregivers is presented as a free public service by Clark Retirement Community. Classes are held at Clark Retirement Community, 1551 Franklin Street, SE – one block south and two blocks west of Blodgett Hospital.

Class is being offered: Wednesdays, April 28 – June 2 from 9:30 a.m. – 11 a.m.

Classes are limited to 12 participants.

Contact Ann Berman at 942-5553 for more information

*Best Wishes for a
Happy Passover*

Federation is now on Facebook
*Please join us and become a fan of the
Jewish Federation of Grand Rapids*

Next Issue's Information Deadline: April 14, 2010

www.jewishgrandrapids.org

E-Mail: info@JFGR.org

Fax: (616) 942-5780

Phone: (616) 942-5553

Send articles to: 2727 Michigan NE, Grand Rapids, MI 49506-1240

CHANGE SERVICE REQUESTED

Grand Rapids, MI 49506-1240

2727 Michigan NE

Jewish Federation of Grand Rapids

The Shofar

Permit No. 973

GRAND RAPIDS, MI

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